

| RECORD | M or W | Meters | Age | Mark | Names | Location | Date |
|--|--------|--------|-------|---------|--|-------------------|-------------|
| Masters All-Time List: Nationals 2011 to 2024; 2013 St Charles, MO; 2015 Penn Relays; 2021 Marble Falls and Vienna/Alexandria, VA | | | | | | | |
| Not Eligible: Exhibitions; 2006 Mesa, Arizona; 2018 Birmingham, AL; Nationals 2007/2009/2010; and prior to 2006 | | | | | | | |
| | | | | | | | |
| American Record | Men | 320 M | 80-84 | 2:38.95 | NON-CLUB : George Roudebush (93), William Jankovich (84), Robert Paulen (81), Roger Vergin (80) | Spokane, WA | 2018-Jul-27 |
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| American Record | Men | 320 M | 75-79 | 1:18.76 | NON-CLUB: Howard Booth (75), David Marovich (76), Michael Burns (76), Thomas Gomillion (76) | Ames, IA | 2019-Jul-12 |
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| American Record | Men | 320 M | 70-74 | 1:00.61 | NON-CLUB: Russell Jacquet-Acea (70), Jim Sharps (78), Ernie Snodgrass (70), Larry Vollmer (70) | Greensboro, NC | 2023-Jul-21 |
| | Men | 320 M | 70-74 | 1:02.10 | NON-CLUB: Max Siu (71), Larry Vollmer (71), Russell Jacquet-Acea (71), Ernie Snodgrass (71) | Sacramento, CA | 2024-Jul-19 |
| Former American Record | Men | 320 M | 70-74 | 1:07.07 | NON-CLUB : Fred Niedmeyer (72), Bob Osterhoudt (70), Terry Pliner (74), Terry Rowan (72) | Lisle, IL | 2012-Aug-03 |
| | Men | 320 M | 70-74 | 1:10.24 | NON-CLUB: Bob Green (70), Doug Bryant (70), Randall Olson (71), Ivan Black (70) | Ames, IA | 2019-Jul-12 |
| American Club Record (also Former American Record) | Men | 320 M | 70-74 | 1:10.70 | CLUB: Over the Hill TC: Barry Kline (71), John Sloan (71), Charles Bartholomew (71), Grover Coats (72) | Berea, OH | 2011-Jul-31 |
| | Men | 320 M | 70-74 | 1:14.53 | NON-CLUB: Ivan Black (72), Randall Olson (73), Ed Baskauskas (71), Harold Tetzlaff (75) | Ames, IA | 2021-Jul-23 |
| | Men | 320 M | 70-74 | 1:15.74 | NON-CLUB: David Black (70), Frederick Monesmith (75), John Mcnamee (70), Ivan Black (74) | Greensboro, NC | 2023-Jul-21 |
| | Men | 320 M | 70-74 | 1:46.83 | NON-CLUB: Robert Paulen (79), David Marovich (73), Harold Tetzlaff (70), Dennis Schrage (71) | Grand Rapid, MI | 2016-Jul-17 |
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| American Record | Men | 400 M | 65-69 | 1:19.90 | NON-CLUB: Mahmoud Niroumand (66), Mark Jakubowski (66), Jeffery Davison (65), Rodney Atherton (67) | Greensboro, NC | 2023-Jul-21 |
| Former American Record | Men | 400 M | 65-69 | 1:29.74 | NON-CLUB: Ivan Black (66), John Harbulak (69), Doug Bryant (66), Bob Green (66) | Jacksonville, FL | 2015-Jul-25 |
| | Men | 400 M | 65-69 | 1:33.91 | NON-CLUB: Randall Olson (70), Ivan Black (69), Gene Iwen (67), Edward Baskauskas (68) | Spokane, WA | 2018-Jul-27 |
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| American Record | Men | 400 M | 60-64 | 1:07.33 | NON-CLUB: David McNair (65), Eugene Anton (63), Jeff Brower (62), Reggie Garner (61) | Marble Falls, TX | 2021-Dec-11 |
