The Eastern Masters Outdoor Track and Field Championship, co-sponsored by the N.Y.C. Dept. of Recreation and Parks and the Masters Sports Association, will be held at Randall’s Island Stadium, N.Y.C. on July 31st. A five-mile A.A.U. road race is scheduled to kick-off the meet at 10:00 A.M. A total of 18 Master track and field events along with 10 A.A.U. events, two for women and one for Masters 50 plus, 220 yard dash for women, and a 2 mile run, a program expected to run from 10:00 A.M. to 6:00 P.M.

Entries will close on July 7th and post entries will not be accepted. With the elimination of post entries a new procedure will be installed. This will insure a smoother meet with adherence to a timetable, elimination of errors and proper placement of entrants in heats and a better guarantee that times and awards will be more accurately recorded. All entrants will receive thru the mail, prior to meet time, a printed program listing each event, seedings and/or heats that they are scheduled to run in. In addition, every participant will receive a souvenir Masters emblem to commemorate the '73 Championship. In order to make this a championship meet we can all be proud of, the race committee has asked that all athletes provide the information on entry forms pertaining to best performances and time. Accurate seedings can make for a more interesting race, and one that will be more competitive, with possible record times so please provide a realistic estimate of your best time.

5 Age Group Records At Eastern Masters Championships

Five new age group records were eclipsed at the First Annual Masters Indoor Track and Field Championship held at New Jersey's Peddie School on March 19th. Over 1500 athletes from 12 states and the District of Columbia and as far away as California and Hawaii competed in a full schedule of track and field events.

Perpetual Runners

By 6 P.M. the Runners stopped at the Peddie School. Master runners packed it in, friends and relatives called it a day and trophies rested in cars or appreciative hands. However, the meet was really not over for one hard working group, that ran in every event. There were no complaints, from these hardy runners, for it was a labor of love. Even with the lights out this group just kept on running. For that matter Bob Fine hasn't stopped running either. He's been chasing these 3 marathoners ever since but can't get them over the finish line. As Bob puts it our 3 Association stop watches won't stop, they took off at the Peddie School and haven't been seen since. All we can add to this Phantom Story is please come home our wondering stop watchee, all is forgiven, we need you at Randall's Island.

RENEW YOUR MEMBERSHIP

Post Entries Out For Championships

Post entries will no longer be accepted at Masters Championship meets. The new policy will be in effect starting with the July 21st Eastern Masters Championship at Randall's Island. Post entries will continue to be accepted at development meets. Closing date for the July meet is July 7th and entries postmarked after that date will not be accepted. The decision to follow the practice of A.A.U. and N.C.A.A. championship procedures and close all events to post entries was made by the meet committee following the Eastern Indoor Championship. Race Chairman Henry Couriand pointed out that over twenty-five percent of the competitors were post entrants, making a smooth meet an almost impossible task.

Proper seeding was difficult, scheduling of heats and adherence to a time schedule was a task officials found difficult to stick to. As a result a three hour meet ran over six hours at a cost to the Association, who engaged facilities on a hourly basis, of twice the projected cost.

Bob Fine, Masters Sports Association President, pointed out that Master track events are receiving a growing amount of publicity. He said that if we want to continue to prove the Master image, championship meets will require the same professional running as any other track and field meet.

(Continued on Page 3)

The over 50 2-mile mark fell to George Sheehan, Alexander Rossack, and George Major and field event records were established. One field event mark was erased when George Bracelaid cleared 10 5/16th feet in the pole-vault for over 60. Each of these records has been submitted to Track and Field News for the 1974 edition of "Age Records."

Two relays, the one and two mile, both won by the N.Y. Forest Club, were included in the Masters program for the first time. Future meets will include relay events and an effort be made to get comparable times where these events are on other Woodbridge programs.

Times for the veteran runners in several events flirted with existing age group marks despite the handicap of a 10 lap to the mile track and a ban on spikes on the Tartan surface. If performances at this first indoor meet are indicative of what's to come the Monmouth College, and the two Randall Island Championship events on a 3/4 mile Tartan surface, with spikes permitted, should see a wholesale assault by Eastern Masters on the Age Record book.

Team honors went to the N.Y. Forest Club with 23 1/2 points trailed by the Birmingham TC 23, Corona Del Mar 18, Potomac Valley TC 11 and the United A.A. of N.Y. with 19 points. No one team dominated any of the places in either field or track events with the first five clubs evenly distributing winners in all five places. Nineteen clubs fielded a team which gives some indication of the steady growth of Master Competition and club interest.

Times when compared to some of our past meet records continue to show improvement in all events and a steady influx of new faces with a consequent sharpening of competition.

Officials whose efforts kept everyone moving, race times and places were appreciated by both athletes and spectators, included Hank Couriand, Carole Kaufman, Aron Tobey, and Beth Gordon and of course The Peddie School whose really fine facilities were made available to all of us.

RESULTS ON PAGE 3
What Shoes Are We Wearing?

From Your Editor

A Note on Minnes

COMING METES

The original text is not legible due to the quality of the image. It appears to be a page from a publication or newsletter, but the content is not clear enough to transcribe accurately. Some keywords and phrases are visible, such as "What Shoes Are We Wearing?" and "From Your Editor," but the rest of the text is not discernible. Therefore, it is not possible to provide a natural representation of the document.
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Results of 1973 Winter N.Y. Road Runners

March, 1979