

1994 Drake Relays

E X P L O S I O N
S O U L
OF THE



D R A K E R E L A Y S 1 9 9 4

Multi-Event Results
April 27 - 28, 1994

1994 DRAKE RELAYS HEPTATHLON

Drake University, Des Moines, Iowa

April 27-28

(Wednesday weather: Partly Sunny, 50 degrees, Winds 10-20 mph from North)

(Thursday weather: Cloudy, 45 degrees, Winds 10-20 mph from North)

100-METER HURDLES

1	Denise Steenstra, Wichita, Kansas	14.37	927	927	(1)
2	Sonja Tate, Arkansas State	15.19	817	817	(2)
3	Mandy Scott, SW Missouri State	15.32	800	800	(3)
4	Stefanie Doty, Western Michigan	15.63	760	760	(4)
5	Angie Elting, Illinois State	15.68	754	754	(5)
6	Kathy Hank, Iowa State	15.83	735	735	(6)
7	Marlo Mazur, Western Illinois	15.87	730	730	(7)
8	Amy Gall, Midland Lutheran	15.90	727	727	(8)
9	Valerie Patterson, Northern Iowa	16.03	711	711	(9)
10	Michelle Johnson, Oklahoma State	16.17	694	694	(10)
11	Chris Christian, Western Michigan	16.34	673	673	(11)
12	Gretchin Kotschwar, Doane	16.38	668	668	(12)
13	Molly Ostrander, Northern Iowa	16.66	635	635	(13)
14	Eva Knudsen, Arkansas State	16.82	617	617	(14)
15	Janet Genske, Drake	17.04	592	592	(15)
16	Carmen Kapke, Doane	18.38	450	450	(16)

HIGH JUMP

1	Denise Steenstra, Wichita, Kansas	1.70m	5'7"	855	1782	(1)
2	Kathy Hank, Iowa State	1.64m	5'4 1/2"	783	1518	(2)
2	Gretchin Kotschwar, Doane	1.64m	5'4 1/2"	783	1451	(6)
4	Molly Ostrander, Northern Iowa	1.61m	5'3 1/4"	747	1382	(10)
5	Sonja Tate, Arkansas State	1.55m	5'1"	678	1495	(3)
5	Mandy Scott, SW Missouri State	1.55m	5'1"	678	1478	(4)
5	Marlo Mazur, Western Illinois	1.55m	5'1"	678	1408	(7)
5	Amy Gall, Midland Lutheran	1.55m	5'1"	678	1405	(8)
9	Valerie Patterson, Northern Iowa	1.52m	4'11 3/4"	644	1458	(5)
9	Chris Christian, Western Michigan	1.52m	4'11 3/4"	678	1317	(12)
9	Stefanie Doty, Western Michigan	1.52m	4'11 3/4"	644	1404	(9)
12	Angie Elting, Illinois State	1.46m	4'9 1/2"	577	1331	(11)
12	Eva Knudsen, Arkansas State	1.46m	4'9 1/2"	577	1194	(13)
12	Janet Genske, Drake	1.46m	4'9 1/2"	577	1169	(15)
15	Michelle Johnson, Oklahoma State	1.37m	4'6"	481	1175	(14)
	Carmen Kapke, Doane	no ht			450	(16)

SHOT PUT

1	Angie Elting, Illinois State	11.27m	36'11 3/4"	613	1944	(7)
2	Gretchin Kotschwar, Doane	11.18m	36'8 1/4"	607	2058	(2)
3	Denise Steenstra, Wichita, Kansas	10.98m	36'0 1/2"	594	2376	(1)
4	Michelle Johnson, Oklahoma State.....	10.75m	35'3 1/4"	579	1754	(13)
5	Valerie Patterson, Northern Iowa	10.54m	34'7"	565	2023	(3)
6	Amy Gall, Midland Lutheran	10.50m	34'5 1/2"	562	1967	(5)
7	Chris Christian, Western Michigan	9.82m	32'2 3/4"	518	1835	(11)
8	Sonja Tate, Arkansas State.....	9.75m	32'0"	513	2008	(4)
9	Eva Knudsen, Arkansas State	9.28m	30'5 1/2"	482	1676	(14)
10	Mandy Scott, SW Missouri State.....	8.99m	29'6"	464	1942	(8)
11	Stefanie Doty, Western Michigan	8.84m	29'0"	454	1858	(9)
12	Molly Ostrander, Northern Iowa	8.85m	29'0 1/2"	454	1836	(10)
13	Kathy Hank, Iowa State.....	8.74m	28'8 1/4"	447	1965	(6)
14	Marlo Mazur, Western Illinois.....	8.08m	26'6 1/4"	405	1813	(12)
15	Janet Genske, Drake	7.33m	24'03/4"	356	1525	(15)
	Carmen Kapke, Doane	DID NOT START			450	(16)

200-METER DASH

1	Denise Steenstra, Wichita, Kansas	:25.36	854	3230	(1)
2	Sonja Tate, Arkansas State.....	:25.67	826	2834	(2)
3	Chris Christian, Western Michigan	:25.94	802	2637	(9)
4	Michelle Johnson, Oklahoma State.....	:26.16	783	2537	(11)
5	Kathy Hank, Iowa State.....	:26.32	769	2734	(4)
6	Stefanie Doty, Western Michigan	:26.40	763	2621	(10)
7	Amy Gall, Midland Lutheran	:26.58	747	2714	(5)
8	Eva Knudsen, Arkansas State	:26.67	740	2416	(14)
9	Gretchin Kotschwar, Doane	:26.94	717	2775	(3)
9	Angie Elting, Illinois State	:27.04	708	2652	(7)
10	Mandy Scott, SW Missouri State.....	:27.19	696	2638	(8)
11	Molly Ostrander, Northern Iowa	:27.52	669	2505	(12)
12	Marlo Mazur, Western Illinois.....	:27.53	668	2481	(13)
13	Valerie Patterson, Northern Iowa	:27.58	664	2687	(6)
14	Janet Genske, Drake	:28.37	602	2127	(15)
15	Carmen Kapke, Doane.....			450	

LONG JUMP

1	Denise Steenstra, Unattached	5.70m	18'08 1/4"	759	3989	(1)
2	Sonja Tate, Arkansas State.....	5.69m	18'08"	756	3590	(2)
3	Eva Knudsen, Arkansas State	5.34m	17'06 1/4"	654	3070	(12)
4	Angie Elting, Illinois State	5.27m	17'03 1/2"	634	3286	(5)
5	Amy Gall, Midland Lutheran	5.18m	17'0"	609	3323	(3)
6	Mandy Scott, SW Missouri St.....	5.15m	16'10 3/4"	601	3239	(7)
7	Kathy Hank, Iowa State.....	5.09m	16'08 1/4"	584	3318	(4)
8	Michelle Johnson, Oklahoma State.....	4.99m	16'04 1/2"	557	3094	(10)
9	Valerie Patterson, Northern Iowa	4.91m	16'01 1/4"	535	3119	(8)
10	Marlo Mazur, Western Illinois.....	4.84m	15'10 1/2"	516	2997	(13)
11	Gretchin Kotschwar, Doane	4.79m	15'08 1/2"	503	3278	(6)
12	Chris Christian, Western Michigan	4.71m	15'05 1/2"	482	3119	(8)
13	Molly Ostrander, Northern Iowa	4.68m	15'04 1/4"	474	2979	(14)
14	Stefanie Doty, Western Michigan	4.64m	15'02 3/4"	464	3085	(11)
15	Janet Genske, Drake	3.87m	12'08 1/4"	279	2406	(15)

JAVELIN

1	Angie Elting, Illinois State	37.26m	122'03"	615	3901	(4)
2	Amy Gall, Midland Lutheran	36.40m	119'05"	598	3921	(3)
3	Chris Christian, Western Michigan	36.00m	118'01"	591	3710	(6)
4	Sonja Tate, Arkansas State.....	35.78m	117'05"	587	4177	(2)
5	Denise Steenstra, Unattached	34.22m	112'03"	557	4546	(1)
6	Kathy Hank, Iowa State.....	32.98m	108'02"	533	3851	(5)
7	Michelle Johnson, Oklahoma State.....	32.72m	107'04"	528	3622	(8)
8	Molly Ostrander, Northern Iowa	29.12m	95'06"	460	3439	(13)
9	Stefanie Doty, Western Michigan	28.22m	92'07"	443	3528	(11)
10	Valerie Patterson, Northern Iowa	27.34m	89'08"	426	3545	(9)
11	Gretchin Kotschwar, Doane	27.18m	89'02"	423	3701	(7)
12	Eva Knudsen, Arkansas State	26.28m	86'03"	406	3476	(12)
13	Janet Genske, Drake	21.82m	71'07 1/4"	323	2729	(15)
14	Mandy Scott, SW Missouri St.....	20.84m	68'04 1/2"	305	3544	(10)
15	Marlo Mazur, Western Illinois.....	14.78m	48'06"	193	3190	(14)

800-METERS

1	Denise Steenstra, Unattached	2:26.31	740	5286	(1)
2	Amy Gall, Midland Lutheran	2:26.64	736	4657	(3)
3	Kathy Hank, Iowa State.....	2:28.87	707	4558	(5)
4	Sonja Tate, Arkansas State.....	2:30.13	691	4868	(2)
5	Angie Elting, Illinois State	2:31.28	677	4578	(4)
6	Stefanie Doty, Western Michigan	2:32.76	659	4187	(8)
7	Chris Christian, Western Michigan	2:34.27	640	4350	(6)
8	Gretchin Kotschwar, Doane	2:34.32	640	4341	(7)
9	Janet Genske, Drake	2:38.89	586	3315	(15)
10	Valerie Patterson, Northern Iowa	2:39.42	580	4125	(9)
11	Mandy Scott, SW Missouri St.....	2:40.67	565	4109	(10)
12	Molly Ostrander, Northern Iowa	2:41.17	560	3999	(12)
13	Marlo Mazur, Western Illinois.....	2:45.24	514	3704	(13)
14	Michelle Johnson, Oklahoma State.....	2:52.74	436	4058	(11)
	Eva Knudsen, Arkansas State	DNF		3476	(14)

85TH ANNUAL DRAKE RELAYS
Heptathlon

DES MOINES, IOWA
Division: WOMEN

April 27-30
Event # 1

Records - RELAYS : 5631 Cathy Tyree, Nike Coast TC 1990
COLLEGIATE : 6390 Jackie Joyner, UCLA 1983
AMERICAN : 7291 Jackie Joyner-Kersey, WC 1988
WORLD : 7291 Jackie Joyner-Kersey, WC 1988

