

2022 USATF MTF Records

#	Name	Div	Event	Mark	In or Out	Date	Location	Status	Notes
1	Emmanuelle Mcgowan	W50	400m	1:01.23	In	3/26/19	Toruń, POL	A	
2	Sabra Harvey	W70	1500m	5:57.19	In	3/30/19	Toruń, POL	A	
3	Renee Henderson	W55	60m	8.36	In	12/30/19	New York, NY	A	
4	CLUB: New England 65+ Running Club	M80	4x800m Relay	18:25.33	In	1/26/20	Providence, RI	R	R1
5	Renee Henderson	W55	200m	27.48	In	2/9/20	Staten Island, NY	A	
6	Daniel King	M60	3000m	9:58.77	Out	12/11/20	Columbia, SC	A	
7	Daniel King	M60	5000m	16:48.67	Out	12/11/20	Columbia, SC	S	
8	Kathy Bergen	W80	100m	16.23	Out	9/19/21	San Diego, CA	A	
9	Pamela McCartney	W50	High Jump	1.56	In	12/11/21	Colorado Springs, CO	A	
10	NON-CLUB	M60	Shuttle Hurdle Relay	1:07.33	Out	12/11/21	Marble Falls, TX	A	
11	Monica Kendall	W65	Shot Put	11.31	Out	12/12/21	San Mateo, CA	A	
12	Thomas Langenfeld	M85	High Jump	1.15	In	1/9/22	Minneapolis, MN	A	
13	Rodney Atherton	M65	Heptathlon	5920	In	1/20/22	Lynchburg, VA	A	
14	CLUB: Central Park Track Club	W45	4x400m Relay	4:46.55	In	1/29/22	New York, NY	S	
15	CLUB: Central Park Track Club	M65	4x400m Relay	4:55.36	In	1/29/22	New York, NY	S	
16	CLUB: Mass Velocity Track Club	M45	4x400m Relay	3:51.67	In	1/29/22	New York, NY	A	
17	CLUB: Mass Velocity Track Club	M55	4x400m Relay	4:03.02	In	1/29/22	New York, NY	A	
18	Phil Shipp	M85	Shot Put	9.95	In	2/5/22	Kenosha, WI	S	
19	Sue Mcdonald	W55	400m	1:03.43	Out	2/12/22	Santa Barbara, CA	A	
20	Henry Ellard	M60	Triple Jump	11.85	In	2/13/22	Houston, TX	A	
21	NON-CLUB	M55	4x800m Relay	9:53.26	In	2/13/22	Houston, TX	A	
22	CLUB: Shore Athletic Club	M65	4x800m Relay	11:24.41	In	2/13/22	Staten Island, NY	A	
23	Phil Shipp	M85	Shot Put	10.23	In	2/19/22	Flagstaff, AZ	A	
24	Angela Herzner	W45	Shot Put	13.35	In	2/20/22	Colorado Springs, CO	S	
25	Gary Patton	M75	3000m	12:10.00	In	3/4/22	New York, NY	A	
26	Florence Meiler	W85	800m	6:14.93	In	3/18/22	New York, NY	A	
27	Florence Meiler	W85	60m Hurdles	18.73	In	3/18/22	New York, NY	A	
28	Florence Meiler	W85	High Jump	.92	In	3/18/22	New York, NY	A	
29	Florence Meiler	W85	Long Jump	2.05	In	3/18/22	New York, NY	S	
30	Florence Meiler	W85	Pentathlon	3907	In	3/18/22	New York, NY	A	
31	Robert Whilden Jr	M85	60m	9.63	In	3/18/22	New York, NY	A	
32	Tami Graf	W85	3000m	26:41.90	In	3/18/22	New York, NY	A	
33	Robert Paulen	M85	60m Hurdles	14.74	In	3/18/22	New York, NY	S	
34	Kathryn Martin	W70	3000m	12:49.05	In	3/18/22	New York, NY	A	
35	Rodney Atherton	M65	Pentathlon	4189	In	3/18/22	New York, NY	A	
36	India Bridgette	W60	60m	8.78	In	3/18/22	New York, NY	A	
37	Sue Mcdonald	W55	400m	1:04.31	In	3/18/22	New York, NY	A	
38	Michelle Rohl	W55	3000m	10:22.74	In	3/18/22	New York, NY	A	
39	Rachel Guest	W45	Pentathlon	4024	In	3/18/22	New York, NY	A	
40	Gloria Krug	W90	Weight	6.57	In	3/19/22	New York, NY	A	
41	Florence Meiler	W85	60m Hurdles	18.73	In	3/19/22	New York, NY	A	
42	Florence Meiler	W85	Long Jump	2.22	In	3/19/22	New York, NY	A	
43	Tami Graf	W85	One Mile	14:18.28	In	3/19/22	New York, NY	A	
44	Robert Paulen	M85	60m Hurdles	14.33	In	3/19/22	New York, NY	A	
45	Kathryn Martin	W70	One Mile	6:31.25	In	3/19/22	New York, NY	S	
46	Glenn Irion	M65	High Jump	1.63	In	3/19/22	New York, NY	A	
47	Scott Eriksson	M60	Shot Put	16.39	In	3/19/22	New York, NY	A	
48	Sascha Scott	W45	One Mile	4:59.19	In	3/19/22	New York, NY	A	
49	Ana Yasmine Irizarry	W40	60m Hurdles	9.02	In	3/19/22	New York, NY	R	R2
50	CLUB: Southwest Sprinters	M55	4x200m Relay	1:43.14	In	3/19/22	New York, NY	A	
51	CLUB: Southwest Sprinters Track Club	W35	4x200m Relay	1:50.51	In	3/19/22	New York, NY	A	
52	CLUB: Genesee Valley Harriers	M65	4x800m Relay	12:30.38	In	3/19/22	New York, NY	P	
53	NON-CLUB	M50	4x800m Relay	8:29.45	In	3/19/22	New York, NY	A	
54	NON-CLUB	M75	4x800m Relay	14:02.20	In	3/19/22	New York, NY	A	
55	NON-CLUB	W55	4x800m Relay	10:37.94	In	3/19/22	New York, NY	A	
56	Gloria Krug	W90	Super Weight	4.53	In	3/19/22	New York, NY	A	

