

Licensed to Extra Mile Timing - Contractor License

HY-TEK's Meet Manager 10/30/2022 02:31 PM  
 45th ANNUAL MASTER'S & OPEN TRACK AND FIELD MEET - 10/30/2022  
 And Southern California Masters Track Club Championship  
 Westmont College  
 Results

## W29&amp;U 50 Meter Dash

Name	Age Team	Finals	Wind	H#
Finals				
1 Kuyona Thomas	W29 Unattached	7.18	0.5	2

## W40 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Miki Barber	W42 Bruins	6.99	0.5	2

## W50 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Darmesha Watkins	W50 Unattached	7.46	0.5	2
2 Ersell Reid	W53 Unattached	8.56	0.5	2
3 Heidi Miller	W51 SC Striders	9.91	0.5	2

## W60 50 Meter Dash

Name	Age Team	Finals	Wind
1 Cara Black	W64 SC Striders	8.33	0.5
2 Jeanne Roy	W61 Unattached	8.69	0.5
3 Jennifer Jones	W61 SC Striders	8.70	0.5
4 Debby von Winckelmann	W63 Unattached	8.99	0.5

## W65 50 Meter Dash

Name	Age Team	Finals	Wind
1 Linda Cohn	W69 SC Striders	8.67	0.5

## W80 50 Meter Dash

Name	Age Team	Finals	Wind
1 Kathy Bergen	W83 SC Striders	8.72	0.5

## M29&amp;U 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Caleb Weigel	M17 Unattached	6.62	-0.1	2
2 James Maturan	M28 Unattached	6.86	-0.1	2

## M50 50 Meter Dash

Name	Age Team	Finals	Wind
1 Mike Risley	M53 So Cal Track	6.92	0.3

## M60 50 Meter Dash

Name	Age Team	Finals	Wind
1 Stephen Chan	M60 SC Striders	7.56	0.3
2 Jeff McDermott	M64 SC Striders	8.26	0.3

## Extra Mile Timing

## M65 50 Meter Dash

Name	Age	Team	Finals	Wind
1 Ron Stevens	M68	Pacific Coas	7.08	0.3
2 Mahmoud Niroumand	M65	Bruins	7.57	0.3
3 Jeffery Davison	M65	So Cal Track	8.15	0.3

## M70 50 Meter Dash

Name	Age	Team	Finals	Wind
1 Monte Gast	M74	Bruins	9.97	0.3

## W29&amp;U 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Kuyona Thomas	W29	Unattached	13.42	-0.4

## W40 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Christine Hufenbecher	W42	ARC Racing P	13.72	-0.4

## W50 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Darmesha Watkins	W50	Unattached	13.64	-0.4
2 Ersell Reid	W53	Unattached	16.54	-0.4
3 Heidi Miller	W51	SC Striders	19.94	-0.4

## W60 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Cara Black	W64	SC Striders	16.15	-0.4
2 Jeanne Roy	W61	Unattached	17.00	-0.4

## W80 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Kathy Bergen	W83	SC Striders	17.75	-0.4

## M29&amp;U 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 Caleb Weigel	M17	Unattached	12.23	1.7	2
2 James Maturan	M28	Unattached	12.71	1.7	2

## M40 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 Rad Miskovic	M42	Unattached	12.17	1.7	2

## M50 100 Meter Dash

Name	Age	Team	Finals	Wind	H#
1 Mike Risley	M53	So Cal Track	12.48	1.7	2

## M60 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Stephen Chan	M60	SC Striders	14.33	1.1

## M65 100 Meter Dash

Name	Age	Team	Finals	Wind
1 Ron Stevens	M68	Pacific Coas	13.23	1.1
2 Gary Anderson	M66	Unattached	15.13	1.1
3 Jeffery Davison	M65	So Cal Track	15.44	1.1

## W60 200 Meter Dash

Extra Mile Timing

Name	Age Team	Finals	Wind
1 Cara Black	W64 SC Striders	35.19	-0.2

W80 200 Meter Dash

Name	Age Team	Finals	Wind
1 Kathy Bergen	W83 SC Striders	43.67	-0.2

M29&U 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Jack Govic	M15 PMTC	24.99	-1.2	2