Clerk of the Course™ (c)1993 Tournament Specialists

Entrant / Affiliation	Total	100m	Hdls	High	Jump	Shot	Put	200m	Dash	Long	Jump	Javelin	800m	Run
Denise Steenstra Unattached	# 1161 (5286)	14.37 (927)	1.70 (855)	10.98 (594)	25.36 (854)	5.70 (759)	34.22 (557)	2:26.31 (740)						
Sonja Tate Arkansas State	# 54 (4868)	15.19 (817)	1.55 (678)	9.75 (513)	25.67 (826)	5.69 (756)	35.78 (587)	2:30.13 (691)						
Amy Gall Midland Lutheran	# 528 (4657)	15.90 (727)	1.55 (678)	10.50 (562)	26.58 (747)	5.18 (609)	36.40 (598)	2:26.64 (736)						
Angle Elting Illinois State	# 325 (4578)	15.68 (754)	1.46 (577)	11.27 (613)	27.04 (708)	5.27 (634)	37.26 (615)	2:31.28 (677)						
Kathy Hank Iowa State	# 404 (4558)	15.83 (735)	1.64 (783)	8.74 (447)	26.32 (769)	5.09 (584)	32.98 (533)	2:28.87 (707)						
Chris Christian Western Michigan	# 1068 (4350)	16.34 (673)	1.52 (644)	9.82 (518)	25.94 (802)	4.71 (482)	36.00 (591)	2:34.27 (640)						
Gretchin Kotschwar Doane	# 188 (4341)	16.38 (668)	1.64 (783)	11.18 (607)	26.94 (717)	4.79 (503)	27.18 (423)	2:34.32 (640)						
Stefanie Doty Western Michigan	# 1069 (4187)	15.63 (760)	1.52 (644)	8.84 (454)	26.40 (763)	4.64 (464)	28.22 (443)	2:32.76 (659)						
Valerie Patterson Northern Iowa	# 705 (4125)	16.03 (711)	1.52 (644)	10.54 (565)	27.58 (664)	4.91 (535)	27.34 (426)	2:39.42 (580)						
Mandy Scott Southwest Missouri State	# 969 (4109)	15.32 (800)	1.55 (678)	8.99 (464)	27.19 (696)	5.15 (601)	20.84 (305)	2:40.67 (565)						
Michelle Johnson Oklahoma State	# 777 (4058)	16.17 (694)	1.37 (481)	10.75 (579)	26.16 (783)	4.99 (557)	32.72 (528)	2:52.74 (436)						
Molly Ostrander Northern Iowa	# 704 (3999)	16.66 (635)	1.61 (747)	8.85 (454)	27.52 (669)	4.68 (474)	29.12 (460)	2:41.17 (560)						
Marlo Mazur Western Illinois	# 1051 (3704)	15.87 (730)	1.55 (678)	8.08 (405)	27.53 (668)	4.84 (516)	14.78 (193)	2:45.24 (514)						
Eva Knudsen Arkansas State	# 50 (3476)	16.82 (617)	1.46 (577)	9.28 (482)	26.67 (740)	5.34 (654)	26.28 (406)							
Janet Genske Drake	# 202 (3315)	17.04 (592)	1.46 (577)	7.33 (356)	28.37 (602)	3.87 (279)	21.82 (323)	2:38.89 (586)						

1994 DRAKE RELAYS

Drake University, Des Moines, Iowa

April 29-30

WOMEN'S UNIVERSITY-COLLEGE AND INVITATIONAL

FRIDAY WEATHER: MORNING - 34 degrees, Mostly cloudy skies, 82% humidity, Winds out of the Northwest at 10 MPH, Barometer at 30.33 and rising. **AFTERNOON** - 47 degrees, Mostly cloudy : 55% humidity, Winds out of the Northwest at 5 MPH, Barometer at 30.38 and rising. Attendance 15,560

SATURDAY WEATHER: MORNING - 35 degrees, snow, winds out of the northeast at 5 mph, 97 per humidity. **AFTERNOON** - 36 degrees, light rain and snow, winds out of the north at 5 mph, 96 percent humidity. Rain stopped at 2:25 p.m. Attendance: 18,000 (29th consecutive sell out).

(S)-Saturday Events; (F)-Friday Events

SPECIAL INVITATIONAL 100-METER DASH (F)

Wind -- +1.53

1	Holli Hyche, Indiana State.....	SR	:11.18*
2	Chryste Gaines, Dallas, Texas.....		:11.33
3	Twilet Malcolm, Lafayette, La.....		:11.53
4	Celena Mondie-Milner, Champaign, Ill.		:11.69
5	Sherry Shedd, Chicago, Ill.		:12.46

*Ties Drake Relays Record by Merlene Ottey, Nebraska, 1981.

UNIVERSITY & COLLEGE 100 METER DASH (S)

Wind -- + 2.54

1	Shantel Twiggs, Northern Iowa.....	SR	11.30
2	Omegia Keeys, Indiana State.....	FR	11.36
3	Keisha Owens, SW Louisiana.....	JR	11.37
4	Tracie Harris, Texas Southern.....	JR	11.58
5	Tanja Reid, Iowa.....	FR	11.59
3	Natasha Shafer, Kansas.....	JR	11.90
	Melinda Sergent, Texas-El Paso.....	JR	DNR
	Chequita Brady, Georgia.....	JR	DNR

PRELIMINARY HEAT 1 (F) (Wind -- +1.92)

1	Melinda Sergent, Texas-El Paso.....	JR	:11.43	Q-4
2	Tanja Reid, Iowa.....	FR	:11.78	Q-2
3	Chequita Brady, Georgia.....	JR	:11.82	Q-8
4	Karissa Owens, Kansas State.....	FR	:11.85	
5	Jamila Godfrey, Oregon.....	SO	:11.89	
3	Lanka Burton, Georgia.....	FR	:12.10	
7	Tameka Borders, Ball State.....	SO	:12.12	
	Michelle Christie, South Dakota.....	FR	DNR	

PRELIMINARY HEAT 2 (F) (Wind -- +1.42)

1	Shantel Twiggs, Northern Iowa.....	SR	:11.44	Q-5
2	Omegia Keeys, Indiana State.....	FR	:11.64	Q-6
3	Tracie Harris, Texas Southern.....	JR	:11.81	Q-7
4	Sonja Graham, Illinois State.....		:11.95	
5	Stephanie Henry, Ball State.....	SR	:12.03	
3	Aminah Ricks, Carleton.....	SR	:12.36	
	Atemia McClure, Louisiana Tech.....		DNR	
	Marie Brown, South Dakota.....	FR	DNR	

PRELIMINARY HEAT 3 (F) (Wind -- +0.96)

1	Keisha Owens, SW Louisiana.....	JR	:11.60	Q-
2	Natasha Shafer, Kansas.....	JR	:11.81	Q-
3	Yves Rose Jerome, SW Missouri State.....		:11.83	
4	Anisa Evans, Indiana State.....	SR	:11.94	
5	Tanisha Johns, Colorado.....	SO	:11.98	
6	Kathina Griffin, SW Missouri State.....		:12.04	
7	Mikaela Perry, Nebraska.....	FR	:12.09	
8	Ronda Viken, North Dakota State.....	JR	:12.46	

SPECIAL INVITATIONAL 200 METER DASH (S)

Wind -- + 0.74

1	Gwen Torrence, Mazda TC.....		:22.40
2	Holli Hyche, Indiana State.....	SR	:22.6
3	Twilet Malcolm, Lafayette, La.....		:23.8
4	Latanya Holloway, Kansas.....		:24.4
5	Sherry Shedd, unattached.....		:24.9
	Celena Mondie-Milner, unattached.....		DN
	Chryste Gaines, unattached.....		DN
	Kathy Travis, Nebraska.....	SO	DN

*-RECORD—old mark, :22.88, Holli Hyche, Indiana State, 1993.

SPECIAL INVITATIONAL 400 METER DASH (S)

1	Pauline Davis, Bahamas.....		51.8
2	Natasha Kaiser-Brown, Southern California Cheetahs.....		51.9
3	Nicole Green, Kansas State.....	JR	54.5
4	Susan Francis, Michigan State.....	SR	54.7
5	Tamara Ards, Colorado.....		56.3
6	Cindy Dobbs, Indiana State.....	SR	56.8
	Stacy Milligan, Baylor.....	SO	DN
	Erica Peterson, Notre Dame.....	SO	DN

**UNIVERSITY & COLLEGE
100-METER HIGH HURDLES (S)**

Wind -- +1.04

Kwani Stewart, Nebraska.....	SR	:13.45	
Trecia Roberts, Arizona.....	SR	:13.49	
Darjul Claiborne, Ball State.....	SR	:13.88	
Kelly Blair, Oregon.....	SR	:13.93	
Mandy Farquhar, Colorado.....	FR	:14.06	
Yvonne Scott, Colorado.....	SO	:14.27	
Debbie Caddell, Illinois State.....		:14.28	
Michelle Johnson, Arizona.....	SO		DNR

RELIMINARY HEAT 1 (F) (Wind -- +2.19)

Mandy Farquhar, Colorado.....	FR	:13.91	Q-6
Kelly Blair, Oregon.....	SR	:13.93	Q-2
Mel Mueller, Wisconsin-Oshkosh.....	SR	:14.35	
Kim Osler, Nebraska-Omaha.....	JR	:14.44	
Sue Del Castillo, Nebraska-Omaha.....	JR	:14.67	
Lisa Junck, Notre Dame.....	SO	:15.38	
Stephanie Love, Iowa State.....	SR		DNR

RELIMINARY HEAT 2 (F) (Wind -- +1.46)

Kwani Stewart, Nebraska.....	SR	:13.57	Q-4
Darjul Claiborne, Ball State.....	SR	:14.0	Q-7
Sonya Shephard, Texas Southern.....	JR	:14.16	
Jane Moeller, Bowling Green State.....	JR	:14.35	
Kim Ford, Baylor.....	FR	:14.46	
Kristi Morrison, Colorado State.....	JR	:14.50	
Jenny Paynter, Wisconsin.....	JR	:14.90	

RELIMINARY HEAT 3 (F) (Wind -- +1.22)