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57	Angela Herzner	W45	Shot Put	13.61	In	3/20/22	New York, NY	A	
58	Tami Graf	W85	800m	6:55.80	In	3/20/22	New York, NY	P	
59	Carol Finsrud	W65	Shot Put	9.39	In	3/20/22	New York, NY	A	
60	Michelle Rohl	W55	800m	2:26.85	In	3/20/22	New York, NY	A	
61	CLUB: Central Park Track Club	W45	4x400m Relay	4:41.94	In	3/20/22	New York, NY	A	
62	CLUB: Mass Velocity Track Club	M55	4x400m Relay	4:14.22	In	3/20/22	New York, NY	P	
63	NON-CLUB	W50	4x400m Relay	4:22.10	In	3/20/22	New York, NY	A	
64	NON-CLUB	W75	4x400m Relay	8:42.71	In	3/20/22	New York, NY	A	
65	CLUB: Mass Velocity Track Club	M65	4x400m Relay	4:48.81	In	3/20/22	New York, NY	A	
66	NON-CLUB	W55	4x400m Relay	4:27.07	In	3/20/22	New York, NY	A	
67	NON-CLUB	W45	4x400m Relay	4:59.58	In	3/20/22	New York, NY	P	
68	NON-CLUB	M55	4x400m Relay	4:23.07	In	3/20/22	New York, NY	P	
69	Gloria Krug	W90	Shot Put	5.39	In	3/20/22	New York, NY	A	
70	Gary Patton	M75	One Mile	6:05.62	In	3/27/22	New York, NY	A	
71	Kathryn Martin	W70	One Mile	6:26.60	In	3/27/22	New York, NY	A	
72	Cicely Darling	W40	Triple Jump	11.38	Out	4/15/22	Azusa, CA	A	
73	Michelle Rohl	W55	10000m	37:40.99	Out	4/23/22	Rochester, NY	A	
74	Colleen Sandstrom Milliman	W95	One Mile	13:46.13	Out	5/7/22	Eugene, OR	A	
75	Quenton Torbert	M70	Shot Put	16.33	Out	5/7/22	Eugene, OR	A	
76	Michelle Rohl	W55	3000m	10:28.10	Out	5/7/22	Lock Haven, PA	R	R3
77	India Bridgette	W60	100m	13.64	Out	5/12/22	Miramar, FL	A	
78	Michelle Rohl	W55	800m	2:22.01	Out	5/15/22	Rochester, NY	A	
79	Rodney Atherton	M65	Decathlon	7728	Out	5/29/22	Jacksonville, FL	A	
80	Angela Herzner	W45	Ultra Weight Pentathlon	5969	Out	6/18/22	Scottsdale, AZ	S	
81	Nathanael Larson	M60	5000m	16:33.50	Out	6/18/22	Waltham, MA	A	
82	Kara Winger	W35	Javelin	64.26	Out	6/25/22	Eugene, OR	S	
83	Michelle Carter	W35	Shot Put	17.72	Out	6/26/22	Eugene, OR	A	
