

Nov 9, 2023

SHR1

Club West: Meet Records (1974 - 2023)

Attached is the Club West Masters & Open Track & Field Meet Records.

Missing results for: 1974 (partial), 1976 (partial), 1977, 1978, 1980, and 2003.
The 1975 meet results are difficult to read (such as Eddie Halpin's mile marks).

Any updates, suggestions, or questions please contact:

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In 2024 a book will be available regarding annual Club West Masters meet: <https://shr1.org/>

References:

Club West Inc: <https://www.clubwesttrack.org/>

Masters History: <https://mastershistory.org/club-west-track-meet/>

USATF: <https://www.usatf.org/>

Masters Rankings: <https://mastersrankings.com/>

LA84: Northern Calif Running Review: <https://mastershistory.org/norcal-running-review-2/>

National Masters News: <https://nationalmastersnews.com/>

Peter Mundle's Single Age Records: <https://mastershistory.org/unofficial-records-single-age-records-peter-mundle/>

SFVTC newsletter: <https://mastershistory.org/archives/san-fernando-valley-tc-newsletters/>

USMITT newsletter: <https://mastershistory.org/archives/usmitt-newsletters-of-the-1970s/>

Veteris: <https://mastershistory.org/archives/veteris-magazine-covering-world-masters-track/>

[1974 Ray Gill] The Lomoc Record, Oct 21, 1974

[1979 Meet Results] Goleta Valley News, Oct 10, 1979

Extra Mile Timing

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M	25	50m	Mahasse Cornelius	6.18	---	1999
M	25	100m	Mahasse Cornelius	10.87	---	1999
M	25	200m	Kevin Ottwright	22.20	0.1	2012
M	25	400m	Elijah Wells	49.58		2012
M	25	800m	Isa Phillips (Jamaica)	1:53.70		2013
M	25	1,500 m	Mauro Arancibia (Chile)	4:20.92		2022
M	25	Mile				
M	25	5,000 m				
M	25	10,000 m				
M	25	Steeple				
M	25	Sprint Hurdles	Kevin Staniszewsk	15.59	0.5	2021
M	25	Long Hurdles	Kevin Ottwright	52.86		2012
M	25	HJ	Kevin Staniszewsk	1.94		2021
M	25	LJ	Joel Morris	5.25	0.2	2017
M	25	TJ				
M	25	PV	Chris Moore	3.67		2012
M	25	SP	Brian Meux	10.54		2007
M	25	DT	Brian Meux	33.77		2007
M	25	JT				
M	25	HT				
M	25	WT				
M	25	SWT				
M	25	Race Walk 3,000 m				
M	25	Race Walk 5,000 m	Charles Xiao	33:15.88		2023
M						
M	30	50m	James Bonilla	6.1h	---	1990
M	30	50m	Chris Davila	6.1h	---	1995
M	30	100m	William McCaskill	11.15	---	2018
M	30	200m	William McCaskill	22.56	---	2018
M	30	400m	Nicholas Thornton	49.25		2012
M	30	800m	Nicholas Thornton	1:52.33		2013
M	30	1,500 m	Robert (Bob) Nanniga	4:15.8h		1979
M	30	Mile				
M	30	5,000 m	Bruce Horiguchi	16:35.0h		1981
M	30	10,000 m				
M	30	Steeple				
M	30	Sprint Hurdles	Steven Daniel	15.92	---	1994
M	30	Long Hurdles	Joe Jablonski	59.30		1993
M	30	HJ	Charlie Rader	2.00		1979
M	30	LJ	Carl Flowers	6.54	---	1979
M	30	TJ	Hugh Maguire (Canada)	15.30	---	1994
M	30	PV	Brent Burns	5.18		1999
M	30	SP	Frank Reilly	14.70		1979

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M	30	DT	Frank Reilly	48.28		1979
M	30	JT	Ken Hall	61.76		1996
M	30	HT	Gary Kelmenson	40.94		1984
M	30	WT				
M	30	SWT				
M	30	Race Walk 3,000 m	Adrian Zamudio	17:34.67		2010
M	30	Race Walk 5,000 m				
M						
M	35	50m	Lewis Akin	6.27	---	1991
M	35	100m	Eddie Hart	10.6h	---	1988
M	35	200m	Geoffry Pittman	22.96	1.6	2011
M	35	400m	Nicholas Thornton	50.10		2017
M	35	800m	Nicholas Thornton	1:53.96		2017
M	35	1,500 m	Peter Mogg	4:07.4h		1992
M	35	Mile				
M	35	5,000 m	Steve Waggener	16:29.9h		1979
M	35	10,000 m	Barry Givens	35:07.10		2010
M	35	Steeple	Matt Bogdanowicz	10:35.18		2006
M	35	Sprint Hurdles	Drew Monaghan	16.15	---	2002
M	35	Sprint Hurdles	BJ Duhon	14.89	---	1998
M	35	Long Hurdles	Drew Monaghan	1:01.72		2002
M	35	HJ	John Dobroth & Charlie Rader	2.00		1979 & 1983
M	35	LJ	Roger Trujillo	6.53	---	1988
M	35	TJ	Lavell Davenport	14.21	---	1997
M	35	PV	Peter Brooks	4.27		2005
M	35	PV	Lewis Hill	4.41		1996
M	35	SP	Frank Reilly	15.75		1984
M	35	DT	Frank Reilly	53.41		1984
M	35	JT	J Tobin	62.17		1983
M	35	HT	Kyong Song	53.59		1999
M	35	WT	Troy Nelson	10.86		2009
M	35	SWT				
M	35	Race Walk 3,000 m	Adrian Zamudio	18:07.79		2011
M	35	Race Walk 5,000 m				
M						
M	40	50m	Eddie Hart	5.7h	---	1989
M	40	100m	Eddie Hart	11.55	---	1993
M	40	100m	Steve Cummings	11.14	---	1996
M	40	100m	BJ Duhon	11.44	---	1999
M	40	200m	Walt Butler	23.5h	---	1984
M	40	200m	W Boggan	23.0h	---	1981
M	40	400m	Perry McBride	51.33		2017
M	40	800m	Perry McBride	1:59.53		2016

