

Pole Vault Long Jump Triple Jump Shot Put
 Discus Hammer Javelin Weight Throw
 Super Weight Throw Decathlon Pentathlon Heptathlon
 Throws Pentathlon Ultra-Weight Pentathlon 4x100m Relay
 4x200m Relay 4x400m Relay 4x800m Relay
 Shuttle Hurdle Relay

Season: Outdoor Indoor **Sex:** Male Female

Age Group: 35 - 39 40 - 44 45 - 49 50 - 54
 55 - 59 60 - 64 65 - 69 70 - 74 75 - 79
 80 - 84 85 - 89 90 - 94 95 - 99 100 - 104
 105 - 109

to

Age Group World Record (gold highlight). Pending (silver highlight)

INDOOR 60 METER				
M55	7.32	Norris Hanes (57)	Gainesville, FL	02/21/2025
M55	7.30	Garth Robinson (55)	Carbondale, IL	12/05/2025
M80	8.76	Kenton Brown (80)	Gainesville, FL	03/25/2025
W55	8.34	Donna Lawrence (56)	Gainesville, FL	03/23/2025
W85	10.98	Kathy Bergen (85)	Gainesville, FL	02/21/2025

W90	14.85	Florence Meiler (90)	Gainesville, FL	03/24/2025
INDOOR 200 METER				
W60	28.62	Joetta Clark (62)	Gainesville, FL	02/23/2025
INDOOR 400 METER				
M55	53.08	Allen Woodard (56)	Houston, TX	02/02/2025
W50	58.29	Kristy Matthews (52)	New York, NY	03/30/2025
W55	1:03.58	Emmanuelle McGowan (56)	Gainesville, FL	03/30/2025
INDOOR 800 METER				
M80	2:52.11	Lynn Rathjen (80)	Gainesville, FL	02/23/2025
W75	3:11.37	Sabra Harvey (76)	Gainesville, FL	03/24/2025
W90	6:52.21	Florence Meiler (90)	Gainesville, FL	03/24/2025
INDOOR 1500 METER				
M65	4:48.22	Dan King (65)	Gainesville, FL	03/29/2025
M80	5:47.29	Lynn Rathjen (80)	Gainesville, FL	02/22/2025
M90	9:26.51	Inocencio Cantu (91)	Gainesville, FL	03/29/2025
W55	4:50.34	Michelle Rohl (59)	Gainesville, FL	03/29/2025
W75	6:25.30	Sabra Harvey (76)	Gainesville, FL	03/29/2025
W85	15:38.94	Joyce Hodges-Hite (87)	Gainesville, FL	02/22/2025
INDOOR ONE MILE				
M65	5:09.54	Dan King (65)	New York, NY	03/06/2025
W55	5:19.49	Michelle Rohl (59)	Gainesville, FL	02/01/2025
W85	9:45.24	Sandra Folzer (85)	Ithaca, NY	01/18/2025
W90	15:10.31	Edna Hyer (90)	Ithaca, NY	01/18/2025
INDOOR 3000 METER				
M65	10:08.90	Dan King (65)	Gainesville, FL	03/25/2025
M70	11:02.48	Richard Becker (70)	Spokane, WA	02/01/2025
M80	12:48.44	Lynn Rathjen (80)	Gainesville, FL	02/20/2025
W45	9:40.59	Roberta Groner (47)	New York, NY	02/17/2025
W55	10:21.17	Michelle Rohl (59)	Gainesville, FL	03/26/2025

