Russell Meyers (Russ Meyers) (H.Russell Meyers)  [Highlights]
DOB:  Feb 25, 1904  [Lived in Florida during the 1970s/1980s]

Records: World and American:

World Record: Russell Meyers: Age 75: 110 m HH at 21.9 (30”) (May 5, 1979 at Bob Boal Meet)
Mark: Russell Meyers: Age 76: 110 m HH at 21.3 (30”) (Apr 12, 1980 at Orlando)
World Record: Russell Meyers: Age 76: 110 M HH at 20.93 (30”) (July 5, 1980 Philadelphia: National)
Mark: Russell Meyers: Age 76: High Hurdles at 20.9 (Jan 8-14, 1981 at Christchurch: World)
World Record: Russell Meyers: Age 77: 110 m HH at 20.83 (30”) (May 9, 1981 at Bob Boal meet)
Mark: Russell Meyers: Age 80: 100 M HH at 20.2 (33”) (June 23, 1984 at Washington DC)
Mark: Russell Meyers: Age 80: 80 M HH at 17.55 (30”) (May 26, 1984 at New Orleans)
World Record: Russell Meyers: Age 80: 80 m HH at 17.5 (30”) (July 7, 1984 at Greenville)
[Record lasted over 11 years as AR]

World Record: Russell Meyers: Age 77: 400 m H at 1:29.58 (30”) (May 9, 1981)
World Indoor Record: Russell Meyers: Age M75: 60 Yard HH at 10.6 (1980) (Per May 1985 NMN)
World Indoor Record: Russell Meyers: Age 80: 60 Yard HH at 11.34 (1984 Indoor National) (Per May 1985 NMN)
World Indoor Record: Russell Meyers: Age 80: 300 Yard at 52.7 (1984 Indoor National) (Per May 1985 NMN)
World Indoor Record: Russell Meyers: Age 76: Long Jump at 12'-8” = 3.86 (1980 Indoor National) (Per May 1985 & Feb 1995 NMN) [Record lasted over 15 years as AR]
World Indoor Record: Russell Meyers: Age 80: Long Jump at 10'-4” = 3.15 (1984 Indoor National) (Per May 1985 & Mar 1993 NMN) [Record lasted over 9 years as AR]

NMN= National Masters News

Russell Meyers at World Championship:
1981: Age 76: 1st at 100 m at 15.71, 1st 200 m at 32.90, 3rd 400 m at 1:19.26, 1st High Hurdles at 21.89, 2nd Long Jump at 3.67 (Jan 7-14, 1981 World Championship)

Russell Meyers at Masters US Outdoor Championship:
1980: Age 76: 2nd 100 m at 16.00, 3rd 400 m at 1:27.6, 1st 110 m HH at 20.93 (30’’), 2nd 400 m H at 1:34.46 (30’’), 1st Long Jump at 12’-9.5’’, 3rd Triple Jump at 22’-3.75” (July 1980 Philadelphia: Nationals)
1981 (TFA): Age 77: 1st 110 m HH at 25.0, 1st 400 m H at 1:34.9, 1st Long Jump at 3.49, (June 13-14, 1981 TFA: Atlanta)
**Russell Meyers at Masters US Indoor Championship:**
1980: Age 76: 1st 50 Yard at 7.7, 1st at 300 Yard at 49.4, 1st 50 Yard HH at 8.8, 1st Long Jump at 12’-8”, and 2nd Triple Jump at 23’-3.5” (Mar 29, 1980)
1984: Age 80: 1st 60 Yard at 9.58, 1st 300 Yard at 52.7, 1st 60 Yard HH at 11.34, 1st Long Jump at 10’-4” (1984)

**Russell Meyers at Bob Boal Meet:**
1979: Age 75: 1st 200 m at 32.4, 1st 400 m at 80.6, 1st 110 m HH at 21.9, 1st 400 m H at 1:34.2 (May 4-6, 1979)
1981: Age 77: 110 m HH at 20.83 (30”) (May 9, 1981)
