

THE 89TH ANNUAL

DRAKE RELAYS

"America's Athletic Classic"



DRAKE RELAYS

High School Results

April 24-25, 1998

"MIND, BODY, SOUL"

1998 Drake Relays

Drake University, Des Moines, Iowa

April 24-25, 1998

High School Boys

FRIDAY WEATHER: MORNING - Sunny, 64 degrees, winds from Southwest at 5-10 mph. Humidity 46%. AFTERNOON - Sunny, with temperatures rising to 75 degrees. Winds from Southwest up to 13 mph. Humidity 37%. FRIDAY ATTENDANCE--17,025

SATURDAY WEATHER: MORNING - Overcast and 54 degrees to start morning program. Winds from Southeast at 14 mph with 90% humidity. Rain stopped just prior to first event at 8 a.m. AFTERNOON - Partly sunny skies with high temperature of 72 degrees. Winds from Southeast at 17-20 miles per hour. Humidity 59%. ATTENDANCE--18,000 (33rd consecutive Saturday sellout).

Software by Track-on-a-Mac...1-800-PETE-MAC

4/30@3:54 AM

High School Boys' 100 Meter Dash Finals

Wind: -2.13

1	Aaron Greving (JR), Ames	11.22
2	Eric Carroll (JR), Newton	11.38
3	Ephraim Twillie (SR), Burlington	11.43
4	Brent Tjarks (SR), Hudson	11.44
5	Brad Richtsmeier (JR), Cedar Falls	11.47
6	Adam Bengé (SR), Ankeny	11.48
7	Kevin Collins (SR), Davenport West	11.51
8	Adam Nelson (SR), Council Bluffs Lincoln	11.66

Preliminary Heat 1

Wind: -2.18

1	Aaron Greving (JR), Ames	11.17
2	Brent Tjarks (SR), Hudson	11.31
3	Josh Roose (SR), Pella	11.43
4	Geoff Jensen (SR), Grinnell	11.47
5	Alex Hilson (SR), Des Moines North	11.52
6	Ryan White (JR), Le Mars	11.63
7	Luke Bernardy (SR), Spencer	11.91
	Sophin Sarin (SR), Pella	FS

Preliminary Heat 2

Wind : -2.05

1	Eric Carroll (JR), Newton	11.28
2	Brad Richtsmeier (JR), Cedar Falls	11.35
3	Adam Nelson (SR), Council Bluffs Lincoln	11.39
4	Jason Irvin (SR), Des Moines East	11.44
5	Justin Smith (JR), South O'Brien of Paullina	11.55
6	Dusty Noble (SO), Okoboji of Milford	11.67
7	Jerod Torrey (JR), Centerville	11.75
8	Tanner Johnson (SR), Aurelia	11.86

Preliminary Heat 3

Wind : -2.02

1	Adam Bengé (SR), Ankeny	11.26
2	Chad Brewbaker (SR), Indianola	11.40
3	Michael Shade (SR), Des Moines Lincoln	11.41

4	Ben Cox (SO), Marshalltown	11.48
5	John Kayl (SR), Sioux City Heelan	11.64
6	Cedric Mullen (SR), Mount Pleasant	11.67
7	LeRoy Nimmers (SR), Davenport North	11.71
8	Chris Schmitz (SO), Sumner	11.92

Preliminary Heat 4

Wind : -0.87

1	Ephraim Twillie (SR), Burlington	11.24
2	Kevin Collins (SR), Davenport West	11.26
3	Joe Winston (SR), Davenport North	11.47
4	Kevin Collins (SR), Davenport Assumption	11.48
5	Adam Hehlke (JR), Clinton	11.62
6	James Brown (SO), Des Moines North	11.67
7	Ryan Kampman (JR), Hampton-Dumont	11.70
8	Sirr Gardner (SR), Waterloo West	11.77

High School Boys' 110 Meter Hurdles Finals

Wind: -1.10

1	Cyrus Nichols (JR), Des Moines Roosevelt	14.61
2	Scott Borchers (SR), Woodbury Central of Merville	14.99
3	Tony Leick (JR), Council Bluffs St. Albert	15.06
4	Jon Korth (SR), Forest City	15.07
5	Nathan Sawvell (JR), Wilton	15.37
6	Tony Rietema (SR), West Hancock of Britt	15.54
7	Tony Warren (SR), Davenport North	15.75
8	Rob Hoback (SR), Columbus of Columbus Junction	16.05

Preliminary Heat 1

Wind: -1.78

1	Cyrus Nichols (JR), Des Moines Roosevelt	14.69
2	Jon Korth (SR), Forest City	15.05
3	Rob Hoback (SR), Columbus of Columbus Junction	15.23
4	Scott Borchers (SR), Woodbury Central of Merville	15.28
5	Wyatt Conrad (SR), Sumner	15.59
6	Doug Krull (SR), Marshalltown	15.62
7	Matt Strand (JR), Alburnett	15.71
8	Erik Melloy (JR), Mount Pleasant	15.78

Preliminary Heat 2

Wind : -1.60

1	Tony Leick (JR), Council Bluffs St. Albert	15.31
2	Nic Wynia, Roland-Story of Story City	15.47
3	Nathan Krofta (SR), Johnston	15.49
4	Casey Callanan (SR), Clear Lake	15.72
5	Derek Gruber (SR), Council Bluffs Jefferson	15.79
6	Joe Fisher (SR), Valley of West Des Moines	15.93
7	Blake Flansche (SO), New Hampton	16.05
8	Andrew McCready (SR), Dubuque Hempstead	16.84

Preliminary Heat 3

Wind : -0.73

1	Nathan Sawvell (JR), Wilton	15.29
2	Tony Warren (SR), Davenport North	15.39
3	Tony Rietema (SR), West Hancock of Britt	15.43
4	Justin McDermott (JR), Panorama of Panora	15.56
5	Bric Nelson (SR), ADM of Adel	15.75
6	Craig Thome (SR), Spencer	16.21
7	Ryan Jenness (JR), South O'Brien of Paullina	16.51
	Karlton Hector (SO), Le Mars	SCR

Preliminary Heat 4

Wind : -0.77

1	Adam Spicer (SR), Cedar Rapids Regis-LaSalle	15.71
2	Brad Schwiebert (SR), BGM of Brooklyn	15.78
3	Luke Karkosh (SR), South Tama of Tama	15.94
4	Rob Vande Lune (SR), Pella	16.04
5	Scott McQuistan (SR), Ankeny	16.28
6	Jared Bazal (SR), Newton	16.70
7	Mike Williams (JR), Bondurant-Farrar	17.01
	Ryan Bell (SO), Marshalltown	FS

High School Boys' 400 Meter Hurdles Finals

1	Derek Gruber (SR), Council Bluffs Jefferson	54.37
2	Tony Leick (JR), Council Bluffs St. Albert	54.60
3	Zac Toomey (SO), Valley of West Des Moines	54.87
4	Matt Weldon (SR), Iowa City West	55.26
5	Paul Kerkman (SR), Cedar Rapids Kennedy	55.44
6	Jon Korth (SR), Forest City	55.49
7	Cyrus Nichols (JR), Des Moines Roosevelt	55.84
8	Justin Woodroof (SR), Sioux City North	56.38

High School Boys' 1600 Meter Run Finals

1	Shaun Allen (SR), Fort Madison	4:23.85
2	Ryan Pence (SR), Eldora-New Providence	4:23.91
3	Chris Francois (JR), Davenport North	4:23.94
4	Bobby Atkins (JR), Des Moines Roosevelt	4:24.78
5	Bryce Good (SR), Ankeny	4:24.95
6	Jonah Parks (SR), Sioux City East	4:25.33
7	Jake Munger (SR), West Central of Maynard	4:26.00
8	Bob Moreno (SO), Iowa City	4:30.11
9	J.J. Roetlin (SR), Iowa Mennonite of Kalona	4:30.92
10	Justin Kron (SR), Iowa City Regina	4:31.51
11	Luke Guthrie (JR), Ames	4:32.36
12	Phil Fanning (SR), Sioux City East	4:32.74
13	Tim Thompson (SR), Mason City	4:33.29

14	Justin Schlicher (SO), Ankeny	4:34.01
15	Nick Klenske (SR), Dubuque Hempstead	4:34.57
16	Eric Goff (FR), Bettendorf	4:34.81
17	Brent Behrens (SR), West Branch	4:34.86
18	Stephen Larson (JR), Cedar Rapids Regis-LaSalle	4:39.68
19	Jeff Paul (SR), Pleasant Valley	4:40.87
20	Josh Crain (JR), Marshalltown	4:41.97
21	Todd Tomkins (JR), Cedar Rapids Washington	4:51.79

High School Boys' 3200 Meter Run Finals

1	Shaun Allen (SR), Fort Madison	09:25.60
2	Chris Francois (JR), Davenport North	09:25.72
3	Stephen Larson (JR), Cedar Rapids Regis-LaSalle	09:29.36
4	Phil Fanning (SR), Sioux City East	09:34.81
5	Ruach Jocklow (SO), Urbandale	09:42.43
6	Chris Jones (FR), Iowa City West	09:42.67
7	Brent Behrens (SR), West Branch	09:44.29
8	Ryan Pence (SR), Eldora-New Providence	09:44.32
9	Joe Welter (SR), North Scott of Eldridge	09:45.11
10	Bob Moreno (SO), Iowa City	09:45.38
11	Josh Sawyer (SR), Northern Iowa of Cedar Falls	09:49.26
12	Josh Crain (JR), Marshalltown	09:50.73
13	Derek Steelman (SR), Ames	09:56.08
14	Matt Cook (SR), Monticello	10:00.11
15	Trent Graham (SO), Des Moines Roosevelt	10:01.40
16	Eric Mittman (SO), Iowa City	10:01.58
17	Eric McDermott (JR), Central of De Witt	10:02.71
18	Darin Steege (SR), Waverly-Shell Rock	10:05.70
19	Grant Shadden (SO), East Marshall of Le Grand	10:09.56
20	Danny Burns (SO), Marshalltown	10:28.07
	Bobby Atkins (JR), Des Moines Roosevelt	DNS

High School Boys' High Jump Finals

1	Josh Kommer (SR), Valley of West Des Moines	6'07" (2.01m)
2	Nate Schneider (JR), Algona	6'07" (2.01m)
3	Bobby Gatts (SR), Olin	6'05" (1.96m)
4	Jake Kingery (SR), Prairie City-Monroe	6'05" (1.96m)
5	Rory Howell (SR), Linn-Mar of Marion	6'05" (1.96m)
6	Michael Johnson (SR), Waterloo West	6'03" (1.91m)
6	Kevin Collins (SR), Davenport West	6'03" (1.91m)
8	Jesse Arnold (SR), Martinsdale-St.Marys	6'03" (1.91m)
9	Peter Wagner (FR), Southeast Polk of Runnells	6'03" (1.91m)
9	Tom Schmidt (SR), Atlantic	6'03" (1.91m)
9	Matt Siepker (JR), Manning	6'03" (1.91m)
	John Holscher (SO), Ames	
	Pat Lonergan (SR), Clinton	
	Aaron Pence (SO), Fort Madison	
	Mark Harken (SO), Aplington-Parkersburg	
	Brian Cassidy (SR), Monticello	

High School Boys' Long Jump Finals

1	Mike Mansour (SR), Creston	22'02.75" (6.78m)
2	Brad Witthoft (SR), Washington	22'01.75" (6.75m)
3	Charlie Bartel (JR), Cherokee	21'07.25" (6.58m)
4	Mike McQueen (SR), Carroll	21'05.75" (6.55m)
5	Nick Schuhmacher (SR), Waterloo West	20'11" (6.38m)
6	Aaron Greving (JR), Ames	20'11" (6.38m)

