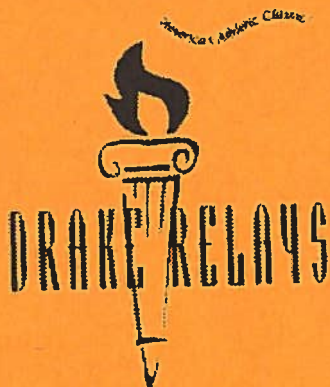


THE 88TH ANNUAL **DRAKE RELAYS**



High School Results
April 25-26, 1997
"GOING THE DISTANCE"

1997 DRAKE RELAYS

Drake University, Des Moines, Iowa

April 25-26

High School Boys

FRIDAY WEATHER: MORNING - High temperature 54 degrees; clear and sunny--winds North at 5 mph. AFTERNOON - Temps up to 67 degrees, mostly sunny with light breeze at 6 mph from North. FRIDAY ATTENDANCE--17,100 (Drake Relays Friday record)

SATURDAY WEATHER: MORNING - Started out program in high forties but reached 60 by noon. Winds from SE at 6-8 mph. AFTERNOON - High of 67 degrees with partly cloudy sky. Wind from West at 7 mph. ATTENDANCE--18,000 (32nd consecutive Saturday sellout). Two day attendance a record 35,100.

Software by Track-on-a-Mac...1-800-PETE-MAC

4/29@6:28 PM

High School Boys' 100 Meter Dash Finals

Wind: +1.86

| | | |
|---|--|-------|
| 1 | Jason Ringena (SR), Iowa City | 10.58 |
| 2 | Brent Browner (SR), Davenport North | 10.72 |
| 3 | Tom Green (SR), Westwood of Sloan | 10.75 |
| 4 | Jeremy Glasgow (SR), Clinton | 10.79 |
| 5 | Aaron Greving (SO), Ames | 10.84 |
| 6 | Chris Ryan (JR), North Polk of Alleman | 10.93 |
| 7 | Ryan Nicholson (SR), Muscatine | 11.09 |
| | Travis Geopfert (SR), Panorama of Panora | dnf |

HAND-TIMED RACE

Preliminary Heat 1

Wind: +0.00

| | | |
|---|--|-------|
| 1 | Jason Ringena (SR), Iowa City | 10.94 |
| 2 | Travis Geopfert (SR), Panorama of Panora | 11.20 |
| 3 | Evan Bru (SR), Montezuma | 11.26 |
| 4 | Larry Fuller (SR), Madrid | 11.31 |
| 5 | Bryan Gilbreath (SR), Waverly-Shell Rock | 11.33 |
| 6 | Andy Fish (SR), Oskaloosa | 11.38 |
| 7 | Wray Wright (SR), Sioux City Heelan | 11.60 |

Preliminary Heat 2

Wind: +0.79

| | | |
|---|--|-------|
| 1 | Brent Browner (SR), Davenport North | 10.93 |
| 2 | Tom Green (SR), Westwood of Sloan | 11.04 |
| 3 | Ryan Nicholson (SR), Muscatine | 11.09 |
| 4 | Aaron Greving (SO), Ames | 11.22 |
| 5 | Chris Ryan (JR), North Polk of Alleman | 11.25 |
| 6 | Tim Dodge (SR), Rockwell-Swaledale | 11.31 |
| 7 | Clint Daisy (JR), Southern Calhoun of Lake City | 11.41 |
| 8 | Thomas Hubers (JR), Unity Christian of Orange City | 11.44 |

Preliminary Heat 3

Wind: +0.48

| | | |
|---|--|-------|
| 1 | Jeremy Glasgow (SR), Clinton | 11.21 |
| 2 | Josh Roose (JR), Pella | 11.31 |
| 3 | B.J. Smith (SR), Waterloo West | 11.33 |
| 4 | Chad Brewbaker (JR), Indianola | 11.38 |
| 5 | Greg Owens (JR), Des Moines East | 11.39 |
| 6 | Kahlil Hill (SR), Iowa City | 11.43 |
| 7 | Brian Ollie (SO), Dowling of West Des Moines | 11.55 |
| 8 | Joe Feese (JR), Spirit Lake Park | 11.65 |

Preliminary Heat 4

Wind: +0.40

| | | |
|---|---|-------|
| 1 | Pete Uitenbroek (SR), North Scott of Eldridge | 11.32 |
| 2 | Leroy Nimmers (JR), Davenport North | 11.41 |
| 3 | Adam Benge (JR), Ankeny | 11.44 |
| 4 | Aaron Ripple (JR), Dowling of West Des Moines | 11.58 |
| 5 | Joe Straight (SR), ADM of Adel | 11.69 |
| 6 | Adam Campbell (SR), Urbandale | 11.74 |
| 7 | Brad Witthoft (JR), Washington | 11.75 |
| 8 | Adam Hartford, Humboldt | 11.94 |

High School Boys' 110 Meter Hurdles Finals

Wind: +1.48

| | | |
|---|---|-------|
| 1 | Cyrus Nichols (SO), Des Moines Roosevelt | 14.86 |
| 2 | Dan Colony (SR), Cedar Rapids Washington | 14.90 |
| 3 | Cory Woods (SR), Treynor | 14.94 |
| 4 | Nate Glenn (SR), Southeast Polk of Runnells | 14.96 |
| 5 | Chris Chantos (SR), Bellevue | 15.08 |
| 6 | Ezra Daniels (SR), Sioux City West | 15.28 |
| 7 | Kelly Christopher (SR), Des Moines Hoover | 15.42 |
| | Desman Oakley (SR), Indianola | DNF |

Preliminary Heat 1

Wind: +0.94

| | | |
|---|--|----------|
| 1 | Dan Colony (SR), Cedar Rapids Washington | 14.90 |
| 2 | Copy Woods (SR), Treynor | 14.99 |
| 3 | Desman Oakley (SR), Indianola | 15.25 |
| 4 | Rob Hoback, Columbus of Columbus Junction | 15.63 |
| 5 | Greg Clevenger (SR), Indianola | 15.67 |
| 6 | Eric Thogerson (JR), Nevada | 17.39 |
| | Kaiphat Phaydavong (SR), Des Moines East | DQ-16.05 |
| | Mike Steding (SR), Iowa Falls | DNF |

Preliminary Heat 2

Wind: +1.80

| | | |
|---|--|-------|
| 1 | Ezra Daniels (SR), Sioux City West | 15.01 |
| 2 | Cyrus Nichols (SO), Des Moines Roosevelt | 15.03 |
| 3 | Nate Glenn (SR), Southeast Polk of Runnells | 15.14 |
| 4 | Chris Chantos (SR), Bellevue | 15.28 |
| 5 | Kelly Christopher (SR), Des Moines Hoover | 15.35 |
| 6 | Andy Long, Fort Dodge | 15.36 |
| 7 | Chad Hoefler (SR), Cherokee | 16.20 |
| 8 | Scott McQuistan (JR), Ankeny | 16.36 |

Preliminary Heat 3

Wind: +0.00

| | | |
|---|---|-------|
| 1 | Mike McQueen (JR), Carroll | 15.45 |
| 2 | Brian Kalstrup (SR), Treynor | 15.48 |
| 3 | Klint Belz (SR), Ames | 15.51 |
| 4 | Joe Fisher (JR), Valley of West Des Moines | 15.75 |
| 5 | Tony Burrier (JR), Iowa City | 15.81 |
| 6 | Jonathan Korth (JR), Forest City | 16.04 |
| 7 | Travis Holub (SR), Central City | 16.05 |
| 8 | Andrew McCready (JR), Dubuque Hempstead | 16.64 |

Preliminary Heat 4

Wind: +0.00

| | | |
|---|---|-------|
| 1 | Mark Rohe (SR), Le Mars Gehlen | 15.74 |
| 2 | Tony Leick (SO), Council Bluffs St. Albert | 15.93 |
| 3 | Wyatt Conrad (JR), Sumner | 16.06 |
| 4 | Lealand Anderson (SR), Dallas Center-Grimes | 16.07 |
| 5 | Shane Rundall (SR), Northern Iowa of Cedar Falls | 16.11 |
| 6 | Mike Williams (SO), Bondurant-Farrar | 16.41 |
| 7 | Jared Bazal (JR), Newton | 16.98 |
| | Brandon Davison (SR), Marshalltown | DNF |

Preliminary Heat 5

Wind: +0.77

| | | |
|---|-----------------------------|-------|
| 1 | Eric Thogerson (JR), Nevada | 15.94 |
|---|-----------------------------|-------|

High School Boys' 400 Meter Hurdles Finals

| | | |
|---|----------------------------|-------|
| 1 | Kyle Bolejack (SR), Ankeny | 52.91 |
|---|----------------------------|-------|

| | | |
|---|--|-------|
| 2 | Kaiphat Phaydavong (SR), Des Moines East | 54.10 |
| 3 | Nate Glenn (SR), Southeast Polk of Runnells | 54.80 |
| 4 | Mike Steding (SR), Iowa Falls | 55.21 |
| 5 | Scott Williamson (SR), Centerville | 55.37 |
| 6 | Brandon Meinders (SR), Perry | 55.37 |
| 7 | Jonathan Korth (JR), Forest City | 56.01 |
| 8 | Paul Kerkman (JR), Cedar Rapids Kennedy | 57.05 |

High School Boys' 1600 Meter Run Finals

| | | |
|----|--|-----------|
| 1 | Tom Caughlan (SR), Mason City | 4:16.87 |
| 2 | Dan Reis (SR), Turkey Valley-South Winneshiek | 4:18.33 |
| 3 | Rob Brock (SR), Dubuque | 4:19.61 |
| 4 | Shaun Allen (JR), Fort Madison | 4:20.89 |
| 5 | Jake Munger, West Central of Maynard | 4:22.44 |
| 6 | Sean Moeller (SR), Bettendorf | 4:23.60 |
| 7 | Trent Corey (SR), Dubuque | 4:25.17 |
| 8 | Bryce Good (JR), Ankeny | 4:27.38 |
| 9 | Tait Steines (SR), Calamus-Wheatland | 4:27.39 |
| 10 | Ryan Pence (JR), Eldora-New Providence | 4:27.93 |
| 11 | Creston Fenn (SR), Pleasant Valley | 4:27.97 |
| 12 | Chris Francios (SO), Davenport North | 4:28.55 |
| 13 | John Bartak (SR), Cedar Falls | 4:29.51 |
| 14 | Jason Vogel (SR), Sioux City East | 4:29.83 |
| 15 | Matt VanEssen (JR), Western Christian of Hull | 4:30.32 |
| 16 | Brandon Williams (SR), Urbandale | 4:31.59 |
| 17 | Josh Bottorff (SR), Decorah | 4:31.60 |
| 18 | Mike Ostreko (SR), Des Moines Hoover | 4:32.03 |
| 19 | Peter Hollatz (SR), Centerville | 4:32.52 |
| 20 | J.J. Roetlin (JR), Iowa Mennonite of Kalona | 4:35.86 |
| | Bobby Atkins (SO), Des Moines Roosevelt | DQ4:29.15 |

High School Boys' 3200 Meter Run Finals

| | | |
|----|---|----------|
| 1 | Rob Brock (SR), Dubuque | 09:12.83 |
| 2 | Trent Corey (SR), Dubuque | 09:13.42 |
| 3 | Tom Caughlan (SR), Mason City | 09:25.65 |
| 4 | Tait Steines (SR), Calamus-Wheatland | 09:25.82 |
| 5 | Sean Moeller (SR), Bettendorf | 09:32.85 |
| 6 | Mike Ostreko (SR), Des Moines Hoover | 09:34.08 |
| 7 | Jason Vogel (SR), Sioux City East | 09:35.03 |
| 8 | Nathan Heller (SR), Woodward-Granger | 09:38.81 |
| 9 | David Baldwin (SR), Jesup | 09:39.31 |
| 10 | Brent Behrens (JR), West Branch | 09:40.49 |
| 11 | Phil Fanning (JR), Sioux City East | 09:43.25 |
| 12 | Jason Conroy (SR), Council Bluffs Lincoln | 09:43.64 |
| 13 | Ryan Pence (JR), Eldora-New Providence | 09:43.68 |
| 14 | Greg Bell (SR), Denison-Schleswig | 09:53.09 |
| 15 | Joe Kuehl (SR), Council Bluffs St. Albert | 09:53.57 |
| 16 | Bobby Atkins (SO), Des Moines Roosevelt | 10:05.13 |
| 17 | Troy Weiler (SR), Remsen-Union | 10:10.53 |
| 18 | Todd Tomkins (SO), Cedar Rapids Washington | 10:15.97 |

| | | |
|----|--|----------|
| 19 | Chad Sellers (SR), Des Moines Roosevelt | 10:57.96 |
| | Chris Francios (SO), Davenport North | DNS |
| | Shaun Allen (JR), Fort Madison | DNS |
| | Peter Hollatz (SR), Centerville | DNS |

High School Boys' High Jump Finals

| | | |
|---|---|---------------|
| 1 | Joel Brunkhorst (SR), Iowa Falls | 6'08" (2.03m) |
| 2 | Mike Aswegan (SR), Cedar Rapids Kennedy | 6'07" (2.01m) |
| 3 | Lucas Carder (JR), Indianola | 6'05" (1.96m) |
| 4 | Jeff Sullivan (SO), Ankeny | 6'03" (1.91m) |
| 4 | Egan Hill (SO), Des Moines Roosevelt Brian Cassidy (JR), Monticello Jason Houser (SR), Glenwood Adam Corcoran (SR), Johnston Joel Johnson (SR), Iowa City Michael Johnson (JR), Waterloo West Dan Colony (SR), Cedar Rapids Washington Jake Kingery (JR), Prairie City-Monroe Cory Woods (SR), Treynor | 6'03" (1.91m) |

