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HY-TEK's Meet Manager 5/30/2026 04:06 PM

Pasadena Senior Games - 5/30/2026

Occidental College

Results

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W55 50 Meter Dash

Name	Age Team	Finals	Wind	H#
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Finals

1 Howe, Laura	W59 Los Angeles, CA	8.88	-0.4	4
2 Larsen, Lynn	W58 Riverside, CA	8.98	-0.4	4
3 De Rada, Maria	W59 Santa Clarita, CA	9.08	-0.4	4

W60 50 Meter Dash

Name	Age Team	Finals	Wind	H#
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1 Safari, Selina	W62 Granada Hills, CA	7.69	0.9	3
2 Howell, Karen	W62 Dana Point, CA	7.73	0.9	3
3 Jones, L. LaShawn	W60 Corona, CA	7.91	0.9	3
4 Barney, Colleen	W60 Newport Beach, CA	7.97	0.9	3
5 Gray, Juaquita	W61 Huntington Beach, C	8.15	0.9	3
6 Brandt, Jenny	W61 Los angeles, CA	9.34	0.9	3

W65 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Roy, Jeanne	W65 Arcadia, CA	8.21	0.9	3

W70 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Cohn, Linda	W74 Porter Ranch, CA	9.30	-0.1	2

W75 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Matthews, Brenda	W77 Anaheim, CA	9.56	-0.1	2
2 Glass, LaTanya	W79 Seal Beach, CA	10.34	-0.1	2
3 Golay, Ann	W76 Corona Del Mar, CA	11.01	-0.1	2
4 hames, wendy	W77 Laguna Woods, CA	11.75	-0.1	2
5 Winiiecki, Patricia	W75 Paramount, CA	18.27	-0.1	2

W80 50 Meter Dash

Name	Age Team	Finals	Wind
1 Juncosa, Elizabeth	W80 Pacific Palisades,	12.87	-1.3
2 Sneider, Sarah	W82 Arcadia, CA	13.05	-1.3

W85 50 Meter Dash

Name	Age Team	Finals	Wind
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Name	Age Team	Finals	Wind
=====			
1 Bergen, Kathy	W87 La Canada, CA	10.19	-1.3

M50 50 Meter Dash

Name	Age Team	Finals	Wind	H#
=====				
1 Peng, Micah	M52 San Diego, CA	7.05	0.5	9
2 Nunez, Crispin	M54 Simi Valley, CA	7.33	0.5	9

M55 50 Meter Dash

Name	Age Team	Finals	Wind	H#
=====				
1 hightower, lloyd	M58 murrieta, CA	6.93	0.5	9
2 Boba, Randy	M59 Redondo Beach, CA	6.94	0.5	9
3 Risley, Mike	M57 Laguna Niguel, CA	7.15	0.5	9
4 Salazar, Martin	M58 Montebello, CA	7.67	0.5	9
5 Loh, Chung	M56 Diamond Bar, CA	7.90	0.5	9

M60 50 Meter Dash

Name	Age Team	Finals	Wind	H#
=====				
1 Clemons, Tony (Tc)	M60 Los Angeles, CA	6.77	-1.6	8
2 Belcher, Byron	M62 Culver City, CA	7.44	-1.6	8
3 Kim, Richard	M62 Los Angeles, CA	7.63	-1.6	8
4 Chan, Stephen	M64 El Cajon, CA	7.87	-1.6	8
5 Ross, Adam	M64 Oceanside, CA	8.05	-1.6	8

M65 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Jho, Sam	M69 Carson, CA	7.19	-0.6	7
2 Dahlgren, Eric	M66 Nevada City, CA	7.72	-0.6	7
3 Pyle, Tim	M68 Solana Beach, CA	8.21	-0.6	7
4 Millerbis, Alvin	M68 Fontana, CA	8.22	-0.6	7
5 Totleben, Steven	M67 South Pasadena, CA	8.47	-0.6	7
6 Boyd, David	M67 Long Beach, CA	9.52	-0.6	7
7 Gong, Jonathan	M66 Fullerton, CA	21.72	-0.6	7

M70 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Stevens, Ron	M72 Camarillo, CA	7.27	-0.7	5
2 Stevens, Randall	M72 Oregon City, OR	7.44	-0.7	5
3 Brooks, Romeo	M71 Inglewood, CA	8.03	-0.7	5
4 Nakamura, Ken	M73 Seal Beach, CA	8.07	-0.7	5
5 Rafter, Mark	M72 Fountain Valley, CA	8.21	-0.7	5
6 Shelby, Andy	M71 Redondo Beach, CA	8.51	-0.7	5
7 birnie, cameron	M73 Simi Valley, CA	9.30	-0.7	5
8 Martinez, Jim	M73 Studio City, CA	15.54	-0.7	5

M75 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Weiss, Noel	M75 Marina del Rey, CA	7.80	1.8	3
2 Boucquey, Thierry	M76 Huntington Beach, C	8.15	0.7	4

3	Rose, Edwin	M78 Carlsbad, CA	8.29	0.7	4
4	Stevens, Jim	M75 Hermosa Beach, CA	8.33	1.8	3
5	Ziskin, Daniel	M79 Manhattan Beach, CA	8.63	1.8	3
6	Malin, James	M75 San Diego, CA	8.90	1.8	3
7	Wong, George	M78 playa del rey, CA	8.91	0.7	4
8	Messick, Greg	M78 Beaumont, CA	10.05	1.8	3
9	Naranjo, Sr, Felipe	M75 El Monte, CA	10.40	1.8	3
10	Winiacki, Kenneth	M78 Paramount, CA	10.61	0.7	4
11	Share, Alan	M75 Chatsworth, CA	10.81	0.7	4

M80 50 Meter Dash

=====					
	Name	Age Team	Finals	Wind	
=====					
1	mccune, charles	M82 Los Angeles, CA	9.96	0.9	
2	Ching, Clifford	M84 Pasadena, CA	11.18	0.9	
3	Muranaka, Ron	M83 Placentia, CA	12.54	0.9	

M85 50 Meter Dash

=====					
	Name	Age Team	Finals	Wind	
=====					
1	Bynum, Roland	M85 Fontana, CA	10.72	0.9	

M90 50 Meter Dash

=====					
	Name	Age Team	Finals	Wind	
=====					
1	Iseri, Joe	M90 Gardena, CA	10.41	0.9	
2	Yates, Vernon	M91 Del Mar, CA	11.96	0.9	
3	Chase, Gerald	M90 Lake Elsinore, CA	21.80	0.9	

W50 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Mann, Elly	W51 Fullerton, CA	14.33	0.7	4

W55 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Howe, Laura	W59 Los Angeles, CA	16.89	0.7	4

W60 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Safari, Selina	W62 Granada Hills, CA	14.54	-0.9	3
2 Barney, Colleen	W60 Newport Beach, CA	14.66	-0.9	3
3 Jones, L. LaShawn	W60 Corona, CA	15.06	-0.9	3
4 Howell, Karen	W62 Dana Point, CA	15.11	-0.9	3
5 Gray, Juaquita	W61 Huntington Beach, C	15.60	-0.9	3
6 Brandt, Jenny	W61 Los angeles, CA	18.16	-0.9	3
7 Filatova, Liudmyla	W64 Garden Grove, CA	18.65	-0.9	3

W65 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Clagon, Paula	W68 Torrance, CA	16.29	-0.5	2

W70 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Scott, Sarah	W72 Norwalk, CA	18.21	-0.5	2
2 Bowman, Tina	W73 Long Beach, CA	18.87	-0.5	2
3 Cohn, Linda	W74 Porter Ranch, CA	19.31	-0.5	2
4 Bowman, Jeanne	W74 Santa Ana, CA	19.41	-0.5	2

W75 100 Meter Dash

Name	Age Team	Finals	Wind
1 Matthews, Brenda	W77 Anaheim, CA	18.69	+0.0
2 Golay, Ann	W76 Corona Del Mar, CA	21.49	+0.0
3 Winiecki, Patricia	W75 Paramount, CA	34.09	+0.0

W80 100 Meter Dash

Name	Age Team	Finals	Wind
1 Sneider, Sarah	W82 Arcadia, CA	27.50	+0.0
2 Juncosa, Elizabeth	W80 Pacific Palisades,	29.26	+0.0

W85 100 Meter Dash

Name	Age Team	Finals	Wind
1 Bergen, Kathy	W87 La Canada, CA	19.22	+0.0

M50 100 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 Peretti, Jonah	M52 Los Angeles, CA	12.18	-0.7	11
2 Peng, Micah	M52 San Diego, CA	12.88	-0.7	11

M55 100 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 hightower, lloyd	M58 murrieta, CA	12.45	-0.7	11
2 Boba, Randy	M59 Redondo Beach, CA	12.70	-0.7	11
3 Risley, Mike	M57 Laguna Niguel, CA	13.18	-0.7	11
4 Salazar, Martin	M58 Montebello, CA	14.62	-0.7	11
5 Kakutani, Alex	M59 irvine, CA	14.84	-0.7	11
6 Blackman, Joseph	M55 Sierra Madre, CA	14.90	-0.7	11

M60 100 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 Clemons, Tony (Tc)	M60 Los Angeles, CA	12.43	-1.1	9
2 McCullouch, Gary	M64 Cypress, CA	13.40	-1.1	9
3 Belcher, Byron	M62 Culver City, CA	14.20	-1.1	9
4 Ross, Adam	M64 Oceanside, CA	14.60	-1.1	9
5 Chan, Stephen	M64 El Cajon, CA	14.99	-1.1	9
6 Contreras, Cruz	M63 Lynwood, CA	15.23	-1.1	9

M65 100 Meter Dash

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Name	Age Team	Finals	Wind	H#
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1	Niroumand, Mahmoud	M69 Costa Mesa, CA	14.71	2.5	7
2	Wilson, Victor	M66 Los Angeles, CA	14.83	2.5	7
3	Pyle, Tim	M68 Solana Beach, CA	15.27	2.5	7
4	Totleben, Steven	M67 South Pasadena, CA	15.82	2.5	7
5	Boyd, David	M67 Long Beach, CA	16.35	2.5	7

M70 100 Meter Dash

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	Name	Age Team	Finals	Wind	H#
1	Stevens, Ron	M72 Camarillo, CA	13.41	0.1	5
2	Stevens, Randall	M72 Oregon City, OR	14.37	0.1	5
3	Rafter, Mark	M72 Fountain Valley, CA	15.16	0.1	5
4	Nakamura, Ken	M73 Seal Beach, CA	15.23	0.1	5
4	Brooks, Romeo	M71 Inglewood, CA	15.24	0.1	5
6	Shelby, Andy	M71 Redondo Beach, CA	16.35	0.1	5
7	birnie, cameron	M73 Simi Valley, CA	18.26	0.1	5
8	Martinez, Jim	M73 Studio City, CA	26.43	0.1	5

M75 100 Meter Dash

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	Name	Age Team	Finals	Wind	H#
1	Weiss, Noel	M75 Marina del Rey, CA	14.90	0.3	3
2	Rose, Edwin	M78 Carlsbad, CA	15.71	0.3	3
3	Ziskin, Daniel	M79 Manhattan Beach, CA	16.54	0.3	3
4	Washington, Michael	M78 Los Angeles, CA	18.39	0.3	3
5	Croeni, Robert	M78 Fresno, CA	18.61	0.3	3
6	Messick, Greg	M78 Beaumont, CA	20.70	0.3	3
7	Winiacki, Kenneth	M78 Paramount, CA	20.92	0.3	3