7	Adam Benge (SR), Ankeny	20'06.5" (6.26m)
8	Mike Bainbridge, Van Buren of Keosauqua	20'02.5" (6.16m)
9	Andre Mitchell (JR), Des Moines Hoover	20'01.75" (6.14m)
10	Shane Dukes (SR), Essex	20'01.25" (6.13m)
11	Rob Hoback (SR), Columbus of Columbus Jct	20'01" (6.12m)
12	Ben Hall (JR), Harlan	20'00.25" (6.10m)
13	Chris McCullough (SR), Pleasantville	19'07.25" (5.98m)
14	Adam Less (SR), Davenport North	19'03.75" (5.89m)
15	Eric Carroll (JR), Newton	19'03.5" (5.88m)
16	Dusty Noble (SO), Okoboji of Milford	18'02.75" (5.56m)
17	Adam Nelson (SR), Council Bluffs Lincoln	17'07.75" (5.38m)
18	Derek Sobaski (JR), Pekin of Packwood	17'02" (5.23m)
19	Chad Nally (SR), Clarinda	fouls

High School Boys' Shot Put Finals

1	Trent Clemen (SR), Dubuque Wahlert	58'07.25" (17.86m)
2	Matt Mai (SR), Le Mars Gehlen	57'11.25" (17.66m)
3	Christopher Ashton (SR), Valley of West Des Moines	57'11.25" (17.66m)
4	Joel Ellis (JR), Emmetsburg	56'04" (17.17m)
5	Nate Miltenberger (SR), Ankeny	54'10.25" (16.72m)
6	Robert Hamre (SR), Davis County of Bloomfield	54'09.05" (16.69m)
7	Ben Deike (JR), Marshalltown	54'02.5" (16.52m)
8	Ryan Winters (JR), Iowa Falls	53'08.75" (16.38m)
9	Robby Beyer (JR), Prairie City-Monroe	53'07.25" (16.34m)
10	Eric Seibert (SR), Knoxville	52'10.75" (16.12m)
11	Neil Hackfort (SR), Carroll	52'08.75" (16.07m)
12	John Wageman (SR), Harlan	52'03.5" (15.94m)
13	Clint Harrison (SR), Cherokee	52'02.75" (15.92m)
13	James Grant (SR), Ames	52'02.75" (15.92m)
15	Andy Stewart (SR), Iowa City	52'00.5" (15.86m)
16	Shawn Wagner (SR), Harlan	51'07.75" (15.74m)
17	Justin Coyer (JR), Iowa City	51'06" (15.70m)
18	Aaron Kampman (SR), Aplington-Parkersburg	50'11" (15.52m)
19	Jon Pettlon (SR), East Buchanan of Winthrop	50'07.5" (15.43m)
20	Mitch Ehrenfelt (JR), Pekin of Packwood	50'03.5" (15.33m)
21	Tim Velky (JR), Cedar Rapids Kennedy	50'01.25" (15.27m)
22	Shad Begley (SR), Van Buren of Keosauqua	49'00.75" (14.95m)
23	Dennis Anderson (JR), Glenwood	49'00.25" (14.94m)
24	Ryan McAllister (SR), Ottumwa	48'03.5" (14.72m)
25	Tameen Yehyaw (JR), Keokuk	48'01" (14.66m)
25	Eric Douglas (SR), Urbandale	48'01" (14.66m)
	Jason Mohr (SR), Valley of West Des Moines	

High School Boys' Discus Finals

1	Nate Miltenberger (SR), Ankeny	166'00" (50.60m)
2	Adam Judge (SR), Des Moines Lincoln	164'00" (49.99m)
3	Joe Illingworth (JR), Newton	155'07" (47.42m)
4	Chad Stadsvold (SR), Spencer	151'07" (46.20m)
5	Lincoln Decklever (SR), Valley of West Des Moines	150'08" (45.92m)
6	Clint Harrison (SR), Cherokee	150'02" (45.77m)
7	Brad Daufeldt (JR), West Liberty	149'02" (45.47m)
8	Ryan Grinstead (JR), Davis County of Bloomfield	146'10" (44.75m)
9	John Dillard (SR), Mount Vernon	144'04" (43.99m)
10	Nic Sailsbury (SR), Ames	143'11" (43.87m)
11	Dan Remer, Battle Creek-Ida Grove	143'06" (43.74m)
12	Jon Pettlon (SR), East Buchanan of Winthrop	142'05" (43.41m)
13	John Wageman (SR), Harlan	141'03" (43.05m)

14	Andy White (SR), Columbus of Columbus Junction	142.95m
15	Ryan Winters (JR), Iowa Falls	142.90m
16	Eric Seibert (SR), Knoxville	142.49m
17	Robert Hamre (SR), Davis County of Bloomfield	138.1m
18	Kory Borchers (JR), Le Mars	132m
19	Jon Holland (SR), Davenport Central	133m
20	Dan Nelson (SR), Mount Ayr	132l
21	Brian Meidlinger, Council Bluffs St. Albert	132l
22	Mitch Ehrenfelt (JR), Pekin of Packwood	128l
23	Matt Mai (SR), Le Mars Gehlen	
	Trent Arment (SR), Grinnell	

High School Boys' 4x100 Meter Relay Finals

1	VALLEY OF WEST DES MOINES Zac Toomey, Austin Menard Jeff Anderson, Josh Kommer	42.92
2	DAVENPORT NORTH Joe Winston, Adam Less Kary Gantt, LeRoy Nimmers	43.26
3	DAVENPORT ASSUMPTION Marcus Rush, Dustin Arbogast Lee Russell, Kevin Collins	43.26
4	CEDAR FALLS Jason Dahlstrom, Tim Hanson Ben Litton, Brad Richtsmeier	43.67
5	AMES Dave Cheney, Sean Manatt Jon Sedgwick, Aaron Greving	43.67
6	DOWLING OF WEST DES MOINES Maurice White, Bryan Ollie Ryan Hennigan, Aaron Ripple	43.83
7	WATERLOO WEST George Cortright, Corey Nissen Jarred Arends, Sirr Gardner	44.18
	DES MOINES HOOVER Paul Scott, Maurice Jackson Tony Quinn, Andre Mitchell	DQ-43.8l
	*RECORD—old mark, 3:29.01, Waterloo East, 1980.	

Preliminary Heat 1

1	VALLEY OF WEST DES MOINES Zac Toomey, Austin Menard Jeff Anderson, Josh Kommer	43.00
2	CEDAR FALLS Jason Dahlstrom, Tim Hanson Ben Litton, Brad Richtsmeier	43.62
3	DAVENPORT NORTH Joe Winston, Adam Less Kary Gantt, LeRoy Nimmers	43.83
4	WATERLOO WEST George Cortright, Corey Nissen Jarred Arends, Sirr Gardner	44.05
5	DES MOINES HOOVER Paul Scott, Maurice Jackson Tony Quinn, Andre Mitchell	44.09
6	ATLANTIC Travis Lane, Gary Popp Tom Schmidt, James Ehrman	44.97
7	DES MOINES ROOSEVELT Donnie Moore, Egan Hill Kevin Egge, Donault Moore	45.13
8	SIOUX CITY HEELAN Jeff Florke, Nick McInemy Jeff Florke, John Kayl	45.56

Preliminary Heat 2			5	CLINTON	45.00
1	DAVENPORT ASSUMPTION	43.80		Robby Worrels, Steffen Nass Sean Johnson, Adam Hehlke	
	Marcus Rush, Dustin Arbogast Lee Russell, Kevin Collins		6	ALGONA	45.58
2	AMES	44.08		Phil Fisher, Todd VanOtterloo Brad Harson, Collin Freeburg	
	Dave Cheney, Sean Manatt Jon Sedgwick, Aaron Greiving Adam Wagner, Courtney Moore		7	SPENCER	45.74
3	COUNCIL BLUFFS JEFFERSON	44.35		Craig Thome, Luke Bernardy Nate Schmidt, Zac Neppi	
	Mark Gress, Justin Kammrad Derek Gruber, Jon Taylor		8	BALLARD OF HUXLEY	45.76
4	FORT DODGE	44.47		Erik Helland, Scott Huether Aaron Moulton, Derek Accola	
	Bret Georg, Logan Barkhaus Brad Klein, Quennel McCaleb		Preliminary Heat 5		
5	DES MOINES EAST	44.55	1	NEWTON	44.30
	Kaiphet Phaydavong, Todd Bennett Carl Shelton, Jason Irvin			Tanner Clute, Travis Shrum Mike Gunsaulus, Eric Carroll Cody Carter, Jared Bazal	
6	PELLA	44.57	2	MOUNT PLEASANT	44.41
	Sophin Sarin, Dom Lovan Andy Brown, Josh Roose Tim Brand, Adam Kerndt			Jason Holtgrewe, Erik Melloy Todd Miller, Cedric Mullen Adam Hardy,	
7	GRINNELL	44.60	3	IOWA VALLEY OF MARENGO	44.80
	Shane Gosselink, Justin Jansen Eli Van Zante, Geoff Jensen Kri Chay, Jon Osborn			Luke Slockett, Matt Smith Casey Knapp, Dustin Olson	
8	ANKENY	45.28	4	DENVER	45.00
	Adam Benge, Matt Fredericksen Eric O'Brien, Nate Miltenberger			Aaron Tripolino, Ian Wass Brandon Smith, Jon Warren Adam Beckman,	
Preliminary Heat 3			5	HUDSON	45.04
1	DOWLING OF WEST DES MOINES	43.77		Jake Gardner, Luke Steele Kory Young, Brent Tjarks	
	Maurice White, Bryan Ollie Ryan Hennigan, Aaron Ripple		6	MARSHALLTOWN	45.07
2	BECKMAN OF DYERSVILLE	44.24		Ben Cox, Jeff Peek Burgess Barr, Ryan Bell	
	Matt Wessels, Josh Showalter Ted Kruse, Ed Riesberg		7	HAMPTON-DUMONT	45.30
3	CEDAR RAPIDS JEFFERSON	44.51		Matt Barber, Scott Patton Ryan Janke, Ryan Kampman	
	Ben Boesenberg, Mitch Johnson Jeremy Parrish, Josh Moon		8	CEDAR RAPIDS KENNEDY	45.41
4	FAIRFIELD	44.80		Greg Remson, Steve Olson Derek Kielkopf, Ryan Hatfield	
	Brian Burnett, Sim Buckley Troy Bisgard, Zeb Buckley		Preliminary Heat 6		
5	LE MARS	44.83	1	BURLINGTON	44.64
	Ryan White, Karlton Hector Preston Crandell, Mike Murphy Niels Harden, Justin Wilberding			Jeff Brockett, Dewayne Osborn Thomas Russell, Ephraim Twillie Keith Nash, Jason Tutt	
6	COLUMBUS OF COLUMBUS JUNCTION	44.98	2	ROLAND-STORY OF STORY CITY	44.88
	Matt Storm, Andy Hoback Jesse Rivers, Rob Hoback			Matt Meek, Christian Thamm Chris McClrath, Nic Wynia	
7	BOONE	45.30	3	IOWA MENNONITE OF KALONA	44.98
	Lucas Wirth, Marty McIntyre Dan Schaaf, Troy Schaaf Nathan Merrill, Mike Etringer			Ledru Miller, Nate Lindstrom David Rhodes, Zach Grimm Marshall Swartzendruber,	
Preliminary Heat 4			4	CENTRAL CITY	45.18
1	IOWA CITY	44.42		Jake Holub, Justin Duckett Kevin Hansen, Benji Silver Mitch Munson,	
	Kevin Grifhorst, T.J. Kempf Brian Kempnich, Ryan Hansen		5	SOUTH O'BRIEN OF PAULLINA	45.43
2	DES MOINES NORTH	44.50		Karl Schroeder, Tim Van Beek Adam Schuknecht, Justin Smith	
	James Brown, Daryl Alexander Andy Hodges, Alex Hilson		6	PEKIN OF PACKWOOD	45.56
3	OTTUMWA	44.54		Adam Hammas, Chris Sullivan Jonathan Breitenbucher	
	Tim Shepard, Rashiud Pope Mike Kremer, Josh Wilson			, Adam Woodruff	
4	CLARINDA	44.95			
	Frank Pullen, Chad Nally Seth Stimson, Luke Larson				