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M	40	800m	Perry McBride	1:54.37		2017
M	40	1,500 m	Harvey Franklin	4:10.0h		1984
M	40	Mile	Richard Cagley	5:50.38y		2019
M	40	5,000 m	Greg Horner	15:46.61		1995
M	40	5,000 m	Arthur Mortell	16:32.8h		1981
M	40	10,000 m	Jerry D Smartt	32:45h		1974
M	40	Steeple	Dave Cook	11:19.76		1998
M	40	Sprint Hurdles	Ed Brown	15.37	---	1998
M	40	Sprint Hurdles	BJ Duhon	15.01	---	1999
M	40	Long Hurdles	Bill Cheadle	57.89		1993
M	40	HJ	John Dobroth	2.00		1984
M	40	LJ	Kermit Walker	6.38	---	1979
M	40	TJ	Milan Tiff	14.90	---	1989
M	40	PV	Charles Brown	4.78		1998
M	40	SP	William Gardner	14.15		1996
M	40	DT	Lloyd Higgins	52.57		1985
M	40	JT	Phil Conley	61.00		1976
M	40	HT	Lloyd Higgins	48.71		1985
M	40	WT	Joseph Ols	6.74		2008
M	40	SWT				
M	40	Race Walk 3,000 m	Adrian Zamudio	16:02.86		2017
M	40	Race Walk 5,000 m				
M						
M	45	50m	Doug Holland	6.49	---	2012
M	45	100m	Stan Whitley	11.28	---	1994
M	45	200m	Stan Whitley	22.54	---	1994
M	45	400m	Stan Whitley	50.4h		1992
M	45	800m	Nolan Shaheed	1:58.8h		1994
M	45	1,500 m	Bob Packard	4:07.9h		1981
M	45	Mile	Bill Fitzgerald	4:37.7h y		1974
M	45	5,000 m	Bob Packard	15:54.2h		1981
M	45	10,000 m	Mark Cleary	37:37.6h		2004
M	45	Steeple	Michael Green	11:48.7h		1992
M	45	Sprint Hurdles	Ed Oleata	16.67	---	1982
M	45	Long Hurdles	Joseph Ols	1:04.85		2013
M	45	HJ	Keith Nelson	1.88		2004
M	45	LJ	Shirley Davisson	6.67	---	1975
M	45	TJ	David Quick	12.98	---	2005
M	45	PV	Ed Lipscomb	4.78		1996
M	45	SP	Ralph Fruguglietti	14.73		2000
M	45	DT	Ralph Fruguglietti	48.58		2000
M	45	JT	John Hansen	54.96		2004
M	45	HT	F Stew Thomson	50.44		1982

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M	45	WT	Joseph Ols	7.31		2009
M	45	SWT	Doug Parsons	9.55		2006
M	45	Race Walk 3,000 m	Adrian Zamudio	18:10.41		2022
M	45	Race Walk 5,000 m				
M						
M	50	50m	Norbert Payton	6.55	---	1999
M	50	50m	Martyn Adamson	6.3h	---	1989
M	50	100m	Marty Krulee	11.67	<0.2>	2007
M	50	200m	Stan Whitley	23.58	---	1996
M	50	400m	Stan Whitley	52.82		1996
M	50	800m	Andre Dunkell	2:07.1h		1991
M	50	1,500 m	Richard Burns	4:20.16		2006
M	50	Mile	Ray Gill	5:08.7y		1974
M	50	5,000 m	John Brennand	16:15.4h		1985
M	50	10,000 m	Mauro Hernandez	36:43.6h		1974
M	50	Steeple	Jim Kornell	11:13.6h		2001
M	50	Sprint Hurdles	Walt Bulter	14.11	---	1991
M	50	Long Hurdles	Joseph Ols	1:05.89		2016
M	50	HJ	Keith Nelson	1.80		2005
M	50	LJ	Bruce Cramer	5.61	1.3	2012
M	50	TJ	Willie Banks	14.00	---	2006
M	50	PV	Greg Miguel	4.26		1998
M	50	SP	Mike Shiaras	15.46		2002
M	50	DT	Lloyd Higgins	54.86		1992
M	50	JT	Joe Greenberg	64.36		2001
M	50	HT	Lloyd Higgins	50.56		1992
M	50	WT	Randy Wilson	15.64		2009
M	50	SWT				
M	50	Race Walk 3,000 m	Raymond Billig	18:56.78		2011
M	50	Race Walk 5,000 m	Gerard Deegan	33:51.92		2022
M						
M	55	50m	Damien Leake	6.62	---	2011
M	55	100m	Damien Leake	12.10	---	2009
M	55	200m	Stan Whitley	24.9h	---	2005
M	55	400m	Charles (Chuck) Williams	56.33		2010
M	55	800m	Larry Barnum	2:15.97		2002
M	55	1,500 m	John Brennand	4:46.2h		1991
M	55	Mile	Eddie Halpin	**		1975
M	55	5,000 m	John Brennand	17:24.39		1991
M	55	10,000 m	Timothy Anderson	40:10.97		2010
M	55	Steeple	David Jackson	13:44.9		2017
M	55	Sprint Hurdles	Emil Pawlik	14.97	---	1995
M	55	Long Hurdles	Thaddeus Wilson	1:06.66		2009

