

**Pasadena Senior Games - 6/4/2022**  
**Pete Clentzos Memorial Meet**  
**Occidental College**  
**Results - Today's Meet**

**W50 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
Finals				
1 Watkins, Darnesha	W50 Los Angeles, CA	7.40	-0.8	2
2 Reid, Ersell	W53 Inglewood, CA	8.28	-0.8	2

**W55 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Keller, Sandra	W55 Jurupa Valley, CA	10.73	-0.8	2

**W60 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Jones, Jennifer	W62 Carson, CA	8.70	-0.8	2
2 von Winckelmann, Debby	W63 Woodland Hills, CA	9.31	-0.8	2

**W70 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Steele Matthews, Brenda	W73 Anaheim, CA	8.39	-0.2	
2 Broneer, Janet	W73 Valencia, CA	14.15	-0.2	
3 Winiecki, Patricia	W71 Paramount, CA	14.82	-0.2	

**W75 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Sneider, Sarah	W78 Arcadia, CA	11.63	-0.2	

**W80 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Bergen, Kathy	W83 La Canada Flintridge	9.41	-0.2	

**M50 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Sloan, Robert	M53 Puyallup, WA	6.78	0.2	10
2 Salazar, Martin	M54 Montebello, CA	8.07	0.2	10

**M55 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Clemons, Tony (Tc)	M56 Los Angeles, CA	6.78	0.2	10
2 Boba, Randall	M55 Redondo Beach, CA	6.94	0.2	10
3 Richardson, Lon	M59 canyon cytry, CA	7.91	0.2	10
4 Reamer, Xerxes	M58 Gardena, CA	9.54	0.2	10

**Pasadena Senior Games - 6/4/2022****Pete Clentzos Memorial Meet****Occidental College****Results - Today's Meet****M60 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Chan, Stephen	M60 El Cajon, CA	7.46	0.8	8
2 Cramer, Bruce	M61 Irvine, CA	7.67	0.8	8
3 QI, Zhangming	M64 Temple City, CA	7.78	0.8	8
4 Ham, Eben	M60 Santa Monica, CA	7.83	0.8	8
5 Hendricks, Xavier	M60 Pasadena, CA	8.16	0.2	9

**M65 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Llavanes, Rudy	M66 Manhattan Beach, CA	7.30	-0.1	6
2 Stevens, Ron	M68 Camarillo, CA	7.35	-0.1	6
3 Pearman, Clint	M66 Oceanside, CA	7.52	-0.1	6
4 Stevens, Randall	M68 Oregon City, OR	7.84	-0.1	6
5 mclawhorn, david	M68 temecula, CA	8.07	-0.1	6
6 Hecker, Andrew	M68 Unattached	8.67	-0.1	6
7 Reed, Darrell	M65 Unattached	8.84	-0.1	6
8 Chorpenning, Rick	M66 Huntington Beach, C	11.28	-0.1	6

**M70 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Weiss, Noel	M71 Marina del Rey, CA	7.79	1.1	4
2 Loughridge, Edd	M71 Las Vegas, NV	7.95	1.1	4
3 Kloch, Stephen	M70 Thousand Oaks, CA	8.25	1.1	4
4 Malin, James	M71 San Diego, CA	8.48	1.1	4
5 wong, george	M74 Playa Del Rey, CA	8.80	0.6	5
6 Tipping, Mike	M70 Irvine, CA	9.09	0.6	5
7 Battle, leroy	M74 Las Vegas, NV	9.24	1.1	4
8 dybens, bruce	M72 Long Beach, CA	9.63	0.6	5
9 Winiecki, Kenneth	M74 Paramount, CA	9.84	0.6	5

**M75 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Ziskin, Daniel	M75 Manhattan Beach, CA	8.13	0.8	3
2 Crandall, James	M77 Pauma Valley, CA	8.74	0.8	3
3 Weinstock, William	M76 Sierra Madre CA, CA	9.20	0.8	3
4 farber, rob	M76 West Coviina, CA	9.62	0.8	3
5 Muranaka, Ron	M79 Placentia, CA	10.02	0.8	3
6 Girling, Danfar	M78 Apache Junction, AZ	10.48	0.8	3

**M80 50 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Smith, Doug	M83 Laguna Hills, CA	8.72	0.5	2
2 Hashemzadeh, Iraj	M82 San Diego, CA	9.67	0.5	2
3 Duncan, Larry	M82 Altadena, CA	11.26	0.5	2
4 Ryan, Steve	M82 Malibu, CA	11.32	0.5	2

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**....M80 50 Meter Dash**

5 Brennon, James	M82 Pasadena, CA	11.78	0.5	2
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**M85 50 Meter Dash**

Name	Age Team	Finals	Wind
1 Iseri, Joe	M86 Gardena, CA	9.51	1.3
2 Ford, Tellmadge	M88 Santa Monica, CA	11.93	1.3
3 Chase, Jerry	M86 Lake Elsinore, CA	29.85	1.3

**M90 50 Meter Dash**

Name	Age Team	Finals	Wind
1 Kennedy, William	M91 Riverside, CA	12.24	1.3 12.233
1 Leis, Donald	M90 Pasadena, CA	12.24	1.3 12.238
3 Durkin, Noel	M91 San Diego, CA	14.85	1.3

**W50 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Watkins, Darmesha	W50 Los Angeles, CA	13.38	1.8	2
2 Reid, Ersell	W53 Inglewood, CA	15.70	1.8	2

**W55 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 McDonald, Sue	W59 Santa Barbara, CA	14.62	1.8	2
2 Clarke, Amanda	W58 Oak Park, CA	16.07	1.8	2

**W60 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 von Winckelmann, Debby	W63 Woodland Hills, CA	17.71	1.8	2
2 Griffin, Pamela	W64 Redlands, CA	22.32	1.8	2

**W70 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Bowman, Jeanne	W70 Santa Ana, CA	18.30	2.4	1
2 Braxton, Freddie	W72 Los Angeles, CA	21.30	2.4	1
3 Winiecki, Patricia	W71 Paramount, CA	34.77	1.8	2

**W75 100 Meter Dash**

Name	Age Team	Finals	Wind
1 Sneider, Sarah	W78 Arcadia, CA	23.74	2.4

**Pasadena Senior Games - 6/4/2022****Pete Clentzos Memorial Meet****Occidental College****Results - Today's Meet****W80 100 Meter Dash**

Name	Age Team	Finals	Wind
1 Bergen, Kathy	W83 La Canada Flintridge	18.02	2.4

**M55 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Clemons, Tony (Tc)	M56 Los Angeles, CA	12.42	+0.0	10
2 Boba, Randall	M55 Redondo Beach, CA	12.88	+0.0	10
3 Belcher, Byron	M58 El Segundo, CA	14.31	+0.0	10
4 Richardson, Lon	M59 canyon cytry, CA	14.92	+0.0	10
5 Nownejad, Cy	M56 Beverly Hills, CA	16.05	+0.0	10

**M60 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 McCullough, Gary	M60 Cypress, CA	12.79	1.8	8
2 QI, Zhangming	M64 Temple City, CA	14.36	+0.0	10
3 Chan, Stephen	M60 El Cajon, CA	14.44	+0.0	10
4 trovato, luca	M61 Santa Barbara, CA	15.26	1.8	8

**M65 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Llavanes, Rudy	M66 Manhattan Beach, CA	13.47	1.8	8
2 Stevens, Ron	M68 Camarillo, CA	13.83	0.9	6
3 Stevens, Randall	M68 Oregon City, OR	14.84	0.9	6
4 Hrshberger, Jim	M66 Phoenix, AZ	14.85	0.9	6
5 Reed, Darrell	M65 Unattached	17.83	1.8	8

**M70 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Johnson, Lionel	M71 Northridge, CA	13.93	0.9	6
2 Driver III, F. Eugene	M72 Los Angeles, CA	14.07	2.5	4
3 Weiss, Noel	M71 Marina del Rey, CA	14.73	2.5	4
4 Kloch, Stephen	M70 Thousand Oaks, CA	16.24	0.9	6
5 Banks, Gary	M71 Fallbrook, CA	16.78	2.5	4
6 Washington, Michael	M74 Los Angeles, CA	16.82	0.9	3
7 dybens, bruce	M72 Long Beach, CA	18.59	0.9	6
8 Winiecki, Kenneth	M74 Paramount, CA	19.43	2.5	4