W60	11:12.44	Lisa Veneziano (60)	Upland, IN	03/08/2025
W60	10:41.68	Michelle Rohl (60)	Boston, MA	12/06/2025
W70	12:24.36	Nora Cary (70)	Gainesville, FL	03/26/2025
W75	13:43.25	Jeannie Rice (76)	Gainesville, FL	03/26/2025
INDOOR 60M HURDLES				
W90	24.87	Florence Meiler (90)	Gainesville, FL	03/30/2025
W90	23.62	Florence Meiler (90)	Gainesville, FL	03/24/2025
INDOOR HIGH JUMP				
M85	1.20	Bernhard Stamm (85)	Landover, MD	01/19/2025
W60	1.46	Neringa Jakstiene (61)	Gainesville, FL	03/28/2025
W85	1.01	Kathy Bergen (85)	Gainesville, FL	02/23/2025
W90	.90	Florence Meiler (90)	Gainesville, FL	03/24/2025
INDOOR POLE VAULT				
M70	3.36	Steve Hanes (70)	College Station, TX	11/22/2025
W90	1.37	Florence Meiler (90)	Gainesville, FL	03/29/2025
INDOOR LONG JUMP				
W60	4.77	Neringa Jakstiene (61)	Gainesville, FL	03/27/2025
W90	1.87	Florence Meiler (90)	Gainesville, FL	03/27/2025
W95	.85	Hannele Lawrence (95)	Gainesville, FL	02/21/2025
INDOOR TRIPLE JUMP				
M35	15.22	Tomarris Bell (35)	Gainesville, FL	02/23/2025
M60	11.96	Michael Hanks (60)	Newport News, VA	03/02/2025
W35	12.14	Breanna Sanner (35)	Gainesville, FL	02/22/2025
W60	10.35	Neringa Jakstiene (61)	Gainesville, FL	02/22/2025
W90	4.50	Florence Meiler (90)	Gainesville, FL	03/30/2025
W95	2.34	Hannele Lawrence (95)	Gainesville, FL	03/30/2025
INDOOR SHOT PUT (3KG)				
M80	13.47	William Harvey (80)	Reno, NV	12/28/2025
W50	13.66	Angela Herzner (50)	Gainesville, FL	02/23/2025

W60	12.17	Shawn Lawson (61)	Gainesville, FL	03/28/2025
W65	11.51	Monica Kendall (69)	Upland, IN	03/08/2025
W80	9.10	Carol Frost (80)	Gainesville, FL	03/29/2025

INDOOR WEIGHT THROW

W35	18.41	Emily A Adams (39)	Allendale, MI	02/14/2025
W75	16.82	Myrle Mensey (76)	Gainesville, FL	03/27/2025

INDOOR SUPER WEIGHT THROW

M80	9.24	George Mathews (81)	Gainesville, FL	02/20/2025
W35	11.60	Emily A Adams (39)	Gainesville, FL	02/21/2025
W50	11.83	Angela Herzner (50)	Gainesville, FL	02/22/2025

INDOOR PENTATHLON

M65	4124	Ronald Humphrey (66)	Gainesville, FL	02/20/2025
W50	4156	Marsha Baird (51)	Gainesville, FL	03/23/2025
W70	3876	Rita Hanscom (70)	Gainesville, FL	03/24/2025
W90	2531	Florence Meiler (90)	Gainesville, FL	03/24/2025

INDOOR 4X200M RELAY

M55	1:37.63	Unattached	Gainesville, FL	03/30/2025
Norris Hanes (57); Timothy Roland (56); Derek Pye (57); David Henry (55);				
W65	2:17.39	Unattached	Gainesville, FL	03/30/2025
Cheryl Bellaire (66); Julie Hayden (65); Lesley Hinz (67); Susan Loyd (67);				
W70	2:43.53	Unattached	Gainesville, FL	03/30/2025
Kay Glynn (72); Sherrel Harmon (74); Claudia Rankins (71); Hannah Phillips (72);				

INDOOR 4X400M RELAY

W65	5:15.97	Unattached	Gainesville, FL	02/23/2025
Cheryl Bellaire (66); Julie Hayden (65); Susan Loyd (67); Elizabeth Deak (66);				
W65	6:06.81	Liberty Athletic Club	Boston, MA	02/23/2025
Jacqueline Shakar (65); Alda Cossi (69); Anne Shreffler (68); Julie Menosky (65);				
W75	8:02.78	Atlanta Track Club	Gainesville, FL	02/23/2025

