

Officers

President Bill Bigelow 827 Oxford Street Berkeley, CA. 94707 510-524-4090

Vice President John T. Burns D.D.S 3554 Springhill Road Lafavelle, CA. 94549 510-284-2240

Secretary/Treasurer Raymond Yeck 4981 Ridgeview Drive Antioch. CA. 94509 510-754-6856

President Emeritus Edward Manougian 1517 Summit Road Berkelev, CA. 94708 510-843-9247

Executive Committee Bill Bigelow John T. Burns Raymond Yeck Mark Grubi Kathleen Yeck

Board Of Directors LDR COM. REP. Ruth Anderson 1091 Gaspar Drive Oakland, CA. 94611 510-339-0563

PAC/USATF REP. John T. Burns 3554 Springhill Road Lafavette, CA. 94549 510-284-2240

COACH Mark Grubi P.O. Box 424512 San Francisco, CA. 94142 415-285-3352

NEWSLETTER EDITOR Josephine Kolda 3784 Army Street San Francisco, CA. 94110 415-285-3352

Northern California Seniors Track Club, Inc. SEPTEMBER: 1994 p.1



THE NORTHERN CALIFORNIA SENIORS T&F CLASSIC, SEPTEMBER 10, U.C. BERKELEY.

The weather was perfect and the officials did an excellent job of running the meet on the scheduled time, making it possible for the several outstanding performances. Pictured above is the new world record 4 X 800 relay team: Dennis Duffy, Harvey Franklin, Ramsey Thomas and Bill McMillian, for men ages 50-59, the first three being on the same team that set the world record for the 4 % 800, age 40-49 relay. The new record for the 50-59 team is 8:45.88.

Stan Whitley (age 48) gave world class performances in the 100 and 200 meters, with 11.27 and 22.72 respectively. Stan is the holder of the age 45 world record of 11.03. Stan broke Ken Dennis^Tes record of 22.9 at the Nationals in August in Eugene with a 22.13, unable to break his own record on September 10, he still gave an exceptional performance. (As of 1993 Martyn Adamson had held the age 48 record of 23.1 in the 200, set July 18, 1987.)

Peter Grimes (35) awed us with a 51.1 400 meters intermediate hurdles performance (36" hurdles). Since this is better than the 51.9 set by James King for age 36 in 1985, Peter's time is the second best world group record. Peter's 14.41 110 39" high hurdles time is close to the Thane Baker age 35 time of 14.2. He also ran 23.23 in the 200 meters. Cont. on p.2.







400 Hurdles

300 Intermediate Hurdles Peter H. Grimes(35) Joy Upshaw-Margerum(33)45.1 Marion Sanchez (62) 45.4

TAC #: 109 CA. CORP #: 1275994 CANON-PROFIT: CT-6168

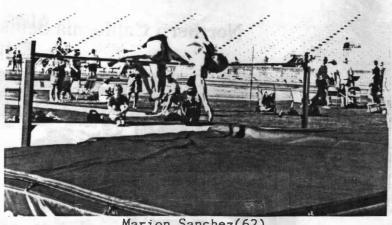
ACTIVITIES

Martinez to Port Costa Brick Yard Run

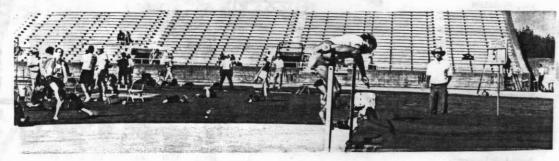
Ken Carnine T&F Classic Michael Ackley, Director 4649 Oakbough Way Charmichael, CA. 95608 916-966-8987

Dick Houston Memorial Woodminitser Run Gail Wetzork, Director 3452 Capella Lane Alameda, CA. 94501 510-522-3724

NCSTC T&F Classic Mark Grubi, Director P.O. Box 424512 San Francisco, CA. 94 415-285-3352



Marion Sanchez(62)



Donald Dvorak(52)

cont. from p. 1 - NCSTC Classic

Ross Carter (80) threw the 4K shot 11.85 meters (the 1993 record book shows the group world record was 11.15); and his 1K discus throw was 36.16, bettering the age American record of 31.20 (by Leon Joslin) established in 1992, and bettered the American group record of 31.62 set by Ken Carnine in 1989.

Joe King (68) set a new age 68 world record of 11:21.8 in the 3,000 meters (the old age 68 record as of 1993 was was 11:25 held by David Morrison (GBR).

Joe Keshmiri (57) threw the 1.5K discus 51.62, close to the world age record of 51.70 held as of 1993 by Wendell Palmer of Texas.

Joy Upshaw-Margerum (33), a five gold medal winner at the Nationals, won her five events (100M, 100HH, 200, Long Jump and 300 Intermediate hurdles) decisively, the best woman competitor of the meet.

Vicki Bigelow (59) ran the 3000M in 12.09.0 bettering the American age record shown in the 1993 record book of 12:12, for women.

There were many noteworthy performances. David Romaine won the men's 50 400 meters in 59.83, his first race after a very serious automobile accident about 5 years ago. Although he has been slowly redeveloping his leg, which is still numb, he couldn't bear the thought of not running again. David Timmons (31), a former U.C. Berkeley 800% star, started a come back with a 400M run. Full results are on pages 3 and 4. Norman Cornwell (45) ran a strong 800M in 2:02.2.

We thank the people who came from Southern California and other states to make this competition so interesting. We thank the club members and U.C. student athletes who helped and the officials for their superb work, and Dorfman Pacific for hats for them. Don Rose provided the pictures and Dan Behrens controlled the registration desk; etc. etc. And, thank you, Director Mark Grubi for your unselfish devotion to the sport and it's followers.

