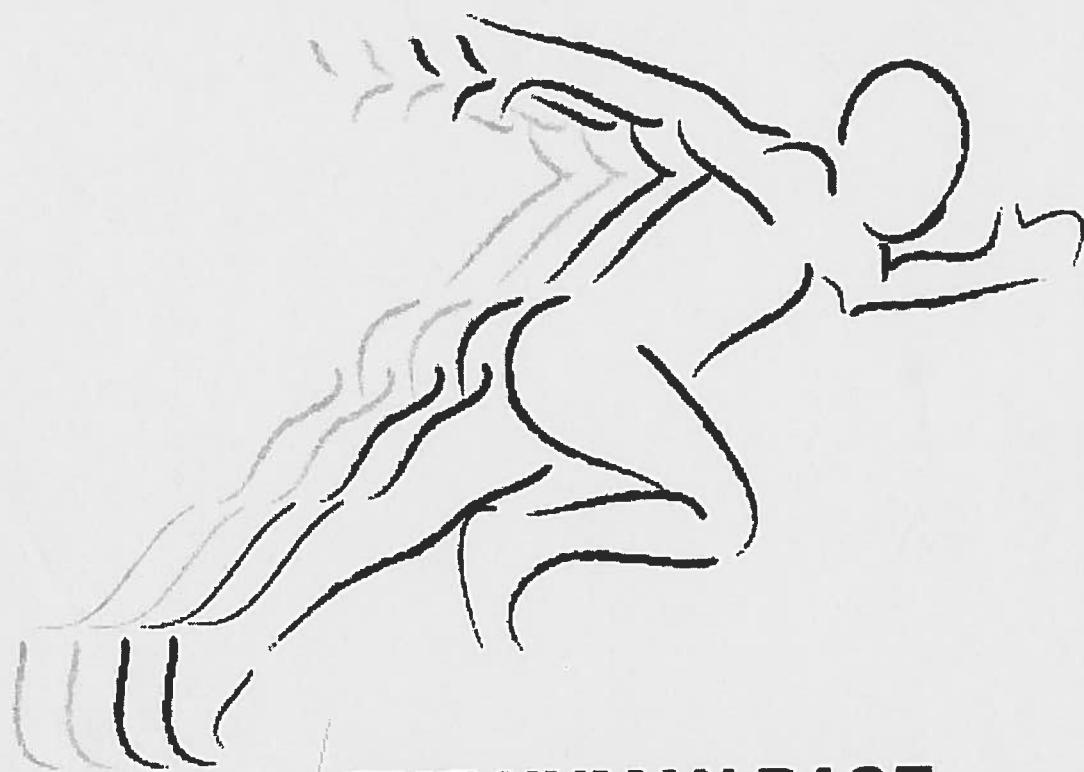


The 93rd Annual

drake RELAYS



THE HUMAN RACE

Drake Relays 2002

High School Results
April 25-27, 2002

The Bird Annual

Chickadee



THE ONLY WAY

TO GET THERE

High School Results

April 24-25, 2000

2002 DRAKE RELAYS

Thursday-Saturday, April 25-27

Drake Stadium, Jim Duncan Track, Des Moines, Iowa HIGH SCHOOL BOYS & GIRLS RESULTS

Thursday, April 25: 55 degrees, partly sunny, winds from northwest 15 mph; Friday, April 26: 52 degrees, partly sunny, winds from southwest 7 mph; Saturday, April 27: Morning temperature: 45 degrees, winds from south-southeast 14-18 mph; meet suspended 51 minutes because of lightning; Afternoon temperature: 48 degrees, winds from southeast 22 mph, light periodic rain

ATTENDANCE: Thursday--5,310; Friday--15,100; Saturday--18000 (37th straight sellout).

BOYS RESULTS

100 Meter Dash Finals Wind: -2.8 M/S

1	Calvin Davis, Iowa City (12)	11.01
2	Adam Haluska, Carroll (12)	11.17
3	Dwayne Wright, Newton (12)	11.26
4	Demicole Deeds, Des Moines North (12)	11.37
6	D.J. Cobler, Ottumwa (12)	11.54
7	Scott Phaydavong, Des Moines East (11)	11.57
8	Rumel Monk, Des Moines Lincoln (12)	11.60

Heat 1 Wind: -1.1 M/S

1	Dwayne Wright, Newton (12)	10.90 Q
2	Calvin Davis, Iowa City (12)	10.93 Q
3	Adam Haluska, Carroll (12)	11.06 Q
4	Demicole Deeds, Des Moines North (12)	11.19 Q
5	Cody Elchmeier, AGWSR of Ackley (12)	11.46
6	Kyle Mally, Cedar Rapids Jefferson (12)	11.58
7	Micah Washington, Burlington (11)	11.59
8	Jordan Davidson, Davenport North (11)	11.82

Heat 2 Wind: -0.8 M/S

1	D.J. Cobler, Ottumwa (12)	11.22 Q
2	Jace Denison, Tri-County of Thornburg (12)	11.26 Q
3	Rumel Monk, Des Moines Lincoln (12)	11.38 Q
4	Kyle Wehner, Perry (12)	11.40
5	Tommy Elliott, Armstrong-Ringsted (12)	11.42
6	Jovon McGruder, Des Moines East (12)	11.61
7	Aaron Jenkins, Bettendorf (12)	11.68
	Craig Farley, Des Moines Hoover (12)	DNS

Heat 3 Wind: +1.1 M/S

1	Scott Phaydavong, Des Moines East (11)	11.34 Q
2	Ryan Manahl, Hudson (12)	11.39
3	Matt Tharp, Webster City (12)	11.44
4	James Smith, Council Bluffs Jefferson (9)	11.46
5	Josh Hauser, BCLUW of Conrad (12)	11.56
6	Joe Murphy, Preston-East Central (11)	11.60
7	Colby Pash, Harlan (12)	11.63
8	Landon Murray, Davenport Central (12)	11.68

Heat 4 Wind: -0.4 M/S

1	Araf Evans, Cedar Rapids Jefferson (11)	11.44
2	Tony Schoo, Clarion-Goldfield (12)	11.55
3	Cody Jaminet, Sioux City East (11)	11.62
4	Ken Fox, Davenport West (12)	11.72
5	Terrance Frye, Cedar Rapids Washington (12)	11.76

6	Neal Molitor, Carroll Kuemper (10)	11.77
7	Matt Hulsebus, Central Lee of Donnellson (11)	11.81
8	Ryan Baum, Gilbert (12)	11.85

Jack Kragie 1600 Meter Run Finals

1	Dan Taylor, Fort Dodge (12)	4:18.62
2	Dylan Davis, ADM of Adel (11)	4:22.25
3	Ryan TerLouw, Pella (11)	4:23.20
4	Nathan White, Southeast Polk of Runnells (12)	4:26.67
5	David Mootz, Waterloo Columbus (11)	4:27.04
6	Jason Borseth, Valley of West Des Moines (10)	4:27.30
7	Noah Wendland, Charles City (12)	4:27.56
8	Andy Johnson, Des Moines Roosevelt	4:28.07
9	Eric Dasso, Dubuque Hempstead (12)	4:29.22
10	Kevin Balster, Monticello (11)	4:29.73
11	Brett Adams, Davenport Assumption (10)	4:30.90
12	Brad Fox, Davenport Assumption (12)	4:32.34
13	Chris Lawson, Ankeny (11)	4:32.49
14	Graham McGaffin, Sloux City West (12)	4:33.16
15	Jake Berns, MFL MarMac of Monona (10)	4:33.49
16	Jon Lamb, Iowa City (11)	4:33.83
17	David Gott, Linn-Mar of Marion (10)	4:37.97
18	Nate Seier, Dubuque Senior (12)	4:39.08
19	Ryan McCurmin, Mason City (10)	4:39.61
20	Colin Swaney, Iowa City (10)	4:41.05

3200 Meter Run Finals

1	Dan Taylor, Fort Dodge (12)	9:12.63 J
2	Dylan Davis, ADM of Adel (11)	9:27.57
3	Andy Johnson, Des Moines Roosevelt	9:29.22
4	Nathan White, Southeast Polk of Runnells (12)	9:29.50
5	Ryan McCurmin, Mason City (10)	9:35.10
6	Adam Bohach, South Winneshiek of Calmar (12)	9:36.57
7	Fredric Scoupe, Newton (12)	9:38.58
8	Cody Solverson, Fort Dodge St. Edmond (12)	9:40.60
9	Brett Adams, Davenport Assumption (10)	9:41.04
10	Kevin Balster, Monticello (11)	9:41.31
11	Austin Williamson, Des Moines Roosevelt	9:41.57
12	Graham McGaffin, Sloux City West (12)	9:41.63
13	Chris Lawson, Ankeny (11)	9:43.24
14	Tyler Fisher, Valley of West Des Moines (11)	9:43.87
15	Shawn Dunnegan, Central of DeWitt (12)	9:44.00
16	Pete Christakos, Johnston (11)	9:45.63
17	David Gott, Linn-Mar of Marion (10)	9:48.57

18	Nick Cooper, Southeast Webster of Burnside (12)
19	Brad Fox, Davenport Assumption (12)
20	Graham McCaleb, Fairfield (11)
21	Jon Lamb, Iowa City (11)

9:49.86
9:49.99
9:51.10
10:28.55

110 Meter Hurdles Finals Wind: -1.3 M/S

1	Derek Casey, Cherokee (12)	14.73
2	Brian Crandall, Cedar Rapids Jefferson (12)	14.79
3	Josh Jandrew, Shenandoah (12)	15.01
4	Ezra Kelderman, Eddyville-Blakesburg (12)	15.12
5	Kyle Rippey, Ames (12)	15.46
6	Jordon Crosby, Fort Dodge (11)	15.86
7	Tyler Brown, Grinnell HS (12)	16.12
8	Jason Ellison, Eldora-New Providence (12)	16.63

Heat 1 Wind: -2.0 M/S

1	Derek Casey, Cherokee (12)	14.64 Q
2	Josh Jandrew, Shenandoah (12)	14.69 Q
3	Jordon Crosby, Fort Dodge (11)	15.12 Q
4	Ezra Kelderman, Eddyville-Blakesburg (12)	15.22 Q
5	Joe Hunt, Indianola (11)	15.43
6	Brian Caskey, Williamsburg (12)	15.49
7	Blake Haywood, BCLUW of Conrad (12)	15.59
8	Enye King, Waterloo West (11)	16.06

Heat 2 Wind: +0.2 M/S

1	Brian Crandall, Cedar Rapids Jefferson (12)	15.07 Q
2	Kennon Christian, Davenport North (11)	15.40
3	Andy Becker, Ankeny	15.48
4	Justin Zeigler, ADM of Adel (12)	15.90
5	John Maher, Shenandoah (11)	15.98
6	Greg Deal, Iowa City (11)	16.04
7	Matt O'Connor, Council Bluffs St. Albert (11)	16.09
8	Nathan Schaefer, West Hancock of Britt (12)	16.11

Heat 3 Wind: +2.1 M/S

1	Jacob Hartman, Perry (11)	15.38
2	Brandon List, Cedar Falls (12)	15.44
3	Tyler Sirovy, Oskaloosa (11)	15.55
4	Trenton Harrison, Nevada (12)	15.58
5	Mike Humpal, New Hampton (11)	15.70
6	Andrew Hoogeveen, Sioux Center (11)	16.01
7	Matt Kurtz, Davenport West (11)	16.09
8	Klint Peterson, Stanton (12)	16.55

Heat 4 Wind: +2.0 M/S

1	Kyle Rippey, Ames (12)	15.18 Q
2	Tyler Brown, Grinnell HS (12)	15.28 Q
3	Jason Ellison, Eldora-New Providence (12)	15.34 Q
4	Tanner Whipple, Roland-Story (12)	15.49
5	Phil McCullough, Valley of West Des Moines (11)	15.60
6	Damian Getchel, Mediapolis (10)	15.82
6	Sam Meeker, Columbus of Columbus Junction (10)	15.82
8	Milan Moses, Waterloo East (11)	16.05

400 Meter Hurdles Finals

1	Michael Bell, Marshalltown (12)	52.46 J
2	Derek Casey, Cherokee (12)	53.66 J
3	Kyle Rippey, Ames (12)	53.75
4	Justin Koeppe, Storm Lake (12)	54.02
5	Blake Haywood, BCLUW of Conrad (12)	54.81
6	Tyler Brown, Grinnell HS (12)	55.43
7	Jordon Crosby, Fort Dodge (11)	56.20
8	Brian Crandall, Cedar Rapids Jefferson (12)	56.54