		Susan Aderhold (77); Andrea Mccarter (78); Kathleen Allen (75); Norma Hudnall (75);		
W80	9:26.13	Unattached	Gainesville, FL	02/23/2025
		Georgia Kightlinger (84); Barbara Hensley (81); Willy Moolenaar (84); Mary Robinson (82);		
INDOOR 4X800M RELAY				
M45	8:24.01	Shadow Project TC	Philadelphia, PA	03/08/2025
		Mark Walchinsky (46); Jason Abbot (46); Scott Wallace (45); James Coates (45);		
W65	14:08.94	Liberty Athletic Club	Providence, RI	01/26/2025
		Jacqueline Shakar (65); Drusilla Pratt-Ott (66); Alda Cossi (69); Julie Menosky (65);		
W70	16:07.70	Atlanta Track Club	Gainesville, FL	02/21/2025
		Terry Ozell (71); Trenice Mullis Dubow (71); Cynthia Lucking (71); Francoise Levinson (71);		
W75	20:07.68	Atlanta Track Club	Gainesville, FL	02/21/2025
		Andrea Mccarter (78); Norma Hudnall (75); Kathleen Allen (75); Joanie McMullan (75);		
W80	25:48.82	Unattached	Gainesville, FL	02/21/2025
		Myrna Barnett (81); Angela Staab (82); Joyce Rasberry (81); Joyce Hodges-Hite (87);		
INDOOR CLUB 4X200M RELAY				
W65	2:26.17	Greater Philadelphia TC	Gainesville, FL	02/22/2025
		Debbie Hammond (65); Cheryl Bellaire (66); Julie Hayden (65); Claudia Simpson (71);		
W70	2:45.33	SC Striders Track Club	Gainesville, FL	02/22/2025
		Kathy Bergen (85); Joy Flynn (78); Jane Barnes (72); Rita Hanscom (70);		
W75	3:24.33	Atlanta Track Club	Gainesville, FL	02/22/2025
		Norma Hudnall (75); Andrea Mccarter (78); Kathleen Allen (75); Susan Aderhold (77);		
W80	5:48.02	Atlanta Track Club	Gainesville, FL	02/22/2025
		Catherine Radle (81); Susan Hartman (80); Joyce Hodges-Hite (87); Myrna Barnett (81);		

INDOOR CLUB 4X400M RELAY

M65 4:42.10 Mass Velocity TC New York, NY 02/08/2025
 Steven Snow (70); David Neumann (65); Michaelson Peter (69); Gould
 Stephen (68);

W65 6:13.71 Central Park Track Club New York, NY 02/08/2025
 TOMOMI Seki (67); Sherrell Harmon (74); Ivy Bell (69); Stacy Creamer
 (65);

W75 8:02.78 Atlanta Track Club Gainesville, FL 02/23/2025
 Susan Aderhold (77); Andrea Mccarter (78); Kathleen Allen (75); Norma
 Hudnall (75);

W80 12:46.63 Atlanta Track Club Gainesville, FL 02/23/2025
 Catherine Radle (81); Susan Hartman (80); Joyce Hodges-Hite (87); Myrna
 Barnett (81);

INDOOR CLUB 4X800M RELAY

M45 8:24.01 Shadow Project TC Philadelphia, PA 03/08/2025
 Mark Walchinsky (46); Jason Abbot (46); Scott Wallace (45); James Coates
 (45);

M80 18:07.52 Shore Athletic Club Gainesville, FL 02/21/2025
 Przemyslaw Nowicki (80); Roland Cormier (85); John Kuhl (80); Robert
 O'Rourke (81);

W70 16:07.70 Atlanta Track Club Gainesville, FL 02/21/2025
 Terry Ozell (71); Trenice Mullis Dubow (71); Cynthia Lucking (71);
 Francoise Levinson (71);

W75 20:07.68 Atlanta Track Club Gainesville, FL 02/21/2025
 Andrea Mccarter (78); Norma Hudnall (75); Kathleen Allen (75); Joanie
 McMullan (75);

