CALIFORNIA

SENIORS TRACK

OU SHOULD JOIN

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NCSTC is the only club basically for masters competitors, male and female, distance runners plus track & field performers.

300 members, located throughout Northern California, receive a monthly newsletter and are eligible to compete for the Club or on Club teams.

NCSTC sponsored events: Woodminister Race, Martinez - Port Costa Brickyard Run, Lake Merced Masters Run, Sacramento Relays and two new events for 1983: the NCS Track & Field Classic at Edwards Field, Berkeley in July and the Houston Memorial Handicap Race (now being planned).

Club racing uniform available if desired. One formal meeting a year for election of officers and setting of dues (attendance is encouraged but optional). Dues are \$8.00 per year (same for a married couple). Those 30 and up are eligible for membership. Send your check together with the application to Josephine F. Kolda, Secretary/Treasurer, 3784 3887 - 1875 Army Street, San Francisco, Ca 9411 . Make check payable to NORTHERN CALIFORNIA SENIORS TRACK CLUB. PAUL WARNER

MEMBERSHIP

APPLICATION

Name			Residence Phone ()		
Address					
	Number	Street	City	Zip	
Date of Bir	th	Occupation			A PARTY OF THE PAR
Business Name			Business	Phone ()
Bus. Addres					
	Number	Street	City	Zip	460
Please chec Track= 100 Field= Long Pertinent d	k your inter 440 Jump Hig ata on recen	est: LD= 2/4 Miles Mile 3 Mile h Jump Shot J t achievements and	5/10 Miles_ Other_avelin Other /or athletic h	_ 10+ N r istory:_	Marathon
I: will comp	ete for NCST	C or my home cl	ub is		-

(fill out one of the above)

If spouse wishes active membership please fill out two of these forms.