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HY-TEK's Meet Manager 6/16/2013 12:53 PM

USATF West Region Masters Championships

Cal Tech

Results

W35 100 M Dash

Name	Age	Team	Finals	Wind	H#
Finals					
1 Mary Lou Johnson	W38	SC Striders	13.25	1.0	2
2 April Jace	W39	Elite Health	13.44	1.0	2

W40 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Grace Quek	W41	Unattached	15.34	1.0	2

W45 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Cadence Baron	W48	Unattached	16.58	1.0	2

W55 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Linda Hillebrand	W56	Unattached	14.75	1.0	2

W60 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Brenda Matthews	W63	SC Striders	14.67	2.3	
2 Linda Cohn	W60	SC Striders	15.86	2.3	
3 Freddie Braxton	W63	Trojan Maste	20.30	2.3	

W65 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Andrea Winkler	W68	Unattached	24.78	2.3	

W70 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Kathy Bergen	W73	SC Striders	14.78	1.0	2

M35 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Adrian Perez	M37	Unattached	12.41	1.3	3

M40 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 David Lee	M41	Unattached	11.73	0.2	6
2 Anthony Wall	M43	Unattached	11.75	0.2	6
3 John Sawamura	M43	Unattached	12.36	0.2	6
4 Diedrick Joseph	M43	Elite Health	12.73	0.2	6
5 Joe Blackman	M42	So Cal Track	12.91	0.2	6
6 David Ramthun	M44	California P	15.62	0.2	6

M45 100 M Dash

Name	Age	Team	Finals	Wind	H#
1 Derek Pye	M45	So Cal Track	11.57	0.3	5
2 James Lawson	M49	So Cal Track	11.93	0.3	5
3 Mark Warren	M45	Unattached	12.26	0.3	5

4	Steve Rizzo	M45	Unattached	12.84	0.3	5
5	Albert Nicholson Jr	M46	Elite Health	13.02	0.3	5
6	Brian Gore	M45	Unattached	13.36	0.3	5
7	Alan Sheehy	M47	Unattached	13.73	0.3	5
--	Kei Hirayama	M47	Unattached	DNF	0.3	5

M50 100 M Dash

Name	Age	Team	Finals	Wind	H#	
1	Bruce Cramer	M52	So Cal Track	12.40	0.9	4
2	Tommy Baker	M51	Unattached	12.42	0.9	4
3	Kevin Biggers	M51	Trojan Maste	12.63	0.9	4
4	Luis Huarcaya	M54	Peru	12.65	0.9	4
5	Jon Kurihara	M51	Unattached	12.84	0.9	4
6	Victor Wilson	M53	Unattached	13.23	0.9	4

M55 100 M Dash

Name	Age	Team	Finals	Wind	H#	
1	Joseph Patridge II	M55	Unattached	12.28	1.3	3
2	Chip Crowl	M58	So Cal Track	13.14	1.3	3

M60 100 M Dash

Name	Age	Team	Finals	Wind	H#	
1	Damien Leake	M60	SC Striders	12.06	0.2	2
2	Thaddeus Wilson Sr	M62	Pacific Coas	12.46	0.2	2
3	Stephen Kloch	M61	So Cal Track	13.22	0.2	2
4	Jim Stevens	M61	So Cal Track	13.23	0.2	2
5	Robert Richardson	M60	SC Striders	13.31	0.2	2

M65 100 M Dash

Name	Age	Team	Finals	Wind	
1	James Cameron	M67	Unattached	15.71	-0.7
2	Ronnie Muranaka	M69	SC Striders	15.86	-0.7

M70 100 M Dash

Name	Age	Team	Finals	Wind	
1	Karl Thorpe Sr	M74	Unattached	15.54	-0.7

M75 100 M Dash

Name	Age	Team	Finals	Wind	
1	Paul Osborn	M76	Unattached	18.16	-0.7

W35 200 M Dash

Name	Age	Team	Finals	Wind	
1	April Jace	W39	Elite Health	28.22	-0.2

W40 200 M Dash

Name	Age	Team	Finals	Wind	
1	Vanessa Juarez	W43	Elite Health	27.93	-0.2

W45 200 M Dash

Name	Age	Team	Finals	Wind	
1	Andi-Andrea Rolfe	W47	Trojan Maste	27.17	-0.2

W60 200 M Dash

Name	Age	Team	Finals	Wind	
1	Jeanne Bowman	W60	SC Striders	33.76	-0.2

W65 200 M Dash

Name	Age Team	Finals	Wind
1 Andrea Winkler	W68 Unattached	52.23	-0.2

M35 200 M Dash

Name	Age Team	Finals	Wind	H#
1 Adrian Perez	M37 Unattached	24.27	-1.1	5
2 Matthew Walker	M37 Unattached	24.67	-1.1	5

