

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W25-29 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
Finals					
1 # 4 Adams, Lauren	W28 Unattached	14.50	15.67	-0.6	8
2 # 1235 Van Den Top, Rach	W27 So Cal Track Club		17.16	-0.6	6

**W30 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
1 # 1200 Thomas, Keyona	W31 Unattached	12.87	12.80	+0.0	8
2 # 542 Howe, Jacqueline	W33 Unattached	12.50	12.83	+0.0	6
3 # 794 McPhee, Hanna	W32 Unattached	12.71	12.97	+0.0	4
4 # 1073 Session, Lachelle	W31 Unattached	12.82	13.09	+0.0	3
5 # 436 Green, Zafirah	W34 Isaa (Intern	13.24	13.59	+0.0	2

**W35 100 Meter Dash**

USATF: A 11.05					
WMA: R 10.62					
Name	Age Team	Seed	Finals	Wind	Points
1 # 413 Giscombe, Odeika	W35 Unattached	12.17	12.26	0.8	8
2 # 686 Liang, Grace	W37 Unattached	12.87	12.52	0.8	6
3 # 891 Orchard, Trey	W35 Joy's Jackra	12.90	13.17	0.8	4
4 # 472 Hansen, Samantha	W37 Unattached	13.40	13.22	0.8	3
5 # 298 Dorsey, Brittany	W39 Amp Up Sport		14.00	0.8	2

**W40 100 Meter Dash**

USATF: A 12.31					
WMA: R 11.09					
Name	Age Team	Seed	Finals	Wind	Points
1 # 428 Grant, Easter	W41 Southwest Sp	12.02	12.32	+0.0	8
2 # 549 Hufenbecher, Chri	W44 Arc Run Club	13.30	13.19	+0.0	6
3 # 1237 Vazquez, Katrina	W43 Bella N Motion	14.00	13.52	+0.0	4
4 # 83 Benson, Jennifer	W44 Atlanta Track Club	14.10	13.80	+0.0	3
5 # 508 Hightower, Victor	W43 Unattached	14.60	15.17	+0.0	2
6 # 60 Barnhart, Rachael	W40 Amp Up Sport		16.48	+0.0	1

**W45 100 Meter Dash**

USATF: A 12.10					
WMA: R 11.34					
Name	Age Team	Seed	Finals	Wind	Points
1 # 792 McNamee, Cynthia	W48 Southwest Sp	12.48	12.96	0.8	8
2 # 728 Mann, Elly	W48 Joy's Jackra	13.51	13.65	0.8	6
3 # 754 Mathews, Jameen	W46 Atlanta Track Club	13.67	13.99	0.8	4
4 # 707 Luedke, Lace	W48 Unattached	13.84	14.13	0.8	3
5 # 288 DiTaranto, Meliss	W47 Unattached	14.00	14.33	0.8	2
6 # 335 Ellis-Rhea, Kimbe	W48 Amp Up Sport		14.83	0.8	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W50 100 Meter Dash**

USATF: A 12.50

WMA: R 11.67

Name	Age	Team	Seed	Finals	Wind	Points
1 # 757 Matthews, Kristy	W51	So Cal Track Club	13.10	13.70	+0.0	8
2 # 661 Lain, Stephanie	W54	Joy's Jackra	15.42	15.51	+0.0	6

**W55 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 13.12

WMA: R 12.15

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 # 221 Collier, Andrea	W57	Unattached	13.12	13.43Q	0.4	2
2 # 785 Mcgowan, Emmanuel	W56	Maximum Quot	13.44	13.54Q	1.4	1
3 # 1078 Shearer-Hannah, A	W58	Unattached	14.41	14.63Q	1.4	1
4 # 598 Jones, L. LaShawn	W58	Unattached	14.69	14.97Q	0.4	2
5 # 433 Gray, Juaquita	W59	SC Striders	14.88	14.72q	1.4	1
6 # 1278 West, Nedenia	W55	Southwest Sp	14.50	15.41q	0.4	2
7 # 1046 Saville, Shalon	W59	SC Striders	17.00	16.65q	1.4	1
8 # 669 Lauper Polk, Lind	W56	The Quicksil	17.65	17.57q	0.4	2

**W55 100 Meter Dash**

USATF: A 13.12

WMA: R 12.15

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 # 221 Collier, Andrea	W57	Unattached	13.43	13.25	0.2	8
2 # 785 Mcgowan, Emmanuel	W56	Maximum Quot	13.54	13.26	0.2	6
3 # 1078 Shearer-Hannah, A	W58	Unattached	14.63	14.64	0.2	4
4 # 598 Jones, L. LaShawn	W58	Unattached	14.97	14.73	0.2	3
5 # 433 Gray, Juaquita	W59	SC Striders	14.72	14.92	0.2	2
6 # 1278 West, Nedenia	W55	Southwest Sp	15.41	15.56	0.2	1
7 # 1046 Saville, Shalon	W59	SC Striders	16.65	16.73	0.2	
8 # 669 Lauper Polk, Lind	W56	The Quicksil	17.57	17.57	0.2	

**W60 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 13.64

WMA: R 13.20

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 # 1232 Upshaw, Joy	W63	Joy's Jackra		14.10Q	-0.1	1
2 # 1066 Scott, Daphne	W63	Unattached	14.58	15.28Q	-0.5	2
3 # 1259 Washington, Angel	W62	Pioneer Athl	14.60	14.91Q	-0.1	1
4 # 212 Clarke, Amanda	W60	Joy's Jackra	16.00	16.09Q	-0.5	2
5 # 1029 Roy, Jeanne	W63	SC Striders	15.62	15.75q	-0.1	1
6 # 594 Jones, Jennifer	W63	SC Striders		16.57q	-0.1	1
7 # 807 Michon, Michele	W61	Unattached		16.64q	-0.5	2

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8 #	861 Nealy, Dr. Angela	W63 Unattached		18.37q	-0.5	2
9 #	127 Borges, Deborah	W64 Pioneer Athl	17.00	19.75	-0.5	2

**W60 100 Meter Dash**

USATF: A 13.64

WMA: R 13.20

Name	Age Team	Prelims	Finals	Wind	Points
Finals					
1 # 1232 Upshaw, Joy	W63 Joy's Jackra	14.10	14.08	0.6	8
2 # 1066 Scott, Daphne	W63 Unattached	15.28	14.63	0.6	6
3 # 1029 Roy, Jeanne	W63 SC Striders	15.75	15.87	0.6	4
4 # 212 Clarke, Amanda	W60 Joy's Jackra	16.09	16.05	0.6	3
5 # 807 Michon, Michele	W61 Unattached	16.64	16.58	0.6	2
6 # 594 Jones, Jennifer	W63 SC Striders	16.57	16.89	0.6	1
7 # 861 Nealy, Dr. Angela	W63 Unattached	18.37	17.98	0.6	

**W65 100 Meter Dash**

USATF: A 14.10

WMA: R 13.91

Name	Age Team	Seed	Finals	Wind	Points
1 # 1304 Wilson, Linda	W65 Unattached	14.10	14.13	-0.4	8
2 # 274 Deak, Elizabeth	W66 Unattached	14.27	14.64	-0.4	6
3 # 102 Black, Cara	W66 SC Striders	15.49	15.32	-0.4	4
4 # 762 Maxwell, Karen	W65 SC Striders	15.40	16.13	-0.4	3
5 # 1074 Sexton, Carol	W67 Unattached		19.31	-0.4	2
6 # 1173 Sunahara, Lisa	W66 Unattached	14.00	19.81	-0.4	1
7 # 492 *Hayashi, Yuko	W66 Japan	19.95	X20.57	-0.4	

**W70 100 Meter Dash**

USATF: A 14.76

WMA: R 14.73

Name	Age Team	Seed	Finals	Wind	Points
1 # 1313 Woodward-Turner,	W70 U.S. Air Force	14.10	14.71R	0.3	8
2 # 131 Bowman, Tina	W71 SC Striders	17.05	16.92	0.3	6
3 # 470 Hanscom, Rita	W70 SC Striders	17.11	17.14	0.3	4
4 # 218 Cohn, Linda	W71 SC Striders	17.42	17.55	0.3	3
5 # 130 Bowman, Jeanne	W71 SC Striders		18.74	0.3	2
6 # 133 Braxton, Freddie	W74 Trojan Masters T.C.	22.35	21.61	0.3	1

**W75 100 Meter Dash**

USATF: A 15.31

WMA: R 15.03

Name	Age Team	Seed	Finals	Wind	Points
1 # 371 Flynn, Joy	W77 SC Striders	19.01	19.53	0.5	8
2 # 1222 Trotto, Mary	W77 Tnt Internat		22.92	0.5	6
3 # 379 French, Priscilla	W75 Sierra Racewalkers		23.52	0.5	4

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W80 100 Meter Dash**

80 USATF: A 16.23

80 WMA: R 16.23

Name	Age Team	Seed	Finals	Wind	Points
1 # 87 Bergen, Kathy	W84 SC Striders	17.34	17.70	-0.3	8
2 # 975 Radle, Catherine	W80 Atlanta Track Club	21.01	21.74	-0.3	6
3 # 446 Guardino, Louise	W83 Unattached		23.32	-0.3	4
4 # 585 Johnson, Alice	W80 Unattached		26.03	-0.3	3
5 # 85 Berg, Patricia	W80 Potomac Vall		1:12.06	-0.3	2

**W85 100 Meter Dash**

85 USATF: A 21.80

85 WMA: R 18.14

Name	Age Team	Seed	Finals	Wind	Points
1 # 296 Donley, Christel	W89 Unattached		26.39	-0.3	8

**M25-29 100 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
1 # 743 Martin, Derrick	M28 Unattached	10.77	10.75	0.2	8
2 # 206 Chen, Jeff	M29 Unattached	10.71	10.82	0.2	6
3 # 655 *Kunwar, Aayush	M29 Nepal	11.01	X11.30	0.2	
4 # 656 Kuo, Alexander	M26 Unattached	11.58	11.57	0.2	4
5 # 1047 *Savoyat, Jules	M29 France	11.59	X11.59	0.2	
6 # 685 Li, Ngai	M29 Unattached	11.85	12.08	0.2	3
7 # 869 Nguyen, John.	M27 Unattached	12.17	12.38	0.2	2
8 # 1260 Washington, Erin	M28 Unattached	10.30	17.78	0.2	1

**M30 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Name	Age Team	Seed	Prelims	Wind	H#
Preliminaries					
1 # 272 Dawson, Jarod	M32 Unattached	10.90	10.97Q	-0.8	1
2 # 280 Demus Jr., Mark	M30 Unattached	10.75	11.02Q	1.1	2
3 # 42 Badillo Jr., Luis	M33 Unattached	10.91	11.20Q	-0.8	1
4 # 430 Graves, Zack	M33 Unattached	11.10	11.21Q	1.1	2
5 # 431 Graves I, Connor	M30 Unattached	11.10	11.26q	1.1	2
6 # 860 Ndecky, Edouard	M34 Unattached		11.30q	-0.8	1
7 # 1168 Strong, Micah Dan	M34 Unattached	11.22	11.45q	-0.8	1
8 # 957 Powell, Tyler	M32 Unattached	11.35	11.76q	1.1	2
9 # 1124 *Soboliev, Ievgen	M31 Ukraine	11.61	X12.00	1.1	2
-- # 761 *Maxwell, Damian	M32 Jamaica	11.25	XDNF	-0.8	1

**M30 100 Meter Dash**

Name	Age Team	Prelims	Finals	Wind	Points
Finals					
1 # 280 Demus Jr., Mark	M30 Unattached	11.02	10.83	1.4	8
2 # 272 Dawson, Jarod	M32 Unattached	10.97	10.99	1.4	6

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**...M30 100 Meter Dash**

3 #	431 Graves I, Connor	M30 Unattached	11.26	11.09	1.4	4
4 #	860 Ndecky, Edouard	M34 Unattached	11.30	11.16	1.4	3
5 #	430 Graves, Zack	M33 Unattached	11.21	11.17	1.4	2
6 #	42 Badillo Jr., Luis	M33 Unattached	11.20	11.18	1.4	1
7 #	1168 Strong, Micah Dan	M34 Unattached	11.45	11.32	1.4	
8 #	957 Powell, Tyler	M32 Unattached	11.76	11.87	1.4	

**M35 100 Meter Dash**

USATF: A 9.87

WMA: R 9.87

Name	Age Team	Seed	Finals	Wind	Points
1 # 721 Majors, Keith	M39 Joy's Jackra	11.30	10.92	1.2	8
2 # 767 Mccarther II, Reg	M35 Unattached	11.06	11.08	1.2	6
3 # 238 *Cox, Craig	M37 Great Britai	11.25	X11.23	1.2	

**M40 100 Meter Dash**

USATF: A 10.73

WMA: R 9.93

Name	Age Team	Seed	Finals	Wind	Points
1 # 322 Echols, Antoine	M41 Joy's Jackra	11.00	11.06	0.2	8
2 # 315 Dunn, Durran	M42 Atlanta Track Club	11.09	11.28	0.2	6
3 # 732 Marenin, Roman	M41 Joy's Jackra	11.37	11.50	0.2	4
4 # 58 Barnes, Marcus	M41 Atlanta Track Club	11.53	11.56	0.2	3
5 # 1031 Safranski, Frank	M43 Unattached		12.40	0.2	2
6 # 592 Jones, Anton	M44 Unattached	12.67	12.44	0.2	1

**M45 100 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 10.72

WMA: R 10.72

Name	Age Team	Seed	Prelims	Wind	H#
<b>Preliminaries</b>					
1 # 1314 Woodyard, Eric	M47 Kitsap Flier	11.45	11.60Q	0.4	1
2 # 537 Horne Sr., Patric	M47 Athletics Ea	11.50	11.65Q	-0.9	2
3 # 477 Harmon, Daniel	M47 Unattached	11.35	11.80Q	0.4	1
4 # 720 Maggit, Quincy	M46 Kitsap Flier	12.08	12.16Q	-0.9	2
5 # 923 Perez, Adrian	M48 So Cal Track Club	12.92	12.54q	0.4	1
6 # 185 Cantrell, Andy	M46 Unattached	13.38	12.84q	0.4	1
7 # 245 Criscuolo, Brian	M49 Unattached	13.65	13.21q	-0.9	2 13.202
8 # 1105 Skrob, Edward	M47 Unattached	13.46	13.21q	-0.9	2 13.208
9 # 19 Amonn, Brian	M46 Unattached		13.30	0.4	1
10 # 1150 Stenberg, Anthony	M48 Unattached	14.45	13.61	0.4	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M45 100 Meter Dash**

USATF: A 10.72

WMA: R 10.72

Name	Age Team	Prelims	Finals	Wind	Points
Finals					
1 # 537 Horne Sr., Patric	M47 Athletics Ea	11.65	11.61	0.9	8
2 # 477 Harmon, Daniel	M47 Unattached	11.80	11.86	0.9	6
3 # 720 Maggit, Quincy	M46 Kitsap Flier	12.16	12.22	0.9	4
4 # 1314 Woodyard, Eric	M47 Kitsap Flier	11.60	12.33	0.9	3
5 # 923 Perez, Adrian	M48 So Cal Track Club	12.54	12.69	0.9	2
6 # 245 Criscuolo, Brian	M49 Unattached	13.21	13.14	0.9	1
7 # 1105 Skrob, Edward	M47 Unattached	13.21	13.17	0.9	

**M50 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 10.88

WMA: R 10.88

Name	Age Team	Seed	Prelims	Wind	H#
Preliminaries					
1 # 1012 Robinson, Garth	M53 So Cal Track Club	11.19	11.37Q	-0.2	2
2 # 340 Epebinuade, Adeni	M52 Unite4	11.90	11.85Q	1.5	1
3 # 1182 Talley, Shawn	M51 Unite4	11.88	12.22Q	1.5	1
4 # 643 Klassen, Chad	M52 Unattached	11.96	12.55Q	-0.2	2
5 # 752 Mathews, Carlos	M51 Tnt Internat	12.34	12.33q	1.5	1
6 # 1035 Sanchez, Alfredo	M52 Joy's Jackra	12.50	12.35q	1.5	1
7 # 283 Dietz, Shaun	M52 Unattached	11.98	12.66q	-0.2	2
8 # 386 *Gallagher, Simon	M50 Australia	13.00	X12.88q	-0.2	2
9 # 1083 *Shimmi, Akio	M52 Japan	12.88	X13.28	-0.2	2
10 # 10 Ali, Mohamed	M54 Tnt Internat	13.59	13.43	1.5	1

**M50 100 Meter Dash**

USATF: A 10.88

WMA: R 10.88

Name	Age Team	Prelims	Finals	Wind	Points
Finals					
1 # 1012 Robinson, Garth	M53 So Cal Track Club	11.37	11.12	1.4	8
2 # 340 Epebinuade, Adeni	M52 Unite4	11.85	11.78	1.4	6
3 # 1182 Talley, Shawn	M51 Unite4	12.22	12.04	1.4	4
4 # 752 Mathews, Carlos	M51 Tnt Internat	12.33	12.39	1.4	3
5 # 283 Dietz, Shaun	M52 Unattached	12.66	12.54	1.4	2
6 # 1035 Sanchez, Alfredo	M52 Joy's Jackra	12.35	12.70	1.4	1
7 # 386 *Gallagher, Simon	M50 Australia	12.88	X14.42	1.4	

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M55 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

USATF: A 11.30

WMA: R 11.30

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 # 1310 Wood, Craig	M55	Southwest Sp	12.05	11.66Q	0.4	3
2 # 557 Husain, Arif	M55	Unite4	11.90	11.77Q	0.9	1
3 # 406 Gibbon, David	M58	Southwest Sp	11.36	11.84Q	-0.2	2
4 # 240 Cranford, Walter	M57	Unattached	12.50	11.96Q	0.9	1
5 # 507 Hightower, Lloyd	M56	SC Striders	12.33	12.21Q	-0.2	2
6 # 1009 Risley, Mike	M55	So Cal Track Club	12.54	12.41Q	0.4	3
7 # 37 Aurelien Sr., Cli	M58	Southwest Sp		12.08q	0.9	1
8 # 217 Clemons, Tony TC	M58	Trojan Masters T.C.	12.31	12.63q	-0.2	2
9 # 391 Garcia V, Maximo	M55	Unattached	12.60	12.69	0.4	3
10 # 461 Hall Jr., Robert	M55	So Cal Track Club		12.81	0.4	3
11 # 844 Mosley Sr., Brian	M55	So Cal Track Club	12.24	12.89	0.4	3
12 # 1186 Tasby, Marvin	M57	Southwest Sp	13.06	12.95	0.9	1
13 # 513 Hilton, Ron	M59	Portland Mas	12.30	13.51	0.9	1
14 # 879 Norman, LaGerald	M55	BounceBack M		13.61	0.4	3
15 # 396 Gaskin Sr., Derek	M58	Portland Mas	13.75	13.75	-0.2	2
16 # 778 McElroy, Brian	M56	WinterSprinter	14.36	14.12	0.9	1
17 # 617 Kearns, Brad	M59	Unattached	14.26	14.21	-0.2	2

**M55 100 Meter Dash**

USATF: A 11.30

WMA: R 11.30

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 # 1310 Wood, Craig	M55	Southwest Sp	11.66	11.50	-0.1	8
2 # 557 Husain, Arif	M55	Unite4	11.77	11.56	-0.1	6
3 # 406 Gibbon, David	M58	Southwest Sp	11.84	11.79	-0.1	4
4 # 240 Cranford, Walter	M57	Unattached	11.96	11.95	-0.1	3
5 # 507 Hightower, Lloyd	M56	SC Striders	12.21	12.21	-0.1	2
6 # 1009 Risley, Mike	M55	So Cal Track Club	12.41	12.25	-0.1	1
7 # 37 Aurelien Sr., Cli	M58	Southwest Sp	12.08	12.36	-0.1	
8 # 217 Clemons, Tony TC	M58	Trojan Masters T.C.	12.63	12.66	-0.1	

**M60 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 11.83

WMA: R 11.70

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 # 179 Campbell, John	M61	Southwest Sp	12.04	12.11Q	-1.4	1
2 # 113 Boda, Francois	M60	Southwest Sp	11.99	12.16Q	0.1	2
3 # 483 Harris, Victor	M60	U.S. Army	12.70	13.03Q	-1.4	1
4 # 236 Cottrell, Bob	M64	Boulder Road	13.00	13.55Q	0.1	2
5 # 1125 Soignet, Joseph	M60	Unattached	13.29	13.23q	-1.4	1
6 # 929 Peterson, Gary	M63	Unattached	13.47	13.50q	-1.4	1
7 # 198 Chamberlain, Jon	M63	Unattached	14.27	13.64q	-1.4	1

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8 #	634 Kibort, Mark	M63 So Cal Track Club	12.89	13.74q	0.1	2
9 #	665 Landry Jr., Henry	M63 Houston Elite	14.76	13.88	0.1	2
10 #	1026 Ross, Adam	M61 So Cal Track Club	14.00	14.11	0.1	2
11 #	501 Hernandez, Wally	M62 Greater Phil	14.54	14.47	-1.4	1
12 #	926 Peterkofsky, Roy	M60 Unattached	14.07	15.65	0.1	2
13 #	48 Baker, Tommy	M62 Unattached	14.62	16.85	0.1	2

**M60 100 Meter Dash**

USATF: A 11.83

WMA: R 11.70

Name	Age Team	Prelims	Finals	Wind	Points
<b>Finals</b>					
1 #	113 Boda, Francois	M60 Southwest Sp	12.16	11.99	1.3 8
2 #	483 Harris, Victor	M60 U.S. Army	13.03	12.99	1.3 6
3 #	929 Peterson, Gary	M63 Unattached	13.50	13.38	1.3 4
4 #	665 Landry Jr., Henry	M63 Houston Elite	13.88	13.67	1.3 3
5 #	198 Chamberlain, Jon	M63 Unattached	13.64	13.71	1.3 2
6 #	236 Cottrell, Bob	M64 Boulder Road	13.55	14.47	1.3 1
-- #	179 Campbell, John	M61 Southwest Sp	12.11	DNF	1.3

**M65 100 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

USATF: A 12.31

WMA: R 12.31

Name	Age Team	Seed	Prelims	Wind	H#
<b>Preliminaries</b>					
1 #	444 Grimes, Peter	M65 Joy's Jackra	12.35	12.78Q	-0.3 1
2 #	547 *Huarcaya, Luis	M65 Peru	13.61	X13.29Q	0.7 3
3 #	423 Gould, Stephen	M67 Mass Velocit	13.39	13.52Q	-0.1 2
4 #	553 Humphrey, Ronald	M65 Unattached	12.94	12.81Q	-0.3 1
5 #	913 Patridge II, Jose	M66 Unattached	13.54	13.56Q	0.7 3
6 #	1137 Spruill, Willie	M66 Pony Express	12.90	14.12Q	-0.1 2
7 #	581 Jho, Sam	M67 Unattached	14.71	13.64q	0.7 3
8 #	1255 Waller, Michael	M65 Unattached	12.83	13.68q	0.7 3
9 #	1319 Wun, Kenneth	M69 Sierra Gold	14.03	14.20	-0.3 1
10 #	352 Farrell, Brian	M67 Unattached	14.41	14.48	0.7 3
11 #	1199 Thomas, Kenneth	M67 Houston Elite	14.00	14.61	-0.1 2
12 #	731 Marbury, Kevin	M68 Unattached	14.60	14.86	-0.1 2
13 #	811 Millerbis Jr., Al	M65 Unattached	14.00	15.15	-0.3 1
14 #	772 McDermott, Jeff	M66 SC Striders	15.49	15.29	-0.3 1
15 #	1070 SeatonLov, Johnny	M69 Sierra Gold		15.32	0.7 3
16 #	374 Foreman, Keith	M66 Trojan Masters T.C.	14.10	15.33	-0.1 2
17 #	569 Jackson, Dannie	M66 Unattached	13.20	15.59	-0.3 1
18 #	345 Evans, Calvin	M69 Unattached		16.58	0.7 3
19 #	1099 *Singh, Onkar	M68 India		X16.72	-0.1 2

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M65 100 Meter Dash**

USATF: A 12.31

WMA: R 12.31

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 # 553 Humphrey, Ronald	M65	Unattached	12.81	12.61	0.7	8
2 # 444 Grimes, Peter	M65	Joy's Jackra	12.78	12.78	0.7	6
3 # 913 Patridge II, Jose	M66	Unattached	13.56	13.31	0.7	4
4 # 423 Gould, Stephen	M67	Mass Velocit	13.52	13.36	0.7	3
5 # 581 Jho, Sam	M67	Unattached	13.64	13.52	0.7	2
6 # 1255 Waller, Michael	M65	Unattached	13.68	13.60	0.7	1
7 # 547 *Huarcaya, Luis	M65	Peru	13.29	X13.75	0.7	
8 # 1137 Spruill, Willie	M66	Pony Express	14.12	13.97	0.7	

**M70 100 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 12.59

WMA: R 12.59

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 # 675 Leake, Damien	M71	SC Striders	12.59	12.85Q	0.9	2
2 # 1153 Stevens, Ron	M70	SC Striders	12.76	13.15Q	-1.9	1
3 # 1118 Snow, Steven	M70	Mass Velocit	14.34	13.60Q	0.9	2
4 # 346 Evans, Hubert	M70	So Cal Track Club	13.20	13.84Q	-1.9	1
5 # 1305 Wilson Sr., Thadd	M73	Pacific Coas	13.41	13.97q	0.9	2
6 # 1152 Stevens, Randall	M70	Portland Mas	13.90	14.15q	-1.9	1
7 # 632 Khalsa, Seva	M71	Unattached	13.76	14.27q	0.9	2
8 # 1104 Siu, Max	M71	SC Striders	13.80	14.81q	-1.9	1
9 # 1272 Weiss, Noel	M72	So Cal Track Club	15.12	15.05	0.9	2
10 # 808 Michon, Peter	M72	Unattached		15.10	0.9	2
11 # 498 Henry, Bryan	M74	Unattached	15.18	17.36	-1.9	1
12 # 1160 Stone, Kenneth	M70	Unattached	19.98	19.26	0.9	2

**M70 100 Meter Dash**

USATF: A 12.59

WMA: R 12.59

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 # 675 Leake, Damien	M71	SC Striders	12.85	12.60	1.6	8
2 # 1153 Stevens, Ron	M70	SC Striders	13.15	12.93	1.6	6
3 # 1118 Snow, Steven	M70	Mass Velocit	13.60	13.50	1.6	4
4 # 346 Evans, Hubert	M70	So Cal Track Club	13.84	13.74	1.6	3
5 # 1152 Stevens, Randall	M70	Portland Mas	14.15	14.05	1.6	2
6 # 632 Khalsa, Seva	M71	Unattached	14.27	14.30	1.6	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M75 100 Meter Dash**

USATF: A 13.25

WMA: R 13.25

Name	Age Team	Seed	Finals	Wind	Points
1 # 149 Brown, Kenton	M79 Unattached	13.97	14.07	0.9	8
2 # 1134 Spencer, Douglas	M77 Houston Elite	14.28	14.17	0.9	6
3 # 682 Lettieri, Lawrenc	M76 Joy's Jackra	14.56	14.98	0.9	4
4 # 1333 Ziskin, Daniel	M76 So Cal Track Club	15.02	15.08	0.9	3
5 # 816 *Mintz, Bruce	M77 Canada	16.46	X16.73	0.9	
6 # 1097 Singh, Daljit	M77 Unattached		21.11	0.9	2

**M80 100 Meter Dash**

USATF: A 14.35

WMA: R 14.24

Name	Age Team	Seed	Finals	Wind	Points
1 # 61 Barnum, Larry	M80 Unattached	15.05	16.78	1.4	8
2 # 1039 Sanfilippo, Steve	M81 Unattached		17.10	1.4	6
3 # 1028 Rowan, Terry	M83 Empire Runne		17.57	1.4	4
4 # 1119 Snyder, Gary	M80 Mass Velocit	18.00	19.11	1.4	3
5 # 310 Duffy, Dennis	M81 SC Striders		22.86	1.4	2
-- # 1234 Valenzuela, Maxie	M83 Unattached		DNF	1.4	

**M85 100 Meter Dash**

USATF: A 15.93

WMA: R 15.08

Name	Age Team	Seed	Finals	Wind	Points
1 # 1282 Whilden Jr., Robe	M89 Houston Elite	16.35	16.21	1.6	8
2 # 1032 Sagedahl, Sherwoo	M85 Unattached		18.71	1.6	6
3 # 1154 Stewart, Mack	M86 Houston Elite	25.00	20.01	1.6	4
4 # 1044 Satyaprasad, Ram	M86 New England		30.12	1.6	3

**M90 100 Meter Dash**

90 USATF: A 17.83

90 WMA: R 16.69

Name	Age Team	Seed	Finals	Wind	Points
1 # 1094 Sime, Colben	M90 So Cal Track Club	22.39	22.32	-0.2	8
2 # 1176 Sutton, Roy	M93 Oregon Track Club	23.32	25.19	-0.2	6
3 # 680 Leis, Donald	M92 Unattached	25.80	26.99	-0.2	4

**M95 100 Meter Dash**

95 USATF: A 24.14

95 WMA: R 20.41

Name	Age Team	Seed	Finals	Wind	Points
1 # 690 Linde, Gunnar	M96 So Cal Track Club		30.55	-0.2	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W25-29 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
1 # 1299 Williams-Medearis	W26 Unattached		29.20	-0.6	8
2 # 153 Brown El, Tamar	W29 Unattached		31.01	-0.6	6
3 # 4 Adams, Lauren	W28 Unattached	28.00	33.50	-0.6	4
4 # 1235 Van Den Top, Rach	W27 So Cal Track Club		37.04	-0.6	3

**W30 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
1 # 827 Moore, Chante	W31 Moore Elite	25.40	25.68	-1.5	8
2 # 1200 Thomas, Keyona	W31 Unattached	26.00	26.62	-1.5	6
3 # 542 Howe, Jacqueline	W33 Unattached	26.00	26.64	-1.5	4
4 # 794 McPhee, Hanna	W32 Unattached	26.25	26.65	-1.5	3
5 # 294 Dodson, Latasha	W34 Team Dodson Elite	24.69	26.86	-1.5	2
6 # 1073 Session, Lachelle	W31 Unattached	26.85	28.45	-1.5	1

**W35 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
USATF: A 22.11					
WMA: R 21.81					
1 # 413 Giscombe, Odeika	W35 Unattached	24.79	25.27	-1.0	8
2 # 686 Liang, Grace	W37 Unattached	26.87	26.75	-1.0	6
3 # 302 Downey, Sophia	W36 Unattached	26.65	27.45	-1.0	4
4 # 1040 Sanner, Breanna	W35 Unattached		27.78	-1.0	3
5 # 969 Quebedeaux, Linds	W35 Unattached	27.72	28.31	-1.0	2
-- # 891 Orchard, Trey	W35 Joy's Jackra	26.60	DNF	-1.0	

**W40 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
USATF: A 24.84					
WMA: R 22.72					
1 # 428 Grant, Easter	W41 Southwest Sp	24.60	25.40	-2.1	8
2 # 1223 Trucks, Christina	W40 Joy's Jackra	25.10	25.42	-2.1	6
3 # 549 Hufenbecher, Chri	W44 Arc Run Club	26.61	27.00	-2.1	4
4 # 405 Gibb-Gabriel, Adj	W44 Joy's Jackra	25.98	28.70	-2.1	3
5 # 83 Benson, Jennifer	W44 Atlanta Track Club	29.60	29.68	-2.1	2

**W45 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
USATF: A 25.48					
WMA: R 23.82					
1 # 792 McNamee, Cynthia	W48 Southwest Sp	25.90	26.24	-0.4	8
2 # 798 Medina, Santa	W45 Central Park	27.37	26.69	-0.4	6
3 # 448 Guest, Rachel	W49 Joy's Jackra	26.82	27.76	-0.4	4
4 # 728 Mann, Elly	W48 Joy's Jackra	27.98	28.35	-0.4	3
5 # 707 Luedke, Lace	W48 Unattached	28.31	29.05	-0.4	2
6 # 754 Mathews, Jameen	W46 Atlanta Track Club	29.34	30.06	-0.4	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****...W45 200 Meter Dash**

7 #	329 Edwards, Lisa	W46 Central Park	28.52	31.44	-0.4	
8 #	335 Ellis-Rhea, Kimbe	W48 Amp Up Sport		32.35	-0.4	

**W50 200 Meter Dash**

USATF: A 25.72

WMA: R 24.33

Name	Age Team	Seed	Finals	Wind	Points
1 # 757 Matthews, Kristy	W51 So Cal Track Club	26.83	28.04	-1.2	8
2 # 1264 Wathanasin, Yupa	W52 Unattached	30.84	31.62	-1.2	6
3 # 661 Lain, Stephanie	W54 Joy's Jackra	32.42	32.99	-1.2	4

**W55 200 Meter Dash**

USATF: A 26.64

WMA: R 24.63

Name	Age Team	Seed	Finals	Wind	Points
1 # 1078 Shearer-Hannah, A	W58 Unattached	30.90	30.90	0.8	8
2 # 598 Jones, L. LaShawn	W58 Unattached	30.77	31.46	0.8	6
3 # 863 Neely-shelmire, L	W59 Unattached	33.31	32.72	0.8	4
4 # 197 Centeno, Christin	W58 So Cal Track Club	33.00	33.74	0.8	3
5 # 1046 Saville, Shalon	W59 SC Striders	35.00	35.01	0.8	2
6 # 669 Lauper Polk, Lind	W56 The Quicksil	38.34	37.72	0.8	1

**W60 200 Meter Dash**

USATF: A 28.35

WMA: R 27.78

Name	Age Team	Seed	Finals	Wind	Points
1 # 777 McDonald, Sue	W61 Unattached	28.69	29.08	-1.3	8
2 # 1232 Upshaw, Joy	W63 Joy's Jackra		29.45	-1.3	6
3 # 1066 Scott, Daphne	W63 Unattached	30.47	31.38	-1.3	4
4 # 212 Clarke, Amanda	W60 Joy's Jackra	32.00	33.23	-1.3	3
5 # 937 Philpott, Janie	W60 Solano Elite	32.50	33.38	-1.3	2
6 # 807 Michon, Michele	W61 Unattached		36.87	-1.3	1
7 # 588 Johnson, Gabriell	W61 Joy's Jackra	40.00	38.37	-1.3	
8 # 861 Nealy, Dr. Angela	W63 Unattached	40.80	39.99	-1.3	

**W65 200 Meter Dash**

USATF: A 29.37

WMA: R 28.53

Name	Age Team	Seed	Finals	Wind	Points
1 # 274 Deak, Elizabeth	W66 Unattached	29.58	29.92	-0.6	8
2 # 102 Black, Cara	W66 SC Striders	33.49	32.99	-0.6	6
3 # 384 Funk, Leandra	W68 Unattached	33.11	33.21	-0.6	4
4 # 706 Loyd, Susan	W66 Mass Velocit	33.28	34.53	-0.6	3
5 # 762 Maxwell, Karen	W65 SC Striders	33.31	34.90	-0.6	2
6 # 1173 Sunahara, Lisa	W66 Unattached	39.00	41.54	-0.6	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W70 200 Meter Dash**

USATF: A 31.39

WMA: R 31.30

Name	Age Team	Seed	Finals	Wind	Points
1 # 1313 Woodward-Turner,	W70 U.S. Air Force	30.90	31.14R	-1.5	8
2 # 131 Bowman, Tina	W71 SC Striders	35.49	37.18	-1.5	6
3 # 130 Bowman, Jeanne	W71 SC Striders	39.53	41.14	-1.5	4

**W75 200 Meter Dash**

USATF: A 33.79

WMA: R 31.56

Name	Age Team	Seed	Finals	Wind	Points
1 # 1148 Steele Matthews,	W75 SC Striders		41.58	-1.7	8
2 # 1222 Trotto, Mary	W77 Tnt Internat		51.50	-1.7	6
3 # 88 Berger, Nancy	W79 Tnt Internat	49.13	52.49	-1.7	4
4 # 379 French, Priscilla	W75 Sierra Racewalkers		52.66	-1.7	3

**W80 200 Meter Dash**

80 USATF: A 35.34

80 WMA: R 34.38

Name	Age Team	Seed	Finals	Wind	Points
1 # 1114 Smith, Mary	W83 Unattached	39.56	38.68	-0.6	8
2 # 446 Guardino, Louise	W83 Unattached		52.87	-0.6	6
3 # 1141 Staab, Angela	W81 Tnt Internat	1:01.69	1:05.28	-0.6	4
4 # 85 Berg, Patricia	W80 Potomac Vall		2:31.05	-0.6	3

**W85 200 Meter Dash**

85 USATF: A 44.27

85 WMA: R 40.20

Name	Age Team	Seed	Finals	Wind	Points
1 # 556 Hurrell, Lynne	W89 Sierra Gold		59.00	-0.6	8

**M25-29 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
1 # 206 Chen, Jeff	M29 Unattached	21.55	21.97	0.2	8
2 # 743 Martin, Derrick	M28 Unattached	21.57	22.75	0.2	6
3 # 655 *Kunwar, Aayush	M29 Nepal	22.40	X23.13	0.2	
4 # 781 McFerrin, Andrew	M26 Unattached		23.20	0.2	4
5 # 1047 *Savoyat, Jules	M29 France	23.35	X23.75	0.2	
6 # 656 Kuo, Alexander	M26 Unattached	23.19	23.81	0.2	3
7 # 685 Li, Ngai	M29 Unattached	24.64	25.90	0.2	2

**M30 200 Meter Dash**

Name	Age Team	Seed	Finals	Wind	Points
1 # 280 Demus Jr., Mark	M30 Unattached	21.97	22.41	-1.6	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M30 200 Meter Dash**

2 #	272 Dawson, Jarod	M32 Unattached	22.00	22.46	-1.6	6
3 #	259 Dang, James	M30 Unattached	22.50	23.05	-1.6	4
4 #	430 Graves, Zack	M33 Unattached	22.50	23.19	-1.6	3
5 #	431 Graves I, Connor	M30 Unattached	23.00	23.21	-1.6	2
6 #	860 Ndecky, Edouard	M34 Unattached		23.22	-1.6	1
7 #	1168 Strong, Micah Dan	M34 Unattached	22.90	23.40	-1.6	
8 #	301 Douglas, Ronald	M32 The Race Continu	23.12	23.54	-1.6	

**M35 200 Meter Dash**

USATF: A 20.49

WMA: R 20.11

Name	Age Team	Seed	Finals	Wind	Points
1 #	721 Majors, Keith	M39 Joy's Jackra	22.67	22.25	-0.9 8
2 #	238 *Cox, Craig	M37 Great Britai	22.41	X22.67	-0.9
3 #	1081 Shepard, Jody	M38 U.S. Express	22.85	23.32	-0.9 6
4 #	828 Moore, Lamar	M36 Moore Elite	24.96	26.00	-0.9 4

**M40 200 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 21.86

WMA: R 20.64

Name	Age Team	Seed	Prelims	Wind	H#
Preliminaries					
1 #	322 Echols, Antoine	M41 Joy's Jackra	22.00	23.29Q	-0.6 1
2 #	315 Dunn, Durran	M42 Atlanta Track Club	22.29	23.88Q	-0.1 2
3 #	398 Gates II, Tom	M41 Southwest Sp	23.14	23.34Q	-0.6 1
4 #	142 Brockman, Cameron	M40 Unattached	23.75	24.17Q	-0.1 2
5 #	1126 Solis, Nestor	M40 Holy Fire	22.99	23.76q	-0.6 1
6 #	58 Barnes, Marcus	M41 Atlanta Track Club	23.89	24.22q	-0.1 2
7 #	99 Biodrowski, Brand	M42 Unattached	24.00	24.36q	-0.6 1
8 #	1215 *Tomassini, Kevin	M40 Puerto Rico	24.25	X24.72q	-0.1 2
9 #	592 Jones, Anton	M44 Unattached	25.76	24.93	-0.6 1
10 #	324 Edmond, Steve	M43 Greater Bost	25.70	26.20	-0.1 2
11 #	1107 Smith, Aaron	M43 So Cal Track Club	23.89	26.33	-0.6 1
12 #	1031 Safranski, Frank	M43 Unattached		26.53	-0.6 1

**M40 200 Meter Dash**

USATF: A 21.86

WMA: R 20.64

Name	Age Team	Prelims	Finals	Wind	Points
Finals					
1 #	322 Echols, Antoine	M41 Joy's Jackra	23.29	22.58	-0.4 8
2 #	315 Dunn, Durran	M42 Atlanta Track Club	23.88	23.03	-0.4 6
3 #	398 Gates II, Tom	M41 Southwest Sp	23.34	23.17	-0.4 4
4 #	1126 Solis, Nestor	M40 Holy Fire	23.76	23.49	-0.4 3
5 #	142 Brockman, Cameron	M40 Unattached	24.17	23.53	-0.4 2
6 #	58 Barnes, Marcus	M41 Atlanta Track Club	24.22	23.77	-0.4 1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M45 200 Meter Dash**

USATF: A 21.80

WMA: R 21.65

Name	Age Team	Seed	Finals	Wind	Points
1 # 537 Horne Sr., Patric	M47 Athletics Ea	23.00	23.86	-1.2	8
2 # 456 Haack, Peter	M49 Mass Velocit	23.58	24.04	-1.2	6
3 # 477 Harmon, Daniel	M47 Unattached	23.80	24.44	-1.2	4
4 # 923 Perez, Adrian	M48 So Cal Track Club	25.77	25.52	-1.2	3
5 # 927 Peterson, Alfonso	M47 Unattached	24.89	26.21	-1.2	2
6 # 801 Melvin, Ryan	M48 So Cal Track Club	25.55	27.18	-1.2	1
7 # 245 Criscuolo, Brian	M49 Unattached	27.99	27.67	-1.2	

**M50 200 Meter Dash**

USATF: A 22.44

WMA: R 22.44

Name	Age Team	Seed	Finals	Wind	Points
1 # 1182 Talley, Shawn	M51 Unite4	24.28	24.36	-0.8	8
2 # 150 Brown, Michael	M50 Pacific Coas	24.32	25.14	-0.8	6
3 # 815 Minsky, Steve	M53 Unattached	25.35	26.34	-0.8	4
4 # 386 *Gallagher, Simon	M50 Australia	26.00	X27.07	-0.8	
5 # 69 Baynes, Andre	M53 Atlanta Track Club	26.77	27.58	-0.8	3
6 # 1297 Williams, Stephen	M54 Unite4	28.00	29.03	-0.8	2

**M55 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 23.24

WMA: R 23.24

Name	Age Team	Seed	Prelims	Wind	H#
Preliminaries					
1 # 1310 Wood, Craig	M55 Southwest Sp	24.36	23.70Q	-0.9	1
2 # 406 Gibbon, David	M58 Southwest Sp	23.63	24.58Q	-2.4	2
3 # 138 Bridges, Lee	M57 Unattached	23.74	24.39Q	-0.9	1
4 # 557 Husain, Arif	M55 Unite4	24.40	25.29Q	-2.4	2
5 # 240 Cranford, Walter	M57 Unattached	25.00	24.54q	-0.9	1
6 # 507 Hightower, Lloyd	M56 SC Striders	25.21	24.79q	-0.9	1
7 # 199 Chambers, Winston	M55 Unattached	25.45	25.81q	-2.4	2
8 # 112 Boba, Randy	M57 Trojan Masters T.C.	26.00	25.85q	-0.9	1
9 # 1009 Risley, Mike	M55 So Cal Track Club	25.22	25.88	-2.4	2
10 # 393 Garratt, John	M57 Track Club L.A.	26.32	26.91	-0.9	1
11 # 461 Hall Jr., Robert	M55 So Cal Track Club		26.97	-2.4	2
12 # 844 Mosley Sr., Brian	M55 So Cal Track Club	26.41	27.10	-2.4	2
13 # 1186 Tasby, Marvin	M57 Southwest Sp	26.93	27.24	-2.4	2
14 # 396 Gaskin Sr., Derek	M58 Portland Mas	27.80	28.15	-0.9	1
15 # 879 Norman, LaGerald	M55 BounceBack M		28.73	-2.4	2
16 # 778 McElroy, Brian	M56 WinterSprinter	28.00	29.79	-0.9	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M55 200 Meter Dash**

USATF: A 23.24

WMA: R 23.24

Name	Age Team	Prelims	Finals	Wind	Points
<b>Finals</b>					
1 # 1310 Wood, Craig	M55 Southwest Sp	23.70	23.37	-0.6	8
2 # 138 Bridges, Lee	M57 Unattached	24.39	23.78	-0.6	6
3 # 557 Husain, Arif	M55 Unite4	25.29	23.87	-0.6	4
4 # 406 Gibbon, David	M58 Southwest Sp	24.58	24.11	-0.6	3
5 # 240 Cranford, Walter	M57 Unattached	24.54	24.31	-0.6	2
6 # 507 Hightower, Lloyd	M56 SC Striders	24.79	24.70	-0.6	1
7 # 112 Boba, Randy	M57 Trojan Masters T.C.	25.85	25.60	-0.6	

**M60 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 24.14

WMA: R 24.00

Name	Age Team	Seed	Prelims	Wind	H#
<b>Preliminaries</b>					
1 # 113 Boda, Francois	M60 Southwest Sp	24.07	24.54Q	-0.8	1
2 # 132 Bradecamp, Michae	M60 Southwest Sp	25.91	26.86Q	-0.6	2
3 # 635 Kilpper, Brent	M62 Unattached	26.06	25.78Q	-0.8	1
4 # 1065 Scissum, Arthur	M63 Unattached	30.21	28.58Q	-0.6	2
5 # 961 Pritchard, Craig	M61 High Point A	27.66	27.02q	-0.8	1
6 # 198 Chamberlain, Jon	M63 Unattached		27.85q	-0.8	1
7 # 1253 Wallack, Matthew	M62 Shore Athletic Club	28.09	28.21q	-0.8	1
8 # 665 Landry Jr., Henry	M63 Houston Elite	29.09	28.80q	-0.8	1
9 # 926 Peterkofsky, Roy	M60 Unattached	28.76	29.17	-0.6	2
10 # 236 Cottrell, Bob	M64 Boulder Road	27.00	29.55	-0.6	2
11 # 501 Hernandez, Wally	M62 Greater Phil	29.83	30.00	-0.8	1

**M60 200 Meter Dash**

USATF: A 24.14

WMA: R 24.00

Name	Age Team	Prelims	Finals	Wind	Points
<b>Finals</b>					
1 # 113 Boda, Francois	M60 Southwest Sp	24.54	24.38	-0.6	8
2 # 635 Kilpper, Brent	M62 Unattached	25.78	26.02	-0.6	6
3 # 132 Bradecamp, Michae	M60 Southwest Sp	26.86	26.48	-0.6	4
4 # 198 Chamberlain, Jon	M63 Unattached	27.85	28.03	-0.6	3
5 # 1253 Wallack, Matthew	M62 Shore Athletic Club	28.21	28.24	-0.6	2
6 # 1065 Scissum, Arthur	M63 Unattached	28.58	28.73	-0.6	1

## 2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

## American River CC

## Results

**M65 200 Meter Dash****8 Advance: Top 2 Each Heat plus Next 2 Best Times**

=====							
USATF: A 24.65							
WMA: R 24.65							
Name	Age	Team	Seed	Prelims	Wind	H#	
=====							
Preliminaries							
1 #	547	*Huarcaya, Luis	M65 Peru	28.54	X27.97Q	-0.8	1
2 #	1255	Waller, Michael	M65 Unattached	27.36	28.20Q	-0.4	3
3 #	553	Humphrey, Ronald	M65 Unattached	26.11	28.41Q	-1.1	2
4 #	360	*Finding, Chris	M66 Canada	28.83	X28.65Q	-1.1	2
5 #	423	Gould, Stephen	M67 Mass Velocit	27.06	28.68Q	-0.4	3
6 #	1137	Spruill, Willie	M66 Pony Express	26.55	28.93Q	-0.8	1
7 #	157	Broyd, Graham	M66 Westchester	28.80	29.39q	-1.1	2
8 #	1319	Wun, Kenneth	M69 Sierra Gold	29.06	29.58q	-0.8	1
9 #	352	Farrell, Brian	M67 Unattached	29.11	29.67	-0.4	3
10 #	731	Marbury, Kevin	M68 Unattached	29.80	30.74	-0.4	3
11 #	772	McDermott, Jeff	M66 SC Striders	33.31	31.11	-0.8	1
12 #	111	Blythe, Christoph	M67 Unattached	30.50	31.19	-0.8	1
13 #	256	Dailor, David	M65 Tamalpa	30.20	31.45	-1.1	2
14 #	347	Evans, Michael	M68 So Cal Track Club	30.00	32.96	-0.8	1
15 #	76	Beasley, Ronald	M66 Ann Arbor Tr	30.55	34.52	-0.4	3
16 #	230	Cooper, Carnell	M69 Unattached		38.12	-1.1	2
-- #	374	Foreman, Keith	M66 Trojan Masters T.C.	30.40	DQ	-1.1	2 rule 163.5

**M65 200 Meter Dash**

=====							
USATF: A 24.65							
WMA: R 24.65							
Name	Age	Team	Prelims	Finals	Wind	Points	
=====							
Finals							
1 #	553	Humphrey, Ronald	M65 Unattached	28.41	26.30	-1.5	8
2 #	1255	Waller, Michael	M65 Unattached	28.20	27.91	-1.5	6
3 #	423	Gould, Stephen	M67 Mass Velocit	28.68	27.98	-1.5	4
4 #	360	*Finding, Chris	M66 Canada	28.65	X29.05	-1.5	
5 #	1137	Spruill, Willie	M66 Pony Express	28.93	29.41	-1.5	3
6 #	157	Broyd, Graham	M66 Westchester	29.39	29.59	-1.5	2
7 #	352	Farrell, Brian	M67 Unattached	29.67	29.60	-1.5	1
8 #	1319	Wun, Kenneth	M69 Sierra Gold	29.58	29.83	-1.5	

**M70 200 Meter Dash**

=====							
USATF: A 25.75							
WMA: R 25.75							
Name	Age	Team	Seed	Finals	Wind	Points	
=====							
1 #	1153	Stevens, Ron	M70 SC Striders	26.42	27.28	-0.9	8
2 #	1118	Snow, Steven	M70 Mass Velocit	29.55	28.35	-0.9	6
3 #	346	Evans, Hubert	M70 So Cal Track Club	29.00	29.02	-0.9	4
4 #	1127	Somerville, Edwar	M73 Unattached	28.50	29.27	-0.9	3
5 #	1152	Stevens, Randall	M70 Portland Mas	29.21	29.88	-0.9	2
6 #	808	Michon, Peter	M72 Unattached		32.09	-0.9	1
7 #	1272	Weiss, Noel	M72 So Cal Track Club	32.38	34.22	-0.9	
8 #	1211	Tipping, Mike	M71 So Cal Track Club	34.01	37.18	-0.9	
9 #	409	Gilchrist, Archie	M71 Unattached	38.70	38.92	-0.9	

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M75 200 Meter Dash**

USATF: A 27.73

WMA: R 27.73

Name	Age Team	Seed	Finals	Wind	Points
1 # 149 Brown, Kenton	M79 Unattached	29.64	29.93	-1.6	8
2 # 1134 Spencer, Douglas	M77 Houston Elite	31.07	29.94	-1.6	6
3 # 1333 Ziskin, Daniel	M76 So Cal Track Club	32.02	33.06	-1.6	4
4 # 816 *Mintz, Bruce	M77 Canada	34.94	X36.00	-1.6	
5 # 1181 Talib, Salih	M79 So Cal Track Club	35.21	47.83	-1.6	3
6 # 1097 Singh, Daljit	M77 Unattached		52.31	-1.6	2
-- # 682 Lettieri, Lawrenc	M76 Joy's Jackra	33.75	DNF	-1.6	

**M80 200 Meter Dash**

USATF: A 29.90

WMA: R 29.54

Name	Age Team	Seed	Finals	Wind	Points
1 # 1169 Strouse, Frank	M83 Joy's Jackra		34.31	-2.5	8
2 # 61 Barnum, Larry	M80 Unattached	33.50	35.48	-2.5	6
3 # 1080 Shenk, John	M81 Unattached	47.79	48.06	-2.5	4
4 # 1039 Sanfilippo, Steve	M81 Unattached	39.26	1:03.75	-2.5	3

**M85 200 Meter Dash**

USATF: A 34.41

WMA: R 31.69

Name	Age Team	Seed	Finals	Wind	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached		41.81	-1.1	8
2 # 1154 Stewart, Mack	M86 Houston Elite	44.47	43.23	-1.1	6
3 # 769 McCormack, Dan	M85 Unattached		44.45	-1.1	4
4 # 1044 Satyaprasad, Ram	M86 New England		58.82	-1.1	3
5 # 233 Cordero, Joe	M86 New England		1:10.16	-1.1	2

**M90 200 Meter Dash**

90 USATF: A 41.20

90 WMA: R 36.02

Name	Age Team	Seed	Finals	Wind	Points
1 # 1094 Sime, Colben	M90 So Cal Track Club	48.06	49.95	-0.5	8
2 # 680 Leis, Donald	M92 Unattached	58.00	1:03.89	-0.5	6

**M95 200 Meter Dash**

95 USATF: A 1:02.28

95 WMA: R 48.09

Name	Age Team	Seed	Finals	Wind	Points
1 # 690 Linde, Gunnar	M96 So Cal Track Club		1:02.91	-0.5	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W25-29 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 153 Brown El, Tamar	W29 Unattached		1:12.99	8
2 # 1235 Van Den Top, Rach	W27 So Cal Track Club		1:30.61	6

**W30 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 827 Moore, Chante	W31 Moore Elite	56.50	56.22	8
2 # 542 Howe, Jacqueline	W33 Unattached	59.00	1:00.94	6
3 # 1200 Thomas, Keyona	W31 Unattached	1:03.00	1:01.71	4
4 # 780 McFaul, Kelsey	W31 Arc Run Club	1:02.50	1:01.74	3

**W35 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
USATF: A 49.46				
WMA: R 49.46				
1 # 413 Giscombe, Odeika	W35 Unattached	55.06	55.62	8
2 # 333 Elder, Christina	W36 Lrc Nebraska	59.02	58.89	6
3 # 302 Downey, Sophia	W36 Unattached	58.98	1:00.01	4
4 # 969 Quebedeaux, Linds	W35 Unattached	1:00.57	1:02.53	3
5 # 26 Arco, Priscilla	W38 Arc Run Club	1:10.00	1:08.44	2
-- # 202 Charles, Ericka	W35 Unattached	58.72	DQ	rule 163

**W40 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
USATF: A 56.90				
WMA: R 53.68				
1 # 1223 Trucks, Christina	W40 Joy's Jackra	56.50	57.11	8
2 # 549 Hufenbecher, Chri	W44 Arc Run Club	1:01.34	1:01.37	6
3 # 622 Kelly, Amanda	W42 Arizona Masters	1:02.28	1:01.79	4
4 # 405 Gibb-Gabriel, Adj	W44 Joy's Jackra	59.76	1:03.29	3
5 # 693 Lineberry, Crysta	W43 So Cal Track Club		1:15.07	2

**W45 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
USATF: A 56.14				
WMA: R 56.14				
1 # 792 McNamee, Cynthia	W48 Southwest Sp	1:00.70	1:00.04	8
2 # 798 Medina, Santa	W45 Central Park	1:02.29	1:00.42	6
3 # 599 Jones, Nathalie	W49 Central Park	1:01.13	1:01.43	4
4 # 329 Edwards, Lisa	W46 Central Park	1:04.14	1:06.01	3
5 # 707 Luedke, Lace	W48 Unattached	1:04.37	1:06.85	2

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W50 400 Meter Dash**

USATF: A 58.49

WMA: R 57.55

Name	Age Team	Seed	Finals	Points
1 # 757 Matthews, Kristy	W51 So Cal Track Club	58.49	1:03.87	8
2 # 1264 Wathanasin, Yupa	W52 Unattached		1:11.65	6
3 # 110 Blumhagen, Michel	W54 Gys Track Club		1:30.27	4

**W55 400 Meter Dash**

USATF: A 1:02.40

WMA: R 57.86

Name	Age Team	Seed	Finals	Points
1 # 1034 Saint-Louis, Domi	W57 Central Park	1:08.79	1:07.54	8
2 # 1158 Stobbe, Judy	W59 Central Park	1:10.93	1:09.01	6
3 # 702 Louie, Annamarie	W55 Unattached	1:15.90	1:12.66	4
4 # 197 Centeno, Christin	W58 So Cal Track Club	1:15.00	1:14.25	3
5 # 669 Lauper Polk, Lind	W56 The Quicksil	1:28.27	1:29.26	2
-- # 785 Mcgowan, Emmanuel	W56 Maximum Quot	1:03.47	DQ	rule 163

**W60 400 Meter Dash**

USATF: A 1:02.34

WMA: R 1:02.34

Name	Age Team	Seed	Finals	Points
1 # 777 McDonald, Sue	W61 Unattached	1:02.18	1:01.73A	8
2 # 937 Philpott, Janie	W60 Solano Elite	1:17.57	1:16.39	6

**W65 400 Meter Dash**

USATF: A 1:07.23

WMA: R 1:07.23

Name	Age Team	Seed	Finals	Points
1 # 274 Deak, Elizabeth	W66 Unattached	1:07.23	1:07.48	8
2 # 384 Funk, Leandra	W68 Unattached	1:14.87	1:14.18	6
3 # 79 Bellaire, Cheryl	W65 Greater Phil	1:15.10	1:15.95	4
4 # 516 Hinz, Lesley	W66 Atlanta Track Club	1:16.81	1:16.96	3
5 # 706 Loyd, Susan	W66 Mass Velocit	1:15.12	1:18.05	2
6 # 1074 Sexton, Carol	W67 Unattached		1:32.24	1

**W70 400 Meter Dash**

USATF: A 1:17.92

WMA: R 1:11.78

Name	Age Team	Seed	Finals	Points
1 # 1149 Steinbach, Coreen	W73 Greater Phil	1:19.11	1:22.37	8
2 # 131 Bowman, Tina	W71 SC Striders	1:24.37	1:29.33	6
3 # 408 Gilbert, Sharlet	W73 Lake Merritt	1:36.43	1:31.96	4
4 # 130 Bowman, Jeanne	W71 SC Striders	1:32.82	1:38.16	3
5 # 133 Braxton, Freddie	W74 Trojan Masters T.C.	1:55.37	1:53.73	2

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W75 400 Meter Dash**

USATF: A 1:22.39

WMA: R 1:17.71

Name	Age Team	Seed	Finals	Points
1 # 1023 Roldan, Josephine	W76 Unattached	1:47.00	1:49.94	8
2 # 379 French, Priscilla	W75 Sierra Racewalkers		2:01.68	6
3 # 88 Berger, Nancy	W79 Tnt Internat		2:09.63	4

**W80 400 Meter Dash**

80 USATF: A 1:30.84

80 WMA: R 1:29.84

Name	Age Team	Seed	Finals	Points
1 # 1114 Smith, Mary	W83 Unattached	1:32.75	1:33.84	8
2 # 446 Guardino, Louise	W83 Unattached		2:13.87	6
3 # 1141 Staab, Angela	W81 Tnt Internat	2:26.96	2:51.73	4
4 # 85 Berg, Patricia	W80 Potomac Vall		5:41.98	3

**M25-29 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 445 Gritzer, Rob	M26 Unattached	51.65	51.20	8
2 # 156 Brown Jr., Michae	M29 Unattached	51.53	51.38	6
3 # 946 Polk, Michael	M26 The Quicksil	52.07	54.53	4
4 # 869 Nguyen, John.	M27 Unattached	56.13	54.81	3
5 # 1000 Richardson, Amani	M28 Atlanta Track Club	53.50	55.53	2

**M30 400 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 1251 Wakefield, Teran	M33 Potomac Vall	50.00	50.49	8
2 # 259 Dang, James	M30 Unattached	51.00	51.01	6
3 # 155 Brown Jr., Darnel	M31 Unattached	52.00	52.89	4
4 # 957 Powell, Tyler	M32 Unattached	50.43	53.49	3
5 # 712 Lundy, George	M30 Unattached		54.49	2
6 # 301 Douglas, Ronald	M32 The Race Continu	53.40	55.39	1
7 # 458 Hackett Jr., Lynn	M30 Unattached	56.72	55.64	
8 # 106 Blakey, Nick	M33 Unattached	51.56	1:01.89	

**M35 400 Meter Dash**

USATF: A 46.38

WMA: R 44.54

Name	Age Team	Seed	Finals	Points
1 # 238 *Cox, Craig	M37 Great Britai	49.30	X49.40	
2 # 1082 Sherden, Tyler	M39 Unattached	51.84	51.50	8
3 # 260 Daniel, Hunter	M37 Prado Racing Team	55.97	56.80	6
4 # 325 Edmonds III, Roos	M35 Potomac Vall		57.46	4
5 # 828 Moore, Lamar	M36 Moore Elite	56.82	1:00.14	3

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M40 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 48.44

WMA: R 47.81

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 # 398 Gates II, Tom	M41	Southwest Sp	51.20	51.50Q	2
2 # 567 *Jacek, Trevor	M42	Canada	54.28	X54.83Q	1
3 # 1262 Washington, Moses	M44	Unattached	53.50	54.26Q	2
4 # 1126 Solis, Nestor	M40	Holy Fire	51.35	55.42Q	1
5 # 58 Barnes, Marcus	M41	Atlanta Track Club	54.70	55.56q	2
6 # 99 Biodrowski, Brand	M42	Unattached	54.00	55.81q	2
7 # 142 Brockman, Cameron	M40	Unattached	52.97	56.29q	1
8 # 592 Jones, Anton	M44	Unattached	58.13	56.77q	1 56.765
9 # 322 Echols, Antoine	M41	Joy's Jackra	55.00	56.77	2 56.770
10 # 44 Bailey, Eric	M41	Arizona Masters	57.67	1:00.17	1
11 # 189 Caravello, Christ	M41	U.S. Navy	59.52	1:00.32	2

**M40 400 Meter Dash**

USATF: A 48.44

WMA: R 47.81

Name	Age	Team	Prelims	Finals	Points
Finals					
1 # 398 Gates II, Tom	M41	Southwest Sp	51.50	51.21	8
2 # 1126 Solis, Nestor	M40	Holy Fire	55.42	51.83	6
3 # 1262 Washington, Moses	M44	Unattached	54.26	52.20	4
4 # 99 Biodrowski, Brand	M42	Unattached	55.81	52.86	3
5 # 142 Brockman, Cameron	M40	Unattached	56.29	53.41	2
6 # 567 *Jacek, Trevor	M42	Canada	54.83	X53.68	
7 # 58 Barnes, Marcus	M41	Atlanta Track Club	55.56	55.14	1
8 # 592 Jones, Anton	M44	Unattached	56.77	55.57	