4x100 Meter Relay Finals

1	DES MOINES EAST (Scott Phaydavong, Jovon McGruder Terry Rice, London Hayes)	43.12
2	CEDAR FALLS (John Mershon, Phil Drewis Michael Fritts, Chris Olsen)	43.68
3	CEDAR RAPIDS JEFFERSON (Mike Swick, Kyle Mally Nick Young, Araf Evans)	43.73
4	BETTENDORF (Jeff Wakeland, Aaron Jenkins Justin Welsh, Alvin Vesey)	43.93
5	VALLEY OF WEST DES MOINES (Jerrod Gaskill, Drew Hilgenberg Jason Scales, Jeff Sallee)	44.07
6	IOWA CITY (Greg Deal, Tyler Gerard Rob Duwa, Tony Sturgell)	44.38
	CEDAR RAPIDS WASHINGTON (Terrance Frye, Dallas Hodges James Barron, Adrian Arrington)	DNF
	INDIANOLA (Mike Harmon, John Mayer Tyler Mark, Scott Anderson)	DNF

Heat 1

1	DES MOINES EAST (Scott Phaydavong, Jovon McGruder Terry Rice, London Hayes)	43.00 Q
2	CEDAR FALLS (John Mershon, Phil Drewis Michael Fritts, Chris Olsen)	43.75 Q
3	CEDAR RAPIDS WASHINGTON (Terrance Frye, Dallas Hodges James Barron, Adrian Arrington)	43.79 Q
4	IOWA CITY (Greg Deal, Tyler Gerard Rob Duwa, Tony Sturgell)	44.00 Q
5	OTTUMWA (Bobby Phommachack, Tanner Vamer Corey Kopatich, Phil Baum)	44.47
6	NORTH SCOTT OF ELDRIDGE (Josh Lacey, Ben Anderson J.W. Staver, Casey Dean)	44.52
7	TRI-CENTER OF NEOLA 44.84	
8	WATERLOO EAST (Milan Moses, Bruce Roderick Terrell Gray, Dalane Morehead)	45.78

Heat 2

1	CEDAR RAPIDS JEFFERSON (Mike Swick, Kyle Mally Nick Young, Araf Evans)	43.94 Q
2	VALLEY OF WEST DES MOINES (Jerrod Gaskill, Drew Hilgenberg Jason Scales, Jeff Sallee)	44.26 Q
3	WILLIAMSBURG (Sam McDonald, Dustyn Baethke Brian Caskey, Nick Fetzer)	44.43
4	AMES (Katintha Mwanza, Adam Larson Rickey Thompson, Matt Schuldies)	44.60
5	ANKENY (Kyle Schlicher, Justin Funk Aaron McCombs, Andy Becker)	44.78

6	SIoux CITY EAST (Matt Brienzo, Brandon Simpson Aaron Girard, Cody Jaminet)	44.95
7	DES MOINES NORTH (Mony Chau, Tony Benson Anthony Jackson, Demicole Deeds)	45.29
	NEWTON (Scott Elliott, James Samson Justin Deegan, Dwayne Wright)	DNF

Heat 3

1	BETTENDORF (Jeff Wakeland, Aaron Jenkins Justin Welsh, Alvin Vesey)	44.13 Q
2	INDIANOLA (Mike Warner, John Moge, Mark Tyler, Scott Anderson)	44.43 Q
3	PEKIN OF PACKWOOD (Aaron Gott, Corey Johnson Brent Blakely, Shane Gill)	44.79
4	EDDYVILLE-BLAKESBURG (Tommy Hallgren, Jeff Fox Elliott Culver, Ezra Kelderman)	44.85
5	COUNCIL BLUFFS JEFFERSON (Corey Radke, Chad Summer Troy Allen, James Smith)	45.33
6	CLINTON (Zach McMahon, Sean Bennett Matt Zmuda, Blake Raun)	46.08
7	DAVENPORT CENTRAL (Landon Murray, Nick Reynolds Jordan Scott, Adam Pollard)	46.17
8	HARLAN (Colby Pash, Kevin Kruse Ryan Coenen, Andy Petersen)	49.96

Heat 4

1	ATLANTIC (Matt Bruns, Tony Burg Travis Nelsen, Davy Thomsen)	44.98
1	CENTRAL LEE OF DONNELSON (Matt Hulsebus, Gavin Burgess Josh Spkier, Johnny Good)	44.98
3	WEST DELAWARE OF MANCHESTER (Shannon Mack, Chris Cook Tim Turnis, Bradley Woods)	45.54
4	PELLA (Vance Schuring, Tyler Beerends Jon Landon, David Van Wyk)	45.62
5	MARSHALLTOWN (Erik Christenson, Jason Nusbaum Chase Rogers, Brett Wulke)	45.81
6	GRINNELL HS (Henry Lai, Tyler Veach Brandon King, Ryan Grant)	46.12
7	ALGONA (Aaron Kent, Tim VanOtterloo Jim DeWaard, Sean Smith)	46.16
	FAIRFIELD (Mark Howard, Nelson Chris Josh Haley, Aaron Long)	DNF

Heat 5

1	DAVENPORT WEST (Matt Kurtz, Chad Tappendorf Andre Gooch, Ken Fox)	44.87
2	WAUKEE (Reece Witcraft, Zack Truex Matt Austin, Brandon Glaza)	45.20

3	CHEROKEE (Brett Campbell, Brock Campbell Bart Graybill, Derek Casey)	45.22
4	MADRID (Frank Milani, Andy Lawrance Sam Milani, Nick Bender)	45.31
5	GARNER-HAYFIELD (Adam Tvedt, Ben Diekhuis Jesse Howie, Nick Pinneke)	45.35
6	ALDEN (Cody Deaver, Ross Bauer Josh Vanderloop, Kirk Burkle)	45.58
7	TREYNOR (Nolan Strohbehn, Andrew Keiner Tyler Chambers, Jordan Frain)	46.00
	SPENCER	DNS

Heat 6

1	CARROLL (Chris Rowedder, Marc Leonard Doug Kendrick, Adam Haluska)	45.55
2	NEW HAMPTON (Dan Kennedy, Mike Humpal Nick Hackman, Nate Geerts)	45.62
3	TRI-COUNTY OF THORNBURG (Adam Norland, Joey Koehn Jesse Ross, Jace Denison)	45.70
4	LONE TREE (Dustin Lenz, Mike LaRoche Mike Poch, Josh Zaruba)	45.96
5	SIoux CITY WEST (Jama Farah, James Johnikin Chau Tran, Merritt Groh)	46.48
6	BECKMAN OF DYERSVILLE (Zac Scherrman, Mike Koch Mike Juehring, Kevin Pitz)	46.77
	BURLINGTON (Travis Keever, Maurie Tomke Dan Kinney, Micah Washington)	DNF
	SIoux CITY HEELAN (Brian Corey, Chad Moreland Ryan Block, Graham Lundt)	DNS

Heat 7

1	BELMOND-KLEMME (Jordan McLaughlin, Cole Tanner, Mark Ketchem, Loren Robbins)	46.05
2	POCAHONTAS AREA (Austin Ollinger, Mitch Stoullil Ryan Frederiksen, Josh Wheatley)	46.22
3	PELLA CHRISTIAN (Jeff Meuzelaar, Derek De Haan Tim Zwiers, Jared Van Wyk)	46.33
4	COUNCIL BLUFFS LINCOLN (Brian Erisman, Rickie Kellar Craig Showers, Ed Gregory)	46.71
5	WATERLOO WEST (Philip Kreis, Damon Baumgartner Josh Gates, Enye King)	46.80
6	LEWIS CENTRAL OF COUNCIL BLUFFS (Jacob Cooney, Chris Pomerleau Casey Newsom, Aaron Jones)	47.45
7	COLUMBUS OF COLUMBUS JUNCTION (Anthony Kugler, Sam Meeker John McCullough, James McCullough)	48.33
8	AGWSR OF ACKLEY (Ryan Smith, Cody Nehring Mitch Kappel, Cody Eichmeier)	50.07

Heat 8		7	BOONE (Shawn Smith, Raph Montag Landon Moss, Jay Bedingfield)	47.50	
1	DES MOINES LINCOLN (Eric Baker, Dillon Burns Julius Carter, Rumei Monk)	44.86	WESTERN DUBUQUE OF EPWORTH (Dan Steffen, Nick Foxen Alex Deutmeyer, Mike Elgin)	DNF	
2	ROLAND-STORY (Matthew Halbach, Bo Ammerman Tanner Whipple, Kyle Van Winkle)	45.88	Heat 11		
3	DAVENPORT NORTH (Kennon Christian, Cortez Brown Marquail Houston, Jordan Davidson)	45.93	1	DES MOINES ROOSEVELT (Aaron Cawthome, Terrell Rife, Chris Wienan, Yawasha Kinder)	45.05
4	SOUTH O'BRIEN OF PAULLINA (Chris Beck, Justin Jenness Alex Benner, James Menke)	46.35	2	WAVERLY-SHELL ROCK (Kyle Peters, Derrick Peth Dustin Mack, David Hanawalt)	46.22
5	FORT MADISON (Justin Menke, Brian Abel Kevin Bratek, Braun Sheppard)	46.38	3	WEST HANCOCK OF BRITT (Matt Nelson, Nathan Schaefer Aaron Rasmusen, Nathan Rasmussen)	46.24
6	NEVADA (Trenton Harrison, Demick Lehman Jeff Brooks, Travis Harrison)	46.63	4	MUSCATINE (Bobby Wolfe, Nick Frere Michael Main, Sam Hoopes)	46.68
7	CARROLL KUEMPER (Justin Bauer, Chad Soyer Todd Simons, Neal Molitor)	47.35	5	OELWEIN (Nick Carr, David Murphy Ryan Majerus, Jon James)	46.70
Heat 9		6	ST. MARY'S OF REMSEN (Josh Lewis, Mike Wiederholt, Matt Haverkamp, Tyler Schorg,)	46.96	
1	SOUTHEAST POLK OF RUNNELLS (Justin Colbert, David Brunk Joe Hugen, Dan Curry)	45.61	MAQUOKETA (Adam Weis, Brad Bowling Tyler Krueger, Justin Daniels)	dq- (no baton)-48.63	
2	CLEAR LAKE (Brandon Bird, Chris Carney Lucas Ashland, Drew Shepp)	45.76	Heat 12		
3	ELDORA-NEW PROVIDENCE (Tanner Vinton, Brian Lawless Chris Johnson, Dustin Baum)	46.12	1	SAYDEL OF DES MOINES (Curtis Sorensen, Jason Kramme Soupha Chanthinouvong, Mike Wilson)	45.81
4	GLENWOOD (John Dashner, Cyle Plumer Brad Rodenburg, Nick Lennemann)	46.33	2	PLEASANTVILLE (Ty Fumal, Jeremiah Bender Brandon Thomas, Ben Hayes)	45.90
5	LE MARS GEHLEN (Drew Hoffman, Travis Mooney Lance LeRibeus, Austin Ruhland)	46.62	3	CENTRAL OF DEWITT (Justin Wagner, Tyler Driscoll Troy Connor, Michael Marlowe)	46.12
6	ESTHERVILLE-LINCOLN CENTRAL (Aaron Nelson, Phil Beaver Bryon Swalve, Grant Rawlings)	46.74	4	DALLAS CENTER-GRIMES (Kenny Bensley, Matt Sly Lee Disher, Josh Jacobs)	46.53
7	TIPTON (Matt Black, Catlin Eliason Brian Jorgensen, Jonathan Phelps)	48.08	5	BATTLE CREEK-IDA GROVE (Ryan Ladwig, Mark Cates, A J Schable, Cody Knop)	46.97
IOWA VALLEY OF MARENGO (Adam Hardle, Brandon Peska Josh Roberts, Kris Dougherty)		DNS	6	TURKEY VALLEY OF JACKSON JUNCTION (Adam Guenther, Britt Bodensteiner, Kyle Costigan, Dan Lensing)	47.44
Heat 10			7	OKOBOJI OF MILFORD (Nick Kolegraph, Kyle Ruble, Matt Fengler, Heath Culvert)	47.90
1	DOWLING OF WEST DES MOINES (Toni Tursi, Nathan White Andrew Scirotta, Darren Montufar)	45.58	8	WOODBURY CENTRAL OF MOVILLE (Tony Smith, Matt Wisnieski, Joel Walker, Josh Koehler)	49.43
2	CEDAR RAPIDS KENNEDY (Tom Sadler, Sahid Kamara Doug Ongie, Reggie Carter)	46.48	Heat 13		
3	RIVERSIDE OF OAKLAND (Laine Weisbeck, Jesse Ofegueda Tyler Putnam, Kevin Forristall)	46.57	1	WASHINGTON (Kris Lowe, Justin Davis Brent Stout, Ryne Doughty)	45.90
4	IOWA CITY WEST (Greg Coleman, Ashton Winchel Jon Starke, Matt Brown)	46.62	2	SHENANDOAH (Eric Gruber, Devin Hogue John Maher, Josh Jandrew)	46.90
5	CARDINAL OF ELDON (Adam Durlinger, Nathan Warren Jesse Henderson, Nick Davis)	47.09	3	DENVER (Cole Bristow, Jake Erion, Nick Wooldrik, Jordan Zaputal)	47.19
6	BELLEVUE (Justin Veach, Eric Weimerskirch Brian Steines, Travis Steines)	47.27			

