



Southern California Indoor Meet . . . Outdoors

Sunday, February 15, 2015

Mater Dei High School, Santa Ana

60m Heat 1

2.6 M/S

[Race Photo](#)

Age
Group
Place

1	Brenda	Matthews	F	65	9.38	1
2	Jennifer	Jones	F	60	9.99	1
3	Freddie	Braxton	F	64	12.47	2

60m Heat 2

1.3 M/S

[Race Photo](#)

1	John	Schneider	M	69	9.34	1
2	Michael	Washington	M	67	9.75	1
3	Ron	Muranaka	M	71	9.83	1
4	Dan	Girling	M	70	10.70	2
5	Steve	Ryan	M	74	11.43	3

60m Heat 3

1.5 M/S

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1	Thad	Wilson	M	64	8.16	1
2	John	Allaire	M	55	8.20	1
3	Jonathan	Forte	M	50	8.64	2
4	Ross	Jones	M	61	9.14	2
5	Joe	de la Puente	M	58	9.38	2
6	James	Bonilla	M	59	11.11	3
7	Greg	Johnson	M	54	11.14	3

60m Heat 4

2.3 M/S

[Race Photo](#)

1	Justin	Hernandez	M	32	7.49	1
2	Paul	Dixon	M	36	7.55	1
3	Evan	Dixon	M	32	7.56	2
4	Michael	Sullivan	M	53	7.60	1
5	Matt	Walker	M	39	7.76	2
6	Stephen	Lyles	M	28	7.92	1
7	Dominic	Quiller	M	29	8.12	2

100m Heat 1

0.6 M/S

[Race Photo](#)

1	Justin	Hernandez	M	32	12.07	1
2	Matt	Walker	M	39	12.91	1
3	Scott	Evans	M	36	13.91	2
4	John	Schneider	M	69	15.19	1
5	Ron	Muranaka	M	71	16.10	1
6	Steve	Ryan	M	74	20.19	2

200m Heat 1

2.8 M/S

[Race Photo](#)

1	Frank	Straus	M	74	31.18	1
2	Susan	Ponder	F	55	32.00	1
3	Dan	Girling	M	70	37.24	2
4	Steve	Ryan	M	74	43.64	3
5	Freddie	Braxton	F	64	43.83	1

200m Heat 2

1.3 M/S

[Race Photo](#)

1	Gary	McCullough	M	52	26.60	1
2	Philip E.	Hiu	M	52	27.19	2
3	Albert	Nicholson	M	48	27.25	1
4	Jonathan	Forte	M	50	29.50	3
5	Michael	Washington	M	67	31.89	1
6	Joe	de la Puente	M	58	34.88	1
7	Steve	Provenzano	M	46	1:05.59	2

200m Heat 3

0.9M/S

[Race Photo](#)

1	Paul	Dixon	M	36	23.31	1
2	Evan	Dixon	M	33	23.60	1
3	Matt	Walker	M	36	24.43	2
4	Michael	Sullivan	M	53	24.64	1
5	Justin	Hernandez	M	32	24.73	1

400m Heat 1

[Race Photo](#)

1	Grace	Edgerly	F	48	1:14.02	1
2	Susan	Devens	F	55	1:16.78	1
3	Rochelle	Welch-Turner	F	56	1:23.35	2
4	Mary	Stoll	F	54	1:29.85	1
5	Freddie	Braxton	F	64	1:09.77	1

400m Heat 2

[Race Photo](#)

1	Matt	Walker	M	39	57.03	1
2	Brian	Gore	M	47	1:00.82	1
3	Albert	Nicholson	M	48	1:04.46	2
4	Jonathan	Forte	M	50	1:09.23	1
5	Sayyid	Jami	M	60	1:10.31	1
6	Frank	Straus	M	74	1:17.94	1

800m

[Race Photo](#)

1	Mike	Dietz	M	51	2:20.95	1
2	Barry	Givens	M	41	2:24.78	1
3	Goldie	Daniels	F	42	2:37.09	1
4	Debbie	Lee	F	58	2:56.67	1
5	Tina	Bowman	F	61	3:25.06	1

1000m

[Race Photo](#)

1	Mike	Kuoppomaki	M	39	3:08.90	1
	Joe	de la Puente	M	58	DNF	
	David	Woods	M	45	DNF	

Mile

[Race Photo](#)