No CA SRS T&F Classic Berkeley, CA September 10, 1994

M30	68) 5:35.1 illar(42)5:05.5 nson(38)12.07.9 y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.86 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Alan Williams (30) DQ M35 Noah Levingston(35) 11.78 Mark Quinlan(39) 12.62 Todd Robinson(38) 14.03 M40 Will Stokes(40) 11.76 Louis Bartholonew 12.28 Riley McHugh(44) 12.31 Roger Trujillo(44) 12.62 Joe Sahagun(41) 12.96 Larry Amerson(44) 13.28 Kevin W. Mangan(42)14.87 Paul Raymond(46) 12.04 Ray Yeck(46) 12.48 Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) 13.21 Terrence Keeney(51) 26.98 M65 Joe King(Marvin Smoller(60) 27.12 Marvin Smoller(60) 28.24 Allen L. Schmidt(60)33.33 M40 Ray Sible M65 Marvin Smoller(60) 27.12 Marvin Smoller(60) 28.24 Allen L. Schmidt(60)33.33 M40 Ray Sible M65 Marvin Smoller(60) 28.24 M70 Dick Petch 36.84 James Tur Jerry Goo M55 Karl Grie W65 Joe King(M670 Dick Petch 36.84 James Tur Jerry Goo M55 Karl Grie W65 Joe King(M670 Dick Petch 36.84 W65 Joe King(M670 David Timmons(31) 54.83 M675 David Timmons(31) 54.83 M675 David Romaine 59.83 M675 Ed Manougian(65) 73.91 M675 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marvin Smoller(60) 14.24 M675 Joe King(M675 Joe King(M677 David Romaine 59.83 M675 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M675 M675 Marvin Smoller(60) 64.89 M675 David Romaine 59.83 M675 Ed Manougian(65) 73.91 M675 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M675 M675 Marvin Smoller(60) 14.24 M675 Marvin Smoller(60) 14.24 M750 M675 Marvin Smoller(60) 28.24 M760 Marvin Smoller(60) 14.24 M750 M675 Marvin Smoller(60) 14.24 M750 M750 M675 Marvin Smoller(60) 14.24 M750 M750 M750 M750 M750 M750 M750 M750	pel(55) 4:56.8 68) 5:35.1 illar(42)5:05.5 nson(38)12.07.9 y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.8 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
M35 Noah Levingston(35) 11.78 Mark Quinlan(39) 12.62 Todd Robinson(38) 14.03 Mark Quinlan(39) 12.62 Bob Fuller(57) 28.2 Bob Fuller(57) 29.72 M40 Marion Sanchez(60) 27.12 M65 Joe King(Mark Quinlan(39) 12.62 Bob Fuller(57) 29.72 M40 Marion Sanchez(60) 27.12 M65 Joe King(Mark Quinlan(39) 12.62 Bob Fuller(57) 29.72 M40 Marion Sanchez(60) 27.12 M65 Joe King(Mark Quinlan(39) 12.62 M55 Phil Maresca(55) 28.2 M40 Melinda V Marion Sanchez(60) 27.12 M65 Joe King(Mark Quinlan(49) 12.84 M65 Joe King(Mark Quinlan(49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50)	68) 5:35.1 illar(42)5:05.5 nson(38)12.07.9 y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.86 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Mark Quinlan(39) 12.62 Bob Fuller(57) 29.72 Bob Fuller(57) 29.72 M40 Melinda V Marion Sanchez(60) 27.12 M60 Marion Sanchez(60) 28.24 M40 Melinda V Marvin Smoller(60) 27.12 M40 Melinda V Marvin Smoller(60) 28.24 M40 Melinda V Marvin Smoller(60) 28.24 M40 Melinda V Marvin Smoller(60) 27.12 M40 Melinda V Marvin Smoller(60) 28.24 M40 Melinda V Mavoller Sender Sender Mavoller Marvin Smoller(60) 28.24 M40 Melinda V	nson(38)12.07.9 y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.86 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
M40 Will Stokes(40)	nson(38)12.07.9 y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.86 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
M40 Will Stokes(40) 11.76 Louis Bartholonew 12.28 (41) Riley McHugh(44) 12.31 Roger Trujillo(44) 12.62 Joe Sahagun(41) 12.96 Larry Amerson(44) 13.28 Kevin W. Mangan(42)14.87 Paul Raymond(46) 12.04 Ray Yeck(46) Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) Marvin Smoller(60) 14.24 Marvin Smoller(60) 14.24 M60 Marvin Smoller(60)	y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8
Marvin Smoller(80) 28.24 M35 Todd Robin 12.28 Marvin Smoller(80) 28.24 M35 Todd Robin M40 Ray Sible M30 Dick Petch M30 Dick P	y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8
Louis Bartholonew	y(40) 9:58.5 ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8
Riley McHugh(44) 12.31 Roger Trujillo(44) 12.62 Joe Sahagun(41) 12.96 Larry Amerson(44) 13.28 Kevin W. Mangan(42)14.87 Paul Raymond(46) 12.04 Ray Yeck(46) 12.48 Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Ray Sible Ed Manougian(65) 30.97 M45 Teddy Wal M45 Teddy Wal Journal (65) 30.97 M55 Teddy Wal Journal (65) 30.97 M55 Teddy Wal Journal (65) 30.97 M55 Teddy Wal James Tur Jerry Goo M55 Karl Grie Was Martie Behrens(46) 33.46 M65 Martie Behrens(46) 33.46 M65 Joe King(Boyce Jac Was Sible Ed Manougian(65) 30.97 M65 Karl Gene Gill James Tur Jerry Goo M55 Karl Grie Was Martie Behrens(46) 33.46 M65 Joe King(Boyce Jac Was Sible M45 Paul Raymond(46) 58.19 M55 Vicki Big M55 Vicki Big M55 M65 Ed Manougian(65) 73.91 M65 Ed Manougi	ton(47) 13:26.9 igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8
Riley McHugh(44) 12.31 Roger Trujillo(44) 12.62 Joe Sahagun(41) 12.96 Larry Amerson(44) 13.28 Kevin W. Mangan(42)14.87 W30 Joy Upshaw-Margerum 27.37 Jerry Goo M55 Karl Grie W30 Stan Whitley(48) 11.27 Paul Raymond(46) 12.04 Ray Yeck(46) 12.48 Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62)	igan(53)10:36.6 ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8
Roger Trujillo(44) 12.62 Joe Sahagun(41) 12.96 Larry Amerson(44) 13.28 Kevin W. Mangan(42)14.87 M45 Stan Whitley(48) 11.27 Paul Raymond(46) 12.04 Ray Yeck(46) 12.48 Steve Gillman (49) 13.55 Billy Main(46) 14.04 M55 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(63) 14.24 M35 Mikos Mourtos(36) 2:08.7 M50 Marion Sanchez(62) 13.33 M60 Marion Sanchez(63) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(63) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.44 M35 Mikos Mourtos(36) 2:08.7 M50 Karl Grie Mos Karl Grie Mos Karl Grie Mos	ner(54) 10:58.7 dwin(52)11:00.1 penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.8 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Joe Sahagun(41) 12.96 Larry Amerson(44) 13.28 Kevin W. Mangan(42)14.87 M45 Stan Whitley(48) 11.27 Paul Raymond(46) 12.04 Ray Yeck(46) 12.48 Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M70 David Remaine South (31) 54.83 M45 Paul Raymond(46) 58.19 M55 Ed Manougian(49) 60.54 M50 David Romaine South (40) M35 Martie Behrens(46) 69.50 M55 Rita Kerr(59) 75.44 M55 Steve Rich M30 Joy Upshaw-Margerum 27.37 M55 Karl Grie M45 Keith Joh M65 Joe King(Boyce Jac M40 Sharlet Gil M65 Joe King(Boyce Jac M40 Sharlet Gil M65 Paul Raymond(46) 58.19 M65 David Romaine South (40) M35 Mikos Mourtos(36) 2:08.7 M60 Marvin Smoller(60) 64.89 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M750 David Romaine South (40) M55 Steve Rich M65 Marvin Smoller(60) 64.89 M65 Martie Behrens(46) 69.50 M60 Marvin Smoller(60) 14.24 M60 Marvin Smoller(60) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M750 David Romaine South (40) M65	dwin(52)11:00.1 penburg 10:26.8
W30 Joy Upshaw-Margerum 27.37	dwin(52)11:00.1 penburg 10:26.8
Martin Smoller (60) 14.24	penburg 10:26.8 (56) nson(56)11:16.8 68) 11:21.8 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Kevin W. Mangan(42)14.87 W35 Michele Lewis(36) 29.77 M45 Stan Whitley(48) 11.27 Valerie Scott(37) 32.54 Paul Raymond(46) 12.04 W45 Martie Behrens(46) 33.46 Ray Yeck(46) 12.48 W45 Martie Behrens(46) 33.46 Steve Gillman (49) 13.55 M65 Joe King(Boyce Jacenth M65 Joe Joe Joe King(Boyce Joe Joe Joe Joe Joe Joe Joe Joe Joe Jo	(56) nson(56)11:16.8 68) 11:21.8 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Paul Raymond(46) 12.04 Ray Yeck(46) 12.48 Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marvin Smoller(60) 14.24 M50 Marvin Smoller(60) 14.24 M50 Martie Behrens(46) 33.46 M65 Joe King(Boyce Jac M60 Marmons(31) 54.83 M40 Sharlet Gil M50 Vicki Big M50 David Romaine 59.83 Jerry Goodwin(52) 65.00 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 Stan Vega M65 Martie Behrens(46) 69.50 M60	nson(56)11:16.8 68) 11:21.85 ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Ray Yeck(46) 12.48 Steve Gillman (49) 13.49 Larry Hermann(49) 13.55 Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marvin Smoller(60) 14.24 M60 Marvin Smoller(60) 14.24 M60 Marvin Smoller(31) 2:10.1 M60 Marvin Smoller(60) 14.24 M65 Joe King(Boyce Jac M40 Sharlet Gil M50 David Romaine Steve Gillman(49) 60.54 M50 David Romaine Steve Gillman(49) 60.54 M60 Marvin Smoller(60) 64.89 M55 Vicki Bigs M60 Marvin Smoller(60) 64.89 M65 Joe King(Boyce Jac M60 Mayon Sall Romaine Steve Gillman(49) 60.54 M60 Marvin Smoller(60) 64.89 M65 Joe King(Boyce Jac M60 Marion Sall Romaine Steve Gillman(49) 60.54 M60 Marvin Smoller(60) 64.89 M65 Joe King(Boyce Jac M60 Marons(31) 54.83 M60 Marvin Smoller(60) 58.19 M60 Marvin Smoller(60) 60.54 M60 Marvin Smoller(60) 64.89 M65 Joe King(Boyce Jac M60 Marons(31) 54.83 M60 Marvin Smoller(60) 58.19 M60 Marvin Smoller(60) 60.54 M60 Marvin Smoller(60) 64.89 M65 Vicki Bigs M65 Vicki Bigs M65 Marvin Smoller(60) 64.89 M65 Marvin Smoller(60) 64.89 M65 Marvin Smoller(60) 60.54 M60 Marvin Smoller(60) 64.89 M65 Marvin Smoller(60) 60.54 M60 Marvin Smoller(60) 64.89 M65 M60 Marvin Smoller(60) 64.89	11:21.86 ques(67)11:59.27 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" hmond(59) 20.27
