

EAST COAST
SENIORS/MASTERS/VETERANS
RUNNERS LIST

This list was begun a couple of years ago as a "Masters Mile Mailing List." Its purpose was to list all of the better over-40 mile competition runners in the northeast in order to facilitate the work of meet directors who wished to assemble such a field for the inclusion of a "Masters Mile" event on their programs. It was hoped that such a list would also be of some value to the runners themselves if only to acquaint them with the names of some of their fellow competitors.

Because of the tremendous upswing in popularity of this event during these past two years it is now extremely difficult, if not impossible, to list all those who rightfully qualify for a place on this list. This is due mainly to the sheer numbers involved and the inability of one person to track down the names and addresses of all concerned. No one has been dropped from the original list unless he has moved and his new location is unknown, or, he is no longer competing in running events.

Since few, if any, of those listed are strictly milers to the exclusion of other distance running events, it was felt that this list would be more helpful if it listed each man's preferred competing distance(s), or range of distances. This has been done where such information has been made available to the compiler.

Everyone here listed has run the mile in under 6 minutes; the majority, however, have run this distance in under 5 minutes. To make this list still more useful one or more stars (*) have been used to indicate the approximate mile times of a runner according to the following arrangement: **** (4-stars) indicate a runner's times are within the range of 4:30 to 4:40; similarly *** indicates times between 4:40 and 4:50; ** 4:50 to 5:00; * 5:00 to 5:10; unstarred names have mile times between 5:10 and 6:00. In summary...

****4:30-4:40 **4:50-5:00
***4:40-4:50 *5:00-5:10
unstarred 5:10-6:00

"Seniors," "Masters," or "Veterans"???...The term "Masters Mile" first came into general use on the West Coast in the mid-sixties when competition mile runs for the 40 and over age group became popular in some of the bigger track meets out there. The same terminology was adopted here in the East in the winter of 1968 when this event first made a major appearance. Since that time the word, "Seniors," has gained preference on the West Coast to designate an event for the 40 and over age group while the word, "Masters," still continues to be used here in the East. To complicate things still further, the AAU has recently adopted the word, "Seniors," to designate those runners who fall into the 40 through 49 age group and the word, "Masters," for those who have reached 50 years of age or over. Finally, some have decided to go their own way and use the word, "Veterans," for all who are 40 or over.

Remember, this list is at best incomplete; however, it is felt that even an incomplete list is better than no list at all. Any corrections, additions, or subtractions that could be made to render this listing more accurate and of more value would be appreciated.

Jim Hartshorne

EAST COAST
SENIORS/MASTERS/VETERANS
RUNNERS LIST

- 1) Leonard A. Bagley (8/21/27)- Long distance RR to marathon.
88 Nettlecreek Rd., Fairport, N.Y. 14450 (716)-377-2059
- ***2) Joseph J. Bessel (4/15/30)- 6-mi. XC; 1-2-mi. on track
227 Lexington Ave., Freeport, N.Y. 11520 (516)-378-0057
- 3) George T. Brew (3/13/28)- 10-mi. on up.
26 Washington Ave., Rumson, N.J. 07760 (201)-747-5992
- 4) Arnold G. Briggs (1/20/16)- Long distance events.
118 Moore Ave., Syracuse, N.Y. 13210 (315)-478-5810
- *5) H. Ted Burkett (11/22/20)- 2-mi. run.
2931 Lawrence Drive, Falls Church, Va. 22042 (703)-560-5326
- ***6) Joseph F. Burns (2/20/29)- 3-mi. to marathon.
446 Larch Ave., Bogota, N.J. 07603 (201)-489-8950
- 7) Andrew S. Crichton (9/2/23)- 5-mi. on up.
230 Melbourne Ave., Mamaroneck, N.Y. 10543 (914)-698-7792
- ***8) Arthur L. DeLaPorte (8/26/28)- 880, mile, marathon.
3035 E. Buckrun Drive, Marion, Ind. 46952 (317)-664-4072
- 9) Richard W. Fermoyle (3/7/27)- Distances up to 6-mi.
473 Potter Rd., Framingham, Mass. 01701 (617)-877-2620
- **10) Robert S. Fite (7/20/27)- Middle distances.
Colonial Hotel, Cape May, N.J. 08204 (609)-884-4323
- **11) Richard J. Frank (5/3/26)- 1-4-mi.
2097 Dublin Rd., Penfield, N.Y. 14526 (716)-377-1989
- 12) Ray Furbush (9/20/23)- 880.
374 Water St., Framingham, Mass. 01701 (617)-877-3529
- **13) George J. Gavras (8/21/26)- 5-10-mi.
103 Clark St., Groton, N.Y. 13073 (607)-898-5150
- **14) A. Ray Gordon, Jr. (5/30/18)- 440, 880, mile.
5222 Sharon Road S.E., Washington, D.C. 20031 (301)-449-6262
- ***15) James M. Hartshorne (10/11/23)- 880 through 10-mi.
108 Kay Street, Ithaca, N.Y. 14850 (607)-257-0426
- *16) Harry P. Henriques (5/17/27)- Mile.
26 Ellis Drive, Basking Ridge, N.J. 07920 (201)-766-4565
- *17) Michael A. Hoffman (7/1/27)- 4-10-mi.
The Hospital, Clifton Springs, N.Y. 14432 (315)-462-2121
- 18) William F. Hulse (12/12/20)- 880, mile.
1700 Belvedere Ave., Havertown, Pa. 19080 (215)-446-4251
- 19) Ralph A. Jones (4/22/29)- 1-2-mi.
105 Warwick Place, Ithaca, N.Y. 14850 (607)-257-0036
- 20) John A. Kelley (9/6/07)- 15-mi. RR.
478 Rear Belmont St., Watertown, Mass. 02172 (617)-923-9033
- *21) Walter W. Korpman, Jr. (8/25/23)- 1-6-mi.
5002 La Salle Ave., Baltimore, Md. 21206 (301)-488-1526
- **22) Robert C. MacVeigh (5/30/29)- 440, 880.
41 Sutton Rd., Needham, Mass. 02192 (617)-444-8891
- **23) James A. McDonagh (2/14/24)- Marathon
3451 Knox Place, Bronx, N.Y. 10467 (212)-231-5653
- *24) William P. McInnis (7/1/26)- 6-mi. to marathon.
367 Princess Ave., London, Ontario, Canada (519)-471-2933
- *25) A. Richmond Morcom (5/1/21)- 880.
Hutchinson Gym, Univ. of Penn., Phila, Pa. 19104 (215)-594-8383