8 Dybens, Bruce M76 Long Beach, CA 22.09 0.3 3

M80 100 Meter Dash

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Name                      Age Team                      Finals    Wind
=====
1 mccune, charles              M82 Los Angeles, CA              20.71    0.4
2 Blumfield, Curtis              M83 Los Angeles, CA              21.85    0.4
3 Muranaka, Ron                  M83 Placentia, CA              23.25    0.4
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M85 100 Meter Dash

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=====
Name                      Age Team                      Finals    Wind
=====
1 Tenser, Richard              M85 Los Angeles, CA              21.07    0.4
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M90 100 Meter Dash

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=====
Name                      Age Team                      Finals    Wind
=====
1 Iseri, Joe                      M90 Gardena, CA                  21.03    0.4
2 Yates, Vernon                  M91 Del Mar, CA                  23.19    0.4
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W50 200 Meter Dash

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=====
Name                      Age Team                      Finals    Wind H#
=====
1 Mann, Elly                      W51 Fullerton, CA              29.29    -2.1    2
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W55 200 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 Howe, Laura	W59 Los Angeles, CA	35.05	-2.1	2

W60 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Barney, Colleen	W60 Newport Beach, CA	30.66	-2.1	2
2 Jones, L. LaShawn	W60 Corona, CA	31.91	-2.1	2
3 Safari, Selina	W62 Granada Hills, CA	32.47	-2.1	2
4 Brandt, Jenny	W61 Los angeles, CA	38.95	-2.1	2

W65 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Roy, Jeanne	W65 Arcadia, CA	32.42	-2.1	2
2 Clagon, Paula	W68 Torrance, CA	33.93	-2.1	2

W70 200 Meter Dash

Name	Age Team	Finals	Wind
1 Scott, Sarah	W72 Norwalk, CA	38.01	1.4
2 Bowman, Tina	W73 Long Beach, CA	40.67	1.4
3 Bowman, Jeanne	W74 Santa Ana, CA	41.47	1.4

W75 200 Meter Dash

Name	Age Team	Finals	Wind
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1 Winiiecki, Patricia      W75 Paramount, CA      69.28  1.4
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W80 200 Meter Dash

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Name                      Age Team                Finals  Wind
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1 Juncosa, Elizabeth      W80 Pacific Palisades,  67.59  1.4
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M50 200 Meter Dash

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Name                      Age Team                Finals  Wind H#
=====
1 Peretti, Jonah         M52 Los Angeles, CA    24.78  1.0  9
2 Matulka, Ryan          M52 Lafayette, CA     26.23  1.0  9
3 Peng, Micah            M52 San Diego, CA     26.76  1.0  9
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M55 200 Meter Dash

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=====
Name                      Age Team                Finals  Wind H#
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1 hightower, lloyd      M58 murrieta, CA      25.21  -1.2  7
2 Boba, Randy            M59 Redondo Beach, CA  25.97  -1.2  7
3 Blackman, Joseph      M55 Sierra Madre, CA  31.90  -1.2  7
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M60 200 Meter Dash

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=====
Name                      Age Team                Finals  Wind H#
=====
1 McCullouch, Gary      M64 Cypress, CA       27.29  -1.2  7
2 Clemons, Tony (Tc)    M60 Los Angeles, CA   30.18  -1.2  7
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3	Ross, Adam	M64 Oceanside, CA	30.33	-1.2	7
4	Belcher, Byron	M62 Culver City, CA	30.43	-1.2	7
5	Shapiro, Kier	M60 Oxnard, CA	36.14	-1.2	7

M65 200 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 Wilson, Victor	M66 Los Angeles, CA	32.32	0.9	6
2 Pyle, Tim	M68 Solana Beach, CA	32.58	0.9	6
3 Holmes, Harold	M69 Rocklin, CA	34.09	0.9	6
4 Boyd, David	M67 Long Beach, CA	34.21	0.9	6
5 Jordan, Paul	M68 Apple Valley, CA	35.77	0.9	6

M70 200 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 Stevens, Ron	M72 Camarillo, CA	27.86	1.4	5
2 Stevens, Randall	M72 Oregon City, OR	30.29	0.4	3
3 Nakamura, Ken	M73 Seal Beach, CA	30.50	1.4	5
4 Thurman, Bob	M71 Nevada City, CA	31.83	0.4	3
5 Shelby, Andy	M71 Redondo Beach, CA	35.02	1.4	5
6 birnie, cameron	M73 Simi Valley, CA	38.04	0.4	3
7 Brown, Jim	M72 Sacramento, CA	44.08	1.4	5

M75 200 Meter Dash

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Name	Age Team	Finals	Wind	H#
1 Rose, Edwin	M78 Carlsbad, CA	32.75	0.4	3

2	Ziskin, Daniel	M79 Manhattan Beach, CA	35.68	0.4	3
3	Washington, Michael	M78 Los Angeles, CA	38.90	0.1	2
4	Croeni, Robert	M78 Fresno, CA	39.83	0.1	2
5	Naranjo, Sr, Felipe	M75 El Monte, CA	45.80	0.4	3
6	Winiiecki, Kenneth	M78 Paramount, CA	47.75	0.4	3
7	Dybens, Bruce	M76 Long Beach, CA	49.63	0.1	2
8	Messick, Greg	M78 Beaumont, CA	53.72	0.1	2

M80 200 Meter Dash

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Name	Age Team	Finals	Wind	H#
1	McCune, Charles	M82 Los Angeles, CA	49.45	0.1 2

M90 200 Meter Dash

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Name	Age Team	Finals	Wind	H#
1	Yates, Vernon	M91 Del Mar, CA	56.16	0.1 2

W60 400 Meter Dash

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Name	Age Team	Finals
1	Brandt, Jenny	W61 Los Angeles, CA 1:27.72

W65 400 Meter Dash

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Name	Age Team	Finals
1	Roy, Jeanne	W65 Arcadia, CA 77.19

2 Clagon, Paula W68 Torrance, CA 79.46

W70 400 Meter Dash

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Name	Age Team	Finals
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1 Scott, Sarah	W72 Norwalk, CA	1:36.56
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2 Bowman, Tina	W73 Long Beach, CA	1:43.90
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W75 400 Meter Dash

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Name	Age Team	Finals
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1 Braxton, Freddie	W76 Los Angeles, CA	2:07.14
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2 Winiiecki, Patricia	W75 Paramount, CA	2:52.45
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W80 400 Meter Dash

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Name	Age Team	Finals
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1 Juncosa, Elizabeth	W80 Pacific Palisades,	2:33.94
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M50 400 Meter Dash

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Name	Age Team	Finals	H#
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1 Galindo, Raul	M51 San Diego, CA	71.75	6
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M55 400 Meter Dash

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Name	Age Team	Finals	H#
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1	Blackman, Joseph	M55 Sierra Madre, CA	71.80	6
2	Fierro, Joseph	M59 Pasadena, CA	72.67	6
3	Schaedel, Jack	M56 La Canada Flintridge	74.36	6

M60 400 Meter Dash

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	Name	Age Team	Finals	H#
1	Ross, Adam	M64 Oceanside, CA	66.29	5
2	Richardson, Lon	M63 saugus, CA	70.03	5
3	Lang, Bob	M62 Bend, OR	74.54	5
4	Hradnansky, John	M63 Carlsbad, CA	77.56	5
5	Shapiro, Kier	M60 Oxnard, CA	1:23.47	5
6	Kennedy, Angus	M60 Los Angeles, CA	1:27.81	5
7	Chapman, Kalea	M60 Los Angeles, CA	1:29.11	5

M65 400 Meter Dash

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	Name	Age Team	Finals	H#
1	Totleben, Steven	M67 South Pasadena, CA	1:21.36	3
2	Jordan, Paul	M68 Apple Valley, CA	1:36.66	3

M70 400 Meter Dash

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	Name	Age Team	Finals	H#
1	Thurman, Bob	M71 Nevada City, CA	72.06	3
2	Robinson, Spencer	M73 View Park, CA	75.99	3
3	Stevens, Ron	M72 Camarillo, CA	78.42	3

4	Martinez, Jim	M73 Studio City, CA	1:57.77	3
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M75 400 Meter Dash

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	Name	Age Team	Finals	H#
1	Rose, Edwin	M78 Carlsbad, CA	1:21.42	1
2	Croeni, Robert	M78 Fresno, CA	1:34.02	4
3	Washington, Michael	M78 Los Angeles, CA	1:38.17	4
4	Winiecki, Kenneth	M78 Paramount, CA	1:48.38	3
5	Morris, Wayne	M76 Madera, CA	1:54.50	1

M80 400 Meter Dash

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	Name	Age Team	Finals
1	mccune, charles	M82 Los Angeles, CA	1:58.42

M90 400 Meter Dash

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	Name	Age Team	Finals	H#
1	Anderson, Andy	M90 Eastvale, CA	1:41.48	1
2	Yates, Vernon	M91 Del Mar, CA	2:23.84	4
3	Ford, Andrew	M90 Rancho Mirage, CA	2:23.92	1

W50 800 Meter Run

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	Name	Age Team	Finals
1	Li, Xinyu	W54 Pasadena, CA	3:55.19

1:56.772 (1:56.772) 3:55.187 (1:58.416)

W55 800 Meter Run

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Name	Age Team	Finals
1 Guerrini, Elizabeth	W58 Long Beach, CA	3:17.85
		1:37.456 (1:37.456) 3:17.841 (1:40.385)

W60 800 Meter Run

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Name	Age Team	Finals
1 Brandt, Jenny	W61 Los angeles, CA	3:37.63
		1:42.269 (1:42.269) 3:37.628 (1:55.359)

W65 800 Meter Run

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Name	Age Team	Finals
1 Oneil, Lori	W68 Oxnard, CA	4:07.51
		2:05.422 (2:05.422) 4:07.506 (2:02.085)

W70 800 Meter Run

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Name	Age Team	Finals
1 Lee, Debbie	W70 Trabuco Canyon, CA	3:09.29
		1:33.222 (1:33.222) 3:09.282 (1:36.060)

W75 800 Meter Run

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Name	Age Team	Finals
1 Braxton, Freddie	W76 Los Angeles, CA	4:52.09
	2:25.248 (2:25.248)	4:52.082 (2:26.834)
2 Winiacki, Patricia	W75 Paramount, CA	6:13.52
	3:00.346 (3:00.346)	6:13.519 (3:13.174)

W80 800 Meter Run

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Name	Age Team	Finals
1 Juncosa, Elizabeth	W80 Pacific Palisades,	5:42.82
	2:42.829 (2:42.829)	5:42.815 (2:59.986)

W85 800 Meter Run

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Name	Age Team	Finals
1 Demsky, Ellen	W86 Tarzana, CA	7:12.63
	3:28.434 (3:28.434)	7:12.629 (3:44.195)