High School Boys' Long Jump Finals

Wind: +0.65

| | | |
|----|--|-------------------|
| 1 | Jess Holland (SR), Iowa City | 22'01.25" (6.74m) |
| 2 | Ira Gooch (SR), Davenport West | 22'01.25" (6.74m) |
| 3 | Josh Gondek (SR), Mount Vernon | 21'08.75" (6.62m) |
| 4 | Tim Dodge (SR), Rockwell-Swaledale | 21'04.00" (6.50m) |
| 5 | Terry Reiners (SR), Fort Dodge | 21'01.50" (6.44m) |
| 6 | Carlos Honore (SR), Iowa City West | 21'00.75" (6.42m) |
| 7 | Mike Mansour (JR), Creston | 20'11.50" (6.39m) |
| 8 | Kevin Wise (SR), South Page of College Springs | 20'10.25" (6.36m) |
| 9 | Ben Bruening (SR), Fort Dodge St. Edmond | 20'08.75" (6.32m) |
| 10 | Jason Nekola (SR), South Tama of Tama | 20'07.00" (6.27m) |
| 11 | Vong Xaykosal (SR), Iowa City West | 20'06.75" (6.27m) |
| 12 | Bryan Gilbreath (SR), Waverly-Shell Rock | 20'05.50" (6.24m) |
| 13 | Eldwin Charles Nichols (SR), Dowling of West Des Moines | 20'03.25" (6.18m) |
| 14 | Nick Stahly (SR), Valley of West Des Moines | 20'02.75" (6.17m) |
| 15 | Eric Carroll (SO), Newton | 20'00.75" (6.12m) |
| 16 | Brad Witthoft (JR), Washington | 19'10.25" (6.05m) |
| 17 | Adam Benge (JR), Ankeny | 19'09.00" (6.02m) |
| 18 | Dan O'Donnell, Columbus of Columbus Junction | 19'07.75" (5.99m) |
| 19 | Tom Kucera (JR), Atlantic | 19'07.25" (5.98m) |
| 20 | Andre Mitchell (SO), Des Moines Hoover | 18'07.50" (5.68m) |
| | Nathan Less (SR), Davenport North | fouls |
| | Rob Hoback, Columbus of Columbus Junction | fouls |
| | Ricky Jackson, Des Moines Roosevelt | dnc |
| | Von Frazier, Cedar Rapids Washington | dnc |
| | Jay Frazier, Cedar Rapids Washington | dnc |

High School Boys' Shot Put Finals

| | | |
|----|---|--------------------|
| 1 | Christopher Ashton (JR), Valley of West Des Moines | 56'08" (17.27m) |
| 2 | Jason Cheever (SR), Sioux City Heelan | 53'08" (16.36m) |
| 3 | Joel Ellis, Emmetsburg | 53'02.5" (16.22m) |
| 4 | Chris Bengel (SR), Atlantic | 52'02.5" (15.91m) |
| 5 | Matt Mai (JR), Le Mars Gehlen | 52'01.5" (15.89m) |
| 6 | Eric Douglas (JR), Urbandale | 52'00" (15.85m) |
| 7 | Nebeel Yehyaw (SR), Keokuk | 51'05.5" (15.68m) |
| 8 | Clint Harrison (JR), Cherokee | 51'01.25" (15.58m) |
| 9 | Robert Hamre (JR), Davis County of Bloomfield | 50'11.5" (15.53m) |
| 10 | Brian Schertz (SR), Pleasant Valley | 50'11" (15.52m) |
| 11 | Caleb Smith (SR), Urbandale | 50'09" (15.47m) |
| 12 | Erik Hayek (SR), Davenport Central | 50'05" (15.37m) |
| 13 | Reid Evans (SR), Newton | 50'01.5" (15.28m) |
| 14 | Jon Pettlon (JR), East Buchanan of Winthrop | 49'09" (15.16m) |
| 15 | Justin Coyer (SO), Iowa City | 49'08.75" (15.16m) |
| 16 | Justin Long (SR), Mount Pleasant | 48'09.5" (14.87m) |
| 17 | Brad Travis (SR), Spirit Lake Park | 46'00" (14.02m) |

High School Boys' Discus Finals

| | | |
|----|--|------------------|
| 1 | John Goeller (SR), Wapsie Valley of Fairbank | 160'06" (48.92m) |
| 2 | Adam Judge (JR), Des Moines Lincoln | 159'09" (48.69m) |
| 3 | Justin Hartwig (SR), Valley of West Des Moines | 158'05" (48.29m) |
| 4 | Brad Travis (SR), Spirit Lake Park | 154'10" (47.19m) |
| 5 | Scott Spurgeon (SR), Boone | 148'08" (45.31m) |
| 6 | Jason Cheever (SR), Sioux City Heelan | 147'04" (44.91m) |
| 7 | Matt Mai (JR), Le Mars Gehlen | 147'03" (44.88m) |
| 8 | Ryan Grinstead (SO), Davis County of Bloomfield | 146'04" (44.60m) |
| 9 | Clint Harrison (JR), Cherokee | 145'10" (44.45m) |
| 10 | Erik Hayek (SR), Davenport Central | 145'09" (44.42m) |
| 11 | A.G. Kruger (SR), Sheldon | 143'01" (43.61m) |
| 12 | Chad Stadsvold (JR), Spencer | 142'04" (43.38m) |
| 13 | Nic Salsbury (JR), Ames | 141'05" (43.10m) |
| 14 | Jeremy Klaassen (SR), George-Little Rock | 140'09" (42.90m) |
| 15 | Grant Wesson (SR), Newton | 140'06" (42.82m) |
| 16 | Dave Forbes, Columbus of Columbus Junction | 140'02" (42.72m) |
| 17 | Nate Miltenberger (JR), Ankeny | 139'11" (42.65m) |
| 18 | Jamie Burrow (SR), Ames | 138'10" (42.32m) |
| 19 | Andy Stensrud (SR), Lake Mills | 136'02" (41.50m) |
| 20 | Nick Staber (SR), Sioux City North | 135'10" (41.40m) |
| 21 | Mark Boeckmann (SR), Calamus-Wheatland | 128'05" (39.14m) |
| 22 | Jacob Each (JR), Muscatine | 112'07" (34.32m) |
| | Jon Pettlon (JR), East Buchanan of Winthrop | fouls |
| | Kirk Bradley (SR), Sioux City East | fouls |

High School Boys' 4x100 Meter Relay Finals

| | | |
|---|---|-------|
| 1 | IOWA CITY | 42.99 |
| | Nikolai Hill, Jess Holland T.J. Kempf, Kahlil Hill | |

| | | |
|---|--|-------|
| 2 | WATERLOO WEST | 43.17 |
| | Sirr Gardner, Nathan Richardson Rico Jordan, B.J. Smith | |
| 3 | DAVENPORT NORTH | 43.23 |
| | Joe Winston, Adam Less Leroy Nimmers, Brent Browner | |
| 4 | VALLEY OF WEST DES MOINES | 43.49 |
| | Nick Stahly, Matt Harlan Chris Starostka, Austin Johnson | |
| 5 | AMES | 43.56 |
| | Aaron Greving, Brent Antisdell David Cheney, Mark Charter | |
| 6 | SPIRIT LAKE PARK | 44.07 |
| | David Urbanos, Troy Spieker Joe Feese, Scott Faber | |
| 7 | ANKENY | 44.07 |
| | Seth Moulton, Scott Phillips Adam Benge, Brett Adams | |
| 8 | DAVENPORT ASSUMPTION | 44.99 |
| | Marcus Rush, Kevin Gluba Kevin Collins, Lee Russell | |

Preliminary Heat 1

| | | |
|---|--|-------|
| 1 | WATERLOO WEST | 43.20 |
| | Sirr Gardner, Nathan Richardson Rico Jordan, B.J. Smith | |
| 2 | IOWA CITY | 43.24 |
| | Nikolai Hill, T.J. Kempf Jess Holland, Nikolai Hill | |
| 3 | VALLEY OF WEST DES MOINES | 43.34 |
| | Nick Stahly, Matt Harlan Chris Starostka, Austin Johnson | |
| 4 | AMES | 43.54 |
| | Aaron Greving, Brent Antisdell David Cheney, Mark Charter | |
| 5 | DAVENPORT ASSUMPTION | 44.08 |
| | Marcus Rush, Dave Lorentzen Kevin Gluba, Kevin Collins | |
| 6 | SPIRIT LAKE PARK | 44.14 |
| | David Urbanos, Troy Spieker Joe Feese, Scott Faber | |
| 7 | BURLINGTON | 44.92 |
| | DeWayne Osborn, Chris Lyons L.C. Lewis, Ephraim Twillie | |
| 8 | DAVENPORT WEST | 45.28 |
| | Norman Waters, Jason Irvin Tywon Dudley, Greg Owens | |

Preliminary Heat 2

| | | |
|---|--|-------|
| 1 | DAVENPORT NORTH | 43.68 |
| | Joe Winston, Adam Less Leroy Nimmers, Brent Browner | |
| 2 | ANKENY | 44.04 |
| | Seth Moulton, Matt Fredericksen Adam Benge, Brett Adams | |
| 3 | PANORAMA OF PANORA | 44.41 |
| | Chad Reich, Shaun Moylan Justin McDermott, Bob McFadden | |
| 4 | SIOUX CITY HEELAN | 44.51 |
| | Wray Wright, Josh Otto John Kayl, Troy Schulte | |
| 5 | PELLA | 44.56 |
| | Dorn LoVan, Sophin Sarin Kevin De Ronde, Mike Steenhoek | |

| | | |
|---|--|----------|
| 6 | WAVERLY-SHELL ROCK | 45.33 |
| | Chris Blount, Kevin Endelman Cody O'Hare, Bryan Gilbreath | |
| | IOWA CITY WEST | DQ-44.39 |
| | Doug Cox, Carlos Honore Nick Busch, Vong Xaykosy | |
| | CEDAR RAPIDS WASHINGTON | DNS |

Preliminary Heat 3

| | | |
|---|---|-------|
| 1 | MUSCATINE | 44.23 |
| | Adam Means, Noah Hughes Edwin Colon, Ryan Nicholson | |
| 2 | DOWLING OF WEST DES MOINES | 44.38 |
| | Brad Sarno, Aaron Ripple Jeremy Smith, Brian Ollie | |
| 3 | DENVER | 44.57 |
| | Dave Devine, Aaron Tripolino Jon Warren, Ryan Schweer | |
| 4 | BECKMAN OF DYERSVILLE | 44.65 |
| | Matt Wessels, Doug Wessels Ted Kruse, Joe Kubicek | |
| 5 | CLINTON | 44.68 |
| | Jeremy Glasgow, Josh Christiansen Autrie Perry, Adam Hehlke | |
| 6 | GRINNELL | 44.69 |
| | Shane Gosselink, Justin Jansen Seth Wallace, Geoff Jensen | |
| 7 | INDIANOLA | 45.48 |
| | Bryan Labertew, Thomas Selgrade Tyson Fehrer, Greg Clevenger | |
| 8 | IOWA FALLS | 45.53 |
| | Joey Liekweg, Jesse Fitz Kyle Ingebritson, Mike Steding | |

Preliminary Heat 4

| | | |
|---|---|-------|
| 1 | URBANDALE | 44.86 |
| | Brad Downs, Adam Campbell Nic Bolton, Eric McMaster | |
| 2 | NEWTON | 44.96 |
| | Terry Bricker, Eric Carroll Travis Shrum, Ryan Maki | |
| 3 | CEDAR FALLS | 44.98 |
| | Brad Richtsmeier, Jason Dahlstrom Jeff Jackson, Jason Bodensteiner | |
| 4 | GUTHRIE CENTER | 45.41 |
| | Troy Steensen, Eric Friedrich Bart Smith, Greg Betts | |
| 5 | LE MARS GEHLEN | 45.45 |
| | Matt Mai, Luke Ortmann Brad Sitzmann, Jacob Ryba | |
| 6 | CHEROKEE | 45.58 |
| | Jeremy Willis, Charlie Bartel Jarred Shaffer, Jason Crocker | |
| 7 | LE MARS | 45.70 |
| | Ryan White, Pat Zahourek Niels Harden, Mike Murphy | |
| 8 | CEDAR RAPIDS PRAIRIE | 45.97 |
| | Nate Toyne, Ben Sanderson Grant Kellogg, Mark Westemeier | |

Preliminary Heat 5

| | | |
|---|---|-------|
| 1 | FORT DODGE | 44.63 |
| | Brad Klein, Quennel McCaleb Mike McKnight, Terry Reiners | |

| | | |
|---|---|-------|
| 2 | DES MOINES LINCOLN | 45.26 |
| | Michael Shade, Adam Judge Steve Leib, Reico Kelly | |
| 3 | WEST HANCOCK OF BRITT | 45.31 |
| | Jeremy Heyer, Nick May Scott Gute, Chad Klein | |
| 4 | DES MOINES HOOVER | 45.79 |
| | Paul Scott, Kelly Christopher Brian Bainbridge, Andre Mitchell | |
| 5 | MEDIAPOLIS | 45.96 |
| | David McLatchie, Curt Schmidgall Allen Whitaker, Mathew Cummings | |
| 6 | RIVER VALLEY OF CORRECTIONVILLE | 46.69 |
| | David Pinkerton, Mike Wipf Marshall Lundt, John Wilcox | |
| | SIOUX CITY NORTH | DNS |
| | Dezmond Jones, Jahhee Omar Chad Lafave, Dan Chatham | |
| | CENTRAL CITY | DNF |
| | Jake Holub, Benji Silver Kevin Hansen, Travis Holub | |

Preliminary Heat 6

| | | |
|---|--|-------|
| 1 | MOUNT PLEASANT | 45.02 |
| | Noel Hummell, Trevor Richards Jeremy Lanferman, Cedric Mullen | |
| 2 | ATLANTIC | 45.08 |
| | Travis Lane, Nick Glade James Ehrman, Tom Schmidt | |
| 3 | SIOUX CITY WEST | 45.25 |
| | Keith Comstock, Kirk Hinrich Ezra Daniels, Casey Rooney | |
| 4 | MARSHALLTOWN | 45.55 |
| | Marty Downs, Brandon Landas Patrick Stevens, Carl Swenson | |
| 5 | WAPSIE VALLEY OF FAIRBANK | 45.68 |
| | John Goeller, Scott Lansing Justin Schmitz, Tyler Molstre | |
| 6 | JOHNSTON | 45.68 |
| | Brent Whipps, Cory Campbell Nathan Krofta, Jed Schmidt | |
| 7 | MAURICE-ORANGE CITY/FLOYD VALLEY | 45.92 |
| | Kelvin Tesch, Brian Tooker Mitch Aalbers, Jason Katt | |
| 8 | ALGONA | 47.05 |
| | Collin Freeburg, Todd Van Otterloo Nate Dau, Phil Fisher | |

