

Licensed to Striders Meet of Champions Hy-Tek's Meet Manager 5/6/2010 09:07 AM  
 2010 Meet of Champions - 5/1/2010  
 Athlete Individual Labels  
 Orange Coast College  
 Results

## W29&amp;U 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Bowman, Briana	W22 SC Striders		15.73	NWI 2	10

## W35 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Jace, April	W35 Elite Health Tra		14.15	NWI 2	10

## W40 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Monteiro, Angelean	W42 Unattached		14.69	NWI 2	10

## W45 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Ford, Alyson	W45 Elite Health Tra		15.96	NWI 2	10

## W50 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Black, Cara	W52 SC Striders		15.92	NWI 1	10
2 Byrne, Alisa	W52 Pacific Coast Tr		16.62	NWI 1	8
3 Selby, Debbie	W53 SC Striders		17.61	NWI 2	6

## W55 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Williams, Sheila	W55 Unattached		18.06	NWI	10
2 Stone, Chris	W55 SC Striders		22.36	NWI	8

## W60 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Braxton, Freddie	W60 Trojan Masters		19.29	NWI	10

## W75 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Kuehne, Magdalena	W79 SC Striders		22.48	NWI	10

## W80 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Valien, Johnnye	W84 SC Striders		24.73	NWI	10

## M29&amp;U 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Jones, Stirley	M24	SC Striders		11.65	NWI	9	
2 Thornton, Brian	M28	Unattached		12.50	NWI	8	

## M30 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Garcia, Philam	M30	Unattached		11.63	NWI	9	
2 Jones, Lenouris	M30	Unattached		11.82	NWI	9	
3 Ho, Thach	M34	Unattached		12.55	NWI	9	

## M35 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Cooper, Reginald	M37	Unattached		12.56	NWI	9	
2 Swisher, Jason	M35	Unattached		13.07	NWI	9	

## M40 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Burton, Chappale	M41	Unattached		12.80	NWI	8	
2 Sawamura, John	M40	Unattached		12.90	NWI	8	
3 Zoolakis, Anthony	M44	Unattached		12.93	NWI	8	
4 Downey, Bruce	M44	Unattached		13.63	NWI	8	
5 Miles, Anthony	M43	Unattached		14.00	NWI	8	
6 Woods, David	M40	Unattached		14.31	NWI	8	

## M45 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Sullivan, Michael	M49	Unattached		11.86	NWI	7	
2 Biggers, Kevin	M47	Unattached		12.66	NWI	7	
3 Cramer, Bruce`	M48	Unattached		13.00	NWI	7	
4 Howe, Don	M49	Unattached		13.08	NWI	7	
5 Jefferson, Louis	M46	Unattached		13.38	NWI	7	
6 Brito, Renato	M45	Unattached		13.61	NWI	7	
7 Schwartz, Don	M46	Unattached		14.93	NWI	7	
8 Moreno, Erich	M47	Unattached		27.02	NWI	7	

## M50 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 McConkey, Phil	M53	Unattached		12.67	NWI	6	
2 Muehlbacher, ED	M51	Unattached		13.53	NWI	6	
3 Hill, Philip	M53	Elite Health Tra		13.55	NWI	5	
4 Millerbus, Alvin	M51	Unattached		13.88	NWI	6	
5 Griffiths, Bob	M50	So Cal		14.36	NWI	6	

## M55 100 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Leake, Damien	M57	SC Striders		12.55	NWI	5	
2 Klock, Steve	M58	So Cal		13.69	NWI	5	

## M60 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Rinaldi, Angelo	M60 Unattached		12.67	NWI 4	
2 Stucki, Ernie	M60 SC Striders		13.47	NWI 4	
3 Crandall, Jim	M64 SC Striders		14.55	NWI 4	
4 Green, Barry	M64 Unattached		14.92	NWI 4	
5 Melendez, Steve	M61 SC Striders		15.12	NWI 4	
6 Wong, George	M61 Unattached		15.25	NWI 3	