Yvonne Scott, Colorado.....	SO	:13.81	Q-3
Tonya Ficklin, Georgia.....	FR	:14.18	
Lisa Kresky, North Dakota State.....	SO	:14.50	
Verida Walter, Kansas State.....	SR	:14.61	
Aldora George, Cal Poly-Pomona.....	SR	:14.65	
LaTonya Morrison, Southern Illinois.....	JR	:14.71	
Anna Ratzloff, Augustana-SD.....	JR	:15.22	

RELIMINARY HEAT 4 (F) (Wind -- +2.88)

Trecia Roberts, Arizona.....	SR	:13.64	Q-5
Michelle Johnson, Arizona.....	SO	:14.04	Q-1
Debbie Caddell, Illinois State.....		:14.10	Q-8
Martina Stoop, Wisconsin.....	FR	:14.13	
Leafay Henry, SW Louisiana.....	JR	:14.64	
Monica Cox, Notre Dame.....	SO	:14.68	
Angela Showalter, Kansas State.....	FR	:14.70	

**UNIVERSITY & COLLEGE
400-METER LOW HURDLES (F)**

Erica Peterson, Notre Dame.....	SO	:59.18	
Stephanie Love, Iowa State.....	SR	1:00.81	
Simone Kirtz, Ball State.....	SO	1:01.37	
D'Nais Jones, SW Louisiana.....	SO	1:01.70	
Sno Vilhelmsdottir, Georgia.....	FR	1:02.06	
Colleen McKinney, Nebraska.....	JR	1:03.89	
Donna Cargill, Alabama.....	SO	1:04.31	
Angela Showalter, Kansas State.....	FR	1:05.92	

RELIMINARY HEAT 1 (F)

Angela Showalter, Kansas State.....	FR	1:01.9	Q-5
Sno Vilhelmsdottir, Georgia.....	FR	1:02.2	Q-7
Donna Cargill, Alabama.....	SO	1:02.4	Q-8
Stacey Dickson, Colorado State.....	JR	1:02.6	
Elissa Pierce, Southern Illinois.....	SO	1:03.6	
Elizabeth Nopper, Wichita State.....	FR	1:04.2	
Tanya Wilde, Moorhead State.....	JR	1:05.7	

PRELIMINARY HEAT 2 (F)

1 Simone Kirtz, Ball State.....	SO	1:02.0	Q-1
2 Colleen McKinney, Nebraska.....	JR	1:02.1	Q-2
3 LaTonya Morrison, Southern Illinois.....	JR	1:03.3	
4 Anna Ratzloff, Augustana-SD.....	JR	1:03.2	
5 Shannon Glascock, Drake.....	SR	1:03.5	
6 Joni Westland, Nebraska Wesleyan.....	SO	1:06.0	
Anne Vollmer, Wyoming.....	FR		DNS

PRELIMINARY HEAT 3 (F)

1 Erica Peterson, Notre Dame.....	SO	1:01.1	Q-4
2 D'Nais Jones, SW Louisiana.....	SO	1:02.4	Q-7
3 Kristi Morrison, Colorado State.....	JR	1:02.9	
4 LaQuanda George, Western Michigan.....	SO	1:04.0	
5 Traci Parsons, Eastern Michigan.....	FR	1:04.1	
6 Nina Jenkins, Western Illinois.....	JR	1:05.5	
7 Aldora George, Cal Poly-Pomona.....	SR	1:06.5	

PRELIMINARY HEAT 4 (F)

1 Stephanie Love, Iowa State.....	SR	1:02.5	Q-6
2 Crystal Anderson, Ball State.....	SO	1:02.6	
3 Brandi Nunez, Alabama.....	SO	1:04.1	
4 Dawn Steele, Kansas.....	SO	1:05.7	
5 Kim Ford, Baylor.....	FR	1:07.3	
Christine Gray, Prairie View A&M.....	JR		DNS

**UNIVERSITY & COLLEGE
4X100-METER RELAY (S)**

1 ALABAMA.....	:45.06	
Petrina Lacey, Faith Idehen, Stacy Bowen, Andria Lloyd		
2 INDIANA STATE.....	:45.10	
Anisa Evans, Omegia Keeys, Cindy Dobbs, Holli Hyché		
3 BAYLOR.....	:45.65	
She She Crawford, Stacy Milligan, Demonic Davis, Donna Smith		
4 KANSAS.....	:46.45	
Katrina Brooks, Latanya Holloway, Katrina Lawrence-Case, Natasha Shafer		
5 ILLINOIS STATE.....	:46.92	
Debbie Caddell, Rosie Marlow, Lela Keyes, Sonja Graham		
GEORGIA.....		DNF
ARIZONA.....		DNF
TEXAS-EL PASO.....		DNF

PRELIMINARY HEAT 1 (F)

1 KANSAS.....	:45.68	Q-3
Katrina Brooks, Latanya Holloway, Katrina Lawrence-Case, Natasha Shafer		
2 GEORGIA.....	:45.82	Q-2
Gudrun Arnardottir, Larika Burton, Yolanda Flowers, Chequita Brady		
3 TEXAS-EL PASO.....	:46.56	Q-1
Nikki Gehrett, Melinda Sergent, Tia Glenn, Ineka Cooray		
4 BALL STATE.....	:46.94	
Darjul Claiborne, Tameka Borders, Jada Protho, Stephanie Henry		
5 NORTH DAKOTA STATE.....	:47.65	
Heather Lewis, Ronda Viken, Maureen Richter, Holly Frie		
6 MISSOURI-KANSAS CITY.....	:48.73	
Nicole Randle, Octavia Strong Tausha Hunter, Saran Dunmore		

ELIMINARY HEAT 2 (F)

ALABAMA.....	:45.75	Q-6
Petrina Lacey, Carmetia Mackey, Stacy Bowen, Andria Lloyd		
NORTHERN IOWA	:46.92	
Nikki Dillard, Rhonda Eiben, Dianna Leftridge, Shantel Twiggs		
OREGON.....	:47.12	
Jamila Godfrey, Nicole Commissiong, Lisa Bedwell, Shawna Krasowski		
BOWLING GREEN STATE.....	:48.30	
Julie Shade, Jane Moeller, Clarice Gregory, Kaleitha Johnson		
WISCONSIN.....	:48.38	
Martina Stoop, Jenny Paynter, Mindy Suhm, Sonya Jensen		
NOTRE DAME	:49.03	
Erica Peterson, Lisa Junck, Allison Howard, Monica Cox		
NEBRASKA-OMAHA	:50.04	
Linda Vondras, Sue Del Castillo, Billie Jo Antisdell, Kim Osler		
NEBRASKA.....	DQ	
Kathy Travis, Angee Henry, Mikaela Perry, Kwani Stewart		

ELIMINARY HEAT 3 (F)

BAYLOR.....	:45.18	Q-5
She She Crawford, Stacy Milligan, Demonica Davis, Donna Smith		
SOUTHWEST MISSOURI STATE.....	:47.30	
Renee Clarke, Kathina Griffin, Rachelle Huntley, Yves-Rose Jerome		
COLORADO.....	:47.44	
Tamara Ards, Yvonne Scott, Tanisha Johns, Leona Russell		
EASTERN MICHIGAN.....	:47.65	
Teyah Swindle, Maubra Foster, Joy Inniss, Tamyka McCord		
COE.....	:50.02	
April Eastin, Brenda Heisner, Alishia Williams, Michelle Wood		
LEWIS.....	:50.89	
Kay Cannon, Jodi Berg, Candice Guevara, Nikki Smolinski		

ELIMINARY HEAT 4 (F)

INDIANA STATE.....	:45.12	Q-4
Anisa Evans, Omega Kees, Cindy Dobbs, Holli Hyche		
ARIZONA.....	:46.25	Q-7
Felicia Lane, Trecia Roberts, Dawn Mortensen, Michelle Johnson		
ILLINOIS STATE	:46.45	Q-8
Debbie Caddell, Rosie Marlow, Lela Keyes, Sonja Graham		
OKLAHOMA STATE	:47.80	
Michelle Johnson, Christy Dye, Dana Guinn, Tina Buckner		
MINNESOTA.....	:50.09	
Angie Mauldin, Lisa Beachy, Megan Nolan, Tonya Andruskiewicz		
EMORY	:50.18	
Jessica Sobel, Michelle Persha, Caroline Ajo, Regina Robinsin		

**UNIVERSITY & COLLEGE
4 X 200-METER RELAY (F)**

1 ALABAMA.....	1:33.44
Carmetia Mackey, Stacy Bowen, Petrina Lacey, Andria Lloyd	
2 NEBRASKA.....	1:34.28
Kathy Travis, Angee Henry, Mikaela Perry, Kwani Stewart	
3 BAYLOR.....	1:34.42
She She Crawford, Stacy Milligan, Demonica Davis, Donna Smith	
4 KANSAS	1:35.98
Katrina Brooks, Dawn Steele, Latanya Holloway, Natasha Shafer	
5 KANSAS STATE.....	1:36.67
Belinda Hope, Karissa Owens, Verida Walter, Nicole Green	
6 TEXAS-EL PASO.....	1:37.26
Michelle Wilson, Melinda Sergent, Tia Glenn, Nikki Gehrett	
7 GEORGIA	1:37.27
Icolyn Kelly, Yolanda Flowers, Larika Burton, Chequita Brady	
8 ILLINOIS STATE	1:37.84
Debbie Caddell, Rosie Marlow, Lela Keyes, Sonja Graham	

PRELIMINARY HEAT 1 (F)

1 ILLINOIS STATE	1:38.21	Q-2
Debbie Caddell, Rosie Marlow, Lela Keyes, Sonja Graham		
2 KANSAS	1:38.33	Q-7
Katrina Brooks, Katrina Lawrence-Case, Latanya Holloway, Dawn Steele		
3 TEXAS-EL PASO.....	1:38.50	Q-1
Michelle Wilson, Melinda Sergent, Tia Glenn, Nikki Gehrett		
4 SOUTHWESTERN LOUISIANA.....	1:39.45	
Leafay Henry, Keisha Owens, Wassan Cook, D'Nais Jones		
5 LEWIS.....	1:47.77	
Kay Cannon, Jodi Berg, Candice Guevara, Jean Pavlik		
6 EMORY	1:47.96	
Jessica Sobel, Michelle Persha, Caroline Ajo, Regina Robinsin		
GRACELAND.....	DNR	

PRELIMINARY HEAT 2 (F)

