#### nwi = no wind indicator

## SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

To be elgible for an SCA Meet Record: athlete must be registered in SCA during time of mark, and compete as USA at meets during time of mark.

<u>Age</u>	<u>Event</u>	Name	Age	<u>Mark</u>	Year	Wind
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Any questions or updated information can be forwarded to: the SCA Masters Meet Director.

SCA Meet Locations:	
2020	
June 9, 2019	West Los Angeles College, Culver City
June 16, 2018	West Los Angeles College, Culver City
May 20, 2017	West Los Angeles College, Culver City
May 28, 2016	Cerritos College, Norwalk
May 30, 2015	Cerritos College, Norwalk
May 17, 2014	Cal Tech, Pasadena, CA
June 29, 2013	Cal Tech, Pasadena, CA
June 16, 2012	Cal Tech, Pasadena, CA
May 15, 2011	Long Beach City College (Throws: Long Beach State)
June 12, 2010	Orange Coast College, Costa Mesa
June 06, 2009	Soka Univ., Aliso Viejo
June 14, 2008	Cerritos College, Norwalk
June 09, 2007	Cal State Long Beach, Long Beach
June 17, 2006	Moorpark College, Moorpark (Ventura County)
June 11, 2005	West Los Angeles College, Culver City (PV at Culver City High)
June 12, 2004	Cerritos College, Norwalk
June 8, 2003	Orange Coast College, Costa Mesa
June 22, 2002	Birmingham High School, Van Nuys & Cal State Univ., Northridge
August 4, 2001	Long Beach City College, Long Beach (HT at Cal State Long Beach)
June 24, 2000	Cal State Long Beach, Long Beach
June 12, 1999	Occidental College, Eagle Rock
July 11, 1998	Fullerton College, Fullerton
June 8, 1997	Occidental College, Eagle Rock
June 9, 1996	Cal State Long Beach, Long Beach
April 8, 1995	Occidental College, Eagle Rock
June 18, 1994	Occidental College, Eagle Rock
June 27, 1993	Cerritos College, Norwalk
June 20, 1992	Occidental College, Eagle Rock
June 15, 1991	Occidental College, Eagle Rock
June 16, 1990	Occidental College, Eagle Rock
June 18, 1989	Occidental College, Eagle Rock
June 18, 1988	Occidental College, Eagle Rock
June 20, 1987	Occidental College, Eagle Rock
June 28, 1986	Occidental College, Eagle Rock
June 1, 1985	Occidental College, Eagle Rock
July 1, 1984	Occidental College, Eagle Rock
July 9, 1983	Cal State Long Beach, Long Beach
July 10, 1982	UCLA, Los Angeles
July 18, 1981	UCLA, Los Angeles
June 7, 1980	Cal State Univ. Northridge, Northridge

#### nwi = no wind indicator

# SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

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<u>Age</u>	Event	Name	<u>Age</u>	<u>Mark</u>	Year	<u>Wind</u>
	June 10, 1979	Cal State Univ. Northridge, Northridge	i.			
		Cal State Univ. Northridge, Northridge	(Note: only	portion of 1978	results hav	/e been
	June 11, 1978	located).				
	June 11, 1977	Cal State Univ. Northridge, Northridge	(Pent. At Sc	outhwestern Col	llege)	
	June 12, 1976	Moorpark College, Moorpark (Ventura	County) (mi	ssing results)		
	June 7, 1975	Sunny Hills HS, Fullerton (partial resu	lts)			
	June 1, 1974	Sunny Hills HS, Fullerton (missing res	ults)			