M50 800 Meter Run

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Name	Age Team	Finals	H#
1 Bernard, Nyron	M53 Ontario, CA	2:17.03	2
	1:06.980 (1:06.980)	2:17.029 (1:10.049)	
2 McGrew, James	M53 Trabuco Canyon, CA	2:24.46	2
	1:10.807 (1:10.807)	2:24.459 (1:13.653)	
3 Laguna, Steve	M51 Altadena, CA	2:37.59	2

1:15.863 (1:15.863) 2:37.584 (1:21.722)

4 Guerrini, Steven M53 Long Beach, CA 2:43.21 2

1:12.462 (1:12.462) 2:43.205 (1:30.744)

5 Galindo, Raul M51 San Diego, CA 2:50.67 2

1:24.964 (1:24.964) 2:50.667 (1:25.703)

M55 800 Meter Run

Name	Age Team	Finals	H#
1 Tao, Bo	M56 Atherton, CA	2:49.93	2
1:24.720 (1:24.720)	2:49.928 (1:25.209)		
2 Schaedel, Jack	M56 La Canada Flintridge	2:57.85	2
1:30.120 (1:30.120)	2:57.847 (1:27.728)		
3 Blackman, Joseph	M55 Sierra Madre, CA	3:14.36	2
1:40.492 (1:40.492)	3:14.351 (1:33.860)		

M60 800 Meter Run

Name	Age Team	Finals	H#
1 Williamson, Jeff	M60 Newport Beach, CA	2:26.99	2
1:08.076 (1:08.076)	2:26.988 (1:18.912)		
2 Mann, Jeff	M63 Reno, NV	2:28.51	2
1:15.649 (1:15.649)	2:28.506 (1:12.857)		
3 Ross, Adam	M64 Oceanside, CA	2:50.48	2
1:25.505 (1:25.505)	2:50.474 (1:24.970)		
4 Lang, Bob	M62 Bend, OR	2:58.83	2
1:31.194 (1:31.194)	2:58.829 (1:27.635)		
5 Hradnansky, John	M63 Carlsbad, CA	3:07.62	2
1:30.016 (1:30.016)	3:07.614 (1:37.598)		

6 Kennedy, Angus	M60 Los Angeles, CA	3:26.95	2
1:44.674 (1:44.674)	3:26.947 (1:42.274)		
7 Shapiro, Kier	M60 Oxnard, CA	3:30.19	2
1:45.332 (1:45.332)	3:30.190 (1:44.859)		
8 Ek, Billy	M61 Simi Valley, CA	3:30.52	2
1:38.823 (1:38.823)	3:30.516 (1:51.694)		
9 Honeychurch, David	M63 Davis, CA	3:53.68	2
1:52.360 (1:52.360)	3:53.678 (2:01.318)		

M65 800 Meter Run

```
=====
```

Name	Age Team	Finals
1 Benudiz, Ronald	M65 Sherman Oaks, CA	2:52.20
1:27.166 (1:27.166)	2:52.194 (1:25.029)	
2 Nivens, Denny	M69 Hermosa Beach, CA	2:56.46
1:26.865 (1:26.865)	2:56.457 (1:29.592)	
3 Holmes, Mark	M66 Tustin, CA	3:04.28
1:30.556 (1:30.556)	3:04.274 (1:33.718)	
4 Lebold, Michael	M69 San Diego, CA	3:16.91
1:38.686 (1:38.686)	3:16.907 (1:38.222)	

M70 800 Meter Run

```
=====
```

Name	Age Team	Finals
1 Hammer, Kenneth	M70 Culver City, CA	2:48.94
1:24.022 (1:24.022)	2:48.940 (1:24.918)	
2 Morris, Bob	M74 Laguna Niguel, CA	3:23.76
1:44.829 (1:44.829)	3:23.752 (1:38.923)	

M75 800 Meter Run

```

=====
Name                Age Team                Finals
=====
1 Stowell, Dennis   M78 Ramona, CA         4:10.85
    1:57.694 (1:57.694)    4:10.847 (2:13.153)
2 Morris, Wayne     M76 Madera, CA         4:35.40
    2:14.525 (2:14.525)    4:35.391 (2:20.867)
3 Croeni, Robert    M78 Fresno, CA         4:42.28
    2:12.011 (2:12.011)    4:42.280 (2:30.269)
4 Winiecki, Kenneth M78 Paramount, CA      4:46.12
    2:15.455 (2:15.455)    4:46.117 (2:30.663)
    
```

M90 800 Meter Run

```

=====
Name                Age Team                Finals
=====
1 Anderson, Andy    M90 Eastvale, CA       4:19.50
    2:04.375 (2:04.375)    4:19.498 (2:15.123)
    
```

W55 1500 Meter Run

```

=====
Name                Age Team                Finals
=====
1 Guerrini, Elizabeth W58 Long Beach, CA     6:36.99
    1:12.469 (1:12.469)    2:58.536 (1:46.068)    4:53.439 (1:54.903)
    6:36.983 (1:43.545)
    
```

W60 1500 Meter Run

```

=====
Name                Age Team                Finals
    
```

```

=====
1 Brandt, Jenny           W61 Los angeles, CA       7:12.49
    1:15.174 (1:15.174)    3:11.528 (1:56.355)      5:12.078 (2:00.550)
    7:12.486 (2:00.409)
    
```

W65 1500 Meter Run

```

=====
Name                      Age Team                   Finals
=====
1 Oneil, Lori             W68 Oxnard, CA            8:07.49
    1:36.909 (1:36.909)    3:50.531 (2:13.622)      6:05.257 (2:14.727)
    8:07.482 (2:02.225)
    
```

W70 1500 Meter Run

```

=====
Name                      Age Team                   Finals
=====
1 Lee, Debbie            W70 Trabuco Canyon, CA   6:33.06
    1:12.268 (1:12.268)    2:57.665 (1:45.398)      4:48.539 (1:50.874)
    6:33.060 (1:44.521)
2 Molina, Therese        W74 South Pasadena, CA   8:14.34
    1:33.648 (1:33.648)    3:45.391 (2:11.744)      6:02.389 (2:16.999)
    8:14.333 (2:11.944)
    
```

W75 1500 Meter Run

```

=====
Name                      Age Team                   Finals
=====
1 Braxton, Freddie      W76 Los Angeles, CA      9:15.44
    1:38.433 (1:38.433)    4:12.788 (2:34.355)      6:47.429 (2:34.641)
    9:15.433 (2:28.004)
    
```

2	Winniecki, Patricia	W75 Paramount, CA	12:15.09
	2:25.550 (2:25.550)	5:47.031 (3:21.481)	9:01.695 (3:14.664)
	12:15.087 (3:13.392)		
3	Glenn, Jill	W76 Los Angeles, CA	12:31.57
	2:15.797 (2:15.797)	5:39.725 (3:23.929)	9:08.250 (3:28.525)
	12:31.569 (3:23.319)		

W85 1500 Meter Run

```
=====
```

Name	Age Team	Finals
1 Demsky, Ellen	W86 Tarzana, CA	14:07.93
	2:27.144 (2:27.144)	6:15.023 (3:47.879)
	10:14.088 (3:59.066)	
	14:07.925 (3:53.837)	

M50 1500 Meter Run

```
=====
```

Name	Age Team	Finals	H#
1 McGrew, James	M53 Trabuco Canyon, CA	4:53.91	2
	59.099 (59.099)	2:13.652 (1:14.553)	
	3:34.130 (1:20.479)		
	4:53.910 (1:19.781)		
2 Laguna, Steve	M51 Altadena, CA	5:19.86	2
	1:01.587 (1:01.587)	2:27.185 (1:25.598)	
	3:54.892 (1:27.707)		
	5:19.860 (1:24.969)		
3 Guerrini, Steven	M53 Long Beach, CA	5:40.48	2
	1:01.157 (1:01.157)	2:26.989 (1:25.832)	
	4:00.475 (1:33.487)		
	5:40.472 (1:39.998)		

M55 1500 Meter Run

```
=====
```

Name	Age Team	Finals	H#
=====			
1 Blackman, Joseph	M55 Sierra Madre, CA	6:04.01	2
1:13.184 (1:13.184)	2:53.322 (1:40.139)	4:31.315 (1:37.993)	
6:04.005 (1:32.691)			
2 Jacobo Gutierrez, Jose	M56 Hacienda Heights, C	6:33.15	2
1:20.917 (1:20.917)	3:08.802 (1:47.885)	4:54.560 (1:45.759)	
6:33.148 (1:38.588)			

M60 1500 Meter Run

Name	Age Team	Finals	H#
=====			
1 Mann, Jeff	M63 Reno, NV	4:54.69	2
58.974 (58.974)	2:17.103 (1:18.129)	3:37.650 (1:20.547)	
4:54.686 (1:17.037)			
2 Lang, Bob	M62 Bend, OR	6:02.55	2
1:07.867 (1:07.867)	2:51.683 (1:43.816)	4:33.949 (1:42.267)	
6:02.542 (1:28.593)			
3 Kennedy, Angus	M60 Los Angeles, CA	6:30.07	2
1:14.266 (1:14.266)	3:02.791 (1:48.525)	4:51.454 (1:48.664)	
6:30.062 (1:38.608)			
4 Chapman, Kalea	M60 Los Angeles, CA	6:43.60	2
1:18.680 (1:18.680)	3:09.554 (1:50.874)	5:02.712 (1:53.159)	
6:43.598 (1:40.887)			
5 Shapiro, Kier	M60 Oxnard, CA	6:56.80	2
1:17.454 (1:17.454)	3:07.930 (1:50.476)	5:02.346 (1:54.416)	
6:56.793 (1:54.448)			
6 Pratt, Chad	M63 Pasadena, CA	7:29.46	2
1:28.744 (1:28.744)	3:29.137 (2:00.393)	5:30.479 (2:01.343)	
7:29.454 (1:58.975)			

M65 1500 Meter Run

Name	Age Team	Finals
1 Feliciano, Anselmo	M65 Cypress, CA	5:30.46
1:05.883 (1:05.883)	2:38.545 (1:32.662)	4:07.716 (1:29.172)
5:30.455 (1:22.740)		
2 Thrupp, Bruce	M65 Oakland, CA	5:34.65
1:09.649 (1:09.649)	2:40.480 (1:30.831)	4:08.910 (1:28.430)
5:34.645 (1:25.736)		
3 Austin, Bill	M69 Burbank, CA	6:07.47
1:07.917 (1:07.917)	2:46.947 (1:39.031)	4:28.498 (1:41.552)
6:07.469 (1:38.971)		
4 Holmes, Mark	M66 Tustin, CA	6:24.16
1:15.107 (1:15.107)	2:59.380 (1:44.273)	4:42.894 (1:43.515)
6:24.159 (1:41.266)		
5 Cleary, Mark	M68 Rancho Santa Margar	6:41.62
1:10.911 (1:10.911)	2:58.327 (1:47.416)	4:50.893 (1:52.566)
6:41.618 (1:50.725)		
6 Lebold, Michael	M69 San Diego, CA	6:47.37
1:16.196 (1:16.196)	3:02.184 (1:45.989)	4:53.206 (1:51.022)
6:47.367 (1:54.162)		

