

1997 USATF NATIONAL MASTERS INDOOR CHAMPIONSHIP



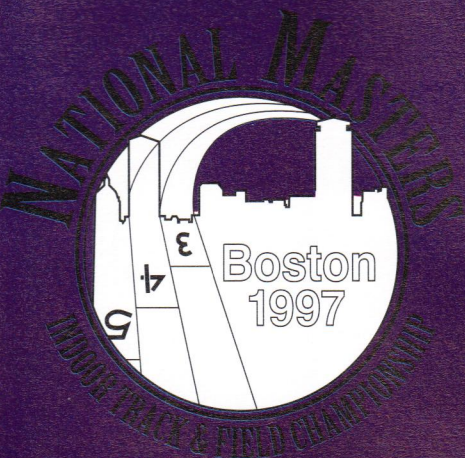
Hosted by:



In Cooperation With:



New England



**Friday, Saturday and
Sunday
March 21-23, 1997**

**Reggie Lewis Track
and Athletic Center
Boston, Massachusetts**

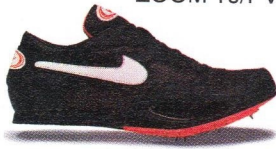


Which athlete won gold in which shoe? *

ZOOM LJ



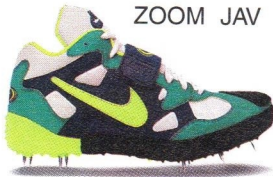
ZOOM TJ/PV



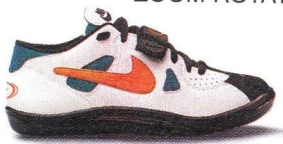
ZOOM SHIFT



ZOOM JAV




ZOOM ROTATIONAL



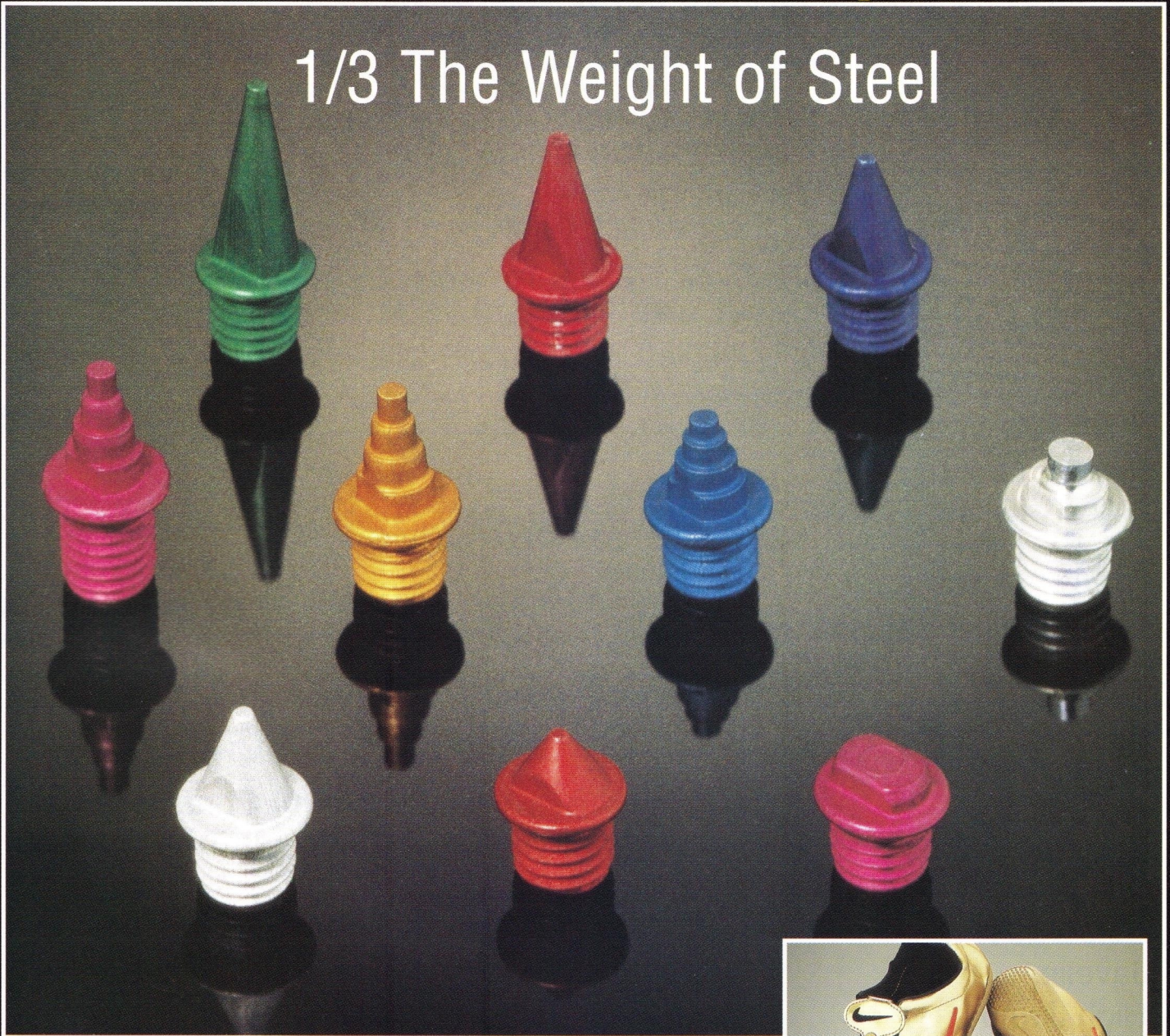
ZOOM SUPER FLY



OMNI  LITE
INDUSTRIES INC.

Ultra-Lite Ceramic Spikes

1/3 The Weight of Steel



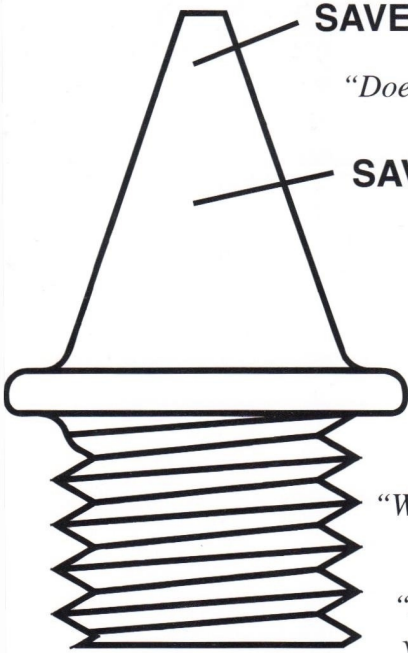
- Used in 15 Gold Medal performances in Atlanta
- Space-age ceramic material
- Compress the track to maximize performance



OMNI  LITE
INDUSTRIES INC.

13919 Struikman Road, Cerritos, California, U.S.A. 90703

1/3 THE WEIGHT



PYRAMID STYLE

- 1/8" (3mm)
- 3/16" (5mm)
- 1/4" (7mm)
- 3/8" (9mm)
- 1/2" (13mm)

SAVE ENERGY WITH NEW COMPRESSION TIP

"Doesn't stick...great compression feeling" R.J., New York, NY

SAVE WEIGHT- 1/3 THE WEIGHT OF STEEL

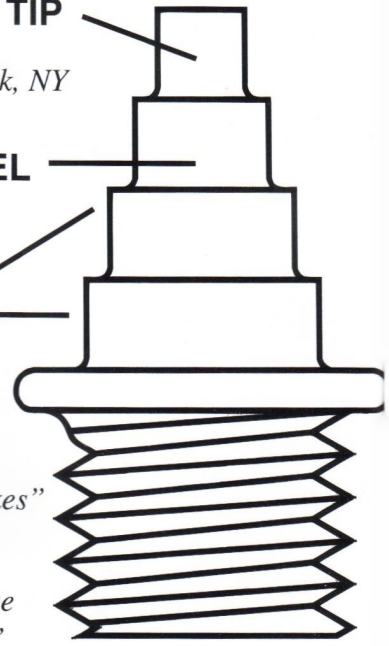
*"Your spikes make me feel like I'm floating on air"
S.R., Dallas, TX*

STEPS FOR EXTRA GRIP

"I love these spikes" O.M., Denver, CO

*"We got first place...I believe it was the Omni-Lite spikes"
M.J., Hayward, CA*

*"All in all I love your product and will continue to use
your composite spikes the rest of my running career"
E.T., San Jose, CA*



**CHRISTMAS TREE
STYLE**

- 1/8" (3mm)
- 3/16" (5mm)
- 1/4" (7mm)

**EXTENDED THREAD
FOR SPRINT CROWNS**

- 1/4" (7mm)

COLORS

- Violet • Black • Fast Blue • Fast Red
- Olympic Green • Olympic Gold
- Sapphire Blue • Silver

BLANKS ALSO AVAILABLE

RECOMMENDED SPIKE USAGE

50m- 400m	1/8", 3/16" or 1/4" (3,5 or 7mm) Christmas Tree
800m - 1,500m	1/4" (7mm) Pyramid or Christmas Tree
3,000m - 10,000m	3/16" (5mm) Pyramid
Pole Vault	1/4" (7mm) Pyramid or Christmas Tree
Javelin	1/4" - 1/2" (7-13mm) Pyramid
High Jump	1/4" - 3/8" (7-9mm) Pyramid
Long Jump	1/4" (7mm) Pyramid
Triple Jump	1/4" (7mm) Pyramid
Cross Country	3/16" - 1/2" (5-13mm) Pyramid

1-800-577-0MINI



March 21st, 22nd, 23rd, 1997
Reggie Lewis Track & Athletic Center
Boston, MA

Meet Director
Michael Pieroni

Associate Meet Directors
Donald S. Crawford, Thomas Meagher Jr., Eric Meyers

Facility Director
David Fraizer

Directed by
TRACS, Inc.

Hosted by
Boston Running Club

In Cooperation With
USA Track & Field - New England

Cover Design
Toney Mulhollan

Program Printed by
American Track & Field
Larry Eder, Publisher



1997 US NATIONAL MASTERS INDOOR TRACK & FIELD CHAMPIONSHIPS

March 21-23, Reggie Lewis Track & Athletic Center, Boston, MA
Directed by TRACS, Inc., Hosted by the Boston Running Club
In cooperation with USA Track & Field - New England



SCHEDULE OF EVENTS

FRIDAY 3/21

TRACK - Registration 3 PM

4:30 3000Meters All

FIELD

4:00 Pole Vault Men 60+
Weight Women
Triple Jump Women
6:00 Pole Vault Women
Weight Men 60+
Triple Jump Men 60+

SATURDAY 3/22

TRACK - Registration 8 AM

9:00 60Meters Prelim ALL
Women then Men
11:00 60Meters Final
11:45 Mile Women
Mile Men
2:00 400Meters
Women then Men
4:00 60 Meter H
Trials then Finals
5:00 4 x 800 All

SATURDAY 3/22

FIELD

9:00 Shot Put Women
9:00 Shot Put Men 50-59
9:00 Long Jump Men 30-39
10:00 Pole Vault Men 40-49
Long Jump Men 40-49
11:00 Shot Put Men 40-49
11:00 Shot Put Men 70+
11:00 Long Jump Men 50-69
12:00 High Jump Men 30-49
12:00 High Jump Men 40-39
12:00 Pole Vault Men 50-59
1:00 Shot Put Men 30-39
1:00 Shot Put Men 60-69
1:00 Long Jump Men 70+
1:30 High Jump Men 50-59
1:30 High Jump Men 60-69
2:00 Pole Vault Men 30-39
2:30 Weight Men 50-59
3:00 High Jump Men 70+
4:00 Long Jump Women
4:30 Weight Men 40-49
6:30 Weight Men 30-39
TBA GENERAL MEETING

SUNDAY 3/23

TRACK - Registration 8 AM

9:00 3000 M Racewalk
11:00 200 M Prelim
1:00 800 M Final
3:00 200 M Final
3:30 4 x 400 Relay
FIELD
9:00 Triple Jump Men 30-39
10:00 Superweight ALL
10:00 High Jump Women
10:30 Triple Jump Men 40-49
12:30 Triple Jump Men 50-59



Site of the 1998 & 1999

US Masters Indoor Track & Field Championships

Reggie Lewis Track & Athletic Center Boston, MA

For Entry Information:

National Masters Indoor Championships

79 Manet Road

Chestnut Hill, MA 02167

(617) 332-3919, (800) 761-5787, fax (617) 964-8356

<http://www.brc.org>

OFFICIALS

MEET DIRECTOR

Michael J. Pieroni

ASSOCIATE MEET DIRECTORS

Donald S. Crawford, Thomas Meagher Jr, Eric Meyers,

GAMES COMMITTEE

Ken Weinbel, Scott Thornsley, Edward Daniels

COORDINATOR OF OFFICIALS

Steve Vaitones

REGISTRATION & VOLUNTEER COORDINATOR

Richard Schilder, Tom Jensen

DIRECTOR OF OPENING CEREMONY

Donald S. Crawford

TRANSPORTATION & COMMUNICATIONS COORDINATOR

Aiden Garcia

COORDINATOR OF AWARDS

Kathy Nary, Marja Bakker

ANNOUNCER

Peter Taylor

REFEREES

Carroll DeWeese, Justin Kuo

CLERKS

Jim Wilcox, Laurie Boemker, Dick Bartley, Linda Melzer,

RECORDS

Marja Bakker

MEDIA RELATIONS

Karen Kilcoyne

SPONSORSHIP CONSULTANT

Donald S. Crawford

VENDING

Mike Cook

COMPUTER OPERATIONS

HY-TEK LTD, Charlie Hodgson

STARTERS

Brian Crowley, Whitey King, Paul Morency

FINISH LINE COORDINATOR

Ron & Laurie Boemker

REFEREE

Thomas Meagher, Jr.

FIELD EVENT REFEREE

Brian Crowley, Pat LaVelle

FINISH JUDGES / LAP COUNTERS

Pam Allie-Morrill, Lou Ristaino, Bill Rowan, Dan Grossman, Len Krsak
Ron Robinson, Ralph Lord, Tom Rosato, Harry Brooks

WEIGHT THROW

Jerry Cantor, Ed Daniels, Kent LaPage

LONG JUMP / TRIPLE JUMP

Pat Lavelle, Dana Grossman, Bill Rowan, Dave DeInnocentis, Suzanne Goulet,
Jim McCollum, Irene Woods, Sandy Pashkin

HIGH JUMP

Geoff Hennessey, Margot Parrot, Pat LaVelle

POLE VAULT

John Buckley, Brian Crowley

SHOT PUT

Dave Post, Bob Gourley, Bob Sparks, Val Foss, Lance Turley

RACEWALK JUDGES

Tom Knatt, Paul Morency, Val Foss, Mike Woodbury, Steve Vaitones, Justin Kuo

PHOTO TIMING

Flash Results, Inc.

VOLUNTEERS

Boston Running Club

PHOTOGRAPHER

Steve Schmitt

CHIROPRACTIC / MASSAGE

David Carroll, D.C., Massachusetts Chiropractic Society Sports Council

LOGO DESIGN

Russ Brennan

ACKNOWLEDGEMENTS

A VERY SPECIAL THANKS TO:

- *DAVE FRAIZER AND THE STAFF OF THE REGGIE LEWIS TRACK & ATHLETIC CENTER*
- *STEVE VAITONES & MIKE CHAMBERAS OF USA TRACK & FIELD - NEW ENGLAND*
- *BOB MOLLIKA & PAT MOSCARITOLO, GREATER BOSTON CONVENTION & VISITORS BUREAU*
- *KRISTEN JOHNSON, CELLULAR ONE*
- *ELLERY LEARY, TIMEX*
- *LARRY EDER, AMERICAN TRACK & FIELD*
- *TRACY SUNDLUN, METROPOLITAN ATHLETIC CONGRESS*
- *MARJA BAKKER, BOSTON ATHLETIC ASSOCIATION*
- *DEBORAH SMALL AND BARBARA ST. GERMAIN, SHERATON BOSTON*
- *THOM GILLIGAN, MARATHON TOURS*
- *LENNY ROTTENBERG, G&W TRANSPORTATION*
- *MARK STRAWDERMAN, M-F ATHLETIC COMPANY*
- *BOSTON RUNNING CLUB*
- *THE TRACS OFFICE STAFF*



THANK YOU !

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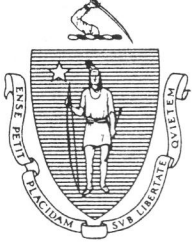
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As of 3/10/97



THE COMMONWEALTH OF MASSACHUSETTS

EXECUTIVE DEPARTMENT

STATE HOUSE • BOSTON 02133

(617) 727-3600

WILLIAM F. WELD
GOVERNOR

ARGEO PAUL CELLUCCI
LIEUTENANT-GOVERNOR

March 21, 1997

Dear Friends:

On behalf of the citizens of the Commonwealth of Massachusetts, I extend warm greetings as you gather for the 1997 USATF National Masters Indoor Track and Field Championships. The Commonwealth is proud to welcome participants and spectators to the Reggie Lewis Track and Athletic Center for this exciting event.

Lieutenant Governor Cellucci and I applaud the dedication and hard work necessary to reach this level of competition. Indeed, this year's participants stand as an inspiration for aspiring athletes and track and field enthusiasts.

Good luck to all and best wishes for an enjoyable event!

Sincerely,

A handwritten signature in black ink that reads "Bin Weld".

William F. Weld





CITY OF BOSTON • MASSACHUSETTS

OFFICE OF THE MAYOR
THOMAS M. MENINO

March 21, 1997

Dear Friends:

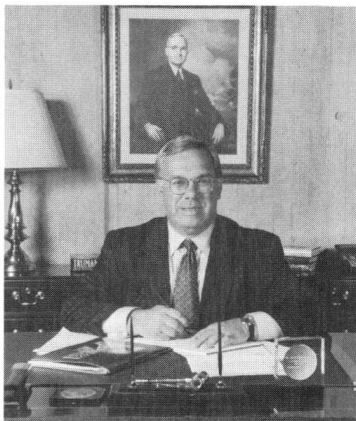
On behalf of the people of Boston, I want to extend a warm welcome as you gather here for the 1997 USATF National Masters Indoor Track and Field Championships.

The 1997 Championships promise to be a truly exciting event for both the participants as well as for the spectators at the Reggie Lewis Track and Athletic Center. With over 1,000 participants, all of whom have trained for months for this competition, the weekend will showcase a spectacular display of athletic ability.

Thank you for choosing Boston as the site of the 1997 Championships. I send my best regards to all of the athletes, their families, coaches and spectators. Good luck and enjoy your visit to Boston.

Sincerely,

Thomas M. Menino
Mayor of Boston





Roxbury Community College

1234 Columbus Avenue

Roxbury Crossing, Massachusetts 02120-3400

Office of the President

(617) 541-5301

March 11, 1997

Mr. Donald S. Crawford
Assoc. Meets Director and Sponsorship Consultant
TRACS, Inc.
79 Manet Road
Chestnut Hill, MA 02167

Dear Mr. Crawford,

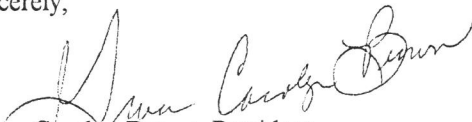
As President of Roxbury Community College and the Reggie Lewis Track and Athletic Center, it gives me great pleasure to extend a warm welcome to the USATF for the National Masters Indoor Track & Field Championship.

This facility is the direct result of those who shared the same vision, expressed the same determination and exhibited the same perseverance as those enlightened individuals who first envisioned Roxbury Community College. That same vision became the College's mission which is to serve those who were previously denied opportunity.

While we enjoy the fruits of the laborious tasks of the founders, and rejoice in knowing that young and old will benefit from the many activities here at Roxbury Community's College's Reggie Lewis Track and Athletic Center, we recognize your zeal to provide a world class event, to promote Track & Field as a life sport and to celebrate the accomplishments of the athlete.

Again, welcome to the world class Athletic Center at Roxbury Community College.

Sincerely,


Grace Carolyn Brown, President
Roxbury Community College





NEW ENGLAND ASSOCIATION
 P.O. Box 1905
 Brookline, MA 02146
 (617) 566-7600

March 21, 1997

Welcome to all athletes competing in the 1997 USA Track & Field National Masters Indoor Championships. This meet promises to be the largest masters indoor ever held, and the New England association of USATF is honored to be the host association for this year's event.

The masters indoor championship has been held in New England only once before; in 1982 at M.I.T. in nearby Cambridge. The meet was one and one half days in duration and drew just over 200 competitors. A look at this year's schedule, meet records, and entry list shows how far masters athletics has progressed in the past 15 years. And this trend is expected to continue as the championships are scheduled for the Reggie Lewis Track Facility in Boston through 1999.

New England and the New England association of USATF have a strong tradition of hosting and working with national and international events. From the Boston Marathon and 1992 World Cross Country Championships - the first to include an international Veterans invitational race - to the Tufts 10K for women (National Road Race Championship), the National 1 Hour Racewalk Championships (eight times), a half dozen open and masters national cross country championships since 1984, and the recently conducted National Scholastic Championships, high caliber competition and large participation in all of the sport's disciplines are a regular part of the activity in our association.

We look forward to sharing this opportunity with you. Best of luck and wishes for successful performances to all competitors.

Ron Boemker
 President

Ed Daniels
 Masters T&F Chairman

Steve Vaitones
 Managing Director



Boston.