4	OSKALOOSA (Brandon Comstock, Justin Youngstrom Josh Flander, Brian Hadden)	47.49
5	LAWTON-BRONSON (Kyle Blankenburg, Jerry Rasmussen Nathan Lahrs, Matt Muff)	47.75
6	MOUNT VERNON (Jacob Craig, Jacob Craig Ben Brannaman, Josh Pospisil)	47.97
7	APLINGTON-PARKERSBURG (Shannon Cox, Taylor Schrage Quentin Huisman, Demick Rogers)	48.38
	WILTON (J.J.Cooper, Robert Aeiselstein, Alex Grunder, Dan Latimer)	DNF

Heat 14

1	FREDERICKSBURG (Bryan Pates, Tyler Staker Ryan Gruenberg, Neil Suckow)	46.87
2	MFL MARMAC OF MONONA (Kyle Junk, John Berns Mychal Moon, Neal Wikner)	46.99
3	CEDAR RAPIDS XAVIER (Jason Sweet, Darius Stewart Matt St. Andrews, Ben Long)	47.26
4	CLEAR CREEK AMANA OF TIFFIN (Zach Cox, Anthony Walls Gabe Schaapveld, Jacob Wendler)	47.52
5	CLAY CENTRAL-EVERLY (Javan Kruse, Adam Galm Adam Pearson, Brant Goodchild)	47.69
6	SOUTH TAMA OF TAMA (Jacob Houghton, Tyson Akers Danny Mayo, Rob Marvin)	48.25
7	DUBUQUE SENIOR (Mark Gruber, Brett Blrket Sam Benda, Joe Munson)	49.13
	CAMANCHE	DNS

Heat 15

1	LINN-MAR OF MARION (Dustin Palmer, Kyle Brinkman Mike Nielson, Clayton Aune)	45.32
2	DUBUQUE WAHLERT (Peter Link, Joe McAllister Charlie Freund, Tony Jarchow)	45.92
3	OSAGE (Chris Bremer, Brad Bremer Tanner Swenson, Blake Ruehlow)	46.92
4	WEBSTER CITY (Brad Ratcliff, Shawn Kliegl Craig Law, Nick Kastler)	47.55
5	MONTICELLO (Joel Sauser, Jordan Moats Ryan Ball, Andrew McElmeel)	47.59
6	HAMPTON-DUMONT (Michael Kuehner, Taylor Schwab Tyson Mollenbeck, Jacob Bell)	47.69
7	INDEPENDENCE (Andy Crain, Jeff Leemon Kelly Huston, Chip Smith)	47.71
8	CLARINDA (Shane Guyer, Adam Carper Andrew Stimson, Jake Sunderman)	48.63

Heat 16

1	MOUNT PLEASANT (Jason Rohde, Jared Holtgrewe Clint Hope, Trevor Watkinson)	45.31
2	CLARION-GOLDFIELD (Josh Ahrens, Corey Howell Dustin Thayer, Tony Schoo)	46.15
3	BALLARD OF HUXLEY (Zac Loy, Mitchell Moore Greg Harris, Sam Robinson)	46.45
4	DIKE-NEW HARTFORD (Brian Hall, Chris Grooms Matthew Grandon, Josh Johnson)	46.57
5	CEDAR RAPIDS PRAIRIE (Jason Rotter, Derek Schindler Glen Fox, Isaac Dickson)	46.67
6	CRESTON (Gabe Stofferahn, Zach Stofferahn Michael Buck, Matt Buck)	46.93
7	KEOKUK (Brandon Miller, Brett Matlick Nate Buckner, Carl Maerz)	46.96
8	FORT DODGE ST. EDMOND (Andy Flattery, Jon Prebeck Josh Koenig, Kyle Lawler)	47.78

Heat 17

1	PERRY (Cole Turner, Kirk Dorman Laine Teply, Kyle Wehner)	46.10
2	PRAIRIE CITY-MONROE (Ryan Oldham, Brandon Myers Andy Van Zee, Dusty Kain)	46.34
3	MARION (Dustin Rhodes, Mike McCue Wade Burrell, Tony Offerman)	46.84
4	FORT DODGE (Kyle Messerly, Jamie Udeze Chris Douglas, Kurtis Taylor)	47.00
5	PRAIRIE VALLEY OF GOWRIE (Bart Black, Jeremy Hammen Tom Showers, Robbie Allen)	47.06
6	SIGOURNEY (Nick Baker, Will Hanchett Dan Hammes, Will Hanchett)	47.33
7	WEST LIBERTY (TC Heath, Jake Meyers Nick Feldman, Justin Simon)	48.23
8	MIDLAND OF WYOMING (Dan Steward, Matt Duwa Andy Burmeister, Jess McLane)	48.47

Heat 18

1	HLV OF VICTOR (Adam Hawkins, Cory Timm Phil Cooling, Chad Hinrichs)	45.83
2	MANSON-NORTHWEST WEBSTER (Eric Miller, Brandt Rost Jason Zehr, Lucas Casey)	46.45
3	BCLUW OF CONRAD (Kyle Hauser, Ian Dielschneider Blake Haywood, Josh Hauser)	46.73
4	ALBURNETT (Matt Walters, Lee Boyse Brenton Smith, Ryan Martin)	47.33
5	BENTON OF VAN HORNE (Brandon Nelson, Luke Miller Stuart Morrow, Darick Kaestner)	47.67

6 SOLON
(Cody Kroul, Jason Willox,
Justin Jenness, Ryan Morelock,)
48.00
HUDSON
(Drew Whitehead, James O'Toole
Nate Dlouhy, Ryan Manahl)
DNF
WACO OF WAYLAND
DNS

Heat 19

1 CENTERVILLE
(Chance Hinkle, Brody Tubaugh
Brennen Tubaugh, Zach Finch)
45.69
2 JOHNSTON
(Sam Wang, Ben Bjorholm
Jon Evans, Jason Ward)
46.45
3 REMSEN-UNION
(Jason Stoos, Alex Pick
Matt Schiltz, Jeff Staab)
46.54
4 MEDIAPOLIS
(Nate McConnell, Jack Powers
Damian Getchel, Derek Breder)
46.70
5 WEST HARRISON OF MONDAMIN
(William Roden, Mike Livingston
A. J. Roden, Erik Smith)
46.94
6 VALLEY OF ELGIN
(Adam Eischeid, Grant Rothlisberger
Chase Metzger, Josh Larson)
47.20
7 WAUKON
(Mike Bulman, Shawn Cunningham
Tony Duvel, Nick Hirth)
47.38
PANORAMA OF PANORA
(Cole Grolmus, Devan Moylan
Paul Engle, Mitch Kempf)
DNF--dropped baton

Heat 20

1 ADM OF ADEL
(Adam Crannell, Jared Weems,
Mark Mills, Justin Zeigler)
46.65
2 MASON CITY
(Cody Huisman, Jeff Baumann
Jordan Staudt, Ryan Niver)
46.86
3 CHARITON
(Tim Lenz, Adam Curran
Tommy Jessen, Jesse Stewart)
46.88
4 EAGLE GROVE
(Brad Mria, Brent Chamberlin
Brooke Beisell, Aaron Edy)
47.97
5 MOUNT AYR
(Brad Wilson, Luke Larson
Jared Armstrong, Nick Grose)
48.43

Heat 21

1 PRESTON-EAST CENTRAL
(Joe Murphy, Zach Cramer
Philip Bear, Jason Nolting)
46.58
2 WOODBINE
(Jake Cotten, Shadon Blum
Thomas Rief, Dustin Crook)
46.86
3 COUNCIL BLUFFS ST. ALBERT
(Brock Gentile, Joel Gentile
Brandon Fischer, Joe Olsen)
46.92
4 SOUTHERN CAL OF LAKE CITY
(Dave Higgins, Aaron Daniel
Jason Riesenberger, Ryan Kock)
47.47
5 NORWALK
(Brett Cermak, Tim Nichols
Sean O'Connor, Nic Scandrett)
47.58

6 LE MARS
(Aric Riedemann, Jordan VanOtterloo
Tyler Petter, Eric Hentges)
48.97
WHITING
DNS

4x200 Meter Relay Finals

1 IOWA CITY
(Greg Deal, Rob Duwa
Tyler Gerard, Calvin Davis)
1:28.82
2 DES MOINES EAST
(Scott Phaydavong, Jovon McGruder
Terry Rice, London Hayes)
1:29.54
3 ANKENY
(Josh Moulton, Jon Wunch
Aaron McCombs, Josh Leonard)
1:30.25
4 NEWTON
(David Slykhuis, Todd Friedman
Justin Deegan, Dwayne Wright)
1:31.05
5 CEDAR RAPIDS JEFFERSON
(Mike Swick, Araf Evans
Blue Aldridge, Kyle Mally)
1:31.51
6 TRI-COUNTY OF THORNBURG
(Adam Norland, Joey Koehn
Jesse Ross, Jace Denison)
1:31.63
7 OTTUMWA
(Bobby Phommachack, Phil Baum
Corey Kopatich, D.J. Cobler)
1:31.65
8 SIOUX CITY EAST
(Matt Brienzo, Aaron Girard
Cody Jaminet, Brandon Simpson)
1:31.80

Heat 1

1 IOWA CITY
(Greg Deal, Rob Duwa
Tyler Gerard, Calvin Davis)
1:29.18 Q
2 DES MOINES EAST
(Scott Phaydavong, Jovon McGruder
Terry Rice, London Hayes)
1:29.31 Q
3 NEWTON
(David Slykhuis, Todd Friedman
Justin Deegan, Dwayne Wright)
1:30.25 Q
4 ANKENY
(Josh Moulton, Jon Wunch
Aaron McCombs, Josh Leonard)
1:30.56 Q
5 OTTUMWA
(Bobby Phommachack, Phil Baum
Corey Kopatich, D.J. Cobler)
1:31.27 Q
6 DAVENPORT CENTRAL
(Landon Murray, Jonathan Jackson
Adam Pollard, Jordan Scott)
1:31.74
7 COUNCIL BLUFFS JEFFERSON
(Chad Summer, Troy Allen
Corey Radke, James Smith)
1:32.55
8 DUBUQUE SENIOR
(Aaron Herbst, Sam Benda
Chris Fecht, Joe Reichle)
1:33.34

Heat 2

1 SIOUX CITY EAST
(Matt Brienzo, Aaron Girard
Cody Jaminet, Brandon Simpson.)
1:30.60 Q
2 CEDAR RAPIDS JEFFERSON
(Mike Swick, Araf Evans
Blue Aldridge, Kyle Mally)
1:31.18 Q
3 TRI-COUNTY OF THORNBURG
(Adam Norland, Joey Koehn
Jesse Ross, Jace Denison)
1:31.53 Q