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continued next page

# SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

M30     100 Meter Dash     Mahasse Cornileus     M30     10.51     1999        M30     200 Meter Dash     Keita Cline     30     21.25     2005     1.4       M30     400 Meter Dash     Stirley Jones     30     21.25     2005        M30     800 Meter     Carlos Cota     32 or 33     1:56.44     1997        M30     1500 Meter     Brian Russell     33     3:54.23     1992        M30     10,000 Meter     Nike Chambiss     30 or 31     3:22.28h     1980        M30     10,000 Meter     Mike Chambiss     30 or 31     3:22.28h     1980        M30     (unknown height)     Walt Butler     34     14.4 hy yard     1975     nwi       M30     000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     400 Murdles (36")     Aaron Lacey     33     52.03     2004        M30     000 M Steeple     Henry Lange     M30     10:26.5h	<u>Age</u>	Event	Name	Age	<u>Mark</u>	Year	<u>Wind</u>
M30     200 Meter Dash     Keita Cline     30     21.25     2005     1.4       M30     400 Meter Dash     Stirley Jones     30     47.69     2015        M30     600 Meter     Carlos Cota     32 or 33     1:56.44     1997        M30     1500 Meter     Brian Russell     33     3:54.23     1992        M30     10,000 Meter     Nolan Shaheed     33     3:4:38.5h     1988        M30     10,000 Meter     Mike Chambliss     30 or 31     3:2:2.8h     1980        M30     10,000 Meter     Mike Chambliss     30 or 31     3:2:2.8h     1980        M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.54.4     1981							
M30     400 Meter Dash     Stirley Jones     30     47.69     2015        M30     800 Meter     Carlos Cota     32 or 33     1:56.43     1997        M30     5.000 Meter     Brian Russell     33     3:54.23     1992        M30     10,000 Meter     Nor Aviala     M30     15:16.70     1988        M30     10,000 Meter     Nolan Shaheed     33     34:38.5h     1980        M30     10,000 Meter     Milan Shaheed     33     34:38.5h     1980        M30     10,000 Meter     Milan Shaheed     34     14.4h yard     1975     nwi       M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     LJ     James Lofton     34     7.40     1981        M30     FV     Tim Knappen     M30     4.59     1980	M30	100 Meter Dash	Mahasse Cornileus	M30	10.51	1999	
M30     800 Meter     Carlos Cota     32 or 33     1:56.44     1997        M30     1500 Meter     Brian Russell     33     3:54.23     1992        M30     10,000 Meter     Nolan Shaheed     33     3:35.42.3     1992        M30     10,000 Meter     Nolan Shaheed     33     3:43.8.5h     1983        M30     10,000 Meter     Mike Chambliss     30 or 31     3:22.2.8h     1980        M30     10,000 Meter     Nike Chambliss     34     14.4.4y ard     1975     nwi       M30     (unknown height)     Walt Butler     34     14.4.4y ard     1975     nwi       M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     J     James Lofton     34     7.40     1991        M30     T     Milan Tiff     32     15.84     1981        M30     DT     Frank Reilly     M30     63.10     1981     -	M30	200 Meter Dash	Keita Cline	30	21.25	2005	1.4
M30     1500 Meter     Brian Russell     33     3:54.23     1992        M30     5,000 Meter     Nor Aviala     M30     15:16.70     1988        M30     10,000 Meter     Nolan Shaheed     33     34:38:5h     1983        M30     10,000 Meter     Mike Chambliss     30 or 31     32:22.8h     1980        M30     10 M Hurdles (39")     Richard Holmes     34     15.20     2001     neg.       M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     HJ     Mel Embree     30     2.07     1985        M30     HJ     James Lofton     34     7.40     1991        M30     PV     Tim Knappen     M30     4.59     1980        M30     PT     Frank Reilly     M30     54.24     1981	M30	400 Meter Dash	Stirley Jones	30	47.69	2015	
M30     5,000 Meter     Nor Aviala     M30     15:16.70     1988        M30     10,000 Meter     Nolan Shaheed     33     33:38.5h     1983        M30     10,000 Meter     Mike Chambliss     30     or 31     32:22.8h     1980        M30     100 M Hurdles (39")     Richard Holmes     34     15.20     2001     neg.       110 M Hurdles     34     14.4h yard     1975     nwi       M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1985        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     28.27.9h     1982        M30 </td <td>M30</td> <td>800 Meter</td> <td>Carlos Cota</td> <td>32 or 33</td> <td>1:56.44</td> <td>1997</td> <td></td>	M30	800 Meter	Carlos Cota	32 or 33	1:56.44	1997	
M30     10,000 Meter     Nolan Shaheed     33     34:38.5h     1983        M30     10,000 Meter     Mike Chambliss     30 or 31     32:22.8h     1980        M30     110 M Hurdles (38")     Richard Holmes     34     15.20     2001     neg.       M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     HJ     Mel Embree     30     2.07     1985        M30     HJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1980        M30     DT     Frank Reilly     M30     54.24     1981	M30	1500 Meter	Brian Russell	33	3:54.23	1992	
M30     10,000 Meter     Mike Chambliss     30 or 31     32:22.8h     1980        M30     110 M Hurdles (39')     Richard Holmes     34     15.20     2001     neg.       M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     400 M Hurdles (36')     Aaron Lacey     33     52.03     2004        M30     400 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     LJ     James Lofton     34     7.40     1991        M30     LJ     James Lofton     34     7.40     1991        M30     LJ     James Lofton     34     7.40     1991        M30     SP     Rich Harrison     34     17.65     2004        M30     SP     Rich Harrison     34     17.65     2004        M30     JT     Clyde Foreman     M30     63.10     1981	M30	5,000 Meter	Nor Aviala	M30	15:16.70	1988	
M30     110 M Hurdles (39")     Richard Holmes     34     15.20     2001     neg.       M30     funknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     funknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1985        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982	M30	10,000 Meter	Nolan Shaheed	33	34:38.5h	1983	
110 M Hurdles     Walt Butler     34     14.4h yard     1975     nwi       M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     HJ     Mel Embree     30     2.07     1985        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1981   M35     100 Meter Dash <t< td=""><td>M30</td><td>10,000 Meter</td><td>Mike Chambliss</td><td>30 or 31</td><td>32:22.8h</td><td>1980</td><td></td></t<>	M30	10,000 Meter	Mike Chambliss	30 or 31	32:22.8h	1980	
M30     (unknown height)     Walt Butler     34     14.4h yard     1975     nwi       M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     AT     Clyde Foreman     M30     63.10     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35 </td <td>M30</td> <td></td> <td><b>Richard Holmes</b></td> <td>34</td> <td>15.20</td> <td>2001</td> <td>neg.</td>	M30		<b>Richard Holmes</b>	34	15.20	2001	neg.
M30     400 M Hurdles (36")     Aaron Lacey     33     52.03     2004        M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     HJ     Mel Embree     30     2.07     1985        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     400 M		110 M Hurdles					
M30     3000 M Steeple     Henry Lange     M30     10:26.5h     1983        M30     HJ     Mel Embree     30     2.07     1985        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     DT     Frank Reilly     M30     54.24     1981        M30     DT     Frank Reilly     M30     63.10     1981        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35			Walt Butler				nwi
M30     HJ     Mel Émbree     30     2.07     1985        M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     5000 Meter		. ,	Aaron Lacey				
M30     LJ     James Lofton     34     7.40     1991        M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     400 Meter Dash     Eugene Driver     37     21.4h     1987        M35     600 Meter     John Perry     38     156.1h     1982        M35     10,000 Meter<							
M30     TJ     Milan Tiff     32     15.84     1981        M30     PV     Tim Knappen     M30     4.59     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1981        M35     400 Meter Dash     Hilliard Summer     35     49.8h     1981        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35			Mel Embree			1985	
M30     PV     Tim Knappen     M30     4.59     1980        M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Summer     35     49.8h     1981        M35     500 Meter     D. Castenholtz     M35     1526.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981							
M30     SP     Rich Harrison     34     17.65     2004        M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Summer     35     49.8h     1981        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     10,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     13:206.3h     1981							
M30     DT     Frank Reilly     M30     54.24     1981        M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     1500 Meter     Frank Duarte     M35     3:2:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     3:2:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     19:0      M35							
M30     JT     Clyde Foreman     M30     63.10     1981        M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     500 Meter     Dsh     Perry     38     1:56.1h     1982        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981							
M30     HT     Frank Reilly     M30     46.47     1982        M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     800 Meter     John Perry     38     1:56.1h     1982        M35     5,000 Meter     D. Castenholtz     M35     4:02.75     1990        M35     10,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     100 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     100 M Hurdles (36")     Aaron Lacey     M35     54.92							
M30     Race Walk 5000 M     Roger Brandwein     M30     28:27.9h     1982        M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     800 Meter     John Perry     38     1:56.1h     1982        M35     5,000 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     100 M Hurdles (39")     Richard Benoy     35     14.30							
M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     800 Meter     John Perry     38     1:56.1h     1982        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     100 M Hurdles (39")     Richard Benoy     35     14.30     20							
M35     100 Meter Dash     Marion McCoy     35     10.6h     1985        M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     800 Meter     John Perry     38     1:56.1h     1982        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h	M30	Race Walk 5000 M	Roger Brandwein	M30	28:27.9h	1982	
M35     200 Meter Dash     Eugene Driver     37     21.4h     1987        M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     800 Meter     John Perry     38     1:56.1h     1982        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Walt Butler     37     13.9h     1978     nwi       M35     100 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985 </td <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							
M35     400 Meter Dash     Hilliard Sumner     35     49.8h     1981        M35     800 Meter     John Perry     38     1:56.1h     1982        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     LJ     Stan Whitley     38     7.23     1984 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							
M35     800 Meter     John Perry     38     1:56.1h     1982        M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     LJ     Stan Whitley     38     7.23     1984			-				
M35     1500 Meter     D. Castenholtz     M35     4:02.75     1990        M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     FV     Nat Durham     37     4.80     1991        M35     FV     Nat Durham     37     4.80     1991   <							
M35     5,000 Meter     Frank Duarte     M35     15:26.3h     1981        M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     FV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     PV     Steve Smith     35     4.87     1987 <t< td=""><td>-</td><td></td><td>,</td><td></td><td></td><td></td><td></td></t<>	-		,				
M35     10,000 Meter     Frank Duarte     M35     32:06.3h     1981        M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     HJ     Leo Williams     36     2.10     1996        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     FV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35	-						
M35     110 M Hurdles (39")     Richard Benoy     35     14.30     2004     1.6       M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     HJ     Leo Williams     36     2.10     1996        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     FV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984	-						
M35     110 M Hurdles (39")     Walt Butler     37     13.9h     1978     nwi       M35     400 M Hurdles (36")     Aaron Lacey     M35     54.92     2007        M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     HJ     Leo Williams     36     2.10     1996        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     PV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984	-	-					
M35   400 M Hurdles (36")   Aaron Lacey   M35   54.92   2007      M35   3000 M Steeple   Henry Lange   M35   10:32.9h   1985      M35   HJ   Leo Williams   36   2.10   1996      M35   LJ   Stan Whitley   38   7.23   1984      M35   TJ   Lavell Davenport   36   14.83   1998      M35   PV   Nat Durham   37   4.80   1991      M35   PV   Steve Smith   35   4.87   1987      M35   SP   Doug Wells   M35   16.09   1979      M35   DT   Frank Reilly   M35   55.87   1984	-	· · ·					1.6
M35     3000 M Steeple     Henry Lange     M35     10:32.9h     1985        M35     HJ     Leo Williams     36     2.10     1996        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     PV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984		· · · · · · · · · · · · · · · · · · ·					nwi
M35     HJ     Leo Williams     36     2.10     1996        M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     PV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984		. ,					
M35     LJ     Stan Whitley     38     7.23     1984        M35     TJ     Lavell Davenport     36     14.83     1998        M35     PV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984		-					
M35     TJ     Lavell Davenport     36     14.83     1998        M35     PV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984							
M35     PV     Nat Durham     37     4.80     1991        M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984							
M35     PV     Steve Smith     35     4.87     1987        M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984							
M35     SP     Doug Wells     M35     16.09     1979        M35     DT     Frank Reilly     M35     55.87     1984							
M35 DT Frank Reilly M35 55.87 1984	-						
	-						
M35 JT Alan Collatz M35 67.22 1996							
	M35	JT	Alan Collatz	M35	67.22	1996	

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<u>Age</u>	Event	Name	Age	<u>Mark</u>	Year	<u>Wind</u>
M35	НТ	Daniel Kirk	M35	52.95	2008	
M35	WT	Arvil Hampton	39	12.26	2011	
M35	Super WT	Troy Nelson	39	7.36	2011	
M35	Race Walk 5000 M	Keith Ward	M35	23:33	1986	
M40	100 Meter Dash	Christopher Williams	40	10.57	2012	0.7
M40	200 Meter Dash	Christopher Williams	40	21.03	2012	neg.
M40	400 Meter Dash	Stan Whitley	41	49.8h	1987	
M40	800 Meter	Nolan Shaheed	44	1:58.19	1994	
M40	1500 Meter	Peter Magill	44	4:03.52	2006	
M40	5,000 Meter	Jacques Sallberg	44	15:48.69	2019	
M40	10,000 Meter	Michael Buckhoff	M40	33:55.03	2008	
M40	110 M Hurdles (39")	Derek Pye	43	14.47	2011	1.4
M40	400 M Hurdles (36")	Perry McBride	42	56.20	2017	
M40	3000 M Steeple	David Longyear	M40	10:20.17	2009	
M40	HJ	John Dobroth	41	2.00	1982	
M40	LJ	Carl Flowers	M40	6.77	1991	
M40	TJ	Milan Tiff	M40	15.49	1989	
M40	TJ	Milan Tiff	M40	14.96	1990	
M40	PV	Charlie Brown	42	4.75	1998	
M40	SP	Doug Wells	M40	15.35	1984	
M40	SP	Parry O'Brien	43	15.36	1975	
M40	DT	Lloyd Higgins	M40	51.96	1985	
M40	JT	Joe Greenberg	M40	60.76	1991	
M40	HT	Kevin Eubanks	42	50.34	2015	
M40	WT	Troy Nelson	41	11.05	2012	
M40	Super WT	Troy Nelson	41	6.87	2012	
M40	Race Walk 5000 M	Ed Bouldin	41	25:33	1989	
M45	100 Meter Dash	Stan Whitley	M45	11.06	1991	
M45	200 Meter Dash	Stan Whitley	M45	22.30	1992	
M45	400 Meter Dash	Stan Whitley	M45	51.02	1991	
M45	800 Meter	Nolan Shaheed	47	1:57.92	1997	
M45	1500 Meter	Nolan Shaheed	47	4:04.19	1997	
M45	5,000 Meter	Frank Duarte	45	15:54.70	1987	
M45	10,000 Meter	Andre Tocco	M45	33:39.0h	1981	
M45	110 M Hurdles (39")	Henry Andrade	46	15.12	2008	
M45	400 M Hurdles (36")	Bill Knocke	47	57.9h	1987	
M45	3000 M Steeple	Darren Cox	49	10:43.87	2019	
M45	HJ	Keith Nelson	45	1.93	2001	
M45	LJ	Stan Royster	49	6.40	1995	
M45	TJ	Milan Tiff	M45	14.17	1997	
M45	TJ	Dave Jackson	M45	12.96	1978	
M45	PV	Gregg Miguel	M45	4.41	1994	
				-		

