Rex Harvey
96

Point
LJ 4.75
JF 38.13
200 23.4
800 2:20.1
1500 6:21
MEET: You are invited to participate in the 19th Annual Wolfpack Pentathlon Track Meet. This is a multi-event oriented meet that features Ohio USATF Pentathlon and Triathlon Championships for 14 and under and 19 and over athletes. The NFHS pentathlons are available for athletes 15-18. Special Wolfpack triathlons cover the entire spectrum of sprinting, running, jumping, throwing, and race walking. The weight pentathlon and the individual event 56 lb weight throw are scheduled. This meet is the Ohio Association Junior Olympics Multi-event qualifier to Regionals for youth 14 and under.

DATE / TIME: Sunday, May 26, 1996, 12:00 noon - 6:00 pm

PLACE: Upper Arlington High School Athletic Field and Track, 1650 Ridgeview Rd, Upper Arlington, OH. Located two miles northwest of the main OSU campus in Northwest Columbus.

HOSTS: Wolfpack Track Club and Scioto Track Club

ACKNOWLEDGEMENT: Coach Irv Mitchell, ScTC

SANCTION: Ohio Association of USATF -- event subject to the USATF drug testing program.

ELIGIBILITY: Open to all amateur athletes. USATF card numbers are required for the Ohio USATF Championship events. For information, write OTF, PO Box 5848, Dayton, OH 45405.

MULTI-EVENTS: (males, females)
- USATF Youth Triathlons
- USATF Youth Pentathlons
- USATF Adult Pentathlons
- USATF Weight Pentathlon
- HS Pentathlons
- Jump Triathlon
- Dash Triathlon
- Run Triathlon
- Weight Triathlon
- Racewalk Triathlon
- Decathlon I

INDIVIDUAL EVENTS: See chart on back of this page. Note hurdle details for youth and masters.

SCORING: IAAF scoring tables and supplementary tables as specified in the 1996 USATF Rulebook.

ENTRY FEES: Youth (Born 1978 or later): triathlon - $7.00, pentathlon - $10.00
Adults (Born 1977 or before): $3.00/T & F event, triathlon - $9.00, pentathlon - $15.00

ENTRY DEADLINE: 8:00 pm, Wednesday, May 22, 1996

ATHLETE NUMBERS: To be worn by all participants

LATE REGISTRATION: 9:30 - 11:00 am on the day of the meet. A $2.00 late fee will be added.

LATE PROCEDURE: Late entries are discouraged. You will be asked to take your late entry slips to the head event officials. We plan to start on time and not wait for you!

CHECKS PAYABLE TO: John White, Wolfpack Track Club, 4865 Arthur Place, Columbus, Ohio 43220

Adults - 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60-64, 65-69, 70-74, 75-79, 80+,

TRACK: Resurfaced, 8-lane, all-weather, metric track, 1/4" spikes.

FACILITIES: Refreshments, water, toilets.

INDIVIDUAL AWARDS: Medals to the top 3 and large ribbons to the next seven in each multi-event. Small ribbons awarded to the top ten finishers in each individual event.

AWARD CEREMONIES: Multi-event results take 60-90 minutes to prepare following the final event. Plan to eat a snack while waiting. Special considerations are not available.
# MULTI-EVENT COMPETITIONS