M40 200 M Dash

Name	Age Team	Finals	Wind	H#
1 Anthony Wall	M43 Unattached	24.37	-1.1	5
2 David Lee	M41 Unattached	24.47	-1.1	5
3 Diedrick Joseph	M43 Elite Health	25.40	-1.1	5
4 Joe Blackman	M42 So Cal Track	26.25	-1.1	5

M45 200 M Dash

Name	Age Team	Finals	Wind	H#
1 James Lawson	M49 So Cal Track	23.64	-1.5	4
2 Mark Warren	M45 Unattached	25.45	-1.5	4
3 John Garratt	M46 Track Club L	25.76	-1.5	4
4 Albert Nicholson Jr	M46 Elite Health	26.49	-1.5	4

M50 200 M Dash

Name	Age Team	Finals	Wind	H#
1 Robert Foster	M51 So Cal Track	25.79	0.9	3
2 Bruce Cramer	M52 So Cal Track	26.11	0.9	3

M55 200 M Dash

Name	Age Team	Finals	Wind	H#
1 Philip Hill	M56 Elite Health	26.88	0.9	3
2 David McLawhorn	M58 So Cal Track	29.84	0.9	3

M60 200 M Dash

Name	Age Team	Finals	Wind	H#
1 Thaddeus Wilson Sr	M62 Pacific Coas	26.28	0.5	2
2 Stephen Kloch	M61 So Cal Track	27.53	0.5	2

M70 200 M Dash

Name	Age Team	Finals	Wind
1 Karl Thorpe Sr	M74 Unattached	33.30	0.9

M75 200 M Dash

Name	Age Team	Finals	Wind
1 Jesse Carrington Jr	M77 Unattached	32.62	0.9

W35 400 M Dash

Name	Age Team	Finals	H#
1 Mary Lou Johnson	W38 SC Striders	60.35	2

W40 400 M Dash

Name	Age Team	Finals	H#
1 Vanessa Juarez	W43 Elite Health	62.02	2
2 Grace Quek	W41 Unattached	71.11	2

W45 400 M Dash

Name	Age	Team	Finals	H#
1 Andi-Andrea Rolfe	W47	Trojan Maste	61.09	2
2 Grace Edgerly	W46	Elite Health	70.14	2

W60 400 M Dash

Name	Age	Team	Finals
1 Freddie Braxton	W63	Trojan Maste	1:44.04

W65 400 M Dash

Name	Age	Team	Finals
1 Andrea Winkler	W68	Unattached	1:57.84

W70 400 M Dash

Name	Age	Team	Finals
1 Kemisole Solwazi	W73	So Cal Track	1:30.69

M30 400 M Dash

Name	Age	Team	Finals	H#
1 Keith Chambers	M34	Track West	53.56	4

M35 400 M Dash

Name	Age	Team	Finals	H#
1 Adrian Perez	M37	Unattached	53.98	4

M40 400 M Dash

Name	Age	Team	Finals	H#
1 Jason Rhodes	M40	So Cal Track	53.21	4
2 John Sawamura	M43	Unattached	58.64	4
3 Marcellus Willis	M41	Trojan Maste	60.36	4

M45 400 M Dash

Name	Age	Team	Finals	H#
1 James Lawson	M49	So Cal Track	52.35	3
2 John Garratt	M46	Track Club L	57.86	3
3 Brian Gore	M45	Unattached	58.23	3
4 BaoKim Coleman	M46	Trojan Maste	63.29	3

M50 400 M Dash

Name	Age	Team	Finals	H#
1 Robert Foster	M51	So Cal Track	58.78	2
2 Jesse Ricke	M52	A Snail's Pa	61.07	2
3 David Lucas Sr	M54	So Cal Track	64.47	2