7	GLENWOOD Dennis Malcom, Ty Rubel Jase Johnson, Matt Jens	45.74	3	DAVIS COUNTY OF BLOOMFIELD Josh Swaim, Ryan Grinstead Mathew Lukens, Clint Barryman Elmer Wallerich, Kenneth Lukens	45.53
Preliminary Heat 7			4	CLARION-GOLDFIELD Brandon Reed, Greg Murphy Shane Boyington, Erik Jorgensen	45.61
1	CEDAR RAPIDS PRAIRIE Gary Suby, Matt Ternes T.J. Klith, Nate Toyne	44.96	5	DAVENPORT WEST Ryan Schaefer, Joel Fox Shawn Sigler, Kevin Collins	45.96
2	WEST HANCOCK OF BRITT Ben Bergman, Zach Ostercamp Mike Stripling, Ron Lamfers	45.13	6	IOWA CITY REGINA Ian Farrell, Tim Pechous Peter Rossmann, Nick Hencock Robert Campagna, Tom Hurt	45.97
3	COUNCIL BLUFFS LINCOLN Nick Batt, Adam Nelson Kyle Peterson, Austin Rau	45.19	7	UNION OF LAPORTE CITY Mike Loveless, Scott Bohnsack Randy Boldt, Ryan Riggie	46.44
4	TIPTON Randy Laing, Zach Rogers Tim Harden, Kevin Corkery	45.31	8	INDIANOLA Thomas Selgrade, Jason Engel Nick Hunt, Adam Steen	47.04
5	DUBUQUE Tim Dolson, Ben Griffin Matt Murphy, Chris Shanahan	45.91	Preliminary Heat 10		
6	DAVENPORT CENTRAL Eric Hartwig, Lucas Hill Tim Matzen, Lucas Hill	45.93	1	JOHNSTON Dan Armstrong, Scott Vermulm Lance Routson, Cory Campbell	45.10
7	NORTH SCOTT OF ELDRIDGE Ryan Petty, Adam Voelker Jason Hunt, Ryan Lau	45.94	2	CRESTON Adam Boden, Corey Steenhoek Chris Keenan, Mike Mansour Brian Bucklin, Taylor Monday	45.10
8	WAVERLY-SHELL ROCK Santiz Langford, Steve Bubb Brent Uhlenhopp, Brandon Zelle Brandon Rost, Adam Baker	46.04	3	EAST BUCHANAN OF WINTHROP Jason Sullivan, Cody Stafford Robert Gallery, Jon Pettlon	45.39
Preliminary Heat 8			4	MEDIAPOLIS David McLatchie, Kent Schmidgall Curtis Schmidgall, Mathew Cummings	45.40
1	CENTRAL OF DE WITT Dylan Sanderson, J.W. Clark Justin Hasenmiller, Troy Hythecker	45.04	5	WASHINGTON Brandon Black, Brett Leyden Nathan Meyer, Brad Withoft	45.59
2	MADRID Zac Schaffer, Matt Bosman Ryan Thompson, Rick Thompson Chris Seiler, Russell Schneider	45.05	6	WEST BURLINGTON Tim Hoffman, John Kerr Ben Klaus, Mike Pope Ryan Anderson,	46.07
3	DES MOINES LINCOLN Reico Kelly, Pete Sterbick David Bruce, Michael Shade	45.30	7	MAURICE-ORANGE CITY/FLOYD VALLEY Kelvin Tesch, Steve Hydeen Matt Huisman, Brian Tooker	47.45
4	VINTON-SHELLSBURG Justin Pladsen, Stephen Handler Robert Handler, Nick Beecher	45.41			DNS
5	KEOKUK Nathan Summers, Jon Campbell Odell Martin, Ben Orozco	45.81	Preliminary Heat 11		
6	FORT DODGE ST. EDMOND Keegan Clemens, Joe Moench Andy Nelson, Cole Ollinger	45.87	1	MASON CITY Ryan Mix, Jim Shovein Jason O'Donnell, Chris Mulert	45.35
7	NORTH FAYETTE OF WEST UNION Josh Hanson, Josh Nefzger Brent O'Donnell, Lance Guyer James Boehmler, Andy Reeder	45.99	2	NEW HAMPTON Rick Christoph, Blake Flansche Jason Reicks, Casey Tierney Matt Shatek,	45.55
8	CHARLES CITY Matt Ramthun, Justyn Ferris Ryan Walter, Chad Severin Dan Smith,	46.09	3	FOREST CITY Mike Wencil, Corey Schmidt Jeff Jerome, Jon Korth Drew Etzen, Gary Dewaard	45.65
Preliminary Heat 9			4	OKOBOJI OF MILFORD Will Johnson, Josh Heikens Travis Jostand, Dusty Noble Matt Richter,	45.80
1	JEFFERSON-SCRANTON Nate Hauptert, Jason Sacre Larry Bouchard, Adam Jones	45.17	5	MID-PRAIRIE OF WELLMAN Billy Hartsock, Joe TeBockhorst Stacey Brown, Travis Hartley Brent Showalter, Seth Fisher	46.22
2	WEST MARSHALL OF STATE CENTER Casey Trine, John Zeller Justin Whitaker, Dustin Eggers	45.51			

6	GUTHRIE CENTER Ryan Drees, Bart Smith Troy Steensen, Jason Hines	46.42
7	WOODBURY CENTRAL OF MOVILLE Jamey Lloyd, Scott Borchers Gregg Hamann, Josh Locke LINN-MAR OF MARION Zach Schuett, Chris Evans Kevin Conley, Brad Schlichte	46.50 DNS

Preliminary Heat 12

1	PANORAMA OF PANORA Chad Reich, Tyler Geopfert Nate Keith, Justin McDermott Peter Saltgaver, Shane Jensen	45.69
2	CARROLL Craig Rowedder, Travis Wiederer Nick Brinkman, Mike McQueen Brad Davidson, Cole England	45.78
3	NORTHEAST OF GOOSE LAKE Tim Lewis, Chris Ketelsen Luke McClimon, Mark Mommsen Joel Gerdes, Josh Oliver	46.04
4	VENTURA Adam Froiland, Josh Smith Eric Morf, Jard Ringus Brad Spilman, Kevin Wind	46.20
5	WATERLOO EAST Tony Keys, Omar Leflore Jacob Downing, Lance Meeks	46.35
6	BELLE PLAINE Dan Bendorf, Jason Kaplan Larry Rassler, Bill Walton Cory Gapstur,	46.47
7	ANAMOSA Dan Achenbach, Cory Capron John Gronewold, Eric Bergman	47.01
8	MISSOURI VALLEY Dylan Mullinex, Cody Smith Trevor Holcombe, Bryce Nielsen	48.10

Preliminary Heat 13

1	CEDAR RAPIDS WASHINGTON Milton Lanier, Mike Dorman David Deal, Aaron Foreman	44.33
2	LAWTON-BRONSON Justin Sanders, Justin Sands Kyle Timmins, Nick Lahrs	45.70
3	ROCKWELL-SWALEDALE Darin Eddy, Scott Dunning Dustin Price, Clint Bushbaum Travis Bielefeld, Rob Koppen	45.87
4	BATTLE CREEK-IDA GROVE Brent Sadler, Doug Durston Unknown, Luke Brinkman	46.03
5	HUMBOLDT Ethan Miller, Ross Sleiter Clint Smith, Michael Lensch	46.10
6	MARION Jesse Kensinger, Matt Wycoff James Longerbeam, Ben Humiston	46.43
7	ELDORA-NEW PROVIDENCE Jesse Collins, Justin Kinder Jim Argyros, Joe Clapsaddle	47.08
8	ADM OF ADEL Joel Barrett, Damon Frommelt Tanner Tryon, Matt Hemphill	47.52

Preliminary Heat 14

1	PLEASANTVILLE Aaron Brent, Chris McCullough Graham McGraw, Mike Olson	45.28
2	WEST DELAWARE OF MANCHESTER Ryan Zebuhr, Matt Lynch Sam Holden, Eric Ries	45.76
3	ALTA Eric Mann, Andre Rittershaus Michael Norris, Luke Boyd Jay Lockwood,	45.80
4	GARNER-HAYFIELD Eric Beshey, Kirk Pederson Scott Hiscocks, Ryan Brown	45.97
5	MAQUOKETA Clint Youlden, Casey Stillmunkes Lucas Kluever, Adam Daniels	46.01
6	WEBSTER CITY Bryan Bailey, James Brinker Zach Mitchell, Shane Jacobson	47.54
7	MANNING Brandon Doyel, Chad Struve Shawn Holloway, Aaron Stangl	47.69
		DNS

Preliminary Heat 15

1	NORTH POLK OF ALLEMAN A.J. Gardner, Chris Chapman Neal VanderLeest, Chris Ryan	45.36
2	BETTENDORF Terry Walters, Dave Yoder Brad Munos, Rick Eisenlauer	45.99
3	NEVADA Brian Skelton, Andy Buck David Hunerdosse, Abe Bilyeu	46.09
4	PLEASANT VALLEY Waseem Ahmed, Drew Anderson Kevin Hansen, Tom Anthony	46.26
5	SOUTH TAMA OF TAMA Robin Chute, Chris Kline Tom Cooper, Luke Karkosh	46.28
6	AUDUBON J.C. Ruddy, Steve Sprague Colby Nelson, Jeremy Johnston	46.58
7	ALBURNETT Justin Burns, Ben England Dan Bailey, Matt Strand Micky Roseberry, Justin Knickerbocker	46.63
		DNS

Preliminary Heat 16

1	EDGEWOOD-COLESBURG Ben Barnhart, Jeritt Bushaw Shane Wessel, Mike Nieman Scott Arthur, Cole Wegmann	45.88
2	HARLAN Nathan Schmitz, Tony Studer Ryan Fagan, Nick Carter	45.89
3	CENTERVILLE Hayden Frevert, Joel Keller Nathan Finch, Jerod Torrey	45.90
4	CMB OF BAXTER Mike Leslie, Ryan Travis Brett Fuller, Kevin Erpelding	46.05
5	UNDERWOOD Mike Borden, Brent Simons Kevin Ross, James Boeck	46.31

6	WINFIELD-MT. UNION Nick Jones, Johnny Smith Shane Curtis, Doug Adams	47.07
7	VAN BUREN OF KEOSAUQUA Cam Smith, Shane Begley Shad Begley, Jarid Myers	47.09
	CASCADE Rob Seber, Chris Hutchins Marty Sutherland, Chris Schlemme	DNF

Preliminary Heat 17

1	URBANDALE David Murphy, Tyler Johnson Tom Berlin, Nick Bolton	45.69
2	HUBBARD-RADCLIFFE Jacob Hodnefield, Bo Balvanz Clint Hinderaker, Seth Last	45.86
3	CAMANCHE Mike Nissen, Kyle Naeve Brian Borrison, Josh Empen	46.37
4	NORTHERN IOWA OF CEDAR FALLS Anton Jones, Adam Timmins Aaron McAdams, Jeremy McAdams Demetrius Kimbrough, Jared Doddema	46.58
5	LE MARS GEHLEN Beau Langel, Luke Ortmann Cory Huls, Jacob Ryba Tom Lechtenberg, Ryan Dirksen	46.68
6	WAPSIE VALLEY OF FAIRBANK Pat Shields, Dustin Destival Gabe Molstre, Scott Lansing	46.89
7	WILTON Austin Colby, Nathan Sawvell Russell Allen, Shaun Chaffee	46.91
8	SCMT OF SHEFFIELD Cory Lambertsen, Curt Cameron Fletcher Tudor, Charlie Dickman Ben Dougherty,	48.25

Preliminary Heat 18

1	APLINGTON-PARKERSBURG Josh LaVelle, Josh Strang Brent Kolder, Aaron Kampman	46.45
2	WEST HARRISON OF MONDAMIN Jeremy Neill, Lee Roden Scott Gute, Craig Alderton	46.48
3	WESTWOOD OF SLOAN Chris Bainbridge, Travis Jewett Greg Topf, A.J. Garr	46.62
4	KINGSLEY-PIERSON Dallas Thompson, Adam Timmins Brian Culler, Wade De Vries	46.62
5	EAST UNION OF AFTON Justin Brown, Chad Scarberry Mike Vaughn, Colin McCampbell Aric Cunningham, Chris Stalcup	46.63
6	OLON Kyle Mahoney, Brad Hodapp Nick Jedlicka, Keith Mahoney	47.14
7	SIGOURNEY Jonathan Wallerich, Greg Cooley Jesse Hammes, Trent Steinhart	47.68
		DNS