<table>
<thead>
<tr>
<th>Divisions</th>
<th>Nominal Ages</th>
<th>Event Sponsor</th>
<th>Individual Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Females / Males)</td>
<td>(All Race Distances Are In Meters)</td>
<td></td>
<td></td>
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<tr>
<td><strong>Pee Wee</strong></td>
<td>7 - 8</td>
<td>Wolfpack</td>
<td>Girls - 200, SP (6 lb), HJ</td>
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<td></td>
<td></td>
<td></td>
<td>or Boys - 400, SP (6 lb), HJ</td>
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<tr>
<td><strong>Bantam</strong></td>
<td>7 - 10</td>
<td>OTF / JO</td>
<td>Girls - 80 HURD (30&quot;), SP (6 lb), HJ, LJ, 800</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>or Boys - 80 HURD (30&quot;), SP (6 lb), HJ, LJ, 1500</td>
</tr>
<tr>
<td><strong>Midget</strong></td>
<td>11 - 12</td>
<td>OTF / JO</td>
<td>Girls - 100 HURD (33&quot;), SP (4 kg), HJ, LJ, 800</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>or Boys - 100 HURD (33&quot;), SP (4 kg), HJ, LJ, 1500</td>
</tr>
<tr>
<td><strong>Youth</strong></td>
<td>13 - 14</td>
<td>OTF / JO</td>
<td>Girls - 100 HURD (33&quot;), SP (4 kg), HJ, LJ, 800</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>or Boys - 100 HURD (33&quot;), SP (4 kg), HJ, LJ, 1500</td>
</tr>
<tr>
<td><strong>Intermediate</strong></td>
<td>15 - 16</td>
<td>NFSHSA</td>
<td>Girls - 100 HURD (33&quot;), SP (4 kg), HJ, LJ, 800</td>
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<tr>
<td><strong>Open &amp; Masters</strong></td>
<td>17 - 18</td>
<td></td>
<td>Boys - LJ, 200, DT (1.6 kg), 1500</td>
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<tr>
<td><strong>Track Event</strong></td>
<td>15 &amp; Over</td>
<td>OTF</td>
<td>Women - 100 HURD (33&quot;), SP (4 kg), HJ, LJ, 800</td>
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<tr>
<td><strong>OTF Championships</strong></td>
<td></td>
<td></td>
<td>or Men - LJ, JT (800 gm), 200, DT (2.0 kg), 1500</td>
</tr>
<tr>
<td><strong>Open &amp; Masters</strong></td>
<td>15 &amp; Over</td>
<td>OTF</td>
<td>Women &amp; Men - HT, SP, DT, JT, WT</td>
</tr>
<tr>
<td><strong>Weight Event</strong></td>
<td></td>
<td></td>
<td>or [standard USATF implements per age group]</td>
</tr>
<tr>
<td><strong>OTF Championships</strong></td>
<td></td>
<td></td>
<td>or (56 lb WT is an additional individual event)</td>
</tr>
<tr>
<td><strong>Field</strong></td>
<td>10 &amp; Under</td>
<td>Wolfpack</td>
<td>LJ, SP (6 lb), HJ</td>
</tr>
<tr>
<td></td>
<td>11 - 12</td>
<td>Wolfpack</td>
<td>SP (6#), LJ, DT (1.0 kg)</td>
</tr>
<tr>
<td><strong>Throwing</strong></td>
<td>13 &amp; Over</td>
<td>Wolfpack</td>
<td>LT, JT, DT [standard USATF implements]</td>
</tr>
<tr>
<td><strong>Jumping</strong></td>
<td>11 &amp; Over</td>
<td>Wolf,ack</td>
<td>LJ, HJ, TJ</td>
</tr>
<tr>
<td><strong>Race Walking</strong></td>
<td>12 &amp; Under</td>
<td>Wolfpack</td>
<td>1500, 800, 400</td>
</tr>
<tr>
<td></td>
<td>13 &amp; Over</td>
<td>Wolfpack</td>
<td>3000, 1500, 800</td>
</tr>
<tr>
<td><strong>Sprinting</strong></td>
<td>7 &amp; Over</td>
<td>Wolfpack</td>
<td>400, 200, 100</td>
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<tr>
<td><strong>Running</strong></td>
<td>10 &amp; Under</td>
<td>Wolfpack</td>
<td>1500, 800, 400</td>
</tr>
<tr>
<td></td>
<td>11 &amp; Over</td>
<td>Wolfpack</td>
<td>3000, 1500, 800</td>
</tr>
<tr>
<td><strong>Decathlon I</strong></td>
<td>15 &amp; Over</td>
<td>USATF</td>
<td>100, LJ, SP, HJ, 400</td>
</tr>
</tbody>
</table>

**NOTES:**

1. The purely jump and throw multi-events will have six trials. All other multi-events will have three trials.

2. The HT and WT will be conducted at another location (HT starts at 10:30 am).

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## ADDITIONAL INFORMATION

Directions: From the east, west, or (south) of Columbus, take I-70 (I-71) to northbound SR 315 on the near west (south) side of Columbus. From the north of Columbus, take US 23 or I-71 to I-270 and then go west to southbound SR 315. Exit SR 315 at Lane Av, just north of Ohio State University. Proceed west to North Star, north to Zollinger, and west to Holyoke. At Holyoke turn south and enter the parking lot on the right side between the Upper Arlington High School buildings and the athletic field containing the track facility.

