



Southern California Indoor Meet . . . Outdoors

Sunday, January 29, 2017

Mater Dei High School, Santa Ana

Place	Lane	Name		Gender	Age	Time	Div.	Place
60m Heat 1						-1.6		Race Photo
1	4	Venus	Jewitt	F	52	8.80		1
2	3	Elly	Mann	F	41	8.89		1
3	2	Darmesha	Watkins	F	47	8.98		1
4	5	Brenda	Matthews	F	67	9.69		1
5	6	Ersell	Reid	F	47	9.81		2
6	7	Kathy	Bergen	F	77	10.22		1
7	1	Jennifer	Jones	F	56	10.48		1
60m Heat 2						-0.9		Race Photo
1	1	Joe	Rugless	M	63	8.34		1
2	3	Thad	Wilson	M	66	8.49		1
3	4	Eugene	Driver	M	66	8.85		2
4	2	Ed	Rose	M	68	9.69		3

5	6	Karl	Thorpe	M	78	10.48	1
6	5	Ron	Muranaka	M	73	10.63	1
60m Heat 3		-1.2 Race Photo					
1	2	Dariel	Jamison	M	38	7.96	1
2	7	Tony	Clemons	M	51	8.13	1
3	3	Marco Antonio	Franco	M	46	8.18	1
4	6	Claudio	Andrade	M	50	8.39	2
5	4	Matthew	Robert	M	52	8.55	3
6	5	John	Forte	M	52	8.75	4
7	1	Aidan	Algazi	M	8	10.85	1
100m Heat 1		-1.3 Race Photo					
1	3	Elly	Mann	F	41	15.13	1
2	2	Darmesha	Watkins	F	47	15.36	1
3	4	Ersell	Reid	F	47	16.77	2
4	5	Aidan	Algazi	M	8	19.00	1
100m Heat 2		Hand timed					
1	6	Dariel	Jamison	M	38	12.6	1
2	2	Claudio	Andrade	M	50	13.2	1
3	3	Joe	Rugless	M	63	13.4	1
4	5	Jon	Forte	M	52	14.2	2
5	4	Ron	Muranaka	M	73	17.7	1
200m Heat 1		-3.2 Race Photo					
1	5	Venus	Jewitt	F	52	29.39	1
2	3	Darmesha	Watkins	F	47	30.26	1
3	4	Ersell	Reid	F	47	34.43	2
4	2	Kathy	Bergen	F	77	37.19	1
200m Heat 2		-1.9 Race Photo					
1	4	Joe	Rugless	M	63	29.03	1
2	5	Eugene	Driver	M	67	29.03	1
3	7	Sam	Hooper	M	68	33.24	2
4	6	Ed	Rose	M	68	33.24	3
5	2	Karl	Thorpe	M	78	37.28	1
6	1	Aidan	Algazi	M	8	37.76	1
7	3	Ron	Muranaka	M	73	38.81	1
200m Heat 3		-2.6 Race Photo					
1	1	Dariel	Jamison	M	38	25.49	1
2	2	Marco Antonio	Franco	M	46	26.12	2
3	5	Matthew	Robert	M	52	26.86	1
4	4	Gary	McCullough	M	54	27.01	2

5	7	Claudio	Andrade	M	50	27.53	1
6	6	Jon	Forte	M	52	29.47	2
400m Heat 1				Race Photo			
1	4	Marco Antonio	Franco	M	46	57.29	1
2	5	Matthew	Roberts	M	52	57.40	2
3	2	Debbie	Lee	F	60	1:21.17	1
4	3	Aidan	Algazi	M	8	1:27.33	1

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800m				Race Photo			
1	Aiven	Honarvas	M	10	3:06.07		
2	Beth	Bridges	F	48	3:09.33		

Pentathlon 1000m				Race Photo			
1	Matthew	Roberts	M	52	2:58.15		
2	john	Allaire	M	57	4:50.38		
3	Monte	Gast	M	69	5:13.45		

Mile							
1	Donna	Mills Honarvas	F	42	5:18.97		
2	Will	Hemmings	M	60	6:18.63		
3	Beth	Bridges	F	48	7:00.07		
4	Jon	Barkman	M	78	8:25.30		

3000m				Race Photo			
2	Debbie	Lee	F	60	13:23.17		

Pentathlon 60m Hurdle				-2.8			
1	john	Allaire	M	57	12.41		
2	Monte	Gast	M	69	16.72		

60m Hurdles				-0.9			
1	Thad	Wilson	M	66	10.29		
2	Mahmoud	Niromaund	M	59	11.99		

3000m Walk							
1	Roselyn	Singh	F	39	29:50.93	1	

Long Jump

	Mahmoud	Niromaund	M	59	4.96	0.0	1
	Gary	McCullough	M	54	4.94	+1.8	1
	John	Allaire	M	57	4.79	+1.1	2
	David	McLawhorn	M	62	4.59	+1.9	1
	Thad	Wilson	M	66	4.52	+0.1	1
	Ed	Rose	M	68	3.66	0.0	2

	Monte	Gast	M 69	3.55	0.0	3
	Jennifer	Jones	F 56	3.35	+1.6	1
	Aidan	Algazi	M 8	2.93	+1.7	1
Triple Jump						
	Mahmoud	Niromaund	M 59	9.93	-2.5	1
	David	McLawhorn	M 62	9.64	-1.8	1
	Ed	Rose	M 68	7.92	+1.3	1
	Brenda	Matthews	F 67	7.16	-1.1	1
High Jump						
	Peter	Hlavin	M 59	160		1
	John	Forte	M 52	1.55		1
	Mahmoud	Niromaund	M 59	1.50		2
	John	Allaire	M 57	1.35		3
	James	Goodreau	M 71	1.30		1
	Bert	Bergen	M 79	1.25		1
	Kathy	Bergen	F 77	1.15		1
	Monte	Gast	M 69	1.10		1
Pole Vault						
	Claudio	Andrade	M 50	3.20		1
	David	McLawhorn	M 61	2.45		1
Weight Throw						
	Larry	Hart	M 70	19.40		1
	David	McLawhorn	M 62	10.69		1
Shot Put						
	Mike	Rainis	M 37	14.12		1
	john	Allaire	M 57	11.66		1
	David	McLawhorn	M 62	9.53		1
	Monte	Gast	M 69	8.26		1
	Ed	Haspell	M 68	7.63		2
	Steve	Blue	M 66	6.79		3
	Andrew	Bard	M 67	5.87		4
	Larry	Hart	M 70	10.67		1
Discus						
	Jeff	Brown	M 60	45.53		1
	Mike	Tipping	M 64	32.51		2
	David	McLawhorn	M 62	29.40		3
	Ed	Rose	M 68	24.42		1
	Monte	Gast	M 69	13.61		2

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Pentathlon (men)	60H -2.8	LJ	SP	HJ	1000	Total
John Allaire M57	12.41	4.79 +1.1	11.66	1.35	4:50.38	
	10.74	6.28	14.81	1.65	4:02.98	
Points	410	648	778	504	183	2523
Monte Gast M68	16.72	3.55 +0.0	8.26	1.10	5:13.45	
	13.50	5.39	11.23	1.52	3:58.52	
Points	77	459	560	404	208	1708