Preliminary Heat 19

1	COON RAPIDS-BAYARD B.J. Byerly, Ben Jackson Matt Sheeder, Eddie Kautzky	46.05
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2	WATERLOO COLUMBUS-DON BOSCO Trevis Shimp, Ryan Knipp Chris Breidenbach, Matt Thompson	46.10
3	DIKE-NEW HARTFORD Shaun Decker, Kyle Weber Erik Smiley, Lane Danielson Nick Betts,	46.36
4	MOUNT AYR Scott Rumple, Jeremy Burmeister Chris Leonard, Adam Dredge	46.46
5	CEDAR RAPIDS REGIS-LASALLE Ryan Brady, Jerry Lorenson Martin Decamp, Brian Shedak	46.69
6	INTERSTATE 35 OF TRURO Kyle Braddock, Josh Strable Steve Slye, Justin Herman	46.92
7	NORTH CEDAR OF STANWOOD Seth Deahl, Jason Meyer Steve Mathisen, Ryan Kedley	47.05
	DUNKERTON Andy Snyder, Tim Miller Aaron Tissue, Randy Etringer	DNF

Preliminary Heat 20

1	SOUTHEAST POLK OF RUNNELLS Joey Bell, Joel Antelman Gabe James, Peter Wagner	46.37
2	WAUKON Brian White, Todd Johnson Kraig Koschmeder, Jeremy Mohwinkle	46.67
3	SHENANDOAH Dustin Mattox, Matt Bosley Dan Martin, Zach Tuggle	46.88
4	WOODBINE Ryan Allen, Dan Monahan Alan Scichitone, Luke McHugh	47.21
5	MONTICELLO Kory Helgens, Ryan Luensman Shawn Weber, Spencer Moats	47.36
6	WEST LIBERTY Ryan Ruess, Shawn Kiut Dan Johnston, Justin Howard Andy Schaapveld, Jeff Laughlin	47.55
7	BONDURANT-FARRAR Mike Williams, Chris Cory Chad Blanchard, Ben Westrope	47.68
8	POCAHONTAS AREA Cam Christoffers, Brian Kroska Nate Stewart, Brett Stoullil	47.87

Preliminary Heat 21

1	SIOUX CITY NORTH Mike McManigal, Casey Baker Chad Paulson, Craig Winter	45.65
2	DUBUQUE WAHLERT Eric Kahle, Eric Blaser Justin Widmyer, Trent Clemens	45.66
3	SUMNER Chris Schmitz, Erik Smith Rick Westendorf, Wyatt Conrad	45.99
4	MUSCATINE Justin Smith, Armando Ortiz B.J. Saunders, Adam Guy	46.85
5	NORWALK Jamie Roth, Chad Weber Brett White, Travis Cheers	47.06

6	HLV OF VICTOR Jason York, Ryan Sullivan Chris Furler, Ryan Sullivan OSAGE Judd Meinders, Ryan Grafft Andy Brown, Justin Mellman	47.07 DNF
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High School Boys' 4x200 Meter Relay Finals

1	VALLEY OF WEST DES MOINES Jeff Anderson, Austin Menard Brian Hardin, Josh Kommer	1:28.64
2	DAVENPORT NORTH Marques Simmons, Joe Winston Adam Less, Marcus Ryan	1:29.56
3	CEDAR FALLS Jason Dahlstrom, Ben Litton Scott Nicol, Brad Richtsmeier	1:30.14
4	SIOUX CITY HEELAN John Kayl, Noah Johnson Jeff Florke, Nick McInerny	1:30.46
5	INDIANOLA Adam Pennington, Matt Oberender Ed Johnson, Chad Brewbaker	1:30.48
6	DES MOINES HOOVER Maurice Jackson, Paul Scott Stanley Patton, Tuffy Jackson	1:30.50
7	WASHINGTON Brian Stegall, Matt Doughty Brandon Black, Brad Witthoft	1:30.77
8	GRINNELL Shane Gosselink, Eli Van Zante Justin Jansen, Geoff Jensen	1:31.12

Preliminary Heat 1

1	VALLEY OF WEST DES MOINES Jeff Anderson, Austin Menard Brian Hardin, Josh Kommer	1:28.99
2	CEDAR FALLS Jason Dahlstrom, Tim Hanson Ben Litton, Brad Richtsmeier	1:29.98
3	GRINNELL Shane Gosselink, Eli Van Zante Justin Jansen, Geoff Jensen	1:30.93
4	SIOUX CITY HEELAN John Kayl, Adam Kuehl Jeff Florke, Nick McInerny	1:31.06
5	COUNCIL BLUFFS JEFFERSON Mark Gress, Justin Kammrad Chris Moore, Jon Taylor	1:31.76
6	OTTUMWA Tim Shepard, Rashiud Pope Mike Kremer, Josh Wilson	1:32.55
7	MARSHALLTOWN Ben Cox, Jeff Peek Joe Chapman, Ryan Bell	1:32.80
		DNS

Preliminary Heat 2

1	INDIANOLA Adam Pennington, Matt Oberender Ed Johnson, Chad Brewbaker	1:30.55
2	DES MOINES HOOVER Maurice Jackson, Paul Scott Stanley Patton, Tuffy Jackson	1:30.79
3	WASHINGTON Brian Stegall, Matt Doughty Brandon Black, Brad Witthoft	1:31.29

4	DAVENPORT NORTH Marques Simmons, Tony Warren Adam Less, Marcus Ryan	1:31.32
5	ANKENY Adam Bengel, Matt Fredericksen Eric O'Brien, Nate Miltenberger	1:31.37
6	LE MARS Ryan White, Karlton Hector Preston Crandell, Mike Murphy	1:31.54
	DOWLING OF WEST DES MOINES Kolby Jones, Bryan Ollie	DQ-1:31.26
	BALLARD OF HUXLEY Ryan Terrones, Scott Huether Derek Accola, Aaron Moulton	DQ-1:33.69

Preliminary Heat 3

1	HAMPTON-DUMONT Scott Patton, Ryan Janke Scott Peterson, Ryan Kampman	1:31.57
2	DES MOINES LINCOLN Reico Kelly, Pete Sterbick David Bruce, Michael Shade	1:31.61
3	CEDAR RAPIDS WASHINGTON Mike Dorman, Matt Brimmer David Deal, Aaron Foreman	1:31.83
4	DES MOINES ROOSEVELT Donald White, Egan Hill Willis Humphrey, Donault Moore	1:32.19
5	MOUNT PLEASANT Jason Holtgrewe, Erik Melloy Todd Miller, Cedric Mullen	1:32.41
6	SIOUX CITY WEST A.J. Rippatoe, Kirk Hinrich Brandon Fravel, Damien Keaims	1:32.80
7	PELLA Sophin Sarin, Adam Kerndt Tim Brand, Josh Roose	1:32.84
8	CLARINDA Frank Pullen, Chad Nally Seth Stimson, Luke Larson	1:33.56

High School Boys' 4x400 Meter Relay Finals

1	DES MOINES HOOVER Andre Mitchell 50.1, Brian Foster 51.0 Stanley Patton 49.0, Tuffy Jackson 49.5	3:19.57
2	SIOUX CITY HEELAN Adam Kuehl, John Kayl Jeff Florke, Nick McInerny	3:22.27
3	VALLEY OF WEST DES MOINES Zac Toomey 50.7, Ben Spellman 52.0 Brian Hardin 51.3, Josh Kommer 50.0	3:23.96
4	DECORAH Shane Butler 51.2, Jake Hildebrand 52.9 Josh Hildebrand 52.1, Burke Bockman 50.5	3:25.69
5	INDIANOLA Matt Oberender, Joe Laxton Chad Brewbaker, Ed Johnson	3:25.85
6	WASHINGTON Andy Six 52.0, Matt Doughty 52.6 Alex Six 51.7, Brian Stegall 51.8	3:26.03
7	CEDAR RAPIDS WASHINGTON Mike Dorman, Kevin Burrell David Deal 52.6, Aaron Foreman 49.1	3:26.26
8	COUNCIL BLUFFS JEFFERSON Derek Gruber, Justin Kammrad Chris Moore, Jon Taylor	3:26.61

Preliminary Heat 1		
1	VALLEY OF WEST DES MOINES Zac Toomey 51.1, Domico Cooper 50.6 Josh Kommer 49.3, Brian Hardin 49.3	3:19.83
2	DES MOINES HOOVER Andre Mitchell 49.9, Brian Foster 49.3 Stanley Patton 51.3, Tuffy Jackson 49.3	3:19.85
3	CEDAR RAPIDS WASHINGTON Mike Dorman 52.1, Kevin Burrell 53.1 David Deal 52.1, Aaron Foreman 48.4	3:23.67
4	SIOUX CITY HEELAN Adam Kuehl 52.1, John Kayl 52.0 Jeff Florke 51.2, Nick McInerny 49.7	3:23.98
5	CEDAR FALLS Jeff Jackson, Scott Nicol Peter Hoekstra, Ben Litton	3:27.94
6	UNITY CHRISTIAN OF ORANGE CITY Ryan Visser 54.5, Jim Dekkers 52.7 Jon Dekkers 52.0, Brian Wassenaar 52.0	3:31.16
7	NEWTON Jared Bazal, Tanner Clute Steve Ferguson, Eric Carroll	3:32.19
8	DOWLING OF WEST DES MOINES Aaron Ripple 52.2, Ryan Hennigan 52.3 John Smith 53.3, Brant Chambers 56.8	3:34.56

Preliminary Heat 2		
1	INDIANOLA Matt Oberender 54.1, Joe Laxton 50.8 Chad Brewbaker 48.6, Ed Johnson 50.6	3:24.09
2	WASHINGTON Andy Six, Matt Doughty Alex Six, Brian Stegall	3:25.61
3	COUNCIL BLUFFS JEFFERSON Derek Gruber 51.1, Justin Kammrad 50.9 Chris Moore 51.6, Jon Taylor 51.5	3:26.02
4	WAVERLY-SHELL ROCK Adam Baker 51.7, Dave Paulsen 51.2 Shaun Bienemann 51.9, Cody Neuendorf 51.5	3:26.25
5	AMES Dave Cheney 51.4, Luke Deardorff 52.2 Adam Wagner 51.9, Erik Distler 51.0	3:26.46
6	MOUNT PLEASANT Andy Ungerman, Jeff Fedler Cedric Mullen, Josh Menke	3:27.14
7	IOWA CITY WEST Kevin Long 52.0, Chris Richardson 53.3 Nathan Wilson 52.0, Matt Weldon 51.2	3:28.46
8	CEDAR RAPIDS KENNEDY Paul Kerkman, James Duffey Ryan Pauly, Jarin Hansen	3:28.84

Preliminary Heat 3		
1	DECORAH Shane Butler 51.3, Jake Hildebrand 52.0 Josh Hildebrand 51.1, Burke Bockman 49.5	3:23.81
2	PLEASANT VALLEY Jay Jebesen 52.6, Jon Wagner 50.6 Matt Littrel 53.0, Jonathan McGee 50.5	3:26.77
3	GLENWOOD Jeff Gray, Chris Dougherty Chris Hein, Andrew Dunn 49.1	3:27.35
4	FAIRFIELD Zeb Buckley 50.6, Sim Buckley 52.6 Tyson Dimmitt 51.3, Brian Burnett 51.5	3:27.98

5	BECKMAN OF DYERSVILLE Charlie Vorwald, Ed Riesberg 50.4 Tim McClimon 52.3, Ted Kruse	3:28.22
6	DUBUQUE WAHLERT Matt Seamer 53.4, Mike Rohner 53.2 Andy Jelinek 52.0, Andy Burbach 51.7	3:30.25
7	LINN-MAR OF MARION Dan Cole, Tyler Knight Zach Schuett, Brad Schlichte	3:30.98
8	SIOUX CITY NORTH Corey Utech 52.8, Casey Baker 54.5 Dan Chatham 52.8, Justin Woodroof 53.2	3:33.30

