

# Drake RELAYS®

PRESENTED BY **HuVee**

APRIL 24-27, 2019



## UNIVERSITY/COLLEGE MEET INFORMATION PACKET

THIS PACKET ONLY CONTAINS MEET INFORMATION.  
FOR ENTRY INSTRUCTIONS, CONSULT THE "ENTRY PACKET".

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## —QUICK FACT INFORMATION—

Competition Schedule – See [www.drakerelays.org](http://www.drakerelays.org) for the most updated schedule

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### Quick Fact Information

#### Host

Drake University  
2507 University Avenue  
Des Moines, IA 50311

#### Phone Numbers

Drake Relays Office	515.271.2115
Drake Ticket Office	515.271.3647
Athletic Comm.	515.271.3012
Fax	515.271.4870

#### Website

[www.drakerelays.org](http://www.drakerelays.org)

## 2019 Key Dates

- Monday, March 4** – Online entry page open for all University and College teams at [www.drakerelays.org](http://www.drakerelays.org)
- Sunday, April 14** – Online entries and updates close at 6 p.m. (CST)
- Tuesday, April 16** – Accepted entries and final declaration pages available online by 8 p.m. (CST) for University/College
- Thursday, April 18** – Final declaration period closes at 6 p.m. (CST) for University/College
- Sunday, April 21** – University/College and Open final start lists posted on the Drake Relays website
- Wednesday, April 24** – Heptathlon/Decathlon
- Thursday, April 25** – Heptathlon/Decathlon, Distance Carnival
- Friday, April 26** – Drake Relays and “Hy-Vee Night at the Drake Relays”
- Saturday, April 27** – Drake Relays presented by Hy-Vee

Please refer to [www.drakerelays.org](http://www.drakerelays.org) for the most up to date time schedule.

### FUTURE DRAKE RELAYS DATES

2020 – April 23-25      2021 – April 22-24      2022 – April 28-30

## Check-In

**Which Division?** All NCAA Division I track schools will compete in the University Division (UD). All NCAA Division II & III, Iowa Junior College and non-NCAA member schools must compete in the College Division (CD). The meet follows NCAA track and field rules.

**DRAKE RELAYS APP:** Be sure to download our Drake Relays presented by Hy-Vee app on your smart phone which will include the schedule, heat sheets, live results and much more! It's free from the Apple Store or Google Play Store. Thanks to MidAmerican Energy for sponsoring the app!

- 1. POSTING OF FINAL FIELDS & START LISTS:** University and College final fields and start lists will be posted on the Drake Relays website on Sunday, April 21, 2019.
- 2. ENTRY FEES:** An entry fee of \$35 per athlete in all University and College events will be charged, with a maximum of \$400 per team. *The fee is NOT based on acceptance to the meet, but the total number of athletes entered in an event (individual and/or relay) on your entry list page at the time you finalize your entries.* You may pay online by credit card or mail/bring a check to Drake. Your check must indicate if the amount is for a female or male team. If the check is for both teams, please indicate the breakdown on the check. Send checks to:  
Drake Relays Entries - Bell Center  
2507 University Avenue  
Des Moines, IA 50311

**\*\*\*ALL ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE\*\*\***

- 3. ADVANCE PAYMENT:** If paying in advance, payment must be received prior to Wednesday, April 24. If you have paid your entry fees in advance as requested, please do not request a receipt at registration. Drake University accounting policy prohibits giving receipts for fees not directly handed. Your credit card receipt or cancelled check will serve as your receipt. If payment is not received by April 24, payment is required when you register at Headquarters.
- 4.**
- 5. RELAYS HEADQUARTERS & REGISTRATION:** University and college coaches, as well as unattached men and women **MUST** check in at the Relays Headquarters located on the south side of the Drake Knapp Center (east of Drake Stadium, 25<sup>th</sup> and Forest). The telephone number of Headquarters is 515.271.1900. Relays Headquarters will be open the following hours:  
Thursday, April 25: 9:30am – 6:30pm  
Friday, April 26: 6:30am – 6:00pm  
Saturday, April 27: 6:30am – 10:00am



5. **RELAY RUNNER DECLARATION AND RELAY CARDS:** Your relay runner order was submitted during the entry process. You have the option to change your final runner order by submitting a Relay Runner Card at meet headquarters during registration. Submit your new relay card *before leaving headquarters*. Adjustments can be made to your relay order at check-in, but *only* the individuals entered during the online registration process will be allowed to compete. Any final changes in running order must be submitted on a relay card at the check-in area 15-30 minutes prior to the event. List runner's first and last name along with bib number to ensure accuracy for the given relay.
  