Steve Gillman (49) 13.49	ques(67)11:59.2 bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" hmond(59) 20.27
Steve Gillman (49) 13.49 M30 David Timmons(31) 54.83 W40 Sharlet Gil M45 Paul Raymond(46) 58.19 W55 Vicki Big Steve Gillman(49) 60.54 M50 Win Emert(50) 12.53 M61 Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M60 Marvin Smoller(60) 64.89 M55 Rita Kerr(59) M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M55 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(60) M30 Rob Lenderink(31) 2:10.1 M60 Marion Sanchez(60) M30 Rob Lenderink(31) 2:08.7 M30 R	bert(43)11:38.1 elow(59)12:09.0 les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" emond(59) 20.27
Larry Hermann(49) i3.55 Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marvin Smoller(60) 14.24 M50 David Romaine 59.83 Jerry Goodwin(52) 65.00 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 W45 Martie Behrens(46) 69.50 M40 Louis Barth W55 Rita Kerr(59) M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24	les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" nmond(59) 20.27
Billy Main(46) 14.04 M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M55 Steve Gillman(49) 60.54 M50 David Romaine 59.83 Jerry Goodwin(52) 65.00 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M55 Stan Vegal M55 Rita Kerr(59) 75.44 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M60 Marion Smoller(60) 14.24 M60 Marion Smoller(60) 14.24 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(63) 14.24	les Grimes 14.41 r 17.15 blomew(41)15.55 les 36" hmond(59) 20.27
M50 Win Emert(50) 12.53 Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M50 David Romaine 59.83 Jerry Goodwin(52) 65.00 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 W45 Martie Behrens(46) 69.50 M40 Louis Bartha W55 Rita Kerr(59) M55 Steve Rick M30 Rob Lenderink(31) 2:10.1 M60 Marion Smoller(60) 14.24 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M60 Marion Smoller(60) 14.24 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(63) 14.24	Grimes 14.41 r 17.15 plamew(41)15.55 les 36" nmond(59) 20.27
Mel Brooks(53) 12.57 Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 M60 Marion Smoller(60) 14.24 M60 Marvin Smoller(60) 64.89 M60	Grimes 14.41 r 17.15 plamew(41)15.55 les 36" nmond(59) 20.27
Dan Durante(50) 13.21 Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M40 Louis Barth W55 Rita Kerr(59) 75.44 M55 Rita Kerr(59) 75.44 M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M40 Louis Barth W55 Rita Kerr(59) 75.44 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 14.24 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M55 Stan Vegal W55 Rita Kerr(59) M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M50 Rob Lenderink(31) 2:10.1 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M55 Rita Kerr(59) M55 Rita Kerr(59) M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marvin Smoller(60) 64.89 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M55 Rita Kerr(59) M55 Steve Rick M60 Marvin Smoller(60) 14.24 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 M50 Rob Lenderink(31) 2:10.1 M55 Steve Rick M60 Marvin Smoller(60) 14.24	Grimes 14.41 r 17.15 plamew(41)15.55 les 36" nmond(59) 20.27
Terrence Keeney(31)13.33 Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 W45 Martie Behrens(46) 69.50 M55 Rita Kerr(59) 75.44 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(62) 13.33 M60 Marion Sanchez(63) 13.71 M60 Marion Sanchez(63) 13.71 M65 Ed Manougian(65) 73.91 Bob Jordan(66) 80.43 Stan Vega: W55 Rita Kerr(59) 75.44 M55 Steve Rick M60 Marion Sanchez(63) 13.33 M60 Marion Sanchez(63) 2:08.7 M60 Marion Sanchez(63) 13.33 M60 Marion Sanchez(63) 2:08.7 M60 Marion Sanchez(63) 13.33	Grimes 14.41 r 17.15 plamew(41)15.55 les 36" nmond(59) 20.27
Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M75 Ed Mantouglah(63) 75.91 Bob Jordan(66) 80.43 W45 Martie Behrens(46) 69.50 W55 Rita Kerr(59) 75.44 M55 Steve Rick M75 Steve Rick M75 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 13.33 M70 Rob Lenderink(31) 2:10.1 M75 Mikos Mourtos(36) 2:08.7 M75 M60 Marion Sanchez(62)	17.15 blamew(41)15.55 les 36" hmond(59) 20.27
Tony Craddock(52) 13.71 Bill Probst(51) 14.19 M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M55 Bob Jordan(66) 80.43 M40 Louis Barth W55 Rita Kerr(59) 75.44 M55 Steve Rick M55 Steve Rick M30 Rob Lenderink(31) 2:10.1 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 14.24	olomew(41)15.55 les 36" nmond(59) 20.27
M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 800 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M30 Rob Lenderink(31) 2:10.1 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez	les 36" nmond(59) 20.27
M55 Ben Anixter(56) 12.93 Phil Maresca(55) 13.92 Robert Fuller(57) 14.39 M60 Marion Sanchez(62) 13.33 Marvin Smoller(60) 14.24 M55 Rita Kerr(59) 75.44 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M30 Rob Lenderink(31) 2:10.1 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez(62) 14.24	les 36" nmond(59) 20.27
Robert Fuller(57) 14.39 800 M55 Steve Rick M60 Marion Sanchez(62) 13.33 M30 Rob Lenderink(31) 2:10.1 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez	nmond(59) 20.27
M60 Marion Sanchez(62) 13.33 M30 Rob Lenderink(31) 2:10.1 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez	
M60 Marion Sanchez(62) 13.33 M30 Rob Lenderink(31) 2:10.1 Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion Sanchez	0.011
Marvin Smoller(60) 14.24 M35 Mikos Mourtos(36) 2:08.7 M60 Marion San	33"
	nchez 16.11
Ben Rivera(61) 14.67 Stan Vegar(39) 2:11.5 W30 Joy Upsha	
Roy Acoff(60) 15.65 M40 Joe Montoya(43) 2:15.1 Margerus	
2.20.0	
TIN ((5) 1/ 0/	30"
Ed Manougian(65) 14.94 M45 Norman Cornwell(45) 2:02.2 M60 Marion San	
Bob Jordan(66) 15.42 Searcy Barnett(47)2:12.2 W30 Joy Upshar	v-Margerum
M75 Konrad Slaughter(75)18.7h M50 Joseph Austin(54) 2:25.2	(33) 45.1
W30 Joy Margerum(33) 13.27	36"
Rolanne Wilright (31)14.0/ Coorgo Ling (50) 2.30 3	
Karen Nelson(30) 14.25 M55 Neal Chappel1(55) 2:22.5	Grimes(35) 51.1
W35 Michele Lewis(36) 14.06 Karl Griepenburg 2:28.5 Relays	
Valerie Scott(3/) 14.11 (56)	
Karen Westmont (37)15.16 M60 Jan Matter (61) 2.00 0 4 X 800 NEW	WORLD RECORD
W55 Carol Lauren (58) 10 12 M60 Joe Metzgal (01) 3.04.9 M50 Dennis Duffy	, Harvey Franklin,
USO Printe Anderson (62) 10 (5 WSS Affile Confidence (50) 2.55.0 Bill McMilli	an, Ramsey Thomas
W60 Elsie Andersen(63) 19.45 W40 Melinda Villar(42)2:33.1 (West Valley	#1) 8:45.88
200 Nancy Ogle(41) 2:38./	
M30 Alan Tucker(33) 23.29 4 X 100 4 M35 "No Name"	I SELLIN MANAGER
Alan Williams(30) 24.98 M30 Pob Londonink(31) 4.35 0	
M35 Peter H. Grimes(35)23.23 M35 David Lucas(35) 4:35.9 Peter Grimes,	Ed Marchand, Stan
Mark Quinlan(39) 26.28 Wo B Cita (60) (77.0 Vegar)	45.92
M40 Will Stokes (40) 23.70 M40 Nor. Cal. Srs	
Piley McHugh(///) 2/ 52 H45 Teddy Walton(47) 0.19.1 B.Main, R. Ieck	, L.Bartholomew)
M/5 Char White Law(/0) 00 70 West Valley (P. Raymond,
Ties Stall whittey (40) 22.72 Tom Mann (52) 5:02.1 Dennis Duffy	Bill Probst,
Paul Raymond(40) 24.41 Gene Gilligan(53) 5:13.4 I Manor)	
	49.57
	49.57 argerum et al)52.31

