2,600 from 44 countries compete in Sweden

‘Fantastic’ may be the best word to describe the 1977 Second World Masters Championships

By BOB FINE

One can run out of adjectives in attempting to describe the results of the Second World Masters Championships held in Gothenburg, Sweden, Aug. 8 to 13.

It was the largest world championships ever in track and field with 2,600 competitors from 44 countries, up 1,000 competitors and 12 countries from the first championships held in 1975 in Toronto, Canada.

A statistician would enter nirvana in analyzing this meet. Eighty per cent of the meet records were broken. Twenty-three countries had winners in the meet as compared to 12 countries in Toronto. Many defending champions bettered their performances in Sweden but failed to repeat their victories. Germany, Norway and Sweden had the biggest improvement in performances, due in part no doubt to the location of the meet. Of 137 defending champions only 18 successfully defended their championships.

The outstanding series of performances had to be the seven gold medals that Jack Greenwood won with meet-setting records in the 100 (11.7), 200 (23.7), 400 (52.9), 110-meter high hurdles (15.1) and the 400-meter hurdles (58.2), plus the two relays, all in division 2A.

The leading medalist in the meet was Dr. Herb Anderson, age 75, won won gold, three silver and one bronze.

Other leading Americans were Dick Lacey, who won the 110-meter hurdles and added a second in both the 200 and the high jump; Lou Gregory, 4B, who won the 1500-meter, marathon and cross-country and took 2nd in the 5000 and third in both the 800-meter and the 10,000-meter; "Boo" Morcum, who won the 400-meter, pentathlon, hop, step and jump, took second in the intermediate hurdles, long jump and triple jump, third in the high hurdles, fifth in the 800 meters and won his pole vault with a performance that would have taken second in the age division 10 years his junior.

The quality of the performances was so high in divisions one and two that to just qualify for the finals meant that one was truly a world class athlete. For example, to qualify for the 800-meter, 1A, a 2:00.1 was required. In 75 events the average finishing time among the 30 finishers was 2:08.2. The average placing of the Toronto Champion would have been fourth in Sweden.

The outstanding individual performance was the 5,000-meter run in 1A of Gaston Roeleants of Belgium in 14:03.0. Even though Gaston has been a world caliber athlete in open competition for over two decades, his 5,000-meter run was almost unbelievable. His first three miles were all in record time for their respective distances—one mile in 4:24, two miles in 9:00, and three miles in 13:35.

Sixteenth place in 1B, 5,000 meters, would have won in Toronto. Twenty-seventh place in 1B, 1500 meters, would have been fifth in Toronto.

More women competed than ever before and they duplicated the men's record-breaking performances, with Miki Goreman of the US winning the 1500-meter and 5000-meter in the 1B class.

Results follow, with the first three places and times listed for each event. Only the U.S. finishers are listed after third place.

Results of the World Masters Championships
Results of the World Masters Championships

800-Meter

1A
T. Blue, Australia, 1:54.8
N.S. Clough, Australia, 1:55.6
K. Malikia, Germany, 1:55.6
B. Wolf, Germany, 1:59.7
P. Richardson, US, 2:00.6
1B
12. Convos, US, 2:03.1

1B
J. Hasselensor, Norway, 1:57.9
P. Rockefeller, 1:59.3
E. Whitlock, Canada, 1:59.9
T. Connelly, US, 2:04.0

2A
D. Smith, US, 2:05.7
G. Paterbough, US, 2:08.8
B. Sienbow, US, 2:10.9
S. Schneider, US, 2:11.2
A. Bryant, US, 2:14.8
V. Koeppen, US, 2:15.5
A. Messenger, US, 2:17.0

2B
J. Gilmour, Australia, 2:14.5
O. Hanler, Norway, 2:15.6
W. Steppard, Australia, 2:15.7
M. Emske, US, 2:15.8
S. Morcom, US, 2:16.2
R. H. Lamper, US, 2:17.1


800-Meter

1A
H. van Beek, Belgium, 1:59.0
A. Hoorelbeke, Belgium, 1:59.8
A. Hoorelbeke, Belgium, 1:59.9
S. van Paassen, US, 2:00.5


3000-Meter Steeplechase

1A
R. Lockets, Belgium, 8:56.6
A. Ida, Germany, 9:20.6
D. Worling, Australia, 9:28.2
1B
13. B. Carradus, US, 9:00.0
1C


3000-Meter Walk

1A
K. Nagel, US, 15:11.0
J. Young, Canada, 15:11.0
C. Green, NZ, 14:08.2
1B
D. Boyle, US, 12:47.4
J. Janmossen, NZ, 14:23.8
1C
15. J. Lamade, US, 15:15.4


Cross-Country

1A
D. A. Best, US, 39:42.8
J. Thomsen, US, 39:43.8

continued
Results of the Masters Championships

continued

In the five-man cross-country national team rankings, Sweden with 63 points, edged the U.S. in the 1B class. The U.S. team had 66 points with team members including H. Higdon, G. Vornsko, P. O'Brien, C. Hagelgans and H. Grocke. Sweden was 3B the U.S. was second to Germany, which had 11 points in the U.S. 31, U.S. team members were R. Boal, N. Bright and E. Werber (3-man teams).

