

The 91st Annual

DRAKER RELAYS



RELAYS 2000

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High School Results
April 28-29, 2000
"Feel the Heat"

2000 DRAKE RELAYS

Drake Stadium, Des Moines, Iowa

Friday & Saturday, April 28 & 29, 2000

High School Boys & Girls

FRIDAY WEATHER: Start of meet: Temperature 57 degrees, warming throughout the morning with high of 64 at 11 a.m. Wind from the Northwest at 8 mph, Humidity: 80%. **AFTERNOON -** Sunny skies; Temperature: high of 69 degrees; Light winds from Northwest at 8 mph; Humidity 37 percent.

SATURDAY WEATHER: Morning - Sunny skies; Temperature: high of 56. Winds from East at 9 mph; Humidity: 71%. **AFTERNOON -** Sunny skies; Temperature: high of 66 degrees. Winds from Southeast at 8 mph; Humidity: 34%.

ATTENDANCE: Friday -- 17,050 (second largest in 91-year relays history). Saturday -- 18,000 (35th consecutive sellout.)

High School Boys' 100 Meter Dash Finals **Wind: +1.4 M/S**

1	Marques Simmons, Davenport North	10.63 J*
2	Paul Scott, Des Moines Hoover	10.96
3	Seth Moulton, Ankeny	10.97
4	T.J. Klith, Cedar Rapids Prairie	11.06
5	Brad Klein, Fort Dodge	11.08
6	Jonathan Wallerich, Sigoumey	11.13
7	Milton Lanier, Cedar Rapids Washington	11.17
8	Maurice White, Des Moines East	11.20

*Drake Relays FAT record--old mark 10.67, Kevin Monroe, Muscatine, 1988.

Heat 1

1	Marques Simmons, Davenport North	10.69
2	Seth Moulton, Ankeny	10.98
3	Maurice White, Des Moines East	11.06
4	Tyler Johnson, Urbandale	11.21
5	Micky Roseberry, Alburnett	11.34
6	Eric Kahle, Dubuque Wahlert	11.37
7	Brent Showalter, Mid-Prairie of Wellman	11.59
	Jovon McGruder, Des Moines North	DQ

Heat 2

1	Paul Scott, Des Moines Hoover	10.88
2	T.J. Klith, Cedar Rapids Prairie	11.03
3	Milton Lanier, Cedar Rapids Washington	11.07
4	Jonathan Wallerich, Sigoumey	11.15
5	Mike Pope, West Burlington	11.23
6	Peter Saltgaver, Panorama of Panorama	11.32
7	Josh Anderson, Malvern	11.78

Heat 3

1	Brad Klein, Fort Dodge	11.10
2	Cole Boatright, Fairfield	11.28
3	Marc Foelske, Tripoli	11.34
4	Matt Jens, Glenwood	11.36
5	Zach Glasgow, Fort Madison	11.42
6	Adam Haluska, Carroll	11.48
7	Justin Banks, Iowa Falls	11.54
8	Jack Chesnut, Clarke of Osceola	11.69

Heat 4

1	Chris Schmitz, Sumner	11.16
2	Steven Breen, Central City	11.28
3	Lane Grindle, Nishna Valley of Hastings	11.32
4	Matt Bowman, Valley of West Des Moines	11.34
5	DeAndre Howard, Burlington	11.35

6	Eugene Thomas, Waterloo East	11.37
7	Jake Nelson, Des Moines Christian	11.46
8	Ryan Strubbe, Hartley-Melvin-Sanborn	11.51

Jack Kragie HS Boys' 1600 Meter Run Finals

1	Craig Cartier, Marshalltown	4:17.06
2	Chris Jones, Iowa City West	4:17.36
3	Bob Moreno, Iowa City	4:18.61
4	Erik Goff, Bettendorf	4:18.62
5	Trent Graham, Des Moines Roosevelt	4:20.52
6	Toby Franks, Essex	4:22.75
7	Chris Jensen, Mason City	4:24.09
8	Mark Brown, Sioux City West	4:24.70
9	Ben Glaser, Dowling of West Des Moines	4:25.80
10	Justin Schlicher, Ankeny	4:25.81
11	Robby Weber, Perry	4:26.78
12	Ben Hauge, Forest City	4:27.16
13	Andrew Hoyt, Jefferson-Scranton	4:27.23
14	Tim Hibbing, Ames	4:27.84
15	Ben Schutman, Bettendorf	4:28.58
16	Cody Kammeyer, Waukon	4:29.13
17	Nick Roberts, Ames	4:29.72
18	Leif Kennedy, Clear Lake	4:31.36
19	Nate Moenck, Webster City	4:34.49
20	Chris Schemmel, Algona	4:38.72
	Grant Shadden, Marshalltown	DNS

High School Boys' 3200 Meter Run Finals

1	Chris Jones, Iowa City West	9:13.04
2	Trent Graham, Des Moines Roosevelt	9:17.71
3	Ben Schutman, Bettendorf	9:20.08
4	Chris Jensen, Mason City	9:25.86
5	Ben Glaser, Dowling of West Des Moines	9:29.69
6	Toby Franks, Essex	9:31.45
7	Tim Hibbing, Ames	9:33.41
8	Nick Roberts, Ames	9:35.71
9	Kyle Messmer, Bettendorf	9:36.32
10	Daniel Van Engen, Unity Christian of Orange City	9:36.47
11	Miles Bern, Cedar Falls	9:38.11
12	Robby Weber, Perry	9:38.51
13	Bobby Anderson, Mason City	9:41.90
14	Andrew Hoyt, Jefferson-Scranton	9:43.03
15	Jarod Wall, Marshalltown	9:44.58
16	Tad Stolley, Woodbine	9:47.32
17	Nate Moenck, Webster City	9:49.80
18	Andrew Smith, Dubuque	9:57.40
	Grant Shadden, Marshalltown	DNS

Marcus Murphy, Ankeny DNS
Bob Moreno, Iowa City DNS

High School Boys' 110 Meter Hurdles Finals Wind: +1.5 M/S

1	Sean Johnson, Clinton	14.56
2	Jeff Olorundami, Sioux City West	14.61
3	Tom Anthony, Pleasant Valley	14.75
4	Marc Eaton, Perry	15.03
5	Dave Meyer, Dubuque Hempstead	15.17
6	Clete Younger, Ankeny	15.28
7	Chris Kolling, Waterloo West	15.53
	Chris McCullough, Valley of West Des Moines	DNF

Heat 1

1	Sean Johnson, Clinton	14.92
2	Chris McCullough, Valley of West Des Moines	15.12
3	Clete Younger, Ankeny	15.17
4	Dave Meyer, Dubuque Hempstead	15.27
5	Jon Drury, Clarion-Goldfield	15.35
6	Blake Flansche, New Hampton	15.37
7	Matt Holmes, Ballard of Huxley	15.52
8	Aaron Valentine, ADM of Adel	15.91

Heat 2

1	Jeff Olorundami, Sioux City West	14.75
2	Tom Anthony, Pleasant Valley	14.76
3	Marc Eaton, Perry	15.13
4	Cody Carter, Newton	15.42
5	Kenny Segin, Ankeny	15.46
6	Dustin Casey, Cherokee	15.65
7	Gabe Bakker, Dike-New Hartford	15.92
8	Tim Holcomb, Southeast Polk of Runnells	15.99

Heat 3

1	Chris Kolling, Waterloo West	15.26
2	Alan Abram, Valley of West Des Moines	15.28
3	Keith Burrell, Cedar Rapids Washington	15.73
4	Matt Melloy, Mount Pleasant	15.76
5	Mike Etringer, Boone	15.77
6	Bryan Steussy, Jefferson-Scranton	15.87
7	Brandon Grimm, West Delaware of Manchester	16.40
8	Jay Sieck, Interstate 35 of Truro	16.86

Heat 4

1	Nate Kerkman, Council Bluffs Lincoln	15.33
2	Jon Myers, Davenport Central	15.64
3	James McNear, Des Moines Roosevelt	15.73
4	Karlton Hector, Le Mars	15.76
5	Matt Lockey, Okoboji of Milford	15.89
6	Travis Roberts, Essex	15.91
7	Jasper MacDonald, Ames	15.92
8	Jake Quinn, Washington	15.97

High School Boys' 400 Meter Hurdles Finals

1	Ryan Boyington, Hampton-Dumont	53.72 J
2	Nik Moser, Fort Dodge	53.73 J
3	Nick Brown, Cedar Rapids Jefferson	55.36
4	Dave Meyer, Dubuque Hempstead	55.46
5	Andy Hadden, Oskaloosa	55.65
6	Andy Buck, Nevada	55.83
7	Jon Taylor, Council Bluffs Jefferson	55.99
8	Ryan Bell, Marshalltown	56.75

High School Boys' 4x100 Meter Relay Finals

1	DES MOINES NORTH (James Lopes, Jovon McGruder Jahmar Jenkins, Darryl Alexander)	42.47
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2	IOWA CITY (D.J. Newell, Calvin Davis Matt Wooldrik, Hakim Hill)	42.55
3	ANKENY (Eric O'Brien, Derc Albrecht Kellen Huston, Seth Moulton)	42.97
4	VALLEY OF WEST DES MOINES (Matt Bowman, Brandon Winston Abe Smith, Nate Yoho)	43.04
5	NEWTON (Ryan Dass, Dwayne Wright Tanner Clute, Cody Carter)	43.15
6	CLINTON (Robby Worrels, Tom Kearns Derek Borgwardt, Sean Johnson)	43.21
7	MARSHALLTOWN (Ben Cox, Joe Chapman Jeff Peek, Ryan Bell)	43.68
8	DES MOINES HOOVER (Joe Shore, Zoran Grabovac Chris Kuhn, Paul Scott)	43.96

Heat 1

1	DES MOINES NORTH (James Lopes, Jovon McGruder Jahmar Jenkins, Darryl Alexander)	42.93
2	VALLEY OF WEST DES MOINES (Matt Bowman, Brandon Winston Abe Smith, Nate Yoho)	43.27
3	IOWA CITY (D.J. Newell, Matt Wooldrik Matt McCracken, Hakim Hill)	43.39
4	NEWTON (Ryan Dass, Dwayne Wright Tanner Clute, Cody Carter)	43.51
5	LE MARS (Phil Derocher, Kelly Greenfield Paul Brown, Karlton Hector)	43.65
6	PLEASANT VALLEY (Jeremy Klingaman, Mike Clark Mike Mueller, Ryan Finley)	44.42
7	BOONE (Dan Schaaf, Kyle McCloud Sam Hurst, Marty McIntyre)	44.43
8	BURLINGTON (Jason Tutt, Sean McBride Travis Brockett, DeAndre Howard)	48.50

Heat 2

1	ANKENY (Eric O'Brien, Derc Albrecht Kellen Huston, Seth Moulton)	43.26
2	CLINTON (Robby Worrels, Tom Kearns Derek Borgwardt, Sean Johnson)	43.50
3	DES MOINES HOOVER (Joe Shore, Zoran Grabovac Chris Kuhn, Paul Scott)	43.55
4	MARSHALLTOWN (Ryan Bell, Jeff Peek Joe Chapman, Ben Cox)	43.56
5	CEDAR RAPIDS WASHINGTON (Tyler Mattison, Michael Milam Tyson Grimm, Milton Lanier)	43.74
6	CEDAR RAPIDS JEFFERSON (Blake Tiedtke, Nick Brown Andy Sheldon, Francis Zach)	43.96