M70 1500 Meter Run

Name	Age Team	Finals
1 Stromberg, Carl	M72 Santa Clarita, CA	6:15.69
1:14.791 (1:14.791)	2:58.813 (1:44.023)	4:43.082 (1:44.269)
6:15.681 (1:32.600)		

2 Morris, Bob M74 Laguna Niguel, CA 6:35.84
 1:17.408 (1:17.408) 3:08.364 (1:50.957) 4:58.233 (1:49.869)
 6:35.840 (1:37.608)

3 Hartfield, Paul M70 Solana Beach, CA 7:19.58
 1:15.353 (1:15.353) 3:13.471 (1:58.118) 5:17.026 (2:03.556)
 7:19.575 (2:02.549)

M75 1500 Meter Run

```
=====
```

Name	Age Team	Finals
1 Stowell, Dennis	M78 Ramona, CA	9:08.96
1:38.389 (1:38.389)	3:58.918 (2:20.530)	6:32.863 (2:33.945)
9:08.951 (2:36.089)		

M54&U 5000 Meter Run

```
=====
```

Name	Age Team	Finals
1 Laguna, Steve	M51 Altadena, CA	20:09.21
42.478 (42.478)	2:15.370 (1:32.893)	3:51.648 (1:36.278)
5:27.618 (1:35.971)	7:03.741 (1:36.124)	8:40.902 (1:37.161)
10:19.294 (1:38.392)	11:57.706 (1:38.413)	13:37.236 (1:39.530)
15:17.654 (1:40.419)	16:59.280 (1:41.626)	18:38.350 (1:39.071)
20:09.204 (1:30.854)		

W55 5000 Meter Run

```
=====
```

Name	Age Team	Finals
1 Sanchez, Blanca	W55 Los Angeles, CA	24:39.09

```
=====
```

50.781 (50.781)	2:43.039 (1:52.259)	4:34.809 (1:51.771)
6:30.847 (1:56.038)	8:30.451 (1:59.605)	10:29.769 (1:59.319)
12:32.742 (2:02.973)	14:35.806 (2:03.064)	16:37.478 (2:01.673)
18:39.728 (2:02.250)	20:43.629 (2:03.901)	22:46.296 (2:02.667)
24:39.086 (1:52.791)		

M60 5000 Meter Run

```
=====
```

Name	Age Team	Finals
=====		
1 Ross, Adam	M64 Oceanside, CA	22:54.96
46.596 (46.596)	2:30.978 (1:44.382)	4:20.333 (1:49.356)
6:11.100 (1:50.767)	8:03.583 (1:52.484)	9:56.830 (1:53.247)
11:46.784 (1:49.954)	13:37.196 (1:50.413)	15:28.385 (1:51.189)
17:23.245 (1:54.860)	19:17.459 (1:54.215)	21:09.389 (1:51.930)
22:54.957 (1:45.568)		
2 Chapman, Kalea	M60 Los Angeles, CA	24:45.77
53.815 (53.815)	2:47.795 (1:53.980)	4:42.502 (1:54.707)
6:38.400 (1:55.899)	8:38.007 (1:59.608)	10:37.805 (1:59.799)
12:34.463 (1:56.658)	14:36.397 (2:01.934)	16:38.166 (2:01.770)
18:39.327 (2:01.162)	20:39.611 (2:00.284)	22:41.372 (2:01.762)
24:45.768 (2:04.396)		
3 Pratt, Chad	M63 Pasadena, CA	27:09.04
1:02.557 (1:02.557)	3:11.279 (2:08.723)	5:17.606 (2:06.327)
7:26.190 (2:08.584)	9:35.827 (2:09.637)	11:45.655 (2:09.829)
13:57.293 (2:11.638)	16:11.482 (2:14.189)	18:26.071 (2:14.589)
20:39.477 (2:13.406)	22:52.625 (2:13.149)	25:02.941 (2:10.316)
27:09.034 (2:06.093)		
-- Zemanek, Martin	M60 Riverside, CA	DNF
59.785 (59.785)	3:05.958 (2:06.173)	5:18.668 (2:12.710)
7:39.679 (2:21.012)	10:05.344 (2:25.665)	12:32.212 (2:26.869)

15:00.695 (2:28.484) 17:30.037 (2:29.342) 19:57.136 (2:27.100)
 22:23.380 (2:26.244) 24:44.860 (2:21.481)

M65 5000 Meter Run

=====

Name	Age Team	Finals
=====		
1 Feliciano, Anselmo	M65 Cypress, CA	20:57.80
47.012 (47.012)	2:27.102 (1:40.090)	4:08.522 (1:41.421)
5:51.294 (1:42.773)	7:34.601 (1:43.307)	9:16.754 (1:42.153)
10:58.202 (1:41.449)	12:38.169 (1:39.968)	14:23.983 (1:45.814)
16:03.137 (1:39.155)	17:43.171 (1:40.034)	19:23.260 (1:40.090)
20:57.797 (1:34.538)		
2 Austin, Bill	M69 Burbank, CA	22:34.26
47.073 (47.073)	2:29.456 (1:42.383)	4:14.382 (1:44.927)
6:00.163 (1:45.781)	7:45.692 (1:45.530)	9:33.403 (1:47.711)
11:22.561 (1:49.158)	13:15.171 (1:52.611)	15:06.887 (1:51.717)
16:59.359 (1:52.472)	18:53.816 (1:54.457)	20:49.034 (1:55.219)
22:34.257 (1:45.223)		
-- Holmes, Mark	M66 Tustin, CA	DNF
51.303 (51.303)	2:37.186 (1:45.884)	4:26.475 (1:49.289)
6:16.413 (1:49.939)	8:08.097 (1:51.685)	10:00.966 (1:52.869)
11:56.124 (1:55.159)	13:55.023 (1:58.900)	15:55.828 (2:00.805)

W65 5000 Meter Run

=====

Name	Age Team	Finals
=====		
1 Oneil, Lori	W68 Oxnard, CA	31:47.86
1:03.894 (1:03.894)	3:10.653 (2:06.760)	5:30.161 (2:19.508)
7:54.296 (2:24.136)	10:44.813 (2:50.517)	13:14.176 (2:29.363)

15:48.038 (2:33.863)	18:25.480 (2:37.442)	21:41.796 (3:16.317)
24:22.590 (2:40.794)	27:06.989 (2:44.399)	29:36.194 (2:29.206)
31:47.851 (2:11.657)		

M70 5000 Meter Run

=====

Name	Age Team	Finals
=====		
1 Stromberg, Carl	M72 Santa Clarita, CA	22:59.96
53.117 (53.117)	2:43.745 (1:50.628)	4:34.728 (1:50.984)
6:27.687 (1:52.959)	8:19.386 (1:51.700)	10:09.716 (1:50.330)
12:00.224 (1:50.509)	13:52.271 (1:52.047)	15:44.531 (1:52.260)
17:36.521 (1:51.991)	19:29.428 (1:52.907)	21:20.803 (1:51.375)
22:59.951 (1:39.149)		
2 Snyder, Jeff	M70 Pasadena, CA	30:55.10
1:05.620 (1:05.620)	3:27.626 (2:22.007)	5:43.796 (2:16.170)
8:08.827 (2:25.032)	10:34.789 (2:25.963)	12:54.889 (2:20.100)
15:19.434 (2:24.545)	17:49.805 (2:30.371)	20:19.424 (2:29.620)
22:56.816 (2:37.392)	25:39.934 (2:43.119)	28:21.978 (2:42.044)
30:55.098 (2:33.120)		

M75 5000 Meter Run

=====

Name	Age Team	Finals
=====		
1 Boisineau, Pete	M78 San Clemente, CA	24:33.54
58.848 (58.848)	2:56.799 (1:57.951)	4:53.462 (1:56.663)
6:52.177 (1:58.715)	8:50.484 (1:58.307)	10:49.183 (1:58.699)
12:47.491 (1:58.309)	14:47.279 (1:59.789)	16:47.033 (1:59.754)
18:46.119 (1:59.086)	20:46.201 (2:00.083)	22:44.571 (1:58.370)
24:33.532 (1:48.961)		

2 Brown, Don M75 Laguna Niguel, CA 32:35.85
 1:07.808 (1:07.808) 3:28.294 (2:20.486) 5:51.951 (2:23.658)
 8:17.149 (2:25.198) 10:45.362 (2:28.213) 13:18.321 (2:32.960)
 15:58.180 (2:39.860) 18:40.763 (2:42.584) 21:28.458 (2:47.695)
 24:16.611 (2:48.153) 27:03.052 (2:46.442) 29:49.322 (2:46.270)
 32:35.848 (2:46.527)

3 Stowell, Dennis M78 Ramona, CA 33:59.10
 1:07.187 (1:07.187) 3:29.269 (2:22.082) 5:58.170 (2:28.901)
 8:35.232 (2:37.063) 11:19.582 (2:44.350) 14:06.923 (2:47.342)
 16:50.756 (2:43.833) 19:35.813 (2:45.057) 22:26.691 (2:50.878)
 25:19.137 (2:52.446) 28:10.903 (2:51.767) 31:07.289 (2:56.386)
 33:59.097 (2:51.809)

M80 5000 Meter Run

=====

Name	Age Team	Finals
1 Calderon, Jose	M80 San Dimas, CA	39:54.14
1:13.123 (1:13.123)	4:07.889 (2:54.767)	7:07.433 (2:59.545)
10:17.471 (3:10.038)	13:28.459 (3:10.989)	16:42.416 (3:13.957)
19:58.596 (3:16.181)	23:15.894 (3:17.298)	26:36.749 (3:20.856)
29:57.284 (3:20.535)	33:20.160 (3:22.877)	36:41.824 (3:21.664)
39:54.136 (3:12.313)		

M85 5000 Meter Run

=====

Name	Age Team	Finals
1 Merriam, John	M86 Pasadena, CA	57:47.49
2:02.976 (2:02.976)	6:26.444 (4:23.469)	10:42.034 (4:15.591)
14:50.484 (4:08.450)	18:55.657 (4:05.173)	23:02.513 (4:06.857)

27:11.536 (4:09.023) 31:24.692 (4:13.156) 35:49.322 (4:24.631)
 40:46.999 (4:57.677) 46:19.837 (5:32.839) 52:12.176 (5:52.339)
 57:47.489 (5:35.314)

W75 High Jump

```

=====
Name                      Age Team                      Finals
=====
1 steekelenburg, Annelies  W78 Malibu, CA                1.05m   3-05.25
    0.92 0.97 1.02 1.05 1.08
    0   0   0   0  XXX
2 Glass, LaTanya           W79 Seal Beach, CA            0.97m   3-02.25
    0.92 0.97 1.02
    0   0  XXX
    
```

W85 High Jump

```

=====
Name                      Age Team                      Finals
=====
1 Bergen, Kathy            W87 La Canada, CA             0.97m   3-02.25
    0.92 0.95 0.97 1.00
    0   0   0  XXX
    
```

M50 High Jump

```

=====
Name                      Age Team                      Finals
=====
1 Nunez, Crispin           M54 Simi Valley, CA           1.37m   4-06.00
    1.12 1.17 1.22 1.27 1.32 1.37 1.42
    X0  XX0   0   0   0   0  XXX
    
```