Preliminary Heat 7

| | | |
|---|--|-------|
| 1 | TREYNOR | 45.39 |
| | Jeremy Gearhart, Cory Woods Brian Kalstrup, Greg Kalstrup | |
| 2 | ROCKWELL-SWALEDALE | 45.56 |
| | Darin Eddy, Jason Andrews Clint Bushbaum, Tim Dodge | |
| 3 | CEDAR RAPIDS KENNEDY | 45.60 |
| | James Duffy, Miles Lavin Chad Zscherny, Kyle Fries | |
| 4 | CEDAR RAPIDS REGIS-LASALLE | 46.03 |
| | Grady Waldron, Jess Miller Tony Le, Matt Johnson | |
| 5 | UNDERWOOD | 46.40 |
| | Matt Tiarks, Brent Simons Eric Neumann, Cass Minear | |

| | | |
|---|--|-------|
| 6 | DES MOINES ROOSEVELT | 46.65 |
| | Calvin Ragland, Donault Moore Andrae Delaney, Donault Moore | |
| 7 | REMSEN-UNION | 46.82 |
| | Clint Christman, Brad Sanow Michael Plathe, Tony Klein | |
| 8 | FORT DODGE ST. EDMOND | 46.87 |
| | John Schulte, Andy Nelson Denny Stucky, Joe Moench | |

Preliminary Heat 8

| | | |
|---|---|-------|
| 1 | KEOKUK | 45.29 |
| | Kevin Stinson, Courtney Johnson Odell Martin, Nate Summers | |
| 2 | NORTH SCOTT OF ELDRIDGE | 45.67 |
| | Adam Voelker, Ryan Petty Paul Wittkowski, Pete Uitenbroek | |
| 3 | VENTURA | 45.72 |
| | Jared Ringus, T.J. Hillburg Isaac Larsen, Aaron Rothrock | |
| 4 | CARROLL | 45.79 |
| | Troy Henrich, Donnie Kline Chad Grohs, Mike McQueen | |
| 5 | CLARINDA | 46.01 |
| | Jon Simmons, Chad Nally Seth Stimson, Luke Larson | |
| 6 | GLENWOOD | 46.06 |
| | Pete Sterbick, Andrew Dunn Scott Bryson, Dennis Malcom | |
| 7 | WESTWOOD OF SLOAN | 46.29 |
| | Nate Herbst, Darby Iverson Chris Bainbridge, Tom Green | |
| 8 | DES MOINES NORTH | 47.14 |
| | Lyndell Brown, Alex Hilson Charles Brewton, Andre Green | |

Preliminary Heat 9

| | | |
|---|---|----------|
| 1 | FAIRFIELD | 45.36 |
| | Zeb Buckley, Sim Buckley Andy Eastvold, Brian Burnett | |
| 2 | BALLARD OF HUXLEY | 45.44 |
| | Kyle Mann, Brett Halverson Derek Accola, Aaron Moulton | |
| 3 | SOUTH O'BRIEN OF PAULLINA | 45.83 |
| | Karl Schroeder, Josh Wede Tim Van Beek, Justin Smith | |
| 4 | MARION | 45.89 |
| | Rob Wiley, Alex Dvorsky Jake Schuller, Ben Humiston | |
| 5 | COLUMBUS OF COLUMBUS JUNCTION | 46.23 |
| | Matt Storm, Dan O'Donnell Curtis Carey, Rob Hoback | |
| 6 | ALBURNETT | 47.83 |
| | Matt Strand, Justin Knickerbocker Tony Soukup, Jeremy Reed | |
| 7 | EAST BUCHANAN OF WINTHROP | 48.39 |
| | Jason Sullivan, Kevin Mueller Dave Roepke, Jon Pettlon | |
| | NORTH POLK OF ALLEMAN | DQ-45.83 |
| | Eric DeGraff, A.J. Gardner Neal VanderLeest, Chris Ryan | |

Preliminary Heat 10

| | | |
|---|---|----------|
| 1 | CEDAR RAPIDS JEFFERSON | 45.31 |
| | Jeremy Parrish, Mitch Johnson Josh Moon, Dan Wolfe | |
| 2 | NEW HAMPTON | 45.94 |
| | Chris Smith, Ryan Rausch Brendan Leonard, Casey Tierney | |
| 3 | ELDORA-NEW PROVIDENCE | 46.03 |
| | Jim Argyros, Joe Clapsaddle Ryan Butler, Craig Choate | |
| 4 | BETTENDORF | 46.37 |
| | Chris Kinsler, Brian Cox Chris Hendricks, Brad Munos | |
| 5 | OKOBOJI OF MILFORD | 46.41 |
| | Jesse Leiss, Bryan Traughber Travis Jostand, Dusty Noble | |
| 6 | SPENCER | 46.45 |
| | Luke Bernardy, Nate Schmidt Craig Thome, Zac Nepl | |
| | WEST DELAWARE OF MANCHESTER | DQ-47.40 |
| | Ryan Zebuhr, Eric Ries Sam Holden, Brent Vander Wilt | |
| | WEBSTER CITY | SCR |

Preliminary Heat 11

| | | |
|---|---|-------|
| 1 | LINN-MAR OF MARION | 45.53 |
| | Greg Schlichte, Nick Burgmeier Brad Schlichte, Nate Hansen | |
| 2 | DALLAS CENTER-GRIMES | 45.74 |
| | Dan Keltner, Mike Cicchi Jake Willrich, Ryan Sander | |
| 3 | WASHINGTON | 45.76 |
| | Brandon Black, Brett Leyden Ryan Schmidt, Brad Witthoft | |
| 4 | WEST BURLINGTON | 46.05 |
| | Mitch Wegmann, Gosh Gahn Paul Kibling, Mike Pope | |
| 5 | NORTHEAST OF GOOSE LAKE | 46.51 |
| | Tim Lewis, Lucas Rickertsen Luke McClimon, Mark Mommsen | |
| 6 | CLARKE OF OSCEOLA | 47.04 |
| | Cade Kelly, Jeremy Bowlsby Chad Meyer, Jason Kiger | |
| 7 | LEWIS CENTRAL OF COUNCIL BLUFFS | 47.34 |
| | Doug Kinsel, Rod VanNorstrand Alonzo Grosse, John Armour | |
| 8 | GRUNDY CENTER | 47.56 |
| | Jason Dew, Ryan Olson Jerod Schaack, John Heeren | |

Preliminary Heat 12

| | | |
|---|--|-------|
| 1 | GARNER-HAYFIELD | 45.29 |
| | Brett Schoneman, Collin Schaeffer Eric Beshey, Sam Duregger | |
| 2 | PERRY | 45.70 |
| | Andy Glick, Tim Walton Luke Spellman, Brandon Meinders | |
| 3 | ANAMOSA | 46.11 |
| | Dan Achenbach, Mike Ruess Cory Capron, Ben Schwartz | |
| 4 | WATERLOO COLUMBUS-DON BOSCO | 46.48 |
| | Frank Krone, Quinn Hildman Neal Caughren, Matt Thompson | |

| | | |
|---|---|-------|
| 5 | PLEASANT VALLEY | 46.59 |
| | Matt Koberski, Chris Anthony Wes Hanson, Jason Diehl | |
| 6 | SOUTHEAST WARREN OF LIBERTY CENTER | 46.90 |
| | Tom Septer, Dustin Wahman Keith Lester, Ryan Levine | |
| 7 | EAST UNION OF AFTON | 51.38 |
| | Matt Sheridan, Justin Brown Mike Vaughn, Colin McCampbell | |
| | WAUKON | DNF |
| | Mike Cunningham, Jeremy Mohwinkle Nate Einck, Joey Quillin | |

Preliminary Heat 13

| | | |
|---|--|-------|
| 1 | HARLAN | 45.48 |
| | Mark Schmitz, Nathan Schmitz Nick Carter, Brandon Haigh | |
| 2 | DUBUQUE HEMPSTEAD | 45.92 |
| | Glen Kramer, Josh Giesemann Chad LaRue, Scott Claussen | |
| 3 | OSKALOOSA | 46.22 |
| | Adam Boender, Eric Svalstad Brandon Van Zetten, Andy Fish | |
| 4 | JEFFERSON-SCRANTON | 46.22 |
| | Nate Hauptert, Jason Sacre Larry Bouchard, Adam Jones | |
| 5 | CENTERVILLE | 46.40 |
| | Hayden Frevert, Joe Keller Alex Jones, Matt Zemo | |
| 6 | KNOXVILLE | 46.71 |
| | Curt Edwards, Phillip Rowley Frank Cortez, Corey Garrington | |
| 7 | FOREST CITY | 46.72 |
| | Jonathan Korth, Corey Schmidt Chris Higgins, Jeff Jerome | |
| | MONTEZUMA | DNF |
| | Cory Maxwell, Ben Morrow Pat Morrison, Evan Bru | |

Preliminary Heat 14

| | | |
|---|---|----------|
| 1 | BOONE | 45.99 |
| | Cory Wood, Lucas Wirth Dan Schaaf, Troy Schaaf | |
| 2 | ADM OF ADEL | 46.01 |
| | Cody Belgarde, Bric Nelson 7263 Bandy, Joe Straight | |
| 3 | SOUTH TAMA OF TAMA | 46.37 |
| | Kam Koster, Joe Hughes Joe Casey, Jason Nekola | |
| 4 | MONTICELLO | 46.71 |
| | Travis Meyer, Kory Helgens Spencer Moats, Ray Zirkelbach | |
| 5 | MANNING | 46.94 |
| | Matt Siepker, Jeremy Puck Brandon Doyel, Pat Morrison | |
| 6 | BONDURANT-FARRAR | 47.05 |
| | Eric Ray, Joe Drahos Mike Williams, Justin Sanny | |
| | WAUKEE | DQ-47.38 |
| | Greg Gerlach, Ryan Burger Matt Edgington, Aaron Loftin | |
| | NORTH CEDAR OF STANWOOD | DNF |
| | Ivan Gentry, Ryan Kedley Aaron Versendaal, Joe Stille | |

Preliminary Heat 15

| | | |
|---|---|-------|
| 1 | BATTLE CREEK-IDA GROVE | 46.24 |
| | Nick Georgopoulos, Brent Sadler Aaron Uhl, Luke Brinkman | |
| 2 | CENTRAL OF DE WITT | 46.46 |
| | Dylan Sanderson, Troy Hythecker Tim Block, Ryan Scheckel | |
| 3 | CARLISLE | 46.61 |
| | Todd Hugen, Bill Fox Brian Baker, Adam Striegel | |
| 4 | PRAIRIE CITY-MONROE | 46.66 |
| | Andy Elrod, Ryan Franzen Aaron Trunnel, Jeff Kinkaid | |
| 5 | COUNCIL BLUFFS JEFFERSON | 46.72 |
| | Marc Berry, Mark Showers Justin Kammrad, Chris Moore | |
| 6 | INDEPENDENCE | 46.81 |
| | Eric Donnelly, Justin Beatty Ryan Jensen, Bryce Schweitzer | |
| 7 | SOUTHEAST POLK OF RUNNELLS | 47.82 |
| | Phil Armbrust, Joey Bell Derrick Jacobs, Nate Glenn | |
| 8 | WOODBURY CENTRAL OF MOVILLE | 48.71 |
| | Matt Lloyd, Greg Chavis Dave Wisniewski, Scott Borchers | |

Preliminary Heat 16

| | | |
|---|---|----------|
| 1 | CRESTON | 45.84 |
| | Jason Bruce, Adam Boden Chris Keenan, Mike Mansour | |
| 2 | DAVENPORT CENTRAL | 46.24 |
| | Byron Drew, Lucas Hill Troy Mitchell, Joe Tyson | |
| 3 | NORTHERN IOWA OF CEDAR FALLS | 46.47 |
| | Andrae Rainey, Jared Doddema Eric Olson, Demetrius Kimbrough | |
| 4 | MASON CITY | 46.54 |
| | Lucas Cookman, Ryan Mix Jason O'Donnell, Tyrone Brinson | |
| 5 | HUMBOLDT | 46.71 |
| | Ethan Miller, Ross Sleiter Clint Smith, Adam Hartford | |
| 6 | PEKIN OF PACKWOOD | 46.74 |
| | Cory Archer, Joe Adrian Jon Britenbucher, Matt Brown | |
| 7 | MAQUOKETA | 47.46 |
| | Jeremy Starr, Matt Davison Lucas Kluner, Kye Bennis, MADRID | DQ-46.12 |
| | Zac Schaffer, Larry Fuller Ryan Thompson, Matt Bosman | |

Preliminary Heat 17

| | | |
|---|---|-------|
| 1 | CAMANCHE | 46.09 |
| | Mike Nissen, Josh Empen Kyle Naeve, Chris Mangelsen | |
| 2 | DAVIS COUNTY OF BLOOMFIELD | 46.60 |
| | Josh Swaim, Robert Hamre Kevin Prevo, Clint Berryman | |
| 3 | SAC CITY | 46.91 |
| | Joey Johnston, Nick Johnston Lance Jenkins, Chad Wallerstedt | |

| | | |
|---|---|-------|
| 4 | ALTA | 47.23 |
| | Eric Mann, Luke Boyd Michael Norris, Chris Allen | |
| 5 | TIPTON | 47.42 |
| | Randy Laing, Kevin Corkery Tony Gaul, Zach Rogers | |
| 6 | MOUNT VERNON | 47.80 |
| | Alex Morf, Mike Wieseler Sean Farshehi, Nick Boots | |
| 7 | SPRINGVILLE | 48.29 |
| | Derek Taube, Jordan Melsha Mike Roberts, Caleb Condit | |
| | NORTH FAYETTE OF WEST UNION | DNF |
| | Josh Hanson, James Boehmler Brent O'Donnell, Lance Guyer | |