1	Barry	Givens	M	41	5:01.97	1
2	Heidi	Walker	F	40	5:58.09	1
3	Debbie	Lee	F	58	6:16.26	1
4	Tatjana	Trout	F	44	6:16.29	2
5	Alexandria	Kochadoanian	F	33	7:13.14	1
	Jon	Barkman	M	76	DNF	

3000m

[Race Photo](#)

1	Steve	Brumwell	M	53	10:46.17	1
2	Heidi	Walker	F	40	11:26.14	1
3	Tatjana	Trout	F	44	12:03.31	2
4	Bill	Fitzpatrick	M	64	12:17.79	1
5	Alexandria	Kochadoanian	F	33	13:48.89	1

60m Hurdles

1.3M/S

[Race Photo](#)

1	Thad	Wilson	M	64	9.53	1
2	Ross	Jones	M	61	10.26	2
3	John	Allaire	M	55	12.09	1
4	Joe	de la Puente	M	58	12.80	2

60m Hurdles
1.2M/S[Race Photo](#)

1	Mike	Kuoppomaki	M	39	8.68			1
2	David	Woods	M	45	13.32			1

Long Jump

Mike	Kuoppomaki	M	39	6.28	-1.4	1
Stephen	Lyles	M	28	5.18	-1.5	1
Gary	McCullough	M	52	4.79	+0.1	1
Thad	Wilson	M	64	4.74	-0.9	1
Kirk	Bentz	M	60	4.67	-2.1	2
Rick	Censullo	M	61	4.17	-0.2	3
Joe	de la Puente	M	58	4.17	+0.6	1
Rita	Hanscom	F	60	4.14	-1.7	1
Stanley	Royster	M	68	4.12	+0.6	1
Mary	Stoll	F	54	3.89	-0.8	1
David	Woods	M	45	3.84	0.0	1
Linda	Cohn	F	60	3.59	-1.3	2
Jennifer	Jones	F	54	3.03	-1.1	2

Triple Jump

Kirk	Bentz	M	60	9.93	-0.5	1
Linda	Cohn	F	62	8.09	-1.8	1
Annelies	Steekelenburg	F	66	6.82	-1.0	2
Steve	Ryan	M	74	6.58	-2.3	1
Debbie	Lee	F	56	4.33	+1.6	1

High Jump

Mike	Kuoppomaki	M	39	1.75		1
James	Goodreau	M	69	1.40		1
Joe	de la Puente	M	55	1.35		2
Rita	Hanscom	F	60	1.30		1
Annelies	Steekelenburg	F	66	1.25		1
Karen	Vaughn	F	57	1.05		1
David	Woods	M	45	NH		

Pole Vault

Jon	Stoll	M 54	3.80	1
Kirk	Bentz	M 60	3.65	1
Dan	Cassidy	M 57	2.60	2
Rita	Hanscom	F 60	2.60	1

Weight Throw

Linda	Cohn	F 62	9.93	1
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Shot Put

Mike	Kuoppomaki	M 39	11.69	1
John	Stoll	M 54	10.01	1
Lawrence	Barry	M 75	9.61	1
David	Woods	M 45	9.23	1
Linda	Cohn	F 62	9.10	1
Joe	de la Puente	M 58	8.75	1
Rita	Hanscom	F 60	8.40	2
Karen	Vaughn	F 57	8.18	1
Richard	Johnson	M 77	7.99	2
Mary	Stoll	F 54	7.05	1
Andrew	Bard	M 65	5.82	1

Discus

Mike	Tipping	M 62	32.28	1
Lawrence	Barry	M 75	28.74	1
Richard	Johnson	M 77	22.94	2
Linda	Cohn	F 62	22.36	1
Rita	Hanscom	F 60	22.26	2
Annelies	Steekelenburg	F 66	17.72	1

Pentathlon (men)

	60H	LJ	SP	HJ	1000	Total
Mike Kuoppomaki M39	8.68	6.28	11.69	1.75	3:08.90	
	8.71	6.47	12.11	1.79	3:06.95	
Points	811	691	613	619	598	3332
Joe de la Puente M58	12.80	4.17	8.75	1.35	DNF	
	11.08	5.47	11.11	1.53	NM	
Points	355	475	553	411	0	1794
David Woods M45	13.32	3.84	9.23	NH	DNF	
	12.18	4.43	10.52	NM	NM	
Points	205	278	517	0	0	1000