M60 400 M Dash

Name	Age	Team	Finals
1 Richard Watson	M60	AZ Desert Th	1:34.23

M65 400 M Dash

Name	Age	Team	Finals
1 Frederick Lindsley	M68	So Cal Track	67.52

M75 400 M Dash

Name	Age	Team	Finals
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=====
1 Jesse Carrington Jr M77 Unattached 76.37

W40 800 M Run

=====
Name Age Team Finals
=====
1 Michelle Ishio W41 Track West 2:34.55

W65 800 M Run

=====
Name Age Team Finals
=====
1 Andrea Winkler W68 Unattached 4:36.89

M30 800 M Run

=====
Name Age Team Finals
=====
1 Rico Greenhouse M32 Track West 1:56.82
2 Keith Chambers M34 Track West 2:12.98

M35 800 M Run

=====
Name Age Team Finals
=====
1 Damien Demaj M36 So Cal Track 2:06.86
2 Barry Givens M39 So Cal Track 2:14.58

M40 800 M Run

=====
Name Age Team Finals
=====
1 Darren Cox M43 So Cal Track 2:16.25
2 Joe Burwell M43 Unattached 2:57.15

M45 800 M Run

=====
Name Age Team Finals
=====
1 Michael Sudo M46 Cal Coast Tr 2:17.04
2 Michael Patton M48 Unattached 2:17.91
3 Rami Ghandour M49 Unattached 2:21.37

M50 800 M Run

=====
Name Age Team Finals
=====
1 Allen Smith M50 Unattached 2:17.30
2 Jesse Ricke M52 A Snail's Pa 2:23.48
-- Brad Reed M52 Unattached DNF

M55 800 M Run

=====
Name Age Team Finals
=====
1 Scott Browning M55 Cal Coast Tr 2:17.87
2 David McLawhorn M58 So Cal Track 2:46.74

M60 800 M Run

=====
Name Age Team Finals
=====
1 Nolan Shaheed M63 So Cal Track 2:16.07
2 Rick Muth M64 SC Striders 3:10.97

M75 800 M Run

=====
Name Age Team Finals
=====
1 Carlos Uribe M75 Unattached 3:45.27

W40 1500 M Run

=====
Name Age Team Finals
=====
1 Michelle Ishio W41 Track West 5:18.44

W45 1500 M Run

Name	Age	Team	Finals
1 Grace Edgerly	W46	Elite Health	6:07.42

W50 1500 M Run

Name	Age	Team	Finals
1 Rochelle Welch-Turner	W54	Elite Health	7:07.39

W65 1500 M Run

Name	Age	Team	Finals
1 Andrea Winkler	W68	Unattached	9:20.81

M35 1500 M Run

Name	Age	Team	Finals
1 Barry Givens	M39	So Cal Track	4:29.01
2 Jeremy Caddell	M36	So Cal Track	4:56.41

M40 1500 M Run

Name	Age	Team	Finals
1 Darren Cox	M43	So Cal Track	4:35.52
2 Joe Burwell	M43	Unattached	6:03.29

M50 1500 M Run

Name	Age	Team	Finals
1 Oliver Gallego	M51	Elite Health	5:08.94
2 Jesse Ricke	M52	A Snail's Pa	5:19.40

M55 1500 M Run

Name	Age	Team	Finals
1 Brian Nelson	M55	So Cal Track	4:41.49
2 Basil Scott II	M58	So Cal Track	4:58.53
3 Eric Clifton	M55	Unattached	5:47.02

M60 1500 M Run

Name	Age	Team	Finals
1 Bob Morris	M60	A Snail's Pa	4:59.69
2 David West	M60	So Cal Track	6:05.64

M75 1500 M Run

Name	Age	Team	Finals
1 Carlos Uribe	M75	Unattached	7:04.87

W30 1 Mile Run

Name	Age	Team	Finals
1 Paloma Duran De Epstein	W33	So Cal Track	6:40.61

W55 1 Mile Run

Name	Age	Team	Finals
1 Debbie Lee	W56	So Cal Track	6:13.85

W65 1 Mile Run

Name	Age	Team	Finals
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1 Andrea Winkler W68 Unattached 9:57.16