6. **STADIUM ENTRY:** Wristbands for athletes, coaches and support staff will be included in each school's team packet. These wristbands will admit athletes and coaches through any gate at Drake Stadium, Knapp Center, the warm-up area, and into designated seating areas within the stadium and must be worn at all times.
  
7. **WARM-UP LOCATIONS:** ALL ATHLETES will be allowed to warm-up within either the Field House, Knapp Center or outside at the Soccer Field (east side of Tennis Center).
  - a. **FIELD HOUSE INDOOR FACILITY:** Athletes and coaches with a wristband will enter **ONLY** through the NE doors. All bags are subject to search. Team camps permitted in the east bleachers only. Water is the only item for consumption allowed in the Field House. *No food or other drinks are permitted in the facility.* The long jump pit and vertical jumps pits *will not* be available for use. **For high school teams only.**
  - b. **KNAPP CENTER:** All athletes may enter the Knapp warm-up track for practice on the north side of the Knapp Center off of Clark St. using their athlete wristband. If bringing bags, they will be subject to search. Following practice, they must exit the facility through the same door they entered. See rules below in #8. **For collegiate teams and elites only.**
  - c. **SOCCER FIELD:** Enter this area on the east side of the tennis center off Clark Street.
  - d. **INFIELD POLICY: Athletes will NOT be permitted on the infield on Friday or Saturday.** The infield will only be occupied by officials, medical personnel and competing field event athletes. Warm-ups must be contained to your assigned warm-up area.
  
8. **KNAPP CENTER RULES: For Collegiate Teams and Elite/Unattached only**
  - a. Athletes/coaches will enter on the north side of the facility on Clark St.
  - b. NO equipment or throwing implements permitted in the facility.
  - c. Warm-ups are permitted only on the track. The main floor and bleachers are for relaxing only.
  - d. Training tables allowed in areas away from the track and not impeding pedestrian flow.
  - e. Ice is to be used only in the bleachers, track, and in the medical areas. Ice is NOT permitted on the Knapp Center floor.
  - f. Spikes (1/4") are to be worn only on the track and not in the bleachers or on the Knapp Center floor.



can inform meet officials so they can pass through the Mixed Zone quickly and return to competition.

14. If you have questions, please contact Carolyn Hill, Assistant Athletic Director-Relays Operations, at 515-271-2114 or email at [carolyn.hill@drake.edu](mailto:carolyn.hill@drake.edu).

## Event Procedures

1. **FIELD EVENT CHECK-IN PROCEDURES:** All field event competition check-in and warm-ups will take place at the competition venues. The high jump and pole vault are contested in one continuous flight. The long/triple jumps and all throws are contested in flights.
  - a. For the high jump and long/triple jumps, the warm-up period will start 60 minutes before the event. For the long/triple jumps, each flight will have a 15 minute warm-up prior to jumping.
  - b. For the pole vault, the warm-up period will be 90 minutes.
  - c. For the throwing events, check-in with the head event judge at least 30 minutes before competition time, preferably earlier, for flight specific warm-up information. Flight warm-ups will be 15 minutes in length.
2. **POLE VAULT PROCEDURES:** Competitors in the pole vault may bring their pole with them on the day of competition. If interested in pole vault storage, use the portable racks provided on the track. The poles for athletes who have put them in storage will be brought out 2 hours prior to the start of the event.
3. **THROWS PROCEDURES:** During competition days, practice for all throws will only take place during warm-ups at the competition venue preceding their event. Because of the closeness of the throwing sector, a staff person will signal athletes when they can throw and when they must wait for their turn to throw again. A meet official must be present whenever warm-up activities are taking place. *There will be no use of facilities at any other time.*
4. **IMPLEMENTS:** Contestants may use their own throwing implements, provided they are inspected and checked by the Weights and Measures Official at the weigh-in area located in the Northeast Building off the track. These implements will be held and taken to the throwing venue at the appropriate time. Weights/Measures Hours:
  - Wednesday, 4/24: 10:00am – 6:00pm
  - Thursday, 4/25: 8:00am – 6:00pm
  - Friday, 4/26: 7:00am – 8:00pm
  - Saturday, 4/27: 7:00am – until last implement collected
  - Check your implements in *at least two hours* prior to the event or *any time before that*. No implements will be processed less than one hour before the event. You may also check them in the day before the event.
  - Competitors in early morning throwing events are encouraged to check in implements the preceding night as long as the Weights & Measures area is open.