4	AMES (Katintha Mwanza, Ben Lueth Matt Schuldies Adam Larson)	1:31.53
5	CEDAR FALLS (John Mershon, Phil Drewis Kevin Roberts, Chris Olsen)	1:31.81
6	VALLEY OF WEST DES MOINES (Jason Scales, Drew Hilgenberg Jeff Ledbetter, Jeff Sallee)	1:31.82
7	CEDAR RAPIDS WASHINGTON (Terrance Frye, Poul Collins Adrian Arrington, Dallas Hodges)	1:31.95
8	LE MARS (Aric Riedemann, Kyle Miller Paul Brown, Kelly Greenfield)	1:32.31

Heat 3

1	CLINTON (Mike Zmuda, Matt Zmuda Blake Raun, Zach Frazier)	1:32.22
2	WEST DELAWARE OF MANCHESTER (Josh Ries, Nick McCool Tim Turnis, Brian Appleton)	1:32.40
3	HARLAN (Colby Pash, Kevin Kruse Ryan Coenen, Andy Petersen)	1:32.54
4	IOWA CITY WEST (Mike Kane, Matt Brown Ashton Winchel, Marcus Brooks) dq (#4 lined up out f zone)-1:32.62	
5	BECKMAN OF DYERSVILLE (Zac Scherman, Dave Rahe Mike Koch, Kevin Pitz)	1:33.14
6	BETTENDORF (David Anderson, Aaron Jenkins Justin Welsh, Alvin Vesey)	1:33.58
	WILLIAMSBURG (Sam McDonald, Dustyn Baethke Brian Caskey, Nick Fetzer)	DNF
	DES MOINES NORTH (Mony Chau, Tony Benson Anthony Jackson, Demicole Deeds) dq-#4 LINED UP OUT OF ZONE)-1:32.79	1:32.79

4x400 Meter Relay Finals

1	ANKENY (James Lindaman 51.4, Josh Moulton 50.1 Joel Rieken 50.2, Josh Leonard 47.6)	3:19.32
2	IOWA CITY (Adam Smith 51.7, Connor Jostes 50.9 Ryan Grenko 50.1, Calvin Davis 47.1)	3:19.84
3	TIPTON (Nick Miller 50.5, Andy Kruse 51.9 Chad Arndt 51.0, Billy Hoffman 51.3)	3:24.68
4	CLINTON (Mike Zmuda 52.0, Blake Raun 51.2 Chris Gee 50.9, Zach Frazier 50.7)	3:24.86
5	CEDAR RAPIDS WASHINGTON (Derek Hunt 52.3, Shawn Cox 50.9 Marco Waller 51.4, Dallas Hodges 50.6)	3:25.16
6	CEDAR RAPIDS JEFFERSON (Mike Swick 52.3, Justin Hoxmeier 51.6 Blue Aldridge 52.0, Brian Crandall 50.3)	3:26.17
7	SIOUX CITY HEELAN (Billy Mousel 51.5, Graham Lundt 52.5 Nick Chicoine 51.8, Ryan Block 50.8)	3:26.61

8	LINN-MAR OF MARION (Paul Taylor 52.5, Nick Lindsley 52.1 Matt Janecek 51.9, Wylie Hachey 51.5)	3:27.96
9	PANORAMA OF PANORA (Adam Stringer 53.3, Derek Breitbach 52.8 Ed Meacham 51.1, Paul Engle 51.0)	3:28.24
10	CEDAR FALLS (Matt Cessna 51.8, Brent Dahlstrom 51.1 Kevin Roberts 52.6, Jonathon Zanders 52.9)	3:28.35
11	WEST DELAWARE OF MANCHESTER (Josh Ries 52.1, Brian Klaus 53.3 Brian Appleton 51.8, Nick McCool 51.2)	3:28.46
12	WASHINGTON (Ryne Doughty 52.4, Brad Bender 52.0 Brent Stout 52.2, Austin Mullikin 52.0)	3:28.63
13	FAIRFIELD (Tim McMahon, Matt Hunt Brook Richardson, Cameron Travers)	3:28.72
14	HARLAN (Colby Pash, Ryan Coenen Kevin Kruse, Andy Petersen)	3:29.06
15	DUBUQUE SENIOR (Aaron Herbst, 53.1 Joe Reichle 52.7 Nate Seier, Chris Fecht)	3:30.29
16	NORTH SCOTT OF ELDRIDGE (Steve Fink, Shaun Logan Luke Shaw, Joe Miletich)	3:31.23
17	CEDAR RAPIDS XAVIER (Pete Zach, Zach Burns Nick Weber, Tom Herring)	3:31.83
18	BENTON OF VAN HORNE (Marcus Hemesath 53.4, Zak Miles 53.4 Johnny Rempfe 53.5r, Korey Kriz 52.2)	3:32.52
19	DAVENPORT CENTRAL (Adam Pollard 52.5, Jonathan Jackson 52.1 Jordan Scott 53.5, Landon Murray 54.7)	3:32.89
20	OTTUMWA (Phil Baum 52.6, Tanner Varner 51.8 Alex Swanstrom 54.3, Brian Dyer 55.1)	3:33.84
	WAUKEE (Matt Austin 52.0, Zack Truex 53.0 Brian Conway 54.6, Brad Dreesman 54.5)	3:34.15
22	IOWA CITY WEST (Matt Gabrielson 53.5, Grant Norland 54.2 Ashton Winchel 56.0, Marcus Brooks 53.0)	3:36.62
23	LE MARS (Kyle Miller 54.1, Scott Westphal 54.8 Kelly Greenfield 53.1, Jon Kommes 55.3)	3:37.36
	AMES (Adam Larson 57.3, Luke Lowry 52.0 Ben Lueth 51.6, Kyle Rippey 52.2) dq-#2 broke too soon)-3:33.10	

4x800 Meter Relay Finals

1	VALLEY OF WEST DES MOINES (Zach Brower 1:58.6, Richard Elings 2:00.5 Tyler Fisher 1:59.3, Jason Borseth 1:56.5)	7:54.98
2	IOWA CITY (Colin Swaney 1:57.7, Dave Keitel 2:00.9 Jay Herlein 2:00.3, John Williams 1:59.8)	7:58.78
3	ANKENY (Tyler Strand, Joel Rieken 2:01.5 Matt Harbert, Josh Leonard 1:58.6)	8:03.99
4	LINN-MAR OF MARION (Jeff Worden, Ryan Lindsley Nick Lindsley, Shawn Freese)	8:09.70

5	CEDAR RAPIDS XAVIER (Michael Kuennen 2:01.9, Zach Burns 2:02.6 Joe Holub 2:03.8, Dan Fagan 2:02.2)	8:10.56
6	SIoux CITY HEELAN (Nick Murphy, Dan Rosauer Dustin Jones, Ryan Block)	8:12.85
7	BENTON OF VAN HORNE (Korey Kriz 2:00.8, Zak Miles 2:09.6 Marcus Hemesath 2:02.4, Luke Lenhart 2:06.8)	8:14.56
8	FAIRFIELD (Tim Buch 2:08.3, Justin Pilkington 2:03.9 Matt Hunt 2:01.9, Chaz Arnold 2:02.9)	8:17.04
9	CEDAR FALLS (Joey Robinson 2:05.5, Buddy Velasquez 2:04.1 Mark Larsen 2:06.2, Zach Homewood 2:02.1)	8:17.91
10	GLENWOOD (Nathan Strand, Ryan Camahan Eric Rasmussen, Sam Bristow)	8:21.71
11	DUBUQUE WAHLERT (Peter McNamara 2:09.0, Jeff Friedman 2:04.5 Matt Roling 2:01.0, Dan Corken 2:07.3)	8:21.76
12	AMES (Lincoln Nichols, Casey Winkleblack Levi Nichols, Mat Clark)	8:22.12
13	MONTICELLO (Gabe Ross, Dusty Ross Ryan Liddell, Kevin Balster)	8:22.52
14	TIPTON (Chad Arndt, Andy Kruse Nick Miller, Billy Hoffman)	8:23.88
15	WATERLOO WEST (Nick Anderson, Jesse Brass Charlie Swisher, Landon Treloar)	8:27.58
16	CEDAR RAPIDS KENNEDY (Matt Hable, Rudy Chihak Mike Zimmerman, Jordan Witmer)	8:39.34

Sprint Medley Relay Finals

1	PERRY (Cole Turner, Kirk Dorman Kyle Wehner 49.7, Chris Glick 1:54.2)	3:31.33
2	IOWA CITY (Rob Duwa, Tony Sturgell Ryan Grenko 49.7, John Williams 1:55.3)	3:31.50
3	FORT DODGE (Kyle Messerly, Jordon Crosby Martel Moreland 51.1, Dan Taylor 1:55.7)	3:32.01
4	PLEASANTVILLE (Jeremiah Bender, Brandon Thomas Ben Hayes 52.8, Eric Isley 1:57.6)	3:36.84
5	CENTRAL OF DEWITT (Tyler Driscoll, Michael Marlowe Bill Tague 50.8, Matt Niemann)	3:36.90
6	CEDAR FALLS (John Mershon, Chris Olsen Brent Dahlstrom 50.0, Joey Robinson 1:59.0)	3:37.09
7	CEDAR RAPIDS XAVIER (Jason Sweet, Darius Stewart Tom Herring 53.3, Michael Kuennen 2:01.6)	3:37.15
8	LE MARS (Eric Riedemann, Paul Brown Kelly Greenfield 50.2, Scott Westphal 1:59.8)	3:37.25
9	HLV OF VICTOR (Adam Hawkins, Cory Timm Chad Hinrichs, Phil Cooling 1:59.4)	3:37.52

10	CEDAR RAPIDS WASHINGTON (Derek Hunt, James Barron Marco Waller 50.0, Scott Monroe 2:01.5)	3:37.71
11	BECKMAN OF DYERSVILLE (Zac Scherrman, Mike Koch Kevin Pitz 51.3, Dave Rahe 1:59.2)	3:37.86
12	WATERLOO COLUMBUS (Ben Barnett, Wes Pilkington Cory Scarbrough 52.1, David Mootz 1:57.6)	3:38.30
13	DES MOINES EAST (London Hayes, Rick Weigel Markey Glenn 49.9, Gabe Hibben 2:01.5)	3:38.78
14	MONTICELLO (Gabe Ross, Joel Sauser Andrew McElmeel, Ryan Liddell)	3:38.80
15	FAIRFIELD (Cameron Travers, Brook Richardson Tim McMahon 53.0, Chaz Arnold 1:59.0)	3:39.28
16	BENTON OF VAN HORNE (Brandon Nelson, Johnny Rempfer Marcus Hemesath, Korey Kriz)	3:39.58
17	ADM OF ADEL (Adam Crannell, Jared Weems Justin Zeigler 54.0, Dylan Davis 1:58.3)	3:40.57
18	CLEAR CREEK AMANA OF TIFFIN (Zach Cox, Jacob Wendler Brian Campbell 53.7, Brett Scheetz 1:59.5)	3:40.85
19	NEWTON (David Slykhuis, Scott Elliott Todd Friedman 51.3, Fredric Scoupe 2:02.3)	3:41.72
20	WESTERN DUBUQUE OF EPWORTH (Dan Steffen, Alex Deutmeyer Chad Orr 50.4, Tim O'Connell 2:05.4)	3:42.76
21	CEDAR RAPIDS KENNEDY (Reggie Carter, Doug Ongie Blake Beltreema 51.9, Jordan Witmer 1:58.6)	3:43.13
22	CHARLES CITY (Shawn Sullivan, Jim McIntire Zach Robbins, Greg Offerman)	4:00.22
	VALLEY OF WEST DES MOINES (Jeff Sallee, Jason Scales Phil McCullough, Zach Brower)	DNF
	DUBUQUE SENIOR (Aaron Herbst, Joe Reichle Chris Fecht 51.5, Nate Seier 1:58.3)	DQ-(#1 out of lane)-3:36.14