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M45     SP     Mike Nash     M45     14.71     1997        M45     DT     Lloyd Higgins     45     55.21     1987        M45     JT     Joe Greenberg     M45     59.88     1996        M45     HT     Stewart Thomson     M45     48.99     1982        M45     Super WT     Greg Retzer     46     8.51     2011        M45     Race Walk 5000 M     Larry Walker     45     21:27.00     1988        M50     100 Meter Dash     Ken Dennis     52     11.2h     1989        M50     400 Meter Dash     Don Parker     M50     200 Meter     Nelan Shaheed     50     2:01.72     2000        M50     5.000 Meter     Neli Doherty     M50     13:23.42     2018        M50     10.000 Heter     Bradley Peterson     54     17:61.88     2018        M50     10.00 M Hurdles (36")     Walt Butler     M50	<u>Age</u>	Event	Name	Age	<u>Mark</u>	<u>Year</u>	<u>Wind</u>
M45     JT     Joe Greenberg     M45     59.88     1996        M45     HT     Stewart Thomson     M45     48.99     1982        M45     WT     Doug Parsons     47     15.76     2008        M45     Super WT     Greg Retzer     46     8.51     2011        M45     Race Walk 5000 M     Larry Walker     45     21:27.00     1988        M50     000 Meter Dash     Ken Dennis     52     11.2h     1989        M50     000 Meter Dash     Ken Dennis     52     23.4h     1983        M50     1500 Meter     Neil Doherty     M50     4.32.70     1991        M50     5.000 Meter     Bradley Peterson     54     17:16.38     2018        M50     1000 M Hurdles (36")     Walk Butler     M50     13.84     1994        M50     000 Meter     S300     NS 400     Hilk nocke     M50     13.19     1982	M45	SP	Mike Nash	M45	14.71	1997	
M45     HT     Stewart Thomson     M45     48.99     1982        M45     WT     Doug Parsons     47     15.76     2008        M45     Super WT     Greg Retzer     46     8.51     2011        M45     Race Walk 5000 M     Larry Walker     45     21:27.00     1988        M50     100 Meter Dash     Ken Dennis     52     11.2h     1989        M50     400 Meter Dash     Don Parker     M50     52.7h     1983        M50     400 Meter Dash     Don Parker     M50     4:32.70     1991        M50     5,000 Meter     Juan Cabeza     M50     4:32.70     1991        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     100 M Hurdles (36")     Walt Butler     M50     63.32     1991        M50     400 M Hurdles (33")     Bill Knocke     M50     5.94     2006     n	M45	DT	Lloyd Higgins	45	55.21	1987	
M45     WT     Doug Parsons     47     15.76     2008        M45     Super WT     Greg Retzer     46     8.51     2011        M45     Race Walk 5000 M     Larry Walker     45     21:27.00     1988        M50     100 Meter Dash     Ken Dennis     52     11.2h     1989        M50     200 Meter Dash     Ken Dennis     52     23.4h     1989        M50     400 Meter Dash     Don Parker     M50     52.7h     1993        M50     500 Meter     Nolan Shaheed     50     2:01.72     2000        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     1000 H Hurdles (36")     Walt Butler     M50     63.32     1991        M50     1000 M Hurdles (36")     Walt Butler     M50     63.32     1991	M45	JT		M45	59.88	1996	
M45     Super WT     Greg Retzer     46     8.51     2011        M45     Race Walk 5000 M     Larry Walker     45     21:27.00     1988        M50     100 Meter Dash     Ken Dennis     52     11.2h     1989        M50     400 Meter Dash     Don Parker     M50     52.7h     1993        M50     400 Meter Dash     Don Parker     M50     52.01.72     2000        M50     500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Badley Peterson     54     17:16:38     2018        M50     10,000 Meter     Robert Arsenault     51     35:23.34     2017        M50     400 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Biteple     David Cook     M50     11:31.58     2008        M50     LJ     David Quick     50     1.80     1998     -	M45	HT	Stewart Thomson	M45	48.99	1982	
M45     Race Walk 5000 M     Larry Walker     45     21:27.00     1988        M50     100 Meter Dash     Ken Dennis     52     11.2h     1989        M50     200 Meter Dash     Ken Dennis     52     23.4h     1989        M50     800 Meter     Nolan Shaheed     50     2:01.72     2000        M50     1500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     10,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     100 M Hurdles (36")     Walt Butler     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     LJ     Dave Jackson     50     13.41     1982	M45	WT	Doug Parsons	47	15.76	2008	
M50     100 Meter Dash     Ken Dennis     52     11.2h     1989        M50     200 Meter Dash     Ken Dennis     52     23.4h     1989        M50     400 Meter Dash     Don Parker     M50     52.7h     1993        M50     1500 Meter     Nolan Shaheed     50     2:01.72     2000        M50     1500 Meter     Nalan Shaheed     50     4:32.70     1991        M50     1500 Meter     Bradley Peterson     54     17:16.38     2018        M50     100.000 Meter     Robert Arsenault     51     35:23.34     2017        M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (36")     Walt Butler     M50     113.15.8     2008        M50     000 M Steeple     David Quick     50     1.80     1998        M50     LJ     Dave Jackson     50     1.3.19     1982	M45	Super WT	Greg Retzer	46	8.51	2011	
M50     200 Meter Dash     Ken Dennis     52     23.4h     1989        M50     400 Meter Dash     Don Parker     M50     52.7h     1993        M50     800 Meter     Nolan Shaheed     50     2:01.72     2000        M50     1500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Juan Cabeza     M50     17:25.40     1996        M50     10,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (36")     Walt Butler     M50     11.31.58     2008        M50     400 M Hurdles (33")     Bill Knocke     M50     13.19     1982        M50     300 M Steeple     David Quick     50     13.19     1982        M50     FJ     Dave Jackson     50     13.19     1982	M45	Race Walk 5000 M	Larry Walker	45	21:27.00	1988	
M50     200 Meter Dash     Ken Dennis     52     23.4h     1989        M50     400 Meter Dash     Don Parker     M50     52.7h     1993        M50     800 Meter     Nolan Shaheed     50     2:01.72     2000        M50     1500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Juan Cabeza     M50     17:25.40     1996        M50     10,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     100.00 Meter     Robert Arsenault     51     35:23.34     2017        M50     400 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (36")     Bill Knocke     M50     11:31.58     2008        M50     300 M Steeple     David Quick     50     13.19     1982        M50     TJ     Dave Jackson     50     13.19     1982			•				
M50     400 Meter Dash     Don Parker     M50     52.7h     1993        M50     800 Meter     Nolan Shaheed     50     2:01.72     2000        M50     1500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Juan Cabeza     M50     17:25.40     1996        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     10,000 Meter     Robert Arsenault     51     35:23.34     2017        M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (33")     Bill Knocke     M50     11.31.58     2008        M50     JD     David Cook     M50     13.19     1982        M50     JD     David Quick     50     5.94     2006     nwi       M50     SP     Parry O'Brien     52     17.71     1984 </td <td>M50</td> <td>100 Meter Dash</td> <td>Ken Dennis</td> <td>52</td> <td>11.2h</td> <td>1989</td> <td></td>	M50	100 Meter Dash	Ken Dennis	52	11.2h	1989	
M50     800 Meter     Nolan Shaheed     50     2:01.72     2000        M50     1500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Juan Cabeza     M50     17:25.40     1996        M50     10,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     10,000 Meter     Robert Arsenault     51     35:23.34     2017        M50     100 M Hurdles (38")     Walt Butler     M50     63.32     1991        M50     400 M Hurdles (33")     Bill Knocke     M50     63.32     1991        M50     400 M Hurdles (33")     Bill Knocke     M50     11:31.58     2008        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     SP     Poug Wells     M50     14.457     1994 <td< td=""><td>M50</td><td>200 Meter Dash</td><td>Ken Dennis</td><td>52</td><td>23.4h</td><td>1989</td><td></td></td<>	M50	200 Meter Dash	Ken Dennis	52	23.4h	1989	
M50     1500 Meter     Neil Doherty     M50     4:32.70     1991        M50     5,000 Meter     Juan Cabeza     M50     17:25.40     1996        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     10,000 Meter     Robert Arsenault     51     35:23.34     2017        M50     100 M Hurdles (36")     Walt Butler     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50<	M50	400 Meter Dash	Don Parker	M50	52.7h	1993	
M50     5,000 Meter     Juan Cabeza     M50     17:25.40     1996        M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     10,000 Meter     Robert Arsenault     51     35:23.34     2017        M50     100 M Hurdles (36")     Walt Butler     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     FV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50	M50	800 Meter	Nolan Shaheed	50	2:01.72	2000	
M50     5,000 Meter     Bradley Peterson     54     17:16.38     2018        M50     10,000 Meter     Robert Arsenault     51     33:23.34     2017        M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (33")     Bill Knocke     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     LJ     David Cook     M50     11:31.58     2006     nwi       M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     George Kerr     52     15.96     1975        M50     JT     Larry Stuart     M50     68.28     1992        M50 <td>M50</td> <td>1500 Meter</td> <td>Neil Doherty</td> <td>M50</td> <td>4:32.70</td> <td>1991</td> <td></td>	M50	1500 Meter	Neil Doherty	M50	4:32.70	1991	
M50     10,000 Meter     Robert Arsenault     51     35:23.34     2017        M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (33")     Bill Knocke     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31:58     2008        M50     LJ     David Quick     50     5.94     2006     nwi       M50     LJ     David Quick     50     5.94     2006     nwi       M50     RJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50	M50	5,000 Meter	Juan Cabeza	M50	17:25.40	1996	
M50     100 M Hurdles (36")     Walt Butler     M50     13.84     1994        M50     400 M Hurdles (33")     Bill Knocke     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     HJ     Charlie Rader     50     1.80     1998        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     George Kerr     52     15.96     1975        M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     MT	M50	5,000 Meter	Bradley Peterson	54	17:16.38	2018	
M50     400 M Hurdles (33")     Bill Knocke     M50     63.32     1991        M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     HJ     Charlie Rader     50     1.80     1998        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     George Kerr     52     15.96     1975        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M	M50	10,000 Meter	Robert Arsenault	51	35:23.34	2017	
M50     3000 M Steeple     David Cook     M50     11:31.58     2008        M50     HJ     Charlie Rader     50     1.80     1998        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Race Walk 5000 M     Richard Oliver <td>M50</td> <td>100 M Hurdles (36")</td> <td>Walt Butler</td> <td>M50</td> <td>13.84</td> <td>1994</td> <td></td>	M50	100 M Hurdles (36")	Walt Butler	M50	13.84	1994	
M50     HJ     Charlie Rader     50     1.80     1998        M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     Super WT     Greg Retzer     50     16.41     2015        M50     Race Walk 5000 M     Richard Oliver	M50	400 M Hurdles (33")	Bill Knocke	M50	63.32	1991	
M50     LJ     David Quick     50     5.94     2006     nwi       M50     TJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50     JT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gau	M50	3000 M Steeple	David Cook	M50	11:31.58	2008	
M50     TJ     Dave Jackson     50     13.19     1982        M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984        M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Will	M50	HJ	Charlie Rader	50	1.80	1998	
M50     PV     Wayne Lambert     M50     4.35     2000        M50     SP     Parry O'Brien     52     17.71     1984       M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975        M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     200 Meter Dash     James Chinn </td <td>M50</td> <td>LJ</td> <td>David Quick</td> <td>50</td> <td>5.94</td> <td>2006</td> <td>nwi</td>	M50	LJ	David Quick	50	5.94	2006	nwi
M50     SP     Parry O'Brien     52     17.71     1984       M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975       M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     21.33     2016     <1.2>       M55     200 Meter Dash     James Chinn     M55     56.33     2014        M55     400 Meter Dash     James Chinn	M50	TJ	Dave Jackson	50	13.19	1982	
M50     SP     Doug Wells     M50     14.57     1994        M50     SP     George Kerr     52     15.96     1975       M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     1500 Meter     Nolan Shaheed     56     2:08.47     2006        M55     5,000 Meter	M50	PV	Wayne Lambert	M50	4.35	2000	
M50     SP     George Kerr     52     15.96     1975       M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     5,000 Mete	M50	SP	Parry O'Brien	52	17.71	1984	
M50     DT     Ralph Fruguglietti     52     55.92     2007        M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015        M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     58     16:48.77     2008        <	M50	SP	Doug Wells	M50	14.57	1994	
M50     JT     Larry Stuart     M50     68.28     1992        M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015       M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55	M50	SP	George Kerr	52	15.96	1975	
M50     HT     F. S. Thompson     M50     52.90     1992        M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015       M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M	M50	DT	Ralph Fruguglietti	52	55.92	2007	
M50     WT     Greg Retzer     50     16.41     2015        M50     Super WT     Greg Retzer     50     8.86     2015       M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996	M50	JT	Larry Stuart	M50	68.28	1992	
M50     Super WT     Greg Retzer     50     8.86     2015       M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997	M50	HT	F. S. Thompson	M50	52.90	1992	
M50     Race Walk 5000 M     Richard Oliver     M50     26:58     1988        M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     Willie Gault     55     56.33     2014        M55     800 Meter Dash     James Chinn     M55     56.33     2014        M55     1500 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1	M50	WT	Greg Retzer	50	16.41	2015	
M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997	M50	Super WT	Greg Retzer	50	8.86	2015	
M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997	M50	Race Walk 5000 M	Richard Oliver	M50	26:58	1988	
M55     100 Meter Dash     Willie Gault     55     11.37     2016     <1.2>       M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997							
M55     200 Meter Dash     Willie Gault     55     23.33     2016     1.1       M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     5,000 Meter     John Araujo     59     42:52.54     2017        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997							
M55     400 Meter Dash     James Chinn     M55     56.33     2014        M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997							<1.2>
M55     800 Meter     Nolan Shaheed     56     2:08.47     2006        M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997							1.1
M55     1500 Meter     Nolan Shaheed     56     4:24.04     2006        M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997							
M55     5,000 Meter     Nolan Shaheed     58     16:48.77     2008        M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997	-						
M55     10,000 Meter     John Araujo     59     42:52.54     2017        M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997							
M55     100 M Hurdles (36")     Walt Butler     M55     14.82     1996        M55     400 M Hurdles (33")     Bill Knocke     M55     65.20     1997		-					
M55 400 M Hurdles (33") Bill Knocke M55 65.20 1997							
		· · · · · · · · · · · · · · · · · · ·					
M55 3000 M Steeple Avery Bryant M55 12:15.5h 1983		, <i>,</i>					
	M55	3000 M Steeple	Avery Bryant	M55	12:15.5h	1983	