M75 Rick Hustace(75) 15.78 M76 Do Botone(74) 19.68 M60 Dennis G. Rietz(60)32.10 M75 Rasal Terhune—	HAMMER		JAVELIN	TR.	IPLE JUMP	. 1
M70 Bo Do Stone (74) 19.68 M50 Demnis G. Rietz(60)32.10 M55 Rasal Terhune-Young(55) 41.02 M55 Rasal Terhune-Young(55) 41.02 M55 Bob Powers(45) 50.54 M50 Demnis G. Rietz(60) M50 Bob Powers(45) 50.54 M50 Demnis G. Rietz(60) M50 Bob Powers(45) 50.54 M50 Demnis G. Rietz(60) M50 Bob Powers(45) M50 Demnis G. Rietz(60) M50 Demnis G. Rietz(61) M50 Demni		15.78				38
M60 Dennis G. Rietz(60)32.10						
M55 Rasal Terhune- Young(55) 41.02 Richard Hotchkiss 39.90 Dale Harder(57) 26.11 SHOT N35 Stan Vegar 12.66 Todd Robinson(38) 7.77 M45 Mike Holzgang(45) 7.45 M50 Paul Thiel(31) 12.91 M11 Garrett(50) 10.95 Richard Hotchkiss 14.08 Shig Nizawa(37) 9.29 M60 Dennis g. rietz(60) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Yamg(55) 9.40 M60 Dennis g. rietz(60) 12.19 M60 Dennis n. rietz(60) 12.19 M60 Dennis n. rietz(60) 12.19 M60 Dennis n. rietz(60) 12.19 M60 Bonsoc(74) 18.17 M70 Ed Chynoweth(71) 12.12 Bob Stone(74) 18.362 M55 Stan Vegar Todd Robinson(38) 24.46 M55 Rick Hustace(75) 6.83 M55 Paul Thiel(51) 3.62 M60 Paul Thiel(51) 3.62 M50 Damal Burie Rietz(51) 3.62 M50 Damal Burie Rietz(51) 3.62 M50 Damal Burie Rietz(51) 3.62 M50 Paul Thiel(51) 3.62 M50 Damal Burie Rietz(51) 3.62 M50 Since (74) 8.82 John Ross(56) 3.88 Dale Harder(77) 3.82 M55 Stan Vegar Todd Robinson(38) 24.46 M57 Rick Hustace(75) 6.83 M58 Stan Vegar Todd Robinson(38) 24.46 M58 Richard Stanburk(55) 3.62 M59 Damal Burie Rietz(51) 3.62 M60 Marie Rietz(51) 3.62 M50 Damal Burie Rietz(51) 3.62 M60 Marie Rietz(51) 3.62 M60 Ross Carter(80) 3.88 M50 Bob Stone(74) 8.87 M60 Ross Carter(80) 3.88 M70 Rosk Carter(80) 3.89 M60 Ross Carter(80) 3.88 M70 Rosk Carter(80) 3.88 M70 Rosk Carter(80) 3.						
Young(55)		32.10				
Richard Hotchkiss 39,90 Dale Harder(57) 26.14 SHOT N35 Stan Vegar Todd Robinson(38) 7.77 M45 Mike Holzgang(45) 9.61 John Gallen(46) 7.45 M55 Paul Thiel(51) 12.91 Mill Garrett(50) 10.65 M55 Richard Hotchkiss 14.08 C(55) Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhner-Yung(55) 9.40 Shig Nilawa(57) 9.29 M60 Dennis g. rietz(60) 12.19 M60 Dennis g. rietz(60) 11.85 M57 Rick Hustace(75) 6.83 M58 Ross Carter(80) 11.85 M58 Starle Sangun(39) 6.62 M59 Starle Sangun(39) 6.62 M59 Donnal Abovrak(52) 1.47 M60 Dennis G. Rietz(60) 1.85 M60 Paul Thiel(51) 8.44 M75 Rick Hustace(75) 6.83 M60 Ross Carter(80) 11.85 M60 Paul Thiel(51) 3.62 Mill Garrett(50) 29.74 M60 Marion A. Sanchez(61) 1.47 Tyrone Nelson(52) 2.38 M60 Paul Thiel(51) 8.44 M60 Marion A. Sanchez(61) 1.47 Tyrone Nelson(52) 2.38 M50 Danal Barver(56) 8.59 Dale Harder(57) 31.64 M60 Marion A. Sanchez(61) 1.47 Tyrone Nelson(52) 2.38 M50 Danal Brituel(51) 3.62 Mill Garrett(50) 29.74 M60 Marion A. Sanchez(61) 1.47 Tyrone Nelson(52) 2.38 M50 Danal Brituel(51) 3.62 Mill Garrett(50) 29.74 M60 Marion A. Sanchez(61) 1.47 Tyrone Nelson(52) 2.38 M50 Danal Brituel(51) 3.62 M60 Paul Thiel(51) 8.44 M60 Marion A. Sanchez(61) 1.47 M60 Marion Mod(49) 4.62 M60 Marion A. Sanchez(61) 1.47 M60 Marion A. Sanchez		/ ₁ 02			The second secon	
Dale Harder(57) 26.14 SHOT SHOT M35 Stan Vegar Todd Robinson(38) 7.77 M56 Mite Holzgang(45) 9.61 John Callen(46) 7.45 M65 Paul Thiel(51) 12.91 Richard Barnaby(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Tung(55) 40. Shig Nilzawa(57) 9.29 M60 Dennis g. rietz(60) 12.19 M60 Dennis g. rietz(60) 13.36 M60 Ross Carter(80) 11.85 M60 Ross Carter(80) 11.85 M60 Ross Carter(80) 11.85 M60 Paul Thiel(51) 22.48 M60 Marion A. Sanchez(61) 1.47 M60 Ma			0 0 .			
Shorn Vegar 12.66 Todd Robinson(38) 7.77 M45 Mike Holzgang(45) 9.61 John Gallen(46) 7.45 M50 Paul Thiel(51) 12.91 Mill Garrett(50) 10.65 Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Yang(55) 4.64 W50 Dama Merie Rizet(50) 12.19 M60 Dennis g. rietz(60) 12.19 M60 Dennis g. rietz(60) 12.19 M60 Dennis g. rietz(60) 12.19 M60 Edines (4.15 Moreover) 12.21 M60 Edines (4.15 Moreover) 12.22 M60 Stone(74) 12.12 M60 Stone(74) 12.12 M60 Stone(74) 12.12 M60 Stane Vegar Todd Robinson(38) 24.46 M55 Stane Vegar Todd Robinson(38) 24.46 M55 Stane Vegar Todd Robinson(38) 24.46 M59 Rul Thiel(51) 33.62 M60 Dennis G. Rietz(60) 38.88 M50 Ross Carter(80) 11.85 M60 Dennis G. Rietz(50) 38.24 M60 Marion A. Sanchez(61) 1.47 M60 Ed Baskauskas(44) 1.67 Donn More Mike Garzillo(33) 3.70 M60 Ed Baskauskas(44) 1.67 Donn More Mike Garzillo(33) 3.70 M65 Dennis g. rietz(60) 22.68 M50 Pantica A. Comm(67) 6.83 M50 Ross Carter(80) 11.85 M50 Ross (56) M50 Donna Merie Rietz(51) 33.64 M50 Ross (56) M50 Donna Merie Rietz(51) 33.64 M50 Ross (56) M60 Dennis G. Rietz(60) 38.88 M50 Ross (56) M60 Dennis G. Rietz(60) 38.88 M50 Ross (56) M60 Dennis G. Rietz(60) 38.88 M50 Ross (56) M60 Dennis G. Rietz(60) M60 Merion A. Sanchez(61) M60 Merion A. Sanchez(62) M60 Merion A. Sanchez(63) M60 Merion A. Sanchez(64) M60 Merion A.						
Dennis Neufeld(51) 42.88 Follow Vegar 12.66 Todd Robinson(38) 7.77	Date Harder(57)	20.14				
Todd Robinson(38) 7.77 M55 Mike Holzgang(45) 9.61 John Gallen(46) 7.45 M50 Paul Thiel(51) 12.91 Mill Garrett(50) 10.65 M55 Richard Hotchkiss 14.08 (55) Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.40 Barlaby(56) 9.75 Rasal Terhune-Tymg(55) 9.40 Shig Nilzawa(57) 9.79 Rischard Barnaby(56) 12.19 M60 Dennis g. rietz(60) 12.19 Bob Stone(74) M58 M58 Rose Farie Sahagun(39) 6.62 W50 Dorna Marie Rietz(51) 11.85 M55 Rick Hustace(75) 6.83 M55 Paul Thiel(51) 33.62 M56 Paul Thiel(51) 33.62 M57 Rick Hustace(75) 53.40 M58 Rose Sarter(80) 32.86 M59 Paul Thiel(51) 33.62 M50 Paul Thiel(51) 33.62 M51 Rick Hustace(75) 53.40 M55 Rick Hustace(75) 54.62 John Gallen(46) 4.62 M50 Paul Thiel(51) 33.62 M51 Rick Hustace(75) 53.40 M55 Rick Hustace(75) 54.62 John Ross (56) 41.80 Karl S. Mayer(56) 40.12 M57 Rick Hustace(75) 6.83 M50 Paul Thiel(51) 33.62 Karl S. Mayer(56) 32.86 M50 Paul Thiel(51) 33.62 Karl S. Mayer(56) 32.86 M50 Paul Thiel(51) 33.62 M51 Rick Hustace(75) 6.83 M52 Rose Farie Sahagun(39) 21.42 M55 Rick Hustace(75) 53.40 M56 Dennis G. Rietz(60) 32.86 M50 Paul Thiel(51) 33.62 M51 Rick Hustace(75) 54.62 John Ross (56) 41.80 Karl Mayer(66) 12.94 M55 Rickhard Hotchkiss(55) 1.47 M56 Dennis G. Rietz(51) 40.44 M57 Rick Hustace(75) 6.83 M50 Ross Carter(80) 36.28 Rasal Terhune-Young(55) 31.16 M50 Dennis G. Rietz(60) 38.88 Dale Harder(57) 31.84 M50 Ross Carter(80) 36.84 M50 Ross Carter	SHOT				barbara Stratton(4/)/.	30
Todd Robinson(38) 7.77 M45 Mike Holzgang(45) 9.61 John Gallen(46) 7.45 M50 Paul Thiel(51) 12.91 Mill Garrett(50) 10.65 M55 Richard Hotchkiss 14.08 Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Yung(55) 9.40 Shig Nilazau(57) 9.29 M60 Dennis g. rietz(60) 12.19 M70 Ed Chynoveth(71) 12.12 Bob Stone(74) 6.84 M75 Rick Hustace(75) 6.83 M80 Ross Carter(80) 11.85 M50 Dona Marie Rietz(51) 5.84 M65 Patricia A. Osmo(67) 6.35 DISCUS M35 Stan Vegar 38.24 Todd Robinson(38) 24.46 M46 Mike Holzgang(45) 22.68 M50 Dona Marie Rietz(51) 5.84 M65 John Gallen(46) 6.83 M66 Dennis G. Rietz(60) 22.88 M50 Dona Marie Rietz(51) 5.84 M65 John Gallen(46) 6.83 M66 Dennis G. Rietz(60) 18.20 M67 Sarker Horbinson(59) 1.42 Steve Richmond(59) 1.42 M50 Dona Marie Rietz(51) 5.84 M65 John Gallen(46) 6.83 M67 Baskauskan(41) 1.67 Don Rose(59) 1.42 M60 Marion A. Sanchez(61) 1.47 M60 Marion A. Sanchez(61) 1.47 M60 Marion A. Sanchez(61) 1.47 M60 Dennis G. Rietz(60) 38.08 M65 Joe Keshmiri(57) 51.62 M61 Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 M60 Lennis G. Rietz(60) 38.08 Razal Terhune-Young(55) 3.49 M60 Marion A. Sanchez(61) 1.47 M60 Dennis G. Rietz(60) 38.08 Razal Terhune-Young(55) 3.49 M60 Marion A. Sanchez(61) 1.47 M60 Dennis G. Rietz(60) 38.08 Razal Terhune-Young(55) 3.88 Dale Harder(57) 13.184 M60 Ross Carter(80) 13.20 M75 Richard Hotchkiss(55) 46.22 John Ross (56) M60 Dennis G. Rietz(60) 38.08 M75 Bob Stone(74) 18.20 M75 Richard Hotchkiss(55) 46.22 John Ross (56) 46.24 M64 Mike Holzgang(45) 3.88 Dale Harder(57) 31.84 M65 Dennis G. Rietz(60) 3.70 M65 John Ross (56) 46.24 M67 Richard Hotchkiss(55) 46.22 John Ross (56) 46.24 John Ross (56)	M35 Stan Vegar	12.66		PU	LE VAULT	
MAST Mike Holzgang(45) 9,61 John Callen(46) 7,45 Millor Carrett(50) 10,65 Millor Carrett(50) Millor Millor Carrett(50) Millor Millor Carrett(50) Millor Millor Millor Carrett(50) Millor				[V] 3	O Paul Sinatra(32) 5.	.00
John Gallen(46) 7.45 M50 Paul Thiel(51) 12.91 Bill Harder(37) 33.40 M55 Richard Hotchkiss 14.08 (55) Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Yzung(55) 9.40 Shig Niizawa(57) 9.29 M60 Dennis g. rietz(60) 12.19 M60 Dennis g. rietz(60) 11.85 M55 Rick Hustace(75) 6.83 M60 Ross Carter(80) 11.85 M56 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 6.62 M56 Rick Hustace(75) 6.83 M60 Ross Carter(80) 11.85 M57 Rick Hustace(75) 6.83 M58 Rose rarie Saragun(39) 6.62 M59 Donna Marie Rietz(31) 5.84 M50 Patricia A. Oznon(67) 12.12 M50 Donna Marie Rietz(31) 5.84 M50 Patricia A. Oznon(67) 6.35 DISCUS M50 Donna Marie Rietz(31) 5.84 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 6.83 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 6.83 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 6.83 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 6.83 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 8.26 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 8.26 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 8.26 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 8.26 M50 Patricia A. Oznon(67) 6.35 DISCUS M55 Rick Hustace(75) 8.26 M50 Patricia A. Oznon(67) 11.22 M50 Donna Marie Rietz(31) 1.47 M60 Maria Richard Hotchkiss(55) 1.47 M50 Donna Marie Rietz(31) 1.47 M60 Maria Richard Hotchkiss(55) 1.47 M50 Donna Marie Rietz(31) 1.47 M60 Maria Richard Hotchkiss(55) 1.47 M50 Rick Hustace(75) 18.84 M50 Ross Carter(80) 38.08 M50 Bob Stone(74) 18.17 M50 Rick Hustace(75) 18.84 M50 Ross Carter(80) 38.08 M50 Bob Stone(74) 18.17 M60 Dennis G. Rietz(60) 4.80 M50 Ross Carter(80) 38.08 M50 Bob Stone(74) 18.18 M50 Ross Carter(80) 38.08 M50 Ross Carter(80) 3		9.61		40.12		70