Preliminary Heat 18

| | | |
|---|--|----------|
| 1 | WATERLOO EAST | 45.52 |
| | Deshon Johnson, Lance Meeks Jerry Moses, Marcus Sallis | |
| 2 | HAMPTON-DUMONT | 46.55 |
| | Scott Patton, Aaron Bogenrief Ryan Janke, Ryan Kampman | |
| 3 | DIKE-NEW HARTFORD | 47.27 |
| | Shaun Decker, Kelly Luck Kyle Weber, Mitch Weber | |
| 4 | COUNCIL BLUFFS ST. ALBERT | 47.45 |
| | Tony Gusman, Tony Leick Alex Waugh, Blanchard Johnson | |
| 5 | DUBUQUE WAHLERT | 47.46 |
| | Nick Wagner, Troy Clemen Trent Clemen, P.J. Carney | |
| 6 | RED OAK | 48.66 |
| | Jeremy Funk, Justin Sharp Ryan Tye, Cam Elliott | |
| | GLADBROOK-REINBECK | DQ-46.89 |
| | Jon Stimel, Jared Johnson Tyler Haskovoc, Larry Thede | |
| | NORWALK | DNF4 |
| | Travis Cheers, Jon Paul Harkin Devin Collins, Brad Upchurch | |

Preliminary Heat 19

| | | |
|---|---|-------|
| 1 | HLV OF VICTOR | 46.11 |
| | Chad Timm, Aaron Healey Shawn Rhinehart, Ryan Sullivan | |
| 2 | JESUP | 46.45 |
| | Randy Kies, Chris Schutte Jon Wirtz, Ben Thompson | |
| 3 | CLARINDA ACADEMY | 46.60 |
| | Antoine Wiley, Mario Cole Jauan Love, Charles Delaney | |
| 4 | CLARION-GOLDFIELD | 46.83 |
| | Brandon Reed, Greg Murphy Waylon Robb, Shane Boyington | |
| 5 | CASCADE | 47.13 |
| | Jim Walsh, Chris Schlemme Chris Curry, Marty Sutherland | |
| 6 | VAN BUREN OF KEOSAUQUA | 47.18 |
| | Mike Bainbridge, Nic Watson Kully Loeffler, B.J. Simmons | |
| 7 | NORTH MAHASKA OF NEW SHARON | 47.38 |
| | Jason McCulley, Eric Dyjak Aaron Moore, Casey Barickman | |

| | | |
|----------------------------|--|-------|
| 8 | KINGSLEY-PIERSON Adam Timmins, Dallas Thompson Wade DeVries, Scott Bahrke | 47.66 |
| Preliminary Heat 20 | | |
| 1 | MAQUOKETA VALLEY OF DELHI Ken Wilcox, Kurt Bacon Jered Birt, Chad Zrudsky | 45.84 |
| 2 | OTTUMWA Josh Wilson, Trent White Tim Shepard, Kelly Newland | 46.20 |
| 3 | APLINGTON-PARKERSBURG Josh LaVelle, Landon Uhlenhopp Aaron Kampman, Chris Bengel | 46.42 |
| 4 | ALBURNETT Tony Soukup, Matt Strand Justin Knickerbocker, Jeremy Reed | 46.51 |
| 5 | POCAHONTAS AREA Cam Christoffers, Tighe Sefcik Brett Stoullil, Brian Tjaden | 47.02 |
| 6 | MOUNT AYR Chip Williams, Chris Leonard T.J. Brown, Adam Dredge | 47.02 |
| 7 | STARMONT OF ARLINGTON Derek Adams, Rod McDowell Spencer Paris, Clint Miller | 48.20 |

High School Boys' 4x200 Meter Relay Finals

| | | |
|---|--|---------|
| 1 | IOWA CITY Kahlil Hill, Jess Holland Jason Dwight, Jason Ringena | 1:27.53 |
| 2 | INDIANOLA Brannon Hilton, Ed Johnson Desman Oakley, Chad Brewbaker | 1:30.19 |
| 3 | VALLEY OF WEST DES MOINES Nick Stahly, Chris Starostka Stephanie Bloomquist, Josh Kommer | 1:30.42 |
| 4 | IOWA CITY WEST Matt Weldon, Vong Xaykosy Shane Lauthen, Nick Busch | 1:30.84 |
| 5 | NEWTON Terry Bricker, Eric Carroll Kevin Ferguson, Ryan Maki | 1:30.90 |
| 6 | SPIRIT LAKE PARK David Urbanos, Troy Spieker Joe Feese, Scott Faber | 1:31.20 |
| 7 | BECKMAN OF DYERSVILLE Doug Wessels, Ted Kruse Kevin Casey, Joe Kubicek | 1:31.92 |
| | AMES Aaron Greving, Brent Antisdell David Cheney, Mark Charter | DNF |

Preliminary Heat 1

| | | |
|---|--|---------|
| 1 | IOWA CITY Kahlil Hill, Jess Holland Jason Dwight, Jason Ringena | 1:27.56 |
| 2 | INDIANOLA Brannon Hilton, Ed Johnson Desman Oakley, Chad Brewbaker | 1:29.62 |
| 3 | BECKMAN OF DYERSVILLE Doug Wessels, Ted Kruse Kevin Casey, Joe Kubicek | 1:30.94 |

| | | |
|---|---|------------|
| 4 | CEDAR RAPIDS WASHINGTON Aaron Foreman, Mike Dorman Dan Colony, Rob Brimmer | 1:31.32 |
| 5 | DAVENPORT ASSUMPTION Marcus Rush, Lee Russell Kevin Gluba, Kevin Collins | 1:32.73 |
| 6 | WAVERLY-SHELL ROCK Brandon Zelle, Kevin Endelman Cody O'Hare, Bryan Gilbreath | 1:34.09 |
| 7 | PANORAMA OF PANORA Justin McDermott, Bob McFadden Shaun Moylan, Travis Geopfert | 1:49.25 |
| | WATERLOO WEST Sirr Gardner, Nathan Richardson Rico Jordan, B.J. Smith | DQ-1:30.68 |

Preliminary Heat 2

| | | |
|---|---|---------|
| 1 | VALLEY OF WEST DES MOINES Nick Stahly, Chris Starostka Matt Harlan, Josh Kommer | 1:30.41 |
| 2 | IOWA CITY WEST Matt Weldon, Vong Xaykosy Shane Lauthen, Nick Busch | 1:30.66 |
| 3 | SPIRIT LAKE PARK David Urbanos, Troy Spieker Joe Feese, Scott Faber | 1:30.74 |
| 4 | ANKENY Scott Phillips, Matt Fredericksen Brett Adams, Adam Benge | 1:31.01 |
| 5 | SIOUX CITY HEELAN John Kayl, Josh Otto Troy Schulte, Nick McInerney | 1:31.20 |
| 6 | URBANDALE Brad Downs, Adam Campbell Jeff Knake, Eric McMaster | 1:32.04 |
| 7 | BETTENDORF Chris Kinsler, Rick Eisenlauer Chris Hendricks, Brad Munos | 1:32.82 |
| 8 | FORT DODGE Brad Klein, Quannel McCaleb Mike McKnight, Terry Reiners | 1:33.81 |

Preliminary Heat 3

| | | |
|---|---|---------|
| 1 | NEWTON Terry Bricker, Eric Carroll Kevin Ferguson, Ryan Maki | 1:30.76 |
| 2 | AMES Aaron Greving, Brent Antisdell David Cheney, Mark Charter | 1:30.92 |
| 3 | CEDAR RAPIDS REGIS-LASALLE Grady Waldron, Jason Glynn Nick Putman, Matt Johnson | 1:31.45 |
| 4 | DOWLING OF WEST DES MOINES Brad Sarno, Aaron Ripple Jeremey Smith, Brian Ollie | 1:31.57 |
| 5 | GRINNELL Shane Gosselink, Eli VanZante Justin Jansen, Geoff Jensen | 1:32.01 |
| 6 | PELLA Tim Brand, Kevin De Ronde Mike Steenhoek, Josh Roose | 1:32.19 |
| 7 | LE MARS Niels Harden, Preston Crandell Pat Zahourek, Mike Murphy | 1:32.78 |

8 BURLINGTON 1:34.15
DeWayne Osborn, L.C. Lewis
Ben Carter, Ephraim Twillie

High School Boys' 4x400 Meter Relay Finals

1 IOWA CITY 3:21.26
Joe Colangeld 51.9, T.J. Elbert 50.7
Jason Dwight 51.7, Jason Ringena 47.9

2 VALLEY OF WEST DES MOINES 3:23.36
Jeremy Sell 52.0, Domonic Cooper 50.9
Brian Hardin 50.8, Josh Kommer 49.6

3 BECKMAN OF DYERSVILLE 3:23.83
Kevin Casey 51.5, Kyle Conry 52.5
Ed Riesberg 50.1, Joe Kubicek 49.7

4 CENTERVILLE 3:24.05
Jonathan Sherman 51.9, Scott
Williamson 50.3
Jerod Torrey 51.2, Dwight Ousley 50.9

5 SIOUX CITY HEELAN 3:24.38
Nick McInerney, Troy Schulte
Adam Keuhl, Josh Otto

6 ANKENY 3:24.61
Scott Phillips 51.8, Brett Adams 52.2
Eric O'Brien 51.4, Kyle Bolejack 49.7

7 CEDAR RAPIDS WASHINGTON 3:35.44
Aaron Foreman, Mike Dorman
Lee Pitlik, Rob Brimmer

INDIANOLA DQ-3:27.13
Mark Bresnan, Matt Oberender
Ed Johnson, Brannon Hilton

Preliminary Heat 1

1 IOWA CITY 3:21.62
Joe Colangeld 51.4, T.J. Elbert 51.8
Jason Dwight 49.6, Jason Ringena 48.8

2 VALLEY OF WEST DES MOINES 3:23.78
Josh Kommer 50.0, Domonic Cooper
52.5
Brian Hardin 50.3, Jeremy Sell 50.9

3 SIOUX CITY HEELAN 3:23.83
Nick McInerney, Troy Schulte
Adam Keuhl, Josh Otto

4 CEDAR RAPIDS WASHINGTON 3:24.25
Aaron Foreman, Mike Dorman
Lee Pitlik, Rob Brimmer

5 INDIANOLA 3:26.03
Mark Bresnan 51.5, Ed Johnson 50.8
Matt Oberender 53.4, Brannon Hilton
50.4

6 IOWA CITY WEST 3:27.55
Vong Xaykosy 52.9, Matt Weldon 51.7
Nick Busch 51.2, Shane Lauthen 51.7

7 CEDAR RAPIDS REGIS-LASALLE 3:30.43
John Scheib, Steve Berger
Matt Vaughn, Nick Putman

8 NORTH SCOTT OF ELDRIDGE 3:30.81
Ryan Lau, Jed Schneckloth
Pat O'Flaherty, Jason Schroeder

Preliminary Heat 2

1 BECKMAN OF DYERSVILLE 3:23.66
Kevin Casey, Hadley Henderson
Ed Riesberg, Joe Kubicek

2 ANKENY 3:23.76
Scott Phillips 52.0, Brett Adams 50.2
Eric O'Brien 51.3, Kyle Bolejack 50.2

3 CENTERVILLE 3:23.80
Jonathan Sherman, Jerod Torrey
Dwight Ousley, Scott Williamson

4 LEMARS GEHLEN 3:26.07
Mark Rohe, Greg Meister
Nick Ryan, Brad Sitzmann

5 BETTENDORF 3:26.59
Nick Dehner 52.2, Adam Winger 52.8
Rick Eisenlauer 50.8, John Ball 50.8

6 AMES 3:27.08
David Cheney, Luke Deardorff
Erik Distler, Mark Charter

7 PLEASANT VALLEY 3:28.40
Wayne Short 53.2, Brian Moeller 52.8
Tim Hansen 52.2, Jon McGee 50.3

8 DES MOINES ROOSEVELT 3:33.90
Cyrus Nichols 53.2, Bobby Atkins 54.9
Ricky Jackson 53.6, Willis Humphrey
53.3

Preliminary Heat 3

1 LINN-MAR OF MARION 3:27.83
David Knight, Dan Cole
Brad Schlichte, Neil Nelsen

2 LEMARS 3:28.10
Niels Harden 53.6, Pat Zahourek 49.9
Preston Crandell 53.3, Mike Murphy
53.7

3 CEDAR RAPIDS KENNEDY 3:29.03
James Duffy 51.1, Brad Beachler 52.3
Paul Kerkman 52.1, Chad Zscherny 53.5

4 URBANDALE 3:29.15
Aaron Meline, Jason Koczman
Jacob Koczman, Jeff Knake

5 SPIRIT LAKE PARK 3:29.90
David Urbanos, Troy Spieker
Matt Thompson, Scott Faber

6 PANORAMA OF PANORA 3:31.08
Phillip Keys 53.6, Shaun Moylan 51.5
Bob McFadden 50.5, Nate Keith 55.4

7 BURLINGTON 3:32.28
Ben Carter, DeWayne Osborn
Nick Boeset, L.C. Lewis

8 GLENWOOD 3:32.49
Andrew Dunn, Jeff Gray
Chris Hein, Scott Bryson

High School Boys' 4x800 Meter Relay Finals

1 DUBUQUE 7:54.47
Trent Corey 1:59.9, Tim Orris 1:59.4
Sean Sindt 2:01.1, Rob Brock 1:53.6

2 ANKENY 7:55.85
Kyle Bolejack 1:57.4, Bryce Good
1:58.2
Ryan Sears 2:03.7, Ryan Blahavietz
1:56.5

3 PLEASANT VALLEY 7:57.33
Creston Fenn 1:59.4, Wayne Short
2:00.1
Damon Johnson 2:00.6, Jon McGee
1:57.2

| | | |
|----|--|---------|
| 4 | IOWA CITY | 7:57.95 |
| | T.J. Elbert 2:00.5, Joe Colangeld 2:02.7 Jason Jordan 1:57.2, Scott Gordon 1:57.5 | |
| 5 | CENTERVILLE | 7:58.31 |
| | Scott Williamson 1:58.1, Jonathan Sherman 2:02.5 Dwight Ousley 1:58.5, Peter Hollatz 1:59.3 | |
| 6 | BETTENDORF | 8:06.36 |
| | Nick Dehner 1:59.4, Adam Winger 2:00.4 Jeff Rosenberg 2:03.9, John Ball 2:02.6 | |
| 7 | SOUTH O'BRIEN OF PAULLINA | 8:07.30 |
| | Ross McDaniel, Cory Wittrock Chad Negus, Colin Youde | |
| 8 | CEDAR RAPIDS WASHINGTON | 8:11.53 |
| | Dan Everson, Noah Konzen Ben Rogers, Ryan Butler | |
| 9 | AMES | 8:11.95 |
| | Zack Keller, Eric Houge Luke Guthrie, Erik Distler | |
| 10 | WAVERLY-SHELL ROCK | 8:13.73 |
| | Shaun Bienemann, John Bittner Cody Neuendorf, Dave Paulsen | |
| 11 | VALLEY OF WEST DES MOINES | 8:14.87 |
| | James Langdon, Zac Toomey Jeremy Sell, Dominic Cooper | |
| 12 | UNITY CHRISTIAN OF ORANGE CITY | 8:15.46 |
| | Jim Dekkers, Jon Dekkers Marlin Hoogland, Brian Wassenaar | |
| 13 | INDIANOLA | 8:17.63 |
| | Joe Laxton 2:02.1, Adam Graham 2:06.9 Jason Engel 2:09.5, Mark Bresnan 1:59.6 | |
| 14 | URBANDALE | 8:18.00 |
| | Jacob Koczman, Cory Holthaus Jason Koczman, Brandon Williams | |
| 15 | CEDAR RAPIDS KENNEDY | 8:20.22 |
| | James Duffy, Corey Pearson Brad Beachler, Bo Pourahmodi | |
| 16 | DUBUQUE HEMPSTEAD | 8:20.80 |
| | Brad Siegert, Ben Fern Luke Wagner, Kevin Emmert | |