OUTDOOR 100 METER

M40 10.67 Rondrick Parker (42) Jacksonville, FL 06/21/2025

W85 17.85 Kathy Bergen (85) San Diego, CA 09/14/2025

OUTDOOR 200 METER

M80 29.49 Kenton Brown (81) St. George, UT 10/07/2025

OUTDOOR 400 METER

W50	58.42	Kristy Matthews (52)	Moorpark, CA	05/04/2025
OUTDOOR 800 METER				
M80	2:48.64	Lynn Rathjen (80)	Huntsville, AL	07/19/2025
W65	2:38.05	Nancy Simmons (66)	Montecito, CA	10/19/2025
W85	4:31.77	Norma Minkowitz (87)	Middletown, CT	05/31/2025
OUTDOOR 1500 METER				
M80	5:44.41	Lynn Rathjen (80)	Huntsville, AL	07/20/2025
OUTDOOR ONE MILE				
M80	6:22.16	Gary Patton (80)	Surprise, AZ	12/13/2025
OUTDOOR 3000 METER				
M65	10:24.55	Dan King (65)	Eugene, OR	05/04/2025
OUTDOOR 5000 METER				
M65	17:38.93	Dan King (66)	Los Angeles, CA	07/12/2025
W60	18:59.70	Lisa Veneziano (60)	Hillsdale, MI	06/27/2025
OUTDOOR 10000 METER				
M65	36:15.69	Dan King (66)	Shoreline, WA	08/06/2025
W40	32:19.40	Keira D'Amato (40)	Eugene, OR	07/31/2025
W55	36:38.32	Michelle Rohl (59)	Portland, OR	06/14/2025
OUTDOOR 300M HURDLES				
M70	48.03	Ron Stevens (71)	Moorpark, CA	05/04/2025
W35	52.58	Dalilah Muhammad (35)	Monaco, MON	07/11/2025
OUTDOOR 2000M STEEPLECHASE				
W90	20:54.78	Florence Meiler (91)	Huntsville, AL	07/18/2025
OUTDOOR HIGH JUMP				
W85	1.05	Kathy Bergen (85)	Moorpark, CA	06/07/2025
OUTDOOR POLE VAULT				
W40	3.65	Miranda Smith (41)	Huntsville, AL	07/20/2025
W90	1.30	Florence Meiler (91)	Huntsville, AL	07/20/2025
OUTDOOR TRIPLE JUMP				

W90	4.55	Florence Meiler (91)	Ames, IA	08/01/2025
W95	2.40	Hannele Lawrence (95)	Huntsville, AL	07/19/2025
OUTDOOR SHOT PUT (7.26KG)				
M35	22.48	Joe Kovacs (36)	Eugene, OR	07/05/2025
M90	10.20	Phil Shipp (90)	Huntsville, AL	07/17/2025
W85	8.16	Elsbeth Padia (87)	Huntsville, AL	07/18/2025
OUTDOOR HAMMER				
W50	55.57	Angela Herzner (50)	Scottsdale, AZ	06/21/2025
W65	41.57	Oneithea Lewis (65)	Hingham, MA	08/03/2025
OUTDOOR WEIGHT THROW				
W75	16.34	Myrle Mensey (76)	Huntsville, AL	07/19/2025
OUTDOOR SUPER WEIGHT THROW				
W75	10.43	Myrle Mensey (76)	Ladue, MO	09/06/2025
OUTDOOR DECATHLON				
W35	4450	Jayme Wyss (38)	Charlottesville, VA	08/09/2025
W80	2524	Nancy Berger (80)	Charlottesville, VA	08/09/2025
OUTDOOR THROWS PENTATHLON				
W50	4088	Angela Herzner (50)	Mesa, AZ	06/21/2025
W60	4450	Donna Beard (61)	Las Vegas, NV	10/03/2025
OUTDOOR ULTRA WEIGHT PENTATHLON				
M60	5034	Victor Demarines (62)	Hingham, MA	07/12/2025
W50	4986	Angela Herzner (50)	Scottsdale, AZ	06/01/2025
W65	5104	Oneithea Lewis (65)	Hingham, MA	10/04/2025
OUTDOOR 4X100M RELAY				
W35	48.21	Unattached	Huntsville, AL	07/18/2025
Ericka Charles (36); Latasha Dodson (35); Odeika Giscombe (36); Easter Grant (42);				
OUTDOOR 4X400M RELAY				
W40	3:51.85	Unattached	Moorpark, CA	06/07/2025

Christine Hufenbecher (45); Maureen Zivic (41); Christina Trucks (41);
Kristy Matthews (52);

W60 4:41.63 Unattached Huntsville, AL 07/20/2025

Lorraine Jasper (63); Judy Stobbe (60); Roxanne Springer (61); Sue
McDonald (62);

OUTDOOR 4X800M RELAY

W35 9:21.20 Unattached West Long Branch,
NJ 06/22/2025

Maureen Zivic (41); Courtney Decker (42); Stephanie Herrick (37); Olga
Kosichenko (37);

W60 10:45.23 Unattached Huntsville, AL 07/17/2025

Judy Stobbe (60); Lorraine Jasper (63); Terri Rath (61); Sue McDonald
(62);

W65 11:47.94 Unattached Fairfax, VA 05/24/2025

Nancy Simmons (65); Lesley Hinz (67); Cheryl Bellaire (66); Julie Hayden
(65);