84	Lynne Hurrell	W85	800m	5:12.45	Out	7/1/22	Tampere, FIN	A	
85	Tami Graf	W85	Heptathlon	2932	Out	7/1/22	Tampere, FIN	R	R4
86	Michelle Rohl	W55	800m	2:22.82	Out	7/1/22	Tampere, FIN	P	
87	Norma Hudnall	W70	Heptathlon	2135	Out	7/2/22	Tampere, FIN	R	R4
88	Nathanael Larson	M60	5000m	16:39.89	Out	7/2/22	Tampere, FIN	P	
89	Roxanne Brockner	W55	200m	27.50	Out	7/2/22	Tampere, FIN	A	
90	Michelle Rohl	W55	5000m	18:18.67	Out	7/3/22	Tampere, FIN	A	
91	Tami Graf	W85	Long Hurdles	1:29.53	Out	7/5/22	Tampere, FIN	R	R4
92	Carol Finsrud	W65	Discus	32.78	Out	7/5/22	Tampere, FIN	S	
93	Michelle Rohl	W55	1500m	4:47.62	Out	7/7/22	Tampere, FIN	A	
94	Carol Finsrud	W65	Discus	32.78	Out	7/8/22	Tampere, FIN	R	R5
95	Roxanne Brockner	W55	400m	1:03.79	Out	7/8/22	Tampere, FIN	P	
96	Emmanuelle MCGOWAN	W50	400m	1:00.20	Out	7/8/22	Tampere, FIN	S	
97	Angela Herzner	W45	Ultra Weight Pentathlon	6024	Out	7/9/22	Scottsdale, AZ	A	
98	Harriet Bloemker	W90	Discus	14.42	Out	7/16/22	Lincoln, NE	R	R6
99	Harriet Bloemker	W90	Javelin	16.97	Out	7/16/22	Lincoln, NE	R	R6
100	Kara Winger	W35	Javelin	64.05	Out	7/22/22	Eugene, OR	P	
101	Carol Finsrud	W65	Discus	34.64	Out	7/23/22	Dedham, MA	S	
102	Carol Finsrud	W65	Hammer	40.97	Out	7/23/22	Dedham, MA	A	
103	Carol Finsrud	W65	Throws Pentathlon	5183	Out	7/23/22	Dedham, MA	A	
104	Gloria Krug	W90	Ultra Weight Pentathlon	4077	Out	7/24/22	Dedham, MA	A	
105	Michelle Rohl	W55	5000m	18:33.83	Out	7/28/22	Lexington, KY	P	
106	Robert Paulen	M85	Long Hurdles	49.82	Out	7/28/22	Lexington, KY	A	
107	Carol Finsrud	W65	Discus	35.15	Out	7/29/22	Lexington, KY	A	
108	Sue McDonald	W55	400m	1:03.95	Out	7/29/22	Lexington, KY	P	
109	Toccatia Murphy	W50	400m	59.59	Out	7/29/22	Lexington, KY	A	
110	CLUB: SoCal Track Club	M55	Shuttle Hurdle Relay	1:42.98	Out	7/29/22	Lexington, KY	A	
111	Edward Burke	M80	Hammer	43.33	Out	7/30/22	Lexington, KY	A	
112	Lisa Veneziano	W55	10000m	38:05.23	Out	7/30/22	Lexington, KY	P	