M55 High Jump

```

=====
Name                Age Team                Finals
=====
1 Carter, Patrick   M55 Covina, CA         1.32m   4-04.00
1.22 1.32 1.42
0   0   XX

```

M60 High Jump

```

=====
Name                Age Team                Finals
=====
1 Magers, Steve    M62 San Diego, CA     1.37m   4-06.00
1.37 1.42
0   XXX

2 Powell, Chuck    M63 Simi Valley, CA   1.02m   3-04.00
0.92 0.97 1.02 1.07
0   XO   0   XXX

```

M65 High Jump

```

=====
Name                Age Team                Finals
=====
1 Nielson, Kim     M68 Las Vegas, NV     1.47m   4-09.75
1.47 1.57
0   XXX

2 Niroumand, Mahmoud M69 Costa Mesa, CA   1.32m   4-04.00
1.32 1.37
XO   XXX

2 Holmes, Harold   M69 Rocklin, CA       1.32m   4-04.00
1.22 1.27 1.32 1.37

```

0 0 X0 XX

4 Wells, Gregory M69 Agua Dulce, CA J1.32m 4-04.00

1.22 1.27 1.32 1.37

0 0 XX0 XXX

5 Palacios, Michael M66 Medford, OR 1.02m 3-04.00

0.92 0.97 1.02

0 0 XX0

M70 High Jump

=====

Name	Age Team	Finals
------	----------	--------

=====

1 Stevens, Randall M72 Oregon City, OR 1.42m 4-07.75

1.22 1.27 1.32 1.37 1.42 1.47

0 XX0 X0 XX0 0 XXX

2 Mcclawhorn, David M72 Temecula, CA 1.12m 3-08.00

0.97 1.07 1.12 1.17

0 XX0 X0 XX

M75 High Jump

=====

Name	Age Team	Finals
------	----------	--------

=====

1 Rader, Charlie M78 Corona, CA 1.37m 4-06.00

1.27 1.32 1.37 1.42

0 0 X0 XXX

2 Stevens, Jim M75 Hermosa Beach, CA 1.32m 4-04.00

1.22 1.27 1.32 1.37

0 0 0 XXX

3 Klewitz, Robert M79 Woodland Hills, CA 1.17m 3-10.00

0.92 0.97 1.02 1.07 1.12 1.17 1.22

0 0 0 0 0 0 XXX

4 Gast, Monte M79 Marina del Rey, CA 1.07m 3-06.00

0.92 1.02 1.07 1.17

0 0 0 XXX

M80 High Jump

```

=====
Name                Age Team                Finals
=====
1 Blumfield, Curtis M83 Los Angeles, CA    0.92m  3-00.25
0.92 0.97
X0 XXX
-- Johnson, Barry   M84 29 Palms, CA      NH
0.92
XXX
    
```

W55 Pole Vault

```

=====
Name                Age Team                Finals
=====
1 Larsen, Lynn      W58 Riverside, CA    1.85m  6-00.75
1.70 1.85
0 X0
    
```

M50 Pole Vault

```

=====
Name                Age Team                Finals
=====
1 Gaitan, Libert    M53 Rancho Cucamonga, C 2.60m  8-06.25
2.15 2.30 2.45 2.60 2.75
0 0 0 XX0 XXX
    
```

M55 Pole Vault

```

=====
Name                Age Team                Finals
=====
1 Monroe, Brian     M57 Escondido, CA     4.15m  13-07.25
3.65 4.00 4.15 4.28
0 0 XX0 XXX
    
```

M60 Pole Vault

```

=====
Name                Age Team                Finals
=====
1 Magers, Steve    M62 San Diego, CA     2.90m  9-06.25
2.45 2.75 2.90 3.05
0 XX0 0 XXX
    
```

M65 Pole Vault

```

=====
Name                Age Team                Finals
=====
1 Niroumand, Mahmoud M69 Costa Mesa, CA     2.30m  7-06.50
1.85 2.00 2.15 2.30 2.45
0 XO XX0 XX0 XXX
    
```

M70 Pole Vault

```

=====
Name                Age Team                Finals
=====
1 Burnett, Kevin    M73 Thousand Oaks, CA  2.75m  9-00.25
2.45 2.60 2.75 2.90
    
```

0 0 0 XXX

2 St. Cyr, Kenneth M74 Rancho Santa Fe, CA J2.75m 9-00.25

2.45 2.60 2.75 2.90

0 XO XX0 XXX

3 Ritter, Mike M70 Indio, CA 2.00m 6-06.75

1.85 2.00 2.15

X0 XO XXX

-- Ferguson, Jeffery M71 Los Angeles, CA NH

3.05

XXX

M75 Pole Vault

=====

Name	Age Team	Finals
------	----------	--------

=====

1 Boucquey, Thierry M76 Huntington Beach, C 2.00m 6-06.75

2.00 2.15

0 XXX

2 Gast, Monte M79 Marina del Rey, CA J2.00m 6-06.75

1.10 1.40 1.70 1.85 2.00 2.15

0 0 0 0 XO XXX

M80 Pole Vault

=====

Name	Age Team	Finals
------	----------	--------

=====

1 Johnson, Barry M84 29 Palms, CA 1.10m 3-07.25

1.10 1.40

X0 XXX

W55 Long Jump

```
=====
```

Name	Age Team	Finals	Wind
1 De Rada, Maria	W59 Santa Clarita, CA	2.81m	0.3 9-02.75
2.81m(0.3) 2.72m(-0.4)			

W60 Long Jump

```
=====
```

Name	Age Team	Finals	Wind
1 Gray, Juaquita	W61 Huntington Beach, C	3.68m	1.3 12-01.00
3.56m(0.3) 3.68m(1.3) FOUL(1.4) 3.63m(-1.1) 3.65m(+0.0) FOUL(-0.9)			
2 Howell, Karen	W62 Dana Point, CA	3.63m	+0.0 11-11.00
3.42m(1.5) 3.63m(+0.0) 3.51m(1.7) 3.63m(+0.0) 3.59m(2.7)			

W70 Long Jump

```
=====
```

Name	Age Team	Finals	Wind
1 Cohn, Linda	W74 Porter Ranch, CA	3.26m	+0.0 10-08.50
2.42m(+0.0) 2.81m(-0.3) 3.26m(+0.0)			

W80 Long Jump

```
=====
```

Name	Age Team	Finals	Wind
1 Sneider, Sarah	W82 Arcadia, CA	1.49m	-1.5 4-10.75
1.31m(-1.3) 1.18m(0.6) 1.48m(-2.1) 1.49m(-1.5) 1.32m(1.3) 1.41m(-0.6)			

M55 Long Jump

```
=====
```

Name	Age Team	Finals	Wind	H#
1 Riskey, Mike	M57 Laguna Niguel, CA	4.81m	+0.0 15-09.50	2
4.81m(+0.0) 4.67m(0.9)				
2 Loh, Chung	M56 Diamond Bar, CA	4.73m	1.5 15-06.25	2
4.59m(+0.0) 4.65m(+0.0) 4.52m(+0.0) 4.73m(1.5) 4.32m(1.2)				
3 Blackman, Joseph	M55 Sierra Madre, CA	3.96m	+0.0 13-00.00	2
3.96m(+0.0) FOUL(+0.0) FOUL(0.9) 3.96m(NWI)				
4 Carter, Patrick	M55 Covina, CA	3.71m	NWI 12-02.25	2
3.35m(+0.0) 3.61m(+0.0) 3.71m(NWI)				

M60 Long Jump

Name	Age Team	Finals	Wind	H#
1 Orme, Vincent A.	M63 Glendale, AZ	2.93m	1.1 9-07.50	2
2.68m(+0.0) 2.93m(1.1)				
2 Powell, Chuck	M63 Simi Valley, CA	2.78m	0.3 9-01.50	2
2.78m(0.3) 2.76m(+0.0)				

M65 Long Jump

Name	Age Team	Finals	Wind	H#
1 Niroumand, Mahmoud	M69 Costa Mesa, CA	4.22m	0.4 13-10.25	2
4.22m(0.4) 3.87m(-0.5) 3.97m(-0.9)				
2 Koplowitz, Rob	M67 Oakland, CA	4.17m	+0.0 13-08.25	2
4.01m(0.3) 3.88m(+0.0) 4.17m(+0.0) 3.64m(+0.0)				
3 Holmes, Harold	M69 Rocklin, CA	3.65m	1.4 11-11.75	2
3.65m(1.4) x				

M70 Long Jump

Name	Age Team	Finals	Wind	H#
1 Nakamura, Ken	M73 Seal Beach, CA	4.08m	0.9 13-04.75	2
		4.07m(0.1) 4.08m(0.9)		
2 Brooks, Romeo	M71 Inglewood, CA	3.66m	+0.0 12-00.25	2
		3.12m(3.0) 3.10m(0.2) 3.66m(+0.0)		
3 Mcclawhorn, David	M72 Temecula, CA	2.97m	1.6 9-09.00	2
		2.97m(1.6) x		
4 Pittman, Patrick	M74 Los Angeles, CA	2.48m	+0.0 8-01.75	2
		2.48m(+0.0) 1.92m(+0.0) 2.12m(1.4) 2.43m(-1.1) 2.47m(-0.7) 2.35m(-1.3)		

M75 Long Jump

Name	Age Team	Finals	Wind
1 Stevens, Jim	M75 Hermosa Beach, CA	4.15m	2.5 13-07.50
		3.69m(0.7) FOUL(+0.0) 3.74m(0.9) 3.80m(-1.6) 3.71m(0.2) 4.15m(2.5)	
2 Tomaschke, John	M77 San Diego, CA	3.99m	+0.0 13-01.25
		3.60m(+0.0) 3.62m(+0.0) 3.99m(+0.0)	
3 Mimm, Greg	M78 Mission Viejo, CA	3.79m	1.7 12-05.25
		3.49m(+0.0) 3.79m(1.7) 3.21m(0.8) 3.50m(0.3) FOUL(-1.3) 3.55m(1.1)	
4 Malin, James	M75 San Diego, CA	3.46m	+0.0 11-04.25
		2.62m(1.2) 3.46m(+0.0) 3.19m(1.1)	
5 Gast, Monte	M79 Marina del Rey, CA	3.13m	0.6 10-03.25
		3.13m(0.6) 3.08m(0.6) 3.06m(+0.0)	

M80 Long Jump

Name	Age Team	Finals	Wind
------	----------	--------	------

```

=====
1 Muranaka, Ron           M83 Placentia, CA           2.41m +0.0  7-11.00
    2.41m(+0.0) FOUL(0.9) 2.36m(+0.0) FOUL(1.1) FOUL(0.9) FOUL(+0.0)
2 Johnson, Barry         M84 29 Palms, CA           1.59m  1.9  5-02.75
    1.59m(1.9) FOUL(0.6) 1.58m(+0.0)
    
```

M85 Long Jump

```

=====
Name                    Age Team                    Finals  Wind
=====
1 Bergen, Bert          M88 La Canada, CA          1.93m  0.2  6-04.00
    1.93m(0.2) 1.92m(0.5) FOUL(0.1) 1.84m(-1.1)
    
```