M40 200 Meter Dash

Name	Age Team	Finals	Wind	H#
1 Timothy Brown	M44 Unattached	24.26	-1.2	2

M60 200 Meter Dash

Name	Age Team	Finals	Wind
1 Brent Kilpper	M60 Unattached	26.06	0.3
2 Stephen Chan	M60 SC Striders	29.80	0.3
3 Jeff McDermott	M64 SC Striders	35.12	0.3

M65 200 Meter Dash

Name	Age Team	Finals	Wind
1 Ron Stevens	M68 Pacific Coas	27.73	0.3
2 Bill Penny	M67 Unattached	32.04	0.3

W29&U 400 Meter Dash

Name	Age Team	Finals
1 Kelsey McFaul	W29 Unattached	65.98

W35 400 Meter Dash

Name	Age Team	Finals
1 Priscilla Arco	W36 PMTC	65.78

M29&U 400 Meter Dash

Name	Age Team	Finals	H#
1 Emmanuel Mwewa	M28 PMTC	52.12	2
2 Jack Govic	M15 PMTC	55.34	2

M30 400 Meter Dash

Name	Age Team	Finals	H#
1 Anthony Hamilton	M30 PMTC	53.61	2
2 Aaron Hamilton	M30 PMTC	54.19	2

M40 400 Meter Dash

Name	Age Team	Finals
1 Timothy Brown	M44 Unattached	57.71

M45 400 Meter Dash

Name	Age Team	Finals
1 Michael Brown	M48 Pacific Coas	54.54

M60 400 Meter Dash

Name	Age Team	Finals
1 Jeff McDermott	M64 SC Striders	75.31

## Extra Mile Timing

## M65 400 Meter Dash

Name	Age Team	Finals
1 Bill Penny	M67 Unattached	75.02

## M70 400 Meter Dash

Name	Age Team	Finals
1 Monte Gast	M74 Bruins	1:41.45
2 Patrick Pittman	M70 Trojan Maste	1:46.95

## W29&amp;U 800 Meter Run

Name	Age Team	Finals	H#
1 Kelsey McFaul	W29 Unattached	2:35.25	1
1:15.526 (1:15.526)	2:35.242 (1:19.717)		
2 Avery Butler	W12 Santa Barbara Ru	2:57.50	2
1:23.676 (1:23.676)	2:57.500 (1:33.824)		
3 Giana Conant	W12 Santa Barbara Ru	2:59.45	2
1:24.877 (1:24.877)	2:59.442 (1:34.566)		
4 Emory Butler	W10 Santa Barbara Ru	3:14.61	2
1:28.684 (1:28.684)	3:14.607 (1:45.924)		
5 Sloan Visin	W7 Santa Barbara Ru	3:27.51	2
1:36.290 (1:36.290)	3:27.509 (1:51.219)		

## W35 800 Meter Run

Name	Age Team	Finals
1 Priscilla Arco	W36 PMTC	2:34.00
1:18.202 (1:18.202)	2:33.997 (1:15.796)	

## W55 800 Meter Run

Name	Age Team	Finals
1 Sue McDonald	W59 Unattached	2:25.80
1:10.307 (1:10.307)	2:25.798 (1:15.492)	

## W65 800 Meter Run

Name	Age Team	Finals
1 Alisa Byrne	W65 Pacific Coas	3:34.81
1:35.907 (1:35.907)	3:34.801 (1:58.895)	

## M29&amp;U 800 Meter Run

Name	Age Team	Finals	H#
1 Mauro Arancibia	M28 PMTC	1:59.92	1
58.228 (58.228)	1:59.915 (1:01.688)		
2 Arian Naim	M17 PMTC	2:02.80	1
57.523 (57.523)	2:02.794 (1:05.272)		
3 Emmanuel Mwewa	M28 PMTC	2:05.05	1
59.181 (59.181)	2:05.046 (1:05.865)		
4 Elijah Reed	M14 Unattached	2:47.46	2
1:12.828 (1:12.828)	2:47.454 (1:34.626)		
5 Matteo Conant	M9 Santa Barbara Ru	2:52.70	2
1:22.363 (1:22.363)	2:52.698 (1:30.335)		
6 Clarar Tober-Bridges	M11 Santa Barbara Ru	2:53.52	2
1:22.933 (1:22.933)	2:53.520 (1:30.587)		
7 Zander Duex	M10 Santa Barbara Ru	2:56.99	2
1:23.492 (1:23.492)	2:56.985 (1:33.493)		
8 Liam Geraghty	M7 Santa Barbara Ru	3:13.01	2
1:27.283 (1:27.283)	3:13.002 (1:45.720)		
9 Desmond Tober-Bridges	M9 Santa Barbara Ru	3:28.15	2
1:35.142 (1:35.142)	3:28.148 (1:53.007)		
10 Joseph Zannon	M5 Santa Barbara Ru	4:03.73	2
1:57.932 (1:57.932)	4:03.724 (2:05.792)		
11 Kody Baker	M7 Santa Barbara Ru	4:20.85	2
2:02.774 (2:02.774)	4:20.841 (2:18.067)		