## M65 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Morris, Rufus	M65 SC Striders		14.16	NWI 4	
2 Randolph, Henry	M67 Unattached		14.39	NWI 3	
3 Honea, James	M65 Unattached		16.31	NWI 3	
4 Ryan, Steve	M69 SC Striders		16.47	NWI 3	
5 Muranaka, Ron	M66 SC Striders		16.49	NWI 3	
6 Stock, Ronald	M67 Unattached		19.68	NWI 3	

## M70 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Thorpe, Karl	M71 San Diego Impera		15.65	NWI 3	
2 Carr, John	M71 Unattached		17.99	NWI 3	
3 Harwood, Jerry	M71 So Cal		22.64	NWI 4	

## M75 100 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Flory, Sam	M77 SC Striders		16.45	NWI 2	
2 Rivera, Ben	M76 Unattached		17.98	NWI 2	
3 Fitzhugh, Raymond	M75 SC Striders		18.28	NWI 2	
4 Billings, Phillip	M78 Unattached		18.37	NWI 2	
5 Kishi, Frank	M78 SC Striders		18.77	NWI 2	

## M80 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Cheek, Don	M80 Unattached		16.67	NWI	
2 Selby, Jim	M81 SC Striders		19.50	NWI	

## M85 100 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Patsalis, Tom	M88 So Cal		21.77	NWI	

## W30 200 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Mayers, Natasha	W31 Unattached		26.95	-2.3 3	
2 Goldberg, Natania	W31 Track West		32.89	-2.3 3	

## W35 200 Meter Dash

Name	Age Team	Seed	Finals	Wind H#	Points
1 Jace, April	W35 Elite Health Tra		29.28	-2.3 3	

## W40 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#	Points
1 Delaney, Moira	W42 Unattached		31.46	-2.3	3	
2 Love, Letitia	W44 Elite Health Tra		40.93	-2.8	2	

## W45 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#	Points
1 Black, Jai	W45 SC Striders		28.40	-2.8	2	
2 Ford, Alyson	W45 Elite Health Tra		33.07	-2.8	2	
3 Bradford, Phyllis	W48 Unattached		35.78	-2.8	2	
4 Duenas, Susan	W47 Westlake Track C		36.54	-2.8	2	

## W50 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Black, Cara	W52 SC Striders		32.98	-2.0	
2 Brown, Leonora	W52 Elite Health Tra		34.28	-2.0	
3 Selby, Debbie	W53 SC Striders		37.61	-2.0	

## W55 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Bowman, Jeanne	W57 SC Striders		33.22	-2.0	
2 Bowman, Tina	W56 Beach Track Club		34.68	-2.0	

## W60 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	Points
1 Braxton, Freddie	W60 Trojan Masters		41.80	-2.0	

## M29&amp;U 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#	Points
1 Thornton, Brian	M28 Unattached		25.14	-2.5	9	
2 Peck, Ethan	M24 Track West		26.54	-2.5	9	

## M30 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#	Points
1 Jones, Lenouris	M30 Unattached		23.06	-2.5	9	
2 Lamarque, Patrice	M32 Unattached		24.70	-2.5	9	
3 Ho, Thach	M34 Unattached		25.57	-2.5	9	

## M35 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#	Points
1 Cook, Corey	M38 Elite Health Tra		28.82	-2.5	9	

## M40 200 Meter Dash

Name	Age Team	Seed	Finals	Wind	H#	Points
1 Diedrick, Joseph	M40 Unattached		24.82	-2.5	8	

2	Sawamura, John	M40	Unattached	26.45	-2.5	8
3	Nash, Chris	M42	Unattached	26.48	-2.5	8
4	Gates, Robert	M41	So Cal	27.25	-2.5	8
5	Miles, Anthony	M43	Unattached	29.07	-2.5	8

