

## Striders Meet of Championships - 5/6/18

## Santa Ana College

## Results - Sunday

**Event 1 Mixed 5000 Meter Race Walk****Section 1**

1	Campbell, Rick	M70	Cal Coast Tr	33:17.39	10
2	Holder, Yolanda	W60	Unattached	35:18.70	10
3	Dyar, Carol	W75	Pilgrim Pace	37:35.71	10
4	Rasmussen, Paula	W63	Unattached	37:50.01	8
5	Papacalos, George	M58	Long Beach, CA	38:01.69	10
6	Kryger, Sheila	W73	Claremont, CA	40:16.41	10
7	Russell, Marlou	W61	Los Angeles, CA	41:03.36	6
---	Wennerstrom, Stephen	M69	Lake Forest, CA	DQ	

**Event 3 Mixed 3000 Meter Run****Section 1**

1	Cox, Darren	M48	Laguna Hills, CA	10:39.61	10
2	Seaton, Doug	M54	Unattached	12:15.91	10
3	Lee, Debbie	W60	So Cal Track	12:48.69	10

**Event 8 Men 100 Short Hurdles****Section 1 Wind: 0.3**

---	Conley, Brian	M57	Dublin, CA	DQ	
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**Section 2 Wind: 0.5**

1	Wilson Sr, Thaddeus	M67	Oxnard, CA	16.32	10
2	Niroumand, Mahmoud	M60	Costa Mesa, CA	16.39	10
3	McLawhorn, David	M63	Temecula, CA	20.86	8
4	Malin, James	M66	San Diego, CA	25.97	8

**Event 10 Women 400 Meter Dash****Section 1**

1	Lee, Debbie	W60	So Cal Track	1:18.75	10
2	Jackson, Carole	W64	Oak Park, IL	1:29.95	8
3	Braxton, Freddie	W68	Los Angeles, CA	1:50.53	10

**Event 11 Men 400 Meter Dash****Section 1**

1	Jamarion, Dariel	M39	Pasadena, CA	55.73	10
2	Franco Sr, MarcoAntonio	M47	Harbor City, CA	56.04	10
3	Bogdanowicz, Matt	M49	Livermore, CA	59.62	8
4	Whittington, Kurt	M40	Fountain Valley, CA	1:00.86	10

**Section 2**

1	Allen, Meduffrie	M56	Trojan Maste	57.53	10
2	DiMassa, David	M58	Phoenix, AZ	1:10.26	8
3	Lindsley, Frederick	M73	Grand Terrace, CA	1:10.40	10

**Event 13 Mixed 1500 Meter Run****Section 1**

1	Cox, Darren	M48	Laguna Hills, CA	4:52.75	10
2	Ozier, Leif	M53	Corona, CA	5:11.10	10
3	Morales, Luis	M24	Unattached	5:21.10	10
4	Morales Sr, Luis	M56	Fountain Valley, CA	5:21.36	10
5	Nivens, Denny	M60	Hermosa Beach, CA	5:41.00	10
6	Hemmings, William	M61	Unattached	5:48.91	8
7	Shadeed, Nolan	M68	So Cal Track	6:02.97	10
8	Zemanek, Martin	M52	Riverside, CA	6:07.17	8
9	Byrne, Alisa	W60	Pacific Coas	6:53.08	10
10	Siddons, Alan	M66	Corona, CA	8:40.65	8

**Event 14 Women 100 Meter Dash****Section 1 Wind: 1.0**

1	Johnson, Marylou	W40	SC Striders	13.45	10
2	Watkins, Darmesha	W45	Unattached	13.60	10
3	Reid, Ersell	W45	Unattached	14.77	8
4	Williams, Tiffany	W33	Canoga Park, CA	27.76	10

**Section 2 Wind: 1.1**

1	Lee, Suzette	W53	Simi Valley, CA	14.73	10
2	Jones, Jennifer	W57	Carson, CA	16.58	10

**Section 3 Wind: 1.0**

1	Kelly, Pat	W68	San Diego, CA	17.64	10
2	Jackson, Carole	W64	Oak Park, IL	18.41	10
3	Pellum-Titus, Valerie	W66	Riverside, CA	19.03	8
4	Braxton, Freddie	W68	Los Angeles, CA	20.95	6

**Event 15 Men 100 Meter Dash****Section 1 Wind: -0.7**

1	Biacofsky, John	M34	Garden Grove, CA	11.39	10
2	Nasser, Ramsey	M31	Los Angeles, CA	12.15	8
3	Koch, Michael	M35	Northridge, CA	12.30	10
4	Arline Jr, Sherman	M35	San Diego, CA	12.35	8

