

NORTHERN CALIFORNIA SENIORS TRACK CLUB

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NUMBER 51

January, 1973

COMING EVENTS

1973

- Sun Feb 10 4th Annual West Valley Marathon & 1st Annual Natl. AAU Senior Women's Marathon, San Mateo High School, 9am. For WVM, Jack Leydig, West Valley TC, P.O. Box 1551, San Mateo, Ca. 94401, Ph 342-3181. For AAU, Dawn Bressie, Recreation Dept., City Hall, 330 W. 20th Ave., San Mateo, Ca 94402, ph 343-2803, Work: 574-6745. Note: Women's Senior Championship is limited to 140and-over (Special 13-and-under and Masters divisions will be available).
- Sun Feb 17 DSE 3 1/2 Mile Twin Peaks Run (meet at Portola Dr., & Twin Peaks Blvd San Francisco, 10am.
- Sun Feb 17 3rd Annual Elk-a-thon, 5 miles open (3/4 Mi. to 3 Mi. age-group), Concord, 10 am. Vern Forry, 166 Greenwood Circle, Walnut Creek, Ca. 94596. Sponsored by Youth Activities Committee, Concord. Start at Landana & Lynwood Sts., Concord, at 10am.
- Sat Feb 23 5th Annual Martinez Run, 8.4 Mi., Rankin Park, Martinez, 10 am. Luka Sekulich, 1485 Darlene Dr., Concord, Ca 94520. Ph 685-5185. Sponsored by NORTHERN CALIFORNIA SENIORS TRACK CLUB.
- Sat Feb 23 Seaside (Trail's End) Marathon (Pre-Entries Req'd), Seaside, Oregon, 11:30am. Ralph Davis, Seaside Chamber of Commerce, P.O. Box 7, Seaside, Oregon 97138.
- Sat Feb 23 Hayward All-Comers Track Meet (Cal-State), 11 AM. Jim Santos, Track Coach, Cal-State, Hayward.
- Sun Feb 24 DSE 5-Mi. Lake Merced Run (meet at boathouse), San Francisco, 10 am.
- Sat Mar 2 Searsville Lake Run, 8 Mi., Sandhill & Portola Rds, Woodside, 9:30am. Raymond R. White, Stanford Running Club, 788 Mayview Ave., Palo Alto, Ca. 94303. Ph 323-4455. (Work 321-2300, Ext 3052.)
- Sun Mar 3 3rd Annual Fremont 10 Kilo, Fremont, 10am. Jim Sigman, Dept of Rec. & Leisure Svcs, City Gov't Bldg., Civic Center Dr, Fremont, Ca 94538. Ph 796-3471.
- Sun Mar 3 DSE 4.5 Mi. Golden Gate Park Run. Meet at Polo Fields, S.F., 10am.
- Sun Mar 3 Natl. AAU Sr. & Masters 30 Kilo Championships, Culver City, 7am. Phil Clarke, 15232 Burton, Van Nuys, Ca 91402.
- Sat Mar 9 Camellia Festival 100 Miler, Sacramento, 6am. NO POST ENTRIES, March 2 deadline. 24-hour limit for run. John Hill, 604 Flint Way, Sacramento, Ca 95818. Ph 916/446-6341.
- Sun Mar 10 Camellia Festival 100-Mile Relay, NO POST ENTRIES, March 2 deadline. Paul Reese, 2789 17th St., Sac. 95818. Phone 916/443-1549.

This 4th running of the 1-day 100-miler will be on the same course as in 1973. It consists of 40 times around a loop of almost flat asphalt road, mostly on the Eastern half of the course used for the 50-miler. Past races have shown only a loose correlation between a contestant's marathon PR and his ability to tough it out for 100 miles. Press time finds us without details on the 100-Mile Relay, so hurry your inquiries to Paul.