Measurements: This meet requires metric measurements for use with the IAAF scoring tables. Conversions are avoided to minimize scoring errors. Please do not ask the officials to make conversions for you. Learn to make them for yourself. Conversion tables can be purchased.

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### ALL USATF SANCTIONED COMPETITIONS ARE SUBJECT TO DRUG TESTING

Athletes who participate in this competition will be subject to formal drug testing in accordance with USATF rules and IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event, and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Hotline at 1-800-233-0393. [TAC Memo, 1Z27/87] This notice does not mean that this track meet has been selected for actual drug testing.
19TH ANNUAL WOLFPACK PENTATHLON TRACK MEET

MAKE CHECKS PAYABLE TO: JOHN WHITE, WOLFPACK TRACK CLUB

MAIL CHECKS WITH ENTRY FORMS TO: JOHN WHITE [614] 459-2547 (H)
4865 ARTHUR PLACE
COLUMBUS, OH 43220

INDIVIDUAL ENTRY FORM

NAME:____________________________________ GENDER: _________PHONE:___________________________

ADDRESS:____________________________________________________________________________________

CITY:_________________________________________STATE:_________________ZIP:_________________________

AGE AS OF 5-26-96: _________CLUB:_________________________DATE OF BIRTH:_______________

1996 USATF #: _____________________[REQUIRED IF ENTERING AN OHIO USATF CHAMPIONSHIP]
(LIMIT SIX EVENTS PER ADULT ATHLETE; PLEASE OBSERVE USATF AGE GROUP STANDARDS)

CHECK THE MULTI - EVENT TO BE ENTERED:

____ TRACK TRIATHLON  ____TRACK PENTATHLON  ____DECATHLON, DAY 1
(200, SP, HJ, 10&UC)  (SEE INFO FORM: 11&O)  (100, SP, LJ, HJ, 400)
(400, SP, HJ, 10&UB)

____RUNNING TRIATHLON  ____RACE WALK TRIATHLON  ____FIELD TRIATHLON
(1500, 800, 400, 10&U)  (1500, 800, 400, 12&U)  (HJ, LJ, SP, 10&U)
(3000, 1500, 800, 11&O)  (3000, 1500, 800, 13&O)  (LJ, SP, DT, 11-12)

____SPRINTING TRIATHLON  ____JUMPING TRIATHLON  ____WEIGHT TRIATHLON
(400, 200, 100, ALL)  (HJ, LJ, TJ, 11&O)  (SP, DT, JT, 13&O)

____WEIGHT PENTATHLON
(HT, SP, DT, JT, WT)

NOTE: HT starts at 10:30 am

56 LB WT THROW

NOTE: PLEASE CONTACT THE MEET DIRECTOR FOR CLUB ENTRY FORMS.

ATHLETIC RELEASE

IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I HEREBY FOR MYSELF, AND MY
HEIRS, EXECUTORS AND ADMINISTRATORS WAIVE AND RELEASE ANY AND ALL RIGHTS AND
CLAIMS FOR DAMAGES THAT I MAY HAVE AGAINST WOLFPACK TRACK CLUB, ITS OFFICERS,
MEMBERS, AND MEET OFFICIALS FOR ANY AND ALL INJURIES SUFFERED BY ME OR MY
CHILD (ATHLETE) IN THIS MEET. I FURTHER ATTEST THAT I AM PHYSICALLY FIT AND HAVE
SUFFICIENTLY TRAINED FOR COMPETITION IN THE EVENTS I AM ENTERING. I AM AWARE OF
THE USATF PROGRAM FOR DRUG TESTING OF ATHLETES.

SIGNATURE_________________________________________________________DATE_____________________
(PARENT’S OR COACH’S SIGNATURE IS REQUIRED IF CONTESTANT IS UNDER 18 YEARS OLD)
MAY 1996 WOLFPACK SPRING MEET

ONLY REX'S RESULTS
1996 WOLFPACK PENT
19TH ANNUAL

INQUIRY from MACHINE DESIGN
R J HARVEY TECH SUPP ENGR
PARKER HANNIFIN CORP
GTFS/MS/1001
17325 EUCLID AVE
CLEVELAND OH 44112