1 ALABAMA.....	1:35.65	Q-5
Carmetia Mackey, Stacy Bowen, Petrina Lacey, Andria Lloyd		
2 GEORGIA	1:37.28	Q-3
Larika Burton, Yolanda Flowers, Icolyn Kelly, Chequita Brady		
3 KANSAS STATE.....	1:38.52	Q-8
Belinda Hope, Karissa Owens, Verida Walter, Nicole Green		
4 BOWLING GREEN STATE.....	1:42.77	
Julie Shae, Jane Moeller, Clarice Gregory, Kaleitha Johnson		
NEBRASKA WESLEYAN	DQ	
Jennifer Guthrie, Jenny Blenderman, Megan Harper, Tresa Watson		
COE.....	DQ	
April Eastin, Brenda Heisner, Nikki Claussen, Laurie Pote		

UNIVERSITY & COLLEGE 800-METER RUN

Latoya Polk, Oklahoma State.....	SR	2:10.35
Donje Vrale, Texas-El Paso.....	SO	2:11.01
Becky Wells, Alabama.....	FR	2:11.10
Bill Chertudi, Baylor.....	SO	2:11.72
Lenny Hodsdon, Colorado State.....	JR	2:11.86
Angie Kent, Illinois State.....		2:12.87
Trisha Allen, Drake.....	SO	2:13.03
Marie Crep, North Dakota.....	SR	2:14.02
Christine Engesser, Oregon.....	FR	2:14.04
Deby Anderson, Wyoming.....	SR	2:14.39
Chris Mason, South Dakota State.....	SR	2:16.48
Essie Bushman, Wisconsin-Stevens Point.....	SO	2:16.65
Christi Kloster, Kansas.....	JR	2:17.05
Rosetta Hunter, Cal Poly-Pomona.....	JR	2:17.26
Carolyn Long, Notre Dame.....	FR	DNR
Picky Lynch, Alabama.....	SR	DNR
Amy Wickus, Wisconsin.....	JR	DNR
Jennifer Watson, Wisconsin.....	SO	DNR

UNIVERSITY & COLLEGE 1500-METER RUN (S)

Irenda Smeuwenhoek, Arizona.....	SR	4:27.70
Melissa Swartz, Kansas.....	JR	4:28.57
Tina Stec, Iowa.....	SR	4:28.71
Juzanne Weeder, Doane.....	SR	4:29.82
Mary McClung, Georgia.....	JR	4:31.64
Lebbie Maass, Colorado State.....	SR	4:32.16
Dele Rankin, Eastern Michigan.....	JR	4:33.43
Leather Murphy, Illinois State.....		4:34.75
Denise Horner, Southern Illinois.....	JR	4:38.93
Joanna Johnson, Drake.....	SR	4:39.72
Bill Keller, Georgia.....		4:43.36
Elizabeth Wilson, Augustana-SD.....		4:49.10
Shelly Moore, Oklahoma State.....		4:51.19
Trine Pilskog, Texas-El Paso.....	SO	DNR
Milena Glusac, Oregon.....	FR	DNR
Lathalie Cote', Wisconsin.....	FR	DNR
Julie Cote', Wisconsin.....	JR	DNR
Lisa Currins, Alabama.....	FR	DNR
Marie Ohlund, Alabama.....	SR	DNR

INVITATIONAL 5000-METER RUN (S)

Ray Gooch, Oklahoma.....	SR	16:34.60
Leather Warner, Alabama.....	SR	16:51.70
Andrea Fischer, Davenport, Iowa.....		16:56.24
Amy McNitt, Colorado.....		16:57.84
Patty Roberts, Colorado.....		16:58.69
Malin Ohlund, Alabama.....	JR	17:00.79
Catherine Hall, Baylor.....	SR	17:07.12
Trin Boland, Iowa.....		17:20.48
Janet Krueger, Iowa State.....		17:22.55
Shirley Thomas, Eastern Illinois.....		17:28.97
Janet Daggy, Kansas.....		17:32.09
Dele Dagggett, Illinois State.....		17:36.73
Julie Mazzitelli, Nebraska.....		17:42.77
Traci Micham-Grimes, Northeast Louisiana.....	SR	17:47.93
Shirley Hood, Notre Dame.....		17:51.83
Marie Malone, Drake.....		17:53.48
Trida Thordardottir, Georgia.....		18:36.99
Denise Howard, Wisconsin.....		DNR
Traci Wells, Drake.....		DNR

OPEN 5000-METER RUN (S)

1	Aimee Knitter, Wisconsin-Stevens Point.....	17:28.41
2	Amy Cohee, Indiana State.....	17:29.39
3	Ashley Patrick, Alabama.....	SO 17:31.79
4	Misty Allison, Michigan State.....	SR 17:31.98
5	Robyn Olson, Wartburg.....	JR 17:32.60
6	Karen Gardner, Southern Illinois.....	17:33.82
7	Pam Drietz, North Dakota State.....	17:44.60
8	Jeanene Rujan, Kansas State.....	17:47.90
9	Colleen McClimon, Kansas.....	17:51.25
10	Carrie Barber, Marquette.....	17:51.79
11	Jessie Hulst, Texas-El Paso.....	SO 17:53.58
12	Ashley Ace, Kansas.....	17:59.39
13	Becky Cook, Toledo.....	18:00.32

OPEN 8.000-METER ROAD RACE (S)

1	Tracy Dahl-Morris, Iowa.....	29:22
2	Laurie Mizener, Downers Grove, Ill.....	29:34
3	Paulette Bendixon, West Des Moines, Iowa.....	30:11
4	Pamela Uhrich-Gray, Hastings, Neb.....	31:09
5	Teresa Newcomb, Urbandale, Iowa.....	31:14

INVITATIONAL 10.000-METER RUN (F)

1	Liz Scanlon, Oklahoma.....	34:16.56
2	Laurie Mizener, Sunjoy TC.....	34:48.30
3	Katie Swords, Southern Methodist.....	34:57.88
4	Laura Bell, Michigan State.....	35:03.52
5	Alicia Wollmering, Cape Girardeau, Mo.....	35:05.98
6	Ann Westby, South Dakota State.....	35:22.34
7	Patty Baker, Ball State.....	35:27.81
8	Steph Bruening, North Dakota.....	35:35.64
9	Cathy Kershaw, Southern Illinois.....	35:42.05
10	Janeth Salazar-Ohst, Sunjoy TC.....	36:14.11
11	Stephanie Dueringer, Michigan State.....	36:26.26
12	Tracey Hill, Georgia.....	36:28.97
13	Maureen Kelly, Notre Dame.....	36:34.28
14	Sarah DeMartini, Colorado State.....	36:45.51
15	Amy DeMarini, Colorado State.....	36:45.63
16	Amy Lathrop, Indiana State.....	36:55.44
17	Wendy Hower, Iowa State.....	37:00.39
18	Stacy Hauboldt, St. Cloud State.....	37:45.96
19	Ricki Van Amber, Minnesota.....	37:46.33
20	Olivia Sanchez, Nebraska.....	37:46.26
21	Aimee Schaefer, St. Benedict.....	38:11.15
22	Stephanie Aspen, St. Cloud State.....	38:16.76
23	Katie Muffler, Wisconsin-Milwaukee.....	38:35.24
24	Jennifer Thompson, SW Missouri State.....	38:47.65
25	Joey Heyer, Drake.....	39:13.04

HALF MARATHON (S)

1	Dana Kramer, Urbandale, Iowa.....	1:26.36
2	Sharon Stubler, Minnetonka, Minn.....	1:34.40
4	Dawn Kilstrom, Ankeny, Iowa.....	1:34.47
5	Jennifer Goodlove, Des Moines, Iowa.....	1:34.53

PRELIMINARY HEAT 3 (F)

BAYLOR.....	1:35.51	Q-4
She She Crawford, Stacy Milligan, Demonic Davis, Donna Smith		
NEBRASKA.....	1:37.33	Q-6
Mikaela Perry, Kwani Stewart, Jill Myatt, Angiee Henry		
NORTHERN IOWA.....	1:40.71	
Nikki Dillard, Dianna Leftridge, Theresa Lux, Denise Schmitz		
SOUTHERN ILLINOIS.....	1:42.14	
LaTonia Morrison, Katrina Daniels Elissa Pierce, Lesley Batson		
DRAKE.....	1:45.06	
Shannon Glascock, Jensie Grigsby, Sarah Henkelmann, Tanya Woodruff		
ST. AMBROSE.....	1:46.99	
Beth Westerfield, Nicole LeGrand, Stephani Vander Horn, Ann Barhan		
WARTBURG.....	1:47.52	
Dawn Syhiman, Lea Lucas, Leah Lenhart, Denise McMillin		

UNIVERSITY & COLLEGE
4 X 400-METER RELAY (S)

BAYLOR.....	3:40.93
Melissa Roland 56.5, Stacy Milligan 54.5, Shelly Green 57.0, Donna Smith 53.0	
NEBRASKA.....	3:42.81
Kathy Travis 55.7, Kwani Stewart 56.2, Jill Myatt 55.6, Jenny Johnson 55.3	
OREGON.....	3:42.92
Nilka Thomas 56.1, Shawna Krasowski 56.4, Kelly Blair 55.6, Nicole Commissiong 54.8	
ARIZONA.....	3:43.36
Trecia Roberts 57.6, Karen Bennett 52.7, Allison Dring 56.5, Michelle Johnson 56.6	
ALABAMA.....	3:44.36
Donna Cargill 58.2, Faith Idehen 54.6, Carmetia Mackey 56.4, Stacy Bowen 55.2	
NORTHERN IOWA.....	3:50.46
Jacque Askeland 58.1, Rhonda Elben 57.1, Theresa Lux 58.6, Shantel Twiggs 56.6	
EASTERN MICHIGAN.....	3:52.30
Jeannette Judge 57.9, Tamyka McCord 57.6, Maybra Foster 60.9, Adriane Fuller 55.9	
PURDUE.....	3:55.81
Chamise Hughes 58.1, Shawna Jenkins 59.7, Dawn Kline 59.8, Corissa Yasen 58.2	

PRELIMINARY HEAT 1 (F)