7	WAVERLY-SHELL ROCK (Brent Uhlenhopp, Brandon Zelle Dale Buxton, Steve Bubb)	44.13
8	FORT DODGE (Nick Hrabak, Blake Utley Tierre Pettigrew, Martel Moreland)	45.41

Heat 3

1	STORM LAKE (Marshall Touchberry, Brett Bultje Jeff DeHaan, Kevin Carlsen)	43.97
2	SIOUX CITY WEST (Julian Flemister, Paul Houfek Nate Vandermolin, Brandon Fravel)	44.25
3	CEDAR FALLS (John Mershon, Matt Miller John Breidenbach, Brad Wyant)	44.32
4	WASHINGTON (Brent Stout, Kyle Kling John Greiner, Chris Jarvis)	44.47
5	CAMANCHE (Mike Nissen, Josh Bryan Jerad Lemke, Brian Borrison)	45.06
6	URBANDALE (David Murphy, Marc Issacson Brett Willer, Tyler Johnson)	45.14
	ALGONA GARRIGAN (Hank Greer, Dennis Gisch John Mosbach, Nick Even)	DQ-45.47
	WEST LYON OF INWOOD (Mike Fiech, Mark Jensen Cory Kerkvliet, Daniel McCarty)	DNS

Heat 4

1	DAVENPORT WEST (Chris Hintgen, Josh Morden Zach Klipsch, Ivis McNeal)	44.36
2	IOWA CITY WEST (Marques Brooks, Marc Winniford Nick Boyd, Joe Walker)	44.54
3	INDIANOLA (Scott Anderson, Justin Keller John Mayer, Adam Pennington)	44.58
4	DES MOINES EAST (Adriel Ward, Scott Phaydavong Terry Rice, Maurice White)	44.60
5	OTTUMWA (D.J. Cobler, Tyler Shannon Jordan Scales, Curtis Martindale)	44.75
6	CARROLL (Craig Rowedder, Bryan Linde T.J. Dopheide, Adam Haluska)	44.84
7	PANORAMA OF PANORA (Randy Keys, Tyler Geopfert Mitch Kempf, Peter Saltgaver)	45.31
8	ROCKFORD (Dean Nicholson, Jeff Jones Mitch Noel, Aaron Nash)	45.85

Heat 5

1	BETTENDORF (Andy Parker, Jeff Wakeland Alvin Vesey, Matt Drinkall)	44.90
2	FAIRFIELD (Dustin Unkrich, Dan McMahon Aaron Countryman, Cole Boatright)	44.95
3	NEW HAMPTON (Matt Shatek, Blake Flansche Ryan Speltz, Jason Reicks)	45.16

4	LINN-MAR OF MARION (Brett Walderbach, Chris Evans Dustin Palmer, Ben Lindsley)	45.18
5	EAST BUCHANAN OF WINTHROP (Justin Sullivan, Chase Stafford Cory Letts, Mitch Sprague)	45.22
6	SUMNER (Chris Spier, Evan Fratzke Chad Tissue, Chris Schmitz)	45.35
7	COUNCIL BLUFFS JEFFERSON (Troy Allen, Chad Summer Aaren Andersen, Jon Taylor)	45.39
8	MOUNT PLEASANT (Chris Brown, Jason Holtgrewe Phil Francy, Jared Holtgrewe)	47.10

Heat 6

1	JOHNSTON (Cory Campbell, Joe Townsend Bart Whipps, Jared Haag)	44.26
2	OSKALOOSA (Adam Boender, Aaron Ostrem Kyle Ortegren, Andy Hadden)	45.20
3	WEST DELAWARE OF MANCHESTER (Eric Recker, Matt Carpenter Jeff Holden, Luke Hubbard)	45.28
4	CENTER POINT-URBANA (Ben Wyckoff, Matt Ditch Travis Squires, Chris Trille)	45.56
5	WATERLOO COLUMBUS (Matt Hrabe, George Heit Trevis Shimp, Brian Petullo)	45.65
6	MID-PRAIRIE OF WELLMAN (Nick Luke, Adam Kos Seth Fisher, Brent Showalter)	46.00
7	DUBUQUE (Brandon Wood, Scott Thill Jordan Nye, Cody Buol)	47.10
	LEWIS CENTRAL OF COUNCIL BLUFFS (Ross Shepard, Andrew Batten Jason McCoy, Blake Anderson)	DQ-45.18

Heat 7

1	PRAIRIE CITY-MONROE (Jake Nolin, Nathan LeGrand Eric VanZee, Matt Johnston)	44.52
2	NEVADA (Tyler Harrison, Cam Olson Kevin Crawford, Andy Buck)	44.75
3	CENTRAL CITY (Justin Bartling, Jon Bartling Mitch Munson, Steven Breen)	45.03
4	IOWA CITY REGINA (Ian Farrell, David Welsh Andy Shea, Matt Slouka)	45.61
5	OKOBOJI OF MILFORD (Will Johnson, Todd Sangel Jared DeMuth, David Guinane)	46.29
	CEDAR RAPIDS KENNEDY (David Caves, Phil Coonrod Kyle Perry, Tom Shedek)	DQ-45.10
	DANVILLE (Matt Brockway, Matt Keller Derick Murrell, Aron West)	DQ-46.69

Heat 8

1	WATERLOO WEST (Blair West, Damien Anderson Corey Nissen, Chad Miller)	44.55
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2	DUBUQUE WAHLERT (Eric Kahle, Luke Schissel Charlie Freund, Tony Jaeger)	45.04
3	GLENWOOD (Ty Rubel, Dustin Marvel Chris Lovely, Matt Jens)	45.24
4	RIVER VALLEY OF CORRECTIONVILLE (Luke Demarest, Marshall Lundt David Jacobs, Atom Thompson)	45.62
5	ALGONA (Grant Fjettland, Gene Fisher Brian Hellmich, Jon Taffe)	45.69
6	MAURICE-ORANGE CITY/FLOYD VALLEY (Doug Gunderson, Blayne Van Marel Jimmy Trapp, Tim TeBrink)	45.81
7	NORTH FAYETTE OF WEST UNION (Erik Bettmeng, Josh Guyer Brandon Skinner, Shawn Engels)	46.34
	WATERLOO EAST (Les Wilder, Jarrod Theroith Eugene Thomas, Taurean Doss)	DQ-45.24

Heat 9

1	SIGOURNEY (Jonathan Wallerich, Will Hanchett Nick Baker, Trent Steinhart)	45.28
2	CLEAR CREEK-AMANA OF TIFFIN (Jacob Wendler, Skeat Sabo Nick Scheetz, Dave Scheetz)	45.45
3	FORT DODGE ST. EDMOND (Tim Backes, A.J. Angstrom Denny Stucky, Cory Bargfrede)	45.54
4	ATLANTIC (Matt Bruns, Michael Petersen Bruce Beckwith, Gary Popp)	45.63
5	FOREST CITY (David Keller, Chris Hanna Drew Etzen, Jeff Jerome)	46.52
	VINTON-SHELLSBURG (Stephen Handler, Robert Handler Jason Stravers, Justin Pladsen)	DNF
	MARION (Jesse Kensinger, Tony Offerman Tyler Mayer, Matt Wycoff)	DNS
	MOUNT AYR (Scott Ruple, Brad Elliott Brett Shields, Landry McGahuey)	DNS

Heat 10

1	AMES (Greg Payne, Mark Bokhoven Dave Larson, Mike Huisenga)	44.46
2	CENTRAL OF DEWITT (Danny Schmidt, Michael Novak Shawn Zapata, Marcus Schnoor)	45.58
3	ALBURNETT (Micky Roseberry, Matt Walters Nick Scott, Justin Knickerbocker)	45.84
4	COUNCIL BLUFFS LINCOLN (Brian Erisman, Rickie Kellar Eddie Kenkel, Logan Strohbehn)	45.92
5	DAVENPORT CENTRAL (Joe Schuhow, Landon Murray Frankie March, Tim Matzen)	46.17
6	PELLA (Bradley Waddle, Beau Browne Robbi Hill, David Van Wyk)	46.40

	GARNER-HAYFIELD (Johnny Mattis, Adam Tvedt Matt Roeber, Cody Schoneman)	DNF
	SIOUX CITY NORTH (Mike McManigal, Cory Peck Nick Nelley, Darnell Pitts)	DNS

Heat 11

1	FORT MADISON (Justin Menke, Tim Redd Braun Sheppard, Zach Glasgow)	44.94
2	NORWALK (Josh Middleton, Eric Davis Brian Berry, Jamie Roth)	45.45
3	WOODWARD-GRANGER (Ben Poole, Paul Slack Kevin Mullins, Joseph Dantzier)	46.01
4	WEST BURLINGTON (Adam Mullinax, Nic Gieselman Peter Mullinax, Mike Pope)	46.37
5	NORTHEAST OF GOOSE LAKE (Jesse Tittle, Pete Schroeder Brett Ketelsen, Ryan Varner)	46.42
6	DES MOINES ROOSEVELT (Josh Lehrkamp, Kevin Egge Jonathon Duncan, Aaron Cawthorne)	46.54
	CEDAR RAPIDS XAVIER (Brad Shedek, Jay Bowers, John Winter, Andre Hedgepeth,)	DQ-45.48 (non entered runner)
	MUSCATINE (Ian Ferreira, Ben Lorentzen Ian Ferreira, Adam Guy)	DNF

Heat 12

1	SOUTHEAST POLK OF RUNNELLS (Nick Adams, Tim Holcomb Joe Antelman, Paul Kopecky)	44.93
2	MASON CITY (Eric Dunn, B.J. Thomas Nick Thomas, Chris Mulert)	45.39
3	AG-WSR OF ACKLEY (Cody Eichmeier, Nathan Smith Brock Holmgaard, Jon Willems)	45.53
4	HARTLEY-MELVIN-SANBORN (Nick Postma, Shane Elgersma Michael Roede, Ryan Strubbe)	45.68
5	APLINGTON-PARKERSBURG (Josh Strang, Mark Harken Wes Patterson, Chris Patterson)	45.69
6	MANNING (Jeremy Puck, Jake Doyel Steve Odendahl, Brandon Doyel)	46.32
7	CLARKE OF OSCEOLA (Caleb Cannon, Taaffe Caligiuri no runner, Jack Chesnut)	DQ-48.43
	SIOUX CITY EAST (Justin Sandy, Adam Stokes Jesse Wright, Jake Yates)	DNF

Heat 13

1	WEST HANCOCK OF BRITT (Mike Rasmussen, Adam Klein Kurt Rietema, Jason Harle)	45.27
2	DUBUQUE HEMPSTEAD (B.J. Eiben, Jason Rice Ryan McDermott, Jason Dolan)	45.82
3	DES MOINES LINCOLN (Todd Smith, Jeff Naples Austin Hawkins, Julius Carter)	46.00

4	SOUTHEAST WARREN OF LIBERTY CENTER (Wade Crow, Phil Oliver Tyler Neer, Jared Vickroy)	46.04
5	HLV OF VICTOR (Chad Hinrichs, Adam Hawkins Jarrod Phelps, Jason York)	46.41
6	NISHNA VALLEY OF HASTINGS (Travis Embree, Travis Glynn Pat Everson, Lane Grindle)	46.58
7	MOUNT VERNON (Kyle Kuntz, Josh Pospisil Neil Stransky, Aaron Reasland)	47.51
8	TRIPOLI (Marc Foelske, Luke Davis Grant Salge, Yu Kamata)	47.79