- Competition implements may be collected at the venue, but only after being officially released by the head event judge.
- All implements entered for warm-ups, practice and competition must be certified and found to be legal in order to be thrown. Heavy implements are legal as long as they meet specification.
- Non-qualifying implements will be held and impounded in the Weights and Measures area. Please claim any impounds as soon as possible after completion of the event.

**REMEMBER: PICK UP IMPLEMENTS in the NE Building after your event!**

5. **STARTING BLOCKS:** All starting blocks will be provided by Drake University. No other starting blocks are permitted during the meet in order to prevent damage to the Mondo track surface. There will not be any Moyer blocks for usage. This policy will be enforced.
6. **SPIKES AND TRACK SURFACES:** The running track, high jump, long jump and javelin runways are Mondo surface. **ONLY ¼ inch (6mm) spikes are permitted, except in the javelin and high jump where 3/8 inch (9mm) pyramid spikes will be permitted.** NO needle spikes or candles permitted. Please make arrangements for this specific spike in advance. Shot put, discus and hammer rings are concrete.



7. **SPIKE CHECK:** All competitors spikes will be checked for ¼ inch spikes as noted in #6. Running events will be checked at the check-in tent, and field events (except shot, discus and hammer) will be checked at the venue. It is up to the competitor to have the correct spike length when they check in for their event.
8. **NO CALLS:** Drake runs a tight time schedule and no calls are made.
9. **COMBINED EVENTS:** Check in on 4/24 starting at 10am in the NE building on the track. You can pay entry fees and get your bib number at that time.

## **Wristbands & Ticketing**

1. **COACHES & ATHLETE WRISTBANDS:** Seating in the coaches' section of the stadium is extremely limited, and we must control the number of wristbands allotted to teams. Men's and women's university and college teams are each allocated two coaches' wristbands at headquarters. *Again this year, you may purchase up to three*



*additional wristbands at the Knapp Center Ticket Office with a letter from your school's athletic director verifying the coaches for your team or a printed team roster with coaches names included. Wristbands will be available on Thursday and Friday day at the all-session general admission ticket price of \$75, on Friday night at \$50 and on Saturday at \$30. Wristbands are only available at the Knapp Center Ticket Office. If other tickets are needed, contact the Knapp Center Ticket Office, 515-271-3647.*

- 2. TRAINERS/MANAGERS WRISTBANDS:** At the university and college level, trainers and managers will be given wristbands if requested and as defined on p.10. These individuals are expected to contain their activities to the training areas in the Knapp Center or Field House. (Includes UD/CD & Elite).
- 3. TICKET POLICY:** ALL SPECTATORS MUST RECEIVE TICKETS THROUGH THE DRAKE TICKET OFFICE. Colleges and universities receive two coaches' wristbands for each team. See #1 above for additional information on purchasing coaches wristbands. Contestant wristbands are in the packets and are good *for all sessions. YOU MUST HAVE YOUR WRISTBAND ON AT ALL TIMES TO GAIN ENTRANCE TO THE STADIUM, NO EXCEPTIONS.*

## Track Access and Seating

- 1. ACCESS TO THE STADIUM TRACK:** Access to the track will be limited to *ONE* location which is in the northeast corner of the stadium. Athletes will be led by clerks or marshals from the Check-In area to the track. There is no access from the Field House down the tunnel to the track by athletes or coaches.
- 2. COACHES & ATHLETES SEATING:** General seating for coaches and competitors will be in sections A, B, and C only.
- 3. COACHES BOXES:** Please note that there will be "Coaches Boxes" for university and college coaches for long jump, triple jump, pole vault, high jump and shot put field events on the infield. Each team will receive one (1) "coaches pass" per gender and *only one (1) coach per school will be allowed on the infield during the flight* that your athlete is competing regardless of the number of accepted entries in that event.

## Awards

- 1. AWARDS STAND:** Champions in all events will be recognized at the center stage. Individual champions will not be presented with an award at this time, but will be recognized to the crowd/video board and potentially interviewed. During presentation, relay champion teams in both college and university events will be presented with a trophy for photos and announcement to the fans. After the recognition/pictures, the trophy is returned to the awards stand staff. Relay champions and individual U/C awards can be picked up in the Awards tent.