- Sun Mar 17 2nd Annual Sugar Beet Run, 6.2 Mi. East Union High School, Manteca, Ca, 9am. (North Union Rd. between Louise Ave and Lathrop Rd. Dick Glasgow, 115 S. Veach, Manteca, Ca 95336
- Sun Mar 17 PA-AAU 30 Kilo Championships, R.L. Stevenson School, Pebble Beach, 10am. Charles J. Day, P.O. Box 3818, Carmel, Ca 93921.
- Sat Mar 23 PA-AAU 50 Mile Championships, Rocklin, 8am. Bob DeCelle, P.O. Box 1606, Alameda, Ca 94501. Ph (Work) 523-2264.
- Sun Mar 24 2nd Annual St Patricia's Day 10 Kilo. Beresford Recr. Center, San Mateo, 9am. Women & Masters Men only. Dawn Bressie, Recreation Dept., City Hall, 330 W. 20th Ave., San Mateo, Ca. 94402. Phone (Work) 574-6745. Sponsored by the San Mateo Recreation Dept.
- Sat Mar 30 6th Annual NORTHERN CALIFORNIA SENIORS Lake Merced Run, 5 Mi. Lake Merced, San Francisco, 11am. Masters only. Jack Bettencourt, 136 Dundee Dr., South San Francisco, Ca 94080.
- Sun Mar 31 2nd Annual Lake Il San Jo 10 Miler, Howarth City Park, Santa Rosa, 10am. Terry Pintane, Valley of the Moon TC, 930 Tranquillo, Santa Rosa, Ca 95405. Ph. 707/539-4927.
- Sun Apr 7 Knights of Columbus Marathon, (PA-AAU & Western Regional Championships), DeAnza College, Cupertino, 9am. Dan O'Keefe, 20186 Forrest Ave., Cupertino, Ca 95014. Ph 408/257-6670.

1974 NATIONAL AAU CHAMPIONSHIPS OF SPECIAL INTEREST TO NCSTC

- Masters Track & Field Championship July Gresham, Oregon
- Masters Decathlon Championship August Santa Maria, Calif.

Details on these not yet available.

Toronto in 1975

We mentioned in Issue No. 50 that a full-fledged Masters Olympics are planned at the new Olympic grounds in 1975, 12 months before the open Olympics of 1976. Word of this important event reached us from John Hutchinson, who got it from Dave Pain's Masters' Newsletter.

One early problem of the Masters' Olympics is the establishment of qualifying standards. We repeat a quote from Dave Pain, leaving out the " marks to avoid confusion with the numbers:

At our (Dave Pain's, etc.) request, Bob Gilmore, National AAU Masters Chairman, has come up with the following standards as minimum qualifying standards for track events for the International meeting in Toronto in 1975. We publish these to solicit comments and reactions. Let's hear from you. In a later issue, we will publish similar minimums for field events.

	Div. I 40-49	Div. II 50-59	Div. III 60-69	Div. IV 70-infinity
100 yds	12.0	13.2	14.4	15.6
100 mtrs	13.2	14.5	15.8	18.8
200/220	26.5	27.8	33.8	39.0
400/440	59.0	62.0	74.0	90.0
800/880	2:24	2:32	2:50	3:15
1500m	4:34	5:32	6:10	7:15
1 mile	5:00	5:45	6:30	8:30
2 Miles	10:30	12:00	14:00	18:00
3 Miles	17:00	19:00	22:00	27:00
5000m	18:00	20:00	23:00	28:00

Toronto in 1975, Continued.

	Div. I	Div. II	Div. III	Div. IV
6 miles	34:00	38:00	42:00	55:00
10,000m	36:00	40:00	44:00	57:00
3000m ST	13:00	15:00	18:00	20:00
Marathon	3:20	3:40	4:00	4:20
110/120 hh	19.0	20.0	25.0	30.0
400/440 ih	65.0	69.0	76.0	98.0

(Editor's note: We made a token reaction to these standards last issue. For an in-depth treatment by another NCSTC member see elsewhere in this issue.)

Editor's Comments at Passing the Baton

New names head this newsletter (the better to route inquiries, we hope), but your tired old editor is pumping down the final straight and holding out the baton. Next issue will be carried along by a new and fresher Editor, Robyn Paulson. I hope as many as possible of you NCSTC members will help her, as you have me, in collecting and gathering the material. The number of frequent and occasional contributors is so large that mentioning names would surely result in leaving out some important one's. So thanks a lot to all of you for your help.

The January 19 general meeting saw the election of Ed Phillips as President and Bernard Berger as Vice-President, and the re-election of John Hutchinson as Secretary-Treasurer. Other key choices for the new year were Chet Steele as Chairman of Track and Field, Jim Nicholson Long Distance Running Chairman, and as mentioned above, Robyn Paulson Editor. A hurried early report by John Hutchinson indicated the vigorous new leaders were brimming with ideas, and as befits this type of club, "off and running." We expect the next issue will tell you more about the routes of that running.