**M75 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Ziskin, Daniel	M75 Manhattan Beach, CA	15.28	0.9	3
2 Cognetta, Pedro	M77 Running springs, CA	15.85	0.9	3
3 Crandall, James	M77 Pauma Valley, CA	16.34	0.9	3
4 Weinstock, William	M76 Sierra Madre CA, CA	18.43	0.9	3

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5 Muranaka, Ron	M79 Placentia, CA	19.84	0.9	3
6 Girling, Danfar	M78 Apache Junction, AZ	21.23	0.9	3

**M80 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Hashemzadeh, Iraj	M82 San Diego, CA	18.12	2.0	2
2 Ryan, Steve	M82 Malibu, CA	23.43	2.0	2

**M85 100 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Iseri, Joe	M86 Gardena, CA	17.89	2.0	2
2 Ford, Tellmadge	M88 Santa Monica, CA	33.25	2.0	2

**M90 100 Meter Dash**

Name	Age Team	Finals	Wind
1 Leis, Donald	M90 Pasadena, CA	24.46	2.0
2 Kennedy, William	M91 Riverside, CA	24.72	2.0

**M95 100 Meter Dash**

Name	Age Team	Finals	Wind
1 Hirakawa, Harry	M95 Rosemead, CA	35.60	2.0

**W50 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Watkins, Darmesha	W50 Los Angeles, CA	28.70	1.3	2
2 Reid, Ersell	W53 Inglewood, CA	33.69	1.3	2

**W55 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 McDonald, Sue	W59 Santa Barbara, CA	30.62	1.3	2
2 Clarke, Amanda	W58 Oak Park, CA	33.27	1.3	2

**W60 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Griffin, Pamela	W64 Redlands, CA	47.47	1.3	2

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**W70 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Bowman, Jeanne	W70 Santa Ana, CA	37.98	1.3	2
2 Braxton, Freddie	W72 Los Angeles, CA	45.20	1.3	2
3 Winiecki, Patricia	W71 Paramount, CA	74.98	1.3	2

**M55 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Clemons, Tony (Tc)	M56 Los Angeles, CA	25.33	-0.5	9
2 Boba, Randall	M55 Redondo Beach, CA	25.95	-0.5	9
3 Richardson, Lon	M59 canyon cytry, CA	31.08	-0.5	9
4 Nownejad, Cy	M56 Beverly Hills, CA	32.26	-0.5	9

**M60 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 McCullouch, Gary	M60 Cypress, CA	26.00	-0.5	9
2 Chan, Stephen	M60 El Cajon, CA	30.31	-0.5	9
3 trovato, luca	M61 Santa Barbara, CA	32.18	-0.5	9

**M65 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Llavanos, Rudy	M66 Manhattan Beach, CA	27.89	1.9	6
2 Stevens, Ron	M68 Camarillo, CA	28.96	1.9	6
3 Penny, Bill	M67 Camarillo, CA	29.32	1.9	6
4 Hrshberger, Jim	M66 Phoenix, AZ	30.93	1.9	6
5 Holmes, Harold	M65 Rocklin, CA	31.47	1.9	6
6 Stevens, Randall	M68 Oregon City, OR	31.66	1.9	6

**M70 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Driver III, F. Eugene	M72 Los Angeles, CA	31.85	0.2	5
2 Weiss, Noel	M71 Marina del Rey, CA	32.39	1.1	4
3 Washington, Michael	M74 Los Angeles, CA	34.18	1.1	4
4 Kloch, Stephen	M70 Thousand Oaks, CA	34.76	1.1	4
5 dybens, bruce	M72 Long Beach, CA	43.77	0.2	5
6 Winiecki, Kenneth	M74 Paramount, CA	44.52	0.2	5
7 Battle, leroy	M74 Las Vegas, NV	51.60	1.1	4
8 Banks, Gary	M71 Fallbrook, CA	69.73	1.1	4

**M75 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Ziskin, Daniel	M75 Manhattan Beach, CA	32.37	1.0	3
2 Lindsley, Fred	M77 Grand Terrace, CA	32.52	1.0	3
3 Cognetta, Pedro	M77 Running springs, CA	33.04	1.0	3

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**M80 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Hashemzadeh, Iraj	M82 San Diego, CA	41.95	0.4	2
2 Ryan, Steve	M82 Malibu, CA	53.72	0.4	2

**M85 200 Meter Dash**

Name	Age Team	Finals	Wind	H#
1 Iseri, Joe	M86 Gardena, CA	40.12	0.4	2

**M90 200 Meter Dash**

Name	Age Team	Finals	Wind
1 Leis, Donald	M90 Pasadena, CA	56.04	1.4
2 Kennedy, William	M91 Riverside, CA	60.94	1.4

**W55 400 Meter Dash**

Name	Age Team	Finals	H#
1 McDonald, Sue	W59 Santa Barbara, CA	65.23	2
2 Clarke, Amanda	W58 Oak Park, CA	73.85	2

**W70 400 Meter Dash**

Name	Age Team	Finals
1 Braxton, Freddie	W72 Los Angeles, CA	1:45.02
2 Winiecki, Patricia	W71 Paramount, CA	2:37.86

**M50 400 Meter Dash**

Name	Age Team	Finals	H#
1 Dayan, David	M54 La Canada Flintridge	60.94	4
2 Singleton, Marlon	M52 Los Angeles, CA	62.30	4

**M55 400 Meter Dash**

Name	Age Team	Finals	H#
1 Ramos, Guadalupe (Lou)	M55 Downey, CA	71.15	4

**M65 400 Meter Dash**

Name	Age Team	Finals	H#
1 Hammer, Kenneth	M66 Culver City, CA	64.79	3
2 Holmes, Harold	M65 Rocklin, CA	74.36	3

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**M70 400 Meter Dash**

Name	Age Team	Finals	H#
1 Banks, Gary	M71 Fallbrook, CA	69.70	2
2 Driver III, F. Eugene	M72 Los Angeles, CA	70.61	2
3 Shaheed, Nolan	M73 Pasadena, CA	70.92	2
4 Washington, Michael	M74 Los Angeles, CA	1:22.53	2
5 Winiecki, Kenneth	M74 Paramount, CA	1:42.36	2

**M75 400 Meter Dash**

Name	Age Team	Finals	H#
1 Lindsley, Fred	M77 Grand Terrace, CA	73.27	2
2 Cognetta, Pedro	M77 Running springs, CA	78.37	2

**M85 400 Meter Dash**

Name	Age Team	Finals	H#
1 Ford, Tellmadge	M88 Santa Monica, CA	4:41.40	3

**M90 400 Meter Dash**

Name	Age Team	Finals	H#
1 Kennedy, William	M91 Riverside, CA	3:08.81	3

**M55 800 Meter Run**

Name	Age Team	Finals	H#
1 Ramos, Guadalupe (Lou)	M55 Downey, CA	2:46.31	2
1:21.607 (1:21.607)	2:46.308 (1:24.702)		

**M60 800 Meter Run**

Name	Age Team	Finals	H#
1 Benudiz, Ronald	M61 Los Angeles, CA	2:39.71	2
1:17.049 (1:17.049)	2:39.701 (1:22.652)		
2 Araujo, John	M64 Placentia, CA	3:01.40	2
1:27.439 (1:27.439)	3:01.398 (1:33.959)		
3 Holmes, Mark	M62 Tustin, CA	3:17.55	2
1:39.124 (1:39.124)	3:17.548 (1:38.424)		

**M70 800 Meter Run**

Name	Age Team	Finals	H#
1 Morris, Bob	M70 Laguna Niguel, CA	3:14.36	
1:45.466 (1:45.466)	3:14.359 (1:28.893)		
2 Doyle, Steve	M74 La Mesa, CA	3:15.73	
1:44.467 (1:44.467)	3:15.721 (1:31.255)		



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3	Winiiecki, Kenneth	M74 Paramount, CA	4:17.59
	2:01.025 (2:01.025)	4:17.588 (2:16.564)	
4	Pittman, Patrick	M70 Los Angeles, CA	5:08.70
	2:25.270 (2:25.270)	5:08.700 (2:43.431)	

**M75 800 Meter Run**

Name	Age Team	Finals
1 Gast, Monte	M75 Marina Del Rey, CA	4:32.20
	2:11.307 (2:11.307)	4:32.199 (2:20.892)

