

RECORD	M or W	Meters	Age	Mark	Names	Location	Date
List below is of Sept 30, 2025							
Masters All-Time List: Nationals 2011 to 2025; 2013 St Charles, MO; 2015 Penn Relays; 2021 Marble Falls and Vienna/Alexandria, VA							
Not Eligible: Exhibitions; 2006 Mesa, Arizona; 2018 Birmingham, AL; 2016 USA Masters Games; Nationals 2007/2009/2010; and prior to 2006							
American Record	Men	320 M	80-84	2:38.95	NON-CLUB : George Roudebush (93), William Jankovich (84), Robert Paulen (81), Roger Vergin (80)	Spokane, WA	2018-Jul-27
American Record	Men	320 M	75-79	1:18.76	NON-CLUB: Howard Booth (75), David Marovich (76), Michael Burns (76), Thomas Gomillion (76)	Ames, IA	2019-Jul-12
American Record	Men	320 M	70-74	1:00.61	NON-CLUB: Russell Jacquet-Acea (70), Jim Sharps (78), Ernie Snodgrass (70), Larry Vollmer (70)	Greensboro, NC	2023-Jul-21
	Men	320 M	70-74	1:02.10	NON-CLUB: Max Siu (71), Larry Vollmer (71), Russell Jacquet-Acea (71), Ernie Snodgrass (71)	Sacramento, CA	2024-Jul-19
Former American Record	Men	320 M	70-74	1:07.07	NON-CLUB : Fred Niedmeyer (72), Bob Osterhoudt (70), Terry Pliner (74), Terry Rowan (72)	Lisle, IL	2012-Aug-03
	Men	320 M	70-74	1:10.24	NON-CLUB: Bob Green (70), Doug Bryant (70), Randall Olson (71), Ivan Black (70)	Ames, IA	2019-Jul-12
American Club Record (also Former American Record)	Men	320 M	70-74	1:10.70	CLUB: Over the Hill TC: Barry Kline (71), John Sloan (71), Charles Bartholomew (71), Grover Coats (72)	Berea, OH	2011-Jul-31
	Men	320 M	70-74	1:14.53	NON-CLUB: Ivan Black (72), Randall Olson (73), Ed Baskauskas (71), Harold Tetzlaff (75)	Ames, IA	2021-Jul-23
	Men	320 M	70-74	1:15.74	NON-CLUB: David Black (70), Frederick Monesmith (75), John Mcnamee (70), Ivan Black (74)	Greensboro, NC	2023-Jul-21
	Men	320 M	70-74	1:46.83	NON-CLUB: Robert Paulen (79), David Marovich (73), Harold Tetzlaff (70), Dennis Schrage (71)	Grand Rapid, MI	2016-Jul-17
American Record	Men	400 M	65-69	1:19.90	NON-CLUB: Mahmoud Niroumand (66), Mark Jakubowski (66), Jeffery Davison (65), Rodney Atherton (67)	Greensboro, NC	2023-Jul-21
Former American Record	Men	400 M	65-69	1:29.74	NON-CLUB: Ivan Black (66), John Harbulak (69), Doug Bryant (66), Bob Green (66)	Jacksonville, FL	2015-Jul-25
	Men	400 M	65-69	1:33.91	NON-CLUB: Randall Olson (70), Ivan Black (69), Gene Iwen (67), Edward Baskauskas (68)	Spokane, WA	2018-Jul-27
American Record	Men	400 M	60-64	1:07.33	NON-CLUB: David McNair (65), Eugene Anton (63), Jeff Brower (62), Reggie Garner (61)	Marble Falls, TX	2021-Dec-11
Former American Record	Men	400 M	60-64	1:08.07	NON-CLUB : Russell Jacquet-Acea (61), Rick Lapp (64), Ernie Snodgrass (61), Thaddeus Wilson Sr (63)	Winston-Salem, NC	2014-Jul-19