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M	55	HJ	Herm Wyatt	1.75		1986
M	55	LJ	Donald Watson	5.57	1.8	2011
M	55	TJ	Dave Jackson	12.16	---	1987
M	55	PV	Kirk Bentz	3.95		2009
M	55	SP	Ladislav Pataki	16.06		2001
M	55	DT	Ladislav Pataki	51.48		2001
M	55	JT	Robert (Bob) Powers	54.59		2004
M	55	HT	F Stew Thomson	51.08		1990
M	55	WT	Thomas Meyer	14.52		2008
M	55	SWT				
M	55	Race Walk 3,000 m	Alex Kazaryan	16:20.84		2011
M	55	Race Walk 5,000 m	George Papacalos	39:10.35		2018
M						
M	60	50m	Kenny Davis	6.71	---	1999
M	60	50m	Marion Harrison	6.6h	---	2000
M	60	100m	Damien Leake	12.25	---	2013
M	60	200m	Bobby Thomas	25.43	---	1996
M	60	200m	Charlie Rader	24.26	1.6	2011
M	60	400m	Larry Barnum	56.8h		2004
M	60	800m	Larry Barnum	2:14.7h		2004
M	60	1,500 m	David Parke	4:54.20		2008
M	60	Mile	Ray Mahannah	5:17.3y		1977
M	60	5,000 m	Ed Bishop	18:24.4h		1984
M	60	10,000 m	James Shanks	46:07.22		2010
M	60	Steeple	Don Truex	8:42.2h		2001
M	60	Sprint Hurdles	Thaddeus Wilson	14.94	---	2011
M	60	Long Hurdles	Terry Cannon	49.45		1997
M	60	HJ	Nick Newton	1.67		1994
M	60	LJ	Greg Mimm	5.24	---	2010
M	60	TJ	Gordon Farrell	11.34	---	1979
M	60	PV	Jim Vernon	3.65		1978
M	60	SP	Quentin Torbert	15.41		2013
M	60	DT	Thomas Fahey	57.71		2007
M	60	JT	Robert Powers	56.31		2009
M	60	HT	F Stew Thomson	51.45		1994
M	60	WT	Thomas Meyer	18.08		2011
M	60	SWT				
M	60	Race Walk 3,000 m	Mike Dempsey	19:59.32		1997
M	60	Race Walk 5,000 m	George Papacalos	37:23.20		2021
M						
M	65	50m	Damien Leake	6.98	---	2018
M	65	100m	Dick Richards	12.83	---	1999
M	65	200m	Damien Leake	26.77	---	2018

Athletes and Marks in blue need more information.

Age Bracket	Event	Name	Mark	Wind	Year
M 65	400m	Larry Barnum	59.71		2011
M 65	800m	Nolan Shaheed	2:27.03		2016
M 65	1,500 m	Ed Stotsenberg	5:10.1h		1979
M 65	Mile	Michael LeBold	5:38.13y		2022
M 65	5,000 m	John Holoubek	19:04.6h		1983
M 65	10,000 m				
M 65	Steeple	Don Truex	8:49.2h		2002
M 65	Sprint Hurdles	Emil Pawlik	16.20	---	2004
M 65	Long Hurdles	Will Robinson	51.39		1995
M 65	HJ	Phil Fehlen	1.65		2001
M 65	LJ	Randall Stevens	5.00	1.5	2023
M 65	TJ	Mahmoud Niroumand	9.87	nwi	2022
M 65	PV	Mike Morris	3.50		2009
M 65	SP	Jack Thatcher	14.72		1981
M 65	DT	Bob Humphreys	49.35		2001
M 65	JT	Del Pickarts	47.36		1993
M 65	HT	Ed Burke	55.04		2006
M 65	WT	Larry Hart	18.13		2013
M 65	SWT	Ed Burke	19.67		2006
M 65	Race Walk 3,000 m	Rick (Richard) Campbell	17:36.74		2011
M 65	Race Walk 5,000 m	Hank Klein	40:42.48		2017
M					
M 70	50m	Lionel Johnson	7.16	1.0	2023
M 70	100m	Payton Jordan	13.2h	---	1988
M 70	200m	Payton Jordan	27.6h	---	1987
M 70	400m	Earl Fee (Canada)	1:04.22		2001
M 70	800m	Earl Fee (Canada)	2:26.28		2001
M 70	1,500 m	Jim Selby	5:51.19		1998
M 70	Mile	Monte Gast (Canada)	10:14.2h y		2022
M 70	5,000 m	Ed Stotsenberg	21:23.5h		1985
M 70	10,000 m				
M 70	Steeple	Gordon McClenathen	9:46.67		2006
M 70	Sprint Hurdles	Thad Wilson	13.50	<0.2>	2021
M 70	Long Hurdles	Russell Jacquet-Acea	51.92		2023
M 70	HJ	John Dobroth	1.48		2013
M 70	LJ	Herb Miller	4.19	---	1986
M 70	TJ	Thad Wilson	8.89	1.2	2021
M 70	PV	Terry Cannon	3.20		2007
M 70	SP	Arnie Gaynor	13.65		1998
M 70	DT	Bob Humphreys	42.80		2006
M 70	JT	Bud Held	44.45		1999
M 70	HT	Larry Hart	49.61		2019
M 70	WT	Larry Hart	18.82		2019