High Jump Finals

1	Bill McConnaha, West Branch (12)	6'08" (2.03m)
2	Andy Stoecken, Bellevue (12)	6'04" (1.93m)
3	Tyler Ginther, Rockford (11)	6'04" (1.93m)
4	Jaron Van Maanen, Lynnville-Sully (10)	6'04" (1.93m)
4	David Kummer, Cedar Rapids Washington (11)	6'04" (1.93m)
6	Jeff Withoft, Washington (11)	6'02" (1.88m)
6	Shadon Blum, Woodbine (11)	6'02" (1.88m)
6	Daniel Grandon, Dike-New Hartford (12)	6'02" (1.88m)
6	Dusty Kain, Prairie City-Monroe (12)	6'02" (1.88m)
6	Milan Moses, Waterloo East (11)	6'02" (1.88m)
11	Michael Schildberg, Nodaway Valley of Greenfield (12)	6'02" (1.88m)
11	Paul Yaneff, Sioux City Heelan (12)	6'02" (1.88m)
11	Ben Honig, Glenwood (11)	6'02" (1.88m)
14	Blue Aldridge, Cedar Rapids Jefferson (12)	6'02" (1.88m)
14	Dave Higgins, Southern Cal of Lake City (12)	6'02" (1.88m)
14	Adam Glick, Pekin of Packwood (12)	6'02" (1.88m)
	Shaun Logan, North Scott of Eldridge (10)	nh
	Brandon Vonnahme, Carroll (10)	nh
	Andy Anderson, Boone (12)	nh

Jeremy Carson, Independence (12)
 Kiel Huston, Ankeny (12)
 Ryan Niver, Mason City (11)
 Scott Deike, Waverly-Shell Rock (12)

nh	Eichmeier	foul	20'00	20'06.75
nh	McMahon	foul	20'06.25	19'07.50
nh	Bender	20'06	20'05.50	19'08.50
nh	Buck	foul	20'04.75	20'04.75
	Stanley	foul	20'04.25	20'01
	Geerts	19'05	19'11.75	20'03.25
	Kellar	20'03	19'04.50	foul
	Davidson	20'02.50	18'07.25	19'04.50
	Fox	foul	17'09.50	20'02.50
	Dreyer	20'00.50	20'01.25	19'02.25
	Gooch	20'00.50	20'01	19'05.75
	Richardson	foul	19'08.50	foul
	Vesey	19'03.50	18'06.75	19'04
	Gardner	18'00.50	16'04.50	18'07.75

series	6'2"	6'4"	6'6"	6'8"	6'10"
McConnaha	P	OX	X	X	OO
Stoecken	X	X	OOO		
Ginther	OX	X	OOO		
VanMaanen	OX	OOX	OOO		
Kummer	OX	OOX	OOO		
Witthoft	X	OOO			
Blum	X	OOO			
Grandon	X	OOO			
Kain	X	OOO			
Moses	X	OOO			
Schildberg	OX	OOO			
Yanef	OX	OOO			
Honig	OX	OOO			
Aldridge	OOX	OOO			
Higgins	OOX	OOO			
Glick	OOX	OOO			
Logan	OOO				
Vonnahme	OOO				
Anderson	OOO				
Carson	OOO				
Huston	OOO				
Niver	OOO				
Deike	OOO				

Long Jump Finals

1	Adam Haluska, Carroll (12)	23'00.75" (7.03m)
2	Rumel Monk, Des Moines Lincoln (12)	21'08.50" (6.62m)
3	Greg Deal, Iowa City (11)	21'08.50" (6.62m)
4	Michael Bell, Marshalltown (12)	21'04.25" (6.51m)
5	Tommy Elliott, Armstrong-Ringsted (12)	21'04.25" (6.51m)
6	Dustin Baum, Eldora-New Providence (10)	21'02.25" (6.46m)
7	Kelly Greenfield, Le Mars (12)	21'02.25" (6.46m)
8	Austin Till, Central of DeWitt (12)	21'01.50" (6.44m)
9	Josh Leonard, Ankeny (12)	20'08" (6.30m)
10	Cody Eichmeier, AGWSR of Ackley (12)	20'06.75" (6.27m)
11	Zach McMahon, Clinton (12)	20'06.25" (6.25m)
12	Nick Bender, Madrid (10)	20'06" (6.25m)
13	Michael Buck, Creston (10)	20'04.75" (6.22m)
14	Kyle Stanley, Gladbrook-Reinbeck (12)	20'04.25" (6.20m)
15	Nate Geerts, New Hampton (12)	20'03.25" (6.18m)
16	Rickie Kellar, Council Bluffs Lincoln (12)	20'03" (6.17m)
17	Jordan Davidson, Davenport North (11)	20'02.50" (6.16m)
18	Ken Fox, Davenport West (12)	20'02.50" (6.16m)
19	Mike Dreyer, Farragut (11)	20'01.25" (6.13m)
20	Andre Gooch, Davenport West (12)	20'01" (6.12m)
21	Brook Richardson, Fairfield (12)	19'08.50" (6.01m)
22	Alvin Vesey, Bettendorf (11)	19'04" (5.89m)
23	Jerry Gardner, Collins-Maxwell-Baxter (11)	18'07.75" (5.68m)
	Aaron Herbst, Dubuque Senior (12)	fouls

series	22'06.50	22'08	foul	22'05	22'11.50	23'00.75
Haluska	22'06.50	22'08	foul	22'05	22'11.50	23'00.75
Monk	21'04	21'07.50	foul	21'02.25	foul	21'08.50
Deal	21'08.50	21'03.50	20'09	21'02.25	20'07	foul
Bell	21'00.50	21'03.25	foul	21'03.50	20'07.75	21'04.25
Elliott	foul	foul	21'04.25	foul	20'04	foul
Baum	21'00	21'02.25	20'06.75	foul	20'08.50	21'00.25
Greenfield	20'07.50	20'08.75	19'09	20'02.25	20'04.25	21'02.25
Till	foul	20'10.50	21'01.50	20'05.25	20'05.50	20'05.25
Leonard	20'03.50	21'08	20'07			

Shot Put Finals

1	Shane Maier, Storm Lake (11)	56'07.25" (17.25m)
2	Brandon Franklin, Des Moines Hoover (11)	55'01.50" (16.80m)
3	Matt Ramler, Western Dubuque of Epworth (12)	54'10.50" (16.73m)
4	Rob Hayes, Maquoketa (12)	54'02.25" (16.52m)
5	Chris Harrison, South Tama of Tama (12)	53'09.50" (16.40m)
6	Chase Rogers, Marshalltown (11)	53'06.50" (16.32m)
7	Darryl Hunter, Dowling of West Des Moines (11)	53'05.50" (16.29m)
8	Lucas Schossow, Galva-Holstein (12)	52'09.75" (16.10m)
9	Chris Hopkins, Denison-Schieswig (12)	52'07.75" (16.05m)
10	Pete Scharff, Northeast of Goose Lake (12)	52'05.50" (15.99m)
11	Taylor Strube, Emmetsburg-Graettinger (11)	52'01.50" (15.89m)
12	Mitch Fields, Tipton (12)	52'00.50" (15.86m)
13	Adam Walsh, Emmetsburg-Graettinger (12)	51'09.250" (15.78m)
14	Kevin McVey, Bettendorf (12)	51'02.25" (15.60m)
15	Alex Wilcox, Valley of West Des Moines (11)	50'09.50" (15.48m)
16	Aaron Brant, Dubuque Wahlert (11)	50'02.50" (15.30m)
17	Nick Schueller, Western Dubuque of Epworth (11)	50'02.50" (15.30m)
18	Cody Lees, Burlington (11)	49'10.50" (15.20m)
19	Tyler Rawlins, Newton (12)	49'09.25" (15.17m)
20	Chris Felder, Oelwein (12)	49'05.25" (15.07m)
21	Chris Blackwell, Dubuque Hempstead (12)	49'02.75" (15.01m)
22	Munib Sana, Sioux City North (11)	47'09.25" (14.56m)
23	Eric Hentges, Le Mars (11)	47'00.00" (14.33m)
24	Darek Brenneman, Benton of Van Home (12)	46'02" (14.07m)

series	51'04.50	56'07.25	56'02.50	52'11.75	55'07.25	foul
Maier	51'04.50	56'07.25	56'02.50	52'11.75	55'07.25	foul
Franklin	54'10	55'01.50	foul	50'06	51'10.25	53'11
Ramler	foul	54'10.50	foul	foul	foul	foul
Hayes	49'10.25	54'02.25	foul	50'07.25	foul	51'03.25
Harrison	50'03	51'08.25	53'09.50	52'11	foul	51'01.25
Rogers	48'11.75	53'06.25	52'03.75	51'11.75	foul	foul
Hunter	51'08.25	52'03.50	53'05.50	51'04.50	52'02	50'02
Schossow	51'04.25	51'04.25	52'08	52'09.75	foul	foul
Hopkins	51'02	foul	52'07.75			
Scharff	50'04	52'05.50	51'10.50			
Strube	50'09	52'01.50	foul			
Fields	50'03	52'00.50	51'03			
Walsh	50'01.75	51'09.50	51'07.50			
McVey	51'02.25	foul	foul			
Wilcox	49'10	50'07	50'09.50			
Brant	50'02.50	49'11.25	foul			
Schueller	50'02.50	foul	49'10			
Lees	49'09	48'01.75	49'10.50			
Rawlins	foul	49'09.25	48'06.25			
Felder	48'05.25	foul	49'05.25			
Blackwell	48'04.50	49'02.75	47'01.50			
Sana	47'09.25	45'05	47'00			
Hentges	47'00	46'10.50	45'08.25			
Brenneman	43'11.75	46'02	44'06.75			

Discus Finals

1	Dan McCain, Des Moines Roosevelt	166'00" (50.60m)
2	Tom Schmelling, Atlantic (11)	164'09" (50.22m)
3	Clint Huntrods, Collins-Maxwell-Baxter (11)	164'00" (49.99m)
4	Matt Ramler, Western Dubuque of Epworth (12)	163'07" (49.86m)
5	Aaron Brant, Dubuque Wahlert (11)	163'05" (49.81m)
6	Seth Zehr, Fort Dodge (12)	160'06" (48.92m)
7	Chris Collier, Le Mars (12)	159'00" (48.46m)
8	Rob Hayes, Maquoketa (12)	154'03" (47.02m)
9	A J Schable, Battle Creek-Ida Grove (12)	153'07" (46.81m)
10	Brandon Franklin, Des Moines Hoover (11)	153'02" (46.69m)
11	Chris Hopkins, Denison-Schleswig (12)	152'07" (46.51m)
12	Tim Polehna, Cedar Rapids Kennedy (12)	152'06" (46.48m)
13	Chase Madison, Newton (10)	152'00" (46.33m)
14	Warren McDuffie, Iowa City (12)	150'04" (45.82m)
15	Lucas Schossow, Galva-Holstein (12)	149'07" (45.59m)
16	Mitch Fields, Tipton (12)	144'10" (44.15m)
17	A.J. Prins, Sibley-Ocheyedan (9)	144'09" (44.12m)
18	Andrew Geil, Keota (12)	143'07" (43.76m)
19	Nick Fynaardt, Pella Christian (11)	143'06" (43.74m)
20	Jared Modlin, Newton (11)	140'04" (42.77m)
21	Brett Engle, Sioux City Heelan (11)	136'00" (41.45m)
22	Dustin Thorson, St. Ansgar (10)	130'06" (39.78m)
23	Dan Kudron, Boone (12)	127'10" (38.96m)
24	Stewart Nelson, Johnston (11)	121'10" (37.13m)

series

McCain	158'10	foul	150'08	139'00	155'06	166'00
Schmelling	146'02	153'00	164'09	foul	foul	152'10
Huntrods	151'11	164'01	120'02	159'07	161'08	159'00
Ramler	148'02	163'07	152'09	149'04	144'09	foul
Brant	151'06	163'05	158'00	foul	155'07	150'10
Zehr	151'06	160'06	155'03	143'00	155'00	131'07
Collier	152'10	148'06	157'08	foul	152'00	159'00
Hayes	154'03	foul	140'07	147'06	foul	foul
Schable	foul	132'04	153'07			
Franklin	foul	foul	153'02			
Hopkins	152'07	144'01	foul			
Polehna	152'06	foul	144'10			
Madison	147'00	152'01	140'06			
McDuffie	150'04	foul	foul			
Schossow	141'04	147'06	149'07			
Fields	134'10	foul	144'10			
Prins	144'03	144'09	142'08			
Geil	143'07	116'04	136'00			
Fynaardt	141'08	143'06	foul			
Modlin	foul	foul	140'04			
Engle	foul	136'00	128'06			
Thorson	130'06	123'02	foul			
Kudron	foul	100'02	127'10			
Nelson	foul	foul	121'10			