Finishing this last issue as Editor gives me a strong feeling of relief, as other responsibilities made the past year hectic to say the least. On the other hand, there were many satisfactions in working with so many of you, and the small voice whispers that I may have become addicted to writing about the track, field and road scene. Who knows? Perhaps I will soon find myself trembling and shivering and forced to find relief by pounding the typewriter until another of my opinions has spread itself out on the paper.

Over in Modesto, Herb Dowler Keeps Running Along

NCSTC member Herb Dowler was the subject of a recent article in a Modesto paper. One of the small but growing number of active runners among the past 70 set, Dowler believes running each day keeps the doctor away.

"In really bad shape" according to his estimate when he retired some eight years ago, Dowler took up running to improve his health. Today he still keeps in shape by "running, playing tennis, shasing younger women, and staying away from dogs." His latest running accomplishment was first place in the 60-and-up division in the Pepsi 20-Miler. Last year he won in his age group at the Los Angeles Senior Sports International.

Dowler's basic training program consists of running 8 miles a day. Unlike sprinter Mel Patton, who reportedly gave up all dancing at his coach's insistence, Dowler is an avid square dancer. He hopes to keep on running forever, primarily it seems, as a means of keeping in shape for dancing.

The Toronto Standards: Letter from Pax

Mr. Bob Gilmore
 National AAU Masters Chairman
 c/o David Pain
 1951 Cable Street
 San Diego, California

Dear Mr. Gilmore:

Your minimum standards suggested for Toronto in 1975 have appeared in a variety of newsletters and brochures which have recently come to my attention. Most of these sources of information encourage comments and reactions to the proposed minimum standards.

I think a basic decision should be made as to whether or not the purpose of developing the Masters program is strictly to seek the ultimate of excellence in participants over 40 years of age, or to belnd that approach with a low-keyed approach which encourages wide range participation.

I have to be careful in order to be objective concerning your standards, but I sincerely believe my opinion would be the same regardless of my personal ability.

Personally, I find no basic fault with your track minimum standards. However, the marathon is not a track event, and in all probability there would be no need to discourage participation in the marathon for reasons of an overcrowded course. Your marathon minimum standard for division one is actually more difficult to obtain by ten minutes than that of the famous Boston Marathon. It seems to me that it is superfluous to have minimum qualifying times for the marathon.

In addition, I suspect there are more 3 hour and 21 minute, 40 years and older "in shape" marathoners in the world than there are "out of shape" 3 hour and 21 minute, less than 40 years old runners. The point is, quite simply, that you can be in pretty good shape and still not be able to run your minimum standard times for the marathon.

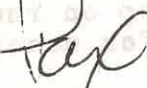
Finally, the only people who like to go and watch the over 40 runners compete are other runners and/or their families. If you delete all the "dog meat" from the marathon activity, the rest of the participants are going to be competing in an incredibly empty house.

In the World Masters Marathon in Cologne, Germany last year I had the pleasure of participating with 550 other marathon runners in what was a tremendous feeling of personal satisfaction for yours truly. I finished 169th out of 550 and ran 3 hours and 22 minutes. So you can see, a 3 hour and 20 minute cutoff is kind of tough -- and unless you have some unique course probably is totally unnecessary.

Excellence has its rewards, but I believe the masters program should primarily be one of encouraging participation. I mean if a guy over 40 years of age still thinks the most important thing in his life is crossing the finish line first in the over-40 race, it seems to me his accent on life is a little bit narrow.

In summary, minimum standards for track events are logical because of space limitations, but I would encourage every bum in the worls to enter your marathon and I would use it as a selling point. You're probably going to need the extra revenue to help finance the overall program anyway, and you'll be offering a lot more fun to a lot more guys.

Yours truly,



Pax Beale

Toronto Standards: Editor' Comments

We cerial graders are always cheered when an Alpo type such as Pax speaks up for the cause of participation by "dog meat." Those new to Northern California road running may not yet know that Pax and Ken Crutchlow, along with their Cathedral Hill Medical Center and other individuals and organizations which we regretfully cannot remember by name, staged a highly successful "Plodders Marathon" in 1971 to protest the 3:30 qualifying standard for the Boston Marathon. In keeping with the objective of honoring the plodder, all runners who had previously broken 3:30 in a marathon (or had demonstrated the ability to do so) were assigned generous delays at the start.