**M45 400 Meter Dash**

USATF: A 49.09

WMA: R 49.09

Name	Age	Team	Seed	Finals	Points
1 # 456 Haack, Peter	M49	Mass Velocit	54.24	53.71	8
2 # 555 *Hurlen, Erik	M46	Canada	54.39	X54.59	
3 # 923 Perez, Adrian	M48	So Cal Track Club	56.72	55.96	6
4 # 801 Melvin, Ryan	M48	So Cal Track Club	58.76	58.89	4

**M50 400 Meter Dash****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 51.13

WMA: R 50.51

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 # 1225 Tullis, Brian	M50	Indiana Elit	53.90	55.14Q	2
2 # 1294 Williams, Mark	M51	Freedom - GR	55.31	55.69Q	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M50 400 Meter Dash**

3 #	150	Brown, Michael	M50 Pacific Coas	55.27	55.82Q	1
4 #	340	Epebinuade, Adeni	M52 Unite4	57.20	58.81Q	2
5 #	922	Peretti, Jonah	M50 Unattached	57.42	56.38q	1
6 #	815	Minsky, Steve	M53 Unattached	58.99	59.02q	1
7 #	129	Bowen, Kevin	M52 Pony Express	56.87	1:00.29q	2
8 #	878	Noon, John	M50 Greater Phil	1:03.11	1:01.68q	1
9 #	16	Ambrose, Michael	M54 Unattached	1:01.31	1:02.00	1
10 #	69	Baynes, Andre	M53 Atlanta Track Club	1:00.55	1:02.97	2
11 #	465	Hamilton, Matt	M51 Unattached	1:00.62	1:04.04	2

**M50 400 Meter Dash**

USATF: A 51.13

WMA: R 50.51

Name	Age	Team	Prelims	Finals	Points	
Finals						
1 #	1225	Tullis, Brian	M50 Indiana Elit	55.14	52.95	8
2 #	1294	Williams, Mark	M51 Freedom - GR	55.69	54.06	6
3 #	340	Epebinuade, Adeni	M52 Unite4	58.81	55.33	4
4 #	150	Brown, Michael	M50 Pacific Coas	55.82	55.74	3
5 #	922	Peretti, Jonah	M50 Unattached	56.38	56.97	2
6 #	129	Bowen, Kevin	M52 Pony Express	1:00.29	58.96	1
7 #	815	Minsky, Steve	M53 Unattached	59.02	59.35	
8 #	878	Noon, John	M50 Greater Phil	1:01.68	1:02.65	

**M55 400 Meter Dash**

USATF: A 52.24

WMA: R 52.24

Name	Age	Team	Seed	Finals	Points	
1 #	138	Bridges, Lee	M57 Unattached	53.00	52.71	8
2 #	557	Husain, Arif	M55 Unite4	54.36	54.68	6
3 #	199	Chambers, Winston	M55 Unattached	55.87	56.40	4
4 #	112	Boba, Randy	M57 Trojan Masters T.C.	59.00	57.59	3
5 #	393	Garratt, John	M57 Track Club L.A.	1:02.53	1:00.26	2
6 #	617	Kearns, Brad	M59 Unattached	1:03.50	1:05.11	1
-- #	513	Hilton, Ron	M59 Portland Mas	57.47	DNF	

**M60 400 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

USATF: A 54.29

WMA: R 53.88

Name	Age	Team	Seed	Prelims	H#	
Preliminaries						
1 #	113	Boda, Francois	M60 Southwest Sp	54.52	57.98Q	3
2 #	132	Bradecamp, Michae	M60 Southwest Sp	59.69	1:00.63Q	1
3 #	198	Chamberlain, Jon	M63 Unattached	1:03.20	1:02.09Q	2
4 #	961	Pritchard, Craig	M61 High Point A	1:02.63	1:00.68Q	3
5 #	236	Cottrell, Bob	M64 Boulder Road	59.95	1:01.01Q	1
6 #	170	Bynoe Sr., David	M62 Tnt Internat	1:01.00	1:02.50Q	2
7 #	227	Conway, Jeff	M60 Greater Phil	1:03.35	1:01.08q	1

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M60 400 Meter Dash**

8 #	1026	Ross, Adam	M61	So Cal Track Club	1:03.54	1:03.87q	1
9 #	1253	Wallack, Matthew	M62	Shore Athletic Club	1:02.25	1:04.18	3
10 #	450	Guild, Matthew	M60	Green Mounta	1:01.47	1:05.78	3
11 #	609	Kalman, Donald	M60	Unattached	1:06.00	1:07.90	3
12 #	501	Hernandez, Wally	M62	Greater Phil	1:08.11	1:08.26	2
13 #	194	Case, Doug	M63	Unattached	1:15.00	1:10.79	1
14 #	926	Peterkofsky, Roy	M60	Unattached	1:07.30	1:10.81	3
15 #	29	Armstrong, Nigel	M63	Unattached	1:11.00	1:18.69	1
-- #	947	Polk, Mike	M60	The Quicksil		DNF	2

**M60 400 Meter Dash**

USATF: A 54.29

WMA: R 53.88

Name	Age	Team	Prelims	Finals	Points		
Finals							
1 #	113	Boda, Francois	M60	Southwest Sp	57.98	57.27	8
2 #	132	Bradecamp, Michae	M60	Southwest Sp	1:00.63	59.15	6
3 #	961	Pritchard, Craig	M61	High Point A	1:00.68	59.31	4
4 #	170	Bynoe Sr., David	M62	Tnt Internat	1:02.50	1:01.00	3
5 #	227	Conway, Jeff	M60	Greater Phil	1:01.08	1:01.20	2
6 #	198	Chamberlain, Jon	M63	Unattached	1:02.09	1:01.63	1
7 #	236	Cottrell, Bob	M64	Boulder Road	1:01.01	1:04.42	
8 #	1026	Ross, Adam	M61	So Cal Track Club	1:03.87	1:04.67	

**M65 400 Meter Dash**

**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 56.09

WMA: R 56.09

Name	Age	Team	Seed	Prelims	H#		
Preliminaries							
1 #	553	Humphrey, Ronald	M65	Unattached	59.73	1:02.02Q	2
2 #	1204	Thompson, Douglas	M65	Arizona Masters	1:00.58	1:05.60Q	1
3 #	76	Beasley, Ronald	M66	Ann Arbor Tr	1:05.75	1:03.12Q	2
4 #	352	Farrell, Brian	M67	Unattached	1:06.65	1:08.63Q	1
5 #	360	*Finding, Chris	M66	Canada	1:05.57	X1:04.04q	2
6 #	467	Hammer, Kenneth	M68	Track Club L.A.	1:06.74	1:06.63q	2
7 #	111	Blythe, Christoph	M67	Unattached	1:12.50	1:11.08q	1
8 #	157	Broyd, Graham	M66	Westchester	1:08.90	1:11.35q	2
9 #	367	Flock, Jeff	M66	Greater Phil	1:06.69	1:13.32	1
10 #	731	Marbury, Kevin	M68	Unattached		1:14.64	2
-- #	491	Hawkins, Walter	M69	Over The Hill TC		DNF	1
-- #	423	Gould, Stephen	M67	Mass Velocit	1:05.24	DNF	1

**M65 400 Meter Dash**

USATF: A 56.09

WMA: R 56.09

Name	Age	Team	Prelims	Finals	Points		
Finals							
1 #	553	Humphrey, Ronald	M65	Unattached	1:02.02	58.64	8

## 2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

## American River CC

## Results

## ...M65 400 Meter Dash

2 #	1204 Thompson, Douglas	M65 Arizona Masters	1:05.60	1:03.20	6
3 #	360 *Finding, Chris	M66 Canada	1:04.04	X1:04.41	
4 #	467 Hammer, Kenneth	M68 Track Club L.A.	1:06.63	1:05.53	4
5 #	76 Beasley, Ronald	M66 Ann Arbor Tr	1:03.12	1:08.57	3
6 #	111 Blythe, Christoph	M67 Unattached	1:11.08	1:11.00	2
7 #	157 Broyd, Graham	M66 Westchester	1:11.35	1:11.83	1

## M70 400 Meter Dash

USATF: A 57.26

WMA: R 57.26

Name	Age Team	Seed	Finals	Points
1 # 1127 Somerville, Edwar	M73 Unattached	1:06.00	1:07.75	8
2 # 664 Landry, Donald	M70 Central Park	1:10.71	1:11.70	6
3 # 716 Hardison, Steven	M74 Unattached		1:20.37	4
4 # 694 Linn, Perry	M73 River City Rebels		1:24.40	3

## M75 400 Meter Dash

USATF: A 1:04.45

WMA: R 1:02.40

Name	Age Team	Seed	Finals	Points
1 # 50 Banks, Bert	M75 Unattached	1:11.00	1:10.17	8
2 # 1007 Rink, Larry	M75 So Cal Track Club	1:21.70	1:19.82	6
3 # 917 Patton, Gary	M78 So Cal Track Club	1:13.62	1:21.92	4
4 # 699 Loewe, Donald	M76 So Cal Track Club	1:19.55	1:24.94	3
5 # 816 *Mintz, Bruce	M77 Canada	1:26.72	X1:32.00	
6 # 768 McCaskey, Patrick	M75 Unattached	1:35.00	1:35.24	2
7 # 1181 Talib, Salih	M79 So Cal Track Club	1:11.14	1:46.15	1
8 # 1097 Singh, Daljit	M77 Unattached		2:21.70	

## M80 400 Meter Dash

USATF: A 1:12.10

WMA: R 1:10.01

Name	Age Team	Seed	Finals	Points
1 # 1039 Sanfilippo, Steve	M81 Unattached	1:18.30	1:20.01	8
2 # 61 Barnum, Larry	M80 Unattached	1:12.80	1:22.23	6
3 # 310 Duffy, Dennis	M81 SC Striders	1:24.00	1:39.39	4
4 # 1080 Shenk, John	M81 Unattached	1:48.00	1:54.93	3

## M85 400 Meter Dash

USATF: A 1:24.18

WMA: R 1:17.12

Name	Age Team	Seed	Finals	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached		1:39.23	8
2 # 769 McCormack, Dan	M85 Unattached		1:52.76	6
3 # 980 Randall, Robert	M87 New England		2:12.94	4
4 # 1044 Satyaprasad, Ram	M86 New England		2:18.77	3
5 # 233 Cordero, Joe	M86 New England		2:54.52	2

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M90 400 Meter Dash**

90 USATF: A 1:39.39

90 WMA: R 1:29.15

Name	Age Team	Seed	Finals	Points
1 # 187 Cantu, Inocencio	M90 Potomac Vall	1:55.00	1:52.80	8
2 # 1094 Sime, Colben	M90 So Cal Track Club	1:57.77	2:09.87	6

**M95 400 Meter Dash**

95 USATF: A 2:21.82

95 WMA: R 2:21.82

Name	Age Team	Seed	Finals	Points
1 # 690 Linde, Gunnar	M96 So Cal Track Club		3:39.89	8

**W25-29 800 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 998 Reynolds, Faith	W26 Peninsula Di	2:15.00	2:15.47	8
1:07.136 (1:07.136)	2:15.463 (1:08.328)			
2 # 195 Casey, Megan	W25 Buffalo Chip	2:31.00	2:35.21	6
1:16.237 (1:16.237)	2:35.203 (1:18.967)			
3 # 1295 Williams, Mikaela	W26 Unattached		2:54.41	4
1:17.180 (1:17.180)	2:54.409 (1:37.230)			

**W30 800 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 780 McFaul, Kelsey	W31 Arc Run Club	2:22.00	2:29.88	8
1:12.585 (1:12.585)	2:29.873 (1:17.288)			
2 # 1155 Stewart, Suzanne	W34 Unattached	2:22.10	2:39.82	6
1:15.073 (1:15.073)	2:39.812 (1:24.739)			

**W35 800 Meter Run**

USATF: A 1:57.27

WMA: R 1:56.53

Name	Age Team	Seed	Finals	Points
1 # 202 Charles, Ericka	W35 Unattached	2:13.73	2:15.40	8
1:06.836 (1:06.836)	2:15.395 (1:08.560)			
2 # 333 Elder, Christina	W36 Lrc Nebraska	2:17.89	2:18.11	6
1:07.271 (1:07.271)	2:18.101 (1:10.830)			
3 # 583 Johannsen, Shea	W35 Unattached		2:20.28	4
1:07.899 (1:07.899)	2:20.277 (1:12.378)			
4 # 969 Quebedeaux, Linds	W35 Unattached	2:27.31	2:32.26	3
1:13.427 (1:13.427)	2:32.251 (1:18.824)			
5 # 26 Arco, Priscilla	W38 Arc Run Club	2:41.90	2:37.92	2
1:17.879 (1:17.879)	2:37.917 (1:20.039)			
6 # 548 Hudson, Meagan	W36 Unattached		2:48.38	1
1:19.303 (1:19.303)	2:48.373 (1:29.070)			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W40 800 Meter Run**

USATF: A 2:06.15

WMA: R 1:59.25

Name	Age Team	Seed	Finals	Points
1 # 882 Nussbaumer, Melan	W40 Garden State	2:25.00	2:23.81	8
1:15.885 (1:15.885)	2:23.806 (1:07.921)			
2 # 264 Davel Langreck, H	W43 Unattached	2:25.00	2:25.61	6
1:15.685 (1:15.685)	2:25.604 (1:09.919)			
3 # 622 Kelly, Amanda	W42 Arizona Masters		2:26.29	4
1:16.043 (1:16.043)	2:26.281 (1:10.238)			
4 # 977 Ramirez-Chan, Kim	W42 Unattached	2:37.00	2:38.17	3
1:18.131 (1:18.131)	2:38.166 (1:20.036)			
5 # 1193 Terry, Malissa	W43 Dayton Track Club	2:41.64	2:49.55	2
1:21.367 (1:21.367)	2:49.546 (1:28.179)			
6 # 693 Lineberry, Crysta	W43 So Cal Track Club		3:02.31	1
1:24.996 (1:24.996)	3:02.305 (1:37.309)			
7 # 825 Monzelowsky, Tess	W42 Gys Track Club	2:50.00	3:02.45	
1:30.685 (1:30.685)	3:02.445 (1:31.760)			

**W45 800 Meter Run**

USATF: A 2:13.67

WMA: R 2:02.82

Name	Age Team	Seed	Finals	Points
1 # 1140 St. Jean, Jennife	W49 Central Park	2:19.26	2:21.61	8
1:10.325 (1:10.325)	2:21.605 (1:11.280)			
2 # 1062 Schwalm, Alison	W46 Greater Phil	2:21.30	2:22.26	6
1:09.888 (1:09.888)	2:22.258 (1:12.370)			
3 # 599 Jones, Nathalie	W49 Central Park	2:22.90	2:24.11	4
1:10.559 (1:10.559)	2:24.106 (1:13.548)			
4 # 63 Barrett, Alyson	W45 West Valley		2:39.02	3
1:17.926 (1:17.926)	2:39.019 (1:21.093)			
5 # 271 Dawes, Bridget	W47 Sacramento V		2:44.55	2
1:20.260 (1:20.260)	2:44.543 (1:24.284)			

**W50 800 Meter Run**

USATF: A 2:19.02

WMA: R 2:12.50

Name	Age Team	Seed	Finals	Points
1 # 757 Matthews, Kristy	W51 So Cal Track Club	2:30.69	2:25.81	8
1:16.600 (1:16.600)	2:25.810 (1:09.210)			
2 # 862 Nedley, Felecia	W51 Unattached	2:33.62	2:29.57	6
1:16.913 (1:16.913)	2:29.565 (1:12.652)			
3 # 380 Friend-Uhl, Sonja	W53 Florida Trac	2:19.02	2:31.15	4
1:16.290 (1:16.290)	2:31.148 (1:14.858)			
4 # 1292 Williams, Brenda	W50 Arizona Masters	2:45.00	2:48.94	3
1:23.029 (1:23.029)	2:48.936 (1:25.907)			
5 # 334 Eliashev, Isabel	W50 Unattached		2:56.58	2
1:23.818 (1:23.818)	2:56.580 (1:32.762)			
6 # 110 Blumhagen, Michel	W54 Gys Track Club		3:32.64	1
1:36.400 (1:36.400)	3:32.632 (1:56.232)			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W55 800 Meter Run**

USATF: A 2:22.01

WMA: R 2:19.63

Name	Age Team	Seed	Finals	Points
1 # 485 Harvey, Jennifer	W56 Central Park	2:29.50	2:29.48	8
1:14.383 (1:14.383)	2:29.475 (1:15.092)			
2 # 1034 Saint-Louis, Domi	W57 Central Park	2:34.26	2:32.68	6
1:16.526 (1:16.526)	2:32.671 (1:16.146)			
3 # 1158 Stobbe, Judy	W59 Central Park	2:35.74	2:34.38	4
1:16.928 (1:16.928)	2:34.375 (1:17.447)			
4 # 888 Olen, Christine	W56 Data Athletics	2:48.45	2:50.35	3
1:25.487 (1:25.487)	2:50.341 (1:24.854)			
5 # 1242 Vigil, Rita	W57 Unattached	2:57.00	2:59.27	2
1:27.461 (1:27.461)	2:59.266 (1:31.806)			
6 # 1013 Robinson, Jeannie	W59 Cal Coast Tr	3:00.00	3:09.50	1
1:32.573 (1:32.573)	3:09.496 (1:36.923)			

**W60 800 Meter Run**

60 USATF: A 2:22.52

60 WMA: R 2:22.52

Name	Age Team	Seed	Finals	Points
1 # 590 Johnson, Terah	W63 So Cal Track Club		4:19.32	8
2:06.161 (2:06.161)	4:19.312 (2:13.152)			

**W65 800 Meter Run**

65 USATF: A 2:39.61

65 WMA: R 2:39.61

Name	Age Team	Seed	Finals	Points
1 # 516 Hinz, Lesley	W66 Atlanta Track Club	2:54.14	2:53.44	8
1:26.205 (1:26.205)	2:53.436 (1:27.231)			
2 # 404 Ghadially, Ruby	W66 Impala Racing Team	3:01.84	2:54.02	6
1:25.962 (1:25.962)	2:54.012 (1:28.051)			
3 # 79 Bellaire, Cheryl	W65 Greater Phil	2:56.31	3:03.01	4
1:30.581 (1:30.581)	3:03.003 (1:32.422)			
4 # 706 Loyd, Susan	W66 Mass Velocit	3:01.44	3:05.09	3
1:30.890 (1:30.890)	3:05.090 (1:34.201)			
5 # 678 Lee, Debbie	W67 So Cal Track Club	3:12.00	3:14.82	2
1:38.698 (1:38.698)	3:14.812 (1:36.115)			
6 # 235 Cossi, Alda	W69 Liberty Athl	3:12.89	3:22.72	1
1:36.456 (1:36.456)	3:22.713 (1:46.257)			
7 # 858 Myers, Helene	W69 Potomac Vall	5:26.36	5:50.83	
2:49.058 (2:49.058)	5:50.828 (3:01.770)			

**W70 800 Meter Run**

70 USATF: A 2:50.66

70 WMA: R 2:50.22

Name	Age Team	Seed	Finals	Points
1 # 1149 Steinbach, Coreen	W73 Greater Phil	3:12.23	3:12.60	8
1:32.698 (1:32.698)	3:12.600 (1:39.902)			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

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**....W70 800 Meter Run**

2 # 408 Gilbert, Sharlet W73 Lake Merritt 3:41.09 3:45.15 6  
 1:48.167 (1:48.167) 3:45.141 (1:56.975)

**W75 800 Meter Run**

75 USATF: A 3:07.35  
 75 WMA: R 3:07.19

Name	Age Team	Seed	Finals	Points
1 # 330 Eichel, Yoko 2:01.736 (2:01.736)	W77 So Cal Track Club	3:55.93	4:13.03	8
2 # 379 French, Priscilla 2:13.197 (2:13.197)	W75 Sierra Racewalkers		4:37.62	6
3 # 88 Berger, Nancy 2:22.602 (2:22.602)	W79 Tnt Internat		4:56.43	4

**W80 800 Meter Run**

80 USATF: A 3:47.07  
 80 WMA: R 3:30.41

Name	Age Team	Seed	Finals	Points
1 # 1141 Staab, Angela 2:54.418 (2:54.418)	W81 Tnt Internat	6:02.23	6:18.47	8

**W85 800 Meter Run**

85 USATF: A 5:12.45  
 85 WMA: R 3:58.15

Name	Age Team	Seed	Finals	Points
1 # 556 Hurrell, Lynne 2:23.748 (2:23.748)	W89 Sierra Gold	5:12.45	5:10.45A	8
2 # 646 Klopfer, Martha 2:35.498 (2:35.498)	W89 Unattached	5:49.60	5:33.11	6

**M25-29 800 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 255 Dai, Alan 59.174 (59.174)	M29 Unattached	2:00.52	2:01.73	8
2 # 1000 Richardson, Amani 58.124 (58.124)	M28 Atlanta Track Club	2:05.00	2:08.21	6
3 # 82 Benites, Brent 1:01.132 (1:01.132)	M28 Unattached	2:05.00	2:12.35	4

**M30 800 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 466 Hamlin, Michale 57.036 (57.036)	M31 Unattached	2:00.74	2:00.82	8
2 # 458 Hackett Jr., Lynn 1:00.765 (1:00.765)	M30 Unattached	2:11.43	2:07.47	6

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**...M30 800 Meter Run**

3 # 449 Guevara, Peter Fr M30 Athletics Ea 2:22.46 2:35.15 4  
 1:12.968 (1:12.968) 2:35.149 (1:22.181)

**M35 800 Meter Run**

USATF: A 1:43.36

WMA: R 1:43.36

Name	Age Team	Seed	Finals	Points
1 # 559 Husted, Mark 58.349 (58.349)	M37 Unattached	1:54.86	1:58.16	8
2 # 1077 Sharp, Sam 1:01.293 (1:01.293)	M38 Shadow Project TC	1:59.50	1:59.91	6
3 # 1038 Sanders, Reginald 57.999 (57.999)	M35 Unattached	1:56.97	2:00.10	4
4 # 114 Boddicker, Carson 1:01.478 (1:01.478)	M35 Unattached	1:59.10	2:01.99	3
5 # 276 Dear, Benjamin 1:02.729 (1:02.729)	M36 Unattached	2:12.00	2:05.26	2
6 # 260 Daniel, Hunter 1:03.671 (1:03.671)	M37 Prado Racing Team	2:03.75	2:07.42	1
7 # 509 Hill, Brian 1:06.731 (1:06.731)	M35 Unattached	2:04.01	2:13.79	
8 # 614 Kazi, Shahzeb 1:15.689 (1:15.689)	M35 Unattached	2:45.00	2:47.94	

**M40 800 Meter Run**

USATF: A 1:50.34

WMA: R 1:48.05

Name	Age Team	Seed	Finals	Points
1 # 883 Nwadike Jr., Kenn 1:03.189 (1:03.189)	M42 Team Superhero	2:03.16	2:03.35	8
2 # 1262 Washington, Moses 1:03.347 (1:03.347)	M44 Unattached	2:01.36	2:03.70	6
3 # 567 *Jacek, Trevor 1:03.427 (1:03.427)	M42 Canada	2:01.66	X2:05.93	
4 # 229 Cooke, David 1:03.591 (1:03.591)	M43 Unattached	2:13.41	2:06.06	4
5 # 517 Hiscott, Michael 1:03.989 (1:03.989)	M41 West Valley	2:07.90	2:07.77	3
6 # 502 Herrera, Adrian 1:05.120 (1:05.120)	M44 Unattached	2:10.89	2:10.37	2
7 # 1296 Williams, Renaldo 1:03.845 (1:03.845)	M42 Unattached	2:14.00	2:15.84	1
8 # 621 Kellis, Sterling 1:06.133 (1:06.133)	M44 Arizona Masters	2:13.00	2:18.04	
9 # 189 Caravello, Christ 1:08.503 (1:08.503)	M41 U.S. Navy	2:24.00	2:22.51	

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M45 800 Meter Run**

USATF: A 1:54.18

WMA: R 1:49.86

Name	Age Team	Seed	Finals	Points
1 # 1056 Schneekloth Jr., 1:05.262 (1:05.262)	M47 Garden State 2:05.288 (1:00.027)	2:02.44	2:05.29	8
2 # 555 *Hurlen, Erik 1:05.042 (1:05.042)	M46 Canada 2:05.660 (1:00.619)	2:03.53	X2:05.66	
3 # 295 *Donawa, Michael 1:05.424 (1:05.424)	M46 Bermuda 2:09.704 (1:04.280)	2:02.95	X2:09.71	
4 # 911 Pasero, Brian 1:05.480 (1:05.480)	M45 East Valley 2:11.244 (1:05.765)	2:16.00	2:11.25	6
5 # 586 Johnson, Christop 1:06.164 (1:06.164)	M47 Las Vegas Heat 2:12.174 (1:06.010)	2:15.01	2:12.18	4
6 # 997 Ress, Ryan 1:09.126 (1:09.126)	M49 Reno Tahoe A 2:18.202 (1:09.076)	2:12.18	2:18.21	3
7 # 124 Bordelon, Michael 1:12.141 (1:12.141)	M47 Unattached 2:20.378 (1:08.237)	2:28.72	2:20.38	2
8 # 1072 Serafini, David 1:14.612 (1:14.612)	M46 Unattached 2:35.449 (1:20.838)	2:32.60	2:35.45	1
-- # 312 Dunbar, Travis 1:14.207 (1:14.207)	M45 Athletics Ea	2:25.00	DNF	

**M50 800 Meter Run**

USATF: A 1:58.65

WMA: R 1:58.65

Name	Age Team	Seed	Finals	Points
1 # 1225 Tullis, Brian 58.357 (58.357)	M50 Indiana Elit 1:58.066 (59.710)	1:59.96	1:58.07A	8
2 # 1294 Williams, Mark 58.586 (58.586)	M51 Freedom - GR 1:58.392 (59.807)	1:59.30	1:58.40A	6
3 # 143 Brogan, Aaron 59.413 (59.413)	M50 Kansas City Smoke 2:03.828 (1:04.415)		2:03.83	4
4 # 1054 Scherer, Joshua 1:04.537 (1:04.537)	M52 Central Park 2:11.410 (1:06.874)	2:09.66	2:11.41	3
5 # 359 Filipoff, Myron 1:07.604 (1:07.604)	M53 Unattached 2:14.582 (1:06.978)	2:15.77	2:14.59	2
6 # 787 McGrew, James 1:11.532 (1:11.532)	M50 Trojan Masters T.C. 2:24.739 (1:13.208)	2:30.80	2:24.74	1
7 # 566 Iverson, Kirt 1:12.949 (1:12.949)	M54 Wolfpack Run 2:27.218 (1:14.269)	2:22.00	2:27.22	
8 # 1 Abbott, Jewel 1:12.659 (1:12.659)	M51 Unattached 2:31.835 (1:19.176)	2:23.42	2:31.84	
9 # 726 Mangiapane, Steph 1:13.272 (1:13.272)	M52 Unattached 2:32.839 (1:19.568)		2:32.84	
-- # 129 Bowen, Kevin 1:08.806 (1:08.806)	M52 Pony Express	2:32.54	DNF	

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**M55 800 Meter Run**

=====						
USATF: A 2:03.75						
WMA: R 2:02.92						
Name	Age	Team	Seed	Finals	Points	
=====						
1 # 960 Prineas, John	M55	Boulder Road	2:13.10	2:13.62	8	
1:07.381 (1:07.381)	2:13.616 (1:06.236)					
2 # 1164 Straka, Todd	M57	Boulder Road	2:18.00	2:14.85	6	
1:07.009 (1:07.009)	2:14.848 (1:07.839)					
3 # 836 Morgan, Darren	M55	Sra Elite		2:17.01	4	
1:07.647 (1:07.647)	2:17.005 (1:09.358)					
4 # 1268 *Weber, Harvey	M58	Canada	2:29.21	X2:25.19		
1:12.414 (1:12.414)	2:25.186 (1:12.772)					
5 # 252 Cuthbertson, Aaro	M56	Buffalo Chip	2:25.00	2:29.51	3	
1:13.406 (1:13.406)	2:29.507 (1:16.101)					
6 # 275 Dean, Michael	M55	San Luis Dis	2:15.00	2:29.53	2	
1:13.667 (1:13.667)	2:29.528 (1:15.861)					
7 # 254 Daer, Jeffrey	M57	Arizona Masters	2:41.14	2:46.47	1	
1:21.007 (1:21.007)	2:46.462 (1:25.456)					
8 # 898 Oti, Arturo J	M59	Unattached	2:55.50	2:48.67		
1:21.072 (1:21.072)	2:48.663 (1:27.592)					
9 # 956 Powell, Nathan	M59	Jtc Running	2:27.96	2:49.92		
1:25.524 (1:25.524)	2:49.919 (1:24.395)					
-- # 116 Bogdanowicz, Matt	M55	Joy's Jackra	2:18.30	DQ		332.2C False Start
1:12.438 (1:12.438)	2:28.819 (1:16.381)					

**M60 800 Meter Run**

=====						
USATF: A 2:08.56						
WMA: R 2:08.56						
Name	Age	Team	Seed	Finals	H#	Points
=====						
1 # 939 *Pinckard, Mark	M64	Canada	2:18.18	X2:14.30	2	
1:05.822 (1:05.822)	2:14.294 (1:08.472)					
2 # 647 Knerr, Ray	M64	Cal Coast Tr	2:21.64	2:20.55	2	8
1:09.518 (1:09.518)	2:20.541 (1:11.023)					
3 # 128 Borthwick, John	M60	Boulder Road	2:18.01	2:21.84	2	6
1:09.302 (1:09.302)	2:21.836 (1:12.534)					
4 # 450 Guild, Matthew	M60	Green Mounta	2:17.40	2:22.27	2	4
1:09.812 (1:09.812)	2:22.269 (1:12.457)					
5 # 940 Pinkham, David	M61	Potomac Vall	2:20.81	2:22.79	2	3
1:10.663 (1:10.663)	2:22.781 (1:12.118)					
6 # 170 Bynoe Sr., David	M62	Tnt Internat	2:25.00	2:23.71	2	2
1:10.307 (1:10.307)	2:23.704 (1:13.397)					
7 # 73 Beaman, Doug	M61	Bowman Track Club	2:25.42	2:24.93	2	1
1:11.193 (1:11.193)	2:24.922 (1:13.729)					
8 # 602 Jones, Thomas	M60	Unattached	2:36.93	2:25.68	1	
1:11.156 (1:11.156)	2:25.675 (1:14.519)					
9 # 108 Blatti, Todd	M61	Arizona Masters	2:30.00	2:31.43	1	
1:17.125 (1:17.125)	2:31.421 (1:14.296)					
10 # 961 Pritchard, Craig	M61	High Point A	2:38.50	2:34.90	1	
1:16.762 (1:16.762)	2:34.900 (1:18.138)					
11 # 382 Fuerte, Ambrose	M61	Unattached	2:42.66	2:37.84	1	
1:17.911 (1:17.911)	2:37.836 (1:19.926)					
12 # 541 Howard, Steve	M63	So Cal Track Club	2:30.00	2:40.91	1	
1:18.618 (1:18.618)	2:40.908 (1:22.290)					

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**...M60 800 Meter Run**

13 #	1183 Tannehill, Jon	M64 Unattached	2:44.10	1
	1:22.043 (1:22.043)	2:44.093 (1:22.051)		
14 #	84 Benudiz, Ronald	M63 SC Striders	2:38.45	2:50.55 1
	1:24.250 (1:24.250)	2:50.550 (1:26.300)		
15 #	533 Honeychurch, Davi	M61 Unattached	3:13.41	3:09.76 1
	1:32.591 (1:32.591)	3:09.758 (1:37.167)		
16 #	530 Holmes, Mark	M63 Sierra Gold	3:06.00	3:20.31 1
	1:38.833 (1:38.833)	3:20.301 (1:41.468)		

**M65 800 Meter Run**

USATF: A 2:17.20

WMA: R 2:13.74

Name	Age Team	Seed	Finals	H#	Points
1 # 676 Lebold, Michael	M66 Jamul Toads	2:27.13	2:31.68	2	8
	1:20.153 (1:20.153)	2:31.678 (1:11.526)			
2 # 1280 Westenberg, David	M66 Greater Lowe	2:21.19	2:32.02	2	6
	1:20.364 (1:20.364)	2:32.016 (1:11.653)			
3 # 900 Owen, Tim	M65 Mass Velocit	2:33.08	2:34.46	2	4
	1:20.615 (1:20.615)	2:34.456 (1:13.841)			
4 # 763 Mayes, Jesse	M67 Boulder Track Club	2:30.10	2:36.92	2	3
	1:19.889 (1:19.889)	2:36.916 (1:17.027)			
5 # 1283 Whitaker, Robert	M65 Unattached	2:35.66	2:37.08	2	2
	1:20.756 (1:20.756)	2:37.072 (1:16.316)			
6 # 1057 Schnieders, Peter	M65 Unattached	2:39.00	2:44.07	2	1
	1:21.911 (1:21.911)	2:44.062 (1:22.152)			
7 # 352 Farrell, Brian	M67 Unattached	2:56.45	2:47.34	1	
	1:24.738 (1:24.738)	2:47.339 (1:22.601)			
8 # 770 McCormack, Stan	M67 So Cal Track Club	2:36.00	2:47.89	2	
	1:23.730 (1:23.730)	2:47.886 (1:24.157)			
9 # 773 McDermott, Randy	M65 So Cal Track Club	2:40.00	2:47.90	2	
	1:24.118 (1:24.118)	2:47.893 (1:23.775)			
10 # 884 Oakes, Christian	M65 Tamalpa	2:46.00	2:49.04	1	
	1:23.831 (1:23.831)	2:49.037 (1:25.206)			
11 # 1175 Sutton, Marc	M66 Unattached	2:47.66	2:50.03	1	
	1:26.367 (1:26.367)	2:50.023 (1:23.656)			
12 # 912 Pashby, Steve	M69 Unattached	2:43.30	2:50.29	1	
	1:22.955 (1:22.955)	2:50.289 (1:27.334)			
13 # 390 Garcia Garcia, Se	M66 Unattached	2:56.42	2:50.42	1	
	1:25.725 (1:25.725)	2:50.412 (1:24.688)			
14 # 25 Araujo, John	M66 Unattached	2:50.00	2:56.38	1	
	1:26.832 (1:26.832)	2:56.373 (1:29.542)			
15 # 478 Harmon, John	M68 Empire Runne	3:00.00	3:12.59	1	
	1:32.070 (1:32.070)	3:12.590 (1:40.520)			
16 # 147 Brown, James	M69 Sierra Racewalkers		4:47.16	1	
	2:24.318 (2:24.318)	4:47.158 (2:22.841)			

**M70 800 Meter Run**

USATF: A 2:26.14

WMA: R 2:20.52

Name	Age Team	Seed	Finals	Points
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**....M70 800 Meter Run**

1 #	810 Miller, Patrick	M70 Unattached	3:01.05	2:49.50	8
	1:28.421 (1:28.421)	2:49.495 (1:21.074)			
2 #	373 Foote, Jay	M70 Westchester	2:48.00	2:55.50	6
	1:28.695 (1:28.695)	2:55.494 (1:26.799)			
3 #	57 Barnes, Manuel	M71 Unattached	2:40.00	2:55.73	4
	1:24.953 (1:24.953)	2:55.725 (1:30.772)			
4 #	425 Grady, Tom	M70 So Cal Track Club	2:57.84	2:56.04	3
	1:30.261 (1:30.261)	2:56.040 (1:25.780)			
5 #	363 Fischer, Gerhard	M72 Buffalo Chip	2:52.00	2:56.67	2
	1:28.311 (1:28.311)	2:56.663 (1:28.352)			
6 #	819 Misono, Glenn	M70 Buffalo Chip	3:12.00	3:01.31	1
	1:30.977 (1:30.977)	3:01.309 (1:30.332)			
7 #	694 Linn, Perry	M73 River City Rebels	2:50.63	3:03.26	
	1:28.147 (1:28.147)	3:03.257 (1:35.111)			
8 #	1063 Schwartz, Rodger	M70 Unattached	3:15.00	3:06.32	
	1:33.976 (1:33.976)	3:06.315 (1:32.339)			
9 #	838 Morris, Bob	M71 A Snail's Pa	2:58.99	3:07.55	
	1:34.322 (1:34.322)	3:07.549 (1:33.227)			
10 #	857 Myers, Eugene	M71 Potomac Vall	2:59.00	3:08.65	
	1:30.551 (1:30.551)	3:08.649 (1:38.098)			
11 #	1131 Souza, Ronald	M70 River City Rebels	3:20.00	3:11.70	
	1:33.340 (1:33.340)	3:11.699 (1:38.360)			

**M75 800 Meter Run**

USATF: A 2:37.06

WMA: R 2:30.59

Name	Age Team	Seed	Finals	Points
1 # 1075 Shaheed, Nolan	M75 So Cal Track Club	2:45.74	2:48.37	8
	1:24.827 (1:24.827)	2:48.364 (1:23.538)		
2 # 50 Banks, Bert	M75 Unattached	2:59.00	2:55.70	6
	1:29.850 (1:29.850)	2:55.700 (1:25.850)		
3 # 917 Patton, Gary	M78 So Cal Track Club	2:53.41	2:56.05	4
	1:31.058 (1:31.058)	2:56.042 (1:24.984)		
4 # 851 Murphy, Paul	M77 Unattached	3:02.39	3:07.36	3
	1:30.673 (1:30.673)	3:07.359 (1:36.686)		
5 # 1239 Vercollone, John	M75 Unattached	3:01.40	3:18.57	2
	1:34.745 (1:34.745)	3:18.565 (1:43.820)		
6 # 419 Goldman, Len	M79 Tamalpa		3:18.98	1
	1:40.197 (1:40.197)	3:18.976 (1:38.779)		
7 # 699 Loewe, Donald	M76 So Cal Track Club	3:06.25	3:20.34	
	1:41.921 (1:41.921)	3:20.335 (1:38.414)		
8 # 378 French, Gene	M77 Tamalpa	3:32.25	3:31.44	
	1:43.343 (1:43.343)	3:31.433 (1:48.090)		
9 # 1181 Talib, Salih	M79 So Cal Track Club	3:00.01	5:17.50	
	2:26.421 (2:26.421)	5:17.494 (2:51.073)		

**M80 800 Meter Run**

USATF: A 2:53.50

WMA: R 2:41.59

Name	Age Team	Seed	Finals	Points
1 # 744 Martin, Fred	M80 Tamalpa		3:07.68	8
	1:29.527 (1:29.527)	3:07.677 (1:38.150)		

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**...M80 800 Meter Run**

2 #	1039 Sanfilippo, Steve	M81 Unattached	3:18.51	3:20.87	6
	1:33.224 (1:33.224)	3:20.865 (1:47.641)			
3 #	1080 Shenk, John	M81 Unattached	4:42.00	5:06.49	4
	2:33.001 (2:33.001)	5:06.485 (2:33.484)			

**M85 800 Meter Run**

85 USATF: A 3:28.15  
85 WMA: R 3:06.69

Name	Age Team	Seed	Finals	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached		3:46.58	8
	1:50.325 (1:50.325)	3:46.576 (1:56.252)		
2 # 20 Anderson, Andy	M87 San Diego Striders	3:54.23	3:46.91	6
	1:48.606 (1:48.606)	3:46.907 (1:58.302)		
3 # 980 Randall, Robert	M87 New England		5:03.82	4
	2:36.834 (2:36.834)	5:03.812 (2:26.978)		
4 # 769 McCormack, Dan	M85 Unattached		5:07.85	3
	2:32.627 (2:32.627)	5:07.846 (2:35.220)		
5 # 1044 Satyaprasad, Ram	M86 New England		5:27.22	2
	2:42.474 (2:42.474)	5:27.220 (2:44.746)		
6 # 233 Cordero, Joe	M86 New England		6:09.00	1
	2:51.817 (2:51.817)	6:08.992 (3:17.176)		

**M90 800 Meter Run**

90 USATF: A 4:14.95  
90 WMA: R 3:34.93

Name	Age Team	Seed	Finals	Points
1 # 187 Cantu, Inocencio	M90 Potomac Vall	4:14.00	4:41.81	8
	2:19.130 (2:19.130)	4:41.804 (2:22.674)		
2 # 1094 Sime, Colben	M90 So Cal Track Club	4:58.88	5:21.92	6
	2:48.737 (2:48.737)	5:21.918 (2:33.181)		
3 # 690 Linde, Gunnar	M96 So Cal Track Club		7:23.11	4
	3:29.361 (3:29.361)	7:23.106 (3:53.746)		

**W25-29 1500 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 195 Casey, Megan	W25 Buffalo Chip	5:15.00	5:22.81	8
	58.409 (58.409)	2:26.867 (1:28.458)	3:56.367 (1:29.501)	5:22.804 (1:26.437)

**W30 1500 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 175 Cales, Shaina	W34 Boise Bettie	4:59.53	4:48.34	8
	55.671 (55.671)	2:15.353 (1:19.682)	3:36.249 (1:20.896)	4:48.340 (1:12.092)
2 # 1155 Stewart, Suzanne	W34 Unattached	5:07.54	5:33.85	6
	56.964 (56.964)	2:25.175 (1:28.211)	3:58.578 (1:33.404)	5:33.849 (1:35.271)

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35 USATF: A 4:00.35

35 WMA: R 3:57.73

Name	Age Team	Seed	Finals	Points
1 # 583 Johannsen, Shea	W35 Unattached	4:59.59	4:51.87	8
54.537 (54.537)	2:11.524 (1:16.988)	3:32.166 (1:20.642)	4:51.869 (1:19.704)	
2 # 427 Grant, Courtney	W37 West Valley	5:21.61	5:15.25	6
57.845 (57.845)	2:21.208 (1:23.363)	3:48.685 (1:27.477)	5:15.243 (1:26.558)	
3 # 548 Hudson, Meagan	W36 Unattached		5:29.28	4
57.789 (57.789)	2:26.552 (1:28.763)	4:00.691 (1:34.139)	5:29.271 (1:28.580)	

**W40 1500 Meter Run**

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USATF: A 4:10.16

WMA: R 3:59.78

Name	Age Team	Seed	Finals	Points
1 # 177 Calway, Kelly	W40 Grc Tracksmith	4:37.33	4:41.85	8
55.774 (55.774)	2:13.178 (1:17.404)	3:28.953 (1:15.776)	4:41.849 (1:12.896)	
2 # 710 Lund, April	W42 Gys Track Club	4:39.00	4:43.21	6
57.162 (57.162)	2:12.926 (1:15.764)	3:29.247 (1:16.322)	4:43.202 (1:13.955)	
3 # 882 Nussbaumer, Melan	W40 Garden State	5:00.00	4:44.83	4
56.377 (56.377)	2:13.339 (1:16.963)	3:29.413 (1:16.074)	4:44.829 (1:15.417)	
4 # 264 Davel Langreck, H	W43 Unattached	4:52.00	5:01.23	3
57.757 (57.757)	2:18.783 (1:21.026)	3:42.178 (1:23.396)	5:01.226 (1:19.048)	
5 # 622 Kelly, Amanda	W42 Arizona Masters		5:10.48	2
59.930 (59.930)	2:26.881 (1:26.951)	3:52.977 (1:26.097)	5:10.477 (1:17.500)	
6 # 1331 Zelinski, Daniell	W41 Unattached	5:39.00	5:26.60	1
1:03.752 (1:03.752)	2:31.860 (1:28.108)	4:01.240 (1:29.380)	5:26.595 (1:25.355)	
7 # 1193 Terry, Malissa	W43 Dayton Track Club	5:34.36	5:55.23	
1:06.280 (1:06.280)	2:41.146 (1:34.866)	4:19.347 (1:38.201)	5:55.229 (1:35.883)	
8 # 825 Monzelowsky, Tess	W42 Gys Track Club	5:51.00	6:00.44	
1:08.665 (1:08.665)	2:45.701 (1:37.036)	4:25.067 (1:39.366)	6:00.440 (1:35.374)	
9 # 693 Lineberry, Crysta	W43 So Cal Track Club		6:46.34	
1:08.153 (1:08.153)	2:52.558 (1:44.406)	4:48.151 (1:55.593)	6:46.331 (1:58.181)	

**W45 1500 Meter Run**

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USATF: A 4:29.61

WMA: R 4:05.44

Name	Age Team	Seed	Finals	Points
1 # 1140 St. Jean, Jennife	W49 Central Park	4:42.84	4:57.82	8
58.657 (58.657)	2:17.061 (1:18.404)	3:36.464 (1:19.403)	4:57.813 (1:21.349)	
2 # 1122 Sober, Jennifer	W49 Florida Trac	5:15.00	5:05.55	6
1:00.119 (1:00.119)	2:21.246 (1:21.127)	3:44.230 (1:22.984)	5:05.547 (1:21.318)	
3 # 1317 Wu, Cambria	W45 Unattached	5:12.34	5:10.97	4
1:00.493 (1:00.493)	2:22.119 (1:21.626)	3:48.016 (1:25.898)	5:10.967 (1:22.951)	
4 # 599 Jones, Nathalie	W49 Central Park	5:25.20	5:12.18	3
1:02.219 (1:02.219)	2:26.638 (1:24.419)	3:53.460 (1:26.822)	5:12.172 (1:18.712)	
5 # 1212 Todd, Amber	W46 Unattached		5:17.27	2
1:00.901 (1:00.901)	2:23.882 (1:22.981)	3:49.847 (1:25.966)	5:17.269 (1:27.422)	
6 # 1274 Wells, Elizabeth	W46 Dayton Track Club	5:16.00	5:19.90	1
1:01.861 (1:01.861)	2:26.347 (1:24.487)	3:54.627 (1:28.280)	5:19.895 (1:25.268)	

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**....W45 1500 Meter Run**

7 #	63 Barrett, Alyson	W45 West Valley			5:21.21	
	1:02.698 (1:02.698)	2:28.385 (1:25.688)	3:55.564 (1:27.179)	5:21.209 (1:25.645)		
8 #	271 Dawes, Bridget	W47 Sacramento V			5:25.21	
	1:02.041 (1:02.041)	2:28.032 (1:25.992)	3:56.537 (1:28.506)	5:25.201 (1:28.664)		

**W50 1500 Meter Run**

50 USATF: A 4:41.21  
50 WMA: R 4:35.40

Name	Age Team	Seed	Finals	Points
1 # 380 Friend-Uhl, Sonja	W53 Florida Trac	4:41.21	5:15.02	8
	1:02.250 (1:02.250)	2:27.337 (1:25.087)	3:51.921 (1:24.585)	5:15.020 (1:23.099)
2 # 803 Mercado, Julie	W50 Dayton Track Club	5:15.00	5:24.17	6
	1:03.238 (1:03.238)	2:29.053 (1:25.815)	3:57.880 (1:28.828)	5:24.168 (1:26.288)
3 # 1292 Williams, Brenda	W50 Arizona Masters	5:30.00	5:41.25	4
	1:05.545 (1:05.545)	2:37.185 (1:31.641)	4:10.487 (1:33.302)	5:41.250 (1:30.763)
4 # 735 Markley, Julie	W50 Team Red Lizard	5:29.00	5:50.94	3
	1:08.165 (1:08.165)	2:43.795 (1:35.630)	4:20.593 (1:36.798)	5:50.931 (1:30.338)
5 # 110 Blumhagen, Michel	W54 Gys Track Club		7:23.52	2
	1:07.850 (1:07.850)	3:09.265 (2:01.416)	5:21.825 (2:12.560)	7:23.512 (2:01.688)

**W55 1500 Meter Run**

55 USATF: A 4:47.62  
55 WMA: R 4:41.46

Name	Age Team	Seed	Finals	Points
1 # 1022 Rohl, Michelle	W58 Greater Phil	4:50.00	5:03.27	8
	1:02.219 (1:02.219)	2:25.651 (1:23.432)	3:45.046 (1:19.396)	5:03.263 (1:18.218)
2 # 1158 Stobbe, Judy	W59 Central Park	5:16.67	5:25.10	6
	1:02.542 (1:02.542)	2:28.172 (1:25.630)	3:56.947 (1:28.776)	5:25.095 (1:28.148)
3 # 1034 Saint-Louis, Domi	W57 Central Park	5:20.00	5:27.03	4
	1:02.947 (1:02.947)	2:28.549 (1:25.602)	3:57.513 (1:28.964)	5:27.027 (1:29.515)
4 # 888 Olen, Christine	W56 Data Athletics	5:42.00	5:46.01	3
	1:05.983 (1:05.983)	2:40.393 (1:34.410)	4:15.133 (1:34.740)	5:46.005 (1:30.873)
5 # 1013 Robinson, Jeannie	W59 Cal Coast Tr	6:00.00	5:55.30	2
	1:08.462 (1:08.462)	2:43.696 (1:35.234)	4:21.434 (1:37.738)	5:55.291 (1:33.857)
6 # 1242 Vigil, Rita	W57 Unattached	6:00.00	6:02.16	1
	1:07.643 (1:07.643)	2:44.401 (1:36.758)	4:23.829 (1:39.428)	6:02.155 (1:38.327)
7 # 1018 Roehrich, Carolyn	W57 Gys Track Club		7:25.51	7:10.57
	1:23.455 (1:23.455)	3:20.839 (1:57.384)	5:19.472 (1:58.634)	7:10.567 (1:51.096)
8 # 760 Maw, Su	W56 Unattached		8:08.98	
	1:20.519 (1:20.519)	3:34.366 (2:13.847)	5:53.799 (2:19.434)	8:08.972 (2:15.173)

**W60 1500 Meter Run**

60 USATF: A 5:02.38  
60 WMA: R 5:02.68

Name	Age Team	Seed	Finals	Points
1 # 144 Brooker, Susan	W61 Arizona Masters	5:50.00	5:44.30	8
	1:08.770 (1:08.770)	2:41.937 (1:33.168)	4:14.750 (1:32.813)	5:44.300 (1:29.550)
2 # 135 Brennan-Erler, Ei	W63 Impala Racing Team	6:42.00	6:00.57	6
	1:11.148 (1:11.148)	2:49.644 (1:38.497)	4:28.582 (1:38.938)	6:00.564 (1:31.982)

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3 #	893 Orofino, Allison	W63 Buffalo Chip	5:49.00	6:08.61	4
	1:10.684 (1:10.684)	2:49.148 (1:38.465)	4:30.606 (1:41.458)	6:08.602 (1:37.997)	
4 #	215 Clavier, Geneviev	W60 Buffalo Chip		6:15.72	3
	1:09.519 (1:09.519)	2:50.227 (1:40.708)	4:34.488 (1:44.262)	6:15.717 (1:41.229)	
5 #	821 Mohr, Trudy	W60 River City Rebels	6:30.00	7:17.86	2
	1:19.784 (1:19.784)	3:18.649 (1:58.865)	5:21.143 (2:02.494)	7:17.854 (1:56.712)	

**W65 1500 Meter Run**

65 USATF: A 5:25.65

65 WMA: R 5:25.65

Name	Age Team	Seed	Finals	Points
1 # 1095 Simmons, Nancy	W65 Impala Racing Team	5:40.00	5:39.09	8
1:04.907 (1:04.907)	2:35.831 (1:30.924)	4:08.350 (1:32.519)	5:39.087 (1:30.738)	
2 # 516 Hinz, Lesley	W66 Atlanta Track Club		5:58.62	6
1:09.154 (1:09.154)	2:48.736 (1:39.583)	4:27.054 (1:38.318)	5:58.614 (1:31.560)	
3 # 404 Ghadially, Ruby	W66 Impala Racing Team	6:02.59	6:00.39	4
1:07.096 (1:07.096)	2:42.398 (1:35.302)	4:22.039 (1:39.641)	6:00.388 (1:38.350)	
4 # 970 Quick, Sylvia	W65 Arizona Masters		6:28.34	3
1:13.016 (1:13.016)	2:57.022 (1:44.006)	4:44.512 (1:47.490)	6:28.332 (1:43.820)	
5 # 678 Lee, Debbie	W67 So Cal Track Club		6:35.52	2
1:11.732 (1:11.732)	2:59.140 (1:47.409)	4:50.407 (1:51.267)	6:35.514 (1:45.108)	
6 # 706 Loyd, Susan	W66 Mass Velocit	6:40.96	6:42.72	1
1:13.264 (1:13.264)	2:59.892 (1:46.628)	4:51.920 (1:52.028)	6:42.715 (1:50.796)	
7 # 235 Cossi, Alda	W69 Liberty Athl	6:41.09	6:58.58	
1:15.231 (1:15.231)	3:09.837 (1:54.606)	5:07.156 (1:57.319)	6:58.574 (1:51.418)	
8 # 134 Breen, Tina	W68 San Diego Tr	6:41.41	7:04.18	
1:22.554 (1:22.554)	3:17.732 (1:55.178)	5:13.896 (1:56.164)	7:04.178 (1:50.283)	
9 # 1020 Rogus, Claudia	W65 Buffalo Chip	9:00.00	8:09.95	
1:23.706 (1:23.706)	3:38.696 (2:14.990)	5:55.087 (2:16.391)	8:09.949 (2:14.862)	
10 # 858 Myers, Helene	W69 Potomac Vall	10:16.58	11:12.18	
2:02.784 (2:02.784)	5:08.470 (3:05.687)	8:16.324 (3:07.854)	11:12.180 (2:55.856)	

**W70 1500 Meter Run**

70 USATF: A 5:59.18

70 WMA: R 5:46.90

Name	Age Team	Seed	Finals	Points
1 # 1149 Steinbach, Coreen	W73 Greater Phil	6:35.48	6:55.56	8
1:19.283 (1:19.283)	3:14.962 (1:55.680)	5:10.804 (1:55.842)	6:55.554 (1:44.750)	
2 # 841 Morse, Melinda	W72 Impala Racing Team		7:36.23	6
1:28.238 (1:28.238)	3:34.886 (2:06.648)	5:36.567 (2:01.681)	7:36.224 (1:59.657)	
3 # 408 Gilbert, Sharlet	W73 Lake Merritt	7:36.41	7:53.84	4
1:24.113 (1:24.113)	3:28.658 (2:04.546)	5:40.483 (2:11.825)	7:53.840 (2:13.357)	

**W75 1500 Meter Run**

75 USATF: A 6:14.88

75 WMA: R 6:14.88

Name	Age Team	Seed	Finals	Points
1 # 88 Berger, Nancy	W79 Tnt Internat		9:25.49	8
1:36.557 (1:36.557)	4:17.980 (2:41.424)	7:01.267 (2:43.287)	9:25.485 (2:24.218)	

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**....W75 1500 Meter Run**

2 # 379 French, Priscilla W75 Sierra Racewalkers 9:30.48 6  
 1:35.605 (1:35.605) 4:17.236 (2:41.632) 7:00.138 (2:42.902) 9:30.480 (2:30.342)

**W80 1500 Meter Run**

80 USATF: A 7:39.05  
 80 WMA: R 6:52.77

Name	Age Team	Seed	Finals	Points
1 # 446 Guardino, Louise	W83 Unattached		11:37.68	8
2:14.786 (2:14.786)	5:22.925 (3:08.140)	8:35.796 (3:12.871)	11:37.674 (3:01.879)	
2 # 1141 Staab, Angela	W81 Tnt Internat		12:17.84	6
2:08.760 (2:08.760)	5:32.221 (3:23.461)	8:54.456 (3:22.236)	12:17.838 (3:23.382)	

**W85 1500 Meter Run**

85 USATF: A 10:55.01  
 85 WMA: R 7:37.31

Name	Age Team	Seed	Finals	Points
1 # 646 Klopfer, Martha	W89 Unattached		11:06.60	8
2:01.427 (2:01.427)	5:04.820 (3:03.394)	8:08.987 (3:04.167)	10:54.446 (2:45.460)	

**M25-29 1500 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 255 Dai, Alan	M29 Unattached		4:22.04	8
53.216 (53.216)	2:05.133 (1:11.917)	3:13.349 (1:08.217)	4:22.039 (1:08.690)	
2 # 546 Hu, Dillon	M27 Unattached		4:25.81	6
52.803 (52.803)	2:03.993 (1:11.191)	3:14.955 (1:10.962)	4:25.803 (1:10.848)	
3 # 82 Benites, Brent	M28 Unattached		4:39.50	4
52.568 (52.568)	2:04.777 (1:12.209)	3:20.992 (1:16.216)	4:39.499 (1:18.508)	

**M30 1500 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 1076 Shahmirzadi, Camr	M34 West Valley		4:16.11	8
52.099 (52.099)	2:02.435 (1:10.337)	3:10.495 (1:08.060)	4:16.107 (1:05.612)	
2 # 71 Beach, Nathaniel	M34 West Valley		4:19.12	6
52.288 (52.288)	2:01.582 (1:09.294)	3:10.743 (1:09.162)	4:19.113 (1:08.370)	
3 # 458 Hackett Jr., Lynn	M30 Unattached		4:31.57	4
51.711 (51.711)	2:04.105 (1:12.394)	3:20.111 (1:16.006)	4:31.563 (1:11.453)	
4 # 449 Guevara, Peter Fr	M30 Athletics Ea		5:01.73	3
54.717 (54.717)	2:14.623 (1:19.907)	3:39.905 (1:25.282)	5:01.729 (1:21.824)	

**M35 1500 Meter Run**

35 USATF: A 3:32.51  
 35 WMA: R 3:32.51

Name	Age Team	Seed	Finals	Points
1 # 1077 Sharp, Sam	M38 Shadow Project TC		4:12.87	8
50.529 (50.529)	1:56.747 (1:06.219)	3:04.199 (1:07.452)	4:12.869 (1:08.670)	

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**....M35 1500 Meter Run**

2 #	260 Daniel, Hunter	M37 Prado Racing Team	4:18.78	4:29.14	6
	53.637 (53.637)	2:06.402 (1:12.765)	3:21.215 (1:14.813)	4:29.133 (1:07.919)	
3 #	614 Kazi, Shahzeb	M35 Unattached	6:00.00	6:00.99	4
	1:05.017 (1:05.017)	2:44.715 (1:39.698)	4:26.097 (1:41.383)	6:00.985 (1:34.888)	

**M40 1500 Meter Run**

40 USATF: A 3:41.87  
40 WMA: R 3:41.87

Name	Age Team	Seed	Finals	Points
1 # 166 Burnett, Clay	M42 Unattached	4:00.69	4:05.59	8
49.952 (49.952)	1:56.123 (1:06.171)	3:01.650 (1:05.528)	4:05.581 (1:03.931)	
2 # 303 Dreher, Jonathan	M43 Unattached	4:09.50	4:17.98	6
50.207 (50.207)	1:57.761 (1:07.555)	3:08.689 (1:10.928)	4:17.973 (1:09.284)	
3 # 229 Cooke, David	M43 Unattached	4:49.37	4:24.34	4
52.144 (52.144)	2:03.919 (1:11.775)	3:17.107 (1:13.188)	4:24.331 (1:07.224)	
4 # 284 DiGiovanni, John	M40 Brooklyn Track Club	4:19.00	4:26.54	3
53.343 (53.343)	2:05.054 (1:11.712)	3:15.455 (1:10.402)	4:26.540 (1:11.085)	
5 # 502 Herrera, Adrian	M44 Unattached	4:34.35	4:29.36	2
51.810 (51.810)	2:05.009 (1:13.199)	3:18.901 (1:13.893)	4:29.357 (1:10.456)	
6 # 621 Kellis, Sterling	M44 Arizona Masters	4:40.00	4:50.71	1
52.897 (52.897)	2:09.271 (1:16.374)	3:30.293 (1:21.022)	4:50.707 (1:20.414)	

**M45 1500 Meter Run**

USATF: A 3:55.09  
WMA: R 3:48.72

Name	Age Team	Seed	Finals	Points
1 # 265 Davey, Neville	M49 West Valley	4:10.00	4:18.89	8
53.827 (53.827)	2:04.904 (1:11.077)	3:14.287 (1:09.384)	4:18.887 (1:04.600)	
2 # 561 Hyland, Joe	M45 Unattached	4:12.00	4:19.82	6
53.571 (53.571)	2:04.513 (1:10.942)	3:13.983 (1:09.470)	4:19.819 (1:05.836)	
3 # 984 Rawal, Sanjay	M49 Unattached	4:08.00	4:25.12	4
54.367 (54.367)	2:05.288 (1:10.921)	3:15.118 (1:09.831)	4:25.118 (1:10.000)	
4 # 642 Klarich, Lee	M49 Unattached	4:27.20	4:26.84	3
54.491 (54.491)	2:06.586 (1:12.096)	3:17.227 (1:10.641)	4:26.838 (1:09.611)	
5 # 161 Bryson, Trent	M48 Cal Coast Tr	4:29.00	4:29.57	2
54.698 (54.698)	2:08.966 (1:14.269)	3:21.667 (1:12.701)	4:29.568 (1:07.902)	
6 # 295 *Donawa, Michael	M46 Bermuda	4:20.50	X4:32.34	
54.518 (54.518)	2:08.778 (1:14.261)	3:22.280 (1:13.502)	4:32.338 (1:10.058)	
7 # 1238 Velazquez, Orland	M47 Unattached	4:27.00	4:32.78	1
54.962 (54.962)	2:09.180 (1:14.218)	3:21.994 (1:12.814)	4:32.773 (1:10.780)	
8 # 911 Pasero, Brian	M45 East Valley	4:33.00	4:34.00	
54.163 (54.163)	2:06.914 (1:12.752)	3:21.479 (1:14.565)	4:33.996 (1:12.517)	
9 # 586 Johnson, Christop	M47 Las Vegas Heat	5:10.35	4:42.87	
55.042 (55.042)	2:09.672 (1:14.630)	3:26.239 (1:16.568)	4:42.866 (1:16.627)	
10 # 997 Ress, Ryan	M49 Reno Tahoe A	4:50.00	4:57.49	
59.686 (59.686)	2:15.628 (1:15.942)	3:36.440 (1:20.812)	4:57.484 (1:21.045)	
11 # 312 Dunbar, Travis	M45 Athletics Ea	5:14.00	5:17.86	
1:00.049 (1:00.049)	2:26.345 (1:26.296)	3:55.917 (1:29.572)	5:17.851 (1:21.934)	
-- # 1056 Schneckloth Jr.,	M47 Garden State	4:04.22	DNF	
54.111 (54.111)	2:08.669 (1:14.558)			