America's Walking City.



March 21, 1997

Greetings!

On behalf of the Greater Boston Convention & Visitors Bureau and its membership, it is my special privilege to welcome the athletes, coaches, families, and spectators who have come to Boston for the **1997 USATF Masters Indoor Track & Field Championships**. Boston is a unique destination with old world charm, history, and a multitude of modern attractions which I hope you will have the opportunity to discover over the next few days.

Some of Boston's world renowned attractions include the Freedom Trail, Black Heritage Trail, Swan Boats at the Public Garden, Faneuil Hall Marketplace and the Museum of Fine Arts. Strolling along the Charles River Esplanade, window shopping on Newbury Street or exploring cobblestone streets of Beacon Hill are also popular pursuits. We strongly recommend that you consider visiting the Leonardo da Vinci Exhibit at Boston's Museum of Science, especially since Boston is the only city in the United States to be included in this remarkable world tour.

We are delighted to have you as our guests this weekend and I know you will develop your own list of favorite activities in Boston and Cambridge. If there is anything we can do while you are here, please let us know. Stop by one of our Visitor Centers or call us toll-free at 1-800-SEE-BOSTON.

Again, welcome to Boston. We hope you enjoy your stay. To each and every athlete, good luck in your particular event. To all who have worked so hard and come so far, best wishes for a most enjoyable tournament.

Sincerely,



Patrick B. Moscaritolo
President & CEO

GREATER BOSTON CONVENTION & VISITORS BUREAU, INC.

P.O. Box 990468 • Prudential Tower, Suite 400 • Boston, MA 02199-0468 • (617) 536-4100 • Fax (617) 424-7664

We'd love to show you around.

MASSACHUSETTS



Friday, March 21, 1997

On behalf of the entire staff of TRACS, I am pleased to welcome you to Boston for the 1997 USATF National Masters Indoor Track & Field Championships. I hope that this Championship is an opportunity for you to make new acquaintances, renew friendships and achieve your athletic goals in one of our nation's finest facilities.

This Championship will be held in Boston three years in a row -- now through 1999. The NMC awarded this year's event to TRACS just in October after another city had to back out. We recognized the enormity of the challenge of putting on a world-class event on such short notice. However, we had tremendous cooperation and support from a number of organizations and individuals. Within two days Dave Frazier, facilities director of the Reggie Lewis Track and Athletic Center, provided us with dates of facility availability and related costs. The Boston Running Club Executive Board quickly met and voted to host the Championships, committing its 450 members to this effort. Also, in the spirit of cooperation, Steve Vaitones, Director of USATF-New England, offered his years of experience in track and field events. Within three days of our initial inquiry from USATF we were granted the bid and found ourselves careening down a road to this weekend.

Our goals have been clear and concrete from the outset: to provide you, the athlete, with a well organized athletic event at one of the countries best facilities; to attract the largest field of participants in the event's history; and to create a foundation for 1999 when TRACS will again organize this Championship here in Boston.

Our long-term goals for 1999 include attracting national sponsors and television coverage to promote the sport, fitness as a lifestyle and the Championship itself in an unprecedented fashion.

We wish all of you the best of luck and hope that you enjoy your stay in Boston.

Best Regards,

Frederick Tresler
President
TRACS, Inc.



For The Record...

**Our best wishes to all the athletes who
were our pleasure to serve for this
special event. May all your dreams
come true today in the
USATF National Masters Indoor
Track & Field Championships.**



Everyone is a Champion at the Boston Running Club

At the BRC we teach you how to become a champion at any level of athletic ability. We invite and encourage all kinds of athletes - from the fitness runner to the world-class competitor. Our coaches strive to meet all the needs of runners of all ages. Our members include over 400 men and women, ranging from high school students to seniors.

Our Goal is to Help You Reach Yours

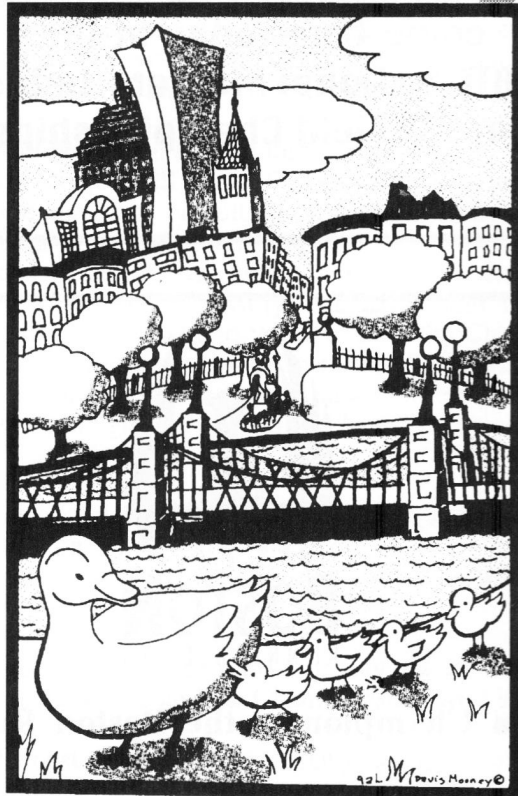
Whether it's conquering the last hill or striving for your personal best in the next 10K race, the BRC is devoted to helping you set and accomplish your goals while having fun.

Getting Started

For people new to running, the BRC offers an exclusive Fitness Running Program. Since running is one of the best forms of exercise, we want to encourage everyone to join and experience the joy of running. Our coaching staff will personalize your workouts through heart-rate monitoring, will help you to improve your form and increase your fitness while having fun. No need to worry about being placed into a program that is more advanced than your ability.

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MASSACHUSETTS

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99 TH • APRIL 17, 1995

100 TH • APRIL 15, 1996

101 ST • APRIL 21, 1997

102 ND • APRIL 20, 1998

103 RD • APRIL 19, 1999

104 TH • APRIL 17, 2000

105 TH • APRIL 16, 2001



BOSTON ATHLETIC ASSOCIATION

131 CLARENDON STREET • BOSTON, MASSACHUSETTS 02116

TELEPHONE: (617) 236-1652 FAX: (617) 236-4505

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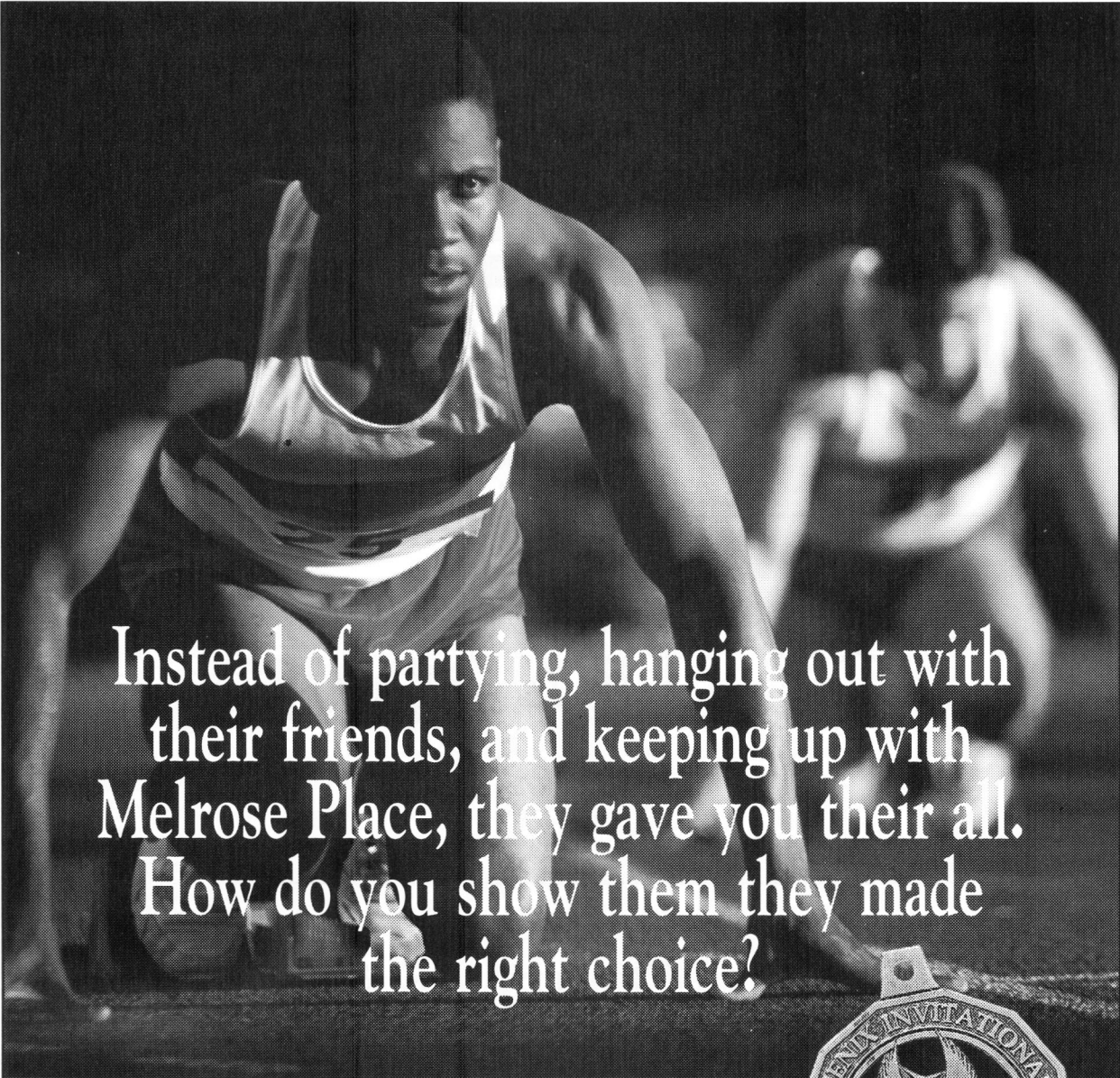
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*Saturday, August 9, 1997, 9:30 AM
Shelburne Falls, MA*

“Scenic Wonderfulness and a Hill”

Send A Self-Addressed Stamped Envelope To:

**Race Director
Bridge of Flowers Race
Shelburne Falls, MA 01370**

COMPETITORS ACCORDING TO AGE GROUP

As of 3/10/97

MEN 30 to 34

8	C.W. Allen	31	TN	200	60H
29	John Barresi	33	CT	800	3K 1MILE
73	William Brosmith	32	CT	800	1MILE
87	James Byrne	31	NY	800	
124	Vin Connelly	33	MA	3K	
133	Brian Corrigan	34	NJ	60H	LJ TJ
179	Rohan Elleston	31	NJ	200	400
181	Jon Ellis	33	MA	1MILE	
194	John Fiola	32	MA	3K	
199	Tracy Fox	31	NY	200	400
211	Brian Fullen	32	CT	3K	
218	Andrew Gamble	31	NH	60	
231	L.A. Glazer	34	NY	1MILE	
270	Troy Herr	32	PA	SP	WT
280	Noah Hinkston	31	CA	1MILE	
358	Lynton Leacock	31	NC	200	400
398	Reginald May	31	VA	400	TJ
421	Bob McVicker	31	PA	TJ	
459	Bill Newsham	32	MA	3K	
464	Keith O'Brien	32	MA	3K	
465	Robert O'Brien	32	MA	1MILE	
479	Arthur Ortega	33	NM	3KW	
486	Joseph Patrone	34	MA	HJ	
522	Marc Reider	30	NY	3K	
525	Brian Rhodes	32	NY	800	
570	Steven Simons	33	NY	800	1MILE
572	Alan Sims	32	TX	LJ	
608	Maurice Stovall	31	MI	400	800
610	David Sullivan	34	MA	800	3K
617	David Swanson	33	CT	1MILE	
641	James Tunstall	32	VA	HJ	LJ TJ
659	Jim Wardle	33	RI	LJ	
666	Alan Wells	33	NY	3K	

MEN 35 to 39

6	Sal Allah	37	NJ	400	800
79	Scott Bull	39	NJ	SP	WT
91	Al Camano	38	CA	60	200
96	Gino Card	36	CT	200	400
107	Darrell Charles	37	WA	LJ	TJ
108	Greg Charles	36	CA	PV	
111	Rick Choppa	37	NY	60	LJ
121	Dennis Coleman	39	MD	800	
127	Dan Cook	36	TX	60	60H TJ
134	Ambroise Courteau	38		PV	
137	Kevin Cranford	38	CT	60	LJ TJ
138	Tim Cranford	37	RI	SP	
142	Jeff Crothers	38	AZ	SP	WT T
161	Dave DiMassa	37	AZ	60	200 400
162	Doug Ditchfield	35		60	200 400 LJ TJ
167	Rob Doran	38	NY	PV	
184	Jeffrey Endres	37	MI	800	3K 1MILE

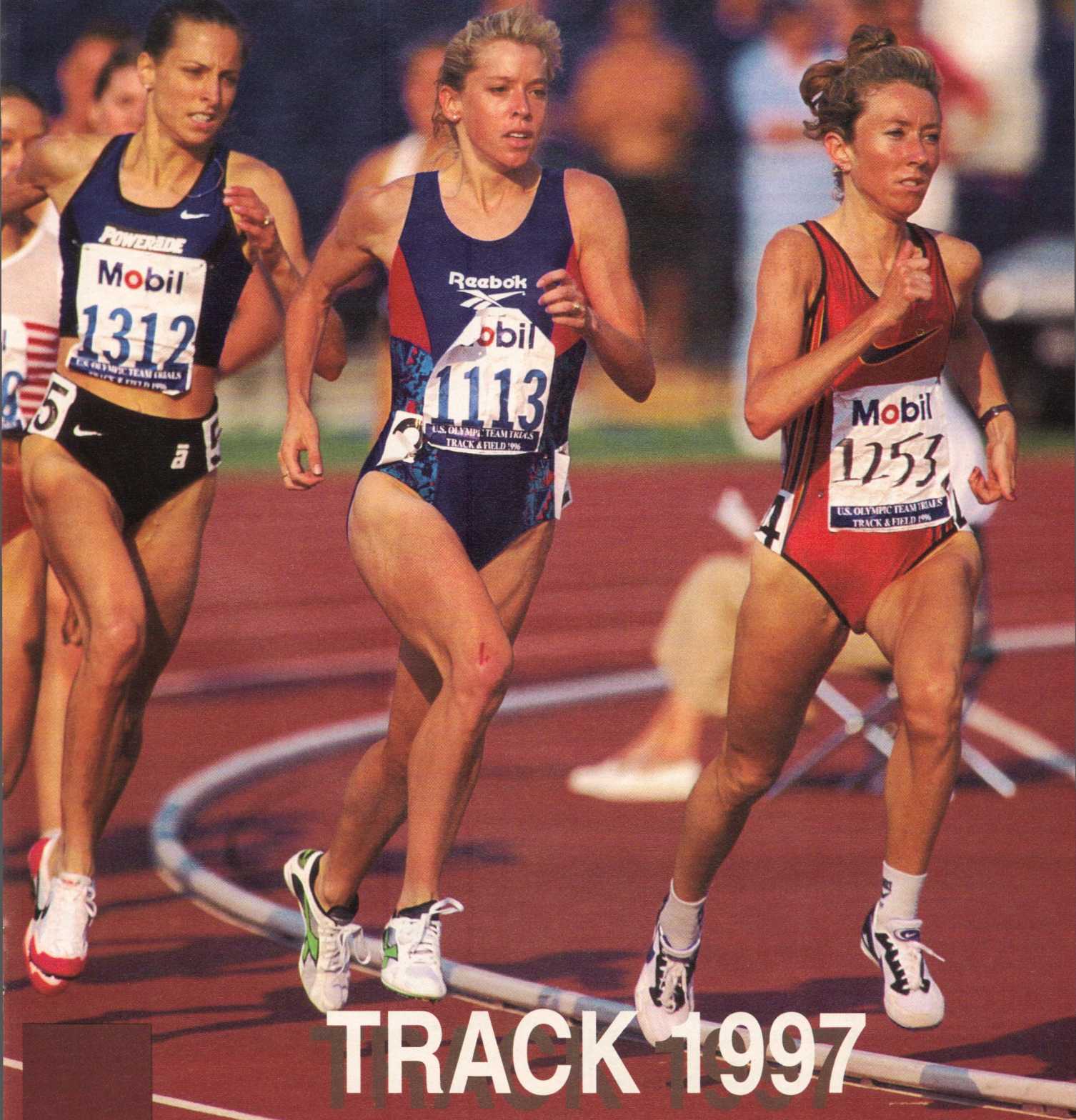
197	Greg Font	35	WA	60	LJ	TJ
232	Daniel Glushefski	38	NY	60H		
233	Matt Godbolt	35	NJ	60	200	
235	Bennett Gorecki	37	IL	800		
256	David Harding	37	OR	3K	1MILE	
287	Derek Holloway	36	NJ	60	200	
309	Lloyd Jeremiah	39	DC	60	200	60H
341	Scott King	37	TN	1MILE		
349	Anthony Krainik	37	AZ	200	400	
359	Anselm LeBourne	37	NJ	800	1MILE	
362	Noah Levingston	37	NV	60	200	
363	Ted Lewis	36	MD	60	HJ	
368	Jeff Lindsay	38	OK	400	800	
373	Mitchell Lovett	35	NY	60	200	400
385	Frank Makozy	38	PA	200	TJ	
400	Gene McCabe	39	RI	HJ		
413	Timothy McMahon	37	NJ	60	200	60H
429	Douglas Miller	37	NY	1MILE		
455	Charles Nathan	39	CO	200	400	
504	Johnny Posey	35	CT	60	200	
509	Grover Prince	35	NY	3K		
510	Michael Puckerin	38	MA	60	200	
549	Peter Schmidt	38	MA	3K		
552	Doug Schneebeck	36	NM	800	60H	
578	Rick Smith	39	MA	800		
587	Scott Sommers	35	OH	60	200	
615	Karl Swanke	39	VT	SP		
624	Warren Taylor	37	PA	SP		
630	David Tolson	37	MA	LJ	SP	
642	Darrell Turnipseed	36	TX	60	LJ	
651	Eugene Vickers	36	MD	60	200	400
661	Warren Washington	36	FL	60	200	LJ
662	Jim Watts	35	MA	200	400	
675	Rodney Wilson	38	MI	60	200	

MEN 40 to 44

7	Greg Allan	41	NB	400	1MILE	
13	Fred Anderson	44	NH	3KW		
14	Wiilhelm Anderson	41	MD	1MILE		
21	Neal Bajlo	40	CA	400	800	
24	Richard Baldwin-Watson	44	AZ	60H	HJ	PV
28	Charles Barnard	41	MO	60H	PV	LJ
32	Jim Barrineau	41	PA	HJ		SP
35	Ken Bawersteld	42	NJ	60	200	400
41	Steve Beckwith	40	MA	400	800	
42	Herman Belcher	44	MD	400		
52	Scott Black	42	VA	SP		
65	Robert Bowen	44	MD	60	400	
71	Jim Brochin	44	CT	3KW		
75	Kenneth Brown	40	NY	3K		
114	Tony Ciccone	40	NJ	60H	SP	
118	Richard Clark	43	MA	400		
119	Steve Coenen	41	VA	60	200	400
128	Dave Cook	40	CA	800	1MILE	
140	Garry Crawford	43	MD	200	400	
144	Roy Currie	42	MA	400	800	
172	John Dupuis	42	MA	SP		
176	Rick Easley	43	TX	400	800	
192	Donald Filkins	43	NH	SP	WT	
195	Wayne Fisher	42	MA	60	200	LJ
					TJ	

FIRST TO THE FINISH

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TRACK 1997

(PRICES GOOD UNTIL JULY 1, 1997)

NEW FOR 1997

JUST DO IT. 