While a number of class marathon runners entered (notably, Jack Leydig), Dick Villafuerte managed to cross the finish line the decisive winner.

Closer competition developed for the unique trophy of this race, the last finisher under 6 hours. A chill wind, stronger and colder than one would expect on Spring day in San Francisco, added to the difficulties of those who would be so bold as to predict who might have the best chance of gaining recognition as the ploddingest of the plodding marathoners. As the whipping breeze cut into the tired and sweat-covered bodies of rear rankers, many highly regarded prospects were chilled into retirement. Other apparent early contenders (including Mary Boitano and Robyn Paulson) were regarded as cinch finishers, but they gradually lost contact with their followers and by mid-course were miles ahead. By that time the contenders appeared to have been reduced to two, both of whom were senior women making a first attempt at the marathon. One of them, Annabelle Marsh, was regarded by insiders as the favorite. Her determination was well known to her associates, and there was little doubt that it would carry her through a distance far longer than she had ever before attempted. The other in contention, Eris Hill, was also a first-timer at the marathon, and only a handful of Bay Area runners had seen her struggle through the steep and muddy Eldorado 14 Miler a few days earlier. Both plodded determinedly through the final miles and finished in a tie.

An unexpected problem developed in awarding the last-place trophy when Buck Swannack finished even later. A board of review decided to disqualify Buck. The exact grounds of the disqualification was made public but most of the listeners at the awards banquet that night in the Dolphin Club may not have gained a clear distinction between what was permissible and what was not. Among the charges (some verified, some not) were taking shelter during the race, ingesting a chill-resistant drug, and professionalism. Apparently he was disqualified on the grounds of professionalism (the record clearly showed he had been a professional football player), Stories that he spent an hour in the Dolphin Club before he finished the race, and that he may have swallowed some alcohol while there may only be hearsay, and whether or not that would have been grounds for disqualification may not have been decided. Such details were lost in the happy feasting.

Getting back to the Toronto Standards, we heartily concur with Pax' suggestion to eliminate qualifying standards for the Toronto Marathon. His reasons for the suggestion could be used as a strong argument for modifying, if not eliminating standards for some other events. One obvious example would be all events in Div. IV. It seems unrealistic to expect enough Noel Johnson's or Fred Grace's to come to justify excluding a less able 70-year-old who wishes to compete. And a performance like Larry Lewis' 17.3 100 yard at age 102 would creat more interest than faster performances by youngsters of 70 or so.

Masters Competing on Professional Programs Risk Future Ineligibility

The last newsletter made an incorrect statement on Page 5 when it stated that "We agree that as veterans competing as amateurs against one another in an ITA meet, that under current AAU rules, as Masters, we need not fear losing our amateur status."

In a letter dated December 10, 1973, to David Pain, the Executive Director of the AAU, Ollan Cassell, provided the "AAU's official position regarding participation of registered amateur athletes in the unsanctioned competition whether they be reinstated for the Masters Program or pure life-long amateurs." "...any registered athlete, when they be reinstated or not, who participate in these ITA events would make themselves ineligible for further AAU competition. Let me refer you to Article 54-454-10(a) and Article 55-455-5 which deal in unsanctioned events."

From Emmett Smith

Trials for Cow Palace and Coliseum Meets

Trials for both indoor meets were held March 12th at Mills High School in Millbrae. Despite lack of regular officials and presence of rain up to 8 am. the seniors trials were held starting at noon.

Special thanks to Ed Parker, Mills Coach, for the track and equipment. Also to NCSTC members Jack Bettencourt, Frank Evans, John Hutchinson, Ed Phillips and Ed Preston for coming out not to compete but to help officiate. Results:

60 yare dash, 40 and up, Heat 1

1. Jim Lingle	6.7
2. Mal Andrews	6.9
3. Ed Manougian	7.0
4. Jack Garnett	7.8
5. Gene Jones	7.8

60 yd, 40 & up, Heat 2

1. Dick Marlin	6.8
2. Ed Mahany	6.8
3. Ed Healy	7.5
4. Frank Evans	7.8

60 yd, 40 & up, Heat 3

1. Ruben Melgosa	7.0
2. G. Yonge	7.2
3. Tom Harney	7.3
4. D. Egley	8.0

60 yd, 40 & up, Heat 4

1. Hank Ketels	7.1
2. Herb Naylor	7.2
3. A. Orlovitz	7.9
Marion Sanchez	DNF

60 yd, 40 & up, Heat 5

1. Phil Dresber	6.9
2. Bob Jordan	6.9
3. Van Parish	7.0
4. John Green	7.2
5. Bruce Grant	7.3

60 yd, 40 & up, First Final

1. Dick Marlin	NCS	6.6	qualified
2. Van Parish	UNA	6.7	qualified
3. Ruben Melgosa	NCS	7.0	
4. Ed Manougian	NCS	7.1	
5. Ed Mahany	NCS	7.4	