- AWARDS:** The iconic Drake Relays watch and Drake Relays champion t-shirts are awarded to University/College winning relay team members and individual event champions along with our traditional Champions Flag. A trophy is presented to winning relay teams. Second place receives a Large Charging Trio and third place receives a Wireless Phone Charging Pad. All awards can be picked up by the individual/relay team at the Awards Tent on the north plaza under the scoreboard as soon as the official results for each event are posted. Awards will not be mailed. Please note that the university/college unseeded 800, 1500 and 5000 events on Thursday are NOT eligible for awards.
- VICTORY LAP:** Relay and Individual Champions are encouraged to take a VICTORY LAP and make plans to be recognized at the awards stand located in the center of the infield.

## Drake Road Races Registration

The Drake Road Races have moved to the Saturday before Relays Week on April 20. There will not be an option for teams to run in the road races.

## Housing

**HOUSING:** All teams and individuals are responsible for their own housing reservations. This should be taken care of early in case of other events in the city. There is no student housing available. The Drake Athletic Department has sponsorships with various hotels throughout the city. See page 16.

## Special Events

**ENTRIES:** All entries in special invitational events are listed as unattached entries. Athletes in this division should pick up their packets at Relays Headquarters located in the Drake Knapp Center. Elite athletes with accommodations at the Downtown Marriott will have their packets there.

### PROBABLE EVENTS:

Men's Division: 200 – Mile – 110H – 400H – PV – HJ – SP

Women's Division: 1500 – 100H – 400H – PV – HJ – LJ

**RULES:** USATF & IAAF rules will be used. Lane assignments to be determined by the director and statistician. The top three athletes, or in some cases all athletes, in invitational events will be escorted to the Mixed Zone (southwest corner of the stadium) following their event. For information concerning special invitational events, write or call:

Blake Boldon, Drake Relays Director at 515.271.2115 or [blake.boldon@drake.edu](mailto:blake.boldon@drake.edu)

# Medical Services

## Medical Credential Requests

Team Athletic Trainer/Team Physician credential requests must be emailed to Gary Williamson: [gary.williamson@drake.edu](mailto:gary.williamson@drake.edu)

## Medical Credential Pickup

Team Athletic Trainer/Team Physician credentials may be picked up with your team packet at Relays Headquarters. Be sure you have requested a credential as noted above.

## Facility Location

The main athletic training (medical) area for the Drake Relays UD/CD, Elite, and High School Athletes will be located at the northwest corner of the track. The main athletic training room in the Knapp center will also be open for athletes. Services will be available one hour prior to and after competition.

## Emergency Medical Services

Emergency Medical Services are located at the northeast area of Drake Stadium on Wednesday, Thursday, Friday, and Saturday. These services include ambulance and paramedics.

## Medical Services

Medical services will include certified athletic trainers and physicians. Additionally, ice baths will be available in the northwest corner of Drake stadium. These services will be available to all athletes on a first-come, first-serve basis. Team athletic trainers/physicians will be permitted in the training room, but will be restricted to the warm-up/practice areas and team seating areas, except in emergency situations. If your athletes are without an athletic trainer, coaches are required to bring or fax (515.271.2662) a referral note to Gary Williamson, for any necessary athlete modality treatments.

## Medical Personnel – Drake University

### Gary Williamson

Asst. Athletic Trainer  
515.271.4563 – office  
515.208.8291 – Cell  
515.271.2662 – fax  
Email: [gary.williamson@drake.edu](mailto:gary.williamson@drake.edu)

### Dr. Scott Meyer

Orthopedic Surgeon  
515.247.8400 – office

### Mercy Medical Center E.R.

1111 6<sup>th</sup> Avenue  
Des Moines, IA 50314  
515.247.3173

### Dr. Nicolas Galioto

Family Medicine  
515.282.2386

### Iowa Methodist Medical Ctr.

1200 Pleasant Street  
Des Moines, IA 50309  
515-241-6212

# Media Information

## Media Contacts

Media contacts for the 2019 Drake Relays are: Ty Patton, Asst. Athletic Director for Athletic Communications

515.271.3014 or [ty.patton@drake.edu](mailto:ty.patton@drake.edu)

John Meyer, Asst. Athletic Communications  
514.271.3740 or [john.meyer@drake.edu](mailto:john.meyer@drake.edu)