| Former American Record | Men | 400 M | 60-64 | 1:08.07 | NON-CLUB : Russell Jacquet-Acea (61), Rick Lapp (64), Ernie Snodgrass (61), Thaddeus Wilson Sr (63) | Winston-Salem, NC | 2014-Jul-19 |
| Former American Record | Men | 400 M | 60-64 | 1:11.48 | NON-CLUB: Ozzie Binion (64), Sergio Angulo (60), James Broun (60), Jim Dolezel (62) | Lisle, IL | 2012-Aug-03 |

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| | Men | 400 M | 60-64 | 1:12.82 | NON-CLUB: Mark Jakubowski (62), Ernie Snodgrass (66), Kenneth Lacey (65), Russell Jacquet-Acea (66) | Ames, IA | 2019-Jul-12 |
| American Club Record | Men | 400 M | 60-64 | 1:12.89 | CLUB: SoCal TC: David McLawhorn (63), Eugene Anton (60), Mahmoud Niroumand (61), Jeffery Davison (60) | Spokane, WA | 2018-Jul-27 |
| | Men | 400 M | 60-64 | 1:13.37 | NON-CLUB: Timothy McMahan (60), Robert McDaniels (62), Jeff Brower (60), Eugene Anton (61) | Ames, IA | 2019-Jul-12 |
| | Men | 400 M | 60-64 | 1:16.53 | NON-CLUB: Randall Olson (65), Jim Dolezel (63), Frederick Monesmith (65), Max Siu (60) | Olathe, KS | 2013-Jul-11-14 |
| | Men | 400 M | 60-64 | 1:18.26 | NON-CLUB: Russell Jacquet-Acea (64), Robert McDaniels (60), Ernie Snodgrass (64), Mark Jakubowski (60) | Baton Rouge, LA | 2017-Jul-16 |
| | Men | 400 M | 60-64 | 1:18.62 | NON-CLUB: David Roberts (64), Robert McDaniels (64), Ernie Snodgrass (68), Eugene Anton (63) | Ames, IA | 2021-Jul-23 |
| | Men | 400 M | 60-64 | 1:19.86 | NON-CLUB: Russell Jacquet-Acea (62), Ross Jones (62), Frederick Monesmith (67), Ed Baskauskas (65) | Jacksonville, FL | 2015-Jul-25 |
| | Men | 400 M | 60-64 | 1:21.70 | (International team) David Black (68), Douglas Boehr (68), * Luis Huarcaya (62), Kenneth Lacey (67) | Ames, IA | 2021-Jul-23 |
| Former American Club Record | Men | 400 M | 60-64 | 1:23.51 | CLUB: TNT RC: Lawrence Nolly (65), Thomas Tinsman (61), James Frontino (64), Bernie Linner (65) | Winston-Salem, NC | 2014-Jul-19 |
| | Men | 400 M | 60-64 | 1:23.51 | NON-CLUB: Ivan Black (65), Gene Iwen (63), Frederick Monesmith (66), Edward Baskauskas (64) | Winston-Salem, NC | 2014-Jul-19 |
| | Men | 400 M | 60-64 | 1:24.14 | NON-CLUB: John Mcnamee (60), Douglas Boehr (60), Ivan Black (64), Bob Larson (60) | Olathe, KS | 2013-Jul-11-14 |
| | Men | 400 M | 60-64 | 1:25.06 | NON-CLUB: Michael Jones Sr. (62), Keith McQuitter (63), Joseph Peebles (62), Brian Conley (61) | Lexington, KY | 2022-Jul-29 |
| | Men | 400 M | 60-64 | 1:25.06 | NON-CLUB: Wayne Fisher (67), Randy McDermott (63), Ernie Snodgrass (69), Mark Jakubowski (65) | Lexington, KY | 2022-Jul-29 |
| | Men | 400 M | 60-64 | 1:27.25 | NON-CLUB: Kenneth Lacey (63), Ivan Black (68), Randall Olson (69), Gene Iwen (66) | Baton Rouge, LA | 2017-Jul-16 |
| Former American Record | Men | 400 M | 60-64 | 1:30.55 | NON-CLUB: Ross Bolding (65), Neal Schuster (63), Ozzie Binion (63), Ivan Black (62) | Berea, OH | 2011-Jul-31 |