## M45 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Sullivan, Michael	M49	Unattached		24.46	-2.9	7	
2 Jefferson, Louis	M46	Unattached		27.68	-2.9	7	
3 Howe, Don	M49	Unattached		27.90	-2.9	7	
4 Brito, Renato	M45	Unattached		28.53	-2.9	7	
5 Schwartz, Don	M46	Unattached		30.56	-2.9	7	

## M50 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Cummings, Steve	M54	Unattached		26.17	-3.0	6	
2 Muehlbacher, ED	M51	Unattached		26.68	-3.0	6	
3 Hill, Philip	M53	Elite Health Tra		28.30	-3.0	6	
4 Griffiths, Bob	M50	So Cal		30.90	-3.0	6	

## M55 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Leake, Damien	M57	SC Striders		26.23	-2.1	5	
2 Richardson, Robert	M56	SC Striders		26.24	-2.1	5	
3 Klock, Steve	M58	So Cal		28.24	-2.1	5	

## M60 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Pruitt, Matthews	M64	Golden West AC		27.27	-2.1	4	
2 Stucki, Ernie	M60	SC Striders		28.08	-2.1	4	
3 Shaheed, Nolan	M60	So Cal		29.33	-2.1	4	
4 Crandall, Jim	M64	SC Striders		30.59	-2.1	4	
5 Hall, Gary	M63	Golden West AC		32.33	-2.1	4	

## M65 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Honea, James	M65	Unattached		26.95	-2.1	3	
2 Jones, Eric	M67	Unattached		29.28	-2.1	3	
3 Randolph, Henry	M67	Unattached		31.46	-2.1	3	
4 Ryan, Steve	M69	SC Striders		32.89	-2.1	3	

## M70 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
1 Thorpe, Karl	M71	San Diego Impera		32.92	-1.9	2	
2 McAlpine, Robert	M71	Unattached		34.29	-1.9	2	
3 Carr, John	M71	Unattached		39.52	-1.9	2	
4 Harwood, Jerry	M71	So Cal		49.47	-1.9	2	

## M75 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	H#	Points
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1	Flory, Sam	M77	SC Striders	34.52	-1.9	2
2	Rivera, Ben	M76	Unattached	38.24	-1.9	2
3	Billings, Phillip	M78	Unattached	41.18	-1.9	2
4	Kishi, Frank	M78	SC Striders	41.81	-1.9	2

## M80 200 Meter Dash

Name	Age	Team	Seed	Finals	Wind	Points
1 Cheek, Don	M80	Unattached		35.67	-3.3	
2 Escobosa, Alfonso	M82	SC Striders		39.71	-3.3	
3 Selby, Jim	M81	SC Striders		43.74	-3.3	

## W30 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Freemans, Jennifer	W30	Track West		1:00.52	2	

## W35 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Kristjansson, Siri Rosto	W36	So Cal		1:01.21	2	
2 Jace, April	W35	Elite Health Tra		1:08.39	2	

## W40 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Delaney, Moira	W42	Unattached		1:09.59	2	
2 Love, Letitia	W44	Elite Health Tra		1:43.99	2	

## W45 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Black, Jai	W45	SC Striders		1:02.41	2	
2 Ford, Alyson	W45	Elite Health Tra		1:20.33	1	

## W50 400 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Brown, Leonora	W52	Elite Health Tra		1:39.78	

## W60 400 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Braxton, Freddie	W60	Trojan Masters		1:37.45	

## M29&amp;U 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 James, Jamaal	M29	Unattached		59.43	4	

## M30 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Ho, Thach	M34	Unattached		58.15	4	

## M35 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Givens, Barry	M36	Unattached		59.72	4	

## M40 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Diedrick, Joseph	M40	Unattached		56.53	4	
2 Gates, Robert	M41	So Cal		57.03	4	
3 Sawamura, John	M40	Unattached		1:00.13	4	
4 Miles, Anthony	M43	Unattached		1:08.71	4	