## M30 800 Meter Run

Name	Age Team	Finals
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Extra Mile Timing

1 Anthony Hamilton	M30 PMTC	2:06.38
57.356 (57.356)	2:06.380 (1:09.024)	
2 Aaron Hamilton	M30 PMTC	2:10.86
58.146 (58.146)	2:10.856 (1:12.710)	

M60 800 Meter Run

Name	Age Team	Finals
1 Peter Schnieders	M63 Unattached	2:39.72
1:14.835 (1:14.835)	2:39.720 (1:24.885)	

W65 1500 Meter Run

Name	Age Team	Finals
1 Alisa Byrne	W65 Pacific Coas	9:30.99
1:50.693 (1:50.693)	4:29.360 (2:38.667)	7:02.888 (2:33.528)
9:30.988 (2:28.100)		

M29&U 1500 Meter Run

Name	Age Team	Finals
1 Mauro Arancibia	M28 PMTC	4:20.92
50.399 (50.399)	2:00.402 (1:10.004)	3:12.065 (1:11.664)
4:20.918 (1:08.853)		

M70 1500 Meter Run

Name	Age Team	Finals
1 Monte Gast	M74 Bruins	9:30.83
1:50.948 (1:50.948)	4:30.232 (2:39.285)	7:03.761 (2:33.529)
9:30.830 (2:27.069)		

M29&U 1 Mile Run

Name	Age Team	Finals
1 Caleb Weigel	M17 Unattached	8:14.26
2.874 (2.874)	1:54.004 (1:51.130)	4:01.146 (2:07.143)
6:10.459 (2:09.313)	8:14.255 (2:03.797)	

M65 1 Mile Run

Name	Age Team	Finals
1 Michael LeBold	M65 Unattached	5:38.13
2.825 (2.825)	1:21.524 (1:18.700)	2:44.296 (1:22.773)
4:09.615 (1:25.320)	5:38.129 (1:28.514)	
2 Kevin Young	M65 Club West	7:48.05
3.637 (3.637)	2:04.409 (2:00.772)	4:00.574 (1:56.165)
6:00.167 (1:59.594)	7:48.048 (1:47.881)	

M70 1 Mile Run

Name	Age Team	Finals	H#
1 Monte Gast	M74 Bruins	10:14.2h	2

M30 5000 Meter Run

Name	Age Team	Finals
1 Erick Sanchez	M30 Unattached	21:00.74
48.427 (48.427)	2:27.256 (1:38.830)	4:09.252 (1:41.996)
5:52.662 (1:43.411)	7:35.492 (1:42.830)	9:18.808 (1:43.316)
10:57.397 (1:38.590)	12:39.511 (1:42.115)	14:20.276 (1:40.766)
16:01.078 (1:40.802)	17:43.832 (1:42.755)	19:25.125 (1:41.293)
21:00.734 (1:35.610)		

M55 5000 Meter Run

Name	Age Team	Finals
1 Richard Mayne	M58 Trojan Maste	21:11.04
50.429 (50.429)	2:33.608 (1:43.180)	4:15.182 (1:41.574)
5:56.591 (1:41.409)	7:36.975 (1:40.384)	9:19.346 (1:42.371)
10:57.926 (1:38.581)	12:40.242 (1:42.317)	14:19.898 (1:39.656)
16:02.771 (1:42.874)	17:45.967 (1:43.196)	19:28.843 (1:42.877)

Extra Mile Timing

21:11.037 (1:42.194)

M65 5000 Meter Run

Name	Age	Team	Finals
1 Kevin Young	M65	Club West	24:58.08
54.945 (54.945)		2:56.777 (2:01.832)	4:59.365 (2:02.589)
6:55.979 (1:56.614)		8:56.785 (2:00.807)	10:56.772 (1:59.987)
12:58.175 (2:01.404)		15:00.953 (2:02.778)	17:02.064 (2:01.112)
19:03.150 (2:01.086)		21:04.989 (2:01.839)	23:05.644 (2:00.655)
24:58.075 (1:52.431)			