Heat 14

1	WAUKEE (Brett Snider, Zach Truex Matt Austin, Matt Tallerico)	45.48
2	SHENANDOAH (John Hoefing, Brandon Bray Nick Berning, Zach Tuggle)	45.72
3	WEST HARRISON OF MONDAMIN (Jeremy Neill, Lee Roden Mike Livingston, Craig Alderton)	46.17
4	PLEASANTVILLE (Evan Westphal, Graham McGraw Mitch Stubbs, Ben Hayes)	46.49
5	STANTON (Matt Peterson, Scott Bullington Ryan Zenor, Jon Goddard)	46.68
6	CRESTON (Jake Kawa, Gabe Stofferahn Joel Lamb, Neil Lang)	47.25
7	NORTH SCOTT OF ELDRIDGE (Bobby Gronewold, Kris Kuhlman Jason Thornburg, Cody Waack)	47.84
	SIOUX CITY HEELAN (Todd Bressler, Preston Parker Dustin Jones, Aaron Althaus)	DNS

Heat 15

1	DOWLING OF WEST DES MOINES (Aaron Fangman, Brian Kline Tyson Smith, Bradley Monachino)	45.33
2	EAGLE GROVE (Brad Mrla, Ryan Terwilliger Josh Nelson, Trent Cooper)	45.65
3	CLARINDA ACADEMY (Dontreal Neal, DeMario Butler Kirmon Bush, Tim Gibbs)	46.08
4	CARLISLE (Nate Davidson, Devin James Jared Kain, Corey Goodhue)	46.53
5	MAQUOKETA (Shea Breneman, Adam Eichhorn Landon Geronzin, Jesse Wing)	46.91
	CEDAR RAPIDS PRAIRIE (Chiqozie Ejiasi, Zach Klith Brett Luth, T.J. Klith)	DQ-46.32
	DAVENPORT ASSUMPTION	DNS
	SPENCER	DNS

Heat 16

1	DENVER (Jordan Zaputil, Josh Frey Chris Collison, Adam Beckman)	45.40
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2	MEDIAPOLIS (Clint Larson, Darin Bush Jake Schnedler, Nick Whitaker)	46.00
3	DIKE-NEW HARTFORD (Brian Hall, Ben Freese Kent Greiner, Derek Weber)	46.03
4	HUBBARD-RADCLIFFE (Reilly Vaughan, Troy Tysdahl Jake Nessa, Jake Hodnefield)	46.08
5	WILLIAMSBURG (Pat McDonald, Matt Matthes Sam McDonald, Tyler Baethke)	46.17
6	HARLAN (Kyle Murtaugh, Monty Boltinghouse Andy Petersen, Ryan Lawler)	46.32
	ROCKWELL-SWALEDALE (John McLaughlin, Jesse Parcher Jeff Just, Scott Dunning)	DQ
	CASCADE (Kyle McDermott, Tom Andrews, Nate Topping, Bryan Trumm)	DQ-46.83 (non entered runner)

Heat 17

1	BECKMAN OF DYERSVILLE (Tim McClimon, Tim Conrad Greg Hogan, Kevin Pitz)	45.11
2	GUTHRIE CENTER (Curt Hunt, Cameron McCarty Ben Richter, Jason Hines)	46.07
3	HAMPTON-DUMONT (Kyle Butson, Ben Will Mike Eisenrager, Ryan Boyington)	46.42
4	JEFFERSON-SCRANTON (Aaron Weddle, Andy Morlan Courtney Berry, Bryan Steussy)	46.46
5	WESTERN DUBUQUE OF EPWORTH (Brent Amunson, John Steffen Bill Daly, Dan Steffen)	46.55
6	NORTHERN IOWA OF CEDAR FALLS (Tomy Rodriguez, Jeff Fisher Matt Warren, Jeremy McAdams)	46.75
7	ESTHERVILLE-LINCOLN CENTRAL (Kyle Weeden, Grant Rawlings Phil Beaver, Jesse Nitchals)	46.87
8	POCAHONTAS AREA (Austin Ollinger, Ryan Johnson Cody Bunda, Ryan Fredericksen)	48.24

Heat 18

1	BCLUW OF CONRAD (Joel Hines, Sam Vreeland Joel Hines, Josh Hauser)	45.76
2	LE MARS GEHLEN (Drew Hoffman, Matt Halting Nathan Schmitz, Nick Nanninga)	45.77
3	WEST BRANCH (Jason Norman, Tim Hamer Jay Schultz, Randy Seydel)	46.71
4	CHEROKEE (Dustin Casey, Corey Hughes Jon Paulsen, Jesse Johnson)	46.71
5	AUDUBON (Justin Nelson, Ben England Jeremy Johnston, J.C. Ruddy)	46.73
6	SAC CITY (Dan Deardorff, Nick Johnston Carl Duffy, Eric Reiman)	46.79

7 TIPTON
 (Chad Arndt, Matt Black
 Nick Miller, Randy Byerly) 47.52
 TREYNOR
 (Jesse Trede, Travis Winfield
 Jon Yeager, Adam Leber) DNF

Heat 19

1 CLARION-GOLDFIELD
 (Jeff Martin, Chris Douglas
 Justin Ades, Shaun Hogle) 45.97
 2 PERRY
 (Ryan Glick, Jeff Menz
 Mike Wemli, Nathan Adair) 46.03
 3 BELMOND-KLEMME
 (Cole Tanner, Tyler Trees
 Andy Stadlander, Loren Robbins) 46.15
 4 MADRID
 (Anthony Barkey, Andy Lawrence
 Dustin Anderson, Rick Thompson) 46.17
 5 LAKE MILLS
 (Brad Helgeson, Scott Gaskill
 Andy Gregor, Brandon Flugum) 46.52
 6 WINFIELD-MOUNT UNION
 (Jason Remick, Michael Beard
 Jabe Finke, Matt Hobbs) 46.84
 WEBSTER CITY
 (Brandon Jacobson, Shawn Kliegl
 Brad Van Deer, Matt Tharp) DQ-48.39
 NORTH POLK OF ALLEMAN DNS

Heat 20

1 HUMBOLDT
 (Jamie Greene, Matt Emick
 Josh Burgett, Ryan Hartford) 45.18
 2 TRI-CENTER OF NEOLA
 (Brad Payne, Bryan Lefeber
 Joey Kosmacek, Jared Graham) 45.76
 3 CARDINAL OF ELDON
 (Tyler Kern, Nick Davis
 Travis Thompson, Matt McCombs) 46.51
 4 SOLON
 (D.J. Jedlicka, Chris Kelley
 Seth Bartlett, Brad Hodapp) 46.58
 5 HUDSON
 (Jake Gardner, Ben Youngblut
 Ryan Manahl, D.J. Simniok) 46.85
 6 KINGSLEY-PIERSON
 (Kyle Bahrke, Ryan Byers
 Nick Thompson, Sean Shatava) 48.06
 GRINNELL
 (Jeremy Jobes, Josh Tinkle
 Todd Rutherford, Ryan Grant) DQ-45.81
 CORWITH-WESLEY-LUVERNE
 (Brandon Trauger, Joe McDermott
 Jason Pedersen, Tim Fisher) DNF

Heat 21

1 ROLAND-STORY
 (Justin Lutjen, Bo Ammerman
 Josh Wirth, Jeff Baker) 46.55
 2 GMG OF GARWIN
 (Chris Stephenson, Tim Dunham
 Adam Aldrich, David Hlas) 46.88
 3 WHITING
 (Lucas Morton, Bryce Roberts
 Brad Purgett, Brandon Purgett) 46.91

4 ADM OF ADEL
 (Justin Zeigler, Josh Zeigler
 Nathan Burk, Josh Chapman) 46.92
 5 ROCKWELL CITY-LYTTON
 (Nick Albright, Matt Siefken
 Jon Artist, Jess Evans) 47.03
 6 BALLARD OF HUXLEY
 (James Lewis, Ben Engelman
 Jamie Nobling, Matt Holmes) 47.35
 7 AURELIA
 (Grant Breecher, Jon Nelson
 Tadd Suhr, Matt Bohnenkamp) 48.20
 CLARINDA
 (Cody King, Dru Williams,
 Jacob Sunderman, Tyler Jorgensen) DQ-46.79 (non entered runner)

Heat 22

1 SPIRIT LAKE PARK
 (Brandon Ohlaug, Ryan Norman
 Tom Arnold, Tyler Hinkeldey) 46.23
 2 WAUKON
 (Brian Einck, Brian Dahlstrom
 Eddie Frick, Justin Bulman) 46.62
 3 FARRAGUT
 (Mitch McQueen, Greg Dreyer
 John Hopkins, Mike Dreyer) 46.70
 4 INTERSTATE 35 OF TRURO
 (Dane Sulentic, Brandon Eivins
 Joe Reyes, Brad Kephart) 46.90
 5 AR-WE-VA OF WESTSIDE
 (Casey Byers, Justin Riesberg
 Seth Nelson, Kyle Julin) 47.42
 6 LOUISA-MUSCATINE OF LETTS
 (Mario Iniguez, Nick Hawley
 Wes Terrill, K.J. Schreurs) 47.67
 CHARLES CITY
 (Jim McIntire, Randy Hutchison,
 James Lensing, Chad Wendel) DQ-47.47 (non entered runner)
 MONTICELLO
 (Tom Ries, Corey Rupp
 D.J. Schenck, Andrew McElmeel) DNS

Heat 23

1 EDDYVILLE-BLAKESBURG
 (Elliott Culver, Scott Veldhuizen
 Justin Guitier, Josh Ashman) 46.21
 2 TWIN CEDARS OF BUSSEY
 (Joey Dursky, Ben Ensor
 Ryan McCarty, Travis DeLaney) 46.62
 3 CLEAR LAKE
 (Brian McIntire, Drew Shepp
 Trent Thenhaus, Jason Marshall) 47.26
 4 IKM OF MANILLA
 (Justin Wiig, Jared Muhlbauer
 Sean Rauterkus, Andy Eischeid) 47.50
 5 CENTERVILLE
 (Justin Hudson, Jason Cooper
 Zach Finch, Brennen Tubaug) 47.70
 6 ALTA
 (Eric Hanson, Josh Mann
 Wes Bunjes, Eric Mann) 47.84
 7 SOUTH TAMA OF TAMA
 (Rob Marvin, Jacob Houghton
 Jim Clinton, Nathan Van Dyke) 47.86
 8 WAPELLO
 (Elias Gutierrez, Joe Bowman
 Josh Bowman, Logan Ealey) 48.58

Heat 24

1	CLARKSVILLE (David Calease, Paul Walters Tyrel Johnson, Chris Miller)	46.11
2	CORNING (Chris Lammers, Adam Cole Brandon Lyddon, Matt Mullen)	46.50
3	BELLEVUE (Chet Medinger, Jesse Freiburger Brian Steines, Tom Sieverding)	46.73
4	DALLAS CENTER-GRIMES (Kenny Bensley, Jason Haroldson Lee Discher, Josh Jacobs)	46.85
5	BONDURANT-FARRAR (Lance Espinosa, Aaron Vestal Brandon Downey, Bill Wissler)	47.02
6	LYNNVILLE-SULLY (Jon Buser, Jason Lowry Eric DeJong, Ryan Johnson)	47.15
7	SOUTHERN CALHOUN OF LAKE CITY (Eric Snyder, Wesley Beschomer Matt Haberl, Ryan Kock)	47.54
	GALVA-HOLSTEIN (Jason Ellerbusch, Jacob Brosamle Todd Kroll, Joel Hustedt)	DNS

