

## So Cal Jim Bush Championships - 6/9/2024

6/9/2024

## Results - All - Age Grading: 1 Yr Indiv &amp; 5 yr Multi

**Event 11 W60 5000 Meter Race Walk /w 12,13****Finals**

1 Matthews, Stephanie W60 So Cal Track 34:56.61

**Event 11 W65 5000 Meter Race Walk /w 12,13****Finals**

1 Rasmussen, Paula W69 So Cal Track 38:44.16

**Event 11 W80 5000 Meter Race Walk /w 12,13****Finals**

1 Dyar, Carol W83 Unattached 39:48.40

**Event 12 Men 5000 Meter Race Walk /w 11,13 OPEN****Finals**

1 Christie, Nick M32 New York Ath 20:27.08

**Event 13 M60 5000 Meter Race Walk /w 11,12****Finals**

1 James, Allen M60 So Cal Track 24:05.16

2 Papacalos, George M64 So Cal Track 36:17.97

**Event 13 M65 5000 Meter Race Walk /w 11,12****Finals**

1 Matthews, Jonathan M67 So Cal Track 27:52.78

**Event 13 M75 5000 Meter Race Walk /w 11,12****Finals**

1 Campbell, Richard M78 So Cal Track 36:11.80

**Event 21 W35 5000 Meter Run /w 23****Finals**

1 Lowry, Cristina W38 Unattached 18:42.83

**Event 21 W40 5000 Meter Run /w 23****Finals**

1 Yi, Miaomiao W42 Unattached 20:46.32

**Event 21 W45 5000 Meter Run /w 23****Finals**

1 Luque, Nicole W46 Arc Run Club 21:26.63

**Event 21 W50 5000 Meter Run /w 23****Finals**

1 Sanchez Sr., Blanca W53 Guatemala 23:12.10

**Event 23 M30 5000 Meter Run /w 21****Finals**

1 Gremmel, Robin M32 Arc Run Club 16:57.75

2 Daneshgar, Brian M30 Track Club L 18:17.96

**Event 23 M40 5000 Meter Run /w 21****Finals**

1 Shaposhnik, Zory M43 Track Club L 18:22.88

**Event 23 M50 5000 Meter Run /w 21****Finals**

1 Cordeiro-Benson Jr., Felix M54 Arc Run Club 20:02.09

2 Ferry, Joseph M51 Unattached 19:52.63

3 Woodward, Chris M54 University o 27:44.52

**Event 23 M60 5000 Meter Run /w 21****Finals**

1 Cushenbery, Brent M64 So Cal Track 23:24.03

**Event 23 M65 5000 Meter Run /w 21****Finals**

1 Wright, Phillip M68 Unattached 23:28.43

**Event 31 W40 80 Short Hurdles /w 33****Finals**

1 Augustus, Toyin W44 Nigeria 11.38 NWI

**Event 33 M70 80 Short Hurdles /w 31****Finals**

1 Wilson Sr., Thaddeus M73 Pacific Coas 14.10 0.6

2 Stevens, Ron M70 SC Striders 14.91 0.6

**Event 41 M50 100 Short Hurdles /w 43****Finals**

1 Woods, David M54 Unattached 26.92 -0.1

**Event 41 M65 100 Short Hurdles /w 43****Finals**

1 Niroumand, Mahmoud M67 Unattached 17.88 -0.1

**Event 42 Men 110 Short Hurdles OPEN****Finals**

1 Foster, Jasher M29 Unattached 14.58 -0.1

**Event 43 M45 110 Short Hurdles /w 41****Finals**

1 Sun, Andrew M45 Unattached 19.33 -0.1

**Event 46 Women 100 Short Hurdles OPEN****Finals**

1 Dyer, Danae W29 Unattached 13.23 1.5

2 Jefferson, Alessandra W19 speedjumpeli 16.95 1.5

**Event 50 Women 1500 Meter Run /w 51 OPEN****Finals**

1 Hawkins, Ailish W19 Ireland 4:37.62

2 Hawkins, Fiona W20 Ireland 4:37.91

3 Pitcavage, Erica W34 Arc Run Club 5:40.73

**Event 51 W40 1500 Meter Run /w 50****Finals**

1 Canali, Gia W43 Arc Run Club 5:19.94

**Event 51 W45 1500 Meter Run /w 50****Finals**

1 Shearer, Maggie W46 Cal Coast Tr 5:06.20

2 Wu, Cambria W45 Unattached 5:12.34

**Event 51 W55 1500 Meter Run /w 50****Finals**

1 Robinson, Jeannie W59 Cal Coast Tr 6:00.99

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**Event 51 W65 1500 Meter Run /w 50****Finals**