| | Men | 400 M | 60-64 | 1:30.80 | NON-CLUB: David Black (66), Gene Iwen (68), Randy McDermott (60), Paul Sabree (60) | Ames, IA | 2019-Jul-12 |
| | Men | 400 M | 60-64 | 1:33.58 | CLUB: So Cal Track Club: Dave McNair (67), Robert McDaniels (66), Eugene Anton (65), Reggie Garner (63) | Greensboro, NC | 2023-Jul-21 |
| | Men | 400 M | 60-64 | 1:34.19 | NON-CLUB: David Black (63), Rick Lapp (66), Bill Cheadle (63), James Woosley (67) | Grand Rapid, MI | 2016-Jul-17 |
| | Men | 400 M | 60-64 | 1:37.59 | CLUB: TNT RC: Lawrence Nolly (67), James Frontino (66), Jim Sharps (71), William Ransom (62) | Grand Rapid, MI | 2016-Jul-17 |

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| | Men | 400 M | 60-64 | 1:39.45 | NON-CLUB: Joe Johnston (68), Ross Bolding (66), Neal Schuster (64), Randall Olson (64) | Lisle, IL | 2012-Aug-03 |
| American Record | Men | 400 M | 55-59 | 1:11.29 | NON-CLUB: Mark Jakubowski (55), Robert McDaniels (55), Ernie Snodgrass (59), John Hadrick (55) | Lisle, IL | 2012-Aug-03 |
| | Men | 400 M | 55-59 | 1:16.44 | NON-CLUB: Michael Jones Sr (55), Tim McMahon (56), Robert McDaniels (57), Lloyd Jeremiah (56) | Penn Relays | 2015-Apr24 |
| American Club Record | Men | 400 M | 55-59 | 1:42.98 | CLUB: So Cal Track Club: Eugene Anton (64), Robert McDaniels, (65), David McLawhorn (67), Joseph Ols (58) | Lexington, KY | 2022-Jul-29 |
| American Record | Men | 400 M | 50-54 | 1:01.81 | NON-CLUB : Darnell Gatling, Sr. (54), Michael Jones, Sr. (54), Kerry Sloan (51), Mark Williamson (56) | Winston-Salem, NC | 2014-Jul-19 |
| | Men | 400 M | 50-54 | 1:02.04 | NON-CLUB: Kerry Sloan (52), Keith McQuitter (55), Darnell Gattling (55), Damon Blakemore Sr (53) | Penn Relays | 2015-Apr24 |
| | Men | 400 M | 50-54 | 1:03.10 | NON-CLUB: Robert Stanley (55), Eugene Anton (57), Dexter McCloud (55), Malcolm Hairston (53) | Penn Relays | 2015-Apr24 |
| Former American Record | Men | 400 M | 50-55 | 1:03.15 | NON-CLUB: Robert Stanley (53), Mark Williamson (55), Eugene Anton (55), Darnell Gatling (53) | St Charles, MO | 2013-May19 |
| | Men | 400 M | 50-54 | 1:03.20 | NON-CLUB: Mark Williamson (55), Robert Stanley (53), Jeff Brower (54), Kerry Sloan (50) | Olathe, KS | 2013-Jul-11-14 |
| | Men | 400 M | 50-54 | 1:03.25 | NON-CLUB: Robert Stanley (53), Mark Williamson (55), Keith McQuitter (54), Darnell Gatling (53) | St Charles, MO | 2013-May19 |
| | Men | 400 M | 50-54 | 1:03.37 | NON-CLUB: Damon Blakemore Sr (53), Michael Jones Sr (55), Mark Williamson (57), Kerry Sloan (52) | Jacksonville, FL | 2015-Jul-25 |
| | Men | 400 M | 50-54 | 1:03.38 | NON-CLUB: Damon Blakemore Sr (52), Roland Khoo (51), Jeff Brower (55), Keith McQuitter (55) | Winston-Salem, NC | 2014-Jul-19 |
| Former American Record | Men | 400 M | 50-54 | 1:04.29 | NON-CLUB: Reggie Garner (52), Chris McConnell (50), Keith McQuitter (53), Michael Janusey (54) | Lisle, IL | 2012-Aug-03 |
| Former American Record | Men | 400 M | 50-54 | 1:04.95 | NON-CLUB: Mark Jakubowski (54), Arthur Gus Smith (50), Jeff Brower (52), Mark Williamson (53) | Berea, OH | 2011-Jul-31 |