**W70 1500 Meter Run**

Name	Age Team	Finals
1 Winiiecki, Patricia	W71 Paramount, CA	12:14.34
	2:18.559 (2:18.559)	5:32.332 (3:13.774) 8:55.264 (3:22.932) 12:14.334 (3:19.071)

**W75 1500 Meter Run**

Name	Age Team	Finals
1 Schaeffer, Mara	W77 Altadena, CA	15:05.54
	3:02.069 (3:02.069)	6:59.096 (3:57.027) 11:02.799 (4:03.704) 15:05.533 (4:02.734)

**M50 1500 Meter Run**

Name	Age Team	Finals
1 Braun, Greg	M53 Los Angeles, CA	5:19.93
	1:03.196 (1:03.196)	2:31.503 (1:28.307) 3:59.626 (1:28.124) 5:19.921 (1:20.295)

**M60 1500 Meter Run**

Name	Age Team	Finals
1 Schnieders, Peter	M63 Yorba Linda, CA	5:40.70
	1:05.930 (1:05.930)	2:39.624 (1:33.694) 4:14.203 (1:34.580) 5:40.694 (1:26.491)
2 Araujo, John	M64 Placentia, CA	5:40.78
	1:07.736 (1:07.736)	2:38.469 (1:30.734) 4:11.967 (1:33.499) 5:40.776 (1:28.810)
3 Holmes, Mark	M62 Tustin, CA	6:54.52
	1:21.175 (1:21.175)	3:14.874 (1:53.700) 5:08.793 (1:53.919) 6:54.511 (1:45.718)

**M65 1500 Meter Run**

Name	Age Team	Finals
1 Stromberg, Carl	M68 Santa Clarita, CA	5:55.69
	1:06.624 (1:06.624)	2:41.392 (1:34.768) 4:21.580 (1:40.189) 5:55.685 (1:34.105)
2 Grady, Tom	M68 Riverside, CA	5:58.40
	1:06.969 (1:06.969)	2:42.727 (1:35.759) 4:21.033 (1:38.306) 5:58.393 (1:37.360)
3 Stevens, Ron	M68 Camarillo, CA	6:53.12
	1:06.016 (1:06.016)	2:55.102 (1:49.087) 5:02.053 (2:06.951) 6:53.113 (1:51.061)

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**M70 1500 Meter Run**

Name	Age Team	Finals
1 Morris, Bob	M70 Laguna Niguel, CA	5:48.19
1:07.110 (1:07.110)	2:43.709 (1:36.600)	4:21.374 (1:37.665) 5:48.185 (1:26.811)
2 Shaheed, Nolan	M73 Pasadena, CA	5:55.22
1:04.032 (1:04.032)	2:35.243 (1:31.212)	4:13.803 (1:38.561) 5:55.214 (1:41.411)
3 Forrester, Perry	M70 Topanga, CA	6:09.03
1:06.299 (1:06.299)	2:44.473 (1:38.174)	4:26.727 (1:42.254) 6:09.029 (1:42.302)
4 Doyle, Steve	M74 La Mesa, CA	6:26.25
1:13.150 (1:13.150)	2:57.308 (1:44.158)	4:45.026 (1:47.719) 6:26.242 (1:41.217)
5 Winiecki, Kenneth	M74 Paramount, CA	8:36.07
1:10.445 (1:10.445)	3:25.990 (2:15.546)	5:58.915 (2:32.925) 8:36.068 (2:37.153)
6 Siddons, Alan	M71 Corona, CA	9:25.26
1:46.544 (1:46.544)	4:19.477 (2:32.933)	6:55.780 (2:36.304) 9:25.258 (2:29.478)

**M80 1500 Meter Run**

Name	Age Team	Finals
1 Brennon, James	M82 Pasadena, CA	8:11.23
1:28.540 (1:28.540)	3:40.840 (2:12.301)	5:56.628 (2:15.788) 8:11.230 (2:14.603)

**M54&U 5000 Meter Run**

Name	Age Team	Finals
1 Braun, Greg	M53 Los Angeles, CA	18:44.21
39.530 (39.530)	2:05.050 (1:25.521)	3:35.814 (1:30.765) 5:05.570 (1:29.756)
6:34.963 (1:29.393)	8:04.705 (1:29.743)	9:36.521 (1:31.816) 11:07.933 (1:31.412)
12:40.199 (1:32.266)	14:12.938 (1:32.740)	15:46.292 (1:33.354) 17:15.335 (1:29.044)
18:44.203 (1:28.868)		

**W54&U 5000 Meter Run**

Name	Age Team	Finals
1 Sanchez, Blanca	W51 Los Angeles, CA	24:07.73
51.198 (51.198)	2:43.954 (1:52.757)	4:36.555 (1:52.602) 6:29.592 (1:53.037)
8:25.187 (1:55.595)	10:22.483 (1:57.297)	12:18.855 (1:56.372) 14:18.241 (1:59.387)
16:14.974 (1:56.733)	18:15.130 (2:00.157)	20:13.933 (1:58.803) 22:11.694 (1:57.761)
24:07.726 (1:56.032)		

**W60 5000 Meter Run**

Name	Age Team	Finals
1 Sage, Karen	W61 Romoland, CA	26:30.34
1:03.469 (1:03.469)	3:13.482 (2:10.014)	5:26.343 (2:12.862) 7:37.890 (2:11.547)
9:48.440 (2:10.550)	11:59.040 (2:10.600)	14:06.920 (2:07.881) 16:12.623 (2:05.704)
18:17.194 (2:04.571)	20:22.612 (2:05.418)	22:28.551 (2:05.940) 24:33.569 (2:05.019)
26:30.331 (1:56.762)		

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## M60 5000 Meter Run

Name	Age Team	Finals
1 Guss, David	M62 Kelowna, BC	17:22.27
38.828 (38.828)	2:00.522 (1:21.695)	3:24.352 (1:23.830)
6:09.521 (1:23.354)	7:33.325 (1:23.805)	8:57.949 (1:24.625)
11:46.588 (1:23.329)	13:11.805 (1:25.217)	14:37.330 (1:25.526)
17:22.264 (1:19.187)		16:03.077 (1:25.747)
2 Araujo, John	M64 Placentia, CA	21:18.40
44.164 (44.164)	2:21.137 (1:36.974)	3:59.684 (1:38.547)
7:21.430 (1:41.564)	9:07.640 (1:46.211)	10:54.091 (1:46.451)
14:24.338 (1:44.661)	16:10.244 (1:45.906)	17:58.822 (1:48.579)
21:18.394 (1:36.755)		19:41.640 (1:42.818)
3 Allen, Scott	M62 Santa Monica, CA	24:52.45
56.846 (56.846)	2:53.442 (1:56.596)	4:49.199 (1:55.758)
8:42.519 (1:57.949)	10:39.442 (1:56.923)	12:39.412 (1:59.970)
16:41.573 (2:01.548)	18:45.501 (2:03.929)	20:50.539 (2:05.038)
24:52.448 (1:55.834)		22:56.615 (2:06.077)

## M65 5000 Meter Run

Name	Age Team	Finals
1 Berger, Michael	M65 Los Angeles, CA	27:32.88
1:00.556 (1:00.556)	3:14.424 (2:13.868)	5:26.338 (2:11.914)
9:49.005 (2:12.465)	12:00.657 (2:11.652)	14:12.578 (2:11.922)
18:38.792 (2:14.243)	20:51.417 (2:12.626)	23:08.466 (2:17.049)
27:32.873 (2:05.260)		25:27.614 (2:19.149)
2 Snyder, Jeff	M66 Pasadena, CA	28:08.40
1:04.969 (1:04.969)	3:26.290 (2:21.321)	5:40.884 (2:14.594)
10:11.549 (2:16.813)	12:27.109 (2:15.560)	14:41.785 (2:14.677)
19:17.473 (2:19.539)	21:33.363 (2:15.891)	23:48.163 (2:14.801)
28:08.393 (2:07.278)		26:01.116 (2:12.953)

## M70 5000 Meter Run

Name	Age Team	Finals
1 Forrester, Perry	M70 Topanga, CA	22:33.46
44.591 (44.591)	2:20.210 (1:35.620)	3:59.438 (1:39.229)
7:32.608 (1:47.994)	9:23.142 (1:50.535)	11:15.139 (1:51.997)
15:03.913 (1:54.327)	16:58.519 (1:54.606)	18:51.501 (1:52.982)
22:33.453 (1:48.842)		20:44.612 (1:53.112)