## M45 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Davis, Jerry	M49	Track West		58.99	3	

## M50 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Cummings, Steve	M54	Unattached		58.08	3	
2 Muehlbacher, ED	M51	Unattached		58.82	3	
3 Araujo, John	M52	Unattached		1:05.14	3	

## M55 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Richardson, Robert	M56	SC Striders		59.55	3	
2 Klock, Steve	M58	So Cal		1:06.50	3	
3 LaCroix, Marcello	M58	T J Dukla		1:25.18	2	
-- Hecker, Andrew	M55	Unattached		DNF	3	

## M60 400 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
1 Pruitt, Matthews	M64	Golden West AC		1:08.91	2	
2 Hall, Gary	M63	Golden West AC		1:09.60	2	

## M65 400 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Randolph, Henry	M67	Unattached		1:11.74	
2 Jones, Eric	M67	Unattached		1:11.84	
3 Ryan, Steve	M69	SC Striders		1:24.41	

## M80 400 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Escobosa, Alfonso	M82	SC Striders		1:47.03	

## W45 800 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Thornton, Sinead	W45	Unattached		2:36.56	

2 Duenas, Susan W47 Westlake Track C 3:10.01

W60 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 Cox, Tracey	W62 Elite Health Tra		3:44.76	

M30 800 Meter Run

Name	Age Team	Seed	Finals	H#	Points
1 Romero, Angel	M33 Unattached		2:08.33	2	

M40 800 Meter Run

Name	Age Team	Seed	Finals	H#	Points
1 Garratt, John	M43 Arizona		2:17.64	2	

M45 800 Meter Run

Name	Age Team	Seed	Finals	H#	Points
1 Smith, Allen	M47 Unattached		2:23.33	2	
2 Gallego, Oliver	M48 Elite Health Tra		2:27.06	2	

M50 800 Meter Run

Name	Age Team	Seed	Finals	H#	Points
1 Martinez, Alex	M51 Run On Dallas		2:28.55	2	
2 Araujo, John	M52 Unattached		2:30.35	2	

M55 800 Meter Run

Name	Age Team	Seed	Finals	H#	Points
1 Shapiro, Gary	M58 Unattached		2:34.96	2	

M60 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 Hall, Gary	M63 Golden West AC		2:32.17	

M65 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 Jones, Eric	M67 Unattached		2:56.37	

M70 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 Cohen, George	M70 SC Striders		3:16.44	

W29&U 1500 Meter Run

Name	Age Team	Seed	Finals	Points
1 Atkinson, Amy	W20 Unattached		5:01.44	



## W35 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Kristjansson, Siri	Rosto	W36 So Cal		4:57.40	

## M35 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Givens, Barry	M36	Unattached		4:23.75	

## M40 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Gates, Robert	M41	So Cal		4:43.38	
2 Davis, Robert	M40	Unattached		4:46.71	

## M45 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Nesbit, Robert	M46	Club Northwest		4:48.94	
2 Gallego, Oliver	M48	Elite Health Tra		4:50.66	
3 Dietz, Mikie	M46	So Cal		4:52.13	
4 Smith, Allen	M47	Unattached		4:59.11	

## M50 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Nelson, Brian	M52	Unattached		4:44.98	
2 Araujo, John	M52	Unattached		4:56.40	
3 Cook, Dave	M53	So Cal		4:58.65	
4 Martinez, Alex	M51	Run On Dallas		5:08.65	

## M55 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Velazquez, Hugo	M59	Unattached		5:11.94	
2 Salzman, Jeff	M58	Unattached		5:14.05	
3 Lassegard, Steve	M57	SC Striders		5:44.30	

## M60 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Shaheed, Nolan	M60	So Cal		4:31.93	
2 Hall, Gary	M63	Golden West AC		5:09.00	
3 Gonzalez, Salvador	M62	Unattached		6:07.24	