ZOOM RIVAL S

UPPER	Lightweight nylon mesh upper.	
SOLE UNIT	Seven-spike Rival plate with large flex groove to allow forefoot to work naturally, and a solid rubber outsole.	
PROFILE	Shoe designed for young sprinters.	
SUGGESTED RETAIL	Team Price: 2-5 \$65.00	6+ Call \$35.95
CODE	COLOR	SIZES
107014 641	Infrared/Dark Crystal Blue-White	3-13, 14, 15, (Unisex sizing)

ZOOM RIVAL D

UPPER	Lightweight, synthetic suede and Polylyte upper.	
SOLE UNIT	Seven-spike Rival plate with large flex groove to allow forefoot to work naturally, and a solid rubber outsole. EVA midsole for cushioning and durability.	
PROFILE	Designed for the safety of our track athletes	
SUGGESTED RETAIL	Team Price: 2-5 \$45.00	6+ Call \$35.95
CODE	COLOR	SIZES
107012 011	Black/White-Black	3-13, 14, 15, (Unisex sizing)
107013 101	White/Black-Regal Blue	
107013 151	White/Grape Ice-Neon Yellow	

ZOOM V

UPPER	Lightweight, synthetic suede and nylon mesh.	
SOLE UNIT	Eight-spike Zoom Shift plate provides traction and power, with a large flex groove for flexibility and protection. EVA midsole for cushioning and durability.	
PROFILE	Versatile design for the multiple events of track and field.	
SUGGESTED RETAIL	Team Price: 2-5 \$65.00	6+ Call \$51.95
CODE	COLOR	SIZES
107012 161	White/Infrared-Black	3-13, 14, 15, 16, (Unisex sizing)
107012 641	Infrared/Crystal Blue-Black	

ZOOM WAFFLE

UPPER	Breathable Polylyte mesh with lightweight synthetic trim.	
SOLE UNIT	Full-length EVA midsole. Solid rubber Waffle® outsole with durable forefoot wrap and sawtooth heel plus for additional traction.	
PROFILE	Lightweight "spikeless spike" racing shoe for the competitor who cannot wear spikes.	
SUGGESTED RETAIL	Team Price: 2-5 \$45.00	6+ Call \$33.95
CODE	COLOR	SIZES
106002 011	Black/White	4-13, 14, 15, (Unisex sizing)
106002 160	White/True Red-Grey Mist	

ZOOM COUNTRY

UPPER	Breathable Polylyte mesh with lightweight synthetic suede trim.	
SOLE UNIT	Full-length EVA midsole with encapsulated forefoot skeletal spike plate provides cushion and exceptional traction on a variety of surfaces.	
PROFILE	Lightweight combination of Waffle® and spike outsole is ideal for cross-country racing, as well as indoor and outdoor track.	
SUGGESTED RETAIL	Team Price: 2-5 \$60.00	6+ Call \$47.95
CODE	COLOR	SIZES
107006 561	White/Light Lapis-Black	4-13, 14, 15, (Unisex sizing)
107006 561	Grape Ice/Infrared-White	



First to The Finish Prefers **VISA™**

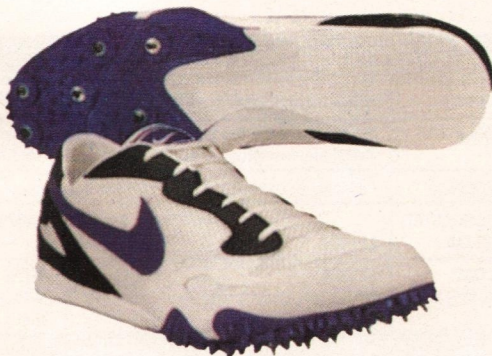


Team Orders 1-800-747-9013

JUST DO IT.



The ultimate track & field shoes for serious athletes



ZOOM SUPER FLY

UPPER	Speed sandwich mesh and synthetic suede for a lightweight, durable upper. Individual eyestay loops provide an exceptional fit.		
SOLE UNIT	Molded nylon heel piece for running and stopping traction. Zoom Super Fly ten-spike plate provides a supportive, powerful, torsionally rigid platform, with aggressive front teeth to ensure every possible advantage. Protective medial and back walls offer a stable platform during initial contact and "toe-off."		
PROFILE	The ultimate spike for the serious track and field sprint athlete.		
SUGGESTED RETAIL	Team Price: 2-5 \$110.00	6+ Call	\$87.95
CODE	COLOR	SIZES	
1070009 701	Neon Yellow/Infrared-Black	4-13, 14, 15, (Unisex sizing)	

ZOOM ELDORET

UPPER	Speed mesh upper and floating eyestay design for a lightweight, minimalistic fit.		
SOLE UNIT	Phylon™ midsole combined with anatomically correct six-spike design of the Zoom Eldoret Plate for exceptional traction. Inspired by runners from Kenya, this sleek plate offers the lightweight feel of running barefoot on a variety of track surfaces.		
PROFILE	Provides the ultimate in performance for serious track athletes competing at 3,000 to 10,000 meters.		
SUGGESTED RETAIL	Team Price: 2-5 \$95.00	6+ Call	\$75.95
CODE	COLOR	SIZES	
107010 101	White/Black-Infrared	4-13, 14, 15, (Unisex sizing)	

ZOOM SHIFT

UPPER	Lightweight sandwich synthetic suede upper.		
SOLE UNIT	Lightweight Phylon™ midsole, Zoom Shift Plate and QwinSkin outsole combine to provide cushioning, support and power for optimal performance. Aggressive eight-spike design with large flex groove provides a runner with surging and kicking power and a natural, fluid stride.		
PROFILE	Designed for the well-trained middle distance runner competing at 400 to 1500 meters.		
SUGGESTED RETAIL	Team Price: 2-5 \$85.00	6+ Call	\$67.95
CODE	COLOR	SIZES	
107011 101	White/Black-Grape Ice	3-14, 15, 16, (Unisex sizing)	



Call Today 1-800-747-9013

THE ZOOM SUPER FLY PLATE

A sprinter's tremendous acceleration hinges on a rapid "dig and release" contact with the running surface. The Zoom Super Fly Plate is designed to follow the natural contours of the foot, providing the sprinter with a supportive, torsionally rigid platform from initial contact to "toe-off." This innovative ten-spike plate is engineered to efficiently convert muscle power into a kinetic explosion of forward motion. Blast off. With the Nike Zoom Super Fly plate.

First to The Finish Prefers **VISA™**

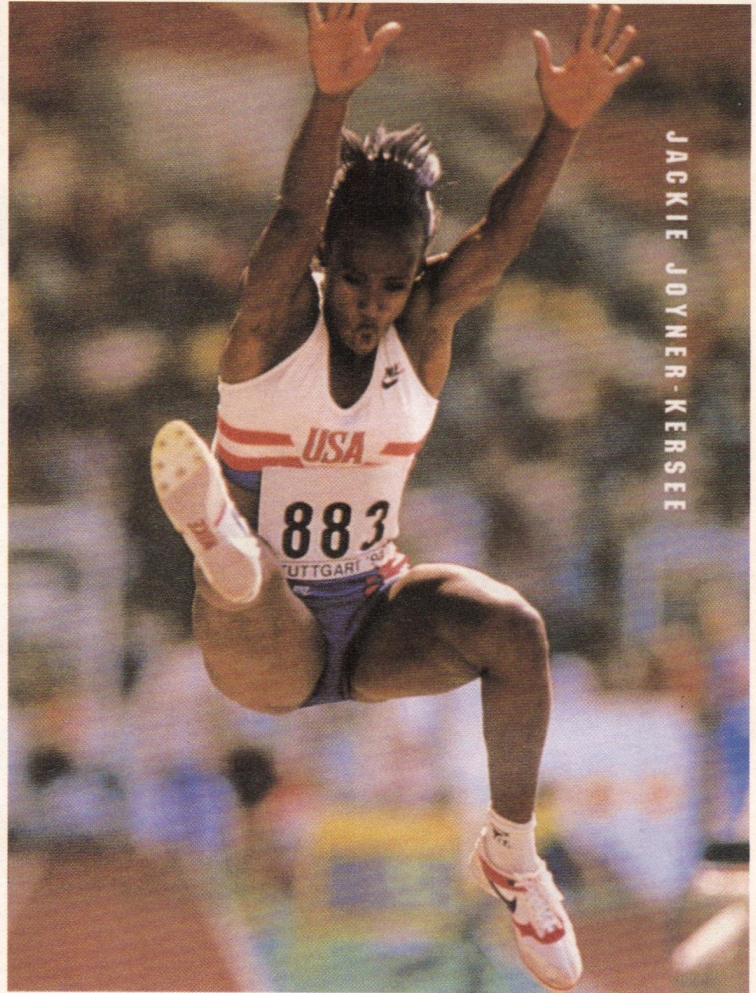
ZOOM LONG JUMP

UPPER	Lightweight mesh, synthetic leather upper.	
SOLE UNIT	Innovative negative heel EVA midsole places the foot in an ideal take-off position. NIKE's eight-spoke LJ plate offers optional launch power.	
PROFILE	Designed for the advanced and competitive long jumper.	
SUGGESTED RETAIL	Team Price: 2-5 \$79.95 6+ Call	
CODE	COLOR	SIZES
107017 171	White/Neon Yellow-Black	4-13, 14, 15, (Unisex sizing)



ZOOM HIGH JUMP

UPPER	Lightweight speed mesh with high quality synthetic suede and leather trim.	
SOLE UNIT	Firm Phylon™ midsole and full-length, nine-spoke plate ensure rigidity, power and traction.	
PROFILE	Designed for the advanced and competitive high jumper.	
SUGGESTED RETAIL	Team Price: 2-5 \$79.95 6+ Call	
CODE	COLOR	SIZES
107019 181	White/Gold Amber-Metallic Silver	4-13, 14, 15, (Unisex sizing)



JACKIE JOYNER-KERSEY

ZOOM JAVELIN

UPPER	Ballistic mesh, DuPont Kevlar® aramid and leather upper.	
SOLE UNIT	New, eleven-spoke Jav plate with an aggressive and rigid outsole design ensures optional traction during approach and plant.	
PROFILE	Performance-oriented shoe for javelin throwing.	
SUGGESTED RETAIL	Team Price: 2-5 \$87.95 6+ Call	
CODE	COLOR	SIZES
107018 171	White/Neon Yellow-Mystic Teal	3-13, 14, 15, 16 (Unisex sizing)



Team Orders 1-800-747-9013

First to The Finish Prefers **VISA™**

NIKE Speedsuits/Uniforms



110483 MEN'S UNITARD

210211 Womens Leotard

CONTENT: 5 oz. 82% nylon/ 18% Lycra spandex tricot.

PROFILE: Stretch fit; colorblocked; flatseam construction; nylon/spandex binding at neck, armholes, and legs; heat transfer Swoosh design trademark at left chest.



010 Black/White/White
 410 Navy/White/White
 493 Royal White/White
 648 Red/White/White

Retail \$50.00
 2-11 \$44.95
 12-24 Call
 25+ Call

210211
 Womens Style is Bathing Suit Cut



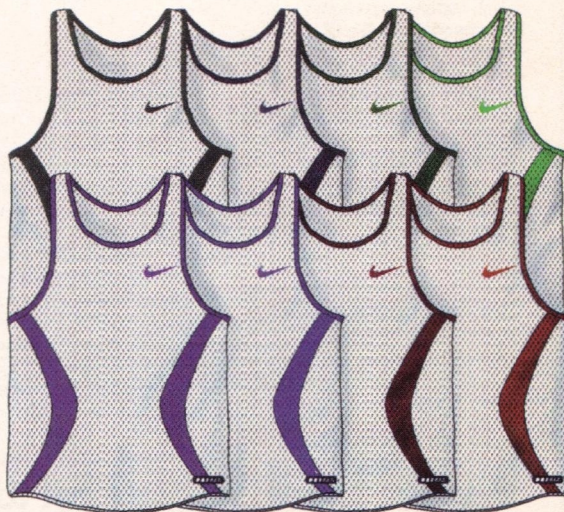
110448 MEN'S DRI-F.I.T. RACING SINGLET

CONTENT: 3.8 oz. Dri-F.I.T. 100% polyester mini-mesh.

PROFILE: Athletic fit, colorblocked, self-fabric binding at neck and armh lightly curved hem, heat transfer Dri-F.I.T. trademark, heat transfer Swoosh design trademark at left chest.

010 White/Black
 410 White/Navy
 323 White/Forest
 315 White/Kelly
 545 White/Purple
 493 White/Royal
 610 White/Maroon
 648 White/Red

Retail \$26.00
 2-11 \$22.95
 12-24 \$19.95
 25+ Call



110468 MEN'S MICROFIBER RACING SHORT

CONTENT: Shell: 2.4 oz. 100% microfiber polyester taffeta.

Liner: Dri-F.I.T. 100% polyester

PROFILE: Relaxed fit, colorblocked, self-fabric binding, elastic waist, built-in Dri-F.I.T. liner, inside key pocket, embroidered Swoosh design trademark at left hip, 2" inseam.

010 White/Black
 410 White/Navy
 323 White/Forest
 315 White/Kelly
 545 White/Purple
 493 White/Royal
 610 White/Maroon
 648 White/Red

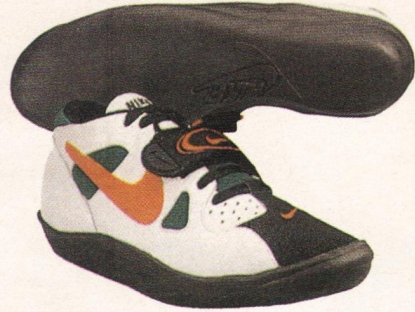
Retail \$26.00
 2-11 \$22.95
 12-24 \$19.95
 25+ Call

First to The Finish Prefers **VISA™**



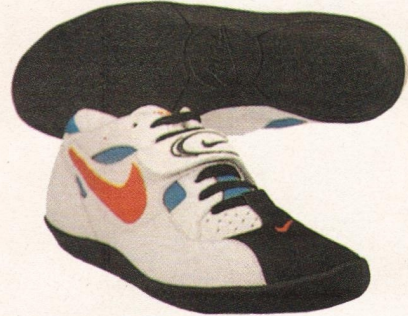
ZOOM ROTATIONAL

UPPER	Ballistic mesh, synthetic leather upper.	
SOLE UNIT	Nylon performance base built under a full-length BRS 1000 carbon rubber outsole. Smooth, hard outsole design provides maximum spin speed in the ring.	
PROFILE	Designed for the advanced shot put, discus, hammer and 35-lb. weight thrower.	
SUGGESTED RETAIL	Team Price: 2-5 \$100.00	2-5 \$79.95 6+ Call
CODE	COLOR	SIZES
107016 181	White/Pro Orange-Dark Spruce	3-13, 14, 15, 16 (Unisex sizing)



ZOOM SHOT DISCUS

UPPER	Ballistic mesh and pigskin leather upper.	
SOLE UNIT	Contoured design and rough BRS solid rubber outsole allows a young athlete to perfect the glide or spin technique.	
PROFILE	For the young thrower competing with the glide or spin technique.	
SUGGESTED RETAIL	Team Price: 2-5 \$75.00	2-5 \$59.95 6+ Call
CODE	COLOR	SIZES
107015 161	White/Chili Red-Caribbean Blue	3-13, 14, 15, (Unisex sizing)



Team Tunnel Duffle

Water-resistant 210 denier nylon oxford with PVC laminate. Squared silhouette, self-healing zippers, foam bottom, adjustable shoulder strap, zippered shoe tunnel, small items zippered pocket, screened Swoosh design trademark on front panel.

Dimensions: 12x20x12

Colors:

562537 010 Black/White
562537 321 Dark Pine/White
562537 011 Black/Varsity Red
562537 493 Varsity Royal/White
562637 410 Midnight Navy/White

Suggested Retail: \$30.00
Team Prices: 2-5 \$25.75
6+ Call



Team Unitard Women's

Color blocked unitard with scoop neckline, nylon/spandex binding at neck, armhole, and leg opening, heat transfer NIKE corporate logo at left chest.

Sizes: XS-XL

Colors:

110511 648 Black/Varsity Red
110511 493 Black/Varsity Royal
110511 010 Black/White

Suggested Retail: \$28.00
Team Prices: 2-5 \$24.75
6+ Call

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Team Spandex Tight

Full elastic waistband, inside drawcord, key pocket, heat transfer NIKE corporate logo on front left hip.

Sizes: S-XL

Colors:

IDQ5 67 Black
1DQ5 27 Midnight Navy
1DQ5 493 Varsity Royal

Suggested Retail: \$29.00
Team Prices: 2-5 \$24.95
6+ Call

Team Orders 1-800-747-9013

Team Warmups

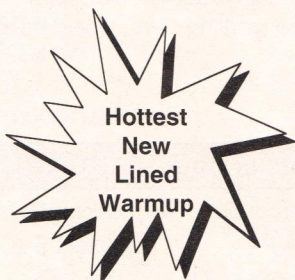


110634 Team Warmup

CONTENT: Shell: 2.4 oz. 100% crinkle taffeta, wr. Lining: 65% polyester/35% cotton jersey.

PROFILE: Jacket: Relaxed fit, lined, colorblocked full-zip jacket, elastic waist and cuffs, side-seam pocket, embroidered Swoosh design trademark at inner and outer front left collar and lower left sleeve. Pant: Relaxed fit, lined, side-seam pockets, elastic waist, inside drawcord, elastic cuffs, leg zips, embroidered Swoosh design trademark at lower left hip.

010 Black/White
315 Kelly/White
323 Forest/White
410 Navy/White
493 Royal/White
545 Purple/White
610 Maroon/White
648 Red/White



Suggested Retail:

Team Price:

	\$85.00
2-5	\$77.95
13-24	\$64.95
6+	Call



First to The Finish
Prefers **VISA™**



110635 Team Jacket

CONTENT: 2.4 oz. 100% nylon crinkle taffeta wr.

PROFILE: Relaxed fit, full-zip jacket, colorblocked, side-seam zip pockets, drawcord waist with toggle closure at each side exiting into pockets, elastic cuffs and waist, embroidered Swoosh design trademark at inner and outer front left collar and lower left sleeve.

010 Black/White/Black
315 Kelley/White/Kelley
323 Deep Forest/White/Deep Forest
410 Midnight Navy/White/Midnight Navy
493 Varsity Royal/White/Varsity Royal
545 Varsity Purple/White/Varsity Purple
610 Maroon/White/Maroon
648 Varsity Red/White/Varsity Red

Suggested Retail:

Team Price:

	\$38.00
2-5	\$34.95
6+	Call

1ABO Soft Nylon Pant

CONTENT: 100% nylon taffeta

PROFILE: Relaxed fit, elastic waist with inside drawcord, side-seam pockets, elastic cuffs with leg zips, embroidered Swoosh design trademark at upper left hip.

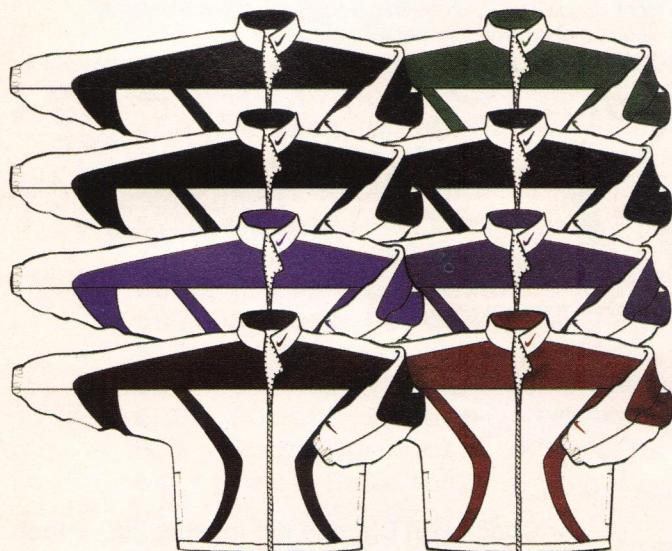
101 Black
315 Kelley
323 Forest
410 Navy
493 Royal
545 Purple
610 Maroon
648 Red

Suggested Retail:

Team Price:

	\$28.00
2-5	\$24.95
6+	Call

Nike Unlined Warmup



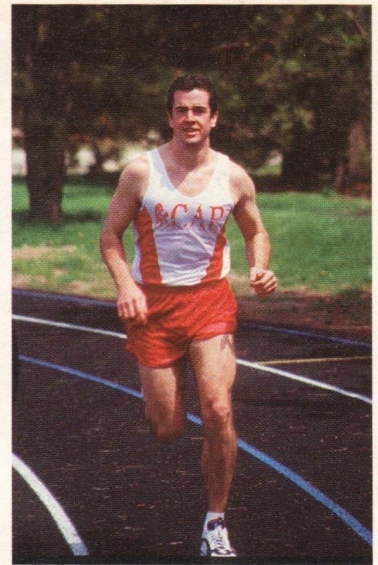
First to the Finish Exclusive Team Uniforms

We know selection, value, quality and service are the most important parts when ordering team uniforms. First To The Finish has put together four popular styles and large selections of colors which will meet any team needs. We believe this line-up is the best in the industry.

We also guarantee a 10 day delivery on two of the styles!

10 DAY GUARANTEE

We guarantee a 10 day delivery program anywhere in the USA or a 20% refund will be received. First To The Finish turnaround time will start at 8:00 a.m. C.S.T. the day following the receipt of your order. All proper paperwork must be on file before your order begins. We require a school purchase order or payment prepaid to First To The Finish, Inc. before turnaround time begins. (Custom screened orders will void this program.) Note only Monday-Friday are working days, weekend and holidays are exempt from this program.