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## M50 1500 Meter Run

USATF: A 4:01.77

WMA: R 3:58.26

Name	Age Team	Seed	Finals	Points
1 # 1294 Williams, Mark	M51 Freedom - GR	4:12.11	4:13.68	8
51.961 (51.961)	2:01.938 (1:09.977)	3:11.330 (1:09.392)	4:13.672 (1:02.343)	
2 # 1225 Tullis, Brian	M50 Indiana Elit	4:15.00	4:16.74	6
51.723 (51.723)	2:01.680 (1:09.957)	3:11.103 (1:09.424)	4:16.737 (1:05.634)	
3 # 143 Brogan, Aaron	M50 Kansas City Smoke		4:20.62	4
52.462 (52.462)	2:02.812 (1:10.350)	3:13.664 (1:10.852)	4:20.614 (1:06.951)	
4 # 101 Bishard, Jonathan	M50 Kansas City Smoke	4:14.10	4:37.91	3
52.777 (52.777)	2:05.120 (1:12.343)	3:21.257 (1:16.138)	4:37.903 (1:16.646)	
5 # 1 Abbott, Jewel	M51 Unattached	4:47.55	4:58.59	2
57.205 (57.205)	2:17.751 (1:20.546)	3:39.281 (1:21.530)	4:58.586 (1:19.305)	
6 # 787 McGrew, James	M50 Trojan Masters T.C.	5:06.18	5:00.73	1
58.404 (58.404)	2:19.071 (1:20.667)	3:41.198 (1:22.127)	5:00.724 (1:19.527)	
7 # 566 Iverson, Kirt	M54 Wolfpack Run	4:58.00	5:17.98	
59.686 (59.686)	2:24.367 (1:24.681)	3:52.247 (1:27.880)	5:17.976 (1:25.729)	
8 # 726 Mangiapane, Steph	M52 Unattached		5:27.74	
1:00.554 (1:00.554)	2:28.920 (1:28.366)	4:01.492 (1:32.573)	5:27.738 (1:26.246)	

## M55 1500 Meter Run

USATF: A 4:17.80

WMA: R 4:12.35

Name	Age Team	Seed	Finals	Points
1 # 526 *Hogue, Benoit	M59 Canada	4:30.00	X4:41.65	
58.046 (58.046)	2:13.826 (1:15.780)	3:29.230 (1:15.404)	4:41.648 (1:12.418)	
2 # 1164 Straka, Todd	M57 Boulder Road	4:34.84	4:45.25	8
58.370 (58.370)	2:16.590 (1:18.220)	3:34.626 (1:18.036)	4:45.245 (1:10.620)	
3 # 960 Prineas, John	M55 Boulder Road	4:41.40	4:49.77	6
58.972 (58.972)	2:16.971 (1:18.000)	3:34.304 (1:17.334)	4:49.764 (1:15.460)	
4 # 1327 Yorges, Christoph	M58 Unattached	4:39.62	4:57.20	4
58.658 (58.658)	2:18.219 (1:19.561)	3:40.476 (1:22.257)	4:57.194 (1:16.719)	
5 # 804 Messiter, Sean	M58 Club Northwest	4:49.55	4:58.62	3
59.512 (59.512)	2:18.368 (1:18.857)	3:39.972 (1:21.604)	4:58.612 (1:18.640)	
6 # 252 Cuthbertson, Aaro	M56 Buffalo Chip	5:10.00	5:05.13	2
1:00.790 (1:00.790)	2:23.432 (1:22.642)	3:46.474 (1:23.042)	5:05.130 (1:18.656)	
7 # 290 Dix, Roger	M57 Hoka Aggie R		5:05.18	1
1:00.114 (1:00.114)	2:22.202 (1:22.088)	3:45.585 (1:23.384)	5:05.171 (1:19.586)	
8 # 275 Dean, Michael	M55 San Luis Dis	5:00.00	5:17.75	
57.908 (57.908)	2:22.390 (1:24.482)	3:51.206 (1:28.817)	5:17.748 (1:26.542)	
9 # 293 Dobson, Christoph	M57 Unattached	6:10.00	5:54.71	
1:07.922 (1:07.922)	2:46.960 (1:39.038)	4:24.696 (1:37.736)	5:54.708 (1:30.012)	
10 # 11 Alleman, Raylan	M55 Unattached	6:10.00	6:12.83	
1:05.774 (1:05.774)	2:46.265 (1:40.491)	4:30.897 (1:44.632)	6:12.826 (1:41.930)	
-- # 774 McDonald, Chris	M55 Boulder Road	4:27.00	DNF	
57.754 (57.754)	2:13.599 (1:15.845)			
-- # 1102 Siriano, Scott	M57 Unattached	4:48.00	DNF	
1:00.461 (1:00.461)	2:21.968 (1:21.508)			

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## M60 1500 Meter Run

USATF: A 4:24.00

WMA: R 4:24.00

Name	Age Team	Seed	Finals	Points
1 # 939 *Pinckard, Mark	M64 Canada	4:38.94	X4:48.77	
56.151 (56.151)	2:14.320 (1:18.169)	3:33.040 (1:18.721)	4:48.765 (1:15.725)	
2 # 358 Filip, Daniel	M61 Wolfpack Run	4:50.00	4:51.31	8
57.360 (57.360)	2:16.928 (1:19.569)	3:37.293 (1:20.365)	4:51.305 (1:14.012)	
3 # 832 Morakinyo, Akintu	M60 Bullseye Running	4:56.00	4:52.80	6
56.768 (56.768)	2:16.368 (1:19.600)	3:36.901 (1:20.534)	4:52.798 (1:15.897)	
4 # 896 Ostenberg, Kevin	M63 Hoka Aggie R		4:53.11	4
58.460 (58.460)	2:19.362 (1:20.903)	3:38.352 (1:18.990)	4:53.106 (1:14.754)	
5 # 647 Knerr, Ray	M64 Cal Coast Tr	5:00.92	4:53.19	3
57.776 (57.776)	2:17.308 (1:19.532)	3:38.044 (1:20.736)	4:53.182 (1:15.138)	
6 # 108 Blatti, Todd	M61 Arizona Masters	4:58.29	4:53.59	2
58.906 (58.906)	2:19.113 (1:20.208)	3:39.609 (1:20.496)	4:53.590 (1:13.982)	
7 # 729 Mann, Jeff	M61 Unattached	4:55.50	4:53.90	1
58.122 (58.122)	2:18.258 (1:20.137)	3:40.177 (1:21.919)	4:53.892 (1:13.716)	
8 # 940 Pinkham, David	M61 Potomac Vall	4:58.67	4:56.64	
59.359 (59.359)	2:18.653 (1:19.294)	3:39.059 (1:20.406)	4:56.640 (1:17.582)	
9 # 714 Lyau, Jonathan	M60 Spartan Trac	5:07.22	4:59.65	
59.120 (59.120)	2:19.104 (1:19.984)	3:39.311 (1:20.208)	4:59.645 (1:20.334)	
10 # 602 Jones, Thomas	M60 Unattached	5:39.27	5:04.03	
59.314 (59.314)	2:18.950 (1:19.637)	3:39.371 (1:20.421)	5:04.030 (1:24.659)	
11 # 73 Beaman, Doug	M61 Bowerman Track Club	5:06.00	5:08.13	
57.986 (57.986)	2:19.532 (1:21.546)	3:43.220 (1:23.688)	5:08.126 (1:24.907)	
12 # 128 Borthwick, John	M60 Boulder Road	4:42.36	5:12.94	
58.313 (58.313)	2:18.880 (1:20.567)	3:43.198 (1:24.319)	5:12.931 (1:29.733)	
13 # 618 Keenan, Tim	M62 Strawberry C	5:10.00	5:20.62	
1:01.650 (1:01.650)	2:28.151 (1:26.501)	3:56.725 (1:28.574)	5:20.620 (1:23.896)	
14 # 552 Huffman, Tony	M61 Unattached	5:10.00	5:21.93	
1:01.362 (1:01.362)	2:28.352 (1:26.990)	3:56.332 (1:27.980)	5:21.926 (1:25.594)	
15 # 1254 Wallen, Tim	M60 Tamalpa	5:19.00	5:23.82	
1:02.327 (1:02.327)	2:30.554 (1:28.227)	3:58.616 (1:28.062)	5:23.814 (1:25.198)	
16 # 541 Howard, Steve	M63 So Cal Track Club	5:16.00	5:37.89	
1:01.962 (1:01.962)	2:30.736 (1:28.774)	4:05.558 (1:34.822)	5:37.886 (1:32.328)	
17 # 354 Feerst, Adam	M64 Boulder Road		5:38.26	
1:08.093 (1:08.093)	2:39.790 (1:31.697)	4:10.786 (1:30.997)	5:38.258 (1:27.472)	
18 # 790 McLaughlin, Teren	M63 Potomac Vall	5:50.00	5:55.26	
1:11.176 (1:11.176)	2:50.825 (1:39.650)	4:25.454 (1:34.629)	5:55.254 (1:29.800)	
19 # 84 Benudiz, Ronald	M63 SC Striders		6:05.69	
1:05.865 (1:05.865)	2:45.805 (1:39.940)	4:28.825 (1:43.020)	6:05.688 (1:36.864)	
20 # 719 MacMahon, Brian	M62 Unattached	6:10.00	6:07.70	
1:10.810 (1:10.810)	2:50.418 (1:39.609)	4:33.247 (1:42.829)	6:07.694 (1:34.448)	
21 # 481 Harris, Andy	M64 River City Rebels	6:40.00	6:35.36	
1:19.202 (1:19.202)	3:07.571 (1:48.370)	4:50.713 (1:43.142)	6:35.360 (1:44.648)	
22 # 188 Character, William	M63 Potomac Vall		6:50.66	
1:14.904 (1:14.904)	3:09.745 (1:54.842)	5:00.346 (1:50.601)	6:50.658 (1:50.313)	
-- # 530 Holmes, Mark	M63 Sierra Gold	6:38.00	DNF	
1:18.971 (1:18.971)	3:12.321 (1:53.350)	5:10.474 (1:58.153)		

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USATF: A 4:46.05

WMA: R 4:39.87

Name	Age Team	Seed	Finals	Points
1 # 1280 Westenberg, David	M66 Greater Lowe	4:52.15	5:11.98	8
1:04.745 (1:04.745)	2:30.893 (1:26.148)	3:53.915 (1:23.022)	5:11.977 (1:18.062)	
2 # 676 Lebold, Michael	M66 Jamul Toads	5:10.89	5:13.89	6
1:05.126 (1:05.126)	2:31.261 (1:26.136)	3:54.268 (1:23.007)	5:13.887 (1:19.620)	
3 # 421 Gookin, Mark	M65 Unattached	5:40.00	5:22.18	4
1:06.972 (1:06.972)	2:34.532 (1:27.560)	4:01.883 (1:27.351)	5:22.171 (1:20.288)	
4 # 900 Owen, Tim	M65 Mass Velocit	5:45.00	5:23.59	3
1:06.623 (1:06.623)	2:35.022 (1:28.400)	4:03.596 (1:28.574)	5:23.585 (1:19.990)	
5 # 1283 Whitaker, Robert	M65 Unattached	5:11.28	5:27.92	2
1:05.473 (1:05.473)	2:31.614 (1:26.141)	4:00.287 (1:28.674)	5:27.914 (1:27.627)	
6 # 770 McCormack, Stan	M67 So Cal Track Club	5:22.00	5:30.53	1
1:05.951 (1:05.951)	2:34.168 (1:28.218)	4:03.196 (1:29.028)	5:30.528 (1:27.332)	
7 # 1057 Schnieders, Peter	M65 Unattached	5:24.00	5:43.83	
1:07.635 (1:07.635)	2:40.960 (1:33.326)	4:14.908 (1:33.948)	5:43.827 (1:28.919)	
8 # 649 Kollars, Steven	M65 Bowerman Track Club	6:00.00	5:44.54	
1:08.909 (1:08.909)	2:43.338 (1:34.429)	4:17.151 (1:33.813)	5:44.537 (1:27.386)	
9 # 158 Brumwell, Steve	M66 So Cal Track Club	5:50.76	5:56.46	
1:08.223 (1:08.223)	2:41.269 (1:33.047)	4:17.413 (1:36.144)	5:56.451 (1:39.038)	
10 # 773 McDermott, Randy	M65 So Cal Track Club	5:34.00	6:01.24	
1:10.743 (1:10.743)	2:48.196 (1:37.453)	4:28.093 (1:39.897)	6:01.233 (1:33.141)	
11 # 390 Garcia Garcia, Se	M66 Unattached	6:06.40	6:11.85	
1:10.850 (1:10.850)	2:49.984 (1:39.134)	4:31.663 (1:41.680)	6:11.844 (1:40.181)	
12 # 1175 Sutton, Marc	M66 Unattached	6:00.00	6:14.36	
1:09.754 (1:09.754)	2:51.990 (1:42.236)	4:38.201 (1:46.211)	6:14.351 (1:36.150)	
13 # 478 Harmon, John	M68 Empire Runne	6:10.00	6:34.58	
1:15.163 (1:15.163)	3:00.113 (1:44.950)	4:49.424 (1:49.311)	6:34.571 (1:45.147)	
-- # 912 Pashby, Steve	M69 Unattached	5:41.02	DNF	
1:11.647 (1:11.647)	2:52.125 (1:40.478)			

**M70 1500 Meter Run**

USATF: A 5:04.87

WMA: R 4:52.95

Name	Age Team	Seed	Finals	Points
1 # 814 Minard, Bruce	M70 Unattached		5:42.11	8
1:09.963 (1:09.963)	2:47.479 (1:37.517)	4:24.648 (1:37.169)	5:42.109 (1:17.462)	
2 # 810 Miller, Patrick	M70 Unattached	6:01.00	5:47.70	6
1:09.755 (1:09.755)	2:47.430 (1:37.676)	4:24.585 (1:37.156)	5:47.695 (1:23.110)	
3 # 313 Duncan, Keith	M70 Tamalpa	5:31.20	5:55.41	4
1:08.933 (1:08.933)	2:46.969 (1:38.036)	4:26.433 (1:39.464)	5:55.401 (1:28.969)	
4 # 363 Fischer, Gerhard	M72 Buffalo Chip	5:52.00	5:56.48	3
1:09.172 (1:09.172)	2:47.263 (1:38.092)	4:25.711 (1:38.448)	5:56.478 (1:30.768)	
5 # 694 Linn, Perry	M73 River City Rebels	5:50.04	6:00.48	2
1:10.221 (1:10.221)	2:48.613 (1:38.392)	4:27.352 (1:38.739)	6:00.473 (1:33.122)	
6 # 425 Grady, Tom	M70 So Cal Track Club	5:58.77	6:01.16	1
1:10.986 (1:10.986)	2:50.747 (1:39.762)	4:30.245 (1:39.498)	6:01.152 (1:30.908)	
7 # 711 Lundblad, Michael	M71 Unattached		6:04.77	
1:09.487 (1:09.487)	2:48.000 (1:38.514)	4:25.749 (1:37.750)	6:04.769 (1:39.020)	
8 # 57 Barnes, Manuel	M71 Unattached	6:10.00	6:14.02	
1:09.408 (1:09.408)	2:48.041 (1:38.634)	4:30.534 (1:42.493)	6:14.015 (1:43.481)	

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**Results**

**...M70 1500 Meter Run**

9 #	819 Misono, Glenn	M70 Buffalo Chip	6:32.00	6:18.89
	1:11.310 (1:11.310)	2:53.725 (1:42.416)	4:39.433 (1:45.708)	6:18.885 (1:39.452)
10 #	1131 Souza, Ronald	M70 River City Rebels	6:08.00	6:23.13
	1:13.055 (1:13.055)	2:56.601 (1:43.546)	4:40.241 (1:43.640)	6:23.126 (1:42.885)
11 #	857 Myers, Eugene	M71 Potomac Vall	5:58.00	6:34.56
	1:10.568 (1:10.568)	2:58.592 (1:48.024)	4:51.418 (1:52.826)	6:34.551 (1:43.134)
-- #	838 Morris, Bob	M71 A Snail's Pa	5:54.11	DNF
	1:11.041 (1:11.041)			

**M75 1500 Meter Run**

USATF: A 5:19.87

WMA: R 5:11.27

Name	Age Team	Seed	Finals	Points
1 # 1075 Shaheed, Nolan	M75 So Cal Track Club	5:40.84	5:58.05	8
1:12.038 (1:12.038)	2:56.320 (1:44.283)	4:39.165 (1:42.845)	5:58.047 (1:18.882)	
2 # 1290 Wiley, Lon	M76 Empire Runne	5:57.45	6:01.70	6
1:14.044 (1:14.044)	2:56.729 (1:42.686)	4:38.738 (1:42.010)	6:01.693 (1:22.955)	
3 # 917 Patton, Gary	M78 So Cal Track Club	6:03.03	6:02.16	4
1:14.397 (1:14.397)	2:58.080 (1:43.683)	4:40.197 (1:42.118)	6:02.153 (1:21.956)	
4 # 317 Dykes, Gene	M76 Greater Phil		6:10.72	3
1:14.633 (1:14.633)	2:57.848 (1:43.215)	4:39.807 (1:41.960)	6:10.714 (1:30.907)	
5 # 1007 Rink, Larry	M75 So Cal Track Club	6:30.12	6:15.93	2
1:12.716 (1:12.716)	2:57.602 (1:44.887)	4:41.877 (1:44.275)	6:15.925 (1:34.048)	
6 # 1205 Thompson, Rod	M75 Unattached	6:42.00	6:16.13	1
1:13.576 (1:13.576)	2:57.470 (1:43.895)	4:40.963 (1:43.493)	6:16.125 (1:35.162)	
7 # 50 Banks, Bert	M75 Unattached	6:15.00	6:21.66	
1:14.024 (1:14.024)	2:58.598 (1:44.574)	4:43.308 (1:44.710)	6:21.658 (1:38.351)	
8 # 419 Goldman, Len	M79 Tamalpa		6:30.32	
1:15.042 (1:15.042)	2:59.930 (1:44.889)	4:45.740 (1:45.810)	6:30.312 (1:44.572)	
9 # 699 Loewe, Donald	M76 So Cal Track Club	6:17.19	6:46.09	
1:22.082 (1:22.082)	3:15.742 (1:53.660)	5:08.258 (1:52.517)	6:46.084 (1:37.826)	
10 # 378 French, Gene	M77 Tamalpa	7:00.00	7:11.72	
1:22.206 (1:22.206)	3:16.000 (1:53.795)	5:12.697 (1:56.697)	7:11.716 (1:59.019)	

**M80 1500 Meter Run**

80 USATF: A 6:04.28

80 WMA: R 5:30.89

Name	Age Team	Seed	Finals	Points
1 # 744 Martin, Fred	M80 Tamalpa		6:44.03	8
1:21.917 (1:21.917)	3:11.904 (1:49.988)	5:00.218 (1:48.314)	6:44.030 (1:43.812)	
2 # 1080 Shenk, John	M81 Unattached	10:14.00	10:36.66	6
2:02.237 (2:02.237)	4:56.942 (2:54.706)	7:55.422 (2:58.480)	10:36.657 (2:41.235)	

**M85 1500 Meter Run**

85 USATF: A 7:19.51

85 WMA: R 6:08.61

Name	Age Team	Seed	Finals	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached		7:53.88	8
1:25.160 (1:25.160)	3:34.209 (2:09.049)	5:44.601 (2:10.392)	7:53.875 (2:09.274)	

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**...M85 1500 Meter Run**

2 #	980 Randall, Robert	M87 New England		10:15.36	6
	2:03.014 (2:03.014)	4:55.526 (2:52.513)	7:41.608 (2:46.082)	10:15.359 (2:33.752)	
3 #	1044 Satyaprasad, Ram	M86 New England		10:49.61	4
	2:04.057 (2:04.057)	5:01.858 (2:57.801)	8:00.654 (2:58.796)	10:49.602 (2:48.948)	
4 #	233 Cordero, Joe	M86 New England		11:59.88	3
	2:07.184 (2:07.184)	5:31.666 (3:24.483)	8:55.090 (3:23.424)	11:59.875 (3:04.785)	
5 #	750 Masterson, Bill	M86 New England		12:30.88	2
	2:14.264 (2:14.264)	5:48.207 (3:33.943)	9:13.046 (3:24.840)	12:30.873 (3:17.827)	

**M90 1500 Meter Run**

90 USATF: A 8:57.61

90 WMA: R 7:32.95

Name	Age Team	Seed	Finals	Points
1 # 187 Cantu, Inocencio	M90 Potomac Vall	8:55.00	9:24.33	8
	1:50.538 (1:50.538)	4:25.566 (2:35.028)	6:58.794 (2:33.228)	9:24.330 (2:25.537)
2 # 1094 Sime, Colben	M90 So Cal Track Club	10:41.49	11:55.57	6
	2:10.204 (2:10.204)	5:30.380 (3:20.177)	8:48.014 (3:17.634)	11:55.565 (3:07.551)

**W35 5000 Meter Run**

35 USATF: A 14:45.11

35 WMA: R 14:33.84

Name	Age Team	Seed	Finals	Points
1 # 356 *Fernandez, Elda	W36 Guatemala		X18:56.46	
	45.563 (45.563)	2:14.523 (1:28.961)	3:44.909 (1:30.386)	5:16.083 (1:31.174)
	6:48.703 (1:32.620)	8:21.876 (1:33.174)	9:54.330 (1:32.454)	11:25.276 (1:30.946)
	12:56.675 (1:31.400)	14:28.406 (1:31.731)	16:01.151 (1:32.745)	17:33.563 (1:32.412)
	18:56.459 (1:22.896)			
2 # 1271 Weir, Shayna	W38 Arizona Masters		19:33.67	8
	46.031 (46.031)	2:15.178 (1:29.148)	3:45.917 (1:30.739)	5:17.405 (1:31.489)
	6:50.250 (1:32.845)	8:24.531 (1:34.282)	9:58.807 (1:34.276)	11:34.363 (1:35.556)
	13:10.496 (1:36.133)	14:47.611 (1:37.115)	16:25.551 (1:37.941)	18:02.771 (1:37.220)
	19:33.666 (1:30.896)			
3 # 1325 Yazzie, Charmayne	W38 Gys Track Club		26:36.14	6
	50.091 (50.091)	2:34.765 (1:44.675)	4:25.527 (1:50.762)	6:16.171 (1:50.644)
	8:07.762 (1:51.591)	9:57.907 (1:50.145)	11:52.282 (1:54.376)	13:48.949 (1:56.667)
	15:46.636 (1:57.688)	17:39.793 (1:53.158)	19:36.438 (1:56.645)	21:25.789 (1:49.352)

**W40 5000 Meter Run**

40 USATF: A 15:45.94

40 WMA: R 15:04.87

Name	Age Team	Seed	Finals	Points
1 # 182 Canali, Gia	W43 Arc Run Club	19:19.00	19:23.80	8
	43.770 (43.770)	2:13.777 (1:30.008)	3:43.988 (1:30.211)	5:14.567 (1:30.580)
	6:45.622 (1:31.055)	8:18.631 (1:33.009)	9:51.621 (1:32.990)	11:25.939 (1:34.318)
	13:01.779 (1:35.840)	14:39.010 (1:37.232)	16:17.015 (1:38.005)	17:53.283 (1:36.269)
	19:23.792 (1:30.509)			



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**....W45 5000 Meter Run**

7 #	989 Redfern, Angela	W47 So Cal Track Club	24:42.07
	52.525 (52.525)	2:40.089 (1:47.565)	4:28.088 (1:47.999) 6:19.607 (1:51.520)
	8:13.656 (1:54.049)	10:09.758 (1:56.102)	12:11.145 (2:01.388) 14:14.055 (2:02.910)
	16:17.387 (2:03.332)	18:21.981 (2:04.595)	20:30.109 (2:08.128) 22:37.499 (2:07.390)
	24:42.066 (2:04.568)		

**W50 5000 Meter Run**

50 USATF: A 17:25.60  
 50 WMA: R 16:51.17

Name	Age Team	Seed	Finals	Points
1 # 190 Carcamo, Rebecca	W51 Unattached		18:35.39	8
	40.274 (40.274)	2:07.498 (1:27.225)	3:37.183 (1:29.685)	5:06.424 (1:29.241)
	6:36.058 (1:29.634)	8:05.227 (1:29.170)	9:36.154 (1:30.927)	11:06.268 (1:30.115)
	12:37.248 (1:30.980)	14:09.192 (1:31.944)	15:41.416 (1:32.224)	17:11.456 (1:30.040)
	18:35.384 (1:23.928)			
2 # 605 Josiah-Tanner, Eu	W50 T.H.E. Track Team	19:01.17	19:32.67	6
	43.105 (43.105)	2:10.097 (1:26.992)	3:39.362 (1:29.265)	5:09.332 (1:29.971)
	6:41.369 (1:32.037)	8:14.526 (1:33.158)	9:53.286 (1:38.760)	11:34.572 (1:41.287)
	13:14.244 (1:39.672)	14:51.858 (1:37.614)	16:28.579 (1:36.722)	18:05.416 (1:36.837)
	19:32.665 (1:27.250)			
3 # 907 Parker, Kara	W54 Run MN		19:36.28	4
	43.997 (43.997)	2:15.469 (1:31.472)	3:49.346 (1:33.877)	5:23.677 (1:34.332)
	6:57.988 (1:34.312)	8:31.784 (1:33.796)	10:06.370 (1:34.586)	11:41.652 (1:35.283)
	13:16.932 (1:35.280)	14:52.144 (1:35.212)	16:28.771 (1:36.628)	18:05.713 (1:36.942)
	19:36.277 (1:30.564)			
4 # 803 Mercado, Julie	W50 Dayton Track Club	19:20.00	20:13.12	3
	44.640 (44.640)	2:18.412 (1:33.772)	3:54.636 (1:36.224)	5:31.529 (1:36.894)
	7:09.830 (1:38.302)	8:47.239 (1:37.409)	10:25.198 (1:37.959)	12:04.399 (1:39.202)
	13:43.219 (1:38.820)	15:22.385 (1:39.166)	17:02.277 (1:39.892)	18:40.703 (1:38.426)
	20:13.115 (1:32.412)			
5 # 1292 Williams, Brenda	W50 Arizona Masters	20:30.00	20:41.34	2
	46.487 (46.487)	2:21.912 (1:35.426)	3:59.043 (1:37.131)	5:36.495 (1:37.452)
	7:13.740 (1:37.246)	8:50.209 (1:36.469)	10:27.744 (1:37.536)	12:08.550 (1:40.806)
	13:51.028 (1:42.478)	15:35.550 (1:44.522)	17:20.185 (1:44.636)	19:03.358 (1:43.174)
	20:41.332 (1:37.974)			
6 # 15 Amann, Francesca	W54 Impala Racing Team		21:33.89	1
	47.190 (47.190)	2:28.572 (1:41.383)	4:09.676 (1:41.104)	5:50.518 (1:40.842)
	7:32.395 (1:41.878)	9:15.256 (1:42.861)	10:59.134 (1:43.878)	12:45.473 (1:46.340)
	14:32.210 (1:46.737)	16:17.880 (1:45.670)	18:03.618 (1:45.738)	19:51.003 (1:47.386)
	21:33.884 (1:42.881)			
7 # 1286 Whitestone, Yuko	W52 Potomac Vall		22:48.47	
	50.082 (50.082)	2:28.984 (1:38.902)	4:10.348 (1:41.364)	5:51.454 (1:41.107)
	7:34.618 (1:43.164)	9:21.636 (1:47.019)	11:11.518 (1:49.882)	13:02.699 (1:51.182)
	14:56.290 (1:53.592)	16:52.160 (1:55.870)	18:52.426 (2:00.266)	20:53.920 (2:01.495)
	22:48.464 (1:54.544)			

**W55 5000 Meter Run**

55 USATF: A 17:44.11  
 55 WMA: R 17:29.28

Name	Age Team	Seed	Finals	Points
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**W65 5000 Meter Run**

with Men 75+

65 USATF: A 20:08.17

65 WMA: R 19:51.73

Name	Age Team	Seed	Finals	Points
1 # 1095 Simmons, Nancy	W65 Impala Racing Team	20:40.00	21:00.71	8
54.661 (54.661)	2:38.852 (1:44.192)	4:19.625 (1:40.774)	6:00.363 (1:40.738)	
7:41.272 (1:40.910)	9:21.512 (1:40.240)	11:00.355 (1:38.844)	12:40.417 (1:40.062)	
14:20.845 (1:40.428)	16:00.183 (1:39.339)	17:40.894 (1:40.711)	19:21.208 (1:40.314)	
21:00.702 (1:39.494)				
2 # 1074 Sexton, Carol	W67 Unattached	21:42.24	23:16.98	6
55.893 (55.893)	2:48.843 (1:52.950)	4:44.076 (1:55.234)	6:38.189 (1:54.114)	
8:30.914 (1:52.725)	10:23.209 (1:52.296)	12:14.650 (1:51.441)	14:06.073 (1:51.424)	
15:57.409 (1:51.336)	17:50.028 (1:52.620)	19:41.731 (1:51.704)	21:32.513 (1:50.782)	
23:16.979 (1:44.466)				
3 # 678 Lee, Debbie	W67 So Cal Track Club	24:36.27	4	
55.017 (55.017)	2:49.667 (1:54.651)	4:44.281 (1:54.614)	6:38.587 (1:54.306)	
8:33.017 (1:54.430)	10:28.845 (1:55.829)	12:29.474 (2:00.629)	14:29.449 (1:59.976)	
16:33.399 (2:03.950)	18:37.858 (2:04.460)	20:42.974 (2:05.116)	22:45.363 (2:02.390)	
24:36.261 (1:50.898)				
4 # 134 Breen, Tina	W68 San Diego Tr	25:11.12	25:27.27	3
59.378 (59.378)	3:00.731 (2:01.353)	5:02.159 (2:01.428)	7:03.743 (2:01.585)	
9:05.510 (2:01.767)	11:08.007 (2:02.498)	13:09.288 (2:01.281)	15:12.338 (2:03.050)	
17:14.771 (2:02.433)	19:17.881 (2:03.110)	21:23.093 (2:05.213)	23:27.758 (2:04.665)	
25:27.266 (1:59.508)				
5 # 858 Myers, Helene	W69 Potomac Vall	40:27.08	38:22.08	2
1:17.768 (1:17.768)	4:16.337 (2:58.569)	7:18.226 (3:01.890)	10:25.265 (3:07.040)	
13:31.051 (3:05.786)	16:36.925 (3:05.874)	19:43.879 (3:06.955)	22:51.664 (3:07.785)	
25:59.542 (3:07.878)	29:09.635 (3:10.094)	32:16.599 (3:06.964)	35:22.905 (3:06.306)	
38:22.077 (2:59.173)				

**W70 5000 Meter Run**

with Men 75+

70 USATF: A 22:27.73

70 WMA: R 20:56.13

Name	Age Team	Seed	Finals	Points
1 # 408 Gilbert, Sharlet	W73 Lake Merritt	26:17.85	26:34.13	8
59.533 (59.533)	3:02.795 (2:03.262)	5:09.341 (2:06.547)	7:19.286 (2:09.945)	
9:31.072 (2:11.786)	11:41.983 (2:10.912)	13:50.824 (2:08.841)	15:58.960 (2:08.136)	
18:09.155 (2:10.195)	20:17.669 (2:08.514)	22:25.895 (2:08.227)	24:31.306 (2:05.411)	
26:34.127 (2:02.821)				

**M30 5000 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 458 Hackett Jr., Lynn	M30 Unattached	19:23.32	17:47.02	8
36.718 (36.718)	1:57.672 (1:20.954)	3:22.682 (1:25.010)	4:48.230 (1:25.548)	
6:15.487 (1:27.257)	7:42.424 (1:26.938)	9:09.625 (1:27.202)	10:38.492 (1:28.867)	
12:05.723 (1:27.232)	13:31.475 (1:25.752)	14:59.426 (1:27.951)	16:24.337 (1:24.912)	
17:47.013 (1:22.676)				

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**....M30 5000 Meter Run**

2 # 449 Guevara, Peter Fr M30 Athletics Ea 18:20.38 19:05.00 6  
 44.181 (44.181) 2:12.941 (1:28.760) 3:43.325 (1:30.384) 5:13.898 (1:30.573)  
 6:44.098 (1:30.200) 8:17.846 (1:33.748) 9:51.787 (1:33.942) 11:25.555 (1:33.768)  
 12:59.271 (1:33.716) 14:35.422 (1:36.151) 16:10.568 (1:35.146) 17:40.369 (1:29.801)  
 19:04.993 (1:24.624)

**M35 5000 Meter Run**

35 USATF: A 12:53.60  
 35 WMA: R 12:53.60

Name	Age Team	Seed	Finals	Points
1 # 439 Gregg, Brendan	M35 Sra Elite	13:48.18	14:45.48	8
34.751 (34.751)	1:46.316 (1:11.565)	2:57.965 (1:11.649)	4:08.729 (1:10.765)	
5:19.971 (1:11.242)	6:30.879 (1:10.909)	7:41.721 (1:10.842)	8:52.795 (1:11.075)	
10:03.803 (1:11.008)	11:14.953 (1:11.150)	12:24.864 (1:09.912)	13:35.069 (1:10.205)	
14:45.472 (1:10.404)				

**M40 5000 Meter Run**

40 USATF: A 13:06.78  
 40 WMA: R 13:06.78

Name	Age Team	Seed	Finals	Points
1 # 999 Richards, Malcolm	M41 West Valley	14:47.00	14:45.79	8
35.088 (35.088)	1:46.493 (1:11.406)	2:58.235 (1:11.742)	4:09.026 (1:10.791)	
5:20.307 (1:11.282)	6:31.269 (1:10.962)	7:42.003 (1:10.734)	8:53.171 (1:11.168)	
10:04.162 (1:10.992)	11:15.191 (1:11.030)	12:25.151 (1:09.960)	13:35.337 (1:10.186)	
14:45.786 (1:10.450)				
2 # 502 Herrera, Adrian	M44 Unattached	17:07.00	17:09.06	6
37.013 (37.013)	1:54.759 (1:17.746)	3:14.783 (1:20.024)	4:36.898 (1:22.116)	
6:00.904 (1:24.006)	7:24.715 (1:23.812)	8:48.095 (1:23.380)	10:13.050 (1:24.955)	
11:38.518 (1:25.468)	13:03.664 (1:25.146)	14:29.370 (1:25.706)	15:52.978 (1:23.608)	
17:09.051 (1:16.073)				
3 # 651 Kramer, Alexander	M44 Unattached		17:57.61	4
38.812 (38.812)	1:59.497 (1:20.686)	3:23.084 (1:23.587)	4:45.453 (1:22.370)	
6:09.907 (1:24.454)	7:37.127 (1:27.220)	9:03.767 (1:26.640)	10:32.446 (1:28.680)	
12:02.577 (1:30.131)	13:32.061 (1:29.484)	15:02.871 (1:30.810)	16:32.150 (1:29.280)	
17:57.606 (1:25.456)				

**M45 5000 Meter Run**

45 USATF: A 14:34.27  
 45 WMA: R 14:23.60

Name	Age Team	Seed	Finals	Points
1 # 412 Gilmore, Peter	M47 West Valley	15:41.00	16:28.33	8
37.453 (37.453)	1:55.072 (1:17.619)	3:12.780 (1:17.708)	4:30.612 (1:17.832)	
5:49.559 (1:18.948)	7:08.903 (1:19.344)	8:27.712 (1:18.810)	9:46.438 (1:18.726)	
11:06.854 (1:20.416)	12:27.209 (1:20.355)	13:47.897 (1:20.688)	15:08.295 (1:20.399)	
16:28.330 (1:20.035)				









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Results

....M65 5000 Meter Run

Table listing race results for the M65 5000 Meter Run. It includes runner numbers, names, teams, and split times for runners 8 through 10, and DNF results for runners 881 and 421.

M70 5000 Meter Run

70 USATF: A 18:43.61
70 WMA: R 18:15.53

Main results table for the M70 5000 Meter Run. It features a header with columns for Name, Age Team, Seed, Finals, and Points, followed by detailed race data for runners 1 through 6.

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Results

....M70 5000 Meter Run

Table with columns for runner number, name, team, and split times. Includes runners like Paul Shires, Ronald Souza, David Howse, Michael Buzbee, and Kenny Warde.

M75 5000 Meter Run

Table with columns for runner number, name, age, team, seed, final time, and points. Includes runners like Gene Dykes, Gary Patton, Gary Ostwald, and Rod Thompson.

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Results

....M75 5000 Meter Run

Table listing race results for M75 5000 Meter Run. Includes entries for Larry Rink, Donald Loewe, John Roeske, Peter Boisineau, and Glenn Cox, with their respective teams, seed times, and split times.

M80 5000 Meter Run

with Women 65+

80 USATF: A 21:57.88
80 WMA: R 20:20.01

Table with columns: Name, Age Team, Seed, Finals, Points. Entry for Jan Frisby, M80 Boulder Road, Seed 26:45.57, Finals 8.

M85 5000 Meter Run

with Women 65+

85 USATF: A 25:47.54
85 WMA: R 23:51.51

Table with columns: Name, Age Team, Seed, Finals, Points. Entry for Robert Randall, M87 New England, Seed 36:56.00, Finals 42:18.19, Points 8.

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**American River CC**

**Results**

**M90 5000 Meter Run**

with Women 65+

90 USATF: A 34:23.69

90 WMA: R 29:28.60

Name	Age Team	Seed	Finals	Points
1 # 1094 Sime, Colben	M90 So Cal Track Club	37:48.79	41:52.39	8
1:39.213 (1:39.213)	5:01.729 (3:22.517)	8:24.056 (3:22.327)	11:49.348 (3:25.292)	
15:13.508 (3:24.160)	18:36.075 (3:22.567)	22:00.017 (3:23.942)	25:23.925 (3:23.909)	
28:44.884 (3:20.959)	32:05.544 (3:20.660)	35:27.171 (3:21.628)	38:46.067 (3:18.896)	
41:52.385 (3:06.318)				

**W35 10000 Meter Run**

35 USATF: A 31:28.92

35 WMA: R 30:53.20

Name	Age Team	Seed	Finals	Points
1 # 1271 Weir, Shayna	W38 Arizona Masters		40:33.57	8
1:38.557 (1:38.557)	3:17.103 (1:38.546)	4:54.959 (1:37.856)	6:34.213 (1:39.255)	
8:12.897 (1:38.684)	9:50.935 (1:38.038)	11:29.409 (1:38.475)	13:07.410 (1:38.001)	
14:45.214 (1:37.804)	16:22.946 (1:37.732)	18:00.970 (1:38.024)	19:39.973 (1:39.004)	
21:17.947 (1:37.974)	22:55.125 (1:37.178)	24:33.257 (1:38.132)	26:11.373 (1:38.117)	
27:49.051 (1:37.678)	29:27.207 (1:38.157)	31:04.555 (1:37.348)	32:41.642 (1:37.087)	
34:18.972 (1:37.330)	35:55.850 (1:36.878)	37:32.081 (1:36.231)	39:06.347 (1:34.266)	
40:33.568 (1:27.222)				
2 # 1325 Yazzie, Charmayne	W38 Gys Track Club		1:00:32.23	6
1:50.815 (1:50.815)	3:41.777 (1:50.962)		5:33.464 (1:51.688)	
7:26.384 (1:52.920)	9:16.869 (1:50.486)		11:09.765 (1:52.896)	
13:01.685 (1:51.920)	14:51.131 (1:49.447)		16:41.847 (1:50.716)	
18:34.227 (1:52.380)	20:29.653 (1:55.427)		22:24.834 (1:55.181)	
24:21.115 (1:56.282)	26:17.581 (1:56.466)		28:10.113 (1:52.532)	
30:04.399 (1:54.286)	32:02.053 (1:57.654)		33:58.956 (1:56.904)	
35:53.027 (1:54.071)	37:49.556 (1:56.530)		39:44.667 (1:55.112)	
41:39.743 (1:55.076)	43:33.840 (1:54.097)		45:15.236 (1:41.396)	
1:00:32.230 (15:16.994)				

**W40 10000 Meter Run**

40 USATF: A 34:53.32

40 WMA: R 31:25.49

Name	Age Team	Seed	Finals	Points
1 # 710 Lund, April	W42 Gys Track Club	34:13.00	34:27.51A	8
1:21.096 (1:21.096)	2:42.582 (1:21.486)	4:02.964 (1:20.382)	5:23.567 (1:20.603)	
6:44.709 (1:21.142)	8:06.094 (1:21.386)	9:27.308 (1:21.214)	10:50.054 (1:22.746)	
12:12.503 (1:22.449)	13:35.161 (1:22.659)	14:58.533 (1:23.372)	16:22.019 (1:23.486)	
17:44.968 (1:22.949)	19:09.993 (1:25.026)	20:33.754 (1:23.761)	21:58.015 (1:24.262)	
23:23.274 (1:25.259)	24:48.253 (1:24.980)	26:12.737 (1:24.484)	27:36.984 (1:24.248)	
29:00.427 (1:23.444)	30:23.106 (1:22.679)	31:47.186 (1:24.080)	33:09.199 (1:22.014)	
34:27.504 (1:18.305)				



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**....W45 10000 Meter Run**

3 #	930 Peterson, Heather W46 Unattached	1:07:16.98	4
	2:09.249 (2:09.249)	4:34.002 (2:24.754)	6:57.899 (2:23.898)
	9:24.221 (2:26.322)	11:52.443 (2:28.222)	14:24.430 (2:31.988)
	16:56.347 (2:31.917)	19:44.926 (2:48.580)	22:15.990 (2:31.064)
	24:49.297 (2:33.307)	27:33.367 (2:44.070)	30:12.133 (2:38.766)
	33:05.361 (2:53.229)	35:46.610 (2:41.249)	38:31.952 (2:45.342)
	41:25.161 (2:53.210)	44:11.275 (2:46.114)	47:07.077 (2:55.803)
	50:04.295 (2:57.218)	52:54.788 (2:50.494)	56:03.731 (3:08.943)
	58:57.274 (2:53.544)	1:01:49.695 (2:52.422)	1:04:39.705 (2:50.010)
	1:07:16.976 (2:37.272)		

**W50 10000 Meter Run**

50 USATF: A 37:04.87  
 50 WMA: R 35:05.70

Name	Age Team	Seed	Finals	Points
1 # 907 Parker, Kara	W54 Run MN		40:23.53	8
1:32.582 (1:32.582)	3:08.087 (1:35.505)	4:44.952 (1:36.866)	6:22.391 (1:37.439)	
7:59.769 (1:37.379)	9:37.124 (1:37.355)	11:14.403 (1:37.280)	12:51.915 (1:37.512)	
14:29.037 (1:37.122)	16:06.644 (1:37.608)	17:44.897 (1:38.254)	19:21.919 (1:37.022)	
20:59.841 (1:37.923)	22:37.303 (1:37.462)	24:14.908 (1:37.605)	25:52.367 (1:37.460)	
27:29.888 (1:37.521)	29:07.742 (1:37.854)	30:45.372 (1:37.630)	32:22.856 (1:37.484)	
34:01.205 (1:38.350)	35:39.499 (1:38.294)	37:16.385 (1:36.886)	38:52.685 (1:36.300)	
40:23.523 (1:30.838)				
2 # 1286 Whitestone, Yuko	W52 Potomac Vall		47:10.43	6
1:50.054 (1:50.054)	3:34.701 (1:44.648)	5:21.503 (1:46.802)	7:08.875 (1:47.373)	
8:57.450 (1:48.575)	10:45.808 (1:48.358)	12:36.270 (1:50.462)	14:27.278 (1:51.008)	
16:19.191 (1:51.913)	18:10.746 (1:51.556)	20:02.477 (1:51.732)	21:54.840 (1:52.363)	
23:48.941 (1:54.102)	25:42.838 (1:53.897)	27:36.675 (1:53.837)	29:32.523 (1:55.849)	
31:27.887 (1:55.364)	33:23.843 (1:55.956)	35:19.971 (1:56.129)	37:17.849 (1:57.878)	
39:16.380 (1:58.532)	41:15.065 (1:58.685)	43:11.417 (1:56.353)	45:10.689 (1:59.272)	
47:10.423 (1:59.735)				
3 # 1036 *Sanchez Sr., Bla	W53 Guatemala	48:34.03	X49:25.14	
1:45.579 (1:45.579)	3:36.431 (1:50.852)	5:25.327 (1:48.896)	7:16.708 (1:51.381)	
9:08.932 (1:52.224)	11:03.603 (1:54.671)	12:58.596 (1:54.994)	14:52.387 (1:53.791)	
16:51.029 (1:58.642)	18:49.715 (1:58.687)	20:48.356 (1:58.641)	22:47.863 (1:59.508)	
24:47.128 (1:59.265)	26:51.094 (2:03.966)	28:53.340 (2:02.246)	30:57.359 (2:04.019)	
33:02.220 (2:04.862)	35:08.486 (2:06.266)	37:08.109 (1:59.623)	39:10.969 (2:02.860)	
41:14.261 (2:03.292)	43:14.759 (2:00.498)	45:20.503 (2:05.745)	47:25.535 (2:05.032)	
49:25.135 (1:59.600)				

**W55 10000 Meter Run**

55 USATF: A 37:40.99  
 55 WMA: R 36:46.96

Name	Age Team	Seed	Finals	Points
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2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

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Results

...M60 10000 Meter Run

Table with columns for athlete number, name, age, team, and split times. Athlete 4 # 790 McLaughlin, Teren M63 Potomac Vall with times from 1:47.934 to 45:16.036.

M65 10000 Meter Run

65 USATF: A 37:16.46

65 WMA: R 34:42.20

Name Age Team Seed Finals Points

Table for M65 10000 Meter Run results. Athlete 1 # 1048 Sayre, Roger M66 Boulder Road with times from 1:36.207 to 39:16.738.

Table for M65 10000 Meter Run results. Athlete 2 # 1285 White, Patrick M66 Bowerman Track Club with times from 1:37.169 to 41:37.435.

Table for M65 10000 Meter Run results. Athlete 3 # 1309 Wood, Blake M65 So Cal Track Club with times from 1:36.463 to 42:59.788.

Table for M65 10000 Meter Run results. Athlete 4 # 163 Buell, Richard M66 Unattached with times from 1:46.529 to 45:14.316.

M70 10000 Meter Run

70 USATF: A 38:23.69

70 WMA: R 38:04.13

Name Age Team Seed Finals Points



2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

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Results

...M75 10000 Meter Run

Table of race results for the M75 10000 Meter Run. Includes athlete names, teams, and lap times for 4 participants (Gary Patton, Rod Thompson, Peter Boisineau, Donald Loewe, Larry Rink).

W40 80 Short Hurdles 30"

Table of race results for the W40 80 Short Hurdles 30". Includes a header section with USATF/WMA times, and a main table with columns for Name, Age, Team, Seed, Finals, Wind, and Points.

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W45 80 Short Hurdles 30"**

USATF: A 12.02

WMA: R 11.51

Name	Age Team	Seed	Finals	Wind	Points
1 # 448 Guest, Rachel	W49 Joy's Jackra	12.36	12.31	-0.3	8
2 # 463 Hamay, Marie	W45 Unattached	14.80	15.72	-0.3	6
3 # 329 Edwards, Lisa	W46 Central Park	15.10	16.23	-0.3	4

**W50 80 Short Hurdles 30"**

50 USATF: A 12.19

50 WMA: R 12.08

Name	Age Team	Seed	Finals	Wind	Points
1 # 45 Baird, Marsha	W50 Unattached	13.63	13.06	-0.9	8
2 # 563 Inks, Melinda	W53 Amp Up Sport		30.98	-0.9	6

**W55 80 Short Hurdles 30"**

55 USATF: A 12.54

55 WMA: R 12.31

Name	Age Team	Seed	Finals	Wind	Points
1 # 221 Collier, Andrea	W57 Unattached	13.29	13.05	-0.9	8
2 # 1213 Tolman, Penny	W56 Athletics Ea	15.70	18.16	-0.9	6
3 # 197 Centeno, Christin	W58 So Cal Track Club		19.82	-0.9	4

**W60 80 Short Hurdles 27"**

60 USATF: A 13.26

60 WMA: R 12.90

Name	Age Team	Seed	Finals	Wind	Points
1 # 1232 Upshaw, Joy	W63 Joy's Jackra		13.04A	-0.5	8
2 # 575 Jakstiene, Nering	W60 Unattached		13.05A	-0.5	6
3 # 1066 Scott, Daphne	W63 Unattached	15.35	16.05	-0.5	4

**W65 80 Short Hurdles 27"**

65 USATF: A 14.31

65 WMA: R 13.22

Name	Age Team	Seed	Finals	Wind	Points
1 # 762 Maxwell, Karen	W65 SC Striders	14.35	15.28	-0.5	8
2 # 935 Phelps, Jo	W65 Tnt Internat		19.54	-0.5	6

**W75 80 Short Hurdles 27"**

75 USATF: A 18.63

75 WMA: R 17.24

Name	Age Team	Seed	Finals	Wind	Points
1 # 88 Berger, Nancy	W79 Tnt Internat		43.44	-1.1	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W90 80 Short Hurdles 27"**

Name	Age Team	Seed	Finals	Wind	Points
1 # 799 Meiler, Florence	W90 Unattached		36.68	-1.1	8

**M70 80 Short Hurdles 30"****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

USATF: A 12.61

WMA: R 12.61

Name	Age Team	Seed	Prelims	Wind	H#
Preliminaries					
1 # 1305 Wilson Sr., Thadd	M73 Pacific Coas	12.79	13.26Q	0.1	1
2 # 574 Jacquet-Acea, Rus	M71 Unattached	13.54	13.90Q	0.2	2
3 # 1153 Stevens, Ron	M70 SC Striders	14.71	14.28Q	0.1	1
4 # 1104 Siu, Max	M71 SC Striders	13.50	15.32Q	0.2	2
5 # 1117 Snodgrass, Ernie	M71 Unattached	14.78	14.87q	0.1	1
6 # 793 Mcnamee, John	M71 Sierra Gold	15.50	15.53q	0.1	1
7 # 1152 Stevens, Randall	M70 Portland Mas	16.01	15.72q	0.2	2
8 # 319 Easley, Ricky	M70 Texas Throwers Club	15.38	16.98q	0.2	2
9 # 601 Jones, Ross	M71 Unattached	15.88	22.18	0.1	1

**M70 80 Short Hurdles 30"**

USATF: A 12.61

WMA: R 12.61

Name	Age Team	Prelims	Finals	Wind	Points
Finals					
1 # 1305 Wilson Sr., Thadd	M73 Pacific Coas	13.26	13.38	0.5	8
2 # 1153 Stevens, Ron	M70 SC Striders	14.28	13.71	0.5	6
3 # 1104 Siu, Max	M71 SC Striders	15.32	13.79	0.5	4
4 # 574 Jacquet-Acea, Rus	M71 Unattached	13.90	13.91	0.5	3
5 # 1117 Snodgrass, Ernie	M71 Unattached	14.87	14.13	0.5	2
6 # 1152 Stevens, Randall	M70 Portland Mas	15.72	15.34	0.5	1
7 # 793 Mcnamee, John	M71 Sierra Gold	15.53	15.44	0.5	
8 # 319 Easley, Ricky	M70 Texas Throwers Club	16.98	16.93	0.5	

**M75 80 Short Hurdles 30"**

USATF: A 13.62

WMA: R 13.62

Name	Age Team	Seed	Finals	Wind	Points
1 # 666 Lapp, Rick	M75 Shore Athletic Club	16.13	15.61	0.4	8
2 # 160 Bryant, Doug	M75 Unattached		17.88	0.4	6
3 # 103 Black, Ivan	M75 Shore Athletic Club	18.24	18.40	0.4	4
4 # 1007 Rink, Larry	M75 So Cal Track Club		32.89	0.4	3

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M80 80 Short Hurdles 27"**

80 USATF: A 14.75

80 WMA: R 14.75

Name	Age Team	Seed	Finals	Wind	Points
1 # 1028 Rowan, Terry	M83 Empire Runne		20.14	-0.6	8

**M85 80 Short Hurdles 27"**

85 USATF: A 19.70

85 WMA: R 17.33

Name	Age Team	Seed	Finals	Wind	Points
1 # 918 Paulen, Robert	M87 Potomac Vall		21.37	-0.6	8
2 # 459 Haines, Forrest	M85 Unattached	22.00	39.92	-0.6	6

**W25-29 100 Short Hurdles 33"**

Name	Age Team	Seed	Finals	Wind	Points
1 # 1214 Tolman, Zariah	W26 Unattached		18.24	1.0	8

**W30 100 Short Hurdles 33"**

30 WMA: R 15.03

Name	Age Team	Seed	Finals	Wind	Points
1 # 294 Dodson, Latasha	W34 Team Dodson Elite	13.71	14.55R	1.0	8
2 # 794 McPhee, Hanna	W32 Unattached	15.35	15.53	1.0	6

**W35 100 Short Hurdles 33"**

35 USATF: A 12.40

35 WMA: R 12.40

Name	Age Team	Seed	Finals	Wind	Points
1 # 1040 Sanner, Breanna	W35 Unattached		15.23	1.0	8

**M50 100 Short Hurdles 36"**

USATF: A 13.57

WMA: R 13.49

Name	Age Team	Seed	Finals	Wind	Points
1 # 349 Fan, Qingxue	M51 Unattached	15.00	15.19	1.1	8
2 # 9 Aka-Bashorun, Wal	M53 Greater Phil	15.45	15.57	1.1	6
3 # 1101 *Singh Sgl, Jaspi	M53 India	14.07	X16.16	1.1	
4 # 1035 Sanchez, Alfredo	M52 Joy's Jackra	15.70	16.64	1.1	4
5 # 903 Pan, Mark	M50 Pacific Coas	16.07	17.07	1.1	3
6 # 465 Hamilton, Matt	M51 Unattached	19.55	19.37	1.1	2
7 # 1312 Woods, David	M54 Unattached	22.01	22.96	1.1	1



**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M40 110 Short Hurdles 39"**

40 USATF: A 13.73

40 WMA: R 13.73

Name	Age Team	Seed	Finals	Wind	Points
1 # 732 Marenin, Roman	M41 Joy's Jackra	15.35	15.67	1.1	8
2 # 1197 Thomas, Jeff	M42 Unattached		19.52	1.1	6
3 # 1116 Smith Jr., Curtis	M43 Potomac Vall	21.00	20.11	1.1	4

**M45 110 Short Hurdles 39"**

USATF: A 14.46

WMA: R 14.26

Name	Age Team	Seed	Finals	Wind	Points
1 # 899 Owen, Ryan	M45 Unattached	16.87	16.71	2.3	8
2 # 192 Carter, Kurt	M46 Freedom - GR	17.50	16.88	2.3	6
3 # 776 McDonald, Orville	M47 Kitsap Flier	18.06	18.92	2.3	4

**W70 200 Long Hurdles 27"**

70 USATF: A 37.61

70 WMA: R 36.71

Name	Age Team	Seed	Finals	Wind	Points
1 # 131 Bowman, Tina	W71 SC Striders	41.82	40.66	-1.0	8

**W75 200 Long Hurdles 27"**

75 USATF: A 41.71

75 WMA: R 39.89

Name	Age Team	Seed	Finals	Wind	Points
1 # 1222 Trotto, Mary	W77 Tnt Internat		1:08.70	-1.0	8

**M80 200 Long Hurdles 27"**

80 USATF: A 37.15

80 WMA: R 36.95

Name	Age Team	Seed	Finals	Wind	Points
1 # 1028 Rowan, Terry	M83 Empire Runne		43.33	-1.4	8
2 # 123 Booth, Howard	M80 Ann Arbor Tr		54.37	-1.4	6

**M85 200 Long Hurdles 27"**

85 USATF: A 49.12

85 WMA: R 42.70

Name	Age Team	Seed	Finals	Wind	Points
1 # 918 Paulen, Robert	M87 Potomac Vall	58.22	55.59	-1.4	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W50 300 Long Hurdles 30"**

50 USATF: A 46.17

50 WMA: R 44.90

Name	Age Team	Seed	Finals	Points
1 # 62 Barr, Alicia	W50 Unattached		1:02.02	8
-- # 563 Inks, Melinda	W53 Amp Up Sport		DQ	rule 168.3a

**W55 300 Long Hurdles 30"**

55 USATF: A 49.14

55 WMA: R 46.74

Name	Age Team	Seed	Finals	Points
1 # 221 Collier, Andrea	W57 Unattached	51.32	53.22	8
2 # 197 Centeno, Christin	W58 So Cal Track Club		59.89	6
3 # 1213 Tolman, Penny	W56 Athletics Ea	1:02.56	1:10.38	4

**W60 300 Long Hurdles 27"**

60 USATF: A 48.89

60 WMA: R 48.89

Name	Age Team	Seed	Finals	Points
1 # 777 McDonald, Sue	W61 Unattached	48.89	48.84A	8
2 # 1066 Scott, Daphne	W63 Unattached	55.70	58.06	6

**W65 300 Long Hurdles 27"**

65 USATF: A 56.11

65 WMA: R 52.41

Name	Age Team	Seed	Finals	Points
1 # 79 Bellaire, Cheryl	W65 Greater Phil	1:03.98	58.77	8
2 # 762 Maxwell, Karen	W65 SC Striders	55.81	59.66	6
3 # 935 Phelps, Jo	W65 Tnt Internat		1:14.06	4
4 # 1190 Tefft, Jan	W66 So Cal Track Club		1:23.44	3

**M60 300 Long Hurdles 30"**

USATF: A 43.49

WMA: R 42.31

Name	Age Team	Seed	Finals	Points
1 # 740 Marshall, Carlton	M61 Potomac Vall	44.89	44.40	8
2 # 392 Garner, Reggie	M64 So Cal Track Club	45.48	45.41	6
3 # 1167 Strong, Jeff	M60 Athletics Ea	47.70	47.43	4
4 # 1111 Smith, Douglas	M60 Unattached		48.54	3
-- # 90 Berkeley, Stephen	M63 Unattached	47.53	DNF	

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M65 300 Long Hurdles 30"**

USATF: A 45.20

WMA: R 43.88

Name	Age Team	Seed	Finals	H#	Points
1 # 553 Humphrey, Ronald	M65 Unattached	46.37	44.48A	2	8
2 # 444 Grimes, Peter	M65 Joy's Jackra	45.00	45.64	2	6
3 # 791 McNair, Dave	M68 So Cal Track Club	49.43	50.23	2	4
4 # 967 Pugliese, Anthony	M65 Greater Phil	57.92	57.74	2	3
5 # 270 Davison, Jeffery	M66 So Cal Track Club	58.92	58.85	2	2
6 # 933 Pfeiffer, Bob	M68 Unattached		1:02.24	1	1
7 # 884 Oakes, Christian	M65 Tamalpa	1:00.00	1:02.87	1	
8 # 141 Brock, Paul	M68 Greater Phil		1:03.77	1	
9 # 773 McDermott, Randy	M65 So Cal Track Club	56.48	1:03.97	2	
-- # 1137 Spruill, Willie	M66 Pony Express		DQ	1	Rule 168.3a

**M70 300 Long Hurdles 27"**

USATF: A 49.86

WMA: R 45.24

Name	Age Team	Seed	Finals	Points
1 # 1153 Stevens, Ron	M70 SC Striders	55.96	49.04A	8
2 # 574 Jacquet-Acea, Rus	M71 Unattached	49.86	50.68	6
3 # 793 Mcnamee, John	M71 Sierra Gold	1:01.00	1:00.43	4
4 # 1117 Snodgrass, Ernie	M71 Unattached	59.72	1:01.15	3
5 # 601 Jones, Ross	M71 Unattached	1:03.00	1:06.00	2
6 # 1160 Stone, Kenneth	M70 Unattached		1:32.04	1

**M75 300 Long Hurdles 27"**

USATF: A 53.15

WMA: R 49.65

Name	Age Team	Seed	Finals	Points
1 # 666 Lapp, Rick	M75 Shore Athletic Club	59.18	58.18	8
2 # 160 Bryant, Doug	M75 Unattached		1:03.94	6
3 # 103 Black, Ivan	M75 Shore Athletic Club	1:05.42	1:05.55	4
4 # 1007 Rink, Larry	M75 So Cal Track Club		1:13.37	3
5 # 1261 Washington, Micha	M76 Trojan Masters T.C.	1:06.30	1:14.37	2

**W25-29 400 Long Hurdles 30"**

25-29 WMA: R 1:12.63

Name	Age Team	Seed	Finals	Points
1 # 1214 Tolman, Zariah	W26 Unattached		1:14.20	8

**W30 400 Long Hurdles 30"**

30 WMA: R 1:02.95

Name	Age Team	Seed	Finals	Points
1 # 294 Dodson, Latasha	W34 Team Dodson Elite	59.86	1:05.02	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W35 400 Long Hurdles 30"**

35 USATF: A 53.32

35 WMA: R 52.94

Name	Age Team	Seed	Finals	Points
1 # 298 Dorsey, Brittany	W39 Amp Up Sport		1:29.48	8

**W40 400 Long Hurdles 30"**

40 USATF: A 1:03.95

40 WMA: R 58.35

Name	Age Team	Seed	Finals	Points
1 # 549 Hufenbecher, Chri	W44 Arc Run Club	1:08.03	1:08.06	8
2 # 1237 Vazquez, Katrina	W43 Bella N Motion	1:27.00	1:23.03	6
3 # 454 Guzman, Bianca	W44 SC Striders	1:26.05	1:23.27	4

**W45 400 Long Hurdles 30"**

45 USATF: A 1:05.92

45 WMA: R 1:02.85

Name	Age Team	Seed	Finals	Points
1 # 798 Medina, Santa	W45 Central Park	1:06.44	1:08.40	8
2 # 329 Edwards, Lisa	W46 Central Park	1:09.45	1:22.56	6

**M25-29 400 Long Hurdles 36"**

Name	Age Team	Seed	Finals	Points
1 # 445 Gritzer, Rob	M26 Unattached	59.29	58.15	8

**M30 400 Long Hurdles 36"**

Name	Age Team	Seed	Finals	Points
1 # 640 Kinlaw, Devante	M31 Unattached	53.57	53.80	8
2 # 476 Harley, Quinton	M33 Unattached	54.50	54.65	6
3 # 672 Laws Jr., Alan	M34 Unattached	53.73	56.23	4
4 # 106 Blakey, Nick	M33 Unattached	58.71	1:10.65	3

**M35 400 Long Hurdles 36"**

35 USATF: A 48.93

35 WMA: R 48.13

Name	Age Team	Seed	Finals	Points
1 # 1081 Shepard, Jody	M38 U.S. Express	53.82	54.39	8

**M40 400 Long Hurdles 36"**

40 USATF: A 52.76

40 WMA: R 49.69

Name	Age Team	Seed	Finals	Points
1 # 732 Marenin, Roman	M41 Joy's Jackra	54.72	1:04.89	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

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**...M40 400 Long Hurdles 36"**

2 #	44 Bailey, Eric	M41 Arizona Masters	1:05.00	1:16.94	6
-- #	727 Manin, Julien	M42 Unattached		DQ	168.3A

**M45 400 Long Hurdles 36"**

USATF: A 55.72  
WMA: R 53.57

Name	Age Team	Seed	Finals	Points
1 # 776 McDonald, Orville	M47 Kitsap Flier	59.66	1:02.92	8
2 # 1079 Shen, Francis	M46 Mass Velocit	1:00.30	1:03.27	6
3 # 899 Owen, Ryan	M45 Unattached	1:04.76	1:04.99	4
4 # 192 Carter, Kurt	M46 Freedom - GR	1:01.00	1:05.91	3
5 # 538 Horton, Nicholas	M45 Unattached		1:11.02	2

**M50 400 Long Hurdles 33"**

Name	Age Team	Seed	Finals	Points
1 # 1041 Santi, Marcus	M52 Southwest Sp	1:00.52	1:04.98	8
2 # 1035 Sanchez, Alfredo	M52 Joy's Jackra	1:03.03	1:05.99	6
3 # 465 Hamilton, Matt	M51 Unattached	1:14.03	1:13.07	4

**M55 400 Long Hurdles 33"**

55 USATF: A 57.73  
55 WMA: R 57.73

Name	Age Team	Seed	Finals	Points
1 # 199 Chambers, Winston	M55 Unattached	1:00.00	1:02.04	8

**W25-29 2000 Meter Steeplechase**

Name	Age Team	Seed	Finals	Points
1 # 139 Brill, Sierra	W25 Peninsula Di	7:10.00	7:20.43	8
1:32.713 (1:32.713)	3:01.186 (1:28.473)	4:29.341 (1:28.156)	5:57.386 (1:28.045)	
7:20.429 (1:23.043)				
2 # 1214 Tolman, Zariah	W26 Unattached		9:41.13	6
1:44.445 (1:44.445)	3:42.496 (1:58.051)	5:44.403 (2:01.907)	7:46.756 (2:02.354)	
9:41.129 (1:54.374)				

**W35 2000 Meter Steeplechase**

35 USATF: A 6:30.83  
35 WMA: R 6:27.11

Name	Age Team	Seed	Finals	Points
1 # 548 Hudson, Meagan	W36 Unattached	7:30.00	8:27.15	8
1:33.935 (1:33.935)	3:11.533 (1:37.598)	4:55.161 (1:43.628)	6:42.745 (1:47.585)	
8:27.149 (1:44.404)				

2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

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W40 2000 Meter Steeplechase

40 USATF: A 6:49.58
40 WMA: R 6:49.58

Name Age Team Seed Finals Points

Table with columns: Rank, Name, Age Team, Seed, Finals, Points. Rows for 1 # 825 Monzelowsky, Tess and 2 # 1256 Wana, Blair.