M90 Long Jump

```

=====
Name                    Age Team                    Finals  Wind
=====
1 Iseri, Joe            M90 Gardena, CA            2.11m  1.1  6-11.25
    FOUL(0.3) 1.92m(1.6) 2.11m(1.1)
2 Yates, Vernon         M91 Del Mar, CA            1.83m  0.7  6-00.00
    1.83m(0.7) 1.83m(0.7)
3 Chase, Gerald         M90 Lake Elsinore, CA      1.10m  0.1  3-07.50
    FOUL(0.1) 1.10m(0.1) 1.10m(+0.0)
    
```

W60 Triple Jump

```

=====
Name                    Age Team                    Finals  Wind
=====
1 Gray, Juaquita        W61 Huntington Beach, C    7.76m  NWI  25-05.50
    7.76m(NWI) FOUL      7.32m(NWI) FOUL      FOUL      7.73m(NWI)
    
```

W70 Triple Jump

Name	Age Team	Finals	Wind
1 Cohn, Linda	W74 Porter Ranch, CA	6.47m	2.0 21-02.75
5.60m(2.0) FOUL(0.4) 6.22m(0.1) FOUL(+0.0) 6.26m(0.2) 6.47m(2.0)			

M55 Triple Jump

Name	Age Team	Finals	Wind
1 Blackman, Joseph	M55 Sierra Madre, CA	7.79m	0.8 25-06.75
7.21m(+0.0) FOUL(-1.7) 7.73m(2.2) 7.79m(0.8)			
2 Carter, Patrick	M55 Covina, CA	6.59m	-0.7 21-07.50
6.59m(-0.7) x			

M65 Triple Jump

Name	Age Team	Finals	Wind
1 Niroumand, Mahmoud	M69 Costa Mesa, CA	9.06m	2.8 29-08.75
9.06m(2.8) 9.03m(0.7)			
2 Koplowitz, Rob	M67 Oakland, CA	8.30m	0.9 27-02.75
8.15m(-0.1) 8.30m(0.9) 8.28m(-1.7)			

M70 Triple Jump

Name	Age Team	Finals	Wind
1 Pittman, Patrick	M74 Los Angeles, CA	5.88m	1.3 19-03.50
5.67m(2.9) 5.47m(-0.4) 5.59m(3.0) 5.83m(1.0) 5.62m(1.6) 5.88m(1.3)			

M75 Triple Jump

```

=====
Name                Age Team                Finals  Wind
=====
1 Tomaschke, John   M77 San Diego, CA      8.19m  0.6  26-10.50
    FOUL(2.1) 8.19m(0.6) 8.05m(0.3) 7.69m(+0.0) 7.96m(1.0)
2 Stevens, Jim     M75 Hermosa Beach, CA  7.86m  1.3  25-09.50
    7.60m(+0.0) 7.46m(1.6) FOUL(0.3) 7.28m(+0.0) 7.86m(1.3) 7.65m(+0.0)
3 Rose, Edwin      M78 Carlsbad, CA      7.36m  +0.0  24-01.75
    FOUL(1.9) 7.05m(1.0) 6.97m(+0.0) 7.10m(-1.1) 7.17m(+0.0) 7.36m(+0.0)
4 Mimm, Greg       M78 Mission Viejo, CA  7.32m  +0.0  24-00.25
    7.20m(0.5) 7.15m(2.3) 7.32m(+0.0) 6.56m(+0.0) FOUL(0.2) FOUL(+0.0)

```

M90 Triple Jump

```

=====
Name                Age Team                Finals  Wind
=====
1 Yates, Vernon    M91 Del Mar, CA      3.97m  -1.6  13-00.25
    3.74m(0.1) 3.97m(-1.6)

```

W55 Shot Put

```

=====
Name                Age Team                Finals
=====
1 Barratt, Mindy   W55 Mason City, NE    7.47m  24-06.25
    7.47m 6.54m 6.65m FOUL 5.77m 5.87m
2 Larsen, Lynn     W58 Riverside, CA    6.17m  20-03.00
    4.85m 6.12m 6.17m

```

W60 Shot Put

```

=====
Name                Age Team                Finals
=====
1 Lee, Suzette      W62 Simi Valley, CA    8.17m  26-09.75
    7.11m  7.93m  8.07m  8.08m  8.17m  7.94m
2 Howell, Karen    W62 Dana Point, CA    8.04m  26-04.50
    6.97m  FOUL  8.04m  7.64m  FOUL  7.78m

```

W65 Shot Put

```

=====
Name                Age Team                Finals
=====
1 Amarasekara, Veronica W65 Fontana, CA    8.61m  28-03.00
    8.29m  8.43m  8.61m  8.53m  FOUL  8.30m
2 Adanto, Rozanne W65 Whittier, CA    5.95m  19-06.25
    5.80m  5.95m  5.54m

```

W70 Shot Put

```

=====
Name                Age Team                Finals
=====
1 Cohn, Linda      W74 Porter Ranch, CA  7.95m  26-01.00
    7.29m  7.49m  7.56m  7.68m  7.59m  7.95m
2 Evans, Eleanor   W74 Whittier, CA    6.60m  21-08.00
    FOUL  5.96m  FOUL  5.73m  FOUL  6.60m

```

W75 Shot Put

```

=====
Name                Age Team                Finals
=====
1 Glass, LaTanya   W79 Seal Beach, CA   8.67m  28-05.50

```

8.44m 8.48m 8.58m 8.67m 8.11m 8.48m

M55 Shot Put

```

=====
Name                Age Team                Finals                H#
=====
1 Carter, Patrick    M55 Covina, CA         9.51m  31-02.50  2
    8.99m  9.12m  FOUL  9.51m  9.33m  9.51m
    
```

M60 Shot Put

```

=====
Name                Age Team                Finals                H#
=====
1 Starkey, Paul      M63 Temecula, CA       12.41m  40-08.75  2
    11.44m  12.41m  12.19m  12.09m  7.81m  12.41m
2 Powell, Chuck      M63 Simi Valley, CA     9.73m   31-11.25  2
    9.24m  8.96m  9.55m  9.46m  9.73m  FOUL
3 Edwards, Timothy   M62 Scottsdale, AZ     9.54m   31-03.75  2
    9.16m  9.54m  FOUL  8.84m  FOUL  FOUL
4 Orme, Vincent A.   M63 Glendale, AZ       8.98m   29-05.50  2
    8.98m  8.74m  8.93m  FOUL  7.70m  8.79m
5 Kollias, Jim       M60 Tustin, CA         8.38m   27-06.00  2
    7.12m  8.38m  7.89m  FOUL  6.60m  7.96m
    
```

M65 Shot Put

```

=====
Name                Age Team                Finals                H#
=====
1 Holden, Greg       M68 Menifee, CA        11.80m  38-08.75  2
    11.29m  10.90m  11.24m  11.80m  11.20m  11.73m
2 Holmes, Harold     M69 Rocklin, CA        8.82m   28-11.25  2
    
```

8.82m 8.79m 8.50m

3 Worden, Jim M67 Lancaster, CA 8.27m 27-01.75 2

7.64m 8.09m 8.27m 8.02m 7.49m 7.79m

4 Palacios, Michael M66 Medford, OR 8.14m 26-08.50 2

8.10m 8.14m FOUL 7.58m 7.57m

5 DeRosa, Don M69 El Dorado Hills, CA 6.95m 22-09.75 2

6.95m 6.74m 6.58m 6.46m 6.73m FOUL

M70 Shot Put

=====

Name	Age	Team	Finals	H#
------	-----	------	--------	----

=====

1 Lyons, Charles	M71	Rosemead, CA	8.72m 28-07.50	2
------------------	-----	--------------	----------------	---

8.59m 7.93m 7.98m 8.72m 8.32m 8.50m

M75 Shot Put

=====

Name	Age	Team	Finals
------	-----	------	--------

=====

1 Malin, James	M75	San Diego, CA	11.39m 37-04.50
----------------	-----	---------------	-----------------

11.39m 10.23m 10.94m 11.10m 11.22m 10.86m

2 Abatzoglou, Theagenis	M79	Dana Point, CA	10.60m 34-09.50
-------------------------	-----	----------------	-----------------

10.15m 10.12m 10.60m 10.33m 9.79m 9.62m

3 Messick, Greg	M78	Beaumont, CA	7.46m 24-05.75
-----------------	-----	--------------	----------------

FOUL 7.05m 7.46m

M80 Shot Put

=====

Name	Age	Team	Finals
------	-----	------	--------

=====

1 Harvey, William	M81	Goleta, CA	12.72m 41-08.75
-------------------	-----	------------	-----------------

	12.60m	FOUL	12.72m	12.55m	FOUL	FOUL		
2	Stan Whitley, Stan Whitl	M81	Alta Loma, CA		11.28m	37-00.25		
	11.28m	10.44m	FOUL	10.74m	10.51m	10.90m		
3	Dayes, Vince	M80	San Diego, CA		9.08m	29-09.50		
	FOUL	9.08m	8.50m	FOUL	8.70m	8.46m		
4	Griffith, Dennis	M84	bakersfield, CA		7.19m	23-07.25		
	6.46m	7.19m	6.10m	6.95m	7.16m	FOUL		
5	Cheema, Harinder Singh	M80	Palmdale, CA		6.30m	20-08.00		
	FOUL	FOUL	6.28m	6.30m	FOUL	PASS		

M85 Shot Put

```
=====
```

Name	Age	Team	Finals
1 Sepin, Arthur	M87	San Diego, CA	9.12m 29-11.25
	8.87m	FOUL	9.12m 9.03m 8.46m 8.86m
2 Katsis, Tom	M87	Valley Glen, CA	8.21m 26-11.25
	7.57m	7.93m	8.21m FOUL FOUL 8.04m

M90 Shot Put

```
=====
```

Name	Age	Team	Finals
1 smith, Rpbert	M91	Pasadena, CA	6.64m 21-09.50
	FOUL	FOUL	6.35m 6.64m 6.40m 6.03m
2 Rosen, Alan	M91	Sherman Oaks, CA	6.19m 20-03.75
	5.33m	5.64m	6.00m 6.19m 5.08m 5.64m
3 Chase, Gerald	M90	Lake Elsinore, CA	5.27m 17-03.50
	4.98m	5.16m	4.89m 1.97m 4.98m 5.27m

W55 Discus Throw

```
=====
```

Name	Age Team	Finals
1 Barratt, Mindy	W55 Mason City, NE	18.05m 59-03
		18.05m 15.26m FOUL 17.01m 17.31m 17.39m

W60 Discus Throw

```
=====
```

Name	Age Team	Finals
1 Stanford, Carole	W64 San Jose, CA	28.51m 93-06
		27.05m 28.51m FOUL 26.18m 25.83m FOUL
2 Lee, Suzette	W62 Simi Valley, CA	14.86m 48-09
		FOUL 14.86m FOUL 12.03m 14.39m 13.23m

W65 Discus Throw

```
=====
```

Name	Age Team	Finals
1 Amarasekara, Veronica	W65 Fontana, CA	19.96m 65-06
		18.50m 16.61m 19.06m 19.51m 19.96m 18.63m
2 Fontenot, Johanna	W65 Los Angeles, CA	17.61m 57-09
		15.13m 17.61m FOUL 13.55m 14.71m 15.66m