60 yd, 40 & up, Second Final

1. Mal Andrews	BAS	6.8	qualified
2. Jim Lingle	BAS	6.9	qualified
3. Phil Presden	UNA	6.9	qualified
4. Bob Jordan	NCS	6.9	

60 yd, 55 & up, Final

1. John Satti	NCS	7.6	qualified
2. Jack Barnes	STC	7.7	qualified
3. Harvey Fanucci	NCS	7.8	qualified
4. A. J. Puglizevich	NCS	8.0	
5. Mel Shine	NCS	8.4	
6. Frankie Hicks	NCS	8.7	

Trials, Continued

Mile Run, 40 & up

1.	Jim Shettler	WVJS	4:48.4	qualified
2.	Dennis Teeguarden	NCS	4:49.2	qualified
3.	Ken Napier	WVJS	4:52.3	qualified
4.	Vance Koerner	NCS	4:56.8	qualified
5.	Don Pickett	NCS	4:57.8	qualified
6.	Michael Healy	WVJS	5:06.0	qualified
7.	Walt Betschart	NCS	5:07.4	qualified
8.	Dennis Esley	UNA	5:16	
9.	Harry Hill	WVJS	5:23.2	
10.	Ed Phillips	NCS	6:04	
11.	Dee Williams	SRC	6:06	
12.	Jack Bettencourt	NCS	6:08	
13.	Jerome Lopes	NCS	6:12	

Long Jump, 40 & up

1.	Mal Andrews	BAS	19' 1 $\frac{1}{2}$ "	qualified
2.	Phil Presber	UNA	19' 1"	qualified
3.	George Yonge	NCS	17' 5 $\frac{1}{4}$ "	qualified
4.	Ed Mahany	NCS	16' 8"	qualified
5.	Van Parish	UNA	16' 2 $\frac{3}{4}$ "	qualified
6.	Bruce Grant	NCS	15' 6 $\frac{3}{4}$ "	
7.	John Green	RCD	15' 3 $\frac{1}{4}$ "	(Our regrets to Phil Presber. We
8.	Walt Betschart	NCS	14' 9 $\frac{3}{4}$ "	hope his two qualifying performances
9.	Harry Huseny	NCS	14' 7"	will compensate for our spelling his
10.	Herb Naylor	NCS	13' 6 $\frac{3}{4}$ "	name 3 ways in 3 tries.)

From Emmett Smith

Trail's End Marathon (Feb 23), A Recommendation

The Trail's End Marathon outside of Portland, Oregon is coming up. Last year 550 entrants on a fast, flat course, and in what is reputedly the best run Marathon in the U. S. Personable Ralph Davis (c/o Portland State University, Portland, Oregon) is the Proud Founder and Meet Director.

From Pax Beale

Anyone for Death Valley to Mount Whitney Run?

Pax Beale and Ken Crutchlow are willing to pass on rules and helpful hints to anyone who wishes to match their adventure of last August (See Issue No. 49 of this Newsletter). If you are interested in trying this admittedly zaney undertaking, write Pax at 1801 Bush Street, San Francisco 94109.

Sprinting Report--a Correction and Amplification

Our report was somewhat misleading in identifying Percy Knox as the new 40-year-old who had beaten Ben Anixter at 100 meters in the 35-39 division at the Senior International last June. The statement was true, but the contest at 200 meters the next day had a different result:

1. Ted Cain 22.5
2. Ben Anixter 23.0
3. Percy Knox 23.2.

Women Runners - Try The Triathlon

Our new President, Ed Phillips, would like to see women participate in track and field events, and, to encourage this, he has included a "Triathlon" in the next meet to be held at Los Altos on March 9th. The "Triathlon" will consist of a 100 yard dash, an 880 yard run (or a mile) and javelin. If you have never sprinted or thrown a javelin, and how many have, come anyway. Ed will be happy to coach anyone who is interested. It should be a lot of fun, so see you in Los Altos. For more information call me at 376-0819.