## W75 5000 Meter Run

Name	Age Team	Finals
1 Schaeffer, Mara	W77 Altadena, CA	56:24.65
2:42.995 (2:42.995)	7:38.064 (4:55.069)	12:28.298 (4:50.234)
21:55.280 (4:40.932)	26:32.762 (4:37.482)	31:01.233 (4:28.471)
39:45.135 (4:20.394)	44:01.359 (4:16.225)	48:13.491 (4:12.132)
56:24.641 (4:01.685)		52:22.956 (4:09.466)

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**W55 High Jump**

Name	Age Team	Finals
-- McDonald, Sue 1.33 XX	W59 Santa Barbara, CA	NH

**W60 High Jump**

Name	Age Team	Finals
1 von Winckelmann, Debby 1.08 1.13 1.18 1.23 O O O XXX	W63 Woodland Hills, CA	1.18m 3-10.50

**W65 High Jump**

Name	Age Team	Finals
1 Vaughn, Karen 0.83 0.88 0.93 0.98 O O XXO X	W65 Tustin, CA	0.93m 3-00.50

**W70 High Jump**

Name	Age Team	Finals
1 steekelenburg, Annelies 1.03 1.08 1.13 1.18 O O XXO XXX	W74 Malibu, CA	1.13m 3-08.50

**W80 High Jump**

Name	Age Team	Finals
1 Bergen, Kathy 0.98 1.03 1.08 1.13 O O XO XXX	W83 La Canada Flintridge	1.08m 3-06.50

**M55 High Jump**

Name	Age Team	Finals
1 Morrow, Art 1.03 O	M58 Unattached	1.03m 3-04.50

**M60 High Jump**

Name	Age Team	Finals
1 Ham, Eben 1.43 1.50 1.50 1.55 1.60 1.65 O O O O O XXX	M60 Santa Monica, CA	1.60m 5-03.00

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**....M60 High Jump**

2 Mourali, Said	M64 Santa Monica, CA	1.33m	4-04.25
1.28 1.33 1.38			
0 0 XXX			
3 Hendricks, Xavier	M60 Pasadena, CA	1.23m	4-00.50
1.13 1.18 1.23 1.28			
0 0 XXO XXX			
4 Papacalos, George	M62 Long Beach, CA	1.08m	3-06.50
0.73 0.78 0.83 0.88 0.93 0.98 1.03 1.08 1.13			
0 XO XO 0 0 0 0 XO XXX			
5 Swenson, Kenneth	M60 Yuba City, CA	0.88m	2-10.50
0.73 0.78 0.83 0.88 0.93			
0 0 0 0 XXX			

**M65 High Jump**

Name	Age Team	Finals
1 Niroumand, Mahmoud	M65 Costa Mesa, CA	1.38m 4-06.25
1.33 1.38 1.43		
0 0 XXX		
2 Bentz, Kirk	M68 Sierra Madre, CA	1.28m 4-02.25
1.28 1.33		
XO XXX		
3 Hecker, Andrew	M68 Unattached	1.23m 4-00.50
1.23 1.28		
XO XXX		
4 johnson, keith	M69 Escondido, CA	1.03m 3-04.50
1.03 1.08		
XO X		

**M70 High Jump**

Name	Age Team	Finals
1 Rader, Charlie	M74 Corona, CA	1.28m 4-02.25
1.28 1.33		
0 XX		
2 Binninger, G A Ben	M74 Valencia, CA	0.83m 2-08.75
0.73 0.78 0.83 0.88		
0 0 XXO XXX		

**M75 High Jump**

Name	Age Team	Finals
1 Squires, jack	M78 Napa, CA	1.23m 4-00.50
1.13 1.18 1.23 1.28		
0 0 0 XXX		
2 Goodreau, James	M77 North Hollywood, CA	J1.23m 4-00.50
1.18 1.23 1.28		
XO 0 XXX		
3 Gast, Monte	M75 Marina Del Rey, CA	1.08m 3-06.50
1.03 1.08 1.23		
0 0 XXX		

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**....M75 High Jump**

-- Burrell, Otis                      M78 Carson, CA                      NH  
 1.18  
 XXX

**M80 High Jump**

Name	Age Team	Finals
1 Ryan, Steve 0.93 0.98 1.03 XO O XXX	M82 Malibu, CA	0.98m 3-02.50

**M85 High Jump**

Name	Age Team	Finals
1 Chase, Jerry 0.73 0.78 O XXX	M86 Lake Elsinore, CA	0.73m 2-04.75

**M90 High Jump**

Name	Age Team	Finals
1 Leis, Donald 0.73 0.78 0.83 0.88 0.93 O XO O O X	M90 Pasadena, CA	0.88m 2-10.50

**M30 Pole Vault**

Name	Age Team	Finals
1 Bentz, Graham 3.07 3.22 3.53 3.68 3.83 3.98 O O O O O XXX	M30 Unattached	3.83m 12-06.75

**M65 Pole Vault**

Name	Age Team	Finals
1 Bentz, Kirk 3.07 3.22 XO XXX	M68 Sierra Madre, CA	3.07m 10-00.75
2 Burnett, Kevin 2.62 2.77 2.92 3.07 O XO XO XXX	M69 Thousand Oaks, CA	2.92m 9-07.00
3 mclawhorn, david 2.47 2.62 2.77 2.92 O O XO XXX	M68 temecula, CA	2.77m 9-01.00

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**M70 Pole Vault**

Name	Age Team	Finals
1 St. Cyr, Ken 2.47 2.62 2.77 2.92 O O XXO XXX	M70 Rancho Santa Fe, CA	2.77m 9-01.00

**M75 Pole Vault**

Name	Age Team	Finals
1 Gast, Monte 1.87 2.00 O XO	M75 Marina Del Rey, CA	2.00m 6-06.75

**W55 Long Jump**

Name	Age Team	Finals	Wind
1 Keller, Sandra 1.84m(0.5) 2.04m(+0.0) 2.14m(-0.6) 2.09m(-0.7)	W55 Jurupa Valley, CA	2.14m	-0.6 7-00.25

**W60 Long Jump**

Name	Age Team	Finals	Wind
1 Jones, Jennifer 2.99m(+0.0) 2.80m(0.1) 2.30m(-1.3) 3.07m(-0.8)	W62 Carson, CA	3.07m	-0.8 10-01.00

**W70 Long Jump**

Name	Age Team	Finals	Wind
1 Cohn, Linda 3.30m(+0.0) 3.05m(+0.0) 3.17m(+0.0) 3.10m(-0.9)	W70 Northridge, CA	3.30m	+0.0 10-10.00
2 Steele Matthews, Brenda 3.25m(+0.0) 3.17m(+0.0) 3.08m(-0.8) 3.17m(+0.0)	W73 Anaheim, CA	3.25m	+0.0 10-08.00

**W75 Long Jump**

Name	Age Team	Finals	Wind
1 Sneider, Sarah 1.98m(+0.0) 1.73m(+0.0) 1.79m(+0.0) 1.70m(-0.6)	W78 Arcadia, CA	1.98m	+0.0 6-06.00

**M55 Long Jump**

Name	Age Team	Finals	Wind	H#
1 Morrow, Art 3.11m(-1.1) 2.99m(0.7)	M58 Unattached	3.11m	-1.1 10-02.50	2

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## M60 Long Jump

Name	Age Team	Finals	Wind	H#
1 Cramer, Bruce	M61 Irvine, CA	4.24m	1.7	13-11.00 2
4.23m(0.5) 4.24m(1.7) 4.23m(0.6)				
2 McCullough, Gary	M60 Cypress, CA	4.13m	0.4	13-06.75 2
4.13m(0.4) 4.11m(1.1)				
3 Murali, Said	M64 Santa Monica, CA	3.92m	+0.0	12-10.50 2
3.86m(-0.5) FOUL(2.1) 3.92m(+0.0)				
4 Swenson, Kenneth	M60 Yuba City, CA	1.49m	0.8	4-10.75 2
1.49m(0.8)				