W70 16:27.81 Atlanta Track Club Huntsville, AL 07/17/2025

Terry Ozell (72); Trenice Mullis Dubow (71); Francoise Levinson (72);
Cynthia Lucking (71);

W75 19:34.93 Atlanta Track Club Huntsville, AL 07/17/2025

Joanie McMullan (75); Kathleen Allen (75); Andrea Mccarter (78); Norma
Hudnall (75);

W80 29:02.65 Atlanta Track Club Huntsville, AL 07/17/2025

Catherine Radle (81); Susan Hartman (80); Joyce Hodges-Hite (88); Myrna
Barnett (82);

OUTDOOR SHUTTLE HURDLE RELAY

W65 1:10.11 Unattached Huntsville, AL 07/20/2025

Kay Glynn (72); Patricia Clemmons (65); Jo Phelps (66); Karen Maxwell
(66);

OUTDOOR CLUB 4X100M RELAY

M60 48.01 Southwest Sprinters Track
Club Huntsville, AL 07/18/2025

Michael Bradecamp (61); Francois Boda (61); David Jones (60); John
Campbell (62);

M65	53.86	Mass Velocity Track Club	Philadelphia, PA	04/24/2025
Chris McConnell (68); David Neumann (65); Ian Smith (66); Stephen Gould (68);				
W45	51.95	Atlanta Track Club	Huntsville, AL	07/18/2025
Jameen Mathews (47); Inga McIntyre (45); Amanda Roberts (48); Angela Myers (46);				
W80	2:31.42	Atlanta Track Club	Huntsville, AL	07/18/2025
Catherine Radle (81); Susan Hartman (80); Joyce Hodges-Hite (88); Myrna Barnett (82);				

OUTDOOR CLUB 4X400M RELAY

M65	4:27.86	Mass Velocity Track Club	Philadelphia, PA	04/24/2025
Ian Smith (66); Stephen Gould (68); Chris McConnell (68); David Neumann (65);				
M75	6:42.41	So Cal Track Club	Huntsville, AL	07/20/2025
Colben Sime (91); Donald Loewe (77); Salih Talib (80); Gary Patton (79);				
W65	5:55.09	Liberty Athletic Club	Waltham, MA	06/08/2025
Jacqueline Shakar (65); Alda Cossi (69); Judy Copley (65); Julie Menosky (65);				
W65	5:38.92	Greater Philadelphia TC	Huntsville, AL	07/20/2025
Vicki Fox (66); Debbie Hammond (66); Deborah DeHaven (66); Julie Hayden (65);				
W70	7:14.28	Atlanta Track Club	Huntsville, AL	07/20/2025
Terry Ozell (72); Trenice Mullis Dubow (71); Françoise Levinson (72); Cynthia Lucking (71);				
W75	8:44.43	Atlanta Track Club	Huntsville, AL	07/20/2025
Norma Hudnall (75); Kathleen Allen (75); Andrea McCarter (78); Susan Aderhold (77);				

OUTDOOR CLUB 4X800M RELAY

W60	11:42.25	Greater Philadelphia TC	Alexandria, VA	08/31/2025
Betsy Stewart (62); Lorraine Jasper (63); Terri Rath (61); Julie Hayden (65);				
W65	13:45.39	Liberty Athletic Club	Waltham, MA	05/31/2025
Jacqueline Shakar (65); Alda Cossi (69); Judy Copley (65); Julie Menosky (65);				

W70 16:27.81 Atlanta Track Club Huntsville, AL 07/17/2025

Terry Ozell (72); Trenice Mullis Dubow (71); Francoise Levinson (72);
Cynthia Lucking (71);

W75 19:34.93 Atlanta Track Club Huntsville, AL 07/17/2025

Joanie McMullan (75); Kathleen Allen (75); Andrea Mccarter (78); Norma
Hudnall (75);

W80 29:02.65 Atlanta Track Club Huntsville, AL 07/17/2025

Catherine Radle (81); Susan Hartman (80); Joyce Hodges-Hite (88); Myrna
Barnett (82);

OUTDOOR CLUB SHUTTLE HURDLE RELAY

W65 1:31.12 Greater Philadelphia TC Huntsville, AL 07/20/2025

Claudia Simpson (71); Deborah DeHaven (66); Vicki Fox (66); Julie
Hayden (65);

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