Mill Garrett(50) 10.65 Mill Garrett(50) 10.65 M55 Richard Hotchkiss 14.08 Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhume-Young(55) 32.86 M75 Rick Hustace(75) 10.91 Richard Barnaby(56) 13.20 M75 Rick Hustace(75) 10.91 Richard Barnaby(56) 9.75 Rasal Terhume-Young(55) 4.08 M75 Rick Hustace(75) 10.91 Richard Barnaby(56) 13.20 M75 Rick Hustace(75) 10.91 Richard Barnaby(56) 13.20 M75 Rick Hustace(75) 10.91 Richard Barnaby(56) 13.20 M75 Rick Hustace(75) 10.91 M70 Ed Chynoweth(71) 12.12 Bob Stone(74) 6.84 M75 Rick Hustace(75) 6.83 M80 Ross Carter(80) 11.85 M80 Ross Carter(80) 11.85 M80 Ross Carter(80) 11.85 M80 Paul Thiel(51) 33.62 M80 Ross Carter(80) 11.85 M80 Paul Thiel(51) 33.62 M80 Paul Thiel(51) 33.62 M80 Ross Carter(57) 51.64 M80 Ross Carter(57) 51.64 M80 Ross Carter(57) 51.64 M80 Ross Carter(80) 38.70 M80 Ross Carter(80) 36.16 M80 Ross Carte				MA		
Mill Garrett(50) 10.65 M60 Dennis G. Rietz(60) 32.86 M65 Richard Hotchkiss 14.08 (55) L47 Rariably (56) 3.20 Dale Harder(57) 10.91 Richard Barnaby (56) 9.75 Rasal Terhune-Yung(55) 9.40 Shig Nilzawa(57) 9.29 M60 Dennis g. rietz(60) 12.19 M60 Rose Carter(80) 11.85 M65 Rariably (36) 11.85 M65 Rariably (36) M75 Rick Hustace(75) 6.83 M75 Rick Hustace(75) 1.47 M70 Ed Baskauskas(44) 1.67 David Earsley(41) 1.57 David Earsley(41) 1.57 David Earsley(41) 1.47 M75 Rick Hustace(75) 8.26 M75 Rick Hustace(75) 1.47 M75 Rick Hust				34.98		
M55 Richard Hotchkiss 14.08 (55) Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Yang(55) 9.40 M55 Richard Barnaby(56) 9.75 Richard Barnaby(56) 9.75 Richard Barnaby(56) 9.75 Rasal Terhune-Yang(56) 1.85 M50 Donna Marie Rietz(51) 1.85 M50 Donna Marie Rietz(51) 1.87 M60 Dennis G. Rietz(60) 1.97 M75 Rick Hustace(75) 18.17 M60 Dennis G. Rietz(60) 1.87 M75 Rick Hustace(75) 18.17 M60 Dennis G. Rietz(60) 1.87 M60 Dennis G. Rietz(60) 38.70 M60 Dennis G. Rietz(60) 1.47 M60				1414		
Karl Mayer(56) 13.20 20 20 20 20 20 20 20				3 / Nh		
Karl Mayer(56) 13.20 Dale Harder(57) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune-Yung(55) 9.40 Mol Dennis g. rietz(60) 12.19 Mol Dennis g. rietz(60) 1.85 Mol Dennis g. rietz(60) 38.08		14.08	M75 Rick Hustace(75)	15.48	bruce notarring(50) 5.	
Mar Mayer(50) 10.91 Richard Barnaby(56) 9.75 Rasal Terhune Yung(55) 9.40 Shig Niizawa(57) 9.29 M60 Dennis g. rietz(60) 12.19 M70 Ed Chynoweth(71) 12.12 Bob Stone(74) 6.84 M75 Rick Hustace(75) 6.83 M80 Ross Carter(80) 11.85 M80 Ross Carter(80) 11.85 M65 Patricia A. Osmn(67) 1.22 W50 Donna Marie Rietz(51) 5.84 M55 Stan Vegar 38.24 Todd Robinson(38) 24.46 M54 M54 Kellolzgang(45) 28.26 John Gallen(46) 22.68 M50 Paul Thiel(51) 33.62 M611 Garrett(50) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Parnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M75 Ross Carter(80) 38.70 Milton Meux(60) 38.08 Ross Carter(80) 38.70 M60 Dennis G. Rietz(60) 38.70 M60 Dennis G. Ri		10.00	W50 Donna Marie Rietz(51)	10.34	9 9 9 9	.0
Dale Harder(Sf) 10.91 Richard Barnaby(56) 9.75 Rasal Terhume-Yamg(55) 9.40 Mig Nitzawa(57) 9.29 Mig Nitzawa(57) 9.29 Mig Dennis g. rietz(60) 12.19 Mo Ed Baskauskas(44) 1.67 David Earsley(41) 1.57 David Earsley(42) 1.22 Miss David Mallon(47) 1.22 Miss David Mallon(47) 1.22 Miss David Mallon(48) 1.40 Miss David Mallon(48) 1.40 David Mallon			W65 Shirley Dietderich(67)			-
Richard Barnaby(56) 9.75 Rasal Terhume-Yung(55) 9.40 M60 Dennis g. rietz(60) 12.19 M60 Dennis g. rietz(61) 12.12 Bob Stone(74) 6.84 M75 Rick Hustace(75) 6.83 M80 Ross Carter(80) 11.85 W50 Donna Marie Rietz(51) 5.84 M65 Patricia A. Osmor(67) 6.35 DISCUS M35 Stan Vegar 38.24 Todd Robinson(38) 24.46 M45 Mike Holzgang(45) 28.26 John Gallen(46) 22.68 M50 Paul Thiel(51) 33.62 M111 Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Rarl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Rarl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Rarl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Rarl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 36.16 M60 Bennis G. Rietz(60) 38.08 M70 Bob Stone(74) 48.79 M70 Bob Stone(CONTRACTOR OF STREET
Shig Niizawa(57) 9.29 M30 Todd Risby(31) 1.97 M60 Dennis g. rietz(60) 12.19 David Earsley(41) 1.57 Bob Stone(74) 6.84 M45 William Wood(49) 1.47 Teddy Walton(47) 1.22 M80 Ross Carter(80) 11.85 M50 Donald Dvorak(52) 1.47 M55 Rose Marie Sahagun(39) 6.62 W50 Donam Marie Rietz(51) 5.84 M55 Richard Imperiale(54)1.22 M50 Donam Marie Rietz(51) 5.84 M55 Richard Hotchkiss(55) 1.47 Don Rose(59) 1.42 Steve Richmond(59) 1.42 Tie for 2nd M65 Marion A. Sanchez(61) 1.47 M65 M60 Marion A. Sanchez(61) 1.47 M65 M60 Marion A. Sanchez(61) 1.47 M65 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 9.2 John Gallen(46) 22.68 M55 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 33.88 Dale Harder(57) 31.64 Richard G. Barnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 M70 Bob Stone(74) 8.72 Richard Hotchkiss(55) 31.64 Richard G. Barnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.08 M70 Bob Stone(74) 8.75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 M83 Rose Marie Sahagun(39) 21.42 M55 Donam Marie Rietz(51) 12.52 M50 Donam Marie Rietz(51) 12.52 M50 Donam Marie Rietz(51) 12.52 M45 Danam Marie Rietz(51) 12.52 M50 Donam Marie Rietz(51) 12.52 M50 Donam Marie Rietz(51) 12.12 David Walton(47) 1.22 M50 Donam Marie Rietz(51) 12.12 David Walton(47) 1.22 M50 Donald Davia M50 Donam Marie Rietz(51) 12.52 M55 Carol Lawson(58) 2.39 M65						
M60 Dennis g. rietz(60) 12.19 M40 Ed Baskauskas(44) 1.67 M70 Ed Chynoweth(71) 12.12 David Earsley(41) 1.67 Bob Stone(74) 6.84 M45 William Wood(49) 1.47 M75 Rick Hustace(75) 6.83 M50 Donald Dvorak(52) 1.47 W35 Rose Patrie Sahagum(39) 6.62 M50 Donald Dvorak(52) 1.47 W50 Dona Marie Rietz(51) 5.84 M55 Richard Hotchkiss(55) 1.47 M55 Stan Vegar 38.24 M60 Marion A. Sanchez(61) 1.47 Todd Robinson(38) 24.46 M60 Marion A. Sanchez(61) 1.47 M55 Joe Keshmiri(57) 33.62 M70 Frank MIzuo(74) .92 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 4.62 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Bale Harder(57) 31.84 William Wood(49) 4.62 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 38.70 M77 Stack Hustace(75) 38.08 M80 Ross Carter(80) 36.16 M80 Ross Carter(80) 36.16 M50 Do	Rasal Terhune-Young(55					
M70 Ed Chynoweth(71)	Shig Niizawa(57)	9.29				
Bob Stone(74) 6.84 M45 William Wood(49) 1.47 Teddy Walton(47) 1.22 M80 Ross Carter(80) 11.85 M80 Donald Dvorak(52) 1.47 Richard Imperiale(54) .22 M85 Dona Marie Rietz(51) 5.84 M85 Richard A. Osmon(67) 6.35 M85 Stan Vegar		12.19		The second secon	VV .	
Bob Stone(74) 6.84		12.12	David Earsley(41)		·	
M75 Rick Hustace(75) 6.83 M80 Ross Carter(80) 11.85 M50 Donald Dvorak(52) 1.47 M55 Rose Marie Rietz(51) 5.84 M55 Donald Brick Rietz(51) 5.84 M55 Patricia A. Osmon(67) 6.35 M35 Stan Vegar Todd Robinson(38) 24.46 M45 Mike Holzgang(45) 22.68 M50 Paul Thiel(51) 33.62 M51 Garlert(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 31.16 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 92 M55 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 92 M45 Barbara Stratton(47)1.12 M60 Marion A. Sarchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 92 M45 Barbara Stratton(47)1.12 M65 Mosh Levingston(35) 5.64 M66 Marion A. Sarchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 92 M45 Barbara Stratton(47)1.12 M66 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A. Sarchez(61) 1.47 M65 Milliam Long(35) 6.46 M60 Marion A		6.84	M45 William Wood(49)	1.47		THE REPORT
M80 Ross Carter(80) 11.85 M50 Donald Dvorak(52) 1.47 Richard Imperiale(%1).22 W50 Donna Marie Rietz(51) 5.84 M55 Patricia A. Osmon(67) 6.35 M56 Patricia A. Osmon(67) 6.35 DISCUS 38.24 Todd Robinson(38) 24.46 M65 Mike Holzgang(45) 22.68 M50 Paul Thiel(51) 33.62 M60 Marion A. Sanchez(61) 1.47 M55 Joe Keshmiri(57) 33.62 M60 Marion A. Sanchez(61) 1.47 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 M60 Karl S. Mayer(56) 38.28 Bale Harder(57) 31.84 Richard Stepp(49) 4.62 Racal Terhum-Young(56) 33.88 Dale Harder(57) M55 M70 Bob Stone(74) 88.08 M80 Ross Carter(80) 38.08 M80 Ross Carter(80) 36.16 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W55 Dorma Marie Rietz(51) 12.52	The state of the s	6.83	Teddy Walton(47)	1.22		TO STATE OF
W35 Rose Parrie Sahagun 39 6.62 W50 Donna Marie Rietz 51 5.84 W55 Parricia A. Osmon 67 6.35 Carol Lawson 58 19.12			M50 Donald Dvorak(52)	1.47	A Decide of the Control of the Contr	- Marie Control
W50 Donna Marie Rietz(51) 5.84 M55 Richard Hotchkiss(55) 1.47 W65 Patricia A. Osmon(67) 6.35 Don Rose(59) 1.42 DISCUS Steve Richmond(59) 1.42 M35 Stan Vegar 38.24 M60 Marion A. Sanchez(61) 1.47 M45 Mike Holzgang(45) 28.26 M60 Marion A. Sanchez(61) 1.47 M50 Paul Thiel(51) 33.62 M70 Frank MIzuo(74) 92 M51 Garrett(50) 29.74 M70 Frank MIzuo(74) 92 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Noah Levingston(35) 5.64 M60 Rasal Terhune-Young(56) 33.88 M60 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 M60 Rasal Terhune-Young(56) 38.70 M60 Dennis G. Rietz(60) 38.70 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 M80 Ross Carter(80) 36.16 M80 Ross Carter(80) 36.16 M80 Donna Marie Rietz(51) 2.42 M55 Donna Marie Rietz(51) <td></td> <td></td> <td></td> <td></td> <td>THE PARTY OF THE PARTY.</td> <td>-112-21-</td>					THE PARTY OF THE PARTY.	-112-21-
Discus						
DISCUS M35 Stan Vegar 38.24 Todd Robinson(38) 24.46 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) .92 M70 Frank MIzuo				1,000,000	Carol Lausan(58)	10 12
Tie for 2nd Todd Robinson(38) 24,46 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 92 W45 Barbara Stratton(47)1.12 M11 Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W55 Donna Marie Rietz(51) 12.52 M65 Carol Lawson(58) 2.39 M65 M66 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 9.2 W45 Barbara Stratton(47)1.12 M65 Joe King(68) 1.27 M75 Konrad Slaughter(75)18.88 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) 9.2 W45 Barbara Stratton(47)1.12 M75 M75 Konrad Slaughter(75)18.88 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M75 Konrad Slaughter(75)18.88 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M75 Konrad Slaughter(75)18.88 M65 Joe King(68) 1.27 M75 M75 Konrad Slaughter(75)18.88 M75 Konrad Slaughter(75)18.88 M65 M75 Konrad Slaughter(75)18.88 M65 M75 Konrad Slaughter(75)18.88 M65 M75 Konrad Slaughter(75)18.88 M65 M75 Konrad Slaughter(75)18.88 M75 M75 M75 M75	WOS Tattitum No Callettory	0.33		1 42		