**Section 2 Wind: 1.0**

1	Jean, Ronald	M40	Sherman Oaks, CA	11.84	10
2	Sommars, Nathan	M42	Ventura, CA	12.01	8
3	Clemons, Tony TC	M52	Los Angeles, CA	12.26	10
4	Franco Sr, MarcoAntonio	M47	Harbor City, CA	12.28	10
5	Potiker, Brian	M52	Los Angeles, CA	13.30	8
6	Signh, Noel	M43	Unattached	13.42	6
7	Culp, Logan	M53	Oxnard, CA	14.61	6

**Section 3 Wind: 0.8**

1	Chinn, James	M59	Del Mar, CA	12.57	10
2	McCullough Sr, Gary	M56	Cypress, CA	12.59	8
3	Allaire, John	M58	Rowland Heights, C.	13.34	6
4	Wilson, Victor	M58	Los Angeles, CA	13.75	
5	Molinski, Michael	M55	Playa del Rey, CA	13.81	

**Section 4 Wind: 0.5**

1	McConkey, Phil	M61	La Jolla, CA	12.60	10
2	Patridge II, Joseph	M60	San Bernardino, CA	12.75	8
3	Pizza, Greg	M64	Vista, CA	13.46	6
4	Anderson, Gary	M62	Stevenson Ranch, C.	14.81	
5	Stone, Kenneth	M63	La Mesa, CA	15.76	

**Section 5 Wind: 0.8**

1	Leake, Damien	M65	Van Nuys, CA	12.40	10
2	Driver III, F Eugene	M67	Los Angeles, CA	14.45	8
3	Rose, Ed	M69	Carlsbad, CA	15.19	6
4	Foutris, John	M67	Stanton, CA	18.11	

**Section 6 Wind: 0.5**

1	Washington, Michael	M70	Los Angeles, CA	16.50	10
2	Thorpe Sr, Karl	M79	Fallbrook, CA	16.65	10
3	Muranaka, Ron	M74	SC Striders	16.87	8

**Event 17 Men 300 Long Hurdles****Section 1**

1	Wilson Sr, Thaddeus	M67	Oxnard, CA	51.60	10
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## Striders Meet of Championships - 5/6/18

Santa Ana College  
Results - Sunday

## Section 1 ... (Event 17 Men 300 Long Hurdles)

2	McLawhorn, David	M63	Temecula, CA	58.18	10
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## Event 21 Mixed 800 Meter Run

## Section 1

1	Allen, Meduffrie	M56	Trojan Maste	2:14.07	10
2	Whittington, Kurt	M40	Fountain Valley, CA	2:21.47	10
3	Cox, Darren	M48	Laguna Hills, CA	2:24.78	10
4	Smith, Allen	M55	Alta Loma, CA	2:24.92	8
5	Ozier, Leif	M53	Corona, CA	2:35.00	10
6	Morales Sr, Luis	M56	Fountain Valley, CA	2:37.41	6
7	Morales, Luis	M24	Unattached	2:37.51	10
8	Stromberg, Carl	M63	Santa Clarita, CA	2:42.52	10
9	Lindsley, Frederick	M73	Grand Terrace, CA	2:47.24	10
10	Zemanek, Martin	M52	Riverside, CA	3:01.58	8
11	Byrne, Alisa	W60	Pacific Coas	3:25.36	10

## Event 22 Women 200 Meter Dash

## Section 1 Wind: NWI

1	Johnson, Marylou	W40	SC Striders	27.70	10
2	Reid, Ersell	W45	Unattached	31.42	10

## Section 2 Wind: NWI

1	Centeno, Christine	W52	Norco, CA	31.50	10
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## Section 3 Wind: NWI

1	Hanscom, Rita	W63	San Diego, CA	35.18	10
2	Bowman, Jeanne	W65	Santa Ana, CA	35.35	10
3	Jackson, Carole	W64	Oak Park, IL	38.94	8
4	Kelly, Pat	W68	San Diego, CA	38.98	8
5	Braxton, Freddie	W68	Los Angeles, CA	45.33	6

## Event 23 Men 200 Meter Dash

## Section 1 Wind: NWI

1	Jamarion, Dariel	M39	Pasadena, CA	24.40	10
2	Franco Sr, MarcoAntonio	M47	Harbor City, CA	24.64	10
3	Jean, Ronald	M40	Sherman Oaks, CA	24.73	10
4	Koch, Michael	M35	Northridge, CA	25.00	8
5	Signh, Noel	M43	Unattached	27.61	8

