

Seven Elected to USATF Masters Hall of Fame in Dallas

Seven more masters athletes have been elected to the USATF Masters Hall of Fame. They are:

Ed Benham, Jack Greenwood, Christel Miller, Boo Morcom, David Pain, Phil Raschker and the late Paul Spangler.

The seven join the initial seven selected last year: Payton Jordan, Irene Obera, Norm Green, Ruth Anderson, Toshiko d'Elia, Miki Gorman, and Beverly LaVeck.

The Hall now contains seven men and seven women.

An ex-jockey, Ed Benham, 90, Glen Burnie, Md., in the LDR category, won his age group races 49 times, more than any other runner, in national LDR championships. His events ranged from the 5K to the marathon and included four world and over two dozen U.S. records, with an age-graded best of 100% in the 15K in 1991. He was elected Masters LDR Runner of the Year fourteen times in age groups M70 through M80.

Jack Greenwood, 71, Aurora, Colo., a Track category winner, competed primarily from 1972-1991 as a pre-eminent hurdler and quarter-miler, who recovered from 1987 heart bypass surgery to achieve world-record performances, indoor as well as outdoor. The USATF Masters Male T&F Athlete in 1991, Greenwood broke world age-group records 12 times in the high and intermediate hurdles in M45 through M60, topped by a 99.9% 43.49 in the 300H in 1989. He garnered 13 gold medals in WAVA Championships in 1983, 1989, and 1991.

Christel Miller, 63, Glendale, Calif., another Track electee, is a versatile athlete, whose skills on the track as well as in the field events have made her one of the top women multi-eventers, in both indoor and outdoor competition, in the world. She has held eight world and 30 U.S. records from W45 through W60 in a wide range of events from the long jump to the 80H and the pentathlon. Voted USATF Masters Female T&F Athlete of the year in 1986 and 1990, Miller is active in other areas of t&f, serving as a certified masters official and on the USATF Masters T&F Committee in 1983-89, and directing the USATF Southern California Masters Championships for last ten years.

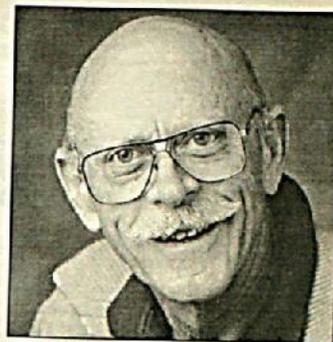
Richmond (Boo) Morcom, 76, Wilnot Flats, N.H., in the Field category, is an outstanding pole vaulter and decathlete with world records still in place after 20 years. He was the first decathlete to score 9000 points (9006 in 1986) and scored an age-graded 100% with a 3.77/12-4 1/2 vault indoors in 1986. That year, he accomplished All-American status in 16 events, and was the Masters Outstanding Multi-Event Male Athlete in 1985 and 1992.

David Pain, 75, San Diego, Calif., in the Administrator category, is considered the founder of masters t&f age-group competition in the U.S. and the world, having conceived and organized the first masters meet in San Diego. He

also helped organize the first world masters championships in Toronto, Canada, which resulted in what we now recognize as the WAVA Championships. Sharing his administrative talents with other organizations, Pain directed the San Diego Indoor Games in 1971-73, organized a coalition to raise \$350,000 for an all-weather track at San Diego's Balboa Stadium in 1986, and became involved with masters cycling as a competitor and director, after knee problems ended his track career.

Philippa (Phil) Raschker, 50, Marietta, Ga., a Track category Hall of Famer, has dominated her age groups for a decade and is arguably considered the most talented t&f masters athlete, man or woman, in the world. Her world and U.S. age-group records, starting at W40, fill an entire single-spaced, type-written page and range from the indoor 60H to the outdoor pole vault, where her accomplishments earned her an invitation to compete when she was in her late 40s in the pole vault in an open

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David Pain

The Third annual Indoor Masters Track and Field meet is sponsored by the University of Nevada and the Silver State Striders. The Track is the University of Nevada's Bill Cosby Wooden Track (the same facilities used in the 1995 National Masters Indoor Championships).