M35 Stan Vegar 38.24 M60 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) .92 John Gallen(46) 22.68 M50 Paul Thiel(51) 33.62 Mill Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W30 Joy Upshaw-Pargerum(35) 5.34 Karen E. Nelson(30) 4.79 M45 Barbara Stratton(47) 3.33 Ed Manougian(65) 14.94 M55 Donna Marie Rietz(51) 12.52 M75 Konrad Slaughter(75) 18.88 M65 Emmet Kenamore(66) 15.42 M75 Konrad Slaughter(75) 18.88 M75 Konrad Slaughter(75) 18.88 M86 Marion A. Sanchez(61) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) .92 M75 King(68) 1.27 M70 Frank MIzuo(74) .92 M75 Konrad Slaughter(75) 1.47 M75 Konrad Slaughter(75) 1.47 M65 Joe King(68) 1.27 M70 Frank MIzuo(74) .92 M75 Konrad Slaughter(75) 1.47 M75 Konrad Slaughter(75) 1.48 M75 Konrad Slaughter(75) 1.48 M75 Konrad Slaughter(75) 1.48 M75 Konrad Slaughter(75) 1.48 M75 Konrad Slaughter(75) 1.49 M7				100	Lisie Andersen(03)	19.45
M65 Joe King(68) 1.27 M70 Frank MIzuo(74) .92 M85 Barbara Stratton(47)1.12 M85 Barbara Stratton(47)1.12 M85 M85 Joe Keshmiri(57) St. 62 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) Brown Milton Meux(60) 38.08 M70 Ross Carter(80) M80 Ross Carter(80) M85 Rose Marie Sahagun(39) 21.42 W55 Carol Lawson(58) 2.39 M75 Konrad Slaughter(75) 8.88 M85 John M65 Joe King(68) 1.27 M70 Frank MIzuo(74) .92 M85 Barbara Stratton(47)1.12 BROAD JUMP M35 William Long(35) 6.46 Noah Levingston(35) 5.64 M40 Roger Trujillo(44) 5.81 Joe Sahagun(41) 4.62 M45 James Manor(46) 5.48 William Wood(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Pargerum(35) 5.34 Karen E. Nelson(30) 4.79 M65 Emmet Kenamore(66) 14.34 Karen E. Nelson(30) 4.79 Bob Jordan(65) 15.42 W55 Carol Lawson(58) 2.39 M75 Konrad Slaughter(75) 8.88 M70 M75 Konrad M75 Konrad Slaughter(75) 8.88 M70 M75 M7		38.24		1.47		
M45 Mike Holzgang(45) 28.26 John Gallen(46) 22.68 M50 Paul Thiel(51) 33.62 Mill Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Barnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 M70 Frank MIzuo(74) .92 W45 Barbara Stratton(47)1.12 BROAD JUMP M35 William Long(35) 6.46 Noah Levingston(35) 5.64 M40 Roger Trujillo(44) 5.81 Joe Sahagun(41) 4.62 William Wood(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W45 Barbara Stratton(47)3.33 W55 Carol Lawson(58) 2.39 M70 Frank MIzuo(74) W45 Barbara Stratton(47)1.12 W50 M60 Frank MIzuo(74) W50 Barbara Stratton(47)1.12 W50 Ponal Marie Rietz(51) 12.52	Todd Robinson(38)	24.46		1 27		0 1
M50 Paul Thiel(51) 33.62 Mill Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 M80 Ross Carter(80) 36.16 W30 Donna Marie Rietz(51) 12.52 W45 Barbara Stratton(47)1.12 BROAD JUMP M35 William Long(35) 6.46 Noah Levingston(35) 5.64 Noah Levingston(35) 5.64 Noah Levingston(35) 5.64 Noah Levingston(44) 5.81 Joe Sahagun(41) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 N50 Donnald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 N55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W45 Barbara Stratton(47)3.33 Karen E. Nelson(30) 4.79 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39	M45 Mike Holzgang(45)	28.26			9, 9,9,9	.0 .1
M50 Paul Thiel(51) 33.62 Mill Garrett(50) 29.74 Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W30 Noss Carter(80) 36.16 W31 Sarbata Stratton(47)1.12 BROAD JUMP M35 William Long(35) 6.46 Neah Levingston(35) 5.64 Neah Levingston(47) 4.62 Tedd Walton(47) 4.62 Richard Stepp(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 N50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W45 Barbara Stratton(47)3.33 Karen E. Nelson(30) 4.79 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39 M75 Konrad Slaughter(75)18.88	John Gallen(46)	22.68		A CONTRACTOR OF THE PARTY OF TH	B 2. 10. 10. 12. 12.	.00
Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Ramaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W50 Donna Marie Rietz(51) 12.52 M35 William Long(35) 6.46 Noah Levingston(35) 5.64 M40 Roger Trujillo(44) 5.81 Joe Sahagun(41) 4.62 M45 James Manor(46) 5.48 William Wood(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W45 Barbara Stratton(47)3.33 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39	M50 Paul Thiel(51)	33.62	and the second second second second	11014		ء , ۰
Tyrone Nelson(52) 22.38 M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W50 Donna Marie Rietz(51) 12.52 M35 William Long(35) 6.46 Noah Levingston(35) 5.64 Noah Levingston(35) 5.42 Noah Levingston(41) 4.62 Noah Levingston(41) 4	Mill Garrett(50)	29.74				
M55 Joe Keshmiri(57) 51.62 Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W55 Donna Marie Rietz(51) 12.52 Noah Levingston(35) 5.64 Roger Trujillo(44) 5.81 Joe Sahagun(41) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 Richard Imperiale(54) 4.79 Richard Imperiale(0 .			
Richard Hotchkiss(55) 46.22 John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 M1ton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 M40 Roger Trujillo(44) 5.81 Joe Sahagun(41) 4.62 M45 James Manor(46) 5.48 William Wood(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W45 Barbara Stratton(47)3.33 Bob Jordan(66) 15.42 M75 Konrad Slaughter(75)18.88					THE PARTY NAMED IN COLUMN TWO IS NOT THE OWNER.	essul eye - iye
John Ross (56) 41.80 Karl S. Mayer(56) 36.28 Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Barnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W50 Donna Marie Rietz(51) 12.52 Joe Sahagun(41) 4.62 W45 James Manor(46) 5.48 William Wood(49) 4.62 Richard Stepp(49) 4.29 Richard Imperiale(54) 4.79 Richard Imperiale(54) 4.79 Richard Imperiale(54) 4.79 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 M65 Emmet Kenamore(66) 14.34 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39 W75 Konrad Slaughter(75)18.88				5.81		
Karl S. Mayer(56) 36.28 Rasal Terhume-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W55 Donna Marie Rietz(51) 12.52 M45 James Manor(46) 5.48 William Wood(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39 M75 Konrad Slaughter(75)18.88			Joe Sahagun(41)	4.62		
Rasal Terhune-Young(56) 33.88 Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W50 Donna Marie Rietz(51) 12.52 William Wood(49) 4.62 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39 W75 Konrad Slaughter(75)18.88			M45 James Manor(46)	5.48 /V		-
Dale Harder(57) 31.84 Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W55 Donna Marie Rietz(51) 12.52 Tedd Walton(47) 4.46 Richard Stepp(49) 4.29 M50 Donald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39 M75 Konrad Slaughter(75)18.88			William Wood(49)	4.62		14
Richard G. Rarnaby(55) 31.16 M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W50 Donna Marie Rietz(51) 12.52 Richard Stepp(49) 4.29 M50 Donna Marie Rietz(51) 31.16 Richard Stepp(49) 4.29 M50 Donnald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 Richard Stepp(49) 4.29 M50 Donnald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 Richard Stepp(49) 4.29 M50 Donnald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M50 Donnald Dvorak(52) 5.19 Richard Imperiale(54) 4.79 M50 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 W55 Carol Lawson(58) 2.39 W75 Konrad Slaughter(75)18.88			Tedd Walton(47)	4.46		ks_
M60 Dennis G. Rietz(60) 38.70 Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 M50 Donna Marie Rietz(51) 12.52 M50 Donna Marie Rietz(51) 12.52 M50 Donna Marie Rietz(51) 38.70 M50 Donna Marie Rietz(60) 38.70 Richard Imperiale(54) 4.79 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 M75 Konrad Slaughter(75)18.88				4.29	A HERE THE RELEASE OF THE	-
Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 Richard Imperiale(54) 4.79 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw-Margerum(35) 5.34 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Bob Jordan(66) 15.42 M75 Konrad Slaughter(75)18.88	the state of the s				· · · · · · · · · · · · · · · · · · ·	
Milton Meux(60) 38.08 M70 Bob Stone(74) 18.72 M75 Rick Hustace(75) 15.84 M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 M55 Steve Richmond(59) 4.61 W30 Joy Upshaw Margerum(35) 5.34 Karen E. Nelson(30) 4.79 W45 Barbara Stratton(47)3.33 W55 Carol Lawson(58) 2.39 M65 Emmet Kenamore(66) 14.34 Bob Jordan(66) 15.42 M75 Konrad Slaughter(75)18.88		38.70			or attains read a city	
M70 Bob Stone (74) M80 Ross Carter (80) W30 Joy Upshaw-Margerum (35) Karen E. Nelson (30) 4.79 W45 Barbara Stratton (47) 3.33 W50 Donna Marie Rietz (51) W30 Joy Upshaw-Margerum (35) Karen E. Nelson (30) 4.79 W45 Barbara Stratton (47) 3.33 W55 Carol Lawson (58) W55 Carol Lawson (58) W30 Joy Upshaw-Margerum (35) Karen E. Nelson (30) 4.79 Ed Manougian (65) Bob Jordan (66) 15.42 M75 Konrad Slaughter (75) 18.88			•			
M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagun(39) 21.42 W50 Donna Marie Rietz(51) 12.52 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 W45 Barbara Stratton(47)3.33 W55 Carol Lawson(58) 2.39 M05 Emmet Kenamore(66) 14.34 Ed Manougian(65) 15.42 M75 Konrad Slaughter(75)18.88	M70 Bob Stone(74)	10 /)				
M80 Ross Carter(80) 36.16 W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 Karen E. Nelson(30) 4.79 Ed Manougian(65) 14.94 Sob Jordan(66) 15.42 M75 Konrad Slaughter(75)18.88	M75 Rick Hustace(75)	15.84			M65 Emmet Kenamore(66)	14.34
W35 Rose Marie Sahagum(39) 21.42 W50 Donna Marie Rietz(51) 12.52 W55 Carol Lawson(58) 2.39 Bob Jordan(66) 15.42 M75 Konrad Slaughter(75)18.88	M80 Ross Carter(80)	36.16			Ed Manougian(65)	14.94
W50 Donna Marie Rietz(51) 12.52 W55 Carol Lawson(56) 2.59 M75 Konrad Slaughter(75)18.88		21 /2				
			(9C)UOSWBI TOTB) CCM	2.39		
woo Smirtey Dietderich(0/) 1/.28	W65 Shirley Dietderich(67)				the feedbloom to see the	