## M65 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Gonzalez, Catarino	M68	Unattached		5:36.44	

## M80 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Willis, Harold	M82	SC Striders		11:21.09	

## W60 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Cox, Tracey	W62	Elite Health Tra		15:32.24	

## M35 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Ramirez, Juan	M39	Unattached		9:29.34	

## M45 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Gallego, Oliver	M48	Elite Health Tra		10:23.75	
2 Nesbit, Robert	M46	Club Northwest		10:40.59	

## M50 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Nelson, Brian	M52	Unattached		10:16.51	
2 Araujo, John	M52	Unattached		10:49.48	
3 Cook, Dave	M53	So Cal		10:53.51	

## M55 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Lassegard, Steve	M57	SC Striders		11:50.23	

## M50 100 Short Hurdles

Name	Age	Team	Seed	Finals	Wind	Points
1 Niroumand, Mahmoud	M52	Unattached		16.71	NWI	

## M55 100 Short Hurdles

Name	Age	Team	Seed	Finals	Wind	Points
1 Wilson, Thad	M59	Pacific Coast Tr		16.53	NWI	
2 Hecker, Andrew	M55	Unattached		20.17	NWI	

## M50 400 Long Hurdles

Name	Age	Team	Seed	Finals	Points
1 Cummings, Steve	M54	Unattached		1:06.38	

## M55 400 Long Hurdles

Name	Age	Team	Seed	Finals	Points
1 Hecker, Andrew	M55	Unattached		1:19.53	

## W40 High Jump

Name	Age	Team	Seed	Finals	Points
1 Martin, Leslie	W41	Unattached		1.18m	

## W45 High Jump

Name	Age Team	Seed	Finals	Points
1 Freetly, Kim	W47 Pacific Coast Tr		1.33m	

## W50 High Jump

Name	Age Team	Seed	Finals	Points
1 Vaughn, Karen	W52 Unattached		1.15m	

## W60 High Jump

Name	Age Team	Seed	Finals	Points
1 Steekelenburg, Annelies	W62 SC Striders		1.35m	

## M40 High Jump

Name	Age Team	Seed	Finals	Points
1 Diedrick, Joseph	M40 Unattached		1.62m	

## M45 High Jump

Name	Age Team	Seed	Finals	Points
1 Schwartz, Don	M46 Unattached		1.57m	

## M50 High Jump

Name	Age Team	Seed	Finals	Points
1 Berezousky, Victor	M50 Unattached		1.67m	

## M55 High Jump

Name	Age Team	Seed	Finals	Points
1 Weeks, Don	M55 Unattached		1.52m	
2 Watson, Richard	M57 SC Striders		1.32m	

## M60 High Jump

Name	Age Team	Seed	Finals	Points
1 Rader, Charlie	M62 So Cal		1.57m	
2 Sheets, Bob	M60 Unattached		0.95m	

## M65 High Jump

Name	Age Team	Seed	Finals	Points
1 Dobroth, John	M68 Unattached		1.52m	
-- Dvorak, Donald	M68 Unattached		NH	

## M70 High Jump

Name	Age Team	Seed	Finals	Points
1 Perry, Dave	M71 Unattached		1.40m	

## M75 High Jump

Name	Age	Team	Seed	Finals	Points
1 Fitzhugh, Raymond	M75	SC Striders		1.20m	

## M29&amp;U Pole Vault

Name	Age	Team	Seed	Finals	Points
-- Buerger, J.D.	M29	Unattached		NH	

## M45 Pole Vault

Name	Age	Team	Seed	Finals	Points
1 McIntyre, Tim	M49	Higher Flyer		4.10m	

## M50 Pole Vault

Name	Age	Team	Seed	Finals	Points
1 Brown, Charles	M54	Unattached		4.10m	
1 Beck, Wendell	M51	Unattached		4.10m	
3 Berezousky, Victor	M50	Unattached		3.80m	
4 Hogan, Mike	M50	Unattached		3.65m	

## M55 Pole Vault

Name	Age	Team	Seed	Finals	Points
1 Bentz, Kirk	M55	So Cal		3.95m	
2 Hardison, Steve	M59	Golden West AC		3.65m	