Former American Record	Men	400 M	60-64	1:11.48	NON-CLUB: Ozzie Binion (64), Sergio Angulo (60), James Broun (60), Jim Dolezel (62)	Lisle, IL	2012-Aug-03

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	Men	400 M	60-64	1:12.82	NON-CLUB: Mark Jakubowski (62), Ernie Snodgrass (66), Kenneth Lacey (65), Russell Jacquet-Acea (66)	Ames, IA	2019-Jul-12
American Club Record	Men	400 M	60-64	1:12.89	CLUB: SoCal TC: David McLawhorn (63), Eugene Anton (60), Mahmoud Niroumand (61), Jeffery Davison (60)	Spokane, WA	2018-Jul-27
	Men	400 M	60-64	1:13.37	NON-CLUB: Timothy McMahon (60), Robert McDaniels (62), Jeff Brower (60), Eugene Anton (61)	Ames, IA	2019-Jul-12
	Men	400 M	60-64	1:16.53	NON-CLUB: Randall Olson (65), Jim Dolezel (63), Frederick Monesmith (65), Max Siu (60)	Olathe, KS	2013-Jul-11-14
	Men	400 M	60-64	1:18.26	NON-CLUB: Russell Jacquet-Acea (64), Robert McDaniels (60), Ernie Snodgrass (64), Mark Jakubowski (60)	Baton Rouge, LA	2017-Jul-16
	Men	400 M	60-64	1:18.62	NON-CLUB: David Roberts (64), Robert McDaniels (64), Ernie Snodgrass (68), Eugene Anton (63)	Ames, IA	2021-Jul-23
	Men	400 M	60-64	1:19.86	NON-CLUB: Russell Jacquet-Acea (62), Ross Jones (62), Frederick Monesmith (67), Ed Baskauskas (65)	Jacksonville, FL	2015-Jul-25
	Men	400 M	60-64	1:21.70	(International team) David Black (68), Douglas Boehr (68), * Luis Huarcaya (62), Kenneth Lacey (67)	Ames, IA	2021-Jul-23
Former American Club Record	Men	400 M	60-64	1:23.51	CLUB: TNT RC: Lawrence Nolly (65), Thomas Tinsman (61), James Frontino (64), Bernie Linner (65)	Winston-Salem, NC	2014-Jul-19
	Men	400 M	60-64	1:23.51	NON-CLUB: Ivan Black (65), Gene Iwen (63), Frederick Monesmith (66), Edward Baskauskas (64)	Winston-Salem, NC	2014-Jul-19
	Men	400 M	60-64	1:24.14	NON-CLUB: John Mcnamee (60), Douglas Boehr (60), Ivan Black (64), Bob Larson (60)	Olathe, KS	2013-Jul-11-14
	Men	400 M	60-64	1:25.06	NON-CLUB: Michael Jones Sr. (62), Keith McQuitter (63), Joseph Peebles (62), Brian Conley (61)	Lexington, KY	2022-Jul-29
	Men	400 M	60-64	1:25.06	NON-CLUB: Wayne Fisher (67), Randy McDermott (63), Ernie Snodgrass (69), Mark Jakubowski (65)	Lexington, KY	2022-Jul-29
	Men	400 M	60-64	1:27.25	NON-CLUB: Kenneth Lacey (63), Ivan Black (68), Randall Olson (69), Gene Iwen (66)	Baton Rouge, LA	2017-Jul-16
Former American Record	Men	400 M	60-64	1:30.55	NON-CLUB: Ross Bolding (65), Neal Schuster (63), Ozzie Binion (63), Ivan Black (62)	Berea, OH	2011-Jul-31
	Men	400 M	60-64	1:30.80	NON-CLUB: David Black (66), Gene Iwen (68), Randy McDermott (60), Paul Sabree (60)	Ames, IA	2019-Jul-12
	Men	400 M	60-64	1:33.58	CLUB: So Cal Track Club: Dave McNair (67), Robert McDaniels (66), Eugene Anton (65), Reggie Garner (63)	Greensboro, NC	2023-Jul-21