## Credential Requests

All media credential requests can be obtained on the Media Credentials link on the Drake Relays website. The deadline for applying for credentials is Wednesday, April 17. No credential requests will be honored after that date. Note that the credential **request deadline is prior to the finalization** of the high

## Media Credential Pickup

No credentials for the Drake Relays will be mailed. Credentials may be picked up at the Drake Athletic Communications Office, beginning Monday, 4/22. Credentials not picked up by noon Wednesday, 4/24 can be picked up in the press box that day. After that pick-up is at the volunteer/media will-call tent outside the NE corner of Drake Stadium on 27<sup>th</sup> St. from 2-5PM Thursday 4/25, as well as Fri. 4/26, 8AM-6PM and Sat. 4/27 until 1PM.

## Photographers

Because of the configuration of the track, a limited number of photographers are permitted near the finish line and on the infield. Neon vests are distributed to photographers needing access to the infield through the discretion of Athletic Communications Director Ty Patton. Photographers without vests can still shoot in designated areas along the track.

## Interviews and Athlete Access

All media interviews will take place in the Mixed Zone. *Media must complete an interview request form two hours before the specific event starts* informing the Drake Athletic Communications Office if there is a specific athlete they wish to interview. Interview request forms will be in the press box and Mixed Zone Area. Athletic Communications personnel will direct all and any requested athlete into the Mixed Zone when his/her event is completed.

## Heat Sheets/Results

Heat sheets will be distributed to the media in the press box and Mixed Zone. Results will be immediately updated at [www.drakerelays.org](http://www.drakerelays.org) as events are completed and posted in select locations in the meet facilities. Quotes will also be available with the results following all finals.

## Press Box Accommodations

There is a limited amount of workspace in the press box at Drake Stadium. Seating will be assigned according to NCAA priorities and guidelines. Any radio station utilizing space in the press box to cover the Drake Relays will be charged a rights fee of \$150. This includes "live and taped reports" as well as cell phone usage.

Again we are adhering to the NCAA credentialing guidelines for championship events. The rights fee must be received before credential requests will be processed. Please make checks payable to the Drake Athletic Department.

## Mixed Zone

The Mixed Zone media area is located under the southwest corner of the stadium. Some athletes may be asked to go through the Mixed Zone for potential interviews after his/her competition.



# Drake Relays Officials

Founder.....	Major John L. Griffith
Franklin P. Johnson Drake Relays Director.....	Blake Boldon
Drake University Athletics Director.....	Brian Hardin
Assistant AD-Relays Operations.....	Carolyn Hill
Director of Track & Field.....	Mark Carroll
Drake Road Races Director.....	Dan Hostager/Mark Colpoys
Chairman, Drake Relays Committee.....	Roger Kriebs
Combined Events and Field Events Referee.....	Rex Harvey
U/C Men's Running Referee.....	Dee Jensen
U/C Women's Running Referee.....	Eric Zemper
High School Referees.....	Ira Dunsworth-Boys, Denny White-Girls
IAAF Referee.....	Eric Zemper
Starters.....	Jeff Richards, Tiffany Chin Aleong, Terry Thompson, Gary O'Daniels
Announcers.....	Mike Jay, Jon Weih
Declarations Official.....	Peter Guerrini
Headquarters Chief.....	Doug Dillivan
Hospitality Committee Chair.....	Bob Clark
Meet Operations.....	Rick Kuhlman
Meet Producer.....	Kevin Stuart
Prime Time Timing.....	Cody Branch, Sean Gavigan
Supervisor of Officials.....	Roger Kriebs
Clerk of Course Chief.....	Dave Maxwell
Combined Events Co-Chiefs.....	Veronica Daniels, Jim Walczyk
Jumps Events Chief.....	Dr. Curt Broek
Marshals Chief.....	Steve Brush
Mixed Zone Chief.....	Sarah Boehm
Throws Events Chief.....	Scott McAdam
Umpire Chief.....	Ryan Elsbernd/Jerry Quick
Weights & Measure Chief.....	Jon Turner
Supervisor of Field Crews.....	Mike Whisner
Operations Manager of Physical Plant and Facilities.....	Kevin Moran
Security Coordinator.....	Scott Law
Athletic Communications.....	Ty Patton
Athletic Trainer.....	Gary Williamson
Medical Doctor.....	Dr. Scott Meyer

## Drake Stadium featuring the Jim Duncan Track

The renovated Drake Stadium not only serves as the home of the Bulldog football team, but also the [Drake Relays](#), known as "America's Athletic Classic" – one of the most popular track and field venues in the world. The stadium is the focal point of the Drake campus each April when it hosts the prestigious [Drake Relays](#) – the premier sporting event in Iowa, which attracts world-class athletes including many Olympic and World Champion gold medalists.