GIRLS RESULTS

100 Meter Dash Finals Wind: -3.3 M/S

1	Meredith Kosmacek, Tri-Center of Neola (10)	12.73
2	Laneisa Waller, Cedar Rapids Washington (10)	12.76
3	Audra Bark, Central of DeWitt (12)	12.87
4	Tenika Smith, Cedar Rapids Jefferson (11)	12.90
5	Lauren Cummings, Ankeny (10)	13.01
6	Ashley Granger, Northern Iowa of Cedar Falls (10)	13.07
7	Sarah Riedel, Muscatine (12)	13.20
8	Stacy Lawrence, Clinton (12)	13.31

Heat 1 Wind: -0.4 M/S

1	Meredith Kosmacek, Tri-Center of Neola (10)	12.51 Q
2	Lauren Cummings, Ankeny (10)	12.84 q
3	Beth Michael, Marshalltown (12)	13.04
4	Allie Splinter, Dubuque Hempstead (12)	13.10
5	Miriam Chisala, Des Moines Roosevelt (10)	13.14
6	Shannon Burge, Bettendorf (9)	13.21
7	Megan White, Waukee (11)	13.25
8	Alicia Graber, Newton (12)	13.32

Heat 2 Wind: -1.9 M/S

1	Laneisa Waller, Cedar Rapids Washington (10)	12.79 Q
2	Katie Paulson, Ottumwa (10)	13.16
3	Lynnette Wilson, Cedar Rapids Kennedy (11)	13.20
4	Lorilyn Vogel, Unity Christian of Orange City	13.21
5	Chelsea Kaczmarek, Davenport Assumption (11)	13.24
6	Danielle Brooks, Grinnell HS (11)	13.43
7	Whitney Sayre, Panorama of Panora (9)	13.48
8	Stacy Butt, Northeast of Goose Lake (10)	13.50

Heat 3 Wind: +1.1 M/S

1	Audra Bark, Central of DeWitt (12)	12.57 Q
2	Tenika Smith, Cedar Rapids Jefferson (11)	12.77 q
3	Ashley Granger, Northern Iowa of Cedar Falls (10)	12.90 q
4	Kelsea Cannon, Clarke of Osceola (11)	12.94
5	Lauren Osborne, Atlantic (10)	13.11
6	Lindsay Smith, New London (10)	13.30
7	Crystal Williamson, Aplington-Parkersburg (10)	13.32
8	Laura Nanninga, Tri-Center of Neola (11)	13.35

Heat 4 Wind: -0.5 M/S

1	Sarah Riedel, Muscatine (12)	12.86 Q
2	Stacy Lawrence, Clinton (12)	12.91 q
3	Shatrece Burt, Cedar Falls (10)	12.91
4	Laura Northway, Springville (11)	12.97S
5	Elizabeth Matzen, Iowa City (12)	13.04
6	Danielle Hutchinson, Mount Pleasant (11)	13.17
7	Stephanle Stratton, Clear Creek Amana of Tiffin (12)	13.30
8	Tracey Marlow, Pella (9)	13.66

800 Meter Run Finals

1	Katy Grady, Le Mars (12)	2:13.29 J
2	Kristin Hansen, Okoboji of Milford (12)	2:13.30 J
3	Ellen Ries, North Linn of Troy Mills (9)	2:13.93 J
4	Lynn Dobyms, Iowa City West (11)	2:15.24
5	Allison Werner, Mount Pleasant (11)	2:15.56
6	Abby Jones, Williamsburg (11)	2:17.47
7	Audrey Lickhart, Sheldon (12)	2:18.66
8	Krystle Cordes, Dike-New Hartford (12)	2:19.67
9	Amy Garrett, Southeast Polk of Runnells (11)	2:20.70
10	Mary Bridget Corken, Dubuque Wahlert (9)	2:21.20
11	Sara Fassbinder, Dubuque Wahlert (10)	2:22.35
12	Alyson Siegrist, West Hancock of Britt (9)	2:24.55
13	Abby Wiese, North Scott of Eldridge (11)	2:25.58
14	Jessica Levin, Cedar Rapids Xavier (9)	2:33.47
	Jeni Frudden, Iowa City West (12)	DNS
	Robyn Werner, Mount Pleasant (11)	DNS

3000 Meter Run Finals

1	Jenny Funk, Iowa City (11)	9:56.31 J
2	Kristin Hansen, Okoboji of Milford (12)	10:04.36 J
3	Sara Fassbinder, Dubuque Wahlert (10)	10:17.81 J
4	Robdu Adam, Iowa City West (11)	10:28.46
5	Julia Frudden, Iowa City West (9)	10:31.26
6	Shannon Oster, Cedar Rapids Washington (11)	10:38.03
7	Nina Hoppenjan, Dubuque Wahlert (11)	10:38.57

8	Mary Bridget Corken, Dubuque Wahlert (9)	10:40.47
9	Traci Hawley, Ames (10)	10:40.61
10	Betsy Ellismore, Iowa City (11)	10:41.14
11	Janet Dobyms, Iowa City West (9)	10:41.60
12	Mairead Kelly, Forest City (10)	10:43.06
13	Quinn Vermie, Southeast Polk of Runnells (11)	10:46.92
14	Melissa Jay, Ottumwa (10)	10:47.82
15	Kate Greer, Marshalltown (11)	10:48.32
16	Rachel O'Connor, Northeast of Goose Lake (12)	10:50.27
17	Terran Wertz, Williamsburg (10)	10:51.70
18	Shirley Stern, Iowa City West (11)	10:55.05
19	Aimee Nielsen, Mason City (12)	10:55.49
20	Beth Whalen, Bettendorf (10)	10:56.11
21	Mackenzie Madison, Ankeny (10)	10:57.39
22	Randi Burns, Starmont of Arlington (12)	11:09.21
23	Marcy Rahn, Clear Creek Amana of Tiffin (10)	11:16.49
	Ashley Culp, Valley of West Des Moines (11)	DNS
	Jeni Frudden, Iowa City West (12)	DNS

100 Meter Hurdles Finals Wind: -4.2 M/S

1	Sara Boisen, Valley of West Des Moines (11)	15.06
2	Kayla Sautter, Mason City (11)	15.07
3	Jessie Walker, Jefferson-Scranton (12)	15.49
4	Kara Yahn, Clinton (11)	15.62
5	Kelsey Grindle, Charter Oak-Ute (11)	15.62
6	Laura Nanninga, Tri-Center of Neola (11)	15.63
7	Crystal Hanson, Roland-Story (11)	15.72
8	Laura Tomes, Sioux City East (11)	15.88

Heat 1 Wind: +0.2 M/S

1	Jessie Walker, Jefferson-Scranton (12)	15.10 Q
2	Sara Boisen, Valley of West Des Moines (11)	15.12 Q
3	Laura Nanninga, Tri-Center of Neola (11)	15.29 Q
4	Laura Tomes, Sioux City East (11)	15.34 Q
5	Sarah Wemimont, Atlantic (10)	15.80
6	Jill Bouma, Unity Christian of Orange City (12)	15.97
7	Megan Nieman, West Delaware of Manchester (12)	16.24
8	Lindsay Freeman, Iowa City West (9)	16.88

Heat 2 Wind: -1.0 M/S

1	Kelsey Grindle, Charter Oak-Ute (11)	15.35 Q
2	Alysa Klein, Okoboji of Milford (10)	15.59
3	Maya Monitto-Webber, Iowa City (11)	15.88
4	Amanda Faas, Cedar Rapids Washington (12)	15.96
5	Aimee Rasmusson, Cedar Falls (11)	16.09
6	Ashley Nally, Bedford (12)	16.19
7	Tessa Pratt, Urbandale (11)	16.56
8	Michelle Pelzer, West Liberty (10)	16.67

Heat 3 Wind: -1.6 M/S

1	Kayla Sautter, Mason City (11)	14.88 Q
2	Kara Yahn, Clinton (11)	15.24 Q
3	Crystal Hanson, Roland-Story (11)	15.30 Q
4	Cali Lyons, Dubuque Hempstead (10)	15.90
5	Haley Sinn, Mount Pleasant (11)	15.93
6	Alicia Whisner, ADM of Adel (11)	16.03
7	Carrie Yaley, Fort Madison (12)	16.36
8	Jocelyn Thurston, Cedar Falls (11)	16.43

Heat 4 Wind: -1.4 M/S

1	Staci Vander Berg, Okoboji of Milford (11)	15.42
2	Stacy Boerema, Clinton (12)	15.57
3	Nikki Gruber, Pocahontas Area (12)	15.63
4	Nicole Carroll, Mason City (10)	15.63
5	Emily Triplett, Iowa City (10)	16.03
6	Jacquelyn Schmidt, Laurens-Marathon (9)	16.04
7	Lorilyn Vogel, Unity Christian of Orange City	16.07
8	Mackenzie Heston, Ankeny (11)	16.16

400 Meter Hurdles Finals

1	Sara Boisen, Valley of West Des Moines (11)	1:04.31
2	Jessica Klett, Starmont of Arlington (12)	1:06.08
3	Deb Durey, West Delaware of Manchester (10)	1:06.45
4	Amanda Faas, Cedar Rapids Washington (12)	1:06.62
5	Steph Arey, West Hancock of Britt (11)	1:06.74
6	Katy Fraga, Iowa City (12)	1:07.27
7	Ashley Letze, Des Moines East (10)	1:07.36
8	Ashley Wilson, Urbandale (12)	1:08.62

4x100 Meter Relay Finals

1	CEDAR FALLS (Adelle Close, Mattie Thompson Danielle Barkema, Shatrece Burt)	49.84
2	VALLEY OF WEST DES MOINES (Aubrie Fontanini, Allie Cade Alisa Scarrow, Lacy Brunette)	50.18
3	ANKENY (Haley Younger, Kylie Lago Jenna Lago, Lauren Cummings)	50.53
4	CEDAR RAPIDS WASHINGTON (Carrie Boyle, Brandy Olson Ashley Edmunds, Laneisa Waller)	50.67
5	IOWA CITY (Camille Jordan, Heaven Tutson Maya Monitto-Webber, Elizabeth Matzen)	50.93
6	MARSHALLTOWN (Allison Burns, Kalynn Rowley Sarah Otten, Beth Michael)	51.05
7	CENTRAL OF DEWITT (Ashley Baxter, Katie Novak Kelsey Steffens, Audra Bark)	51.56
8	DOWLING OF WEST DES MOINES (Christie Scott, Jamie Powers Maggie Dohrman, Kathleen Ramirez)	52.15

Heat 1

1	CEDAR FALLS (Adelle Close, Mattie Thompson Danielle Barkema, Shatrece Burt)	50.29 Q
2	ANKENY (Haley Younger, Jenna Lago Kylie Lago, Lauren Cummings)	50.40 Q
3	MARSHALLTOWN (Allison Burns, Kalynn Rowley Sarah Otten, Beth Michael)	51.13 Q
4	IOWA CITY (Camille Jordan, Heaven Tutson Maya Monitto-Webber, Elizabeth Matzen)	51.28 Q
5	TRI-CENTER OF NEOLA (Amy Nanninga, Meredith Kosmacek Missy Bamier, Laura Nanninga)	52.42
6	MOUNT PLEASANT (Danielle Hutchinson, Stephanie Bengé Steph Park, Haley Sinn)	52.55
7	NORTHEAST OF GOOSE LAKE (Angie Adrian, Karleen Meggers Kim Eskildsen, Stacy Butt)	53.44
	SIoux CITY WEST	DNS

Heat 2

1	CEDAR RAPIDS WASHINGTON (Carrie Boyle, Brandy Olson Ashley Edmunds, Laneisa Waller)	51.33 Q
2	CEDAR RAPIDS JEFFERSON (Katie Cooper, Ashley Havicek Leslie Tiedtke, Tenika Smith)	51.98
3	DUBUQUE WAHLERT (Amanda Reiss, Jackie Pepin Rachel Alt, Stephanie Herbst)	52.52
4	MUSCATINE (Sarah Adkins, Sarah Eichelberger McKinsie Williams, Sarah Riedel)	52.67
5	COLUMBUS OF COLUMBUS JUNCTION (Ashley Oris, Nicole Stewart Amanda Schweitzer, Mackenzie Meyerholz)	53.26
6	FOREST CITY (Josi Askvig, Heather DeWaard Mindy Twait, Haleigh Overson)	53.42
7	CENTER POINT-URBANA (Niki Staskal-Brecht, Laura Rhoads Aimee Staskal-Brecht, Jenny Buelow)	53.54
8	MASON CITY (Jennifer Low, Nicole Carroll Andrea Sellers, Kayla Sautter)	54.13