1 Lee, Debbie W67 So Cal Track 6:40.63

**Event 54 Men 1500 Meter Run /w 55 OPEN****Finals**

1 Spector, Nicholas M32 Hoka Aggie R 4:17.53

**Event 55 M45 1500 Meter Run /w 54****Finals**

1 Sallberg, Jacques M49 Cal Coast Tr 4:24.85

**Event 55 M50 1500 Meter Run /w 54****Finals**

1 Jacobo Gutierrez, Jose M54 Unattached 5:37.16

2 Cordeiro-Benson Jr., Felix M54 Arc Run Club 5:44.45

3 Woodward, Chris M54 University o 7:47.75

**Event 55 M60 1500 Meter Run /w 54****Finals**

1 Cushenbery, Brent M64 So Cal Track 6:29.72

**Event 55 M65 1500 Meter Run /w 54****Finals**

1 Nelson, Brian M66 Cal Coast Tr 5:18.97

2 Brumwell, Steve M66 So Cal Track 5:55.64

**Event 55 M70 1500 Meter Run /w 54****Finals**

1 Shaheed, Nolan M74 So Cal Track 5:40.69

**Event 60 Women 400 Meter Dash OPEN****Finals**

1 Eaton, Joy W34 Unattached 56.00

**Event 61 W30 400 Meter Dash****Finals**

1 Thomas, Keyona W31 Unattached 1:03.02

**Event 61 W60 400 Meter Dash****Finals**

1 McDonald, Sue W61 Unattached 1:03.85

**Event 61 W70 400 Meter Dash****Finals**

1 Bowman, Tina W71 SC Striders 1:30.76

2 Braxton, Freddie W74 Trojan Maste 1:51.04

**Event 62 Men 400 Meter Dash OPEN****Finals**

1 Dedewo, Paul M33 Unattached 45.68

2 Wright, Willington M23 Unattached 45.75

3 Cherry Jr., Michael M29 NIKE 46.41

4 Naim, Arian M29 Unattached 47.70

5 Franco, Alexander M29 Unattached 48.10

6 Carnaghe, Luke M16 Unattached 50.86

7 Mwewa, Emmanuel M29 Unattached 48.97

8 Mumba, Prince M39 Unattached 52.45

9 Howard, Tyler. M21 Azusa Pacifi 52.73

10 Mei, Koa M15 Unattached 58.32

**Event 63 M40 400 Meter Dash****Finals**

1 Smith, Aaron M43 So Cal Track 56.00

**Event 63 M50 400 Meter Dash****Finals**

1 Brown, Michael M50 Pacific Coas 55.54

2 Blackman, Joe M53 So Cal Track 1:07.93

**Event 63 M55 400 Meter Dash****Finals**

1 Kearns, Brad M59 Unattached 1:02.81

2 Garratt, John M57 Track Club L 1:04.41

3 Coleman, BaoKim M57 Trojan Maste 1:11.77

**Event 70 Women 800 Meter Run /w 71 OPEN****Finals**

1 Hawkins, Fiona W20 Ireland 2:19.76

2 McFaul, Kelsey W30 Arc Run Club 2:22.90

3 Sepand, Talya W16 Unattached 2:31.28

**Event 71 W50 800 Meter Run /w 70****Finals**

1 Nedley, Felecia W51 Unattached 2:33.62

**Event 71 W55 800 Meter Run /w 70****Finals**

1 Guerrini, Elizabeth W55 Cal Coast Tr 2:44.51