Athletes and Marks in blue need more information.

Age Bracket	Event	Name	Mark	Wind	Year
M 70	SWT				
M 70	Race Walk 3,000 m	Paul Lawson	19:31.35		2017
M 70	Race Walk 5,000 m	Rick (Richard) Campbell	32:35.07		2017
M					
M 75	50m	Dewey Vroom	7.81	---	2001
M 75	100m	Frank Strouse	14.81	0.3	2016
M 75	200m	Anthony Castro	30.0h	---	1987
M 75	400m	Don Cheek	1:12.10		2007
M 75	800m	Pete Ganahl	3:11.1h		1991
M 75	1,500 m	Jim Selby	6:35.9h		2004
M 75	Mile	Paul Spangler	7:17.2yh		1975
M 75	5,000 m	Paul Spangler	22:16h		1976
M 75	10,000 m				
M 75	Steeple	Avery Bryant	11:26.7h		2001
M 75	Sprint Hurdles	Bert Morrow	15.71	---	1991
M 75	Long Hurdles	Pete Ganahl	1:04.7h		1992
M 75	HJ	John Dobroth	1.35		2019
M 75	LJ	Dewey Vroom	3.74	---	2001
M 75	TJ	Art Vesco	8.07	---	1988
M 75	PV	Jim Vernon	2.80		1992
M 75	SP	William Harvey	12.95		2021
M 75	DT	Arnie Gaynor	36.53		2006
M 75	JT	Ed Chynoweth	31.96		2000
M 75	HT	Jim Minah	35.44		1995
M 75	WT	Marvin Ginsburg	9.09		2012
M 75	SWT				
M 75	Race Walk 3,000 m	Carlos Acosta	20:17.95		2011
M 75	Race Walk 5,000 m	Rick (Richard) Campbell	34:14.26		2022
M					
M 80	50m	Payton Jordan	7.97	---	1999
M 80	100m	Frank Strouse	16.21	<0.2>	2021
M 80	100m	Payton Jordan (Invitational 100m)	15.64	<3.28>	1999
M 80	200m	Bert Morrow	38.64	---	1996
M 80	400m	Paul Spangler	1:32.6h		1980
M 80	800m	Paul Spangler	3:26.3h		1980
M 80	1,500 m	Gunnar Linde	7:07.20		2008
M 80	Mile				
M 80	5,000 m	Gunnar Linde	27:45.80		2011
M 80	10,000 m				
M 80	Steeple	Gunnar Linde	12:16.32		2012
M 80	Sprint Hurdles	Bert Morrow	18.7h	---	1996
M 80	Long Hurdles	Bert Morrow	1:25.77		1995
M 80	HJ	John Dobroth	1.25		2022

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M	80	LJ	Clarence Trahan	3.47	---	1997
M	80	TJ	Winfield McFadden	6.93	---	1986
M	80	PV	Franklin W. (Bud) Held	2.75		2008
M	80	SP	Arnie Gaynor	13.20		2008
M	80	DT	Ross Carter	36.16		1994
M	80	JT	Ed Chynoweth	30.39		2004
M	80	HT	Kio Shik Song	33.58		2006
M	80	WT	Arnie Gaynor	13.61		2010
M	80	SWT				
M	80	Race Walk 3,000 m				
M	80	Race Walk 5,000 m				
M						
M	85	50m	Ted Hatlen	9.92	---	1999
M	85	100m	Wilfred Bigelow	21.13	---	1995
M	85	200m	Wilfred Bigelow	47.16	---	1995
M	85	400m	William Anderson	1:37.39		2023
M	85	800m	William Anderson	3:54.23		2023
M	85	1,500 m				
M	85	Mile				
M	85	5,000 m				
M	85	10,000 m				
M	85	Steeple	Gunnar Linde	14:37.80		2013
M	85	Sprint Hurdles				
M	85	Long Hurdles				
M	85	HJ	Ted Hatlen	0.96		1999
M	85	LJ	Bert Bergen	2.63	1.9	2023
M	85	TJ	Bert Bergen	5.61	0.1	2023
M	85	PV				
M	85	SP	Ross Carter	8.62		2001
M	85	DT	Ross Carter	28.05		2001
M	85	JT	John Whittemore	16.12		1985
M	85	HT	Joe Durrenberger	21.88		2019
M	85	WT	Joe Durrenberger	7.65		2019
M	85	SWT				
M	85	Race Walk 3,000 m				
M	85	Race Walk 5,000 m				
M						
M	90	50m	Ted Hatlen (55 m dash)	12.17	---	2002
M	90	100m	Anthony Castro	19.20	---	1999
M	90	200m	Anthony Castro	45.25	---	1999
M	90	400m	Gunnar Linde	2:09.02		2021
M	90	800m	Paul Spangler	5:29.9h		1990
M	90	1,500 m	Paul Spangler	10:07.6h		1990