4 x 100-meter Relays

1 USA—see Parrah, W.
   Crutchfield, A. Badd, L.
   Riddick—4:3.9
   England—44.8
   Germany—45.0

2 USA—Scholten, Greenwood, Hall
   Stolpe—47.5
   Germany—47.9
   England—49.5

3 Germany—52.0
   Canada—53.2
   USA—Connor, Hill, Castro,
   Stolpe—54.0

4 x 400M Relay

1 England—3:26.7
   USA—Bob Lido, Art Conor, R.
   Adams, Larry Colthert—3:29.2
   Australia—3:35.5

2 USA (team members not listed)—3:39.3
   England—3:53.6
   Australia—4:06.0

3 Australia—3:41.5
   Sweden—3:41.3
   USA—4:2.0

20 Km Walk

1 S. Lasdain, Isreal—1:38.07.4
   I. Anderson, Sweden—1:39.39.0
   H. Koch, Germany—1:39.42.4

2 B. K. Svensson, Sweden—1:51:25.2
   H. Roder, Germany—1:51.69.2
   E. Rudolph, Germany—1:52.58.6

3 R. Fine, 1:58:39.9

2A S. Simu, Sweden—1:54:58
   Harold Persson, Norway—1:48:01.8
   H. Kieper, Germany—1:49:08

2B J. Ljunggren, Sweden—1:44:50
   N. Nilsen, Norway—1:48:06.6
   O. Sandvik, Norway—1:50:31.8

3A M. Gould, Canada—1:47:37.2
   A. Svensson, Sweden—1:50:12
   H. Jones, Australia—1:58:04.8

4 D. Johnson, USA—2:00:12.6

2B J. Stork-Zofka, Czech., 2:01:41.2
   H. Huirummann, Germany—2:02.82
   H. Margel, Germany—2:07:18.1

4A C. Usrah, US—2:18:09.8
   G. Stolow, Germany—2:18:21.4
   E. Schulze, Germany—2:17:44.6

4B A. Roberts, England—2:08:42.8
   F. Schreiber, Sweden—2:41:36
   W. Keeler, England—2:41:36

(Sweden was the top team in all classes of the 20-Km Walk, except 3B, which was won by Germany with Sweden second.

Meet records from Toronto for comparison purposes

Meet Records Established in Toronto, August 22-26, 1979

<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Record</th>
<th>Time</th>
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<tbody>
<tr>
<td>1500 Meters</td>
<td>A. Findley</td>
<td>3:30:30</td>
<td></td>
</tr>
<tr>
<td>5000 Meters</td>
<td>A. Findley</td>
<td>14:59:09</td>
<td></td>
</tr>
<tr>
<td>3000 Meters</td>
<td>A. Findley</td>
<td>8:40:27</td>
<td></td>
</tr>
<tr>
<td>400 Meters Relay</td>
<td>A. Findley</td>
<td>9:42:34</td>
<td></td>
</tr>
<tr>
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<td>E. Stiles</td>
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<td>A. Findley</td>
<td>9:42:34</td>
<td></td>
</tr>
</tbody>
</table>

Meet results continued
continued

10,000 Meter

1A
Korinovsky, Pruns, Holland, 37:12.2
M. Miller, US, 55:09.8

1B
1. Sipoff, US, 39:57.8
3. G. Sargent, US, 40:33.0
4. A. Ketsahohn, US, 45:55.6

2A
1. Seger, Sweden, 41:21.8
2. I. McConnell, US, 48:29.6
3. A. Haußher, Germany, 46:33.8
4. H. Jocke, Germany, 46:31.6

2B
1. A. Kleynhans, Sweden, 48:19.5
2. I. McConnell, US, 54:03.4

5000-Meter Walk

3A
1. B. Tibbling, Sweden, 26:19.5
2. N. Wedemo, Sweden, 31:42.0

3B
1. K. Jall, Finland, 42:50.1
2. K. Leist, Germany, 43:17.1

Long jump winners included M. E. Farber in 3A and E. Ericksson in 3B, both of the US. L. Grobler of the US was winner in the 2B division.

Attention all women Masters [40 and over]

Katharine Brier, 1211 Grizzly Peak Blvd., Berkeley, Calif. 94708, has been appointed as the Masters Women's Track and Field Statistician by Irene Obera, the Women's Masters Track and Field Sub-Committee Chairperson.