High School Boys' 4x800 Meter Relay Finals

1	WAVERLY-SHELL ROCK Dave Paulsen 2:01.2, Jamie Norton 1:58.7 Shaun Bienemann 2:01.5, Cody Neuendorf 1:57.0	7:58.33
2	AMES Luke Deardorff 2:00.9, Zach Keller 1:59.1 Eric Houge 2:02.0, Erik Distler 1:57.4	7:59.43
3	CEDAR FALLS Peter Hoekstra 1:59.2, Brian Burkhardt 1:59.1 Matt MacKenzie 1:58.1, Chad Steffen 2:01.7	7:59.95
4	CEDAR RAPIDS REGIS-LASALLE Matt Vaughn, Stephen Larson Jesse Cearlock, Russ Sand	8:00.80
5	DUBUQUE WAHLERT Matt Seamer, Mike Rohner Andy Freund, Andy Jelinek	8:01.45
6	PLEASANT VALLEY Zeb Gilliam 2:03.5, Jon Wagner 2:00.0 Jeff Paul 2:01.6, Jonathan McGee 1:57.3	8:02.45
7	DUBUQUE John Schomberg, Greg Vasey Jim Rang, Tim Orris	8:04.96
8	DES MOINES ROOSEVELT Willis Humphrey 2:00.6, Trent Graham 2:00.8 Marty Jones 2:08.2, Bobby Atkins 1:55.8	8:05.41
9	MONTICELLO Matt Cook 1:59.5, Brian Henderson 2:04.7 DJ Schenck 2:02.4, Mitch Cook 1:59.4	8:06.04
10	DOWLING OF WEST DES MOINES Benjamin Glaser, Kevin Brownell John Smith,	8:09.51
11	SIOUX CITY HEELAN Tom Carroll, John Berger Ben Schroeder, Tom Karpuk	8:10.81
12	IOWA CITY Mike Fuortes 2:01.2, Skylar Moss 2:04.5 David Rogers 2:02.3, Jacob Smith 2:04.0	8:12.61
13	MASON CITY Matt Rezab, John Kostka Matt Peterson, Tim Thompson	8:15.53
14	SPENCER Brody Knudtson, Tim Veiseth Tom Veiseth, Ben Fogarty	8:18.50
15	INDIANOLA Adam Graham, Brian Benge Joe Schieffer, Joe Laxton	8:18.58
16	UNITY CHRISTIAN OF ORANGE CITY Jon Dekkers 2:02.3, Jim Dekkers 2:00.7 Dan Van Engen 2:07.1, Brian Wassenaar 2:11.9	8:22.03

High School Boys' Sprint Medley Relay Finals

1	DES MOINES ROOSEVELT Cyrus Nichols, Egan Hill Willis Humphrey 49.3, Bobby Atkins 1:52.7	3:27.52
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2	DAVENPORT NORTH Marques Simmons, Joe Winston Adam Less 49.6, Chris Francois 1:53.7	3:28.56
3	AMES Dave Cheney, Aaron Greving Erik Distler 50.4, Zach Keller 1:57.1	3:31.68
4	ANKENY Adam Bengel, Matt Fredericksen Eric O'Brien 50.6, Bryce Good 1:56.4	3:32.75
5	VALLEY OF WEST DES MOINES Jeff Anderson, Abe Smith Brian Hardin 49.7, James Langdon 1:58.5	3:34.09
6	DES MOINES EAST Jason Irvin, Carl Shelton Todd Bennett 50.2, Lance Lethcoe 1:58.0	3:34.53
7	INDIANOLA Adam Pennington, Chad Brewbaker Ed Johnson, Joe Laxton 1:59.9	3:35.02
8	DECORAH Shane Butler, Chris Wenthold Burke Bockman 49.3, Josh Hildebrand 1:59.6	3:35.47
9	CEDAR RAPIDS REGIS-LASALLE Adam Spicer, David Celchowski Matt Vaughn 50.2, Jesse Cearlock 1:51.9	3:35.48
10	WOODBINE Ryan Allen, Joel Sullivan Micah Mullenix 52.1, Dan Monahan 1:55.2	3:35.58
11	CENTERVILLE Joel Keller, Seth Pace Jerod Torrey 48.3, Dwight Ousley 2:12.0	3:36.99
12	COUNCIL BLUFFS JEFFERSON Jon Taylor, Justin Kammrad Derek Gruber 50.2, Harvey Coble 2:01.0	3:37.01
13	FORT MADISON Zach Glasgow, Shawn Gnann Jeff Lamb 53.7, Shaun Allen 1:54.6	3:37.16
14	OTTUMWA Tim Shepard, Rashiud Pope Josh Wilson 50.3, Mike Kremer 2:00.6	3:37.37
15	MONTICELLO Kory Helgens, Spencer Moats Brian Cassidy 52.0, Mitch Cook 1:57.8	3:37.61
16	FORT DODGE Brad Klein, Quannel McCaleb Mike Lindeberg 51.4, Tim Hanson	3:38.25
17	DOWLING OF WEST DES MOINES Kolby Jones, Ryan Hennigan Aaron Ripple 50.7, Kevin Brownell 2:01.5	3:39.06
18	PLEASANT VALLEY Matt Littrel, Jay Jepsen Jon Wagner 51.2, Jonathan McGee 2:00.0	3:39.11
19	IOWA CITY WEST Marc Winniford, Chris Richardson Gian Longo 51.5, Chris Jones 2:02.4	3:41.04
20	CEDAR FALLS Jason Dahlstrom, Tim Hanson Scott Nicol 55.1, Peter Hoekstra	3:46.68
21	IOWA CITY Matt Saur, Tony Burrier Jonathan Blayer 52.2, Scott Gordon 2:08.1	3:47.33
22	MASON CITY Caleb Hill, Jared Kellar Jim Shovein 51.8, Evan Main 2:11.3	3:49.54
	DES MOINES LINCOLN Michael Shade, Pete Sterbick Reico Kelly, Tony Ekman	DQ3:38.22
	CHARLES CITY Matt Ramthun, Chad Severin Chad Wendel, Tim Eldridge	DNF

14	SPENCER Brody Knudtson, Tim Veiseth Tom Veiseth, Ben Fogarty	8:18.50
15	INDIANOLA Adam Graham, Brian Benge Joe Schieffer, Joe Laxton	8:18.58
16	UNITY CHRISTIAN OF ORANGE CITY Jon Dekkers 2:02.3, Jim Dekkers 2:00.7 Dan Van Engen 2:07.1, Brian Wassenaar 2:11.9	8:22.03

High School Boys' Sprint Medley Relay Finals

1	DES MOINES ROOSEVELT Cyrus Nichols, Egan Hill Willis Humphrey 49.3, Bobby Atkins 1:52.7	3:27.52
2	DAVENPORT NORTH Marques Simmons, Joe Winston Adam Less 49.6, Chris Francois 1:53.7	3:28.56
3	AMES Dave Cheney, Aaron Greving Erik Distler 50.4, Zach Keller 1:57.1	3:31.68
4	ANKENY Adam Benge, Matt Fredericksen Eric O'Brien 50.6, Bryce Good 1:56.4	3:32.75
5	VALLEY OF WEST DES MOINES Jeff Anderson, Abe Smith Brian Hardin 49.7, James Langdon 1:58.5	3:34.09
6	DES MOINES EAST Jason Irvin, Carl Shelton Todd Bennett 50.2, Lance Lethcoe 1:58.0	3:34.53
7	INDIANOLA Adam Pennington, Chad Brewbaker Ed Johnson, Joe Laxton 1:59.9	3:35.02
8	DECORAH Shane Butler, Chris Wenthold Burke Bockman 49.3, Josh Hildebrand 1:59.6	3:35.47
9	CEDAR RAPIDS REGIS-LASALLE Adam Spicer, David Celchowski Matt Vaughn 50.2, Jesse Cearlock 1:51.9	3:35.48
10	WOODBINE Ryan Allen, Joel Sullivan Micah Mullenix 52.1, Dan Monahan 1:55.2	3:35.58
11	CENTERVILLE Joel Keller, Seth Pace Jerod Torrey 48.3, Dwight Ousley 2:12.0	3:36.99
12	COUNCIL BLUFFS JEFFERSON Jon Taylor, Justin Kammrad Derek Gruber 50.2, Harvey Coble 2:01.0	3:37.01
13	FORT MADISON Zach Glasgow, Shawn Gnann Jeff Lamb 53.7, Shaun Allen 1:54.6	3:37.16
14	OTTUMWA Tim Shepard, Rashiud Pope Josh Wilson 50.3, Mike Kremer 2:00.6	3:37.37
15	MONTICELLO Kory Helgens, Spencer Moats Brian Cassidy 52.0, Mitch Cook 1:57.8	3:37.61
16	FORT DODGE Brad Klein, Quannel McCaleb Mike Lindeberg 51.4, Tim Hanson	3:38.25
17	DOWLING OF WEST DES MOINES Kolby Jones, Ryan Hennigan Aaron Ripple 50.7, Kevin Brownell 2:01.5	3:39.06
18	PLEASANT VALLEY Matt Littrel, Jay Jebsen Jon Wagner 51.2, Jonathan McGee 2:00.0	3:39.11
19	IOWA CITY WEST Marc Winniford, Chris Richardson Gian Longo 51.5, Chris Jones 2:02.4	3:41.04

20	CEDAR FALLS Jason Dahlstrom, Tim Hanson Scott Nicol 55.1, Peter Hoekstra	3:46.68
21	IOWA CITY Matt Saur, Tony Burrier Jonathan Blayer 52.2, Scott Gordon 2:08.1	3:47.33
22	MASON CITY Caleb Hill, Jared Kellar Jim Shovein 51.8, Evan Main 2:11.3	3:49.54
	DES MOINES LINCOLN Michael Shade, Pete Sterbick Reico Kelly, Tony Ekman	DQ3:38.22
	CHARLES CITY Matt Ramthun, Chad Severin Chad Wendel, Tim Eldridge	DNF

RECORD—old mark, 3:29.01, Waterloo East, 1980

14	SPENCER Brody Knudtson, Tim Veiseth Tom Veiseth, Ben Fogarty	8:18.50
15	INDIANOLA Adam Graham, Brian Bengé Joe Schieffer, Joe Laxton	8:18.58
16	UNITY CHRISTIAN OF ORANGE CITY Jon Dekkers 2:02.3, Jim Dekkers 2:00.7 Dan Van Engen 2:07.1, Brian Wassenaar 2:11.9	8:22.03

High School Boys' Sprint Medley Relay Finals

RECORD—old mark, 3:29.01, Waterloo East, 1980

High School Boys' Sprint Medley Relay Finals

1	DES MOINES ROOSEVELT Cyrus Nichols, Egan Hill Willis Humphrey 49.3, Bobby Atkins 1:52.7	3:27.52
2	DAVENPORT NORTH Marques Simmons, Joe Winston Adam Less 49.6, Chris Francois 1:53.7	3:28.56
3	AMES Dave Cheney, Aaron Greving Erik Distler 50.4, Zach Keller 1:57.1	3:31.68
4	ANKENY Adam Bengé, Matt Fredericksen Eric O'Brien 50.6, Bryce Good 1:56.4	3:32.75
5	VALLEY OF WEST DES MOINES Jeff Anderson, Abe Smith Brian Hardin 49.7, James Langdon 1:58.5	3:34.09
6	DES MOINES EAST Jason Irvin, Carl Shelton Todd Bennett 50.2, Lance Lethcoe 1:58.0	3:34.53
7	INDIANOLA Adam Pennington, Chad Brewbaker Ed Johnson, Joe Laxton 1:59.9	3:35.02
8	DECORAH Shane Butler, Chris Wenthold Burke Bockman 49.3, Josh Hildebrand 1:59.6	3:35.47
9	CEDAR RAPIDS REGIS-LASALLE Adam Spicer, David Celchowski Matt Vaughn 50.2, Jesse Cearlock 1:51.9	3:35.48
10	WOODBINE Ryan Allen, Joel Sullivan Micah Mullenix 52.1, Dan Monahan 1:55.2	3:35.58
11	CENTERVILLE Joel Keller, Seth Pace Jerod Torrey 48.3, Dwight Ousley 2:12.0	3:36.99
12	COUNCIL BLUFFS JEFFERSON Jon Taylor, Justin Kammrad Derek Gruber 50.2, Harvey Coble 2:01.0	3:37.01
13	FORT MADISON Zach Glasgow, Shawn Gnann Jeff Lamb 53.7, Shaun Allen 1:54.6	3:37.16
14	OTTUMWA Tim Shepard, Rashiud Pope Josh Wilson 50.3, Mike Kremer 2:00.6	3:37.37
15	MONTICELLO Kory Helgens, Spencer Moats Brian Cassidy 52.0, Mitch Cook 1:57.8	3:37.61
16	FORT DODGE Brad Klein, Quennel McCaleb Mike Lindeberg 51.4, Tim Hanson	3:38.25
17	DOWLING OF WEST DES MOINES Kolby Jones, Ryan Hennigan Aaron Ripple 50.7, Kevin Brownell 2:01.5	3:39.06