## Section 2 Wind: NWI

1	Clemons, Tony TC	M52	Los Angeles, CA	25.48	10
2	Potiker, Brian	M52	Los Angeles, CA	26.57	8
3	Pace, Larry	M52	SC Striders	29.88	6

## Section 3 Wind: NWI

1	Chinn, James	M59	Del Mar, CA	25.36	10
2	McCullough Sr, Gary	M56	Cypress, CA	25.83	8
3	Wilson, Victor	M58	Los Angeles, CA	28.49	6
4	Molinski, Michael	M55	Playa del Rey, CA	28.66	
5	Allaire, John	M58	Rowland Heights, C.	29.82	
6	DiMassa, David	M58	Phoenix, AZ	30.43	

## Section 4 Wind: NWI

1	McConkey, Phil	M61	La Jolla, CA	26.80	10
2	Pizza, Greg	M64	Vista, CA	27.94	8
3	Stone, Kenneth	M63	La Mesa, CA	34.32	6

## Section 5 Wind: NWI

1	Rose, Ed	M69	Carlsbad, CA	31.51	10
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2	Washington, Michael	M70	Los Angeles, CA	34.54	10
3	Thorpe Sr, Karl	M79	Fallbrook, CA	37.68	10
4	Muth, Rick	M65	SC Striders	39.15	8
5	Gast, Monte	M70	Marina Del Ray, CA	39.64	8

## Event 50 Women High Jump

## Flight 1

1	Hanscom, Rita	W63	San Diego, CA	1.25m	10
2	Steekeleburg, Annelies	W70	Malibu, CA	1.22m	10
3	Glass, LaTanya	W71	Seal Beach, CA	1.05m	8

## Event 51 Men High Jump

## Flight 1

1	Hlavin, Peter	M60	Aliso Viejo, CA	1.60m	10
2	Feliciano, Edwin	M54	Santa Barbara, CA	1.50m	10
3	Mourali Sr, Said	M59	Santa Monica, CA	1.45m	10
3	Niroumand, Mahmoud	M60	Costa Mesa, CA	1.45m	8
5	Molinski, Michael	M55	Playa del Rey, CA	1.40m	8
6	Goodreau, James	M72	North Hollywood, C	1.35m	10
6	Allaire, John	M58	Rowland Heights, C.	1.35m	6
8	Gast, Monte	M70	Marina Del Ray, CA	1.15m	8
9	Leis, Donald	M86	Pasadena, CA	.95m	10
---	Watson, Richard	M65	Yuma, AZ	NH	

## Event 52 Women Pole Vault

## Flight 1

1	Prystupa, Sarah	W19	Unattached	3.50m	10
2	Hanscom, Rita	W63	San Diego, CA	2.45m	10

## Event 53 Men Pole Vault

## Flight 1

1	McLawhorn, David	M63	Temecula, CA	2.60m	10
---	Daniels, Gary	M64	Trojan Maste	NH	

## Event 54 Women Long Jump

## Flight 1

1	Cohn, Linda	W65	Northridge, CA	3.66m	10
2	Matthews, Brenda	W68	Anaheim, CA	3.26m	8
3	Jones, Jennifer	W57	Carson, CA	2.99m	10
4	Pellum-Titus, Valerie	W66	Riverside, CA	2.22m	6

## Event 55 Men Long Jump

## Flight 1

1	newell, Daniel	M41	Unattached	6.04m	10
2	Niroumand, Mahmoud	M60	Costa Mesa, CA	4.96m	10
3	Williams, Long	M59	Trojan Maste	4.94m	10
4	Allaire, John	M58	Rowland Heights, C.	4.84m	8
5	Leake, Damien	M65	Van Nuys, CA	4.68m	10
6	Wilson Sr, Thaddeus	M67	Oxnard, CA	4.42m	8
7	Molinski, Michael	M55	Playa del Rey, CA	4.31m	6
8	McLawhorn, David	M63	Temecula, CA	4.13m	8
9	Feliciano, Edwin	M54	Santa Barbara, CA	4.02m	10
10	Fitzpatrick, Bill	M67	Long Beach, CA	3.97m	6
11	Flowers, Carl	M71	Irvine, CA	3.92m	10
12	Strickland, Dale	M61	Orange, CA	3.70m	6
13	Rose, Ed	M69	Carlsbad, CA	3.62m	+0.0
14	Leis, Donald	M86	Pasadena, CA	2.50m	10