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<u>Age</u>	<u>Event</u>	Name	<u>Age</u>	<u>Mark</u>	<u>Year</u>	<u>Wind</u>
M55	HJ	Charlie Rader	55	1.70	2003	
M55	HJ	Phil J. Fehlen	M55	1.70	1991	
M55	LJ	Tom Patsalis	59	6.10	1981	
M55	TJ	Tom Patsalis	56	11.98	1978	
M55	PV	Tim McIntyre	56	4.15	2017	
M55	SP	Russ Hodge	56	15.23	1996	
M55	DT	Ralph Fruguglietti	M55	50.48	2010	
M55	JT	Larry Stuart	57	65.75	1995	
M55	НТ	Stu Thomson	M55	50.60	1989	
M55	WT	Lloyd Higgins	56	18.32	1998	
M55	Race Walk 5000 M	John Kelly	M55	26:54 h	1986	
M60	100 Meter Dash	Kenny Dennis	M60	12.24	2000	
M60	200 Meter Dash	Doug Smith	M60	24.93	2000	
M60	400 Meter Dash	Stan Whitley	M60	58.81	2007	
M60	800 Meter	Nolan Shaheed	60	2:14.12	2010	
M60	1500 Meter	David Parke	M60	4:56.34	2007	
M60	5,000 Meter	Pat Devine	M60	18:19.00	1989	
M60	10,000 Meter	Pat Devine	M60	37:18.6h	1982	
M60	100 M Hurdles (33")	Thad Wilson	60	15.30	2011	1.1
M60	300 M Hurdles (30")	Thad Wilson	60	45.87	2011	
M60	2000 M Steeple	Nolan Shaheed	62	7:09.91	2012	
M60	HJ	Davie Perry	63	1.55	2002	
M60	HJ	Greg Heet & Charlie Radar	M60	1.55	2007 & 2011	
M60	LJ	Tom Patsalis	60	6.07	1982	
M60	TJ	Tom Patsalis	60	11.96	1982	
M60	PV	Gary Miller	M60	3.50	1999	
M60	SP	Quenton Torbert	M61	16.10	2013	
M60	DT	Bob Humphreys	60	50.64	1996	
M60	JT	Larry Stuart	M60	62.56	1999	
M60	HT	John Goldhammer	61	57.23	2015	
M60	WT	John Goldhammer	61	20.25	2015	
M60	Super WT	John Goldhammer	62	11.19	2016	
M60	Race Walk 5000 M	Carl Acosta	64	29:26.56	1998	
M65	100 Meter Dash	Stan Whitley	66	12.94	2012	0.4
M65	200 Meter Dash	Doug Smith	66	26.94	2006	nwi
M65	400 Meter Dash	Don Cheek	68	63.90	1998	
M65	800 Meter	Frederick Lindsley	M65	2:29.91	2010	
M65	1500 Meter	Frederick Lindsley	M65	5:11.15	2010	
M65	5,000 Meter	Larry Banuelos	M65	19:49.10	1989	
M65	10,000 Meter	Paul Cook	66	43:52.41	2019	
M65	100 M Hurdles (33")	Bob Hunt	67	17.7h	1987	
M65	300 M Hurdles (30")	Bob Watanabe	M65	49.19	1991	