From Ken Carnine, Sept. 14, 1994--

"Congratulations to all the NCSTC members who performed so well in the Nationals at Eugene.

"I made two meets early—Striders meet, Long Beach, May 14, and the Dan Aldridge meet May 29. The officials credited me an age world record in the javelin, an age world record in the hammer (which I had never thrown before) and an American record in the discus—missing the group record by three inches.

"We moved to the Palm Springs area in late June. Due to some moving problems, I have not made any other meets, including the Nationals that I had hoped to make.

"Best wishes to all our friends in Northern CA. We miss you."

(Ken's new address is 11 Pine Valley Drive, Rancho Mirage, CA 92270. Ken attained age 86 February February 21, 1994—Congratulations to you, Ken.)

From Kay Lyons—We can add another gold to the club's accomplishments at the Nationals for Kay's leg of a 4 X 100 relay W50 Regional team. She also wanted to corect the report in the August newsletter of her 200M from 33.73 second place to 33.99 third place. (The editor picked up her heat score prior to the final.)

<u>From Barbara Ulsh --</u> to Northern California Seniors Track Club--

"I want you to know that Robert Ulsh died last Thursday(July 24). He loved competing and winning, but had to lose in the end.

"Would you know the name of some one who could tell me what to do with Bob's hammers? I have 4 of them to get rid of."

(Bob was a winner all the way, very supportive and truly an inspiration.) Barbara's address and phone: 12 Del Rio Ct., St. Helena, CA 94574 707/963-5443.)

From Jerry Lopes -- Jerry expressed his regrets that he could not attend our September 10 meet because of difficulty in traveling. He has and enjoyed the book, Ten Million Steps. Thanks for keeping in touch, Jerry.

Roger Scott has renewed his membership.

Even at this late time of the year, we have some new members to welcome:

Allen Goodlow, born July 7, 1954,
P.O. Box 7373, Oakland, CA 94601,
phone 511/654-3685. He is a triple
jumper, recruited by David Timmons and
Mark Grubi. Although he didn't feel
quite fit enough for the September 10 competition, he is training and will make a
good addition to our membership.

Al Schmidt, born June 9, 1993, 2036 Mezes Avenue, Belmont, CA 94002, was recruited by Win Emert. He is a salesman for Pac Bell Directory. Phone: hm 415/592-2400. wk 415/995-8624. In high schhol and 1950, 1951 and 1952 he ran the 220 and 400; from 1972 to the present time, he runs 5K to marathon distances. He has done corporate competition for Pacific Telesis Group, in the 400 M and up to 10K from 1979. He competed September 10 for the club.

David J. Timmons (31), 125 Moss Ave., No. 215, Oakland, CA 94611, phone 510/843-1700, U.C. Berkeley's former 800M star, is making a come back. This was his first competition on September 10 for some time. Recruited by Mark Grubi.

Karen Westmont (37) 516 Crofton Ave., Oak-land, CA 94610, ran in the 100 meters sprint September 10, after only about two weeks of training. She showed remarkable talent and ran her practice starts very fast. She was ahead at the start, but had not yet converted her ballet muscles to running muscles enough to finish on top. We enjoy your company, Karen.

* * * * *

Some club members are looking forward to the <u>Club West meet in Santa Barbara on</u> October 8. Information and an application (to be postmarked no later than October 1) are at the end of this newsletter.

The Timber Wolf T&F Club announced a series of all-commers meets at Encina High School, 1400 Bell St., Sacramento, on Sundays, beginning at 10:00 A.M. September 18, and 15 12.00 P.M. October 2 through Dec. 11. Cancellation could be made on days of heavy rain. Contact the club at (916)489-2708; entry fees are \$5 per meet. Awards are ribbons. Youth through masters. Field events are listed: LJ, TJ, HJ, Shot, Disc, Jav, Ham Please contact them for information about track events, if any.

* * * * * * * *

<u>Kit Pickles</u> reported a very successful hip operation. She depends on her golfing for recreation until she recovers more fully.

* * * * * * *

From Ken Carnine, Sept. 14, 1994--

"Congratulations to all the NCSTC members who performed so well in the Nationals at Eugene.

"I made two meets early—Striders meet, Long Beach, May 14, and the Dan Aldridge meet May 29. The officials credited me an age world record in the javelin, an age world record in the hammer (which I had never thrown before) and an American record in the discus—missing the group record by three inches.

"We moved to the Palm Springs area in late June. Due to some moving problems, I have not made any other meets, including the Nationals that I had hoped to make.

"Best wishes to all our friends in Northern CA. We miss you."

(Ken's new address is 11 Pine Valley Drive, Rancho Mirage, CA 92270. Ken attained age 86 February February 21, 1994--Congratulations to you, Ken.)

From Kay Lyons—We can add another gold to the club's accomplishments at the Nationals for Kay's leg of a 4 X 100 relay W50 Regional team. She also wanted to corect the report in the August newsletter of her 200M from 33.73 second place to 33.99 third place. (The editor picked up her heat score prior to the final.)

From Barbara Ulsh — to Northern California Seniors Track Club—"I want you to know that Robert Ulsh died last Thursday(July 24). He loved competing and winning, but had to lose in the end.

"Would you know the name of some one who could tell me what to do with Bob's hammers? I have 4 of them to get rid of."

(Bob was a winner all the way, very supportive and truly an inspiration. Barbara's address and phone: 12 Del Rio Ct., St. Helena, CA 94574 707/963-5443.)

From Jerry Lopes -- Jerry expressed his regrets that he could not attend our September 10 meet because of difficulty in traveling. He has and enjoyed the book, Ten Million Steps. Thanks for keeping in touch, Jerry.

Roger Scott has renewed his membership.

Even at this late time of the year, we have some new members to welcome:

Allen Goodlow, born July 7, 1954, P.O. Box 7373, Oakland, CA 94601, phone 511/654-3685. He is a triple jumper, recruited by David Timmons and Mark Grubi. Although he didn't feel quite fit enough for the September 10 competition, he is training and will make a good addition to our membership.

Al Schmidt, born June 9, 1993, 2036 Mezes Avenue, Belmont, CA 94002, was recruited by Win Emert. He is a salesman for Pac Bell Directory. Phone: hm 415/592-2400. wk 415/995-8624. In high schhol and 1950, 1951 and 1952 he ran the 220 and 400; from 1972 to the present time, he runs 5K to marathon distances. He has done corporate competition for Pacific Telesis Group, in the 400 M and up to 10K from 1979. He competed September 10 for the club.

David J. Timmons (31), 125 Moss Ave., No. 215, Oakland, CA 94611, phone 510/843-1700, U.C. Berkeley's former 800M star, is making a come back. This was his first competition on September 10 for some time. Recruited by Mark Grubi.

Karen Westmont (37) 516 Crofton Ave., Oak-land, CA 94610, ran in the 100 meters sprint September 10, after only about two weeks of training. She showed remarkable talent and ran her practice starts very fast. She was ahead at the start, but had not yet converted her ballet muscles to running muscles enough to finish on top. We enjoy your company, Karen.

* * * * *

Some club members are looking forward to the <u>Club West meet in Santa Barbara on</u> October 8. Information and an application (to be postmarked no later than October 1) are at the end of this newsletter.

<u>Kit Pickles</u> reported a very successful hip operation. She depends on her golfing for recreation until she recovers more fully.

* * * * * * *

Changes of address have been received,
as follows:

Mark Henderson, 3368 Kensington Dr., El Dorado Hills, CA 95762-6926. Cole McFarland, 526 Rockcreek Way, Pleasant Hill, CA 94523-4728. Bill & Betty Morea, 41657 Armanac Court, Palm Desert, CA 92260-0376. George Whiting, 101 Emerson St., Palo Alto, CA 94301.

* * * * * * *

A letter of August 3, 1994 was received from Eddie Seese, Pac Assoc Masters T&F Sports Committee Chrm, 31361 Alvarado Niles Rd (Union City?) 510/441-8208 (hm & Wk); FAX 441-1318 (Hm & Wk), ADVISING BIDS ARE DUE BY NOVEMBER 1, 1994, for the following Association Masters Championships:

Outdoor T & F Championships Outdoor Decathlin/Heptathlon Outdoor All-Around Weight Pentathlon.

"Clubs or sponsoring organizations desiring to apply for any of the above champion-ships events shall apply in accordance with the Pacific Association Masters Cports Committee OPerating Procedures. If you have any questions please feel free to call."

* * * * * * * *

Please send your competition results to us for publication. It is expected some of the LDR Grand Prix results for this Fall schedule will be coming in. Thank you for your cooperation in making this newsletter possible.