## Striders Meet of Championships - 5/6/18

## Santa Ana College

## Results - Sunday

**Event 56 Women Triple Jump****Flight 1**

1	Cohn, Linda	W65	Northridge, CA	7.46m	10
2	Jones, Jennifer	W57	Carson, CA	5.39m	10

**Event 57 Men Triple Jump****Flight 1**

1	Niroumand, Mahmoud	M60	Costa Mesa, CA	10.33m	10
2	Tomaschke, John	M68	San Diego, CA	9.22m	10
3	Culp, Logan	M53	Oxnard, CA	8.95m	10
4	Allaire, John	M58	Rowland Heights, C.	8.50m	10
5	McLawhorn, David	M63	Temecula, CA	8.42m	8
6	Flowers, Carl	M71	Irvine, CA	8.36m	10
7	Rose, Ed	M69	Carlsbad, CA	8.00m	8
8	Pittman, Patrick	M65	Pasadena, CA	7.52m	6
9	Tipping, Mike	M65	Irvine, CA	6.89m	NWI
10	Leis, Donald	M86	Pasadena, CA	5.52m	10

**Event 58 Women Discus Throw****Flight 1**

1	Utu, Robyn	W54	Yorba Linda, CA	22.67m	10
2	Dunton, Linn	W61	Pine Valley, CA	22.18m	10
3	Cohn, Linda	W65	Northridge, CA	22.10m	10
4	Withers, Sani	W58	Sandia Park, NM	20.30m	10
5	Lee, Suzette	W53	Simi Valley, CA	20.12m	8
6	Steekelenburg, Annelies	W70	Malibu, CA	19.98m	10

**Event 59 Men Discus Throw****Flight 1**

1	Brown, Jeff	M61	Costa Mesa, CA	43.10m	10
2	Holden, Greg	M60	Sun City, CA	41.86m	8
3	Strickland, Dale	M61	Orange, CA	34.45m	6
4	Watson, Richard	M65	Yuma, AZ	34.29m	10
5	Starkey, Paul	M54	Unattached	33.35m	10
6	Althouse, Gerald	M66	Unattached	32.11m	8
7	Gold, Michael	M58	AZ Desert Th	31.53m	10
8	McLawhorn, David	M63	Temecula, CA	31.33m	10
9	Tipping, Mike	M65	Irvine, CA	29.42m	6
10	Allaire, John	M58	Rowland Heights, C.	27.42m	8
11	Gast, Monte	M70	Marina Del Ray, CA	24.92m	10
12	Johnson, Richard	M80	San Diego, CA	20.76m	10
13	Durrenberger, Joe	M83	Los Angeles, CA	18.03m	8
14	Ginsbury, Marin	M80	Unattached	17.32m	6

**Event 60 Women Hammer Throw****Flight 1**

1	Dunton, Linn	W61	Pine Valley, CA	31.94m	10
2	Lee, Suzette	W53	Simi Valley, CA	23.79m	10
3	Jackson, Carole	W64	Oak Park, IL	23.60m	8
4	Withers, Sani	W58	Sandia Park, NM	21.44m	10
5	Cohn, Linda	W65	Northridge, CA	18.58m	10

**Event 61 Men Hammer Throw****Flight 1**

1	Watson, Richard	M65	Yuma, AZ	37.92m	10
2	Meyer, Thomas	M66	San Diego, CA	37.53m	8

3	Gold, Michael	M58	AZ Desert Th	29.57m	10
4	McLawhorn, David	M63	Temecula, CA	26.77m	10
5	Widmer, Ronald	M75	San Diego, CA	24.97m	10
6	Hurlbert, Ken	M78	Shafter, CA	24.53m	8
7	Johnson, Richard	M80	San Diego, CA	23.35m	10
8	Durrenberger, Joe	M83	Los Angeles, CA	20.53m	8
9	Gast, Monte	M70	Marina Del Ray, CA	19.16m	10

**Event 62 Women Javelin Throw****Flight 1**

1	Cohn, Linda	W65	Northridge, CA	33.55m	10
2	Dunton, Linn	W61	Pine Valley, CA	24.26m	10
3	Withers, Sani	W58	Sandia Park, NM	22.09m	10
4	Lee, Suzette	W53	Simi Valley, CA	21.46m	10
5	Utu, Robyn	W54	Yorba Linda, CA	20.69m	8
6	Jackson, Carole	W64	Oak Park, IL	8.93m	8