## M65 Long Jump

Name	Age Team	Finals	Wind	H#
1 Niroumand, Mahmoud	M65 Costa Mesa, CA	4.53m	1.8	14-10.50 1
4.53m(1.8)				
2 mclawhorn, david	M68 temecula, CA	4.08m	0.2	13-04.75 1
3.67m(+0.0) 3.73m(+0.0) 4.07m(1.9) 4.08m(0.2)				
3 Stevens, Ron	M68 Camarillo, CA	3.95m	-1.0	12-11.50 1
FOUL(+0.0) 3.64m(0.2) 3.95m(-1.0)				
4 Stevens, Randall	M68 Oregon City, OR	3.68m	+0.0	12-01.00 1
3.62m(+0.0) 3.24m(1.8) FOUL(+0.0) 3.68m(+0.0)				
5 Hecker, Andrew	M68 Unattached	J3.68m	-1.2	12-01.00 2
3.56m(2.0) 3.49m(0.8) 3.68m(-1.2) 3.46m(+0.0)				

## M70 Long Jump

Name	Age Team	Finals	Wind	H#
1 Tomaschke, John	M73 San Diego, CA	4.09m	+0.0	13-05.00
4.09m(+0.0) FOUL(1.2) 3.83m(0.6) 3.85m(+0.0)				
2 Malin, James	M71 San Diego, CA	3.65m	+0.0	11-11.75
3.59m(+0.0) 3.65m(+0.0)				
3 Tipping, Mike	M70 Irvine, CA	3.32m	+0.0	10-10.75
3.25m(+0.0) 3.30m(-0.2) FOUL(0.2) 3.32m(+0.0)				
4 Pittman, Patrick	M70 Los Angeles, CA	2.99m	1.1	9-09.75
2.89m(0.8) 2.84m(+0.0) 2.99m(1.1) 2.96m(+0.0)				
5 Battle, leroy	M74 Las Vegas, NV	2.88m	1.0	9-05.50
2.68m(1.0) 2.88m(1.0) 2.53m(1.6)				

## M75 Long Jump

Name	Age Team	Finals	Wind	H#
1 Gast, Monte	M75 Marina Del Rey, CA	3.16m	-0.5	10-04.50
3.04m(-0.7) 3.16m(-0.5)				
2 Muranaka, Ron	M79 Placentia, CA	2.80m	2.0	9-02.25
2.79m(+0.0) 2.70m(0.5) 2.80m(2.0) 2.79m(0.8)				



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Name	Age Team	Finals	Wind
1 Iseri, Joe 2.49m(+0.0)	M86 Gardena, CA	2.49m	+0.0 8-02.00
2 Chase, Jerry 1.57m(+0.0) 1.70m(0.8)	M86 Lake Elsinore, CA	1.70m	0.8 5-07.00

**M90 Long Jump**

Name	Age Team	Finals	Wind
1 Leis, Donald 1.50m(-0.1)	M90 Pasadena, CA	1.50m	-0.1 4-11.25

**W60 Triple Jump**

Name	Age Team	Finals	Wind
1 Jones, Jennifer FOUL 5.59m(+0.0) 5.77m(0.7) FOUL(+0.0)	W62 Carson, CA	5.77m	0.7 18-11.25

**M60 Triple Jump**

Name	Age Team	Finals	Wind	H#
1 Cramer, Bruce 8.85m(+0.0) 9.00m(1.3)	M61 Irvine, CA	9.00m	1.3 29-06.50	2
2 Mourali, Said 8.49m(1.6) 8.56m(0.4) 8.99m(1.8) 8.96m(0.5)	M64 Santa Monica, CA	8.99m	1.8 29-06.00	2

**M65 Triple Jump**

Name	Age Team	Finals	Wind	H#
1 Niroumand, Mahmoud 9.41m(1.0) 9.72m(+0.0)	M65 Costa Mesa, CA	9.72m	+0.0 31-10.75	2

**M70 Triple Jump**

Name	Age Team	Finals	Wind
1 Tomaschke, John 8.33m(+0.0) 8.76m(1.1) 8.69m(1.1) FOUL(0.5)	M73 San Diego, CA	8.76m	1.1 28-09.00
2 Pittman, Patrick FOUL 6.50m(NWI) 6.30m(NWI) FOUL	M70 Los Angeles, CA	6.50m	NWI 21-04.00
3 Battle, leroy 6.01m(2.4) x	M74 Las Vegas, NV	6.01m	2.4 19-08.75
-- Tipping, Mike FOUL x	M70 Irvine, CA	FOUL	

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**M75 Triple Jump**

Name	Age Team	Finals	Wind
1 Gast, Monte 5.12m(+0.0) 6.15m(0.5)	M75 Marina Del Rey, CA	6.15m	0.5 20-02.25

**M90 Triple Jump**

Name	Age Team	Finals	Wind
1 Leis, Donald 3.18m(0.3)	M90 Pasadena, CA	3.18m	0.3 10-05.25

**W50 Shot Put - Follows DT**

Name	Age Team	Finals
1 Romano, stacie 7.52m 7.58m 7.83m 6.91m	W51 Riverside, CA	7.83m 25-08.25

**W55 Shot Put - Follows DT**

Name	Age Team	Finals
1 Lee, Suzette FOUL 8.39m 8.54m 8.65m	W58 Simi Valley, CA	8.65m 28-04.50
2 Utu, Robyn 8.31m 8.14m FOUL 8.17m	W58 Long Beach, CA	8.31m 27-03.25

**W60 Shot Put - Follows DT**

Name	Age Team	Finals
1 von Winckelmann, Debby 7.03m 6.50m 7.21m 6.73m	W63 Woodland Hills, CA	7.21m 23-08.00
2 Jones, Jennifer 7.04m 6.29m 6.94m 6.62m	W62 Carson, CA	7.04m 23-01.25

**W65 Shot Put - Follows DT**

Name	Age Team	Finals
1 Sanchez, Estela 7.37m 7.19m 7.14m FOUL	W65 Oceanside, CA	7.37m 24-02.25
2 Vaughn, Karen 6.05m FOUL 6.42m 6.12m	W65 Tustin, CA	6.42m 21-00.75

**W70 Shot Put - Follows DT**

Name	Age Team	Finals
1 Cohn, Linda 8.11m 8.06m 8.40m 7.81m	W70 Northridge, CA	8.40m 27-06.75
2 Broneer, Janet 6.38m 6.68m 6.71m 6.08m	W73 Valencia, CA	6.71m 22-00.25

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3 Evans, Ellie W70 Whittier, CA 6.00m 19-08.25  
FOUL 6.00m FOUL 5.90m

**M55 Shot Put - Follows DT**

Name	Age	Team	Finals	H#
1 Finley, Brian	M58	West Hills, CA	9.15m	30-00.25 2
		8.85m 9.15m 9.10m FOUL		
2 Nownejad, Cy	M56	Beverly Hills, CA	6.84m	22-05.25 2
		6.05m 6.62m 6.84m 6.83m		

**M60 Shot Put - Follows DT**

Name	Age	Team	Finals	H#
1 peterson, dan	M62	thousand oaks, CA	14.49m	47-06.50 1
		14.49m FOUL FOUL 14.24m		
2 Holden, Gregory	M64	Sun city, CA	12.92m	42-04.75 2
		12.07m 12.92m 12.50m 12.26m		
3 Chan, Stephen	M60	El Cajon, CA	8.61m	28-03.00 2
		FOUL 7.78m 8.11m 8.61m		
4 Swenson, Kenneth	M60	Yuba City, CA	7.39m	24-03.00 2
		6.44m 7.19m 7.39m 6.57m		

**M65 Shot Put - Follows DT**

Name	Age	Team	Finals	H#
1 Niroumand, Mahmoud	M65	Costa Mesa, CA	9.88m	32-05.00 2
		9.64m 9.88m 9.33m FOUL		
2 mclawhorn, david	M68	temecula, CA	9.46m	31-00.50 2
		9.46m 8.59m 8.97m 8.21m		

**M70 Shot Put - Follows DT**

Name	Age	Team	Finals	H#
1 Torbert, Quenton	M71	Redlands, CA	15.34m	50-04.00 2
		15.34m 15.06m FOUL 14.78m		
2 Malin, James	M71	San Diego, CA	11.87m	38-11.50 2
		11.56m 11.57m FOUL 11.87m		
3 Markota, Richard	M73	Camarillo, CA	8.22m	26-11.75 2
		8.22m 8.17m 8.10m		
4 Fox, Joel	M73	Granada Hills, CA	5.24m	17-02.25 2
		FOUL FOUL 5.24m		