**Event 71 W65 800 Meter Run /w 70****Finals**

1 Lee, Debbie W67 So Cal Track 3:20.16

**Event 72 Men 800 Meter Run OPEN****Finals**

1 Turner, Shannon M25 California S 1:55.01

2 Ramirez, Daniel M16 Unattached 2:03.59

3 Hughes, Michael M20 Unattached 2:00.56

4 Ballard, Noah M25 University o 1:59.83

5 Hamlin, Michale M31 Unattached 2:00.74

6 Garcia, Joe M16 Unattached 2:11.43

7 Spector, Nicholas M32 Hoka Aggie R 2:08.00

**Event 73 M35 800 Meter Run****Finals**

1 Lew, Jon M36 Valor Track 2:15.75

**Event 73 M40 800 Meter Run****Finals**

1 Shaposhnik, Zory M43 Track Club L 2:27.62

**Event 73 M50 800 Meter Run****Finals**

1 Bernard, Nyron M51 Track Club L 2:20.63

2 Woodward, Chris M54 University o 3:53.19

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<b>Event 73 M55 800 Meter Run</b>	3	Braxton, Freddie	W74	Trojan Maste	22.35	-0.4
<b>Event 73 M60 800 Meter Run</b>						
<b>Event 73 M65 800 Meter Run</b>						
<b>Event 73 M70 800 Meter Run</b>						
<b>Event 73 M75 800 Meter Run</b>						
<b>Event 73 M80 800 Meter Run</b>						
<b>Event 81 W29&amp;U 100 Meter Dash</b>						
<b>Event 81 W30 100 Meter Dash</b>						
<b>Event 81 W33 100 Meter Dash</b>						
<b>Event 81 W35 100 Meter Dash</b>						
<b>Event 81 W40 100 Meter Dash</b>						
<b>Event 81 W45 100 Meter Dash</b>						
<b>Event 81 W50 100 Meter Dash</b>						
<b>Event 81 W55 100 Meter Dash</b>						
<b>Event 81 W60 100 Meter Dash</b>						
<b>Event 81 W70 100 Meter Dash</b>						
<b>Event 81 W80 100 Meter Dash</b>						
<b>Event 82 Men 100 Meter Dash OPEN</b>						
<b>Event 83 M29&amp;U 100 Meter Dash</b>						
<b>Event 83 M30 100 Meter Dash</b>						
<b>Event 83 M35 100 Meter Dash</b>						
<b>Event 83 M40 100 Meter Dash</b>						
<b>Event 83 M50 100 Meter Dash</b>						
<b>Event 83 M55 100 Meter Dash</b>						
<b>Event 83 M60 100 Meter Dash</b>						
<b>Event 73 M55 800 Meter Run</b>	1	Ramos, Guadalupe (Lou)	M57	Trojan Maste	2:46.71	
<b>Event 73 M60 800 Meter Run</b>	1	Knerr, Ray	M64	Cal Coast Tr	2:23.52	
	2	Smith, Allen	M61	So Cal Track	2:41.01	
	3	Fuerte, Ambrose	M61	Unattached	2:42.66	
<b>Event 73 M65 800 Meter Run</b>	1	Hammer, Kenneth	M68	Track Club L	2:37.57	
	2	Geller, Jonathan	M65	Unattached	2:38.90	
<b>Event 73 M70 800 Meter Run</b>	1	Shaheed, Nolan	M74	So Cal Track	2:46.13	
<b>Event 73 M75 800 Meter Run</b>	1	Kraus, Bernie	M77	Unattached	3:33.75	