Heat 25

1	WILTON (Daniel Latimer, Nathan Patton Russell Allen, Mark Lucas)	46.95
2	LAWTON-BRONSON (Nick Salmen, Heath Horsley Dustin Lieber, Matt Muff)	47.17
3	PRAIRIE VALLEY OF GOWRIE (Tyson Gutshall, Jeremy Hammen Tom Showers, Tyler Raemakers)	47.28
4	ANAMOSA (Rob Seber, Chris Carlson Mark Walker, Stuart Williams)	47.49
5	WOODBINE (Luke Dunn, Brent Dunlop Ryan Coenen, Dustin Crook)	49.37

High School Boys' 4x200 Meter Relay Finals

1	IOWA CITY (Ryan Strang, Matt Wooldrik Calvin Davis, Hakim Hill)	1:28.23
2	DAVENPORT NORTH (Farran Hayslett, Byron Townsend Mitch Cooper, Marques Simmons)	1:28.92
3	NEWTON (Ryan Dass, Dwayne Wright Tanner Clute, Cody Carter)	1:29.32
4	CEDAR RAPIDS WASHINGTON (Terrance Frye, Kevin Burrell Michael Milam, Milton Lanier)	1:29.43
5	VALLEY OF WEST DES MOINES (Abe Smith, Matt Bowman Nate Yoho, Stanley Patton)	1:29.54
6	FORT DODGE (Brad Klein, Leif Halvorson Martel Moreland, Nik Moser)	1:29.94
7	DUBUQUE (Brandon Hedley, Jon Fasselius Nate Steuer, Dan Orris)	1:30.09
8	WAVERLY-SHELL ROCK (Brent Uhlenhopp, Brandon Zelle Dale Buxton, Steve Bubbs)	1:31.16

Heat 1

1	IOWA CITY (Ryan Strang, Matt Wooldrik Calvin Davis, Hakim Hill)	1:28.73
2	NEWTON (Ryan Dass, Dwayne Wright Tanner Clute, Cody Carter)	1:29.25
3	FORT DODGE (Brad Klein, Leif Halvorson Martel Moreland, Nik Moser)	1:29.34
4	DUBUQUE (Chris Becker, Jon Fasselius Nate Steuer, Dan Orris)	1:30.23
5	DES MOINES HOOVER (Zoran Grabovac, Joe Shore Chris Kuhn, Paul Scott)	1:30.91
6	ANKENY (Josh Leonard, Kellen Huston Aaron McCombs, Derc Albrecht)	1:31.56
	IOWA CITY WEST (Kurt Fisher, Asumani Sula Chris McClenic, Marc Winniford)	DQ
	CEDAR FALLS (Brad Wyant, Matt Miller John Breidenbach, Dirk Homewood)	DQ

Heat 2

1	VALLEY OF WEST DES MOINES (Abe Smith, Matt Bowman Nate Yoho, Stanley Patton)	1:29.19
2	DAVENPORT NORTH (Farran Hayslett, Byron Townsend Mitch Cooper, Marques Simmons)	1:29.32
3	CEDAR RAPIDS WASHINGTON (Terrance Frye, Kevin Burrell Michael Milam, Milton Lanier)	1:29.60
4	WAVERLY-SHELL ROCK (Brent Uhlenhopp, Brandon Zelle Dale Buxton, Steve Bubbs)	1:30.53
5	CEDAR RAPIDS JEFFERSON (Francis Zach, Steve Mulligan Blake Tiedtke, Andy Sheldon)	1:30.73
6	DES MOINES EAST (Andre Lottie, Adriel Ward Rick Weigel, Maurice White)	1:34.05
	CLINTON (Robby Worrels, Tom Kearns Derek Borgwardt, Sean Johnson)	DNF
	DES MOINES NORTH (James Lopes, Jovon McGruder Jahmar Jenkins, Darryl Alexander)	DQ-1:29.65

Heat 3

1	MOUNT PLEASANT (Chad Scarff, Jeff Fedler Todd Miller, Matt Melloy)	1:30.63
2	JOHNSTON (Cory Campbell, Scott Vermulm Matt Ohollearn, Joe Townsend)	1:30.98
3	PLEASANT VALLEY (Drew Andersen, Jeremy Klingaman Mike Clark, Ryan Finley)	1:32.12
4	MUSCATINE (Ian Ferreira, Ben Lorentzen Ben Eichelberger, Adam Guy)	1:32.44
5	DUBUQUE WAHLERT (Bryan Pilcher, Charlie Hager Tony Jaeger, Eric Kahle)	1:32.73

6	LINN-MAR OF MARION (Brett Walderbach, Zach Schuett Tyler Knight, Ben Lindsley)	1:33.00
7	BURLINGTON (Sean McBride, Jason Tutt Micah Washington, DeAndre Howard)	1:33.14
8	URBANDALE (David Murphy, Eric Frampton Brett Willer, Marc Ripperger)	1:33.45

High School Boys' 4x400 Meter Relay Finals

1	MOUNT PLEASANT (Todd Miller 50.5, Matt Melloy 50.5 Chad Scarff 50.3, Jeff Fedler 48.5)	3:19.83
2	WAVERLY-SHELL ROCK (Brent Uhlenhopp 51.4, Cody Neuendorf 49.8 Pete Avery 50.9, John Kisner 49.6)	3:20.69
3	DAVENPORT NORTH (Farran Hayslett 52.1, Mitch Cooper 50.9 Byron Townsend 51.0, Marques Simmons 50.1)	3:22.77
4	FORT DODGE (Brad Klein 50.3, Brian Hagen 54.1 Leif Halvorson 51.4, Nik Moser 47.9)	3:23.72
5	WASHINGTON (Kelly Williams, Adam Miller Alex Six, Andy Six)	3:24.17
6	STORM LAKE (Justin Koepp, Brett Bultje Beau Blanchard, Kevin Carlsen)	3:25.65
	IOWA CITY (Tim Triplett 51.3, Kevin Brewer 48.7 Skyler Moss 50.9, Ryan Strang 48.2 (non entered runner)	DQ-3:19.33
	VALLEY OF WEST DES MOINES (Nate Yoho, Hilbert Beasley Jerome Davis, Stanley Patton)	DQ-3:24.01

Heat 1

1	IOWA CITY (Adam Smith 51.2, Kevin Brewer 49.4 Skyler Moss 51.7, Ryan Strang 48.3)	3:20.68
2	MOUNT PLEASANT (Todd Miller 50.4, Matt Melloy 51.6 Chad Scarff 52.0, Jeff Fedler 47.5)	3:21.52
3	WAVERLY-SHELL ROCK (Brent Uhlenhopp 51.1, Adam Hinders 49.5 Pete Avery 51.1, Cody Neuendorf 50.2)	3:21.98
4	FORT DODGE (Brad Klein 50.2, Brian Hagen 52.9 Leif Halvorson 50.6, Nik Moser 48.3)	3:22.03
5	STORM LAKE (Justin Koepp, Brett Bultje Beau Blanchard, Kevin Carlsen)	3:24.05
6	IOWA CITY WEST (Nate Dvorak, Kurt Fisher Kevin Long, Chris McClenic 48.4)	3:27.02
7	UNITY CHRISTIAN OF ORANGE CITY (Thomas Draayer 52.1, Daniel Foreman 51.3 Michael Ochsner 51.9, Timothy Klein 51.4)	3:27.02
8	NORTH CEDAR OF STANWOOD (Jeff Yates, Brad Boedeker Eric Scott, Ryan Kedley)	3:30.00

Heat 2

1	DAVENPORT NORTH (Farran Hayslett 51.5, Mitch Cooper 50.4 Byron Townsend 50.7, Marques Simmons 49.0)	3:22.67
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2	VALLEY OF WEST DES MOINES (Nate Yoho 52.7, Hilbert Beasley 51.8 Jerome Davis 51.5, Stanley Patton 49.3)	3:23.63
3	WASHINGTON (Kelly Williams 51.3, Adam Miller 51.3 Alex Six 50.7, Andy Six 50.4)	3:23.77
4	AMES (Dave Larson 53.0, Greg Payne 50.6 Andy Kohler 51.6, Mike Huisenga 50.4)	3:25.33
5	DUBUQUE (Jon Fasselius 60.0, Nate Steuer 51.2 Brandon Hedley 52.2, Dan Orris 51.1)	3:26.55
6	CEDAR RAPIDS JEFFERSON (Andy Sheldon, Brian Crandall John Broghammer, Nick Brown)	3:28.00
7	EAST MARSHALL OF LE GRAND (Justin Burns, Brian Berkey Clayton Stangeland, Tedd Allen)	3:28.17
8	URBANDALE (Seth Quam 52.6, Brett Willer 53.1 Marc Ripperger 54.1, Tyler Johnson 50.5)	3:30.50

Heat 3

1	CEDAR FALLS (Ryan Bailey 52.2, Jason Schnorenberg 52.2 John Breidenbach 52.3, Dirk Homewood 49.4)	3:26.12
2	BECKMAN OF DYERSVILLE (Tim McClimon 52.5, Tim Conrad 52.1 Brad Burger 51.4, Dave Rahe 50.8)	3:26.81
3	ANKENY (James Lindaman 53.1, Eric O'Brien 51.8 Justin Schlicher 52.5, Josh Leonard 50.2)	3:27.66
4	FOREST CITY (Scott Stugelmeyer 53.6, Drew Etzen 53.0 Rob Kampman 51.9, Ben Hauge 49.3)	3:27.81
5	PLEASANT VALLEY (Nick Enke 52.5, Waseem Ahmed 52.8 Jake Winters 52.5, Jon Wagner 51.2)	3:29.02
6	HUMBOLDT (Josh Burgett 51.7, Matt Emick 53.9 Curtis Bortell, Ryan Hartford)	3:30.53
7	AG-WSR OF ACKLEY (Cody Eichmeier, B.J. Stotser Jon Willems, Nathan Smith)	3:30.64
	JOHNSTON (Scott Vermulm, Jon Evans Kai Carlson, Matt Ohllearn)	DQ-3:30.35

High School Boys' 4x800 Meter Relay Finals

1	MARSHALLTOWN (Grant Shadden 1:56.9, Dave Bailing 2:01.3 Dan Wells 1:59.9, Craig Cartier 1:56.6)	7:54.71
2	IOWA CITY (Skyler Moss 1:58.9, Bob Moreno 1:58.3 Brian Barry 2:05.0, Kevin Brewer 1:56.5)	7:58.58
3	WAVERLY-SHELL ROCK (Adam Hinders 1:59.0, Pete Avery 2:04.3 Cam Magnall 2:01.6, Cody Neuendorf 1:55.7)	8:00.06
4	CENTRAL OF DEWITT (Matt Niemann, Brandon Maher Trey Kettwick, Luke Niemann)	8:01.76
5	ANKENY (Marcus Murphy 1:59.4, Aaron Eggers 2:01.5 Joel Rienken 2:03.4, Justin Schlicher 1:59.0)	8:03.35
6	UNITY CHRISTIAN OF ORANGE CITY (Daniel Foreman 1:59.5, Nathan Breen 2:03.2 Timothy Klein 2:02.6, Daniel Van Engen 2:02.3)	8:07.60