High School Boys' Sprint Medley Relay Finals

| | | |
|---|--|---------|
| 1 | INDIANOLA | 3:31.39 |
| | Desman Oakley, Chad Brewbaker Brannon Hilton 50.2, Mark Bresnan 1:55.6 | |
| 2 | CENTERVILLE | 3:32.24 |
| | Jerod Torrey, Alex Jones Dwight Ousley 49.2, Peter Hollatz 1:55.9 | |
| 3 | IOWA CITY | 3:33.35 |
| | Nikolai Hill, Jason Dwight Jess Holland 50.2, Scott Gordon 1:58.9 | |
| 4 | LE MARS GEHLEN | 3:34.78 |
| | Luke Ortmann, Brad Sitzmann Greg Meister, Nick Ryan | |
| 5 | WOODBINE | 3:35.36 |
| | Micah Mullenix, Brian Rutledge Adam Pryor 52.4, Joel Sullivan 1:55.1 | |

| | | |
|---|--|---------|
| 6 | CEDAR FALLS | 3:35.45 |
| | Brad Richtsmeier, Jason Bodensteiner Taylor Pruisner, Pete Hoekstra | |
| 7 | WAVERLY-SHELL ROCK | 3:37.83 |
| | Kevin Endelman, Bryan Gilbreath Shaun Bienemann, Dave Paulsen | |
| 8 | BETTENDORF | 3:38.25 |
| | Chris Kinsler, Rick Eisenlauer Nick Dehner 51.2, John Ball 2:01.3 | |

Preliminary Heat 1

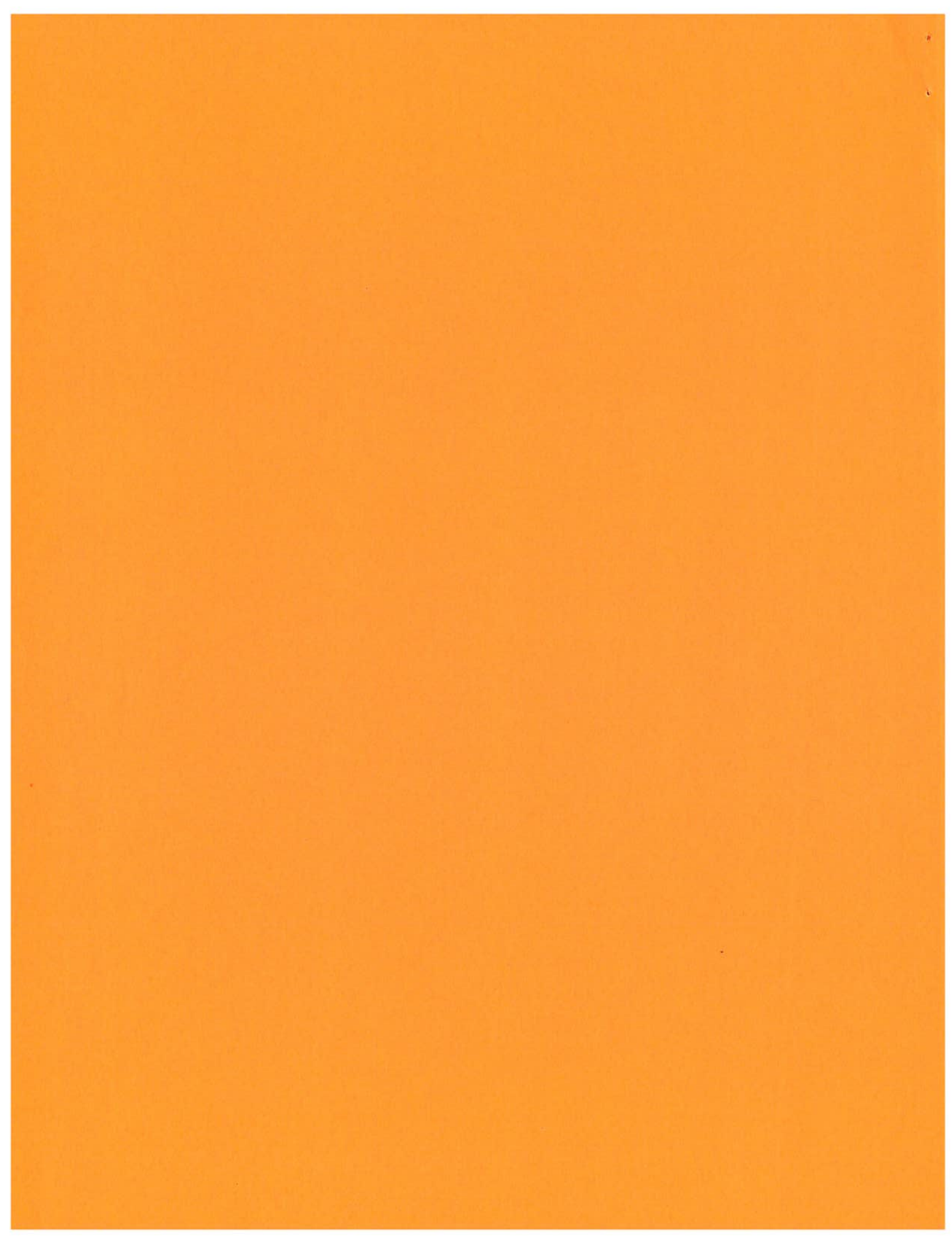
| | | |
|---|--|---------|
| 1 | INDIANOLA | 3:32.31 |
| | Desman Oakley, Chad Brewbaker Brannon Hilton, Mark Bresnan | |
| 2 | CENTERVILLE | 3:34.67 |
| | Jerod Torrey, Alex Jones Dwight Ousley, Peter Hollatz | |
| 3 | CEDAR FALLS | 3:35.96 |
| | Brad Richtsmeier, Jason Bodensteiner Taylor Pruisner, Pete Hoekstra | |
| 4 | DAVENPORT NORTH | 3:36.10 |
| | Joe Winston, Nathan Less Adam Less, Chris Francios | |
| 5 | PANORAMA OF PANORA | 3:37.09 |
| | Justin McDermott, Shaun Moylan Bob McFadden, Phillip Keys | |
| 6 | SIOUX CITY HEELAN | 3:39.76 |
| | Wray Wright, John Kayl Nick McInerney, Chad Weatherly | |
| 8 | DUBUQUE | 3:50.63 |
| | Bill Smith, Dan Steffen Curt McFadden, Jeff Duster | |
| | DES MOINES HOOVER | dq |
| | Paul Scott, Stanley Patton Tuffy Jackson, Mike Ostreko | |

Preliminary Heat 2

| | | |
|---|--|---------|
| 1 | BETTENDORF | 3:34.35 |
| | Chris Kinsler, Rick Eisenlauer Nick Dehner, John Ball | |
| 2 | IOWA CITY | 3:34.46 |
| | Kahlil Hill, Grant Hilton Jason Dwight, Scott Gordon | |
| 3 | WOODBINE | 3:35.15 |
| | Ryan Allen, Brian Rutledge Adam Pryor, Joel Sullivan | |
| 4 | NORTH SCOTT OF ELDRIDGE | 3:36.01 |
| | Ryan Lau, Ryan Petty Jason Schroeder, Jed Schneckloth | |
| 5 | VALLEY OF WEST DES MOINES | 3:36.70 |
| | Austin Menard, Matt Harlan Josh Kommer, James Langdon | |
| 6 | PLEASANT VALLEY | 3:37.31 |
| | Wayne Short, Chris Anthony Tim Hansen, Jon McGee | |
| 7 | URBANDALE | 3:37.79 |
| | Adam Campbell, Brad Downs Jeff Knake, Brandon Williams | |
| | ANKENY | dq |
| | Seth Moulton, Ryan Norgart Eric O'Brien, Justin Schlicher | |

Preliminary Heat 3

| | | |
|---|--|-----------|
| 1 | WAVERLY-SHELL ROCK Kevin Endelman, Bryan Gilbreath Shaun Bienemann, Dave Paulsen | 3:35.08 |
| 2 | LE MARS GEHLEN Luke Ortmann, Brad Sitzmann Greg Meister, Nick Ryan | 3:35.16 |
| 3 | CEDAR RAPIDS REGIS-LASALLE Grady Waldron, Matt Johnson Nick Putman, Russ Sand | 3:35.99 |
| 4 | NEWTON Terry Bricker, Ryan Maki Aaron Wood, Kevin Ferguson | 3:38.59 |
| 5 | DES MOINES ROOSEVELT Calvin Ragland, Donault Moore Cyrus Nichols, Willis Humphrey | 3:40.17 |
| 6 | SOUTHEAST WARREN OF LIBERTY CENTER Tom Septer, Ryan Levine Dustin Wahman, Matt Oliver | 3:41.27 |
| 7 | FORT MADISON Zach Bitting, Reid Bentley Josh Schwartz, Kevin Lamb | 3:42.92 |
| | BECKMAN OF DYERSVILLE Matt Wessels, Ed Riesberg Tom Martin, Max Knepper | DQ3:44.35 |



1997 DRAKE RELAYS

Drake University, Des Moines, Iowa

April 25-26

High School Girls

FRIDAY WEATHER: MORNING - High temperature 54 degrees; clear and sunny--winds North at 5 mph AFTERNOON - Temps up to 67 degrees, mostly sunny with light breeze at 6 mph from North. FRIDAY ATTENDANCE--17,100 (Drake Relays Friday record)

SATURDAY WEATHER: MORNING - Started out program in high forties but reached 60 by noon. Winds from SE at 6-8 mph AFTERNOON - High of 67 degrees with partly cloudy sky. Wind from West at 7 mph. ATTENDANCE--18,000 (32nd consecutive Saturday sellout). Two day attendance a record 35,100.

Software by Track-on-a-Mac...1-800-PETE-MAC

4/29@7:07 AM

High School Girls' 100 Meter Dash Finals

Wind: -1.83

| | | |
|---|-------------------------------------|-------|
| 1 | Laura Aschoff, Ankeny | 12.62 |
| 2 | Kate Gordon, Sioux City North | 12.82 |
| 3 | Jamie Dalbey, Ottumwa | 13.01 |
| 4 | Susie Reinhardt, Belle Plaine | 13.02 |
| 5 | Kristin Knight, Iowa City | 13.04 |
| 6 | Fiona Asigbee, Cedar Rapids Prairie | 13.06 |
| 7 | Maggie Hall, Harlan | 13.24 |
| | Erin Maysent, Ames | DNF |

Preliminary Heat 1

| | | |
|---|---|-------|
| 1 | Sam Bohnstengel, Union of LaPorte City | 13.70 |
| 2 | Misa Nakato, Iowa City West | 13.74 |
| 3 | Jenny Goodall, Lake Mills | 13.86 |
| 4 | Suzanne Van Roekel, Pella Christian | 14.12 |
| 5 | Andrea Roush, Pella | 14.21 |
| 6 | Renee Rapp, Cedar Rapids Regis-LaSalle | 14.30 |
| 7 | Bridget Knutzen, ADM of Adel | 14.63 |
| | Tesi Dawson, Southeast Polk of Runnells | dnr |

Preliminary Heat 2

| | | |
|---|--------------------------------------|-------|
| 1 | Laura Aschoff, Ankeny | 12.45 |
| 2 | Taylor Ewald, Des Moines Roosevelt | 13.26 |
| 3 | Dena Johnson, Cedar Rapids Jefferson | 13.35 |
| 4 | Micki Seelinger, Clarke of Osceola | 14.22 |
| 5 | Heather Arendt, Montezuma | 14.32 |
| | Liz Wehr, Sigourney | dnr |
| | Erin Gervais, Storm Lake | dnr |
| | Heather Northcutt, Montezuma | dnr |

Preliminary Heat 3

| | | |
|---|---------------------------------------|-------|
| 1 | Rochelle Anderson, Waverly-Shell Rock | 13.19 |
| 2 | Lakeisha Lee, Davenport North | 13.58 |
| 3 | Arena Butts, Des Moines Roosevelt | 14.01 |
| 4 | Jessica Rassmussen, Harlan | 14.03 |
| 5 | Treva Richter, Guthrie Center | 14.18 |
| 6 | Stacey Tschantz, Marion | 14.67 |

| | | |
|---|---------------------------|-------|
| 7 | Sarah Hradek, ADM of Adel | 15.69 |
|---|---------------------------|-------|

Preliminary Heat 4

| | | |
|---|--|-------|
| 1 | Erica Davis, Iowa City | 13.31 |
| 2 | Lindsay Rudd, Cedar Rapids Prairie | 13.57 |
| 3 | Natalie Sanger, Saydel of Des Moines | 13.72 |
| 4 | Tieesha Griffin, Sioux City West | 13.87 |
| 5 | Penny Nichols, Johnston | 14.12 |
| 6 | Brooke Chapman, Albia | 14.75 |
| 7 | Nikki Cordes, Bondurant-Farrar | 14.77 |
| | Shannon LaBuff, Nodaway Valley of Greenfield | dnr |