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<u>Age</u>	Event	Name	<u>Age</u>	<u>Mark</u>	Year	Wind
M65	2000 M Steeple	Avery A. Bryant	M65	8:51.20	1993	
M65	HJ	John Dobroth	65	1.64	2006	
M65	LJ	Tom Patsalis	65	5.04	1987	
M65	TJ	Tom Patsalis	65	10.73	1987	
M65	PV	Steve Morris	65	3.23	2015	
M65	SP	Hal Smith	65	14.03	2001	
M65	DT	Dan Aldrich	M65	44.68	1988	
M65	JT	Larry Stuart	65	57.44	2003	
M65	HT	John Goldhammer	65	55.61	2019	
M65	WT	John Goldhammer	65	19.50	2019	
M65	Super WT	John Goldhammer	65	10.71	2019	
M65	Race Walk 5000 M	Richard Campbell	M67	30:48.43	2013	
M70	100 Meter Dash	Dave Lawyer	M70	14.1h	1989	
M70	200 Meter Dash	Dave Lawyer	M70	29.2h	1989	
M70	400 Meter Dash	Jesse Carrington	M70	67.46	2007	
M70	800 Meter	Frederick Lindsley	70	2:36.32	2015	
M70	1500 Meter	Frederick Lindsley	70	5:30.41	2015	
M70	5,000 Meter	Gunnar Linde	M70	21:06.8h	1999	
M70	10,000 Meter	Alfred Guth	M70	1:07:05.1h	1983	
M70	80 M Hurdles (30")	Al Guidet	M70	14.18	1990	
M70	300 M Hurdles (27")	Pete Ganahl	70	58.3h	1987	
M70	2000 M Steeple	Gordon McClenethen	72	10:42.44	2006	
M70	HJ	Dave Perry	M71	1.47	2010	
M70	LJ	Tom Patsalis	M70	4.83	1992	
M70	TJ	Tom Patsalis	M70	9.79	1992	
M70	PV	James (Jim) Vernon	M70	2.89	1989	
M70	PV	Carol Johnson	M70	2.89	1986	
M70	SP	Arnie Gaynor	70	14.77	1998	
M70	DT	Bob Humphreys	70	45.00	2006	
M70	JT	William Morales	70	46.27	1987	
M70	HT	Larry Hart	70	57.60	2017	
M70	WT	Larry Hart	70	20.41	2017	
M70	Super WT	Larry Hart	70	10.21	2017	
M70	Race Walk 5000 M	Carl Acosta	70	32:39.1	2004	
M75	100 Meter Dash	Anthony Castro	M75	14.3h	1986	
M75	200 Meter Dash	Anthony Castro	M75	30.6h	1986	
M75	400 Meter Dash	Al Escobosa	75	1:20.84	2003	
M75	800 Meter	Avery A. Bryant	M75	3:20.55	2000	
M75	1500 Meter	Jon Barkman	76	7:19.91	2015	
M75	300 M Hurdles (27")	Jesse Carrington	M77	61.23	2013	
M75	2000 M Steeple	E. "Doc" Murdock	75	10:36.35	2016	
M75	HJ	John Dobroth	75	1.42	2016	

(SCA) Southern California Assocation Masters Track & Field Championships

<u>Age</u>	<u>Event</u>	<u>Name</u>	<u>Age</u>	Mark	Year	<u>Wind</u>
M75	LJ	Jeremiah Gaines	75	3.77	1987	
M75	TJ	Charles Mercurio	M75	8.21	1995	
M75	PV	Carol Johnson	75	2.74	1987 & 1988	
M75	SP	Ken Hurlbert	77	11.79	2017	
M75	DT	A. Redmond Doms	M75	34.97	1982 & 1983	
M75	JT	Allan Trefry	75	30.55	2004	
M75	HT	Jerry Harwood	M75	28.51	2014	
M75	WT	Doug Tomlinson	75	14.41	2007	
M75	Super WT	Jerry Harwood	M75	7.46	2014	
M75	Race Walk 5000 M	Bill Moremen	76	32:54.0	2004	
M80	100 Meter Dash	Clarence Trahan	M80	15.9h	1995	
M80	200 Meter Dash	Clarence Trahan	M80	39.17	1997	
M80	400 Meter Dash	Vincent Malizia	83	1:39.61	1998	
M80	800 Meter	Robert Culling	M82	4:22.78	2014	
M80	1500 Meter	Vincent Malizia	83	6:42.87	1998	
M80	5,000 Meter	Gunnar Linde	82	25:59.68	2011	
M80	10,000 Meter	Bob Koch	M80	55:28.89	2007	
M80	2000 M Steeple	Robert Culling	80	12:10.15	2012	
M80	HJ	Bert Bergen	80	1.20	2018	
M80	LJ	Clarence Trahan	M80	3.66	1995	
M80	TJ	Clarence Trahan	M80	7.18	1995	
M80	PV	Carol Johnston	M80	2.51	1992	
M80	SP	Arnie Gaynor	81	12.79	2009	
M80	DT	Arnie Gaynor	81	34.21	2009	
M80	JT	Don Roser	80	26.48	2004	
M80	HT	Arnie Gaynor	81	33.91	2009	
M80	WT	Arnie Gaynor	81	13.53	2009	
M80	Super WT	Joe Durrenberger	81	6.19	2016	
M80	Race Walk 5000 M	Tony Perona	M80	35:33.00	1989	
M85	100 Meter Dash	Anthony Castro	88	17.99	1998	
M85	200 Meter Dash	Anthony Castro	88	41.51	1998	
M85	400 Meter	Robert Culling	86	1:46.38	2018	
M85	800 Meter	Robert Culling	86	4:13.81	2018	
M85	1500 Meter	Robert Culling	86	8:17.90	2018	
M85	10,000 Meter	Gunnar Linde	85	1:03:49.21	2014	
M85	2000 M Steeple	Gunnar Linde	88	13:58.87	2017	
M85	LJ	Tom Patsalis	M85	2.72	2008	
M85	TJ	Tom Patsalis	M85	6.80	2008	
M85	PV	Carol Johnston	M85	2.21	1997	
M85	SP	Burt de Groot	M85	7.46	1992	
M85	DT	Pete (Cleo) Allen	86	16.96	1998	
M85	Super WT	Hugh Hackett	88	7.30	2008	

#### nwi = no wind indicator

# SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

To be elgible for an SCA Meet Record: athlete must be registered in SCA during time of mark, and compete as USA at meets during time of mark.

<u>Age</u>	<u>Event</u>	Name	<u>Age</u>	<u>Mark</u>	Year	<u>Wind</u>
M90	100 Meter Dash	Anthony Castro	M90	19.64	2000	
M90	2000 M Steeple	Gunnar Linde	90	14:40.54	2019	
M90	SP	Seymour Lampert	M90	5.96	2010	
M90	DT	Donald Roser	91	14.55	2015	
M90	JT	Donald Roser	91	17.65	2015	
M90	HT	Seymour Lampert	M90	15.38	2010	
M95	HJ	Leland McPhie	95	0.91	2009	
M95	LJ	Leland McPhie	95	1.50	2009	
M95	TJ	Leland McPhie	95	3.94	2009	
M95	SP	Leland McPhie	95	6.16	2009	
M95	DT	Leland McPhie	96	11.84	2010	
M95	JT	Leland McPhie	95	10.20	2009	