M35 1 Mile Run

Name	Age	Team	Finals
1 Barry Givens	M39	So Cal Track	4:50.95

M40 1 Mile Run

Name	Age	Team	Finals
1 Thomas Schmierer	M40	Unattached	5:28.54

M45 1 Mile Run

Name	Age	Team	Finals
1 Mark Steuer	M46	So Cal Track	5:06.78
2 James Maynard	M45	Cal Coast Tr	5:17.95

M55 1 Mile Run

Name	Age	Team	Finals
1 David McLawhorn	M58	So Cal Track	6:23.91
2 Eric Clifton	M55	Unattached	6:28.73

W30 5000 M Run

Name	Age	Team	Finals
1 Paloma Duran De Epstein	W33	So Cal Track	23:30.58

W55 5000 M Run

Name	Age	Team	Finals
1 Debbie Lee	W56	So Cal Track	21:10.09

M50 5000 M Run

Name	Age	Team	Finals
1 Oliver Gallego	M51	Elite Health	18:23.66

M55 5000 M Run

Name	Age	Team	Finals
1 Basil Scott II	M58	So Cal Track	18:17.65
2 Steve Brumwell	M55	So Cal Track	18:39.41
3 Eric Clifton	M55	Unattached	20:27.59
4 Michael Berger	M56	Track Club L	24:39.09

M60 5000 M Run

Name	Age	Team	Finals
1 Steve Lassegard	M61	Cal Coast Tr	20:45.49
2 Don Davidson	M62	So Cal Track	23:00.26
3 Alan Siddons	M61	SC Striders	25:44.13

M75 5000 M Run

Name	Age	Team	Finals
1 Carlos Uribe	M75	Unattached	25:24.53
2 Gordon Mc Clenathen	M79	Unattached	29:18.01

M80 5000 M Run

Name	Age	Team	Finals
1 Gunnar Linde	M84	Santa Monica	27:28.40

M30 10000 M Run

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=====
Name                Age Team                Finals
=====
1 Juan Morales      M33 Cal Coast Tr      34:04.11

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M40 10000 M Run

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=====
Name                Age Team                Finals
=====
1 Mark Steyvers    M43 Cal Coast Tr      34:03.96

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M45 10000 M Run

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=====
Name                Age Team                Finals
=====
1 Gerard Deegan    M45 ARC Run Club      39:29.65
2 Brian Panosian   M47 Track Club L      40:25.16

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M55 10000 M Run

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=====
Name                Age Team                Finals
=====
1 Basil Scott II   M58 So Cal Track      38:36.70
2 Eric Clifton     M55 Unattached        40:58.73
3 Michael Berger   M56 Track Club L      51:34.72

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M65 10000 M Run

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=====
Name                Age Team                Finals
=====
1 Jan Wysocki      M65 Unattached        47:27.88

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M80 10000 M Run

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=====
Name                Age Team                Finals
=====
1 Gunnar Linde     M84 Santa Monica     57:41.94

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M70 80 Short Hurdles 80 meter

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=====
Name                Age Team                Finals  Wind
=====
1 Fred Niedermeyer M73 Unattached        17.84  -0.3

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M50 100 Short Hurdles 100 meter

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=====
Name                Age Team                Finals  Wind H#
=====
1 Gregory Charles   M52 So Cal Track      19.76  0.6  2

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M55 100 Short Hurdles 100 meter

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=====
Name                Age Team                Finals  Wind H#
=====
1 Mahmoud Niroumand M56 So Cal Track      16.90  0.6  2
2 Jeffery Davison   M55 So Cal Track      19.50  0.6  2

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M60 100 Short Hurdles 100 meter

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=====
Name                Age Team                Finals  Wind
=====
1 Thaddeus Wilson Sr M62 Pacific Coas     15.27  -0.6

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M65 100 Short Hurdles 100 meter

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=====
Name                Age Team                Finals  Wind
=====
1 Otis Burrell     M69 Unattached        21.56  -0.6

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M60 300 Long Hurdles 300 meter

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=====
Name                Age Team                Finals
=====
1 Thaddeus Wilson Sr M62 Pacific Coas     46.15

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M75 300 Long Hurdles 300 meter

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Name	Age Team	Finals
1 Jesse Carrington Jr	M77 Unattached	64.78