18	PLEASANT VALLEY Matt Littrel, Jay Jebson Jon Wagner 51.2, Jonathan McGee 2:00.0	3:39.11
19	IOWA CITY WEST Marc Winniford, Chris Richardson Gian Longo 51.5, Chris Jones 2:02.4	3:41.04
20	CEDAR FALLS Jason Dahlstrom, Tim Hanson Scott Nicol 55.1, Peter Hoekstra	3:46.68
21	IOWA CITY Matt Saur, Tony Burrier Jonathan Blayer 52.2, Scott Gordon 2:08.1	3:47.33
22	MASON CITY Caleb Hill, Jared Kellar Jim Shovein 51.8, Evan Main 2:11.3	3:49.54
	DES MOINES LINCOLN Michael Shade, Pete Sterbick Reico Kelly, Tony Ekman	DQ3:38.22
	CHARLES CITY Matt Ramthun, Chad Severin Chad Wendel, Tim Eldridge	DNF

1998 Drake Relays

Drake University, Des Moines, Iowa

April 24-25, 1998

High School Girls

FRIDAY WEATHER: MORNING - Sunny, 64 degrees, winds from Southwest at 5-10 mph. Humidity 46%. AFTERNOON - Sunny, with temperatures rising to 75 degrees. Winds from Southwest up to 13 mph. Humidity 37%. FRIDAY ATTENDANCE--17,025

SATURDAY WEATHER: MORNING - Overcast and 54 degrees to start morning program. Winds from Southeast at 14 mph with 90% humidity. Rain stopped just prior to first event at 8 a.m. AFTERNOON - Partly sunny skies with high temperature of 72 degrees. Winds from Southeast at 17-20 miles per hour. Humidity 59%. ATTENDANCE--18,000 (33rd consecutive Saturday sellout).

Software by Track-on-a-Mac... 1-800-PETE-MAC

4/30@5:22 AM

High School Girls' 100 Meter Dash Finals

Wind: +1.10

1	Kristin Knight, Iowa City	12.54
2	Laura Aschoff, Ankeny	12.76
3	Pam Orris (FR), Dubuque	12.77
4	Lolo Jones, Des Moines Roosevelt	12.82
5	Kate Gordon (JR), Sioux City North	12.93
6	Nikki Nelson, Mount Vernon-Lisbon	13.06
7	Leilani Smith, Cedar Rapids Regis-LaSalle	13.07
8	Rasheeda Jones, Waterloo East	13.13

Preliminary Heat 1

1	Kate Gordon (JR), Sioux City North	12.57
2	Sarah Wrage, Cherokee	13.71
3	Annie Herrick, Nodaway Valley of Greenfield	13.85
4	Melanie Schettler, Red Oak	13.98
5	Valerie Carritt, West Harrison of Mondamin	14.00
6	Jami Wheelock, Colo-Nesco	14.07

Preliminary Heat 2

1	Jennifer Wieck, Hampton-Dumont	13.17
2	Alicia Hraha, Interstate 35 of Truro	13.82
3	Erin Harrill, Union of LaPorte City	14.31
4	Kristi Von Dielingen, Atlantic	14.41
5	Stacy Bullock, Perry	14.51

Preliminary Heat 3

1	Nikki Nelson, Mount Vernon-Lisbon	12.55
2	Brittany Ziesman, Iowa Falls	13.85
3	Amy Lundquist, Clarke of Osceola	14.08
4	Hadley Armstrong, Clinton	14.22
5	Angie Brown, Davis County of Bloomfield	14.24
6	Jen Moore, Gilbert	14.51
7	Brie Wetzel, Guthrie Center	15.43

Preliminary Heat 4

1	Kristin Knight, Iowa City	12.06
2	Michelle Clausen, Creston	13.09

3	Blair Anderson, Burlington	13.45
4	Jackie Beener, Des Moines East	13.69
5	Erin Miller, Clarinda	13.77
6	Jennifer Smith, Saydel of Des Moines	14.73

Preliminary Heat 5

1	Tina Klith (SO), Cedar Rapids Prairie	12.88
2	Kara Hulse, Cedar Falls	12.99
3	Antrica Spears, Davenport Central	13.14
4	Tammy Smith, Perry	13.51
5	Suezanne Martin, ADM of Adel	14.08
6	Katie Kliegl, Jefferson-Scranton	14.22

Preliminary Heat 6

1	Melissa Persaud, Sioux City North	13.50
2	Brooke Stanley, Interstate 35 of Truro	13.91
3	Tara Biederman, Dubuque Hempstead	14.03
4	Katie Lauver, Treynor	14.12
5	Andi Jo Herrold, Woodward-Granger	14.25
6	Teresa Tremel, Woodbine	14.50

Preliminary Heat 7

1	Amber Engelen, Ames	12.78
2	Korynn Barber, Cedar Rapids Washington	13.02
3	Loletha Marshall, Davenport North	13.65
4	Jennifer Helgeson, Lake Mills	13.80
5	Michelle Phipps, Woodbury Central of Merville	13.83
6	Katie Long, Mason City	13.83
7	Jenny Willer, Lewis Central of Council Bluffs	14.12
8	Lindsey Bice, Woodward-Granger	14.49

Preliminary Heat 8

1	Laura Aschoff, Ankeny	12.51
2	Misa Nakato, Iowa City West	13.16
3	Rachel Flora, Collins-Maxwell-Baxter	13.61
4	Amy Young, Johnston	13.64
5	Jenny Versluys, Pella	13.65
6	Kendra Kindley, Knoxville	14.08

7 Lindsey Bennett, Des Moines East 14.09

Preliminary Heat 9

1 Kylan Loney, Ames 12.87
2 Andrea Ridgeway, Dowling of West Des Moines 13.18
3 Jolene Hermes, Maquoketa 13.69
4 Kelli Marlow, Pella 13.75
5 Meredith Mahoney, Ogden 14.06

Preliminary Heat 10

1 Jamey Cox, Waterloo West 13.11
2 Katie Brees, Keota 13.36
3 Christie Muenzenberger, Valley of West Des Moines 13.73
4 Laura Uthe, Dubuque Hempstead 13.93
5 Kellie Evans, Lewis Central of Council Bluffs 14.53

Preliminary Heat 11

1 Fiona Asigbee (JR), Cedar Rapids Prairie 12.61
2 Anne Hamilton, North Scott of Eldridge 13.59
3 Jessie Noid, Marshalltown 13.61
4 Melissa Meng, Iowa City West 13.65
5 Kristin Hart, Louisa-Muscatine of Letts 13.87
6 Leslie Belitz, Wilton 14.08

Preliminary Heat 12

1 Pam Orris (FR), Dubuque 12.49
2 Jessie Wellnitz, Waterloo East 13.27
3 Diane Stratton, Urbandale 13.45
4 Anna Ziegenhorn, Cedar Falls 13.62
5 Ashley Burton, MFL-Mar-Mac of Monona 13.67
6 Shawna Deutsch, Vinton-Shellsburg 13.71
7 Margaret Wrage, Union of LaPorte City 14.14

Preliminary Heat 13

1 Jamie Dalbey, Ottumwa 12.90
2 Rochelle Anderson (JR), Waverly-Shell Rock 13.12
3 Brandee Bierschenk, Benton of Van Home 13.34
4 Kate Deatsch, Centerville 13.81
5 Becky Miller, Iowa City Regina 14.01
6 Carrie Lohrer, Vinton-Shellsburg 14.18
7 Sara Peakin, Colo-Nesco 14.41
8 Holly Davis, Knoxville 14.72

Preliminary Heat 14

1 Josie Campese, Davenport Central 12.75
2 Cassie Broome, Mason City 13.13
3 Jessica Miner, Okoboji of Milford 13.56
4 Hannah Barrineau, West Harrison of Mondamin 13.79
5 Casey Pash, Harlan 13.97
6 Melanie Proctor, Norwalk 14.86

Preliminary Heat 15

1 Erin Sherman, Centerville 13.46
2 Jenny Goodall, Lake Mills 13.79
3 Katie Overman, Mount Vernon-Lisbon 13.80
4 Rachel Cole, Winterset 14.64

Preliminary Heat 16

1 Lolo Jones, Des Moines Roosevelt 12.42
2 Greta Goerss, Spirit Lake Park 12.83
3 Jessica Sornson, Treynor 13.71
4 Becky Kingery, Pleasantville 14.10
5 Kelly Honts, Louisa-Muscatine of Letts 15.02

Preliminary Heat 17

1 Sarah Turner, Urbandale 13.01
2 Paula Preston, North Kossuth of Swea City 13.56
3 Abby Eilbeck, Tipton 14.56
4 Carissa Cooper, Woodbury Central of Merville 14.66
5 Briana Smith, Council Bluffs Jefferson 15.47

Preliminary Heat 18

1 Abby Gonzales, Guthrie Center 12.82
2 Tiffany Pedersen, Atlantic 13.21
3 Sarah Glynn, Nishna Valley of Hastings 13.38
4 Mabelle Peterson, Fort Dodge 13.54
5 Jill Jordahl, Iowa Falls 13.86
6 Nicole Cavanaugh, Norwalk 14.04
7 Lacy Johannsen, AG-WSR of Ackley 14.46

Preliminary Heat 19

1 Tiesha Griffin, Sioux City West 12.93
2 Kara Rechterman, Tipton 13.44
3 Jami Sonney, Ventura 13.62
4 Kelly Weaver, Marion 14.10
5 Christian Romano, Gilbert 14.16
6 Christi Buckingham, Clarke of Osceola 14.25
7 Abbey Sinclair, Albia 14.87

Preliminary Heat 20

1 Leilani Smith, Cedar Rapids Regis-LaSalle 12.59
2 Mackinzie Campbell, Cherokee 13.48
3 Paige Berthel, Cedar Rapids Kennedy 14.02
4 Andrea Cortez, Cedar Rapids Washington 14.38
5 Jane Carr, Albia 14.73

Preliminary Heat 21

1 Rasheeda Jones, Waterloo East 12.59
2 Ambre Moton, Ankeny 12.81
3 Cathy Kister, Creston 13.25
4 Jodi Lombard, Grinnell 13.45
5 Angie Miller, Wilton 13.48
6 Michelle Crouch, Glenwood 13.66
7 Melissa Sherburne, Clarksville 14.84

Preliminary Heat 22

1 Alisa Steffen (SR), Waverly-Shell Rock 13.01
2 Sarah Tompkins, Clear Lake 13.30
3 Amy Rorah, Maquoketa 13.75
4 Jessie Bowman, Marshalltown 13.96
5 Kristin McKinney, Indianola 14.05
6 Rachel Friesen, Ogden 14.87

Preliminary Heat 23

1	Jana Irvin, Sioux City West	12.63
2	Dondra Nichols, Indianola	13.41
3	Lisa Naab, Mount Pleasant	13.57
4	Meghan Menough, Dowling of West Des Moines	13.61
5	Michelle Bakkum, MFL-Mar-Mac of Monona	13.83
6	Kelsey Kain, Saydel of Des Moines	14.74
7	Kristen Barnett, Clarksville	14.81

Preliminary Heat 24

1	Susie Reinhardt, Belle Plaine	12.84
2	Liz Jaben, Clear Lake	13.22
3	Sarah Wood, Red Oak	13.72
4	Stacy Wiederin, Carroll Kuemper	14.00
5	Joanni Stewart, Keokuk	14.22
6	Marjie Whipple, Pleasantville	14.36
7	Nicole Burrell, Marion	14.97