	Men	400 M	60-64	1:34.19	NON-CLUB: David Black (63), Rick Lapp (66), Bill Cheadle (63), James Woosley (67)	Grand Rapid, MI	2016-Jul-17

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	Men	400 M	60-64	1:37.59	CLUB: TNT RC: Lawrence Nolly (67), James Frontino (66), Jim Sharps (71), William Ransom (62)	Grand Rapid, MI	2016-Jul-17
	Men	400 M	60-64	1:39.45	NON-CLUB: Joe Johnston (68), Ross Bolding (66), Neal Schuster (64), Randall Olson (64)	Lisle, IL	2012-Aug-03
American Record	Men	400 M	55-59	1:11.29	NON-CLUB: Mark Jakubowski (55), Robert McDaniels (55), Ernie Snodgrass (59), John Hadrick (55)	Lisle, IL	2012-Aug-03
	Men	400 M	55-59	1:16.44	NON-CLUB: Michael Jones Sr (55), Tim McMahon (56), Robert McDaniels (57), Lloyd Jeremiah (56)	Penn Relays	2015-Apr24
American Club Record	Men	400 M	55-59	1:42.98	CLUB: So Cal Track Club: Eugene Anton (64), Robert McDaniels, (65), David McLawhorn (67), Joseph Ols (58)	Lexington, KY	2022-Jul-29
American Record	Men	400 M	50-54	1:01.81	NON-CLUB : Darnell Gatling, Sr. (54), Michael Jones, Sr. (54), Kerry Sloan (51), Mark Williamson (56)	Winston-Salem, NC	2014-Jul-19
	Men	400 M	50-54	1:02.04	NON-CLUB: Kerry Sloan (52), Keith McQuitter (55), Darnell Gattling (55), Damon Blakemore Sr (53)	Penn Relays	2015-Apr24
	Men	400 M	50-54	1:03.10	NON-CLUB: Robert Stanley (55), Eugene Anton (57), Dexter McCloud (55), Malcolm Hairston (53)	Penn Relays	2015-Apr24
Former American Record	Men	400 M	50-55	1:03.15	NON-CLUB: Robert Stanley (53), Mark Williamson (55), Eugene Anton (55), Darnell Gatling (53)	St Charles, MO	2013-May19
	Men	400 M	50-54	1:03.20	NON-CLUB: Mark Williamson (55), Robert Stanley (53), Jeff Brower (54), Kerry Sloan (50)	Olathe, KS	2013-Jul-11-14
	Men	400 M	50-54	1:03.25	NON-CLUB: Robert Stanley (53), Mark Williamson (55), Keith McQuitter (54), Darnell Gatling (53)	St Charles, MO	2013-May19
	Men	400 M	50-54	1:03.37	NON-CLUB: Damon Blakemore Sr (53), Michael Jones Sr (55), Mark Williamson (57), Kerry Sloan (52)	Jacksonville, FL	2015-Jul-25
	Men	400 M	50-54	1:03.38	NON-CLUB: Damon Blakemore Sr (52), Roland Khoo (51), Jeff Brower (55), Keith McQuitter (55)	Winston-Salem, NC	2014-Jul-19
Former American Record	Men	400 M	50-54	1:04.29	NON-CLUB: Reggie Garner (52), Chris McConnell (50), Keith McQuitter (53), Michael Janusey (54)	Lisle, IL	2012-Aug-03
Former American Record	Men	400 M	50-54	1:04.95	NON-CLUB: Mark Jakubowski (54), Arthur Gus Smith (50), Jeff Brower (52), Mark Williamson (53)	Berea, OH	2011-Jul-31
	Men	400 M	50-54	1:07.15	NON-CLUB: Karnell Vickers (50), Darnell Gatling Sr (57), Michael Johnson (50), Kerry Sloan (54)	Baton Rouge, LA	2017-Jul-16