7	PLEASANT VALLEY (Jon Wagner, Phillip Grothus Anthony Dayton, Tony Pennuto)	8:08.72
8	MASON CITY (Tom Sersland, Steve Warren, Bobby Anderson, Chris Jensen)	8:10.26
9	MOUNT PLEASANT (Mitch Anderson 1:58.2, Tade Geeding 2:02.0 Jason Holtgrewe 2:06.0, Andy Eiffert 2:04.9)	8:11.10
10	DUBUQUE WAHLERT (Tony Kunkel, Matt Roling David Kelly, Mark Ressler)	8:11.34
11	JEFFERSON-SCRANTON (Bryan Holden, Mitch Murphy James Holden, Andrew Hoyt)	8:14.57
12	DUBUQUE (Alex May, Nick Feller Mike Sudmeier, Nate Seier)	8:14.82
13	JOHNSTON (Matt Ohlleam, Ryan Johnson Marcus Iwig, Kai Carlson)	8:16.87
14	AMES (Dave Larson, Tim Hibbing Mitch Shaw, Nick Roberts)	8:16.98
15	FOREST CITY (Rob Kampman, Matt Welp Justin Berry, Nate Preus)	8:21.28
16	TIPTON (Matt Weih, Andy Kruse Billy Hoffman, Phil Dohring)	8:21.62

High School Boys' Sprint Medley Relay Finals

1	MOUNT PLEASANT (Chad Scarff, Todd Miller Jeff Fedler 47.7, Mitch Anderson 1:54.9)	3:28.80 *
2	ANKENY (Seth Moulton, Derc Albrecht Eric O'Brien 50.9, Justin Schlicher 1:54.4)	3:29.62
3	WAVERLY-SHELL ROCK (Brandon Zelle, Steve Bubb Adam Hinders 50.1, Cody Neuendorf 1:54.8)	3:29.69
4	IOWA CITY (Calvin Davis, Hakim Hill Ryan Strang 48.9, Bob Moreno 1:55.9)	3:29.83
5	MARSHALLTOWN (Ben Cox, Jeff Peek Ryan Bell 51.3, Craig Cartier 1:53.3)	3:29.91
6	IOWA CITY WEST (Chris McClenic, Marc Winniford Kevin Long 51.4, Chris Jones 1:56.3)	3:31.72
7	FAIRFIELD (Aaron Countryman, Dan McMahon Cole Boatright 59.3, Mike Burnett 1:59.4)	3:36.16
8	EAST MARSHALL OF LE GRAND (Justin Bums, Brian Berkey Clayton Stangeland 52.8, Tedd Allen 1:56.1)	3:36.18
9	CEDAR FALLS (John Breidenbach, Matt Miller Dirk Homewood 50.7, Dan Humke 1:59.7)	3:36.75
10	CENTRAL OF DEWITT (Michael Fischer, Marcus Schnoor Brandon Maher, Luke Niemann)	3:37.01
11	FOREST CITY (Drew Etzen, Jeff Jerome Ben Hauge, Rob Kampman)	3:37.31
12	MOUNT AYR (Scott Rumble, Landry McGahuey Landry McGahuey, Brad Elliott)	3:38.52

13	DUBUQUE HEMPSTEAD (Ryan McDermott, Jason Dolan Dave Meyer, Eric Dasso)	3:38.88
14	CEDAR RAPIDS WASHINGTON (Kevin Burrell, Michael Milam Terrance Frye, Quin McClain)	3:40.46
15	CHARLES CITY (Jim McIntire, James Lensing Chad Wendel, Noah Wendland)	3:40.95
16	IOWA FALLS (Mike Ellingson, Nate Feeney Mike Hanson, John Moore)	3:41.89
17	FORT DODGE (Charles Udeze, Martel Moreland Leif Halvorson 49.8, Brian Hagen 2:04.9)	3:42.05
18	CLINTON (Derek Borgwardt, Tom Kearns Robby Worrels, Terrell Stewart)	3:43.14
19	DAVENPORT NORTH (Farran Hayslett, Keith Huebbe Derrick Beechum, Mitch Cooper)	3:44.43
20	MASON CITY (Jess Hugi, Josh Frank Lance Hall, John Van Hemert)	3:44.90
21	WASHINGTON (John Greiner, Kyle Kling George Norris, Brian Weeks)	3:47.15
	CLEAR LAKE (Andy Scarrow, Brian McIntire Brandon Bird, Leif Kennedy)	DQ-3:38.11
	URBANDALE (David Murphy, Eric Frampton Tyler Johnson, Colin Pogge)	DQ
	BETTENDORF (Andy Parker, Adam Smith Matt Drinkall 50.2, Erik Goff 1:56.0)	DQ-3:32.56

High School Boys' High Jump Finals

1	Andy Kohler, Ames	6'09" (2.06m)
2	Mark Harken, Aplington-Parkersburg	6'08" (2.03m)
3	Joe Walker, Iowa City West	6'05" (1.96m)
3	Clint Larson, Mediapolis	6'05" (1.96m)
5	Jeff Olorundami, Sioux City West	6'05" (1.96m)
6	Scott Deike, Waverly-Shell Rock	6'03" (1.91m)
6	Greg Allen, Schaller-Crestland of Early	6'03" (1.91m)
8	David Gruber, Solon	6'03" (1.91m)
9	Derek Weber, Dike-New Hartford	6'03" (1.91m)
9	Steve Schermerhorn, Sioux City North	6'03" (1.91m)
	Aaron Pence, Fort Madison	nh
	Clint Michels, Bellevue	nh
	Cale Van Genderen, Lynnville-Sully	nh
	Jeff Horner, Mason City	nh
	Jeremy Echternach, Essex	nh

High School Boys' Long Jump Finals

1	Hakim Hill, Iowa City	22'09.50" (6.95m)
2	Adam Haluska, Carroll	22'01.50" (6.74m)
3	Andrew Batten, Lewis Central of Council Bluffs	21'02.50" (6.46m)
4	Marc Foelske, Tripoli	21'00.25" (6.41m)
5	Justin Sandy, Sioux City East	20'11.50" (6.39m)
6	Mitch Cooper, Davenport North	20'09.75" (6.34m)
7	Erin Dixon, Des Moines North	20'09" (6.32m)
8	Michael Novak, Central of DeWitt	20'09" (6.32m)
9	Dan Jones, Pleasant Valley	20'08.50" (6.31m)
10	Joe Keller, Centerville	20'05.50" (6.24m)
11	Travis Eygabroad, Marshalltown	20'04" (6.20m)
12	Ryan Boyington, Hampton-Dumont	20'03.50" (6.18m)
13	Rumel Monk, Des Moines Lincoln	20'03.25" (6.18m)
14	Chris Williams, Ogden	19'09" (6.02m)

15	Andy Ford, Iowa City West	19'07.50" (5.98m)
16	Kent Gries, Elk Horn-Kimballton/Walnut Gil Ridenour, Council Bluffs Lincoln Matt Cessna, Cedar Falls	19'03.50" (5.88m) three fouls three fouls

High School Boys' Shot Put Finals

1	Steve Wegner, Harlan	55'05" (16.89m)
2	Matt McGhghy, Keokuk	55'02.75" (16.83m)
3	Jake Bowers, Sioux City North	54'07.50" (16.65m)
4	John Reilly, East Marshall of Le Grand	54'06.75" (16.63m)
5	Drew Ramaker, Keokuk	53'10" (16.41m)
6	Andy Banse, Starmont of Arlington	53'06.25" (16.31m)
7	Phil Barnett, Clarksville	51'02.50" (15.61m)
8	Quinn Sypniewski, Johnston	51'01" (15.57m)
9	Brett Kellogg, Cedar Rapids Kennedy	51'00.75" (15.56m)
10	Eric Thornton, Fairfield	50'03.75" (15.34m)
11	Kyle Payton, Waterloo West	49'07.50" (15.13m)
12	Bryan Schwartz, Harlan	49'04.25" (15.04m)
13	Heath Finch, Ballard of Huxley	49'03.75" (15.03m)
14	Jacob Feuerbach, Preston-East Central	49'01.50" (14.97m)
15	Travis Lingle, Davenport West	49'00.25" (14.94m)
16	Beau Nelson, Muscatine	48'04.75" (14.75m)
17	Rob Sagar, Valley of West Des Moines	48'02.50" (14.69m)
18	Adam Sparks, Knoxville	47'09.50" (14.57m)
19	Jesse Shearer, Waverly-Shell Rock	47'05.25" (14.46m)
20	Tim TeBrink, Maurice-Orange City/Floyd Valley	47'01" (14.35m)
21	Tyler Luebke, Iowa City West	46'10.50" (14.29m)
22	Nate Winey, Denison-Schleswig	46'01.25" (14.05m)
23	Ross Parker, Indianola	46'01" (14.05m)
24	John Kisner, Waverly-Shell Rock	46'00" (14.02m)
25	Anthony Cook, Cedar Rapids Washington Kelly Walter, Iowa City West Scott Romens, Glenwood	44'06" (13.56m) three fouls DNS

High School Boys' Discus Finals

1	Quinn Sypniewski, Johnston	174'01" (53.06m)
2	Jason Kirschbaum, Spirit Lake Park	160'02" (48.82m)
3	Tony Stewart, Oskaloosa	159'04" (48.56m)
4	Kendall Fogle, Carlisle	157'09" (48.08m)
5	Josh Steger, Camanche	157'07" (48.03m)
6	John Reilly, East Marshall of Le Grand	154'09" (47.17m)
7	Justin Heins, North Fayette of West Union	154'04" (47.04m)
8	Andy Banse, Starmont of Arlington	151'06" (46.18m)
9	Tim TeBrink, Maurice-Orange City/Floyd Valley	148'03" (45.19m)
10	Ryan Swanson, Central of DeWitt	148'01" (45.14m)
11	Jake Bowers, Sioux City North	147'05" (44.93m)
12	Chad Dennis, Council Bluffs Jefferson	147'04" (44.91m)
13	Drew Ramaker, Keokuk	146'10" (44.75m)
14	Lucas Nims, Valley of Elgin	146'02" (44.55m)
15	Blake Larsen, Atlantic	145'11" (44.48m)
16	Aaron Snyder, Logan-Magnolia	145'02" (44.25m)
17	Ryan Lake, Fort Madison Aquinas	142'05" (43.41m)
18	Jeff Hall, Clear Lake	140'00" (42.67m)
19	Mike Ziegrowsky, Iowa City	139'00" (42.37m)
20	Jason Burns, Newton	138'11" (42.34m)
21	Nick Hageman, Western Dubuque of Epworth	138'11" (42.34m)
22	Rick Hillard, Waverly-Shell Rock	138'09" (42.29m)
23	Steve Wegner, Harlan	135'01" (41.17m)
24	Brett Kellogg, Cedar Rapids Kennedy Josh Saleh, Iowa Falls Mike Widner, Hudson Heath Finch, Ballard of Huxley Jeff Fisher, Northern Iowa of Cedar Falls Ryan Ronan, Lone Tree Mike Miller, Ames	134'07" (41.02m) no mark no mark no mark no mark no mark three fouls