Preliminary Heat 25

1	Taylor Ewald, Des Moines Roosevelt	12.91
2	Becky Bartello, Newton	13.46
3	Kari Nelson, Tri-Center of Neola	13.85
4	Amber Gemler, Spirit Lake Park	13.88
5	Anna Alverstrand, Eldora-New Providence	14.07
6	Shea Newmeister, North Scott of Eldridge	14.50
7	Stacy Roland, Cedar Rapids Kennedy	14.64

Preliminary Heat 26

1	Amana Manatt, Newton	13.18
2	Jenny Carroll, Hampton-Dumont	13.50
3	Dia Dohliman, Eldora-New Providence	13.59
4	Tristan Smith, Fort Dodge	13.93
5	Maggie Gorman (SR), Denison-Schleswig	14.90

Preliminary Heat 27

1	Mindy Ketchum, Collins-Maxwell-Baxter	13.18
2	Tonya Gutshall, Prairie Valley of Gowrie	13.42
3	Rachel Hutchins, Cascade	13.46
4	Melissa Rork, Fort Dodge St. Edmond	13.67
5	Denise Murrow, North Polk of Alleman	13.80
6	Ranae Grinstead, Davis County of Bloomfield	14.56
7	Amanda Cowles, Hudson	14.99

Preliminary Heat 28

1	Amy Smith, Cardinal of Eldon	13.23
2	Adrea Hensel, Pleasant Valley	13.59
3	Steffie Meinhardt, Keokuk	13.69
4	Kellie Hicks, Clarinda	13.75
5	Allison Lyle, Keota	13.94
6	Kara James, Mount Pleasant	14.60

Preliminary Heat 29

1	Beth Aanonson, Ballard of Huxley	12.79
2	Sara Heying, Sioux City Heelan	13.14
3	Valerie Lucas, Valley of West Des Moines	13.40
4	Pam Hargens, Denison-Schleswig	14.24
5	Nikki Cordes, Bondurant-Farrar	14.40

6	Tarah Murray, Hudson	14.56
	Tiffany Tegland, Clarion-Goldfield	fs

Preliminary Heat 30

1	Katie McFarland, Iowa City Regina	12.85
2	Casey Novy, Cedar Rapids Regis-LaSalle	13.24
3	Andrea Johnson, Des Moines Christian	13.37
4	Beth Linderbaum, Solon	13.59
5	Lindsey Mescher, Cascade	13.78
6	Shelly Tomlinson, Ballard of Huxley	13.80
7	Abbie Westrope, Bondurant-Farrar	13.98

Preliminary Heat 31

1	Jenni Shinbori, Pleasant Valley	13.20
2	Amanda Bothe, Fort Dodge St. Edmond	13.40
3	Natalie Johnson, Burlington	13.51
4	Dawn Weiskamp, West Hancock of Britt	13.75
5	Amy Allen, Grinnell	13.77
6	Alaina Struthers, Clarion-Goldfield	13.83
7	Brooke Wilson, West Hancock of Britt	14.18
8	Katie Larson, IKM of Manilla	14.62

Preliminary Heat 32

1	Brooke Christensen (JR), Winterset	13.30
2	Tracy Simons, Carroll Kuemper	13.57
3	Heather Covell, Clinton	13.84
4	Amber Daringer, Tri-Center of Neola	14.04
5	Amy Henricks, AG-WSR of Ackley	14.39

Preliminary Heat 33

1	Amanda Beck, Prairie Valley of Gowrie	12.94
2	Heide Kiestler, Johnston	13.46
3	Hannah Elkins, Ottumwa	13.73

High School Girls' 800 Meter Run Finals

1	Nikki Nelson, Mount Vernon-Lisbon	2:17.18
2	Candi Jones, Oskaloosa	2:17.86
3	Laura Schlapkohl, Iowa City West	2:19.12
4	Michelle Lahann, Calamus-Wheatland	2:19.79
5	Kristin Flood, Valley of West Des Moines	2:20.13
6	Wendy Shaw, Davenport Central	2:20.39
7	Jessica Huff, Marshalltown	2:20.48
8	Michelle Sokol, Urbandale	2:20.69
9	Brianne Hupke, Benton of Van Horn	2:21.00
10	Lindsay Heiligenthal, Ames	2:23.21
11	Sara Stribe (SR), Carroll	2:24.32
12	Claire Gilchrist, Ames	2:25.13
13	Anne Heefner, Iowa City	2:25.39
14	Anne Ruffcom, Bettendorf	2:25.48
15	Amber Schmidt, Laurens-Marathon	2:27.16
16	Andrea Buckwalter, Iowa City West	2:27.87
	Lacey Adams-Brown, Indianola	DNS

High School Girls' 3000 Meter Run Finals

1	Julie Bigler, Fort Madison	10:16.30
2	Michelle Lilienthal, Iowa City	10:22.00
3	Elly Glass, Dubuque	10:33.24
4	Michelle Lahann, Calamus-Wheatland	10:34.47

5	Kendra Versendaal (SR), Prairie City-Monroe	10:40.82
6	Kristi Schmidt, Spirit Lake Park	10:42.65
7	Michelle Sokol, Urbandale	10:43.20
8	Val Oltman, Nevada	10:44.40
9	Kathryn Stampler, Muscatine	10:44.88
10	Rita Fiala, Johnston	10:47.53
11	Amy Murphy, Bettendorf	10:48.28
12	Georgia Millward, Benton of Van Horne	10:49.99
13	Lauren Levy, Iowa City West	10:52.06
14	Erin Van Zee, Pella	10:56.77
15	Amber Schmidt, Laurens-Marathon	10:59.52
16	Bridget Stephenson, Sioux City Heelan	11:01.05
17	Megan Murray, Pleasant Valley	11:04.71
18	Megan Rehm, Fort Madison	11:06.48
19	Jane McDermott, North Tama of Traer	11:07.02
20	Kristina Quigley, Council Bluffs St. Albert	11:10.98
21	Jessica Seglar, Dowling of West Des Moines	11:12.22
22	Amana Tuttle, Marshalltown	11:12.29
23	Emily Shoopman, Waterloo West	11:18.07
24	Ashley Kunkle, Cedar Falls	11:25.03
	Sarah Arens, Remsen St. Mary's	DNS

High School Girls' High Jump Finals

1	Stephanie Goetsch, AHST of Avoca	5'05" (1.65m)
2	Amanda Koester, Clinton	5'05" (1.65m)
3	Theresa Trede, Treynor	5'05" (1.65m)
4	Jessica Criswell, Lynnville-Sully	5'02" (1.57m)
5	Rachel Dykstra, MOC-Floyd Valley	5'02" (1.57m)
5	Tina Wolfe, Pleasant Valley	5'02" (1.57m)
5	Janae Anderson, Boyden-Hull-Rock Valley	5'02" (1.57m)
8	Melissa Nelson, Algona	5'02" (1.57m)
9	Jill Arganbright, Iowa City West	5'02" (1.57m)
10	Allison Riddle, River Valley	5'02" (1.57m)
11	Ashley Dickey, Pekin of Packwood	5'00" (1.52m)
12	Heather Covell, Clinton	4'10" (1.47m)
	Erin Martin, Ames	
	Jameela Hameed, Fort Dodge	

High School Girls' Long Jump Finals

1	Laura Aschoff, Ankeny	18'07.50" (5.68m)
2	Lolo Jones, Des Moines Roosevelt	18'06.25" (5.65m)
3	Fiona Asigbee, Cedar Rapids Prairie	18'02.0" (5.54m)
4	Teesa Price, Iowa City	17'08.0" (5.38m)
5	Tiffany Pedersen, Atlantic	17'07.0" (5.36m)
6	Nikki Nelson, Mount Vernon-Lisbon	17'05.50" (5.32m)
7	Jill Fisher, Sioux City Heelan	17'05.25" (5.31m)
8	Brianne Schoonover, Fredericksburg	17'04.75" (5.30m)
9	Katie Brees, Keota	17'00.0" (5.18m)
10	Kara Hulse, Cedar Falls	16'07.25" (5.06m)
10	Molly O'Brien, Williamsburg	16'07.25" (5.06m)
12	Julie Moeller, Sioux City Heelan	16'00.50" (4.89m)
12	LaKeisha Lee, Davenport North	16'00.50" (4.89m)
14	Krista Johnson, Cedar Rapids Jefferson	15'06.75" (4.74m)
15	Cristy Callahan, Clinton	15'04.0" (4.67m)

High School Girls' Shot Put Finals

1	Leann Boerema, Clinton	42'02.5" (12.87m)
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2	Lorrie Grems, Estherville-Lincoln Central	40'00" (12.19m)
3	Christie Phillips, Burlington	39'05.75" (12.03m)
4	Maureen Head, Iowa City West	39'01.5" (11.93m)
5	Susan Francois, West Delaware	38'04" (11.68m)
6	Sara Nauman, Dubuque	37'03.25" (11.36m)
7	Rainie Goedken, Spencer	36'09.25" (11.21m)
8	Ellen Bunkers, Jefferson-Scranton	36'07.5" (11.16m)
9	Nikki Rowland, Cedar Rapids Washington	36'06.75" (11.14m)
10	Brooke Ennen, Muscatine	36'06.25" (11.13m)
11	Greta Pems, Dubuque Wahlert	36'04.75" (11.09m)
12	Katie Ruby, Humboldt	36'04" (11.07m)
13	Allison Kruger, South O'Brien of Paulina	36'03.5" (11.06m)
14	Joli Coil, Waverly-Shell Rock	36'01" (11.00m)
15	Devin Achenbach, Cedar Rapids Kennedy	35'09.25" (10.90m)
16	Laura Stork, Carroll Kuemper	35'02.5" (10.73m)
17	Tracy Keenan, Lewis Central	34'08.5" (10.58m)
18	Ashley Saffold, Waterloo East	34'03.75" (10.46m)

High School Girls' Discus Finals

1	Leann Boerema, Clinton	129'03" (39.40m)
2	Brooke Ennen, Muscatine	128'00" (39.01m)
3	Jennifer Ruppert, Clear Creek-Amana	126'06" (38.56m)
4	Beth Klever, Atlantic	125'08" (38.30m)
5	Greta Pems, Dubuque Wahlert	122'09" (37.41m)
6	Nicole Johnson, Southeast Polk of Runnells	122'04" (37.29m)
7	Julie Moses, Nashua-Plainfield	118'02" (36.02m)
8	Lacey Corcoran, Johnston	114'01" (34.77m)
9	Buffy Irwin, Southern Calhoun of Lake City	112'01" (34.16m)
10	Erin Coffey, Chariton	111'11" (34.11m)
11	Jennifer Hansen, Belmont-Klemme	111'03" (33.91m)
12	Tracy Keenan, Lewis Central	109'10" (33.48m)
13	Alissa Dennis, Ballard of Huxley	109'07" (33.40m)
14	Maureen Head, Iowa City West	109'03" (33.30m)
15	Jennifer Perkins, Fort Dodge St. Edmond	108'06" (33.07m)
16	Nikki Rowland, Cedar Rapids Washington	104'09" (31.93m)
17	Billie Hunt, Maquoketa Valley of Delhi	102'06" (31.24m)

High School Girls' 4x100 Meter Relay Finals

1	DES MOINES ROOSEVELT Ronnie Caldwell, Taylor Ewald Davonna Carr, Lolo Jones	48.71
2	IOWA CITY Amanda Nearad, Nicole Gatens Teesa Price, Kristin Knight	48.83
3	DAVENPORT NORTH LaKeisha Lee, Hafina Jones Tanya Hunigan, Destiny Sisk	49.02
4	ANKENY Stephanie Pearce, Ambre Moton Erica Junod, Laura Aschoff	49.08
5	AMES Erin Maysent, Kylan Loney Jessica Wray, Amber Engelen	49.57
6	CEDAR RAPIDS REGIS-LASALLE Casey Novy, Maria Johnson Carrie Van Sickel, Leilani Smith	49.88
7	CLEAR LAKE Kristy Echelberger, Brandi Halsne Anna Teigland, Liz Jaben	50.13