**Continued next page** 

# SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

W30     100 Meter Dash     Rosalyn Bryant     32     12.34     1988        W30     200 Meter Dash     Lorena Boothe     W30     24.15     1988        W30     400 Meter Dash     Jennifer Freemas     W30     58.13     2010        W30     600 Meter     Liz Guerrini     34     21:3.35     2004        W30     500 Meter     Michelle Ishio     34     4:54.30     2006        W30     500 Meter     Chole Anderson     34     21:09.56     2017        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     LJ     Martha Watson     34     5.47     1981        W30     SP     Tressa Thompson     W30     14.39     2008        W30     JT     Kim Kreiner     34     53.44     2012        W30     JT     Kim Kreiner     34     38.99     2018   W	<u>Age</u>	Event	Name	Age	<u>Mark</u>	Year	<u>Wind</u>
W30     200 Meter Dash     Lorena Boothe     W30     24.15     1988        W30     400 Meter Dash     Jennifer Freemas     W30     58.13     2010        W30     800 Meter     Liz Guerrini     34     2:13.35     2004        W30     1500 Meter     Michelle Ishio     34     4:54.30     2006        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     HJ     Lisa Riech     34     1.79     2004        W30     PV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     44.11     1986        W30     JT     Kim Kreiner     34     5.44     2012        W30							
W30     200 Meter Dash     Lorena Boothe     W30     24.15     1988        W30     400 Meter Dash     Jennifer Freemas     W30     58.13     2010        W30     800 Meter     Liz Guerrini     34     2:13.35     2004        W30     1500 Meter     Michelle Ishio     34     4:54.30     2006        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     HJ     Lisa Riech     34     1.79     2004        W30     DV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     44.11     1986        W30     JT     Kim Kreiner     34     5.44     2012        W30	W30	100 Meter Dash	Rosalvn Brvant	32	12.34	1988	
W30     800 Meter     Liz Guerrini     34     2:13.35     2004        W30     1500 Meter     Michelle Ishio     34     4:54.30     2006        W30     5,000 Meter     Chole Anderson     34     21:09.56     2017        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     HJ     Lisa Riech     34     1.79     2004        W30     PV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     DT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35 </td <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>							
W30     1500 Meter     Michelle Ishio     34     4:54.30     2006        W30     5,000 Meter     Chole Anderson     34     21:09.56     2017        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     LJ     Martha Watson     34     5.47     1981        W30     LJ     Martha Watson     34     5.47     1981        W30     LJ     Martha Watson     34     5.47     1981        W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W30     Race Walk 5000 M     Vicki Jones     W35     25:27     1991	W30	400 Meter Dash	Jennifer Freemas		58.13	2010	
W30     5,000 Meter     Chole Anderson     34     21:09.56     2017        W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     LJ     Martha Watson     34     1.79     2004        W30     LJ     Martha Watson     34     5.47     1981        W30     PV     Sue Dimarco     W30     3.24     1996        W30     DT     Janet Wilson     W30     14.39     2008        W30     DT     Janet Wilson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     DT     Gennessa Ewald     34     38.499     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100	W30	800 Meter	Liz Guerrini	34	2:13.35	2004	
W30     100 M Hurdles     Pam Page     30     13.34     1988        W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     HJ     Lisa Riech     34     1.79     2004        W30     HJ     Lisa Riech     34     1.79     2004        W30     LJ     Martha Watson     34     5.47     1981        W30     SP     Tressa Thompson     W30     3.24     1996        W30     DT     Janet Wilson     W30     44.11     1986        W30     DT     Janet Wilson     W30     44.11     1986        W30     AT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35	W30	1500 Meter	Michelle Ishio	34	4:54.30	2006	
W30     Steeple: 2000 Meter     Pilar Delgado     33     8:55.41     2004        W30     HJ     Lisa Riech     34     1.79     2004        W30     LJ     Martha Watson     34     5.47     1981        W30     PV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     JT     Kim Kreiner     34     53.44     2012        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W30     Race Walk 5000 M     Vicki Jones     W30     25:17     1991        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35<	W30	5,000 Meter	Chole Anderson	34	21:09.56	2017	
W30     HJ     Lisa Riech     34     1.79     2004        W30     LJ     Martha Watson     34     5.47     1981        W30     PV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     JT     Kim Kreiner     34     53.44     2012        W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     400 Meter     Darsie Bowden     W35     4:45.1     1989        W35     1500	W30	100 M Hurdles	Pam Page	30	13.34	1988	
W30     LJ     Martha Watson     34     5.47     1981        W30     PV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     JT     Kim Kreiner     34     53.44     2012        W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayin Clark     W35     25:27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     10000 Meter     Darsie Bowden     W35     2:13.14     2000        W35 <td>W30</td> <td>Steeple: 2000 Meter</td> <td>Pilar Delgado</td> <td>33</td> <td>8:55.41</td> <td>2004</td> <td></td>	W30	Steeple: 2000 Meter	Pilar Delgado	33	8:55.41	2004	
W30     PV     Sue Dimarco     W30     3.24     1996        W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     JT     Kim Kreiner     34     53.44     2012        W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25:27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61:13     2012        W35     1050 Meter     Darsie Bowden     W35     2:13.14     2000        W35     10,000 Meter     Sarah Bouchard     W38     19:49.71     2013	W30	HJ	Lisa Riech	34	1.79	2004	
W30     SP     Tressa Thompson     W30     14.39     2008        W30     DT     Janet Wilson     W30     44.11     1986        W30     JT     Kim Kreiner     34     53.44     2012        W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25.27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     1500 Meter     Darsie Bowden     W35     2:13.14     2000        W35     1500 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005  <	W30	LJ	Martha Watson	34	5.47	1981	
W30     DT     Janet Wilson     W30     44.11     1986        W30     JT     Kim Kreiner     34     53.44     2012        W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25:27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     5,000 Meter     Darsie Bowden     W35     213.14     2000        W35     1500 Meter     Darsie Bowden     W35     445.1     1989        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2013        W35     10,000 Meter     Chloe Anderson     35     16.5     2002  <	W30	PV	Sue Dimarco	W30	3.24	1996	
W30     JT     Kim Kreiner     34     53.44     2012        W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25.27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     800 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     10,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chiloe Anderson     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008     -	W30	SP	Tressa Thompson	W30	14.39	2008	
W30     HT     Gennessa Ewald     34     38.99     2018        W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25.27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     500 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     5,000 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:65     2002        W35     HJ     Lori Albright     W35     1.65     2002 <td>W30</td> <td>DT</td> <td>Janet Wilson</td> <td>W30</td> <td>44.11</td> <td>1986</td> <td></td>	W30	DT	Janet Wilson	W30	44.11	1986	
W30     Race Walk 5000 M     Vicki Jones     W30     25:10.9h     1981        W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25:27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     800 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     4000 Meter     Chloe Anderson     35     41:39.37     2018        W35     4000 Meter     Chloe Anderson     35     15:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002 <td>W30</td> <td>JT</td> <td>Kim Kreiner</td> <td>34</td> <td>53.44</td> <td>2012</td> <td></td>	W30	JT	Kim Kreiner	34	53.44	2012	
Image: Non-state information informatinterval information information information information informati	W30	HT	Gennessa Ewald	34	38.99	2018	
W35     100 Meter Dash     Grace A. Dinkins     35     11.87     2002     nwi       W35     200 Meter Dash     Rosayln Clark     W35     25.27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     800 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1.65     2008        W35     HJ     Lori Albright     W35     1.65     2002        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     TJ     Elaine Iba     W35     9.00     1997	W30	Race Walk 5000 M	Vicki Jones	W30	25:10.9h	1981	
W35     200 Meter Dash     RosayIn Clark     W35     25.27     1991        W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     800 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     SP     Janet Wilson     W35     10.84     1992							
W35     400 Meter Dash     Mary Lou Johnson     37     61.13     2012        W35     800 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     SP     Janet Wilson     W35     10.84     1992   <	W35	100 Meter Dash	Grace A. Dinkins	35	11.87	2002	nwi
W35     800 Meter     Claudette Groenendaal     W35     2:13.14     2000        W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     LJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     DT     Grace Apiati     W35     47.92     1992        W3	W35	200 Meter Dash	RosayIn Clark	W35	25.27	1991	
W35     1500 Meter     Darsie Bowden     W35     4:45.1     1989        W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35 <td< td=""><td>W35</td><td>400 Meter Dash</td><td></td><td>37</td><td>61.13</td><td>2012</td><td></td></td<>	W35	400 Meter Dash		37	61.13	2012	
W35     5,000 Meter     Sarah Bouchard     W38     19:49.71     2013        W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT	W35	800 Meter	Claudette Groenendaal	W35	2:13.14	2000	
W35     10,000 Meter     Chloe Anderson     35     41:39.37     2018        W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013	W35	1500 Meter	Darsie Bowden	W35	4:45.1	1989	
W35     400 M Hurdles     Ann Marie Lunsman     35     1:13.45     2005        W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	W35	5,000 Meter	Sarah Bouchard	W38	19:49.71	2013	
W35     HJ     Lori Albright     W35     1.65     2008        W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     JT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	W35	10,000 Meter	Chloe Anderson	35	41:39.37	2018	
W35     HJ     Niina Ranta-Bagdaser     39     1.65     2002        W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	W35	400 M Hurdles		35	1:13.45	2005	
W35     LJ     Natalia Gaerlan     37     4.94     2017     nwi       W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	W35		Lori Albright	W35		2008	
W35     TJ     Elaine Iba     W35     9.00     1997        W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	-	HJ	Niina Ranta-Bagdaser	39	1.65	2002	
W35     PV     Sue Dimarco     35     3.53     1998        W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	W35	LJ	Natalia Gaerlan	37	4.94	2017	nwi
W35     SP     Janet Wilson     W35     10.84     1992        W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013	W35		Elaine Iba	W35	9.00	1997	
W35     DT     Grace Apiati     W35     47.92     1992        W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013			Sue Dimarco		3.53	1998	
W35     JT     Adreana Cano     W38     29.19     2013        W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013			Janet Wilson			1992	
W35     HT     Adreana Cano     W38     34.57     2013        W35     WT     Adreana Cano     W38     11.87     2013		DT	Grace Apiati				
W35 WT Adreana Cano W38 11.87 2013			Adreana Cano		29.19		
	-		Adreana Cano		34.57		
			Adreana Cano			2013	
	W35	Super WT	Adreana Cano	W38	7.46	2013	
W35 Race Walk 5000 M Vicki Jones W35 25:49.0h 1982	W35	Race Walk 5000 M	Vicki Jones	W35	25:49.0h	1982	
W40     100 Meter Dash     Wanda Snell     W40     13.14     1999	-						
W40     200 Meter Dash     Wanda Snell     W40     26.7h     1999	-						
W40     200 Meter Dash     Monica Brant     41     26.91     2012     1.81							1.81
W40     400 Meter Dash     Monica Brant     41     61.01     2012	W40	400 Meter Dash	Monica Brant	41	61.01	2012	