Men's 1500 Meter Singlet FF1500 Nylon Tricot

1-ply 100% nylon tricot singlet with colored side panels.
(Men's S-XXXL)

Team Price:	Men's
2-12	\$13.95
13-24	\$12.95
25+	\$10.95



White/Black, White/Kelly, White/Purple, White/Navy, White/Maroon, White/Red, White/Gold, White/Orange, White/Columbia, White/Royal, White/Forest

800-747-9013

In Stock uniforms for Fast Response



Women's Meter Singlet F1501 Nylon Tricot

1-ply 100% nylon tricot singlet with nylon colored side panels. Women's 2-ply 100% nylon tricot singlet with colored side panels.
(Women's XS-XXL)

Team Price:	Women's
2-12	\$13.95
13-24	\$12.95
25+	\$10.95



White/Black, White/Kelly, White/Purple, White/Navy, White/Maroon, White/Red, White/Gold, White/Orange, White/Columbia, White/Royal, White/Forest

**Team Sales
800-747-9013**

1500 Meter Short F1502 F1503 Nylon Tricot



100% nylon tricot with matching brief. solid color elastic waistband V-notch unisex. SM-XXL

Coach you Choose the Inseam 2 1/2 - 5 inch



Black, Kelly, Purple, Navy, Maroon, Red, Gold, Orange, Columbia, Royal, Forest

Style F1502 Unisex 2 1/2 inch inseam		Style F1503 Unisex 5 inch inseam	
2-12	\$10.95	2-12	\$11.95
3-24	\$9.95	3-24	\$10.95
25+	\$8.95	25+	\$9.95

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First to The Finish Prefers VISA™

205	Bruce Frey	42	PA	800
209	George Frost	43	NH	200 400
212	Guy Gadowski	40	OH	800 1MILE
215	Steven Galetta	40	PA	200
216	Steve Gallagher	41	FL	800 1MILE
219	Bil Gangl	40	MN	60H TJ
226	Mark Gershon	43	PA	LJ TJ
230	Archie Glaspy	42	NJ	200
234	Edward Gonera	44	NY	200 400
239	Ted Goudge	40	MO	SP WT
247	Tyrone Guiden	40	NY	200 400
255	Dennis Hansen	43	NY	SP WT T
261	Thomas Hartshorne	43	NY	400 800 1MILE
267	Joseph Hehn	42	NJ	60 200
285	Keith Holland	41	ME	200 400
299	Brad Hurst	44	MA	3K 1MILE
304	Ronald Jackson	42	NJ	LJ TJ
305	Ben James	40	NY	60 200 400
317	Mark Johnson	43	PA	800 60H
327	Thomas Jones	43	MD	60 200
333	Michael Kelleher	40	MA	3K
336	Tom Kilb	41	NY	3K
340	Larry King	40	TN	60 200
342	Fred Kitzrow	41	NY	800 1MILE
350	Gerry Krainik	44	IL	200 400
351	Mark Kreadle	42	MD	SP WT T
353	Jacques Laliberte	43		3K 1MILE
364	Mark Lieberman	44	CT	800 1MILE
386	Ron Manion	41	PA	200 400
392	Francois Martel	43		800
403	Mickey McCauley	40	SC	3K 1MILE
404	Stephen McChesney	40	MA	1MILE
416	Tim McMullen	44	NY	800 1MILE
417	William McMullen	44	NY	800 1MILE
418	Pete McNeill	41	NY	3K 1MILE
419	Michael McPherson	40	VA	60 LJ
445	Allan Muir	42	ME	800 1MILE
450	Walter Murphy	43	MA	3K
469	Robert O'Hara	42	MA	3K 1MILE
472	Bill Okerman	42	MA	800 1MILE
475	Michael Oliver	43	GA	60
480	Robert Parizo	40	NH	60 60H
503	Chris Polakowski	41	VT	HJ
507	Stacey Price	43	NM	60 60H
512	David Quick	41	CA	LJ TJ
520	T. Carl Reichard	44	CT	SP WT T
528	Robert Richardson	43	NJ	TJ
531	John Roebuck	43	PA	400
541	Paul Salerni	40	NY	3K 1MILE
547	Francis Schiro	44	NY	400 800
554	Larry Schworer	40	MA	200 400
559	Stephen Shaklee	41	NJ	3K 1MILE
592	Doug Sparks	43	CA	PV
596	Cliff Staples	40	MA	800 1MILE
600	Neil Steinberg	43	RI	200
603	Adrian Sterrett	40	NY	400 800
612	Joseph Sullivan	41	RI	3K
621	Mike Taylor	40	WV	1MILE
628	Scott Thornsley	44	AL	LJ TJ
633	David Tree	42	NB	400 1MILE

647	Joseph Varrone	40 MD	400
649	Miles Vaughn	41 NY	800 1MILE
660	Randy Ware	40 ID	3K 1MILE
677	Barry Dean Wise	40 NC	60 200 60H LJ
680	William Wolverton	40 NJ	SP
683	Mark Yellin	41 NJ	1MILE
686	Ed Zarenski	44 RI	3K 1MILE

MEN 45 to 49

10	Charles Allie	49 PA	60 200 400
23	Curtis Baldwin	45 IN	60 200 400 800 3K 1MILE
33	Ed Baskauskas	46 CA	60H HJ
36	John Baylies	46 NC	HJ LJ TJ
44	Jim Bell	48 MA	PV
49	Robert Berke	45 NC	1MILE PV
51	Ivan Black	48 NY	60H HJ LJ TJ
62	Bruce Booth	49 VA	3KW
77	Curtis Bryant	47 MA	800
83	Joseph Burleson	49 CT	800 1MILE
101	Nick Caswell	47 NY	800 3K
105	Dennis Chandler	48 NJ	SP WT
113	Richard Christoph	45 OH	PV
122	Bill Collins	46 TX	60 200
126	Alex Constantinou	46 NY	200 400
143	Tom Cunningham	47 MA	400 800
150	Horace Davis	46 MI	LJ TJ
153	Robert Davis	49 NY	60
164	James Dolezel	46 OK	60 200 400 HJ PV LJ
169	Stan Druckrey	48 WI	60 200 400 60H
171	Rich Dunphy	49 NJ	SP
175	Byron Dyce	48 NY	800 1MILE
178	Tim Edwards	48 CO	WT T
182	Michael Ellis	45 ME	800 3K 1MILE
187	Jeff Evangelisti	47 NE	60 200
188	Pat Fahy	45 AZ	HJ LJ TJ
191	Philip Felton	48 NJ	200 400
200	Douglas Fredericks	46 MA	LJ TJ
213	Breton Gaetan	49	3K 1MILE
217	Mark Galovic	47 IN	60 200
225	Paul Germanowski	47 RI	WT
228	Tom Gilliard	47 GA	60 60H
237	Jim Gorman	48 CA	800 1MILE
238	Steve Gorman	45 PA	PV
240	Bill Graf	48 PA	60 200
245	Michael Grisko	49 CT	WT T
250	Robert Hahn	45 TX	60 200 60H
258	Turrane Harper	45	400 800
259	Bill Harriman	49 MA	3KW
266	Bruce Hedendal	49 FL	SP WT T
273	John Hickey	47 OH	800 3K 1MILE
282	Don Hodge	46 NY	400 800
289	John Hoogasian	47 MA	PV
301	Tom Iagulli	49 PA	HJ
303	Rob Jackson	46 NY	800 1MILE
324	Jimmie Jones	46 TX	60 200 400
334	Rodney Kelley	49 PA	3K 3KW
365	Joe Light	49 RI	3KW
372	Ted Loska	45 MA	WT
396	William Mathis	47 NY	60
407	Mike McCusker	47 MA	1MILE

411	Larry McIntyre	49 TX	PV
415	Charles McMullen	45 NY	800 3K 1MILE
420	Roly McSorley	46	1MILE
436	Peter Mithcer	47 NH	SP
437	Chris Monroe	45 NJ	800
448	Paul Murphy	49 IL	800 1MILE
462	Jesse Norman	46 NY	200 400
473	John Oleski	46 MA	LJ TJ
489	James Pedley	47 FL	PV
490	Ralph Pennja	45 MD	60H
493	Bob Pertak	46 NY	800 1MILE
502	Tony Plaster	45 NJ	800 1MILE
506	Roger Price	48 NJ	3K 1MILE
511	Richard Puckerin	47 MA	800 1MILE
518	William Rea	45 FL	200 LJ
521	Pershing Reid	46 MA	60
523	Peter Reinhart	46 NJ	800 1MILE
540	David Salazar	46 NM	800 1MILE
542	James Saners	48 GA	HJ
543	Anthony Santos	45 GA	60 HJ LJ TJ
544	Bob Sager	49 MN	SP WT T
545	Brian Savilonis	46 MA	3KW
551	Steve Schmitt	47 MA	800
558	Nolan Shaheed	47 CA	3K 1MILE
562	Ricky Sherrod	47 MI	800
565	Craig Shumaker	48 PA	SP
574	Andrew Smith	47 NC	3KW
583	Richard Sobel	48 MA	HJ
586	Jose Solorzano	48 MA	3K
590	Stanley Sosnowski	46 RI	3KW
591	Ralph Souppa	49 MA	200 400 800
597	Peter Stasz	49 MA	800
622	Randy Taylor	49 AR	800 1MILE
652	Stephen Viegas	48 MA	800
687	Zeek Zlobicky	46 MI	60 200

MEN 50 to 54

18	Bill Angus	54 OH	60H HJ LJ
19	Michael Augeri	50 CT	60 200
34	John Battaglia	50 NM	60 200 LJ
39	Alan Beck	50 OR	800 3K 1MILE
43	Jerome Belinson	53 OH	60 LJ TJ
45	Thaddeus Bell	52 SC	60 200 400
61	Jerry Bookin-Weiner	50 MA	SP
85	William Busby	52 NC	60H PV
86	Tim Butts	54 MI	60
99	Bruce Carter	51 PA	800 1MILE
103	John Cederholm	54 MA	3K
123	Frank Condon	54 CA	800 HJ LJ TJ
129	Selden Cooper	50 PA	SP
152	Phil Davis	52 AZ	3KW
157	Ernie Dew	51 MA	LJ
168	Chet Dow	53 MI	60H
173	Dan Durante	53 CA	60 200 400
186	Herb Engman	51 NY	1MILE
202	William Freeland	53 MD	LJ TJ
203	Dane Freeman	51 NC	3K 1MILE
206	Rich Friedlander	52 MO	3K 3KW
210	Dan Frye	50 MA	400 800 1MILE
214	Tom Gage	53 MI	SP WT T

223	Gary Geiger	50	NY	60
227	Walter Gibson	54	MD	200 800
241	Warren Graff	51	MA	200 400
246	Sheridon Groves	50	CA	60 60H
249	Rah Hagin	53	KY	200 400
253	Frank Handelman	51	NY	800
257	John Harper	50	SC	SP
262	Rex Harvey	50	OH	60H PV SP WT
263	Robert Harvey	54	RI	SP
283	Dale Hodges	51	OK	60 LJ
292	Mark Hosler	50	MO	800 3K 1MILE
312	Brad Johnson	50	RI	800 1MILE
315	Jim Johnson	51	OK	HJ
316	Joseph Johnson	52	NJ	60 200 LJ
319	Ron Johnson	51	NY	60 200 400
321	Fred Johnston	51	CA	60H SP
322	Joe Johnston	53	FL	PV
326	Richard Jones	54	NY	60 200
329	Richard Kaley	50		800 1MILE
332	Robert Keating	50	NH	3KW
337	Matti Kilpelainen	51	MI	PV
343	Mike Klacker	50	NM	SP
347	Joseph Kopka	51	MA	200
367	Russin Lincoln	52	MA	60 200
370	Robert Lloyd	52	MI	60 200 400
387	Dustin Mann	50	MI	200 400
389	Charles Mansbach	52	MA	3KW
394	George Mathews	53	WA	WT T
399	Colin McArdle	52	MA	800 3K
433	Michael Milove	51	NY	60H LJ TJ
438	Frank Monroe	50	NJ	SP WT
451	Richard Murray	51	MA	800 3K 1MILE
452	Robert Murrell	53	OH	60 200
453	David Narlee	50	NH	3K
456	Robert Nelson	52	NH	400 800
460	Dennis Newton	50	VA	60
461	Harold Nolan	50	NJ	800 3K 1MILE
466	Bob O'Connor	50	IL	800
476	Laurence Olsen	50	MA	3K
484	Ladislav Pataki	50	CA	SP WT
492	Paul Perry	52	IL	800 1MILE
498	Roger Phillips	53	IL	200
500	Roger Pierce	52	MA	60 200 400
516	Tom Rauscher	50	NY	PV
524	Grodon Reiter	50	MO	400 800
550	Dennis Schmitt	50	TX	LJ
556	Richard Sealey	51	NH	60 200
563	Ronald Shields	51	PA	3KW
566	Terry Shuman	51	PA	SP WT
568	Paul Simmons	50	TX	60 200
576	Larry Smith	52	NY	800 1MILE
582	Gary Snyder	53	MA	200 LJ
602	Paul Stelmaszyk	54	NY	200 400 LJ
605	Bic Stevens	52	MA	200 400
618	Hugh Sweeny	53	NJ	800 3K 1MILE
625	Jonathan Tetherly	52	MA	400
638	K.H. Troy	51	WA	60H LJ TJ
653	Theo Viltz	53	CA	60
658	Bill Walsh	51	MD	HJ TJ WT
668	Stan Whitley	51	CA	60 200 400

671	Donald Wilcox	50 VT	800
674	Michael Wilson	51 NY	800 3K 1MILE
678	Norman Witek	52 NC	200 400

MEN 55 to 59

2	Joseph Abelon	57 MA	800
15	Horace Andrews	58 MA	60H PV
25	Gene Ballard	55 NY	60 200
48	Robert Bennett	55 DE	800 1MILE
59	Brian Bolton	58 TX	3K 1MILE
69	Wally Brawner	57 KS	800 3K 1MILE
82	William Burkle	56 NH	SP WT T
84	William Burrell	55 NY	200 400
116	Jim Clark	58 FL	400 800 1MILE
131	Cliff Cordy	58 NV	800
136	Winston Crandall	56 NM	3KW PV
145	Norm Cyprus	58 NY	PV WT T
149	Gustave Davis	59 CT	3KW HJ
180	Dave Ellis	57 TN	200 60H
183	John Elwarner	57 MI	3KW
204	Larry Freeman	55 PA	3KW
221	Peter Gartner	58 MA	HJ
265	John Head	58 TX	60 200 60H HJ LJ TJ
293	R. Hotchkiss	58 CA	SP WT T
295	Sid Howard	58 NJ	800 1MILE
297	John Hurley	59 NY	800 3K
298	Richard Hurley	59 RI	60
313	Glen Allen Johnson	57 TN	SP
318	Paul Johnson	59 AR	3KW
339	Bobby Kincaid	59 MO	800 3K 1MILE
344	Thomas Knatt	56 MA	3KW
346	William Knocke	57 CA	200 400 60H
348	Edgar Kousky	56 OR	3KW
371	Abelardo Lopez-Suarez	55 GA	60 200 400
391	Bonne Marco	55 TX	60 200
393	Frank Masterson	58 NY	3KW
406	Samuel McClendon	55 CT	800 1MILE
426	Ed Mezzapelle	59 NH	60 LJ
427	Charley Miller	59 TX	200 60H
432	Bruce Mills	57 IL	60H HJ
485	Gerald Patrick	57 CT	3KW
514	Dominic Rappazzo	55 NY	800
553	Avital Schurr	55 KY	60 200 LJ TJ
564	Walter Shields	57 MA	TJ
571	Timothy Simpson	56 VT	1MILE
573	Kenneth Skinner	56 NY	800 3K 1MILE
619	Edwin Taft	56 NY	60 200
623	Sam Taylor	55 NM	60 200
643	Scott Tyler	57	60 60H
644	Michael Vail	59 MA	1MILE
650	Jim Verdier	55 IN	800 1MILE
669	William Wiecek	59 NY	3K
684	Sal Yerardi	57 MA	3KW

MEN 60 to 64

17	James Aneshansley	61 NY	400 800 1MILE
22	Ken Baker	60 NJ	400 800
30	Bob Barrett	63 NY	3KW
38	Robert Beaudet	64 MA	3KW
40	Don Beck	61 MD	60 200 400 HJ LJ

50	Irwin Bernstein	64	NJ	400	800
58	Haig Bohigian	60	NY	TJ	
60	Lowell Bonifield	63	TX	200	60H LJ
68	Andrew Branch	63	NY	60	200
70	Alan Brevik	62	SD	60	200 400 LJ TJ
72	H. Oldham Brooks	63	MA	200	400 800 1MILE 3KW
90	George Cahmeras	61	MA	1MILE	
92	Dick Camp	60	MA	60	
94	John Caramatro	61	RI	200	
95	Gene Carbine	60	NJ	1MILE	
97	Joe Carlozzi	60	ME	HJ LJ SP	
104	Heraclio Chandeck	64		60	200 LJ
109	Gene Chase	60	NJ	3K	1MILE
120	Larry Colbert	60	MD	60	200 400
125	John Conner	62	NY	800	1MILE
139	Adrian Craven	60	SC	3K	
159	John DiFranco	64	MA	400	
160	John Diggs	61	TN	PV	
163	Bob Dobbs	62	NY	200	400
252	Rusty Hamilton	60	SC	PV	TJ
254	Dave Hanlon	61	NH	200	
264	Jim Hayslett	60	FL	60	PV LJ
269	Joe Helmer	62	MD	60	200
272	Peter Hettrich	62	NY	3K	
296	William Hufnagel	64	MA	60	
300	Cedric Hustace	63	IN	3KW	
302	Bray Jack	64	CA	3KW	
307	Bill Jankovich	63	WI	60	400 60H PV LJ TJ
310	Alexander Johnson	63	NJ	60	200 400
320	Paul Johnson 2	62	TX	200	400
331	James Keat	64	MD	800	3K 1MILE
360	Richard Lee	60	OR	SP	WT
378	John MacDonald	60	NJ	60	200 400 HJ
395	Jim Mathis	62	TN	200	400
405	Gordon McClenathen	63	CA	3K	1MILE
424	Earl Mege	62	PA	60	HJ LJ TJ
446	Emil Muller	61		WT	
467	Joseph O'Connor	63	MA	800	1MILE
471	Ken Ogden	60	OR	400	800 3K 1MILE
488	Michael Patterson	60	MA	60	
491	Peter Perkins	61	MA	PV	
495	Dick Petruzzi	64	CA	3KW	
496	Peter Pettivohn	62	GA	HJ	LJ
497	Juan Phillips	64	FL	800	1MILE
505	E. Robert Premo	61	VA	3KW	WT T
517	Alvin Ravenscroft	63	MI	800	3K 1MILE
527	Dick Richards	62	CA	60	200 PV LJ
534	Leonard Rosen	62	NH	SP	
538	Duane Rykhus	62	SD	PV	
546	Phil Schaffer	62	MA	400	800
548	Fritz Schlereth	63	NY	400	
555	George Scott	62	CT	60	3KW SP WT
560	Joe Shanahan	60	FL	60	200 400
561	Fred Shanaman	63	WA	WT	T
593	Bill Spencer	61	NH	3K	
594	Vernon Spencer	62	CO	WT	T
601	John Steinman	60	NV	HJ	PV
611	Jerry Sullivan	62	CA	HJ	
614	Stuart Summerhayes	62		3K	
616	Bernie Swansey	62	MA	3K	

626 K.M. Thomas
 636 Leon Trout
 648 Gerald Vaughn
 667 Tom White
 676 Charles Wimberley
 681 Bill Wright

60 PA 60 LJ
 62 NJ 60 60H LJ
 61 NC SP
 64 FL 3KW
 63 LA 800 1MILE
 63 MA 60 200

MEN 65 to 69

5 Bob Alexander
 20 Austin Baggett
 27 Troy Banks
 31 Richard Barretta
 74 Harry Brown
 88 David Cady
 98 Pay Carstensen
 110 Leland Chisholm
 165 Jerry Donley
 170 W. Allis DuBois
 189 Earl Fee
 190 Ray Feick
 201 Louis Free
 220 Bill Garrahan
 224 Vance Genzlinger
 242 Lawrence Greco
 243 Max Green
 244 Donald Grey
 268 Paul Heitzman
 279 Tom Hinkes
 290 Larry Horine
 335 Joseph Kerman
 352 Edward Kress
 354 Jack Lance
 401 William McCann
 423 Arnold Meardon
 430 Harold Miller
 435 Ross Mitchell
 463 Jack Nyhan
 477 Len Olson
 499 Ray Pickell
 569 William Simmons
 577 Lewis Smith
 607 James Stookey
 613 Joe Summenlin
 634 Clarence Trinkner
 663 Ken Weinbel
 679 Jerry Wojick

67 TN 60 200
 65 FL SP WT T
 65 OH 60
 65 NJ 60 200
 67 IL 60 200 400
 65 MT 60 200
 65 FL SP WT T
 65 MA 400 800
 67 CO 60H PV
 65 WI 3KW
 67 200 400 800 1MILE
 65 PA SP WT T
 66 CT 3KW
 67 RI SP WT
 67 MI 3KW
 67 NC 60 200
 65 MI 3K
 69 VA PV
 66 KS 800 3K 1MILE
 67 WI PV
 66 NC SP
 67 NY 1MILE
 65 IL 60 200 60H HJ PV LJ SP
 66 NJ 60 200 60H LJ TJ
 67 MA 3KW
 67 NM 800
 67 MA 60 200 400 PV
 68 60 200
 65 MA 3K
 65 FL SP WT T
 66 MA 3K
 68 OH 60 200 60H HJ LJ TJ
 68 MA 200
 67 MD 60 200 60H HJ LJ TJ
 65 TX 60
 65 WI 400 60H HJ
 69 WA WT T
 67 OR WT

MEN 70 to 74

26 Bill Bangert
 47 Richard Bennell
 67 Frank Brako
 132 Stuart Coring
 148 William Daprano
 166 Jack Doorlay
 185 Roy Englert
 196 William Flick
 222 Edward Gawinski
 260 Oscar Harris
 281 Jack Hipple
 284 Art Holland

73 CA SP WT T
 73 WA 3KW
 71 MA 60 200 60H HJ LJ TJ
 72 MA 3KW
 70 GA 60 200 60H TJ
 71 PA PV TJ
 74 VA 800 3K 1MILE
 71 PA 3KW
 70 DE 3KW
 73 PA 60 200 60H LJ
 73 MI 60 200 400 LJ
 73 MI 60 PV LJ TJ SP