WHERE: Reno Livestock Events Center (Exit Wells Ave. off Interstate 80, proceed north on Wells for two blocks).

WHEN: February 15, 1998 (SUNDAY) **TIME:** 7:30 A. M.

WHO: All men and women 30 years and up (sub-masters 30-39, masters 40-95)

FEES: \$15.00 for first event, \$10.00 each thereafter - Relays \$20.00 per team.

DEADLINES: Registration must be received by Saturday Feb. 7, 1998 for final schedule. (Walk in registration is limited to lane & time availability).

REQUIRED: 1998 USATF Membership Card must be shown or purchased at registration. (USATF rules of competition will be used to conduct meet).

AWARDS: Medals, top 3 places, in all 5 year age divisions, all events.

HOST HOTELS: **DAYS INN** - \$39.00 a night 1-800-448-4555, Two blocks from track. **(SILVER STATE STRIDERS / U.N.R. RATES)**
HOLIDAY INN - Hotel / Casino - \$49.00 a night 1-800-648-4877, Three blocks from track.
TRUCKEE RIVER LODGE - Non Smoking / Kitchensettes - \$40.00 a night 1-800-635-8950, Down town Reno.

Running Events		Field Events
3000m Racewalk - 8:00	200m Dash - 11:15	Weigh-In and measure - 8:45
3000m Run - 9:15	1500m Run - 11:45	Pole Vault - 9:30
60m Dash - 10:00	60m Hurdles - 1:00	Long Jump - 9:30, followed by Triple Jump
800m Run - 10:15	400m Dash - 1:30	Shot Put - 9:30, followed by Wt. Throw then Super Wt. Throw
Relays as requested (4 X 200, 4 X 400, 4 X 800) - 2:00		High Jump - 10:45

Application and entry checks (Silver State Striders) and mail to Silver State Striders P.O. Box 21171 Reno, NV 89515 (702/329-2814)

NAME _____ Male _____ Female _____

ADDRESS _____ ZIP _____

CITY / STATE _____

DATE OF BIRTH _____ AGE _____ PHONE _____

EVENTS ENTERED: 1ST _____ 2ND _____ 3RD _____ 4TH _____ 5TH _____ 6TH _____

BEST RECENT PERFORMANCE: _____

WAIVER AND MEDICAL TREATMENT AUTHORIZATION

In consideration of my entry in the Reno Nevada - Silver State Indoor Masters Classic at the University of Nevada Bill Cosby Track, Reno, Nevada, on 15 February 1998, I intend to be legally bound, and I do hereby for myself and anyone entitled to act in my behalf, waive and release the University of Nevada, the Silver State Striders, the City of Reno, all Sponsors and their Representatives and Successors from all claims and/or liabilities of any kind arising from my travel to and participation in the meet. I grant permission to all of foregoing parties to use any photographs, video or motion pictures, record of any other record of the meet for any legitimate reason. I understand that all entry fees are final with no refunds. It is understood that this meet will entail physical activity and that various injuries may result. I certify that I am properly conditioned and have No physical injuries or defects that will preclude me competing. I authorize the Track Committee and its agents permission to request emergency medical treatment or care as necessary to insure my well-being.

Applicant Signature _____ Date _____

Masters Scene

EAST

• Richard Webb, 53, was the top scorer in the Philadelphia Runner's Pentathlon, Oct. 26, at Germantown Academy, with a total 409.94, and an age-graded 82.0% average for the five events contested 30 minutes apart. Webb's times were 3000 10:05.5; 800 2:21.4; 200 29.0; 1500 4:53.3; and 400 64.4. Steve Rook, 48, was second with a 393.92 total and a 78.7% average, bolstered by an A-G 82.4% 2:19.5 in the 800. The top W40+ was Karen Rossino, 44, with a 338.98 total and 67.8% average.