(SCA) Southern California Assocation Masters Track & Field Championships

<u>Age</u>	Event	Name	<u>Age</u>	<u>Mark</u>	Year	<u>Wind</u>
W40	800 Meter	Marie Murphy	W40	2:21.46	1999	
W40	1500 Meter	Tania Fischer	W40	4:48.41	2007	
W40	5,000 Meter	Tania Fischer	W40	17:36.52	2008	
W40	10,000 Meter	Erika Aklufi	42	39:59.44	2018	
W40	80 M Hurdles	Heidi Nardoni	W40	13.83	2007	nwi
W40	400 M Hurdles	Tina Bowman (Stough)	W40	1:10.8	1995	
W40	Steeple: 2000 Meter	Grace Padilla	41	6:53.91	2012	
W40	HJ	Christel Donley (Miller)	44	1.37	1979	
W40	LJ	Deby Sweezey (LaPlante)	40	4.68	1993	
W40	TJ	Allison Cowdell	44	9.62	2016	1.1
W40	PV	Alison Regan	44	2.74	2010	
W40	SP	Allison Cowdell	44	9.82	2016	
W40	DT	Janet Wilson	W40	42.97	1993	
W40	JT	Allison Cowdell	44	34.82	2016	
W40	HT	Trinidad Nelson	41	22.26	2011	
W40	WT	Trinidad Nelson	42	7.65	2012	
W40	Super WT	Trinidad Nelson	42	4.16	2012	
W40	Race Walk 5000 M	Susan Armenta	42	29:32.12	2016	
W45	100 Meter Dash	Colleen Barney	49	13.66	2016	1.4
W45	200 Meter Dash	Andi-Andrea Rolfe	W47	27.16	2013	1.4
W45	400 Meter Dash	Vanessa Juarez	45	64.77	2015	
W45	800 Meter	Chris Gentile	46	2:25.59	2016	
W45	1500 Meter	Chris Gentile	46	4:57.22	2016	
W45	5,000 Meter	Rosalva Bonilla	48	19:14.51	2010	
W45	10,000 Meter	Rosalva Bonilla	49	39:53.56	2012	
W45	400 M Hurdles	Tina Bowman (Stough)	W45	75.42	1999	
W45	HJ	Julie DeMarco	48	1.40	2011	
W45	LJ	Christel Donley (Miller)	45	4.26	1980	
W45	PV	Alison Regan	46	2.45	2012	
W45	SP	Karen Vaughn	45	9.25	2003	
W45	DT	Christel Donley (Miller)	47	25.37	1982	
W45	JT	Christel Donley (Miller)	47	31.49	1982	
W45	HT	Rena Thompson	48	22.61	2010	
W45	WT	Rena Thompson	48	7.17	2010	
W45	Race Walk 5000 M	Virginia Scales	W45	28:32	1988	
W50	100 Meter Dash	Venus Jewett	51	13.85	2016	2.0
W50	200 Meter Dash	Kathy Bergen	W50	30.09	1994	
W50	400 Meter Dash	Venus Jewett	52	1:10.43	2017	
W50	800 Meter	Yvette LaVigne	W50	2:35.44	1992	
W50	1500 Meter	Tania Fischer	50	4:58.27	2016	
W50	5,000 Meter	Margaret Miller	54	19:27.0h	1980	
1130	0,000 mictor	mai gai et millei	57	13.27.011	1300	

(SCA) Southern California Assocation Masters Track & Field Championships

<u>Age</u>	Event	Name	<u>Age</u>	Mark	<u>Year</u>	<u>Wind</u>
W50	10,000 Meter	Rosalva Bonilla	52	41:50.20	2015	
W50	80 M Hurdles	Christel Donley (Miller)	50	14.6h	1985	
W50	300 M Hurdles	Christine Centeno	52	53.56	2018	
W50	HJ	Sue McDonald	W50	1.50	2013	
W50	LJ	Linda Cohn	W50	4.06	2007	
W50	TJ	Linda Cohn	53	8.96	2006	nwi
W50	TJ	Sharie Green	52	9.34	2018	nwi
W50	SP	Linn Dunton	52	11.05	2009	
W50	DT	Linda Cohn	53	28.28	2006	
W50	JT	Linda Cohn	53	40.19	2006	
W50	HT	Linda Cohn	53	16.84	2006	
W50	WT	Linda Cohn	53	5.87	2006	
W50	Race Walk 5000 M	Donna Cunningham	54	28:53.24	2001	
W55	100 Meter Dash	Kathy Bergen	55	14.1h	1995	
W55	200 Meter Dash	Kathy Bergen	55	30.4h	1995	
W55	400 Meter Dash	Lynn Naftel	57	1:08.63	2002	
W55	800 Meter	Debbie Lee	W56	2:46.06	2013	
W55	1500 Meter	Debbie Lee	55	5:28.78	2012	
W55	5,000 Meter	Debbie Lee	58	21:29.87	2015	
W55	10,000 Meter	Helen Dick	55	43:09.7h	1982	
W55	80 M Hurdles	Lynn Naftel	57	16.65	2002	nwi
W55	300 M Hurdles	Lynn Naftel	57	57.53	2002	
W55	2000 M Steeple	Anne Fisk	55	14:26.0	2002	
W55	HJ	Christel Donley (Miller)	58	1.20	1993	
W55	LJ	Linda Cohn	57	4.11	2010	
W55	TJ	Linda Cohn	57	8.82	2010	
W55	SP	Linn Dunton	55	10.39	2012	
W55	DT	Shirley Kinsey	W55	29.88	1985	
W55	JT	Linda Cohn	W55	39.03	2008	
W55	HT	Linn Dunton	55	34.88	2012	
W55	WT	Linn Dunton	55	10.75	2012	
W55	Super WT	Linn Dunton	55	6.18	2012	
W55	Race Walk 5000 M	Donna Cunningham	57	28:15.9	2004	
W60	100 Meter Dash	Kathy Bergen	64	14.31	2004	1.6
W60	200 Meter Dash	Jeanne Bowman	W60	33.49	2004	1.4
W60	400 Meter Dash	Linda Hillebrand	60	1:11.92	2013	
W60	800 Meter	Yvette LaVigne	W60	2:41.05	2000	
W60	1500 Meter	Debbie Lee	60	5:46.69	2000	
W60	10,000 Meter	Debbie Lee	61	44:06.38	2017	
1100			01	TT.00.30	2010	neg
W60	80 M Hurdles	Rita Hanscom	62	15.05	2016	<0.1>
W60	300 M Hurdles	Rita Hanscom	W60	55.12	2016	
VOV	SUD IN HUIDIES	RITA HANSCOM	VOU	<b>33.12</b>	2014	

(SCA) Southern California Assocation Masters Track & Field Championships

<u>Age</u>	Event	Name	Age	Mark	Year	<u>Wind</u>
W60	HJ	Kathy Bergen	64	1.32	2004	
W60	LJ	Brenda Matthews	W60	4.07	2010	
W60	PV	Rita Hanscom	62	2.59	2016	
W60	TJ	Linda Cohn	61	8.37	2014	nwi
W60	PV	Shirley Kinsey	W60	1.21	1993	
W60	SP	Linda Cohn	61	9.53	2014	
W60	DT	Linda Cohn	63	24.53	2016	
W60	JT	Linda Cohn	63	36.36	2016	
W60	HT	Pat Hunter	60	19.32	2003	
W60	Race Walk 5000 M	Janet Robinson	64	32:01.21	2005	
W65	100 Meter Dash	Kathy Bergen	66	14.47	2006	1.4
		, ,				<neg.< td=""></neg.<>
W65	200 Meter Dash	Jeanne Bowman	66	37.51	2019	2.0>
W65	400 Meter Dash	S. Onodero-Leonard	W65	84.77	1997	
W65	800 Meter	S. Onodero-Leonard	W65	3:16.05	1997	
						neg
W65	80 M Hurdles	Brenda Matthews	66	42.15	2016	<0.1>
W65	300 M Hurdles	Tina Bowman	66	66.83	2019	
W65	HJ	Kathy Bergen	66	1.25	2006 & 2008	
W65	LJ	Brenda Matthews	65	3.44	2015	1.9
W65	TJ	Magdalena Kuehne	W65	7.56	1997	
W65	PV	Shirley Kinsey	W65	1.67	1995	
W65	SP	LaTanya Glass	68	8.88	2015	
W65	DT	Kathy Bergen	W65	18.83	2008	
W65	HT	LaTanya Glass	65	16.22	2015	
W65	JT	Tina Bowman	66	23.20	2019	
W65	Race Walk 5000 M	Yoko Eichel	W67	32:37.49	2014	
W70	100 Meter Dash	Kathy Bergen	72	14.84	2012	1.4
W70	200 Meter Dash	Kathy Bergen	72	32.21	2012	neg.
W70	400 Meter Dash	Bess James	W70	1:37.6h	1981	
W70	800 Meter	Bess James	W70	3:53.0h	1982	
W70	800 Meter	Dorothy Stotsenberg	W70	4:36.5	1987	
W70	1500 Meter	Bess James	W70	8:18.4h	1981	
W70	10,000 Meter	Bess James	W70	1:05:37.6h	1981	
W70	HJ	Kathy Bergen	72	1.25	2012	
W70	LJ	Johnnye Valien	W70	3.23	1999	
W70	PV	Johnnye Valien	W70	1.52	1999	
W70	SP	LaTanya Glass	72	8.67	2019	
W70	DT	Kathy Bergen	72	19.25	2012	
W70	JT	Edith Mendyka	W70	21.16	1981	
W70	Race Walk 5000 M	Joann Beers	72	37:43.88	1998	
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(SCA) Southern California Assocation Masters Track & Field Championships

