



# NORTHERN CALIFORNIA SENIORS TRACK CLUB, Inc.

(For Men and Women 30 Years and Older)

ANNUAL MEETING - January 9, 1993  
555 Pierce Street Albany, CA

### Officers

**President**  
EDWARD MANOUGIAN, M.D.  
1517 Summit Road  
Berkeley, CA 94708  
510/843-9247

**Vice President**  
JOHN T. BURNS, D.D.S.  
3554 Springhill Road  
Lafayette, CA 94549  
510/284-2240

**Secretary/Treasurer**  
PETER TODD  
1745 Hopkins Street  
Berkeley, CA 94707  
510/524-3807

**President Emeritus**  
DON ROSE  
43 McAllister Avenue  
Kentfield, CA 94904  
415/456-7454

### Executive Committee

Edward Manougian  
John T. Burns  
Peter Todd  
Mark Grubi  
Kathleen Yeck

### Board of Directors

**LDR Com. Rep.**  
RUTH ANDERSON  
1901 Gaspar Drive  
Oakland, CA 94611  
510/339-0563

**T&F Com. Rep.**  
RAYMOND YECK  
4981 Ridgeview  
Antioch, CA 94509  
510/754-6856

**PAC/USATF Rep.**  
JOHN T. BURNS  
3554 Springhill Road  
Lafayette, CA 94549  
510/284-2240

**Coach**  
MARK GRUBI  
P.O. Box 424512  
San Francisco, CA  
94142-4512  
415/285-3352

**Newsletter Editor**  
JOSEPHINE KOLDA  
3784 Army Street  
San Francisco, CA 94110  
415/285-3352

### CLUB ID

USATF #: 109  
CALIFORNIA  
CORPORATION #: 1275994  
CALIFORNIA  
NON-PROFIT #: CT-61086

**Attendance:** Don Rose-President  
Peter Todd-Sec./Treas.  
Mark Grubi-Coach  
Josephine Kolda-Newsletter Editor  
Club Members

Don opened the meeting at 1:20 pm.

1. **Membership:** 1992 154 total (10 honorary)  
1993 29 renewed, 2 new

2. **Financial Statement:**

Checking	\$ 900.98
Meet Acc.	1,844.84
Savings	3,762.68
Total	\$6,508.50

3. **Old Business:** NCSTC Classic Track Meet date determination was tabled.

5. **New Business:** None

6. Don Rose thanked Mark and Josie for coaching and the club newsletter. (Standing ovation for Mark and Josie.) He thanked Peter for the minutes and Jim Johnson for his work on the Sectional and the Classic. He briefly explained that he would be developing computerization of running track meets with Ed Seese. Don also thanked Thelma for so graciously allowing the club to use her home for meetings and thanked the Pickles for providing a room and their unstinting assistance with the annual meeting. He thanked Shirley Dietderich for taking pictures and thanked Luka who will retire from directing the Brick Yard Run after the next running.

7. Ruth Anderson discussed teams and said that she has information on all national and international events and will help with team contacts. She suggested that the funds the club holds in trust from Women's Long Distance Running, WLDR, team winnings be used to help individuals with race expenses.

8. Harry Koppel and John Satti memorial awards were presented at the Classic and Don Rose suggested that he would pursue the possibility of a Homer Van Gelder memorial award.

Martinez to Port Costa  
Brick Yard Run

Luka Sekulich, Director  
1485 Darlene Drive

Ken Carnine T&F Classic

Michael Ackley, Director  
4640 Oak Knoll Way

Dick Houston Memorial  
Woodminster Run

Gail Wetzork, Director  
3452 Capella Lane

NCSTC T&F CLASSIC

Mark Grubi, Director  
P.O. Box 424512

9. Lola Harris was recognized for her support of the Houston Memorial Woodminster Run.
10. There was a brief discussion of the associate member question. Associate members are younger people associated with the club as full but non-voting members so that they can be coached with out liability exposure to the club or coach. This subject will be taken up at a later date.
11. Don Rose volunteered to direct the Classic this year.
12. Awards: Don presented awards.