	Men	400 M	50-54	1:08.05	NON-CLUB: Robert McDaniels (56), Robert Bayless (55), Arthur Gus Smith (52), Noel Ruebel (56)	Olathe, KS	2013-Jul-11-14

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	Men	400 M	50-54	1:11.64	NON-CLUB: Jeff Brower (56), Joseph Ols (51), Chris McConnell (53), James Eckenrode (52)	Jacksonville, FL	2015-Jul-25
	Men	400 M	50-54	1:11.72	NON-CLUB: Alfredo Sanchez (52), Matt Hamilton (51), Phil Cannon (59), Wale Aka-Bashorun (53)	Sacramento, CA	2024-Jul-19
	Men	400 M	50-54	1:13.42	(International team) * Carlos De Freitas (51), Jonathan Mehl (52), Alfredo Sanchez (50), John McKenzie (57)	Lexington, KY	2022-Jul-29
	Men	400 M	50-54	1:14.61	(International team) Ron Hilton (56), Hakan Eksi (51), Phil Cannon (56), * Carlos De Freitas (50)	Ames, IA	2021-Jul-23
	Men	400 M	50-54	1:15.24	NON-CLUB: Jeff Brower (57), Kerry Sloan (53), James Smith (50), Mark Jakubowski (59)	Grand Rapid, MI	2016-Jul-17
American Club Record	Men	400 M	50-54	1:20.26	CLUB: Over the Hill TC: Derek McKinley (50), Sam Webb (53), Tim Barnes (51), Christopher Stephens (54)	Berea, OH	2011-Jul-31
	Men	400 M	50-54	1:21.86	[Internation team]: Terrence Young (53), Matt Hamilton (52), Derek Hughes (50), * Petrus Sundevall (51)	Huntsville, AL	2025 Jul 20
	Men	400 M	50-54	1:22.47	NON-CLUB: Lamar Hasbrouck (57), Terrence Young Sr (51), Hakan Eksi (53), Phil Cannon (58)	Greensboro, NC	2023-Jul-21
	Men	400 M	50-54	1:25.51	CLUB: So Cal TC: Claudio Andrade (50), David McLawhorn (62), Joseph Ols (53), Jeffery Davison (59)	Baton Rouge, LA	2017-Jul-16
	Men	400 M	50-54	1:28.43	NON-CLUB: David Gates (52), Phillip Bennett (55), Joseph Peebles (59), Jeffery Davison (61)	Ames, IA	2019-Jul-12
	Men	400 M	50-54	1:29.01	CLUB: Great Philadelphia Track Club: Chuck Kruelle (55), William Martin (51), Walé Aka-Bashorun (52), Jayson Ness (52)	Greensboro, NC	2023-Jul-21
	Men	400 M	50-54	1:41.30	CLUB: Over The Hill TC: Tim Barnes (56), Frank Makozy (56), Thomas Jenkins (65), Donald Porz (52)	Grand Rapid, MI	2016-Jul-17
	Men	400 M	50-54	1:51.35	NON-CLUB: Phil Cannon (57), Hakan Eksi (52), David Gates (55), Gaither Jenkins III (53)	Lexington, KY	2022-Jul-29
American Record	Men	440 M	45-49	1:16.10	NON-CLUB: Kurt Carter (45), Christopher Hilfiger (46), Anthony Majeran (46), Francis Shen (45)	Greensboro, NC	2023-Jul-21
Former American Record	Men	440 M	45-49	1:20.24	NON-CLUB: James Smith (48), Lee Faulkner (45), Michael Johnson (47), Jeffery Davison (56)	Winston-Salem, NC	2014-Jul-19

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American Record	Men	440 M	40-44	1:14.00	NON-CLUB : Joseph Ols (47), Kerry Sloan (48), Eugene Anton (53), Don Drummond (42)	Berea, OH	2011-Jul-31