Kathy, who will be working with Pete Mundel, will be composing Women's Masters Age Records, from age 40 and up, to be published as part of the Masters Age Records put out each year by Track and Field News. We believe that this will give further impetus to the women's masters program and will also aid in the creation of age-grading tables for women.

In order to make this program a success we need your cooperation in listing your best performances in the following events for each year over 40: 100 yds. - 100 meters; 220 yds. - 200 meters; 440 yards. - 400 meters; 880 yds. - 800 meters; one mile, 1500 meters, 3000 meters, two miles, three miles, 5000 meters, 6 miles, 10,000 meters, one-hour run, marathon, high jump, long jump, shot put (indicate weight), discuss and javelin (indicate weight).

SINCE WE ARE JUST GETTING STARTED. PLEASE DO NOT BE SHY ABOUT YOUR PERFORMANCES.
Letters

Let's list the weight of the implements

Physical fitness, like life insurance, both of them help you feel secure in the knowledge that you have done what you can to protect yourself. And, the longer you wait to try them, the higher the "premium" becomes.

Today's Masters are still eager to compete, even though or possibly because 20 or more years ago they barely scratched the surface of training as we know it now. After some high school, college and service running I was mostly inactive for 12 years. A combination of various physical ailments, the Aerobics book, and watching the 1968 Olympics on TV got me going again. I was too far out of shape to seriously consider running, so I began with three or four long strolls a week. Good things started happening. Four months later was my first race: a 10-miler in Asbury Park. The course was six laps of the boardwalk. The race progressed, and as I approached the finish-line, Dave Romanyk breezed by to hit the tape a winner. No, I didn't finish second—I still had two laps to go. Romanyk won by more than a mile in a record 1:10 plus; I was 12th of 13 finishers in 1:53:09. But I got a medal, and the veteran walkers seemed to think I did very well. All of a sudden, finishing far back didn't seem so bad.

discus, javelin and hammer and weight throw when listing results and please request all submitting results to do the same! It is most frustrating and impossible to compare performances when one has no idea what weight implements have been used. I know because I am a member of the association of track and field statisticians and am now keeping statistics on the Masters hammer and weight throws.

As to John Whitemore's comment on the pentathlon and decathlon, I am in complete agreement (even though I am a weight man). The tables were made up based on the regular weight implements (olympic) and for these two events should be kept that way. However, for the individual events I have already suggested to Chairman Fine that the hammer and other weight events should be as follows:

6 lb for 1A and 1B; 12 lb. for 2A and 2B and 8 lb. for 3A and

---

The Master Walker

By ALAN WOOD

Shaul Ladany, the ultra-distance Israeli, showed some speed in coping the 5K. and 20 K. Masters World Championships in Gothenburg, Sweden. And the U.S. had a double winner in Chesley Unruh, 70, in 4A.

Overall, the U.S. led in titles and, 75-year-old Coloradan Herb Anderson swept 4B with ten gold medals, two silvers and a bronze.

The Potomac Valley guys (8) and gal (1) set a 24-hour walk relay record at Fort Meade, Md., Aug.

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News note

The National Masters AAU 10-Kilometer Cross-Country Championship will be held at 10 a.m. Sunday, Nov. 13, at Bluemont Park, Arlington, Va.

Advertise your event in the National Masters Newsletter. Reach the people you want at lowest cost. Full page $84; half page $42; quarter page $21; one-eighth page $10.50; 1/16th page $5.25.

Send data to us and we'll make up your ad, National Masters Newsletter, 102 W. Water St., Lansford, Pa. 18232.

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$3 enclosed for year's subscription (four issues). Send to 102 W. Water St., Lansford, Pa. 18232

Name

Address

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## Results of the USTFF National Masters Championships in Chicago

**All Masters 3000**

<table>
<thead>
<tr>
<th>Name</th>
<th>Time</th>
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<tbody>
<tr>
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<tr>
<td>Mary Johnson</td>
<td>3:27:45</td>
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<td>Robert Brown</td>
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<tr>
<td>Sarah Davis</td>
<td>3:15:58</td>
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<tr>
<td>James Smith</td>
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**Men's 3000**

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<tr>
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<tr>
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**Women's 3000**

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<td>Sarah Johnson</td>
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<tr>
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<td>Robert Brown</td>
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**Men's 1500**

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**Women's 1500**

<table>
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**Men's 1000**

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<td>James Brown</td>
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</tbody>
</table>

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*Note: Times are approximate and subject to confirmation.*

**Additional Information:**

- The event was held on the weekend of July 15th.
- Participants from across the United States and Canada took part.
- The course was 3000 meters long, consisting of two laps of 1500 meters.
- Results were announced by the organizers immediately after the completion of the event.

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*For more details, please check the official USTFF website.*
1977 Golden State Championships in California

Results of the 1977 Golden State Masters Track & Field Championships held at Porterville, Calif.