W50 10000 Meter Run

Name	Age	Team	Finals
1 Blanca Sanchez	W51	ARC Racing P	50:18.29
1:51.517 (1:51.517)		3:47.755 (1:56.239)	5:42.526 (1:54.772)
7:38.205 (1:55.679)		9:35.693 (1:57.489)	11:33.834 (1:58.141)
13:32.016 (1:58.183)		15:31.985 (1:59.969)	17:34.421 (2:02.437)
19:35.760 (2:01.340)		21:36.822 (2:01.062)	23:38.849 (2:02.027)
25:38.602 (1:59.753)		27:41.577 (2:02.976)	29:44.440 (2:02.864)
31:46.359 (2:01.919)		33:48.242 (2:01.883)	35:51.457 (2:03.216)
37:54.805 (2:03.349)		39:58.455 (2:03.651)	42:06.134 (2:07.679)
44:13.654 (2:07.521)		46:19.314 (2:05.660)	48:24.797 (2:05.483)
50:18.290 (1:53.493)			

M55 10000 Meter Run

Name	Age	Team	Finals
1 Richard Mayne	M58	Trojan Maste	42:05.1h

M60 100 Short Hurdles

Name	Age	Team	Finals	Wind
1 Said Murali	M64	Unattached	21.89	-0.5

M65 100 Short Hurdles

Name	Age	Team	Finals	Wind
1 Mahmoud Niroumand	M65	Bruins	17.81	-0.5
2 Jeffery Davison	M65	So Cal Track	21.22	-0.5
3 Ron Stevens	M68	Pacific Coas	22.88	-0.5

W40 400 Long Hurdles

Name	Age	Team	Finals
1 Christine Hufenbecher	W42	ARC Racing P	70.83

W40 3000 Meter Steeplechase

Name	Age	Team	Finals
1 Kerry Small	W40	Unattached	13:47.06

M29&U 3000 Meter Steeplechase

Name	Age	Team	Finals
1 Caleb Weigel	M17	Unattached	16:53.74

W50 High Jump

Name	Age	Team	Finals
1 Heidi Miller	W51	SC Striders	1.05m 3-05.25
1.05 1.10			
O XXX			

W60 High Jump

Name	Age	Team	Finals
1 Debby von Winckelmann	W63	Unattached	1.20m 3-11.25
1.10 1.15 1.20 1.25			
O O XO XXX			

Extra Mile Timing

W65 High Jump

Name	Age	Team	Finals	
1 Carol Anne Drastal	W65	SC Striders	1.10m	3-07.25
1.00 1.05 1.10 1.15				
O XO XXO XXX				

W70 High Jump

Name	Age	Team	Finals	
1 Annelies Steekelenburg	W74	SC Striders	1.15m	3-09.25
1.00 1.05 1.10 1.15 1.20				
O O O XXO XXX				

W80 High Jump

Name	Age	Team	Finals	
1 Kathy Bergen	W83	SC Striders	1.00m	3-03.25
0.95 1.00 1.05				
O O XXX				

M60 High Jump

Heat 1 M60+ 9:00am				
Heat 2 M30-59 10:00am				
Name	Age	Team	Finals	
1 Kim Nielson	M64	Unattached	1.45m	4-09.00
1.45 1.60				
O XXX				
2 Said Mourali	M64	Unattached	1.35m	4-05.00
1.25 1.30 1.35 1.40				
XO O XXO XXX				
3 Stephen Chan	M60	SC Striders	1.30m	4-03.25
1.10 1.15 1.25 1.30 1.35				
O O XO XO XXX				

M65 High Jump

Heat 1 M60+ 9:00am				
Heat 2 M30-59 10:00am				
Name	Age	Team	Finals	
1 Mahmoud Niroumand	M65	Bruins	1.40m	4-07.00
1.30 1.35 1.40 1.45				
O O O XXX				

M70 High Jump

Heat 1 M60+ 9:00am				
Heat 2 M30-59 10:00am				
Name	Age	Team	Finals	
1 Monte Gast	M74	Bruins	1.15m	3-09.25
1.05 1.10 1.15				
O XO O				