Drake Stadium will be hosting the 2019 USATF Outdoor National Championship on July 25-28. Previously the venue hosted the 2007 NCAA Midwest Regional Track and Field Championship, the 2008, 2011 and 2012 NCAA Outdoor Track and Field Championships and the 2010, 2013 and 2018 USATF National Championships.



Following the 2005 Iowa State High School Track and Field meet, Drake embarked on the most significant renovation project of Drake Stadium since the stadium was dedicated in the fall of 1925. The track was reconfigured and the new Mondo-surfaced track had lanes widened from 42 inches to 48 inches.

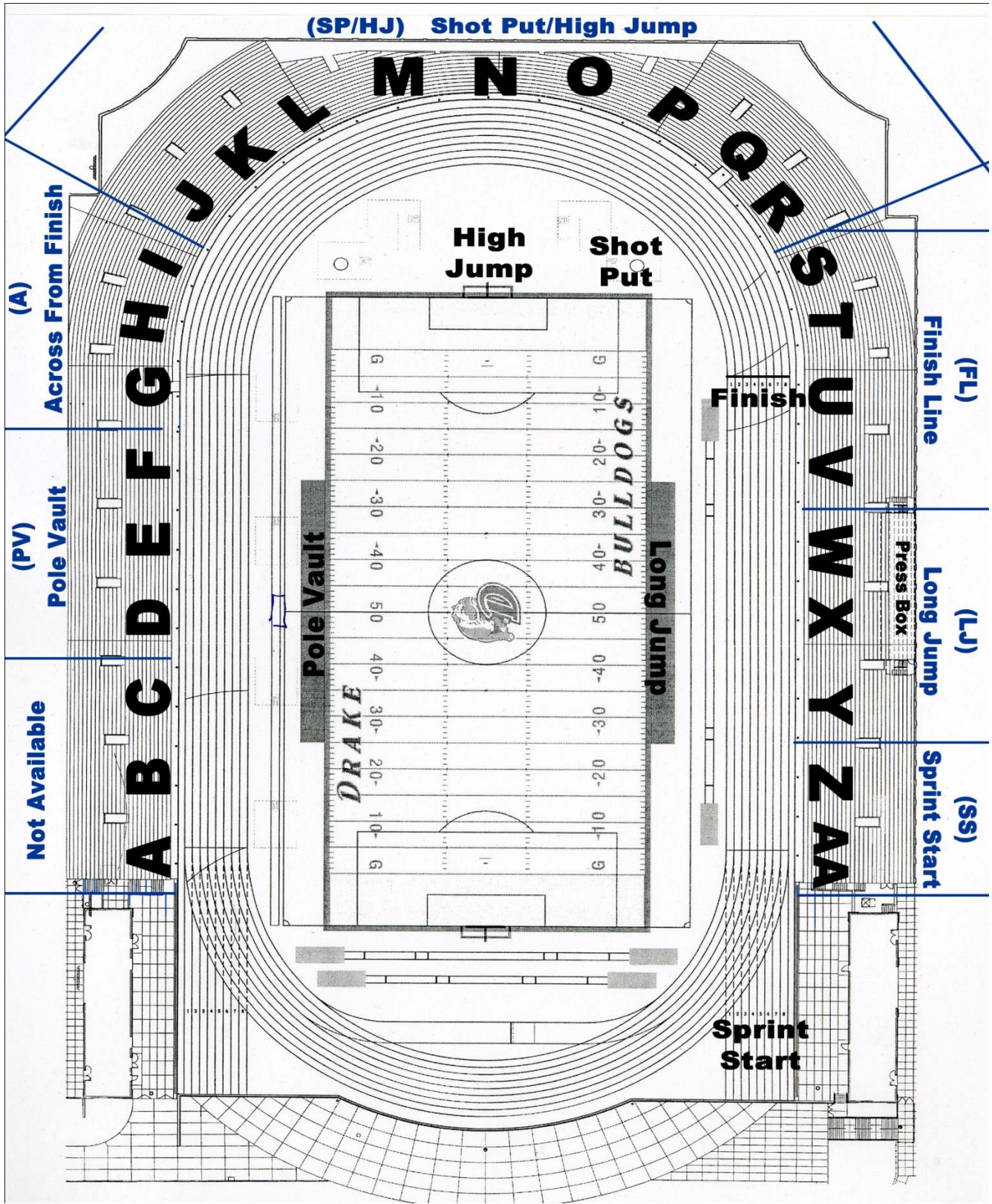
The first three rows of seats were removed to create a required NCAA and USATF buffer zone between the runners and the crowd. New throwing venues for the javelin, discus, and hammer throw were developed on a field directly north of the stadium. Musco Lighting also was installed along with a new scoreboard on the northeast corner of the stadium.

