



2019 Masters Age Graded Performance Awards

Name	Age	Team	Mark	Event	Percent	Award
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Women Sprints (100, 200, 400, hurdles)

Christine Centeno, W53	So Cal Track Club	58.58	300H	89.36%	\$150
Darmesha Watkins, W47	Unattached	30.19	200	78.70%	\$100
Elly Mann, W43	Unattached	14.37	100	76.59%	\$ 50

Men Sprints (100, 200, 400, hurdles)

Robert Foster, M57	So Cal Track Club	12.54	100	89.71%	\$150
Johnny Speed, M55	Pacific Coast	57.87	400	88.27%	\$100
Ronald Jean, M41	Unattached	12.13	100	84.25%	\$ 50

Women Distance (800, 1500, 5000, 10,000, steeplechase)

Cindy Theodosis, W32	Unattached	24:57.18	5000	57.75%	\$150
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Men Distance (800, 1500, 5000, 10,000, steeplechase)

Gunnar Linde, M90	Santa Monica TC	14:40.54	2000SC	88.58%	\$150
Brian Duff, M42	Unattached	2:00.32	800	87.90%	\$100
Darren Cox, M49	So Cal Track Club	10:43.87	3000SC	84.13%	\$ 50

Women Jumps (HJ, PV, LJ, TJ)

Kathy Bergen, W79	SC Striders	1.15m	HJ	94.26%	\$150
Annelies Steekelenburg, W71	SC Striders	1.20m	HJ	90.91%	\$100
Jennifer Jones, W58	Unattached	3.38m	LJ	60.25%	\$ 50

Men Jumps (HJ, PV, LJ, TJ)

James Goodreau, M74	Unattached	1.37m	HJ	83.03%	\$150
Otis Burrell, M75	Unattached	1.20m	HJ	77.92%	\$100
Bert Bergen, M80	Unattached	1.10m	HJ	77.46%	\$ 50

Women Throws (SP, DT, JT, HT, WT)

LaTanya Glass, W72	SC Striders	8.67m	SP	71.12%	\$150
Tina Bowman, W66	Unattached	23.20m	JT	62.17%	\$100
Freddie Braxton, W69	Unattached	9.45m	DT	22.06%	\$ 50

Men Throws (SP, DT, JT, HT, WT)

John Goldhammer, M65	Unattached	55.61m	HT	93.97%	\$150
Larry Hart, M72	Unattached	18.53m	WT	81.74%	\$100
Ken Hurlbert, M79	So Cal Track Club	11.15m	SP	67.49%	\$ 50