288	Edward Holmes	71	TN	HJ	SP
291	George Horner	72	MA	60	200 LJ SP
314	Harold Johnson	71	GA	200	400 800
356	Melvin Larsen	72	IL	60	200 60H LJ
377	Ernie MacDonald	71	FL	800	
380	Howard MacMillan	70	NY	60	200 400
381	Sam Madia	73	PA	60	200 400
414	John McManus	73	NY	200	400 800 3K 1MILE
425	Archie Messenger	73	NH	400	800 1MILE
444	Lev Mozhaev	71	PA	WT	
457	John Nervetti	72	NJ	3KW	
501	Charles Pistorino	74	VA	SP	
557	Vince Sempronio	70	OR	HJ	SP WT T
575	Denver Smith	71	OH	60H	HJ PV LJ TJ
579	John Snaden	71	SC	3KW	SP WT
584	Richard Soller	70	OH	HJ	LJ
599	Jacob Stein	73	KY	SP	WT T
629	Sid Toabe	73	MA	800	3K 1MILE
631	Bill Townsend	70	NY	60H	LJ TJ
654	Bob Voege	70	HI	60	200 60H HJ LJ TJ SP
657	William Walmroth	73	MI	SP	WT T

MEN 75 to 79

174	Tim Dyas	76	NJ	3KW	
229	Burl Gist	77	CA	HJ	
376	Edwin Lukens	75	NY	60H	HJ LJ TJ
388	Jim Manno	76	NJ	200	400
402	John McCarthy	75	PA		
408	T.M. McDermott	79	FL	SP	WT T
410	Jim McGilvrtey	77	NJ	800	1MILE
422	John Means	76	OH	200	400
440	Boo Morcom	75	NH	400	PV
449	Tim Murphy	75	TX	60	200 60H HJ
474	Angelo Oliver	77	RI	60	200 SP
487	Tom Patsalis	75	CA	60	60H LJ TJ
526	A.U. Ricciardi	77	NV	60H	HJ PV LJ SP WT T
567	Milton Silverstein	77	AZ	60	200 LJ

MEN 80 to 84

16	Ed Andrysiak	83	MI	60	200
156	Bob Detweller	83	PA	HJ	SP WT T
193	Frank Finger	81	VA	60	60H
278	Claude Hills	84	PA	HJ	PV LJ TJ
361	Frank Levine	82	PA	200	400 800 3K 1MILE
366	Milo Lightfoot	83	IN	200	400 HJ PV SP
397	Bob Matteson	80	VT	400	800 1MILE
458	Austin Newman	81	NJ	800	1MILE
589	Robert Sorlien	80	RI	60	LJ TJ
595	Max Springer	83	TN	400	800 1MILE LJ TJ
620	Bill Tallmadge	80	KY	3KW	
632	Clarence Trahan	82	CA	60	200 LJ

MEN 85 to 89

154	Manfred Delia	88	NJ	60	
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WOMEN 30 to 34

9	Cathleen Allen	30	NH	3K	
11	Pan Allie-Morrill	34	RI	3K	
57	Judy Bogenschutz	31	CT	3K	
106	Richelle Chandler	30	NJ	200	

294	Denise Houseman	34	MA	WT
308	Lisa Jaramillo	34	CO	60 200 400 T
323	Denise Jones	33	NY	60 200 400 60H
355	Charlene Landrum	33	NY	200 60H
382	Arlene Mahoney	32	MA	400 800
383	Maureen Mahoney	32	MA	800 1MILE
581	Christine Snow-Reaser	31	ME	800 3K 1MILE
673	Shemayne Williams	34	NJ	60 200

WOMEN 35 to 39

56	Karen Boen	39	MA	3K
76	Linda Brown	36	NY	1MILE
117	Louise Clark	39	NY	200 400
130	Judith Copley	36	MA	1MILE
141	Edna Crawly	38	NJ	800 HJ LJ
177	Deborah Ecklund	37	NY	SP WT T
208	Laura Frisch	35	NJ	800 1MILE
306	Ida James	37	NJ	60 SP
311	Alicia Johnson	36	NJ	400 800
442	Janice Morra	38	NY	3K
443	Cynthia Morrison	37	FL	WT
513	Karen Rapallo	38	MA	800 1MILE
604	Renee Sterrett	35	NY	200 400
645	Adina Valdez	35	NY	400 800
670	Julie Wiedis	38	NJ	HJ LJ TJ

WOMEN 40 to 44

3	Joyce Adams	43	VA	800 1MILE
12	Cheryl Alston	40	NJ	60 200 HJ LJ
46	Marge Bellisle	41	RI	3K
54	Jacqueline Board	43	MO	60 200 400
89	Regina Cahill	43	NY	1MILE
158	Paula Dickson-Taylor	43	NJ	400 800 1MILE
198	Denise Foreman	40	WA	60 200 400
236	Mary Gorey	42	NB	3K
251	Sue Hallen	40	IL	SP WT T
409	Denise McField	41	MO	60 200 LJ
468	Susan O'Connor	41	MA	3K 1MILE
482	Sue Parks	40	IN	800 1MILE
530	Sheree Robertson	40	WI	400 800
585	Carole Solomon	43	NJ	60 200 60H
588	Nina Sonin	40	PA	SP
598	Cindy Steenbergen	43	TX	60 200
627	Sirene Thompson	42	NY	60 200 400
637	Eileen Troy	43	CT	800 1MILE
655	Sharon Vos	42	CT	3K 1MILE
664	Jo Welch	40	ME	60 200 LJ
665	Ruth Welding	41	IN	SP WT T
672	Laurel Williams	44	AR	3KW

WOMEN 45 to 49

53	Carroll Blake	46	MA	200 400
63	Noel Boowell	48	NH	1MILE
93	April Capwill	46	PA	3K 1MILE SP WT
147	Sheila Danahey	45	CT	3KW
151	Karen Davis	48	AZ	3KW
274	Jane Higgins	48	MA	60 200
375	Linda Lowery	45	GA	60H HJ LJ TJ
431	Sandy Miller	48	MA	400
439	Ann Montgomery	49	MA	3KW

454	Kathy Nary	47	MA	60	200	400
533	Mary Rosado	47	NY	400	800	1MILE
609	Joan Stratton	45	AZ	SP	WT	T
635	May Trotto	49	NY	200	400	800 1MILE SP
682	Debbie Wyeth	45	IN	60	200	400 800 3K 1MILE

WOMEN 50 to 54

55	Jeanne Bocci	53	MI	3KW
78	Nina Bryant	54	OK	60 200
81	Dody Burkey	52	IN	800
135	Eileen Cox	53	NJ	800 1MILE
275	Marie Hill	50	NJ	200 60H HJ LJ TJ
276	Johnnie Hill-Hudgins	50	NJ	60 HJ SP WT
325	Norma Jones	51	NJ	60 200
338	Sylvie Kimche	50	NY	400 800 1MILE
369	Nancy Linky	50	NJ	3KW
374	Nadine Lowenstein	51	NY	60 200 400
390	Jo Marchetti	54	CT	800 1MILE
434	Marilyn Mitchell	54	NY	60 200
508	Cathy Primmer	53	IN	200 400 HJ
515	Phil Raschker	50	GA	60 200 400 60H HJ PV LJ TJ SP
519	Mardi Reed	53	MA	3K
539	Marlene Sachs	53	VT	60 200 60H HJ LJ SP
606	Christine Stockdale	53	MD	800 1MILE
639	Lorraine Tucker	50	MA	60 200 LJ SP

WOMEN 55 to 59

64	Madeline Bost	57	NJ	800 3K 1MILE HJ PV
271	Suzy Hess	55	OR	WT T
277	Vanessa Hilliard	55	FL	SP WT T
330	Roslynn Katz	55	NY	SP WT
379	Joy MacDonald	56	FL	60 PV
384	Adlin Mair	55	NY	60 200
412	Sheila McKenna	56	MA	400
441	Marilyn Morhead	56	MI	800 1MILE
470	Sue O'Malley	56	NY	3K 1MILE
483	Carrie Parsi	58	MA	3K
529	Jutta Riegel	57		60 PV TJ

WOMEN 60 to 64

37	Rachel Beaudet	61	MA	3KW
66	Phyllis Bradley	60	NJ	60 200
80	Joan Burgess	64	MA	200 HJ
112	Fei-Mei Chou	62	CA	60 200 HJ LJ TJ
115	Anne Cirvlnick	62	NY	SP WT
328	Barbara Jordan	61	VT	60 200 60H HJ LJ TJ
345	Merion Knight	60	MI	800 1MILE
357	Audrey Lary	62	MD	60 LJ TJ
428	Christel Miller	62	CA	60 60H HJ LJ SP
447	Maureen Murphy	61	VT	60 200 400 800 SP
481	Jo Anne Parks	63	MI	3KW
532	Mary Roman	61	CT	60 200 HJ SP
536	Lorelei Ruben	64	MA	3KW LJ
640	Sue Tunnicliff	60	OK	HJ PV LJ
685	Anne Yudell	63	NC	60 200 400

WOMEN 65 to 69

100	Jeannine Casey	67	VT	60 200
102	Barbara Cavanagh	66	NY	200 400
155	Toshiko Delia	67	NJ	3K 1MILE

478	Sumi Onodera-Leonard	68	CA	60	200	400
537	Nikki Ryan	65	WA	60		
580	Lillian Snaden	67	SC	SP	WT	T

WOMEN 70 to 74

146	Florence Dagata	70	RI	3KW		
286	Mary Holland	73	MI	60	200	400 LJ
494	Patricia Peterson	70	NY	60	200	400 HJ
535	Joan Rowland	70	NY	3KW		
646	Johnnye Valien	71	CA	60	200	60H PV LJ TJ

WOMEN 75 to 79

4	Louise Adams	75	CO	400	800	3K	1MILE
207	Diane Friedman	75	OH	60	200	400	
248	Libby Hagemann	76	MA	HJ	LJ	TJ	SP WT T
656	Margaret Walker	75	PA	3KW			



Masters Track and Field

MEN'S INDOOR RECORDS

60 Meters						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	6.97	Eddie Hart(CA)	40	3-24-90		
M45	7.02	Sian Whitley(CA)	45	3-23-91		
M50	7.40	Steve Robbins(CA)	50	3-20-93		
M55	7.53	Hugo Hartenstein(CO)	55	3-24-90		
M60	8.14	James Law(NC)	65	3-23-91		
M70	8.45	Melvin Larsen(IL)	70	3-4-95		
M75	9.27	Millon Silverstein(VA)	75	3-30-96		
M80	9.81	Fred White(TX)	80	3-20-93		
M85	11.33	Russell Randall(CO)	86	3-20-93		
M90	17.47	Everett Hosack(OH)	94	3-30-96		

200 Meters						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	22.19	Bill Collins(TX)	44	2-26-95		
M45	p22.70	Sian Whitley(CA)	46	4-5-92		
M50	23.86	Steve Robbins(CA)	52	2-26-95		
M55	24.94h	Hugo Hartenstein(CO)	55	3-25-90		
M60	25.70	James Mathis(TN)	60	2-26-95		
M65	26.92	James Law(NC)	65	3-24-91		
M70	28.00	Payton Jordan(CA)	72	4-2-89		
M75	30.12	John Alexander(TX)	75	2-26-95		
M80	33.87	Barry Ivers(ME)	81	4-5-92		
M85	39.79	Russell Randall(CO)	86	3-21-93		

400 Meters						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	50.15	Fred Sowerby(NV)	40	2-22-92		
M45	49.09	Fred Sowerby(NV)	45	1-29-94		
M50	56.17	James Mathis(TN)	56	3-23-91		
M60	58.86	James Mathis(TN)	60	2-25-95		
M65	60.67	James Law(NC)	65	3-23-91		
M70	66.03	John Alexander(TX)	70	3-24-90		
M75	71.84	John Alexander(TX)	75	2-25-95		
M80	85.00	Fred White(TX)	80	3-20-93		
M85	1-40.86	Russell Randall(CO)	86	3-20-93		

800 Meters						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	1:55.5	Ken Popejoy(IL)	42	1-30-93		
M45	1:57.81	Ken Sparks(OH)	45	3-25-90		
M50	2:05.8	Ken Baker(NJ)	51	1-17-88		
M55	2:08.9	Ken Baker(NJ)	55	3-22-92		
M60	2:17.09	James Sutton(PA)	60	4-5-92		
M65	2:26.3	Archie Messenger(NY)	65	1-6-89		
M70	2:42.0	Austin Newman(NJ)	70	3-23-86		
M75	2:55.5	Austin Newman(NJ)	75	2-24-91		
M80	3:20.57	Austin Newman(NJ)	80	3-31-96		
M85	5:51.29	Charles Espy(FL)	85	3-31-96		

1500 Meters						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	3:56.7	Ken Popejoy(IL)	40	3-16-91		

One Mile						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	4:11.00	Bill Stewart(MI)	40	1-22-83		
M45	4:21.90	Albin Swenson(CT)	46	2-26-93		
M50	4:40.6	Victor Heckler(IL)	50	2-14-93		
M55	4:53.14	Dan Conway(MN)	56	2-25-95		
M60	5:19.9	Archie Messenger(NY)	60	3-18-84		
M65	5:27.65	Paul Heitzman(KS)	65	3-30-96		
M70	5:32.4	Scotty Carter(MA)	70	3-15-87		
M75	6:54.8	Byron Fike(OH)	75	3-20-83		
M80	7:04.2	Paul Spangler(CA)	80	3-18-79		

3000 Meters						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M40	8:43.71	Steve Gallagher(FL)	40	1-7-96		
M45	8:59.14	Domingo Tibaduzza(NV)	45	2-26-95		
M50	9:14.84	Dan Conway(MN)	52	3-24-91		
M55	9:51.8	Howard Rubin(NY)	55	3-10-84		
M60	10:31.4	James Sutton(PA)	61	1-3-93		
M65	11:10.70	Paul Heitzman(KS)	65	3-29-96		
M70	p10:59.8	Jim Forshier(MI)	66	2-14-93		
M75	11:27.6	Scotty Carter(MA)	70	3-15-87		
M75	13:10.84	Alfred Funk(MT)	78	3-21-93		
M80	14:42.91	Austin Newman(NJ)	80	3-29-96		
M85	26:12	Herb Kirk(MT)	87	2-5-83		

60 Meter Hurdles						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M35	7:56	Greg Foster(US)	35	3-4-94		
M40	8.15	Sian Druckrey(WI)	40	4-1-89		
M45	8.54	Sian Druckrey(WI)	46	2-25-95		
M50	8.47	Walt Butler(CA)	51	3-20-93		
M55	8.91	Emil Pawlik(MS)	56	2-25-95		
M60	9.14	Phil Mulkey(GA)	60	3-20-93		
M65	10.14	Ed Lukens(NY)	67	4-1-89		
M70	10.40	Melvin Larsen(IL)	70	2-25-95		
M75	11.20	Frank Finger(VA)	75	3-24-91		
M80	13.60	Frank Finger(VA)	80	3-30-96		

High Jump						
DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE		
M35	7-0 1/4	Jim Barrineau(VA)	37	2-14	3-21-93	
M40	6-9 1/4	Jim Barrineau(VA)	40	2-06	3-30-96	
M45	6-1	Herm Wyatt(CA)	49	1-85	2-22-81	
M50	6-0 3/4	John Hartfield(TX)	51	1-85	3-29-96	
M55	5-7 1/4	John C. Brown(MO)	56	1-71	1-11-86	
M60	5-5	Jim Galcrisi(FL)	62	1-65	3-24-90	
M65	5-4	Jim Galcrisi(FL)	65	1-62	3-19-93	
M70	4-6	Burl Gisi(CA)	71	1-37	3-23-91	
M75	4-0 1/2	Ham Morningstar(MI)	76	1-23	3-19-93	
M80	4-0	Wesley Ward(IN)	82	1-22	2-15-92	

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
M85	3-3 1/4	A. E. Picher(IN)	88	2-18-90
M85	3-3	Virgil McIntyre	85	3-29-96
M85	p3-3	Ted Hallin	85	3-29-96
M90	2-7	Everett Hosack	94	3-29-96

Pole Vault

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
M35	16-8	Gary Hunter(US)	36	4-4-92
M40	17-0	Earl Bell(AR)	40	8-26-95
M45	15-2 1/4	Jerry Cash(OH)	46	3-4-95
M50	13-7	Joe Johnson(FL)	50	2-25-95
M55	13-2 1/2	Boo Morcom(PA)	59	-81
M60	12-4 3/4	Jerry Donley(CO)	60	2-25-90
M65	11-2 3/4	Jerry Donley(CO)	65	2-25-95
M70	10-4	Boo Morcom(PA)	71	1-8-93
M75	9-3	Carol Johnston(CA)	76	3-19-88
M80	7-10 1/2	Carol Johnston(CA)	80	4-4-92
M85	5-6	A. E. Picher(IN)	86	3-19-88

Long Jump

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
M40	23-1	Stan Whitley(CA)	40	2-22-86
M45	21-8 3/4	Stan Whitley(CA)	45	3-23-91
M50	20-8 1/2	Shirley Davison(CA)	50	3-29-80
M55	19-3 1/4	Boo Morcom(PA)	55	3-13-77
M60	17-11 1/2	Dick Richards(CA)	61	3-30-96
M65	17-5 1/4	Melvin Larsen(IL)	66	1-13-91
M70	16-6 3/4	Melvin Larsen(IL)	70	2-25-95
M75	13-2 3/4	John Alexander(TX)	75	2-25-95
M80	11-9	Clarence Trahan(CA)	81	3-30-96
M85	8-8 3/4	Russell Randall(CO)	86	3-21-93
M90	6-9 1/4	Everett Hosack(OH)	94	3-2-96

Triple Jump

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
M40	52-9 1/4	Ray Kimble(US)	40	2-9-94
M45	48-7 1/2	Milan Tiff(CA)	46	2-26-95
M50	40-7 1/2	Dave Jackson(CA)	51	3-27-83
M55	36-4	Phil Mulkey(GA)	55	3-20-88
M60	36-3 1/2	Ed Lukens(NY)	63	3-24-85
M65	35-7 3/4	Tom Patsalis(CA)	66	3-29-87
M70	32-8 1/2	Ed Lukens(NY)	70	3-19-93
M75	27-5 1/2	Robert Sorlien(RI)	75	3-22-92
M80	22-10 3/4	Benjamin Fox(AZ)	81	3-29-87
M85	15-10 1/4	Konrad Boas(NY)	85	3-31-89

Shot Put (35-49: 16#; 50-59: 6Kg; 60-69: 5Kg; 70+: 4Kg)

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
M40	65-10 1/4	Brian Oldfield(IL)	40	1-17-86
M45	51-9 1/2	Edward Hill(AL)	45	3-19-88
M50	51-10	Carl Wallin(NH)	50	1-10-92
M55	51-7 3/4	Joe Keshmir(NV)	56	2-25-95
M60	49-10 1/2	Cliff Blair(MA)	60	1-5-90
M65	42-7	Bill Banger(MO)	65	4-1-89
M70	43-9	Ross Carter(OH)	71	3-30-85
M75	40-4 1/4	Ross Carter(OH)	76	3-24-90
M80	37-6 3/4	Ross Carter(OH)	80	2-25-95
M85	22-9 3/4	Burt Degroot(CA)	86	3-21-93
M85	p23-2 3/4	Ted Hallin	85	3-30-96
M90	16-6 3/4	Everett Hosack(OH)	94	3-2-96

Weight Throw (35-59: 35#; 60+: 25#)

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
M40	73-10 3/4	Ed Burke(CA)	43	1-8-84
M45	64-3	Harold Connolly(CA)	45	1-8-77
M50	64-1 1/4	Bob Backus(MA)	51	2-24-78
M55	46-1 1/4	Richard Hotchkiss(CA)	57	2-18-96
p45-5	3-4	Bill McWilliams(US)	56	4-5-92
M60	59-6 1/4	Steward Thomson(CA)	62	2-18-96
M65	48-10 1/4	William Walmoth(MI)	65	4-1-89
M70	40-2	Thomas McDermott(CT)	73	3-24-91
M75	37-3 3/4	Manual White(MT)	78	2-26-95
M80	23-6 3/4	Leon Joslin(WA)	80	4-5-92
M85	16-8	Burt Degroot(CA)	86	3-21-93
M90	15-10 1/2	Everett Hosack(OH)	92	1-8-95

NOTABLE PERFORMANCES

60m	M60	7.7	Payton Jordan(CA)	60	1-7-78
200m	M45	23.4	Roger Pierce(MA)	45	1-5-90
200m	M90	76.4	Herb Kirk(MT)	91	1-11-87
400m	M50	54.0	Larry Colbert(MD)	52	3-18-89
400m	M90	2:54.0	Herb Kirk(MT)	91	1-11-87

WOMEN'S INDOOR RECORDS

60 Meters

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	8.09	Joy Upshaw-Margenrum(HI)	35	3-30-96
W40	8.10	Phil Raschker(GA)	44	3-23-91
W45	8.02	Phil Raschker(GA)	48	2-25-95
W50	8.98	Mary Luker(TX)	50	4-4-92
W55	8.98	Kathy Bergen(CA)	55	2-25-95
W60	9.05	Irene Oberal(CA)	61	2-25-95
W65	10.03	Patricia Peterson(NY)	65	4-4-92
W70	10.36	Mary Bowermaster(OH)	71	4-1-89
W75	11.45	Mary Bowermaster(OH)	78	3-30-96
W80	14.39	Pearl Mehl(CO)	80	2-25-95