| | Men | 400 M | 50-54 | 1:07.15 | NON-CLUB: Karnell Vickers (50), Darnell Gatling Sr (57), Michael Johnson (50), Kerry Sloan (54) | Baton Rouge, LA | 2017-Jul-16 |
| | Men | 400 M | 50-54 | 1:08.05 | NON-CLUB: Robert McDaniels (56), Robert Bayless (55), Arthur Gus Smith (52), Noel Ruebel (56) | Olathe, KS | 2013-Jul-11-14 |
| | Men | 400 M | 50-54 | 1:11.64 | NON-CLUB: Jeff Brower (56), Joseph Ols (51), Chris McConnell (53), James Eckenrode (52) | Jacksonville, FL | 2015-Jul-25 |
| | Men | 400 M | 50-54 | 1:11.72 | NON-CLUB: Alfredo Sanchez (52), Matt Hamilton (51), Phil Cannon (59), Wale Aka-Bashorun (53) | Sacramento, CA | 2024-Jul-19 |

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| | Men | 400 M | 50-54 | 1:13.42 | (International team) * Carlos De Freitas (51), Jonathan Mehl (52), Alfredo Sanchez (50), John McKenzie (57) | Lexington, KY | 2022-Jul-29 |
| | Men | 400 M | 50-54 | 1:14.61 | (International team) Ron Hilton (56), Hakan Eksi (51), Phil Cannon (56), * Carlos De Freitas (50) | Ames, IA | 2021-Jul-23 |
| | Men | 400 M | 50-54 | 1:15.24 | NON-CLUB: Jeff Brower (57), Kerry Sloan (53), James Smith (50), Mark Jakubowski (59) | Grand Rapid, MI | 2016-Jul-17 |
| American Club Record | Men | 400 M | 50-54 | 1:20.26 | CLUB: Over the Hill TC: Derek McKinley (50), Sam Webb (53), Tim Barnes (51), Christopher Stephens (54) | Berea, OH | 2011-Jul-31 |
| | Men | 400 M | 50-54 | 1:22.47 | NON-CLUB: Lamar Hasbrouck (57), Terrence Young Sr (51), Hakan Eksi (53), Phil Cannon (58) | Greensboro, NC | 2023-Jul-21 |
| | Men | 400 M | 50-54 | 1:25.51 | CLUB: So Cal TC: Claudio Andrade (50), David McLawhorn (62), Joseph Ols (53), Jeffery Davison (59) | Baton Rouge, LA | 2017-Jul-16 |
| | Men | 400 M | 50-54 | 1:28.43 | NON-CLUB: David Gates (52), Phillip Bennett (55), Joseph Peebles (59), Jeffery Davison (61) | Ames, IA | 2019-Jul-12 |
| | Men | 400 M | 50-54 | 1:29.01 | CLUB: Great Philadelphia Track Club: Chuck Kruelle (55), William Martin (51), Walé Aka-Bashorun (52), Jayson Ness (52) | Greensboro, NC | 2023-Jul-21 |
| | Men | 400 M | 50-54 | 1:41.30 | CLUB: Over The Hill TC: Tim Barnes (56), Frank Makozy (56), Thomas Jenkins (65), Donald Porz (52) | Grand Rapid, MI | 2016-Jul-17 |
| | Men | 400 M | 50-54 | 1:51.35 | NON-CLUB: Phil Cannon (57), Hakan Eksi (52), David Gates (55), Gaither Jenkins III (53) | Lexington, KY | 2022-Jul-29 |
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| American Record | Men | 440 M | 45-49 | 1:16.10 | NON-CLUB: Kurt Carter (45), Christopher Hilfiger (46), Anthony Majeran (46), Francis Shen (45) | Greensboro, NC | 2023-Jul-21 |
| Former American Record | Men | 440 M | 45-49 | 1:20.24 | NON-CLUB: James Smith (48), Lee Faulkner (45), Michael Johnson (47), Jeffery Davison (56) | Winston-Salem, NC | 2014-Jul-19 |
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| American Record | Men | 440 M | 40-44 | 1:14.00 | NON-CLUB : Joseph Ols (47), Kerry Sloan (48), Eugene Anton (53), Don Drummond (42) | Berea, OH | 2011-Jul-31 |