High School Girls' 100 Meter Dash Finals

Wind: +2.1 M/S

1	Lolo Jones, Des Moines Roosevelt	12.05 J
2	Pam Orris, Dubuque	12.54
3	Julie Drzycimski, Fort Dodge St. Edmond	12.62
4	Tieesha Griffin, Sioux City West	12.64
5	Ambre Moton, Ankeny	12.67
6	Audra Bark, Central of DeWitt	12.71
7	Elizabeth Matzen, Iowa City	12.74
8	Kylan Loney, Ames	12.84

Heat 1

1	Julie Drzycimski, Fort Dodge St. Edmond	12.86
2	Tieesha Griffin, Sioux City West	13.02
3	Christen Karniski, Iowa City West	13.10
4	Lindsey Ruisch, Johnston	13.43
5	Stephanie Burgmeier, Dubuque Wahlert	13.67
6	Sarah Williams, Union of LaPorte City	13.80
7	Allison Thompson, Roland-Story	14.14
8	Katie Larson, IKM of Manilla	14.15

Heat 2

1	Audra Bark, Central of DeWitt	12.98
2	Kylan Loney, Ames	13.06
3	Megan White, Waukee	13.35
4	Lindsay Reiter, Union of LaPorte City	13.38
5	Madelyn Yocom, Chariton	13.41
6	Beth Aanonson, Ballard of Huxley	13.47
7	Jenny Goodall, Lake Mills	13.72
8	Anna Fisher, South Tama of Tama	13.97

Heat 3

1	Lolo Jones, Des Moines Roosevelt	12.72
2	Tasha Harvey, Storm Lake	13.27
3	Greta Nelson, Clear Creek-Amana of Tiffin	13.52
4	Brook Bowman, North Scott of Eldridge	13.59
5	Elisha Damon, Missouri Valley	13.60
6	Tesi Dawson, Southeast Polk of Runnells	13.61
7	Kelly Marlow, Pella	13.64
8	Lisa Huit, Cardinal of Eldon	14.02

Heat 4

1	Elizabeth Matzen, Iowa City	12.97
2	Sarah Riedel, Muscatine	13.22
3	Tina Klith, Cedar Rapids Prairie	13.23
4	Alley Tiesman, Des Moines East	13.67
5	Danae Breeden, Grinnell	13.69
6	Hillary Armstrong, Clinton	13.75
7	Ashley Balli, North Scott of Eldridge	13.88
8	Jenni Burris, West Central of Stuart	14.05

Heat 5

1	Pam Orris, Dubuque	12.94
2	Beth Michael, Marshalltown	13.09
3	Sarah Tompkins, Clear Lake	13.23
4	Stacy Lawrence, Clinton	13.28
5	Rachel Hutchins, Cascade	13.36
6	Tracy Marlow, Pella	13.47
7	Danielle Anderson, Cedar Rapids Xavier	14.05
8	Renee Lensing, South Winneshiek of Calmar	14.73

Heat 6

1	Kristyn Barber, Cedar Rapids Washington	13.22
2	Robin Sullivan, HLV of Victor	13.49
3	Jenny Streinz, Iowa City West	13.55
4	Sarah Nord, Glenwood	13.59
5	Erin Fitzgerald, Dowling of West Des Moines	13.67
6	Ruth Schumacher, Cherokee	13.85
7	Jennifer Naughton, Cedar Rapids Xavier	14.31
8	Jami Hester, Davenport Central	14.79

Heat 7

1	Tiffany Cruikshank, Marshalltown	13.52
2	Brandi Olson, Iowa Valley of Marengo	13.67
3	Danielle Hutchinson, Mount Pleasant	13.77
4	Kim Hibbert, Urbandale	13.80
5	Pam Betz, Cal-Dows of Latimer	13.83
6	Jennifer K. Smith, Saydel of Des Moines	14.24
7	Carrie Schnauber, Davenport Central	14.25
8	Allison Stracke, Harlan	14.80

Heat 8

1	Jen Brown, Central of DeWitt	13.41
2	Lisa Naab, Mount Pleasant	13.64
3	Kalli Hansen, Harlan	13.71
4	Jackie Beener, Des Moines East	14.20
5	Krystal Hansen, Ottumwa	14.44

Heat 9

1	Stephanie Stratton, Clear Creek-Amana of Tiffin	13.22
2	Hannah Elkins, Ottumwa	13.50
3	Erica Lynn, Ames	13.64
4	Sarah Turner, Urbandale	13.68
5	Amanda Oostendorp, Dubuque Hempstead	13.76
6	Laura Northway, Springville	13.93

Heat 10

1	Davonna Carr, Des Moines Roosevelt	13.22
2	Shaela Bresnan, Indianola	13.35
3	Angie Kemdt, Decorah	13.50
4	Amber Schilling, Cedar Rapids Prairie	13.61
5	Kendra Maxwell, Davenport North	13.62
6	Becky Bartello, Newton	13.71
7	Blair Anderson, Burlington	13.76
8	Ashley Nally, Bedford	14.17

Heat 11

1	Jenny Flora, Webster City	13.64
2	Lindsay Way, Johnston	13.74
3	Stephanie Hollingshead, Saydel of Des Moines	13.80
4	Jennifer Buls, Crestwood of Cresco	13.83
5	Kelli Scheib, Perry	14.10
6	Amy Krumm, Ballard of Huxley	14.20

Heat 12

1	Ambre Moton, Ankeny	12.99
2	Kelsea Cannon, Clarke of Osceola	13.32
3	Alicia Graber, Newton	13.60
4	Chelsea Kaczmarek, Davenport Assumption	13.87
5	Tonya Gutshall, Prairie Valley of Gowrie	13.92
5	Jessica Liebergen, West Branch	13.92
7	Amy Bixler, Indianola	14.16
8	Suzanne Martin, ADM of Adel	14.56

Heat 13

1	Jamie Powers, Dowling of West Des Moines	13.41
2	Codie Lebo, Madrid	13.75
3	Becky Lauver, Lewis Central of Council Bluffs	13.82
4	Missy Rork, Fort Dodge St. Edmond	14.36

Heat 14

1	Christie Muenzenberger, Valley of West Des Moines	13.14
2	Amanda Nearad, Iowa City	13.34
3	Kylie Lago, Ankeny	13.42
4	Kate Deatsch, Centerville	13.96
5	Tracy Stranathan, Cedar Rapids Washington	14.06
6	Breanna Manders, Davenport North	14.10

Heat 15

1	Kassie Daugherty, Davenport West	13.83
2	Natalie Johnson, Burlington	13.98
3	Mackenzie Campbell, Cherokee	14.04
4	Allie Splinter, Dubuque Hempstead	14.25
5	Megan Stabbe, Prairie Valley of Gowrie	14.34
6	Rachel Silvey, Iowa Falls	14.48

Heat 16

1	Amanda Reiss, Dubuque Wahlert	13.60
2	Liz Eckles, Cedar Rapids Jefferson	13.97
3	Abby McCorkel, West Central of Stuart	14.04
4	Michele Wilson, Lake Mills	14.70

Heat 17

1	Christin Carns, Atlantic	14.08
2	Meredith Robinson, West Marshall of State Center	14.20
3	Shelby Cloke, Bondurant-Farrar	14.47
4	Kim Jones, Des Moines Hoover	14.69

Heat 18

1	Lindsey Anderson, Valley of West Des Moines	13.74
2	Amber Daringer, Tri-Center of Neola	13.85
3	Leslie Dykstra, Twin Cedars of Bussey	13.87
4	Carmen Cox, Red Oak	13.94
5	Nicole Cleaver, Centerville	14.28
6	Bethany Townsley, Louisa-Muscatine of Letts	15.99

Heat 19

1	Becca Dalton, Madrid	14.31
2	Dia Dohlman, Eldora-New Providence	14.42
3	Jenny Hossle, Red Oak	14.48
4	Maggie Allen, Cedar Falls	14.50
5	Jessica Healey, Clear Lake	14.70
6	Amber Moore, South Winneshiek of Calmar	14.74
7	Kelsey Merical, Chariton	14.95
8	Courtney Kopaska, Guthrie Center	15.46

Heat 20

1	Shanna Kissinger, Sioux City West	13.74
2	Julie Jacobson, Mason City	14.07
3	Danielle Brooks, Grinnell	14.17
4	Kristin Menning, Guthrie Center	14.40
5	Erica Septer, ADM of Adel	14.46
6	Kristin Peterson, Ogden	14.47
7	Diane Kaufman, Dubuque Hempstead	14.66
8	LuJan Blazquez, Louisa-Muscatine of Letts	15.72

Heat 21

1	Elyse Rickel, Iowa Falls	14.29
2	Stefany Stokessberry, Davis County -Fox Valley	14.50
3	Lindsay Clark, Ogden	14.57
4	Ashley Schiermeister, Bondurant-Farrar	14.65
5	Steffie Meinhardt, Keokuk	14.83
6	Brittany Tentinger, Remsen-Union	14.96
7	Stacey Bullock, Perry	15.13

Heat 22

1	Renee Stuva, Clarke of Osceola	14.09
2	Jenny Carbone, Des Moines Christian	14.12
3	Stacey Peiffer, Carlisle	14.39
4	Anna Ziegler, Mason City	14.45
5	Carly Miller, Cedar Falls	14.86
6	Jesica Olson, Des Moines Hoover	14.97

Heat 23

1	Andi Thomsen, Atlantic	14.01
2	Helen Hughes, Cascade	14.21
3	Michele Tessier, Tri-Center of Neola	14.32

4	Justina Stodola, Solon	14.43
5	Tara Haning, Knoxville	14.72
6	Maeve Carey, Farragut	14.78
6	Katy Volkmar, Bedford	14.78

Heat 24

1	Sara Revell, Des Moines Christian	14.38
2	Destinee Castillo, Waukeg	14.53
3	Robin Weiler, Remsen-Union	14.55

Heat 25

1	Andi Van Vark, Pella Christian	14.05
2	Nicole Baier, Clarinda	14.32
3	Melanie Mahr, Denison-Schleswig	14.37
4	Katie Craigmile, Fort Dodge	14.86
5	Jodi Kneisel, Griswold	15.21

Heat 26

1	Trish Hughes, Clarinda	14.17
2	Trista Leaming, Southeast Polk of Runnells	14.22
3	Tess Silko, Davis County -Fox Valley	14.29
4	Jessica Stodola, Solon	14.31
5	Erin Kaldenberg, Southeast Warren of Liberty Center	15.26
6	Leah Olson, Griswold	15.41

Heat 27

1	Neanna Conklin, Marion	13.99
2	Jess Iserman, Waverly-Shell Rock	14.21
3	Anna Kalkwarf, Marion	14.30
4	Chandra Fynaardt, Pella Christian	14.64
5	Kelly Tebockhorst, Washington	14.92
6	Megan Hixenbaugh, Knoxville	14.95
7	Sarah Wynn, Albia	15.74

Heat 28

1	Nicole Teitsworth, Washington	13.86
2	Erin Hoover, Fort Dodge	14.27
3	Wendy Hamell, Carlisle	14.29
4	Krista Petersen, Waverly-Shell Rock	14.71
5	Ashley Backstrom, Southeast Warren of Liberty Center	14.77
6	Amanda Martin, Springville	15.37
7	Sarah Rodemeyer, Hudson	15.84