W70 Discus Throw

```
=====
```

Name	Age Team	Finals
1 Cohn, Linda	W74 Porter Ranch, CA	21.30m 69-10
		19.51m 20.66m 21.30m 19.85m 19.49m FOUL

W75 Discus Throw

```

=====
Name                Age Team                Finals
=====
1 steekelenburg, Annelies  W78 Malibu, CA          14.46m    47-05
    FOUL 14.46m FOUL FOUL 13.08m FOUL
    
```

M55 Discus Throw

```

=====
Name                Age Team                Finals      H#
=====
1 Carter, Patrick      M55 Covina, CA          32.33m    106-01  2
    27.28m 31.10m 32.29m 27.83m 32.33m 30.37m
    
```

M60 Discus Throw

```

=====
Name                Age Team                Finals      H#
=====
1 Starkey, Paul        M63 Temecula, CA        44.80m    147-00  2
    41.90m 41.75m 40.75m 44.80m 42.04m 41.83m
2 Edwards, Timothy     M62 Scottsdale, AZ      37.19m    122-00  2
    FOUL FOUL FOUL 33.87m 37.19m 33.75m
3 Magers, Steve        M62 San Diego, CA       33.11m    108-07  2
    31.80m 33.11m FOUL 32.20m 31.21m 30.59m
4 Powell, Chuck        M63 Simi Valley, CA     30.75m    100-11  2
    30.11m 30.75m 22.69m 27.96m 27.81m 28.21m
    
```

M65 Discus Throw

```

=====
Name                Age Team                Finals      H#
=====
    
```

1	Holden, Greg	M68	Menifee, CA	33.20m	108-11	2
	25.78m	28.39m	32.11m	32.49m	31.72m	33.20m
2	Barry, James	M68	Studio City, CA	29.02m	95-02	2
	20.25m	27.21m	28.42m	28.45m	FOUL	29.02m
3	DeRosa, Don	M69	El Dorado Hills, CA	21.85m	71-08	2
	21.39m	18.27m	21.85m	FOUL	FOUL	20.46m
4	Worden, Jim	M67	Lancaster, CA	16.08m	52-09	2
	FOUL	16.08m	14.57m	FOUL	FOUL	FOUL

M70 Discus Throw

=====						
Name	Age	Team	Finals			H#
=====						
1	Lyons, Charles	M71	Rosemead, CA	20.12m	66-00	2
	16.23m	15.55m	20.12m	17.60m	18.29m	18.34m

M75 Discus Throw

=====						
Name	Age	Team	Finals			H#
=====						
1	Abatzoglou, Theagenis	M79	Dana Point, CA	29.26m	96-00	
	28.22m	FOUL	28.15m	FOUL	29.26m	28.40m
2	Malin, James	M75	San Diego, CA	27.44m	90-00	
	26.17m	26.26m	FOUL	FOUL	27.44m	26.94m
3	Markota, Richard	M77	Camarillo, CA	22.55m	74-00	
	22.44m	21.07m	20.75m	19.84m	22.34m	22.55m
4	Binniger, G A Ben	M78	Valencia, CA	17.51m	57-05	
	13.10m	15.05m	17.51m	FOUL	FOUL	17.18m
5	Messick, Greg	M78	Beaumont, CA	15.37m	50-05	
	14.91m	13.82m	15.37m			

M80 Discus Throw

```

=====
Name                Age Team                Finals
=====
1 Harvey, William    M81 Goleta, CA         28.18m    92-05
    27.99m FOUL  27.70m FOUL  FOUL  28.18m
2 Stan Whitley, Stan Whitl M81 Alta Loma, CA     26.07m    85-06
    26.07m  25.46m FOUL  20.56m FOUL  23.69m
3 Johnson, Barry     M84 29 Palms, CA      17.94m    58-10
    15.37m  15.41m  16.61m  15.26m  15.73m  17.94m
4 Dayes, Vince       M80 San Diego, CA     17.14m    56-03
    FOUL  17.14m  14.19m  14.13m  14.10m  14.62m
    
```

M85 Discus Throw

```

=====
Name                Age Team                Finals
=====
1 Sepin, Arthur      M87 San Diego, CA     19.95m    65-05
    18.06m  19.95m  18.73m  18.82m  18.69m  16.09m
2 Katsis, Tom        M87 Valley Glen, CA   19.27m    63-03
    16.50m  16.34m FOUL  19.27m FOUL  19.00m
    
```

M90 Discus Throw

```

=====
Name                Age Team                Finals
=====
1 Rosen, Alan        M91 Sherman Oaks, CA  18.36m    60-03
    17.61m  17.75m  18.36m  18.17m  17.96m  17.75m
2 Chase, Gerald      M90 Lake Elsinore, CA 10.78m    35-04
    7.90m  10.39m  7.73m  10.78m  9.05m  8.86m
3 smith, Rpbert      M91 Pasadena, CA      9.79m     32-01
    
```

FOUL 8.70m 8.69m 9.79m 9.08m FOUL

W55 Javelin Throw

```

=====
Name                Age Team                Finals
=====
1 Larsen, Lynn      W58 Riverside, CA     17.12m    56-02
    FOUL 16.31m 16.51m 17.12m 16.08m 16.27m
    
```

W60 Javelin Throw

```

=====
Name                Age Team                Finals
=====
1 Nembach, Shannon W62 Chula Vista, CA   29.89m    98-01
    28.04m 29.53m 29.61m 29.72m FOUL 29.89m
2 Gray, Juaquita  W61 Huntington Beach, C 19.48m    63-11
    13.31m 17.74m FOUL 18.79m 16.73m 19.48m
3 Letts, Sarah     W61 Pasadena, CA     17.46m    57-03
    15.77m 14.34m 16.48m 17.46m 17.40m 17.31m
4 Lee, Suzette     W62 Simi Valley, CA   16.36m    53-08
    FOUL 15.77m FOUL 15.90m 16.36m 15.55m
    
```

W70 Javelin Throw

```

=====
Name                Age Team                Finals
=====
1 Cohn, Linda      W74 Porter Ranch, CA   24.90m    81-08
    24.90m 22.69m 24.55m 23.35m 24.74m 24.69m
2 Bowman, Tina     W73 Long Beach, CA    20.38m    66-10
    16.52m 17.90m 20.38m 17.96m 18.80m FOUL
    
```

M50 Javelin Throw

Name	Age Team	Finals	H#
1 Rubio, Richard	M53 Monrovia, CA	18.76m	61-06 2
	14.08m 17.28m 16.37m FOUL 16.43m 18.76m		

M55 Javelin Throw

Name	Age Team	Finals	H#
1 Carter, Patrick	M55 Covina, CA	29.00m	95-02 2
	27.24m 29.00m		

M60 Javelin Throw

Name	Age Team	Finals	H#
1 Magers, Steve	M62 San Diego, CA	26.40m	86-07 2
	FOUL 21.16m 26.40m 23.85m 24.82m 25.93m		
2 Kollias, Jim	M60 Tustin, CA	22.06m	72-04 2
	20.38m FOUL 22.06m 20.80m 18.35m 15.83m		

M65 Javelin Throw

Name	Age Team	Finals	H#
1 Wilson, Victor	M66 Los Angeles, CA	36.83m	120-10 2
	23.45m 36.83m 30.62m 33.93m 30.13m 24.00m		
2 Niroumand, Mahmoud	M69 Costa Mesa, CA	36.38m	119-04 2
	34.34m 36.18m 35.22m 36.38m 34.85m 35.02m		

3	Barry, James	M68	Studio City, CA	25.84m	84-09	2
	23.41m	24.51m	23.03m	21.33m	23.52m	25.84m
4	Worden, Jim	M67	Lancaster, CA	19.29m	63-03	2
	15.09m	19.29m	16.24m	15.39m	13.03m	12.18m
5	DeRosa, Don	M69	El Dorado Hills, CA	18.82m	61-09	2
	18.03m	FOUL	FOUL	16.70m	18.82m	FOUL

M75 Javelin Throw

```
=====
```

Name	Age	Team	Finals
1 Markota, Richard	M77	Camarillo, CA	26.82m 88-00
	20.22m	FOUL	22.36m 26.82m 26.51m 26.76m
2 Gast, Monte	M79	Marina del Rey, CA	24.34m 79-10
	19.98m	24.34m	22.16m 22.23m PASS PASS
3 Rook, Ronald	M78	Coto de Caza, CA	21.98m 72-01
	21.98m	21.05m	FOUL 21.02m 21.81m 21.23m

M80 Javelin Throw

```
=====
```

Name	Age	Team	Finals
1 Dayes, Vince	M80	San Diego, CA	18.56m 60-11
	18.56m	15.55m	18.14m 15.90m FOUL FOUL
2 Griffith, Dennis	M84	bakersfield, CA	16.18m 53-01
	11.44m	14.19m	14.15m 15.90m 16.18m FOUL
3 Cheema, Harinder Singh	M80	Palmdale, CA	13.83m 45-04
	FOUL	13.08m	FOUL FOUL 13.83m PASS

M85 Javelin Throw

```
=====
```

Name	Age	Team	Finals	
1 Katsis, Tom	M87	Valley Glen, CA	21.71m	71-03
			20.48m 21.71m 20.92m	FOUL 20.48m 19.47m
2 Sepin, Arthur	M87	San Diego, CA	13.19m	43-03
			FOUL 9.49m 10.33m 12.57m	12.69m 13.19m

M90 Javelin Throw

Name	Age	Team	Finals	
1 Chase, Gerald	M90	Lake Elsinore, CA	6.64m	21-09
			6.20m 5.41m 5.92m	FOUL 6.64m FOUL

W55 Weight Throw Softball Thr

Name	Age	Team	Finals	
1 Barratt, Mindy	W55	Mason City, NE	63-06.00	19.35m
			30-00 63-06 59-11	
2 horton, jessica	W57	Lancaster, CA	59-07.00	18.16m
			49-05 48-00 59-07	

W60 Weight Throw Softball Thr

Name	Age	Team	Finals	
1 Jones, L. LaShawn	W60	Corona, CA	136-06.00	41.60m
			127-02 129-09 136-06	
2 Letts, Sarah	W61	Pasadena, CA	89-06.00	27.27m
			89-06 84-09 89-00	

W65 Weight Throw Softball Thr

```

=====
Name                Age Team                Finals
=====
1 Fontenot, Johanna  W65 Los Angeles, CA    98-06.00    30.02m
    93-06  94-03  98-06
2 Smith, Louise      W66 Los Angeles, CA    78-06.00    23.92m
    78-06  70-10  FOUL
3 Adanto, Rozanne    W65 Whittier, CA       71-06.00    21.79m
    71-02  68-00  71-06
4 Artian, Susan      W66 Van Nuys, CA       71-00.00    21.64m
    70-00  67-05  71-00

```

M55 Weight Throw Softball Thr

```

=====
Name                Age Team                Finals
=====
1 Carter, Patrick    M55 Covina, CA         154-02.00    46.99m
    151-04  154-02  146-08
2 Schaedel, Jack     M56 La Canada Flintrid 111-04.00    33.93m
    110-06  FOUL  111-04