PERPETUAL TROPHY to -

Sharlet Gilbert most outstanding long distance runner. Sharlet was first master in many marathons-Las Vegas, Pittsburgh, City of San Francisco(2:42:06), Grandma's Marathon in Duluth(2:38-personal best), Twin Cities in Minneapolis/Saint Paul (2:40:19), Community First Fox Cities(2:39:58) and won many shorter runs.

John Burns most outstanding track and field athlete. John won the M50 javelin event each time he competed, including the Spokane Nationals(170' 6"), and he threw 173' 1" in April.

TROPHYS to -

Shirley Dietderich, who won her W65 javelin and discus events at the Spokane Nationals and has been a dedicated and frequent competitor, for throwing.

Craig Boyak (M38), who is our most talented pole vaulter and won all the meets he attended except for second place (16') at the Nationals, for jumps.

Barbara Robben (W55), who ran 66 races, including 4 triathlons, 5 biathlons, and 5 half marathons and was ranked first Senior Woman in the PAC/TAC Cross-Country Grand Prix, for long distance running.

Louis Bartholomew (M35), who always won his 110M hurdle event with times in the 14's or 15's, for sprints.

Tom Silva (M33), who threw 212'8" in the May 26, 1992, Las Vegas Fire Fighters Championships, and wins in his javelin competition at all times, for throwing.

OUTSTANDING PERFORMANCE CERTIFICATES to -

Michael P. Ackley (M45) second in the Naperville Nationals Pentathlon and in the Spokane Nationals Masters Pentathlon.

Ruth Anderson (W60) for long distance and cross-country running, including club team running. She was second Super Senior in the PAC/TAC Grand Prix, and she was second F60 in the Dec. 6, 1993 Louisville, KY National Championship 10K.

Bob Malain (M65) ranked second Super Senior in the PAC/TAC Cross-Country Grand Prix and 8th Super Senior in LDR Grand Prix. His 43:51 in the Nov. S. F. Cross-Country was superb.

Dick Laine (M60) was 4th Super Senior in the PAC/TAC LDR Grand Prix. He modestly reports his 1992 was not as good as 1991.

Kit Pickles (66) was ranked first Super Senior Woman in the PA/TAC Cross-Country Grand Prix. She won 32 of 36 runs.

HONORABLE MENTION for 1992 Spokane T&F Nationals to -

Phil Conley (M55) second in javelin.

Cherrie Sherrard (W50) won the 80M H (14.53) second in the discus and fourth in the 100M.

Mandy Joslin (47) first in the discus, second in the javelin and fourth in the shot.

Ken Carnine (84) second in the discus (83'6") and second javeline (75'2.5").

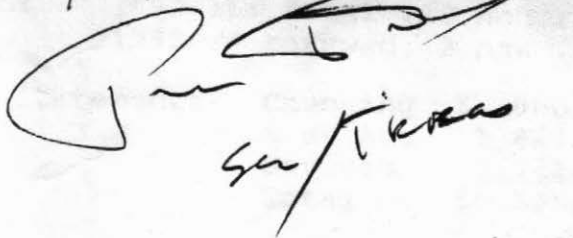
Bill Bigelow (82) second in the 100M.

Martyn Adamson (54) second in the 400M, and competed well in other sprints.

13. Ray Yeck won shorts and singlet in the raffle.
14. Alden Bryant made an announcement about the Association of Veteran Athletes.
15. New Officers: President - Edward Manougian  
Vice President - John Burns  
Secretary//Treasurer - Peter Todd
16. Thelma thanked Don Rose for his work on the Executive Committee, and Josie presented him with a plaque.

The meeting was adjourned about 1:55 pm.

1/23/94

  
Peter Todd