M45 400 Long Hurdles 400 meter

Name	Age Team	Finals
1 Steve Rizzo	M45 Unattached	65.70

M60 2000 M Steeplechase

Name	Age Team	Finals
1 Bill Fitzpatrick	M62 Unattached	8:57.33

M75 2000 M Steeplechase

Name	Age Team	Finals
1 Gordon Mc Clenathen	M79 Unattached	12:21.24

M55 3000 M Steeplechase

Name	Age Team	Finals
1 Eric Clifton	M55 Unattached	13:57.89

M29&U 4x100 M Relay

Team	Finals
1 So Cal Track Club 'A'	50.19
1) Robert Foster 51	2) Joe Blackman 42
3) Stephen Kloch 61	4) James Lawson 49

W29&U 4x800 M Relay

Team	Finals
1 The Janes Elite Racing 'A'	9:53.37
1) Tania Fischer 47	2) Claudette Groendaal 49
3) Kirsten Leetch 47	4) Christine Gentile 43
2 The Janes Elite Racing 'B'	11:34.80
1) Ingrid Walters 41	2) Victoria Chapus 49
3) Lisa Davis 48	4) Maria Rogers 48

W50 High Jump

Name	Age Team	Finals
1 Sue McDonald	W50 Santa Barbar	1.57m 5-01.75
1.45 1.50 1.57 1.61		
O O XXO XXX		

W65 High Jump

Name	Age Team	Finals
1 Annelies Steekelenburg	W65 SC Striders	1.25m 4-01.25
1.10 1.15 1.20 1.22 1.25 1.30		
O O O P O XXX		

W70 High Jump

Name	Age Team	Finals
1 Kathy Bergen	W73 SC Striders	1.22m 4-00.00
1.05 1.10 1.15 1.20 1.22 1.25		
O O O XO XXO XXX		

M40 High Jump

M60+ 8:00am
M30-59 8:30am

Name	Age Team	Finals
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1 Diedrick Joseph M43 Elite Health 1.40m 4-07.00
1.40 1.45
O XXX

M55 High Jump

M60+ 8:00am
M30-59 8:30am

Name	Age Team	Finals
1 Peter Hlavin	M55 So Cal Track	1.74m 5-08.50
1.55 1.61 1.69 1.74 1.79		
O O XXO O X		
2 Mahmoud Niroumand	M56 So Cal Track	1.50m 4-11.00
1.40 1.45 1.50 1.55		
O O XO XXX		
3 Michael Gordon	M58 Unattached	1.30m 4-03.25
1.20 1.25 1.30 1.35		
O O XXO XXX		

M60 High Jump

M60+ 8:00am
M30-59 8:30am

Name	Age Team	Finals
1 Jim Stevens	M61 So Cal Track	1.45m 4-09.00
1.30 1.35 1.40 1.45 1.60		
O P O O XXX		

M65 High Jump

M60+ 8:00am
M30-59 8:30am

Name	Age Team	Finals
1 Charlie Rader	M65 So Cal Track	1.50m 4-11.00
1.45 1.50 1.55		
O XO XXX		
2 Otis Burrell	M69 Unattached	1.40m 4-07.00
1.35 1.40 1.45		
O XXO XXX		

M75 High Jump

M60+ 8:00am
M30-59 8:30am

Name	Age Team	Finals
1 Bert Bergen	M75 SC Striders	1.25m 4-01.25
1.10 1.15 1.20 1.22 1.25 1.30		
O O O XO XXO XXX		

M50 Pole Vault

M60+ 7:45am
M30-59 9:45am

Name	Age Team	Finals
1 Gregory Charles	M52 So Cal Track	3.40m 11-01.75
3.40 3.55 3.70		
O P XXX		

M55 Pole Vault

M60+ 7:45am
M30-59 9:45am

Name	Age Team	Finals
1 Kirk Bentz	M58 So Cal Track	3.70m 12-01.50
3.70 3.85		
O XXX		
2 Richard Morales	M56 Unattached	2.95m 9-08.00
2.80 2.95 3.10		
O O XXX		

M60 Pole Vault

M60+ 7:45am
M30-59 9:45am

Name	Age Team	Finals
1 Kevin Burnett 3.10 3.27 O XXX	M60 Unattached	3.10m 10-02.00
2 Richard Watson 1.50 1.65 1.80 1.95 2.10 2.25 O XXO O O O O	M60 AZ Desert Th	2.25m 7-04.50