| | Men | 440 M | 40-44 | 1:14.44 | NON-CLUB: Kurt Carter (43), Jason James (41), Josh Robbins (45), Edwin Shannon (45) | Ames, IA | 2021-Jul-23 |
| | Men | 440 M | 40-44 | 1:23.65 | NON-CLUB: James Smith (46), Eugene Anton (54), Michael Johnson (45), John Zuehlke (42) | Lisle, IL | 2012-Aug-03 |

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| | Men | 440 M | 40-44 | 1:43.15 | NON-CLUB: Michael Johnson (46), Jeffery Davison (55), Arthur Nelson III (43), Darren Cox (43) | Olathe, KS | 2013-Jul-11-14 |
| American Club Record | Men | 440 M | 40-44 | 2:04.49 | CLUB: Atlanta Track Club: Jordan Eison (48), Jeff Mabry (49), Kenneth Camp (43), Jonathan Miles (45) | Greensboro, NC | 2023-Jul-21 |
| | | | | | | | |
| American Record | Men | 440 M | 35-39 | 1:01.82 | NON-CLUB: Elliot Whaley (36), James Wade (37), Roman Marenin (40), Jody Shepard (37) | Greensboro, NC | 2023-Jul-21 |
| Former American Record | Men | 440 M | 35-39 | 1:02.79 | NON-CLUB : Christopher Ricketts (35), Edwin Hagans (38), Brian Ricketts (35), Belgie McClelland II (35) | Lisle, IL | 2012-Aug-03 |
| | Men | 440 M | 35-39 | 1:03.28 | NON-CLUB: Jeferson Souza (42), Brad Goodrich (35), Francis Shen (39), Jesse Morrow (35) | Baton Rouge, LA | 2017-Jul-16 |
| | Men | 440 M | 35-39 | 1:04.49 | NON-CLUB: Brian Ricketts (37), Christopher Ricketts (37), Lewis Edmonson Jr (35), Jayson Vazquez (37) | Winston-Salem, NC | 2014-Jul-19 |
| | Men | 440 M | 35-39 | 1:13.53 | NON-CLUB: Nick Casillas (35), Roman Marenin (36), Francis Shen (41), Matt Hamilton (46) | Ames, IA | 2019-Jul-12 |
| American Club Record | Men | 440 M | 35-39 | 1:22.17 | CLUB: TNT RC: Negasi Gerima (38), Michael Jackson (43), Daniel Murdock (42), David Ash (45) | Grand Rapid, MI | 2016-Jul-17 |
| | Men | 440 M | 35-39 | 1:31.03 | NON-CLUB: Francis Shen (38), David Peterson (39), Jayson Vazquez (39), Jeffery Davison (58) | Grand Rapid, MI | 2016-Jul-17 |
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| Unofficial: Meet Record | Men | 440 M | 30-34 | 1:11.18 | NON-CLUB: Quinton Harley, (32), Jason James, (43), Blair Todd Sr. (45), Ryan Owen (44) | Greensboro, NC | 2023-Jul-21 |
| | Men | 440 M | 30-34 | 1:20.52 | NON-CLUB: Mateo Montoya-Collis (43), Roman Marenin (41), Nick Blakey (33), Devante Kinlaw (31) | Sacramento, CA | 2024-Jul-19 |
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| Unofficial: Meet Record | Men | 440 M | 25-29 | 1:05.28 | NON-CLUB: Wayne Reynolds II (42), Ryan Dukes (31), Gerrand Moody (27), Teran Wakefield (32) | Greensboro, NC | 2023-Jul-21 |
| Unofficial: Former Meet Record | Men | 440 M | 25-29 | 1:08.59 | NON-CLUB: Roman Marenin (38), Matt Hamilton (48), Ryan Dukes (29), Gerrand Moody (25) | Ames, IA | 2021-Jul-23 |
| | Men | 440 M | 25-29 | 1:12.81 | NON-CLUB: Maalik Marshall (27), Kurt Carter (44), Matt Hamilton (49), Francis Shen (44) | Lexington, KY | 2022-Jul-29 |