EAST COAST MASTERS RUNNERS LIST (cont.):

- 26) R. Keith Munsey (2/26/26)- 2-6-miles
Box 209, Schoolhouse Rd., Albany, N.Y. 12203 (518)-438-0412
- ****27) Fred Norris (9/4/21)- XC
503 W. Chestnut St., Brockton, Mass. 02401 (617)-583-3875
- **28) Edward F. O'Connell (8/26/26)- 1-10-miles.
5 Oneida Rd., Winchester, Mass. 01890 (617)-729-1610
- ***29) Richard D. Packard (4/21/28)- 10-miles to marathon.
57 Portsmouth St., Boston, Mass. 02135 (617)-254-4769
- ****30) Graham Parnell (9/16/29)- Mile.
39 Poole St., Brockton, Mass. 02401 (617)-583-9196
- ***31) John Reeves (12/1/26)- 1-6-miles.
c/o CBC, 354 Jarvis St., Toronto, Ontario, Canada (416)-925-3311
- **32) Verne N. Rockcastle (1/1/20)- 1,2-miles.
102 Sunset Drive, Ithaca, N.Y. 14850 (607)-273-1429
- ***33) H. Browning Ross (4/26/24)- 6-10-miles.
306 West Center St., Woodbury, N.J. 08096 (609)-845-5061
- 34) Marshall J. Rowlette (7/28/25)- 6-miles on up.
45 Holland Ave., Lancaster, N.Y. 14086 (716)-685-2169
- 35) Nick Ruggieri (12/9/15)- Distance RR.
11 O'Dell Ave., Endicott, N.Y. 13760 (607)-785-4081
- ****36) Anthony Sapienza (4/12/29)- 5-miles.
100 South Park St., Bradford, Mass. 01830 (617)-372-5325
- 37) Luther V. Shafer (2/14/13)-
Lebanon, Hamilton, N.Y. 13346 (315)-824-2783
- ***38) Mike Shea (10/1/28)- 880, 1, 2-miles, and XC.
2705 Royster Rd., Raleigh, N.C. 27608 (919)-787-9684
- ***39) George A. Sheehan (11/5/18)- 5-10-miles.
55 RumsonRd, Rumson, N.J. 07760 (201)-741-2077
- 40) Milton T. Smith (2/20/25)- 440, 880, mile.
Main St., Downsville, N.Y. 13755 (607)-363-2544
- **41) Richard S. Snedeker (4/14/27)- 1,2-mile.
R.D.1, Bolfmar Ave., Cranbury, N.J. 08512 (609)-799-1420
- ***42) Edward P. Stabler (5/30/29)- 10-miles.
206 Crestwood Drive, North Syracuse, N.Y. 13212 (315)-457-5272
- 43) William R. Thompson (5/1/16)- Distance RR.
93 Main St., Bryantville, Mass. 02327 (617)-293-6622
- **44) Paul A. Thurston (12/21/20)- Mile to distance runs.
11720 Lytle St., Silver Spring, Md. 20902 (301)-946-3888
- 45) Kim Valentine (6/10/18)- 2-mi. on up.
77 Massachusetts Ave., Cambridge, Mass. 02139 (617)-864-6900
- ****46) Ted Vogel (7/17/25)- XC
309 Hornidge Rd., Mamaroneck, N.Y. 10543 (914)-698-3352
- **47) John Wallace (12/29/26)- Mile to the marathon.
91 Nahant Ave., Winthrop, Mass. 02152 (617)-846-0164
- **48) Thomas H. Walnut (5/22/24)- 1-3-miles.
115 Croyden Lane, DeWitt, N.Y. 13224 (315)-446-5739
- **49) Alfred N. Williams (3/24/28)- Mile to the marathon.
119-15 204th St., St. Albans, Queens, N.Y. 11412 (212)-276-0753