• John Del Maestro, 42, with a brilliant 17:03 over the rolling hills of Syosset, Long Island, scored a third overall in the St. Mary's 5K, Nov. 29. Sharon Zuhoski, 44, W40+ winner in 22:08, was fifth female. On Nov. 30, Al Oman, 48, and Helen Visagusa, 42, were top masters in the Rob's Run 5K Cross-Country in Syosset. Winning masters teams were Plainview-Old Bethpage RRC, led by Alan Porter, 40, 17:59; Bohemia TC Women, paced by Betty Horstmann, 51, 22:34; and the Coed Bohemia TC quartet.

• Road Race Management, the newsletter for race officials, has named Allan Steinfeld, NYC Marathon Director and NYRRC President, as its 1997 Race Director of the Year. Steinfeld accepted the award, presented by *Running Times* magazine, at the annual Road Race Management Race Directors' Meeting and Trade Show, Washington, DC, Nov. 15.

• Pocketing \$100 savings bonds at the Yorktown Battlefield 10-Miler, Yorktown, VA, Nov. 15, were masters winners Lanny Doan, 41, 53:46, and Sharon White, 41, 1:05:5.

• Earning \$50 apiece (enough to treat some pals for breakfast), Thad Jones, 41, 16:11, and Sharon White, 41, 19:14, came out top masters at the Governor's Cup 5K, Williamsburg, VA, Nov. 22.

• Due to major flooding on Hains Point the morning of the race, the Vietnam Veterans Memorial 10K, Washington, DC, Nov. 9, was shortened, ensuring everyone a PR. Sloshing home first were masters David Webster, 44, 32:54, and Linda Wack, 41, 37:48. Olga Rojo, 60, thundered past her division in 48:54, finishing nearly ten minutes ahead of her nearest competitor.

The top masters at the Greenbelt Jingle Bell 8K for Arthritis, Greenbelt, MD, Nov. 23, were two 55-year olds - Charles Rapper, 33:18, and Janet Newburgh, 41:17.

• Competing in her hometown of Northport, NY, Catherine Oehrlein, 44, 22:59, was the first female finisher in the Veterans Day Cross-Country 5K, Nov. 1. Peter Pohlet, 42, E. Northport, NY, claimed the men's masters title in 20:43. Some 280 runners braved "bone chilling temperatures, a howling wind, and rain that turned the course into a muddy slop."

• Masters runners made up 10 of the top 27 finishers at the South Shore Sprint 4-Mile, Bayshore, NY, Nov. 1. Donald DiDonato, 40, Hicksville, NY, 20:19, snatched the top masters spot and fifth place overall. Kathryn Martin, 46, Northport, NY, won the women's masters race in 23:46, finishing second overall and just 10 seconds behind the overall women's winner. Other top performances included Samuel Skinner,

first M55, 23:11; Michael Goldman, first M60, 25:43; and Mary Nathan, first W55, 26:55.

SOUTHEAST

• Roger Rouiller, 59, Fort Pierce, FL, captured the M40+ title with a third-place 17:58 (A-G 87.3%). Golden Games 5K, Palm City, FL, Nov. 15. Palm City's Pat Shelly, 41, won the W40+ crown in 22:01 on a flat, fast course.

• Don Ardell, 59, ran 60:00 (89.1% AG) to sweep the entire masters field at the Thanksgiving 10 Miler, DeLand, FL, Nov. 27. The women's top master was Lynn Monahan, 40, 1:12:34. Bart Ross, 74, topped his division with an 84:21.

• Ed Sheehan, 40, 72:13, took home \$100 for his masters win at the Hampton Coliseum Half-Marathon, Hampton, VA, Dec. 7. Diane Legare, 46, 81:60, pocketed \$200 as third woman overall, as well as first master.

• Masters claimed overall victories at the Alan Rancovsky 10K Racewalk, Cooper City, FL, Nov. 15. Leading the way were Rod Vargas, 48, 58:29, and Roswitha Sidelko, 45, 58:48. Bob Cella, 60, 59:17, cruised in not far behind to take his division.

• Vickie Johnson, 49, Atlanta, GA, 3:16:06, and Karl Steinichen, 43, Marietta, GA, 2:46:29, sped to first place masters victories in the Atlanta Marathon on Nov. 27. Nancy Stewart, 41, Atlanta, 86:50 and Tom Dooley, 53, Toccoa, GA, 77:17 claimed half-marathon masters wins.