5000-m Walk
30-39, Bob Lindsey, 2:20.0
40-44, James Parks, 2:11.3
45-49, Tom Sturak, 2:12.2
50-54, Avery Bryant, 2:19.1
55-59, Dave Lewis, 2:31.3

High Jump
30-39, Dave Loera, 5'6"'
40-44, Phil Conley, 5'2"
45-49, Ed Austin, 5'9"
50-54, Dave Brown, 4'6"
55-59, Orr Gillette, 5'0"
60-64, Jim Venham, 4'8"
70+, Homer Van Gelder, 3'9"'

400 Relay
30-39, Joe Schmeling, 3:36.7
40-44, Dick Powel, 3:33.6
45-49, Bill Trenor, 3:31.7
50-54, Tom Sturak, 3:29.8
55-59, Nor Cal. Striders (Butler, Cooper, Maguire, Thomas), 3:27.7

3000-meter Walk
50-54, Robert Roemer, 25.9'
55-59, Bob Stone, 22.1'
60-64, Jack Thatcher, 18.7'

Masters 25 Kilometer Running Championship at Medford, Oregon, Sept. 24, from the Medford Mail Tribune

By DICK JEWETT
Mail Tribune Sports Editor

Cover story: Guthrie tips buddy, wins Masters

The report on the National Masters 25-Kilometer Championship at Medford, Oregon, Sept. 24, from the Medford Mail Tribune.

Bowles also described his race as about what he anticipated. The masters race is for those who are not eligible for the NCAA or AAU, and are running just five years from the last race of their late teens or early 20's. Bowles was the winner in 1:25.45.

"In the masters race I was eligible for," he said, "I knew the weather was going to be good for running, and the course was going to be good for running, and the course was going to be good for running.""
**How they finished in Masters runs**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Distance</th>
<th>Size</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>35-39</td>
<td>John Molognotto</td>
<td>3.32 km</td>
<td>6.06</td>
<td>Runner</td>
</tr>
<tr>
<td>40-44</td>
<td>John Molognotto</td>
<td>3.32 km</td>
<td>6.06</td>
<td>Runner</td>
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<td>75-79</td>
<td>John Molognotto</td>
<td>3.32 km</td>
<td>6.06</td>
<td>Runner</td>
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</table>

**ORDER OF FINISH**

- 1st Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 2nd Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 3rd Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 4th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 5th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 6th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 7th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 8th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 9th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.
- 10th Place: John Molognotto, 3:32 km, 6.06 size, time not specified.

**News notes from other newsletters**

The Potomac Valley Seniors September newsletter reports on a new world record set by nine walkers in the D.C. area. They walked a total of 1,065 yards in 24 hours Aug. 6 and 7, over six and three-quarter miles farther and 21 seconds per mile faster than it has ever been done before.

"Genuine Book of World Records stuff," says the newsletter report by Paul Casteneda.

"An all-comers record. No asterisk required. The old record was 162 miles, 275 yards by the Masters Track Club in 1973."

The newsletter also verifies our suspicion that some of the sheets listing women's results at Sweden were missing from the batch we received. Linda Sippel is reported to have won a silver medal in placing second to Miki Gorman of California in the 100-meter cross-country run, but we have no results for this event. We only have results for the 10,000 track race, which Linda Sippel finished third in.

There's a report from Jack Greenwood in the September issue of the Master-Pieces newsletter published by Russ Niemi for the Mid-America Masters Track and Field Association at Overland Park, Kansas.

"Greenwood, of Medicine Lodge, Kan., was the outstanding U.S. performer at the Masters Championships and Sweden with seven gold medals."

"The meet in Sweden was tailor-made for a person like myself, having it last over a five-day period," Greenwood wrote. He noted there were five false starts in the first heat of the 100-meter dash due to gun trouble or faulty shells. The sixth time the runners were off and ran the 100, but found out it didn't count because some runners didn't run. So they lined up and ran again. Jack reported another mixup occurred in the 110-meter high hurdles which delayed the start an hour and a half.

Jack was busy running in the various events, including three 400-meter dashes and including hurdles, in one day.

"When it was all over with I just collapsed and I don't believe I could have taken another step if I had to," Jack said.

He noted that he and his wife were busy sightseeing between events. He recalls the first World Masters Meet in Cologne, Germany, when there were about 300 competitors as opposed to some 3000 at Sweden.

"I feel that the reason for tougher competition is that the Europeans and Australians have had their veterans programs longer than we have had our companion Masters programs," Greenwood says. "Also, they have various clubs which have meets almost every weekend. I still feel competition is the best way in the world to get into shape!"

Jack said he's often asked about diet. He says he has no special diet and eats "anything I want to eat on the day of the meet when I abstain from eating anything from four to five hours before I run."