**M75 Shot Put - Follows DT**

Name	Age	Team	Finals	H#
1 harvey, william	M77	Goleta, CA	11.79m	38-08.25
		11.58m 11.79m FOUL 11.16m		

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2	Hart, Larry	M76	Los Angeles, CA	10.85m	35-07.25
	10.25m	10.67m	10.45m	10.85m	
3	Gast, Monte	M75	Marina Del Rey, CA	7.95m	26-01.00
	7.41m	7.95m	7.28m	7.58m	
4	Kholos, James	M79	Los Angeles, CA	7.71m	25-03.50
	6.96m	7.15m	7.71m	7.33m	
5	Cheema, Harinder	M76	Azusa, CA	5.99m	19-08.00
	FOUL	FOUL	5.99m	FOUL	

**M80 Shot Put - Follows DT**

Name	Age	Team	Finals
1 White, Jack	M84	Unattached	9.92m 32-06.50
	9.35m	9.13m	9.92m FOUL
2 Katsis, Tom	M83	Valley Glen, CA	7.59m 24-11.00
	7.59m	FOUL	7.32m FOUL

**M85 Shot Put - Follows DT**

Name	Age	Team	Finals
1 Rosen, Alan	M87	Sherman Oaks, CA	6.23m 20-05.25
	6.23m	5.96m	6.08m 5.47m
2 Chase, Jerry	M86	Lake Elsinore, CA	5.36m 17-07.00
	5.00m	5.36m	5.27m PASS

**M90 Shot Put - Follows DT**

Name	Age	Team	Finals
1 Durkin, Noel	M91	San Diego, CA	5.27m 17-03.50
	5.06m	5.27m	FOUL 4.32m
2 Leis, Donald	M90	Pasadena, CA	4.63m 15-02.25
	4.22m	4.63m	FOUL FOUL

**W55 Discus Throw -Follows SBT**

Name	Age	Team	Finals
1 Utu, Robyn	W58	Long Beach, CA	20.55m 67-05
	19.22m	FOUL	20.19m 20.55m
2 Lee, Suzette	W58	Simi Valley, CA	19.93m 65-05
	17.57m	18.73m	FOUL 19.93m

**W65 Discus Throw -Follows SBT**

Name	Age	Team	Finals
1 Sanchez, Estela	W65	Oceanside, CA	19.24m 63-01
	19.24m	FOUL	18.33m 18.86m

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**W70 Discus Throw -Follows SBT**

Name	Age Team	Finals	H#
1 Cohn, Linda	W70 Northridge, CA	22.33m	73-03
20.16m 21.95m FOUL	22.33m		
2 Broneer, Janet	W73 Valencia, CA	16.59m	54-05
FOUL 12.48m 16.01m	16.59m		
3 steekelenburg, Annelies	W74 Malibu, CA	16.53m	54-03
15.05m 14.35m 15.32m	16.53m		

**W80 Discus Throw -Follows SBT**

Name	Age Team	Finals	H#
1 Bergen, Kathy	W83 La Canada Flintridge	15.89m	52-01
14.83m FOUL	15.89m 14.21m		

**M55 Discus Throw -Follows SBT**

Name	Age Team	Finals	H#
1 Belcher, Byron	M58 El Segundo, CA	26.28m	86-03 2
FOUL 25.61m	26.28m		
2 Finley, Brian	M58 West Hills, CA	18.06m	59-03 2
15.90m FOUL	18.06m FOUL		
3 Nownejad, Cy	M56 Beverly Hills, CA	15.09m	49-06 2
FOUL 11.22m 13.68m	15.09m		

**M60 Discus Throw -Follows SBT**

Name	Age Team	Finals	H#
1 peterson, dan	M62 thousand oaks, CA	39.18m	128-06 2
38.28m 39.18m FOUL	FOUL		
2 Holden, Gregory	M64 Sun city, CA	38.97m	127-10 2
37.30m 38.97m	38.40m 38.42m		
3 Cramer, Bruce	M61 Irvine, CA	35.01m	114-10 2
34.04m 34.29m	35.01m FOUL		
4 Barry, James	M64 Studio City, CA	31.40m	103-00 2
FOUL 30.61m 28.80m	31.40m		
5 Swenson, Kenneth	M60 Yuba City, CA	13.88m	45-06 2
FOUL FOUL	13.70m 13.88m		

**M65 Discus Throw -Follows SBT**

Name	Age Team	Finals	H#
1 Niroumand, Mahmoud	M65 Costa Mesa, CA	31.90m	104-08 2
31.90m 29.72m	29.02m 30.62m		
2 mclawhorn, david	M68 temecula, CA	29.95m	98-03 2
27.05m 29.80m	29.95m FOUL		
3 johnson, keith	M69 Escondido, CA	24.45m	80-02 2
24.45m FOUL FOUL	FOUL		

**Pasadena Senior Games - 6/4/2022****Pete Clentzos Memorial Meet****Occidental College****Results - Today's Meet****M70 Discus Throw -Follows SBT**

Name	Age	Team	Finals	
1 Tipping, Mike	M70	Irvine, CA	28.84m	94-07
			28.84m 26.80m 28.16m 28.39m	
2 Markota, Richard	M73	Camarillo, CA	25.72m	84-04
			25.64m 24.95m 25.72m 24.75m	
3 Binninger, G A Ben	M74	Valencia, CA	16.81m	55-02
			FOUL FOUL FOUL 16.81m	

**M75 Discus Throw -Follows SBT**

Name	Age	Team	Finals	
1 Hart, Larry	M76	Los Angeles, CA	41.23m	135-03
			41.23m 39.27m 40.97m FOUL	
2 harvey, william	M77	Goleta, CA	32.46m	106-06
			32.46m FOUL 31.82m 30.89m	
3 Gast, Monte	M75	Marina Del Rey, CA	23.06m	75-08
			FOUL 21.85m 23.06m	
4 Cheema, Harinder	M76	Azusa, CA	19.19m	62-11
			17.70m 15.94m 19.19m 17.58m	

**M80 Discus Throw -Follows SBT**

Name	Age	Team	Finals		H#
1 White, Jack	M84	Unattached	23.20m	76-01	2
			FOUL 18.43m 22.60m 23.20m		
2 Katsis, Tom	M83	Valley Glen, CA	20.15m	66-01	1
			FOUL 20.15m FOUL 19.66m		

**M85 Discus Throw -Follows SBT**

Name	Age	Team	Finals	
1 Rosen, Alan	M87	Sherman Oaks, CA	19.91m	65-04
			18.54m 19.91m FOUL 19.38m	

**W55 Javelin Throw**

Name	Age	Team	Finals	
1 Utu, Robyn	W58	Long Beach, CA	19.99m	65-07
			15.91m FOUL FOUL 19.99m	
2 Lee, Suzette	W58	Simi Valley, CA	19.25m	63-02
			19.24m 19.25m 18.10m 19.15m	

**W60 Javelin Throw**

Name	Age	Team	Finals	
1 von Winckelmann, Debby	W63	Woodland Hills, CA	18.10m	59-04
			16.68m FOUL FOUL 18.10m	

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**W65 Javelin Throw**

Name	Age Team	Finals
1 Vaughn, Karen 13.51m FOUL 12.10m 13.74m	W65 Tustin, CA	13.74m 45-01
2 Sanchez, Estela FOUL 12.88m 12.39m 11.24m	W65 Oceanside, CA	12.88m 42-03

**W70 Javelin Throw**

Name	Age Team	Finals
1 Cohn, Linda 28.19m 27.82m 28.49m FOUL	W70 Northridge, CA	28.49m 93-06

**W80 Javelin Throw**

Name	Age Team	Finals
1 Bergen, Kathy 13.25m 13.71m 14.28m FOUL	W83 La Canada Flintridge	14.28m 46-10

**M55 Javelin Throw**

Name	Age Team	Finals	H#
1 Kirkpatrick, Glenn 32.50m 32.28m 32.48m 30.71m	M56 Fillmore, CA	32.50m	106-07 2
2 Morrow, Art FOUL 14.05m 17.30m FOUL	M58 Unattached	17.30m	56-09 2