MID-WEST

• Masters champions Allen Choma, 44, 2:30:58, and Joan Ellis, 48, 3:03:31, took home \$500 each at the Columbus Marathon, Nov. 9. In the M65 division, Ed Whitlock steamrolled over his competition in 2:54:06 (92.7% AG).

Masters starred at the Big Bird 10K, Roseville, MI, Nov. 9. Men's winner Chuck Block (4th overall), M40, ran a 34:12 (82% AG), Peter Hallop (5th overall), M50, turned in an outstanding 34:30 (87% AG), and Gerard Malaczynski, shattered the M55 division in 36:51 (85% AG). Robin Harris was the top women's master in 41:09.

MID-AMERICA

• Ron Keller, 41, Cape Girardeau, MO, with a 2:48:38, and Maria Rhoden, 42, Topeka, KS, with a 3:02:07, earned \$500 apiece for their masters firsts in the 26th St. Louis Marathon, Oct. 12. Senior Division (50+) winners of \$250 each were Gary Julin, 50, Omaha, NE, 2:56:21, and Barbara Stephens, 52, St. Peters, MO, 4:27:13.

• Paul Heitzman, 66, blazed to a 38:38 finish (90.1% AG), second master overall, in the Derby Derby 10K, Derby, KS, Nov. 8. Runner-up in the M65 division was Bobby Kincaid in a speedy 40:19.

• Clint Mericle, M40, Corpus Christi, TX, 2:46:06, and Maria Yeung, W40, San Antonio, 3:19:36, turned in masters bests in the San Antonio Marathon, Nov. 9.

WEST

• Santa Barbara's long-running Easter Relays to be held March 1998 at Santa Barbara City College, site of the annual Club West Masters Meet, will include three masters events - the 100y, mile, and pole vault. The 100y sprint is expected to attract a great deal of interest, especially among masters sprinters who recall this event with fond memories, as do distance runners the mile, long replaced by the 1500. In 1996, vaulter Ed Lipscomb set an M45 world record (15-8 1/2) at SBCC, and a spectacular PV meet was held on the beach sands last year. For

more information, contact Russell Smiley, Westmont College, Athletic Dept., 955 La Paz Rd., Santa Barbara, CA 93108. 805-565-6108; fax: 565-6221.

• Charles Thompson, M45, 34:08, and Christine Kennedy, W40, 37:17, sped to masters victories at San Francisco's Run to the Far Side 10K, Nov. 30. Sal Vasquez, M55, turned in a speedy 35:10 for the age group victory. 5K masters racers couldn't catch top masters Lloyd Stephenson, M40, 15:37, and Yaeko Childers, W45, 19:59.

• Capitalizing on sunny and mild Southern California fall weather, Brian King, 40, Dana Point, CA, 2:54:15, and Susan Enlow, 42, Corona, CA, 3:26:34, powered to masters wins in the Santa Clarita Marathon, Nov. 9. Bill Sampson, 50, Sylmar, CA, 2:59:22, and Barbara Valastro, 59, Valencia, CA, 3:50:05, turned in impressive times for age-group victories.

• Flying across the finish line in the Davis Turkey Trot 10K, Davis, CA, Nov. 22, were first masters Chuck Block, 41, 34:16, and Dee Dee Grafius, 48, 39:27. Myra Rhodes, 65, 48:02, darted to victory in her division. In an accompanying 5K, Jeff Clark, 42, 16:36, grabbed the men's masters title, barely edging out Jim Gorman, 48, 16:37, who topped the M45 division. Bev Marx led the masters women across the line in 19:14.

• Masters track events are available at the Bill Cosby Track, U. of Nevada, Reno indoor facility, 9 a.m. on Jan. 24 and 31, and Feb. 7, 14, and 21. Athletes M30+ can compete in the 200, 400, 800, mile, and racewalk. Contact Jeff Mann, 702-626-3677. The Cosby track, in the Reno Livestock Events Center, is available for practice Monday-Thursday from 5 to 6 p.m. The upper concourse in the Arena will be open from 8 a.m. to 6 p.m. for workouts. Officials are needed for the U. of Nevada Indoor T&F season, Reno Livestock Events Center, Saturdays, from

Jan. 24 through Feb. 28. No experience necessary. Contact Bill Bowser, 702-747-0639.