W60 Long Jump

Name	Age Team	Finals	Wind
1 Linda Cohn 3.27m(+0.0) 3.47m(1.0) FOUL(+0.0) 4.00m(+0.0) 3.59m(0.7)	W60 SC Striders	4.00m	+0.0 13-01.50
2 Brenda Matthews 3.36m(+0.0) 3.26m(1.8) 3.82m(1.4) FOUL(0.6) 3.57m(0.2)	W63 SC Striders	3.82m	1.4 12-06.50

M40 Long Jump

M30-59 8:30am
M60+ 10:45am

Name	Age Team	Finals	Wind
1 Joe Blackman FOUL(0.2) 5.02m(0.5) 5.04m(1.7)	M42 So Cal Track	5.04m	1.7 16-06.50

M45 Long Jump

M30-59 8:30am
M60+ 10:45am

Name	Age Team	Finals	Wind
1 Derek Pye 5.29m(+0.0) 5.82m(+0.0) 5.58m(+0.0)	M45 So Cal Track	5.82m	+0.0 19-01.25
2 Steve Rizzo 4.97m(+0.0) 4.89m(1.0) 4.79m(0.5) 5.01m(+0.0) 5.05m(+0.0)	M45 Unattached	5.05m	+0.0 16-07.00
3 Alan Sheehy 4.31m(0.5) 4.72m(0.7) FOUL(0.2) 4.84m(+0.0) 4.67m(0.5)	M47 Unattached	4.84m	+0.0 15-10.50
4 Art Morrow FOUL(0.4) 2.75m(0.3) 2.93m(1.0)	M48 So Cal Track	2.93m	1.0 9-07.50

M50 Long Jump

M30-59 8:30am
M60+ 10:45am

Name	Age Team	Finals	Wind
1 Bruce Cramer 5.35m(0.1) 5.34m(1.4) 5.04m(0.5)	M52 So Cal Track	5.35m	0.1 17-06.75

M55 Long Jump

M30-59 8:30am
M60+ 10:45am

Name	Age Team	Finals	Wind
1 Mahmoud Niroumand 4.70m(-0.1) 5.06m(0.7)	M56 So Cal Track	5.06m	0.7 16-07.25
2 Kirk Bentz 4.69m(+0.0) 4.92m(+0.0) 4.90m(0.3) 4.95m(1.2) 4.96m(+0.0) 5.00m(1.1)	M58 So Cal Track	5.00m	1.1 16-05.00
3 Chip Crowl 4.17m(1.2) 4.74m(1.2) 4.28m(1.3)	M58 So Cal Track	4.74m	1.2 15-06.75
4 David McLawhorn FOUL(+0.0) FOUL(0.8) FOUL(0.6) FOUL(+0.0) 4.02m(+0.0) 4.33m(0.2)	M58 So Cal Track	4.33m	0.2 14-02.50

M60 Long Jump

M30-59 8:30am
M60+ 10:45am

Name	Age Team	Finals	Wind
1 Damien Leake 5.01m(+0.0) FOUL(0.1) 4.59m(1.1)	M60 SC Striders	5.01m	+0.0 16-05.25

2 Jim Stevens M61 So Cal Track 4.97m +0.0 16-03.75
 4.51m(+0.0) 4.64m(-0.3) 4.96m(+0.0) FOUL(0.1) 4.97m(+0.0) 4.89m(1.1)
 3 Richard Watson M60 AZ Desert Th 3.67m -0.2 12-00.50
 FOUL(1.0) 3.67m(-0.2) 3.58m(0.1) FOUL(+0.0) FOUL(0.3) FOUL(0.5)

M75 Long Jump

M30-59 8:30am

M60+ 10:45am

Name	Age Team	Finals	Wind
1 Paul Osborn	M76 Unattached	3.98m	+0.0 13-00.75
2.79m(0.2) 2.75m(+0.0) 3.98m(+0.0)			
2 Bert Bergen	M75 SC Striders	3.61m	+0.0 11-10.25
3.24m(+0.0) 3.33m(0.5) FOUL(1.7) 3.58m(0.5) 3.61m(+0.0) 3.61m(+0.0)			

W30 Triple Jump

Name	Age Team	Finals	Wind
1 Pascale Delaunay	W30 Cheetahs Int	12.48m	0.9 40-11.50
12.12m(1.6) 12.18m(+0.0) FOUL(1.3) FOUL(+0.0) 12.14m(-0.9) 12.48m(0.9)			