W45 2000 Meter Steeplechase

45 USATF: A 6:58.89
45 WMA: R 6:50.81

Name Age Team Seed Finals Points

Table with columns: Rank, Name, Age Team, Seed, Finals, Points. Row for 1 # 989 Redfern, Angela.

W50 2000 Meter Steeplechase

50 USATF: A 7:59.66
50 WMA: R 7:36.46

Name Age Team Seed Finals Points

Table with columns: Rank, Name, Age Team, Seed, Finals, Points. Row for 1 # 605 Josiah-Tanner, Eu.

W55 2000 Meter Steeplechase

55 USATF: A 8:13.10
55 WMA: R 7:51.91

Name Age Team Seed Finals Points

Table with columns: Rank, Name, Age Team, Seed, Finals, Points. Rows for 1 # 534 Hopkins, Rachel, 2 # 447 Guerrini, Elizabe, and -- # 197 Centeno, Christin.

W65 2000 Meter Steeplechase

65 USATF: A 8:52.49
65 WMA: R 8:52.49

Name Age Team Seed Finals Points



2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

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M60 2000 Meter Steeplechase

Table of race results for M60 2000 Meter Steeplechase. Includes header: Name, Age Team, Seed, Finals, Points. Entries include: 60 USATF: A 7:09.91, 60 WMA: R 6:30.21, 1 # 839 Morrissey, Richar M63 Unattached, etc.

M65 2000 Meter Steeplechase

Table of race results for M65 2000 Meter Steeplechase. Includes header: Name, Age Team, Seed, Finals, Points. Entries include: 65 USATF: A 7:19.62, 65 WMA: R 7:10.25, 1 # 649 Kollars, Steven M65 Bowerman Track Club, etc.

M70 2000 Meter Steeplechase

Table of race results for M70 2000 Meter Steeplechase. Includes header: Name, Age Team, Seed, Finals, Points. Entries include: 70 USATF: A 8:39.25, 70 WMA: R 7:10.03, 1 # 311 Duker, Alan M70 Unattached, etc.





**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

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**M55 3000 Meter Steeplechase**

55 USATF: A 10:38.16

55 WMA: R 9:55.05

Name	Age Team	Seed	Finals	Points
1 # 1327 Yorges, Christoph	M58 Unattached	13:27.44	12:31.02	8
48.778 (48.778)	2:21.170 (1:32.393)	3:54.735 (1:33.565)	5:30.323 (1:35.588)	
7:08.927 (1:38.604)	8:51.179 (1:42.252)	10:46.366 (1:55.187)	12:31.016 (1:44.651)	
2 # 1102 Siriano, Scott	M57 Unattached	12:15.00	12:47.76	6
46.838 (46.838)	2:25.583 (1:38.745)	4:06.531 (1:40.948)	5:47.744 (1:41.213)	
7:32.194 (1:44.450)	9:18.876 (1:46.683)	11:03.972 (1:45.096)	12:47.754 (1:43.783)	
3 # 415 Goetschel, Chuck	M57 So Cal Track Club		16:36.47	4
53.824 (53.824)	2:49.381 (1:55.558)	4:52.636 (2:03.255)	7:04.704 (2:12.068)	
9:25.996 (2:21.292)	11:46.515 (2:20.520)	14:18.266 (2:31.751)	16:36.463 (2:18.198)	

**W25-29 4x100 Meter Relay Non Club**

Team	Seed	Finals
1 Non Club 'C'		50.12
1) #1299 Williams-Medearis, Vendel	2) #1073 Session, Lachelle	31
3) #1200 Thomas, Keyona	4) #794 McPhee, Hanna	32

**W25-29 4x100 Meter Relay CLUB**

Team	Seed	Finals	H#	Points
1 So Cal Track Club 'A'		1:12.61	2	8
1) #1235 Van Den Top, Rachel	2) #1190 Tefft, Jan	66		
3) #693 Lineberry, Crystal	4) #989 Redfern, Angela	47		

**W35 4x100 Meter Relay Non Club**

35 USATF: A 49.04

35 WMA: R 47.65

Team	Seed	Finals
1 Non Club 'E'		53.07
1) #288 DiTaranto, Melissa	2) #891 Orchard, Trey	35
3) #728 Mann, Elly	4) #405 Gibb-Gabriel, Adjua	44

**W35 4x100 Meter Relay CLUB**

35 USATF: A 51.10

35 WMA: R 47.65

Team	Seed	Finals	H#	Points
1 Amp Up Sports Track & Field Te 'B'		1:04.52	2	8
1) #60 Barnhart, Rachael	2) #335 Ellis-Rhea, Kimberly	48		
3) #563 Inks, Melinda	4) #298 Dorsey, Brittany	39		

2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024

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W40 4x100 Meter Relay CLUB

40 USATF: A 52.21

40 WMA: R 48.01

Team Seed Finals H# Points

Table with 5 columns: Rank, Team Name, Seed, Finals, H#, Points. Row 1: SC Striders Track Club 'D' with time 1:00.27 and 8 points. Includes individual runner names and bib numbers.

W40 4x100 Meter Relay Non Club

40 USATF: A 49.48

40 WMA: R 48.01

Team Seed Finals

Table with 5 columns: Rank, Team Name, Seed, Finals, H#, Points. Row 1: Non Club 'D' with time 53.92. Row 2: Non Club 'A' with time 56.47. Includes individual runner names and bib numbers.

W45 4x100 Meter Relay CLUB

45 USATF: A 53.98

45 WMA: R 48.92

Team Seed Finals H# Points

Table with 5 columns: Rank, Team Name, Seed, Finals, H#, Points. Row 1: Central Park Track Club (Cptc) 'A' with time 55.44 and 8 points. Row 2: So Cal Track Club 'B' with time 1:16.55 and 6 points. Includes individual runner names and bib numbers.

W50 4x100 Meter Relay CLUB

50 USATF: A 56.55

50 WMA: R 50.70

Team Seed Finals Points

Table with 5 columns: Rank, Team Name, Seed, Finals, Points. Row 1: Joy's Jackrabbits Track Club 'A' with time 1:01.32 and 8 points. Includes individual runner names and bib numbers.

W60 4x100 Meter Relay CLUB

60 USATF: A 1:01.75

60 WMA: R 55.77

Team Seed Finals Points

Table with 5 columns: Rank, Team Name, Seed, Finals, Points. Row 1: SC Striders Track Club 'A' with time 1:03.26 and 8 points. Includes individual runner names and bib numbers.



**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M40 4x100 Meter Relay CLUB**

3) #37 Aurelien Sr., Clinton 58	4) #406 Gibbon, David 58			
2 So Cal Track Club 'E'		50.42	2	6
1) #1107 Smith, Aaron 43	2) #801 Melvin, Ryan 48			
3) #104 Blackman, Joe 53	4) #923 Perez, Adrian 48			

**M50 4x100 Meter Relay Non Club**

50 USATF: A 44.47  
50 WMA: R 44.47

Team	Seed	Finals
------	------	--------

1 Non Club 'A'		59.90
1) #450 Guild, Matthew 60	2) #1121 Soares, Jeff 61	
3) #1102 Siriano, Scott 57	4) #402 Genzel Jr., Robbie 50	

**M50 4x100 Meter Relay CLUB**

50 USATF: A 44.47  
50 WMA: R 44.47

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 Unite4 'A'		49.91	2	8
1) #340 Epebinuade, Adeniran 52	2) #1297 Williams, Stephen 54			
3) #1182 Talley, Shawn 51	4) #557 Husain, Arif 55			
2 Potomac Valley Track Club 'A'		1:21.40	2	6
1) #857 Myers, Eugene 71	2) #940 Pinkham, David 61			
3) #188 Character, William 63	4) #1270 Weiner, Robert 77			
-- So Cal Track Club 'F'		DQ	2	170.16 Out of Zone
1) #934 Phan, Derick 51	2) #1009 Risley, Mike 55			
3) #461 Hall Jr., Robert 55	4) #844 Mosley Sr., Brian 55			

**M55 4x100 Meter Relay Non Club**

55 USATF: A 45.60  
55 WMA: R 45.60

Team	Seed	Finals
------	------	--------

1 Non Club 'D'		48.97
1) #513 Hilton, Ron 59	2) #240 Cranford, Walter 57	
3) #391 Garcia V, Maximo 55	4) #507 Hightower, Lloyd 56	

**M55 4x100 Meter Relay CLUB**

55 USATF: A 45.60  
55 WMA: R 45.60

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 Boulder Road Runners 'A'		1:03.05	2	8
1) #128 Borthwick, John 60	2) #960 Prineas, John 55			
3) #1164 Straka, Todd 57	4) #236 Cottrell, Bob 64			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M60 4x100 Meter Relay CLUB**

60 USATF: A 48.33

60 WMA: R 47.93

Team	Seed	Finals	Points
------	------	--------	--------

1 So Cal Track Club 'G'		57.71	8
1) #392 Garner, Reggie 64	2) #840 Morrow, Art 60		
3) #1026 Ross, Adam 61	4) #634 Kibort, Mark 63		

**M65 4x100 Meter Relay CLUB**

65 USATF: A 56.65

65 WMA: R 50.13

Team	Seed	Finals	Points
------	------	--------	--------

1 Sierra Gold 'A'		58.44	8
1) #1070 SeatonLov, Johnny 69	2) #793 Mcnamee, John 71		
3) #531 Holmes Jr., Harold 66	4) #1319 Wun, Kenneth 69		
2 So Cal Track Club 'D'		1:06.24	6
1) #791 McNair, Dave 68	2) #771 McDaniels, Robert 67		
3) #270 Davison, Jeffery 66	4) #347 Evans, Michael 68		

**M65 4x100 Meter Relay Non Club**

65 USATF: A 51.15

65 WMA: R 50.13

Team	Seed	Finals	Points
------	------	--------	--------

1 Non Club 'B'		52.14	
1) #423 Gould, Stephen 67	2) #553 Humphrey, Ronald 65		
3) #1118 Snow, Steven 70	4) #913 Patridge II, Joseph 66		

**M70 4x100 Meter Relay CLUB**

70 USATF: A 51.96

70 WMA: R 51.96

Team	Seed	Finals	Points
------	------	--------	--------

1 So Cal Track Club 'C'		59.34	8
1) #346 Evans, Hubert 70	2) #1272 Weiss, Noel 72		
3) #1211 Tipping, Mike 71	4) #1333 Ziskin, Daniel 76		

**M75 4x100 Meter Relay Non Club**

75 USATF: A 1:01.12

75 WMA: R 55.44

Team	Seed	Finals	Points
------	------	--------	--------

1 Non Club 'F'		1:02.31	
1) #682 Lettieri, Lawrence 76	2) #103 Black, Ivan 75		
3) #816 *Mintz, Bruce 77	4) #149 Brown, Kenton 79		



**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

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**Results**

**W40 4x400 Meter Relay CLUB**

40 USATF: A 4:12.64

40 WMA: R 3:56.02

Team	Seed	Finals	Points
------	------	--------	--------

1 Amp Up Sports Track & Field Te 'B'		6:31.42	8
1) #1045 Saul, Karen 62	2) #60 Barnhart, Rachael 40		
3) #563 Inks, Melinda 53	4) #1233 Uttam, Rhonda 55		

**W45 4x400 Meter Relay CLUB**

45 USATF: A 4:35.18

45 WMA: R 4:01.22

Team	Seed	Finals	Points
------	------	--------	--------

1 Central Park Track Club (Cptc) 'A'		4:21.16A	8
1) #798 Medina, Santa 45	2) #329 Edwards, Lisa 46		
3) #1140 St. Jean, Jennifer 49	4) #599 Jones, Nathalie 49		
2 So Cal Track Club 'A'		5:20.30	6
1) #1064 Schwendinger, Sara 47	2) #197 Centeno, Christine 58		
3) #678 Lee, Debbie 67	4) #757 Matthews, Kristy 51		

**W45 4x400 Meter Relay Non Club**

45 USATF: A 4:10.95

45 WMA: R 4:01.22

Team	Seed	Finals
------	------	--------

1 Non Club 'C'		6:02.73
1) #707 Luedke, Lace 48	2) #463 Hamay, Marie 45	
3) #645 Klein, Tina 59	4) #760 Maw, Su 56	

**M35 4x400 Meter Relay Non Club**

35 USATF: A 3:19.45

Team	Seed	Finals
------	------	--------

1 Non Club 'A'		3:44.21
1) #964 Proctor, Joseph 42	2) #621 Kellis, Sterling 44	
3) #911 Pasero, Brian 45	4) #243 Crewse, Robert 39	

**M35 4x400 Meter Relay CLUB**

35 USATF: A 3:19.45

35 WMA: R 3:17.82

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 Joy's Jackrabbits Track Club 'A'		4:32.97	2	8
1) #184 Cannon, Phil 59	2) #1035 Sanchez, Alfredo 52			
3) #322 Echols, Antoine 41	4) #721 Majors, Keith 39			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M40 4x400 Meter Relay CLUB**

40 USATF: A 3:20.83

40 WMA: R 3:20.83

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 So Cal Track Club 'F'		4:01.93	2	8
1) #1107 Smith, Aaron 43	2) #801 Melvin, Ryan 48			
3) #923 Perez, Adrian 48	4) #104 Blackman, Joe 53			

**M45 4x400 Meter Relay CLUB**

45 USATF: A 3:37.89

45 WMA: R 3:22.79

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 Potomac Valley Track Club 'A'		5:57.00	2	8
1) #857 Myers, Eugene 71	2) #1003 Rieger Jr., Martin 49			
3) #188 Character, William 63	4) #790 McLaughlin, Terence 63			

**M45 4x400 Meter Relay Non Club**

45 USATF: A 3:22.79

45 WMA: R 3:22.79

Team	Seed	Finals
------	------	--------

1 Non Club 'C'		3:44.35
1) #456 Haack, Peter 49	2) #1079 Shen, Francis 46	
3) #192 Carter, Kurt 46	4) #295 *Donawa, Michael 46	

**M50 4x400 Meter Relay CLUB**

50 USATF: A 3:31.76

50 WMA: R 3:31.76

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

1 So Cal Track Club 'A'		4:42.86	2	8
1) #844 Mosley Sr., Brian 55	2) #415 Goetschel, Chuck 57			
3) #1009 Risley, Mike 55	4) #461 Hall Jr., Robert 55			

**M50 4x400 Meter Relay Non Club**

50 USATF: A 3:31.76

50 WMA: R 3:31.76

Team	Seed	Finals
------	------	--------

1 Non Club 'D'		4:29.87
1) #460 Hales, Greg 58	2) #1121 Soares, Jeff 61	
3) #660 Lacrosse, Scott 61	4) #435 Green, Gregory 54	
2 Non Club 'A'		4:56.18
1) #465 Hamilton, Matt 51	2) #194 Case, Doug 63	
3) #934 Phan, Derick 51	4) #150 Brown, Michael 50	



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**...M75 4x400 Meter Relay CLUB**

3) #263 Darlington, John 79	4) #1302 Wilson, Bill 80		
2 So Cal Track Club 'B'		9:04.43A	6
1) #1333 Ziskin, Daniel 76	2) #1181 Talib, Salih 79		
3) #690 Linde, Gunnar 96	4) #1094 Sime, Colben 90		

**M75 4x400 Meter Relay Non Club**

75 USATF: A 5:01.88  
75 WMA: R 4:47.85

Team	Seed	Finals
------	------	--------

1 Non Club 'B'		7:12.49
1) #816 *Mintz, Bruce 77	2) #1261 Washington, Michael 76	
3) #1181 Talib, Salih 79	4) #103 Black, Ivan 75	

**M85 4x400 Meter Relay CLUB**

85 USATF: A 10:29.59  
85 WMA: R 6:53.22

Team	Seed	Finals	Points
------	------	--------	--------

1 New England 65 Plus Runners Cl 'A'		10:31.28	8
1) #233 Cordero, Joe 86	2) #750 Masterson, Bill 86		
3) #1044 Satyaprasad, Ram 86	4) #980 Randall, Robert 87		

**W30 4x800 Meter Relay Non Club**

HEAT 1

Team	Seed	Finals
------	------	--------

1 Non Club 'A'		11:07.71
1) #888 Olen, Christine 56	2) #175 Cales, Shaina 34	
3) #80 Bellan, Patricia 61	4) #55 Barber, Sarah 47	

**W35 4x800 Meter Relay CLUB**

HEAT 1

35 USATF: A 9:25.27  
35 WMA: R 9:25.27

Team	Seed	Finals	Points
------	------	--------	--------

1 Arizona Masters 'A'		11:18.27	8
1) #622 Kelly, Amanda 42	2) #1271 Weir, Shayna 38		
3) #970 Quick, Sylvia 65	4) #1292 Williams, Brenda 50		

**W45 4x800 Meter Relay CLUB**

HEAT 1

45 USATF: A 10:56.12  
45 WMA: R 9:43.13

Team	Seed	Finals	Points
------	------	--------	--------

1 Central Park Track Club (Cptc) 'A'		11:02.79	8
1) #1140 St. Jean, Jennifer 49	2) #798 Medina, Santa 45		
3) #329 Edwards, Lisa 46	4) #599 Jones, Nathalie 49		





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**M65 4x800 Meter Relay Non Club**

HEAT 1

65 USATF: A 10:27.85

65 WMA: R 10:19.89

Team	Seed	Finals
------	------	--------

- 1 Non Club 'B' 10:16.67R
- 1) #900 Owen, Tim 65 2) #1283 Whitaker, Robert 65
- 3) #676 Lebold, Michael 66 4) #1280 Westenberg, David 66

**M75 4x800 Meter Relay CLUB**

75 USATF: A 15:18.63

75 WMA: R 12:27.64

Team	Seed	Finals	Points
------	------	--------	--------

- 1 So Cal Track Club 'D' 14:41.96A 8
- 1) #699 Loewe, Donald 76 2) #1007 Rink, Larry 75
- 3) #1181 Talib, Salih 79 4) #917 Patton, Gary 78

**M85 4x800 Meter Relay CLUB**

85 USATF: A 24:31.15

85 WMA: R 24:31.16

Team	Seed	Finals	H#	Points
------	------	--------	----	--------

- 1 New England 65 Plus Runners Cl 'A' 23:28.41A 2 8
- 1) #233 Cordero, Joe 86 2) #750 Masterson, Bill 86
- 3) #1044 Satyaprasad, Ram 86 4) #980 Randall, Robert 87

**W40 4x80 Meter Shuttle Hurdle Non-Club**

Team	Seed	Finals
------	------	--------

- 1 Non Club 'B' 50.20
- 1) #45 Baird, Marsha 50 2) #866 \*Newington, Dash 40
- 3) #1277 West, Jamie 40 4) #36 \*Augustus, Toyin 44
- 2 Non Club 'A' 55.05
- 1) #1237 Vazquez, Katrina 43 2) #329 Edwards, Lisa 46
- 3) #463 Hamay, Marie 45 4) #448 Guest, Rachel 49

**W55 4x80 Meter Shuttle Hurdle Non-Club**

Team	Seed	Finals
------	------	--------

- 1 Non Club 'A' 1:08.71
- 1) #762 Maxwell, Karen 65 2) #1213 Tolman, Penny 56
- 3) #935 Phelps, Jo 65 4) #221 Collier, Andrea 57

**M70 4x80 Meter Shuttle Hurdle Non-Club**

Team	Seed	Finals
------	------	--------

- 1 Non Club 'B' 1:02.10
- 1) #1104 Siu, Max 71 2) #1247 Vollmer, Larry 71
- 3) #574 Jacquet-Acea, Russell 71 4) #1117 Snodgrass, Ernie 71

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**M50 4x100 Meter Shuttle Hurdle Non Club**

Team	Seed	Finals
1 Non Club 'A'		1:11.72
1) #1035 Sanchez, Alfredo 52	2) #465 Hamilton, Matt 51	
3) #184 Cannon, Phil 59	4) #9 Aka-Bashorun, Wale 53	

**M60 4x100 Meter Shuttle Hurdle Non Club**

Team	Seed	Finals
-- Non Club 'A'		DQ rule 168.3c
1) #875 Niroumand, Mahmoud 67	2) #933 Pfeiffer, Bob 68	
3) #225 Conley, Brian 63	4) #868 Nguyen, John 61	

**M30 4x110 Meter Shuttle Hurdle Non Club**

Team	Seed	Finals
1 Non Club 'A'		1:20.52
1) #824 Montoya-Collis, Mateo 43	2) #732 Marenin, Roman 41	
3) #106 Blakey, Nick 33	4) #640 Kinlaw, Devante 31	

**W25-29 High Jump**

Progressions 1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc					
Name	Age Team	Seed	Finals	Points	
1 # 153 Brown El, Tamar	W29 Unattached		1.25m	8	
1.15 1.20 1.25 1.30					
O O XXO XXX					

**W35 High Jump**

Progressions 1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc					
35 USATF: A 1.95m					
35 WMA: R 2.01m					
Name	Age Team	Seed	Finals	Points	
1 # 305 Druce, Katy	W38 Unattached	1.37m	1.40m	8	
1.30 1.35 1.40 1.45					
O O O XXX					

**W40 High Jump**

Progressions 1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc					
40 USATF: A 1.79m					
40 WMA: R 1.87m					
Name	Age Team	Seed	Finals	Points	
1 # 866 *Newington, Dash	W40 Australia	1.51m	X1.45m		
1.15 1.20 1.25 1.30 1.35 1.40 1.45					
O O O O XO O					
2 # 1237 Vazquez, Katrina	W43 Bella N Motion	1.35m	1.30m	8	
1.10 1.15 1.20 1.25 1.30 1.35					
O XO O O XO XXX					

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**....W40 High Jump**

3 # 1006 Rinehart, Miranda W43 Amp Up Sport 1.10m 1.15m 6  
 1.00 1.05 1.10 1.15 1.20  
 O O O XO XXX

**W45 High Jump**

Progressions 1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc  
 45 USATF: A 1.66m  
 45 WMA: R 1.76m

Name	Age Team	Seed	Finals	Points
1 # 448 Guest, Rachel 1.25 1.30 1.35 O O XXX	W49 Joy's Jackra	1.40m	1.30m	8
2 # 463 Hamay, Marie 1.00 1.05 1.10 1.15 1.20 1.25 1.30 O O O O O O XXX	W45 Unattached	1.28m	1.25m	6

**W50 High Jump**

Progressions 1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc  
 50 USATF: A 1.62m  
 50 WMA: R 1.68m

Name	Age Team	Seed	Finals	Points
1 # 1308 Wood, Alison 1.40 1.50 1.55 1.60 O O O XXX	W50 Oregon Track Club	1.66m	1.55m	8
2 # 1146 Stansell, Tawnya 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 O O O O O O XXO XXX	W50 Unattached		1.30m	6
3 # 248 Culver, Amy 1.00 1.05 1.10 1.15 1.20 1.25 1.30 O O O O O XO XXX	W53 Unattached	1.21m	1.25m	4

**W55 High Jump**

Progressions .90-.95-.1.00-.1.05 - 1.10 - 1.15 - 1.20 - etc  
 55 USATF: A 1.49m  
 55 WMA: R 1.55m

Name	Age Team	Seed	Finals	Points
1 # 872 Nieder, Stacey 1.25 1.30 1.35 1.40 O O O X	W55 Unattached	1.40m	1.35m	8
2 # 1055 Schimek, Durelle 1.10 1.15 1.20 1.25 O XO O XXX	W56 Sierra Gold		1.20m	6
3 # 1233 Uttam, Rhonda 0.90 0.95 1.00 1.05 O O O XXX	W55 Amp Up Sport	0.90m	1.00m	4
4 # 1185 Tarr, Kathleen 0.90 0.95 1.00 XXO O XXX	W55 San Francisc	0.95m	0.95m	3

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Progressions .90-.95-.1.00-.1.05 - 1.10 - 1.15 - 1.20 - etc

60 USATF: A 1.44m

60 WMA: R 1.48m

Name	Age Team	Seed	Finals	Points
1 # 575 Jakstiene, Nering	W60 Unattached	1.45m	1.40m	8
1.30 1.35 1.40 1.45 1.49				
O O XO P XXX				
2 # 1249 von Winckelmann,	W64 SC Striders	1.20m	1.20m	6
1.10 1.15 1.20 1.25				
O O XO XXX				
3 # 590 Johnson, Terah	W63 So Cal Track Club	0.96m	1.05m	4
0.90 0.95 1.00 1.05 1.10				
O O O O XXX				

**W65 High Jump**

Progressions .90-.95-.1.00-.1.05 - 1.10 - 1.15 - 1.20 - etc

65 USATF: A 1.33m

65 WMA: R 1.42m

Name	Age Team	Seed	Finals	Points
1 # 274 Deak, Elizabeth	W66 Unattached	1.23m	1.20m	7
1.10 1.15 1.20 1.25				
O O O XXX				
1 # 935 Phelps, Jo	W65 Tnt Internat		1.20m	7
1.05 1.10 1.15 1.20 1.25				
O O O O XXX				
3 # 1190 Tefft, Jan	W66 So Cal Track Club		1.10m	4
0.90 0.95 1.00 1.05 1.10 1.15				
O O XO O XO XXX				
4 # 97 Bieber, Debra	W66 So Cal Track Club	1.00m	1.05m	3
0.90 0.95 1.00 1.05 1.10				
XO O XO XO XXX				

**W70 High Jump**

Progressions .90-.95-.1.00-.1.05 - 1.10 - 1.15 - 1.20 - etc

70 USATF: A 1.30m

70 WMA: R 1.32m

Name	Age Team	Seed	Finals	Points
1 # 470 Hanscom, Rita	W70 SC Striders	1.20m	1.20m	8
1.05 1.10 1.15 1.20 1.25				
O O O XXO XXX				

**W75 High Jump**

Progressions .87-.90- .93 - .96, -.99 etc

75 USATF: A 1.22m

75 WMA: R 1.24m

Name	Age Team	Seed	Finals	Points
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....W75 High Jump

1 #	371 Flynn, Joy	W77 SC Striders	1.06m	1.05m	8
	0.96 0.99 1.02 1.05 1.08				
	o o o XXO XXX				
2 #	1222 Trotto, Mary	W77 Tnt Internat	0.80m	0.87m	6
	0.81 0.84 0.87 0.90				
	o o o X				

W80 High Jump

Progressions .87-.90- .93 - .96, -.99 etc  
 80 USATF: A 1.15m  
 80 WMA: R 1.15m

Name	Age Team	Seed	Finals	Points	
1 #	87 Bergen, Kathy	W84 SC Striders	1.09m	1.02m	8
	0.90 0.93 0.96 0.99 1.02 1.05				
	o o o o o XXX				

W85 High Jump

Progressions .87-.90- .93 - .96, -.99 etc  
 85 USATF: A 0.93m  
 85 WMA: R 0.95m

Name	Age Team	Seed	Finals	Points	
1 #	296 Donley, Christel	W89 Unattached	0.90m	0.87m	8
	0.81 0.84 0.87 0.90				
	o o o XXX				

W90 High Jump

Progressions .87-.90- .93 - .96, -.99 etc  
 90 WMA: R 0.88m

Name	Age Team	Seed	Finals	Points	
1 #	799 Meiler, Florence	W90 Unattached		0.87m	8
	0.81 0.84 0.87 0.90				
	o o XO XX				

M25-29 High Jump

Progressions: 1.40 - 1.45 - 1.50 - 1.55 etc

Name	Age Team	Seed	Finals	Points	
1 #	307 Du, Victor	M29 Unattached	2.00m	1.95m	8
	1.75 1.80 1.85 1.90 1.95 1.98				
	o P P o o XXX				

M30 High Jump

Progressions: 1.40 - 1.45 - 1.50 - 1.55 etc

Name	Age Team	Seed	Finals	Points	
1 #	1144 Staniszewski, Kev	M30 Joy's Jackra	1.90m	1.70m	8
	1.50 1.55 1.60 1.65 1.70 1.75				
	o P P o o XXX				

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**M35 High Jump**

Progressions: 1.40 - 1.45 - 1.50 - 1.55 etc

35 USATF: A 2.31m

35 WMA: R 2.31m

Name	Age Team	Seed	Finals	Points
1 # 681 Leshner, Ted	M36 Unattached	1.73m	1.70m	8
1.50 1.55 1.60 1.65 1.70 1.75				
O O O O XO XXX				

**M40 High Jump**

Progressions: 1.40 - 1.45 - 1.50 - 1.55 etc

40 USATF: A 2.11m

40 WMA: R 2.28m

Name	Age Team	Seed	Finals	Points
1 # 732 Marenin, Roman	M41 Joy's Jackra	1.72m	1.65m	8
1.60 1.65 1.70 1.75				
O O P XXX				
2 # 674 Layton, Michael	M40 Unattached	1.54m	1.60m	6
1.45 1.50 1.55 1.60 1.65				
O O O XXO XXX				
3 # 1116 Smith Jr., Curtis	M43 Potomac Vall	1.50m	1.55m	4
1.40 1.45 1.50 1.55 1.60				
XO O O O XXX				

**M45 High Jump**

Progressions: 1.40 - 1.45 - 1.50 - 1.55 etc

45 USATF: A 2.05m

45 WMA: R 2.05m

Name	Age Team	Seed	Finals	Points
1 # 638 King, Kenneth	M49 Unattached		1.60m	8
1.50 1.55 1.60 1.65				
O O XO XXX				
2 # 192 Carter, Kurt	M46 Freedom - GR	1.50m	1.50m	6
1.40 1.45 1.50 1.55				
O O O XXX				
3 # 1010 Robbins, Josh	M48 Arizona Flam	1.55m	1.40m	4
1.40				
O				

**M50 High Jump**

Progressions: 1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc

50 USATF: A 1.94m

50 WMA: R 1.98m

Name	Age Team	Seed	Finals	Points
1 # 775 McDonald, Mark	M53 Unattached	1.78m	1.75m	7
1.60 1.65 1.70 1.75				
O O XXO XXO				

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**....M50 High Jump**

1 #	299 Dossey, Doug	M51 Marin Waves	1.78m	1.75m	7
	1.60 1.65 1.70 1.75				
	O O XXO XXO				
3 #	465 Hamilton, Matt	M51 Unattached	1.52m	1.45m	4
	1.30 1.35 1.40 1.45 1.50				
	O O O XXO XXX				

**M55 High Jump**

=====

Progressions1.00-1.05- 1.10 - 1.15 - 1.20 - 1.25 - 1.30, etc  
 55 USATF: A 1.84m  
 55 WMA: R 1.91m

Name	Age Team	Seed	Finals	Points
1 # 39 Babcock, Christop	M55 Arizona Flam	1.75m	1.75m	8
2 # 617 Kearns, Brad	M59 Unattached	1.53m	1.55m	6
	1.30 1.35 1.40 1.45 1.50 1.55 1.60			
	O O O O O XXO XXX			
3 # 1159 Stockard, Guy	M59 Ann Arbor Tr	1.40m	1.35m	4
	1.20 1.25 1.30 1.35 1.40			
	O O XXO O XXX			

**M60 High Jump**

=====

Progressions: 1.25 -1.30 -1.35 - 1.40 - 1.45 - 1.50 etc  
 USATF: A 1.74m  
 WMA: R 1.82m

Name	Age Team	Seed	Finals	Points
1 # 788 Mcintosh, John	M63 Unattached		1.55m	8
	1.40 1.45 1.50 1.55 1.60			
	O O O XO XXX			
2 # 692 *Lindsay, Howard	M60 Antigua and Barbuda		X1.50m	
	1.35 1.40 1.45 1.50 1.55			
	O O O XO XXX			
3 # 908 Parks, Terry	M60 Joy's Jackra	1.62m	1.40m	5
	1.40 1.45			
	O XXX			
3 # 942 Pinney, Stephen	M60 Unattached	1.45m	1.40m	5
	1.35 1.40 1.45			
	O O XXX			
5 # 929 Peterson, Gary	M63 Unattached	1.40m	1.40m	3
	1.25 1.30 1.35 1.40 1.45			
	XO O O XXO XXX			
-- # 840 Morrow, Art	M60 So Cal Track Club		NH	
	1.25			
	XXX			
-- # 925 Pertgen, Richard	M63 Unattached		NH	
	1.25			
	XXX			



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....M70 High Jump

8 #	574	Jacquet-Acea, Rus	M71 Unattached	1.33m	1.30m
		1.18 1.22 1.26 1.30 1.34			
		O O O XXO XXX			
9 #	1052	Schenk, Rob	M70 Unattached		1.26m
		1.14 1.18 1.22 1.26 1.30			
		XO O O O XXX			
10 #	783	McGillen, Matthew	M70 Unattached		1.14m
		1.14 1.18			
		XO XXX			

M75 High Jump

Progressions:1.20-1.23- 1.26 - 1.29 - 1.32 - 1.35 etc.  
 USATF: A 1.45m  
 WMA: R 1.49m

Name	Age Team	Seed	Finals	Points
1 # 974 Rader, Charlie	M76 Unattached	1.45m	1.29m	8
		1.23 1.26 1.29 1.33		
		XO O O X		
2 # 1138 Squires, Jack	M79 Unattached	1.28m	1.23m	6
		1.20 1.23 1.26		
		O O XXX		
3 # 910 Parry, Arthur	M78 So Cal Track Club	1.25m	1.23m	4
		1.20 1.23 1.26		
		XO O XXX		
4 # 103 Black, Ivan	M75 Shore Athletic Club	1.30m	1.23m	3
		1.20 1.23 1.26		
		O XXO XXX		
-- # 1007 Rink, Larry	M75 So Cal Track Club		NH	
		1.20		
		XXX		

M80 High Jump

Progressions .87-.90- .93 - .96, -.99 etc  
 80 USATF: A 1.37m  
 80 WMA: R 1.38m

Name	Age Team	Seed	Finals	Points
1 # 1119 Snyder, Gary	M80 Mass Velocit	1.00m	0.90m	8
		0.87 0.90		
		O O		

M85 High Jump

Progressions .87-.90- .93 - .96, -.99 etc  
 85 USATF: A 1.18m  
 85 WMA: R 1.28m

Name	Age Team	Seed	Finals	Points
1 # 918 Paulen, Robert	M87 Potomac Vall	1.03m	1.05m	8
		0.87 0.90 0.93 0.96 0.99 1.02 1.05 1.08		
		O O P O XO O O X		

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....M85 High Jump

2 #	459 Haines, Forrest	M85 Unattached	1.00m	0.99m	6
	0.87 0.90 0.93 0.96 0.99 1.02 1.05				
	O P P P XO P XXX				

W25-29 Pole Vault

```

=====
Progressions: 1.00-1.15-1.30--1.45--1.60- etc
Name                          Age Team                Seed      Finals  Points
=====
1 # 1214 Tolman, Zariah        W26 Unattached                2.95m    8
    2.65 2.80 2.95 3.10
    O   O   O   XXX
  
```

W30 Pole Vault

```

=====
Progressions: 1.00-1.15-1.30--1.45--1.60- etc
Name                          Age Team                Seed      Finals  Points
=====
1 # 919 Pearlman, Molly        W31 Lucky Strike            3.53m    3.40m    8
    2.95 3.10 3.25 3.40 3.55
    O   XO   O   XXO   XXX
  
```

W35 Pole Vault

```

=====
Progressions: 1.00-1.15-1.30--1.45--1.60- etc
35 USATF: A 4.91m
35 WMA: R 4.91m
Name                          Age Team                Seed      Finals  Points
=====
1 # 298 Dorsey, Brittany        W39 Amp Up Sport            0.90m    1.60m    8
    1.00 1.15 1.30 1.45 1.60 1.75
    O   O   O   O   O   XXX
  
```

W40 Pole Vault

```

=====
Progressions: 1.00-1.15-1.30--1.45--1.60- etc
40 USATF: A 3.50m
40 WMA: R 4.15m
Name                          Age Team                Seed      Finals  Points
=====
1 # 866 *Newington, Dash        W40 Australia                3.70m    X3.40m
    2.80 2.95 3.10 3.25 3.40 3.55
    O   XO   O   O   O   XXX
2 # 500 Hern, Andrea            W41 Texas Express Tfc        2.28m    2.35m    8
    2.05 2.20 2.35 2.50
    O   O   XO   XXX
3 # 399 Gayman, Megan            W40 Pat Licari P            2.15m    2.20m    6
    1.75 1.90 2.05 2.20 2.35
    O   O   O   XO   XXX
  
```

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Progressions: 1.00-1.15-1.30--1.45--1.60- etc

45 USATF: A 3.38m

45 WMA: R 3.76m

Name	Age Team	Seed	Finals	Points
1 # 463 Hamay, Marie	W45 Unattached	2.58m	2.65m	8
2.20 2.35 2.50 2.65 2.80				
O O O XO XXX				
2 # 728 Mann, Elly	W48 Joy's Jackra	1.45m	1.75m	6
1.45 1.60 1.75 1.90				
XO O O XXX				

**W50 Pole Vault**

Progressions: 1.00-1.15-1.30--1.45--1.60- etc

50 USATF: A 3.25m

50 WMA: R 3.46m

Name	Age Team	Seed	Finals	Points
1 # 246 Croskell, Helen	W51 Unattached	2.13m	2.05m	8
1.45 1.60 1.75 1.90 2.05 2.20				
O P P O XO XXX				
2 # 563 Inks, Melinda	W53 Amp Up Sport	0.90m	1.45m	6
1.00 1.15 1.30 1.45 1.60				
O O XO XXO XXX				

**W55 Pole Vault**

Progressions: 1.00-1.15-1.30--1.45--1.60- etc

55 USATF: A 3.08m

55 WMA: R 3.26m

Name	Age Team	Seed	Finals	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	2.59m	2.05m	8
2.05 2.20				
O XXX				

**W60 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc

60 USATF: A 3.12m

60 WMA: R 3.12m

Name	Age Team	Seed	Finals	Points
1 # 1066 Scott, Daphne	W63 Unattached	2.30m	2.40m	8
1.70 1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50				
O O O O O O XXO XXO XXX				
2 # 1002 Rieger, Karen	W60 Unattached	2.00m	1.80m	6
1.40 1.50 1.60 1.70 1.80 1.90				
O O O O XO XXX				

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W65 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc

65 USATF: A 3.19m

65 WMA: R 3.19m

Name	Age Team	Seed	Finals	Points
1 # 535 Hoppie, Carla	W67 Unattached	2.44m	2.40m	8
1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50				
XO O O O XXO XXO O XXX				
2 # 935 Phelps, Jo	W65 Tnt Internat		1.70m	6
1.00 1.50 1.60 1.70 1.80				
O O O XXO XXX				
3 # 97 Bieber, Debra	W66 So Cal Track Club		1.10m	4
0.90 1.00 1.10 1.20				
XO XXO O XXX				

**W70 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc

70 USATF: A 2.95m

70 WMA: R 2.95m

Name	Age Team	Seed	Finals	Points
1 # 470 Hanscom, Rita	W70 SC Striders	2.21m	2.20m	8
1.70 1.80 1.90 2.00 2.10 2.20 2.30				
O O O O O O XXX				

**W75 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc

75 USATF: A 2.03m

75 WMA: R 2.03m

Name	Age Team	Seed	Finals	Points
1 # 1222 Trotto, Mary	W77 Tnt Internat	0.80m	1.00m	8
0.90 1.00 1.10				
XO O X				
2 # 88 Berger, Nancy	W79 Tnt Internat		1.00m	6
0.90 1.00				
O XO				

**W80 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc

80 USATF: A 1.83m

80 WMA: R 1.83m

Name	Age Team	Seed	Finals	Points
1 # 975 Radle, Catherine	W80 Atlanta Track Club	1.55m	1.70m	8
1.10 1.20 1.30 1.40 1.50 1.60 1.70 1.80				
O O O O O O XXO XXX				

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

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**W90 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc

Name	Age Team	Seed	Finals	Points
1 # 799 Meiler, Florence	W90 Unattached		1.00m	8
0.90 1.00 1.40				
O O X				

**M35 Pole Vault**

Progressions: 2.40 - 2.55 - 2.70 - 2.85 - 3.00 etc

35 USATF: A 5.86m

35 WMA: R 5.90m

Name	Age Team	Seed	Finals	Points
1 # 7 Adkisson, Matthew	M39 Hood River T	4.36m	4.35m	8
4.35 4.50				
XXO XXX				
2 # 698 Lockerbie, Trey	M37 Unattached	4.50m	3.60m	6
3.15 3.60 3.75				
O O XXX				

**M40 Pole Vault**

Progressions: 2.40 - 2.55 - 2.70 - 2.85 - 3.00 etc

40 USATF: A 5.70m

40 WMA: R 5.70m

Name	Age Team	Seed	Finals	Points
-- # 824 Montoya-Collis, M	M43 Unattached	2.50m	NH	
2.40				
XXX				

**M45 Pole Vault**

Progressions: 2.40 - 2.55 - 2.70 - 2.85 - 3.00 etc

45 USATF: A 5.10m

45 WMA: R 5.25m

Name	Age Team	Seed	Finals	Points
1 # 691 Lindenberg, David	M45 Unattached	4.40m	4.05m	8
3.75 3.90 4.05 4.20				
O O XO XXX				
2 # 864 Nelson, Timothy	M46 Unattached	3.50m	3.60m	6
3.30 3.45 3.60 3.75				
XO O O XXX				
3 # 638 King, Kenneth	M49 Unattached		3.45m	4
2.85 3.15 3.30 3.45 3.60				
XO O O XO XXX				

Yellow Card 125.9

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

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**M50 Pole Vault**

Progressions: 2.40 - 2.55 - 2.70 - 2.85 - 3.00 etc

50 USATF: A 4.75m

50 WMA: R 4.75m

Name	Age Team	Seed	Finals	Points
1 # 822 Monroe, Brian	M54 Unattached		4.20m	8
3.60 3.75 3.90 4.05 4.20 4.35				
XO O O O O XXX				
2 # 636 Kim, Anthony	M50 Unattached		2.70m	6
2.40 2.55 2.70 2.85				
O O O XXX				
-- # 610 Kappen, Kent	M53 Unattached	3.68m	NH	
3.45				
XXX				

**M60 Pole Vault**

Progressions: 2.30 - 2.45- 2.60 - 2.75- 2.90 - 3.05 etc

60 USATF: A 4.11m

60 WMA: R 4.32m

Name	Age Team	Seed	Finals	Points
1 # 213 Clarke, Chris	M62 Unattached	3.95m	3.80m	8
3.50 3.65 3.80 3.90				
XO O XXO XXX				
2 # 92 Besmer, Daniel	M60 San Jose TC	3.81m	3.50m	6
3.35 3.50 3.65				
O O XXX				
3 # 634 Kibort, Mark	M63 So Cal Track Club	3.50m	3.35m	4
3.20 3.35 3.50				
XO XO XXX				
4 # 626 Kendall, Charles	M61 San Diego Po		3.35m	3
2.75 3.20 3.35 3.50				
O XO XXO XXX				

**M65 Pole Vault**

Progressions: 2.30 - 2.45- 2.60 - 2.75- 2.90 - 3.05 etc

65 USATF: A 3.89m

65 WMA: R 4.05m

Name	Age Team	Seed	Finals	Points
1 # 889 Olsen, Robert	M68 Unattached	2.44m	3.05m	8
2.60 2.75 2.90 3.05 3.20				
O O O O XXX				
2 # 468 Hanes, Steve	M69 Key West Tra	3.20m	2.90m	6
2.90 3.05				
O XXX				
3 # 1201 Thomas, Windzell	M69 Unattached		2.75m	4
2.45 2.60 2.75 2.90				
O XO XXO XXX				
4 # 620 Kelley, Steve	M65 Pony Express	2.82m	2.60m	3
2.30 2.45 2.60 2.75				
XO O O XXX				

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**....M65 Pole Vault**

5 #	273 Dawson, Mike	M69 Unattached	2.60m	2
	2.45 2.60 2.75			
	XXO O XXX			
6 #	1199 Thomas, Kenneth	M67 Houston Elite	3.20m	2.45m 1
	2.45 2.75			
	O XXX			
7 #	1129 SooHoo, Wilson	M67 Hoka Aggie R	2.50m	2.45m
	2.45 2.60			
	XO XXX			
7 #	1217 *Torres, Francisc	M65 Puerto Rico	2.60m	X2.45m
	2.45 2.60			
	XO XXX			
-- #	68 Baucke, John	M68 Unattached		NH
	2.45			
	XXX			
-- #	933 Pfeiffer, Bob	M68 Unattached	2.40m	NH
	2.30			
	XXX			

**M70 Pole Vault**

Progressions: 1.65. 1.75 - 1.85 - 1.95 - 2.05 etc  
 USATF: A 3.49m  
 WMA: R 3.53m

Name	Age Team	Seed	Finals	Points
1 # 321 Eaton, William	M73 Unattached	2.90m	2.85m	8
	2.65 2.75 2.85 2.95			
	O O O XXX			
1 # 560 *Husyev, Hennadiy	M74 Ukraine	3.00m	X2.85m	
	2.85 2.95			
	O XXX			
3 # 167 Burnett, Kevin	M71 Unattached	2.76m	2.85m	6
	2.55 2.65 2.75 2.85 2.95			
	O O O XO XXX			
4 # 574 Jacquet-Acea, Rus	M71 Unattached	2.75m	2.75m	3.50
	2.45 2.55 2.65 2.75 2.85			
	O O O O XXX			
4 # 1247 Vollmer, Larry	M71 Unattached	2.80m	2.75m	3.50
	2.45 2.55 2.65 2.75 2.85			
	O O O O XXX			
6 # 525 Hogan, Michael	M70 Unattached	3.00m	2.45m	2
	2.45 2.55			
	XO X			
7 # 738 Marron, Jim	M71 Unattached	2.44m	2.25m	1
	2.15 2.25 2.35			
	XO XO XXX			
8 # 522 Hochderffer Sr.,	M71 Unattached	2.45m	2.15m	
	1.95 2.05 2.15			
	O O O			
9 # 22 Angel, David	M72 Unattached		2.15m	
	1.65 1.75 1.85 1.95 2.05 2.15 2.25			
	O O O XO O O XXX			

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**American River CC**

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**....M70 Pole Vault**

10 #	498 Henry, Bryan	M74 Unattached	1.75m	2.05m
	1.65 1.75 1.85 1.95 2.05 2.15			
	O O O O XO XXX			

**M75 Pole Vault**

Progressions: 1.55- 1.65. 1.75 - 1.85 - 1.95 - 2.05 etc  
 USATF: A 3.20m  
 WMA: R 3.20m

Name	Age Team	Seed	Finals	Points
1 # 910 Parry, Arthur	M78 So Cal Track Club	3.05m	2.95m	8
	2.65 2.75 2.85 2.95 3.05			
	XXO P P O XXX			
2 # 121 Bonnett, Larry	M75 Unattached	2.45m	2.45m	6
	2.15 2.25 2.35 2.45 2.55 2.65			
	O P XXO XXO P XXX			
3 # 160 Bryant, Doug	M75 Unattached		1.95m	4
	1.65 1.75 1.85 1.95 2.05			
	XO O XO O XXX			
4 # 397 *Gast, Monte	M76 Canada	2.20m	X1.65m	
	1.55 1.65 1.75 1.85			
	O O P XXX			

**M80 Pole Vault**

Progressions: .90 - 1.00 - 1.10 - 1.20 etc  
 80 USATF: A 2.75m  
 80 WMA: R 2.75m

Name	Age Team	Seed	Finals	Points
1 # 1276 Werne, Roger	M80 Unattached	2.28m	2.10m	8
	1.80 1.90 2.00 2.10 2.20			
	O XO O XO XXX			
2 # 123 Booth, Howard	M80 Ann Arbor Tr	2.30m	2.00m	6
	1.50 1.60 1.70 1.80 1.90 2.00 2.10			
	O P O O O XO XXX			

**W25-29 Long Jump**

LJ 2  
 25-29 WMA: R 3.03m

Name	Age Team	Seed	Finals	Wind	Points
1 # 314 Dunlap, Madison	W26 Unattached	4.57m	4.23mR	1.7	8
	4.14m(1.5) 4.23m(1.7) 4.00m(0.5) 4.05m(1.1) FOUL(1.7) 3.96m(0.3)				
2 # 1235 Van Den Top, Rach	W27 So Cal Track Club		3.37mR	1.0	6
	2.83m(1.6) 3.32m(0.9) 3.24m(1.2) 3.37m(1.0) 3.30m(1.5) 3.27m(0.7)				

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W30 Long Jump**

LJ 2  
30 WMA: R 5.19m

Name	Age Team	Seed	Finals	Wind	Points
1 # 1073 Session, Lachelle	W31 Unattached	5.24m	4.78m	0.3	8
4.64m(1.5) 4.78m(0.3) FOUL(1.2) 4.49m(0.4) 4.67m(0.9) 4.66m(1.3)					

**W35 Long Jump**

LJ 2  
35 USATF: A 6.79m  
35 WMA: R 6.99m

Name	Age Team	Seed	Finals	Wind	Points
1 # 1040 Sanner, Breanna	W35 Unattached		5.68m	0.3	8
5.58m(1.2) 5.47m(2.6) 5.43m(0.2) 5.51m(1.0) 5.62m(1.0) 5.68m(0.3)					
2 # 686 Liang, Grace	W37 Unattached	5.27m	5.34m	0.7	6
FOUL(0.9) FOUL(1.7) 5.12m(0.6) 5.18m(0.7) 5.13m(+0.0) 5.34m(0.7)					
3 # 298 Dorsey, Brittany	W39 Amp Up Sport		4.05m	1.4	4
3.71m(0.2) 3.59m(0.7) 4.05m(1.4) 4.02m(0.3) 3.79m(0.4) FOUL(0.5)					

**W40 Long Jump**

LJ 2  
40 USATF: A 5.68m  
40 WMA: R 6.55m

Name	Age Team	Seed	Finals	Wind	Points
1 # 866 *Newington, Dash	W40 Australia	5.05m	X5.09m	1.2	
4.72m(0.6) 4.94m(0.3) 5.08m(+0.0) 5.04m(0.8) FOUL(1.7) 5.09m(1.2)					
2 # 1237 Vazquez, Katrina	W43 Bella N Motion	4.50m	4.62m	1.5	8
4.31m(1.1) FOUL(1.2) 4.33m(1.2) 4.57m(0.5) 4.52m(0.6) 4.62m(1.5)					
3 # 1086 Short, Latesha	W43 Success Perf	4.28m	4.29m	0.5	6
4.24m(0.5) FOUL(1.4) 4.27m(0.4) 4.17m(0.4) FOUL(2.7) 4.29m(0.5)					
4 # 508 Hightower, Victor	W43 Unattached	3.60m	2.80m	1.7	4
2.68m(0.3) 2.56m(0.8) 2.80m(1.7) 2.58m(+0.0) 2.80m(1.1) 2.45m(1.6)					

**W45 Long Jump**

LJ 1  
45 USATF: A 5.37m  
45 WMA: R 5.71m

Name	Age Team	Seed	Finals	Wind	Points
1 # 448 Guest, Rachel	W49 Joy's Jackra	5.06m	4.93m	-0.7	8
4.81m(-0.8) 4.61m(-1.1) 4.89m(-1.3) 4.81m(-0.5) 4.93m(-0.7)					
2 # 288 DiTaranto, Meliss	W47 Unattached	4.42m	4.12m	+0.0	6
3.64m(-0.8) 3.98m(-0.7) 4.12m(+0.0) 3.85m(-0.6) 3.74m(+0.0) 3.11m(+0.0)					
3 # 482 Harris, Cassandra	W46 Atlanta Track Club	3.67m	3.21m	-1.7	4
3.09m(-1.9) 2.96m(-1.7) 3.09m(-0.6) 2.89m(-0.8) FOUL(-0.7) 3.21m(-1.7)					
4 # 749 Mason, Pamela	W46 Unattached	2.97m	3.09m	+0.0	3
3.09m(+0.0) 2.99m(-1.6) 3.04m(-0.6) 3.07m(-0.8) 3.06m(-0.9) 3.03m(-0.9)					
5 # 989 Redfern, Angela	W47 So Cal Track Club		2.90m	NWI	2
2.90m(NWI)					



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**Results**

**W65 Long Jump**

```

=====
LJ 1
  65 USATF: A 4.26m
  65 WMA: R 4.64m
Name                      Age Team                      Seed      Finals  Wind Points
=====
1 #  935 Phelps, Jo        W65 Tnt Internat                3.14m     0.3    8
   2.80m(1.6) 2.65m(0.8) 2.68m(0.9) 2.69m(0.5) 2.77m(0.4) 3.14m(0.3)
2 #   97 Bieber, Debra    W66 So Cal Track Club           2.64m     0.7    6
   2.05m(0.3) 2.28m(1.9) 2.50m(0.5) 2.32m(+0.0) 2.49m(0.6) 2.64m(0.7)
3 # 1190 Tefft, Jan       W66 So Cal Track Club           2.61m     0.5    4
   2.42m(0.9) 2.59m(0.7) PASS      2.61m(0.5) PASS      PASS
4 #   678 Lee, Debbie     W67 So Cal Track Club           1.44m     0.8    3
   1.44m(0.8)      x
  
```

**W70 Long Jump**

```

=====
LJ 1
  70 USATF: A 4.04m
  70 WMA: R 4.26m
Name                      Age Team                      Seed      Finals  Wind Points
=====
1 #  470 Hanscom, Rita    W70 SC Striders                 3.32m     3.29m   0.6    8
   3.13m(1.5) 3.22m(0.5) 3.29m(0.6) 3.04m(0.9) 3.10m(1.5) PASS
2 #  218 Cohn, Linda      W71 SC Striders                 3.55m     3.26m   1.4    6
   PASS      3.20m(+0.0) 3.26m(1.4) 3.13m(1.0) 3.16m(0.6) FOUL
  
```

**W75 Long Jump**

```

=====
LJ 1
  75 USATF: A 3.33m
  75 WMA: R 4.09m
Name                      Age Team                      Seed      Finals  Wind Points
=====
1 #  371 Flynn, Joy        W77 SC Striders                 3.46m     2.83m   0.4    8
   2.69m(1.6) 2.62m(+0.0) 2.83m(0.4) 2.67m(1.0) 2.70m(0.2) FOUL(0.4)
2 # 1148 Steele Matthews, W75 SC Striders                 3.25m     2.60m   0.6    6
   2.60m(0.6) FOUL(0.8) 2.51m(0.7) FOUL      2.34m(-0.1) FOUL(0.5)
3 #   88 Berger, Nancy    W79 Tnt Internat                1.66m     1.5    4
   FOUL(1.1) 1.66m(1.5) 1.27m(2.1)
4 # 1222 Trotto, Mary     W77 Tnt Internat                1.56m     0.6    3
   1.56m(0.6)
  
```

**W85 Long Jump**

```

=====
LJ 1
  85 USATF: A 2.28m
  85 WMA: R 3.11m
Name                      Age Team                      Seed      Finals  Wind Points
=====
1 #  296 Donley, Christel W89 Unattached                 1.50m     1.39m   1.9    8
   1.39m(1.9) 1.32m(0.4) 1.24m(1.4) PASS      FOUL(+0.0) PASS
  
```

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**American River CC**  
**Results**

**W90 Long Jump**

LJ 1  
90 USATF: A 1.30m  
90 WMA: R 2.54m

Name	Age Team	Seed	Finals	Wind	Points
1 # 799 Meiler, Florence	W90 Unattached		1.68mA	1.4	8
1.54m(1.0) 1.68m(1.4)					

**M25-29 Long Jump**

LJ 1

Name	Age Team	Seed	Finals	Wind	Points
1 # 1227 Turner, Michael	M29 Unattached	6.10m	6.80m	2.1	8
6.77m(2.2) 6.54m(1.7) FOUL(1.6) 6.50m(0.9) FOUL(0.2) 6.80m(2.1)					
2 # 497 Henry, Anthony	M25 Unattached	5.66m	5.77m	1.2	6
FOUL(2.7) 5.44m(1.4) 5.36m(0.7) 5.77m(1.2) 5.51m(1.1) FOUL(2.1)					

**M30 Long Jump**

LJ 1

Name	Age Team	Seed	Finals	Wind	Points
1 # 476 Harley, Quinton	M33 Unattached	6.88m	6.92m	1.4	8
6.57m(0.5) 6.74m(0.7) 6.57m(0.4) 6.63m(1.6) 6.58m(1.5) 6.92m(1.4)					
2 # 1144 Staniszewski, Kev	M30 Joy's Jackra	6.81m	6.46m	3.5	6
6.46m(3.5) 6.46m(2.5) FOUL(0.3) FOUL(2.9) 6.27m(1.5) FOUL(1.3)					
3 # 286 Dino, Mervin	M30 Unattached	6.46m	5.50m	0.5	4
5.17m(1.2) 5.15m(2.9) 4.99m(0.4) 5.01m(1.0) 4.98m(1.5) 5.50m(0.5)					

**M35 Long Jump**

LJ 1  
35 USATF: A 8.50m  
35 WMA: R 8.50m

Name	Age Team	Seed	Finals	Wind	Points
1 # 154 Brown III, Charle	M36 Unattached	7.27m	6.95m	1.2	8
6.67m(1.8) 6.73m(0.8) 6.95m(1.2) 6.60m(0.6) 6.67m(1.1) 6.74m(2.5)					
2 # 681 Leshner, Ted	M36 Unattached	6.08m	5.94m	0.9	6
5.76m(2.2) 5.70m(1.1) 5.94m(0.9) FOUL(1.8) FOUL(2.0) 5.74m(1.3)					

**M40 Long Jump**

LJ 1  
40 USATF: A 6.98m  
40 WMA: R 7.68m

Name	Age Team	Seed	Finals	Wind	Points
1 # 732 Marenin, Roman	M41 Joy's Jackra	6.48m	6.33m	1.9	8
6.33m(1.9) 6.14m(1.2)					
2 # 361 Finley, Ben	M42 Unattached	6.04m	6.03m	NWI	6
FOUL(0.3) 5.69m(0.4) 5.93m(NWI) FOUL(0.6) FOUL(0.2) 6.03m(NWI)					
3 # 600 Jones, Richard	M41 Mental Wealt	5.95m	6.02m	0.9	4
6.02m(0.9) FOUL(1.5) 4.43m(0.7) FOUL(1.0) FOUL(1.5) FOUL(2.1)					

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**. . . . M40 Long Jump**

4 # 674 Layton, Michael M40 Unattached 5.00m 4.92m 1.7 3  
 4.92m(1.7) FOUL(1.0)

**M45 Long Jump**

LJ 1

45 USATF: A 6.49m

45 WMA: R 7.27m

Name	Age Team	Seed	Finals	Wind	Points
1 # 720 Maggit, Quincy	M46 Kitsap Flier	6.04m	6.17m	1.1	8
5.32m(1.1) 6.03m(1.0)	6.17m(1.1) 6.03m(0.5)	5.97m(2.0)			
2 # 1323 Yakoushkin, Dimit	M47 Unattached	6.12m	5.88m	2.1	6
5.55m(1.5) FOUL(1.1)	5.52m(0.5) FOUL(1.4) FOUL(1.6)	5.88m(2.1)			
3 # 1132 Sowell, Alon	M45 Unattached	5.70m	4.96m	0.3	4
4.96m(0.3) 4.80m(0.9)	FOUL(1.5) FOUL(0.3) 4.74m(0.6)	4.62m(3.4)			
4 # 245 Criscuolo, Brian	M49 Unattached		4.33m	0.4	3
4.33m(0.4) FOUL(1.4)	FOUL(1.5) FOUL(0.5) FOUL(0.7)	FOUL(0.7)			

**M50 Long Jump**

LJ 1

50 USATF: A 6.14m

50 WMA: R 6.84m

Name	Age Team	Seed	Finals	Wind	Points
1 # 752 Mathews, Carlos	M51 Tnt Internat	4.97m	5.11m	1.3	8
FOUL(0.7) 4.90m(0.2)	4.92m(1.0) 4.86m(1.0)	5.11m(1.3)	FOUL(0.6)		
2 # 465 Hamilton, Matt	M51 Unattached	5.00m	4.64m	0.4	6
4.18m(1.2) FOUL(1.1)	4.64m(0.4) 4.50m(0.4)	FOUL(1.6)	4.55m(1.0)		
3 # 934 Phan, Derick	M51 So Cal Track Club	4.54m	4.50m	0.3	4
3.44m(0.6) 3.56m(2.1)	3.88m(1.5) 4.07m(+0.0)	4.50m(0.3)	4.33m(0.3)		
4 # 104 Blackman, Joe	M53 So Cal Track Club		4.23m	0.3	3
3.86m(1.0) 4.23m(0.3)	PASS PASS PASS	PASS			
-- # 1182 Talley, Shawn	M51 Unite4		FOUL		
PASS FOUL	FOUL FOUL FOUL	FOUL			