<b>Event 73 M80 800 Meter Run</b>	1	Murdock, Ev	M83	Unattached	5:11.38	
<b>Event 81 W29&amp;U 100 Meter Dash</b>	1	Buchanan, Leya	W20	Canada	11.69	1.9
	2	Smith, Aurora	W16	Unattached	12.81	1.9
<b>Event 81 W30 100 Meter Dash</b>	1	Thomas, Keyona	W31	Unattached	12.87	1.9
	2	Session, Lachelle	W30	Unattached	13.08	1.9
<b>Event 81 W33 100 Meter Dash</b>	1	Mann, Elly	W48	Joy's Jackra	13.73	1.9
<b>Event 81 W35 100 Meter Dash</b>	1	Watkins, Darnesha	W52	Unattached	14.18	1.9
<b>Event 81 W40 100 Meter Dash</b>	1	Jones, L. LaShawn	W58	Unattached	14.89	1.9
<b>Event 81 W45 100 Meter Dash</b>	1	Jones, Jennifer	W63	SC Striders	17.09	-0.4
	2	von Winckelmann, Debby	W64	SC Striders	18.25	-0.4
<b>Event 81 W50 100 Meter Dash</b>	1	Bowman, Tina	W71	SC Striders	17.05	-0.4
	2	Cohn, Linda	W71	SC Striders	17.73	-0.4
<b>Event 81 W55 100 Meter Dash</b>	1	Phillips Jr, David	M23	Unattached	10.32	1.4
	2	Wells Jr, Emmanuel	M26	Unattached	10.37	1.4
	3	Coleman, Jordan	M18	Unattached	10.72	1.4
	4	Hensley-Prince, Malik	M20	Unattached	10.65	1.4
	5	Holland, Mikey	M20	Unattached	10.74	1.4
	6	Shamburger, Rashad	M19	Unattached	10.91	1.4
	7	Schindler, Joshua	M27	Pacific Coas	10.86	1.4
	8	Barton, Daivion	M29	Unattached	10.91	1.4
	9	Spruill, Deandre	M22	Unattached	11.08	1.4
	10	White, Paden	M29	Unattached	11.36	1.5
	11	Peters, Justin	M20	Unattached	11.59	1.5
	12	Delgado, Isiah	M29	Unattached	11.81	1.5
<b>Event 83 M29&amp;U 100 Meter Dash</b>	1	Wright, Keshawn	M27	Trojan Maste	11.62	0.2
	2	Lopez, Luiz (Michael)	M29	Trojan Maste	12.18	0.2
<b>Event 83 M30 100 Meter Dash</b>	1	Dawson, Jarod	M31	Unattached	11.07	0.2
	2	Aguilar, Nicholas	M30	Trojan Maste	12.04	0.2
	3	Maturan, James	M30	Unattached	12.40	0.2
<b>Event 83 M35 100 Meter Dash</b>	1	Trieu, Frank	M35	Unattached	11.83	2.2
	2	Flood, Jeremiah	M38	Unattached	12.93	2.2
<b>Event 83 M40 100 Meter Dash</b>	1	Smith, Aaron	M43	So Cal Track	12.10	2.2
	1	McKeown, Jeff	M43	Pacific Coas	12.10	2.2
<b>Event 83 M50 100 Meter Dash</b>	1	Torija, Hugo	M54	Unattached	12.72	2.2
	2	Park, Andy	M54	Trojan Maste	14.96	2.2
<b>Event 83 M55 100 Meter Dash</b>	1	Hightower, Lloyd	M56	SC Striders	12.42	NWI
	2	Clemons, Tony TC	M58	Trojan Maste	12.74	NWI
	3	Boba, Randy	M57	Trojan Maste	12.75	NWI
	4	Kearns, Brad	M59	Unattached	13.92	NWI
<b>Event 83 M60 100 Meter Dash</b>	1	Millerbis, Alvin	M60	Unattached	15.41	NWI