NEBRASKA.....	3:44.14	Q-5
Kathy Travis, Jill Myatt, Jenny Johnson, Angiee Henry		
OREGON.....	3:44.64	Q-6
Lisa Bedwell, Kelly Blair, Shawna Krasowski, Nicole Commissiong		
NORTHERN IOWA.....	3:46.82	Q-2
Jacque Askeland, Rhonda Elben, Theresa Lux, Shantel Twiggs		
EASTERN MICHIGAN.....	3:47.60	Q-8
Adriane Fuller, Tamyka McCord, Maybra Foster, Jeannette Judge		
KANSAS STATE.....	3:49.99	
Belinda Hope, Lover McAlpin Karissa Owens, Linda Shea		
ILLINOIS STATE.....	3:52.03	
Debbie Caddell, Caroline Kent, Sonja Graham, Angie Kent		
AUGUSTANA-SD.....	3:58.74	
Michelle Hewitt, Trisha Schumacher, Elizabeth Wilson, Anna Ratzloff		

8 GRAMBLING STATE.....	4:07.31
Harriett Clayborne, Christina Thompson, Zandrea Shorts, Nicole Anderson	

PRELIMINARY HEAT 2 (F)

1 BAYLOR.....	3:44.51	Q-3
Melissa Roland, Stacy Milligan, She She Crawford, Donna Smith		
2 NORTH DAKOTA STATE.....	3:52.82	
Heather Lewis, Susie Keller, Maureen Richter, Ronda Viken		
2 WISCONSIN.....	3:53.27	
Martina Stoop, Jenny Paynter, Jennifer Watson, Jen Metz		
4 IOWA STATE.....	3:54.07	
Toni Hopkins, Sara Riemersma, Laurie Hammill, Lia Pierson		
5 NOTRE DAME.....	3:55.13	
Heidi Altman, Allison Howard, Monica Cox, Erica Peterson		
6 WESTERN MICHIGAN.....	3:56.99	
Prisilla Jacobs, Chris Christian, LaQuanda George, Stefanie Doty		
7 DRAKE.....	3:58.19	
Amy Griswold, Jensie Grigsby, Shannon Glascock, Tanya Woodruff		
GEORGIA.....	DNR	
Sno Vilhelmsdottir, Mary McClung, Yolanda Flowers, Larika Burton		

PRELIMINARY HEAT 3 (P)

1 ARIZONA.....	3:43.52	Q-4
Trecia Roberts, Karen Bennett, Allison Dring, Michelle Johnson		
2 ALABAMA.....	3:47.40	Q-7
Vicky Lynch, Marie Ohlund, Donna Cargill, Carmetia Mackey		
3 PURDUE.....	3:48.15	Q-1
Charnise Hughes, Shawna Jenkins, Dawn Klink, Corissa Yasen		
4 COLORADO.....	3:49.68	
Leona Russell, Yvonne Scott, Tamisha Johns, Tamara Ards		
5 SOUTHERN ILLINOIS.....	3:52.16	
LaTonya Morrison, Sheila Hollins, Elissa Pierce, Katrina Daniels		
6 SOUTH DAKOTA STATE.....	3:53.97	
Tracy Stewart, Christine Mason, Jill Sutton, Kristi Hoffman		
7 WISCONSIN-STEVENSON.....	4:05.27	
Jessica Drenzek, Jamie Baars, Mandy Rasmussen, Jessie Bushman		
SOUTHWESTERN LOUISIANA.....	DNR	

**UNIVERSITY & COLLEGE
4 X 800-METER RELAY (S)**

ALABAMA.....	8:50.9
Marie Ohlund 2:12.8, Caroline Kerr 2:14.9, Becki Wells 2:10.9, Vicky Lynch 2:12.3	
BAYLOR.....	9:06.0
Michelle Riley 2:13.6, Shelly Green 2:15.2, Catherine Hall 2:22.4, Jill Chertudi 2:14.8	
INDIANA STATE.....	9:09.7
Tana Dahman 2:16.6, Karen Wamsley 2:17.4, Shannon Buchanan 2:21.2, Kristin Heinichen 2:14.2	
MARQUETTE	9:13.9
Christy Rice 2:16.9, Mara Braun 2:19.9, Jessica Monnier 2:20.9, Tammy Daul 2:16.2	
NORTHERN IOWA	9:15.3
Emily Montgomery 2:17.0, Kelly VanDePol 2:17.2, Jacque Askeland 2:19.0, Paula Nemmers 2:21.3	
IOWA STATE.....	9:20.9
Lia Pierson 2:15.0, Kim Elrod 2:20.6, Kim Jensen 2:24.0, Monika Balint 2:21.3	
WARTBURG	9:22.0
Esther Dubec , Lea Lucas, Beth Holst, Robyn Olson	
SOUTH DAKOTA STATE	9:26.6
Jill Sutton, Emily Benson, Tiffany Gross, Laura Walter	
DRAKE.....	9:39.4
Katherine Seelye 2:23.0, Dawn Hawkins 2:24.6, Amy Marts 2:25.3, Allyson Nauman 2:26.5	
SOUTHERN ILLINOIS.....	9:42.7
Hallema Ivory, Jennifer Kostelny, Mary Amy Hornik, Kelly Elliott	
WISCONSIN.....	DNR

**UNIVERSITY & COLLEGE
SPRINT MEDLEY RELAY (S)**

ARIZONA.....	3:47.94*
Felicia Lane, Dawn Mortensen, Allison Dring 55.6, Karen Bennett 2:03.6	
ALABAMA.....	3:52.45
Faith Idaen, Donna Cargill, Andrea Lloyd 57.0, Vicky Lynch 2:07.8	
SOUTHERN ILLINOIS.....	4:00.35
Lesley Batson, LaTonya Morrison, Katrina Daniels, LeeAnn Reed 2:15.6	
EASTERN MICHIGAN.....	4:00.86
Maybra Foster, Teyah Swindle, Adrian Fuller 55.2, Vonda Meder 2:14.4	
PURDUE	4:02.37
Shawna Jenkins, Dawn Klien, Corissa Yasen 56.3, Nicole Stevens 2:14.9	
NOTRE DAME	4:03.54
Monica Cox, Heidi Altman, Allison Howard 56.4, Carolyn Long 2:14.0	
KANSAS STATE.....	4:04.49
Karissa Owens, Verida Walter, Linda Shea 58.4, Lesley Wells 2:15.7	
OKLAHOMA STATE.....	DNR

ECORD--old mark, 3:48.80, Iowa State, 1991.

PRELIMINARY HEAT 1 (S)

1 NOTRE DAME	4:05.78	Q-6
Monica Cox, Heidi Altman, Allison Howard, Carolyn Long		
2 EASTERN KENTUCKY.....	4:09.14	
Candis Estes, Jennifer Thomas, Tiffany Mayfield, Michelle Price		
3 MANKATO STATE.....	4:10.15	
Kia Wehrenberg, Karla Stromme, Denise Bitz, Jennifer Peck		
4 AUGUSTANA-SD	4:10.89	
Heather Pratt, Trisha Schumacher, Michelle Hewitt, Elizabeth Wilson		
5 NEBRASKA-OMAHA	4:12.10	
Linda Vondras, Kim Osler, Janine Ramaekers, Mary Ann Wieberg		
6 EMORY	4:27.50	
Jessica Sobel, Carolyn Ajo, Theresa Thom, Keryn Huang		
COLORADO.....	DNR	
INDIANA STATE.....	DNR	

PRELIMINARY HEAT 2 (S)

1 ARIZONA.....	4:01.96	Q-4
Felicia Lane, Dawn Mortensen Allison Dring, Karen Bennett		
2 SOUTHERN ILLINOIS.....	4:02.93	Q-2
Lesley Batson, LaTonya Morrison, Katrina Daniels, LeeAnn Reed		
3 KANSAS STATE.....	4:06.18	Q-8
Karissa Owens, Verida Walter, Belinda Hope, Lesley Wells		
4 MOORHEAD STATE.....	4:11.90	
Tanya Wales, Kelli Martinson, Tanya Wilde, Michelle Berger		
5 SIMPSON	4:27.40	
Charity Halupnick, Mekisha Madlock, Nan Schlee, Babs Schlee		
NEBRASKA WESLEYAN	DNR	
WISCONSIN.....	DNR	
WESTERN KENTUCKY	DNR	

HEAT 3

1 OKLAHOMA STATE	4:02.39	Q-5
Dana Guinn, Tina Buckner, Michelle Johnson, LaToya Polk		
2 EASTERN MICHIGAN.....	4:06.08	Q-7
Joy Inniss, Tamyka McCord, Jeannette Judge, Elena Ramos		
3 PURDUE	4:07.03	Q-1
Shawna Jenkins, Dawn Klien, Chamise Hughes, Nicole Stevens		
4 NORTH DAKOTA.....	4:14.82	
Heidi Hager, Laura Seifert, Kari Ward, Erin Bly		
5 WESTERN MICHIGAN	4:16.49	
Prisilla Jacobs, Christine Christinan, LaQuanda George, Michelle Richardson		
6 NORTHWESTERN-IOWA	4:17.17	
Val Garner, Christy Gerstandt, Tami Van Wy, Susan Porter		
7 WESTERN ILLINOIS.....	4:17.28	
Dee Dee Donahue, Mandy Fross, Nina Jenkins, Amy Allen		
8 IOWA STATE.....	4:18.14	
Laurie Hammill, Toni Hopkins Sara Riemersma, Heather Hargrave		

HEAT 4

1	ALABAMA.....	4:04.97	Q-3
	Petrina Lacey, Carmelia Mackey, Donna Cargill, Carmine Kerr		
2	ILLINOIS STATE.....	4:07.67	
	Rosie Morrow, Tamara Reed, Carolyn Kent, Jenny Schmeichel		
3	DRAKE.....	4:13.88	
	Shannon Glascock, Sarah Henkelmann, Tanya Woodruff, Amy Griswold		
4	WISCONSIN-MILWAUKEE.....	4:16.66	
	Sheri Dieck, Gena Terrines, Kim Rosenberg, Joette Buening		
5	SOUTH DAKOTA STATE.....	4:17.62	
	Tracy Stewart, Kristy Hoffman, Jill Sutton, Laura Walter		
6	MINNESOTA.....	4:19.68	
	Lisa Beachy, Angie Mauldin Jennifer Imsande, Angie Abbott		
7	AKRON.....	4:22.28	
	Marquis Jones, Brandi Lamb, Amy Chillik, Cindy Hooker		
8	GRAMBLING STATE.....	4:28.41	
	Philomena Parks, Zandrea Shorts, Harriett Clairborne, Christina Thompson		