Athletes and Marks in blue need more information.

Age Bracket	Event	Name	Mark	Wind	Year
M 90	Mile	Gunnar Linde	11:56.69y		2021
M 90	5,000 m				
M 90	10,000 m				
M 90	Steeple				
M 90	Sprint Hurdles				
M 90	Long Hurdles				
M 90	HJ				
M 90	LJ				
M 90	TJ				
M 90	PV				
M 90	SP	Ted Hatlen	7.19		2002
M 90	DT	John Whittemore	14.42		1990
M 90	JT	Ted Hatlen	14.50		2002
M 90	HT	John Whittemore	14.40		1990
M 90	WT				
M 90	SWT				
M 90	Race Walk 3,000 m				
M 90	Race Walk 5,000 m				
M					
M 95	50m				
M 95	100m				
M 95	200m				
M 95	400m				
M 95	800m				
M 95	1,500 m				
M 95	Mile				
M 95	5,000 m				
M 95	10,000 m				
M 95	Steeple				
M 95	Sprint Hurdles				
M 95	Long Hurdles				
M 95	HJ				
M 95	LJ				
M 95	TJ				
M 95	PV				
M 95	SP	John Whittemore	3.92		1996
M 95	DT	John Whittemore	8.86		1996
M 95	JT	John Whittemore	8.00		1997
M 95	HT	John Whittemore	7.55		1999
M 95	WT				
M 95	SWT				
M 95	Race Walk 3,000 m				
M 95	Race Walk 5,000 m				

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
M						
M	100	50m				
M	100	100m				
M	100	200m				
M	100	400m				
M	100	800m				
M	100	1,500 m				
M	100	Mile				
M	100	5,000 m				
M	100	10,000 m				
M	100	Steeple				
M	100	Sprint Hurdles				
M	100	Long Hurdles				
M	100	HJ				
M	100	LJ				
M	100	TJ				
M	100	PV				
M	100	SP	John Whittemore	3.00		2000
M	100	DT	John Whittemore	6.43		2000
M	100	JT	John Whittemore	5.98		2000
M	100	HT				
M	100	WT				
M	100	SWT				
M	100	Race Walk 3,000 m				
M	100	Race Walk 5,000 m				

Athletes and Marks in blue need more information.

Age Bracket	Event	Name	Mark	Wind	Year
W 25	50m	Kuyona Thomas	7.18	0.5	2022
W 25	100m	Kuyona Thomas	13.42	<0.4>	2022
W 25	200m	Alicia Ross	26.85	---	2007
W 25	400m	Alicia Ross	1:01.82		2006
W 25	800m	Kelsey McFaul	2:35.25		2022
W 25	1,500 m				
W 25	Mile				
W 25	5,000 m				
W 25	10,000 m				
W 25	Steeple	Courtney Barnes	8:22.49		2023
W 25	Sprint Hurdles				
W 25	Long Hurdles				
W 25	HJ				
W 25	LJ				
W 25	TJ				
W 25	PV				
W 25	SP				
W 25	DT				
W 25	JT				
W 25	HT	Rachel Young	44.98		2011
W 25	WT				
W 25	SWT				
W 25	Race Walk 3,000 m				
W 25	Race Walk 5,000 m				
W					
W 30	50m	Joy Upshaw	7.01	---	1991
W 30	100m	Joy Upshaw	12.76	---	1991
W 30	200m	Natasha Mayers	25.07	---	2009
W 30	400m	Tameisha King-Gabriel	1:02.47		2012
W 30	800m	Melissa Martel-Accetta	2:16.67		1995
W 30	1,500 m	Melissa Martel-Accetta	4:46.08		1995
W 30	Mile				
W 30	5,000 m	Carol Knox	19:00.7h		1994
W 30	10,000 m				
W 30	Steeple				
W 30	Sprint Hurdles	Joy Upshaw	15.50	---	1991
W 30	Long Hurdles				
W 30	HJ				
W 30	LJ	Joy Upshaw	5.23		1991
W 30	TJ				
W 30	TJ	Nancie Shellock	6.54		1993
W 30	PV	Melissa Demontigny (France)	3.10		2021
W 30	SP	Joan Stratton	12.48		1986