**Event 63 Men Javelin Throw****Flight 1**

1	Niroumand, Mahmoud	M60	Costa Mesa, CA	43.65m	10
2	Shea, Michael	M58	Unattached	36.79m	10
3	Tipping, Mike	M65	Irvine, CA	35.66m	10
4	Watson, Richard	M65	Yuma, AZ	31.58m	8
5	Gold, Michael	M58	AZ Desert Th	31.57m	8
6	Gast, Monte	M70	Marina Del Ray, CA	30.61m	10
7	Rook, Ronald	M69	Cota De Caza, CA	29.26m	6
8	McLawhorn, David	M63	Temecula, CA	29.17m	8
9	Rose, Ed	M69	Carlsbad, CA	26.74m	
10	Strickland, Dale	M61	Orange, CA	25.98m	6
11	Hildebrandt, Gregory	M76	Oak Park, CA	19.92m	10
12	Lawson, Paul	M71	Claremont, CA	19.49m	8
13	Johnson, Richard	M80	San Diego, CA	17.31m	10

**Event 64 Women Shot Put****Flight 1**

1	Dunton, Linn	W61	Pine Valley, CA	9.51m	10
2	Utu, Robyn	W54	Yorba Linda, CA	8.94m	10
3	Withers, Sani	W58	Sandia Park, NM	8.52m	10
4	Cohn, Linda	W65	Northridge, CA	8.51m	10
4	Lee, Suzette	W53	Simi Valley, CA	8.51m	8
6	Glass, LaTanya	W71	Seal Beach, CA	8.36m	10
7	Jackson, Carole	W64	Oak Park, IL	6.37m	8

**Event 65 Men Shot Put****Flight 1**

1	Holden, Greg	M60	Sun City, CA	15.51m	10
2	Starkey, Paul	M54	Unattached	12.13m	10
3	Malin, James	M66	San Diego, CA	11.43m	10
4	Hurlbert, Ken	M78	Shafter, CA	10.28m	10
5	Althouse, Gerald	M66	Unattached	10.14m	8
6	Allaire, John	M58	Rowland Heights, C.	10.07m	10
7	Watson, Richard	M65	Yuma, AZ	10.05m	6
8	Widmer, Ronald	M75	San Diego, CA	9.10m	8
9	Durrenberger, Joe	M83	Los Angeles, CA	8.81m	10
10	Ginsbury, Marin	M80	Unattached	8.29m	8
11	Johnson, Richard	M80	San Diego, CA	7.83m	6

**Striders Meet of Championships - 5/6/18****Santa Ana College****Results - Sunday****Event 66 Women Weight Throw****Flight 1**

1	Dunton, Linn	W61	Pine Valley, CA	13.02m	10
2	Lee, Suzette	W53	Simi Valley, CA	9.59m	10
3	Cohn, Linda	W65	Northridge, CA	8.78m	10
4	Jackson, Carole	W64	Oak Park, IL	8.77m	8
5	Withers, Sani	W58	Sandia Park, NM	8.02m	10

**Event 67 Men Weight Throw****Flight 1**

1	Meyer, Thomas	M66	San Diego, CA	15.00m	10
2	Watson, Richard	M65	Yuma, AZ	13.13m	8
3	Johnson, Richard	M80	San Diego, CA	10.16m	10
4	Durrenberger, Joe	M83	Los Angeles, CA	9.18m	8

**Women - Team Rankings - 13 Events Scored**

1)	SC Striders Track Club	316
2)	So Cal Track Club	30
3)	Trojan Masters T.C.	22

**Men - Team Rankings - 15 Events Scored**

1)	So Cal Track Club	236
2)	SC Striders Track Club	102
2)	Trojan Masters T.C.	102
4)	AZ Desert Throwers	70
5)	Pacific Coast Track Club	36
6)	Cal Coast Track Club	10
7)	Strawberry Canyon Track Club	8
7)	Pilgrim Pacers	8
9)	Trinidad and Tobago	6

**Combined Team Scores - 32 Events Scored**

1)	SC Striders Track Club	426
2)	So Cal Track Club	344
3)	Trojan Masters T.C.	134
4)	AZ Desert Throwers	70
5)	Pacific Coast Track Club	56
6)	Cal Coast Track Club	46
7)	Pilgrim Pacers	28
8)	Strawberry Canyon Track Club	8
9)	Trinidad and Tobago	6