**M55 Long Jump**

LJ 1

55 USATF: A 6.07m

55 WMA: R 6.50m

Name	Age Team	Seed	Finals	Wind	Points
1 # 1030 Rucker Jr., Harol	M56 Unattached	6.11m	5.32m	0.8	8
5.32m(0.8) FOUL(1.2)	5.20m(0.7) 5.32m(+0.0)	FOUL(0.9)	5.17m(0.7)		
2 # 184 Cannon, Phil	M59 Joy's Jackra	5.28m	5.15m	2.3	6
FOUL(0.4) 5.04m(0.5)	5.15m(2.3) 5.12m(1.1)	PASS	4.94m(0.3)		
3 # 1196 Thigpen, Aaron	M59 Unattached		5.08m	1.3	4
5.08m(1.3) FOUL(1.7)	4.94m(0.9) FOUL(1.9)	FOUL(2.0)	4.95m(1.7)		
4 # 1009 Risley, Mike	M55 So Cal Track Club	5.34m	4.81m	1.3	3
4.64m(0.4) 4.72m(1.5)	4.81m(1.3)				

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## M60 Long Jump

LJ 1

USATF: A 5.35m

WMA: R 6.07m

Name	Age Team	Seed	Finals	Wind	Points
1 # 692 *Lindsay, Howard	M60 Antigua and Barbuda		X5.59m	-0.7	
FOUL(-2.0) 5.28m(-0.4) 5.59m(-0.7)	PASS	FOUL(-0.2)	PASS		
2 # 929 Peterson, Gary	M63 Unattached	5.18m	4.98m	+0.0	8
4.89m(-0.1) 4.87m(-1.9) 4.89m(0.4) 4.98m(+0.0) 4.91m(+0.0)			FOUL(0.8)		
3 # 1065 Scissum, Arthur	M63 Unattached	5.18m	4.12m	-0.1	6
4.12m(-0.1) 3.93m(0.4) 3.72m(0.3) 3.71m(-1.6)			FOUL(0.2) FOUL(+0.0)		
4 # 840 Morrow, Art	M60 So Cal Track Club		3.27m	-0.6	4
3.27m(-0.6) 3.27m(-1.4) FOUL(0.2) PASS	PASS	PASS			

## M65 Long Jump

LJ 1

USATF: A 5.19m

WMA: R 5.47m

Name	Age Team	Seed	Finals	Wind	Points
1 # 553 Humphrey, Ronald	M65 Unattached	5.07m	4.67m	-0.2	8
FOUL(-1.1) 4.56m(+0.0) 4.67m(-0.2)	PASS	FOUL(-0.7)	PASS		
2 # 913 Patridge II, Jose	M66 Unattached	4.49m	4.45m	-0.9	6
4.05m(+0.0) 4.45m(-0.9) 4.23m(0.4) 4.35m(-1.1) 4.42m(+0.0) 4.34m(-1.0)					
3 # 697 *Liu, Edwin	M67 Canada	4.32m	X4.44m	-1.0	
4.38m(-0.4) 4.44m(-1.0) 4.43m(-1.7) 4.39m(-2.0)			FOUL(+0.0) FOUL(-0.5)		
4 # 1113 Smith, Joe	M68 Unattached	4.49m	4.36m	0.4	4
4.18m(-1.2) FOUL(-0.8) 4.06m(+0.0) 4.31m(-0.6) 4.36m(0.4) 4.21m(-1.4)					
5 # 875 Niroumand, Mahmoud	M67 Unattached	4.45m	4.28m	-1.8	3
4.25m(+0.0) 4.23m(-2.0) 4.21m(-0.1) 4.28m(-1.8) 4.07m(+0.0)					
6 # 207 Chen, Peter	M66 Unattached	4.81m	3.74m	-0.8	2
3.68m(-0.2) 3.68m(+0.0) 3.62m(-0.6) 3.69m(-0.4) 3.73m(0.4) 3.74m(-0.8)					
7 # 967 Pugliese, Anthony	M65 Greater Phil	4.00m	3.67m	0.5	1
FOUL(+0.0) 3.50m(-0.1) 3.47m(-0.3) 3.67m(0.5) FOUL(+0.0) 3.63m(-0.2)					
8 # 1199 Thomas, Kenneth	M67 Houston Elite	4.30m	3.66m	+0.0	
FOUL(+0.0) FOUL(0.6) 3.66m(+0.0) FOUL(-0.5) 3.32m(0.3)					
9 # 933 Pfeiffer, Bob	M68 Unattached	3.80m	3.43m	+0.0	
FOUL(-1.0) 3.40m(-1.7) 3.43m(+0.0)					
10 # 111 Blythe, Christoph	M67 Unattached	3.75m	3.18m	-1.6	
3.18m(-1.6)					
11 # 715 Lyons, Charles	M69 So Cal Track Club		2.90m	-1.0	
FOUL(0.4) 2.90m(-1.0) 2.82m(0.8)					

## M70 Long Jump

LJ 1

USATF: A 4.57m

WMA: R 5.19m

Name	Age Team	Seed	Finals	Wind	Points
1 # 653 Kuechle, John	M72 Unattached	4.55m	4.52m	+0.0	8
4.39m(0.3) 4.52m(+0.0) FOUL(+0.0) 4.11m(+0.0)	PASS	PASS			
2 # 1247 Vollmer, Larry	M71 Unattached	4.35m	4.50m	0.3	6
4.19m(+0.0) 4.50m(0.3) 4.25m(+0.0) 4.32m(+0.0) 4.39m(-1.0) 4.27m(-0.8)					

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**...M70 Long Jump**

3 # 1152 Stevens, Randall	M70 Portland Mas	5.00m	4.25m	+0.0	4
FOUL(+0.0) 4.25m(+0.0) PASS(+0.0) FOUL(0.5) 4.22m(-0.2) FOUL(+0.0)					
4 # 1104 Siu, Max	M71 SC Striders	4.60m	4.22m	-0.1	3
4.06m(-0.4) 4.17m(-0.2) 4.10m(-0.2) 4.05m(+0.0) 4.22m(-0.1) 4.07m(0.6)					
5 # 675 Leake, Damien	M71 SC Striders	4.75m	4.16m	0.5	2
4.06m(+0.0) 4.16m(+0.5) 4.06m(+0.0) 3.86m(-0.7) PASS PASS					
6 # 1151 Stevens, Jim	M72 So Cal Track Club	4.13m	3.94m	+0.0	1
3.94m(+0.0) 3.85m(+0.0) 3.29m(+0.0) 3.50m(+0.0) 3.76m(-0.5) 3.41m(-0.6)					
7 # 723 Malin, James	M73 SC Striders	3.75m	3.31m	-0.1	
FOUL(+0.0) 3.11m(+0.0) 3.26m(0.5) 3.27m(-0.1) 2.87m(+0.0) 3.31m(-0.1)					
8 # 1211 Tipping, Mike	M71 So Cal Track Club	3.93m	3.22m	-0.7	
FOUL(-0.5) 3.08m(+0.0) 3.15m(0.4) 3.12m(0.4) 3.22m(-0.7) 3.05m(1.7)					
9 # 1100 Singh, Sukhnain	M70 Fresno Flyer	4.00m	2.96m	+0.0	
2.52m(+0.0) 2.77m(+0.0) 2.96m(+0.0)					
10 # 943 Pittman, Patrick	M72 Trojan Masters T.C.	2.89m	2.83m	+0.0	
2.52m(0.5) 2.69m(+0.0) 2.83m(+0.0)					
11 # 1289 Wikkeling, Alfred	M72 Unattached		2.62m	+0.0	
1.61m(0.5) 2.62m(+0.0) 1.39m(+0.0)					

**M75 Long Jump**

=====

LJ 1

USATF: A 4.19m

WMA: R 4.83m

Name	Age Team	Seed	Finals	Wind	Points
=====					
1 # 666 Lapp, Rick	M75 Shore Athletic Club	4.05m	3.98m	-0.6	8
3.90m(+0.0) 3.84m(+0.0) 3.98m(-0.6) 3.80m(-0.5) 3.88m(-0.2)					
2 # 813 Mimm, Gregory	M76 So Cal Track Club		3.81m	+0.0	6
FOUL(+0.0) 3.69m(+0.0) 3.81m(+0.0) FOUL(-0.3) FOUL(+0.0) FOUL(-0.7)					
3 # 910 Parry, Arthur	M78 So Cal Track Club	4.09m	3.57m	+0.0	4
3.57m(+0.0) 3.44m(-0.3) 3.52m(-0.4) 2.96m(+0.0) 3.51m(-0.4) 3.43m(-0.5)					
4 # 103 Black, Ivan	M75 Shore Athletic Club	3.86m	3.56m	-0.3	3
3.05m(+0.0) 3.29m(-0.1) 3.27m(-0.7) 3.46m(-0.2) 3.56m(-0.3) 3.42m(-0.5)					
5 # 160 Bryant, Doug	M75 Unattached		3.52m	+0.0	2
3.52m(+0.0) 3.18m(+0.0) 3.14m(+0.0) FOUL(-0.2) 3.37m(+0.0) FOUL(-0.7)					
6 # 370 Flynn, Daniel	M78 Unattached	3.54m	3.24m	0.2	1
3.17m(+0.0) FOUL(+0.0) FOUL(+0.0) 3.21m(+0.0) 3.12m(+0.0) 3.24m(0.2)					
7 # 369 Flowers II, Carl	M77 So Cal Track Club		2.96m	+0.0	
2.63m(+0.0) 2.96m(+0.0) 2.61m(+0.0) 2.65m(-0.3) 2.80m(0.3) 2.64m(-0.7)					

**M80 Long Jump**

=====

LJ 1

80 USATF: A 3.53m

80 WMA: R 4.45m

Name	Age Team	Seed	Finals	Wind	Points
=====					
1 # 1302 Wilson, Bill	M80 Sierra Gold	3.43m	3.33m	+0.0	8
3.33m(+0.0) 2.85m(1.1) 2.99m(0.8) 3.32m(0.5) 3.18m(0.5) 3.28m(1.1)					
2 # 1028 Rowan, Terry	M83 Empire Runne		3.00m	0.8	6
2.82m(+0.0) 2.76m(0.8) 2.45m(+0.0) 3.00m(0.8) 2.79m(1.1)					
3 # 1119 Snyder, Gary	M80 Mass Velocit	2.90m	2.73m	1.2	4
2.37m(+0.0) 2.73m(1.2) 2.48m(0.7) 2.54m(0.5) 2.55m(+0.0) 2.37m(0.5)					

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**...M80 Long Jump**

4 # 123 Booth, Howard M80 Ann Arbor Tr 2.84m 2.64m 1.2 3  
 2.07m(+0.0) 2.63m(0.8) 2.62m(0.5) 2.64m(1.2) 2.53m(1.2) 2.35m(1.0)

**M85 Long Jump**

LJ 1  
 85 USATF: A 3.26m  
 85 WMA: R 3.83m

Name	Age Team	Seed	Finals	Wind	Points
1 # 86 Bergen, Bert	M86 SC Striders	2.65m	2.39m	2.0	8
2.29m(0.4) 2.12m(0.4) 2.39m(2.0) 2.30m(1.8) 2.26m(0.9) 2.35m(1.1)					
2 # 459 Haines, Forrest	M85 Unattached	1.50m	2.10m	+0.0	6
1.95m(0.2) FOUL(0.2) FOUL(0.9) FOUL(+0.0) 2.10m(+0.0)					
3 # 992 Reiche, Ralph	M86 Unattached		1.69m	1.0	4
1.40m(2.8) 1.36m(-0.9) 1.45m(+0.0) 1.40m(1.2) 1.69m(1.0) 1.54m(0.6)					

**M90 Long Jump**

LJ 1  
 90 USATF: A 2.31m  
 90 WMA: R 3.26m

Name	Age Team	Seed	Finals	Wind	Points
1 # 680 Leis, Donald	M92 Unattached		1.56m	1.2	8
1.24m(2.2) 0.84m(-0.5) 1.51m(0.6) 1.56m(1.2) 1.54m(0.2) 1.46m(+0.0)					

**W25-29 Triple Jump**

LJ 2

Name	Age Team	Seed	Finals	Wind	Points
1 # 1235 Van Den Top, Rach	W27 So Cal Track Club		6.44m	1.9	8
5.41m(+0.0) 6.04m(-0.2) 6.06m(2.9) 6.44m(1.9) 6.08m(0.4)					

**W35 Triple Jump**

LJ 2  
 35 USATF: A 13.44m  
 35 WMA: R 14.73m

Name	Age Team	Seed	Finals	Wind	Points
1 # 1040 Sanner, Breanna	W35 Unattached		12.21m	1.6	8
12.06m(0.9) 12.16m(0.3) 12.05m(-1.2) 12.21m(1.6) 12.04m(0.7) 12.15m(1.3)					
2 # 401 Gentry, Teanna	W39 Lakeside TC	9.23m	9.34m	-0.8	6
9.34m(-0.8) 8.54m(-0.1) 8.88m(0.7) 8.51m(2.4)					

**W40 Triple Jump**

LJ 2  
 40 USATF: A 11.38m  
 40 WMA: R 14.06m

Name	Age Team	Seed	Finals	Wind	Points
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**....W40 Triple Jump**

1 #	866 *Newington, Dash	W40 Australia	11.13m	X10.42m	2.4	
	9.57m(1.6) FOUL(1.5) 9.91m(0.3) 9.73m(2.2) 10.16m(1.0) 10.42m(2.4)					
2 #	1086 Short, Latesha	W43 Success Perf	8.79m	9.47m	1.4	8
	8.21m(-1.0) 8.74m(+0.0) 8.84m(-1.3) 9.36m(3.5) 9.28m(1.6) 9.47m(1.4)					

**W45 Triple Jump**

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LJ 2
 45 USATF: A 10.80m
 45 WMA: R 12.30m
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Name	Age	Team	Seed	Finals	Wind	Points
1 # 749 Mason, Pamela	W46	Unattached	7.09m	7.35m	1.1	8
7.00m(1.5) 7.09m(-0.3) 6.93m(0.9) 7.22m(2.4) FOUL(0.9) 7.35m(1.1)						
2 # 482 Harris, Cassandra	W46	Atlanta Track Club	7.96m	6.82m	-0.4	6
6.35m(0.7) 6.32m(-1.4) 6.82m(-0.4)						
3 # 921 Perales, Kim	W49	Unattached	6.90m	6.57m	1.7	4
6.49m(1.8) 6.57m(1.7) 6.55m(3.0) 5.72m(0.3) PASS 5.80m(1.9)						

**W50 Triple Jump**

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LJ 2
 50 USATF: A 10.49m
 50 WMA: R 11.66m
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Name	Age	Team	Seed	Finals	Wind	Points
1 # 941 Pinne, Marija	W50	Unattached	10.38m	10.19m	2.8	8
10.19m(2.8) 9.77m(+0.0) 10.01m(+0.0) 10.09m(0.9) 10.00m(-0.3) 9.84m(0.6)						
2 # 563 Inks, Melinda	W53	Amp Up Sport	5.00m	4.73m	2.1	6
FOUL(1.2) 4.12m(+0.0) 4.26m(1.3) 4.16m(2.0) 4.56m(0.9) 4.73m(2.1)						