NORTHWEST

• Michael Cassella-Blackburn, 40, Vashon, WA, 2:44:27, and Patricia Shipley, 43, Anchorage, AK, 3:14:15, hurried to masters firsts in the Seattle Marathon, Nov. 29. Steve Jones, 42, Boulder, CO, 1:06:34 (5:05 pace), grabbed a masters first and second place overall in the half-marathon. Rainey Kay Stolp, 40, Bremerton, WA, crossed the half's finish line as the top masters woman in 1:25:05.

INTERNATIONAL

• An experienced thief was unpleasantly surprised when the elderly man whose wallet he stole on Government Avenue in the Company Gardens in Cape Town, South Africa, gave chase and apprehended him. The thief, 31 years old, pleaded not guilty to stealing the wallet containing more than R2000 in US dollars but was found guilty in the Cape Town Magistrate Court. The victim, Malcolm Gillis, 64, an American tourist from Toney, AL, under cross-examination said that he was an LDR record holder in the U.S. Gillis, who finished seventh M60 (2:57:37) in the marathon at the WAVA Championships in Durban, holds the US M60-64 record for the 50K (3:35:51) and 50 Mile (6:43:48).

OPEN

• The next few months could be a great time for buying sneakers. The stock prices of the top shoe companies are down dramatically in 1997 (Reebok 38%, Nike 37%, Converse 75%) as the \$12 billion industry remains caught in a major slowdown. Analysts predict the shoe makers and retailers will offer hefty price discounts to move the unsold shoes.

USATF Masters Hall of Fame

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U.S. championships. She has won 40 gold and numerous silver and bronze medals in WAVA Championships against world-class competition, starting in W35 in 1983 and recently in 1997 as a W50 (ten gold and one silver). Testament to her versatility is her selection as the Masters Age-Group Female Athlete of the Year in both the Track and the Field categories from 1987 through 1995.

Elected in the Old Timer category, Paul Spangler, who lived in San Luis, Obispo, Calif., until his death in 1994 at age 95, was looked upon by runners of all ages as "The Grand Old Man" and ambassador of masters running throughout the world. A navy surgeon, who began running at age 67 for his health, he was often the invited motivational speaker at races, where he usually backed up his words with his deeds, amassing a dozen world and 20 U.S. records in everything from the 400 on the track to the marathon. Spangler was selected Masters LDR Runner of the Year eleven times in the M80 through M90 age groups, and won six gold medals, from the 800 to the cross-country, as an M90 in the 1989 WAVA Championships. He captured his story in his book *Running Through Life: The Philosophy of America's Oldest Marathon Runner*.

The results were announced by Norm Green, Hall of Fame coordinator, at the Joint Masters Track & Field

and Long Distance Running committee meeting in Dallas, Dec. 4, at the annual USATF convention.

In reviewing the process used in 1997, Green said Louise Mead Tricard, Bob Fine, and Len Olson had been appointed from Masters T&F, while Dudley Healy, Charles DesJardins and himself were the LDR representatives.

All except Tricard met in Durban, as reported last month, to set criteria for the balloting. The group agreed that a nominee must have competed or been involved in the sport for at least 10 years and must receive a majority of votes cast. Voters had a maximum of 10 votes among 25 nominees, with a maximum of 10 people to be chosen.

Of 144 ballots mailed, 70 replied. Many voted for 10; some for as few as three. Thus, 36 votes were required to be selected to the Hall.

Green proposed the same process be followed in 1998, reviewing the remaining 18 nominees, and adding others to reach 25.

A motion passed to create a committee of 10 members, including the current six plus the two committee chairs and one other appointed by each chair, as an Old Timers Committee to elect five persons in each of the next three years as a means of "catching up with our history."

Green defined an "old-timer" as one inactive in the sport for at least five years and/or deceased. □

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