## W35 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Nesbit, Janelle	W38	Unattached		2.73m	2.0	

## W50 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Byrne, Alisa	W52	Pacific Coast Tr		3.81m	2.1	

## W55 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Cohn, Linda	W57	SC Striders		4.03m	1.7	

## W65 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Sneider, Sarah	W65	Unattached		2.65m	1.4	

## W75 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Kuehne, Magdalena	W79	SC Striders		2.65m	1.5	

## M35 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Swisher, Jason	M35	Unattached		5.32m	NWI	

## M40 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Downey, Bruce	M44	Unattached		5.84m	NWI	
2 Nash, Chris	M42	Unattached		5.37m	NWI	
3 Diedrick, Joseph	M40	Unattached		5.13m	2.0	
4 Woods, David	M40	Unattached		4.28m	NWI	

## M45 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Biggers, Kevin	M47	Unattached		5.80m	NWI	
2 Cramer, Bruce`	M48	Unattached		4.80m	NWI	
3 Schwartz, Don	M46	Unattached		4.77m	2.0	

## M50 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Niroumand, Mahmoud	M52	Unattached		5.19m	NWI	
2 Sargenti, William	M50	Unattached		4.40m	NWI	
3 Mendoza, Charlie	M52	Unattached		4.09m	NWI	

## M55 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Bentz, Kirk	M55	So Cal		5.39m	NWI	
2 Wilson, Thad	M59	Pacific Coast Tr		5.18m	2.0	
3 Censullo, Rick	M57	So Cal		4.57m	NWI	
4 Tipping, Mike	M57	So Cal		4.31m	NWI	
5 Watson, Richard	M57	SC Striders		3.90m	NWI	
6 Pittman, Patrick Thomas	M57	Unattached		3.89m	NWI	
7 LaCroix, Marcello	M58	T J Dukla		3.00m	NWI	

## M60 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Flowers, Carl	M63	So Cal		4.59m	2.0	
2 Mimm, Greg	M61	Unattached		4.39m	1.7	

## M65 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Morris, Rufus	M65	SC Striders		5.16m	2.5	
2 Dvorak, Donald	M68	Unattached		4.23m	2.2	

## M70 Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Harwood, Jerry	M71	So Cal		2.99m	1.6	

## M75 Long Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Richards, Dick	M75 San Diego Impera		4.53m	2.0	
2 Fitzhugh, Raymond	M75 SC Striders		3.42m	2.4	

## M85 Long Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Patsalis, Tom	M88 So Cal		2.74m	2.3	

## W75 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Kuehne, Magdalena	W79 SC Striders		5.42m	NWI	

## W80 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Valien, Johnnye	W84 SC Striders		4.07m	NWI	

## M50 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Niroumand, Mahmoud	M52 Unattached		11.08m	NWI	

## M55 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Bentz, Kirk	M55 So Cal		10.80m	NWI	
2 Pittman, Patrick Thomas	M57 Unattached		8.74m	NWI	
3 LaCroix, Marcello	M58 T J Dukla		5.89m	NWI	

## M60 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Tomaschke, John	M60 Unattached		10.12m	NWI	
2 Mimm, Greg	M61 Unattached		10.02m	NWI	

## M65 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Dvorak, Donald	M68 Unattached		9.05m	NWI	

## M70 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Harwood, Jerry	M71 So Cal		5.00m	NWI	

## M75 Triple Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Fitzhugh, Raymond	M75 SC Striders		6.86m	NWI	

## M85 Triple Jump

Name	Age Team	Seed	Finals	Wind Points
1 Patsalis, Tom	M88 So Cal		6.57m	NWI

## W40 Shot Put

Name	Age Team	Seed	Finals	Points
1 Nelson, Trinidad	W40 Unattached		6.36m	

## W45 Shot Put

Name	Age Team	Seed	Finals	Points
1 Shaw, Pat	W49 SC Striders		12.19m	
2 Thompson, Rena	W48 Unattached		7.88m	
3 Hill, Ann	W47 Unattached		6.28m	