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113	CLUB: Liberty AC	W60	4x800m Relay	12:29.09	Out	7/30/22	Weston, MA	A	
114	Michelle Rohl	W55	800m	2:23.24	Out	7/30/22	Lexington, KY	P	
115	CLUB: Atlanta Track Club	W65	4x800m Relay	14:49.29	Out	7/30/22	Lexington, KY	A	
116	CLUB: Atlanta Track Club	W70	4x800m Relay	22:48.82	Out	7/30/22	Lexington, KY	S	
117	CLUB: TNT International Racing Club	W75	4x800m Relay	23:03.18	Out	7/30/22	Lexington, KY	A	
118	NON-CLUB	W45	4x800m Relay	11:44.55	Out	7/30/22	Lexington, KY	A	
119	NON-CLUB	M55	4x800m Relay	10:04.40	Out	7/30/22	Lexington, KY	A	
137	NON-CLUB	M65	4x800m Relay	10:27.85	Out	7/30/22	Lexington, KY	A	
120	CLUB: Potomac Valley Track Club	M65	4x800m Relay	17:36.51	Out	7/30/22	Lexington, KY	S	
121	CLUB: TNT International Racing Club	W75	4x100m Relay	1:53.16	Out	7/31/22	Lexington, KY	A	
122	CLUB: TNT International Racing Club	W75	4x400m Relay	11:39.23	Out	7/31/22	Lexington, KY	A	
123	CLUB: SC Striders Track Club	W65	4x400m Relay	6:35.61	Out	7/31/22	Lexington, KY	A	
124	CLUB: Philadelphia Masters	M75	4x400m Relay	9:10.35	Out	7/31/22	Lexington, KY	A	
125	CLUB: Boulder Road Runners	M65	4x800m Relay	11:59.52	Out	8/14/22	Boulder, CO	A	
126	CLUB: Boulder Road Runners	M55	4x800m Relay	10:14.17	Out	8/14/22	Boulder, CO	A	
127	CLUB: Boulder Road Runners	W70	4x800m Relay	16:54.93	Out	8/14/22	Boulder, CO	A	
128	Kara Winger	W35	Javelin	64.68	Out	8/19/22	Freeport, BAH	S	
129	Roger Vergin	M85	Decathlon	6021	Out	8/28/22	St. Charles, MO	A	
130	Barbara Warren	W75	Decathlon	4206	Out	8/28/22	St. Charles, MO	A	
131	Daphne Scott	W60	Decathlon	7221	Out	8/28/22	St. Charles, MO	A	
132	Kara Winger	W35	Javelin	68.11	Out	9/1/22	Bruxelles, BEL	A	
133	Ken Moss	M75	Weight	19.86	Out	9/3/22	Alexandria, VA	A	
134	Ken Moss	M75	Super Weight	10.71	Out	9/3/22	Alexandria, VA	A	
135	Kara Winger	W35	Javelin	64.98	Out	9/7/22	Zürich, SUI	P	
136	Oneithea Lewis	W60	Ultra Weight Pentathlon	5905	Out	9/17/22	Chelmsford, MA	A	

Status:

A - Approved

S - Surpassed

P - Provisional (possible record if others are not ratified)

R - Rejected (rules not met and / or record documentation not meeting requirements)

Notes:

R1 - Zero control test not in compliance with the rules

R2 - Sanctioned athlete

R3 - Only one competitor

R4 - Hurdles not in compliance with the rules

R5 - Circle not level with sector

R6 - Measurements not taken in metric per the rules