Preliminary Heat 5

| | | |
|---|--|-------|
| 1 | Maggie Hall, Harlan | 12.75 |
| 2 | Lacey Adams-Brown, Indianola | 13.15 |
| 3 | Teresa Huber, Des Moines Lincoln | 13.51 |
| 4 | Katie Brees, Keota | 13.56 |
| 5 | Carrie Leber, Treynor | 13.57 |
| 6 | Shelley Wright, Newton | 14.07 |
| 7 | Lisa Dessel, Cherokee | 14.31 |
| | Marianne Timm, Lewis Central of Council Bluffs | dnr |

Preliminary Heat 6

| | | |
|---|---|-------|
| 1 | Kristin Knight, Iowa City | 12.72 |
| 2 | Alisha Menzies, Valley of West Des Moines | 13.13 |
| 3 | Cathy Kister, Creston | 13.24 |
| 4 | Nikki Garrett, Clarke of Osceola | 13.79 |
| 5 | Jamie Winchell, Treynor | 14.21 |
| 6 | Stacey Bullock, Perry | 14.82 |
| | Tasha Harvey, Storm Lake | dnr |
| | Jamie Brown, Glenwood | dnr |

Preliminary Heat 7

| | | |
|---|-------------------------------------|-------|
| 1 | Fiona Asigbee, Cedar Rapids Prairie | 12.87 |
| 2 | Nikki Nelson, Mount Vernon-Lisbon | 13.17 |
| 3 | Greta Goerss, Spirit Lake Park | 13.26 |
| 4 | Allison Lyle, Keota | 13.78 |
| 5 | Julie Barker, Villisca | 13.81 |

| | | |
|---|--|-------|
| 6 | Tonya Halstead, Des Moines Hoover | 13.88 |
| 7 | Sarah Glynn, Nishna Valley of Hastings | 14.11 |
| 8 | Jasmine Terrell, Dallas Center-Grimes | 14.48 |

Preliminary Heat 8

| | | |
|---|--|-------|
| 1 | Susie Reinhardt, Belle Plaine | 12.85 |
| 2 | Leilani Smith, Cedar Rapids Regis-LaSalle | 13.24 |
| 3 | Theresa Kelly, Dubuque Wahlert | 13.26 |
| 4 | Sarah Turner, Urbandale | 13.62 |
| 5 | Amanda Bromell, Tipton | 13.94 |
| 6 | Krista Schieffer, Waukee | 14.45 |
| 7 | Jennifer Matsen, Fort Dodge | 15.10 |
| | Nicole Dougherty, Dubuque | dnr |

Preliminary Heat 9

| | | |
|---|--|-------|
| 1 | Jill Vreemen, West Sioux of Hawarden | 13.75 |
| 2 | Jaclyn Houghton, Urbandale | 14.00 |
| 3 | Gail Schimmels, Denver | 14.04 |
| 4 | Laura Murren, Clarinda | 14.30 |
| 5 | Carol Stursma, Pella | 14.35 |
| 6 | Kelly Marcouiller, Dowling of West Des Moines | 14.73 |
| | Diane Lindeman, Carlisle | dnr |
| | Randi Meek, Griswold | dnr |

Preliminary Heat 10

| | | |
|---|--|-------|
| 1 | Amanda Beck, Prairie Valley of Gowrie | 13.15 |
| 2 | Erin Sherman, Centerville | 13.47 |
| 3 | Mac Campbell, Cherokee | 13.71 |
| 4 | Karen Saylor, Marshalltown | 13.97 |
| 5 | Jen Helgeson, Lake Mills | 14.18 |
| 6 | Andrea O'Rourke, Fort Dodge St. Edmond | 14.57 |
| 7 | Chrissy Johnson, North Scott of Eldridge | 14.65 |
| | Nicki Vellinga, West Marshall of State Center | dnr |

Preliminary Heat 11

| | | |
|---|--|-------|
| 1 | Marcy Krumm, Ballard of Huxley | 13.04 |
| 2 | Jennifer Kramer, AG-WSR of Ackley | 13.71 |
| 3 | Jessie Noid, Marshalltown | 13.75 |
| 4 | Kellie Hicks, Clarinda | 13.77 |
| 5 | Stef Stookesberry, Davis County of Bloomfield | 14.00 |
| 6 | Julie Vandeventer, Guthrie Center | 14.15 |
| 7 | Amy Anderson, Eldora-New Providence | 14.56 |
| | Vicky Rogers, Hudson | dnr |

Preliminary Heat 12

| | | |
|---|--|-------|
| 1 | Paula Preston, North Kossuth of Swea City | 13.33 |
| 2 | Krista Crowley, Le Mars | 13.41 |
| 3 | Michelle Bakkum, MFL-Mar-Mac of Monona | 13.53 |
| 4 | Chrystal Roberts, Colo-Nesco | 13.77 |
| 5 | Jacque Gerlovich, Waukee | 13.94 |
| 6 | Alissa Vavra, Shenandoah | 14.13 |
| 7 | Jodi Looft, Bondurant-Farrar | 14.35 |
| | April Pieper, Ar-We-Va of Westside | dnr |

Preliminary Heat 13

| | | |
|---|--|-------|
| 1 | Kristi Johnson, Alburnett | 13.02 |
| 2 | Gina Scala, Keokuk | 13.52 |
| 3 | Lisa Naab, Mount Pleasant | 13.77 |
| 4 | Rita Venaglia, Davenport Assumption | 14.09 |
| 5 | Joani McClure, Centerville | 14.17 |
| | Annie Herrick, Nodaway Valley of Greenfield | dnr |
| | Adrienne Roberts, Eddyville-Blakesburg | dnr |
| | Nicole Stewart, Battle Creek-Ida Grove | dnr |

Preliminary Heat 14

| | | |
|---|---|-------|
| 1 | Kristi Eichelberger, Clear Lake | 13.59 |
| 2 | Melanie Schettler, Red Oak | 14.03 |
| 3 | Jackie Beener, Des Moines East | 14.29 |
| 4 | Jessica Beving, Creston | 14.60 |
| 5 | Mariah Schweitzer, Louisa-Muscatine of Letts | 14.68 |
| | Gretchen Vetter, Spencer | dnr |
| | Kalie Gaskill, Sioux City North | dnr |
| | Kristen Ehlers, Ar-We-Va of Westside | dnr |

Preliminary Heat 15

| | | |
|---|--|-------|
| 1 | Katie Brooker, Muscatine | 13.23 |
| 2 | Katie McFarland, Iowa City Regina | 13.39 |
| 3 | Alison Nicholas, Council Bluffs St. Albert | 13.63 |
| 4 | Sara Sowers, Southeast Warren of Liberty Center | 13.83 |
| 5 | Mel Geiken, Vinton-Shellsburg | 14.09 |
| 6 | Sarah Wood, Red Oak | 14.10 |
| 7 | Lindsay Albertsen, Union of LaPorte City | 14.46 |
| | Angie Schwickerath, New Hampton | dnr |

Preliminary Heat 16

| | | |
|---|--|-------|
| 1 | Bree Elsbernd, South Winneshiek of Calmar | 13.44 |
| 2 | Lindsey Larson, Clinton | 13.82 |
| 3 | Alicia Hraha, Interstate 35 of Truro | 14.19 |
| 4 | Heather Tidman, Eldora-New Providence | 14.76 |
| | Kristin Hulbert, Pleasant Valley | dnr |
| | Amber Engelen, Ames | dnr |
| | Brittany Jacobson, Battle Creek-Ida Grove | dnr |
| | Carrie Morris, Fort Madison | dnr |

Preliminary Heat 17

| | | |
|---|---|-------|
| 1 | Erin Maysent, Ames | 12.82 |
| 2 | Liz Jaben, Clear Lake | 13.42 |
| 3 | Sarah Schooley, Davis County of Bloomfield | 13.73 |
| 4 | Heidi Kiester, Johnston | 14.03 |
| 5 | Angie Lawson, Dallas Center-Grimes | 14.38 |
| | Sarah Sinclair, Oskaloosa | dnr |
| | Carrie Wiebensohn, Hudson | dnr |
| | Chrissy Buffum, Council Bluffs Lincoln | dnr |

Preliminary Heat 18

| | | |
|---|---|-------|
| 1 | Holly Dorenkamp, Waverly-Shell Rock | 13.38 |
| 2 | Melissa Dale, Dowling of West Des Moines | 13.71 |

| | | |
|---|-----------------------------------|-------|
| 3 | Nicole Bruce, Glenwood | 13.78 |
| 4 | Peggy Owens, Cedar Falls | 13.81 |
| 5 | Ann Christy, Knoxville | 14.45 |
| 6 | Jessica Wheeler, Kingsley-Pierson | 15.05 |
| | Adrea Hensel, Pleasant Valley | dnr |
| | Mindy Hoffman, Griswold | dnr |

Preliminary Heat 19

| | | |
|---|--|-------|
| 1 | Kelly Thompson, Kingsley-Pierson | 13.06 |
| 2 | Mindy Ketchum, Collins-Maxwell-Baxter | 13.34 |
| 3 | Marisol Santana, Muscatine | 13.53 |
| 4 | Christy Meade, Des Moines Hoover | 13.73 |
| 5 | Keri Koser, Iowa City West | 13.81 |
| 6 | Mary DeCarlo, Interstate 35 of Truro | 13.90 |
| 7 | Cristy Callahan, Clinton | 13.93 |
| 8 | Tara Christianson, West Marshall of State Center | 14.92 |

Preliminary Heat 20

| | | |
|---|---|-------|
| 1 | Beth Aanonson, Ballard of Huxley | 13.22 |
| 2 | Ivory Lacy, Davenport North | 13.31 |
| 3 | Becky Miller, Iowa City Regina | 13.56 |
| 4 | Ashley Wills, Council Bluffs St. Albert | 13.80 |
| 5 | Amy Oleson, Burlington | 13.85 |
| 6 | Anna Wilcoxon, Atlantic | 13.87 |
| 7 | Tara Biedermann, Dubuque Hempstead | 13.88 |
| 8 | Johnna Lantz (SR), Denison-Schleswig | 14.10 |

Preliminary Heat 21

| | | |
|---|--|-------|
| 1 | Stephanie Pearce, Ankeny | 13.12 |
| 2 | Andi Jo Herrold, Woodward-Granger | 14.09 |
| 3 | Jill Robinson, Atlantic | 14.14 |
| 4 | Andrea Brown, Fort Dodge | 14.34 |
| 5 | Anne Hamilton, North Scott of Eldridge | 14.61 |
| 6 | Amy Henricks, AG-WSR of Ackley | 14.62 |
| | Rachel Dykstra, Maurice-Orange City/Floyd Valley | dnr |
| | Bridget Frideres, Madrid | dnr |

Preliminary Heat 22

| | | |
|---|---|-------|
| 1 | Cari Hoeman, Valley of West Des Moines | 13.30 |
| 2 | Charissa Fynaardt, Pella Christian | 13.76 |
| 3 | Steph Hollinghead, Saydel of Des Moines | 13.91 |
| 4 | Gail Anderson, South Tama of Tama | 14.27 |
| | Kelly Couchman, Fort Madison | dnr |
| | Tesha Shade (FR), Des Moines North | dnr |
| | Jennifer Ptacek, New Hampton | dnr |
| | Gina Beyer, Galva-Holstein | dnr |

Preliminary Heat 23

| | | |
|---|--|-------|
| 1 | Jamie Dalbey, Ottumwa | 12.85 |
| 2 | Antrica Spears, Davenport Central | 13.50 |
| 3 | Cassie Broome, Mason City | 13.69 |
| 4 | Rosie Brodell, Davenport Assumption | 13.76 |
| 5 | Mary Woltz, Indianola | 13.85 |
| 6 | Nikki Hitesman, South Winneshiek of Calmar | 13.91 |
| 7 | Teri Martin, Jefferson-Scranton | 14.51 |

| | | |
|---|---|-------|
| 8 | Jill Christiansen (SO), Denison-Schleswig | 14.66 |
|---|---|-------|

Preliminary Heat 24

| | | |
|---|--|-------|
| 1 | Sharmel Roberts, Keokuk | 13.80 |
| 2 | Rashunda Barnes, Cedar Rapids Washington | 13.84 |
| 3 | Krystal Berding, Mason City | 13.99 |
| 4 | Shawna Deutsch, Vinton-Shellsburg | 14.07 |
| 5 | Shari Davis, Denver | 14.15 |
| 6 | Beth Gale, Des Moines East | 15.53 |
| | Mana Nichols (FR), Des Moines North | dnr |
| | Amber Ferguson, Eddyville-Blakesburg | dnr |

Preliminary Heat 25

| | | |
|---|--|-------|
| 1 | Krista Johnson, Cedar Rapids Jefferson | 13.23 |
| 2 | Hillary Reed, Ottumwa | 13.74 |
| 3 | Jennifer Wieck, Hampton-Dumont | 13.75 |
| 4 | Katie Overman, Mount Vernon-Lisbon | 13.76 |
| 5 | Afor Nji, Cedar Rapids Washington | 13.85 |
| 6 | Amanda Bothe, Fort Dodge St. Edmond | 13.89 |
| 7 | Amanda Thomason, Newton | 14.00 |
| 8 | Sarah Kautzky, Perry | 14.09 |

Preliminary Heat 26

| | | |
|---|--|-------|
| 1 | Kate Gordon, Sioux City North | 12.39 |
| 2 | Katie Boney, Burlington | 12.95 |
| 3 | Rasheedah Jones, Waterloo East | 13.09 |
| 4 | Kara Rechterman, Tipton | 13.29 |
| 5 | Stacy Ticknor, CAM of Anita | 13.60 |
| | Rasheedah Jones, Waterloo East | dnr |
| | Beth Randleman, Carlisle | dnr |
| | Molly Parrott, Lewis Central of Council Bluffs | dnr |
| | Lindsay Moss, Algona | dnr |

Preliminary Heat 27

| | | |
|---|--|-------|
| 1 | Erika Hamel, Madrid | 12.93 |
| 2 | Jana Irvin, Sioux City West | 13.07 |
| 3 | Jennifer Collins, Louisa-Muscatine of Letts | 13.60 |
| 4 | Stacy Dowling, Southern Calhoun of Lake City | 13.61 |
| | Haley Allen, Council Bluffs Lincoln | dnr |
| | Sara Hornby, Spencer | dnr |
| | Alisa Steffen, Waverly-Shell Rock | dnr |
| | Emily Johnson, Southeast Polk of Runnells | dnr |