200 Meters

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	26.91	Denise Foreman(WA)	38	2-26-95
W40	27.08	Phil Raschker(GA)	44	3-24-91
W45	26.18	Phil Raschker(GA)	48	2-26-95
W50	30.87	Marilyn Mitchell(NY)	50	3-21-93
W55	30.30	Carolyn Cappetta(MA)	59	2-26-95
W60	33.25	Betty Vosburgh(GA)	64	3-31-96
W65	35.08	Patricia Peterson(NY)	66	3-21-93
W70	37.85	Mary Bowermaster(OH)	71	4-2-89
W75	44.39	Millie Crews(WI)	76	3-24-91
W80	57.61	Pearl Mehl(CO)	81	3-31-96

400 Meters

DIV	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	60.91	Danis Willet(NB)	35	3-6-93
W40	60.97	Mary Libal(OR)	44	2-25-95
W45	62.55	Dee Dee Grallus(CA)	46	2-18-96
W50	72.86	Linda Upton(MA)	50	1-7-94
W55	67.39	Carolyn Cappetta(MA)	59	2-25-95
W60	70.69	Carolyn Cappetta(MA)	60	1-5-96
W65	85.57	Patricia Peterson(NY)	65	4-4-92

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W70	98.10	Louise Adams(CO)	74	3-30-96
W75	1-45.59	Pearl Mehl(CO)	75	4-1-89
W80	2-25.03	Pearl Mehl(CO)	80	2-25-95

800 Meters

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	2:14.94	Nancy Shaler(OH)	35	2-20-87
W40	2:22.7	Barbara Pike(MA)	41	2-5-83
W45	2:23.33	Dee Dee Grafius(CA)	46	2-17-96
W50	2:34.42	Linda Upton(MA)	50	1-23-94
W55	2:39.54	Jane Arnold(CT)	55	3-31-96
W60	2:46.8	Carolyn Cappetta(MA)	60	1-21-96
W65	3:25.85	Lois Fireis(IL)	65	3-31-96
W70	3:39.55	Louis Adams(CO)	71	3-21-93
W75	4:03.77	Pearl Mehl(CO)	76	3-25-90
W80	5:19.86	Pearl Mehl(CO)	82	3-31-96

1500 Meters

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	4:36.12	Cindy Bremser(WI)	37	3-23-91
W40	4:48.40	Kathy McIntyre(NY)	41	2-20-90
W45	5:05.82	Robin Villeta(NY)	46	2-3-90
W50	5:12.43	Joan Ottoway(CA)	50	2-25-95
W55	5:46.0	Beryl Skelton(NY)	56	3-17-85
W60	5:58.55	Gloria Brown(NY)	61	3-7-93
W65	7:06.0	Dottie Gray(MO)	66	4-4-92
W70	7:17.7	Louis Adams(CO)	71	3-20-93
W75	7:43.3	Pearl Mehl(CO)	75	4-1-89
W80	12:37.13	Pearl Mehl(CO)	80	2-25-95

One Mile

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	4:59.28	Carol Urish-McLauchie(TX)	35	3-28-87
W40	5:12.4	Barbara Pike(MA)	40	3-14-82
W45	5:25.4	Marilyn Harbin(CA)	46	3-2-84
W50	5:40.1	Milag Kania(NY)	51	3-20-83
W55	5:51.0	Margaret Miller(CA)	55	2-22-81
W60	6:55.59	Grace Butcher(IL)	62	3-30-96
W65	7:35.0	Marie Starford(OR)	68	1-30-88
W70	7:29.22	Pearl Mehl(CO)	73	3-28-87
W80	13:27.51	Pearl Mehl(CO)	82	3-30-96

3000 Meters

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	10:16.8	Carla Henver(IL)	36	3-17-96
W40	10:19.8	Barbara Flutzel(PA)	43	2-11-90
W45	11:06.77	Joni Shirley(CA)	45	4-5-92
W50	10:44.0	Joan Ottoway(CA)	50	2-12-95
W55	12:23.13	Wava Mosbrucker(WI)	55	3-24-91
W60	12:38.36	Gloria Brown(NY)	61	3-7-93
W65	14:54.28	Lois Fireis(IL)	65	3-29-96
W70	15:15.10	Ellen McCoy(MN)	70	3-24-91
W75	15:53.5	Pearl Mehl(CO)	75	4-2-89
W80	26:53.20	Pearl Mehl(CO)	82	3-29-96

60 Meter Hurdles

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	9.57	Denise Foreman(WA)	38	2-25-95
W40	9.60	Phil Raschker(GA)	43	2-16-91
W45	9.18	Phil Raschker(GA)	48	2-25-95
W50	11.52	Christi Miller(CA)	54	4-1-89
W55	11.47	Christi Miller(CA)	55	3-25-90

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W60	13.45	Betty Vosburgh(GA)	64	3-30-96
W65	14.26	Leonore McDaniel(VA)	65	3-20-93
W70	16.89	Johnnye Vallen(TX)	70	3-30-96

High Jump

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	5-4	Shipper Clark(NY)	36	3-24-84
W40	5-0 3/4	Phil Raschker(GA)	43	2-16-91
W45	5-2 1/4	Phil Raschker(GA)	48	2-25-95
W50	4-3	Becky Sisley(OR)	51	2-2-91
W55	4-1 1/4	Christi Miller(CA)	55	3-25-90
W60	4-1 1/4	Leonore McDaniel(VA)	63	3-24-91
W65	4-0 1/2	Leonore McDaniel(VA)	65	3-21-93
W70	3-7	Mary Bowermaster(OH)	70	3-19-88
W75	3-0	Vivian Nelson(PA)	75	3-5-88

Pole Vault

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	p8-0	Phil Raschker(GA)	35	3-14-82
W40	8-0 1/2	Phil Raschker(GA)	44	2-16-92
W45	10-10 1/4	Phil Raschker(GA)	49	3-17-96
W50	7-2 3/4	Barbara Stewart(NY)	53	3-4-95
W55	7-2 1/4	Becky Sisley(OR)	56	3-29-96
W60	5-5 3/4	Leonore McDaniel(VA)	64	2-20-93
W65	6-6 1/4	Leonore McDaniel(VA)	65	3-6-93
W70	4-7 1/2	Johnnye Vallen(TX)	70	3-29-96

Long Jump

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	20-2 1/2	Willie White(US)	36	3-3-75
W40	18-5	Phil Raschker(GA)	40	3-28-87
W45	18-10 1/2	Phil Raschker(GA)	47	3-5-94
W50	13-7	Christi Miller(CA)	50	3-30-85
W55	12-3 3/4	Betty Vosburgh(GA)	59	3-23-91
W60	12-3 3/4	Joanne Grissom(IN)	55	3-30-96
W65	12-7 1/4	Betty Vosburgh(GA)	64	3-30-96
W70	12-2	Leonore McDaniel(VA)	65	3-6-93
W75	8-5 1/2	Mary Bowermaster(OH)	78	3-19-88

Triple Jump

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	35-0 3/4	Phil Raschker(GA)	37	3-18-84
W40	35-4 1/2	Phil Raschker(GA)	41	3-20-88
W45	35-6	Phil Raschker(GA)	45	3-19-93
W50	27-5 1/2	Christi Miller(CA)	53	3-19-88
W55	26-7 1/4	Lucy Ann Brobst(NC)	58	4-3-92
W60	25-5 1/4	Betty Vosburgh(GA)	64	3-29-86
W65	25-0 3/4	Magdalena Kuehne(CA)	65	3-29-96
W70	19-7	Josephina Sullivan(SC)	71	3-29-96
W75	14-1 3/4	Libby Hagemann(MA)	75	3-29-96

Shot Put (35-49: 4Kg; 50+: 3Kg)

DIV.	MARK	NAME(RESIDENCE)	AGE	MEET DATE
W35	40-6 1/4	Joan Stratton(CA)	37	4-2-89
W40	38-10 1/2	Joanne Grissom(IN)	41	1-25-80
W45	32-11 3/4	Vanessa Hilliard(FL)	49	3-24-91
W50	41-6 1/2	Joanne Grissom(IN)	51	3-25-90
W55	38-11 3/4	Joanne Grissom(IN)	55	2-5-94
W60	33-1 1/4	Bernice Holland(OH)	63	3-25-90
W65	28-1 1/2	Bernice Holland(OH)	65	4-5-92
W70	25-5 1/2	Mary Bowermaster(OH)	71	4-2-89

DIV.	MARK	20-8 1/2	6-31	Katherine Gradick(FL)	78	3-30-96
W80	16-9 1/4	5-11	Ivy Brown(CA)	80	2-25-95	
Weight Throw (35-49: 20#; 50+: 16#)						
DIV.	MARK	41-0 1/2	12-51	NAME(RESIDENCE)	AGE	MEET DATE
W35				Susan Bostlaugh(NY)	38	2-11-95
W40	40-7 1/2	12-38		Joan Stratton(CA)	44	3-30-96
W45	38-4 3/4	11-70		Vanessa Hilliard(FL)	49	3-24-91
W50	50-7	15-42		Vanessa Hilliard(FL)	54	3-30-96
W55	33-10 1/4	10-32		Joanne Grissom(IN)	57	3-30-96
W60	32-11 3/4	10-05		Bernice Holland(OH)	63	3-24-90
W65	31-4 1/2	9-56		Bernice Holland(OH)	65	4-4-92
W70	27-7 1/2	8-42		Libby Hagemann(MA)	72	3-7-93
W75	20-2 1/4	6-15		Libby Hagemann(MA)	75	3-30-96
W80	13-9	4-19		Ivy Brown(CA)	80	2-26-95

Note:
track marks recorded in hundredths were timed electronically, those in tenths were hand
timed.

key abbreviations are:

p = verification pending

h = performance in heat (preliminary round)

y = mark recorded at longer English distance (yards, miles)



1997 MASTERS NATIONAL CHAMPIONSHIPS

DATE	EVENT	SITE
January 12	U.S. Masters One Mile Road Race	Santee, CA
February 9	U.S. Masters Half-Marathon	Las Vegas, NV
February 22	U.S. Masters 12k Road Race	Tomball, TX
March 23	U.S. Masters 8k Road Race	Chicago, IL
March 21-23	U.S. Masters Indoor Track & Field	Boston, MA
April 12	U.S. Masters 100k Road Race	Pittsburgh, PA
April 12	U.S. Masters 10k Road Race	Plainview, NY
April 13	U.S. Masters 5k Road Race	Carlsbad, CA
June 22	U.S. Masters 20k/30k Racewalk Championships (W 20k; M 30k)	Albany, NY
July 12	U.S. Masters Men 10k Racewalk Championships	Niagara Falls, NY
July 17-27	WAVA World Veterans Track & Field	Durban, South Africa
August 7-10	U.S. Masters Outdoor Track & Field	San Jose, CA
September 1	U.S. Masters 8k Cross Country	Pasco, WA
September 13	U.S. Masters 5k Road Racewalk Championships	Kingsport, TN
September 14	U.S. Masters 40k Racewalk Championships	Ft. Monmouth, NJ
September 21	U.S. Masters 15k Racewalk Championships	Elk Grove Village, IL
October 12	U.S. Masters One-hour Racewalk Championships	Cambridge, MA
October 5	U.S. Masters Marathon	Minneapolis/St. Paul, MN
October 25	U.S. Masters 15k Road Race	Tulsa, OK

INDY LIFE MASTERS RUNNING CIRCUIT

January 12	Steve Scott Festival of Miles	San Diego, Calif.
February 9	Las Vegas Half-Marathon	Las Vegas, Nevada
March	Gate River Run (15k)	Jacksonville, Florida
	Mercury News 10k	San Jose, California
April 13	Carlsbad 5k	Carlsbad, California
May	Indianapolis Life 500 Festival Mini-Marathon	Indianapolis, Indiana
June	Freihofer's Run for Women 5k	Albany, New York
July	Chicago Distance Festival 5k (men only)	Chicago, Illinois
October 5	Twin Cities Marathon	Minneapolis/St. Paul, Minnesota
October 25	Tulsa Run 15k	Tulsa, Oklahoma

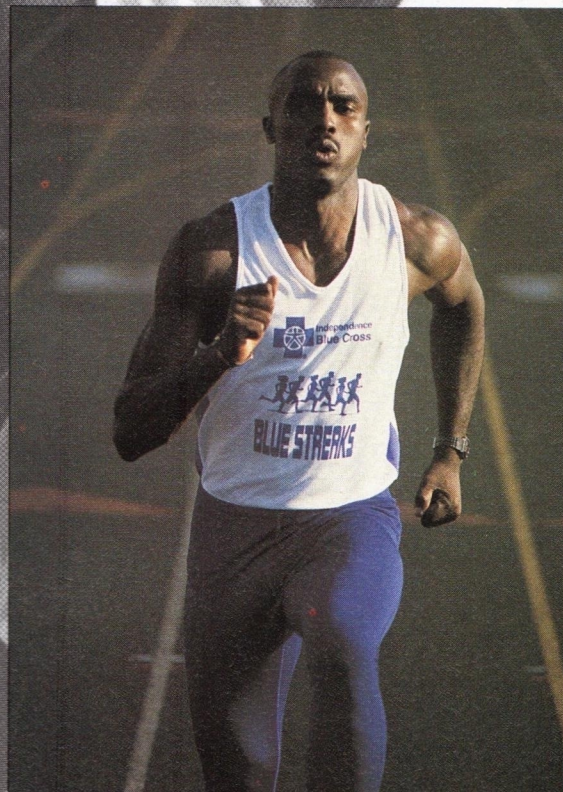
FUTURE EVENTS

1998

March tba	U.S. Masters 8k Road Race	Chicago, IL
October 4	U.S. Masters Marathon	Minneapolis/St. Paul, Minnesota

TEAM NSG 
A DIVISION OF
National Sporting Goods

1997 Team Running Apparel by



*Best
of
Times* and



TECHNICAL APPAREL SPECIALISTS

1-800-541-1773

To understand what National Sporting Goods is all about, you need to understand our mission. Our mission is to serve individuals within the running community through our being a resource of products and information which will enhance their enjoyment of and participation in the sport of running.

We have been involved in many aspects of the sport of running over the years. But in the '80s, we recognized a fundamental group of people that we could serve and at the same time breathe new life into the sport of running. That group was the many teams, like yours, that promote the philosophy of our mission day in and day out. Since that time, we have only teamed up with team apparel sources who share our mission and philosophy of business.

National Sporting Goods is proud to provide a full-service team outfitting package to junior and senior high schools, colleges and universities, running clubs, and corporate teams. Last year's addition of InSport to our team division has enabled us to offer a broad range of styles and technical fabrics.

In addition to technical apparel, InSport continues to produce team uniforms for high school and collegiate athletic programs. These superior tricot singlets, shorts, and tights come in several standard colors and styles and year round availability is guaranteed.

Today, InSport operates on a much larger scale than that which began some twenty years ago. Its relationship to the athletes it serves has grown to include sponsorship of events and its competitors. InSport is proud to be a part of the athlete's determination to succeed, and its hope for the future is to continue producing apparel that makes athletes feel and look good.

1-800-541-1773

RELAY SINGLET

MEN'S
TB405SM
TB405SW
WOMEN'S

- ▶ 100% Coolmax mesh body
- ▶ Supplex chest panel
- ▶ Supplex side accents
- ▶ Comfortable hemming

\$9.50

Customize your team colors
Colors: White Coolmax body. Insert colors listed below

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Men's
Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

RELAY SHORT

MEN'S
TB103SM
TB103SW
WOMEN'S

- ▶ 100% Supplex shell
- ▶ 100% Coolmax liner
- ▶ 3/4 Split-leg design
- ▶ 4 needle waistband
- ▶ Side accent panels

\$10.50

Customize your team colors

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Men's
Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

*Best
of
Times*

SPRINTER SINGLET

MEN'S
401XM
401XW
WOMEN'S

- ▶ 100% Coolmax mesh
- ▶ Action cut arms

\$9.00

Colors: Black, White
OTHER COLORS AVAILABLE-CALL

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Men's
Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

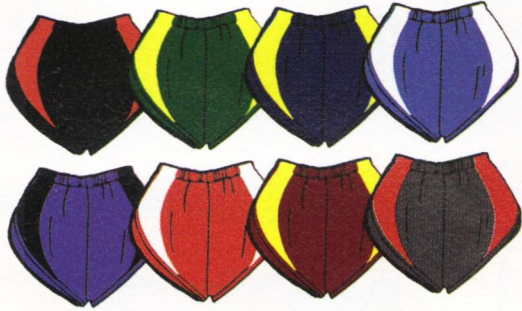
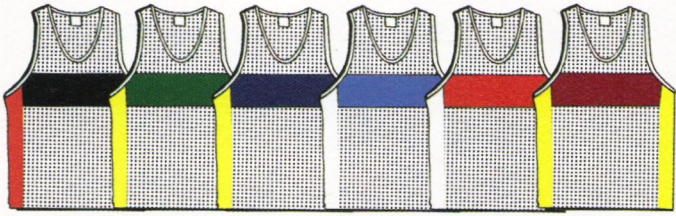
SPRINTER SHORT

MEN'S
TB101SM
TB101SW
WOMEN'S

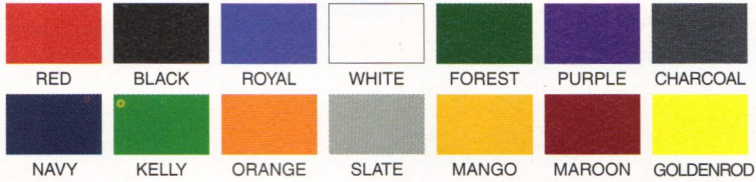
- ▶ 100% Supplex shell
- ▶ 100% Coolmax liner
- ▶ 3/4 Split-leg design
- ▶ 4 needle waistband

\$10.50

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Men's
Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

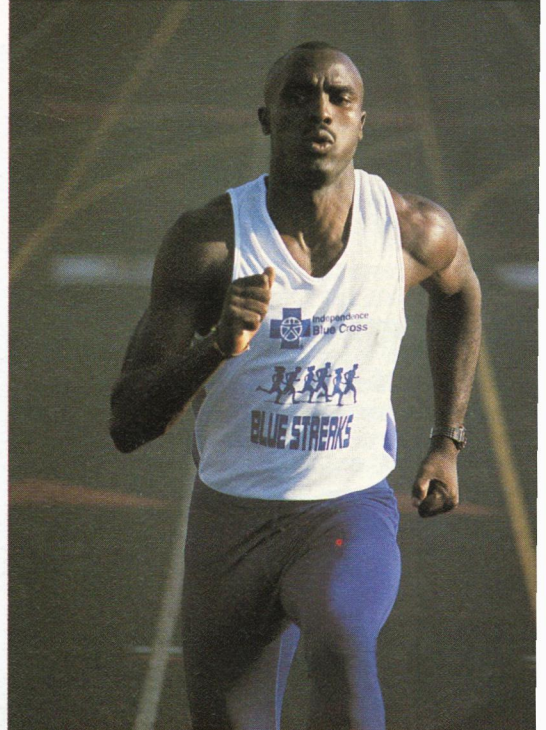
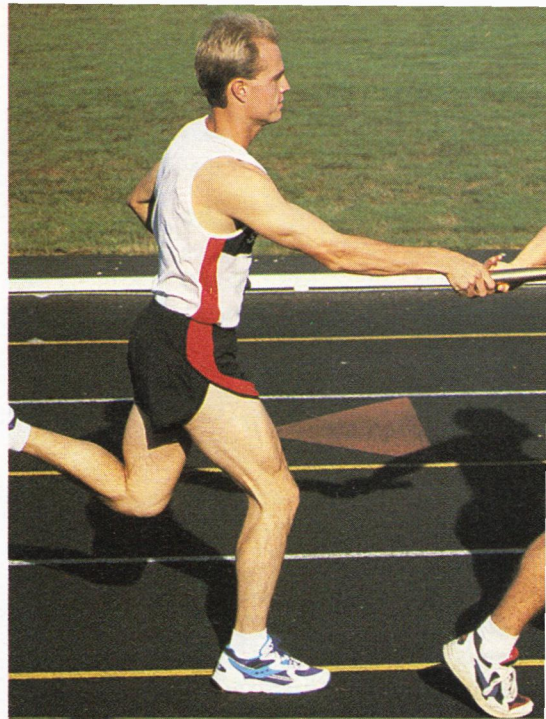


Colors Available



Other colors available

1-800-541-1773



**TAKE THEIR
Word For It!**



"Thank you again for all of the help. I was beginning to think that I would never find another pair of shorts to match my son's track uniform. I was having trouble finding something that was not tricot. The kids don't like to wear tricot because it clings to them and they get hot and sweaty. In addition, once the tricot shorts get damp they do not hold a leg number well, causing the kids to fret over losing the number during the race. This has never been a problem with the shorts you make (they) stay looking nice all through the meet or practice and most importantly, they never cling to the runners. Once again, many thanks for all the help. What a pleasure to work with you."

Lynette Smith
Hunterdon Hawks Track Club



**Take THEIR
Word For It!**



"The jackets are made to our specifications with on time delivery."

Bob Bentley
Team In Training Coordinator
Leukemia Society of America
South Carolina Chapter.