**W55 Triple Jump**

```
LJ 2
 55 USATF: A 10.49m
 55 WMA: R 10.97m
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Name	Age	Team	Seed	Finals	Wind	Points
1 # 67 Battle, Tracey	W57	Unattached		9.00m	1.4	8
8.84m(0.6) 8.95m(0.8) FOUL(-1.2) 8.85m(1.1) 9.00m(1.4) 8.97m(1.4)						
2 # 433 Gray, Juaquita	W59	SC Striders	8.32m	8.33m	2.3	6
6.41m(+0.0) 7.72m(-0.5) 7.74m(2.2) 8.00m(1.0) 8.17m(3.0) 8.33m(2.3)						
3 # 1213 Tolman, Penny	W56	Athletics Ea	7.92m	7.33m	3.0	4
7.10m(-2.1) 7.33m(3.0) 6.81m(1.9) 7.09m(2.1) FOUL(0.5) 7.06m(1.8)						
4 # 1110 Smith, Danni	W57	Success Perf		6.93m	-0.3	3
FOUL(0.3) FOUL(+0.0) FOUL(0.3) 6.93m(-0.3) FOUL(+0.0) PASS						
5 # 1248 Vollweiler, Jill	W56	So Cal Track Club	4.46m	3.35m	1.9	2
3.30m(0.7) 3.31m(+0.0) 3.16m(-0.2) 3.15m(-2.5) 3.25m(+0.0) 3.35m(1.9)						

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**W60 Triple Jump**

LJ 2  
 60 USATF: A 9.63m  
 60 WMA: R 11.04m

Name	Age Team	Seed	Finals	Wind	Points
1 # 575 Jakstiene, Nering	W60 Unattached	10.40m	10.17mA	0.9	8
9.81m(+0.4) 9.71m(-0.5) 9.86m(3.3) 9.91m(1.1) 10.05m(0.5) 10.17m(0.9)					
2 # 1249 von Winckelmann,	W64 SC Striders	7.82m	7.06m	2.1	6
6.78m(-1.0) 6.95m(-0.5) 7.06m(2.1) 6.97m(1.2) 7.01m(1.1) 6.86m(1.8)					
3 # 594 Jones, Jennifer	W63 SC Striders	6.18m	6.61m	0.8	4
6.42m(-0.3) 6.45m(-0.8) 6.31m(1.7) 6.61m(0.8)					
4 # 590 Johnson, Terah	W63 So Cal Track Club		5.94m	1.2	3
FOUL(3.1) 5.51m(0.4) 5.76m(1.8) 5.94m(1.2) 5.43m(0.4) PASS					

**W65 Triple Jump**

LJ 2  
 65 USATF: A 8.53m  
 65 WMA: R 9.81m

Name	Age Team	Seed	Finals	Wind	Points
1 # 97 Bieber, Debra	W66 So Cal Track Club	5.38m	5.12m	-0.7	8
5.06m(+0.0) 5.06m(+0.0) 4.89m(+0.0) 4.64m(+0.0) 5.12m(-0.7) 5.00m(-1.0)					
2 # 1190 Tefft, Jan	W66 So Cal Track Club		5.05m	-0.9	6
3.54m(+0.0) 4.10m(+0.0) 3.84m(1.4) FOUL(+0.0) 4.81m(+0.0) 5.05m(-0.9)					
3 # 678 Lee, Debbie	W67 So Cal Track Club		3.23m	0.1	4
FOUL(+0.0) FOUL(1.1) 2.61m(+0.0) FOUL(+0.0) 3.23m(0.1) 2.80m(-0.8)					

**W70 Triple Jump**

LJ 2  
 70 USATF: A 8.35m  
 70 WMA: R 8.98m

Name	Age Team	Seed	Finals	Wind	Points
1 # 218 Cohn, Linda	W71 SC Striders	7.48m	7.08m	+0.0	8
6.72m(1.1) 6.97m(0.3) 7.08m(+0.0) 6.85m(+0.0)					
2 # 705 Lowery, Linda	W72 Unattached	7.30m	6.65m	0.9	6
6.40m(+0.0) 6.65m(0.9) 6.56m(0.3) 6.32m(+0.0) 6.17m(-0.7) 6.37m(+0.0)					

**W75 Triple Jump**

LJ 2  
 75 USATF: A 7.43m  
 75 WMA: R 8.19m

Name	Age Team	Seed	Finals	Wind	Points
1 # 371 Flynn, Joy	W77 SC Striders	7.11m	5.87m	-0.7	8
5.77m(+0.0) 5.63m(0.6) 5.78m(1.0) 5.17m(-1.0) 5.87m(-0.7)					
2 # 1222 Trotto, Mary	W77 Tnt Internat		4.07m	+0.0	6
4.07m(+0.0) 3.94m(0.9) 3.84m(+0.0)					

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**W85 Triple Jump**

LJ 2  
85 USATF: A 5.20m  
85 WMA: R 6.62m

Name	Age Team	Seed	Finals	Wind	Points
1 # 296 Donley, Christel	W89 Unattached	4.23m	4.03m	-0.4	8
3.61m(+0.0) 3.63m(+0.0) 3.97m(-0.5) 4.03m(-0.4)					

**W90 Triple Jump**

LJ 2  
90 USATF: A 3.07m  
90 WMA: R 4.25m

Name	Age Team	Seed	Finals	Wind	Points
1 # 799 Meiler, Florence	W90 Unattached		4.21mA	0.3	8
4.16m(+0.0) 3.45m(+0.0) 4.21m(0.3) 4.13m(-0.8) FOUL(-0.7)					

**M25-29 Triple Jump**

LJ 2

Name	Age Team	Seed	Finals	Wind	Points
1 # 1227 Turner, Michael	M29 Unattached	12.38m	12.80m	NWI	8
12.19m(NWI) 12.55m(NWI) 12.80m(NWI) 10.81m(NWI) 12.33m(NWI) 12.40m(NWI)					

**M30 Triple Jump**

LJ 2

Name	Age Team	Seed	Finals	Wind	Points
1 # 1144 Staniszewski, Kev	M30 Joy's Jackra	13.82m	12.87m	NWI	8
12.44m(NWI) 12.63m(NWI) 12.82m(NWI) 12.87m(NWI)					
2 # 476 Harley, Quinton	M33 Unattached	12.50m	12.31m	NWI	6
11.95m(NWI) 11.80m(NWI) 11.62m(NWI) 12.08m(NWI) 11.12m(NWI) 12.31m(NWI)					

**M35 Triple Jump**

LJ 2  
35 USATF: A 16.95m  
35 WMA: R 17.92m

Name	Age Team	Seed	Finals	Wind	Points
1 # 681 Leshner, Ted	M36 Unattached	12.94m	12.51m	NWI	8
12.25m(NWI) 12.18m(NWI) 12.51m(NWI) 12.49m(NWI)					
2 # 432 Gray, Joshua	M35 Unattached	11.80m	11.15m	NWI	6
11.15m(NWI) PASS 10.10m(NWI)					

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LJ 2

40 USATF: A 16.58m

40 WMA: R 16.93m

Name	Age Team	Seed	Finals	Wind	Points
1 # 351 Farkas, Andras	M43 Unattached	12.35m	12.67m	-1.7	8
12.28m(-0.2) 12.39m(-1.3) 12.28m(-1.1) 12.57m(-0.9) 12.67m(-1.7) FOUL(0.2)					
2 # 1116 Smith Jr., Curtis	M43 Potomac Vall	12.50m	11.77m	NWI	6
11.44m(NWI) 11.60m(NWI) 11.65m(NWI) 11.63m(NWI) 11.77m(NWI)					
3 # 600 Jones, Richard	M41 Mental Wealt	12.02m	11.50m	-1.6	4
FOUL(+0.0) 10.85m(-0.6) 10.55m(-0.7) 10.68m(-1.5) 10.57m(-1.4) 11.50m(-1.6)					

**M45 Triple Jump**

LJ 2

45 USATF: A 14.64m

45 WMA: R 15.13m

Name	Age Team	Seed	Finals	Wind	Points
1 # 899 Owen, Ryan	M45 Unattached	10.15m	10.68m	+0.0	8
9.79m(-0.2) 9.44m(+0.0) 10.68m(+0.0) 9.74m(0.3) 9.56m(+0.0) 9.79m(+0.0)					

**M50 Triple Jump**

LJ 2

50 USATF: A 14.00m

50 WMA: R 14.44m

Name	Age Team	Seed	Finals	Wind	Points
3 # 349 Fan, Qingxue	M51 Unattached	10.50m	10.38m	-0.7	8
10.33m(-0.7) 10.38m(-0.7) 10.00m(0.3) PASS 10.26m(+0.0) 10.28m(0.7)					
4 # 752 Mathews, Carlos	M51 Tnt Internat		10.20m	0.4	6
9.87m(+0.0) 9.77m(-1.0) 10.16m(-1.1) 9.93m(-1.0) FOUL(-0.3) 10.20m(0.4)					
5 # 934 Phan, Derick	M51 So Cal Track Club	9.04m	9.00m	-0.3	4
7.86m(-0.7) 8.47m(-0.7) 8.14m(+0.0) 8.68m(-1.0) 8.85m(+0.0) 9.00m(-0.3)					
6 # 104 Blackman, Joe	M53 So Cal Track Club		8.07m	-0.7	3
FOUL(-0.6) 8.07m(-0.7) PASS PASS PASS PASS					

**M55 Triple Jump**

LJ 2

55 USATF: A 13.36m

55 WMA: R 14.13m

Name	Age Team	Seed	Finals	Wind	Points
2 # 184 Cannon, Phil	M59 Joy's Jackra	11.25m	10.40m	+0.0	8
10.20m(+0.0) 10.04m(-1.0) FOUL(+0.0) FOUL(-0.4) 10.29m(-0.6) 10.40m(+0.0)					

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**M60 Triple Jump**

LJ 2

60 USATF: A 12.51m

60 WMA: R 12.82m

Name	Age Team	Seed	Finals	Wind	Points
1 # 834 *Moran Jr., Cesar	M61 Peru	10.23m	X10.28m	-0.4	
			9.73m(-0.7) 10.28m(-0.4) 9.73m(-2.2) 9.47m(-2.4) 9.64m(-1.7)		
2 # 1109 Smith, Christophe	M62 Unattached		8.56m	-0.1	8
			PASS 8.56m(-0.1) PASS		
3 # 587 Johnson, Eric	M63 So Cal Track Club		6.60m	-0.5	6
			6.47m(-1.6) 6.60m(-0.5) 6.12m(-1.3) 6.08m(-1.5)		
4 # 840 Morrow, Art	M60 So Cal Track Club		5.86m	-0.9	4
			FOUL(-0.8) FOUL(-0.9) 5.75m(-1.9) 5.85m(-0.5) 5.86m(-0.9) 5.45m(-0.3)		

**M65 Triple Jump**

LJ 2

65 USATF: A 10.84m

65 WMA: R 11.94m

Name	Age Team	Seed	Finals	Wind	Points
1 # 52 Banks, Willie	M68 Unattached		10.98mA	-1.5	8
			10.78m(+0.0) 10.98m(-1.5) 10.52m(-0.9) PASS PASS PASS		
2 # 875 Niroumand, Mahmou	M67 Unattached	9.57m	9.66m	+0.0	6
			9.51m(-0.8) 9.55m(-1.6) 9.66m(+0.0) 9.61m(-1.7) FOUL(0.7) PASS		
3 # 1113 Smith, Joe	M68 Unattached		9.51m	-1.5	4
			9.02m(-0.9) FOUL(-1.0) 9.02m(-0.8) 9.51m(-1.5) FOUL(-0.6) FOUL(-1.7)		
4 # 697 *Liu, Edwin	M67 Canada	9.25m	X8.97m	-0.6	
			8.35m(-1.8) 8.62m(-1.9) 8.84m(-0.4) 8.54m(-0.6) 8.74m(0.5) 8.97m(-0.6)		
5 # 270 Davison, Jeffery	M66 So Cal Track Club	7.07m	7.27m	-1.8	3
			7.27m(-1.8) 6.86m(-1.9) 7.19m(-0.4) 7.03m(-0.6) PASS(-0.5) PASS(-0.6)		

**M70 Triple Jump**

LJ 2

70 USATF: A 10.18m

70 WMA: R 10.76m

Name	Age Team	Seed	Finals	Wind	Points
1 # 1118 Snow, Steven	M70 Mass Velocit	8.98m	8.81m	-0.9	8
			8.09m(-0.8) 8.36m(0.3) 8.81m(-0.9) FOUL(-1.4) 7.87m(-1.4)		
2 # 1104 Siu, Max	M71 SC Striders	9.00m	8.35m	-1.6	6
			8.25m(-0.8) 8.11m(-1.8) 8.35m(-1.6) 8.18m(-2.0) 7.80m(-1.1)		
3 # 1151 Stevens, Jim	M72 So Cal Track Club	7.97m	8.19m	-0.6	4
			7.68m(-1.6) 7.38m(-1.2) 8.19m(-0.6) 7.78m(-0.8) 7.51m(-0.6) 7.48m(2.0)		
4 # 1100 Singh, Sukhnain	M70 Fresno Flyer	7.50m	7.05m	-1.0	3
			7.05m(-1.0) 6.79m(-1.0) 6.55m(-2.1)		
5 # 1211 Tipping, Mike	M71 So Cal Track Club	7.75m	6.93m	-0.9	2
			6.48m(-0.4) 6.80m(-1.1) 6.71m(-2.0) 6.93m(-0.9) 6.83m(+0.0) 6.78m(-0.9)		
6 # 786 McGraw, Mike	M70 Unattached	7.43m	6.64m	-1.4	1
			6.64m(-1.4) 6.52m(-0.6) 6.58m(-2.7) FOUL(-1.8)		

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M75 Triple Jump

LJ 2

75 USATF: A 9.30m

75 WMA: R 10.10m

Name	Age	Team	Seed	Finals	Wind	Points
1 # 813 Mimm, Gregory	M76	So Cal Track Club		7.87m	-2.3	8
FOUL(-1.2) 6.31m(-1.0) 7.76m(-0.8) 7.87m(NWI) 7.86m(-0.6) 7.87m(-2.3)						
2 # 103 Black, Ivan	M75	Shore Athletic Club	8.74m	7.85m	-0.6	6
7.04m(-1.3) 7.46m(-0.2) 7.65m(-1.7) 7.71m(-0.5) 7.73m(-0.9) 7.85m(-0.6)						
3 # 910 Parry, Arthur	M78	So Cal Track Club	8.09m	7.50m	-2.0	4
FOUL(-1.4) 7.46m(-1.1) 7.47m(-0.4) FOUL(-1.4) 7.50m(-2.0) 7.29m(-1.1)						
4 # 369 Flowers II, Carl	M77	So Cal Track Club		6.88m	-0.6	3
6.88m(-0.6) FOUL(-0.7) 6.66m(-1.3) 6.73m(-1.1) 6.66m(-1.0) 6.73m(-1.8)						
5 # 397 *Gast, Monte	M76	Canada	6.90m	X6.41m	-0.5	
5.88m(-1.5) 5.81m(-1.9) 6.17m(-1.4) 6.15m(-2.1) 6.41m(-0.5) 5.74m(-1.1)						
6 # 370 Flynn, Daniel	M78	Unattached	6.51m	6.16m	-1.6	2
6.00m(-0.9) 6.13m(-1.3) 6.09m(-0.5) 5.81m(-0.4) 6.16m(-1.6) 5.74m(-1.1)						
7 # 1007 Rink, Larry	M75	So Cal Track Club		5.75m	-2.0	1
5.49m(-1.9) 5.75m(-2.0) 5.69m(-2.9)						

M80 Triple Jump

LJ 2

80 USATF: A 8.34m

80 WMA: R 9.29m

Name	Age	Team	Seed	Finals	Wind	Points
1 # 1302 Wilson, Bill	M80	Sierra Gold	7.45m	7.48m	1.7	8
7.11m(-0.2) 7.46m(+0.0) 7.28m(+0.0) 7.13m(0.3) 7.48m(1.7) 7.38m(-0.5)						
2 # 123 Booth, Howard	M80	Ann Arbor Tr	6.31m	6.05m	-0.5	6
5.57m(+0.0) 5.92m(0.8) 6.05m(-0.5) FOUL(0.8) 5.94m(1.1) 5.97m(0.4)						
3 # 1234 Valenzuela, Maxie	M83	Unattached		5.13m	0.5	4
FOUL(-0.4) FOUL(1.2) 5.05m(-0.6) 5.13m(0.5) FOUL(1.2) FOUL(+0.0)						
4 # 670 LaVallee, William	M83	Bay Area Tra		3.15m	1.7	3
3.15m(1.7)						

M85 Triple Jump

LJ 2

85 USATF: A 7.78m

85 WMA: R 8.17m

Name	Age	Team	Seed	Finals	Wind	Points
1 # 918 Paulen, Robert	M87	Potomac Vall	5.50m	5.68m	1.8	8
5.59m(-1.0) 5.54m(-0.1) 5.68m(1.8) 5.67m(0.9) 5.20m(+0.0) 5.45m(+0.0)						
2 # 86 Bergen, Bert	M86	SC Striders	5.65m	5.52m	0.6	6
5.21m(-0.1) FOUL(0.8) PASS(0.8) 5.52m(0.6) FOUL(1.2) 5.36m(+0.0)						
3 # 459 Haines, Forrest	M85	Unattached	2.00m	4.72m	-0.1	4
PASS 4.72m(-0.1) FOUL(1.2) FOUL(0.5) FOUL(0.3) 3.91m(1.2)						
4 # 992 Reiche, Ralph	M86	Unattached		3.25m	+0.0	3
3.25m(+0.0) FOUL(0.7) 3.08m(+0.0)						

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Name	Age Team	Seed	Finals	Points
1 # 1235 Van Den Top, Rach	W27 So Cal Track Club		11.56m	8
10.87m 10.94m 11.02m FOUL 11.56m 10.84m				

**W30 Shot Put**

Name	Age Team	Seed	Finals	Points
2 # 323 Ecker, Jess	W34 Unattached		10.92m	8
10.67m 10.84m 10.72m 10.92m 10.73m 10.56m				

**W35 Shot Put**

35 USATF: A 17.72m				
35 WMA: R 21.46m				
Name	Age Team	Seed	Finals	Points
3 # 1307 Wonchalk, Lindsey	W39 Unattached	9.70m	10.09m	8
9.26m FOUL FOUL FOUL 10.09m 9.70m				
4 # 438 Greer, Ashley	W35 Unattached	10.30m	9.92m	6
9.92m 9.59m 9.62m 9.83m 9.02m 9.29m				

**W40 Shot Put**

40 USATF: A 15.09m				
40 WMA: R 19.05m				
Name	Age Team	Seed	Finals	Points
1 # 650 Kovats, Diane	W42 Legacy Track	11.08m	10.06m	8
9.20m 9.86m 9.70m 9.72m 9.51m 10.06m				
2 # 625 Kelly, Nicole	W43 Unattached		9.94m	6
8.76m 8.89m 9.16m 9.05m 9.24m 9.94m				
3 # 1006 Rinehart, Miranda	W43 Amp Up Sport	8.98m	8.43m	4
8.43m 8.01m 8.02m 8.34m 8.07m 8.17m				
4 # 60 Barnhart, Rachael	W40 Amp Up Sport		8.28m	3
7.40m 7.81m FOUL 7.30m 7.57m 8.28m				
5 # 405 Gibb-Gabriel, Adj	W44 Joy's Jackra	7.48m	7.66m	2
7.66m 7.60m 6.84m 7.51m 6.77m 7.39m				
6 # 1256 Wana, Blair	W41 Gys Track Club		7.59m	1
7.08m 7.59m 7.49m 7.51m 7.53m 7.35m				

**W45 Shot Put**

45 USATF: A 14.50m				
45 WMA: R 16.95m				
Name	Age Team	Seed	Finals	Points
1 # 503 Herzner, Angela	W49 AZ Desert Throwers	12.70m	12.78m	8
12.78m FOUL 12.02m 12.20m 12.37m FOUL				
2 # 463 Hamay, Marie	W45 Unattached	9.25m	9.86m	6
PASS 7.83m 9.86m 8.59m 8.27m 7.80m				
3 # 219 Colby, Stephanie	W46 Potomac Vall	8.20m	8.04m	4
7.72m 8.04m 6.88m 7.33m 7.44m 7.07m				

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4 #	707 Luedke, Lace	W48 Unattached		7.92m	7.08m	3
	PASS FOUL FOUL FOUL		7.02m	7.08m		

**W50 Shot Put**

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50 USATF: A 14.65m

50 WMA: R 15.15m

Name	Age Team	Seed	Finals	Points
1 # 855 Muse, Crystal	W52 Unattached	13.00m	12.88m	8
	12.04m 12.88m FOUL 12.71m FOUL 12.48m			
2 # 45 Baird, Marsha	W50 Unattached	11.00m	12.17m	6
	11.02m 11.53m 11.45m 11.54m 11.59m 12.17m			
3 # 1250 Wadley, Talise	W50 Zephyrs Track Club		10.40m	4
	9.70m 9.89m 9.77m 9.75m FOUL 10.40m			
4 # 248 Culver, Amy	W53 Unattached	8.00m	8.63m	3
	8.46m 8.39m 8.40m 8.63m 8.23m 8.56m			
5 # 1241 Vick, Angela	W54 Unattached	8.64m	8.51m	2
	7.14m 8.18m FOUL 7.51m 7.53m 8.51m			
6 # 110 Blumhagen, Michel	W54 Gys Track Club		4.73m	1
	4.72m 4.36m 3.97m 4.17m 4.73m 4.25m			

**W55 Shot Put**

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55 USATF: A 13.27m

55 WMA: R 14.47m

Name	Age Team	Seed	Finals	Points
1 # 1055 Schimek, Durelle	W56 Sierra Gold		9.48m	8
	FOUL FOUL 9.48m FOUL FOUL FOUL			
2 # 1240 Vernor, Kim	W55 Texas Throwers Club	9.31m	9.37m	6
	9.18m 9.29m 9.37m 8.86m 8.75m 9.29m			
3 # 1185 Tarr, Kathleen	W55 San Francisc	9.23m	8.58m	4
	8.36m 8.53m 8.58m 8.49m 8.43m 8.48m			
4 # 854 Murray, Ursula	W55 Sierra Gold	8.26m	7.77m	3
	7.77m 7.41m 7.65m 7.47m 7.60m 7.11m			
5 # 1178 Swingle, Jody	W59 Amp Up Sport		6.48m	2
	6.48m 5.71m 5.92m 5.68m 6.24m 6.26m			
6 # 831 Moore, Yolonda	W56 Unattached		5.31m	1
	4.54m 4.73m 4.81m 4.89m 4.90m 5.31m			

**W60 Shot Put**

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USATF: A 12.58m

WMA: R 13.68m

Name	Age Team	Seed	Finals	Points
1 # 673 Lawson, Shawn	W60 Unattached		11.34m	8
	10.52m 10.54m 10.67m 11.34m 10.70m 10.38m			
2 # 74 Beard, Donna	W60 SC Striders	10.93m	10.85m	6
	10.79m 9.68m 10.79m 10.85m 10.45m 10.34m			
3 # 877 Noguez, Alissa	W61 Unattached	10.11m	9.98m	4
	9.97m 9.05m 9.07m 8.94m 9.78m 9.98m			
4 # 679 Lee, Suzette	W60 SC Striders	8.39m	8.98m	3
	8.77m 8.88m 8.98m 8.88m FOUL 8.34m			

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**...W60 Shot Put**

5 #	623 Kelly, Linda	W64 Unattached	7.93m	2	
	7.02m 7.30m 7.93m 6.88m 6.43m 7.32m				
6 #	1249 von Winckelmann,	W64 SC Striders	8.04m	7.47m	1
	7.32m 7.09m 7.26m 7.12m 7.04m 7.47m				
7 #	519 Hixon, Vivian	W60 Atlanta Track Club	7.39m		
	7.13m 7.39m 7.17m 5.72m 7.17m 7.02m				
8 #	1045 Saul, Karen	W62 Amp Up Sport	7.33m		
	FOUL 6.78m 5.92m 6.75m 6.68m 7.33m				
9 #	1050 Scanlon, Heather	W61 Philadelphia	6.62m		
	6.62m 6.31m 6.33m				

**W65 Shot Put**

65 USATF: A 11.31m  
 65 WMA: R 13.36m

Name	Age Team	Seed	Finals	Points
1 # 627 Kendall, Monica	W68 Unattached	11.11m	10.71m	8
	10.71m 10.37m 10.15m 10.24m 10.15m 10.00m			
2 # 362 Finsrud, Carol	W67 Texas Throwers Club	9.60m	9.88m	6
	9.68m 8.72m 9.88m FOUL 9.55m FOUL			
3 # 1068 Scott, Sandra	W67 Unattached		9.15m	4
	8.56m 8.60m FOUL 8.08m 8.77m 9.15m			
4 # 316 Dunton, Linn	W67 SC Striders		9.07m	3
	8.75m 8.88m 9.07m 9.07m 8.85m 8.97m			
6 # 462 Hallen, Susan	W67 Chicagoland	8.73m	8.42m	2
	7.94m 7.68m 8.42m 7.79m 7.49m 7.87m			
8 # 915 Patterson, Linda	W69 Unattached	9.00m	7.22m	1
	6.84m 6.75m 7.22m 7.11m 6.89m 7.09m			
9 # 1273 Welding, Ruth	W68 Chicagoland	7.64m	6.51m	
	6.35m 6.20m 6.26m 6.09m 6.04m 6.51m			
10 # 97 Bieber, Debra	W66 So Cal Track Club		6.30m	
	6.28m 5.93m 5.89m 6.30m 5.78m 5.89m			
13 # 365 Flagg, Nancy	W67 Sierra Gold	4.53m	4.78m	
	4.53m 4.78m 4.71m			
14 # 858 Myers, Helene	W69 Potomac Vall	4.04m	3.71m	
	3.71m 3.48m 3.39m			

**W70 Shot Put**

70 USATF: A 10.27m  
 70 WMA: R 11.02m

Name	Age Team	Seed	Finals	Points
5 # 218 Cohn, Linda	W71 SC Striders	8.64m	8.56m	8
	7.37m 8.06m 7.79m 7.99m 8.56m PASS			
7 # 504 *Hessel, Laura	W71 Canada	8.97m	X8.28m	
	7.88m 8.01m 7.97m 8.28m 8.25m 7.96m			
11 # 1106 Slouber, Katherin	W73 Sierra Gold	5.95m	6.09m	6
	6.01m 6.05m 5.87m 6.05m 6.09m 6.02m			
12 # 47 Baker, Patricia	W73 Sierra Gold	5.00m	5.78m	4
	5.46m 5.46m 5.78m 5.46m 5.38m PASS			

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**W75 Shot Put**

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75 USATF: A 9.26m  
 75 WMA: R 12.12m

Name	Age Team	Seed	Finals	Points
1 # 802 Mensey, Myrle	W75 Throwing and	10.07m	9.42mA	8
9.12m 9.31m FOUL 9.04m FOUL 9.42m				
2 # 1222 Trotto, Mary	W77 Tnt Internat		6.98m	6
6.53m 6.45m 6.98m 6.92m PASS PASS				

**W80 Shot Put**

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80 USATF: A 9.41m  
 80 WMA: R 10.67m

Name	Age Team	Seed	Finals	Points
1 # 975 Radle, Catherine	W80 Atlanta Track Club	7.41m	6.39m	8
5.40m 5.70m 6.01m 6.39m 5.68m 5.35m				
2 # 515 Hinshaw, Virginia	W80 Hawaii Maste	5.20m	5.06m	6
4.78m 4.83m 5.06m 5.01m 4.96m 4.54m				
3 # 446 Guardino, Louise	W83 Unattached	5.20m	4.62m	4
3.71m 4.25m 4.51m 4.26m 4.62m 4.62m				
4 # 1141 Staab, Angela	W81 Tnt Internat	4.34m	4.53m	3
3.71m 3.91m 4.24m 4.03m 3.77m 4.53m				

**W85 Shot Put**

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85 USATF: A 7.72m  
 85 WMA: R 8.93m

Name	Age Team	Seed	Finals	Points
1 # 901 Padia, Elsbeth	W86 Unattached	7.72m	7.05m	8
6.73m 6.92m 7.05m 6.53m 6.38m 6.40m				
2 # 737 Marriott, Joanne	W85 Unattached		4.86m	6
4.12m 4.56m 4.15m 4.86m 4.19m 4.75m				
3 # 296 Donley, Christel	W89 Unattached		4.65m	4
4.34m 4.32m FOUL 4.65m 4.47m FOUL				

**W90 Shot Put**

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90 USATF: A 5.73m  
 90 WMA: R 6.58m

Name	Age Team	Seed	Finals	Points
1 # 799 Meiler, Florence	W90 Unattached		5.00m	8
4.59m 4.94m 4.84m 5.00m 4.95m PASS				

**M25-29 Shot Put**

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Shot Put 1

Name	Age Team	Seed	Finals	Points
1 # 337 Elwell, Michael	M28 Unattached		8.90m	8
7.92m 8.90m 7.95m 8.47m 8.15m 8.02m				

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M35 Shot Put

Shot Put 1

35 USATF: A 22.19m

35 WMA: R 22.19m

Name	Age Team	Seed	Finals	Points
1 # 1096 Sinclair, Rob	M35 Pony Express	12.50m	12.03m	8
FOUL 11.03m 12.03m	FOUL 11.77m FOUL			

M40 Shot Put

Shot Put 1

40 USATF: A 21.41m

40 WMA: R 21.41m

Name	Age Team	Seed	Finals	Points
1 # 578 Jeffrey III, Josh	M41 Unattached	14.22m	13.14m	8
13.14m FOUL FOUL FOUL	11.88m 12.24m			
2 # 351 Farkas, Andras	M43 Unattached	11.64m	11.00m	6
10.72m 10.85m 10.69m	11.00m FOUL 10.07m			
3 # 674 Layton, Michael	M40 Unattached	10.00m	9.87m	4
9.57m 9.81m FOUL	9.87m 9.36m FOUL			

M45 Shot Put

Shot Put 1

45 USATF: A 16.83m

45 WMA: R 20.77m

Name	Age Team	Seed	Finals	Points
1 # 1003 Rieger Jr., Marti	M49 Potomac Vall	12.34m	11.96m	8
11.39m 11.96m 11.76m	11.78m 11.83m 10.67m			
2 # 70 Bays, Zacharry	M49 Unattached	11.19m	10.94m	6
10.49m 10.94m 10.51m	10.48m 10.34m 10.76m			
3 # 185 Cantrell, Andy	M46 Unattached	10.52m	9.94m	4
FOUL 9.64m 8.69m	9.94m FOUL 9.26m			
4 # 192 Carter, Kurt	M46 Freedom - GR	10.05m	9.69m	3
8.73m 9.69m 9.17m	9.41m 9.00m 9.66m			

M50 Shot Put

Shot Put 1

USATF: A 17.08m

WMA: R 18.63m

Name	Age Team	Seed	Finals	Points
1 # 176 Callister, Alex	M52 Unattached	13.48m	12.79m	8
11.36m 12.19m 12.28m	12.36m 12.79m 12.47m			
2 # 424 Grace, Josh	M53 Unattached	11.09m	11.52m	6
11.35m 11.52m FOUL	11.42m 11.17m FOUL			
3 # 2 Accad Jr., Cleofr	M50 Potomac Vall		10.88m	4
10.71m 10.61m 10.25m	FOUL 10.88m FOUL			
4 # 10 Ali, Mohamed	M54 Tnt Internat	10.74m	10.48m	3
10.39m FOUL 10.28m	FOUL 10.16m 10.48m			
5 # 249 Culver, Brent	M53 Unattached	9.30m	9.01m	2
7.57m 8.35m 8.41m	9.01m FOUL FOUL			

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....M50 Shot Put

6 # 364 Fitzgerald, Sam M54 Unattached 8.57m 1
7.97m 8.37m 8.23m FOUL FOUL 8.57m

M55 Shot Put

Shot Put 1

USATF: A 16.54m

WMA: R 17.38m

Table with columns: Name, Age Team, Seed, Finals, Points. Contains results for M55 Shot Put.

M60 Shot Put

Shot Put 1

USATF: A 17.38m

WMA: R 18.37m

Table with columns: Name, Age Team, Seed, Finals, Points. Contains results for M60 Shot Put.

M65 Shot Put

Shot Put 1

USATF: A 16.66m

WMA: R 16.66m

Table with columns: Name, Age Team, Seed, Finals, Points. Contains results for M65 Shot Put.

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**....M65 Shot Put**

1 #	527 Holden, Greg	M66 So Cal Track Club	13.00m	12.75m	8
	10.82m 11.71m 12.50m	11.90m 12.75m 12.70m			
2 #	27 Arello Jr., Rober	M65 Throws and J	13.30m	12.56m	6
	11.18m 12.11m FOUL	12.33m 12.34m 12.56m			
3 #	865 Nespoli, John	M69 Unattached	12.40m	12.09m	4
	10.70m 11.29m 12.09m	11.49m 11.78m 11.14m			
4 #	191 Carr, Bob	M65 Unattached		11.91m	3
	10.46m FOUL 11.85m	11.47m 11.91m 11.66m			
5 #	715 Lyons, Charles	M69 So Cal Track Club		9.18m	2
	8.91m 9.15m 8.65m	8.97m 9.18m 8.72m			

**M70 Shot Put**

Shot Put 2

70 USATF: A 16.33m

70 WMA: R 16.33m

Name	Age Team	Seed	Finals	Points
1 # 1216 Torbert, Quenton	M72 So Cal Track Club	14.00m	15.25m	8
	15.03m FOUL 14.84m	14.15m FOUL 15.25m		
2 # 852 *Murray, Gavin	M70 Australia	12.54m	X11.88m	
	10.64m 11.74m 11.88m	11.85m 11.63m 11.73m		
3 # 723 Malin, James	M73 SC Striders	12.27m	11.20m	6
	10.61m 10.56m 11.06m	11.20m 10.31m 10.41m		
4 # 387 Galvanin, Donald	M71 Unattached	11.00m	10.98m	4
	10.98m 10.48m 10.47m	10.82m 10.87m 10.72m		
5 # 319 Easley, Ricky	M70 Texas Throwers Club	11.01m	10.87m	3
	10.52m FOUL 10.50m	10.87m 10.63m 10.33m		
6 # 1266 Watson, Richard	M71 AZ Desert Throwers	10.73m	10.44m	2
	9.50m 9.54m 9.64m	10.44m 9.63m 9.75m		
7 # 1130 Sorensen, Ward	M70 Potomac Vall		10.36m	1
	8.97m 10.21m 10.18m	8.76m 9.83m 10.36m		
8 # 409 Gilchrist, Archie	M71 Unattached	7.28m	7.55m	
	7.36m 7.55m			

**M75 Shot Put**

Shot Put 2

75 USATF: A 13.41m

75 WMA: R 14.24m

Name	Age Team	Seed	Finals	Points
1 # 486 Harvey, William	M78 Unattached	11.85m	11.11m	8
	11.02m FOUL 11.11m	FOUL 10.51m 10.98m		
2 # 388 Galvin, Tom	M75 The Quicksil		8.81m	6
	7.80m 8.76m 8.81m	8.37m 8.59m FOUL		
3 # 1318 Wuest, Gary	M78 Unattached	8.62m	8.74m	4
	8.74m 8.10m FOUL	8.15m 8.05m FOUL		
4 # 479 Harriman, Darrel	M77 Texas Throwers Club		8.10m	3
	7.45m 7.42m 8.02m	8.10m FOUL 8.06m		
5 # 1270 Weiner, Robert	M77 Potomac Vall		4.18m	2
	3.91m 3.58m 3.01m	3.65m 4.18m 4.16m		

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**M80 Shot Put**

Shot Put 1

80 USATF: A 13.82m

80 WMA: R 13.98m

Name	Age	Team	Seed	Finals	Points
1 # 1284 White, Jack	M81	Unattached	10.45m	9.60m	8
9.49m 9.43m 9.60m	8.94m	8.31m	9.50m		
2 # 385 Gale, Mike	M83	Sierra Gold	9.01m	8.49m	6
8.25m 7.63m 7.93m	8.49m	7.99m	8.31m		
3 # 554 Hunt, Ken	M80	Unattached	9.00m	8.32m	4
7.84m 8.08m 8.32m	FOUL	7.66m	8.11m		
4 # 613 Katsis, Tom	M84	SC Striders	8.68m	7.73m	3
7.44m 7.73m 7.52m	7.68m	7.27m	FOUL		
5 # 1192 Terhune-Young, Ra	M84	Sierra Gold		7.63m	2
6.78m 7.17m 7.63m	FOUL	FOUL	6.97m		
6 # 1275 Welsh, John	M83	Bay Area Tra	8.50m	7.36m	1
7.18m 7.36m 7.09m	7.09m	FOUL	FOUL		
7 # 616 Kearns, Bo	M83	Unattached	7.65m	7.01m	
7.01m 6.53m 6.36m	5.80m	6.96m	6.88m		

**M85 Shot Put**

Shot Put 1

85 USATF: A 11.48m

85 WMA: R 12.38m

Name	Age	Team	Seed	Finals	Points
1 # 658 La Barge Sr., Pet	M85	Texas Throwers Club		9.89m	8
9.44m 9.89m 9.65m	9.72m	9.50m	9.31m		
2 # 1071 Sepin, Arthur	M85	Unattached	9.46m	9.42m	6
8.73m 8.79m	FOUL	8.46m	9.19m	9.42m	
3 # 459 Haines, Forrest	M85	Unattached	10.00m	8.50m	4
7.94m 8.50m 6.27m	7.87m	6.99m	6.30m		
4 # 966 Pryde, James M	M86	Unattached		6.79m	3
6.65m 6.79m 6.41m	6.01m	5.89m	5.56m		

**W25-29 Discus Throw**

Hammer Circle

Name	Age	Team	Seed	Finals	Points
1 # 1235 Van Den Top, Rach	W27	So Cal Track Club		31.88m	8
PASS 26.38m 29.37m	30.02m	31.88m	30.96m		

**W30 Discus Throw**

Hammer Circle

Name	Age	Team	Seed	Finals	Points
1 # 323 Ecker, Jess	W34	Unattached	43.21m	43.88m	8
40.59m	FOUL	FOUL	43.88m	40.13m	41.05m

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**W35 Discus Throw**

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Hammer Circle

35 USATF: A 69.17m  
35 WMA: R 69.60m

Name	Age	Team	Seed	Finals	Points
1 # 570 Jackson, Kathleen	W39	Joy's Jackra		37.34m	8
				37.34m 35.66m 36.72m 35.00m 36.37m 36.00m	
2 # 1307 Wonchalk, Lindsey	W39	Unattached	28.65m	26.81m	6
				23.01m 26.81m 25.61m FOUL 23.00m FOUL	

**W40 Discus Throw**

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Hammer Circle

40 USATF: A 60.94m  
40 WMA: R 67.89m

Name	Age	Team	Seed	Finals	Points
1 # 650 Kovats, Diane	W42	Legacy Track	33.25m	31.65m	8
				26.85m 27.69m 29.92m FOUL 31.65m 30.74m	
2 # 987 Redding, Katherin	W42	Oregon Track Club		29.48m	6
				23.38m 25.06m 29.48m 27.54m 27.96m FOUL	
3 # 866 *Newington, Dash	W40	Australia	28.89m	X25.40m	
				FOUL FOUL 20.17m 20.49m 25.40m 25.03m	
4 # 60 Barnhart, Rachael	W40	Amp Up Sport		23.71m	4
				21.81m 21.04m 23.71m 22.02m 22.47m 21.50m	
5 # 1256 Wana, Blair	W41	Gys Track Club		23.51m	3
				PASS FOUL 19.45m FOUL 20.68m 23.51m	
6 # 1006 Rinehart, Miranda	W43	Amp Up Sport	20.97m	22.03m	2
				21.52m 20.10m 22.03m 19.41m 19.53m 20.37m	

**W45 Discus Throw**

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Hammer Circle

45 USATF: A 50.85m  
45 WMA: R 64.09m

Name	Age	Team	Seed	Finals	Points
1 # 503 Herzner, Angela	W49	AZ Desert Throwers	37.50m	37.07m	8
				34.94m FOUL 34.50m 31.54m 37.07m 36.37m	
2 # 484 Hartman, Kate	W45	Unattached	29.89m	25.96m	6
				25.96m 24.15m FOUL 23.32m 23.56m FOUL	
3 # 33 Atkins, LaKisha	W45	Success Perf		25.55m	4
				25.55m FOUL 22.08m 20.35m FOUL 15.37m	
4 # 463 Hamay, Marie	W45	Unattached	25.56m	24.29m	3
				24.22m 20.92m 19.86m 24.29m 24.28m 20.69m	
5 # 219 Colby, Stephanie	W46	Potomac Vall	26.01m	24.04m	2
				FOUL 20.83m FOUL 24.04m 23.56m FOUL	

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## Infield

50 USATF: A 45.67m

50 WMA: R 46.11m

Name	Age Team	Seed	Finals	Points
1 # 1241 Vick, Angela	W54 Unattached	30.19m	30.13m	8
25.99m 28.26m 30.13m 29.77m FOUL 28.17m				
2 # 1250 Wadley, Talise	W50 Zephyrs Track Club		26.31m	6
24.69m FOUL FOUL 25.35m 24.42m 26.31m				
3 # 505 Heston, Jennifer	W52 Unattached	26.25m	24.82m	4
20.17m 21.16m 23.99m 24.82m 21.20m 20.71m				
4 # 110 Blumhagen, Michel	W54 Gys Track Club		10.11m	3
FOUL 10.11m 9.79m FOUL 9.49m 9.25m				

**W55 Discus Throw**

## Infield

55 USATF: A 40.39m

55 WMA: R 43.36m

Name	Age Team	Seed	Finals	Points
1 # 1240 Vernor, Kim	W55 Texas Throwers Club	28.63m	32.07m	8
29.46m 24.45m 28.65m 32.07m 27.01m 29.13m				
2 # 1055 Schimek, Durelle	W56 Sierra Gold		25.56m	6
FOUL 21.21m 21.49m 25.56m FOUL FOUL				
3 # 854 Murray, Ursula	W55 Sierra Gold	23.24m	22.19m	4
22.19m FOUL 19.66m 22.12m 20.87m 20.99m				
4 # 1185 Tarr, Kathleen	W55 San Francisc	22.89m	21.85m	3
19.95m 21.85m 20.53m 21.11m 20.27m FOUL				
5 # 1178 Swingle, Jody	W59 Amp Up Sport		14.81m	2
12.68m 13.50m 14.81m 13.34m 13.05m 14.48m				

**W60 Discus Throw**

USATF: A 40.76m

WMA: R 40.76m

Name	Age Team	Seed	Finals	Points
1 # 877 Noguez, Alissa	W61 Unattached	30.39m	29.66m	8
26.36m 27.77m FOUL 28.86m FOUL 29.66m				
2 # 74 Beard, Donna	W60 SC Striders	29.56m	27.52m	6
23.20m FOUL 21.26m 26.82m 27.52m 23.34m				
3 # 1143 Stanford, Carole	W62 Sierra Gold	24.41m	24.25m	4
21.62m 22.68m 24.25m 21.50m 22.53m FOUL				
4 # 679 Lee, Suzette	W60 SC Striders	20.23m	21.32m	3
21.32m 20.66m 19.82m FOUL FOUL FOUL				
5 # 1195 Thalman, Kelly	W62 Sierra Gold	21.38m	20.99m	2
FOUL 20.87m 19.50m 20.68m 20.99m 18.81m				
6 # 519 Hixon, Vivian	W60 Atlanta Track Club		15.88m	1
13.45m 15.88m 14.00m FOUL 14.45m 14.03m				
7 # 623 Kelly, Linda	W64 Unattached		15.74m	
13.72m 15.09m 15.39m FOUL 15.38m 15.74m				
8 # 1050 Scanlon, Heather	W61 Philadelphia		14.34m	
13.25m 14.02m 12.72m FOUL 14.34m 12.88m				

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W65 Discus Throw

65 USATF: A 35.15m

65 WMA: R 37.62m

Name	Age Team	Seed	Finals	Points
1 # 362 Finsrud, Carol	W67 Texas Throwers Club	33.00m	34.00m	8
32.00m 31.94m 34.00m 33.41m FOUL 30.51m				
2 # 627 Kendall, Monica	W68 Unattached		25.97m	6
22.71m FOUL 22.47m 25.97m 22.21m 25.35m				
3 # 316 Dunton, Linn	W67 SC Striders		21.73m	4
20.88m 20.90m 20.66m 21.73m FOUL FOUL				
4 # 1068 Scott, Sandra	W67 Unattached		20.37m	3
15.92m 18.07m 16.51m 19.52m 19.11m 20.37m				
5 # 462 Hallen, Susan	W67 Chicagoland	22.73m	19.86m	2
19.86m FOUL 19.30m 19.16m FOUL FOUL				
6 # 915 Patterson, Linda	W69 Unattached	28.00m	16.66m	1
16.66m 15.51m FOUL 15.79m 16.65m FOUL				
7 # 1273 Welding, Ruth	W68 Chicagoland	20.79m	13.28m	
13.11m FOUL 12.00m 13.28m 13.04m 13.06m				
8 # 365 Flagg, Nancy	W67 Sierra Gold	13.76m	12.78m	
12.78m 10.95m 11.66m 12.27m 12.51m 11.34m				
9 # 97 Bieber, Debra	W66 So Cal Track Club		11.48m	
11.43m 9.75m 11.48m				

W70 Discus Throw

70 USATF: A 29.07m

70 WMA: R 33.55m

Name	Age Team	Seed	Finals	Points
1 # 504 *Hessel, Laura	W71 Canada	24.15m	X22.30m	
19.19m 21.19m 21.77m 21.38m 22.30m 21.80m				
2 # 218 Cohn, Linda	W71 SC Striders	24.72m	21.22m	8
20.58m 19.23m 20.99m 19.47m 21.22m 19.61m				
3 # 1106 Slouber, Katherin	W73 Sierra Gold	18.06m	17.17m	6
16.54m 17.17m 16.89m 16.70m 16.84m 16.77m				
4 # 1136 Sprattling, Rene	W74 Sierra Gold	14.25m	13.57m	4
11.78m FOUL 13.57m FOUL 13.03m 12.98m				
5 # 47 Baker, Patricia	W73 Sierra Gold	14.70m	12.83m	3
11.90m 12.63m 12.83m 11.00m 12.11m 11.61m				

W75 Discus Throw

75 USATF: A 25.02m

75 WMA: R 31.56m

Name	Age Team	Seed	Finals	Points
1 # 802 Mensey, Myrle	W75 Throwing and	20.50m	20.21m	8
18.50m FOUL 19.75m 20.21m FOUL FOUL				
2 # 1222 Trotto, Mary	W77 Tnt Internat		15.59m	6
15.25m 14.79m 14.82m 15.59m PASS PASS				

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80 USATF: A 21.14m

80 WMA: R 26.53m

Name	Age Team	Seed	Finals	Points
1 # 87 Bergen, Kathy	W84 SC Striders	14.62m	17.26m	8
16.05m 14.31m 17.00m 17.26m			FOUL FOUL	
2 # 1141 Staab, Angela	W81 Tnt Internat	8.67m	10.38m	6
FOUL 9.46m 10.07m FOUL 9.70m 10.38m				
3 # 446 Guardino, Louise	W83 Unattached	11.41m	10.21m	4
8.05m 8.79m 10.00m 10.21m 9.89m 9.14m				

**W85 Discus Throw**

85 USATF: A 16.82m

85 WMA: R 21.39m

Name	Age Team	Seed	Finals	Points
1 # 901 Padia, Elsbeth	W86 Unattached	16.36m	19.31mA	8
FOUL 19.10m 19.31m FOUL FOUL 17.13m				
2 # 737 Marriott, Joanne	W85 Unattached		10.04m	6
9.90m 9.38m 10.04m 9.15m 8.90m 9.44m				

**W90 Discus Throw**

90 USATF: A 14.42m

90 WMA: R 15.28m

Name	Age Team	Seed	Finals	Points
1 # 799 Meiler, Florence	W90 Unattached		11.85m	8
11.85m 11.36m 10.90m 11.81m 10.87m FOUL				

**M25-29 Discus Throw**

Name	Age Team	Seed	Finals	Points
3 # 337 Elwell, Michael	M28 Unattached		26.96m	8
19.56m 26.25m 22.93m 21.38m 25.24m 26.96m				

**M35 Discus Throw**

35 USATF: A 71.24m

35 WMA: R 71.56m

Name	Age Team	Seed	Finals	Points
1 # 876 Nnachi, Ikechukwu	M38 Unattached	40.31m	38.40m	8
37.93m 34.75m 38.40m 35.77m 37.51m 32.18m				
2 # 1096 Sinclair, Rob	M35 Pony Express	41.15m	33.74m	6
FOUL FOUL 33.74m FOUL 29.28m FOUL				

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**M40 Discus Throw**

40 USATF: A 69.48m

40 WMA: R 70.28m

Name	Age Team	Seed	Finals	Points
1 # 578 Jeffrey III, Josh	M41 Unattached	39.65m	38.33m	8
			38.33m 36.65m FOUL 37.17m FOUL FOUL	
2 # 663 Landry, Albert	M42 Unattached		35.51m	6
			34.91m 34.41m FOUL FOUL 35.51m 34.07m	
3 # 732 Marenin, Roman	M41 Joy's Jackra	35.36m	33.50m	4
			FOUL 31.81m FOUL 33.50m 32.68m 31.69m	
4 # 674 Layton, Michael	M40 Unattached	28.00m	27.90m	3
			27.42m 27.90m 24.79m FOUL FOUL FOUL	
5 # 824 Montoya-Collis, M	M43 Unattached	26.49m	22.10m	2
			22.10m 21.78m FOUL 20.70m FOUL 20.02m	

**M45 Discus Throw**

45 USATF: A 66.12m

45 WMA: R 66.12m

Name	Age Team	Seed	Finals	Points
1 # 389 Ganek, Mark	M45 Unattached	42.34m	38.90m	8
			FOUL 38.90m 37.76m 38.39m FOUL FOUL	
2 # 1003 Rieger Jr., Marti	M49 Potomac Vall	39.03m	37.07m	6
			32.19m 31.48m 37.07m FOUL FOUL 27.40m	
3 # 185 Cantrell, Andy	M46 Unattached	29.33m	30.62m	4
			25.52m 26.70m 25.59m FOUL FOUL 30.62m	

**M50 Discus Throw**

USATF: A 62.74m

WMA: R 68.40m

Name	Age Team	Seed	Finals	Points
1 # 424 Grace, Josh	M53 Unattached	41.09m	46.86m	8
			41.94m 40.97m 45.13m 46.86m 46.33m 44.87m	
2 # 176 Callister, Alex	M52 Unattached	46.28m	42.61m	6
			40.25m 42.61m 37.75m FOUL FOUL 42.49m	
3 # 9 Aka-Bashorun, Wal	M53 Greater Phil	40.00m	35.14m	4
			34.97m FOUL 35.14m FOUL 32.70m FOUL	
4 # 364 Fitzgerald, Sam	M54 Unattached		32.54m	3
			FOUL 27.31m 32.10m 32.54m FOUL FOUL	
5 # 2 Accad Jr., Cleofr	M50 Potomac Vall		31.12m	2
			25.83m 30.61m FOUL FOUL 29.05m 31.12m	
6 # 1321 Wydra, Pawel	M50 Chicagoland	32.03m	31.03m	1
			31.03m 29.79m 26.94m 29.70m 29.81m FOUL	
7 # 465 Hamilton, Matt	M51 Unattached	31.21m	27.70m	
			27.70m 26.17m 26.75m FOUL 22.49m 27.05m	
8 # 249 Culver, Brent	M53 Unattached	31.30m	26.58m	
			26.58m FOUL FOUL FOUL FOUL FOUL	

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M55 Discus Throw

USATF: A 55.61m

WMA: R 64.58m

Name	Age Team	Seed	Finals	Points
1 # 231 Cooper, Cary	M55 Unattached	48.13m	46.77m	8
FOUL 42.23m FOUL 42.32m 46.39m 46.77m				
2 # 474 Hardin, Scott	M57 Unattached	42.30m	38.32m	6
34.89m 37.01m FOUL 38.12m 38.32m PASS				
3 # 1320 Wyatt, Jason	M55 Flo-Jo Inter		35.81m	4
35.21m 33.69m 35.81m FOUL FOUL FOUL				
4 # 336 Elm, Ronald	M57 Unattached		35.51m	3
28.96m FOUL FOUL 32.70m 31.62m 35.51m				
5 # 96 Bickel, David	M58 AZ Desert Throwers	33.00m	35.11m	2
33.51m FOUL 34.05m 35.11m FOUL FOUL				
6 # 1061 Schurman, Doug	M56 Flanagan Clan	36.00m	33.81m	1
FOUL 27.28m 32.53m 33.81m 32.83m FOUL				
7 # 818 Miranda, JohnA	M57 Unattached		33.29m	
30.31m FOUL 29.53m 30.08m 33.29m 30.91m				
8 # 72 Beach, Ron	M59 Unattached		30.08m	
26.84m 30.08m FOUL 29.08m 29.02m FOUL				

M60 Discus Throw

USATF: A 57.60m

WMA: R 66.36m

Name	Age Team	Seed	Finals	Points
1 # 341 Eriksson, Scott	M63 Texas Throwers Club	51.70m	55.58m	8
FOUL FOUL 50.42m FOUL 55.58m FOUL				
2 # 1025 Rosati, Paul	M60 Unattached	51.95m	50.55m	6
48.74m 48.13m FOUL 47.35m 50.55m FOUL				
3 # 118 Bolles, Cameron	M60 Unattached	30.00m	45.91m	4
29.50m 45.91m FOUL FOUL FOUL FOUL				
4 # 222 Collins, Michael	M64 Sierra Gold	51.44m	42.43m	3
42.43m FOUL FOUL FOUL FOUL 38.58m				
5 # 281 Dennis, Clayton	M62 Mass Velocit	39.31m	41.92m	2
39.76m 39.25m 39.36m FOUL 41.39m 41.92m				
6 # 422 Gorman, Joe	M61 Gem State Throwers	35.43m	38.76m	1
FOUL 36.94m 34.74m FOUL 38.76m 38.09m				
7 # 916 Patterson Jr., Ge	M63 Sierra Gold	41.80m	37.57m	
35.23m 35.96m 36.31m FOUL 37.57m FOUL				
8 # 54 Barba, Steve	M62 Sierra Gold	37.00m	33.97m	
33.97m FOUL FOUL 32.37m FOUL FOUL				
9 # 619 Keller, Erik	M60 Unattached	38.50m	31.71m	
27.36m FOUL 31.71m				
10 # 745 Martin, Paul	M60 Sierra Gold		31.14m	
FOUL FOUL 31.14m				
11 # 746 Martin, Scott	M62 Sierra Gold		31.06m	
31.06m FOUL 29.90m				
12 # 848 Munski, Larry	M64 Unattached	33.78m	29.57m	
FOUL 29.57m 29.52m				
13 # 931 Peterson, Martin	M63 Unattached		27.23m	
27.23m FOUL FOUL				
14 # 437 Greenlee, Michael	M60 Amp Up Sport		24.17m	
19.47m 22.78m 24.17m				

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**...M60 Discus Throw**

15 #	417 Gold, G	M64 AZ Desert Throwers	30.00m	23.31m
	20.90m 21.38m 23.31m			
16 #	394 Garvey, John	M62 Unattached	31.27m	10.80m
	10.80m FOUL FOUL			

**M65 Discus Throw**

USATF: A 54.99m  
 WMA: R 59.75m

Name	Age Team	Seed	Finals	Points
1 # 1005 Riewerts Jr., ED	M65 Unattached	53.16m	49.33m	8
	FOUL 37.63m 39.90m FOUL 49.33m 48.13m			
2 # 1015 Roddick, Dean	M66 Unattached	39.10m	39.47m	6
	38.39m 38.34m 38.14m 35.37m 39.47m 39.21m			
3 # 527 Holden, Greg	M66 So Cal Track Club	35.00m	36.45m	4
	36.45m FOUL FOUL 33.86m FOUL 31.88m			
4 # 967 Pugliese, Anthony	M65 Greater Phil	38.03m	36.14m	3
	35.13m FOUL 36.14m 33.74m 31.49m 34.77m			
5 # 244 Crider, Lonnie	M69 Sierra Gold	29.00m	32.24m	2
	32.24m FOUL 32.08m FOUL 31.48m FOUL			
6 # 547 *Huarcaya, Luis	M65 Peru	30.50m	X30.30m	
	25.60m FOUL 27.78m 24.28m FOUL 30.30m			
7 # 65 Barry, James	M66 Unattached		28.36m	1
	19.39m 27.22m 26.18m 28.36m 26.49m 25.41m			
8 # 1098 *Singh, Kulwant	M67 India	30.00m	X27.04m	
	27.04m FOUL FOUL FOUL FOUL 23.08m			
9 # 715 Lyons, Charles	M69 So Cal Track Club		25.33m	
	24.57m 24.48m 25.33m			
10 # 279 Demetrio Jr., The	M68 Unattached	29.07m	22.74m	
	22.74m 22.27m 22.74m			
11 # 49 Baldocchi, Dennis	M69 Unattached	28.50m	21.95m	
	FOUL 21.95m 21.35m			
12 # 1207 Thurman, Bob	M68 Sierra Gold		21.38m	
	21.38m FOUL 19.10m			

**M70 Discus Throw**

USATF: A 50.27m  
 WMA: R 55.27m

Name	Age Team	Seed	Finals	Points
1 # 287 *Dirkin, Guy	M71 Great Britai	46.49m	X44.48m	
	FOUL 42.72m FOUL 44.48m 42.61m 42.75m			
2 # 852 *Murray, Gavin	M70 Australia	41.94m	X38.42m	
	37.54m FOUL FOUL FOUL 38.42m 37.68m			
3 # 812 Millican, Don	M71 Unattached	42.51m	37.90m	8
	35.13m 36.01m 37.07m 33.73m 33.34m 37.90m			
4 # 786 McGraw, Mike	M70 Unattached	36.50m	37.66m	6
	34.76m 37.66m 33.06m FOUL 35.37m 36.21m			
5 # 268 Davis, Ed	M71 Sierra Gold	44.00m	35.83m	4
	35.71m FOUL 35.83m FOUL 35.37m 35.21m			
6 # 1130 Sorensen, Ward	M70 Potomac Vall	37.32m	31.20m	3
	29.53m 31.20m FOUL 30.16m FOUL FOUL			

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**....M70 Discus Throw**

7 #	387 Galvanin, Donald	M71 Unattached	30.00m	29.22m	2
	29.22m FOUL FOUL 27.53m 26.94m 27.93m				
8 #	1266 Watson, Richard	M71 AZ Desert Throwers	37.30m	28.23m	1
	26.13m FOUL 27.29m FOUL 25.26m 28.23m				
9 #	628 Kennedy, Gregory	M70 Unattached	29.94m	24.01m	
	FOUL FOUL 24.01m				

**M75 Discus Throw**

=====					
	USATF: A 43.83m				
	WMA: R 49.21m				
	Name	Age Team	Seed	Finals	Points
=====					
1 #	486 Harvey, William	M78 Unattached	33.46m	31.78m	8
	26.93m 26.83m 31.78m FOUL FOUL 31.09m				
2 #	963 Prnjak, Gerald	M75 Unattached	35.00m	30.92m	6
	30.92m 28.75m FOUL FOUL FOUL 30.49m				
3 #	200 Champion, Larry	M77 Unattached	28.20m	26.29m	4
	25.32m FOUL 26.29m FOUL FOUL 22.33m				
4 #	479 Harriman, Darrel	M77 Texas Throwers Club		26.23m	3
	FOUL FOUL 25.58m FOUL 26.23m 23.65m				
5 #	121 Bonnett, Larry	M75 Unattached	25.00m	26.06m	2
	25.33m 22.16m FOUL 26.06m FOUL 25.70m				
6 #	388 Galvin, Tom	M75 The Quicksil		25.61m	1
	23.64m 25.61m FOUL 23.78m 22.60m 24.49m				
7 #	1318 Wuest, Gary	M78 Unattached	23.94m	24.34m	
	21.28m 22.14m 24.34m FOUL 24.12m 24.01m				
8 #	499 Henry III, Weilan	M76 Unattached	20.06m	21.89m	
	18.94m 21.15m 19.76m 21.89m 17.74m 20.74m				
9 #	1245 Viola, Patrick	M75 elitefeats	28.00m	20.53m	
	20.13m FOUL 20.53m				
10 #	755 Mathies, Drue	M77 Sierra Gold		15.34m	
	FOUL 15.34m 14.48m				

**M80 Discus Throw**

=====					
	80 USATF: A 38.42m				
	80 WMA: R 41.13m				
	Name	Age Team	Seed	Finals	Points
=====					
1 #	165 Burke, Edward	M84 Unattached	33.00m	26.31m	8
	FOUL FOUL 22.75m FOUL 26.31m 25.76m				
2 #	385 Gale, Mike	M83 Sierra Gold	27.34m	23.34m	6
	20.74m 22.16m 23.34m 22.05m FOUL 21.92m				
3 #	554 Hunt, Ken	M80 Unattached	27.60m	22.10m	4
	19.41m FOUL 22.10m FOUL 21.32m 20.21m				
4 #	1284 White, Jack	M81 Unattached	23.48m	21.52m	3
	17.68m 21.52m 19.14m 17.77m FOUL FOUL				
5 #	616 Kearns, Bo	M83 Unattached	25.54m	20.02m	2
	19.87m 18.54m 19.20m 20.01m 17.01m 20.02m				
6 #	613 Katsis, Tom	M84 SC Striders	25.01m	19.96m	1
	18.67m 19.64m 19.96m FOUL FOUL FOUL				
7 #	1275 Welsh, John	M83 Bay Area Tra	19.80m	17.74m	
	15.47m 17.01m 17.74m FOUL FOUL 16.14m				

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**...M80 Discus Throw**

8 # 1192 Terhune-Young, Ra M84 Sierra Gold 17.40m  
 17.40m FOUL 15.75m 15.08m 16.77m FOUL

**M85 Discus Throw**

85 USATF: A 30.81m  
 85 WMA: R 35.92m

Name	Age Team	Seed	Finals	Points
1 # 658 La Barge Sr., Pet	M85 Texas Throwers Club		25.91m	8
22.71m 22.32m 24.30m 25.91m 25.81m FOUL				
2 # 459 Haines, Forrest	M85 Unattached	12.00m	18.05m	6
14.72m 18.05m FOUL FOUL FOUL 14.12m				
3 # 966 Pryde, James M	M86 Unattached		16.40m	4
FOUL 13.35m 16.22m 16.40m FOUL FOUL				
4 # 992 Reiche, Ralph	M86 Unattached		15.60m	3
PASS FOUL 12.67m 13.13m 13.19m 15.60m				

**W35 Hammer Throw**

35 USATF: A 67.23m  
 35 WMA: R 78.48m

Name	Age Team	Seed	Finals	Points
1 # 570 Jackson, Kathleen	W39 Joy's Jackra		40.89m	8
FOUL 38.44m FOUL 40.89m FOUL FOUL				
2 # 1307 Wonchalk, Lindsey	W39 Unattached		33.85m	6
33.85m FOUL 30.47m FOUL 30.30m 31.61m				

**W40 Hammer Throw**

40 USATF: A 57.08m  
 40 WMA: R 67.57m

Name	Age Team	Seed	Finals	Points
1 # 457 Haapanen, Amy	W40 Unattached	57.99m	58.06mA	8
54.25m 52.75m 58.06m 56.22m 54.08m 53.72m				
2 # 650 Kovats, Diane	W42 Legacy Track	28.27m	35.36m	6
33.92m 33.47m 35.36m 33.35m 35.15m 31.47m				
3 # 866 *Newington, Dash	W40 Australia	31.76m	X31.60m	
30.23m 31.26m 29.26m 31.60m FOUL FOUL				
4 # 1006 Rinehart, Miranda	W43 Amp Up Sport		23.15m	4
21.87m 18.30m 22.94m 23.15m FOUL FOUL				
5 # 60 Barnhart, Rachael	W40 Amp Up Sport		19.61m	3
18.79m 19.61m 18.45m FOUL 18.86m 18.23m				
6 # 625 Kelly, Nicole	W43 Unattached		16.69m	2
16.69m 13.82m 14.81m FOUL 13.94m 15.08m				

**W45 Hammer Throw**

45 USATF: A 56.21m  
 45 WMA: R 56.21m

Name	Age Team	Seed	Finals	Points
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1 #	503 Herzner, Angela	W49 AZ Desert Throwers	46.90m	46.54m	8
	45.17m FOUL 45.42m 46.54m FOUL 43.12m				
2 #	219 Colby, Stephanie	W46 Potomac Vall	33.28m	30.30m	6
	27.69m FOUL FOUL 28.63m 26.84m 30.30m				
3 #	463 Hamay, Marie	W45 Unattached		26.59m	4
	FOUL 19.07m 18.23m 18.09m 24.45m 26.59m				

**W50 Hammer Throw**

50 USATF: A 55.46m

50 WMA: R 55.46m

Name	Age Team	Seed	Finals	Points
1 # 855 Muse, Crystal	W52 Unattached	50.00m	49.21m	8
	43.62m 48.70m 48.40m FOUL 49.21m 47.67m			
2 # 1250 Wadley, Talise	W50 Zephyrs Track Club		39.27m	6
	39.27m FOUL 37.80m FOUL 38.06m 38.03m			
3 # 1187 Tasker, Tamara	W52 Portland Mas	36.75m	32.95m	4
	32.95m FOUL 23.15m			
4 # 505 Heston, Jennifer	W52 Unattached	33.19m	30.14m	3
	FOUL FOUL FOUL FOUL 30.14m 28.59m			
5 # 1241 Vick, Angela	W54 Unattached	23.55m	23.30m	2
	22.81m 22.16m 22.21m 21.88m FOUL 23.30m			

**W55 Hammer Throw**

55 USATF: A 49.46m

55 WMA: R 51.30m

Name	Age Team	Seed	Finals	Points
1 # 1240 Vernor, Kim	W55 Texas Throwers Club	36.67m	36.20m	8
	30.72m 30.28m 30.06m FOUL 36.20m 33.41m			
2 # 1185 Tarr, Kathleen	W55 San Francisc	30.38m	30.93m	6
	29.10m 28.52m 30.93m FOUL 28.80m 28.72m			
3 # 1055 Schimek, Durelle	W56 Sierra Gold		29.39m	4
	22.93m 27.13m 25.96m 25.04m 27.15m 29.39m			
4 # 854 Murray, Ursula	W55 Sierra Gold	27.42m	24.11m	3
	FOUL 24.11m FOUL 21.74m FOUL FOUL			
5 # 1233 Uttam, Rhonda	W55 Amp Up Sport		22.71m	2
	19.56m 15.80m 22.71m FOUL 16.13m FOUL			

**W60 Hammer Throw**

USATF: A 46.84m

WMA: R 47.17m

Name	Age Team	Seed	Finals	Points
1 # 326 Edmondson, Bonnie	W60 Unattached		41.24m	8
	40.26m 41.24m 38.75m 35.93m 40.59m 39.97m			
2 # 74 Beard, Donna	W60 SC Striders	39.82m	39.27m	6
	35.75m 37.83m 37.10m FOUL 39.27m 38.17m			
3 # 1143 Stanford, Carole	W62 Sierra Gold	39.34m	35.75m	4
	29.94m 35.23m 35.75m FOUL FOUL 31.92m			
4 # 877 Noguez, Alissa	W61 Unattached	34.46m	34.40m	3
	32.15m 27.83m 34.40m 34.37m 33.58m 33.47m			

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## ...W60 Hammer Throw

5 #	214 Clausen de Contre	W61 Sierra Gold	37.32m	34.12m	2
	33.32m FOUL FOUL	34.12m 33.47m FOUL			
6 #	679 Lee, Suzette	W60 SC Striders	27.92m	29.09m	1
	25.52m 28.46m 26.79m	27.15m 26.57m 29.09m			
7 #	1195 Thalman, Kelly	W62 Sierra Gold	30.49m	28.30m	
	27.57m 28.16m 28.30m	FOUL FOUL 26.54m			
8 #	623 Kelly, Linda	W64 Unattached		16.53m	
	FOUL 14.27m 16.30m	16.25m 15.79m 16.53m			
9 #	1050 Scanlon, Heather	W61 Philadelphia		12.01m	
	9.39m 12.01m 11.99m				

## W65 Hammer Throw

=====

65 USATF: A 40.97m

65 WMA: R 44.38m

Name	Age Team	Seed	Finals	Points
1 # 362 Finsrud, Carol	W67 Texas Throwers Club	37.00m	37.58m	8
	37.39m 33.62m 34.63m	35.07m FOUL 37.58m		
2 # 462 Hallen, Susan	W67 Chicagoland	34.21m	33.98m	6
	33.98m 32.94m 32.76m	30.82m FOUL 26.98m		
3 # 1273 Welding, Ruth	W68 Chicagoland	34.66m	32.62m	4
	30.00m FOUL 30.06m	32.62m 32.16m FOUL		
4 # 1068 Scott, Sandra	W67 Unattached		22.95m	3
	17.29m FOUL 19.04m	21.50m 22.95m		
5 # 915 Patterson, Linda	W69 Unattached	28.00m	19.96m	2
	18.88m 19.15m 19.65m	14.23m 19.69m 19.96m		

## W70 Hammer Throw

=====

70 USATF: A 38.63m

70 WMA: R 39.24m

Name	Age Team	Seed	Finals	Points
1 # 504 *Hessel, Laura	W71 Canada	30.31m	X27.73m	
	25.52m 27.29m 26.28m	27.12m 27.73m FOUL		
2 # 568 Jackson, Carole	W70 SC Striders	27.38m	26.78m	8
	25.62m 26.78m 24.37m	FOUL 25.49m 20.65m		
3 # 47 Baker, Patricia	W73 Sierra Gold	27.27m	25.05m	6
	FOUL 25.05m 24.91m	23.83m FOUL FOUL		
4 # 1136 Sprattling, Rene	W74 Sierra Gold	24.83m	21.55m	4
	18.66m 19.75m FOUL	20.71m 18.99m 21.55m		
5 # 1106 Slouber, Katherin	W73 Sierra Gold	20.00m	19.93m	3
	18.63m 18.07m 18.67m	19.93m 19.40m 15.57m		
6 # 748 Masella, Susan	W72 Unattached	17.00m	17.34m	2
	FOUL 17.34m 16.43m	17.00m 16.29m 16.67m		

## W75 Hammer Throw

=====

75 USATF: A 30.53m

75 WMA: R 39.76m

Name	Age Team	Seed	Finals	Points
1 # 802 Mensey, Myrle	W75 Throwing and	39.00m	41.25mR	8
	37.67m 39.61m 38.83m	FOUL 40.79m 41.25m		

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2 # 1222 Trotto, Mary W77 Tnt Internat 18.55m 6  
17.53m 18.55m PASS PASS PASS PASS

W80 Hammer Throw

80 USATF: A 26.71m  
80 WMA: R 37.85m

Table with 6 columns: Name, Age Team, Seed, Finals, Points. Row 1: 1 # 446 Guardino, Louise W83 Unattached 17.52m 15.93m 8. Row 2: 2 # 1141 Staab, Angela W81 Tnt Internat 12.17m 13.58m 6.

W85 Hammer Throw

85 USATF: A 21.34m  
85 WMA: R 31.11m

Table with 6 columns: Name, Age Team, Seed, Finals, Points. Row 1: 1 # 901 Padia, Elsbeth W86 Unattached 21.34m 21.61mA 8. Row 2: 2 # 737 Marriott, Joanne W85 Unattached 16.71m 6.

W90 Hammer Throw

90 USATF: A 16.62m  
90 WMA: R 20.47m

Table with 6 columns: Name, Age Team, Seed, Finals, Points. Row 1: 1 # 799 Meiler, Florence W90 Unattached 14.28m 8.

M30 Hammer Throw

Table with 6 columns: Name, Age Team, Seed, Finals, Points. Row 1: 1 # 30 Arowolo, Bayo M30 Unattached 56.37m 57.49m 8.

M35 Hammer Throw

35 USATF: A 82.52m  
35 WMA: R 83.62m

Table with 6 columns: Name, Age Team, Seed, Finals, Points. Row 1: 1 # 1265 Watson, Ja'Mar M35 Unattached 65.62m 59.04m 8. Row 2: 2 # 309 Duffy, Callan M35 Unattached 40.00m 42.40m 6.

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## M45 Hammer Throw

45 USATF: A 64.70m

45 WMA: R 79.42m

Name	Age Team	Seed	Finals	Points
1 # 389 Ganek, Mark	M45 Unattached	46.20m	48.76m	8
46.10m 46.76m FOUL 42.80m 48.76m 46.85m				
2 # 1003 Rieger Jr., Marti	M49 Potomac Vall	31.38m	26.68m	6
26.39m 26.38m FOUL FOUL 26.68m FOUL				

## M50 Hammer Throw

50 USATF: A 71.71m

50 WMA: R 73.70m

Name	Age Team	Seed	Finals	Points
1 # 176 Callister, Alex	M52 Unattached	41.61m	42.75m	8
42.22m 42.15m 41.43m 41.55m 40.25m 42.75m				
2 # 1321 Wydra, Pawel	M50 Chicagoland	33.83m	33.38m	6
26.56m FOUL 32.26m 31.21m 33.38m 31.13m				
3 # 465 Hamilton, Matt	M51 Unattached	32.41m	31.56m	4
30.30m 29.96m 31.56m FOUL FOUL FOUL				

## M55 Hammer Throw

55 USATF: A 67.27m

55 WMA: R 67.27m

Name	Age Team	Seed	Finals	Points
1 # 5 Adelman, Stephen	M57 Sierra Gold	50.45m	48.53m	8
FOUL 44.48m 48.31m 48.53m 44.71m 47.23m				
2 # 1061 Schurman, Doug	M56 Flanagan Clan	43.00m	45.16m	6
41.13m FOUL FOUL 43.03m 45.16m FOUL				
3 # 96 Bickel, David	M58 AZ Desert Throwers	42.00m	44.83m	4
41.08m 42.82m 44.83m 43.18m 44.83m 44.09m				
4 # 72 Beach, Ron	M59 Unattached		30.80m	3
28.05m 30.06m 27.11m FOUL 26.81m 30.80m				

## M60 Hammer Throw

USATF: A 61.76m

WMA: R 63.32m

Name	Age Team	Seed	Finals	Points
1 # 1025 Rosati, Paul	M60 Unattached	47.00m	46.15m	8
41.55m FOUL 45.65m 42.81m FOUL 46.15m				
2 # 916 Patterson Jr., Ge	M63 Sierra Gold	41.00m	35.67m	6
35.44m 33.53m 35.67m 33.99m FOUL				
3 # 619 Keller, Erik	M60 Unattached	32.70m	35.31m	4
32.87m 35.31m 34.89m FOUL FOUL FOUL				
4 # 848 Munski, Larry	M64 Unattached	36.25m	33.72m	3
30.23m 32.08m 33.72m 32.48m 31.48m 31.87m				
5 # 662 Lambdin, Thomas	M63 Twilight Throwers	36.37m	33.62m	2
33.62m FOUL FOUL 30.02m 30.42m 31.92m				
6 # 437 Greenlee, Michael	M60 Amp Up Sport		23.08m	1
19.78m 19.62m 21.93m 19.72m 23.08m FOUL				

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## ...M60 Hammer Throw

7 # 417 Gold, G M64 AZ Desert Throwers 30.00m 19.81m  
18.97m 19.57m 19.72m 19.62m 19.81m FOUL

## M65 Hammer Throw

USATF: A 56.42m

WMA: R 60.65m

Name	Age Team	Seed	Finals	Points
1 # 27 Arello Jr., Rober	M65 Throws and J	49.77m	47.00m	8
43.39m 46.47m FOUL 47.00m FOUL FOUL				
2 # 1005 Riewerts Jr., ED	M65 Unattached	44.29m	44.21m	6
42.06m 42.79m 43.76m 44.21m 43.03m 43.92m				
3 # 1090 Sidhu, Gurbax	M69 Fresno Flyer	38.11m	38.43m	4
36.42m 37.04m FOUL FOUL 36.87m 38.43m				
4 # 464 Hambrick, Michael	M65 Unattached		37.23m	3
36.95m 35.57m 35.71m 37.23m PASS PASS				
5 # 247 Crothers, Jeff	M65 AZ Desert Throwers	32.00m	31.74m	2
FOUL FOUL 29.08m FOUL 30.67m 31.74m				

## M70 Hammer Throw

70 USATF: A 59.04m

70 WMA: R 59.04m

Name	Age Team	Seed	Finals	Points
1 # 418 Goldhammer, John	M70 Unattached	54.07m	53.44m	8
50.62m 51.04m 53.44m FOUL PASS PASS				
2 # 287 *Dirkin, Guy	M71 Great Britai	45.00m	X43.93m	
38.91m 39.49m 41.85m 41.75m 43.93m FOUL				
3 # 852 *Murray, Gavin	M70 Australia	43.36m	X42.54m	
41.16m 41.71m 42.54m 40.03m 41.70m 42.09m				
4 # 1266 Watson, Richard	M71 AZ Desert Throwers	42.05m	39.07m	6
35.37m 38.34m 37.34m 38.30m 39.07m 38.98m				
5 # 603 Jordan Jr., Rufus	M74 Tnt Internat	36.00m	38.52m	4
30.52m 34.49m 36.53m 38.52m 36.78m 37.37m				
6 # 795 McQuade, Francis	M72 Unattached	36.00m	35.99m	3
33.64m 35.00m 34.93m 35.99m 34.65m FOUL				
7 # 1130 Sorensen, Ward	M70 Potomac Vall		35.66m	2
FOUL 35.66m FOUL FOUL FOUL FOUL				

## M75 Hammer Throw

75 USATF: A 51.51m

75 WMA: R 51.88m

Name	Age Team	Seed	Finals	Points
1 # 845 Moss, Ken	M76 Potomac Vall	45.00m	45.85m	8
45.85m FOUL FOUL FOUL FOUL 44.87m				
2 # 584 John, Gary	M75 Santa Cruz Throwers	42.77m	39.25m	6
39.25m 38.09m 36.95m 38.99m 35.46m 36.89m				
3 # 1033 Sager, Bob	M76 Bozeman Track Club	32.28m	32.32m	4
31.48m 31.20m 32.05m 31.72m 25.91m 32.32m				
4 # 479 Harriman, Darrel	M77 Texas Throwers Club		31.35m	3
28.16m 29.92m 29.09m 31.35m 30.99m FOUL				

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**...M75 Hammer Throw**

5 # 1007 Rink, Larry M75 So Cal Track Club 10.14m 2  
 FOUL 10.14m PASS PASS PASS PASS

**M80 Hammer Throw**

80 USATF: A 45.25m  
 80 WMA: R 50.69m

Name	Age Team	Seed	Finals	Points
1 # 165 Burke, Edward	M84 Unattached	48.65m	50.37mA	8
47.90m 49.35m 47.36m FOUL 50.37m 47.72m				
2 # 753 Mathews, George	M80 Seattle Masters AC		37.00m	6
36.52m FOUL 37.00m 36.87m 34.24m 33.52m				
3 # 554 Hunt, Ken	M80 Unattached	28.03m	28.10m	4
FOUL 24.55m FOUL 26.36m 28.10m 26.49m				
4 # 616 Kearns, Bo	M83 Unattached	22.00m	22.07m	3
18.50m 22.07m 19.02m 21.77m 21.65m 19.50m				
5 # 1192 Terhune-Young, Ra	M84 Sierra Gold		20.95m	2
FOUL 20.75m 20.95m FOUL FOUL FOUL				

**M85 Hammer Throw**

85 USATF: A 33.18m  
 85 WMA: R 43.17m

Name	Age Team	Seed	Finals	Points
1 # 658 La Barge Sr., Pet	M85 Texas Throwers Club		37.66mA	8
34.11m 36.12m 37.16m 37.66m 37.24m 35.31m				
2 # 539 Hotchkiss, Richar	M85 Sierra Gold		28.28m	6
26.48m FOUL 27.49m 28.28m FOUL 27.44m				
3 # 459 Haines, Forrest	M85 Unattached	12.00m	27.42m	4
27.42m FOUL FOUL FOUL FOUL FOUL				
4 # 1071 Sepin, Arthur	M85 Unattached	27.63m	24.31m	3
FOUL 21.41m 20.45m 22.99m 21.94m 24.31m				
5 # 966 Pryde, James M	M86 Unattached		17.58m	2
FOUL FOUL 17.34m FOUL 17.58m FOUL				

**W25-29 Javelin Throw**

Name	Age Team	Seed	Finals	Points
1 # 1235 Van Den Top, Rach	W27 So Cal Track Club		36.97m	8
36.97m 33.17m 36.17m FOUL FOUL 32.49m				

**W30 Javelin Throw**

Name	Age Team	Seed	Finals	Points
1 # 323 Ecker, Jess	W34 Unattached	38.36m	35.38m	8
35.34m 31.74m FOUL 35.38m 33.24m 34.50m				

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35 USATF: A 68.11m

35 WMA: R 68.92m

Name	Age Team	Seed	Finals	Points
1 # 305 Druce, Katy	W38 Unattached	41.10m	37.20m	8
34.89m 33.95m 36.28m 36.69m 36.51m 37.20m				
2 # 1307 Wonchalk, Lindsey	W39 Unattached	32.02m	31.98m	6
30.50m 30.13m 31.55m 31.87m 31.98m FOUL				
3 # 438 Greer, Ashley	W35 Unattached	33.50m	30.87m	4
28.04m 30.74m 30.87m 29.11m FOUL 29.12m				

**W40 Javelin Throw**

40 USATF: A 42.05m

40 WMA: R 63.08m

Name	Age Team	Seed	Finals	Points
1 # 625 Kelly, Nicole	W43 Unattached		32.56m	8
FOUL 21.15m 30.86m 30.74m 32.56m 28.85m				
2 # 650 Kovats, Diane	W42 Legacy Track	26.11m	29.04m	6
27.54m 24.43m 25.47m 29.04m 27.25m FOUL				
3 # 866 *Newington, Dash	W40 Australia	23.22m	X25.64m	
20.67m 24.63m 18.64m 25.64m 21.87m 19.76m				
4 # 1237 Vazquez, Katrina	W43 Bella N Motion		23.99m	4
20.43m 17.83m 16.88m 16.26m 15.93m 23.99m				
5 # 60 Barnhart, Rachael	W40 Amp Up Sport		21.75m	3
19.86m 21.75m 21.02m 20.14m 18.77m 20.45m				
6 # 1006 Rinehart, Miranda	W43 Amp Up Sport	15.80m	18.70m	2
17.00m 18.53m 18.53m 18.30m FOUL 18.70m				

**W45 Javelin Throw**

45 USATF: A 41.57m

45 WMA: R 50.47m

Name	Age Team	Seed	Finals	Points
1 # 463 Hamay, Marie	W45 Unattached	24.23m	24.16m	8
22.31m 23.83m FOUL 22.63m 21.81m 24.16m				
2 # 503 Herzner, Angela	W49 AZ Desert Throwers	25.88m	21.94m	6
21.43m FOUL 21.94m FOUL 21.36m FOUL				
3 # 33 Atkins, LaKesha	W45 Success Perf		19.75m	4
FOUL 19.54m 17.18m FOUL FOUL 19.75m				

**W50 Javelin Throw**

50 USATF: A 44.17m

50 WMA: R 47.53m

Name	Age Team	Seed	Finals	Points
1 # 45 Baird, Marsha	W50 Unattached		38.66m	8
35.98m 34.75m 38.66m 36.07m FOUL 37.89m				
2 # 855 Muse, Crystal	W52 Unattached	25.00m	25.32m	6
25.32m 24.33m FOUL				