**M60 Javelin Throw**

Name	Age Team	Finals	H#
1 barba, steve 40.02m 39.38m 39.46m 39.83m	M61 Lakewood, CA	40.02m	131-03 2
2 Cramer, Bruce 28.13m 29.86m 31.80m 29.83m	M61 Irvine, CA	31.80m	104-04 2
3 Barry, James 29.90m 31.76m 30.91m 30.44m	M64 Studio City, CA	31.76m	104-02 2
4 Raveling, Lyle 20.06m 19.69m 21.43m 22.45m	M64 Valencia, CA	22.45m	73-08 2
5 Swenson, Kenneth 13.73m 12.66m FOUL 13.03m	M60 Yuba City, CA	13.73m	45-00 2

**M65 Javelin Throw**

Name	Age Team	Finals	H#
1 Niroumand, Mahmoud 40.39m 35.03m 38.06m 39.43m	M65 Costa Mesa, CA	40.39m	132-06 2
2 mclawhorn, david 25.11m 25.86m FOUL 25.77m	M68 temecula, CA	25.86m	84-10 2

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**M70 Javelin Throw**

Name	Age	Team	Finals	
1 Markota, Richard	M73	Camarillo, CA	24.76m	81-03
			19.77m 23.12m 23.35m 24.76m	

**M75 Javelin Throw**

Name	Age	Team	Finals	
1 Gast, Monte	M75	Marina Del Rey, CA	23.20m	76-01
			23.03m 21.73m 22.52m 23.20m	
2 Weinstock, William	M76	Sierra Madre CA, CA	21.97m	72-01
			21.97m FOUL FOUL FOUL	
3 Cheema, Harinder	M76	Azusa, CA	16.31m	53-06
			9.22m FOUL 15.99m 16.31m	

**M80 Javelin Throw**

Name	Age	Team	Finals	
1 Katsis, Tom	M83	Valley Glen, CA	19.97m	65-06
			19.20m FOUL FOUL 19.97m	
2 White, Jack	M84	Unattached	19.64m	64-05
			FOUL 19.64m 18.20m FOUL	

**W50 Weight Throw Softball Thr**

Name	Age	Team	Finals	
1 Romano, stacie	W51	Riverside, CA	97-00.00	29.56m
			97-00 80-00 87-00 85-00	

**W55 Weight Throw Softball Thr**

Name	Age	Team	Finals	
1 Lee, Suzette	W58	Simi Valley, CA	111-00.00	33.83m
			104-00 105-00 111-00 108-00	
2 Keller, Sandra	W55	Jurupa Valley, CA	80-00.00	24.38m
			76-00 80-00 78-00 79-00	

**W60 Weight Throw Softball Thr**

Name	Age	Team	Finals	
1 von Winckelmann, Debby	W63	Woodland Hills, CA	128-00.00	39.01m
			105-00 101-00 FOUL 128-00	
2 Sage, Karen	W61	Romoland, CA	83-00.00	25.29m
			76-00 82-00 77-00 83-00	
3 Jones, Jennifer	W62	Carson, CA	72-00.00	21.94m
			64-00 68-00 72-00 56-00	



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**W70 Weight Throw Softball Thr**

Name	Age Team	Finals
1 Steele Matthews, Brenda 92-00 52-00 83-00 75-00	W73 Anaheim, CA	92-00.00 28.04m

**M55 Weight Throw Softball Thr**

Name	Age Team	Finals
1 Finley, Brian 111-00 95-00 108-00 114-00	M58 West Hills, CA	114-00.00 34.74m

**M60 Weight Throw Softball Thr**

Name	Age Team	Finals
1 Deegan, William 110-00 110-00 113-00 117-00	M60 Hawthorne, CA	117-00.00 35.66m
2 Swenson, Kenneth 72-00 62-00 FOUL 79-00	M60 Yuba City, CA	79-00.00 24.07m

**M65 Weight Throw Softball Thr**

Name	Age Team	Finals
1 mclawhorn, david 133-00 140-00 142-00 140-00	M68 temecula, CA	142-00.00 43.28m

**M70 Weight Throw Softball Thr**

Name	Age Team	Finals
1 Markota, Richard 141-00 146-00 148-00 152-00	M73 Camarillo, CA	152-00.00 46.32m

**M75 Weight Throw Softball Thr**

Name	Age Team	Finals
1 Gast, Monte 80-00 62-00 97-00 64-00	M75 Marina Del Rey, CA	97-00.00 29.56m

**M50 1500 Meter Race Walk**

Name	Age Team	Finals
1 Deegan, Gerard 1:39.906 (1:39.906) 4:01.059 (2:21.153) 6:22.797 (2:21.739) 8:40.661 (2:17.864)	M54 Burbank, CA	8:40.67

**M55 1500 Meter Race Walk**

Name	Age Team	Finals
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**....M55 1500 Meter Race Walk**

1	Morrow, Art	M58 Unattached	9:31.91			
	1:42.681 (1:42.681)	4:20.235 (2:37.554)	6:58.815 (2:38.581)	9:31.909 (2:33.095)		

**M55 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals				
1	Morrow, Art	M58 Unattached	9:50.49			
	1:45.159 (1:45.159)	4:22.403 (2:37.244)	7:06.389 (2:43.987)	9:50.485 (2:44.097)		

**M60 1500 Meter Race Walk**

Name	Age Team	Finals				
1	Papacalos, George	M62 Long Beach, CA	10:40.39			
	1:54.427 (1:54.427)	4:49.972 (2:55.545)	7:48.290 (2:58.319)	10:40.383 (2:52.094)		

**M60 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals				
1	Leventhal, Stanley	M60 Rosemead, CA	11:54.53			
	2:30.048 (2:30.048)	5:40.470 (3:10.423)	8:47.634 (3:07.164)	11:54.522 (3:06.888)		

**W60 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals				
1	Griffin, Pamela	W64 Redlands, CA	12:25.13			
	2:19.496 (2:19.496)	5:46.140 (3:26.645)	9:11.893 (3:25.754)	12:25.126 (3:13.234)		

**M65 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals				
1	Mulcahy, Sean	M66 Van Nuys, CA	12:34.95			
	2:29.076 (2:29.076)	5:49.251 (3:20.176)	9:13.240 (3:23.989)	12:34.942 (3:21.703)		

**W65 1500 Meter Race Walk**

Name	Age Team	Finals				
1	Rasmussen, Paula	W68 El Segundo, CA	10:51.08			
	2:03.678 (2:03.678)	5:02.036 (2:58.358)	7:59.218 (2:57.182)	10:51.079 (2:51.862)		

**M70 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals				
1	Devaney, Michael	M72 Globe, AZ	10:22.12			
	2:00.112 (2:00.112)	4:46.095 (2:45.984)	7:35.433 (2:49.338)	10:22.118 (2:46.686)		
2	Fox, Joel	M73 Granada Hills, CA	13:10.67			
	2:30.329 (2:30.329)	5:58.586 (3:28.257)	9:32.478 (3:33.893)	13:10.662 (3:38.185)		

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**W70 1500 Meter Race Walk**

Name	Age Team	Finals
1 Osborne, Holly	W71 Redondo Bch, CA	12:33.79
2:18.651 (2:18.651)	5:41.680 (3:23.029)	9:09.565 (3:27.886) 12:33.782 (3:24.217)

**M70 1500 Meter Race Walk**

Name	Age Team	Finals
1 Devaney, Michael	M72 Globe, AZ	10:53.87
2:09.626 (2:09.626)	5:06.999 (2:57.374)	8:01.755 (2:54.756) 10:53.862 (2:52.108)

**M75 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals
1 Gast, Monte	M75 Marina Del Rey, CA	12:16.15
2:26.721 (2:26.721)	5:43.732 (3:17.012)	8:59.727 (3:15.995) 12:16.148 (3:16.421)
2 Nielsen, Ed	M76 Apple Valley, CA	12:48.14
2:34.255 (2:34.255)	5:58.382 (3:24.128)	9:24.042 (3:25.661) 12:48.132 (3:24.090)

**W75 1500 Meter Race Walk Power Walk**

Name	Age Team	Finals
1 Squires, Anitra	W76 Napa, CA	13:37.52
2:31.737 (2:31.737)	6:08.539 (3:36.803)	9:52.244 (3:43.705) 13:37.519 (3:45.275)
2 Shin, Erica	W75 Los Angeles, CA	14:13.11
2:40.672 (2:40.672)	6:27.041 (3:46.370)	10:16.476 (3:49.435) 14:13.104 (3:56.629)