M75 High Jump

Heat 1 M60+ 9:00am				
Heat 2 M30-59 10:00am				
Name	Age	Team	Finals	
1 Otis Burrell	M78	Unattached	1.15m	3-09.25
1.05 1.10 1.15 1.20				
O O XO XXX				

M80 High Jump

Heat 1 M60+ 9:00am				
Heat 2 M30-59 10:00am				
Name	Age	Team	Finals	
1 John Dobroth	M81	Club West	1.25m	4-01.25
1.10 1.15 1.20 1.25 1.30				
O XO O XXO XXX				
-- Nels Siverson	M80	Unattached	NH	

Extra Mile Timing

1.10  
XXX

W50 Pole Vault

Name	Age Team	Finals
1 Lynn Larsen 2.15 2.30 2.45 2.60 O XO O XXX	W54 Unattached	2.45m 8-00.50

M29&U Pole Vault

Name	Age Team	Finals
1 Spencer Ciccarelli 3.50 3.65 3.80 3.95 XO O XXO XXX	M17 Unattached	3.80m 12-05.50
2 Tomek Gorzkowski 2.60 2.75 2.90 3.05 3.20 3.35 3.50 O XO O XO XXO XXO XXX	M14 Unattached	3.35m 10-11.75

M45 Pole Vault

Name	Age Team	Finals
1 Denis Kholev 3.35 3.50 3.65 3.80 3.95 O O O XPP XX	M47 Unattached	3.65m 11-11.75

M60 Pole Vault

Name	Age Team	Finals
1 Victor Berezovskiy 2.45 2.60 2.75 2.90 3.05 3.20 3.35 O O O O O O XXX	M62 Unattached	3.20m 10-06.00

M65 Pole Vault

Name	Age Team	Finals
1 Murray Mead 2.60 2.75 2.90 3.05 O O XXO XXX	M68 Unattached	2.90m 9-06.25
2 Kevin Burnett 2.60 2.75 2.90 O O XXX	M69 Unattached	2.75m 9-00.25
3 Mike Hogan 2.45 2.60 2.75 2.90 O O XXO XXX	M68 Unattached	J2.75m 9-00.25

M70 Pole Vault

Name	Age Team	Finals
-- Monte Gast 2.15 XXX	M74 Bruins	NH

M80 Pole Vault

Name	Age Team	Finals
1 Nels Siverson 2.45 2.78 XXO XXX	M80 Unattached	2.45m 8-00.50

W50 Long Jump

Name	Age Team	Finals	Wind
1 Heidi Miller 2.89m(NWI) 2.80m(NWI) 2.98m(NWI) 2.60m(NWI)	W51 SC Striders	2.98m	NWI 9-09.50

W60 Long Jump Standing

Name	Age Team	Finals	Wind
1 Jennifer Jones 1.91m(NWI) 1.96m(NWI) 1.70m(NWI) 1.77m(NWI)	W61 SC Striders	1.96m	NWI 6-05.25



Extra Mile Timing

2 Debby von Winckelmann W63 Unattached 1.82m NWI 5-11.75  
 1.74m(NWI) 1.80m(NWI) 1.81m(NWI) 1.82m(NWI)

W60 Long Jump

Name	Age	Team	Finals	Wind
1 Debby von Winckelmann	W63	Unattached	3.41m	NWI 11-02.25
3.41m(NWI) 3.29m(NWI) 3.36m(NWI) 3.41m(NWI)				
2 Jennifer Jones	W61	SC Striders	2.88m	NWI 9-05.50
2.72m(NWI) 2.81m(NWI) 2.78m(NWI) 2.88m(NWI)				

W65 Long Jump Standing

Name	Age	Team	Finals	Wind
1 Linda Cohn	W69	SC Striders	1.98m	NWI 6-06.00
1.98m(NWI) 1.90m(NWI) FOUL FOUL				

W70 Long Jump Standing

Name	Age	Team	Finals	Wind
1 Annelies Steekelenburg	W74	SC Striders	1.73m	NWI 5-08.25
1.73m(NWI) 1.59m(NWI) 1.65m(NWI) FOUL				

M50 Long Jump

Name	Age	Team	Finals	Wind
1 Mike Risley	M53	So Cal Track	4.89m	NWI 16-00.50
4.89m(NWI) 4.88m(NWI) 4.67m(NWI) 4.65m(NWI)				

M60 Long Jump

Name	Age	Team	Finals	Wind
1 Said Mourali	M64	Unattached	4.00m	NWI 13-01.50
3.89m(NWI) 4.00m(NWI) FOUL 3.98m(NWI)				