3 # 1250 Wadley, Talise	W50 Zephyrs Track Club		18.23m	4
17.29m 18.23m FOUL 16.39m 17.50m 17.92m				

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**....W50 Javelin Throw**

4 # 1241 Vick, Angela W54 Unattached 17.57m 17.41m 3  
 14.53m FOUL 17.41m 16.04m 15.71m FOUL

**W55 Javelin Throw**

55 USATF: A 40.42m

55 WMA: R 44.44m

Name	Age Team	Seed	Finals	Points
1 # 1055 Schimek, Durelle	W56 Sierra Gold		37.39m	8
35.47m FOUL 34.68m 34.06m 36.64m 37.39m				
2 # 1185 Tarr, Kathleen	W55 San Francisc	19.26m	20.47m	6
19.33m 19.94m 20.47m 20.37m FOUL FOUL				
3 # 854 Murray, Ursula	W55 Sierra Gold	18.16m	18.86m	4
18.80m 18.63m FOUL 18.86m 18.85m 18.70m				
4 # 1233 Uttam, Rhonda	W55 Amp Up Sport	15.65m	15.85m	3
15.33m 15.42m 13.40m 14.00m 15.85m 15.76m				
5 # 1178 Swingle, Jody	W59 Amp Up Sport		11.12m	2
8.52m 7.91m 7.91m 10.72m 10.20m 11.12m				

**W60 Javelin Throw**

USATF: A 37.50m

WMA: R 41.14m

Name	Age Team	Seed	Finals	Points
1 # 74 Beard, Donna	W60 SC Striders	32.43m	33.08m	8
27.64m 33.08m 31.28m 30.89m 32.01m 31.67m				
2 # 1143 Stanford, Carole	W62 Sierra Gold	25.70m	24.51m	6
FOUL 21.68m 21.20m 23.11m 23.78m 24.51m				
3 # 679 Lee, Suzette	W60 SC Striders	18.14m	20.50m	4
19.75m 20.15m FOUL 18.52m 20.34m 20.50m				
4 # 1249 von Winckelmann,	W64 SC Striders	20.34m	20.02m	3
20.02m 18.21m FOUL FOUL FOUL FOUL				
5 # 1195 Thalman, Kelly	W62 Sierra Gold	18.98m	16.51m	2
FOUL FOUL 14.06m 16.14m 14.06m 16.51m				
6 # 1045 Saul, Karen	W62 Amp Up Sport		15.81m	1
14.14m 14.72m 15.81m 15.14m 13.41m 14.21m				
7 # 623 Kelly, Linda	W64 Unattached		13.91m	
13.91m FOUL FOUL FOUL 10.25m 13.00m				
8 # 519 Hixon, Vivian	W60 Atlanta Track Club		12.58m	
11.60m 12.58m 11.57m FOUL 11.75m 12.49m				
9 # 1050 Scanlon, Heather	W61 Philadelphia		11.14m	
9.63m 9.94m 11.14m				

**W65 Javelin Throw**

65 USATF: A 37.32m

65 WMA: R 37.32m

Name	Age Team	Seed	Finals	Points
1 # 627 Kendall, Monica	W68 Unattached		26.35m	8
25.64m 24.54m 26.35m FOUL 24.06m 25.37m				
2 # 316 Dunton, Linn	W67 SC Striders		22.97m	6
21.86m 20.97m 7.97m 10.30m FOUL 22.97m				

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**...W65 Javelin Throw**

3 #	362 Finsrud, Carol	W67 Texas Throwers Club	20.00m	21.55m	4
	18.21m 21.55m FOUL	21.01m 21.37m 20.87m			
4 #	1068 Scott, Sandra	W67 Unattached		16.72m	3
	15.03m FOUL 16.52m	16.26m 16.72m FOUL			
5 #	462 Hallen, Susan	W67 Chicagoland	17.08m	13.87m	2
	13.64m 13.87m FOUL	13.01m 12.04m FOUL			
6 #	915 Patterson, Linda	W69 Unattached	25.00m	13.85m	1
	12.60m 13.85m 12.36m	12.71m 11.76m 12.00m			
7 #	97 Bieber, Debra	W66 So Cal Track Club		10.72m	
	10.72m FOUL 7.97m	10.30m 10.17m 10.02m			

**W70 Javelin Throw**

70 USATF: A 31.88m  
70 WMA: R 34.83m

Name	Age Team	Seed	Finals	Points
1 # 218 Cohn, Linda	W71 SC Striders	32.28m	25.76m	8
	24.26m FOUL 25.76m	23.91m 25.24m 25.72m		
2 # 504 *Hessel, Laura	W71 Canada	22.00m	X20.15m	
	20.15m 18.48m 18.89m	17.91m FOUL FOUL		
3 # 131 Bowman, Tina	W71 SC Striders	20.55m	19.12m	6
	17.92m FOUL 19.12m	17.82m 19.11m FOUL		
4 # 470 Hanscom, Rita	W70 SC Striders	24.46m	18.77m	4
	FOUL 18.77m 18.64m	FOUL FOUL 17.09m		
5 # 47 Baker, Patricia	W73 Sierra Gold	20.82m	17.03m	3
	15.59m 16.08m 17.03m	15.76m FOUL 14.91m		
6 # 1106 Slouber, Katherin	W73 Sierra Gold	13.48m	11.84m	2
	10.99m 11.30m 11.84m	10.77m FOUL 11.74m		

**W75 Javelin Throw**

75 USATF: A 25.61m  
75 WMA: R 29.92m

Name	Age Team	Seed	Finals	Points
1 # 802 Mensey, Myrle	W75 Throwing and	19.00m	17.06m	8
	15.87m 17.06m FOUL	15.65m 15.18m 15.62m		
2 # 1222 Trotto, Mary	W77 Tnt Internat		15.72m	6
	FOUL 13.37m FOUL	11.94m FOUL 15.72m		

**W80 Javelin Throw**

80 USATF: A 20.12m  
80 WMA: R 27.51m

Name	Age Team	Seed	Finals	Points
1 # 87 Bergen, Kathy	W84 SC Striders	15.22m	14.25m	8
	13.39m 13.92m 12.98m	13.96m 14.25m FOUL		
2 # 515 Hinshaw, Virginia	W80 Hawaii Maste	11.20m	10.88m	6
	10.88m 10.76m FOUL	FOUL 9.42m FOUL		
3 # 446 Guardino, Louise	W83 Unattached	9.87m	10.11m	4
	9.87m 10.11m 9.22m	8.52m 8.72m 9.91m		
4 # 975 Radle, Catherine	W80 Atlanta Track Club	9.74m	9.64m	3
	9.04m 9.06m 9.64m	FOUL FOUL 7.03m		

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**....W80 Javelin Throw**

5 # 1141 Staab, Angela W81 Tnt Internat 8.97m 9.34m 2  
 8.38m 7.61m 7.11m 8.09m 8.86m 9.34m

**W85 Javelin Throw**

85 USATF: A 18.79m  
 85 WMA: R 24.24m

Name	Age Team	Seed	Finals	Points
1 # 901 Padia, Elsbeth	W86 Unattached	19.18m	18.68m	8
17.92m 18.17m 18.68m 16.74m 17.61m 17.14m				
2 # 296 Donley, Christel	W89 Unattached		9.02m	6
FOUL 8.23m 9.02m 8.59m FOUL 8.78m				
3 # 737 Marriott, Joanne	W85 Unattached		8.52m	4
8.21m 6.86m 6.79m 8.52m 8.34m 7.73m				
4 # 556 Hurrell, Lynne	W89 Sierra Gold	8.00m	7.31m	3
6.92m 6.26m 7.31m 6.41m PASS PASS				

**W90 Javelin Throw**

90 USATF: A 16.97m  
 90 WMA: R 16.97m

Name	Age Team	Seed	Finals	Points
1 # 799 Meiler, Florence	W90 Unattached		8.91m	8
7.61m 8.91m 8.35m 7.10m 8.41m PASS				

**M25-29 Javelin Throw**

Name	Age Team	Seed	Finals	Points
1 # 337 Elwell, Michael	M28 Unattached		38.50m	8
36.25m 36.87m 33.35m FOUL 38.50m 37.79m				

**M30 Javelin Throw**

Name	Age Team	Seed	Finals	Points
1 # 543 Howe, Nicholas	M34 Unattached	66.75m	54.68m	8
FOUL 54.68m 54.17m 53.37m 52.04m FOUL				
2 # 476 Harley, Quinton	M33 Unattached	40.25m	41.74m	6
39.03m 37.61m 34.84m 31.21m 40.45m 41.74m				
3 # 1124 *Soboliev, Ievgen	M31 Ukraine	39.24m	X36.30m	
32.96m 36.30m 35.30m FOUL 34.53m 35.14m				

**M35 Javelin Throw**

35 USATF: A 77.07m  
 35 WMA: R 92.80m

Name	Age Team	Seed	Finals	Points
1 # 951 Potter, Brent	M37 Unattached	42.19m	43.64m	8
41.97m 41.81m FOUL FOUL 43.18m 43.64m				
2 # 432 Gray, Joshua	M35 Unattached	38.00m	31.33m	6
29.95m 31.31m FOUL FOUL 31.33m FOUL				

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40 USATF: A 76.91m

40 WMA: R 85.92m

Name	Age Team	Seed	Finals	Points
1 # 1197 Thomas, Jeff	M42 Unattached	51.43m	48.60m	8
45.05m 43.84m 46.39m 45.58m 48.60m 47.21m				
2 # 351 Farkas, Andras	M43 Unattached	35.00m	46.06m	6
41.10m 42.57m 42.00m FOUL 46.06m 45.12m				
3 # 1116 Smith Jr., Curtis	M43 Potomac Vall	36.00m	38.47m	4
38.47m FOUL 35.17m 34.63m 35.54m FOUL				
4 # 674 Layton, Michael	M40 Unattached	35.00m	31.53m	3
31.53m 28.34m 31.23m FOUL FOUL FOUL				
-- # 562 Imperial II, Pete	M44 Unattached		FOUL	
FOUL FOUL PASS PASS PASS				

**M45 Javelin Throw**

USATF: A 67.55m

WMA: R 77.15m

Name	Age Team	Seed	Finals	Points
1 # 641 Kinsey, Collin	M48 Unattached	46.04m	45.23m	8
38.00m 41.65m 42.41m 43.47m 40.68m 45.23m				
2 # 192 Carter, Kurt	M46 Freedom - GR	44.00m	41.68m	6
34.67m 36.30m 37.31m 41.68m FOUL 41.59m				
3 # 1010 Robbins, Josh	M48 Arizona Flam	41.77m	41.42m	4
37.20m 37.67m 41.42m 40.89m 39.94m 38.08m				
4 # 185 Cantrell, Andy	M46 Unattached	38.97m	37.14m	3
30.90m 28.50m 37.14m 33.79m 34.42m 30.89m				
5 # 638 King, Kenneth	M49 Unattached		36.68m	2
36.58m 36.02m 33.60m 35.24m 36.50m 36.68m				
6 # 318 Eadens, Matthew	M47 Unattached	39.00m	35.84m	1
34.94m 33.66m 35.84m 33.65m 31.92m 34.00m				
7 # 1003 Rieger Jr., Marti	M49 Potomac Vall	35.38m	34.93m	
33.49m FOUL 33.39m 34.93m 32.59m 34.27m				

**M50 Javelin Throw**

50 USATF: A 70.71m

50 WMA: R 76.16m

Name	Age Team	Seed	Finals	Points
1 # 1244 Vigna, Jared	M50 Oregon Track Club	49.43m	52.14m	8
FOUL 52.14m 47.35m 47.62m 47.85m 49.03m				
2 # 633 Khatra, Balwinder	M50 SC Striders	52.00m	51.15m	6
42.71m 42.43m 44.09m 40.82m 51.15m FOUL				
3 # 2 Accad Jr., Cleofr	M50 Potomac Vall		43.17m	4
43.17m 42.41m FOUL FOUL FOUL 42.02m				
4 # 9 Aka-Bashorun, Wal	M53 Greater Phil	45.00m	42.44m	3
38.98m FOUL FOUL 42.44m FOUL FOUL				
5 # 176 Callister, Alex	M52 Unattached	28.55m	31.78m	2
25.35m 25.44m 31.78m FOUL FOUL PASS				
6 # 465 Hamilton, Matt	M51 Unattached	32.52m	27.89m	1
26.27m FOUL 27.89m FOUL 25.90m 25.11m				

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7 #	1321 Wydra, Pawel	M50 Chicagoland	26.93m	27.27m
	26.17m 24.34m 27.27m	FOUL 27.09m FOUL		
8 #	934 Phan, Derick	M51 So Cal Track Club	28.40m	23.67m
	23.67m 23.15m 18.41m	FOUL 19.48m PASS		

M55 Javelin Throw

55 USATF: A 66.11m  
55 WMA: R 66.76m

Name	Age Team	Seed	Finals	Points
1 # 717 MacDonald, Craig	M59 Greater Phil	39.40m	41.29m	8
	37.08m 41.06m 39.39m	39.16m 41.29m FOUL		
2 # 480 Harrington, Sean	M55 Spokane Athletics	40.00m	37.98m	6
	37.98m FOUL 33.18m	32.22m 34.60m FOUL		

M60 Javelin Throw

USATF: A 58.25m  
WMA: R 62.47m

Name	Age Team	Seed	Finals	Points
1 # 281 Dennis, Clayton	M62 Mass Velocit	49.73m	47.61m	8
	46.76m 44.63m FOUL	47.07m 45.83m 47.61m		
2 # 1228 Twedt, Jason	M60 San Diego Tr	45.50m	46.59m	6
	45.92m 46.59m 43.07m	44.63m 45.80m 39.97m		
3 # 745 Martin, Paul	M60 Sierra Gold		42.57m	4
	42.57m 41.57m 38.84m	38.58m 41.76m 39.23m		
4 # 635 Kilpper, Brent	M62 Unattached	49.17m	41.99m	3
	38.71m 38.02m 40.76m	41.99m 35.41m 37.10m		
5 # 654 Kuehn, Patrick	M63 Hawaii Maste	30.00m	40.67m	2
	37.93m 40.15m 32.36m	36.72m 40.67m 38.41m		
6 # 54 Barba, Steve	M62 Sierra Gold	42.00m	40.43m	1
	37.20m FOUL 37.21m	37.43m 40.43m FOUL		
7 # 931 Peterson, Martin	M63 Unattached		29.15m	
	27.04m FOUL 27.19m	21.74m 29.15m FOUL		
8 # 437 Greenlee, Michael	M60 Amp Up Sport		14.28m	
	FOUL 12.59m FOUL FOUL	11.18m 14.28m		
-- # 840 Morrow, Art	M60 So Cal Track Club		FOUL	
	PASS FOUL FOUL FOUL	FOUL FOUL		

M65 Javelin Throw

USATF: A 57.67m  
WMA: R 58.58m

Name	Age Team	Seed	Finals	Points
1 # 395 Garza, Len	M67 Greater Phil	45.30m	44.83m	8
	42.33m 38.83m 39.69m	37.61m 44.83m 39.03m		
2 # 722 Makous, Monte	M67 Unattached	38.70m	38.97m	6
	38.97m 35.63m 35.72m	37.23m 37.46m 37.12m		
3 # 471 Hansen, John	M66 Unattached	37.67m	37.54m	4
	37.54m 35.97m 35.27m	33.73m 36.04m 35.95m		
4 # 875 Niroumand, Mahmou	M67 Unattached	36.88m	37.38m	3
	37.35m 37.38m 37.34m	36.69m 36.85m FOUL		

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...M65 Javelin Throw

5 #	1098 *Singh, Kulwant	M67 India	30.00m	X32.62m	
	28.21m 29.47m 29.60m	FOUL FOUL	32.62m		
6 #	544 Howe, Ralph	M66 Unattached	46.70m	32.61m	2
	30.47m 32.61m 26.13m	30.69m 31.55m	FOUL		
7 #	933 Pfeiffer, Bob	M68 Unattached	31.00m	30.95m	1
	30.95m 29.78m 26.96m	29.26m 29.10m	29.28m		
8 #	967 Pugliese, Anthony	M65 Greater Phil	33.80m	29.91m	
	29.91m FOUL 29.53m	FOUL FOUL FOUL			
9 #	65 Barry, James	M66 Unattached		27.99m	
	26.02m 27.55m	27.99m			
10 #	279 Demetrio Jr., The	M68 Unattached	26.58m	26.81m	
	21.57m 26.47m	26.81m			
11 #	244 Crider, Lonnie	M69 Sierra Gold	29.00m	26.81m	
	25.56m FOUL	26.81m			
12 #	1207 Thurman, Bob	M68 Sierra Gold		20.28m	
	20.28m FOUL FOUL				

M70 Javelin Throw

USATF: A 52.23m

WMA: R 54.47m

Name	Age Team	Seed	Finals	Points
1 # 387 Galvanin, Donald	M71 Unattached	36.00m	37.89m	8
	37.16m FOUL FOUL	34.32m 37.89m	FOUL	
2 # 1258 Warmerdam, Barry	M71 SC Striders	37.68m	36.99m	6
	28.60m 33.72m 32.09m	36.99m 33.42m 33.06m		
3 # 12 Allen, John	M73 Texas Throwers Club	39.71m	35.62m	4
	31.08m 34.42m 33.02m	35.62m 34.49m 34.94m		
4 # 985 Ray, Keith	M72 Unattached	34.00m	34.07m	3
	32.55m 34.07m 31.35m	32.61m 32.58m 32.72m		
5 # 319 Easley, Ricky	M70 Texas Throwers Club	38.53m	33.28m	2
	32.11m 33.28m 32.45m	FOUL FOUL	33.03m	
6 # 783 McGillen, Matthew	M70 Unattached		33.04m	1
	30.20m 31.10m 32.26m	FOUL	31.13m 33.04m	
7 # 1051 Schauer, William	M73 Helena Novas	32.50m	31.94m	
	27.17m 29.41m 31.94m	FOUL FOUL FOUL		
8 # 1211 Tipping, Mike	M71 So Cal Track Club	33.14m	26.89m	
	FOUL 26.89m FOUL	FOUL FOUL FOUL		

M75 Javelin Throw

USATF: A 47.12m

WMA: R 52.15m

Name	Age Team	Seed	Finals	Points
1 # 1229 Tyler, Gary	M77 Unattached	39.90m	34.44m	8
	32.84m 32.88m FOUL	34.01m 33.37m 34.44m		
2 # 1245 Viola, Patrick	M75 elitefeats	35.00m	28.84m	6
	28.84m 28.19m FOUL	26.16m 27.92m 28.12m		
3 # 1318 Wuest, Gary	M78 Unattached	23.43m	27.21m	4
	19.93m 26.83m 23.90m	23.77m 25.65m 27.21m		
4 # 397 *Gast, Monte	M76 Canada	27.01m	X26.87m	
	21.96m 25.44m 26.87m	25.53m 25.62m 24.30m		

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**...M75 Javelin Throw**

5 #	499 Henry III, Weilan	M76 Unattached	14.40m	20.19m	3
	FOUL 18.28m 17.08m 20.19m FOUL 18.44m				
6 #	1007 Rink, Larry	M75 So Cal Track Club		18.08m	2
	18.08m FOUL FOUL PASS PASS PASS				

**M80 Javelin Throw**

80 USATF: A 39.06m

80 WMA: R 45.85m

Name	Age Team	Seed	Finals	Points
1 # 148 Brown, James L.	M80 Unattached		30.35m	8
30.35m 29.84m 28.72m 26.96m 28.72m 27.97m				
2 # 1303 Wilson, Ken	M81 Texas Throwers Club	30.00m	23.38m	6
FOUL FOUL FOUL FOUL FOUL 23.38m				
3 # 473 Harasti, Thomas	M83 Unattached	25.00m	23.32m	4
21.60m 22.62m 21.50m 22.83m 21.39m 23.32m				
4 # 613 Katsis, Tom	M84 SC Striders	22.32m	22.05m	3
21.43m FOUL 22.05m FOUL FOUL 19.48m				
5 # 1119 Snyder, Gary	M80 Mass Velocit	20.00m	18.97m	2
17.12m 16.17m 18.97m 17.04m FOUL FOUL				
6 # 1192 Terhune-Young, Ra	M84 Sierra Gold		18.72m	1
15.82m 18.72m 16.66m PASS PASS PASS				

**M85 Javelin Throw**

85 USATF: A 35.64m

85 WMA: R 35.64m

Name	Age Team	Seed	Finals	Points
1 # 658 La Barge Sr., Pet	M85 Texas Throwers Club		30.28m	8
28.89m 28.66m 30.01m 28.65m 30.28m 29.26m				
2 # 459 Haines, Forrest	M85 Unattached	10.00m	12.98m	6
11.73m 12.98m 11.35m 10.84m 12.92m FOUL				

**W40 Weight Throw**

40 USATF: A 19.09m

40 WMA: R 19.09m

Name	Age Team	Seed	Finals	Points
1 # 866 *Newington, Dash	W40 Australia	11.26m	X11.28m	
10.78m 11.22m FOUL FOUL 11.28m 10.60m				
2 # 650 Kovats, Diane	W42 Legacy Track	9.00m	10.38m	8
9.86m 10.38m 9.97m FOUL 10.14m 9.35m				
3 # 60 Barnhart, Rachael	W40 Amp Up Sport		9.74m	6
PASS FOUL 9.52m 9.02m 9.74m 9.70m				
4 # 625 Kelly, Nicole	W43 Unattached		8.66m	4
6.20m 7.18m 8.27m 8.23m 8.66m FOUL				
5 # 1006 Rinehart, Miranda	W43 Amp Up Sport	9.75m	8.53m	3
7.84m 8.53m FOUL FOUL FOUL FOUL				

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45 USATF: A 17.88m

45 WMA: R 17.88m

Name	Age Team	Seed	Finals	Points
1 # 503 Herzner, Angela	W49 AZ Desert Throwers	13.74m	13.83m	8
			12.90m 13.83m 13.56m 13.50m 13.08m 13.37m	
2 # 219 Colby, Stephanie	W46 Potomac Vall	11.73m	12.18m	6
			FOUL 10.49m 11.22m 11.16m 12.18m 10.70m	

**W50 Weight Throw**

50 USATF: A 18.76m

50 WMA: R 18.76m

Name	Age Team	Seed	Finals	Points
1 # 855 Muse, Crystal	W52 Unattached	14.00m	14.52m	8
			12.87m 13.85m FOUL 13.05m 13.54m 14.52m	
2 # 1250 Wadley, Talise	W50 Zephyrs Track Club	12.83m	12.45m	6
			11.34m FOUL 12.15m FOUL 12.45m FOUL	
3 # 505 Heston, Jennifer	W52 Unattached	11.26m	10.18m	4
			FOUL FOUL 9.59m FOUL FOUL 10.18m	
4 # 1241 Vick, Angela	W54 Unattached	8.51m	7.63m	3
			6.62m FOUL 5.67m FOUL 7.55m 7.63m	

**W55 Weight Throw**

55 USATF: A 16.17m

55 WMA: R 17.50m

Name	Age Team	Seed	Finals	Points
1 # 1240 Vernor, Kim	W55 Texas Throwers Club	11.30m	11.21m	8
			10.83m 10.52m 11.21m 11.16m FOUL 9.96m	
2 # 1178 Swingle, Jody	W59 Amp Up Sport		8.92m	6
			7.43m 8.92m 7.36m 6.97m 7.79m 7.40m	
3 # 1055 Schimek, Durelle	W56 Sierra Gold		8.55m	4
			FOUL 8.55m PASS PASS PASS PASS	
4 # 1233 Uttam, Rhonda	W55 Amp Up Sport	9.39m	8.21m	3
			PASS FOUL FOUL FOUL 8.21m 7.78m	

**W60 Weight Throw**

USATF: A 17.79m

WMA: R 18.90m

Name	Age Team	Seed	Finals	Points
1 # 74 Beard, Donna	W60 SC Striders	14.73m	14.16m	8
			14.16m FOUL 12.51m FOUL 11.53m FOUL	
2 # 877 Noguez, Alissa	W61 Unattached	13.24m	13.35m	6
			13.13m 13.11m 13.35m 11.84m 13.02m 13.00m	
3 # 679 Lee, Suzette	W60 SC Striders		12.79m	4
			11.29m 11.86m 11.65m FOUL 11.63m 12.79m	
4 # 1195 Thalman, Kelly	W62 Sierra Gold	11.30m	10.98m	3
			10.98m 10.80m 10.47m 10.95m FOUL FOUL	
5 # 623 Kelly, Linda	W64 Unattached		8.33m	2
			7.47m 7.75m 8.33m 7.82m 8.17m 8.09m	

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**....W60 Weight Throw**

6 #	519 Hixon, Vivian	W60 Atlanta Track Club	7.22m	1
	6.94m 7.22m 6.56m FOUL FOUL 6.14m			
7 #	1050 Scanlon, Heather	W61 Philadelphia	7.02m	
	6.22m 6.03m 6.28m 7.02m 6.54m FOUL			
-- #	214 Clausen de Contre	W61 Sierra Gold	14.42m	FOUL
	FOUL FOUL FOUL FOUL FOUL FOUL			

**W65 Weight Throw**

65 USATF: A 17.20m

65 WMA: R 17.34m

Name	Age Team	Seed	Finals	Points
1 # 362 Finsrud, Carol	W67 Texas Throwers Club	14.00m	14.37m	8
	13.92m 13.36m 14.37m 13.08m FOUL FOUL			
2 # 1273 Welding, Ruth	W68 Chicagoland	12.92m	11.84m	6
	FOUL 11.23m 10.85m 11.17m 11.84m 10.62m			
3 # 462 Hallen, Susan	W67 Chicagoland	12.52m	11.28m	4
	11.05m 11.28m 10.96m FOUL FOUL 10.28m			
4 # 915 Patterson, Linda	W69 Unattached	9.00m	7.72m	3
	7.72m 7.23m 6.81m 7.20m 7.15m 6.89m			
5 # 858 Myers, Helene	W69 Potomac Vall	3.54m	4.57m	2
	4.34m 4.37m 4.48m 4.03m 4.57m 4.22m			

**W70 Weight Throw**

70 USATF: A 15.09m

70 WMA: R 15.09m

Name	Age Team	Seed	Finals	Points
1 # 504 *Hessel, Laura	W71 Canada	11.91m	X10.14m	
	FOUL 9.52m 9.97m FOUL 10.14m FOUL			
2 # 568 Jackson, Carole	W70 SC Striders	10.29m	9.86m	8
	8.08m 9.86m 8.33m 9.21m FOUL 8.60m			
3 # 1136 Sprattling, Rene	W74 Sierra Gold	7.07m	8.85m	6
	7.28m 7.38m FOUL 8.85m 8.65m 8.36m			
4 # 47 Baker, Patricia	W73 Sierra Gold	9.31m	8.66m	4
	FOUL 8.22m 8.66m 8.41m 8.41m 8.65m			
5 # 1106 Slouber, Katherin	W73 Sierra Gold	7.00m	7.93m	3
	7.20m 6.99m 6.42m 7.93m 7.23m 7.49m			

**W75 Weight Throw**

75 USATF: A 12.03m

75 WMA: R 14.74m

Name	Age Team	Seed	Finals	Points
1 # 802 Mensey, Myrle	W75 Throwing and	16.54m	16.24mR	8
	14.96m 14.84m FOUL 16.24m FOUL 15.31m			
2 # 1222 Trotto, Mary	W77 Tnt Internat		8.86m	6
	8.16m 8.11m 8.01m 8.86m 8.71m			

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**W80 Weight Throw**

80 USATF: A 9.92m

80 WMA: R 13.25m

Name	Age	Team	Seed	Finals	Points
1 # 975 Radle, Catherine	W80	Atlanta Track Club	8.57m	8.15m	8
7.86m FOUL 8.15m 8.15m 8.10m FOUL					
2 # 1141 Staab, Angela	W81	Tnt Internat	5.53m	6.49m	6
6.37m 6.41m 5.93m FOUL 6.17m 6.49m					
3 # 446 Guardino, Louise	W83	Unattached	5.93m	5.64m	4
4.84m 5.64m 5.38m 5.06m 5.02m 5.56m					

**W85 Weight Throw**

85 USATF: A 7.98m

85 WMA: R 11.59m

Name	Age	Team	Seed	Finals	Points
1 # 737 Marriott, Joanne	W85	Unattached		6.00m	8
FOUL 5.44m 5.15m 6.00m 5.75m 5.97m					

**M35 Weight Throw**

35 USATF: A 22.48m

35 WMA: R 25.17m

Name	Age	Team	Seed	Finals	Points
1 # 1265 Watson, Ja'Mar	M35	Unattached	19.95m	17.53m	8
16.12m FOUL 16.63m 17.35m 17.53m FOUL					

**M45 Weight Throw**

45 USATF: A 17.82m

45 WMA: R 20.79m

Name	Age	Team	Seed	Finals	Points
1 # 1003 Rieger Jr., Marti	M49	Potomac Vall	9.75m	9.93m	8
FOUL FOUL FOUL 7.22m FOUL 9.93m					

**M50 Weight Throw**

50 USATF: A 24.24m

50 WMA: R 24.24m

Name	Age	Team	Seed	Finals	Points
1 # 176 Callister, Alex	M52	Unattached	14.55m	14.19m	8
11.15m 14.19m FOUL 12.54m FOUL 11.80m					
2 # 465 Hamilton, Matt	M51	Unattached	11.93m	11.31m	6
FOUL 10.40m FOUL FOUL FOUL 11.31m					
3 # 835 Moren, Thad	M50	Mariner Track Club	9.69m	11.04m	4
FOUL 11.04m FOUL FOUL FOUL 10.94m					
4 # 1321 Wydra, Pawel	M50	Chicagoland	11.08m	10.82m	3
9.99m 10.82m FOUL FOUL 10.40m 10.79m					
5 # 10 Ali, Mohamed	M54	Tnt Internat	10.16m	10.18m	2
10.18m FOUL FOUL FOUL FOUL 9.08m					

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M55 Weight Throw**

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55 USATF: A 21.73m

55 WMA: R 21.73m

Name	Age Team	Seed	Finals	Points
1 # 5 Adelman, Stephen	M57 Sierra Gold	16.43m	16.70m	8
16.01m 15.65m 16.07m 16.41m 16.16m 16.70m				
2 # 96 Bickel, David	M58 AZ Desert Throwers	16.00m	16.63m	6
15.03m 16.63m 16.26m 15.81m FOUL FOUL				
3 # 717 MacDonald, Craig	M59 Greater Phil	15.31m	14.65m	4
14.05m 14.65m 14.06m 14.03m 14.14m 14.09m				
4 # 1061 Schurman, Doug	M56 Flanagan Clan	14.00m	14.00m	3
12.85m 13.98m 14.00m 11.72m 13.27m 13.75m				

**M60 Weight Throw**

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USATF: A 23.57m

WMA: R 24.20m

Name	Age Team	Seed	Finals	Points
1 # 1025 Rosati, Paul	M60 Unattached	18.00m	18.42m	8
17.84m 17.83m 17.45m 17.61m 18.42m FOUL				
2 # 916 Patterson Jr., Ge	M63 Sierra Gold	14.30m	13.92m	6
FOUL 9.66m 12.63m 12.19m 13.06m 13.92m				
3 # 848 Munski, Larry	M64 Unattached	13.97m	13.58m	4
11.94m 12.36m 13.51m FOUL 13.58m 13.42m				
4 # 619 Keller, Erik	M60 Unattached	13.50m	12.69m	3
12.69m 11.31m 11.67m FOUL FOUL FOUL				
5 # 662 Lambdin, Thomas	M63 Twilight Throwers	14.09m	12.00m	2
12.00m FOUL FOUL 11.64m FOUL 11.44m				
6 # 437 Greenlee, Michael	M60 Amp Up Sport		9.90m	1
8.40m FOUL 8.43m 9.12m 9.90m 9.51m				
7 # 840 Morrow, Art	M60 So Cal Track Club		7.11m	
4.31m FOUL 6.49m FOUL 6.36m 7.11m				

**M65 Weight Throw**

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USATF: A 20.18m

WMA: R 22.10m

Name	Age Team	Seed	Finals	Points
1 # 27 Arello Jr., Rober	M65 Throws and J	17.50m	16.75m	8
FOUL 15.83m 16.75m FOUL 16.47m FOUL				
2 # 464 Hambrick, Michael	M65 Unattached		15.72m	6
15.36m 15.72m FOUL FOUL 15.19m 15.67m				
3 # 247 Crothers, Jeff	M65 AZ Desert Throwers	14.10m	13.62m	4
13.62m 12.91m 13.11m 13.16m FOUL 12.98m				
4 # 1090 Sidhu, Gurbax	M69 Fresno Flyer	12.91m	12.85m	3
FOUL 12.54m 12.85m FOUL FOUL FOUL				
5 # 967 Pugliese, Anthony	M65 Greater Phil		11.44m	2
11.02m 10.43m 10.53m 9.92m 11.44m 10.99m				
6 # 279 Demetrio Jr., The	M68 Unattached	9.30m	9.93m	1
8.55m 9.93m FOUL FOUL FOUL FOUL				

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70 USATF: A 22.33m

70 WMA: R 23.15m

Name	Age Team	Seed	Finals	Points
1 # 418 Goldhammer, John	M70 Unattached	19.43m	19.37m	8
18.91m FOUL FOUL 18.65m 19.37m FOUL				
2 # 287 *Dirkin, Guy	M71 Great Britai	18.30m	X17.64m	
16.39m FOUL 17.64m 17.14m 17.49m FOUL				
3 # 852 *Murray, Gavin	M70 Australia	18.23m	X17.24m	
17.24m FOUL 16.82m 16.24m 16.75m 16.97m				
4 # 795 McQuade, Francis	M72 Unattached	15.00m	15.01m	6
15.01m 14.70m FOUL FOUL FOUL 14.97m				
5 # 1130 Sorensen, Ward	M70 Potomac Vall		14.51m	4
12.78m 14.51m 14.41m 14.50m 13.89m 14.46m				
6 # 1266 Watson, Richard	M71 AZ Desert Throwers	14.60m	14.01m	3
13.15m 13.34m 13.27m 13.33m 13.20m 14.01m				
7 # 603 Jordan Jr., Rufus	M74 Tnt Internat	13.00m	13.49m	2
11.71m 12.82m 12.80m 12.94m 13.49m 11.36m				

**M75 Weight Throw**

75 USATF: A 19.86m

75 WMA: R 20.06m

Name	Age Team	Seed	Finals	Points
1 # 845 Moss, Ken	M76 Potomac Vall	17.00m	18.86m	8
16.71m 17.48m 17.98m 18.86m FOUL FOUL				
2 # 584 John, Gary	M75 Santa Cruz Throwers	15.09m	13.96m	6
13.46m 13.38m 13.94m 13.96m FOUL 13.87m				
3 # 1033 Sager, Bob	M76 Bozeman Track Club	12.48m	11.97m	4
11.97m 10.64m 11.79m 11.53m 11.38m 11.39m				
4 # 479 Harriman, Darrel	M77 Texas Throwers Club		11.41m	3
11.41m FOUL FOUL 10.67m 11.14m FOUL				
5 # 1007 Rink, Larry	M75 So Cal Track Club		5.12m	2
FOUL FOUL 5.12m PASS PASS PASS				

**M80 Weight Throw**

80 USATF: A 16.88m

80 WMA: R 19.91m

Name	Age Team	Seed	Finals	Points
1 # 165 Burke, Edward	M84 Unattached	16.00m	18.17mA	8
17.04m 18.17m 18.02m FOUL FOUL 17.67m				
2 # 753 Mathews, George	M80 Seattle Masters AC		14.68m	6
14.68m PASS 14.05m 14.56m 13.99m FOUL				
3 # 616 Kearns, Bo	M83 Unattached	10.37m	10.83m	4
10.23m FOUL 10.42m 9.74m 10.51m 10.83m				
4 # 385 Gale, Mike	M83 Sierra Gold	11.00m	10.70m	3
FOUL 9.58m 9.44m 9.22m FOUL 10.70m				
5 # 554 Hunt, Ken	M80 Unattached	9.88m	10.09m	2
10.09m 9.08m 9.05m 10.09m 9.18m 9.43m				
6 # 1192 Terhune-Young, Ra	M84 Sierra Gold		8.84m	1
8.24m FOUL 8.17m 8.38m 8.84m FOUL				

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## M85 Weight Throw

85 USATF: A 12.24m

85 WMA: R 16.65m

Name	Age Team	Seed	Finals	Points
1 # 658 La Barge Sr., Pet	M85 Texas Throwers Club		13.88mA	8
			13.30m 13.45m FOUL 13.43m 13.84m 13.88m	
2 # 1071 Sepin, Arthur	M85 Unattached	10.25m	11.06m	6
			10.19m FOUL 9.98m 11.06m FOUL FOUL	
3 # 539 Hotchkiss, Richar	M85 Sierra Gold		10.02m	4
			9.18m 10.02m FOUL FOUL FOUL 9.62m	
4 # 258 *Dalton, Jeyaraj	M85 India		X5.70m	
			5.10m FOUL FOUL 5.70m FOUL FOUL	

## M25-29 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	H#	Points
1 # 445 Gritzer, Rob	M26 Unattached	23.49	1.3	2	739

## M35 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	H#	Points
1 # 183 Canner, Josh	M36 Unattached	24.80	1.3	2	658

## M40 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	H#	Points
1 # 732 Marenin, Roman	M41 Joy's Jackra	22.97	1.3	2	892
2 # 1197 Thomas, Jeff	M42 Unattached	24.82	1.3	2	723
3 # 1206 Thompson, Shane	M41 Unattached	26.60	1.3	2	575
4 # 1170 *Sugiura, Akihiko	M42 Japan	X27.13	1.3	2	534 27.122
5 # 657 Kwon, Daniel	M44 Unattached	28.21	1.3	2	454

## M45 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	Points
1 # 1323 Yakoushkin, Dimit	M47 Unattached	24.41	1.8	829
2 # 1010 Robbins, Josh	M48 Arizona Flam	24.78	1.8	796
3 # 192 Carter, Kurt	M46 Freedom - GR	25.07	1.8	770
4 # 1011 Roberts, Cory	M46 U.S. Air Force	26.34	1.8	664
5 # 185 Cantrell, Andy	M46 Unattached	26.67	1.8	638
6 # 691 Lindenberg, David	M45 Unattached	27.13	1.8	601 27.127

## M50 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	H#	Points
1 # 9 Aka-Bashorun, Wal	M53 Greater Phil	26.31	0.8	2	738
2 # 283 Dietz, Shaun	M52 Unattached	27.49	0.8	2	644
3 # 1135 Spiller, Matthew	M53 Unattached	29.69	0.8	2	483
4 # 1312 Woods, David	M54 Unattached	33.91	0.8	2	235
5 # 736 Marmanis, Haralam	M54 Mass Velocit	34.06	0.8	2	227

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Name	Age Team	Finals	Wind	Points
1 # 521 Hlavinka, Darin	M58 Snake River	34.59	1.0	259
2 # 480 Harrington, Sean	M55 Spokane Athletics	39.14	1.0	78

**Outdoor Pentathlon: #3 M60 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 529 Holland, Doug	M60 Joy's Jackra	27.13	0.4	1	828
2 # 237 Coushay, Brian	M60 Portland Mas	29.13	2.2	2	673
3 # 1109 Smith, Christophe	M62 Unattached	30.05	0.4	1	608
4 # 916 Patterson Jr., Ge	M63 Sierra Gold	31.83	0.4	1	488
5 # 942 Pinney, Stephen	M60 Unattached	33.26	2.2	2	401
6 # 564 Irizarry, Frank	M64 Unattached	33.39	0.4	1	393
7 # 210 Cimba, Michael	M61 Unattached	33.59	0.4	1	382
8 # 95 Bibby, Douglas	M64 Unattached	36.33	2.2	2	240
9 # 495 Hendricks, Christ	M61 Greater Phil	37.96	0.4	1	170
10 # 1171 Sullivan, Brian	M62 Atlanta Track Club	40.95	2.2	2	70
11 # 931 Peterson, Martin	M63 Unattached	47.64	2.2	2	
-- # 66 Barry, Mike	M60 Unattached	DNF	2.2	2	

**Outdoor Pentathlon: #3 M65 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 547 *Huarcaya, Luis	M65 Peru	X27.89	0.5	842
2 # 967 Pugliese, Anthony	M65 Greater Phil	31.78	0.5	561
3 # 531 Holmes Jr., Harol	M66 Sierra Gold	31.97	0.5	549
4 # 933 Pfeiffer, Bob	M68 Unattached	32.44	0.5	519
5 # 1217 *Torres, Francisc	M65 Puerto Rico	X34.60	0.5	390
6 # 741 Marthinsen, Art	M65 Tamalpa	35.47	0.5	343
7 # 279 Demetrio Jr., The	M68 Unattached	38.99	0.5	181

**M70 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 574 Jacquet-Acea, Rus	M71 Unattached	29.39	0.6	3	802
2 # 667 Larsen, Bob	M71 Unattached	34.00	0.6	3	493
3 # 57 Barnes, Manuel	M71 Unattached	34.33	0.6	3	473
4 # 498 Henry, Bryan	M74 Unattached	35.25	0.6	3	421
5 # 1211 Tipping, Mike	M71 So Cal Track Club	35.56	0.6	3	404
6 # 1208 Tidwell, Seth	M71 Unattached	38.01	0.6	3	279
-- # 1266 Watson, Richard	M71 AZ Desert Throwers	DNF	0.6	3	

**M75 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 666 Lapp, Rick	M75 Shore Athletic Club	31.37	1.3	1	736
2 # 506 Hickman, Dennis	M75 Portland Mas	35.37	-0.4	2	483
3 # 499 Henry III, Weilan	M76 Unattached	39.27	-0.4	2	283
4 # 1245 Viola, Patrick	M75 elitefeats	40.53	-0.4	2	229
5 # 540 Howard, Kent	M75 Unattached	40.96	-0.4	2	211

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**...M75 200 Meter Dash Outdoor Pentathlon**

6 #	755 Mathies, Drue	M77 Sierra Gold	45.91	1.3	1	58
7 #	1318 Wuest, Gary	M78 Unattached	46.66	-0.4	2	42
8 #	886 O'Haver, Daniel	M79 Sierra Gold	54.26	1.3	1	
-- #	994 Reiter, William	M78 Unattached	DNF	1.3	1	

**M85 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached	42.22	-1.7	366

**M90 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 630 Kent, Ed	M90 Snake River	1:06.33	-1.7	

**M95 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
95 WMA: R 48.09				
1 # 944 Platts, William	M96 Unattached	57.91	-1.7	259

**W35 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 494 Hemphill, Melissa	W36 Delaware Eli	2:51.83	457
2 # 375 Formby, Heather	W39 Joy's Jackra	3:42.50	80

**W40 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 866 *Newington, Dash	W40 Australia	X2:48.13	564
2 # 1237 Vazquez, Katrina	W43 Bella N Motion	3:23.22	243

**W45 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 329 Edwards, Lisa	W46 Central Park	2:49.20	625

**W50 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 45 Baird, Marsha	W50 Unattached	2:41.14	796

**W55 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	3:58.75	193

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W60 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 575 Jakstiene, Nering	W60 Unattached	2:49.49	874
2 # 1066 Scott, Daphne	W63 Unattached	3:42.42	375

**W65 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 935 Phelps, Jo	W65 Tnt Internat	4:43.01	101

**W75 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1222 Trotto, Mary	W77 Tnt Internat	5:11.02	120
2 # 88 Berger, Nancy	W79 Tnt Internat	5:17.67	96

**W90 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
90 WMA: R 5:01.35			
1 # 799 Meiler, Florence	W90 Unattached	6:57.83	138

**M25-29 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 445 Gritzer, Rob	M26 Unattached	4:45.16	648
52.269 (52.269)	2:10.302 (1:18.034)	3:31.897 (1:21.595)	4:45.154 (1:13.258)

**M35 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 183 Canner, Josh	M36 Unattached	5:29.23	417
59.655 (59.655)	2:27.474 (1:27.819)	3:59.127 (1:31.654)	5:29.222 (1:30.095)

**M40 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1197 Thomas, Jeff	M42 Unattached	4:45.68	732
54.031 (54.031)	2:12.496 (1:18.466)	3:31.240 (1:18.744)	4:45.671 (1:14.432)
2 # 732 Marenin, Roman	M41 Joy's Jackra	5:16.07	555
54.066 (54.066)	2:12.627 (1:18.562)	3:41.858 (1:29.231)	5:16.068 (1:34.211)
3 # 1206 Thompson, Shane	M41 Unattached	6:45.85	167
1:11.197 (1:11.197)	3:07.822 (1:56.626)	5:09.053 (2:01.231)	6:45.844 (1:36.791)
4 # 657 Kwon, Daniel	M44 Unattached	6:47.25	162
1:08.667 (1:08.667)	3:00.034 (1:51.368)	4:59.217 (1:59.183)	6:47.250 (1:48.033)
5 # 1170 *Sugiura, Akihiko	M42 Japan	X8:00.97	11
1:18.716 (1:18.716)	3:43.198 (2:24.483)	6:07.314 (2:24.116)	8:00.965 (1:53.652)

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Name	Age Team	Finals	Points
1 # 691 Lindenber, David	M45 Unattached	5:18.05	617
55.841 (55.841)	2:18.970 (1:23.130)	3:49.714 (1:30.744)	5:18.048 (1:28.334)
2 # 1323 Yakoushkin, Dimit	M47 Unattached	5:40.62	499
1:04.577 (1:04.577)	2:37.756 (1:33.180)	4:13.918 (1:36.162)	5:40.612 (1:26.695)
3 # 1011 Roberts, Cory	M46 U.S. Air Force	5:46.77	469
1:04.076 (1:04.076)	2:37.310 (1:33.235)	4:13.312 (1:36.002)	5:46.764 (1:33.452)
4 # 192 Carter, Kurt	M46 Freedom - GR	5:50.03	453
1:05.443 (1:05.443)	2:39.006 (1:33.564)	4:16.034 (1:37.028)	5:50.029 (1:33.995)
5 # 1010 Robbins, Josh	M48 Arizona Flam	6:15.31	340
1:09.274 (1:09.274)	2:49.268 (1:39.995)	4:30.880 (1:41.612)	6:15.301 (1:44.422)
6 # 185 Cantrell, Andy	M46 Unattached	6:56.53	188
1:07.226 (1:07.226)	2:53.690 (1:46.464)	4:52.522 (1:58.833)	6:56.523 (2:04.001)

**M50 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 9 Aka-Bashorun, Wal	M53 Greater Phil	5:42.42	566
1:06.831 (1:06.831)	2:40.921 (1:34.090)	4:14.594 (1:33.674)	5:42.412 (1:27.818)
2 # 736 Marmanis, Haralam	M54 Mass Velocit	6:06.77	449
1:08.568 (1:08.568)	2:47.540 (1:38.972)	4:29.191 (1:41.651)	6:06.764 (1:37.574)
3 # 283 Dietz, Shaun	M52 Unattached	7:27.42	153
1:22.806 (1:22.806)	3:31.634 (2:08.828)	5:41.376 (2:09.742)	7:27.420 (1:46.045)
4 # 1135 Spiller, Matthew	M53 Unattached	7:27.99	151
1:27.730 (1:27.730)	3:32.530 (2:04.800)	5:36.653 (2:04.123)	7:27.986 (1:51.334)
-- # 1312 Woods, David	M54 Unattached	DNF	
1:39.153 (1:39.153)			

**M55 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 521 Hlavinka, Darin	M58 Snake River	7:04.40	290
1:21.815 (1:21.815)	3:13.848 (1:52.034)	5:09.531 (1:55.683)	7:04.396 (1:54.866)
2 # 480 Harrington, Sean	M55 Spokane Athletics	7:48.69	153
1:29.132 (1:29.132)	3:35.672 (2:06.540)	5:42.640 (2:06.968)	7:48.687 (2:06.048)

**Outdoor Pentathlon: #5 M60 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 942 Pinney, Stephen	M60 Unattached	5:48.74	700
1:15.231 (1:15.231)	2:50.641 (1:35.411)	4:21.723 (1:31.082)	5:48.737 (1:27.014)
2 # 564 Irizarry, Frank	M64 Unattached	6:44.69	443
1:21.726 (1:21.726)	3:12.448 (1:50.722)	5:03.793 (1:51.345)	6:44.684 (1:40.892)
3 # 237 Coushay, Brian	M60 Portland Mas	6:50.54	420
1:15.987 (1:15.987)	3:07.477 (1:51.491)	5:05.233 (1:57.756)	6:50.531 (1:45.298)
4 # 1109 Smith, Christophe	M62 Unattached	7:09.07	348
1:16.497 (1:16.497)	3:13.423 (1:56.926)	5:12.149 (1:58.726)	7:09.068 (1:56.920)
-- # 916 Patterson Jr., Ge	M63 Sierra Gold	DNF	
-- # 1171 Sullivan, Brian	M62 Atlanta Track Club	DNF	
1:20.429 (1:20.429)			

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-- #	210 Cimba, Michael	M61 Unattached	DNF
	1:22.398 (1:22.398)		
-- #	495 Hendricks, Christ	M61 Greater Phil	DNF
	2:28.381 (2:28.381)		
-- #	931 Peterson, Martin	M63 Unattached	DNF
	2:28.555 (2:28.555)		
-- #	529 Holland, Doug	M60 Joy's Jackra	DNF
	1:21.834 (1:21.834)		
-- #	95 Bibby, Douglas	M64 Unattached	DNF

**Outdoor Pentathlon: #5 M65 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 967 Pugliese, Anthony	M65 Greater Phil	6:18.72	583
	1:04.513 (1:04.513) 2:43.311 (1:38.798) 4:31.790 (1:48.480)	6:18.720 (1:46.930)	
2 # 741 Marthinsen, Art	M65 Tamalpa	6:37.66	499
	1:08.782 (1:08.782) 2:54.864 (1:46.082) 4:46.157 (1:51.293)	6:37.651 (1:51.494)	
3 # 1217 *Torres, Francisc	M65 Puerto Rico	X6:50.91	444
	1:22.329 (1:22.329) 3:09.683 (1:47.354) 4:57.622 (1:47.940)	6:50.907 (1:53.286)	
4 # 933 Pfeiffer, Bob	M68 Unattached	7:33.52	287
	1:26.585 (1:26.585) 3:29.731 (2:03.146) 5:34.789 (2:05.058)	7:33.512 (1:58.723)	
5 # 531 Holmes Jr., Harol	M66 Sierra Gold	7:45.92	248
	1:23.405 (1:23.405) 3:25.073 (2:01.668) 5:38.873 (2:13.801)	7:45.919 (2:07.046)	
6 # 279 Demetrio Jr., The	M68 Unattached	10:00.23	3
	1:51.785 (1:51.785) 4:39.498 (2:47.714) 7:27.486 (2:47.988)	10:00.221 (2:32.736)	
-- # 1166 Strickland, Dale	M68 Unattached	DNF	
-- # 547 *Huarcaya, Luis	M65 Peru	XDNF	
-- # 523 Hodson, Greg	M67 Unattached	DNF	

**M70 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 57 Barnes, Manuel	M71 Unattached	6:10.11	708
	1:05.872 (1:05.872) 2:45.996 (1:40.124) 4:30.506 (1:44.510)	6:10.102 (1:39.596)	
2 # 574 Jacquet-Acea, Rus	M71 Unattached	6:32.20	606
	1:19.233 (1:19.233) 3:04.579 (1:45.346) 4:51.735 (1:47.156)	6:32.194 (1:40.459)	
3 # 498 Henry, Bryan	M74 Unattached	7:26.75	386
	1:24.097 (1:24.097) 3:23.460 (1:59.363) 5:31.734 (2:08.275)	7:26.744 (1:55.010)	
4 # 1208 Tidwell, Seth	M71 Unattached	8:11.54	240
	1:38.316 (1:38.316) 3:59.354 (2:21.039) 6:10.080 (2:10.726)	8:11.531 (2:01.451)	
5 # 667 Larsen, Bob	M71 Unattached	9:16.32	86
	1:37.526 (1:37.526) 4:04.710 (2:27.185) 6:49.433 (2:44.723)	9:16.314 (2:26.882)	
6 # 1211 Tipping, Mike	M71 So Cal Track Club	9:24.89	72
	1:34.808 (1:34.808) 4:04.928 (2:30.120) 6:58.083 (2:53.156)	9:24.885 (2:26.802)	
-- # 1266 Watson, Richard	M71 AZ Desert Throwers	DNF	

**M75 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 666 Lapp, Rick	M75 Shore Athletic Club	6:48.46	626
	1:11.879 (1:11.879) 3:01.305 (1:49.426) 4:57.744 (1:56.439)	6:48.459 (1:50.716)	

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**...M75 1500 Meter Run Outdoor Pentathlon**

2 #	499 Henry III, Weilan	M76 Unattached	7:30.72	457
	1:22.335 (1:22.335)	3:22.408 (2:00.074)	5:31.166 (2:08.758)	7:30.719 (1:59.554)
3 #	540 Howard, Kent	M75 Unattached	7:55.58	369
	1:17.593 (1:17.593)	3:20.348 (2:02.755)	5:36.538 (2:16.190)	7:55.574 (2:19.037)
4 #	755 Mathies, Drue	M77 Sierra Gold	8:35.58	246
	1:42.250 (1:42.250)	4:00.644 (2:18.394)	6:22.821 (2:22.178)	8:35.578 (2:12.758)
5 #	1245 Viola, Patrick	M75 elitefeats	9:28.27	119
	1:39.624 (1:39.624)	4:14.598 (2:34.974)	6:56.564 (2:41.966)	9:28.270 (2:31.706)
6 #	506 Hickman, Dennis	M75 Portland Mas	9:29.50	117
	1:39.564 (1:39.564)	4:15.353 (2:35.789)	6:57.651 (2:42.298)	9:29.496 (2:31.846)
-- #	886 O'Haver, Daniel	M79 Sierra Gold	DNF	
-- #	1318 Wuest, Gary	M78 Unattached	DNF	
-- #	994 Reiter, William	M78 Unattached	DNF	
-- #	263 Darlington, John	M79 Sierra Gold	DNF	

**M85 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached	7:50.92	642
	1:24.800 (1:24.800)	3:32.051 (2:07.251)	5:42.723 (2:10.672)
			7:50.917 (2:08.195)

**M90 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
-- # 630 Kent, Ed	M90 Snake River	DNF	
	3:01.411 (3:01.411)		

**M95 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 944 Platts, William	M96 Unattached	12:52.51	336
	2:22.977 (2:22.977)	5:49.077 (3:26.101)	9:22.019 (3:32.942)
			12:52.507 (3:30.489)

**W35 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 494 Hemphill, Melissa	W36 Delaware Eli	18.84	0.1	3	417
2 # 375 Formby, Heather	W39 Joy's Jackra	25.36	0.1	3	19

**W40 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 1237 Vazquez, Katrina	W43 Bella N Motion	12.48	0.1	2	952
2 # 866 *Newington, Dash	W40 Australia	X13.67	0.1	2	770

**W45 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 329 Edwards, Lisa	W46 Central Park	17.20	0.1	2	402

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**W50 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 45 Baird, Marsha	W50 Unattached	13.26	0.1	2	970

**W55 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	H#	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	19.88	0.1	2	281

**W60 100 Short Hurdles Outdoor Pentathlon**

60 WMA: R 12.90

Name	Age Team	Finals	Wind	Points
1 # 575 Jakstiene, Nering	W60 Unattached	13.00	0.1	1168
2 # 1066 Scott, Daphne	W63 Unattached	16.22	0.1	732

**W65 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 935 Phelps, Jo	W65 Tnt Internat	19.63	0.1	451

**W75 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 88 Berger, Nancy	W79 Tnt Internat	34.20	0.1	
2 # 1222 Trotto, Mary	W77 Tnt Internat	36.68	0.1	

**W90 100 Short Hurdles Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 799 Meiler, Florence	W90 Unattached	34.55	0.1	332

**W35 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 494 Hemphill, Melissa	W36 Delaware Eli	1.43m	566
1.37 1.40 1.43 1.46			
O O O XXX			
2 # 375 Formby, Heather	W39 Joy's Jackra	1.37m	502
1.28 1.31 1.34 1.37 1.40			
O O O O XXX			

**W40 High Jump Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 866 *Newington, Dash	W40 Australia	X1.58m	842
1.25 1.34 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61			
O O O O XO O O XXO XXO XXX			

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**....W40 High Jump Outdoor Pentathlon**

2 # 1237 Vazquez, Katrina W43 Bella N Motion 1.40m 621  
 1.10 1.16 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43  
 O O O O O O O O O XXX

**W45 High Jump Outdoor Pentathlon**

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Name	Age Team	Finals	Points
1 # 329 Edwards, Lisa	W46 Central Park	1.16m	409
1.07 1.10 1.13 1.16 1.19			
O O XO XO XXX			

**W50 High Jump Outdoor Pentathlon**

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Name	Age Team	Finals	Points
1 # 45 Baird, Marsha	W50 Unattached	1.34m	712
1.31 1.34 1.37			
O XO XXX			

**W55 High Jump Outdoor Pentathlon**

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Name	Age Team	Finals	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	1.13m	512
1.01 1.04 1.07 1.10 1.13 1.16			
O XO O XXO XO X			

**W60 High Jump Outdoor Pentathlon**

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60 WMA: R 1.48m

Name	Age Team	Finals	Points
1 # 575 Jakstiene, Nering	W60 Unattached	1.46m	1106
1.31 1.37 1.40 1.43 1.46			
O O O XO XXO			
2 # 1066 Scott, Daphne	W63 Unattached	1.22m	724
1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25			
O O O O O XO O XXX			

**W65 High Jump Outdoor Pentathlon**

=====

Name	Age Team	Finals	Points
1 # 935 Phelps, Jo	W65 Tnt Internat	1.16m	724
1.04 1.07 1.10 1.13 1.16 1.19			
XO O XXO O XO XXX			

**W75 High Jump Outdoor Pentathlon**

=====

Name	Age Team	Finals	Points
1 # 1222 Trotto, Mary	W77 Tnt Internat	0.89m	460
0.83 0.86 0.89 0.92			
O O O XXX			

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**...W75 High Jump Outdoor Pentathlon**

2 #	88 Berger, Nancy	W79 Tnt Internat	0.86m	419
	0.80 0.83 0.86 0.89			
	O O O XXX			

**W90 High Jump Outdoor Pentathlon**

90 WMA: R 0.88m

Name	Age Team	Finals	Points
1 # 799 Meiler, Florence	W90 Unattached	0.86m	724
	0.80 0.83 0.86 0.89		
	O O O XXX		

**W35 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 494 Hemphill, Melissa	W36 Delaware Eli	4.36m	0.3	428
	4.36m(0.3) 3.93m(-2.2) 4.34m(0.4)			
2 # 375 Formby, Heather	W39 Joy's Jackra	3.19m	2.3	159
	3.16m(-0.6) 3.19m(2.3) 2.99m(0.6)			

**W40 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 866 *Newington, Dash	W40 Australia	X4.94m	0.9	665
	4.45m(-0.5) 4.94m(0.9) 4.92m(-0.2)			
2 # 1237 Vazquez, Katrina	W43 Bella N Motion	4.57m	0.3	554
	4.03m(-0.8) 4.24m(+0.0) 4.57m(0.3)			

**W45 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 329 Edwards, Lisa	W46 Central Park	3.45m	-1.0	303
	3.45m(-1.0) 3.24m(-0.1) 2.32m(0.2)			

**W50 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 45 Baird, Marsha	W50 Unattached	4.52m	0.6	706
	4.52m(0.6) FOUL(-0.5) FOUL(-1.5)			

**W55 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	3.09m	-0.5	310
	3.09m(-0.5) 2.68m(+0.0)			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W60 Long Jump Outdoor Pentathlon**

60 WMA: R 4.75m						
Name	Age	Team	Finals	Wind	Points	
1 # 575 Jakstiene, Nering	W60	Unattached	4.89mR	-0.4	1089	
4.61m(-0.4) FOUL(0.6) 4.89m(-0.4)						
2 # 1066 Scott, Daphne	W63	Unattached	3.52m	2.3	522	
FOUL(1.5) 3.36m(-0.4) 3.52m(2.3)						

**W65 Long Jump Outdoor Pentathlon**

Name	Age	Team	Finals	Wind	Points	
1 # 935 Phelps, Jo	W65	Tnt Internat	2.99m	-0.4	403	
2.72m(1.3) 2.90m(1.9) 2.99m(-0.4)						

**W75 Long Jump Outdoor Pentathlon**

Name	Age	Team	Finals	Wind	Points	
1 # 88 Berger, Nancy	W79	Tnt Internat	1.68m	1.4	81	
1.53m(-0.7) 1.54m(0.3) 1.68m(1.4)						
2 # 1222 Trotto, Mary	W77	Tnt Internat	1.63m	0.4	67	
FOUL(6.9) 1.63m(0.4) FOUL(1.0)						

**W90 Long Jump Outdoor Pentathlon**

90 USATF: A 1.30m						
90 WMA: R 2.54m						
Name	Age	Team	Finals	Wind	Points	
1 # 799 Meiler, Florence	W90	Unattached	1.71mA	1.7	338	
1.57m(-1.1) 1.67m(1.1) 1.71m(1.7)						

**M25-29 Long Jump Outdoor Pentathlon**

Runway 2						
Name	Age	Team	Finals	Wind	Points	
1 # 445 Gritzer, Rob	M26	Unattached	6.05m	0.8	597	
6.05m(0.8) 5.98m(0.7) 5.96m(-1.1)						

**M35 Long Jump Outdoor Pentathlon**

Runway 2						
Name	Age	Team	Finals	Wind	Points	
1 # 183 Canner, Josh	M36	Unattached	6.01m	+0.0	630	
6.01m(+0.0) FOUL(0.2) 4.80m(-1.0)						

**M40 Long Jump Outdoor Pentathlon**

Runway 2						
Name	Age	Team	Finals	Wind	Points	

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****...M40 Long Jump Outdoor Pentathlon**

1 #	732 Marenin, Roman	M41 Joy's Jackra	6.13m	+0.0	739
	6.13m(+0.0) 6.11m(1.4) FOUL(-0.3)				
2 #	657 Kwon, Daniel	M44 Unattached	5.94m	-2.1	691
	5.42m(1.2) 4.81m(+0.0) 5.94m(-2.1)				
3 #	1206 Thompson, Shane	M41 Unattached	5.38m	1.2	556
	5.38m(1.2)				
4 #	1197 Thomas, Jeff	M42 Unattached	5.31m	+0.0	540
	5.31m(+0.0) 5.25m(0.6) 4.96m(-0.9)				
5 #	1170 *Sugiura, Akihiko	M42 Japan	X4.26m	-0.8	315
	3.01m(0.9) 4.18m(1.0) 4.26m(-0.8)				

**M45 Long Jump Outdoor Pentathlon**

## Runway 2

Name	Age Team	Finals	Wind	Points
1 # 1323 Yakoushkin, Dimit	M47 Unattached	5.62m	0.5	695
5.62m(0.5) FOUL(-0.3) 5.44m(2.6)				
2 # 1010 Robbins, Josh	M48 Arizona Flam	5.19m	-0.3	584
5.19m(-0.3) FOUL(-0.9) 5.16m(+0.0)				
3 # 1011 Roberts, Cory	M46 U.S. Air Force	5.17m	+0.0	580
5.17m(+0.0) 4.94m(-2.0) FOUL(1.8)				
3 # 691 Lindenberg, David	M45 Unattached	5.17m	1.5	580
4.79m(0.8) 4.76m(-2.5) 5.17m(1.5)				
5 # 192 Carter, Kurt	M46 Freedom - GR	4.89m	-1.0	510
FOUL(-0.2) 4.89m(-1.0) 4.52m(-0.8)				
6 # 185 Cantrell, Andy	M46 Unattached	4.35m	0.5	386
4.35m(0.5)				

**M50 Long Jump Outdoor Pentathlon**

## Runway 2

Name	Age Team	Finals	Wind	Points
1 # 9 Aka-Bashorun, Wal	M53 Greater Phil	5.39m	-0.5	725
5.07m(-0.2) 5.39m(-0.5)				
2 # 283 Dietz, Shaun	M52 Unattached	4.31m	-1.0	439
4.14m(-0.4) 4.31m(-1.0) 4.24m(-0.8)				
3 # 736 Marmanis, Haralam	M54 Mass Velocit	3.74m	-1.4	306
3.74m(-1.4) 3.40m(-0.6) 3.61m(-0.6)				
4 # 1312 Woods, David	M54 Unattached	3.67m	-0.9	290
3.25m(-1.7) 3.67m(-0.9) 3.55m(+0.0)				
5 # 1135 Spiller, Matthew	M53 Unattached	3.56m	-1.6	267
3.37m(-0.3) 3.56m(-1.6) 3.48m(-0.8)				

**M55 Long Jump Outdoor Pentathlon**

## Runway 2

Name	Age Team	Finals	Wind	Points
1 # 480 Harrington, Sean	M55 Spokane Athletics	4.29m	+0.0	506
4.29m(+0.0) 1.83m(+0.0)				
2 # 521 Hlavinka, Darin	M58 Snake River	3.14m	1.6	224
3.14m(1.6) 3.09m(-1.0)				

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****Outdoor Pentathlon: #1 M60 Long Jump Outdoor Pentathlon**

## Runway 1

Name	Age Team	Finals	Wind	Points
1 # 529 Holland, Doug	M60 Joy's Jackra	5.34m	0.3	910
4.49m(0.6) 4.51m(2.3) 5.34m(0.3)				
2 # 237 Coushay, Brian	M60 Portland Mas	4.68m	2.0	695
4.44m(0.2) 4.57m(1.0) 4.68m(2.0)				
3 # 1109 Smith, Christophe	M62 Unattached	4.51m	0.2	641
4.51m(0.2) 4.37m(2.3) FOUL(0.5)				
4 # 942 Pinney, Stephen	M60 Unattached	4.24m	0.8	561
3.83m(2.4) 4.24m(0.8) 4.24m(0.7)				
5 # 495 Hendricks, Christ	M61 Greater Phil	3.58m	0.6	375
3.57m(0.4) 3.58m(0.6) 3.43m(0.9)				
6 # 564 Irizarry, Frank	M64 Unattached	3.56m	1.1	369
3.40m(0.7) 3.56m(1.1) 3.52m(0.2)				
7 # 916 Patterson Jr., Ge	M63 Sierra Gold	3.27m	1.4	295
2.73m(-0.1) 3.27m(1.4) 3.19m(1.3)				
7 # 210 Cimba, Michael	M61 Unattached	3.27m	1.2	295
3.01m(0.5) 3.27m(1.2) 2.75m(0.5)				
9 # 95 Bibby, Douglas	M64 Unattached	2.89m	0.2	207
2.69m(0.7) 2.89m(0.2) FOUL(-0.2)				
10 # 1171 Sullivan, Brian	M62 Atlanta Track Club	2.77m	0.2	181
2.65m(-0.4) 2.59m(1.2) 2.77m(0.2)				
11 # 931 Peterson, Martin	M63 Unattached	2.68m	0.4	161
2.68m(0.4) FOUL(2.0)				

**Outdoor Pentathlon: #1 M65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Points
1 # 547 *Huarcaya, Luis	M65 Peru	X4.03m	+0.0	576
3.88m(-1.5) 4.03m(+0.0) 3.69m(-0.1)				
2 # 967 Pugliese, Anthony	M65 Greater Phil	3.71m	+0.0	477
3.54m(-1.9) 3.71m(+0.0) 3.58m(+0.0)				
3 # 531 Holmes Jr., Harol	M66 Sierra Gold	3.68m	-0.5	469
3.68m(-0.5)				
4 # 933 Pfeiffer, Bob	M68 Unattached	3.55m	-0.2	429
3.39m(-0.5) 3.55m(-0.2) FOUL(-0.3)				
5 # 1217 *Torres, Francisc	M65 Puerto Rico	X2.84m	NWI	237
2.84m(NWI) 2.76m(+0.0) 2.46m(-0.4)				
6 # 279 Demetrio Jr., The	M68 Unattached	2.80m	+0.0	227
2.80m(+0.0) 2.76m(+0.0) 2.48m(-0.1)				
7 # 741 Marthinsen, Art	M65 Tamalpa	2.57m	-0.1	173
2.25m(NWI) 2.57m(-0.1) 2.55m(-0.4)				
8 # 523 Hodson, Greg	M67 Unattached	1.70m	NWI	17
1.70m(NWI)				

**M70 Long Jump Outdoor Pentathlon**

## Runway 2

Name	Age Team	Finals	Wind	Points
1 # 574 Jacquet-Acea, Rus	M71 Unattached	3.94m	NWI	635
3.47m(NWI) 3.89m(NWI) 3.94m(NWI)				

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M70 Long Jump Outdoor Pentathlon**

2 #	1211 Tipping, Mike	M71 So Cal Track Club	3.39m	NWI	451
	3.39m(NWI) 3.09m(NWI) 3.39m(NWI)				
3 #	57 Barnes, Manuel	M71 Unattached	3.03m	NWI	341
	2.52m(NWI) 3.03m(NWI) 2.87m(NWI)				
4 #	1208 Tidwell, Seth	M71 Unattached	2.89m	NWI	301
	2.89m(NWI) 0.59m(NWI) 2.85m(NWI)				
5 #	498 Henry, Bryan	M74 Unattached	2.67m	NWI	240
	2.63m(NWI) 2.67m(NWI) 2.32m(NWI)				
6 #	667 Larsen, Bob	M71 Unattached	2.64m	NWI	232
	2.64m(NWI) 2.37m(NWI) 2.64m(NWI)				
7 #	1266 Watson, Richard	M71 AZ Desert Throwers	2.57m	NWI	214
	2.31m(NWI) 2.57m(NWI) 2.49m(NWI)				

**M75 Long Jump Outdoor Pentathlon**

Runway 2					
	Name	Age Team	Finals	Wind	Points
1 #	666 Lapp, Rick	M75 Shore Athletic Club	4.10m	NWI	797
	3.86m(NWI) 3.96m(NWI) 4.10m(NWI)				
2 #	540 Howard, Kent	M75 Unattached	3.02m	NWI	402
	3.02m(NWI) 2.98m(NWI)				
3 #	1245 Viola, Patrick	M75 elitefeats	2.82m	NWI	339
	2.79m(NWI) 2.80m(NWI) 2.82m(NWI)				
4 #	1318 Wuest, Gary	M78 Unattached	2.62m	NWI	278
	2.54m(NWI) 2.62m(NWI) FOUL				
5 #	994 Reiter, William	M78 Unattached	2.50m	NWI	242
	2.44m(NWI) 2.50m(NWI)				
6 #	499 Henry III, Weilan	M76 Unattached	2.21m	NWI	164
	2.21m(NWI) 2.10m(NWI) 2.11m(NWI)				
7 #	506 Hickman, Dennis	M75 Portland Mas	2.12m	NWI	142
	2.12m(NWI) FOUL 1.89m(NWI)				
8 #	755 Mathies, Drue	M77 Sierra Gold	1.70m	NWI	51
	1.68m(NWI) 1.70m(NWI) FOUL				

**M85 Long Jump Outdoor Pentathlon**

Runway 1					
	Name	Age Team	Finals	Wind	Points
1 #	1032 Sagedahl, Sherwoo	M85 Unattached	2.23m	+0.0	310
	1.96m(+0.0) 2.23m(+0.0) 2.14m(+0.0)				

**M90 Long Jump Outdoor Pentathlon**

Runway 1					
	Name	Age Team	Finals	Wind	Points
90 WMA: R	23.69m				
1 #	630 Kent, Ed	M90 Snake River	1.52m	+0.0	152
	1.35m(-0.2) 1.52m(+0.0) 1.45m(+0.0)				

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M95 Long Jump Outdoor Pentathlon**

## Runway 1

95 USATF: A 2.31m

95 WMA: R 2.31m

Name	Age Team	Finals	Wind	Points
1 # 944 Platts, William	M96 Unattached	2.20m	-0.1	695
2.20m(-0.1) 2.07m(+0.0) 2.15m(+0.0)				

**W35 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 494 Hemphill, Melissa	W36 Delaware Eli	8.84m	475
8.15m 8.84m 7.99m			
2 # 375 Formby, Heather	W39 Joy's Jackra	6.61m	325
6.61m 6.22m 6.35m			

**W40 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1237 Vazquez, Katrina	W43 Bella N Motion	7.58m	429
6.20m 7.58m 7.15m			
2 # 866 *Newington, Dash	W40 Australia	X7.55m	427
6.71m 6.76m 7.55m			

**W45 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 329 Edwards, Lisa	W46 Central Park	7.52m	469
7.52m 6.42m 6.41m			

**W50 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 45 Baird, Marsha	W50 Unattached	11.81m	753
11.22m 11.81m 11.67m			

**W55 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	6.51m	401
6.51m 6.12m FOUL			

**W60 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 575 Jakstiene, Nering	W60 Unattached	9.13m	684
9.13m 8.74m 9.07m			
2 # 1066 Scott, Daphne	W63 Unattached	7.68m	555
7.27m 7.59m 7.68m			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W65 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 935 Phelps, Jo 7.09m 7.19m 7.00m	W65 Tnt Internat	7.19m	578

**W75 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1222 Trotto, Mary 6.54m 6.96m 7.38m	W77 Tnt Internat	7.38m	613
2 # 88 Berger, Nancy 3.89m 4.22m 3.96m	W79 Tnt Internat	4.22m	299

**W90 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Points
90 USATF: A 5.73m 90 WMA: R 6.58m			
1 # 799 Meiler, Florence 4.91m 5.14m 4.87m	W90 Unattached	5.14m	686

**M25-29 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 445 Gritzer, Rob 27.05m 25.71m 27.28m	M26 Unattached	27.28m	411

**M35 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 183 Canner, Josh 29.69m 29.47m 27.13m	M36 Unattached	29.69m	467

**M40 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 732 Marenin, Roman 32.09m 34.42m	M41 Joy's Jackra	34.42m	622
2 # 1197 Thomas, Jeff 30.96m 31.21m	M42 Unattached	31.21m	551
3 # 1206 Thompson, Shane 22.64m	M41 Unattached	22.64m	366
4 # 657 Kwon, Daniel 20.23m 20.99m	M44 Unattached	20.99m	331
5 # 1170 *Sugiura, Akihiko 15.07m 16.17m 18.76m	M42 Japan	X18.76m	284

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M45 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1011 Roberts, Cory 31.61m 29.77m 30.68m	M46 U.S. Air Force	31.61m	626
2 # 1323 Yakoushkin, Dimit 30.56m	M47 Unattached	30.56m	600
3 # 185 Cantrell, Andy 30.14m 2.25m	M46 Unattached	30.14m	590
4 # 192 Carter, Kurt 30.02m 25.78m 25.18m	M46 Freedom - GR	30.02m	587
5 # 1010 Robbins, Josh 24.18m 24.95m	M48 Arizona Flam	24.95m	466
6 # 691 Lindenberg, David 19.91m 20.95m	M45 Unattached	20.95m	372

**M50 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1135 Spiller, Matthew FOUL 32.98m 34.24m	M53 Unattached	34.24m	563
2 # 9 Aka-Bashorun, Wal FOUL 33.84m FOUL	M53 Greater Phil	33.84m	555
3 # 283 Dietz, Shaun 27.43m 22.79m 25.00m	M52 Unattached	27.43m	426
4 # 1312 Woods, David 24.78m FOUL 22.24m	M54 Unattached	24.78m	373
5 # 736 Marmanis, Haralam FOUL 19.84m 21.55m	M54 Mass Velocit	21.55m	310

**M55 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 480 Harrington, Sean 38.53m 35.34m 36.35m	M55 Spokane Athletics	38.53m	721
2 # 521 Hlavinka, Darin FOUL 20.85m 19.74m	M58 Snake River	20.85m	331

**Outdoor Pentathlon: #4 M60 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 916 Patterson Jr., Ge 39.66m 38.99m FOUL	M63 Sierra Gold	39.66m	708
2 # 237 Coushay, Brian FOUL 36.49m 39.49m	M60 Portland Mas	39.49m	704
3 # 210 Cimba, Michael 31.71m FOUL 30.64m	M61 Unattached	31.71m	538
4 # 931 Peterson, Martin FOUL 26.02m 29.82m	M63 Unattached	29.82m	498
5 # 564 Irizarry, Frank 18.01m 28.64m 29.01m	M64 Unattached	29.01m	481
6 # 529 Holland, Doug 26.93m 28.49m FOUL	M60 Joy's Jackra	28.49m	470

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****....Outdoor Pentathlon: #4 M60 Discus Throw Outdoor Pentathlon**

7 #	95 Bibby, Douglas	M64 Unattached	27.43m	448
	19.63m 26.98m 27.43m			
8 #	942 Pinney, Stephen	M60 Unattached	25.57m	409
	FOUL 25.57m 25.06m			
9 #	1109 Smith, Christophe	M62 Unattached	25.28m	403
	FOUL 25.28m 21.49m			