Heat 29

1	Tiffany Pruss, Stanton	14.81
2	Melanie Pence, Eldora-New Providence	15.02
3	Steph Powell, Hudson	15.07
4	Stacy Darland, Albia	15.38
5	Bri Barber, Storm Lake St. Mary's	16.08

High School Girls' 800 Meter Run Finals

1	Amanda Bales, Pleasant Valley	2:14.61 J
2	Jeni Frudden, Iowa City West	2:14.83 J
3	Allison Werner, Mount Pleasant	2:15.00 J
4	Michelle Sokol, Chariton	2:15.28
5	Carey Morris, Fort Madison	2:15.82
6	Candi Jones, Oskaloosa	2:16.07
7	Michelle Lilienthal, Iowa City	2:16.51
8	Katy Grady, LeMars	2:16.73
9	Wendy Shaw, Davenport Central	2:17.47
10	Jill Latham, Oelwein	2:17.86
11	Elly Glass, Dubuque	2:19.37
12	Jessica Rowenhorst, Unity Christian of Orange City	2:19.49
13	Katie Berger, Sioux City Heelan	2:19.97
14	Casey Hornick, Fairfield	2:21.30
15	Erin Kappeler, Bettendorf	2:21.99
16	Marissa Wurzer, South Winneshiek of Calmar	2:22.92
17	Lesley Smith, Iowa City West	2:23.39

High School Girls' 3000 Meter Run Finals

1	Michelle Lilienthal, Iowa City	9:47.53 *
2	Emily Shoopman, Waterloo West	10:13.02
3	Teresa Booth, Stanton	10:13.55
4	Kristin Hansen, Okoboji of Milford	10:13.61
5	Casey Owens, Des Moines Roosevelt	10:16.41
6	Lesley Smith, Iowa City West	10:19.85
7	Erin Kappeler, Bettendorf	10:22.53
8	Elly Glass, Dubuque	10:24.60
9	Quinn Vermie, Southeast Polk of Runnells	10:25.50
10	Amy Garrett, Southeast Polk of Runnells	10:30.39
11	Robdu Adam, Iowa City West	10:34.99
12	Molly Campana, Davenport Assumption	10:36.59
13	Georgia Millward, Benton of Van Horne	10:41.16
14	Amber Friedrich, Algona	10:41.49
15	Jenni Janssen, Tipton	10:42.63
16	Audrey Schiltz, Dowling of West Des Moines	10:43.32
17	Lauren Levy, Iowa City West	10:45.94
18	Jennifer Kunkel, Woodbury Central of Merville	10:46.44
19	Kristin Scheumann, Cedar Rapids Jefferson	10:46.74
20	Rachel O'Connor, Northeast of Goose Lake	10:52.60
21	Sarah Lacina, Muscatine	10:52.94
22	Katie Croker, Marshalltown	10:53.49
23	Heather Kite, Jesup	10:54.08
24	Julie Reger, Ames	10:55.32
25	Dani Wagaman, Red Oak	11:00.66
26	Ali Kirsch, Iowa City	11:08.05
	Jeni Frudden, Iowa City West	SCR

*Drake Relays Record--old mark, 9:54.97, Michelle Lilienthal, Iowa City,

1999

High School Girls' 4x100 Meter Relay Finals

1	IOWA CITY (Amanda Nearad, Elizabeth Matzen Melissa Holland, Nicole Gatens)	49.35
2	DES MOINES ROOSEVELT (Kathleen Sprole, Davonna Carr Elizabeth Crispin, Lolo Jones)	49.36
3	ANKENY (Haley Younger, Sarah Lindner Lindsey McCracken, Ambre Moton)	49.63
4	ATLANTIC (Ashley Hayes, Kami Roecker Kristen Burkhart, Tiffany Pedersen)	50.11
5	CEDAR RAPIDS PRAIRIE (Debbie Akerly, Amber Schilling Tina Klith, Danielle Salwey)	50.23
6	MARSHALLTOWN (Beth Michael, Abby Vanderah Alison Burns, Tiffany Cruikshank)	50.32
7	CEDAR RAPIDS WASHINGTON (Tracy Stranathan, Alynisia Bell Katie Bogguss, Kristyn Barber)	50.59
8	CLINTON (Hillary Armstrong, Jade Ammons Hadley Armstrong, Stacy Lawrence)	50.82

Heat 1

1	DES MOINES ROOSEVELT	49.82
2	ANKENY	50.01
3	IOWA CITY	50.13
4	CEDAR RAPIDS PRAIRIE	50.62
5	IOWA CITY WEST	50.99
6	MASON CITY	51.03
7	IOWA CITY REGINA	53.10
8	BEDFORD	54.76

Heat 2

1	ATLANTIC	50.62
2	AMES	51.03
3	SIoux CITY WEST	51.26
4	MUSCATINE	51.39
5	FORT DODGE	52.73
6	CAL-DOWS OF LATIMER	53.45
7	OGDEN	53.84
8	LOUISA-MUSCATINE OF LETTS	56.92

Heat 3

1	MARSHALLTOWN	50.80
2	CLINTON	50.85
3	DUBUQUE WAHLERT	51.14
4	DUBUQUE	51.26
5	NEWTON	51.94
6	NORTH SCOTT OF ELDRIDGE	52.71
6	WAVERLY-SHELL ROCK	52.71

Heat 4

1	CEDAR RAPIDS WASHINGTON	50.97
2	VALLEY OF WEST DES MOINES	51.54
3	INDIANOLA	51.63
4	PELLA	51.70
5	LEWIS CENTRAL OF COUNCIL BLUFFS	52.47
6	JOHNSTON	52.54
7	SOUTH WINNESHIEK OF CALMAR	53.43
8	PANORAMA OF PANORA	53.71

Heat 5

1	DOWLING OF WEST DES MOINES	52.21
2	CLEAR CREEK-AMANA OF TIFFIN	52.40
3	BALLARD OF HUXLEY	53.42
4	STARMONT OF ARLINGTON	53.80
5	PELLA CHRISTIAN	54.92
6	UNION OF LAPORTE CITY	55.30
7	BENTON OF VAN HORNE	55.73

Heat 6

1	CEDAR RAPIDS JEFFERSON	51.02
2	MOUNT PLEASANT	51.49
3	MADRID	53.02
4	BURLINGTON	53.36
4	MARION	53.36
6	CENTRAL OF DEWITT	53.82
7	NORWALK	54.77
8	OLON	54.85

Heat 7

1	HLV OF VICTOR	53.07
2	GILBERT	53.33
3	CEDAR RAPIDS KENNEDY	53.38
4	CLARKE OF OSCEOLA	53.66
5	TREYNOR	53.67
6	LAKE MILLS	53.70
7	FARRAGUT	57.12
8	PLEASANT VALLEY	58.58

Heat 8

1	URBANDALE	51.34
2	DUBUQUE HEMPSTEAD	53.74
2	TRI-CENTER OF NEOLA	53.74
4	DAVENPORT WEST	54.02
5	OTTUMWA	54.52
6	CENTERVILLE	55.37

Heat 9

1	DALLAS CENTER-GRIMES	18.35 *
2	GRINNELL	53.22
3	DENVER	53.58
4	PRAIRIE VALLEY OF GOWRIE	53.75
5	KEOKUK	54.08
6	EDDYVILLE-BLAKESBURG	54.49
7	IOWA FALLS	55.15
8	NEVADA	58.39

Heat 10

1	NEW HAMPTON	51.67
2	DAVENPORT NORTH	52.49
3	COON RAPIDS-BAYARD	53.24
4	CARROLL	53.69
5	HARLAN	54.22
6	ROLAND-STORY	54.25
7	CLARINDA	54.55

Heat 11

1	WAUKEE	52.57
2	CRESTWOOD OF CRESCO	53.59
3	CEDAR FALLS	53.60
4	JEFFERSON-SCRANTON	54.48
5	CARDINAL OF ELDON	54.64
6	DAVIS COUNTY -FOX VALLEY	54.84
7	BONDURANT-FARRAR	55.19

Heat 12

1	CASCADE	52.35
2	SOUTHEAST POLK OF RUNNELLS	54.24
3	RED OAK	54.25
4	SIGOURNEY	55.06
5	DENISON-SCHLESWIG	55.09

Heat 13

1	EAST MARSHALL OF LE GRAND	54.05
2	SOUTH TAMA OF TAMA	54.14
3	WEST CENTRAL OF STUART	54.24
4	REMSEN-UNION	55.17
5	FORT DODGE ST. EDMOND	55.21
6	WEST BRANCH	55.86

Heat 14

1	KNOXVILLE	54.28
2	GLENWOOD	55.24
3	WEBSTER CITY	56.29
4	CARLISLE	56.59
5	SPRINGVILLE	57.60
6	INTERSTATE 35 OF TRURO	58.96

Heat 15

1	DES MOINES CHRISTIAN	55.29
2	WASHINGTON	56.17
3	GUTHRIE CENTER	56.19
3	NORTH POLK OF ALLEMAN	56.19
5	ELDORA-NEW PROVIDENCE	56.38
6	HUDSON	58.29

Heat 16

1	DES MOINES EAST	53.82
2	WEST MARSHALL OF STATE CENTER	54.05
3	PERRY	55.86
4	STANTON	56.18
5	TWIN CEDARS OF BUSSEY	56.92
6	STORM LAKE ST. MARY'S	57.99
7	NODAWAY VALLEY OF GREENFIELD	59.03
8	GRISWOLD	64.66

Heat 17

1	CLEAR LAKE	52.98
2	CEDAR RAPIDS XAVIER	54.94
3	WILTON	55.49
4	SAYDEL OF DES MOINES	57.15
5	DES MOINES HOOVER	57.79

High School Girls' 4x400 Meter Relay Finals

1	DUBUQUE WAHLERT (Megan Gleason 61.1, Ann Marie Noel 61.7 Stephanie May 58.7, Lindsey May 59.3)	4:00.58
2	DUBUQUE (Pam Orris 61.5, Mary Ann Schilling 60.7 Elly Glass 60.6, Nicole Dougherty 58.0)	4:00.86
3	AMES (Sarah Tapper 62.6, Erica Lynn 59.7 Carly Mortensen 61.7, Kylan Loney 58.8)	4:02.88
4	HARLAN (Katie Hosack, Kara Carstens Kristen Goeser, Linnea Hopp)	4:04.37
5	VALLEY OF WEST DES MOINES (Sarah Boisen 61.7, Laura Burke 62.2 Christy Drescher 64.1, Christie Muenzenberger 56.5)	4:04.51
6	MOUNT PLEASANT (Danielle Hutchinson 62.3, Haley Sinn 60.7 Robyn Werner 62.5, Allison Werner 59.1)	4:04.68
7	IOWA CITY (Amanda Nearad 61.3, Hillary Mills 62.1 Monica Mims 61.0, Nicole Gatens 60.9)	4:05.34
8	INDIANOLA (Kristin Lickiss, Shaela Bresnan Rhiannon Lyon, Stephanie Suntken)	4:10.22