**UNIVERSITY AND COLLEGE
DISTANCE MEDLEY RELAY (F)**

1	WISCONSIN.....	11:07.68*
	Nathalie Cote, 3:22.6; Mindy Suhm, :55.8; Julie Cote, 2:06.3; Amy Wickus, 4:42.9	
2	ALABAMA.....	11:16.39
	Vicky Lynch, 3:22.1; Brandy Nunez, :61.8; Marie Ohlund, 2:10.8; Becki Wells 4:41.6	
3	KANSAS.....	11:18.54
	Kristi Kloster, 3:22.0; Katrina Lawrence-Case, :54.0; Erin Howerton, 2:14.0; Melissa Swartz, 4:48.5	
4	IOWA.....	11:24.94
	Christine Sasberry, 3:27.3; Tanja Reid, :56.4; Briana Benning, 2:13.2; Tina Stec, 4:47.0	
5	DRAKE.....	11:32.35
	Trisha Allen, 3:29.9; Tanya Woodruff, :56.9; Amy Griswold, 2:11.9; Joanna Johnson, 4:53.6	
6	OREGON.....	11:35.63
	Christie Engesser, 3:38.8; Jamila Godfrey, :58.2; Nilka Thomas, 2:11.3; Milena Glusac, 4:47.3	
7	BAYLOR.....	11:35.98
	Jennifer Hamel, Melissa Roland, Jill Chertudi, Catherine Hall	
8	EASTERN MICHIGAN.....	11:36.32
	Vonda Meder, Joy Inniss Elene Ramos, Adele Rankin	
9	SOUTHERN ILLINOIS.....	11:36.84
	Jennie Horner, Katrina Daniels, Kelly Elliott, LeeAnn Reed	
10	NEBRASKA.....	11:42.12
	Julie Mazzitelli, Jenny Johnson Sherri Elwood, Christina Blackmer	
11	NOTRE DAME.....	11:45.04
	Carolyn Long, Allison Howard, Amy Siegal, Emily Husted	
12	GEORGIA.....	11:47.36
	Jill Keller, Tonya Ficklin Mary McClung, Frida Thordardottir	
13	INDIANA STATE.....	11:50.53
	Karen Wamsley, Patrice Gayle Kristin Heinichen, Tana Dahman	
14	NORTHERN IOWA.....	11:53.75
	Kelly VanDePol, Michelle Surber Paula Nemmers, Emily Montgomery	

15	WESTERN KENTUCKY.....	12:01.1
	Kirsten Birmelin, Lyvonne Ditto Tracey Folden, Sylvia Moreno	
16	KANSAS STATE.....	12:02.2
	Jeanene Rugan, Linda Shea Elizabeth Betancort, Lesley Wells	
17	EASTERN KENTUCKY.....	12:02.8
	Michelle Price, Candi Estes Sunshine Wilson, Stephanie Chaney	
18	MINNESOTA.....	12:13.1
	Karen Kleindl, Janel McKowen Keri Zweig, Angie Abbott	
19	IOWA STATE.....	12:23.0
	Kim Elrod, Sara Riemersma Kim Jensen, Jo Fairclough	
20	GRAMBLING STATE.....	12:59.9
	Christina Thompson, Nicole Anderson Harriett Claiborne, Angela Wilson	

*RECORD—old mark 11:08.32 , Wisconsin, 1992

**UNIVERSITY & COLLEGE
4 X100-METER SHUTTLE HURDLE RELAY (S)**

1	ARIZONA.....	:56.51
	Michelle Johnson, Rebecca Butt, Kayla Montgomery, Trecia Roberts	
2	COLORADO.....	:58.
	Leona Russell, Mandy Farquhar, Heather Sterline, Yvonne Scott	
3	IOWA STATE.....	:58.
	Stephanie Love, Laurie Hammill, La Tosca Fitzpatrick, Katie Twito	
	BOWLING GREEN STATE.....	DN
	Kaleitha Johnson, Julie Shade, Karyn Heaney, Jane Moeller	

*-RECORD--new event

PRELIMINARY HEAT 1 (S)

1	ARIZONA.....	1:02.01	Q-
	Michelle Johnson, Rebecca Butt, Kayla Montgomery, Trecia Roberts		
2	IOWA STATE.....	1:02.64	Q-
	Katie Tweto, LaTosca Fitzpatrick, Laurie Hammill, Stephanie Love		
3	BOWLING GREEN STATE.....	1:03.46	Q-
	Kaleitha Johnson, Julie Shade, Karyn Heaney, Jane Moeller		
4	GRACELAND.....	1:12.44	
	Jennifer Gizelbach, Maria Schipper, Sheila Darland, Carol Morris		

PRELIMINARY HEAT 2 (S)

1	NEBRASKA WESLEYAN.....	1:03.93
	Jenny Blønderman, Joni Westland, Tara Berney, Jennifer Guthrie	
2	SIMPSON.....	1:09.26
	Carrie Schroeder, Jackie Jones, Shawna Vogts, Traci Hill	
3	NEBRASKA-OMAHA.....	1:11.06
	Sue Del Castillo, Kim Osler, Heather Haines, Billie Jo Antisdell	

PRELIMINARY HEAT 3 (S)

1	COLORADO.....	1:00.98	Q-
	Leona Russell, Mandy Farquhar, Heather Sterline, Yvonne Scot		
	BALL STATE.....		DNR
	NOTRE DAME.....		DNR

15TH DRAKE RELAYS
JAVELIN

DRAKE UNIVERSITY
Division: WOMEN

APRIL 27-30
Event # 67

Intrant #	Name	GR	Affiliation	Place	Mark	
37	Nicole Engstrom	Jr	Arizona	1	49.02	(160-10.0)
981	Tarhi Palovuouri	Sp	Texas-El Paso	2	48.40	(158-09.0)
080	Deana Alexander	Sp	Wichita State	3	47.42	(155-07.0)
160	Kristen Schultz	Sp	Kansas State	4	46.50	(152-07.0)
798	Kelsey Stellick	Jr	Oregon	5	45.82	(150-04.0)
068	Chris Christian	Sr	Western Michigan	6	44.84	(147-01.0)
00	Tammy Wilkerson	Jr	Baylor	7	42.94	(140-10.0)
546	Kim Grosshans	Sr	Nebraska Wesleyan	8	42.68	(140-00.0)
159	Kirsten Schultz	Sp	Kansas State	9	40.96	(134-04.0)
194	Mary Karol Raymond	Jr	Doane	10	40.76	(133-09.0)
148	Mary Anne Daykin	Jr	Colorado	11	40.42	(132-07.0)
796	Tonia Roth	Sp	Oregon	12	39.56	(129-09.0)
151	Jen Groninger	Jr	Colorado	13	38.54	(126-05.0)
183	M. L. Rutherford	Jr	Concordia-Mn.	14	38.22	(125-05.0)
581	Jennifer Leddon	Jr	North Dakota State	15	36.34	(119-03.0)
119	Trish Haralson	Sr	Wisconsin-Oshkosh	16	31.38	(102-11.0)

Engstrom Series: 48.26, 48.26, 47.48, 45.52, 47.92, 49.02

TRIPLE JUMP

Division: WOMEN

Event # 68

519	Nicola Martial		Nebraska	1	12.92 w: +0.97	(42-04.75)
248	Joy Inniss	Sr	Eastern Michigan	2	12.62 w: +2.52	(41-05.0)
41	Kayla Montgomery	Sp	Arizona	3	12.32 w: +0.86	(40-05.0)
34	Rebecca Butt	Jr	Arizona	4	12.24 w: +1.11	(40-02.0)
598	Dianna Leftridge		Northern Iowa	5	12.10 w: +2.92	(39-08.5)
793	Sarah Howell	Jr	Oregon	6	11.98 w: +1.02	(39-03.75)
315	Katy Koonz		Purdue	7	11.75 w: +0.73	(38-06.75)
511	Andrea Bourland	Fr	Nebraska	8	11.74 w: +1.92	(38-06.25)
273	Monica Cabbler	Sp	Georgia	9	11.66 w: +0.77	(38-03.25)
364	Rachelle Huntley		Southwest Missouri State	10	11.63 w: +2.29	(38-02.0)
451	Dee Dee Epps	Jr	Kansas State	10	11.63 w: +3.34	(38-02.0)
275	Yolanda Flowers	Fr	Georgia	12	11.61 w: +2.52	(38-01.25)
18	Niambi Dennis	Sr	Alabama	13	11.57 w: +0.82	(37-11.5)
355	Leafay Henry	Jr	Southwestern Louisiana	14	11.22 w: +0.89	(36-09.75)
439	Heather Schorling	Sp	Kansas	15	11.21 w: +1.25	(36-09.5)
278	Icolyn Kelly	Jr	Georgia	16	11.20 w: +2.35	(36-09.0)
534	Sue Del Castillo	Jr	Nebraska-Omaha	17	11.13 w: +2.22	(36-06.25)
38	Dacia Smith		Baylor	18	11.09 w: +0.88	(36-04.75)

Martial series: foul, 12.27, 12.66, 12.92, 12.20, 12.89

HIGH JUMP

Division: WOMEN

Event # 71

922	Corissa Yasen	Sp	Purdue	1	1.84	(6-00.5)
429	Keely Harding	Sr	Kansas	2	1.75	(5-08.75)
1120	Mel Mueller	Sr	Wisconsin-Oshkosh	3	1.75	(5-08.75)
968	Heather McFadden		Southwest Missouri State	4	1.70	(5-07.0)
32	J. C. Broughton	Sr	Arizona	5	1.70	(5-07.0)
687	Penny Ensrud	Sr	North Dakota State	5	1.70	(5-07.0)
34	Rebecca Butt	Jr	Arizona	5	1.70	(5-07.0)
347	Karen Byrd	Sp	Indiana State	7	1.70	(5-07.0)
795	Amo Olson	Sr	Oregon	7	1.70	(5-07.0)
404	Kathy Hank		Iowa State		no ht (1.70)	
300	Lisa Ford		Grambling State		no ht (1.70)	
3	Brandi Lamb		Akron		no ht (1.70)	
1100	Lisa Townsend		Wisconsin		no ht (1.70)	
2229	Tiffany Jansen		Eastern Illinois		no ht (1.70)	
53	Salli Smith		Arkansas State		no ht (1.70)	
703	Amy Oleson		Northern Iowa		no ht (1.70)	

	1.75	1.79	1.84	1.87
Yasen	0	0	XO	XXX

Fanya Hughes, Arizona checked into event, but withdrew because of tender knee from February surgery. This was to be her outdoor debut.