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<u>Age</u>	<u>Event</u>	Name	<u>Age</u>	<u>Mark</u>	Year	<u>Wind</u>
W75	100 Meter Dash	Kathy Bergen	76	15.51	2016	2.0
						<neg.< td=""></neg.<>
W75	200 Meter Dash	Kathy Bergen	79	36.51	2019	2.0>
W75	400 Meter Dash	Dorothy Stotsenberg	W75	2:02.4h	1991	
W75	800 Meter	Bess James	W75	4:06.1h	1985	
W75	5,000 Meter	Bess James	W75	31:31.0h	1985	
W75	HJ	Kathy Bergen	76 & 77	1.20	2016 & 2017	
W75	LJ	Edith Mendyka	W75	1.89	1986	
W75	TJ	Edith Mendyka	76	7.49	1987	
W75	SP	Edith Mendyka	W75	7.53	1986	
W75	DT	Kathy Bergen	76	20.35	2016	
W75	JT	Edith Mendyka	76	20.01	1987	
W75	HT	Tomasa Schultz	75	13.69	2012	
W80	100 Meter Dash	S. Onodero-Leonard	W80	21.34	2008	
W80	200 Meter Dash	S. Onodero-Leonard	W80	51.74	2008	
W80	400 Meter Dash	S. Onodero-Leonard	W80	2:00.53	2008	
W80	800 Meter	S. Onodero-Leonard	W80	4:57.87	2008	
W80	LJ	Johnnye Valien	84	2.18	2010	
W80	TJ	Johnnye Valien	84	4.21	2010	
W80	SP	Johnnye Valien	84	5.04	2010	
W80	JT	Johnnye Valien	84	11.95	2010	
W85	100 Meter Dash	Mary Ames	85	36.5h	1989	
W85	800 Meter	Blanche Cummins	85	5:04.90	2015	
W85	1500 Meter	Blanche Cummins	85	9:56.94	2015	
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nwi = no wind indicator

# SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

To be elgible for an SCA Meet Record: athlete must be registered in SCA during time of mark, and compete as USA at meets during time of mark.

<u>Age</u>	Event	Name	<u>Age</u>	<u>Mark</u>	Year	<u>Wind</u>
		Balaya				
		<u>Relays:</u>				
M30-34	Relay 4 x 100 Meter	So Cal Striders	M30-34	42.9h	1980	
		Warren Spikes, Glenn				
		Johnson, Reggie Davis,				
M30-34	Relay 4 x 400 Meter	Eugene Driver	M30-34	3:28.7h	1981	
		ARC Run Club (Phillip				
		Gonzalez, Rony Vega, Mark				
M30-34	Relay 4 x 800 Meter	Fitzpatrick, Jonathon Tan)	M30-34	9:06.52	2015	
		So Cal TC (James Chinn, Rafer				
		Weaver, Justin Hernandez,				
M30-34	Sprint Medley	Keith Chambers)	M30-34	3:53.70	2016	
M40-44	Relay 4 x 100 Meter	Corona Del Mar	M40-44	43.1h	1980	
M40-44	Relay 4 x 400 Meter	So Cal Striders	M40-44	3:50.5h yard	1977	
M45-49	Relay 4 x 100 Meter	Monsoon TC	M45-49	51.51	1993	
M50-54	Relay 4 x 100 Meter	Corona Del Mar	M50-54	49.4h	1980	
M50-54	Relay 4 x 400 Meter	Poet, Gil, Bryant, and [?}	M50-54	4:45.2 yard	1975	
M60-64	Relay 4 x 100 Meter	Team USA	M60-64	48.51	2000	
	-	CDM (Poloynis, Mercurio,				
M60-64	Relay 4 x 400 Meter	Ganahl, Lewis)	M60-64	4:56.2h	1982	
	-	Steve Ryan, John Carr, Jerry				
M70-74	Relay 4 x 100 Meter	Harwood, Karl Thorpe	M70-74	72.23	2012	
		Corona Del Mar (Jeanne				
		Carter, Christel Donley (Miller),				
W40-44	Relay 4 x 100 Meter	Ellen Fuller, Shirley Kinsey)	W40-44	58.2h	1980	
	-	The Janes Elite (Bernath, Wu,				
W30-34	Relay 4 x 800 Meter	Aklufi, Fratta)	W30-34	10:24.31	2018	
	-	The Janes Elite (Fischer,				
		Cushing-Murray, Leetch,				
W50-54	Relay 4 x 800 Meter	Stobbe)	W50-54	10:26.85	2018	
	Shuttle Hurdle Delay					
	Shuttle Hurdle Relay					

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#### nwi = no wind indicator

### SCA - MASTERS MEET RECORDS (1970s to 2019)

(SCA) Southern California Assocation Masters Track & Field Championships

To be elgible for an SCA Meet Record: athlete must be registered in SCA during time of mark, and compete as USA at meets during time of mark.

Age Event	Name	<u>Age</u>	<u>Mark</u>	<u>Year</u>	<u>Wind</u>
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Men's Pentathlon consists of LJ, JT, 200M, DT,and 1500M. Woman's Pentathlon consist of H, HJ, SP, LJ, and 800M. Note: Scores below are based on tables in year competed.

M30	Pentathlon	Mike Streeter	M30	1656	1993	
M35	Pentathlon	Andrew Hecker	M35	2173	1993	
M40	Pentathlon	Jon Kilroy	M40	2666	1993	
M45	Pentathlon	Frank Reilly	M45	4050	1993	
M55	Pentathlon	Ted Oviatt	58	2662	1992	
W40	Pentathlon	Tina Bowman (Stough)	W40	2431	1993	
M30	Weight Pentathlon	Roosevelt Ivory	M30	2568	1993	
M40	Weight Pentathlon	Mike Deller	M40	3543	1993	
M45	Weight Pentathlon	Thomas Starbuck	M45	2369	1993	
M50	Weight Pentathlon	Luigi Schiavo	M50	1871	1993	
M60	Weight Pentathlon	Jan Smit	M60	3100	1993	
M65	Weight Pentathlon	Jerry Harwood	67	2707	2006	
W50	Weight Pentathlon	Linda Cohn	53	2951	2006	

The SCA has also seen it share of United States and World Masters Age Records, single age records, and stars during the meet by: Walt Butler, Todd Christensen, Robert Culling, Burl Gist, Bert de Groot, Kenny Dennis, John Dobroth, A. Redmond Doms, Bill Fitzgerald, Arnie Gaynor, Joe Greenberg, Russ Hodge, Dave Jackson, Carol Johnston, George Kerr, Gunnar Linde, Leland McPhie, Gary Miller, Herb Miller, Peter Mundle, Parry O'Brien, James Oleson, Tom Patsalis, Del Pickarts, Charlie Radar, Nolan Shaheed, Larry Stuart, Jack Thatcher, Milan Tiff, Clarence Trahan, Larry Walker, Bob Watanabe, Stan Whitley, Leo Williams, Amy Acuff, Kathy Bergen, Linda Cohn, Sue Dimarco, Shirley Kinsey, Christel Donley (Miller), Rita Hanscom, Johnnye Valien, Adreana Cano, Sue McDonald, Janet Wilson, and others. And: Annelies Steekelenburg (Netherlands / USA); And special guest: Don Quarrie in 1988.

The Oldest Meet Record? 1975 The Oldest Meet Record Holder? M95 Leland McPhie

The following athletes marks are missing information: Casey Ballwey (1985) and Ann Bose (1981)

M30	HT	Casey Ballwey (need info.)	M30	59.26	1985	
W30-39	10,000 Meter	Ann Bose (need info.)	W30-39	56:26.8	1981	