Preliminary Heat 28

| | | |
|---|---|-------|
| 1 | Brandee Bierschenk, Benton of Van Horne | 13.12 |
| 2 | Jenny Carroll, Hampton-Dumont | 13.49 |
| 3 | Brooke Gentzler, Dubuque Hempstead | 13.65 |
| 4 | Sarah Micheel, Shenandoah | 14.13 |
| 5 | Lindsey Bice, Woodward-Granger | 14.17 |
| 6 | Laura Bates, Jefferson-Scranton | 14.68 |
| 7 | Jeri Krutsinger, Albia | 14.75 |
| | Erin Strub, Dubuque | dnr |

Preliminary Heat 29

| | | |
|---|------------------------------|-------|
| 1 | Amy Smith, Cardinal of Eldon | 13.47 |
|---|------------------------------|-------|

| | | |
|---|---|-------|
| 2 | Beth Hartman, CAM of Anita | 13.48 |
| 3 | Heidi Hatfield, Earlham | 13.58 |
| 4 | Rachel Flora, Collins-Maxwell-Baxter | 13.65 |
| 5 | Erin Wycoff, Marion | 13.99 |
| 6 | Holly Davis, Knoxville | 14.62 |
| | Lisa Lubbers, Maurice-Orange City/Floyd Valley | dnr |
| | April Goldman, Sigourney | dnr |

Preliminary Heat 30

| | | |
|---|------------------------------------|-------|
| 1 | Brooke Christenson, Winterset | 13.45 |
| 2 | Dee Wear, Mount Pleasant | 13.60 |
| 3 | Erin Johnson, Cedar Rapids Kennedy | 13.65 |
| 4 | Sarah Ernst, Cedar Rapids Kennedy | 13.79 |
| 5 | Jennifer Jennings, Iowa Falls | 14.00 |
| 6 | Becky Krueger, Iowa Falls | 14.42 |
| 7 | Rachel Cole, Winterset | 14.67 |

High School Girls' 800 Meter Run Finals

| | | |
|----|--|---------|
| 1 | Keely Barnett, Iowa City | 2:17.28 |
| 2 | Teresa Grothus, Pleasant Valley | 2:18.30 |
| 3 | Abbie Archibald, Indianola | 2:18.62 |
| 4 | Lacey Adams-Brown, Indianola | 2:18.69 |
| 5 | Amber Schmidt, Laurens-Marathon | 2:18.70 |
| 6 | Jocelyn Schaefer, Cedar Falls | 2:18.76 |
| 7 | Jessica Huff, Marshalltown | 2:19.01 |
| 8 | Sarah Gray, Cedar Falls | 2:19.15 |
| 9 | Laura Schlapkohl, Iowa City West | 2:19.84 |
| 10 | Karen Smith, West Marshall of State Center | 2:19.93 |
| 11 | Katie Reichardt, Dowling of West Des Moines | 2:20.59 |
| 12 | Anna Hauskins, North Kossuth of Swea City | 2:20.80 |
| 13 | Cari Hoeman, Valley of West Des Moines | 2:21.90 |
| 14 | Missy Domeyer, Beckman of Dyersville | 2:22.62 |
| 15 | Jill Bakewell, South Winneshiek of Calmar | 2:25.36 |
| 16 | Nicole Bergman, Indianola | 2:26.34 |
| 17 | Kristin Flood, Valley of West Des Moines | 2:29.08 |

High School Girls' 3000 Meter Run Finals

| | | |
|----|--|----------|
| 1 | Sarah Gray, Cedar Falls | 10:11.70 |
| 2 | Julie Wuorinen, Pleasant Valley | 10:28.92 |
| 3 | Amber Schmidt, Laurens-Marathon | 10:30.40 |
| 4 | Julie Bigler, Fort Madison | 10:30.54 |
| 5 | Val Oltman, Nevada | 10:30.64 |
| 6 | Elly Glass, Dubuque | 10:34.95 |
| 7 | Michelle Lahann, Calamus-Wheatland | 10:35.96 |
| 8 | Kendra Versendaal, Prairie City-Monroe | 10:42.18 |
| 9 | Rita Fiala, Johnston | 10:43.62 |
| 10 | Ashley Kunkle, Cedar Falls | 10:45.16 |
| 11 | Jane McDermott, North Tama of Traer | 10:45.73 |
| 12 | Rachel Johnson, Ankeny | 10:48.88 |
| 13 | Laura Schlapkohl, Iowa City West | 10:49.42 |
| 14 | Amy Edwards, Chariton | 10:49.53 |
| 15 | Molly Wedel, Spencer | 10:49.58 |
| 16 | Lindsay Heiligenthal, Ames | 10:50.45 |
| 17 | Colleen Bubb, Waverly-Shell Rock | 10:50.87 |

| | | |
|----|--|----------|
| 18 | Kristen Johnson, West Branch | 10:51.29 |
| 19 | Amanda Tuttle, Marshalltown | 10:54.17 |
| 20 | Amy Murphy, Bettendorf | 10:56.67 |
| 21 | Erin VanZee, Pella | 10:58.85 |
| 22 | Bridget Stephenson, Sioux City Heelan | 11:02.40 |
| 23 | Kate Olesen, Nodaway Valley of Greenfield | 11:03.58 |
| 24 | Neala Arnold, Pleasant Valley | 11:05.58 |
| 25 | Kristi Schmidt, Spirit Lake Park | 11:07.03 |
| 26 | Katie Shearn, Lynnville-Sully | 11:39.03 |
| 27 | Suzy Van Wyngarden, Lynnville-Sully | 11:55.88 |

High School Girls' High Jump Finals

| | | |
|----|--|-------|
| 1 | Tracy Flowers, Knoxville | 5'07" |
| 2 | Amanda Koester, Clinton | 5'06" |
| 3 | Stephanie Goettsch, AHST of Avoca | 5'04" |
| 4 | Beth Boer, Oskaloosa | 5'04" |
| 5 | Julie Gallery, East Buchanan of Winthrop | 5'04" |
| 5 | Janae Anderson, Boyden-Hull-Rock Valley | 5'04" |
| 7 | Tina Wolfe, Pleasant Valley | 5'04" |
| 7 | Joanne Stuelke, Cedar Rapids Washington | 5'04" |
| 9 | Allison Riddle, River Valley of Correctionville | 5'02" |
| 9 | Amy Whitman, Calamus-Wheatland | 5'02" |
| 11 | Sarah Schooley, Davis County of Bloomfield | 5'02" |
| 12 | Anna Friederichs, Davenport West | 5'02" |
| 13 | Ashley Dickey, Pekin of Packwood | 5'02" |
| 14 | Melissa Yearous, West Branch | 5'00" |
| 15 | Jessica Criswell, Lynnville-Sully | 5'00" |
| 16 | Dorice Hankemeier, Preston-East Central | 4'10" |
| 16 | Erica Simbro, Collins-Maxwell-Baxter | 4'10" |
| 18 | Krista Johnson, Cedar Rapids Jefferson | 4'10" |

High School Girls' Long Jump Finals

Wind: +0.64

| | | |
|----|-------------------------------------|-----------|
| 1 | Barbara Szlendakova, Andrew | 18'07" |
| 2 | Fiona Asigbee, Cedar Rapids Prairie | 17'11.75" |
| 3 | Laura Aschoff, Ankeny | 17'11.75" |
| 4 | Teesa Price, Iowa City | 17'02.25" |
| 5 | Maggie Hall, Harlan | 17'00" |
| 6 | Katie Brees, Keota | 16'09.75" |
| 7 | Cristy Callahan, Clinton | 16'09.75" |
| 8 | Brianne Schoonover, Fredericksburg | 16'09" |
| 9 | Nikki Nelson, Mount Vernon-Lisbon | 16'04" |
| 10 | Keevan Schadle, Hudson | 16'02.50" |
| 11 | Jill George, Newton | 16'01.50" |
| 12 | Katie McFarland, Iowa City Regina | 16'00.50" |
| 13 | Kristi Johnson, Alburnett | 15'11.25" |
| 14 | Kara Hulse, Cedar Falls | 15'10" |
| 15 | Kalie Gaskill, Sioux City North | 15'08.25" |
| 16 | Julie Moeller, Sioux City Heelan | 15'01.75" |
| | Jill Fisher, Sioux City Heelan | |

High School Girls' Shot Put Finals

| | | |
|---|---------------------------|-----------|
| 1 | Leann Boerema, Clinton | 43'04.50" |
| 2 | Sarah Wellings, Oskaloosa | 40'10" |

| | | |
|----|--|-----------|
| 3 | Megan Gierstorf, Denison-Schleswig | 39'05.25" |
| 4 | Jenn Haage, LeMars | 38'10" |
| 5 | Christie Phillips, Burlington | 38'09.75" |
| 6 | Melissa Stensland, Waverly-Shell Rock | 38'02.75" |
| 7 | Annie Van Wetzinga, Pleasant Valley | 37'08.50" |
| 8 | Lorrie Grems, Estherville | 37'08" |
| 9 | Shaila Gent, Keota | 37'02.50" |
| 10 | Nikki Roland, Cedar Rapids Washington | 36'08.50" |
| 11 | Devin Achenbach, Cedar Rapids Kennedy | 36'01.50" |
| 12 | Allison Reese, Forest City | 35'11" |
| 13 | Kim Hoover, Indianola | 34'02" |
| 14 | Alissa Dennis, Ballard of Huxley | 33'08.50" |
| 15 | Tara Walton, Belle Plaine | 33'04.50" |

High School Girls' Discus Finals

| | | |
|----|--|---------|
| 1 | Erin Coffey, Chariton | 127'07" |
| 2 | Sarah Wellings, Oskaloosa | 127'00" |
| 3 | Nicole Johnson, Southeast Polk of Runnells | 124'00" |
| 4 | Jennifer Ruppert, Clear Creek-Amana of Tiffin | 122'04" |
| 5 | Mandy Engel, Waterloo West | 119'04" |
| 6 | Alissa Dennis, Ballard of Huxley | 118'07" |
| 7 | Kristi Spittler, Clinton | 118'03" |
| 8 | Lacey Corcoran, Johnston | 117'05" |
| 9 | Brooke Ennen, Muscatine | 115'06" |
| 10 | Leann Boerema, Clinton | 112'07" |
| 11 | Stacy Anderson, Pomeroy-Palmer | 112'06" |
| 12 | Megan Gierstorf, Denison-Schleswig | 111'01" |
| 13 | Buffy Irwin, Southern Calhoun of Lake City | 110'07" |
| 14 | Jan Frazier, Benton of Van Horne | 109'05" |
| 15 | Jennifer Hansen, Belmond-Klemme | 106'06" |
| 16 | Annie Van Wetzinga, Pleasant Valley | 100'01" |
| 17 | Christie Phillips, Burlington | 094'04" |

High School Girls' 4x100 Meter Relay Finals

| | | |
|---|---|-------|
| 1 | ANKENY Stephanie Pearce, Cori Verbeski Erica Junod, Laura Aschoff | 49.28 |
| 2 | AMES Tolu Fadeyi, Julie Ollila Erin Maysent, Amber Engelen | 49.29 |
| 3 | IOWA CITY Erica Davis, Nicole Gatens Angie Madlock, Kristin Knight | 49.57 |
| 4 | CEDAR RAPIDS PRAIRIE Katie George, Lindsay Rudd Tina Klith, Fiona Asigbee | 50.27 |
| 5 | DAVENPORT NORTH Lakeisha Lee, Destiny Sisk Tanya Hunigan, Ivory Lacy | 50.42 |
| 6 | OTTUMWA Lori Rowland, Jamie Dalbey Amber Morrow, Hillary Reed | 50.76 |
| 7 | CEDAR RAPIDS JEFFERSON Sara Wieneke, Molly Cronbaugh Dena Johnson, Krista Johnson | 51.04 |

| | | |
|---|---|-------|
| 8 | VALLEY OF WEST DES MOINES Alisha Menzies, Christie Muenzenberger Kristin Flood, Cari Hoeman | 51.16 |
|---|---|-------|

Preliminary Heat 1

| | | |
|---|--|--------------|
| 1 | CEDAR RAPIDS PRAIRIE | 49.93 |
| 2 | VALLEY OF WEST DES MOINES | 50.72 |
| 3 | SIOUX CITY HEELAN | 51.18 |
| 4 | BENTON OF VAN HORNE | 52.02 |
| 5 | SIOUX CITY NORTH | 52.04 |
| 6 | DES MOINES HOOVER | 52.05 |
| 7 | HARLAN NODAWAY VALLEY OF GREENFIELD | 53.66 dnr |

Preliminary Heat 2

| | | |
|---|------------------------------|--------------|
| 1 | IOWA CITY | 49.99 |
| 2 | DES MOINES ROOSEVELT | 50.98 |
| 3 | WAVERLY-SHELL ROCK | 51.06 |
| 4 | OSKALOOSA | 52.35 |
| 5 | CEDAR FALLS | 52.37 |
| 6 | CLINTON | 52.97 |
| 7 | KEOTA MOUNT VERNON-LISBON | 53.06 dnr |

Preliminary Heat 3

| | | |
|---|------------------------------|--------------------------|
| 1 | ANKENY | 49.07 |
| 2 | OTTUMWA | 50.49 |
| 3 | DUBUQUE WAHLERT | 51.05 |
| 4 | IOWA CITY REGINA | 52.32 |
| 5 | VINTON-SHELLSBURG | 53.88 |
| 6 | GRISWOLD SPENCER ALBIA | 56.93 dnr dq-56.95 |

Preliminary Heat 4

| | | |
|---|------------------------|-------|
| 1 | AMES | 49.48 |
| 2 | CEDAR RAPIDS JEFFERSON | 50.81 |
| 3 | BELLE PLAINE | 51.36 |
| 4 | URBANDALE | 51.84 |
| 5 | DUBUQUE HEMPSTEAD | 51.96 |
| 6 | CLEAR LAKE | 52.10 |
| 7 | STARMONT OF ARLINGTON | 52.12 |
| 8 | MASON CITY | 53.19 |