M60 Long Jump Standing

Name	Age	Team	Finals	Wind
1 Said Mourali	M64	Unattached	2.29m	NWI 7-06.25
2.27m(NWI) 2.23m(NWI) 2.28m(NWI) 2.29m(NWI)				

M65 Long Jump

Name	Age	Team	Finals	Wind
1 Mahmoud Niroumand	M65	Bruins	4.52m	NWI 14-10.00
4.40m(NWI) 4.52m(NWI)				
2 Ron Stevens	M68	Pacific Coas	4.34m	NWI 14-03.00
4.34m(NWI)				

M65 Long Jump Standing

Name	Age	Team	Finals	Wind
1 Mahmoud Niroumand	M65	Bruins	2.52m	NWI 8-03.25
2.52m(NWI) 2.50m(NWI) 2.47m(NWI) 2.48m(NWI)				
2 Jeffery Davison	M65	So Cal Track	2.11m	NWI 6-11.25
2.11m(NWI) 2.08m(NWI) FOUL FOUL				

M70 Long Jump Standing

Name	Age	Team	Finals	Wind
1 Monte Gast	M74	Bruins	2.00m	NWI 6-06.75
FOUL FOUL FOUL 2.00m(NWI)				
2 Patrick Pittman	M70	Trojan Maste	1.64m	NWI 5-04.75
FOUL 1.47m(NWI) 1.53m(NWI) 1.64m(NWI)				

M70 Long Jump

Name	Age	Team	Finals	Wind
1 Monte Gast	M74	Bruins	3.20m	NWI 10-06.00
2.96m(NWI) 3.05m(NWI) 3.20m(NWI)				
2 Patrick Pittman	M70	Trojan Maste	2.97m	NWI 9-09.00

Extra Mile Timing

2.51m(NWI) 2.46m(NWI) 2.60m(NWI) 2.97m(NWI)

M80 Long Jump Standing

Name	Age Team	Finals	Wind
1 Nels Siverson 1.90m(NWI) 1.88m(NWI) 1.86m(NWI) FOUL	M80 Unattached	1.90m	NWI 6-03.00

W50 Triple Jump

Name	Age Team	Finals	Wind
1 Heidi Miller 5.50m(NWI) FOUL	W51 SC Striders	5.50m	NWI 18-00.50

W60 Triple Jump

Name	Age Team	Finals	Wind
1 Jennifer Jones 5.65m(NWI) 5.67m(NWI) 5.90m(NWI) 5.76m(NWI)	W61 SC Striders	5.90m	NWI 19-04.25

W65 Triple Jump

Name	Age Team	Finals	Wind
1 Linda Cohn 6.30m(NWI) x	W69 SC Striders	6.30m	NWI 20-08.00

M60 Triple Jump

Name	Age Team	Finals	Wind
1 Said Mourali 8.51m(NWI) 8.85m(NWI) 8.88m(NWI) 8.61m(NWI)	M64 Unattached	8.88m	NWI 29-01.75

M65 Triple Jump

Name	Age Team	Finals	Wind
1 Mahmoud Niroumand 9.87m(NWI) 9.68m(NWI)	M65 Bruins	9.87m	NWI 32-04.75
2 Andrew Hecker FOUL 7.78m(NWI) FOUL	M67 Unattached	7.78m	NWI 25-06.25

M70 Triple Jump

Name	Age Team	Finals	Wind
1 Monte Gast 5.44m(NWI) 6.14m(NWI) 6.24m(NWI) 6.46m(NWI)	M74 Bruins	6.46m	NWI 21-02.50
2 Patrick Pittman 6.33m(NWI) 6.42m(NWI) 6.34m(NWI) 6.42m(NWI)	M70 Trojan Maste	6.42m	NWI 21-00.75

M80 Triple Jump

Name	Age Team	Finals	Wind
1 Bert Bergen 5.64m(NWI) 5.68m(NWI) 5.79m(NWI) FOUL	M84 SC Striders	5.79m	NWI 19-00.00

W55 Shot Put

Name	Age Team	Finals
1 Suzette Lee 8.46m 8.61m 8.44m 8.50m	W58 SC Striders	8.61m 28-03.00

W60 Shot Put

Name	Age Team	Finals
1 Debby von Winckelmann 7.58m 7.57m 7.45m 7.46m	W63 Unattached	7.58m 24-10.50
2 Jennifer Jones 6.47m 7.11m 7.38m FOUL	W61 SC Striders	7.38m 24-02.50