Heat 3

1	VALLEY OF WEST DES MOINES (Aubrie Fontanini, Allie Cade Alisa Scarrow, Lacy Brunette)	50.71 Q
2	DOWLING OF WEST DES MOINES (Christie Scott, Jamie Powers Maggie Dohman, Kathleen Ramirez)	51.40 Q
3	CENTRAL OF DEWITT (Ashley Baxter, Katie Novak Kelsey Steffens, Audra Bark)	51.70 Q
4	SIOUX CITY HEELAN (Sheena Wright, Megan Iverson Jenni Jones, Brooke Niles)	52.09
5	CEDAR RAPIDS PRAIRIE (Andrea Jansa, Danielle Salwey Sadie White, Amber Schilling)	52.68
6	CEDAR RAPIDS XAVIER (Jamie Spoden, Abby Zipperer Dani Anderson, Jenny Lorensen)	52.77
7	BETTENDORF (Shannon Burge, Alex Hemberger Jenny Eisenlauer, Elise Watts)	52.80
8	WAUKEE (Megan White, Chelsy Kemmet Jaymi Kragel, Carrie Embree)	55.42

4x400 Meter Relay Finals

1	ATLANTIC (Steph Jacobs 62.1, Michelle Allen 61.8 Lauren Osborne 63.2, Cortney Jacobs 56.1)	4:03.48
2	IOWA CITY (Kelsie Full 62.4, Katie Krei 60.9 Meggan Reed 61.3, Monica Mims 60.1)	4:04.26
3	CEDAR RAPIDS PRAIRIE (Ashley Baird 61.9, Sondra Vasquez 62.2 Laura Carver 60.2, Debbie Akerly 60.1)	4:04.37
4	IOWA CITY WEST (Nicole Novak 61.3, Amanda Judisch 63.6 Lindsey Windauer 60.2, Lynn Dobyons 59.6)	4:04.75

5	LINN-MAR OF MARION (Nicole Novy 62.2, Marissa Becker 62.8 Brooke Rhatigan 60.3, Ashley Williams 59.6)	4:04.89
6	OTTUMWA (Brandie Moore 62.6, Melissa Ebelseiser 61.1 Ashley Spurgeon 61.2, Katie Paulson 60.1)	4:05.06
7	CHARLES CITY (Kristyn Ferris, Sheena Sullivan Kari Hutchinson, Jamie Hutchinson)	4:06.08
8	NEVADA (Kalli Olson 61.6, Katie Jennings 60.9 Bret Mortvedt 63.7, Alicia Buck 60.8)	4:07.00
9	VALLEY OF WEST DES MOINES (Sarah Cunningham 61.4, Alisa Scarrow 62.3 Sarah Best 62.7, Sara Boisen 60.7)	4:07.13
10	SHELDON (Audrey Lickhart 58.0, Kara Asherl 61.6 Jodi Trei 64.4, Michelle Kirschbaum 63.1)	4:07.34
11	DOWLING OF WEST DES MOINES (Allie Thrall 61.6, Kathleen Ramirez 62.5 Anne Abramovich 62.3, Kristen Reavis 62.0)	4:08.41
12	NORTH LINN OF TROY MILLS (Emily Broghammer 63.8, Chelsey Martin 64.7 Ellen Ries 60.7, Kara Robinson 59.6)	4:08.70
13	DUBUQUE HEMPSTEAD (Allie Splinter 63.4, Amber Ruden 63.8 Beth Morrow 61.5, Racheal Kueter 61.6)	4:10.31
14	DAVENPORT ASSUMPTION (Kaitlin Schneden 63.6, Suzy Stelk 61.7 Molly Harris 65.7, Chelsea Kaczmarek 59.9)	4:10.96
15	COUNCIL BLUFFS ST. ALBERT (Catie O'Malley 63.5, Eve Johnson 62.1 Justin Olsen 65.0, Laura Sawatzke 62.0)	4:12.67
16	CASCADE (Jacque Coyle 65.4, Ali Hosch 60.9 Lisa Coyle 62.5, Katie Knapp 64.0)	4:12.85
17	CEDAR FALLS (Ashley Barkema 62.7, Kira Anderson 63.8 Mattie Thompson 63.3, Chelsey Dempster 63.4)	4:13.20
18	SIOUX CITY NORTH (Sara Schoenfosh 64.3, Carrie Cole 61.0 Katie Yockey 65.6, Britni Persinger 62.9)	4:13.83
19	URBANDALE (Ashley Wilson 64.4, Allison Ripperger 61.6 Dana Hanson 63.2, Kristin Mollman 64.7)	4:13.87
20	HARLAN (Leah Koesters, Amanda Cairney Whitney Fowler, Linnea Hopp)	4:14.22
21	DENISON-SCHLESWIG (Kalin Kliver 62.7, Liz Glenn 64.9 Emily Haase 65.1, Liz Peterson 62.4)	4:15.15
22	BENTON OF VAN HORNE (Cameron Jacobson 63.7, Lacey Ritscher 62.7 Katie Prusha 66.7, Ashley Swick 63.7)	4:16.19
23	CLINTON (Angie Hensel, Shannon Parker Sara Deters, Stacy Lawrence)	4:16.32
24	UNITY CHRISTIAN OF ORANGE CITY (Melissa Eekhoff, Lorilyn Vogel Ranae Hoekstra, Kate Lesage)	4:16.76
25	TIPTON (Katie Wagner 63.7, Kaylee Kotz 62.9 Megan Mathias 66.9, Carrie Larson 64.0)	4:17.55
26	ANKENY (Danielle Leo 64.0, Katie Fuchtman 64.4 Michelle Gee 64.6, Dawn Caffrey 65.1)	4:17.67

27	PLEASANT VALLEY (Lauren Carruthers 62.6, Jen Wendt 63.5 Sarah Jeffrin 64.7, Lindsey VenHorst 67.4)	4:17.85
28	MAQUOKETA VALLEY OF DELHI (Erin Williams 65.1, Lynn Netzger 63.0 Kelli Dabroski 65.3, Angie Dircks 64.5)	4:17.89
29	MOUNT PLEASANT (Cherie Nichting 62.7, Steph Park 67.1 Elaine Mertheni 67.6, Emily Petzelka 62.3)	4:19.72
30	CEDAR RAPIDS XAVIER (Erin Penticoff, Jessica Levin Abby Zipperer, Dani Anderson)	4:20.14
31	SOUTHEAST POLK OF RUNNELLS (Megan Curryn 63.2, Nicole Phipps 65.6 Quinn Vermie 67.8, Amy Garrett 64.3)	4:20.95
32	CENTRAL OF DEWITT (Lyndsey Weller, Sarah Leners Kelly Menneke, Katie Novak)	4:21.55

4x800 Meter Relay Finals

1	IOWA CITY (Monica Mims 2:21.9, Nelle Trefz 2:20.4 Jenny Funk 2:22.6, Meggan Reed 2:20.5)	9:25.35
2	IOWA CITY WEST (Julia Frudden 2:26.7, Robdu Adam 2:27.4 Janet Dobyns 2:27.2, Lynn Dobyns 2:18.0)	9:39.28
3	MOUNT PLEASANT (Jill Moeller, Robyn Werner Sarah Ita, Allison Werner 2:14.9)	9:39.66
4	CEDAR FALLS (Cassie Naaktgeboren 2:26.5, Lyssa Steckelberg 2:27.9 Samantha Nygren 2:25.7, Jess Bates 2:20.3)	9:40.46
5	DUBUQUE WAHLERT (Nina Hoppenjan, Sara Fassbinder Tess Miller, Mary Bridget Corken 2:20.4)	9:42.26
6	CEDAR RAPIDS XAVIER (Erin Penticoff 2:25.8, Jessica Levin 2:37.6 Kristin Jennings 2:21.7, Megan Glover 2:22.7)	9:47.76
7	CEDAR RAPIDS WASHINGTON (Kelly Baustian, Zoe Marquardt Suzanne Crumley, Shannon Oster)	9:50.13
8	COUNCIL BLUFFS ST. ALBERT (Catie O'Malley, Laura Sawatzke Sarah Hamling, Eve Johnson)	9:50.54
9	WILLIAMSBURG (Terran Wertz 2:23.3, Abby Jones 2:23.7 Amanda Stecker, Annie Jones)	9:54.27
10	PLEASANT VALLEY (Maggie Schnackel, Karina Carson Ellen Hart, Jen Wendt)	9:56.06
11	TIPTON (Katie Wagner, Stephanie King Megan Mathias, Carrie Larson)	9:57.20
12	SOUTHEAST POLK OF RUNNELLS (Quinn Vermie, Nicole Phipps Sarah Mills, Amy Garrett)	9:58.99
13	VALLEY OF WEST DES MOINES (Lauren Hill, Lisa Moser Caroline Bredeson, Larisa Nordstrom)	10:19.77
14	BENTON OF VAN HORNE (Katie Prusha, Chloe Millward Abby Luther, Mami Olson)	10:33.16
	NORTH LINN OF TROY MILLS (Amanda Maas, Chelsey Martin Emily Broghammer, Ellen Ries)	dnf

Sprint Medley Relay Finals

1	ATLANTIC (Ashley Hayes, Kristen Burkhart Lauren Osborne, Cortney Jacobs 57.8)	1:52.00
2	CEDAR RAPIDS PRAIRIE (Danielle Salwey, Amber Schilling Laura Carver, Debbie Akerly 63.2)	1:52.82
3	IOWA CITY (Camille Jordan, Elizabeth Matzen Katie Krei, Monica Mims 59.5)	1:53.04
4	MOUNT PLEASANT (Danielle Hutchinson, Lindsay Scott Haley Sinn, Allison Werner)	1:53.10
5	CEDAR FALLS (Adelle Close, Mattie Thompson Shatrece Burt, Ashley Barkema 60.3)	1:53.70
6	WAUKEE (Megan White, Jaymi Kragel Carrie Embree, Chelsy Kemmet 60.4)	1:54.73
7	CENTRAL OF DEWITT (Ashley Baxter, Katie Novak Kelsey Steffens, Audra Bark 61.1)	1:56.04
	CEDAR RAPIDS WASHINGTON (Carrie Boyle, Ashley Edmunds Laneisa Waller, Brandy Olson 63.2)	dnf-(3-4 out of zone)-1:56.48

E. Wayne Cooley Shuttle Hurdle Relay

1	IOWA CITY (Emily Triplett, Tara Whiting Katy Fraga, Maya Monitto-Webber)	1:03.53
2	CEDAR FALLS (Aimee Rasmusson, Jenna Richtsmeier Emily White, Jocelyn Thurston)	1:04.74
3	CLINTON (Kara Yahn, Angie Hensel Erica Dennis, Stacy Boerema)	1:04.96
4	SIOUX CITY EAST (Laura Tomes, Laura Brouwer Chauntee Alfredson, Katie O'Byrne)	1:05.17
5	WEST DELAWARE OF MANCHESTER (Megan Nieman, Abby Lahr Amy Klostermann, Deb Durey)	1:05.52
6	DUBUQUE HEMPSTEAD (Stacy Stender, Nichole Schnee Leah Timmerman, Cali Lyons)	1:05.82
7	CENTRAL OF DEWITT (Ashley Baxter, Sarah Leners Samantha Rathje, Kelsey Steffens)	1:06.72
8	MASON CITY (Nicole Carroll, Danielle Hill Andrea Sellers, Kayla Sautter)	1:06.75
9	VALLEY OF WEST DES MOINES (Lindsay Anderson, Meggie Kanis Nora Liebergesell, Ashley Coningsby)	1:07.89
10	BURLINGTON (Hannah Luttenegger, Emily Ita Torie Wischmeier, Kellie Huckins)	1:09.15
	OSKALOOSA (Ashley Moore, Angela Tapley Chanelle Trowbridge, Jennifer Snowbarger)	dnf-(#3 out of zone)1:05.78
	OKOBOJI OF MILFORD (Alysa Klein, Tricia Kremmin Tiffany Fisk, Staci Vander Berg)	dnf-(#2 out of zone)-1:10.65