Elizabeth Berger

U. S. Masters' South Pacific Tour, Dec. 13 to Jan 1

(We kept repeating announcements about this tour, and wondered how it came out. In reading the January issue of the DSE news we found this report on the just-completed tour. Trusting that our acknowledgement of the value of that publication will make some amends for our pirating from it, we reproduce in full the report by participant Walt Stack.)

This is written in response to requests for information regarding the U.S. "Masters" (over 40) track team tour of three weeks through Australia, New Zealand, Fiji and Hawaii.

One hundred and thirty athletes, accompanied by their spouses, representing 40 states took part in track and field events against the masters champs of those countries. There were some national and world champions in our group. In other countries we met the internationally famous Lydiard, Snell and Foster.

Our hosts in the various countries won approximately 50% of the events. Events were such as Hammer throw, Javelin, Pole Vault, Discus throw, High and Broad jump, etc. Running events were various relays and 100 yards to 10,000 meter runs and a couple of 10 mile runs. Yours Truly being the plodder that you know, was unable to do anything worthy of comment except to come in 4th in age group in a 10 mile run up Mt. Tantalus (5 up and 5 down) in Honolulu.

Another DSE member, Norman Bright, the former international class runner and Dipsea Champion came home with a pocket full of medals.

We were received with great hospitality wherever we went and the gang itself was as congenial as you could find. Dave Pain, Helen Pain and Randy Pain did an outstanding job in preparing and conducting this tour. Dave, an attorney from San Diego, is the originator of Masters' track activities on the coast. He has been here to run the Dipsea and ran Pike's Peak last year. The next international Masters' Meet will be in Toronto in 1975.

1973--Year of the Women

Our designation of 1973 seems in contradiction of a number of events. Young men did fine, as Kenya's Ben Jipcho, Athlete of the Year, reduced the 3000 meter steeple chase record several times and wound up some 6 seconds under the previous standard with 8:14.0. Rick Wohlhuter clipped the 880 to 1:44.6 and Marcello Fiasconaro finally removed Peter Snell's 1:44.3 800m from the book with 1:43.7. Brendan Foster shaded the 2 mile standard with 8:13.8. Seppo Nikkari clipped the 25,000m record with 1:14:55.6 and cracked the 15 mile record en route. Dwight Stones high jumped 7' 6 5/8". Sensational 20-year-old Filbert Bayi habitually started his mile races with opening laps of 51 to 53 seconds and stampeded his rivals into startling times. Jipcho needed a 3:52.0 to barely overhaul him in one race, and in another Bayi hung on for a 3:34.6 (second fastest ever) win in 1500m in which 12th place was 3:38.4. Al Feuerbach heaved the shot 71' 7".

Comebackers had a good year, particularly in the marathon, as Frank Shorter recovered from a broken foot to win the U.S. Cross Country Championship and take the Fukuoka Marathon in 2:11:45. Derek Clayton, all-time fastest with 2:08:33.6 in 1966, posted 3rd best time of 1973 with 2:12:08. Ron Hill did 2:13:22, Jerome Drayton 2:13:27 and Jack Foster (age 41) 2:14:54.

But it was in women's running where the greatest improvements occurred. Miki Gorman, 38, a tiny and tough runner from Los Angeles, smashed the marathon record with 2:46:36. (She made news several years ago by running 100 miles in 21 hours.) Tall (5 10 1/2) Luanne Kralick, 41, was first senior woman under the Boston standard with 2:29:07. Ruth Anderson, a local runner who lives in Oakland and works in Livermore, further reduced the senior women's record to 2:26:36. San Diego's Eileen "Laughing" Waters, 28, cut nearly 20 minutes from Natalie Cullimore's 50-mile world best with 7:05. Becoming fresher and happier as the race progressed, Eileen chuckled and exchanged jokes with officials as she gradually picked up speed to a 6:46 final mile. Mary Etta Boitano, 10, became first woman to win the Dipsea. Natalie Cullimore compensated for her lost 50-mile record by finishing 100 miles in one day for the second time and apparently becoming the first woman ever to win a major AAU race against the men's open class. And in the most sensational new record of all, Svetla Zlateva, a medically certified girl, ran 1:57.5 at 800m to end consideration of the mark set in 1964 by Miss (later Mr.) Sin Kim Dan.