85TH DRAKE RELAYS

DRAKE UNIVERSITY

APRIL 27-30

DISCUS

Division: WOMEN

Event # 80

Entrant #	Name	GR	Affiliation	Place	Mark	
164	Melissa Weis	Sr	Colorado	1	49.96	(163-11.0)
358	Julie Koebcke	Jr	Indiana State	2	49.26	(161-07.0)
545	Dani Parkos	Sp	Minnesota	3	45.16	(148-02.0)
820	Sami Jo Williamson		Purdue	4	45.16	(148-02.0)
547	Joyce Schultz	Sr	Minnesota	5	44.30	(145-04.0)
674	Julie Beck	Sr	North Dakota State	6	44.12	(144-09.0)
186	Kim Hayes	Sr	Doane	7	44.04	(144-06.0)
155	Kristina Mataafa	Sp	Colorado	8	43.02	(141-02.0)
947	De De Plagman	Jr	Southern Methodist	9	42.68	(140-00.0)
954	Jo Jo Harris	Jr	Southwestern Louisiana	10	42.26	(138-08.0)
441	Teresa Reichert	Sr	Kansas	11	41.86	(137-04.0)
452	Shannon Flanagan	Sr	Kansas State	12	41.34	(135-07.0)
622	Paulette Mitchell	Sp	Nebraska	13	40.68	(133-05.0)
124	Joie Warr	Jr	Cal Poly-Pomona	14	40.14	(131-08.0)
217	Dawn O'Leary	Jr	Drake	15	39.18	(128-06.0)
107	Nikki Lessig	Jr	Bowling Green State	16	37.80	(124-00.0)
626	Kim Pfister		Nebraska	17	37.54	(123-02.0)
890	Dawn Groeneweg	Jr	South Dakota State	18	37.02	(121-05.0)
428	Cheryl Evers	Sr	Kansas	19	35.70	(117-01.0)
625	Dagmar Pesakova		Nebraska	20	35.24	(115-07.0)
392	Denise Taylor	Sr	Iowa	21	35.10	(115-02.0)
100	Tammy Wilkerson	Jr	Baylor	22	33.96	(111-05.0)

Weis series: 49.54, foul, 46.46, 49.96, foul, foul
 Koebcke series: 43.78, 45.98, 49.26, foul, 45.30, 43.64
 Parkos series: 45.16, foul, 44.04, 44.64, foul, 42.94
 Williamson series: 45.16, 37.38, foul, 37.70, 42.64, 44.48

LONG JUMP

Division: WOMEN

Event # 85

698	Dianna Leftridge		Northern Iowa	6.00 w: +1.14	(19-08.25)
451	Dee Dee Epps	Jr	Kansas State	5.72 w: +1.38	(18-09.25)
993	Sonya Shephard	Jr	Texas Southern	5.65 w: +1.30	(18-06.5)
191	Lisa Pilakowski	Sr	Doane	5.61 w: +2.36	(18-04.75)
640	Linda Vondras	Jr	Nebraska-Omaha	5.59 w: +1.38	(18-04.0)
960	Nicole Baumgartner	Sp	Southwest Missouri State	5.57 w: +1.03	(18-03.25)
98	Dacia Smith		Baylor	5.55 w: +2.76	(18-02.5)
953	Wasson Cook		Southwestern Louisiana	5.49 w: +2.32	(18-00.0)
412	Vanessa O'Dell	Jr	Iowa State	5.42 w: +1.15	(17-09.25)

Leftridge series: 6.00, foul, foul, 5.87, 5.61, 5.52

SHOT PUT

Division: WOMEN

Event # 87

622	Paulette Mitchell	Sp	Nebraska	1	15.31	(50-02.75)
949	Terri Steer	Fr	Southern Methodist	2	14.64	(48-00.5)
625	Dagmar Pesakova		Nebraska	3	14.62	(47-11.75)
392	Denise Taylor	Sr	Iowa	4	13.95	(45-09.25)
452	Shannon Flanagan	Sr	Kansas State	5	13.78	(45-02.5)
187	Heather Rhoadarmer	Jr	Doane	6	13.72	(45-00.25)
618	Krista Mader		Nebraska	7	13.54	(44-05.25)
358	Julie Koebcke	Jr	Indiana State	8	13.44	(44-01.25)
1119	Trish Haralson	Sr	Wisconsin-Oshkosh	9	13.05	(42-09.75)
428	Cheryl Evers	Sr	Kansas	10	13.04	(42-09.5)
911	April Cokley	Jr	Southern Illinois	11	13.03	(42-09.0)
545	Dani Parkos	Sp	Minnesota	12	12.98	(42-07.0)
547	Joyce Schultz	Sr	Minnesota	13	12.95	(42-06.0)
186	Kim Hayes	Sr	Doane	14	12.90	(42-04.0)
217	Dawn O'Leary	Jr	Drake	15	12.88	(42-03.25)
674	Julie Beck	Sr	North Dakota State	16	12.65	(41-06.0)
361	Cathy Mausel	Jr	Indiana State	17	12.57	(41-03.0)
363	Amy Miles	Fr	Indiana State	18	12.36	(40-06.75)
514	Jane Richards	Sp	Marquette	19	12.25	(40-02.25)
954	Jo Jo Harris	Jr	Southwestern Louisiana	20	12.21	(40-00.75)
119	Nicole Beauregard	Jr	Cal Poly-Pomona	21	11.80	(38-08.75)

Mitchell series: 15.00, 14.77, 15.31, foul, 14.71, 14.71

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

CARL LEWIS, THURSDAY PRESS CONFERENCE QUOTES:

"Right now I am in good shape. Rest this winter allowed my back to heal. My main goal here is to run fast. Mike (Marsh) and Leroy (Burrell) have run good races already this season. I think I am ready to run fast."

"I am excited about running somewhere I have never run before. To me, the most important thing is to run in a nice facility, good weather - although I am not immune to weather because in Eastern Europe it gets a lot colder than here. I have heard Drake has a great crowd. I want to run the best race I can."

"The Houston team decided 1-0 among five guys to come to Drake rather than Penn. I am glad to be working with the Houston team - it worked out this year. They are a good group who are eager to learn and eager to win. We came here to take care of business. We want to qualify and run fast and this should be a good meet for all of us."

"For the last five or six years, I have been taking it one year at a time. I have no reason to rush it (my career). A lot of things have to happen between now and then (Olympics) for it to happen (perform in Atlanta). If things continue to go well, I'll be there."

"Where did the time go - things have gone so fast. You continue on and forget about it. I focus my attention on running. I like my 30s better than my 20s."

"Since 1990 I have had some of my best performances because I changed by diet at that time. I also maintain my level because I keep the number of meets I attend to 20 a year. By resting my body and spreading things out, it helps. At this stage in my career I do not have to prove anything. I am still running fast and I am optimistic about what I am doing."

"No mas. No more. I am not going back to Penn. They (Penn) think their meet is better than any in the world."

"I have two memories above the others. My first 100 meter Gold Medal at the Olympics was my biggest thrill because it was the only Olympics that both my parents were presents. Then the Barcelona (Olympic) games stands out. It was a big surprise (setting world record in 4x100 as anchor of USA team). I ran my game at the end."

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

PAGE 1

NICOLA MARTIAL, NEBRASKA, WINNER WOMEN'S TRIPLE JUMP - 42-4

I've been consistently jumping 42-10 or better this year. This is my worst winning mark in over a year. It's better that I do it now and get it out of the way before nationals though. My goal now is to jump 43 feet and above for the rest of the year.

Last year I jumped terribly at Drake and didn't make it to the finals. I wasn't going to let that happen this year. I came in expecting a big challenge with the girl from Prairie View [defending champion Christine Gray] but she didn't show up. I still haven't met her in a meet this year.

OREGON, WINNER, UNIVERSITY-COLLEGE, 4x1600 RELAY, 16:19.93.

GORDON JOHNSON (ANCHOR): It was time to go (passing Iowa State runner). I didn't want to wait. A lot of credit has to go to these guys (teammates) who did a good job of putting me in position to win. We knew Iowa State had a long tradition in this event. We did not think we had the respect but we knew this race would not be a cakewalk for anyone.

I would rate our performance as a team as a B+. All of us have more times in us. The most important thing about this race was not to worry about the time. It is the competition - as long as we win, time doesn't matter. This was a nice win for us - the crowd was a lot more than we expected. We felt very at home here. I would recommend these Relays to anyone.

SCOTT NICHOLAS (LEAD-OFF): We planned coming into this race to try and position ourselves within 10 meters of the lead for Gordon. It was a thrill to run here and a lot of fun to be here. Taking the victory lap was great because the crowd made us feel at home.

CHRIS WYCOFF, AMES -- WINNER H.S. BOYS' 110-METER HURDLES

I was able to maintain my momentum and balance during the race and carry through. It means a lot to win at the Relays. I won state before, but now I finally got over the hump and won. The main thing I'm focusing on now is winning team state.

SCOTT ENGLISH, MOUNT PLEASANT -- WINNER H.S. BOYS' SHOT PUT, 57-9 1/2

I came into the meet knowing that I was ahead in the state. I really felt no pressure to win. This is a great stadium to throw in and I take great pride in winning the Drake Relays. I got third here last year. We had a lot of fans from Mount Pleasant here cheering for me and that helped. Once, when I was getting into the ring the announcer came on and said I was up. I just couldn't help but grin for the whole throw. My best throw came in the prelims. I just used the finals to go back to basics and work on my technique.

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

PAGE 2

TASHIKA LEWIS, DES MOINES NORTH -- WINNER H.S. GIRLS' LONG JUMP, 18-11

I really haven't done a lot of long jumping this year. I have been working a lot on sprints. But yes I think I am capable of doing better. I feel that I can go 19 feet.

Today I felt my performance was good. I was a little down but after I talked to my dad and some friends, I felt better about it (not qualifying for 100 meters). They told me that this meet had some of the best athletes in Iowa and that I should not feel bad about my performance.

My number one goal in every event this year is to run well. At some of the bigger meets, I haven't always performed as I would like. I have to work hard to stay focused.

ALLISON DREWRY, JEFFERSON-SCRANTON -- WINNER 100-METER DASH, H.S. GIRLS

What helped me the most is I got a good start...confidence from there on out. I've had a lot more confidence in myself lately. In the preliminaries at Ankeny, I haven't run well. I didn't expect to run the 100 this year, but my times have come down. I had a bad time at state last year.

I didn't really see too many people on my side, I was just looking ahead. It's nice to have the middle lane, (earlier) it made me overly confident. I guess where I start doesn't matter much...it's where you finish.

