



Saddleback Masters Relays

Saddleback College
Mission Viejo, CA
February 26, 2000

Doug Smith
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Laguna Hills, CA 92653
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60m-	M30 G. Onyenyeeonwu	7.26
	M30 Randy Thompson	7.56
	Lorenzo Cooper	7.70
	M35 David Ashford	7.38
	Paul Higgins	8.43
	Bob Presley	8.63
	M40 Darrell Reed	8.16
	Kim Thomas	9.74
	M45 Jeff Blount	8.19
	Steve Kloch	8.20
	Ken Stone	8.43
	M50 Bill Weinstock	7.97
	Glenn Johnson	8.04
	Robert Farber	8.39
	M55 James Gill Sr.	8.48
	Willie Roberson	8.54
	Lance Pierce	8.60
	M60 Roger Tsuda	8.39
	M65 Dick Richards	8.02
	Milton Newton	8.42
	Frank Kishi	9.71
	M70 Paul Bambrook	9.11
	Arnold Ray	9.33
	Jim Selby	9.79
	M80 Payton Jordan	9.58
60m-	W30 Julie Gumz	9.67
	W40 Debbie Selby	10.64
	W45 Michele Freeman	9.40
	W60 Kathy Bergen	9.26
100m-	M30 G. Onyenyeeonwu	11.65
	M35 David Ashford	12.96

	Darrell Reed	13.11
	Paul Higgins	13.64
M40	Lorenzo Cooper	12.14
M45	Robt Richardson	12.55
	Jeff Blount	12.84
	Steve Kloch	12.94
M50	Ron Beadle	12.12
	Glenn Johnson	12.78
	Herman Castille	12.89
M55	James Gill Sr.	13.69
	Lee Gillespie	13.83
	Lance Pierce	13.96
M65	Frank Kishi	15.73
M70	Paul Bambrook	14.89
	Jim Selby	16.09
	Bob Frier	16.26
M80	Payton Jordan	16.09
100m-	W40 Karen Vaughn	16.88
	Debbie Selby	17.77
	W60 Kathy Bergen	15.49
300m-	M30 G. Onyenyeeonwu	36.65
	Randy Thompson	38.50
	Kipper Bell	40.30
M35	David Ashford	35.42
	Edward Daniels	35.73
	Bob Hicks	38.08
M40	Michael Shea	40.26
	Michael Young	41.03
	Bill Davis	41.94
M45	Rick Easley	39.33
	Robt. Richardson	40.42
	Steve Kloch	42.17
	Ken Stone	42.84
M50	Ron Beadle	39.97
	Herman Castille	41.20
	Rick Muth	46.06
M55	Willie Roberson	44.47
	Simeon Baldwin	44.71
	James Gill Sr.	45.02
M60	Gary Sims	43.42

	Bill Knocke	43.91
	Gary Miller	44.43
M70	Louis Beadle	49.82
	Jim Selby	53.18
	Bob Frier	57.65
300m-	W35 Gina Gomez	52.10
	W40 Diane Heil	47.32
	Darla Davis	56.71
	Debbie Selby	59.40
	W45 Tina Bowman	50.53
800m-	M35 Ed Arenberg	2:24.40
	M45 Tim Meledy	2:26.83
	M50 Don Irvine	2:16.95
	Ron Pate	2:19.81
	John McAndrew	2:21.06
	M65 G. McClenathen	3:03.66
	M70 Milo Sather	3:20.97
	M75 Avery Bryant	3:21.12
1500m-	M30 Gregory Doud	4:49.37
	M45 S. Hellmyers	5:06.75
	M50 Don Irvine	4:35.01
	Rick Muth	5:02.25
	Pete Boisineau	5:07.66
	M55 Rollie Cavaletto	5:04.38
	M65 G. McClenathen	6:03.16
	M75 Avery Bryant	6:03.16
1500m-	W35 Gina Gomez	6:10.41
	W40 Debbie Barraza	5:20.34
5000m-	M35 Jim Kurtzman	16:02.29
	M40 John Tuttle	16:20.37
	Kim Thomas	24:24.31
	M45 Bob Randle	21:35.53
	M55 Simeon Baldwin	19:37.43
	M70 Gunnar Linde	20:51.71
	M75 Rudy Ceja	32:36.29
5000m-	W60 Elaine Cook	30:12.59
60m Hurdles-	M35 Paul Higgins	11.64
	M50 Sheridan Groves	10.24
	Jorge Birnbaum	12.73
	M55 Theo Viltz	9.45