8 WAVERLY-SHELL ROCK 50.26
 Alisa Steffen, Julie Gilbreath
 Alyssa Rost, Rochelle Anderson

*RECORD—old mark, 48.90, Cedar Rapids Kennedy,
 1981

Preliminary Heat 1

1 IOWA CITY 48.97
 2 MOUNT PLEASANT 52.59
 3 FORT DODGE ST. EDMOND 52.81
 4 COLO-NESCO 53.25
 5 PERRY 54.74
 6 LAKE MILLS 54.80

Preliminary Heat 2

1 ANKENY 49.12
 2 DAVENPORT NORTH 49.41
 3 CRESTON 53.81
 4 IOWA FALLS 54.31
 5 CLARINDA 54.46
 6 SAYDEL 54.47
 7 LOUISA-MUSCATINE 54.53
 8 COUNCIL BLUFFS LINCOLN 55.11

Preliminary Heat 3

1 DES MOINES ROOSEVELT 49.00
 2 AMES 49.92
 3 NEWTON 51.62
 4 OTTUMWA 53.38
 5 CLINTON 53.39
 6 INTERSTATE 35 54.56

Preliminary Heat 4

1 DAVENPORT CENTRAL 50.60
 2 SIOUX CITY HEELAN 50.65
 3 CEDAR RAPIDS JEFFERSON 51.30
 4 KEOTA 52.95
 5 OGDEN 53.14
 6 STANTON 55.74
 7 NODAWAY VALLEY 55.84
 WATERLOO EAST dq

Preliminary Heat 5

1 CEDAR FALLS 50.46
 2 CEDAR RAPIDS PRAIRIE 50.74
 3 TREYNOR 52.49
 4 CENTERVILLE 52.74
 5 CHEROKEE 52.94
 6 DAVIS COUNTY 52.95
 7 MOUNT VERNON-LISBON 53.26
 8 WEST HARRISON 54.45

Preliminary Heat 6

1 WEST DES MOINES VALLEY 51.55
 2 MARSHALLTOWN 52.73
 3 ATLANTIC 52.98
 4 TIPTON 53.54
 5 CLARKE 54.52

6 WEST MARSHALL 54.71
 7 COUNCIL BLUFFS JEFFERSON 55.10
 8 SHENANDOAH 55.96

Preliminary Heat 7

1 NEW LONDON 51.99
 2 RED OAK 54.39
 3 WOODBURY CENTRAL 55.63
 4 ELDORA-NEW PROVIDENCE 56.04
 5 HUDSON 57.35

Preliminary Heat 8

1 SIOUX CITY WEST 50.74
 2 PRAIRIE VALLEY 50.97
 3 BURLINGTON 53.03
 4 NEW HAMPTON 54.05
 5 DES MOINES EAST 55.63
 6 UNION 55.74
 7 SOUTH TAMA 55.84

Preliminary Heat 9

1 URBANDALE 50.73
 2 INDIANOLA 51.72
 3 VINTON-SHELLSBURG 52.17
 4 OKOBOJI 53.75
 5 CHARLES CITY 54.61
 6 BONDURANT-FARRAR 54.99
 7 AG-WSR OF ACKLEY 56.50

Preliminary Heat 10

1 WAVERLY-SHELL ROCK 50.26
 2 NORTH SCOTT 52.17
 3 VILLISCA 53.80
 4 JEFFERSON-SCRANTON 54.13
 5 GLENWOOD 54.21
 6 NORTH KOSSUTH 54.41
 7 DENISON-SCHLESWIG 57.76
 8 CEDAR RAPIDS KENNEDY 57.82

Preliminary Heat 11

1 SPIRIT LAKE PARK 51.21
 2 DUBUQUE WAHLERT 52.15
 3 KEOKUK 53.49
 4 IKM 54.46
 5 GUTHRIE CENTER 54.53
 6 WOODWARD-GRANGER 55.69
 7 ALBIA 58.91

Preliminary Heat 12

1 CEDAR RAPIDS REGIS-LASALLE 49.76
 2 FORT DODGE 51.69
 3 PLEASANT VALLEY 52.91
 4 IOWA CITY REGINA 53.90
 5 VENTURA 55.16
 6 WEST HANCOCK 59.06

Preliminary Heat 13

1 MUSCATINE 51.30

2	MASON CITY	52.27
3	WAUKEE	53.06
4	PELLA	53.58
5	HARLAN	54.81
6	WOODBINE	56.90

Preliminary Heat 14

1	IOWA CITY WEST	51.95
2	BELLE PLAINE	52.16
3	MARION	53.38
4	GILBERT	54.37
5	NISHNA VALLEY	54.45
6	MFL-MAR-MAC	54.46
7	KNOXVILLE	54.96
8	DALLAS CENTER-GRIMES	55.22

Preliminary Heat 15

1	CLEAR LAKE	50.28
2	COLLINS-MAXWELL-BAXTER	51.42
3	SOUTHEAST POLK	53.22
4	JOHNSTON	53.56
5	CLARION-GOLDFIELD	54.40
6	TRI-CENTER	56.02
7	WINTERSET	56.04

Preliminary Heat 16

1	SIOUX CITY NORTH	52.27
2	CASCADE	52.91
3	WILTON	54.43
4	CEDAR RAPIDS WASHINGTON	59.13
	BALLARD	dq
	DES MOINES LINCOLN	dq

Preliminary Heat 17

1	STARMONT	51.53
2	HAMPTON-DUMONT	52.45
3	WEST DES MOINES DOWLING	52.54
4	LEWIS CENTRAL	52.96
5	DES MOINES HOOVER	53.80
6	MAQUOKETA	54.06
7	DES MOINES CHRISTIAN	56.38

Preliminary Heat 18

1	DUBUQUE SENIOR	50.63
2	BENTON	51.63
3	DUBUQUE HEMPSTEAD	52.34
4	GRINNELL	52.69
5	SOLON	53.31
6	PLEASANTVILLE	55.41
7	FARRAGUT	56.20
8	WEBSTER CITY	56.72

High School Girls' 4x400 Meter Relay Finals

1	AMES Erin Maysent 60.0, Claire Gilchrist 61.2 Jessica Wray 61.1, Kylan Loney 57.3	3:59.58
2	CEDAR RAPIDS REGIS-LASALLE Marie Zach 62.1, Carrie Van Sickel 59.9 Leilani Smith 61.0, Maria Johnson 57.7	4:00.62

3	DAVENPORT NORTH LaKeisha Lee 61.6, Hafina Jones 61.4 Destiny Sisk 60.7, Tanya Hunigan 58.4	4:02.09
4	INDIANOLA Dondra Nichols, Stephanie Suntken 61.5 Shaela Bresnan 63.5, Lacey Adams-Brown	4:02.89
5	IOWA CITY Kelli Chesnut 60.8, Nicole Gatens 61.8 Anne Heefner 62.4, Teesa Price 58.9	4:03.80
6	SIOUX CITY HEELAN Alissa Koerner, Jill Fisher Katie Berger, Julie Moeller	4:05.70
7	FOREST CITY Laura Korth, Jan Ranheim Laurel Gladish, Jana Benson	4:06.08
8	CEDAR FALLS Kara Hulse, Jamie Nemmers Ashley Kunkle, Nicole Doeden	4:06.56

Preliminary Heat 1

1	AMES Erin Maysent 59.9, Kylan Loney 59.5 Jessica Wray 62.2, Claire Gilchrist 61.9	4:03.59
2	INDIANOLA Dondra Nichols 61.3, Stephanie Suntken 61.1 Shaela Bresnan 63.0, Lacey Adams-Brown 59.4	4:04.73
3	MARSHALLTOWN Teresa Wauters 61.5, Kristin Bermudez 64.1 Diane Gaskill 61.4, Nicole Chizek 60.1	4:07.02
4	VALLEY OF WEST DES MOINES Christie Muenzenberger 61.2, Valerie Lucas 64.1 Leah Lamale 62.7, Kristin Flood 59.4	4:07.32
5	IOWA CITY WEST Blayne Milligan, Sara Juvenal Andrea Buckwalter, Laura Schlapkohl	4:09.42
6	MUSCATINE Natalie Hetzler 63.7, Colleen Schmitt Kelly McConnaha, Marisol Santana 59.7	4:10.97
7	COLLINS-MAXWELL-BAXTER Carmen Oswalt, Rachel Flora Shelley Atwood, Mindy Ketchum	4:11.79
8	ALGONA Kim Groen, Angie Kajewski Melissa Nelson, Lindsay Moss	4:16.73

Preliminary Heat 2

1	CEDAR RAPIDS REGIS-LASALLE Marie Zach 60.9, Carrie Van Sickel 58.6 Leilani Smith 62.2, Maria Johnson 59.4	4:01.06
2	IOWA CITY Kelli Chesnut 60.1, Nicole Gatens 60.5 Anne Heefner 61.5, Teesa Price 59.7	4:01.74
3	SIOUX CITY HEELAN Alissa Koerner 61.7, Jill Fisher 60.8 Katie Berger 62.1, Julie Moeller 61.5	4:06.03
4	DUBUQUE Katie Kluesner 61.3, Erin Strub 62.8 Jenna Specht 63.9, Pam Orris 59.3	4:07.22
5	DES MOINES ROOSEVELT Christine Devore, Christine Atkins Davonna Carr, Kristin Cavanagh	4:08.38
6	ATLANTIC Jessica Hagen 60.5, Anne Sonntag 64.1 Kami Roecker 65.6, Jill Robinson 61.3	4:09.43
7	MASON CITY Lena Hoard, Hollie Walusz Katie Long, Cassie Broome	4:12.40

8 CEDAR RAPIDS JEFFERSON 4:20.42
Lacy Blackhawk, Nicole Reilly
Jo Duffield, Alisha Culp

Preliminary Heat 3

1 DAVENPORT NORTH 4:01.71
LaKeisha Lee 61.2, Hafina Jones 60.4
Destiny Sisk 61.2, Tanya Hunigan 59.0

2 CEDAR FALLS 4:02.66
Kara Hulse 59.4, Jamie Nemmers 61.1
Ashley Kunkle 61.8, Nicole Doeden 59.4

3 FOREST CITY 4:05.74
Laura Korth 62.3, Jan Ranheim 63.3
Laurel Gladish 62.5, Jana Benson 57.7

4 CEDAR RAPIDS PRAIRIE 4:07.20
Tina Klith 60.7, Kellie Kloubec 64.5
Lisa Ungerer 62.4, Fiona Asigbee 59.7

5 WAVERLY-SHELL ROCK 4:07.69
Rochelle Anderson, Alyssa Rost
Amy Arns, Hannah Olson

6 CLINTON 4:08.31
Megan Vens, Cristy Callahan
Renee Waddell, Michelle Larson

7 OSKALOOSA 4:11.58
Megan Sash, Sarah Harned
Jessica Cyphers, Candi Jones
DAVENPORT CENTRAL DQ-4:00.99
Kelly Witt 61.8, Janelle Hester 59.3
Wendy Shaw 59.9, Josie Campese 59.3

High School Girls' Sprint Medley Relay Finals

1 IOWA CITY 1:48.06
Nicole Gatens, Kelli Chesnut
Kristin Knight, Teesa Price 58.4

2 INDIANOLA 1:49.18
Dondra Nichols, Krstin Lickiss
Stephanie Suntken, Lacey Adams-Brown 57.2

3 DES MOINES ROOSEVELT 1:49.30
Lolo Jones, Davonna Carr
Taylor Ewald, Ronnie Caldwell 59.1

4 CEDAR RAPIDS REGIS-LASALLE 1:49.86
Casey Novy, Carrie Van Sichel
Leilani Smith, Maria Johnson

5 OSKALOOSA 1:50.52
Paige Davidson, Sarah Sinclair
Sarah Harned, Candi Jones 57.6

6 MARSHALLTOWN 1:51.86
Ann Waters, Diane Gaskill
Teresa Wauters, Nicole Chizek

7 AMES 1:52.02
Erin Maysent, Kylan Loney
Amber Engelen, Lindsay Heiligenthal 60.9
DAVENPORT NORTH DQ-1:48.53
LaKeisha Lee, Hafina Jones
Destiny Sisk, Tanya Hunigan 57.6