High Jump Finals

1	Stacy Boerema, Clinton (12)	5'07" (1.70m)
2	Ashley Freeman, Council Bluffs Lincoln (12)	5'06" (1.68m)
3	Jenni Elbert, Laurens-Marathon (10)	5'06" (1.68m)
4	Crystal Hanson, Roland-Story (11)	5'04" (1.63m)
5	Ashlee Dickinson, Interstate 35 of Truro (12)	5'04" (1.63m)
6	Jo Lynn Legg, South Tama of Tama (12)	5'02" (1.57m)
7	Laura Tomes, Sioux City East (11)	5'02" (1.57m)
7	Halley Carlson, Interstate 35 of Truro (10)	5'02" (1.57m)
7	Carman Cox, Red Oak (12)	5'02" (1.57m)
10	Kristan Shanks, Fort Dodge St. Edmond (12)	5'02" (1.57m)
10	Katy Grady, Le Mars (12)	5'02" (1.57m)
12	Stephanie Bacan, St. Mary's of Remsen (12)	5'02" (1.57m)
12	Rachel Sippy, Cedar Rapids Prairie (11)	5'02" (1.57m)
14	Amy Kleinsmith, Mount Vernon-Lisbon (10)	5'00" (1.52m)
15	Emily Kinning, Pleasant Valley (12)	5'00" (1.52m)
15	Angie Hensel, Clinton (11)	5'00" (1.52m)
15	Alison Dirks, Iowa City West (9)	5'00" (1.52m)
18	Ashley Blome, Panorama of Panora (12)	5'00" (1.52m)
	Amanda Brodsack, Cedar Rapids Prairie (9)	NH

series	5'0"	5'2"	5'4"	5'6"	5'7"	5'8"
Boerema	X	X	X	OX	X	OOO
Freeman	X	X	OX	OX	OOO	
Elbert	X	OX	X	OOX	OOO	
Hanson	X	OX	X	OOO		
Dickinson	X	X	OX	OOO		
Legg	X	X	OOO			
Tomes	X	OX	OOO			
Carlson	X	OX	OOO			
Cox	X	OX	OOO			
Shanks	OX	OX	OOO			
Grady	OX	OX	OOO			
Bacan	X	OOX	OOO			
Sippy	X	OOX	OOO			
Kleinsmith	X	OOO				
Kinning	OX	OOO				
Hensel	OX	OOO				
Dirks	OX	OOO				
Blome	OOX	OOO				
Brodsack	OOO					

Long Jump Finals

1	Angie Hensel, Clinton (11)	18'11.50" JR (5.78m)
2	Brie Penaluna, Northern Iowa of Cedar Falls (12)	18'04.50" (5.60m)
3	Laneisa Waller, Cedar Rapids Washington (10)	18'01" (5.51m)
4	Amy Wulfekuhler, Storm Lake (11)	17'07.75" (5.38m)
5	Ashley Nally, Bedford (12)	17'02" (5.23m)
6	Laura Tomes, Sioux City East (11)	17'02" (5.23m)
7	Stacy Butt, Northeast of Goose Lake (10)	16'08.25" (5.09m)
8	Sheena Sullivan, Charles City (11)	16'06.75" (5.05m)
9	Liz Huntley, Iowa City West (10)	16'06.25" (5.04m)
10	Elara Hopkins, Roland-Story (11)	16'06" (5.03m)
11	Lorilyn Vogel, Unity Christian of Orange City	16'04" (4.98m)
12	Aimee Rasmusson, Cedar Falls (11)	16'02.25" (4.93m)
13	Tracy Marlow, Pella (11)	16'01.25" (4.91m)
14	Abbie Bagenstos, Galva-Holstein (10)	16'00.75" (4.90m)
15	Natalie Miller, Solon (11)	15'10.50" (4.84m)
16	Traci Priebe, Sumner (9)	15'09.75" (4.82m)
17	Cortney Jacobs, Atlantic (10)	15'09.50" (4.81m)
18	Kasey McDaniel, Spencer (11)	15'09.25" (4.81m)
19	Elise Henson, Davenport West (9)	15'08.50" (4.79m)
20	Jennifer Green, Waverly-Shell Rock (9)	15'06" (4.72m)

Haley Sinn, Mount Pleasant (11)	fouls
Lindsay Wiebers, Denison-Schleswig (9)	dnc
Stacy Boerema, Clinton (12)	dnc

*-DRAKE RELAYS RECORD--old mark, 18'08.50", Tashika Lewis, Des Moines North, 1994.

series	foul	18'04.25	18'01.50	17'00.75	17'03	18'11.50
Hensel	foul					
Penaluna	foul	foul	17'04.25	17'09.75	18'04.50	14'11.25
Waller	18'01	foul	foul	fou	foul	17'06.75
Wulfekuhler	foul	17'06	17'00.50	16'01.50	17'07.75	16'11.50
Nally	16'07.25	17'02	16'02.25	17'00.75	16'05.75	16'10.25
Tomes	17'02	15'09	15'10.50	foul	16'02.50	16'09
Butt	foul	16'03.75	16'06.75	foul	16'01	16'08.25
Sullivan	16'06.75	foul	16'05.75	16'07.75	16'06.25	15'05.50
Huntley	16'06.25	15'07.50	16'04.25			
Hopkins	16'06	15'09.75	foul			
Vogel	16'03.25	16'04	foul			
Rasmusson	foul	15'09.25	16'02.25			
Marlow	15'11.50	16'01.25	14'11			
Bagenstos	foul	16'00.75	15'07.25			
Miller	foul	15'10.50	foul			
Priebe	14'08.50	15'01.25	15'09.75			
Jacobs	15'09.50	foul	foul			
McDaniel	15'09.25	foul	14'11.25			
Henson	13'08.50	15'07	15'08.50			
Green	15'06	14'10.75	15'04.25			
Sinn	foul	foul	foul			

Shot Put Finals

1	Aubrey Martin, Muscatine (12)	46'04.50" J (14.14m)
2	Sheena James, Clinton (11)	45'03.75" J (13.81m)
3	Abby Emsick, Lewis Central of Council Bluffs (12)	42'03.75" J (12.90m)
4	Hayley Yarkosky, Oskaloosa (12)	39'05.75" (12.03m)
5	Ann Gramkow, A-H-S-T of Avoca (12)	39'04.75" (12.01m)
6	Johnna Gamble, Davenport West (11)	39'03.25" (11.97m)
7	Morgen Edwards, Cedar Rapids Jefferson (12)	39'01" (11.91m)
8	Lori Trumblee, Starmont of Arlington (12)	38'02.75" (11.65m)
9	Apton Cook, Algona (11)	37'09.50" (11.52m)
10	Kara Swingen, Forest City (10)	37'05.50" (11.42m)
11	Dani Lujan, Oelwein (10)	36'10.50" (11.24m)
12	Rachel Jansen, Maurice-Orange City/Floyd Valley (11)	36'10" (11.23m)
13	Jessica Elliott, Iowa City (11)	36'08.75" (11.20m)
14	Annie Weller, Camanche (11)	36'02" (11.02m)
15	Janell Ward, BCLUW of Conrad (12)	36'00" (10.97m)
16	Amanda Meitner, St. Ansgar (12)	35'11.75" (10.97m)
17	Emily Randolph, Northeast of Goose Lake (12)	35'08" (10.87m)
18	Tasha Peterman, Bedford (12)	35'03.75" (10.76m)
19	Megan Klingbeil, Estherville-Lincoln Central (12)	35'03.25" (10.75m)
20	Kellie Price, Council Bluffs Lincoln (11)	35'01.75" (10.71m)
21	Katie Wilson, Glenwood (10)	34'07" (10.54m)
22	Jessica Bates, Indianola (10)	34'05" (10.49m)
23	Jenae Muller, North Fayette of West Union (11)	33'09.25" (10.29m)
	Kesley Egli, Cedar Falls (12)	dnt

series	43'04.25	43'07.25	41'00	foul	40'05	46'04.50
Martin						
James	45'03.75	42'10.75	foul	42'08.50	foul	foul
Emsick	foul	39'08.25	42'03.75	fou	foul	41'11.25
Yarkosky	36'10.50	38'02.50	38'00.50	38'06.75	39'05.75	foul
Gramkow	35'10.50	39'04.75	37'0-5.25	37'04.75	37'09.25	38'06
Gamble	39'03.25	38'05.25	37'06.75	37'10.50	foul	foul
Edwards	39'01	34'11	36'08.75	37'05	35'11.50	37'08
Trumblee	38'00.25	37'08.75	37'01.25	37'05.75	37'09.75	38'02.75
Cook	36'07.75	37'09.50	36'08.75			

Swingen	35'09.25	37'05.50	34'05.50
Lujan	36'10.50	33'00	35'02.50
Jansen	34'01.25	36'10	36'08.75
Elliott	35'03.50	34'10.25	36'08.75
Weller	30'11.75	36'02	35'02
Ward	36'00	35'00.25	35'08
Meitner	35'06"	35'00.75"	35'11.75
Randolph	35'04.25	35'08	foul
Peterman	foul	34'07.75	35'03.75
Klingbeil	32'11	34'08	35'03.25
Price	31'07	35'01.75	foul
Wilson	34'07	34'06.75	33'09
Bates	33'10.25	foul	34'05
Muller	33'08"	foul	33'09.25

Discus Finals

1	Abby Emsick, Lewis Central of Council Bluffs (12)	144'09" (44.12m)
2	Morgen Edwards, Cedar Rapids Jefferson (12)	138'10" (42.32m)
3	Aubrey Martin, Muscatine (12)	134'08" (41.05m)
4	Ann Gramkow, A-H-S-T of Avoca (12)	134'07" (41.02m)
5	Caroline Ruppert, Clear Creek Amana of Tiffin (12)	131'05" (40.06m)
6	Kellie Price, Council Bluffs Lincoln (11)	130'06" (39.78m)
7	Katie Brown, Camanche (12)	130'00" (39.62m)
8	Kesley Egli, Cedar Falls (12)	129'04" (39.42m)
9	Jessica Elliott, Iowa City (11)	126'06" (38.56m)
10	Lori Trumblee, Starmont of Arlington (12)	125'03" (38.18m)
11	Amy Waggoner, Marshalltown (10)	124'08" (38.00m)
12	Micaela Mallett, Des Moines East (11)	122'08" (37.39m)
13	Valerie Matters, Ames (12)	121'00" (36.88m)
14	Rachel Jansen, Maurice-Orange City/Floyd Valley (11)	119'08" (36.47m)
15	Janell Ward, BCLUW of Conrad (12)	118'09" (36.20m)
16	Mikala Larsen, Council Bluffs Jefferson (12)	118'05" (36.09m)
17	Allyson Carlson, Winfield-Mount Union (12)	118'00" (35.97m)
18	Holly Joens, Cedar Rapids Prairie (11)	116'11" (35.64m)
19	Brien Richard, Denison-Schleswig (12)	115'06" (35.20m)
20	Julianna Binns, Red Oak (12)	114'03" (34.82m)
21	Tara King, Ottumwa (12)	114'00" (34.75m)
22	Wendy Milam, Cedar Rapids Washington (11)	113'00" (34.44m)
23	Meg Bustin, Dowling of West Des Moines (12)	110'05" (33.66m)
24	Betsy Hertz, Nevada (12)	108'01" (32.94m)

series

Emsick	138'00	135'09	144'00	143'09	144'09	foul
Edwards	133'09	foul	foul	138'10	133'03	109'04
Martin	134'08	118'09	127'00	121'05	119'10	128'00
Gramkow	131'00	128'03	134'07	120'02	113'05	128'00
Ruppert	128'00	127'07	129'05	131'05	123'07	119'09
Price	117'07	127'00	115'07	128'07	130'06	118'00
Brown	113'03	foul	127'07	130'00	foul	foul
Egli	foul	121'06	129'04	120'00	foul	122'00
Elliott	120'02	120'06	126'06			
Trumblee	125'03	120'07	124'00			
Waggoner	118'02	122'06	124'08			
Mallett	foul	122'08	117'10			
Matters	091'09	121'00	foul			
Jansen	foul	119'08	foul			
Ward	118'09	114'06	117'08			
Larsen	112'09	118'05	109'04			
Carlson	103'09	118'00	109'06			
Joens	116'11	096'03	111'05			
Richard	115'06	foul	107'08			
Binns	foul	114'03	100'00:			
King	092'01	106'08	114'00			
Milam	113'00	foul	foul			
Bustin	110'05	094'04	106'07			
Hertz	099'11	099'10	108'00			