W65 Shot Put

Name	Age Team	Finals
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Extra Mile Timing

1	Linda Cohn	7.65m	7.82m	7.91m	7.49m	W69 SC Striders	7.91m	25-11.50
2	Carol Anne Drastal	5.36m	5.81m	5.37m	5.25m	W65 SC Striders	5.81m	19-00.75

M29&U Shot Put

Name	Age	Team	Finals				
1 Caleb Weigel	7.22m	8.08m	7.05m	8.05m	M17 Unattached	8.08m	26-06.25

M55 Shot Put

Name	Age	Team	Finals				
1 Kelly Mattson	14.47m	13.82m	14.01m	14.28m	M56 Unattached	14.47m	47-05.75

M60 Shot Put

Name	Age	Team	Finals				
1 Dan Peterson	14.50m	14.58m	FOUL	13.78m	M62 Unattached	14.58m	47-10.00
2 Stephen Chan	8.45m	9.66m	8.26m		M60 SC Striders	9.66m	31-08.50

M70 Shot Put

Name	Age	Team	Finals				
1 Monte Gast	8.20m	8.66m			M74 Bruins	8.66m	28-05.00

M75 Shot Put

Name	Age	Team	Finals				
1 William Harvey	11.55m	11.42m	10.74m	FOUL	M76 Unattached	11.55m	37-10.75
2 Stan Whitley	10.01m	10.99m	9.99m	9.75m	M76 SC Striders	10.99m	36-00.75

M80 Shot Put

Name	Age	Team	Finals				
1 Nels Siverson	7.35m	FOUL			M80 Unattached	7.35m	24-01.50

W55 Discus Throw

Name	Age	Team	Finals				
1 Suzette Lee	FOUL	17.11m	17.27m	FOUL	W58 SC Striders	17.27m	56-08

W65 Discus Throw

Name	Age	Team	Finals				
1 Linda Cohn	FOUL	20.61m	20.64m	FOUL	W69 SC Striders	20.64m	67-08

W70 Discus Throw

Name	Age	Team	Finals				
1 Annelies Steekelenburg	17.40m	15.93m	17.62m	FOUL	W74 SC Striders	17.62m	57-10

M55 Discus Throw

Name	Age	Team	Finals				
1 Kelly Mattson	41.70m	42.39m	43.67m	FOUL	M56 Unattached	43.67m	143-03

M60 Discus Throw

Extra Mile Timing

Name	Age	Team	Finals
1 Dan Peterson	M62	Unattached	39.75m 130-05
35.48m FOUL 39.75m FOUL			
2 James Barry	M64	Unattached	30.14m 98-11
28.29m 29.95m 30.14m 25.24m			

M65 Discus Throw

Name	Age	Team	Finals
1 Jeff Brown	M66	Unattached	43.02m 141-02
38.02m FOUL 43.02m 35.59m			
2 Mahmoud Niroumand	M65	Bruins	32.86m 107-10
31.67m 32.02m 32.86m FOUL			

M75 Discus Throw

Name	Age	Team	Finals
1 William Harvey	M76	Unattached	31.96m 104-10
30.58m 28.51m 31.96m 29.16m			
2 Stan Whitley	M76	SC Striders	30.21m 99-01
24.25m 28.77m 30.21m FOUL			
3 Irv Pearce	M77	Unattached	24.25m 79-07
FOUL 24.25m FOUL FOUL			

M80 Discus Throw

Name	Age	Team	Finals
1 Nels Siverson	M80	Unattached	20.98m 68-10
19.98m 20.98m FOUL FOUL			

W55 Hammer Throw

Name	Age	Team	Finals
1 Suzette Lee	W58	SC Striders	26.73m 87-08
23.33m 26.73m 23.47m 25.28m 26.39m 24.95m			

M55 Hammer Throw

Name	Age	Team	Finals
1 Kelly Mattson	M56	Unattached	26.42m 86-08
23.53m FOUL FOUL 23.87m 26.42m FOUL			

W35 Javelin Throw

Name	Age	Team	Finals
1 Siobhan DuBois	W37	Unattached	28.47m 93-05
27.12m 23.12m FOUL 28.30m 28.47m 28.41m			