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**Event 83 M65 100 Meter Dash****Finals**

1	Pearman, Clinton	M67	Unattached	14.19	1.7
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**Event 83 M70 100 Meter Dash****Finals**

1	Stevens, Ron	M70	SC Striders	12.76	1.7
2	Johnson, Lionel	M72	SC Striders	13.76	1.7
3	Eskridge, James	M70	Unattached	14.18	1.7
4	Driver III, F Eugene	M73	Trojan Maste	14.97	1.7
5	Weiss, Noel	M72	So Cal Track	15.12	1.7

**Event 83 M80 100 Meter Dash****Finals**

1	Ryan, Steve	M83	Unattached	26.14	1.7
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**Event 100 Women 400 Long Hurdles /w 101,102 OPEN****Finals**

1	Westby, Jaya	W18	Unattached	1:05.83	
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**Event 101 W40 400 Long Hurdles /w 100,102****Finals**

1	Hufenbecher, Christine	W44	Arc Run Club	1:08.09	
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**Event 110 Women 200 Meter Dash OPEN****Finals**

1	McDonald, Sue	W61	Unattached	28.69	NWI
2	Wathanasin, Yupa	W52	Unattached	30.80	NWI
3	Nedley, Felecia	W51	Unattached	30.84	NWI
4	Smith, Aurora	W16	Unattached	27.33	NWI
5	Session, Lachelle	W30	Unattached	28.38	NWI

**Event 111 W55 200 Meter Dash****Finals**

1	Jones, L. LaShawn	W58	Unattached	30.77	0.8
2	Guerrini, Elizabeth	W55	Cal Coast Tr	34.39	0.8

**Event 111 W65 200 Meter Dash****Finals**

1	Lee, Debbie	W67	So Cal Track	38.68	0.8
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**Event 111 W70 200 Meter Dash****Finals**

1	Bowman, Tina	W71	SC Striders	37.27	0.8
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**Event 111 W80 200 Meter Dash****Finals**

1	Bergen, Kathy	W84	SC Striders	45.71	0.8
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**Event 112 Men 200 Meter Dash OPEN****Finals**

1	Coleman, Jordan	M18	Unattached	21.03	2.2
2	Dunlap Jr., David	M24	Unattached	20.86	2.2
3	Wells Jr., Emmanuel	M26	Unattached	21.07	2.2
4	Hensley-Prince, Malik	M20	Unattached	21.65	2.2
5	Mwewa, Emmanuel	M29	Unattached	21.98	2.2
6	Shamburger, Rashad	M19	Unattached	22.27	1.5
7	Dawson, Jarod	M31	Unattached	22.86	1.5

8	Delgado, Isiah	M29	Unattached	23.86	1.5
9	Aguilar, Nicholas	M30	Trojan Maste	24.55	1.5
10	Lopez, Luiz (Michael)	M29	Trojan Maste	25.66	1.5

**Event 113 M35 200 Meter Dash****Finals**

1	Trieu, Frank	M35	Unattached	24.61	0.7
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**Event 113 M40 200 Meter Dash****Finals**

1	McKeown, Jeff	M43	Pacific Coas	24.58	0.7
2	Smith, Aaron	M43	So Cal Track	24.65	0.7

**Event 113 M50 200 Meter Dash****Finals**

1	Brown, Michael	M50	Pacific Coas	24.34	0.7
2	Torija, Hugo	M54	Unattached	26.00	0.7
3	Blackman, Joe	M53	So Cal Track	29.50	2.8
4	Park, Andy	M54	Trojan Maste	31.50	2.8

**Event 113 M55 200 Meter Dash****Finals**

1	Hightower, Lloyd	M56	SC Striders	25.18	2.8
2	Boba, Randy	M57	Trojan Maste	25.62	2.8

**Event 113 M65 200 Meter Dash****Finals**

1	Pearman, Clinton	M67	Unattached	30.82	0.6
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**Event 113 M70 200 Meter Dash****Finals**

1	Stevens, Ron	M70	SC Striders	26.76	0.6
2	Driver III, F Eugene	M73	Trojan Maste	31.18	0.6
3	Weiss, Noel	M72	So Cal Track	32.38	0.6

**Event 113 M80 200 Meter Dash****Finals**

1	Ryan, Steve	M83	Unattached	1:00.32	0.6
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**Event 121 W70 2000 Meter Steeplechase /w 123****Finals**

1	Braxton, Freddie	W74	Trojan Maste	14:01.95	
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**Event 131 M45 3000 Meter Steeplechase****Finals**

1	Perez, Rafael	M48	West Coast W	11:59.34	
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**Event 131 M50 3000 Meter Steeplechase****Finals**

2	Blackman, Joe	M53	So Cal Track	15:02.48	
3	Park, Andy	M54	Trojan Maste	18:52.11	

**Event 211 W45 High Jump****Finals**

1	Rivera-Nichols, Staci	W45	Unattached	1.27m	
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**Event 211 W60 High Jump****Finals**

1	von Winkelmann, Debby	W64	SC Striders	1.17m	
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**Event 241 W70 Triple Jump****Finals**

