The First Annual
Norm Bower Memorial Weight Pentathlon

Sponsored by: Over the Hill Track Club
Saturday, October 4, 1997—12:00 Noon
18554 Haskins Road, Chagrin Falls, Ohio—Phone: 440-543-1932

All fees & contributions benefit the Scholarship Fund of Emma Rose Bower,
Norm & Sue's daughter, born October 31, 1995

Norman S. Bower
1948 – 1997
Over the Hill Track Club

First Annual Norm Bower Memorial Weight Pentathlon
Saturday, October 4, 1997
18554 Haskins Road, Chagrin Falls, Oh 44023-1823
Tel: 440-543-1932; Fax: 440-543-7160

Over the Hill Track Club is sponsoring a fund-raising weight pentathlon in honor of Norm Bower, who passed away September 12, 1997. Norm Bower was much loved as a friend and a competitor in the weight events. He was joyful, bright, easy going, with a wonderful sense of humor. He supported everyone, no matter the skill level, who competed in the weights. Our track meets and our lives are brighter, more fun because of Norm, and the Club wishes to remember him and his family with this annual weight pentathlon held in his honor.

All donations will contribute to an education fund for Emma Rose Bower, who will be two years old this October 31st. She is Norm and Sue Bower's daughter, and the sister of Brent Bower, now 25, who often competed with Norm in the weight events.

Instead of a meet fee, we are asking that you make a contribution in the amount of your choice. All contributions, 100%, will go to the Emma Rose Scholarship Fund. All food & beverages (which will be free to all competitors), officiating, awards, and the meet site are being donated by Over the Hill Track Club members.

Please mail or fax the enclosed meet registration form for our receipt no later than Monday, September 29th, so that we can make out event rosters and estimate food and beverage needs. The event will be held regardless of weather conditions. Maps are attached.

Date: Saturday, October 4, 1997, 12:00 Noon

Host site: The home of Joe & Mary Chadbourne, 18554 Haskins Road, Chagrin Falls (Bainbridge Township), Ohio 44023-1823; Tel: 440-543-1932; Fax: 440-543-7160

Events: Shot put, discus throw, javelin toss, hammer throw, and weight throw

Rules: U.S. ATF rules and implements. Minimum of 3 throws per event (up to 6, depending on numbers of competitors)

Awards: Yes. Dick Mann is in charge.

Facilities: Javelin to be thrown from grass runway; all others from concrete or wooden pad. Three restrooms; showers & towels available.

Refreshments: Post-meet dinner, with food and beverages provided by Over the Hill Track Club members.

Fee: None. Instead, please make a donation of your choice to be placed in the Emma Rose Bower Scholarship Fund for Norm and Sue's daughter, two years old this October 31, 1997. Make checks payable to "OTHTC-Emma Rose Bower" On the lower left of your check or money order print, "UGMA" (Uniform Gift to Minors Act) and mail it along with your registration form, attached here, to: Joe & Mary Chadbourne, 18554 Haskins Road, Chagrin Falls, OH 44023-1823, ATTN: Norm Bower Memorial Weight Pentathlon.

All donations will be consolidated into a single gift check from the Club and sent to the Scholarship Fund as a gift from the First Annual Norm Bower Memorial Weight Pentathlon. All Donors names and addresses will be listed with the Club's letter of remittance.