TEAM SHORT

- ▶ 100% Supplex shell
- ▶ 100% Coolmax liner
- ▶ V-notch styling
- ▶ 4 needle construction
- ▶ 2 1/2 inch inseam

\$10.50

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Men's
*Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

MEN'S
TB111SM
TB111SW
WOMEN'S



DISTANCE SHORT

- ▶ 100% Supplex shell
- ▶ 100% Coolmax liner
- ▶ V-notch styling
- ▶ 4 inch inseam
- ▶ Durable construction

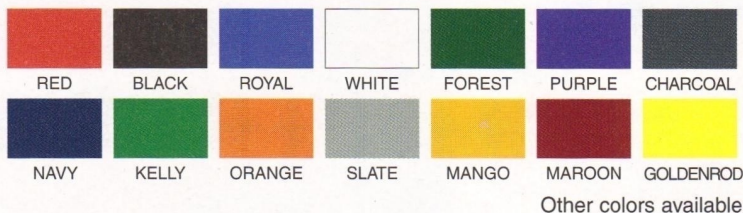
\$11.50

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Men's
*Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

MEN'S
TB105SM
TB105SW
WOMEN'S



Colors Available



Other colors available

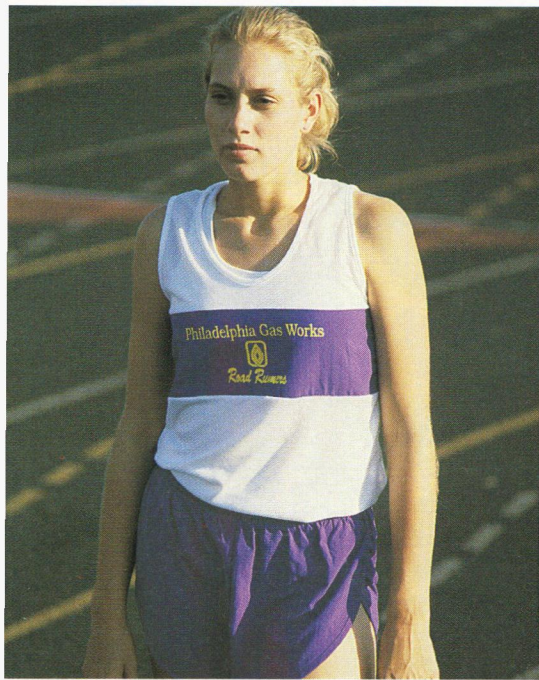
1-800-541-1773

Take **THEIR**
Word For It!



"Again, I am pleased to enclose this year's uniform order for our team's 9th consecutive running in the Lake Winepesaukee Relay in Central New Hampshire. Year after year, my team mates and I have enjoyed our custom-ordered Best of Times racing gear — Coolmax, sharp colors and a great fit for everyone on a team of many shapes and sizes. Thanks again for your helpful consultation. I can't wait to see how the guys like the uniforms this year!"

Mark Drogalis
Co-Captain
Team Quisset



Best of Times

TEAM SINGLET

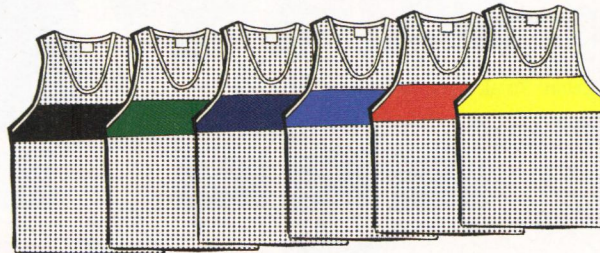
- ▶ 100% Coolmax mesh body
- ▶ 100% Supplex chest panel
- ▶ Action cut arms

\$9.00

Customize your team colors
Colors: White coolmax body. Chest panel colors listed at left.

***Sizes:** S,M,L,XL,XXL,XXXL,XXXXL Men's
Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

MEN'S	TB411SM
WOMEN'S	TB411SW



SIDE PANEL SINGLET

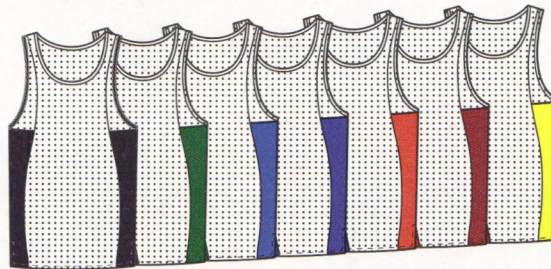
- ▶ 100% Coolmax mesh body
- ▶ 100% Supplex side panel accents
- ▶ Action cut arms
- ▶ Comfortable hemming

\$9.50

Customize your team colors
Colors: White coolmax body. Accent panel colors listed at left.

***Sizes:** S,M,L,XL,XXL,XXXL,XXXXL Men's
Sizes: S,M,L,XL,XXL Women's
Youth sizes also available

MEN'S	TB403SM
WOMEN'S	TB 403SW



Take **THEIR**
Word For It!

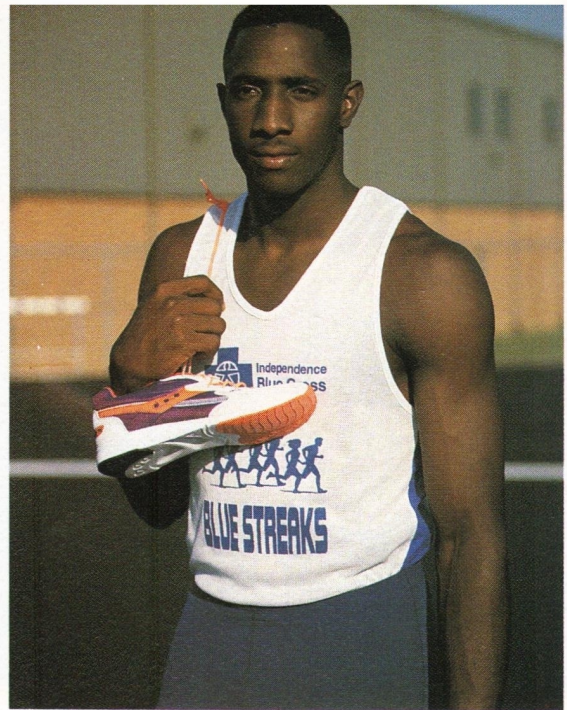


"Thank you for all your help and advice when we recently decided to re-design our uniforms. The response was better than we ever imagined, everyone was pleased with the excellent quality, fair prices, the fit and the style. We were nervous about changing our logo after 20 years, but your screen printers out-did themselves. One local runner attributes his recent 5K win to his new uniform! We expect to reorder as the response has been fabulous..."

Robert M. Crowley
Director
Falmouth Track Club
Hatchville, MA

Prices quoted for team of 30 members.
Call for additional price breaks.

1-800-541-1773



**Take THEIR
Word For It!**



"Memorial Sloan-Kettering Cancer Center needed a quality running outfit for members of Fred's Team, and they turned to National Sporting Goods to find it. Members of Fred's Team run marathons around the world to raise funds for cancer research in memory of Fred Lebow, founding father of the New York City Marathon. NSKCC offers this durable and comfortable outfit as part of a complete incentive package for Fred's Team runners."

**Lara Weber
Team Director
Fred's Team**



TEAM LYCRA SHORT

Unisex TB121N

- ▶ Nylon/Lycra fabric
- ▶ Flat seam construction
- ▶ Drawcord/elastic waist

Colors: Royal, Navy, Red, Black **\$13.00**

*Sizes: S,M,L,XL



TEAM TIGHT

Unisex TB125N

- ▶ Nylon/Lycra fabric
- ▶ Flat seam construction
- ▶ Drawcord/elastic waist

Colors: Royal, Navy, Red, Black **\$16.00**

*Sizes: S,M,L,XL



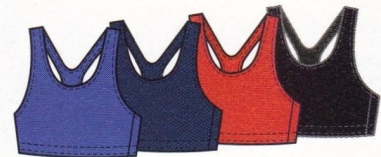
OPTIMA SPORT BRA

Women's TB445N

- ▶ Supplex/Lycra fabric
- ▶ Tremendous support
- ▶ Action cut design
- ▶ Added chest lining

Colors: Royal, Navy, Red, Black **\$13.00**

*Sizes: S,M,L Women's



Prices quoted at 30 piece price level.
Call for additional price breaks.

1-800-541-1773

NATIONALS WINDJACKET

TB721SU

- ▶ 100% Supplex shell
- ▶ Full-zip front
- ▶ Knit cuffs
- ▶ Stand up collar
- ▶ Back venting
- ▶ Drawstring waist

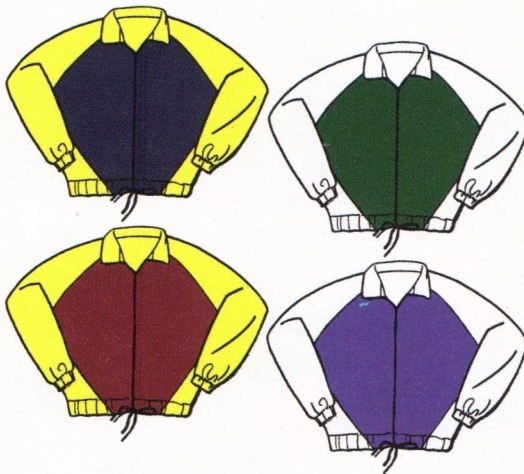
\$28.00

Customize your team colors
Colors listed below

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Unisex

Options available for jacket
Nationals or Harrier

- Full lining \$14.00 each
- Hood \$3.65 each
- Pockets \$3.65 each
- Reflective Piping \$2.00 each
- Elastic Cuffs \$2.00 each



WINDPANT

TB301SU

- ▶ 100% Supplex shell
- ▶ 12 inch leg zippers
- ▶ Elasticized/drawstring waist
- ▶ Side seam pockets

\$20.00

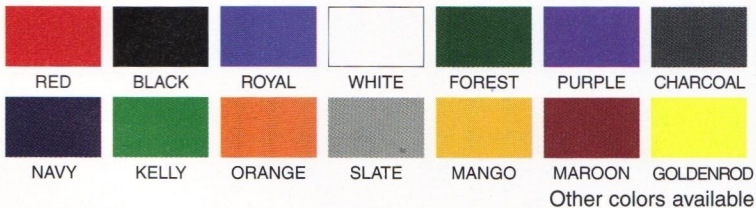
Colors listed as below

*Sizes: S,M,L,XL,XXL,XXXL,XXXXL Unisex

Options available for windpant

- Full lining \$14.00 each
- Elastic cuffs \$2.00 each

Colors Available



1-800-541-1773

**Take THEIR
Word For It!**



"I can't say enough good things about the Team Division of National Sporting Goods. They worked very hard to provide us a quality uniform. They even faxed me different ideas to consider - the results were outstanding. We have one of the best looking, most distinctive cross country uniforms in the state. Best of all, the athletes love their new windsuits and uniforms."

**Mike Gentry
Cross Country
& Distance Coach
Madison Central High School,
Madison MS**



Our best
selling suit
of all time!

The Harrier by Best of Times



Colors Available



Other colors
available

HARRIER WINDJACKET TB711SU

- ▶ 100% Supplex shell
- ▶ Full-zip front
- ▶ Knit cuffs
- ▶ Stand up collar
- ▶ Back venting
- ▶ Drawstring waist

\$26.00

Customize your team colors
Colors listed at left
Same options available as found on Page 11

Sizes: S, M, L, XL, XXL, XXXL, XXXXL Unisex

WINDPANT TB301SU

- ▶ 100% Supplex shell
- ▶ 12 inch leg zippers
- ▶ Elasticized/drawstring waist
- ▶ Side seam pockets

\$20.00

Colors listed at left
Same options available as found on page 11

Sizes: S, M, L, XL, XXL, XXXL, XXXXL Unisex



OMNILITE SPIKES

- ▶ Made of Space-Age Ceramic material
- ▶ Strength and durability of steel
- ▶ 1/3 the weight of steel spikes
- ▶ Available in assorted colors
- ▶ Available in 3/16", 1/4", and 3/8"

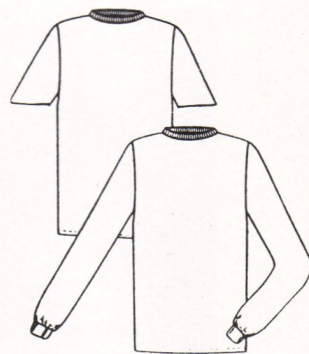
Package of 14 for \$3.50.
Package of 20 for \$4.50.
Call for larger orders.



POLAR BEAT HEART RATE MONITOR HR1901201

- ▶ Possibly the best technical advancement for running in 50 years
- ▶ Targets your heart rate range for training
- ▶ Precision training and improvement for optimum fitness
- ▶ Large LCD display

\$79.00



LONG SLEEVE COOLMAX TEAM T-SHIRT BT600SU

SHORT SLEEVE COOLMAX TEAM T-SHIRT BT501XU

- ▶ Mock turtleneck
- ▶ 100% Coolmax just like our singlets
- ▶ Lightweight, moisture wicking protection
- ▶ Great for 40-60 degrees

\$13.50 Long Sleeve

\$12.00 Short Sleeve

Colors: Black, White, Red, Royal, Spruce, Purple, Spring (See Page 1)
*Sizes: S, M, L, XL, XXL, XXXL, XXXXL, Unisex

1-800-541-1773

*National Sporting Goods
Presents*

IN
SPORT ▾
1997

1-800-541-1773

SPRINT SINGLET

MEN'S

J400

F400

WOMEN'S

- ▶ 100% nylon tricot
- ▶ Armhole binding seamed at shoulder
- ▶ Double layer front panel in women's

Colors:

- | | |
|----------|----------|
| 01 Black | 43 Royal |
| 10 White | 60 Red |
| 41 Navy | 70 Gold |

\$11.25

• **Sizes:** S-M-L-XL-XXL Men's

Sizes: S-M-L-XL Women's



* men's only

HARRIER SINGLET

MEN'S

J401

F401

WOMEN'S

- ▶ 100% nylon tricot upper
- ▶ 100% polyester mesh lower
- ▶ Armhole binding seamed at shoulder
- ▶ Double layer front panel in women's

Colors:

- | |
|-----------------|
| 35 Kelly/White |
| 41 Navy/White |
| 43 Royal/White |
| 50 Purple/White |
| 60 Red/White |
| 70 Gold/White |

\$12.75

• **Sizes:** S-M-L-XL-XXL Men's

Sizes: S-M-L-XL Women's



VAULT SINGLET

MEN'S

J407

F407

WOMEN'S

- ▶ 100% nylon tricot
- ▶ Armhole binding seamed at shoulder
- ▶ Double layer front panel in women's

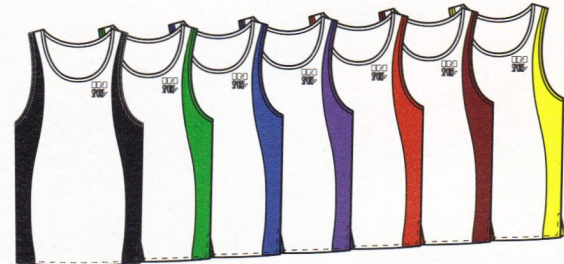
Colors:

- | |
|-------------------|
| Body (Sides) |
| 01 White (Black) |
| 35 White (Kelly) |
| 43 White (Royal) |
| 50 White (Purple) |
| 60 White (Red) |
| 64 White (Maroon) |
| 70 White (Gold) |

\$12.95

Sizes: S-M-L-XL-XXL Men's

Sizes: S-M-L-XL Women's



ELITIST SPORT BRA

F453

- ▶ **HydraSuede™** 88% Supplex®/12% Lycra®
- ▶ **DryLiner™** 88% Coolmax^{CM}/12% Lycra® bra front/back
- ▶ Keyhole back
- ▶ Elastic bottom band
- ▶ **Sizes:** S (32BC - 34B) M (34BC - 36B) L (36BC - 38BC) XL (38C - 40BC)

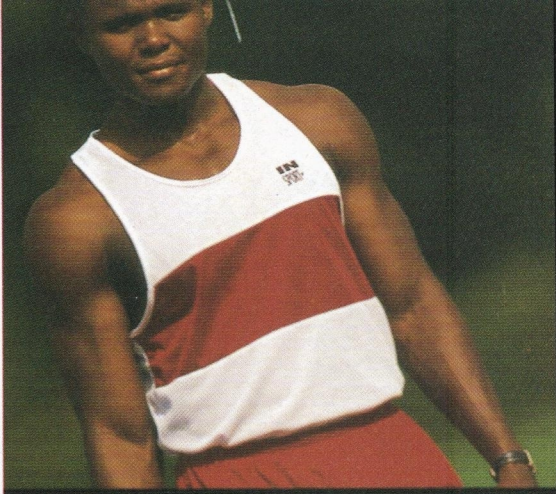
Colors:

- | |
|----------|
| 10 White |
| 01 Black |

\$20.50



* Prices quoted for team of 10 members.
Call for additional price breaks.



VULT II SHORT

MEN'S

J109

F109

WOMEN'S

- ▶ 100% nylon tricot shell and liner
- ▶ Bar tacks at stress points
- ▶ 1-3/4" inseam ▶ Coolmax^{CM} mesh panel in women's brief ▶ Durable topstitch binding on leg openings

Colors:

\$12.75

- Body (Sides)
- 01 Black (White)
- 35 Kelly (White)
- 43 Royal (White)
- 50 Purple (White)
- 60 Red (White)

Sizes: S-M-L-XL-XXL Men's

Sizes: S-M-L-XL Women's



SPRINT SHORT

MEN'S

J100

F100

WOMEN'S

- ▶ 100% nylon tricot shell and liner
- ▶ Bar tacks at stress points
- ▶ 1-3/4" inseam ▶ Coolmax^{CM} mesh panel in women's brief ▶ Durable topstitch binding on leg openings

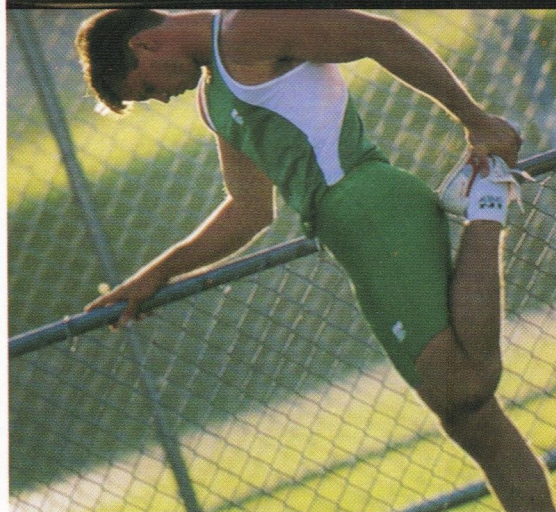
Colors:

\$11.25

- 01 Black
- * 35 Kelly
- 41 Navy
- 43 Royal
- * 50 Purple
- 60 Red
- 64 Maroon
- * 70 Gold

Sizes: S-M-L-XL-XXL Men's

Sizes: S-M-L-XL Women's



INTERVAL SHORT

MEN'S

J101

F101

WOMEN'S

- ▶ 100% nylon tricot shell and liner
- ▶ Fuller, straight leg cut
- ▶ 3-1/2" inseam ▶ Coolmax^{CM} mesh panel in women's brief ▶ Durable topstitch binding on leg openings

Colors:

\$12.00

- 01 Black
- 35 Kelly
- 41 Navy
- 43 Royal
- 50 Purple
- 60 Red
- 64 Maroon
- 70 Gold

Sizes: S-M-L-XL-XXL Men's

Sizes: S-M-L-XL Women's



ALLSPORT BAG

U030

- ▶ 420-denier nylon oxford
- ▶ 3 outside zip pockets
- ▶ 2 wet compartments
- ▶ Removable shoulder strap
- ▶ InSport[®] screened logos on ends and bottom, large screen areas both front and back
- ▶ "U" zipped top for easy access

Colors:

\$28.50

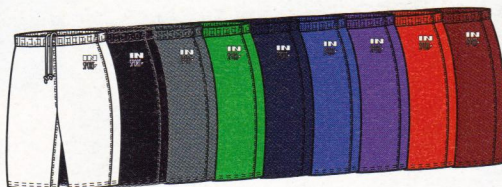
- 01 Black
- 41 Navy/Black
- 43 Royal/Black
- 50 Purple/Black
- 60 Red/Black

Size: 18"L x 10"W x 13"H



TRACK SHORT**U180**

- ▶ 80% Antron® nylon/
20% Lycra®
- ▶ 8-1/2" inseam
- ▶ Flat seam construction
- ▶ Elastic leg

\$14.65**Colors:**

- 10 White
- 01 Black
- 06 Charcoal
- 35 Kelly
- 41 Navy
- 43 Royal
- 50 Purple
- 60 Red
- 64 Maroon

Sizes: XS-S-M-L-XL**BUN HUGGER****F123**

- ▶ 80% nylon/20% Lycra®
- ▶ Intera® lined front
- ▶ InSport® logo
- ▶ Elastic leg openings
- ▶ Elite cut brief for serious athletes

\$12.00**Colors:**

- 01 Black
- 41 Navy
- 43 Royal
- 50 Purple
- 60 Red

Sizes: S-M-L Women's**TRACK TIGHT****U283**

- ▶ 80% Antron® nylon/
20% Lycra®
- ▶ Flat seam construction
- ▶ Gripper elastic at ankle
- ▶ Reflective InSport® logo