	Men	440 M	40-44	1:14.44	NON-CLUB: Kurt Carter (43), Jason James (41), Josh Robbins (45), Edwin Shannon (45)	Ames, IA	2021-Jul-23
	Men	440 M	40-44	1:23.65	NON-CLUB: James Smith (46), Eugene Anton (54), Michael Johnson (45), John Zuehlke (42)	Lisle, IL	2012-Aug-03
	Men	440 M	40-44	1:43.15	NON-CLUB: Michael Johnson (46), Jeffery Davison (55), Arthur Nelson III (43), Darren Cox (43)	Olathe, KS	2013-Jul-11-14
American Club Record	Men	440 M	40-44	2:04.49	CLUB: Atlanta Track Club: Jordan Eison (48), Jeff Mabry (49), Kenneth Camp (43), Jonathan Miles (45)	Greensboro, NC	2023-Jul-21
American Record	Men	440 M	35-39	1:01.82	NON-CLUB: Elliot Whaley (36), James Wade (37), Roman Marenin (40), Jody Shepard (37)	Greensboro, NC	2023-Jul-21
Former American Record	Men	440 M	35-39	1:02.79	NON-CLUB : Christopher Ricketts (35), Edwin Hagans (38), Brian Ricketts (35), Belgie McClelland II (35)	Lisle, IL	2012-Aug-03
	Men	440 M	35-39	1:03.28	NON-CLUB: Jeferson Souza (42), Brad Goodrich (35), Francis Shen (39), Jesse Morrow (35)	Baton Rouge, LA	2017-Jul-16
	Men	440 M	35-39	1:04.49	NON-CLUB: Brian Ricketts (37), Christopher Ricketts (37), Lewis Edmonson Jr (35), Jayson Vazquez (37)	Winston-Salem, NC	2014-Jul-19
	Men	440 M	35-39	1:13.53	NON-CLUB: Nick Casillas (35), Roman Marenin (36), Francis Shen (41), Matt Hamilton (46)	Ames, IA	2019-Jul-12
American Club Record	Men	440 M	35-39	1:22.17	CLUB: TNT RC: Negasi Gerima (38), Michael Jackson (43), Daniel Murdock (42), David Ash (45)	Grand Rapid, MI	2016-Jul-17
	Men	440 M	35-39	1:31.03	NON-CLUB: Francis Shen (38), David Peterson (39), Jayson Vazquez (39), Jeffery Davison (58)	Grand Rapid, MI	2016-Jul-17
	Men	440 M	35-39	1:36.14	Atlanta TC: Scott Gaglia (44), Jeff Mabry (51), Michael Brown (46), James Wade (39)	Huntsville, AL	2025 Jul 20
Unofficial: Meet Record	Men	440 M	30-34	1:11.18	NON-CLUB: Quinton Harley, (32), Jason James, (43), Blair Todd Sr. (45), Ryan Owen (44)	Greensboro, NC	2023-Jul-21
	Men	440 M	30-34	1:20.52	NON-CLUB: Mateo Montoya-Collis (43), Roman Marenin (41), Nick Blakey (33), Devante Kinlaw (31)	Sacramento, CA	2024-Jul-19
Unofficial: Meet Record	Men	440 M	25-29	1:05.28	NON-CLUB: Wayne Reynolds II (42), Ryan Dukes (31), Gerrand Moody (27), Teran Wakefield (32)	Greensboro, NC	2023-Jul-21
Unofficial: Former Meet Record	Men	440 M	25-29	1:08.59	NON-CLUB: Roman Marenin (38), Matt Hamilton (48), Ryan Dukes (29), Gerrand Moody (25)	Ames, IA	2021-Jul-23

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	Men	440 M	25-29	1:12.81	NON-CLUB: Maalik Marshall (27), Kurt Carter (44), Matt Hamilton (49), Francis Shen (44)	Lexington, KY	2022-Jul-29