## W50 Shot Put

Name	Age Team	Seed	Finals	Points
1 Dunton, Linn	W53 SC Striders		10.70m	
2 Vaughn, Karen	W52 Unattached		9.14m	

## W55 Shot Put

Name	Age Team	Seed	Finals	Points
1 Cohn, Linda	W57 SC Striders		9.57m	
2 Stone, Chris	W55 SC Striders		5.15m	

## W60 Shot Put

Name	Age Team	Seed	Finals	Points
1 Glass, Latanya	W63 SC Striders		8.87m	
2 Steekelenburg, Annelies	W62 SC Striders		7.28m	

## W65 Shot Put

Name	Age Team	Seed	Finals	Points
1 Perry, Hattie	W66 Unattached		5.46m	

## W75 Shot Put

Name	Age Team	Seed	Finals	Points
1 Kuehne, Magdalena	W79 SC Striders		4.94m	

## W80 Shot Put

Name	Age Team	Seed	Finals	Points
1 Valien, Johnnye	W84 SC Striders		4.65m	

## M30 Shot Put

Name	Age Team	Seed	Finals	Points
1 Rainis, Mke`	M31 So Cal		15.50m	
2 Villa, Din	M32 Unattached		10.27m	

## M35 Shot Put

Name	Age	Team	Seed	Finals	Points
-- Nelson, Troy	M38	So Cal		ND	

## M40 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Woods, David	M40	Unattached		9.25m	

## M45 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Hill, Steve	M48	Unattached		9.01m	

## M50 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Thompson, Floyd	M51	Unattached		10.27m	

## M55 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Stines, Greg	M55	Unattached		14.80m	
2 Althouse, Gerald	M57	Unattached		11.42m	
3 Tweddell, Wayne	M55	Unattached		11.23m	

## M60 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Rinaldi, Angelo	M60	Unattached		12.49m	
2 Richardson, Robert	M62	Unattached		10.49m	
3 Sheets, Bob	M60	Unattached		9.70m	

## M70 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Ginsburg, Marvin	M74	Unattached		9.84m	
2 Harwood, Jerry	M71	So Cal		9.13m	
3 Rosen, Alan	M74	Unattached		8.10m	

## M75 Shot Put

Name	Age	Team	Seed	Finals	Points
1 Smith, Ernie	M76	SC Striders		8.73m	

## W40 Discus Throw

Name	Age	Team	Seed	Finals	Points
1 Nelson, Trinidad	W40	Unattached		12.55m	

## W45 Discus Throw

Name	Age	Team	Seed	Finals	Points
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1	Thompson, Rena	W48	Unattached		22.49m
1	Hill, Ann	W47	Unattached		17.36m

## W50 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Dunton, Linn	W53	SC Striders		27.82m

## W55 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Cohn, Linda	W57	SC Striders		23.62m
2	Stone, Chris	W55	SC Striders		13.83m

## W75 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Brannigan, Ellen	W76	SC Striders		15.48m

## M30 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Villa, Din	M32	Unattached		20.16m

## M35 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Nelson, Troy	M38	So Cal		31.26m

## M40 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Nash, Chris	M42	Unattached		35.50m

## M45 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Hill, Steve	M48	Unattached		22.77m

## M50 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Kohaut, Harry	M52	Nor Cal Throwers		44.42m
2	Brown, Jeff	M53	SC Striders		40.79m
3	Holden, Greg	M52	Unattached		31.56m
4	Thompson, Floyd	M51	Unattached		24.32m

## M55 Discus Throw

Name	Age	Team	Seed	Finals	Points
1	Stines, Greg	M55	Unattached		45.05m
2	Tweddell, Wayne	M55	Unattached		34.52m
3	Watson, Richard	M57	SC Striders		33.15m