TANYA HUGHES, ARIZONA -- 1992 OLYMPIAN AND THREE-TIME NCAA OUTDOOR CHAMPION

I wanted to compete this year. I had knee surgery Feb. 14 then jumped at the indoor nationals, and I probably shouldn't have. I don't want to rush because my goal is four NCAA's. I warmed up today, but it hurt when I jumped. When I came out today and saw the sun out I said "Lord, this must be a sign." But it just didn't work out today.

RANDY THOMPSON, CWL (CORWITH) -- WINNER BOYS' H.S. 100-METER DASH

They had me at the beginning, but I knew that if I could stay half a step behind I'd finish first. I thought at first it was hard running against bigger schools, but experience at the Drake Relays really helps. The crowd is really supportive. I try to focus, but when I hear the roar of my family, that gives me extra acceleration.

CORISSA YASEN, PURDUE -- WINNER WOMEN'S HIGH JUMP, 6-1/2

I came here wanting to do well, but when J.C. (Broughton) went out at 5-9, I lost a lot of adrenaline. I'm happy I cleared six feet, though. It's prestigious to have a Drake win.

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

PAGE 3

KEN POPEJOY, WHEATON, ILL., -- WINNER MEN'S MASTERS 800-METER RUN

Today is the end of a 30-year career for me. I've been coming to the Drake Relays for the last 25 years with just a couple of misses. The Drake Relays Masters 800 has been such a special race for me. Really, nothing compares to this. I was running around after the race and people were yelling "Popejoy, Popejoy, Popejoy!" Imagine that, for a masters competitor! It's like the Drake Relays are one of my oldest and best friends. I'll miss this race very much.

I always wanted to get a Drake Relays medal. I won four watches and have a baton trophy in my office from college here, but no medals. My father anchored the winning Purdue distance medley here 60 years ago and he got a medal. I found it in our attic when I was in high school and I've always cherished it.

I'm retiring so I can spend more time with my children. My fourth child was born two months ago. Last year I was travelling 39 weekends to compete and my law practice also keeps me busy. Now I can focus on the family.

DUBUQUE SENIOR, WINNER -- H.S. BOYS' 4'X 800 METER RELAY

Manuel Cayro, (2nd leg): I was a little tired from the relay, but in the second lap I gave what I had left. Winning is like a dream, it is a nice surprise. You have to do it for the team, not just yourself. You have to have faith in each other, and the confidence in each other.

It is bigger than state. After winning state last year we didn't think we'd have it in us. It really makes you run harder, it's a lot different than running in front of a normal crowd. It's nice to finish off our senior year.

Sam Krieg, (anchor): I couldn't give up the lead. I'd done it before. I thought he'd (Jason Frahm, Iowa City High) lose his concentration, sooner or later.

OKLAHOMA BAPTIST, WINNER -- MEN'S COLLEGE DIVISION 4 X 800-METER RELAY

Tori Holcomb, (3rd leg): The last 250 we knew we had it under control. All we had to was get it to Dudley (Dawkins). If the first two legs could kick it, the last leg would bring it home.

Dudley Dawkins, (anchor): He (Tom Dow, Augustana-SD) was finishing very good. But I had something to hold him off.

Jeremy Hughey, (2nd leg): (on the Drake Relays crowd) We were excited all the way around, I think that was a big part of it.

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

PAGE 4

EASTERN MICHIGAN, WINNER -- MEN'S UNIVERSITY DIVISION, 4 X 800-METER RELAY

Tommy Asinga, anchor: This was especially a good effort because our second and third runners were coming back on a double (after running the 4 x 1600). Greg Rhymer's effort was the best because he had just run a mile and he threw up after the race.

This is the third time in a row we have won at Drake. This team has never gotten beat here. I think I went out too fast; the reason is to make a big gap. Most guys know I run a fast 800. I know if I run with somebody real good, I will really try hard. I think if we run this fast, no one can run with us. But when you run a double, you have to just try and do the best you can.

This is a special win because this is the last time we will run as a team. I am graduating this year. I have enjoyed running here and hope to come back again.

WISCONSIN -- WINNER WOMEN'S DISTANCE MEDLEY RELAY IN 11:07.54 -- DRAKE RELAYS RECORD

Amy Wickus (Anchor): Yes, I have confidence in the new people on this team when they give it to me in the lead. With the lead it is hard for me to run. I was happy to hold it today. But I think I went out too fast today, but my coach was telling me to go faster.

We did not do as well indoors as we would have liked. So this was a good race for us. We were a little frightened about Alabama but their 400 meter runner looked like she tightened up. They did not run as well as we thought they might.

We have a fairly young team and we are coming back strong. This will be our last meet before conference and will allow us to see where we are at.

ERIC STRIM, SIOUX CITY WEST -- WINNER H.S. BOYS' 400 HURDLES

Unless I explode off my left leg, I'm okay. (in reference to his recent left hamstring injury).

ERICA PETERSON, NOTRE DAME -- WINNER WOMEN'S 400-METER LOW HURDLES

Everybody says I shouldn't feel it (the cold) weather because I'm from Alberta. I love running at Drake. I can almost float along with the crowd. This is one of the few meets with this many fans.

JOEY WOODY, NORTHERN IOWA, WINNER -- MEN'S 400-METER HURDLES

I wanted to come back and win after winning here in high school. I wanted to show that I was still with it. I showed that Iowa boys are still tough. That's why I love running in front of the hometown crowd.

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

PAGE 5

HOLLIE HYCHE, INDIANA STATE -- WINNER WOMEN'S SPECIAL 100-METER DASH

I'm really looking forward to running against Gwen (Torrence) because I never have before.

OLYMPIC GOLD MEDALIST MIKE CONLEY, FOOTLOCKER TRACK CLUB, COMPETITOR IN LONG JUMP

I'm not used to the weather. You never get used to the weather, but it wasn't a factor as far as what I did today.

TEXAS EL-PASO -- WINNER MEN'S UNIV. 4 X 200 RELAY IN DRAKE RELAYS RECORD
1:20.53

ANDREW TYNES, ANCHOR: The national collegiate record was our original goal. It was our first time running together, so who knows? If we keep running together, we could get that record.

OBADELE THOMPSON, FIRST LEG: Under the weather conditions we had to run in I think I did pretty good.

HAYDEN STEPHEN, THIRD LEG: Since it was our first time running together, our times can only get better.

CELENA MONDIE-MILNER, UNATTACHED -- 4TH IN WOMEN'S SPEC. 100-METER DASH

I'm glad to be back at the Drake Relays. This is a good place to start my season off. The introductions were wonderful and as usual the crowd was phenomenal.

SIOUX CITY WEST -- WINNER H.S. BOYS' 4 X 200-METER RELAY

Justin Ball (Anchor): After I got the baton I forgot all about it (Iowa City's Tim Dwight, catching up). I knew they were giving me a big lead. The crowd helped me a lot. With all the screaming, it made me run harder.

Zeron Flemister (2nd leg): The crowd made me more hyped, made everybody more hyped.

Willie Akens (1st leg): I finally had a good start today. I got the handoff and lead, that got us a victory.

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

PAGE 6

BECKY RIGEL, CEDAR RAPIDS PRAIRIE -- WINNER H.S. GIRLS' 800-METER RUN IN
2:15.75

My strategy was to just stay behind the leader. I wasn't that tired really till afterwards. I didn't know who was behind so I kept going. I was really nervous. I didn't really talk to anybody before the race. There were people yelling my name. It really helped me a lot.

BRIAN THOMAS, ALABAMA -- WINNER MEN'S U/C DIV. LONG JUMP AT 26-5

(His technique is to have the crowd clap as he prepare for his approach): It really helps. I have a unique gift from God, the power of communication. I do it for the children. They really need a positive role model. This is my second year at Drake. Penn is too chaotic. Drake is more of a family atmosphere. That shuttle relay (for elementary students) is the lifeline of track and field in the United States. I'll be glad to defend my title next year. I trained hard for the week and I'm glad I had success.

BILLY PAYNE, NIKE, SECOND PLACE, MEN'S SPECIAL INVITATIONAL POLE VAULT

It was good competition today. We (Payne and Huffman) have gone against each other alot.

I really liked the new pits, they were great...awesome.

The crowd is awesome and is one of the reasons that I come to Drake. I wished I could have jumped 19 feet but I was kind of flat. On the jumps at 19, I was reaching at the box and I didn't have a good takeoff.

As for the future, I will keep training and going to the U.S. outdoors and try and make the Goodwill team. And, I'll be back next year, I really enjoy coming here - the competition is great.

SCOTT HUFFMAN, FOOTLOCKER, WINNER, MEN'S SPECIAL INVIT. POLE VAULT
(NEW DRAKE RELAYS RECORD 18-10 1/4)

It is an honor to be included in the Drake Relays Hall of Fame, especially when I look at the people who are in there. I am probably not worthy of such an honor but I will take it.

I was happy that our coaches were really working on our conditioning but when we make a lot of rapid jumps I think I have an advantage. I knew I was capable of a new record but with the cold weather I didn't know if I would do it. But for some reason, no matter what the weather is, I do well. The crowd always energizes you.

Quotes

1994 Drake Relays, Drake University, Des Moines, Iowa Friday, April 29

Page 7

SUMMER JOHNSON, INDIANOLA -- WINNER H.S. GIRLS 3,000-METER RUN IN DRAKE RELAYS
RECORD - 10:15.19

I was shooting for the record. An old rival (Kirsten Pauling of DM Lincoln) of mine had the record but I couldn't get it last year. I was going for 10:20 so I was real happy with what I got.

When I race I like to take off fast and maintain a pace even if someone gets in front of me, I know I can win if I keep my pace.

I was diagnosed with a lung disease in the fall that made my lungs close up when it got cold so I had to take an inhaler to keep my lungs open.

CRAIG KIRKWOOD, OKLAHOMA -- WINNER, 10,000-METER INVITATIONAL

It's a good meet, it's nice to have the crowd behind you clapping and encouraging, it's really helpful. I'll be here next year for sure, we always send a team up. I'd like to try winning again, and go a lot faster.

This is my best time in the 10,000. I'm in a lot better shape, I've been training harder. Last year, I was too eager, out of control. Today, I was trying to qualify for nationals, and I started out slowly.

LIZ SCANLON, OKLAHOMA -- WINNER, 10,000-METER INVITATIONAL

The wind coming from the North was cool, which was better than being hot, I guess. I wanted to coast strong and make it easy as possible so I could win.