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
W	30	DT	Janet Wilson	44.42		1984
W	30	JT	Amy Bublak	42.11		1996
W	30	HT	Hilary White	16.00		1986
W	30	HT	Ashley Patrice	38.37		2013
W	30	WT				
W	30	SWT				
W	30	Race Walk 3,000 m				
W	30	Race Walk 5,000 m				
W						
W	35	50m	Joy Upshaw	6.92	---	1998
W	35	100m	Joy Upshaw	12.73	---	1998
W	35	200m	Joy Upshaw	27.63	---	2000
W	35	200m	Penny Forster-Gilkey	27.5h	---	1986
W	35	200m	Irene Thompson	27.4h	---	1992
W	35	400m	Irene Thompson	1:02.7h		1992
W	35	800m	Priscilla Arco	2:34.00		2022
W	35	1,500 m	Darlene Love	6:17.31		1997
W	35	Mile				
W	35	5,000 m	Laura Quirke	19:46h		2000
W	35	10,000 m				
W	35	Steeple				
W	35	Sprint Hurdles	Joy Upshaw	15.42	---	1998
W	35	Long Hurdles	Joy Upshaw	1:09.76		1998
W	35	HJ	Sue McDonald	1.62		1999
W	35	LJ	Allison Cowdell	5.02	---	2008
W	35	TJ	Elaine Iba	12.08	---	1996
W	35	TJ	Marija Pinne	11.92	---	2009
W	35	PV	Sue McDonald	3.20		1999
W	35	SP	Joan Stratton	12.75		1987
W	35	DT	Janet Wilson	45.31		1992
W	35	JT	Allison Cowdell	37.40		2008
W	35	HT	Joan Stratton	34.54		1987
W	35	WT	Trinidad Nelson	6.42		2009
W	35	SWT				
W	35	Race Walk 3,000 m	Karen Duncanson	22:20.80		2002
W	35	Race Walk 5,000 m				
W						
W	40	50m	Miki Barber	6.99	0.5	2022
W	40	100m	Joy Upshaw	13.23	---	2001
W	40	200m	Joy Upshaw	26.7h	---	2004
W	40	400m	Adjua Gibb-Gabriel	1:01.34		2019
W	40	800m	Fay Hobbs	2:39.5h		1979
W	40	1,500 m	Christa Romppanen	5:11h		1979

Athletes and Marks in blue need more information.

Age	Bracket	Event	Name	Mark	Wind	Year
W	40	Mile				
W	40	5,000 m	Carmel Papworth-Barnum (Aus)	19:10.72		2007
W	40	10,000 m				
W	40	Steeple	Caren Ware	9:07.3h		2004
W	40	Sprint Hurdles	Joy Upshaw	12.36	---	2002
W	40	Long Hurdles	Christine Hufenbecher	1:10.83		2022
W	40	HJ	Annelies Steekelenburg	1.47		1991
W	40	LJ	Joy Upshaw	5.30	---	2004
W	40	TJ	Marija Pinne	9.66	---	2017
W	40	PV	Holly Stroschine	2.98		2021
W	40	SP	Svetlana Yesayan (Armenia)	10.92		1996
W	40	DT	Janet Wilson	40.71		1993
W	40	JT	Christel Donley	27.25		1979
W	40	HT	Trinidad Nelson	23.84		2011
W	40	WT	Trinidad Nelson	7.21		2010
W	40	SWT				
W	40	Race Walk 3,000 m				
W	40	Race Walk 5,000 m				
W						
W	45	50m	Darmesha Watkins	7.46	---	2019
W	45	100m	Mary Libal	12.73	---	1996
W	45	200m	Mary Libal	26.33	---	1996
W	45	400m	Joy Upshaw	1:01.94		2006
W	45	800m	Linda Mantynen	2:25.60		1994
W	45	1,500 m	Sharlet Lackey Gilbert	5:23.14		1996
W	45	Mile	Blanca Aracely Sanchez	8:15.49		2019
W	45	5,000 m	Elaine Triplett	19:20.4h		2000
W	45	10,000 m	Virginia Jackson-Garcia (Mexico)	49:37.22		2017
W	45	Steeple	Gae Triplett	8:51.80		2009
W	45	Sprint Hurdles	Joy Upshaw	12.64	---	2010
W	45	Long Hurdles				
W	45	HJ	Sue McDonald & Annelies Steekelenburg	1.40		2012 & 1997
W	45	LJ	Joy Upshaw	5.22	---	2010
W	45	TJ	Marija Pinne	9.12	0.3	2023
W	45	PV	Rita Hanscom	2.29		2002
W	45	SP	Karen Vaughn	8.92		2002
W	45	DT	Maria Dulmage	25.44		2010
W	45	JT	Christel Donley	28.54		1984
W	45	HT	Pamela Sherwood	24.48		2010
W	45	WT				
W	45	SWT				
W	45	Race Walk 3,000 m	Margaret Govea	18:00.84		2011
W	45	Race Walk 5,000 m				

Athletes and Marks in blue need more information.