W50 Javelin Throw

Name	Age	Team	Finals
1 Lynn Larsen	W54	Unattached	11.16m 36-07
8.99m 7.93m 7.74m 9.09m 11.16m 10.23m			

W55 Javelin Throw

Name	Age	Team	Finals
1 Suzette Lee	W58	SC Striders	21.50m 70-06
FOUL 18.69m 18.97m 19.67m 21.50m 19.98m			

W60 Javelin Throw

Name	Age	Team	Finals
1 Debby von Winckelmann	W63	Unattached	16.75m 54-11
13.70m 13.93m 15.36m 15.67m 15.03m 16.75m			

W65 Javelin Throw

Name	Age	Team	Finals
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Extra Mile Timing

1	Linda Cohn		W69 SC Striders	29.93m	98-02
	28.26m 29.08m 29.90m 28.31m 29.93m 29.52m				
2	Carol Anne Drastal		W65 SC Striders	13.80m	45-03
	13.80m 10.78m 9.34m FOUL 10.31m FOUL				

M60 Javelin Throw

Name	Age Team	Finals
1 Dan Peterson	M62 Unattached	33.98m 111-06
	31.51m 30.66m 29.58m 33.98m FOUL 28.33m	
2 James Barry	M64 Unattached	31.31m 102-09
	27.44m FOUL 30.57m 28.08m 30.10m 31.31m	
3 Stephen Chan	M60 SC Striders	27.69m 90-10
	19.93m 21.11m 19.11m 27.69m	

M65 Javelin Throw

Name	Age Team	Finals
1 Mahmoud Niroumand	M65 Bruins	38.95m 127-09
	FOUL 37.41m 37.74m 37.92m 37.77m 38.95m	
2 Ron Stevens	M68 Pacific Coas	26.96m 88-05
	23.39m 26.12m 26.96m	

M70 Javelin Throw

Name	Age Team	Finals
1 Monte Gast	M74 Bruins	24.33m 79-10
	21.11m 24.33m 21.70m FOUL 21.27m	

M75 Javelin Throw

Name	Age Team	Finals
1 Stan Whitley	M76 SC Striders	26.37m 86-06
	FOUL 23.36m 23.55m 26.37m FOUL 22.48m	
2 Irv Pearce	M77 Unattached	18.69m 61-04
	17.20m FOUL 18.69m 18.38m FOUL FOUL	

M29&U 3000 Meter Race Walk

Name	Age Team	Finals
1 Simeon Michelson	M21 Unattached	15:23.96
	53.506 (53.506) 2:56.453 (2:02.947) 5:06.327 (2:09.874)	
	7:20.076 (2:13.749) 9:22.905 (2:02.830) 11:30.061 (2:07.157)	
	13:30.230 (2:00.170) 15:23.953 (1:53.723)	

M45 3000 Meter Race Walk

Name	Age Team	Finals
1 Adrian Zamudio	M46 Unattached	18:10.41
	1:08.679 (1:08.679) 3:30.879 (2:22.200) 5:53.759 (2:22.880)	
	8:18.397 (2:24.639) 10:44.574 (2:26.177) 13:12.494 (2:27.921)	
	15:41.088 (2:28.594) 18:10.409 (2:29.321)	

M50 5000 Meter Race Walk

Name	Age Team	Finals
1 Gerard Deegan	M54 ARC Racing P	33:51.92
	1:13.922 (1:13.922) 3:55.292 (2:41.371) 6:38.247 (2:42.955)	
	9:20.376 (2:42.130) 12:01.712 (2:41.337) 14:40.816 (2:39.104)	
	17:21.164 (2:40.348) 20:03.777 (2:42.614) 22:49.598 (2:45.822)	
	25:40.421 (2:50.823) 28:33.368 (2:52.947) 31:15.349 (2:41.982)	
	33:51.916 (2:36.567)	

M75 5000 Meter Race Walk

Name	Age Team	Finals
1 Rick Campbell	M76 So Cal Track	34:14.26
	1:19.626 (1:19.626) 4:09.461 (2:49.835) 6:55.428 (2:45.968)	
	9:41.936 (2:46.508) 12:25.504 (2:43.569) 15:10.246 (2:44.743)	
	17:57.024 (2:46.779) 20:42.382 (2:45.358) 23:29.347 (2:46.966)	
	26:14.465 (2:45.118) 28:58.797 (2:44.333) 31:39.285 (2:40.488)	
	34:14.254 (2:34.969)	