* * * * * * *





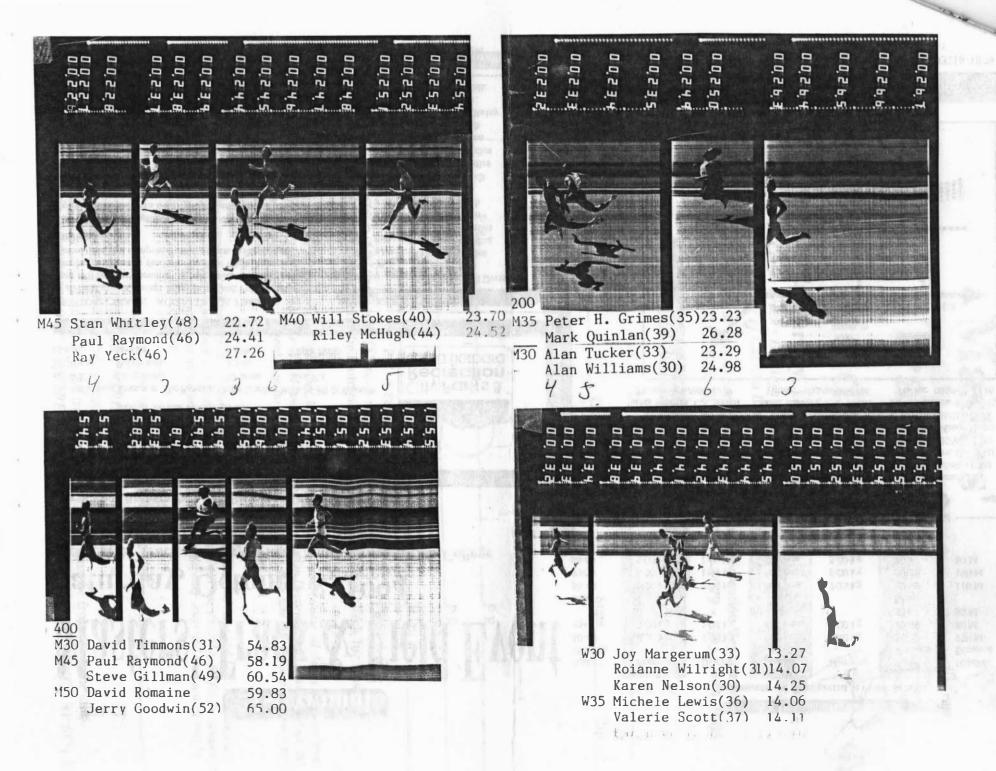




Mari Mayer(50)

Emmet Kenamore(66) Ed Manougian(65)





21st Annual

Masters' Track & Field Event Age Women 30.49 504

Saturday, October 8, 1994

Nick Carter Track • La Playa Field • Santa Barbara City College (Corner of Cabrillo Blvd. and Loma Alta Street)

Cosponsored by Club West &

City of Santa Barbara Parks and Recreation Department

Field Events

9:00 a.m. 10:30 a.m.

Hanuner - All Hammer Throwers, U.C.S.B. Hammer Ring Discus throwers who do not throw the harmer. Hammer throwers who also throw the discus report

to the discus for the second round which starts as soon as the first round finishes.

The Following Events In The Reverse Order Souring With M-80 & Women

10:30 a.m. 10:30 a.m.

11 a.m.

Long Jump Pole Vault Javelin

12 noon

Shot Put

1 pm

Triple Jump

High Jump



Track Events - Preliminary time.

SPURTOAN TRACK - ACCU - TRACK TIMING In all field events, except High Jump and Pole Vault, there will be four attempts. If competitor is mable to complete attempts in the Pole Vault or High Jump in allotted time, that competitor may compete in flight other than one assigned.

John Whittemore trophies will be awarded again and a trophy goes to the man over 70 who wins the Hubbel-Herrmann hammer Heave. The Ray Williams Memorial Trophy will go to the best time for 60 plus in the 5,000 M. Events are scored 5-3-1. For points to count on the trophies, there must be one or more competitors in the event than places counted. To score 5 points there must

be a least 2 competitors, etc...

Schedule:

9 a.m. 5000 Meter, All Divisions 800 Meter Run 9:45 a.m. 10:30 a.m. 80 Meter Hurdles 100 Meter Hurdles 10:45 a.m. 110 Meter Huidles 11 a.m. 100 Meter Dash 11:15 a.m. 400 Meter Dash 11:45 a.m. Officals Lunch Break 12:30 p.m. 3000 Meter Walk 1:00 p.m. 300 meter Hurdles 1:15 p.m. 400 Meter Hurdles 1:45 p.m. -1.500 Meter Run 200 Meter Dash 2:15 p.m. 2:30 p.m. 4 x 100 Meter Relay 50 Meter Dash 2:45 p.m. 3:15 p.m. 1500 Meter Walk

MANATAC Implement Specifications

Implements will be inspected at check-in table

Shot	Discus	Javelin	Hammer	Age	Hurdles	.,
4:00 kg	1:00 kg	600 gms.	4:00 kg	Women 30-39	Distance 100 M	Hu
3:00 kg	1:00 kg.	400 gms.	3:00 kg	40-49	80 M	
		11 11	7 1	50+; Men	80 M	
7:26 kg.	2:00 kg	800 gms.	7:26 kg	30-49	110 M	
6:00 kg	1:50 kg	1 800 gms.	6:00 kg	50-59	100 M	
5:00 kg	1:00 kg	600 gms.	5:00 kg	70+	80 M	
4:00 kg	1:00 kg	600 gms.	4:00 kg			

THANKS TO ALL OF YOU, OUR MEET IS GROWING!

Motels nearest to Meet:

Motel 6 443 Corona Del Mar

Men

30-49 50-59 60-69

70+

Santa Barbara, CA 93101 Phone: 805/564-1392 Tropicana

223 Castillo Street Santa Barbara, CA 93101 Phone: 805/966-2219

Tides Motel 116 Castillo Street Santa Barbara, CA 93101 Phone: 805/963-9772 King's Inn 128 Castillo Street

Santa Barbara, CA 93101 Phone: 805/963-4471

West Beach Inn 306 W. Cabrillo Blvd. Santa Barbara, CA 93101 Phone: 805/963-4277 El Patio Motor Hotel 336 W. Cabrillo Blvd. Santa Barbara, CA 93101 Phone: 805/965-6556

U.S. 101 To LA Cabrillo Blvd. Pacific Ocean

INFORMATION PHONE: 805/964-3005

Return entry to Club West, P.O. Box 1079 Goleta, CA 93116-1079

There is a time limit for each event. Your cooperation is expected and will be appreciated.

Masters' Track &

Track &

Field Event

21st Annual



Nick Carter Track • La Playa Field • Sasta Barbara City College (Corner of Cabrillo Blvd and Loma Alta Street)



Entry Blank & Release Form (please print or type)

Please enter me in the following events: 1. P.R. 2. P.R. 3. P.R. 4. P.R. 5. P.R. 6. P.R. 7. P.R. 8. P.R. (P.R. = Personal Recards) Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athlete/Team Release: In consideration of mylour entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims I/we may he against the Club West Masters' Track & Field Meet, the City of Santa Barbara Parks and Recreation Department, its representatives various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, I/we take full responsibility for pe equipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future comp. Some prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.	name		AgeDate of Birm	Filone: (
1. P.R. 2. P.R. 3. P.R. 4. P.R. 5. P.R. 6. P.R. 7. P.R. 8. P.R. (P.R. = Personal Records) Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athlete/Team Release: In consideration of my/our entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims I/we may hagainst the Club West Masters' Track & Field Meet, the City of Santa Barbara Parks and Recreation Department, its representatives, various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, I/we take full responsibility for perequipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future comp Some prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.	Address		City	State	Zip
3. P.R. 4. P.R. 5. P.R. 6. P.R. 7. P.R. 8. P.R. (P.R. = Personal Records) Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athletes Team Release: In consideration of mylour entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims slive may hagainst the Club West Masters' Track & Field Meet, the City of Santa Barbara Parks and Recreation Department, its representatives various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, slive take full responsibility for perequipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future comp Some prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.		Plea	ise enter me in the following e	vents:	*
5. P.R. 8. P.R. (P.R. ≈ Personal Recerds) Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athlete/Team Release: In consideration of mylour entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims I/we may hagainst the Club West Masters' Track & Field Meet, the City of Santa Barbara Parks and Recreation Department, its representatives various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, I/we take full responsibility for peequipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future comp. Some prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.	í	P.R	2	P.R	Lutier."
7. P.R. 8. Personal Records) Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athlete/Team Release: In consideration of my/our entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims [I we may heagainst the Club West Masters' Track & Field Meet, the City of Santa Barbara Punks and Recreation Department, its representatives various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, [I we take full responsibility for perequipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future compositive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future compositive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future compositive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future compositive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future compositive for banned substances. Information regarding arms and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.	3.	P.R.	4.	P.R.	
(P.R. = Personal Recards) Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athlete/Team Release: In consideration of mylour entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims I/we may hagainst the Club West Masters' Track & Field Meet, the City of Santa Barbara Parks and Recreation Department, its representatives, various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, I/we take full responsibility for perequipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future comp. Some prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.	5	P.R	6	P.R.	
Entry fees: \$10 first event (\$5 each additional event, \$10 relays) NO REFUNDS Relay team members must be from same club, and club must send check for fees. Athletesteam Release: In consideration of mylour entry, I do hereby for myselflourselves, heirs, and administrators, waive and release all claims slive may hagainst the Club West Masters' Track & Field Meet, the City of Santa Barbara Punks and Recreation Department, its representatives various governing bodies, for any and all injuries suffered by melus from competing. Furthermore, slive take full responsibility for pe equipment owned by myselflourselves. Required by the Athletics Congress: Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future comp. Some prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may obtained by calling the USOC Hot Line at 800-233-0393.	7.	P.R	8	P.R	
Athletes who participate in this competition will be subject to formal drug testing in accordance with TAC rules and 144. Athletes for positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future compositive prescription and over-the-counter medications contain banned substances. Information regarding irugs and drug testing may	Athlete/Team Relea In consideration of t against the Club We various governing b	se: nylour entry, I do hereby for my st Masters' Track & Field Meet, odies , for any and all injuries su	selflourselves, heirs, and administrate the City of Santa Barbara Puks and	ors, waive and release all clair Recreation Department, its re	ms Ilwe may have epresentatives, the
May 1004 TAC number in (Paristration required) Influiduol's Signature	Athletes who partici positive for banned : Some prescription a	pate in this competition will be s substances, or who refuse to be t nd over-the-counter medications	ested, will be disqualified from this e contain banned substances. Soforma	vent and will lose eligibility fo	r future competitions.
My 1994 IAC number 15: (Registration required) Individual 3 Signature	My 1994 TAC numb	er is:	(Registration required) lastviduo	l's Signature	2
OCTOBER 1, 1994 IS THE DEADLINE FOR ENTRIES.					
Entries postmarked after October 1, 1994 will be subject to a surcharge of \$5. Club should be responsible for relay team entries. All members of relay teams must be from the same club.					

· YOU CANNOT COMPETE WITHOUT A TAC REGISTRATION NUMBER · SANCTIONED BY SCA-TAC