10 #	495 Hendricks, Christ	M61 Greater Phil	21.87m	333
	21.59m 21.87m FOUL			
11 #	1171 Sullivan, Brian	M62 Atlanta Track Club	20.79m	311
	FOUL 20.79m FOUL			

**Outdoor Pentathlon: #4 M65 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 967 Pugliese, Anthony	M65 Greater Phil	38.27m	675
	35.66m 38.27m FOUL		
2 # 547 *Huarcaya, Luis	M65 Peru	X31.27m	526
	23.64m 31.27m FOUL		
3 # 933 Pfeiffer, Bob	M68 Unattached	27.66m	450
	23.22m 23.52m 27.66m		
4 # 741 Marthinsen, Art	M65 Tamalpa	26.37m	424
	FOUL 24.15m 26.37m		
5 # 279 Demetrio Jr., The	M68 Unattached	24.97m	395
	FOUL 24.55m 24.97m		
6 # 531 Holmes Jr., Harol	M66 Sierra Gold	24.89m	393
	22.10m 21.73m 24.89m		
7 # 1217 *Torres, Francisc	M65 Puerto Rico	X24.19m	379
	FOUL 24.19m FOUL		

**M70 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 574 Jacquet-Acea, Rus	M71 Unattached	25.08m	454
	23.48m 25.08m FOUL		
2 # 1208 Tidwell, Seth	M71 Unattached	24.87m	449
	23.74m 24.87m FOUL		
3 # 1211 Tipping, Mike	M71 So Cal Track Club	22.67m	398
	22.67m FOUL FOUL		
4 # 57 Barnes, Manuel	M71 Unattached	20.86m	357
	19.55m 16.54m 20.86m		
5 # 1266 Watson, Richard	M71 AZ Desert Throwers	19.66m	330
	FOUL FOUL 19.66m		
6 # 498 Henry, Bryan	M74 Unattached	16.03m	250
	FOUL 14.98m 16.03m		
7 # 667 Larsen, Bob	M71 Unattached	12.87m	182
	FOUL 12.87m 12.72m		

**M75 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1318 Wuest, Gary	M78 Unattached	24.24m	504
	23.94m 24.24m 23.33m		

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M75 Discus Throw Outdoor Pentathlon**

2 #	540 Howard, Kent	M75 Unattached	23.41m	482
	FOUL FOUL 23.41m			
3 #	499 Henry III, Weilan	M76 Unattached	21.68m	437
	21.68m FOUL 18.97m			
4 #	666 Lapp, Rick	M75 Shore Athletic Club	20.33m	403
	18.48m 19.22m 20.33m			
5 #	1245 Viola, Patrick	M75 elitefeats	20.30m	402
	20.30m 18.85m 18.50m			
6 #	994 Reiter, William	M78 Unattached	18.67m	360
	FOUL 18.46m 18.67m			
7 #	755 Mathies, Drue	M77 Sierra Gold	16.14m	297
	FOUL 16.14m FOUL			
8 #	506 Hickman, Dennis	M75 Portland Mas	12.87m	216
	FOUL 12.87m 12.29m			
9 #	886 O'Haver, Daniel	M79 Sierra Gold	11.42m	181
	11.42m			

**M85 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached	18.41m	514
		16.81m 16.55m 18.41m	

**M90 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 630 Kent, Ed	M90 Snake River	18.62m	659
		18.62m 18.58m 18.52m	

**M95 Discus Throw Outdoor Pentathlon**

95 USATF: A 20.35m			
95 WMA: R 20.35m			
Name	Age Team	Finals	Points
1 # 944 Platts, William	M96 Unattached	19.64m	933
		19.64m FOUL FOUL	

**M25-29 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 445 Gritzer, Rob	M26 Unattached	28.29m	275
		28.29m 25.75m 27.16m	

**M35 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 183 Canner, Josh	M36 Unattached	44.86m	521
		41.09m 44.61m 44.86m	

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****M40 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1197 Thomas, Jeff 46.74m 45.50m 47.52m	M42 Unattached	47.52m	612
2 # 1206 Thompson, Shane 29.32m 39.52m 35.92m	M41 Unattached	39.52m	485
3 # 732 Marenin, Roman 35.58m 33.34m 32.72m	M41 Joy's Jackra	35.58m	422
4 # 657 Kwon, Daniel FOUL 24.65m 24.24m	M44 Unattached	24.65m	254
5 # 1170 *Sugiura, Akihiko 20.31m 24.61m FOUL	M42 Japan	X24.61m	253

**M45 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1011 Roberts, Cory 41.58m 40.98m 44.06m	M46 U.S. Air Force	44.06m	613
2 # 1010 Robbins, Josh 32.34m 36.27m 39.97m	M48 Arizona Flam	39.97m	542
3 # 192 Carter, Kurt 39.71m FOUL 37.45m	M46 Freedom - GR	39.71m	537
4 # 1323 Yakoushkin, Dimit 34.74m FOUL 33.18m	M47 Unattached	34.74m	452
5 # 185 Cantrell, Andy 29.48m 24.97m 33.13m	M46 Unattached	33.13m	425
6 # 691 Lindenberg, David 27.47m 28.63m 33.05m	M45 Unattached	33.05m	424

**M50 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 9 Aka-Bashorun, Wal 43.78m FOUL 45.37m	M53 Greater Phil	45.37m	673
2 # 736 Marmanis, Haralam 27.56m 30.05m 25.47m	M54 Mass Velocit	30.05m	397
3 # 283 Dietz, Shaun 29.50m 25.48m FOUL	M52 Unattached	29.50m	388
4 # 1135 Spiller, Matthew 25.27m 23.92m 24.15m	M53 Unattached	25.27m	314
5 # 1312 Woods, David 20.20m 19.50m 21.40m	M54 Unattached	21.40m	247

**M55 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 480 Harrington, Sean 41.53m 40.65m FOUL	M55 Spokane Athletics	41.53m	671
2 # 521 Hlavinka, Darin 20.01m 19.90m 19.24m	M58 Snake River	20.01m	254

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****Outdoor Pentathlon: #2 M60 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 916 Patterson Jr., Ge	M63 Sierra Gold	35.05m	558
35.05m 30.78m FOUL			
2 # 237 Coushay, Brian	M60 Portland Mas	33.33m	523
FOUL 30.76m 33.33m			
3 # 210 Cimba, Michael	M61 Unattached	31.99m	497
31.99m 30.89m 30.54m			
4 # 942 Pinney, Stephen	M60 Unattached	30.61m	469
28.89m 28.86m 30.61m			
5 # 931 Peterson, Martin	M63 Unattached	30.14m	460
26.97m 30.14m FOUL			
6 # 1109 Smith, Christophe	M62 Unattached	28.16m	420
24.19m 28.16m 26.07m			
7 # 95 Bibby, Douglas	M64 Unattached	22.83m	316
FOUL 22.83m 20.69m			
8 # 564 Irizarry, Frank	M64 Unattached	21.92m	299
21.84m FOUL 21.92m			
9 # 1171 Sullivan, Brian	M62 Atlanta Track Club	20.58m	273
19.73m 16.18m 20.58m			
10 # 529 Holland, Doug	M60 Joy's Jackra	12.65m	125
12.65m PASS PASS			
-- # 495 Hendricks, Christ	M61 Greater Phil	FOUL	
FOUL FOUL FOUL			

**Outdoor Pentathlon: #2 M65 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 967 Pugliese, Anthony	M65 Greater Phil	31.81m	563
30.90m 31.81m 31.63m			
2 # 933 Pfeiffer, Bob	M68 Unattached	29.88m	520
28.84m 29.88m			
3 # 547 *Huarcaya, Luis	M65 Peru	X27.66m	471
22.80m 27.66m			
4 # 531 Holmes Jr., Harol	M66 Sierra Gold	25.79m	430
16.88m 23.39m 25.79m			
5 # 279 Demetrio Jr., The	M68 Unattached	23.50m	395
21.95m 21.86m 23.50m			
6 # 1217 *Torres, Francisc	M65 Puerto Rico	X22.31m	354
21.73m 20.04m 22.31m			
7 # 741 Marthinsen, Art	M65 Tamalpa	11.56m	129
11.56m			

**M70 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Points
1 # 1208 Tidwell, Seth	M71 Unattached	31.79m	581
22.10m 31.79m 2.46m			
2 # 574 Jacquet-Acea, Rus	M71 Unattached	29.22m	522
FOUL FOUL 29.22m			
3 # 1266 Watson, Richard	M71 AZ Desert Throwers	25.08m	428
25.08m FOUL FOUL			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**...M70 Javelin Throw Outdoor Pentathlon**

4 #	498 Henry, Bryan	M74 Unattached	18.93m	292
	13.88m 15.95m 18.93m			
5 #	57 Barnes, Manuel	M71 Unattached	18.70m	287
	FOUL 15.26m 18.70m			
-- #	667 Larsen, Bob	M71 Unattached	FOUL	
	FOUL FOUL FOUL			
-- #	1211 Tipping, Mike	M71 So Cal Track Club	FOUL	
	FOUL FOUL FOUL			

**M75 Javelin Throw Outdoor Pentathlon**

=====				
Name	Age Team	Finals	Points	
=====				
1 #	1318 Wuest, Gary	M78 Unattached	29.57m	625
	29.57m FOUL 25.41m			
2 #	1245 Viola, Patrick	M75 elitefeats	28.71m	602
	28.71m FOUL 27.33m			
3 #	540 Howard, Kent	M75 Unattached	20.21m	382
	17.73m 20.21m			
4 #	666 Lapp, Rick	M75 Shore Athletic Club	19.37m	361
	19.37m 18.12m FOUL			
5 #	499 Henry III, Weilan	M76 Unattached	18.45m	338
	18.45m FOUL FOUL			
6 #	506 Hickman, Dennis	M75 Portland Mas	17.45m	312
	17.45m FOUL 13.40m			
7 #	755 Mathies, Drue	M77 Sierra Gold	14.93m	250
	14.93m FOUL FOUL			
8 #	994 Reiter, William	M78 Unattached	14.54m	240
	14.54m 13.44m FOUL			

**M85 Javelin Throw Outdoor Pentathlon**

=====				
Name	Age Team	Finals	Points	
=====				
1 #	1032 Sagedahl, Sherwoo	M85 Unattached	20.22m	504
	20.22m FOUL FOUL			

**M90 Javelin Throw Outdoor Pentathlon**

=====				
Name	Age Team	Finals	Points	
=====				
1 #	630 Kent, Ed	M90 Snake River	22.34m	742
	21.20m 22.34m FOUL			

**M95 Javelin Throw Outdoor Pentathlon**

=====				
95 USATF: A	25.26m			
95 WMA: R	25.26m			
Name	Age Team	Finals	Points	
=====				
1 #	944 Platts, William	M96 Unattached	23.78m	1088
	22.30m 23.78m 20.44m			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W35 Outdoor Pentathlon**

35 USATF: A 3486

35 WMA: R 4073

Name	Age Team	Seed	Finals	H#	Points
1 # 494 Hemphill, Melissa	W36 Delaware Eli		2343		8
2 # 375 Formby, Heather	W39 Joy's Jackra		1085		6

**W40 Outdoor Pentathlon**

40 USATF: A 3719

40 WMA: R 4235

Name	Age Team	Seed	Finals	H#	Points
1 # 866 *Newington, Dash	W40 Australia	2385	X3268		
2 # 1237 Vazquez, Katrina	W43 Bella N Motion	2650	2799		8

**W45 Outdoor Pentathlon**

45 USATF: A 4130

45 WMA: R 4285

Name	Age Team	Seed	Finals	H#	Points
1 # 329 Edwards, Lisa	W46 Central Park		2208		8

**W50 Outdoor Pentathlon**

50 USATF: A 3714

50 WMA: R 4225

Name	Age Team	Seed	Finals	H#	Points
1 # 45 Baird, Marsha	W50 Unattached		3937A		8

**W55 Outdoor Pentathlon**

55 USATF: A 4414

55 WMA: R 4414

Name	Age Team	Seed	Finals	H#	Points
1 # 1213 Tolman, Penny	W56 Athletics Ea	2065	1697		8

**W60 Outdoor Pentathlon**

60 USATF: A 4333

60 WMA: R 4391

Name	Age Team	Seed	Finals	H#	Points
1 # 575 Jakstiene, Nering	W60 Unattached		4921R		8
2 # 1066 Scott, Daphne	W63 Unattached		2908		6

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W65 Outdoor Pentathlon**

65 USATF: A 4002

65 WMA: R 4358

Name	Age Team	Seed	Finals	H#	Points
1 # 935 Phelps, Jo	W65 Tnt Internat		2257		8

**W75 Outdoor Pentathlon**

75 USATF: A 2945

75 WMA: R 3843

Name	Age Team	Seed	Finals	H#	Points
1 # 1222 Trotto, Mary	W77 Tnt Internat		1260		8
2 # 88 Berger, Nancy	W79 Tnt Internat		895		6

**W90 Outdoor Pentathlon**

Name	Age Team	Seed	Finals	H#	Points
1 # 799 Meiler, Florence	W90 Unattached		2218		8

**M25-29 Outdoor Pentathlon**

Name	Age Team	Seed	Finals	H#	Points
1 # 445 Gritzer, Rob	M26 Unattached	2502	2670		8

**M35 Outdoor Pentathlon**

35 USATF: A 3532

35 WMA: R 3647

Name	Age Team	Seed	Finals	H#	Points
1 # 183 Canner, Josh	M36 Unattached	2620	2693		8

**M40 Outdoor Pentathlon**

40 USATF: A 3704

40 WMA: R 3921

Name	Age Team	Seed	Finals	H#	Points
1 # 732 Marenin, Roman	M41 Joy's Jackra	3424	3230		8
2 # 1197 Thomas, Jeff	M42 Unattached		3158		6
3 # 1206 Thompson, Shane	M41 Unattached		2149		4
4 # 657 Kwon, Daniel	M44 Unattached		1892		3
5 # 1170 *Sugiura, Akihiko	M42 Japan		X1397		

**M45 Outdoor Pentathlon**

45 USATF: A 3679

45 WMA: R 3762

Name	Age Team	Seed	Finals	H#	Points
1 # 1323 Yakoushkin, Dimit	M47 Unattached	3525	3075		8
2 # 1011 Roberts, Cory	M46 U.S. Air Force		2952		6

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****...M45 Outdoor Pentathlon**

3 #	192 Carter, Kurt	M46 Freedom - GR	2857	4
4 #	1010 Robbins, Josh	M48 Arizona Flam	2728	3
5 #	691 Lindenberg, David	M45 Unattached	2594	2
6 #	185 Cantrell, Andy	M46 Unattached	2227	1

**M50 Outdoor Pentathlon**

50 USATF: A 3616

50 WMA: R 3929

Name	Age Team	Seed	Finals	H#	Points
1 # 9 Aka-Bashorun, Wal	M53 Greater Phil	3350	3257	8	
2 # 283 Dietz, Shaun	M52 Unattached		2050	6	
3 # 1135 Spiller, Matthew	M53 Unattached		1778	4	
4 # 736 Marmanis, Haralam	M54 Mass Velocit	1362	1689	3	
5 # 1312 Woods, David	M54 Unattached		1145	2	

**M55 Outdoor Pentathlon**

55 USATF: A 3671

55 WMA: R 4049

Name	Age Team	Seed	Finals	H#	Points
1 # 480 Harrington, Sean	M55 Spokane Athletics		2129	8	
2 # 521 Hlavinka, Darin	M58 Snake River		1358	6	

**M60 Outdoor Pentathlon**

USATF: A 3619

WMA: R 4144

Name	Age Team	Seed	Finals	H#	Points
1 # 237 Coushay, Brian	M60 Portland Mas		3015	8	
2 # 942 Pinney, Stephen	M60 Unattached		2540	6	
3 # 1109 Smith, Christophe	M62 Unattached		2420	4	
4 # 529 Holland, Doug	M60 Joy's Jackra		2333	3	
5 # 916 Patterson Jr., Ge	M63 Sierra Gold		2049	2	
6 # 564 Irizarry, Frank	M64 Unattached	2302	1985	1	
7 # 210 Cimba, Michael	M61 Unattached		1712		
8 # 95 Bibby, Douglas	M64 Unattached		1211		
9 # 931 Peterson, Martin	M63 Unattached		1119		
10 # 495 Hendricks, Christ	M61 Greater Phil		878		
11 # 1171 Sullivan, Brian	M62 Atlanta Track Club		835		

**M65 Outdoor Pentathlon**

USATF: A 3716

WMA: R 3853

Name	Age Team	Seed	Finals	H#	Points
1 # 967 Pugliese, Anthony	M65 Greater Phil	2881	2859	8	
2 # 547 *Huarcaya, Luis	M65 Peru		X2415		
3 # 933 Pfeiffer, Bob	M68 Unattached	2100	2205	6	
4 # 531 Holmes Jr., Harol	M66 Sierra Gold		2089	4	
5 # 1217 *Torres, Francisc	M65 Puerto Rico		X1804		

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****...M65 Outdoor Pentathlon**

6 #	741 Marthinsen, Art	M65 Tamalpa		1568	3
7 #	279 Demetrio Jr., The	M68 Unattached	1596	1201	2

**M70 Outdoor Pentathlon**

70 USATF: A 3485

70 WMA: R 3827

Name	Age Team	Seed	Finals	H#	Points
1 # 574 Jacquet-Acea, Rus	M71 Unattached	3231	3019		8
2 # 57 Barnes, Manuel	M71 Unattached		2166		6
3 # 1208 Tidwell, Seth	M71 Unattached		1850		4
4 # 498 Henry, Bryan	M74 Unattached		1589		3
5 # 1211 Tipping, Mike	M71 So Cal Track Club	2123	1325		2
6 # 667 Larsen, Bob	M71 Unattached		993		1
7 # 1266 Watson, Richard	M71 AZ Desert Throwers	1347	972		

**M75 Outdoor Pentathlon**

75 USATF: A 3620

75 WMA: R 3620

Name	Age Team	Seed	Finals	H#	Points
1 # 666 Lapp, Rick	M75 Shore Athletic Club		2923		8
2 # 540 Howard, Kent	M75 Unattached		1846		6
3 # 1245 Viola, Patrick	M75 elitefeats	2500	1691		4
4 # 499 Henry III, Weilan	M76 Unattached		1679		3
5 # 1318 Wuest, Gary	M78 Unattached	2414	1449		2
6 # 506 Hickman, Dennis	M75 Portland Mas		1270		1
7 # 755 Mathies, Drue	M77 Sierra Gold		902		
8 # 994 Reiter, William	M78 Unattached	2500	842		

**M85 Outdoor Pentathlon**

85 USATF: A 1998

85 WMA: R 2872

Name	Age Team	Seed	Finals	H#	Points
1 # 1032 Sagedahl, Sherwoo	M85 Unattached		2336A		8

**M90 Outdoor Pentathlon**

90 USATF: A 2369

Name	Age Team	Seed	Finals	H#	Points
1 # 630 Kent, Ed	M90 Snake River		1553		8

**M95 Outdoor Pentathlon**

Name	Age Team	Seed	Finals	H#	Points
1 # 944 Platts, William	M96 Unattached		3311		8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**W35 5000 Meter Race Walk**

35 USATF: A 22:49.79

35 WMA: R 20:12.41

Name	Age Team	Seed	Finals	Points
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1 # 1145 Stanley, Anine	W38 Connecticut	28:15.00	29:51.20	8
1:02.684 (1:02.684)	3:15.915 (2:13.231)	5:34.088 (2:18.174)	7:54.913 (2:20.825)	
10:18.710 (2:23.798)	12:43.277 (2:24.567)	15:10.738 (2:27.462)	17:37.408 (2:26.670)	
20:06.153 (2:28.746)	22:33.640 (2:27.487)	25:02.825 (2:29.186)	27:32.282 (2:29.457)	
29:51.200 (2:18.918)				

**W40 5000 Meter Race Walk**

40 USATF: A 22:54.73

40 WMA: R 21:57.40

Name	Age Team	Seed	Finals	Points
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1 # 866 *Newington, Dash	W40 Australia	32:56.66	X37:56.87	
1:16.137 (1:16.137)	4:09.268 (2:53.131)	7:09.633 (3:00.366)	10:15.553 (3:05.920)	
13:22.281 (3:06.728)	16:31.145 (3:08.864)	19:37.059 (3:05.914)	22:47.755 (3:10.697)	
25:52.809 (3:05.054)	28:58.140 (3:05.332)	32:02.701 (3:04.561)	35:05.776 (3:03.076)	
37:56.866 (2:51.090)				

**W45 5000 Meter Race Walk**

45 USATF: A 23:17.33

45 WMA: R 22:47.17

Name	Age Team	Seed	Finals	Points
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-- # 55 Barber, Sarah	W47 Boise Bettie		DQ	
1:31.953 (1:31.953)	4:37.825 (3:05.872)	7:57.259 (3:19.434)	11:23.466 (3:26.208)	

**W50 5000 Meter Race Walk**

50 USATF: A 26:25.52

50 WMA: R 23:37.78

Name	Age Team	Seed	Finals	Points
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1 # 1120 Snyder, Karla	W51 Unattached	29:00.00	27:40.75	8
1:02.149 (1:02.149)	3:11.407 (2:09.258)	5:21.452 (2:10.046)	7:31.287 (2:09.836)	
9:43.323 (2:12.036)	11:56.557 (2:13.235)	14:10.891 (2:14.334)	16:23.580 (2:12.689)	
18:38.455 (2:14.876)	20:54.947 (2:16.492)	23:11.737 (2:16.790)	25:32.835 (2:21.099)	
27:40.750 (2:07.915)				
2 # 1286 Whitestone, Yuko	W52 Potomac Vall		40:43.61	6
1:35.232 (1:35.232)	4:46.922 (3:11.690)	7:57.081 (3:10.160)	11:11.224 (3:14.143)	
14:23.031 (3:11.807)	17:36.053 (3:13.022)	20:54.615 (3:18.563)	24:07.417 (3:12.802)	
27:25.206 (3:17.789)	30:48.453 (3:23.247)	34:09.823 (3:21.371)	37:29.535 (3:19.712)	
40:43.604 (3:14.070)				

**W55 5000 Meter Race Walk**

55 USATF: A 27:20.85

55 WMA: R 23:57.58

Name	Age Team	Seed	Finals	Points
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**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024**

**American River CC**

**Results**

**....W55 5000 Meter Race Walk**

1 #	137 Bridges, Debra	W58 Unattached	34:00.85	32:36.13	8
	1:12.623 (1:12.623)	3:42.729 (2:30.106)	6:17.898 (2:35.170)	8:53.645 (2:35.748)	
	11:31.183 (2:37.538)	14:09.512 (2:38.330)	16:46.188 (2:36.676)	19:25.058 (2:38.870)	
	22:04.128 (2:39.070)	24:43.823 (2:39.695)	27:23.819 (2:39.997)	30:02.413 (2:38.594)	
	32:36.121 (2:33.709)				

**W60 5000 Meter Race Walk**

60 USATF: A 28:49.35

60 WMA: R 25:41.58

Name	Age Team	Seed	Finals	Points
1 # 443 Grimes, Kathryn	W60 Unattached		31:31.59	8
	1:05.766 (1:05.766)	3:31.060 (2:25.294)	5:56.513 (2:25.453)	8:22.645 (2:26.133)
	10:52.323 (2:29.678)	13:23.611 (2:31.289)	15:56.257 (2:32.646)	18:31.113 (2:34.856)
	21:06.812 (2:35.699)	23:44.707 (2:37.896)	26:21.177 (2:36.470)	28:59.527 (2:38.350)
	31:31.581 (2:32.054)			
2 # 758 Matthews, Stephan	W60 So Cal Track Club	32:52.00	32:51.57	6
	1:15.028 (1:15.028)	3:52.594 (2:37.566)	6:30.411 (2:37.817)	9:08.071 (2:37.660)
	11:43.204 (2:35.134)	14:18.514 (2:35.310)	16:55.392 (2:36.878)	19:34.029 (2:38.637)
	22:15.502 (2:41.474)	24:56.033 (2:40.531)	27:36.221 (2:40.188)	30:14.032 (2:37.812)
	32:51.570 (2:37.538)			
-- # 1045 Saul, Karen	W62 Amp Up Sport		DQ	
	1:23.092 (1:23.092)	4:15.714 (2:52.622)	7:13.125 (2:57.411)	10:08.712 (2:55.588)
	13:07.849 (2:59.138)	16:07.421 (2:59.572)	19:08.548 (3:01.127)	22:08.537 (2:59.989)
	25:09.095 (3:00.558)	28:09.478 (3:00.384)	31:12.671 (3:03.194)	34:27.107 (3:14.436)
-- # 565 Irizarry, Julie	W61 Unattached	38:53.57	DQ	
	1:24.543 (1:24.543)	4:30.989 (3:06.447)	7:41.545 (3:10.556)	10:55.171 (3:13.627)
	14:08.267 (3:13.096)	17:20.181 (3:11.914)	20:36.670 (3:16.490)	23:56.113 (3:19.443)
	27:20.252 (3:24.140)			
-- # 577 *Jeanpierre, Clem	W64 Guatemala		XDQ	rule 230.3c
	1:20.742 (1:20.742)	4:14.481 (2:53.740)	7:10.731 (2:56.250)	10:06.589 (2:55.859)
	13:06.331 (2:59.742)	16:05.882 (2:59.552)	19:04.467 (2:58.586)	22:04.156 (2:59.689)

**W65 5000 Meter Race Walk**

65 USATF: A 29:29.72

65 WMA: R 27:19.10

Name	Age Team	Seed	Finals	Points
1 # 261 Daniel, Maryanne	W65 Connecticut	31:10.00	32:26.90	8
	1:06.229 (1:06.229)	3:31.781 (2:25.553)	5:59.961 (2:28.180)	8:32.577 (2:32.616)
	11:08.885 (2:36.308)	13:47.269 (2:38.385)	16:24.551 (2:37.282)	19:05.591 (2:41.040)
	21:45.681 (2:40.091)	24:26.079 (2:40.398)	27:09.126 (2:43.047)	29:51.005 (2:41.880)
	32:26.891 (2:35.886)			
2 # 528 Holder, Yolanda	W66 Unattached		35:25.65	6
	1:18.885 (1:18.885)	4:01.318 (2:42.433)	6:49.566 (2:48.248)	9:38.573 (2:49.008)
	12:27.216 (2:48.643)	15:16.917 (2:49.702)	18:08.343 (2:51.426)	21:01.215 (2:52.872)
	23:53.124 (2:51.909)	26:46.948 (2:53.824)	29:42.223 (2:55.276)	32:36.471 (2:54.248)
	35:25.649 (2:49.179)			
3 # 1163 Stoyanowski, Kare	W69 Sierra Racewalkers	38:06.84	35:36.82	4
	1:21.870 (1:21.870)	4:15.102 (2:53.232)	7:03.315 (2:48.214)	9:54.115 (2:50.800)
	12:43.797 (2:49.682)	15:33.299 (2:49.503)	18:24.154 (2:50.855)	21:16.173 (2:52.019)
	24:09.885 (2:53.712)	27:02.965 (2:53.081)	29:56.522 (2:53.557)	32:50.032 (2:53.510)
	35:36.811 (2:46.780)			

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**W70 5000 Meter Race Walk**

70 USATF: A 30:42.96

70 WMA: R 29:16.00

Name	Age Team	Seed	Finals	Points
1 # 747 Martino, Marianne	W74 High Altitud	33:49.40	8	
1:18.033 (1:18.033)	3:58.113 (2:40.080)	6:39.434 (2:41.322)	9:20.335 (2:40.901)	
12:00.785 (2:40.451)	14:41.754 (2:40.969)	17:23.366 (2:41.612)	20:06.273 (2:42.908)	
22:49.742 (2:43.469)	25:35.088 (2:45.346)	28:21.931 (2:46.844)	31:07.792 (2:45.861)	
33:49.391 (2:41.600)				
2 # 1291 Wilkinson, Carol	W74 High Altitud	38:50.00	37:00.70	6
1:22.851 (1:22.851)	4:17.347 (2:54.497)	7:14.458 (2:57.111)	10:09.307 (2:54.850)	
13:05.641 (2:56.334)	16:03.599 (2:57.958)	19:03.297 (2:59.699)	22:02.273 (2:58.976)	
25:01.563 (2:59.291)	27:59.671 (2:58.108)	31:01.167 (3:01.496)	34:03.499 (3:02.332)	
37:00.691 (2:57.192)				
3 # 982 Rasmussen, Paula	W70 So Cal Track Club	38:56.30	4	
1:22.641 (1:22.641)	4:15.771 (2:53.130)	7:12.172 (2:56.401)	10:09.893 (2:57.722)	
13:12.129 (3:02.236)	16:21.619 (3:09.490)	19:30.892 (3:09.274)	22:45.120 (3:14.228)	
25:55.793 (3:10.673)	29:08.717 (3:12.925)	32:26.329 (3:17.612)	35:42.366 (3:16.038)	
38:56.295 (3:13.929)				

**W75 5000 Meter Race Walk**

75 USATF: A 34:34.60

75 WMA: R 31:58.65

Name	Age Team	Seed	Finals	Points
1 # 330 Eichel, Yoko	W77 So Cal Track Club	34:05.00	36:14.37	8
1:19.729 (1:19.729)	4:13.009 (2:53.280)	7:07.852 (2:54.843)	10:03.493 (2:55.641)	
12:57.215 (2:53.723)	15:53.271 (2:56.056)	18:47.769 (2:54.498)	21:42.912 (2:55.144)	
24:36.740 (2:53.828)	27:30.587 (2:53.848)	30:24.931 (2:54.344)	33:22.247 (2:57.316)	
36:14.366 (2:52.119)				
2 # 40 Backlund, Darlene	W78 So Cal Track Club	40:51.08	6	
1:25.068 (1:25.068)	4:42.076 (3:17.008)	7:56.441 (3:14.365)	11:13.995 (3:17.554)	
14:30.230 (3:16.236)	17:47.822 (3:17.592)	21:05.550 (3:17.728)	24:23.895 (3:18.345)	
27:41.385 (3:17.491)	31:00.281 (3:18.896)	34:18.869 (3:18.588)	37:37.657 (3:18.788)	
40:51.075 (3:13.418)				

**M30 5000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points
1 # 1008 Risch, John	M33 Q Elite	22:10.00	22:34.72	8
51.163 (51.163)	2:32.511 (1:41.349)	4:13.092 (1:40.581)	5:56.181 (1:43.089)	
7:42.451 (1:46.270)	9:32.462 (1:50.012)	11:22.368 (1:49.906)	13:09.828 (1:47.460)	
15:03.152 (1:53.324)	16:53.108 (1:49.956)	18:48.196 (1:55.088)	20:44.460 (1:56.264)	
22:34.716 (1:50.256)				

**M40 5000 Meter Race Walk**

40 USATF: A 20:23.25

40 WMA: R 19:45.65

Name	Age Team	Seed	Finals	Points
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**....M40 5000 Meter Race Walk**

1 #	958 Price, Alexander	M42 Walk Usa	29:46.00	32:21.43	8
	1:11.907 (1:11.907)	3:43.615 (2:31.709)	6:19.941 (2:36.326)	8:56.747 (2:36.806)	
	11:36.529 (2:39.782)	14:14.193 (2:37.664)	16:54.151 (2:39.958)	19:31.004 (2:36.854)	
	22:09.336 (2:38.332)	24:45.201 (2:35.866)	27:22.512 (2:37.311)	29:56.788 (2:34.276)	
	32:21.427 (2:24.640)				

**M45 5000 Meter Race Walk**

45 USATF: A 21:27.00  
 45 WMA: R 20:28.28

Name	Age Team	Seed	Finals	Points
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1 #	1322 *Xitumul, Juan	M45 Guatemala	X28:49.80		
	1:02.533 (1:02.533)	3:15.369 (2:12.836)	5:32.754 (2:17.385)	7:52.930 (2:20.176)	
	10:13.716 (2:20.786)	12:33.713 (2:19.998)	14:54.041 (2:20.328)	17:13.970 (2:19.929)	
	19:35.301 (2:21.332)	21:55.329 (2:20.028)	24:16.817 (2:21.488)	26:36.545 (2:19.728)	
	28:49.791 (2:13.246)				
2 #	1330 Zamudio, Adrian	M48 Unattached	30:43.39	8	
	1:11.711 (1:11.711)	3:37.741 (2:26.031)	5:59.513 (2:21.772)	8:22.705 (2:23.192)	
	10:46.463 (2:23.758)	13:11.000 (2:24.537)	15:35.896 (2:24.896)	18:03.253 (2:27.358)	
	20:34.421 (2:31.168)	23:07.296 (2:32.875)	25:39.325 (2:32.030)	28:13.357 (2:34.032)	
	30:43.387 (2:30.030)				
3 #	532 Holtry, Matthew	M45 Raleigh Walkers	37:43.40	6	
	1:16.701 (1:16.701)	4:03.495 (2:46.794)	7:01.047 (2:57.552)	10:03.173 (3:02.127)	
	13:00.842 (2:57.669)	15:58.816 (2:57.974)	19:01.528 (3:02.712)	22:05.969 (3:04.441)	
	25:09.152 (3:03.184)	28:19.023 (3:09.872)	31:28.599 (3:09.576)	34:35.943 (3:07.344)	
	37:43.394 (3:07.451)				

**M50 5000 Meter Race Walk**

50 USATF: A 22:02.30  
 50 WMA: R 21:01.00

Name	Age Team	Seed	Finals	Points
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1 #	204 Chasse, Craig	M54 Potomac Vall	31:10.64	33:45.78	8
	1:07.545 (1:07.545)	3:32.511 (2:24.966)	5:59.125 (2:26.614)	8:35.308 (2:36.183)	
	11:16.762 (2:41.454)	13:56.373 (2:39.612)	16:35.745 (2:39.372)	19:18.787 (2:43.043)	
	22:01.453 (2:42.666)	24:48.404 (2:46.952)	27:38.961 (2:50.558)	30:32.952 (2:53.991)	
	33:45.774 (3:12.822)				

**M55 5000 Meter Race Walk**

55 USATF: A 22:33.47  
 55 WMA: R 22:11.50

Name	Age Team	Seed	Finals	Points
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1 #	1177 Swarts, David	M59 Pegasus Athl	25:10.13	27:32.02	8
	59.638 (59.638)	3:03.927 (2:04.289)	5:08.108 (2:04.182)	7:14.148 (2:06.040)	
	9:22.779 (2:08.631)	11:33.209 (2:10.430)	13:44.193 (2:10.984)	16:00.922 (2:16.730)	
	18:20.774 (2:19.852)	20:42.416 (2:21.642)	23:03.253 (2:20.838)	25:22.881 (2:19.628)	
	27:32.012 (2:09.131)				
2 #	164 Bunker, Keith	M55 Sierra Racewalkers	34:31.47	34:18.54	6
	1:12.642 (1:12.642)	3:47.853 (2:35.211)	6:26.075 (2:38.222)	9:04.047 (2:37.973)	
	11:49.875 (2:45.828)	14:35.677 (2:45.803)	17:18.427 (2:42.750)	20:15.615 (2:57.188)	
	23:00.755 (2:45.140)	25:45.840 (2:45.086)	28:37.443 (2:51.603)	31:26.354 (2:48.912)	
	34:18.534 (2:52.180)				

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**...M55 5000 Meter Race Walk**

-- # 455 \*Guzman Rodriguez M58 El Salvador XDQ rule 230.3c  
 59.966 (59.966) 3:04.040 (2:04.074) 5:08.265 (2:04.226) 7:13.989 (2:05.724)  
 9:22.931 (2:08.942) 11:33.234 (2:10.304) 13:39.895 (2:06.661) 15:46.411 (2:06.516)  
 17:59.001 (2:12.590) 20:09.867 (2:10.866) 22:23.581 (2:13.715) 24:36.799 (2:13.218)

**M60 5000 Meter Race Walk**

60 USATF: A 24:11.90

60 WMA: R 22:38.70

Name	Age Team	Seed	Finals	Points
1 # 576 James, Allen	M60 So Cal Track Club	24:55.00	25:05.93	8
58.536 (58.536)	2:57.703 (1:59.167)	4:55.395 (1:57.692)	6:51.975 (1:56.580)	
8:49.545 (1:57.570)	10:50.559 (2:01.014)	12:53.693 (2:03.135)	14:58.546 (2:04.853)	
17:03.028 (2:04.482)	19:06.105 (2:03.077)	21:08.900 (2:02.796)	23:11.405 (2:02.506)	
25:05.928 (1:54.523)				
2 # 587 Johnson, Eric	M63 So Cal Track Club	29:30.00	32:58.84	6
1:06.517 (1:06.517)	3:31.943 (2:25.427)	6:05.491 (2:33.548)	8:42.265 (2:36.775)	
11:18.205 (2:35.940)	13:58.796 (2:40.591)	16:40.653 (2:41.858)	19:23.241 (2:42.588)	
22:04.310 (2:41.069)	24:49.737 (2:45.428)	27:40.075 (2:50.338)	30:20.407 (2:40.332)	
32:58.831 (2:38.424)				
3 # 840 Morrow, Art	M60 So Cal Track Club		33:18.42	4
1:12.499 (1:12.499)	3:47.246 (2:34.747)	6:25.351 (2:38.105)	9:01.514 (2:36.164)	
11:35.247 (2:33.734)	14:09.778 (2:34.531)	16:48.113 (2:38.336)	19:29.927 (2:41.814)	
22:13.127 (2:43.200)	24:57.745 (2:44.618)	27:43.425 (2:45.680)	30:34.257 (2:50.833)	
33:18.419 (2:44.162)				
4 # 904 Papacalos, George	M64 So Cal Track Club		37:53.28	3
1:18.052 (1:18.052)	4:09.087 (2:51.036)	7:08.403 (2:59.316)	10:07.241 (2:58.838)	
13:07.042 (2:59.802)	16:08.179 (3:01.137)	19:11.640 (3:03.462)	22:16.289 (3:04.650)	
25:22.859 (3:06.570)	28:31.112 (3:08.254)	31:40.863 (3:09.752)	34:51.633 (3:10.770)	
37:53.280 (3:01.648)				
5 # 564 Irizarry, Frank	M64 Unattached	39:40.70	38:05.12	2
1:25.106 (1:25.106)	4:26.129 (3:01.023)	7:36.305 (3:10.176)	10:40.107 (3:03.803)	
13:41.638 (3:01.531)	16:41.811 (3:00.174)	19:44.863 (3:03.052)	22:55.351 (3:10.488)	
26:00.277 (3:04.926)	29:06.147 (3:05.871)	32:08.249 (3:02.102)	35:09.190 (3:00.941)	
38:05.115 (2:55.925)				
6 # 790 McLaughlin, Teren	M63 Potomac Vall		39:50.46	1
1:41.810 (1:41.810)	5:04.922 (3:23.112)	8:26.855 (3:21.933)	11:43.607 (3:16.753)	
14:58.079 (3:14.472)	18:08.965 (3:10.887)	21:16.929 (3:07.964)	24:25.716 (3:08.788)	
27:31.296 (3:05.580)	30:36.807 (3:05.512)	33:41.997 (3:05.190)	36:46.633 (3:04.636)	
39:50.458 (3:03.826)				
-- # 107 Blanchard, Michae	M63 Unattached	35:34.54	DQ	rule 230.3c
1:13.689 (1:13.689)	3:48.527 (2:34.838)	6:28.016 (2:39.490)	9:10.234 (2:42.218)	
11:55.131 (2:44.898)	14:41.463 (2:46.332)	17:27.327 (2:45.865)	20:14.261 (2:46.934)	
23:01.608 (2:47.348)				

**M65 5000 Meter Race Walk**

65 WMA: R 24:13.10

Name	Age Team	Seed	Finals	Points
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**....M65 5000 Meter Race Walk**

1 #	756 Matthews, Jonatha	M68 So Cal Track Club	27:57.00	31:41.05	8
	1:08.180 (1:08.180)	3:30.034 (2:21.854)	5:58.696 (2:28.663)	8:31.707 (2:33.011)	
	11:06.204 (2:34.498)	13:40.994 (2:34.790)	16:17.373 (2:36.380)	18:53.501 (2:36.128)	
	21:29.749 (2:36.248)	24:05.812 (2:36.064)	26:39.086 (2:33.274)	29:09.080 (2:29.994)	
	31:41.048 (2:31.969)				
2 #	383 *Funes, Nelson	M66 Guatemala		X32:42.00	
	1:09.886 (1:09.886)	3:45.934 (2:36.049)	6:18.898 (2:32.964)	8:56.810 (2:37.913)	
	11:38.352 (2:41.542)	14:17.850 (2:39.499)	16:58.549 (2:40.699)	19:42.481 (2:43.932)	
	22:24.268 (2:41.787)	25:05.315 (2:41.048)	27:44.716 (2:39.401)	30:18.175 (2:33.460)	
	32:41.999 (2:23.824)				
3 #	991 Rehder, William	M67 Unattached		32:46.52	6
	1:15.556 (1:15.556)	3:45.660 (2:30.104)	6:18.783 (2:33.124)	8:54.473 (2:35.690)	
	11:31.252 (2:36.779)	14:08.522 (2:37.270)	16:46.418 (2:37.897)	19:24.288 (2:37.870)	
	22:02.197 (2:37.909)	24:41.886 (2:39.689)	27:23.106 (2:41.221)	30:05.830 (2:42.724)	
	32:46.518 (2:40.688)				
4 #	147 Brown, James	M69 Sierra Racewalkers	40:53.00	45:10.91	4
	1:38.557 (1:38.557)	5:07.572 (3:29.015)	8:37.780 (3:30.209)	12:10.902 (3:33.122)	
	15:48.319 (3:37.417)	19:27.456 (3:39.138)	23:02.664 (3:35.208)	26:45.206 (3:42.542)	
	30:23.022 (3:37.816)	34:02.607 (3:39.586)	37:46.006 (3:43.400)	41:28.885 (3:42.879)	
	45:10.901 (3:42.016)				
-- #	119 Boloyan, Michael	M67 Unattached		DQ	rule 230.3c
	1:21.108 (1:21.108)	4:27.584 (3:06.476)	7:38.218 (3:10.634)	10:51.724 (3:13.507)	
	14:03.622 (3:11.898)	17:15.288 (3:11.666)			

**M70 5000 Meter Race Walk**

=====					
70 WMA: R 25:48.50					
	Name	Age Team	Seed	Finals	Points
=====					
1 #	331 Eisenberg, David	M74 Heartland Ra	32:13.86	34:57.58	8
	1:20.636 (1:20.636)	4:02.882 (2:42.246)	6:43.654 (2:40.773)	9:25.925 (2:42.271)	
	12:13.013 (2:47.088)	14:59.066 (2:46.054)	17:46.334 (2:47.268)	20:37.040 (2:50.706)	
	23:26.518 (2:49.479)	26:17.955 (2:51.437)	29:10.296 (2:52.341)	32:03.141 (2:52.846)	
	34:57.574 (2:54.433)				
2 #	1108 Smith, Andrew	M74 Unattached	34:09.00	35:22.34	6
	1:19.830 (1:19.830)	4:02.443 (2:42.613)	6:45.735 (2:43.292)	9:31.000 (2:45.265)	
	12:17.880 (2:46.880)	15:07.970 (2:50.090)	17:58.396 (2:50.426)	20:51.428 (2:53.033)	
	23:41.330 (2:49.902)	26:35.069 (2:53.739)	29:29.382 (2:54.314)	32:27.226 (2:57.844)	
	35:22.338 (2:55.113)				
-- #	1209 Tierney, John	M71 Unattached	30:00.00	DQ	rule 230.3c
	1:22.119 (1:22.119)	4:18.846 (2:56.727)	7:12.466 (2:53.621)	10:02.664 (2:50.198)	
	12:50.563 (2:47.900)	15:38.154 (2:47.591)	18:27.218 (2:49.064)		

**M75 5000 Meter Race Walk**

=====					
75 WMA: R 27:40.00					
	Name	Age Team	Seed	Finals	Points
=====					
1 #	1288 Wiggins, Michael	M75 So Cal Track Club		32:11.22	8
	1:16.524 (1:16.524)	3:46.986 (2:30.462)	6:19.557 (2:32.571)	8:57.328 (2:37.771)	
	11:32.016 (2:34.689)	14:09.343 (2:37.327)	16:47.172 (2:37.830)	19:24.876 (2:37.704)	
	21:56.348 (2:31.473)	24:30.614 (2:34.266)	27:06.296 (2:35.683)	29:39.497 (2:33.201)	
	32:11.218 (2:31.721)				

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**...M75 5000 Meter Race Walk**

2 #	180 Campbell, Richard	M78 So Cal Track Club	35:15.36	6
	1:26.466 (1:26.466)	4:21.300 (2:54.834)	7:11.755 (2:50.456)	10:01.393 (2:49.638)
	12:49.737 (2:48.344)	15:37.535 (2:47.798)	18:24.745 (2:47.210)	21:13.497 (2:48.752)
	24:03.435 (2:49.938)	26:50.830 (2:47.396)	29:43.650 (2:52.820)	32:34.600 (2:50.950)
	35:15.356 (2:40.757)			
3 #	403 Gersh, John	M77 Potomac Vall	35:35.68	39:33.50 4
	1:26.645 (1:26.645)	4:34.674 (3:08.029)	7:45.070 (3:10.396)	10:54.560 (3:09.490)
	14:05.498 (3:10.938)	17:16.266 (3:10.769)	20:31.575 (3:15.309)	23:41.502 (3:09.928)
	26:51.346 (3:09.844)	30:03.844 (3:12.498)	33:13.309 (3:09.465)	36:24.274 (3:10.966)
	39:33.497 (3:09.223)			

**M85 5000 Meter Race Walk**

85 WMA: R 33:15.00

Name	Age Team	Seed	Finals	Points
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-- #	945 Poisner, Alan	M89 Heartland Ra	41:15.50	DQ	rule 230.3c
	1:27.824 (1:27.824)	4:35.309 (3:07.486)	7:45.988 (3:10.680)	10:55.344 (3:09.356)	
	14:06.327 (3:10.984)	17:17.261 (3:10.934)	20:32.922 (3:15.661)	23:43.712 (3:10.791)	
	26:56.683 (3:12.971)	30:23.846 (3:27.163)			

**W35 10000 Meter Race Walk**

35 USATF: A 46:25.00

35 WMA: R 41:41.00

Name	Age Team	Seed	Finals	Points
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1 #	1145 Stanley, Anine	W38 Connecticut	58:00.00	1:01:34.19	8
	5:45.42 (5:45.42)	11:37.73 (5:52.31)		17:34.22 (5:56.49)	
	23:35.41 (6:01.19)	29:41.68 (6:06.27)		35:50.96 (6:09.28)	
	42:07.74 (6:16.78)	48:27.94 (6:20.20)		55:04.43 (6:36.49)	
	1:01:34.187 (6:29.77)				

**W40 10000 Meter Race Walk**

40 USATF: A 48:30.00

40 WMA: R 45:25.00

Name	Age Team	Seed	Finals	Points
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1 #	866 *Newington, Dash	W40 Australia	05:10.00	1:19:21.90
	7:42.01 (7:42.01)	15:44.28 (8:02.27)		23:51.43 (8:07.15)
	32:07.53 (8:16.10)	40:16.09 (8:08.56)		48:17.71 (8:01.62)
	56:18.41 (8:00.70)	1:04:10.92 (7:52.51)		1:11:54.87 (7:43.95)
	1:19:21.898 (7:27.04)			

**W50 10000 Meter Race Walk**

50 USATF: A 54:18.00

50 WMA: R 48:28.00

Name	Age Team	Seed	Finals	Points
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1 #	1120 Snyder, Karla	W51 Unattached	59:30.00	57:48.47	8
	5:44.26 (5:44.26)	11:27.23 (5:42.97)	17:12.52 (5:45.29)	22:58.61 (5:46.09)	
	28:41.82 (5:43.21)	34:26.74 (5:44.92)	40:16.35 (5:49.61)	46:07.46 (5:51.11)	
	52:01.06 (5:53.60)	57:48.464 (5:47.41)			

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****W55 10000 Meter Race Walk**

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60 USATF: A 56:59.00

60 WMA: R 49:15.00

Name	Age Team	Seed	Finals	Points
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1 # 137 Bridges, Debra	W58 Unattached	06:23.00	1:06:54.34	8
6:33.57 (6:33.57)		13:23.57 (6:50.00)	20:03.09 (6:39.52)	
26:43.37 (6:40.28)		33:25.86 (6:42.49)	40:13.47 (6:47.61)	
46:58.28 (6:44.81)		53:40.50 (6:42.22)	1:00:20.27 (6:39.77)	
1:06:54.338 (6:34.08)				
-- # 1162 Storrs, Helen	W58 Unattached	20:00.00	DNF	
7:56.97 (7:56.97)	15:56.05 (7:59.08)	24:01.90 (8:05.85)	32:24.43 (8:22.53)	
41:06.48 (8:42.05)	50:46.09 (9:39.61)			

**W60 10000 Meter Race Walk**

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60 USATF: A 59:30.00

60 WMA: R 53:26.00

Name	Age Team	Seed	Finals	Points
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1 # 443 Grimes, Kathryn	W60 Unattached		1:03:45.14	8
6:22.49 (6:22.49)		12:36.88 (6:14.39)	18:53.02 (6:16.14)	
25:13.01 (6:19.99)		31:33.98 (6:20.97)	37:58.26 (6:24.28)	
44:25.83 (6:27.57)		50:53.56 (6:27.73)	57:21.22 (6:27.66)	
1:03:45.136 (6:23.93)				
2 # 758 Matthews, Stephan	W60 So Cal Track Club	07:59.00	1:09:07.14	6
7:02.73 (7:02.73)		13:51.17 (6:48.44)	20:44.20 (6:53.03)	
27:30.12 (6:45.92)		34:17.15 (6:47.03)	41:09.58 (6:52.43)	
48:01.41 (6:51.83)		55:33.88 (7:32.47)	1:02:23.37 (6:49.49)	
1:09:07.134 (6:43.77)				
-- # 577 *Jeanpierre, Clem	W64 Guatemala		XDQ	230.3 (C)
7:47.87 (7:47.87)	15:45.28 (7:57.41)	23:51.55 (8:06.27)		
-- # 565 Irizarry, Julie	W61 Unattached	22:36.29	DQ	230.3 (C)
8:57.64 (8:57.64)	18:04.69 (9:07.05)	27:08.21 (9:03.52)		

**W65 10000 Meter Race Walk**

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65 USATF: A 1:00:59.00

65 WMA: R 55:32.00

Name	Age Team	Seed	Finals	Points
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1 # 1163 Stoyanowski, Kare	W69 Sierra Racewalkers	10:44.00	1:11:54.82	8
7:04.59 (7:04.59)		14:05.29 (7:00.70)	21:07.15 (7:01.86)	
28:08.59 (7:01.44)		35:14.90 (7:06.31)	42:25.77 (7:10.87)	
49:39.28 (7:13.51)		57:01.03 (7:21.75)	1:04:29.35 (7:28.32)	
1:11:54.811 (7:25.47)				
2 # 528 Holder, Yolanda	W66 Unattached		1:13:57.65	6
7:03.31 (7:03.31)		14:06.49 (7:03.18)	21:14.45 (7:07.96)	
28:32.61 (7:18.16)		35:57.74 (7:25.13)	43:26.69 (7:28.95)	
50:58.31 (7:31.62)		58:38.03 (7:39.72)	1:06:21.24 (7:43.21)	
1:13:57.644 (7:36.41)				

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70 USATF: A 1:03:44.00

70 WMA: R 1:00:18.00

Name	Age Team	Seed	Finals	Points
1 # 747 Martino, Marianne	W74 High Altitud	06:03.00	1:07:41.87	8
			6:45.33 (6:45.33)	13:29.12 (6:43.79)
			26:39.80 (6:38.21)	33:24.94 (6:45.14)
			46:57.91 (6:45.20)	53:45.74 (6:47.83)
			1:07:41.868 (6:59.03)	1:00:42.85 (6:57.11)
2 # 1291 Wilkinson, Carol	W74 High Altitud	19:20.00	1:15:23.44	6
			7:41.78 (7:41.78)	15:23.40 (7:41.62)
			30:30.29 (7:30.79)	38:00.59 (7:30.30)
			52:54.01 (7:26.87)	1:00:23.27 (7:29.26)
			1:15:23.439 (7:31.30)	1:07:52.15 (7:28.88)

**W75 10000 Meter Race Walk**

75 USATF: A 1:12:05.00

75 WMA: R 1:07:46.00

Name	Age Team	Seed	Finals	Points
1 # 40 Backlund, Darlene	W78 So Cal Track Club		1:24:26.83	8
			8:13.90 (8:13.90)	16:32.06 (8:18.16)
			33:17.75 (8:25.38)	41:44.76 (8:27.01)
			58:52.70 (8:34.75)	1:07:26.22 (8:33.52)
			1:24:26.821 (8:26.05)	1:16:00.78 (8:34.56)

**M30 10000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points
1 # 1008 Risch, John	M33 Q Elite	43:54.00	45:53.13	8
			4:38.55 (4:38.55)	9:15.13 (4:36.58)
			22:55.62 (4:33.33)	27:31.74 (4:36.12)
			41:23.18 (4:34.12)	45:53.122 (4:29.95)
				13:46.83 (4:31.70)
				32:10.31 (4:38.57)
				36:49.06 (4:38.75)

**M45 10000 Meter Race Walk**

45 USATF: A 45:00.00

45 WMA: R 42:18.00

Name	Age Team	Seed	Finals	Points
1 # 1322 *Xitumul, Juan	M45 Guatemala		1:00:21.57	
			5:44.48 (5:44.48)	11:53.26 (6:08.78)
			24:16.80 (6:06.85)	30:18.20 (6:01.40)
			42:18.38 (5:56.89)	48:26.28 (6:07.90)
			1:00:21.569 (5:57.86)	18:09.95 (6:16.69)
2 # 1330 Zamudio, Adrian	M48 Unattached		1:02:07.70	8
			6:08.43 (6:08.43)	12:11.41 (6:02.98)
			24:18.35 (6:06.02)	30:28.78 (6:10.43)
			43:06.18 (6:19.08)	49:27.01 (6:20.83)
			1:02:07.699 (6:20.06)	18:12.33 (6:00.92)
				36:47.10 (6:18.32)
				55:47.65 (6:20.64)

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**...M45 10000 Meter Race Walk**

3 #	532 Holtry, Matthew	M45 Raleigh Walkers	1:22:19.19	6
	7:49.74 (7:49.74)	15:46.42 (7:56.68)	23:52.11 (8:05.69)	
	32:03.13 (8:11.02)	40:09.77 (8:06.64)	48:16.43 (8:06.66)	
	56:17.09 (8:00.66)	1:04:30.90 (8:13.81)	1:13:26.81 (8:55.91)	
	1:22:19.187 (8:52.39)			

**M50 10000 Meter Race Walk**

50 USATF: A 45:00.00  
50 WMA: R 42:20.00

Name	Age Team	Seed	Finals	Points
1 # 204 Chasse, Craig	M54 Potomac Vall	10:47.57	1:16:57.53	8
	7:00.52 (7:00.52)	14:44.71 (7:44.19)	22:06.82 (7:22.11)	
	30:00.31 (7:53.49)	37:59.73 (7:59.42)	45:47.83 (7:48.10)	
	53:39.40 (7:51.57)	1:01:34.34 (7:54.94)	1:09:22.13 (7:47.79)	
	1:16:57.529 (7:35.41)			

**M55 10000 Meter Race Walk**

55 USATF: A 46:56.00  
55 WMA: R 46:32.00

Name	Age Team	Seed	Finals	Points
1 # 1177 Swarts, David	M59 Pegasus Athl	52:42.00	56:53.81	8
	5:44.32 (5:44.32)	11:26.41 (5:42.09)	17:02.73 (5:36.32)	22:40.25 (5:37.52)
	28:18.53 (5:38.28)	34:08.62 (5:50.09)	39:53.51 (5:44.89)	45:47.30 (5:53.79)
	51:32.32 (5:45.02)	56:53.810 (5:21.50)		
2 # 164 Bunker, Keith	M55 Sierra Racewalkers	07:10.00	1:10:21.04	6
	6:50.70 (6:50.70)	13:56.45 (7:05.75)	21:00.50 (7:04.05)	
	28:08.64 (7:08.14)	35:08.40 (6:59.76)	42:03.344 (6:54.95)	
	48:53.470 (6:50.126)	56:04.043 (7:10.573)	1:03:13.016 (7:08.973)	
	1:10:21.038 (7:08.022)			
-- # 455 *Guzman Rodriguez	M58 El Salvador		XDQ	230.3 (C)
	5:45.64 (5:45.64)	11:27.37 (5:41.73)	17:03.38 (5:36.01)	22:40.86 (5:37.48)
	28:18.68 (5:37.82)	33:47.13 (5:28.45)	39:21.93 (5:34.80)	44:58.10 (5:36.17)
	50:32.17 (5:34.07)	55:59.470 (5:27.31)		

**M60 10000 Meter Race Walk**

60 USATF: A 50:05.00  
60 WMA: R 46:23.00

Name	Age Team	Seed	Finals	Points
1 # 576 James, Allen	M60 So Cal Track Club	49:59.00	51:33.39	8
	5:15.89 (5:15.89)	10:32.15 (5:16.26)	15:45.42 (5:13.27)	20:56.98 (5:11.56)
	26:06.00 (5:09.02)	31:16.34 (5:10.34)	36:27.65 (5:11.31)	41:35.31 (5:07.66)
	46:40.72 (5:05.41)	51:33.387 (4:52.68)		
2 # 587 Johnson, Eric	M63 So Cal Track Club	00:03.00	1:11:28.66	6
	6:32.21 (6:32.21)	13:21.30 (6:49.09)	20:11.87 (6:50.57)	
	27:12.36 (7:00.49)	34:15.47 (7:03.11)	41:24.10 (7:08.63)	
	48:35.02 (7:10.92)	56:10.15 (7:35.13)	1:03:55.06 (7:44.91)	
	1:11:28.654 (7:33.60)			

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**...M60 10000 Meter Race Walk**

3 #	840 Morrow, Art	M60 So Cal Track Club	1:11:37.60	4
	6:53.02 (6:53.02)	13:34.59 (6:41.57)	20:17.92 (6:43.33)	
	27:05.89 (6:47.97)	34:01.08 (6:55.19)	41:11.32 (7:10.24)	
	48:33.05 (7:21.73)	56:10.00 (7:36.95)	1:03:54.81 (7:44.81)	
	1:11:37.591 (7:42.79)			
4 #	564 Irizarry, Frank	M64 Unattached	22:37.20 1:15:19.32	3
	7:15.96 (7:15.96)	14:43.94 (7:27.98)	22:10.66 (7:26.72)	
	29:45.49 (7:34.83)	37:27.68 (7:42.19)	45:13.73 (7:46.05)	
	52:42.03 (7:28.30)	1:00:08.90 (7:26.87)	1:07:36.27 (7:27.37)	
	1:15:19.311 (7:43.05)			
5 #	904 Papacalos, George	M64 So Cal Track Club	1:16:59.63	2
	7:22.78 (7:22.78)	15:01.29 (7:38.51)	22:37.33 (7:36.04)	30:20.00 (7:42.67)
	38:03.68 (7:43.68)	45:52.97 (7:49.29)	53:44.57 (7:51.60)	1:01:38.03 (7:53.46)
	1:09:26.15 (7:48.12)	1:16:59.63 (7:33.48)		
6 #	790 McLaughlin, Teren	M63 Potomac Vall	1:19:35.45	1
	8:15.01 (8:15.01)	16:15.55 (8:00.54)	24:13.97 (7:58.42)	
	32:06.63 (7:52.66)	39:56.29 (7:49.66)	47:49.29 (7:53.00)	
	55:43.64 (7:54.35)	1:03:37.49 (7:53.85)	1:11:36.90 (7:59.41)	
	1:19:35.442 (7:58.55)			
-- #	107 Blanchard, Michae	M63 Unattached	08:47.00	DNF
	7:07.96 (7:07.96)	14:13.14 (7:05.18)	21:14.24 (7:01.10)	
-- #	582 Jiang, Peigen	M60 Unattached		DQ 230.3 (C)
	6:44.84 (6:44.84)	13:25.26 (6:40.42)	20:12.04 (6:46.78)	27:07.72 (6:55.68)

**M65 10000 Meter Race Walk**

65 USATF: A 52:35.00  
65 WMA: R 48:39.00

Name	Age Team	Seed	Finals	Points
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1 #	756 Matthews, Jonatha	M68 So Cal Track Club	56:56.00	57:03.78	8
	5:53.51 (5:53.51)	11:37.27 (5:43.76)	17:25.15 (5:47.88)	23:14.21 (5:49.06)	
	28:59.04 (5:44.83)	34:40.23 (5:41.19)	40:19.62 (5:39.39)	45:55.54 (5:35.92)	
	51:34.61 (5:39.07)	57:03.773 (5:29.17)			
2 #	991 Rehder, William	M67 Unattached	1:07:10.92	6	
	6:55.07 (6:55.07)	13:35.77 (6:40.70)	20:13.75 (6:37.98)		
	26:52.91 (6:39.16)	33:36.47 (6:43.56)	40:20.31 (6:43.84)		
	47:03.41 (6:43.10)	53:46.48 (6:43.07)	1:00:25.11 (6:38.63)		
	1:07:10.917 (6:45.82)				
-- #	147 Brown, James	M69 Sierra Racewalkers	20:25.00	DQ	230.3 (C)
	9:02.24 (9:02.24)	18:08.19 (9:05.95)	27:13.24 (9:05.05)	36:23.14 (9:09.90)	

**M70 10000 Meter Race Walk**

70 USATF: A 58:14.00  
70 WMA: R 53:17.00

Name	Age Team	Seed	Finals	Points
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1 #	331 Eisenberg, David	M74 Heartland Ra	07:02.00	1:11:47.21	8
	7:03.49 (7:03.49)	14:08.89 (7:05.40)	21:16.01 (7:07.12)		
	28:31.33 (7:15.32)	35:42.28 (7:10.95)	42:55.15 (7:12.87)		
	50:07.72 (7:12.57)	57:20.69 (7:12.97)	1:04:35.15 (7:14.46)		
	1:11:47.202 (7:12.06)				

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**...M70 10000 Meter Race Walk**

2 # 1108 Smith, Andrew	M74 Unattached	1:16:10.93	6
7:08.37 (7:08.37)	14:22.76 (7:14.39)	21:45.42 (7:22.66)	
29:16.06 (7:30.64)	36:42.12 (7:26.06)	44:15.16 (7:33.04)	
51:48.69 (7:33.53)	59:40.10 (7:51.41)	1:07:54.02 (8:13.92)	
1:16:10.922 (8:16.91)			

**M75 10000 Meter Race Walk**

75 USATF: A 1:05:10.00  
 75 WMA: R 55:01.00

Name	Age Team	Seed	Finals	Points
1 # 1288 Wiggins, Michael	M75 So Cal Track Club	1:04:54.72A	8	
6:28.79 (6:28.79)	12:56.81 (6:28.02)	19:22.28 (6:25.47)		
25:51.22 (6:28.94)	32:18.57 (6:27.35)	38:50.19 (6:31.62)		
45:24.88 (6:34.69)	51:58.02 (6:33.14)	58:28.54 (6:30.52)		
1:04:54.718 (6:26.19)				
2 # 180 Campbell, Richard	M78 So Cal Track Club	1:13:18.14	6	
7:31.25 (7:31.25)	14:45.66 (7:14.41)	21:58.45 (7:12.79)		
29:09.75 (7:11.30)	36:25.22 (7:15.47)	43:41.86 (7:16.64)		
50:52.09 (7:10.23)	58:16.49 (7:24.40)	1:05:45.58 (7:29.09)		
1:13:18.131 (7:32.56)				
-- # 403 Gersh, John	M77 Potomac Vall	14:00.92	DQ	230.3 (C)
8:01.52 (8:01.52)	16:08.02 (8:06.50)	24:14.19 (8:06.17)	32:15.59 (8:01.40)	
40:28.25 (8:12.66)	48:36.86 (8:08.61)			

**M85 10000 Meter Race Walk**

85 USATF: A 1:14:06.00  
 85 WMA: R 1:13:52.00

Name	Age Team	Seed	Finals	Points
-- # 945 Poisner, Alan	M89 Heartland Ra	26:01.10	DQ	230.3 (C)
8:21.31 (8:21.31)	16:36.37 (8:15.06)	24:57.02 (8:20.65)		

**Women - Team Rankings - 111 Events Scored**

1) SC Striders Track Club	385	2) So Cal Track Club	297
3) TNT International Racing C	229	4) Sierra Gold	146
5) Joy's Jackrabbits Track Cl	143	6) Central Park Track Club (	134
7) Amp Up Sports Track & Fiel	125	8) Atlanta Track Club	72
9) GYS TRACK CLUB	66	10) Texas Throwers Club	64
11) Greater Philadelphia TC	62	12) ARC Run Club	55
13) Arizona Masters	54	14) Bella N Motion	46
15) Potomac Valley Track Club	45	16) Impala Racing Team	43
17) Southwest Sprinters Track	41	17) Cal Coast Track Club	41
19) Throwing and Growing	40	20) AZ Desert Throwers	38
21) Sierra Racewalkers	37	22) Legacy Track and Field	36
23) Lake Merritt Joggers and S	30	23) Athletics East Track Club	30
25) High Altitude Racewalk Tea	28	26) Buffalo Chips Running Clu	27
27) Chicagoland Masters Athlet	26	27) Florida Track Club - Sout	26
27) Zephyrs Track Club	26	27) Success Performance Track	26
31) T.H.E. Track Team	24	31) Connecticut Racewalkers	24
33) San Francisco Track and Fi	22	33) Boise Betties & Billies	22
35) Dayton Track Club	21	36) U.S. Air Force	20

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37) Team Dodson Elite	18	38) Peninsula Distance Club	16
38) Moore Elite Track & Field	16	40) Maximum Quotient Track Cl	14
40) Oregon Track Club	14	42) Run MN	12
42) LRC Nebraska	12	42) Garden State Track Club	12
42) Hawaii Masters Track Club	12	46) Trojan Masters T.C.	11
47) Mass Velocity Track Club	9	47) West Valley Track Club	9
49) HOKA Aggie Running Club	8	49) Delaware Elite Track Club	8
49) Empire Runners Club of Son	8	49) GRC Tracksmith	8
49) Lucky Strike Vertical Leap	8	49) Texas Express TFC	8
49) Sirius Athletics	8	49) Solano Elite Track Club	8
57) Data Athletics	6	57) Pat Licari Pole Vault Clu	6
57) Lakeside TC	6	60) River City Rebels	5
61) Pamakids	4	61) Portland Masters Track Cl	4
61) Sacramento Valley Enduranc	4	64) Team Red Lizard	3
64) San Diego Track Club	3	64) The Quicksilver Comets	3
67) ISAA (International Studen	2	68) Liberty Athletic Club	1

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Men - Team Rankings - 164 Events Scored

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1) So Cal Track Club	544	2) Potomac Valley Track Club	239.50
3) Joy's Jackrabbits Track Cl	184	4) Sierra Gold	132
5) West Valley Track Club	112	6) SC Striders Track Club	110
7) Greater Philadelphia TC	95	8) Boulder Road Runners	88
9) Southwest Sprinters Track	85	10) Mass Velocity Track Club	82
11) Texas Throwers Club	81	12) New England 65 Plus Runne	79
13) Shore Athletic Club	54	14) Unite4	48
14) Freedom - GR Project	48	16) Tamalpa Runners. Inc.	39
17) Athletics East Track Club	37	18) SRA Elite	35
19) Houston Elite	34	20) AZ Desert Throwers	33
20) TNT International Racing C	33	22) Empire Runners Club of So	32
23) Bowerman Track Club	31	24) Atlanta Track Club	28
24) Ann Arbor Track Club	28	26) Kitsap Fliers Track and F	27
26) Cal Coast Track Club	27	28) HOKA Aggie Running Club	22
28) U.S. Express Masters Track	22	28) Portland Masters Track Cl	22
28) Throws and Jumps Coach Flo	22	28) Indiana Elite Athletic Cl	22
28) Oregon Track Club	22	34) Pony Express Track & Fiel	21
34) Pacific Coast Track Club	21	36) Arizona Masters	20
37) Arizona Flames Track Club	19	38) Excelsior Running Club	18
39) Sierra Racewalkers	16	39) Q Elite	16
39) Pegasus Athletic Club	16	39) Heartland Racewalkers	16
43) Raleigh Walkers	15	44) Greater Lowell Road Runne	14
44) Spokane Athletics	14	44) Snake River	14
44) Shadow Project TC	14	44) Jamul Toads	14
49) Prado Racing Team	13	50) Seattle Masters AC	12
50) River City Rebels	12	50) Santa Cruz Throwers	12
53) Buffalo Chips Running Club	11	53) Kansas City Smoke	11
53) The Quicksilver Comets	11	56) Chicagoland Masters Athle	10
56) Flanagan Clan	10	56) Fresno Flyers Track Club	10
56) Flo-Jo International	10	56) elitefeats	10
61) Westchester Track Club	9	61) Trojan Masters T.C.	9
61) Holy Fire	9	61) Central Park Track Club (	9
65) Santa Cruz Track Club	8	65) Team Superhero	8
65) Garden State Track Club	8	65) Bozeman Track Club	8
65) Hood River Track Club	8	65) Wolfpack Running Club	8
65) Mental Wealth Track Club	8	65) Walk USA	8

**2024 USATF Masters Outdoor Championship - 7/18/2024 to 7/21/2024****American River CC****Results****...M85 10000 Meter Race Walk**

73) Sacramento Valley Enduranc	7	73) Marin Waves Track & Field	7
73) Moore Elite Track & Field	7	76) Bullseye Running	6
76) West Coast Warriors	6	76) U.S. Air Force	6
76) San Diego Striders	6	76) Spartan Track Club Hawaii	6
76) Denver Athletics	6	76) U.S. Army	6
76) San Jose TC	6	76) Track Club L.A.	6
76) Unattached209	6	76) Key West Track & Field Cl	6
76) San Diego Track Club	6	76) East Valley Track Club	6
89) Las Vegas Heat	4	89) Green Mountain Athletic A	4
89) Mariner Track Club	4	89) West Valley Joggers & Str	4
89) Gem State Throwers	4	89) Twilight Throwers	4
89) WinterSprinter	4	89) Pamakids	4
89) High Point Athletic Club	4	89) Bay Area Track & Field Cl	4
99) Brooklyn Track Club	3	99) Boulder Track Club	3
99) San Diego Pole Vault	3	99) Reno Tahoe Athletics	3
99) Lake Sammamish Run Club	3	99) Club Northwest	3
105) Amp Up Sports Track & Fiel	2	105) San Luis Distance Club	2
105) Golden Valley Harriers	2	105) Hawaii Masters Track Club	2
109) The Race Continues TC	1	109) Walnut Creek Track Club	1

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**Combined Team Scores - 275 Events Scored**
  
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1) So Cal Track Club	841	2) SC Striders Track Club	495
3) Joy's Jackrabbits Track Cl	327	4) Potomac Valley Track Club	284.50
5) Sierra Gold	278	6) TNT International Racing	262
7) Greater Philadelphia TC	157	8) Texas Throwers Club	145
9) Central Park Track Club (C	143	10) Amp Up Sports Track & Fie	127
11) Southwest Sprinters Track	126	12) West Valley Track Club	121
13) Atlanta Track Club	100	14) Mass Velocity Track Club	91
15) Boulder Road Runners	88	16) New England 65 Plus Runne	79
17) Arizona Masters	74	18) AZ Desert Throwers	71
19) Cal Coast Track Club	68	20) Athletics East Track Club	67
21) GYS TRACK CLUB	66	22) ARC Run Club	55
23) Shore Athletic Club	54	24) Sierra Racewalkers	53
25) Unite4	48	25) Freedom - GR Project	48
27) Bella N Motion	46	28) Impala Racing Team	43
29) Throwing and Growing	40	29) Empire Runners Club of So	40
31) Tamalpa Runners. Inc.	39	32) Buffalo Chips Running Clu	38
33) Oregon Track Club	36	33) Legacy Track and Field	36
33) Chicagoland Masters Athlet	36	36) SRA Elite	35
37) Houston Elite	34	38) Bowerman Track Club	31
39) Lake Merritt Joggers and S	30	39) HOKA Aggie Running Club	30
41) High Altitude Racewalk Tea	28	41) Ann Arbor Track Club	28
43) Kitsap Fliers Track and Fi	27	44) Success Performance Track	26
44) Portland Masters Track Clu	26	44) Florida Track Club - Sout	26
44) U.S. Air Force	26	44) Zephyrs Track Club	26
49) T.H.E. Track Team	24	49) Connecticut Racewalkers	24
51) Moore Elite Track & Field	23	52) Boise Betties & Billies	22
52) U.S. Express Masters Track	22	52) Indiana Elite Athletic Cl	22
52) Throws and Jumps Coach Flo	22	52) San Francisco Track and F	22
57) Pony Express Track & Field	21	57) Pacific Coast Track Club	21
57) Dayton Track Club	21	60) Garden State Track Club	20
60) Trojan Masters T.C.	20	62) Arizona Flames Track Club	19
63) Excelsior Running Club	18	63) Team Dodson Elite	18
65) River City Rebels	17	66) Pegasus Athletic Club	16

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66) Peninsula Distance Club	16	66) Heartland Racewalkers	16
66) Q Elite	16	70) Raleigh Walkers	15
71) Jamul Toads	14	71) Shadow Project TC	14
71) Maximum Quotient Track Clu	14	71) Spokane Athletics	14
71) Greater Lowell Road Runner	14	71) Snake River	14
71) Hawaii Masters Track Club	14	71) The Quicksilver Comets	14
79) Prado Racing Team	13	80) LRC Nebraska	12
80) Seattle Masters AC	12	80) Santa Cruz Throwers	12
80) Run MN	12	84) Kansas City Smoke	11
84) Sacramento Valley Enduranc	11	86) elitefeats	10
86) Flo-Jo International	10	86) Fresno Flyers Track Club	10
86) Flanagan Clan	10	90) San Diego Track Club	9
90) Westchester Track Club	9	90) Holy Fire	9
93) Bozeman Track Club	8	93) Sirius Athletics	8
93) Texas Express TFC	8	93) Walk USA	8
93) Wolfpack Running Club	8	93) Team Superhero	8
93) Lucky Strike Vertical Leap	8	93) Hood River Track Club	8
93) Santa Cruz Track Club	8	93) GRC Tracksmith	8
93) Solano Elite Track Club	8	93) Delaware Elite Track Club	8
93) Pamakids	8	93) Mental Wealth Track Club	8
107) Marin Waves Track & Field	7	108) San Jose TC	6
108) West Coast Warriors	6	108) Unattached209	6
108) Data Athletics	6	108) San Diego Striders	6
108) U.S. Army	6	108) East Valley Track Club	6
108) Key West Track & Field Clu	6	108) Bullseye Running	6
108) Spartan Track Club Hawaii	6	108) Denver Athletics	6
108) Pat Licari Pole Vault Club	6	108) Lakeside TC	6
108) Track Club L.A.	6	122) Las Vegas Heat	4
122) Mariner Track Club	4	122) Green Mountain Athletic A	4
122) Gem State Throwers	4	122) West Valley Joggers & Str	4
122) WinterSprinter	4	122) High Point Athletic Club	4
122) Bay Area Track & Field Clu	4	122) Twilight Throwers	4
131) San Diego Pole Vault	3	131) Lake Sammamish Run Club	3
131) Boulder Track Club	3	131) Club Northwest	3
131) Reno Tahoe Athletics	3	131) Team Red Lizard	3
131) Brooklyn Track Club	3	138) San Luis Distance Club	2
138) ISAA (International Studen	2	138) Golden Valley Harriers	2
141) Liberty Athletic Club	1	141) Walnut Creek Track Club	1
141) The Race Continues TC	1		