Preliminary Heat 5

| | | |
|---|----------------------------|-------|
| 1 | MOUNT PLEASANT | 51.99 |
| 2 | NEW LONDON | 52.12 |
| 3 | GUTHRIE CENTER | 52.33 |
| 4 | CRESTON | 52.34 |
| 5 | DOWLING OF WEST DES MOINES | 52.71 |
| 6 | HAMPTON-DUMONT | 53.34 |
| 7 | ELDORA-NEW PROVIDENCE | 56.38 |

Preliminary Heat 6

| | | |
|---|--|--------------|
| 1 | BURLINGTON | 51.37 |
| 2 | COLLINS-MAXWELL-BAXTER | 52.08 |
| 3 | MUSCATINE | 52.77 |
| 4 | DES MOINES LINCOLN | 53.61 |
| 5 | EARLHAM | 53.88 |
| 6 | BONDURANT-FARRAR PRAIRIE VALLEY OF GOWRIE | 54.96 dnr |

Preliminary Heat 7

| | | |
|---|----------------------------|-------|
| 1 | CEDAR RAPIDS REGIS-LASALLE | 51.75 |
| 2 | ATLANTIC | 53.57 |
| 3 | RED OAK | 53.79 |
| 4 | CHEROKEE | 54.09 |
| 5 | SHENANDOAH | 54.87 |
| | STORM LAKE | dnr |
| | AR-WE-VA OF WESTSIDE | dnr |
| | WINTERSET | nt |

Preliminary Heat 8

| | | |
|---|----------------------------|----------|
| 1 | WATERLOO EAST | 51.58 |
| 2 | DAVENPORT CENTRAL | 52.52 |
| 3 | SOUTHEAST POLK OF RUNNELLS | 52.84 |
| 4 | JEFFERSON-SCRANTON | 54.52 |
| 5 | DENISON-SCHLESWIG | 56.66 |
| 6 | STANTON | 56.74 |
| | WEST BRANCH | dnr |
| | CENTERVILLE | dq-53.84 |

Preliminary Heat 9

| | | |
|---|---------------------------------|-------|
| 1 | DAVENPORT N | 50.83 |
| 2 | PLEASANT VALLEY | 53.52 |
| 3 | LEWIS CENTRAL OF COUNCIL BLUFFS | 53.70 |
| 4 | NEWTON | 54.75 |
| 5 | WEST MARSHALL OF STATE CENTER | 55.75 |
| 6 | DES MOINES EAST | 57.39 |
| 7 | INTERSTATE 35 OF TRURO | 57.45 |
| | FORT MADISON | dnr |

Preliminary Heat 10

| | | |
|---|-------------------------------|-------|
| 1 | INDIANOLA | 51.23 |
| 2 | SIOUX CITY WEST | 53.41 |
| 3 | SOUTHERN CALHOUN OF LAKE CITY | 53.66 |
| 4 | WEST SIOUX OF HAWARDEN | 55.05 |
| 5 | KNOXVILLE | 55.41 |
| | EDDYVILLE-BLAKESBURG | dnr |
| | ALGONA | dnr |
| | ADM OF ADEL | dnr |

Preliminary Heat 11

| | | |
|---|----------------------------|-------|
| 1 | IOWA CITY WEST | 52.97 |
| 2 | FORT DODGE ST. EDMOND | 53.14 |
| 3 | NORTH KOSSUTH OF SWEA CITY | 53.27 |
| 4 | TIPTON | 53.33 |
| 5 | SAYDEL OF DES MOINES | 54.84 |
| 6 | PERRY | 54.86 |
| 7 | SOUTH TAMA OF TAMA | 56.82 |
| | KEOTA | dnr |

Preliminary Heat 12

| | | |
|---|----------------------------------|-------|
| 1 | BALLARD OF HUXLEY | 51.28 |
| 2 | SOUTH WINNESHIEK OF CALMAR | 53.64 |
| 3 | CEDAR RAPIDS WASHINGTON | 54.53 |
| 4 | LAKE MILLS | 55.46 |
| 5 | VILLISCA | 55.48 |
| 6 | HUDSON | 55.49 |
| 7 | LAURENS-MARATHON | 56.88 |
| | MAURICE-ORANGE CITY/FLOYD VALLEY | dnr |

Preliminary Heat 13

| | | |
|---|----------------------------|-------|
| 1 | COUNCIL BLUFFS ST. ALBERT | 52.87 |
| 2 | CAM OF ANITA | 53.45 |
| 3 | WAUKEE | 54.01 |
| 4 | LOUISA-MUSCATINE OF LETTTS | 55.03 |
| 5 | GLENWOOD | 55.66 |
| 6 | COUNCIL BLUFFS LINCOLN | 58.07 |
| | BETTENDORF | dnr |
| | SIGOURNEY | dnr |

Preliminary Heat 14

| | | |
|---|----------------------------|----------|
| 1 | JOHNSTON | 53.04 |
| 2 | DENVER | 54.39 |
| 3 | GALVA-HOLSTEIN | 55.66 |
| 4 | COLO-NESCO | 56.59 |
| 5 | IOWA FALLS | 56.99 |
| 6 | MONTEZUMA | 57.91 |
| | EARLHAM | dnr |
| | DAVIS COUNTY OF BLOOMFIELD | dq-52.32 |

Preliminary Heat 15

| | | |
|---|-----------------------|-------|
| 1 | WOODWARD-GRANGER | 53.02 |
| 2 | PELLA | 53.45 |
| 3 | PELLA CHRISTIAN | 53.55 |
| 4 | MFL-MAR-MAC OF MONONA | 53.91 |
| 5 | CLARKE OF OSCEOLA | 54.01 |
| 6 | CLARINDA | 54.13 |
| 7 | DALLAS CENTER-GRIMES | 56.46 |
| | DAVENPORT ASSUMPTION | dq |

Preliminary Heat 16

| | | |
|---|-----------------------|-------|
| 1 | MARSHALLTOWN | 52.75 |
| 2 | GILBERT | 53.30 |
| 3 | KEOKUK | 53.45 |
| 4 | NEW HAMPTON | 53.66 |
| 5 | FORT DODGE | 54.23 |
| 6 | OLON | 54.26 |
| 7 | UNION OF LAPORTE CITY | 54.33 |

Preliminary Heat 17

| | | |
|---|---------------------------|-------|
| 1 | TREYNOR | 52.55 |
| 2 | KINGSLEY-PIERSON | 52.64 |
| 3 | NORTH SCOTT OF ELDRIDGE | 52.75 |
| 4 | COON RAPIDS-BAYARD | 54.51 |
| 5 | NISHNA VALLEY OF HASTINGS | 55.52 |
| | DES MOINES NORTH | dnr |
| | CENTRAL OF DE WITT | dnr |

Preliminary Heat 18

| | | |
|---|----------------------|-------|
| 1 | SPIRIT LAKE PARK | 53.01 |
| 2 | AG-WSR OF ACKLEY | 54.98 |
| 3 | MARION | 55.20 |
| | CEDAR RAPIDS KENNEDY | dnf |
| | CARLISLE | dnr |
| | DUBUQUE | dnr |
| | CARDINAL OF ELDON | dnr |

High School Girls' 4x400 Meter Relay Finals

| | | |
|---|---|---------|
| 1 | INDIANOLA | 4:01.05 |
| | Abbie Archibald 62.2, Nicole Bergman 61.4 Stephanie Suntken 60.0, Lacey Adams-Brown 57.4 | |
| 2 | IOWA CITY | 4:01.87 |
| | Kelli Chesnutt 60.3, Kelly Triplett 61.5 Teesa Price 59.7, Keely Barnett 60.3 | |
| 3 | DAVENPORT NORTH | 4:01.91 |
| | Allison Harris 61.4, Ivory Lacy 59.3 Destiny Sisk 61.0, Tanya Hunigan 60.2 | |
| 4 | DES MOINES ROOSEVELT | 4:02.61 |
| | Christine Adkins 61.5, Kristin Cavanagh 60.4 Ronnie Caldwell 60.6, Christine Devore 60.2 | |
| 5 | CEDAR FALLS | 4:02.92 |
| | Kara Hulse 61.4, Kelly Wemndt 60.5 Jocelyn Schaefer 61.0, Jamie Nemmers 60.0 | |
| 6 | MARSHALLTOWN | 4:03.15 |
| | Teresa Wauters, Kirsten Bermudez Jessica Huff, Kim Kingery | |
| 7 | VALLEY OF WEST DES MOINES | 4:06.71 |
| | Kristin Flood, Christie Muenzenberger Emily Borchardt, Cari Hoeman | |
| 8 | ANKENY | 4:10.02 |
| | Cori Verbeski, Erica Junod Ambre Moton, Laura Aschoff | |

Preliminary Heat 1

| | | |
|---|---|---------|
| 1 | DES MOINES ROOSEVELT | 4:00.38 |
| | Christine Adkins 60.8, Kristin Cavanagh 60.4 Ronnie Caldwell 59.6, Christine Devore 59.7 | |
| 2 | IOWA CITY | 4:01.35 |
| | Teesa Price 60.3, Kelly Triplett 61.5 Kelli Chesnutt 60.3, Keely Barnett 59.3 | |
| 3 | VALLEY OF WEST DES MOINES | 4:01.40 |
| | Kristin Flood 61.5, Christie Muenzenberger 60.1 Emily Borchardt 61.6, Cari Hoeman 58.2 | |
| 4 | PLEASANT VALLEY | 4:03.36 |
| | Teresa Grothus 58.5, Mindy Reynolds 63.2 Jessie Adams 61.5, Kristin Hulbert 60.1 | |
| 5 | DES MOINES HOOVER | 4:04.00 |
| | Christy Meade, Maggie Beavers Tara Taylor, Stephanie Mann | |
| 6 | HARLAN | 4:04.59 |
| | Maggie Hall, Tammi Christensen Lorraine Stamp, Kristin Olson | |
| 7 | URBANDALE | 4:05.48 |
| | Susie Tofte, Rachel Buescher Jenny Reiter, Diane Stratton | |
| 8 | MAURICE-ORANGE CITY/FLOYD VALLEY | 4:18.25 |
| | Rachel Dykstra, Tara Meekma Heather Larson, Lisa Lubbers | |

Preliminary Heat 2

| | | |
|---|---|---------|
| 1 | INDIANOLA | 4:00.16 |
| | Abbie Archibald 61.8, Nicole Bergman 61.1 Stephanie Suntken 59.9, Lacey Adams-Brown 57.3 | |
| 2 | AMES | 4:03.66 |
| | Jessica Wray 61.8, Claire Gilchrist 60.9 Megan Flaws 60.4, Julie Ollila 61.2 | |
| 3 | CEDAR RAPIDS REGIS-LASALLE | 4:05.44 |
| | Maria Johnson, Renee Rapp Marie Zach, Carrie Van Sickle | |
| 4 | NEWTON | 4:05.83 |
| | Andrea VanSickle 63.0, Jill George 61.8 Amanda Manatt 60.2, Abigail Townsend 60.8 | |
| 5 | SOUTH WINNESHIEK OF CALMAR | 4:05.92 |
| | Ann Bakewell, Jenarah Tekippe Jill Bakewell, Beth Moore | |
| 6 | WAVERLY-SHELL ROCK | 4:06.34 |
| | Rochelle Anderson 61.6, Hannah Olson 61.8 Alyssa Rost 62.9, Katie Clipperton 60.3 | |
| 7 | DUBUQUE HEMPSTEAD | 4:14.82 |
| | Katie Meyer, Amy Comer Laura Uthe, Laura Biederman DAVIS COUNTY OF BLOOMFIELD | dq |
| | Stef Stookesberry, Amy Casson Sarah Schooley, Emily Zeitler | |

Preliminary Heat 3

| | | |
|---|---|---------|
| 1 | DAVENPORT NORTH | 3:59.73 |
| | Allison Harris 59.9, Ivory Lacy 59.0 Destiny Sisk 61.4, Tanya Hunigan 59.4 | |
| 2 | CEDAR FALLS | 4:00.97 |
| | Kara Hulse 59.9, Kelly Wemndt 59.6 Jocelyn Schaefer 61.3, Jamie Nemmers 60.2 | |
| 3 | ANKENY | 4:02.15 |
| | Cori Verbeski 59.7, Erica Junod 63.3 Ambre Moton 60.3, Laura Aschoff 58.9 | |
| 4 | MARSHALLTOWN | 4:02.26 |
| | Teresa Wauters 60.7, Kirsten Bermudez 62.3 Jessica Huff 60.8, Nicole Chizek 58.8 | |
| 5 | DUBUQUE | 4:03.39 |
| | Erin Strub, Jenna Specht Nicole Dougherty, Mary Garrett | |
| 6 | SIOUX CITY HEELAN | 4:05.14 |
| | Alissa Koerner, Michelle Benson Jill Fisher, Julie Moeller | |
| 7 | BECKMAN OF DYERSVILLE | 4:06.42 |
| | Carisa Wessels, Alicia Nosbisch Mandy Pins, Missy Domeyer | |
| 8 | DUBUQUE WAHLERT | 4:15.43 |

High School Girls' Sprint Medley Relay Finals

| | | |
|---|---|---------|
| 1 | INDIANOLA | 1:48.52 |
| | Mary Woltz, Jenny Matzen Stephanie Suntken, Lacey Adams-Brown 56.2 | |

| | | |
|---|---|-----------|
| 2 | WAVERLY-SHELL ROCK Alisa Steffen, Jenny Kapler Rochelle Anderson, Holly Dorenkamp 59.0 | 1:50.35 |
| 3 | SOUTH WINNESHIEK OF CALMAR Katie Holthaus, Beth Moore Bree Elsbernd, Jill Bakewell 56.7 | 1:50.65 |
| 4 | AMES Erin Johnson, Julie Ollila Amber Engelen, Erin Maysent | 1:51.21 |
| 5 | CEDAR RAPIDS REGIS-LASALLE Leilani Smith, Casey Novy Maria Johnson, Amanda Glynn | 1:55.85 |
| 6 | VALLEY OF WEST DES MOINES Alisha Menzies, Kristin Flood Christie Muenzenberger, Cari Hoeman | DQ1:58.03 |
| | IOWA CITY Erica Davis, Angie Madlock Kristin Knight, Teesa Price | DNF |
| | DAVENPORT NORTH Lakeisha Lee, Allison Harris Destiny Sisk, Ivory Lacy | DNF |