In the summer of 2015, a new Daktronics scoreboard brought full screen options and new technology. Following the 2016 Drake Relays, a new infield was installed along with a new blue Mondo track overlaid over the old track.

The track was renamed the Jim Duncan Track in 1988, honoring Jim Duncan, the former public address voice of the [Drake Relays](#). Drake Stadium was built in 1925 with a seating capacity of 18,000 in a building project that also furnished the 4,000-seat Drake Field House. Drake Stadium opened Oct. 10, 1925. The original name of Haskins Field was changed to Drake Stadium at the request of Norman Haskins, the donor of the original stadium. The natural amphitheater aspect of Drake Stadium remains.

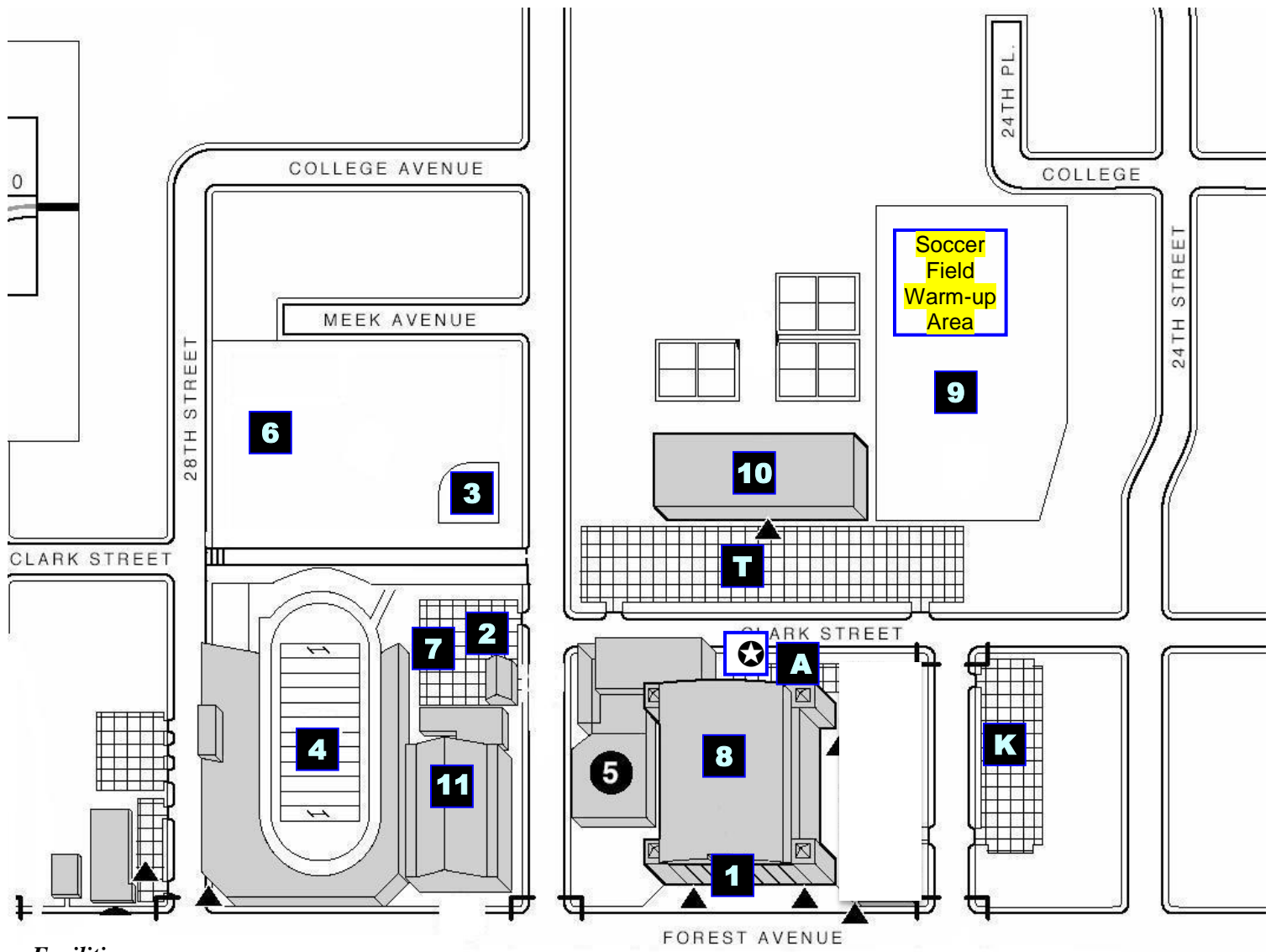
## MAP A





# Map B

## ATHLETICS FACILITIES MAP



**Facilities**

- 1. Athletic Ticket Office
- 2. Athlete Warm-up Area
- 3. Buel Field
- 4. Drake Stadium
- 5. Bell Center
- 6. North Field
- 7. Check-In Tent
- 8. Knapp Center-Univ/Coll/Elite only
- 9. Soccer Field-Warm-up Area
- 10. Tennis Center
- 11. Field House-High School Teams

**Parking Lots**

(Parking pass needed)

- A. Adjacent Lot
- K. Knapp East Lot
- T. Tennis Center Lot



Elite, UD/CD Entrance



# Drake Hospitality Partners

## 2017-18 DRAKE ATHLETICS HOSPITALITY PARTNERS

### HOTELS

Sheraton WDM	Kelly Smith	(515) 457-2107	kelly.smith@sheratonwestdesmoines.com
Country Inns & Suites	Eric Bridges	(515) 223-9254	ebridges@csmcorp.net
Hotel Renovo	Reonna Snyder	(515) 276-1126	rsnyder@hoari.com
Marriott Downtown	Jason Potter	(515) 314-8313	Jason.potter@marriott.com