## M60 Discus Throw

Name	Age Team	Seed	Finals	Points
1 Richardson, Robert	M62 Unattached		34.18m	
2 Sheets, Bob	M60 Unattached		28.68m	

## M70 Discus Throw

Name	Age Team	Seed	Finals	Points
1 Rosen, Alan	M74 Unattached		33.28m	
2 Harwood, Jerry	M71 So Cal		29.66m	
3 Ginsburg, Marvin	M74 Unattached		24.96m	

## M85 Discus Throw

Name	Age Team	Seed	Finals	Points
1 Roser, Donald	M86 Unattached		18.50m	

## W29&amp;U Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Young, Rachel	W25 Unattached		46.70m	

## W40 Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Nelson, Trinidad	W40 Unattached		19.20m	

## W50 Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Dunton, Linn	W53 SC Striders		32.00m	

## M35 Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Nelson, Troy	M38 So Cal		34.96m	

## M45 Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Retzer, Greg	M45 Unattached		42.06m	

## M55 Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Meyer, Thomas	M58 So Cal		34.43m	
2 Watson, Richard	M57 SC Striders		32.85m	
3 LaCroix, Marcello	M58 T J Dukla		6.19m	

## M70 Hammer Throw

Name	Age Team	Seed	Finals	Points
1 Harwood, Jerry	M71 So Cal		24.15m	

## M85 Hammer Throw

Name	Age	Team	Seed	Finals	Points
1 Hackett, Hugh	M89	Unattached		12.61m	

## W40 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Nelson, Trinidad	W40	Unattached		12.13m	

## W45 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Thompson, Rena	W48	Unattached		28.16m	

## W50 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Dunton, Linn	W53	SC Striders		32.30m	
2 Vaughn, Karen	W52	Unattached		19.75m	

## W55 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Cohn, Linda	W57	SC Striders		37.61m	
1 Bowman, Tina	W56	Beach Track Club		25.98m	

## W75 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Brannigan, Ellen	W76	SC Striders		12.94m	

## W80 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Valien, Johnnye	W84	SC Striders		12.89m	

## M35 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Nelson, Troy	M38	So Cal		33.45m	

## M40 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Nash, Chris	M42	Unattached		39.05m	

## M45 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Hill, Steve	M48	Unattached		27.09m	
2 Retzer, Greg	M45	Unattached		26.69m	

## M50 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Hansen, John	M51	Unattached		49.51m	
2 Niroumand, Mahmoud	M52	Unattached		45.17m	
3 Love, Richard	M50	Unattached		44.82m	
4 Mendoza, Charlie	M52	Unattached		39.59m	
5 Sargenti, William	M50	Unattached		37.15m	
6 Holden, Greg	M52	Unattached		36.51m	

## M55 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Watson, Richard	M57	SC Striders		38.39m	
2 Tipping, Mike	M57	So Cal		38.36m	
3 LaCroix, Marcello	M58	T J Dukla		17.63m	

## M60 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Rook, Ron	M61	Trojan Masters		33.43m	
2 Sheets, Bob	M60	Unattached		27.29m	

## M70 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Harwood, Jerry	M71	So Cal		16.49m	

## M85 Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Roser, Donald	M86	Unattached		20.81m	

## W40 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Nelson, Trinidad	W40	Unattached		6.86m	

## W50 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Dunton, Linn	W53	SC Striders		9.43m	
2 Vaughn, Karen	W52	Unattached		3.88m	

## W55 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Cohn, Linda	W57	SC Striders		5.90m	

## M35 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Nelson, Troy	M38	So Cal		10.63m	

## M45 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Retzer, Greg	M45	Unattached		13.33m	

## M55 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Meyer, Thomas	M58	So Cal		15.29m	
2 Watson, Richard	M57	SC Striders		11.35m	
3 LaCroix, Marcello	M58	T J Dukla		4.94m	

## M70 Weight Throw

Name	Age	Team	Seed	Finals	Points
1 Harwood, Jerry	M71	So Cal		10.20m	