Key to Above Listing:

Name, Date of Birth, Distance(s) Preferred
Address, Phone No.

****4:30-4:40 **4:50-5:00
***4:40-4:50 *5:00-5:10
Unstarred 5:10-6:00

1970 EAST COAST MASTERS MILES

(Results of Some Major Meets)

* Mass. K of C

Boston Garden
Boston, Mass.
Jan. 10, 1970

- 1) Graham Parnell.....4:37.7
- 2) Tony Sapienza.....4:38
- 3) Dick Packard.....4:52
- 4) George Sheehan.....4:56
- 5) Bob MacVeigh.....4:58

Cornell Invitational

Barton Hall
Ithaca, N.Y.
Jan. 24, 1970

- 1) Ed Stabler.....4:49.5
- 2) Jim Hartshorne.....4:49.7
- 3) George Sheehan.....4:51.9
- 4) Dick Frank.....4:59.3
- 5) Paul Thurston.....4:59.9
- 6) George Gavras.....5:05.0
- 7) Art DeLaPorte.....5:07.4
- 8) Mike Hoffman.....5:09.8
- 9) Bob MacVeigh.....5:18.9
- 10) Harry Henriques.....5:22.6
- 11) Arny Briggs.....5:30.5
- 12) Ray Furbush.....5:33.0
- 13) Milt Smith.....5:34.9
- 14) Len Bagley.....5:37.4
- 15) Ralph Jones.....5:38.4
- 16) Luther Shafer.....5:56.9

Philadelphia Classic

Convention Hall
Philadelphia, Pa.
Jan. 24, 1970

Afternoon Unseeded Section

- 1) Brownie Ross.....4:55.8
- 2) Ed O'Connell.....5:23.0
- 3) Bob Mimm.....5:23.0
- 4) Charles Huhtanen...5:54.3
- 5) George Brew.....5:54.3

Evening Seeded Section

- 1) Graham Parnell.....4:39.8
- 2) Tony Sapienza.....4:46.0
- 3) Boo Morcom.....5:16.3

* Washington Armory Meet

Albany, N.Y.
Jan. 31, 1970

- 1) Graham Parnell.....4:49
- 2) George Sheehan.....5:01
- 3) Dick Packard.....5:03

Heptagonal Championships

Barton Hall
Ithaca, N.Y.
Feb. 28, 1970

- 1) Graham Parnell.....4:35.6
- 2) Tony Sapienza.....4:40.4
- 3) Jim Hartshorne.....4:46.1
- 4) Ed Stabler.....4:47.6
- 5) Art DeLaPorte.....4:48.0
- 6) Dick Packard.....4:48.3
- 7) Bob MacVeigh.....4:55.4
- 8) George Sheehan.....4:57.6
- 9) Boo Morcom.....5:01.2
- 10) George Gavras.....5:03.4

* Unofficial Times

1970 East Coast Masters Miles (cont)

Penn Relay Carnival

Franklin Field
Philadelphia, Pa
April 24, 25, 1970

- 1) Joe Bessel.....4:36.7
- 2) Tony Sapienza.....4:41.3
- 3) Art DeLaPorte.....4:42.8
- 4) Graham Parnell.....4:47.2
- 5) George Sheehan.....4:58.9
- 6) Joe Kernan.....4:59.0
- 7) Bob Fite.....4:59.5
- 8) Bob MacVeigh..... ?
- 9) Boo Morcom..... ?
- * 10) Paul Thurston.....5:06
- 11) John Kane..... ?
- * 12) Harry Henriques.....5:10
- 13) Bob Mims..... ?
- 14) Charles Huhtanen.... ?

Martin Luther King, Jr.
International Freedom Games

Villanova Stadium
Villanova, Pa.
May 16, 1970

- 1) Joe Bessel.....4:35.8
- 2) Graham Parnell.....4:38.8
- 3) Tony Sapienza.....4:42.7
- 4) Dick Packard.....4:49.0
- 5) Bob Fite.....4:59.7

* Unofficial Times