```

M60 Weight Throw Softball Thr

```

=====
Name                Age Team                Finals
=====
1 Watson, Lewis      M64 Monrovia, CA       165-03.00    50.36m
    164-00  165-03  159-05
2 Powell, Chuck      M63 Simi Valley, CA    163-00.00    49.68m
    FOUL  163-00  152-00

```

3 Kollias, Jim M60 Tustin, CA 117-02.00 35.71m
 117-02 FOUL 116-07

M65 Weight Throw Softball Thr

```
=====
```

Name	Age Team	Finals
=====		
1 Niroumand, Mahmoud	M69 Costa Mesa, CA	153-02.00 46.68m
137-00 139-09 153-02		
2 Palacios, Michael	M66 Medford, OR	144-06.00 44.04m
125-06 125-06 144-06		

M70 Weight Throw Softball Thr

```
=====
```

Name	Age Team	Finals
=====		
1 Mcclawhorn, David	M72 Temecula, CA	133-03.00 40.61m
133-03 116-03 119-07		
2 Shelby, Andy	M71 Redondo Beach, CA	116-06.00 35.50m
116-06 108-03 110-00		
3 Lyons, Charles	M71 Rosemead, CA	84-05.00 25.73m
77-08 70-03 84-05		

M75 Weight Throw Softball Thr

```
=====
```

Name	Age Team	Finals
=====		
1 Markota, Richard	M77 Camarillo, CA	133-02.00 40.58m
121-00 123-04 133-02		
2 Messick, Greg	M78 Beaumont, CA	82-00.00 24.99m
82-00 74-06 FOUL		

3 Stowell, Dennis M78 Ramona, CA 68-06.00 20.87m
 68-06 65-07 62-05

M80 Weight Throw Softball Thr

```
=====
```

Name	Age Team	Finals
1 Dayes, Vince	M80 San Diego, CA	92-11.00 28.32m
FOUL 89-00 92-11		
2 Blumfield, Curtis	M83 Los Angeles, CA	84-00.00 25.60m
79-05 74-07 84-00		

M85 Weight Throw Softball Thr

```
=====
```

Name	Age Team	Finals
1 Duncan, Lawrence	M86 Altadena, CA	70-01.00 21.36m
68-09 70-01 66-01		

M50 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
1 Diaz Garcia, Wilfredo	M51 Salinas, CA	10:22.31
2:28.530 (2:28.530) 5:03.116 (2:34.587) 7:42.034 (2:38.918)		
10:22.306 (2:40.273)		

W50 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
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```
=====
```

1 Banzali-Correos, Annabel W54 Encino, CA 11:06.28
 2:40.261 (2:40.261) 5:30.574 (2:50.314) 8:18.773 (2:48.199)
 11:06.280 (2:47.508)

M55 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Rizo, Jose	M59 Salinas, CA	14:13.79
3:32.894 (3:32.894)	7:08.060 (3:35.166)	10:41.990 (3:33.931)
14:13.790 (3:31.800)		

W60 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Irvine, Sherry	W62 South Pasadena, CA	11:11.52
2:44.291 (2:44.291)	5:34.030 (2:49.739)	8:23.492 (2:49.463)
11:11.520 (2:48.028)		
2 Palmares, Lida	W60 Port Hueneme, CA	12:45.66
3:01.667 (3:01.667)	6:13.717 (3:12.050)	9:29.267 (3:15.550)
12:45.656 (3:16.389)		

M65 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Palacios, Michael	M66 Medford, OR	13:11.06
3:30.607 (3:30.607)	6:46.245 (3:15.638)	10:02.295 (3:16.050)
13:11.056 (3:08.761)		

W65 1 Mile Race Walk Power Walk

Name	Age Team	Finals
1 Smith, Louise	W66 Los Angeles, CA	13:08.82
3:18.787 (3:18.787)	6:36.500 (3:17.713)	9:55.162 (3:18.662)
13:08.820 (3:13.659)		
2 Clagon, Paulette	W68 Carson, CA	13:46.82
3:15.997 (3:15.997)	6:38.720 (3:22.723)	10:10.321 (3:31.602)
13:46.814 (3:36.493)		

M70 1 Mile Race Walk Power Walk

Name	Age Team	Finals
1 Bryant, Demetri	M70 West Hollywood, CA	12:17.82
3:03.886 (3:03.886)	6:06.634 (3:02.748)	9:12.079 (3:05.445)
12:17.814 (3:05.736)		
2 Mulcahy, Sean	M70 Van Nuys, CA	14:14.32
3:30.861 (3:30.861)	7:05.487 (3:34.626)	10:39.402 (3:33.916)
14:14.313 (3:34.911)		

W70 1 Mile Race Walk Power Walk

Name	Age Team	Finals
1 Drastal, Carol Anne	W70 El Cajon, CA	12:50.25
3:05.099 (3:05.099)	6:19.770 (3:14.671)	9:36.922 (3:17.153)
12:50.249 (3:13.328)		
2 Martin, Sandra	W74 Northridge, CA	13:22.58
3:15.479 (3:15.479)	6:37.020 (3:21.541)	10:01.740 (3:24.721)

13:22.577 (3:20.837)

M80 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Scott, Ron	M84 Pasadena, CA	13:54.74
3:34.111 (3:34.111)	7:04.876 (3:30.765)	10:30.728 (3:25.853)
13:54.734 (3:24.006)		
2 Nielsen, Ed	M80 Apple Valley, CA	17:24.58
4:13.308 (4:13.308)	8:34.006 (4:20.698)	13:02.535 (4:28.530)
17:24.580 (4:22.045)		

W85 1 Mile Race Walk Power Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Dyar, Carol	W85 Upland, CA	13:19.95
3:20.458 (3:20.458)	6:40.320 (3:19.863)	10:01.674 (3:21.354)
13:19.946 (3:18.272)		
2 Demsky, Ellen	W86 Tarzana, CA	16:46.65
4:11.175 (4:11.175)	8:24.234 (4:13.059)	12:40.366 (4:16.133)
16:46.647 (4:06.281)		

M60 1500 Meter Race Walk

```
=====
```

Name	Age Team	Finals
=====		
1 guzman, francisco	M61 san francisco, CA	8:18.88
1:37.189 (1:37.189)	3:50.514 (2:13.326)	6:05.111 (2:14.597)
8:18.878 (2:13.767)		

2 Jaravata, Deo M61 Granada Hills, CA 10:10.78
 1:54.665 (1:54.665) 4:37.555 (2:42.890) 7:24.555 (2:47.001)
 10:10.776 (2:46.222)

W65 1500 Meter Race Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Rasmussen, Marcia	W67 Squaw Valley, CA	9:54.44
1:53.621 (1:53.621)	4:33.862 (2:40.242)	7:16.350 (2:42.488)
9:54.438 (2:38.089)		
2 jeanpierre, marta lilian	W66 san francisco, CA	10:54.22
2:06.935 (2:06.935)	5:04.373 (2:57.439)	8:01.513 (2:57.141)
10:54.220 (2:52.707)		

W70 1500 Meter Race Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Rasmussen, Paula	W72 El Segundo, CA	12:00.31
2:21.428 (2:21.428)	5:36.629 (3:15.201)	8:51.209 (3:14.581)
12:00.305 (3:09.097)		

M80 1500 Meter Race Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Campbell, Rick	M80 Orange, CA	11:50.11
2:22.628 (2:22.628)	5:33.247 (3:10.620)	8:45.218 (3:11.971)
11:50.103 (3:04.885)		

W85 1500 Meter Race Walk

Name	Age Team	Finals
1 Dyar, Carol	W85 Upland, CA	12:13.18
2:23.494 (2:23.494)	5:39.522 (3:16.029)	8:56.604 (3:17.083)
12:13.174 (3:16.570)		

M60 3000 Meter Race Walk

Name	Age Team	Finals
1 Jaravata, Deo	M61 Granada Hills, CA	20:18.04
1:15.425 (1:15.425)	3:54.012 (2:38.587)	6:36.449 (2:42.438)
9:21.428 (2:44.979)	12:07.651 (2:46.223)	14:53.466 (2:45.816)
17:38.926 (2:45.461)	20:18.031 (2:39.105)	
-- guzman, francisco	M61 san francisco, CA	DQ Bent Knee
57.013 (57.013)	3:06.285 (2:09.272)	5:18.048 (2:11.764)
7:31.385 (2:13.338)	9:45.897 (2:14.512)	12:02.281 (2:16.385)
14:18.541 (2:16.261)	16:29.619 (2:11.078)	

W65 3000 Meter Race Walk

Name	Age Team	Finals
1 Rasmussen, Marcia	W67 Squaw Valley, CA	20:29.85
1:17.023 (1:17.023)	3:55.544 (2:38.521)	6:37.872 (2:42.328)
9:24.757 (2:46.885)	12:13.786 (2:49.030)	15:01.332 (2:47.547)
17:48.570 (2:47.239)	20:29.841 (2:41.271)	
2 jeanpierre, marta lilian	W66 san francisco, CA	22:08.17
1:21.672 (1:21.672)	4:17.451 (2:55.780)	7:16.413 (2:58.963)

10:16.325 (2:59.912) 13:16.181 (2:59.856) 16:14.628 (2:58.448)
 19:12.486 (2:57.858) 22:08.169 (2:55.683)

M65 3000 Meter Race Walk

```
=====
```

Name	Age Team	Finals

-- DeMeester, Paul	M67 San Francisco, CA	DNF
1:36.241 (1:36.241)	4:43.776 (3:07.535)	7:51.846 (3:08.070)
10:52.353 (3:00.507)		

M70 3000 Meter Race Walk

```
=====
```

Name	Age Team	Finals

1 Brown, Jim	M72 Sacramento, CA	26:27.21
1:41.487 (1:41.487)	5:17.223 (3:35.736)	8:49.591 (3:32.368)
12:24.327 (3:34.737)	15:55.880 (3:31.554)	19:31.058 (3:35.178)
22:58.831 (3:27.773)	26:27.207 (3:28.377)	

W70 3000 Meter Race Walk

```
=====
```

Name	Age Team	Finals

1 Rasmussen, Paula	W72 El Segundo, CA	24:07.48
1:29.635 (1:29.635)	4:33.862 (3:04.227)	7:41.754 (3:07.892)
10:49.836 (3:08.083)	14:05.996 (3:16.160)	17:25.602 (3:19.607)
20:45.492 (3:19.891)	24:07.476 (3:21.984)	

M80 3000 Meter Race Walk

```
=====
```

Name	Age Team	Finals
=====		
1 Campbell, Rick	M80 Orange, CA	23:00.28
1:28.543 (1:28.543)	4:35.924 (3:07.381)	7:38.482 (3:02.558)
10:41.782 (3:03.300)	13:47.025 (3:05.243)	16:53.199 (3:06.175)
19:59.788 (3:06.589)	23:00.278 (3:00.491)	

W85 3000 Meter Race Walk

Name	Age Team	Finals
=====		
1 Dyar, Carol	W85 Upland, CA	24:13.37
1:29.204 (1:29.204)	4:34.817 (3:05.614)	7:44.980 (3:10.163)
10:56.677 (3:11.698)	14:15.906 (3:19.229)	17:35.834 (3:19.928)
20:55.782 (3:19.949)	24:13.369 (3:17.587)	

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