Age Bracket	Event	Name	Mark	Wind	Year
W					
W 50	50m	Darmesha Watkins	7.46	0.5	2022
W 50	100m	Phil Raschker	13.21	---	1999
W 50	200m	Rita Hanscom	27.6h	---	2004
W 50	400m	Irene Obera	1:06.9h		1984
W 50	800m	Jane Arnold	2:34.0h		1991
W 50	1,500 m	Yvette Lavigne	5:24.2h		1991
W 50	Mile				
W 50	5,000 m	Debbie Lee	21:08.83		2009
W 50	10,000 m	Denise Janneck	44:21.2h		2004
W 50	Steeple	Lesley Hinz	10:58.86		2012
W 50	Sprint Hurdles	Rita Hanscom	14.14	---	2008
W 50	Long Hurdles				
W 50	HJ	Sue McDonald	1.43		2013
W 50	LJ	Avril Naylor	3.97	---	1999
W 50	TJ	Phil Raschker	9.65	---	1999
W 50	PV	Phil Raschker	2.89		1999
W 50	PV	Margaret Hancock	3.05		2018
W 50	SP	Lorraine Tucker	9.89		2001
W 50	DT	Shirley Kinsey	25.17		1981
W 50	JT	Christel Donley	30.17		1988
W 50	HT	Cathy Baar (Pur)	21.64		2004
W 50	HT	Ray Van Dinther	28.90		2004
W 50	WT	Suzette Lee	8.97		2018
W 50	SWT				
W 50	Race Walk 3,000 m	Anne Poxon	22:26.58		1996
W 50	Race Walk 5,000 m				
W					
W 55	50m	Joy Upshaw	7.34	---	2019
W 55	100m	Joy Upshaw	13.77	0.5	2019
W 55	200m	Nadine O'Connor	30.57	---	1999
W 55	400m	Lynn Naftel	1:10.23		2002
W 55	800m	Sue McDonald	2:25.80		2022
W 55	1,500 m	Lesley Hinz	5:22.08		2013
W 55	Mile	Sue McDonald	5:51.09		2019
W 55	5,000 m	Patricia Frankus	25:49.4h		1982
W 55	10,000 m				
W 55	Steeple				
W 55	Sprint Hurdles	Joy Upshaw	13.25	---	2019
W 55	Long Hurdles	Lynn Naftel	58.43		2002
W 55	HJ	Annelies Steekelenburg	1.35		2007
W 55	LJ	Joy Upshaw	4.56	0.0	2019
W 55	TJ	Linda Cohn	8.58	1.6	2011

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
W	55	PV	Nadine O'Connor	2.44		2001
W	55	SP	Linn Dunton	10.32		2011
W	55	DT	Linn Dunton	27.56		2011
W	55	JT	Linda Cohn	36.78		2012
W	55	HT	Linn Dunton	33.84		2011
W	55	WT	Linn Dunton	10.78		2011
W	55	SWT				
W	55	Race Walk 3,000 m	Sylvia M. Ellis	18:02.39		2007
W	55	Race Walk 5,000 m				
W						
W	60	50m	Kathy Bergen	7.3h	---	2000
W	60	100m	Joy Upshaw	14.47	0.6	2021
W	60	100m	Nadine O'Connor	14.2h	---	2004
W	60	200m	Cara Black	33.34	0.4	2021
W	60	400m	Sharlet Lackey Gilbert	1:15.57		2011
W	60	800m	Marie-Louise Michelsohn	2:48.59		2002
W	60	1,500 m	Jeanne Daprano	6:01.71		2000
W	60	Mile	Alisa Byrne	7:44.44		2019
W	60	5,000 m	Sharlet Lackey Gilbert	24:32.13		2011
W	60	10,000 m				
W	60	Steeple	Sue McDonald	8:16.93		2023
W	60	Sprint Hurdles	Joy Upshaw	13.97	---	2021
W	60	Long Hurdles				
W	60	HJ	Annelies Steekelenburg	1.30		2011 & 2012
W	60	LJ	Joy Upshaw	4.23	0.0	2021
W	60	TJ	Linda Cohn	8.67	---	2013
W	60	PV	Nadine O'Connor	3.00		2004
W	60	SP	Linn Dunton	9.42		2019
W	60	DT	Linda Cohn	26.51		2013
W	60	JT	Linda Cohn	38.30		2013
W	60	HT	Linn Dunton	30.12		2021
W	60	WT	Linn Dunton	12.12		2019
W	60	SWT				
W	60	Race Walk 3,000 m	Donna Cunningham	17:59.21		2007
W	60	Race Walk 5,000 m				
W						
W	65	50m	Kathy Bergen	8.02	---	2006
W	65	100m	Nadine O'Connor	14.30	0.5	2007
W	65	200m	Josephine Kolda	34.7h	---	1985
W	65	400m	Els Tuinsing	1:20.9h		1988
W	65	800m	Alice Werbel	3:34.4h		1980
W	65	1,500 m	Vicki Bigelow	6:01.43		2000
W	65	Mile				