Renaissance Savery	Nancy Leo	(515) 365-7241	Nancy.Leo@marriott.com
Stoney Creek Hotel & Conference Ctr.	Grant Gillon	(515) 559-2008	grant.gillon@stoneycreekhoteles.com

### FOOD

Hy-Vee Grocery & Catering	Jeff Osborn	(515) 279-4225	1895director@hy-vee.com
Chick-fil-A - Merle Hay	Cody Hopper	(515) 276-5222	cody.hopper@cfafranchisee.com
Christopher's Restaurant	Ron Giudicessi	(515) 707-3624	rongiudicessi@gmail.com
Fernando's Mexican Grill	Khaled Abdalla	(515) 255-3700	Abdallak64@gmail.com
In the Bag Catering	Luke Essing	(515) 222-9338	lessing@inthebag-lunches.com
Jethro's BBQ	Travis Huiatt	(515) 279-3300	travis.huiatt@jethrosdesmoines.com
Kelly's Little Nipper / Starky's BBQ	Jeff Stark	(515) 238-7065	j1starky@gmail.com
McAlister's Deli	Sean Speakman	(515) 223-4404	seanspeakman@thesaxtongroup.com
McDonald's	Dennis Smith	(515) 229-3351	Dennis.a.smith@us.stores.mcd.com
Noodles & Co.	Pete Rondello	(319) 333-9404	prondello@noodles.com
Palmer's Deli	Joe Palmer	(515) 274-4004	jpalmer@palmersdeliandmarket.com
Panuchos - Ingersoll	Jodi More	(515) 777-2898	pmg78@panuchos.com
Papa John's - 42nd St.	JP Owen	(515) 274-4949	jp2354@hotmail.com
Rookies Sports Bar & Grill	Curt Gomes	(515) 987-0093	cgomes99@hotmail.com
Spaghetti Works	Shelly Stokes	(515) 243-2195	sstokes@spagworks.com
Subway	Bobbie Jo Engebretson	(641) 430-9515	bje5353lg@netins.net

### Travel

Arrow Stage Lines (Bus)	Luke Busskokhl	(402) 738-3203	luke@arrowstagelines.com
Allied Travel (General Travel)	Jody Valentine	(515) 270-7070	Jody@alliedtravel.com

Packet updated 2/6/2019