**W75 1500 Meter Race Walk**

Name	Age Team	Finals
1 Eichel, Yoko	W75 Woodland Hills, CA	9:48.21
1:43.316 (1:43.316)	4:21.393 (2:38.077)	7:05.175 (2:43.783) 9:48.202 (2:43.027)
2 Kryger, Sheila	W77 Unattached	11:35.32
2:11.765 (2:11.765)	5:18.015 (3:06.251)	8:27.569 (3:09.554) 11:35.311 (3:07.742)

**M75 1500 Meter Race Walk**

Name	Age Team	Finals
1 Lawson, Paul	M76 Claremont, CA	10:51.44
2:04.508 (2:04.508)	5:02.857 (2:58.350)	7:59.873 (2:57.016) 10:51.435 (2:51.562)

**W80 1500 Meter Race Walk**

Name	Age Team	Finals
1 Dyar, Carol	W81 Upland, CA	11:15.76
2:06.711 (2:06.711)	5:09.414 (3:02.703)	8:13.568 (3:04.154) 11:15.759 (3:02.192)

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Name	Age Team	Finals
1 Morrow, Art	M58 Unattached	33:18.21
1:07.141 (1:07.141)	3:41.171 (2:34.030)	6:19.667 (2:38.497)
8:58.195 (2:38.528)	11:38.035 (2:39.840)	14:21.262 (2:43.228)
17:02.429 (2:41.167)	19:45.732 (2:43.304)	22:30.499 (2:44.767)
25:16.695 (2:46.196)	28:03.168 (2:46.474)	30:45.483 (2:42.315)
33:18.208 (2:32.726)		

**M60 5000 Meter Race Walk**

Name	Age Team	Finals
1 Papacalos, George	M62 Long Beach, CA	36:44.44
1:13.944 (1:13.944)	4:05.228 (2:51.284)	7:02.004 (2:56.776)
9:59.568 (2:57.565)	12:57.719 (2:58.152)	15:56.199 (2:58.480)
18:54.410 (2:58.212)	21:56.393 (3:01.984)	24:56.269 (2:59.876)
27:55.441 (2:59.173)	30:54.155 (2:58.715)	33:53.907 (2:59.752)
36:44.437 (2:50.531)		
-- Romano, Frank	M62 Unattached	DQ Bent Knee
1:35.999 (1:35.999)	5:12.078 (3:36.080)	8:36.866 (3:24.788)
11:52.213 (3:15.348)	15:11.597 (3:19.384)	18:32.936 (3:21.339)
21:51.898 (3:18.963)	25:13.172 (3:21.275)	28:31.217 (3:18.045)
31:47.225 (3:16.008)	35:08.347 (3:21.122)	38:23.144 (3:14.797)
41:43.028 (3:19.885)		

**W60 5000 Meter Race Walk**

Name	Age Team	Finals
1 Holder, Yolanda	W64 Corona, CA	36:27.18
1:23.131 (1:23.131)	4:12.893 (2:49.763)	7:05.649 (2:52.757)
10:00.310 (2:54.661)	12:53.623 (2:53.314)	15:49.136 (2:55.513)
18:46.702 (2:57.567)	21:47.223 (3:00.521)	24:45.458 (2:58.235)
27:45.370 (2:59.912)	30:42.764 (2:57.395)	33:37.067 (2:54.303)
36:27.176 (2:50.110)		

**W65 5000 Meter Race Walk**

Name	Age Team	Finals
1 Rasmussen, Paula	W68 El Segundo, CA	38:17.71
1:27.551 (1:27.551)	4:29.217 (3:01.667)	7:26.900 (2:57.683)
10:24.263 (2:57.364)	13:22.963 (2:58.700)	16:22.975 (3:00.013)
19:25.781 (3:02.806)	22:31.491 (3:05.710)	25:40.682 (3:09.192)
28:50.470 (3:09.788)	32:04.800 (3:14.330)	35:16.117 (3:11.318)
38:17.703 (3:01.587)		

**W70 5000 Meter Race Walk**

Name	Age Team	Finals
1 Morales, Luz	W70 Los Angeles, CA	37:28.00
1:22.714 (1:22.714)	4:17.432 (2:54.718)	7:23.400 (3:05.969)
10:24.061 (3:00.661)	13:21.952 (2:57.891)	16:20.918 (2:58.967)
19:20.623 (2:59.706)	22:22.941 (3:02.318)	25:28.244 (3:05.303)
28:28.154 (2:59.911)	31:27.303 (2:59.149)	34:30.733 (3:03.430)
37:27.996 (2:57.264)		

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**....W70 5000 Meter Race Walk**

2	Held, Kay	W71 Claremont, CA	39:25.95				
	1:30.068 (1:30.068)	4:36.556 (3:06.489)	7:44.092 (3:07.536)	10:49.767 (3:05.675)			
	13:55.588 (3:05.821)	16:59.397 (3:03.809)	20:01.396 (3:02.000)	23:03.946 (3:02.550)			
	26:14.896 (3:10.951)	29:33.860 (3:18.964)	32:51.295 (3:17.436)	36:10.507 (3:19.213)			
	39:25.941 (3:15.434)						

**M70 5000 Meter Race Walk**

=====							
Name	Age Team		Finals				
=====							
1	Devaney, Michael	M72 Globe, AZ	36:39.58				
	1:24.479 (1:24.479)	4:22.749 (2:58.270)	7:22.040 (2:59.291)	10:21.470 (2:59.431)			
	13:17.785 (2:56.315)	16:15.370 (2:57.585)	19:12.927 (2:57.558)	22:10.248 (2:57.322)			
	25:06.071 (2:55.823)	27:59.735 (2:53.665)	30:50.364 (2:50.629)	33:43.826 (2:53.463)			
	36:39.580 (2:55.754)						

**M75 5000 Meter Race Walk**

=====							
Name	Age Team		Finals				
=====							
1	Lawson, Paul	M76 Claremont, CA	39:00.57				
	1:44.662 (1:44.662)	5:02.258 (3:17.597)	8:03.217 (3:00.960)	11:04.108 (3:00.891)			
	14:02.829 (2:58.721)	17:03.032 (3:00.204)	20:02.704 (2:59.672)	23:05.266 (3:02.563)			
	26:11.410 (3:06.144)	29:27.847 (3:16.437)	32:38.546 (3:10.700)	35:55.748 (3:17.202)			
	39:00.570 (3:04.822)						

**W75 5000 Meter Race Walk**

=====							
Name	Age Team		Finals				
=====							
1	Eichel, Yoko	W75 Woodland Hills, CA	34:09.64				
	1:08.636 (1:08.636)	3:51.582 (2:42.947)	6:36.812 (2:45.230)	9:20.704 (2:43.892)			
	12:06.601 (2:45.898)	14:50.262 (2:43.661)	17:36.828 (2:46.567)	20:23.018 (2:46.191)			
	23:08.195 (2:45.177)	25:52.870 (2:44.676)	28:38.216 (2:45.346)	31:23.567 (2:45.351)			
	34:09.640 (2:46.074)						
2	Kryger, Sheila	W77 Unattached	39:54.26				
	1:28.657 (1:28.657)	4:35.377 (3:06.721)	7:43.576 (3:08.199)	10:49.802 (3:06.226)			
	13:57.564 (3:07.762)	17:07.922 (3:10.359)	20:24.209 (3:16.288)	23:39.564 (3:15.356)			
	26:56.379 (3:16.815)	30:14.019 (3:17.640)	33:32.322 (3:18.303)	36:43.191 (3:10.869)			
	39:54.257 (3:11.066)						

**W80 5000 Meter Race Walk**

=====							
Name	Age Team		Finals				
=====							
1	Dyar, Carol	W81 Upland, CA	38:28.50				
	1:21.971 (1:21.971)	4:25.241 (3:03.271)	7:27.089 (3:01.849)	10:27.153 (3:00.064)			
	13:29.230 (3:02.077)	16:32.136 (3:02.907)	19:37.080 (3:04.944)	22:42.469 (3:05.390)			
	25:51.796 (3:09.327)	29:03.787 (3:11.991)	32:12.814 (3:09.027)	35:22.594 (3:09.780)			
	38:28.496 (3:05.902)						