

**TROJAN MASTERS TRACK CLUB
S.C.A.T.A.C. SANCTIONED
THIRD ANNUAL TRACK & FIELD INVITATIONAL**

Date: June 21, 1986 **Meet Director:** Vern Wolfe, former USC Track Coach

Place: University of Southern California--Crowell Field. Take the Harbor Freeway (State Hwy. 11) to the Exposition exit. Go west on Exposition past Flower and Figueroa to the main entrance at Hoover. Crowell Field is 3 blocks north of the entrance. Parking is free if you explain your destination.

Facilities: 8 lane synthetic track (1/4 inch spikes maximum), and synthetic surfaces for all jumps and the javelin runway. Restrooms only, no lockers.

Awards: Medals will be awarded to the first three competitors in each division. In cases where heats are necessary, winners will be determined by time (no preliminaries). In relay events first place only. Divisions--M & W 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

Entry Information: Postmark deadline for entries is June 10. **NO LATE ENTRIES OR DAY-OF-MEET ENTRIES.** (This does not apply to relay teams.) Despite the "Invitational" in the title, there are no minimum performance requirements. Lists and entry event sheets are formed by computer, so that all events will have preprinted information automatically generated--for instance, random assignment of competitor order (within age groups) for field events and lane number for sprints, and each athlete's personal record for his age group so that recognition of personal achievement can be announced. The deadline above is necessary for preparation of data for the computer. Please furnish all information requested on the entry form (including your personal record for your present age group), or enter "none" if not available. Entry fees are \$7 for the first event, \$4 for each additional event, (total limitation of six individual events, excluding relay participation), \$10 for a relay team. **NO REFUNDS AND NO SUBSTITUTION OF EVENTS.** This is a FAC-sanctioned meet and competitors must have a 1986 FAC number. (FAC membership must be renewed each year.) FAC membership may be applied for at the meet for the FAC fee of \$6.

Order of Competition: Oldest to youngest age groups, women first. High jump and pole vault competitors enter the competition at their preferred heights regardless of age grouping. High jump increments 2", pole vault increments 6".

Hurdle and Implement Standards: WAVA standards will be used.

Time Schedule: May vary somewhat depending on number of entries.

Running Events		Schedule of Events		Field Events	
8:00 10000m Run (M&W)	12:30 400m Dash	9:00	Hammer (At Cal State LA)		
9:30 5000m Walk (M&W)	1:00 100m Dash	11:00	Pole Vault		
10:30 5000m Run (M&W)	1:45 800m Run	11:00	Javelin		
11:15 400m Relay	2:15 Int. Hurdles		Long Jump		
11:30 1500m Run	2:45 200m Dash	12:30	Shot Put		
12:00 High Hurdles	3:15 1600m Relay		High Jump		
			Triple Jump (Follows LJ)		
		2:00	Discus (Follows Shot)		

Entry Form: Make checks payable to Trojan Masters Track Club and mail entry form to Trojan Masters Invitational, 1147 W. Rowland Ave., West Covina, CA 91790. For further information, telephone Jim Vernon at (818)338-1623.

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Official Entry Form