Heat 1

1	DUBUQUE (Pam Orris 60.3, Mary Ann Schilling 60.3 Elly Glass 60.0, Nicole Dougherty 58.5)	3:59.25
2	MOUNT PLEASANT (Allison Werner 59.6, Haley Sinn 59.9 Robyn Werner 61.6, Lisa Naab 59.4)	4:00.55
3	AMES (Sarah Tapper 62.2, Erica Lynn 60.4 Carly Mortensen 61.8, Kylan Loney 57.2)	4:01.62
4	IOWA CITY (Hillary Mills 60.7, Amanda Nearad 61.8 Monica Mims 60.7, Nicole Gatens 59.4)	4:02.61
5	INDIANOLA (Kristin Lickiss 61.2, Shaela Bresnan 60.9 Rhiannon Lyon 63.7, Stephanie Suntken 57.8)	4:03.58
6	CASCADE (Helen Hughes 63.4, Rachel Hutchins 60.3 Jenny Noonan 61.9, Molly Gassman 59.4)	4:04.93
7	UNITY CHRISTIAN OF ORANGE CITY (Jessica Rowenhorst, Brittany Groeneweg Melissa Eekhoff, Ranae Hoekstra)	4:05.87
8	OSKALOOSA (Andrea Jones, Brit Bailey Amber Doud, Candi Jones)	4:19.13

Heat 2

1	DUBUQUE WAHLERT (Emily Roling 60.6, Ann Marie Noel 61.6 Stephanie May 59.1, Lindsey May 60.0)	4:01.30
2	IOWA CITY WEST (Avery Bang 61.1, Ashley Johnson 61.6 Lara Janson 62.0, Lynn Dobyns 59.7)	4:04.43
3	CLEAR LAKE (April Wilhelm 63.5, Kristin Keefe 59.5 Megan Keefe 63.0, Sarah Tompkins 59.4)	4:05.54

4	CEDAR RAPIDS JEFFERSON (Kim Lorenzen, Sarah Wieneke Kristin Scheumann, Alishia Culp)	4:06.68
5	COUNCIL BLUFFS ST. ALBERT (Katie Busch, Laura Sawatzke Kim Burns, Brandy Ficek)	4:08.37
6	CEDAR RAPIDS XAVIER (Shannon Geraghty 63.5, Maria Johnson 60.0 Jamie Spoden 66.2, Shannon Ridge 61.0)	4:10.03
7	CLEAR CREEK-AMANA OF TIFFIN (Erin Dougherty 62.7, Tara Loan 63.1 Lydia McKenzie 63.1, Chrissy Berlin 63.0)	4:11.10
8	LINN-MAR OF MARION (Ashley Williams 61.2, Claire Cullis 61.4 Katie Clymer 66.9, Tara Hansen 62.3)	4:11.84

Heat 3

1	VALLEY OF WEST DES MOINES (Sarah Boisen 61.5, Laura Burke 61.8 Christy Drescher 62.2, Christie Muenzenberger 56.7)	4:02.26
2	HARLAN (Katie Hosack, Kara Carstens Kristen Goeser, Linnea Hopp)	4:02.77
3	CEDAR RAPIDS PRAIRIE (Lisa Ungerer 61.8, Debbie Akerly 60.7 Ashley Baird 62.9, Tina Klith 59.7)	4:05.13
4	CLINTON (Angie Hensel, Stacy Lawrence Megan Vens, Kara Yahn)	4:06.42
5	CHARITON (Madelyn Yocom 60.3, Allison Kuball 63.6 Heidi Snook 64.5, Michelle Sokol 60.3)	4:08.73
6	CEDAR FALLS (Nicole Doeden, Kira Anderson Chelsey Dempster, Jamie Nemmers)	4:10.24
7	BECKMAN OF DYERSVILLE (Liz Nosbisch 62.7, Jenni Wedewer 63.1 Emily Reicher 64.0, Amy Gravel 61.5)	4:11.30
8	NEWTON (Sara Birkenholz 64.9, Natasha Jimenez 64.4 Abby Townsend, Amanda Manatt)	4:12.95

High School Girls' Sprint Medley Relay Finals

1	VALLEY OF WEST DES MOINES (Shannon Smith, Carolyn Schoen Jeffia Hill, Christie Muenzenberger 56.0)	1:49.18
2	ANKENY (Lindsey McCracken, Kylie Lago Ambre Moton, Haley Younger 59.2)	1:50.75
3	MOUNT PLEASANT (Haley Sinn, Christy Nichting Lisa Naab, Allison Werner 58.4)	1:50.86
4	OSKALOOSA (Hilary Grotewold, Amber Doud Megan Sash, Candi Jones 57.5)	1:50.95
5	NEWTON (Becky Bartello, Abby Townsend Alicia Graber, Amanda Manatt 59.0)	1:51.32
6	CEDAR RAPIDS PRAIRIE (Danielle Salwey, Amber Schilling Debbie Akerly, Tina Klith 58.1)	1:51.76
7	IOWA CITY (Amanda Nearad, Elizabeth Matzen Nicole Gatens, Amber Starr 60.1)	1:51.95
8	DUBUQUE (Nicole Dougherty, Tonya Ansel Pam Orris, Katie Kluesner 63.2)	1:56.33

High School Girls' High Jump Finals

1	Sondra Rauterkus, Harlan	5'05" (1.65m)
2	Ashley Freeman, Council Bluffs Lincoln	5'04" (1.63m)
3	Brandy Ficek, Council Bluffs St. Albert	5'04" (1.63m)
4	Emily Ehrig, MMC of Marcus	5'04" (1.63m)
5	Stacy Boerema, Clinton	5'04" (1.63m)
6	Rachel Sippy, Cedar Rapids Prairie	5'04" (1.63m)
7	Jennifer Alexander, Martensdale-St. Marys	5'03" (1.60m)
8	Tina Wolfe, Pleasant Valley	5'03" (1.60m)
9	Kalyn Byers, Clarinda	5'02" (1.57m)
9	Kali Erlandson, Albert City-Truesdale	5'02" (1.57m)
11	Brooke Zrudsky, Linn-Mar of Marion	5'02" (1.57m)
12	Janae Anderson, Boyden -Hull-Rock Valley	5'00" (1.52m)
12	Brie Penaluna, Northern Iowa of Cedar Falls	5'00" (1.52m)
12	Katy Grady, LeMars	5'00" (1.52m)
12	Kristan Shanks, Fort Dodge St. Edmond	5'00" (1.52m)
12	Sara Langel, LeMars Gehlen	5'00" (1.52m)
17	Lindsey Fischbach, Carroll	5'00" (1.52m)
18	Angie Froehlich, Algona Garrigan	5'00" (1.52m)
19	Carmen Cox, Red Oak	4'10" (1.47m)

High School Girls' Long Jump Finals

1	Brie Penaluna, Northern Iowa of Cedar Falls	17'11.25" (5.47m)
2	Pam Betz, Cal-Dows of Latimer	17'07.75" (5.38m)
3	Tiffany Cruikshank, Marshalltown	17'03.75" (5.28m)
4	Molly O'Brien, Williamsburg	17'00.25" (5.19m)
5	Ashley Nally, Bedford	16'11.00" (5.16m)
6	Tristan Smith, Fort Dodge	16'10.75" (5.15m)
7	Abby Vanderah, Marshalltown	16'09.50" (5.12m)
8	Jill Sinnwell, Nashua-Plainfield	16'07.25" (5.06m)
9	Brandi Olson, Iowa Valley of Marengo	16'05.50" (5.02m)
10	Amy Wulfekuhler, Storm Lake	16'04.50" (4.99m)
11	Lorilyn Vogel, Unity Christian of Orange City	16'04.00" (4.98m)
12	Melissa Holland, Iowa City	16'02.75" (4.95m)
13	Stacy Boerema, Clinton	16'01.25" (4.91m)
14	Tiffany Pedersen, Atlantic	15'11.25" (4.86m)
15	Jess Iserman, Waverly-Shell Rock	15'05.50" (4.71m)
16	Ashley Van Zee, Tri-County of Thornburg	14'08.25" (4.48m)
	Jessica Hinkle, Woodbine	three fouls
	Davonna Carr, Des Moines Roosevelt	three fouls
	Tonya Ansel, Dubuque	three fouls

High School Girls' Shot Put Finals

1	Abby Emsick, Lewis Central of Council Bluffs	43'08.25" J (13.32m)
2	Rainie Goedken, Spencer	42'06.00" J (12.95m)
3	Aubrey Martin, Muscatine	41'10.25" J (12.76m)
4	Alissa Dennis, Ballard of Huxley	41'09.75" (12.74m)
5	Liz Hatfield, Valley of West Des Moines	40'07.00" (12.37m)
6	Maureen Head, Iowa City West	39'04.50" (12.00m)
7	Megan Medinger, Camanche	39'00.75" (11.91m)
8	Kim Jenkins, Cedar Rapids Jefferson	38'09.75" (11.83m)
9	Joli Coil, Waverly-Shell Rock	38'08.25" (11.79m)
10	Alyse Hohensee, Pocahontas Area	38'07.00" (11.76m)
11	Katie Hoback, Columbus of Columbus Junction	38'02.25" (11.64m)
12	Susan Chamberlain, Harlan	38'01.00" (11.61m)
13	Angie Hogue, Carroll	37'00.75" (11.30m)
14	Kim Hansen, Cedar Falls	36'06.75" (11.14m)
15	Mary Thomas, Davis County -Fox Valley	36'06.50" (11.14m)
16	Martina Phillips, Clinton	36'04.00" (11.07m)
17	Mary Streeter, North Fayette of West Union	36'03.25" (11.06m)
18	Melanie Thompson, ADM of Adel	34'10.25" (10.62m)

High School Girls' Discus Finals

1	Abby Emsick, Lewis Central of Council Bluffs	148'09" J* (45.34m)
2	Maureen Head, Iowa City West	140'01" (42.70m)
3	Alissa Dennis, Ballard of Huxley	136'09" (41.68m)
4	Angie Hogue, Carroll	129'02" (39.37m)
5	Rainie Goedken, Spencer	129'01" (39.34m)
6	Joli Coil, Waverly-Shell Rock	128'10" (39.27m)

7	Kelly Foley, Tipton	122'11" (37.47m)
8	Caroline Ruppert, Clear Creek-Amana of Tiffin	121'08" (37.08m)
9	Katie Standafer, North Fayette of West Union	120'08" (36.78m)
10	Janell Ward, BCLUW of Conrad	119'05" (36.40m)
11	Kim Hansen, Cedar Falls	118'07" (36.14m)
12	Lindsay Diehl, Clarke of Osceola	117'07" (35.84m)
13	Kim Jenkins, Cedar Rapids Jefferson	116'09" (35.59m)
14	Kristin Schmitt, South Winneshiek of Calmar	110'05" (33.66m)
15	Bridgette Duffy, New Hampton	108'00" (32.92m)
16	Lindsey Pleuss, Boone	107'05" (32.74m)
17	Mary Streeter, North Fayette of West Union	104'07" (31.88m)
18	Cori Blom, Maurice-Orange City/Floyd Valley	090'11" (27.71m)

*Drake Relays Record--old mark, 143-11, Sarah Wellings, Oskaloosa,

1996

GUIDE TO THE ONE LETTER CODES

Here's what those strange little letters next to the times and distances mean:

* - Drake Relays Record

A - NCAA Division I Automatic Qualifying Mark

P - NCAA Division I Provisional Qualifying Mark

OT - US Olympic Trials Qualifying Mark

J - Junior National Qualifying Mark