\$21.95**Colors:**

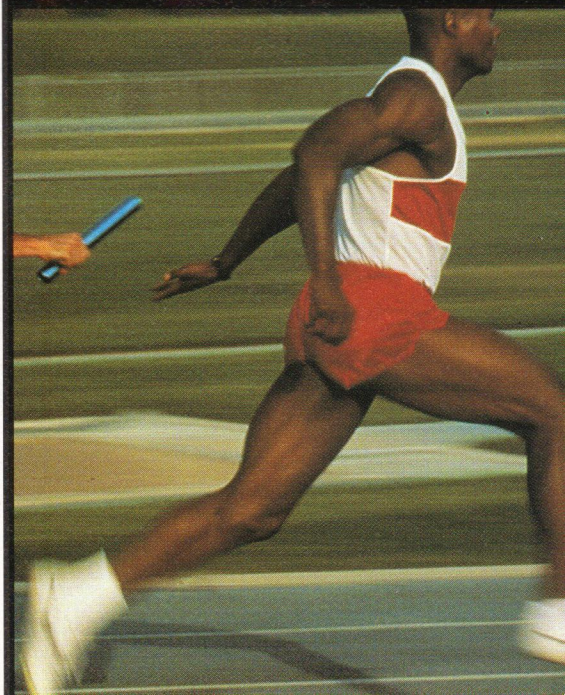
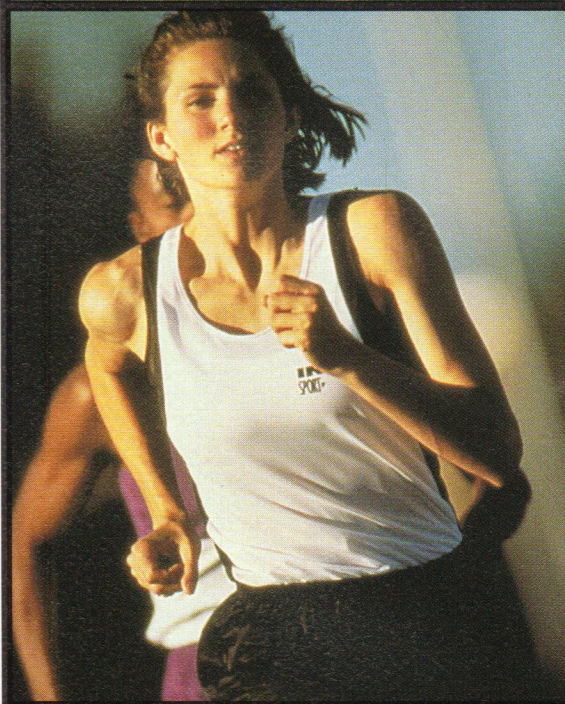
- 10 White
- 01 Black
- 06 Charcoal
- 35 Kelly
- 41 Navy
- 43 Royal
- 50 Purple
- 60 Red
- 64 Maroon

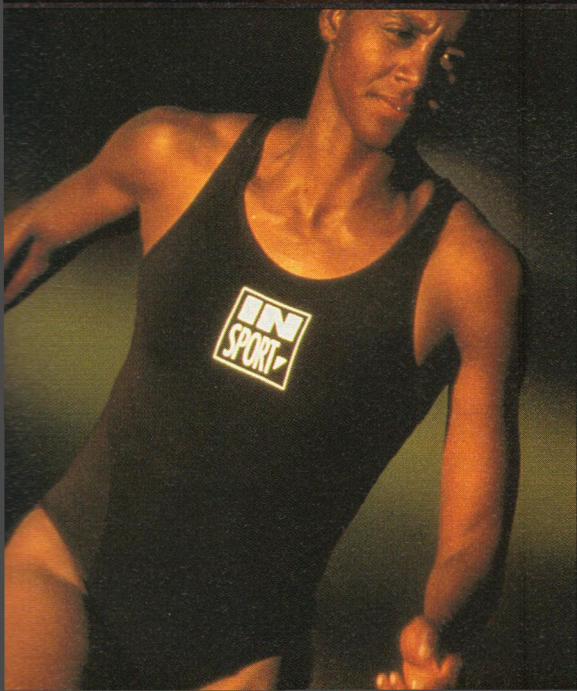
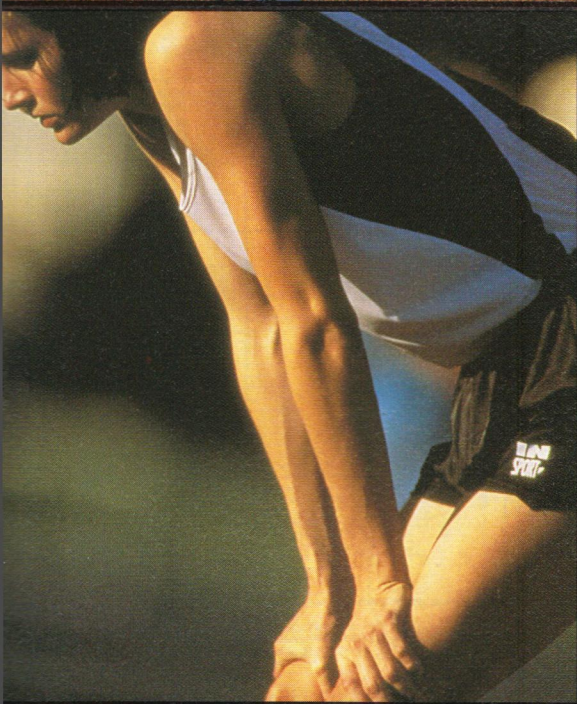
Sizes: XS-S-M-L-XL**VICTORY TRAINING PANT****U299**

- ▶ 46% polyester/46% cotton/8% Lycra®
- ▶ Relaxed fit with tapered leg
- ▶ Side seam pockets
- ▶ Stretch stitch crease
- ▶ Leg zippers
- ▶ Gripper elastic
- ▶ Key pocket

\$44.25**Colors:**

- 01 Black
- 41 Navy
- 43 Royal

Sizes: S-M-L-XL**1-800-541-1773**



FINALIST JACKET

U320

- ▶ 100% nylon crinkle taffeta with water repellent coating
- ▶ Full 65% polyester/35% cotton lining
- ▶ 100% nylon mesh back vent
- ▶ InSport® embroidered logo
- ▶ Front zip pockets
- ▶ Locker loop

Colors:

- 01 Black (White)
- 41 Navy (White)
- 43 Royal (White)
- 50 Purple (White)
- 60 Red (White)

Sizes: S-M-L-XL-XXL

* Maroon & Kelly Green also available in Finalist Suits



\$59.95 SUIT PRICE

FINALIST PANT

U220

- ▶ 100% nylon crinkle taffeta with water repellent coating
- ▶ 65% polyester/35% cotton upper leg lining
- ▶ 100% nylon taffeta lower leg liner
- ▶ Side seam pockets
- ▶ InSport® embroidered logo
- ▶ 12" leg zippers
- ▶ Split leg liner for easy on/off
- ▶ Elastic/drawcord waist

Colors:

- 01 Black
- 41 Navy
- 43 Royal
- 50 Purple
- 60 Red

Sizes: S-M-L-XL-XXL



WOMEN'S SPEED SUIT

F823

- ▶ 80% nylon/20% Lycra®
- ▶ Intera® lined front
- ▶ InSport® logo
- ▶ T-back
- ▶ Elastic leg, neck, arm openings

Colors:

- 01 Black (White)
- 41 Navy (White)
- 43 Royal (White)
- 50 Purple (White)
- 60 Red (White)

Sizes: S-M-L

\$24.95



MEN'S SPEED SUIT

J920

- ▶ 80% nylon/20% Lycra®
- ▶ Flat seam construction
- ▶ Gusseted ▶ T-back
- ▶ InSport® logo

Colors:

- 01 Black (White)
- 43 Royal (White)
- 60 Red (White)

Sizes: S-M-L-XL

\$24.95



* Prices quoted for team of 10 members. Call for additional price breaks.

1-800-541-1773

TEAM NSG Order Form

BILL ITEMS TO:

Name _____
 Organization _____
 Address _____
 City _____ State _____ ZIP _____
 Phone () FAX ()

ORDER DATE:

DATE ORDER NEEDED:*

SHIP ITEMS TO:

Name _____
 Organization _____
 Address _____
 City _____ State _____ ZIP _____
 Phone () FAX ()

Page	Qty.	Product No.	Description of Item	Sizes	COLOR		Unit Price	Total
					BODY	PANEL		

**ALLOW 4 WEEKS TO PROCESS ORDER
 4-6 WEEKS IF SCREEN PRINTED OR EMBROIDERED***

Screen Printing Embroidery *(Please See Back)*
SPECIAL INSTRUCTIONS:

PAYMENT METHOD:
 Visa MasterCard American Express Discover
 Check or Money Order School P.O. # _____
 _____ Exp. Date _____

Subtotal	
**Shipping & Handling (.50¢ per item)	
Printing Set-up Charge	
Printing Charges (see back page)	
*RUSH Order Charge (15%)	
TOTAL	

TO ORDER, FAX OR MAIL THIS FORM, OR PHONE :
☎ 1-800-541-1773 or FAX (717) 563-2654 ☎
 Monday through Friday 8 a.m. - 5 p.m. EST
TEAM NSG ♦ 117 Mill Street ♦ Dalton, PA 18414

*Orders needed in less than 3 weeks from date order is received are considered RUSH orders. Please call for approval
 **Please call for Air Rates.
 FedEx, Next Day & 2nd Day Air Available

TEAM NSG Custom Screenprinting

TEAM NSG can personalize any garment within 2 weeks after you have given us confirmation on your artwork (logo, mascot etc.) For faster processing please send us camera ready artwork - any artwork that is not camera ready or that is custom made for you by TEAM NSG will be charged an artwork fee of \$20

PRINTING INFORMATION: *(Please call if you need assistance)*

1. Screen Charge: \$15.00 per screen (1 screen per color)
2. Artwork Fee \$20 *(This fee is waived if your artwork is camera ready and true to size)*
3. Imprint Charge: (per garment)

	One Color	Two Colors	Three Colors
Singlet, Short, T-Shirt, Hat, Gloves	\$2.00	\$3.75	\$4.50
Windjacket or Wind Pants, Speedsuit	\$3.00	\$4.75	\$5.50
4. Custom Embroidery Available *(Please Call)*
5. Repeat Orders: \$5.00 Screen Charge plus imprinting charges.

Please follow these instructions to ensure accurate screening and color:

1. Indicate where you want your logo screened (see illustrations below)
2. Choose a font style and shape (circle choices below)
3. Add screen charges to your total order (see above rates)
4. Fax or Mail your order to Team NSG

FONT OPTIONS

ALL CAPS Regular

Aardvark **INDIANA SOLID**

Brooklyn **IRELAND**

Cupertino **Merlin**

Brush Script **PENGUIN**

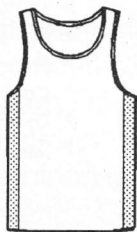
Futura XBlkt **STAMP**

Gothic Times Roman

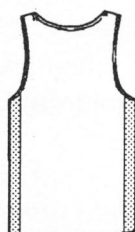
IMPACT **USA BLACK**

INDIANA *Zurich*

LOCATION



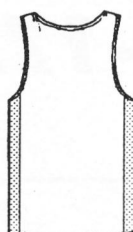
Front



Back



Front



Back

FONT SHAPES

PLAIN

ARCH UP

ARCH DOWN

SQUEEZE

DEFLATE

INFLATE

FADE IN

FADE OUT



BUCKLE

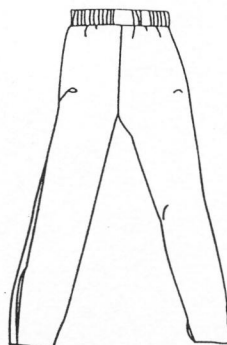
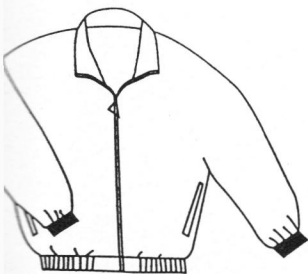
SLANT UP

SLANT DOWN

OUTLINE

ITALICS

WAVE



CUSTOMIZED GARMENTS MAY NOT BE EXCHANGED

Please call and confirm product sizing, color and printing to ensure satisfaction

REMEMBER, if possible, send camera-ready artwork

If your logo does not match any of these styles, please attach a copy to this sheet when ordering

This form must be completed and returned before orders can be processed

New Styles for 1997!



**Yes!
We Make
Youth Sizes!**

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and Windsuits
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ADVANTAGE WINDJACKET

TB731SU

- ▶ 3 Color Styling
- ▶ 100% Supplex Shell **\$28.00**
- ▶ Full-zip front
- ▶ Stand up collar
- ▶ Back Venting
- ▶ Drawstring waist
- ▶ Same Colors and Options as Nationals & Harrier

*Sizes: S, M, L, XL, XXL, XXXL, XXXXL
Youth: S, M, L

SPIKE SINGLET

TB404SM

TB404SW

- ▶ Our Side Panel Singlet Spiked!
- ▶ 100% Supplex side panel accents **\$9.50**
- ▶ Action cut arms
- ▶ Comfortable hemming

*Sizes: S, M, L, XL, XXL, XXXL, XXXXL
Youth: S, M, L

CHAMPION VEST

TB755SU

- ▶ Pockets and Reflective Tape
- ▶ 100% Supplex Shell **\$21.95**
- ▶ Full-zip front
- ▶ Stand up collar
- ▶ Coolmax mesh side venting
- ▶ Drawstring waist
- ▶ Same Colors available as with Nationals & Harrier

*Sizes: S, M, L, XL, XXL, XXXL, XXXXL
Youth: S, M, L



TEAM NSG

117 Mill Street
Dalton, PA 18414

1997 U. S. MULTI-EVENTS

DATE	MEET	SITE
January 17-18	Wildcat Heptathlon (M) & Pentathlon (W)	Manhattan, KS
February 15-16	USA Indoor Heptathlon/Pentathlon Championships (World Championship Trials)	Manhattan, KS
March 7-8	Chico Decathlon/Heptathlon	Chico, CA
March 13-14	College Station Relays & Multi-events	College Station, TX
March 14-15	Wade Knutson Memorial Decathlon/Heptathlon	Greeley, CO
March 14-15	Greg Willey Heptathlon/Decathlon	Vermillion, SD
March 24-25	Fresno Relays - Decathlon/Heptathlon	Fresno, CA
April 4	Vern Kennedy Multis	Warrensburg, MO
April 10-11	Oregon Invitational Multi-events	Eugene, OR
April 11-12	Emporia State Multi	Emporia, KS
April 11-12	Liberty Invitational & Multi-event	Lynchburg, VA
April 12-13	Doane Decathlon & Heptathlon	Crete, NE
April 14-15	Northwest Conf. of Independent Colleges Multi-Events Champs	Portland, OR
April 17-18	CA Invitational/Mt. SAC Multi-events	Azusa, CA
April 17-18	WVU Invite	Morgantown, WV
April 24-25	Cal/Nevada Multi Championship	Turlock, CA
April 27-28	MIAA Conference Multi Championships	Pittsburg, KS
May 3-4	30th Annual Eastern Decathlon Championship	tba
May 11-12	Hershel Neil Decathlon	Maryville, MO
May 12-13	All Comers Decathlon/Heptathlon	Romeoville, IL
May 17-18	Pacific-10 Conference Championship Multi-Events	Seattle, WA
July 11-12	USATF Region XII Multi-Events	tba, IN
July 18-19	HealthSouth Sub-Elite Decathlon	Orlando, FL
August 9-10	USA vs Canada Multi-Events	tba, MN
September tba	DecaJam	Stanford, CA

1997 ASSOCIATION CHAMPIONSHIPS

The events listed in this Association Championships section are for the senior division only. We acknowledge that there are several divisions (youth, masters, LDR, etc.) each with their own association championships. On the Association page we are unable to list all of these events due to space constraints. However, these events may be found in the main body of the calendar listed by month and date.

DATE	ASSOCIATION	SITE
January 5	USATF New Jersey Open Championships	Bethlehem, PA
January 26	Metropolitan Athletics Congress Championships	Teaneck, NJ
February 9	USATF New Jersey Masters & Submasters Championships	Hackensack, NJ
February 15	Arizona Association Champs	Flagstaf, AZ
February 21	MAC/Chase Champs	New York, NY
May 24	Pacific Association Open Championships	Hayward, CA
May 31	Southwestern Association Junior/Masters/Open Championships	Dallas, TX
June 1	USATF-NJ Submasters & Masters Championships	Tinton Falls, NJ
June 7-6/8	USATF-NJ Open Championships	Piscataway, NJ
June 8	MAC Open/Masters Championships	New York, NY
June 8	Potomac Valley Association/USATF Championships	Bowie, MD
June 13-6/14	USATF-Missouri Valley Association Championships	Kansas City, MO
July 12	Eastern USATF Outdoor Regional Masters Championships	Orono, ME
July 21	USATF-NJ Open Cross Country Championships	Readington, NJ
October 26	USATF-NJ Open Men's & Masters Cross Country Champs 5K	Readington, NJ
November 9	USATF New England XC Championships	Boston, MA
November 9	USATF-NJ Open Cross Country Championships 10K	Readington, NJ
November 15	Southwestern Association Cross Country Champs	Dallas, TX
November 15	SoCal USATF Champs	Walnut, CA
November 16	New Mexico Association XC Champs	tba, NM
November 23	Pacific Northwest Association Championship	Seattle, WA

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to

AMERICAN
Track & Field

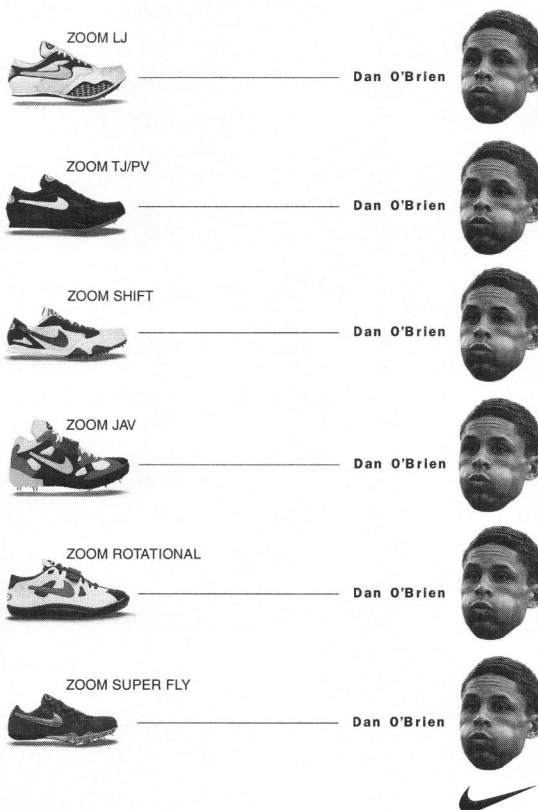
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covers everything
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to
team management
to
training
to
nutrition
& more!

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583 D'Onofrio Drive
Suite 203
Madison, WI 53719
- 3) via our website at
american-trackandfield.com/atf

It's that easy!

The correct answers to the Nike Zoom Quiz II.



1997 U.S. NATIONAL CHAMPIONSHIPS

DATE	EVENT	SITE
February 15	U.S. World Cross Country Women's Team Trials	Houston, TX
February 28-March 1	USA Indoor Track & Field Championships	Atlanta, GA
March 7-8	NCAA Division I & II Indoor Track & Field Championships	Indianapolis, IN
March 7-8	NCAA Division III Indoor Championships	Oshkosh, WI
March 21-23	U.S. Masters Indoor Track & Field Championships	Boston, MA
May 22-24	NCAA Division II Outdoor Championships	Edwardsville, IL
May 21-24	NCAA Division III Outdoor Championships	La Crosse, WI
June 4-7	NCAA Division I Outdoor Track & Field Championships	Bloomington, IN
June 11-15	U.S. Outdoor Track & Field Championships	Indianapolis, IN
June 21-22	U.S. Junior Track & Field Championships	Edwardsville, IL
July 2-6	U.S. Youth National Track & Field Championships	Orlando, FL
July 22-27	U.S. Junior Olympics Track & Field Championships	Baton Rouge, LA
August 7-10	U.S. Masters Outdoor Track & Field Championships	San Jose, CA
November 22	NCAA Division II Cross Country Championships	Parkside, WI
November 22	NCAA Division III Cross Country Championships	tba
November 24	NCAA Division I Cross Country Championships	Greenville, SC
December 2-6	USATF National Convention (Fairmont Hotel)	Dallas, TX
December tba	U.S. Cross Country Championships	tba
December 13	U.S. Junior Olympics Cross Country Championships	Portland, OR

technical & team **APPAREL** *specialists*



for dealer and team catalog information, contact:
INSport, 1870 NW 173RD, BEAVERTON, OR 97006
or contact Jan Johnson
PHONE: 1-800-652-5201, FAX: 805-466-8273

A while back, we received a phone call from a track coach who has coached since 1936 – that's probably before your grandparents were born. He tried to retire in 1970, but he drove his wife **CRAZY** in 3 months, so he started a track club.

We asked him,

“WHY DO YOU COACH?”

He told us that if we didn't know why, he sure couldn't explain it.

I guess it's just a track thing.

There are 37,553 head track and field coaches just as crazy as our friend from New Mexico, and we know that they all read the same magazine:

AMERICAN
Track & Field

JUST A COINCIDENCE? READ, THEN DECIDE FOR YOURSELF.

Check out our web sites at:
<http://www.american-trackandfield.com/atf>