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
W	65	5,000 m				
W	65	10,000 m				
W	65	Steeple	Marie-Louise Michelsohn	8:58.40		2008
W	65	Sprint Hurdles				
W	65	Long Hurdles				
W	65	HJ	Annelies Steekelenburg	1.33		2013
W	65	LJ	Linda Cohn	3.78	---	2018
W	65	TJ	Linda Cohn	7.82	---	2018
W	65	PV	Shirley Kinsey	1.72		1996
W	65	SP	Linda Cohn	8.84		2019
W	65	DT	Linda Cohn	22.15		2018
W	65	JT	Linda Cohn	34.76		2018
W	65	HT	Mary Hirst	17.55		2000
W	65	WT				
W	65	SWT				
W	65	Race Walk 3,000 m	Yoko Eichel	18:25.81		2013
W	65	Race Walk 5,000 m				
W	65	Race Walk 5,000 m	Ann Dunsenberry	39:44.19		2019
W						
W	70	50m	Kathy Bergen	7.76	---	2011
W	70	100m	Kathy Bergen	15.24	---	2012
W	70	200m	Bess James	42.0h	---	1981
W	70	400m	Sumi Onodera-Leonard	1:30.83		1999
W	70	800m	Marie-Louise Michelsohn	3:10.53		2012
W	70	1,500 m	Bess James	7:54.0h		1982
W	70	Mile				
W	70	5,000 m	Phillis Benedict	31:15.72		1996
W	70	10,000 m				
W	70	Steeple	Marie-Louise Michelsohn	11:00.34		2012
W	70	Sprint Hurdles	Nadine O'Connor	15.92	---	2013
W	70	Long Hurdles				
W	70	HJ	Annelies Steekelenburg	1.20		2018 & 2019
W	70	HJ	Kathy Bergen	1.20		2012
W	70	LJ	Johnnye Valien	3.18	---	1998
W	70	TJ	Magdalena Kuehne	6.09	---	2001
W	70	PV	Johnnye Valien	1.52		1999
W	70	SP	Edith Mendyka	8.38		1981
W	70	DT	Annelies Steekelenburg	20.89		2018
W	70	JT	Kathy Bergen	21.10		2013
W	70	HT	Tomasa Schultz	14.45		2008
W	70	WT				
W	70	SWT				
W	70	Race Walk 3,000 m	Louise Walters	18:09.92		2010

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
W	70	Race Walk 5,000 m				
W						
W	75	50m	Kathy Bergen	8.64	---	2019
W	75	100m	Kathy Bergen	16.35	---	2017
W	75	200m	Kathy Bergen	37.35	<0.6>	2019
W	75	400m	Betty Joslin	1:15.3h		1991
W	75	800m	Jeanne Daprano	3:07.35		2011
W	75	1,500 m	Gerry Davidson	8:00.4h		1996
W	75	Mile				
W	75	5,000 m	Gerry Davidson	28:46.4h		1997
W	75	10,000 m				
W	75	Steeple	Marie-Louise Michelsohn	11:30.52		2018
W	75	Sprint Hurdles				
W	75	Long Hurdles				
						2017 & 2019
W	75	HJ	Kathy Bergen & Annelies Steekelenburg	1.15		& 2023
W	75	LJ	Johnnye Valien	2.51	---	2004
W	75	TJ	Fei-Mei Chou	4.73	---	2010
W	75	PV				
W	75	SP	Edith Mendyka	7.53		1986
W	75	DT	Annelies Steekelenburg	21.05		2023
W	75	JT	Edith Mendyka	18.03		1986
W	75	HT				
W	75	WT				
W	75	SWT				
W	75	Race Walk 3,000 m				
W	75	Race Walk 5,000 m				
W						
W	80	50m	Kathy Bergen	8.59	---	2021
W	80	100m	Kathy Bergen	16.51	<1.1>	2021
W	80	200m	Kathy Bergen	40.42	0.4	2021
W	80	400m	Gerry Davidson	1:51.73		2001
W	80	800m	Gerry Davidson	4:09.77		2001
W	80	1,500 m	Gerry Davidson	8:33.7h		2001
W	80	Mile				
W	80	5,000 m				
W	80	10,000 m				
W	80	Steeple	Marie-Louise Michelsohn	12:26.27		2021
W	80	Sprint Hurdles				
W	80	Long Hurdles				
W	80	HJ	Kathy Bergen	1.10		2021 & 2023
W	80	LJ	Johnnye Valien	2.08	---	2006
W	80	TJ	Johnnye Valien	4.61	---	2006

Athletes and Marks in blue need more information.

	Age Bracket	Event	Name	Mark	Wind	Year
W	80	PV				
W	80	SP	Johnnye Valien	5.80		2006
W	80	DT	Kathy Bergen	15.32		2021
W	80	JT	Johnnye Valien	15.55		2006
W	80	HT				
W	80	WT				
W	80	SWT				
W	80	Race Walk 3,000 m				
W	80	Race Walk 5,000 m				
W						
W	85	50m	Johnnye Valien	12.11	---	2011
W	85	100m	Johnnye Valien	24.28	0.1	2011
W	85	200m				
W	85	400m				
W	85	800m				
W	85	1,500 m				
W	85	Mile				
W	85	5,000 m				
W	85	10,000 m	Gerry Davidson	1:49:30.11		2006
W	85	Steeple				
W	85	Sprint Hurdles				
W	85	Long Hurdles				
W	85	HJ				
W	85	LJ	Johnnye Valien	2.32	1.6	2011
W	85	TJ	Johnnye Valien	4.43	0.0	2011
W	85	PV				
W	85	SP				
W	85	DT				
W	85	JT	Johnnye Valien	13.12		2011
W	85	HT				
W	85	WT				
W	85	SWT				
W	85	Race Walk 3,000 m				
W	85	Race Walk 5,000 m				