1 Cohn, Linda W71 SC Striders 6.78m 2.8

**Event 242 Men Triple Jump OPEN****Finals**

1 Airewele, Oseoba M27 speedjumpeli 14.49m 0.7

**Event 243 M65 Triple Jump****Finals**

1 Niroumand, Mahmoud M67 Unattached 9.45m 2.9

**Event 243 M75 Triple Jump****Finals**

1 Mimm, Gregory M75 So Cal Track 8.47m +0.0

**Event 243 M85 Triple Jump****Finals**

1 Bergen, Bert M86 SC Striders 5.42m 1.0

**Event 251 W60 Javelin Throw****Finals**

1 von Winkelmann, Debby W64 SC Striders 20.34m

2 Lee, Suzette W60 SC Striders 20.39m

**Event 251 W65 Javelin Throw****Finals**

1 Smith, Darcy W69 AZ Desert Th 10.89m

2 Bieber, Debra W66 So Cal Track 9.19m

**Event 251 W70 Javelin Throw****Finals**

1 Cohn, Linda W71 SC Striders 27.17m

2 Bowman, Tina W71 SC Striders 20.26m

**Event 262 Men Shot Put OPEN****Finals**

1 Clark, Cole M16 Unattached 13.23m

**Event 263 M40 Shot Put****Finals**

1 Smith, Aaron M43 So Cal Track 7.71m

**Event 263 M50 Shot Put****Finals**

1 Woods, David M54 Unattached 8.89m

**Event 263 M60 Shot Put****Finals**

1 Finley, Brian M60 Unattached 9.39m

2 Swenson, Kenneth M62 Unattached 7.51m

**Event 263 M70 Shot Put****Finals**

1 Watson, Richard M71 AZ Desert Th 10.18m

**Event 263 M75 Shot Put****Finals**

1 Harvey, William M78 Unattached 11.06m

**Event 263 M80 Shot Put****Finals**

1 Sheakley, Harold M83 Unattached 17.75m

2 Katsis, Tom M84 SC Striders 17.73m

**Event 271 W55 Discus Throw****Finals**

1 Kirkbride, Rosalie W56 Unattached 17.91m

**Event 271 W60 Discus Throw****Finals**

1 Lee, Suzette W60 SC Striders 19.01m

**Event 271 W65 Discus Throw****Finals**

1 Smith, Darcy W69 AZ Desert Th 14.43m

2 Bieber, Debra W66 So Cal Track 10.97m

**Event 271 W70 Discus Throw****Finals**

1 Cohn, Linda W71 SC Striders 22.25m

**Event 271 W75 Discus Throw****Finals**

1 Steekelenburg, Annelies W76 Unattached 17.88m

**Event 281 W40 Hammer Throw****Finals**

1 Haapanen, Amy W40 Unattached 57.99m

**Event 281 W60 Hammer Throw****Finals**

1 Lee, Suzette W60 SC Striders 27.36m

**Event 281 W65 Hammer Throw****Finals**

1 Smith, Darcy W69 AZ Desert Th 15.19m

**Event 283 M45 Hammer Throw****Finals**

1 Ganek, Mark M45 Unattached 46.20m

**Event 283 M60 Hammer Throw****Finals**

1 Swenson, Kenneth M62 Unattached 15.11m

**Event 283 M70 Hammer Throw****Finals**

1 Goldhammer, John M70 Unattached 52.57m

2 Watson, Richard M71 AZ Desert Th 40.38m

**Event 291 W60 Weight Throw****Finals**

1 Lee, Suzette W60 SC Striders 11.31m

**Event 291 W65 Weight Throw****Finals**

1 Smith, Darcy W69 AZ Desert Th 7.08m

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**Event 293 M60 Weight Throw**

**Finals**

1	Swenson, Kenneth	M62	Unattached	5.74m
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**Event 293 M65 Weight Throw**

**Finals**

1	Lyons, Charles	M69	So Cal Track	8.55m
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**Event 293 M70 Weight Throw**

**Finals**

1	Goldhammer, John	M70	Unattached	19.76m
2	Watson, Richard	M71	AZ Desert Th	13.71m