	M60 Bill Knocke	9.76
	M65 Ray Fitzhugh	12.45
	M70 Arnold Ray	10.87
	Jim Selby	12.73
300m Hurdles-	M30 Gregory Doud	44.12
	M35 David Ashford	39.98
	M40 Michael Young	47.41
	Bill Davis	48.47
	M45 Rick Easley	44.40
	Andrew Hecker	49.00
	Ken Stone	51.24
	M50 Sheridon Groves	50.30
	Jorge Birnbaum	53.91
	M55 Terry Rowan	53.91
	M70 Jim Selby	68:90
3000m Steeple-	M50 Ron Pate	12:34.27
5000m RW-	M35 Joe Nieroski	24:14.41
	M40 Rich Lenhardt	25:53.60
	Pedro Santoni	27:39.00
	M55 Stuart Ray	31:49.11
	M60 John Backlund	29:51.11
	Bob Nyman	31:36.51
	M65 Carl Acosta	30:10.18
	Arvid Rolle	30:58.66
	Leon Glazman	31:47.81
	M70 William Moremen	32:16.89
	M75 N. Noritake	34:33.63
5000m RW-	W30 Michelle Kirk	35:44.67
	W35 Margaret Govea	26:50.46
	W45 S. Clairmon	31:00.89
	W50 D. Backlund	32:54.86
	Pamela Flowers	36:58.43
	W55 Karen Bartolo	29:31.14
	Roberta Hatfield	32:45.07
	Patricia Ross	33:16.16
	W60 Carol Ferris	34:03.53
	N. Alexander	34:33.07
	Patricia Willis	38:12.02
	W65 Patti Kennedy	39:24.59
	Grace Moremen	40:28.81

	W75 Jane Dana	37:08.00
	Soula Thomas	39:29.28
	F. Kerechuk	40:27.23
High Jump-	M40 Bill Davis	1.48
	M45 Jason Meisler	1.78
	Ken Stone	1.43
	M50 Jorge Birnbaum	1.37
	Larry Boyd	1.37
	M55 Joe Faust	1.52
	James Brennan	1.16
	Hal Sheakley	1.07
	M60 Phil Fehlen	1.63
	Ira Ramjoo	1.48
	Bert Bergen	1.37
	Ralph Reiche	1.37
	M65 Milton Newton	1.37
	Ray Fitzhugh	1.34
	M70 Arnold Ray	1.34
	Paul Bambrook	1.22
High Jump-	W40 Karen Vaughn	1.34
Long Jump-	M40 Ken Holder	5.23
	M50 Carl Flowers	5.39
	Kent Taylor	3.81
	M55 Terry Rowan	4.57
	M60 Roger Tsuda	4.83
	M65 Ray Fitzhugh	3.86
	M70 Paul Bambrook	4.14
	Arnold Ray	4.09
Long Jump-	W35 Elaine Iba	4.13
Triple Jump-	M35 Lavell Davenport	14.26
	M50 Kent Taylor	8.48
	M55 Terry Rowan	9.24
Pole Vault-	M35 Greg Charles	4.00
	M45 Murray Mead	3.81
	M50 Wayne Lambert	4.15
	Dan Borey	3.15
	M55 Mardon Connelly	3.15
	M65 Ray Fitzhugh	2.13
Shot Put-	M40 Bradley	14.50
	Glen Gottfried	10.40

	James Heam	8.54
M45	William Gardner	13.25
M50	Angelo Rinaldi	12.78
	Larry Lloyd	8.41
M55	Hal Sheakley	10.28
	Dave Archambault	9.73
	Richard Campbell	7.89
M60	John Greiner	10.94
	Burr Sweeney	10.42
	David Israesky	9.39
M65	Don Hegberg	10.62
	Robert Hewitt	9.16
	Don Kornreich	5.57
M70	Paul Bambrook	8.34
Shot Put-	W40 Karen Vaughn	8.48
	M40 Glenn Gottfried	28.77
	James Heam	21.01
	M50 Angelo Rinaldi	34.81
	Larry Lloyd	24.96
	M55 Dave Archambault	29.60
	Hal Sheakley	25.08
	M60 Joe Marino	43.74
	David Israelsky	29.48
	Burr Sweeney	26.64
	M65 Orlyn North	32.98
	M70 Don Hegberg	36.12
	Robert Hewitt	31.48
	Don Kornrich	18.44
Javelin-	M40 Glenn Gottfried	34.63
	M45 Mike Tipping	40.16
	Vern McGarry	39.58
	M50 Sy Silverstein	41.24
	Ron Rook	39.50
	Bill Weinstock	37.38
	M55 James Brennan	29.74
	Hal Sheakley	29.56
	M60 Larry Stuart	50.04
	Burr Sweeney	24.32
	M70 Don Hegberg	27.28
	Doug Richardson	26.90

	Don Kornreich	12.14
Javelin-	W40 Karen Vaughn	14.28
	W45 Tina Bowman	19.98
	W60 Kathy Bergen	21.62
4x100m Co-ed Relay	Heil, Hormasji, Herring, Herring	56.47
4x100m Relay	M60 Richards, Smith, Knocke, Sims	49.07
4x50m Family Relay	Smiths	

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