W60 Triple Jump

Name	Age Team	Finals	Wind
1 Linda Cohn	W60 SC Striders	7.92m	-0.2 26-00.00
7.92m(-0.2) 7.43m(+0.0) 7.23m(-0.9) PASS PASS PASS			

M40 Triple Jump

Name	Age Team	Finals	Wind
1 Joe Blackman	M42 So Cal Track	10.68m	-0.2 35-00.50
10.68m(-0.2) 9.81m(0.8) 9.81m(+0.0) 10.08m(-1.2) 10.10m(1.7) 10.41m(+0.0)			

M50 Triple Jump

Name	Age Team	Finals	Wind
1 Bruce Cramer	M52 So Cal Track	10.77m	NWI 35-04.00
10.66m(+0.0) 10.17m(+0.0) 10.64m(+0.0) 10.77m(-0.0)			

M55 Triple Jump

Name	Age Team	Finals	Wind
1 Mahmoud Niroumand	M56 So Cal Track	10.71m	+0.0 35-01.75
10.71m(+0.0) 10.10m(-0.8)			
2 David McLawhorn	M58 So Cal Track	8.57m	1.1 28-01.50
8.02m(+0.0) FOUL(+0.0) 8.26m(1.2) 8.53m(0.6) 8.55m(+0.0) 8.57m(1.1)			
3 Michael Gordon	M58 Unattached	6.65m	0.7 21-10.00
FOUL(+0.0) FOUL(+0.0) 6.32m(1.5) 6.59m(+0.0) 6.47m(+0.0) 6.65m(0.7)			

M60 Triple Jump

Name	Age Team	Finals	Wind
1 John Tomaschke	M63 So Cal Track	10.03m	+0.0 32-11.00
9.99m(+0.0) 10.00m(0.7) 9.76m(+0.0) 10.02m(-0.3) 10.03m(+0.0) 10.01m(+0.0)			
2 Jim Stevens	M61 So Cal Track	9.67m	1.6 31-08.75
9.38m(+0.0) 9.67m(1.6) 9.34m(-1.6) 8.87m(-0.9) PASS PASS			
3 Robert Richardson	M60 SC Striders	9.18m	+0.0 30-01.50
9.18m(+0.0) FOUL(0.7)			
4 Patrick Pittman	M60 Trojan Maste	8.67m	0.3 28-05.50
7.75m(+0.0) 7.28m(0.7) 7.48m(+0.0) 7.60m(0.9) 8.43m(0.1) 8.67m(0.3)			

M65 Triple Jump

Name	Age Team	Finals	Wind
1 Carl Flowers	M66 So Cal Track	8.77m	+0.0 28-09.25
8.77m(+0.0) 8.58m(+0.0) 8.54m(0.1) 8.25m(-0.6) FOUL(-1.8)			

M75 Triple Jump

Name	Age Team	Finals	Wind
1 Paul Osborn	M76 Unattached	6.11m	+0.0 20-00.50
FOUL(+0.0) 6.11m(+0.0) FOUL(+0.0) 5.63m(+0.0) 6.00m(-0.8) 5.84m(0.7)			

W30 Shot Put

Name	Age Team	Finals
1 Paloma Duran De Epstein	W33 So Cal Track	6.17m 20-03.00
5.36m 5.84m 6.17m 5.51m 5.65m PASS		

W35 Shot Put

Name	Age Team	Finals
1 Adreana Cano	W38 Unattached	9.65m 31-08.00
9.27m 8.63m 8.80m 9.65m 8.87m 9.61m		

W50 Shot Put

Name	Age Team	Finals
1 Shaaron Sellars	W50 Atlanta Trac	6.15m 20-02.25
5.62m 5.88m FOUL 6.15m 5.72m FOUL		

W60 Shot Put

Name	Age Team	Finals
1 Linda Cohn	W60 SC Striders	9.74m 31-11.50
8.80m 8.98m 9.74m 9.49m FOUL 9.24m		
2 Joan Stratton	W61 Unattached	9.28m 30-05.50
9.10m 9.04m 9.25m 9.28m FOUL 9.16m		
3 Brenda Matthews	W63 SC Striders	8.37m 27-05.50
8.14m 8.33m 7.88m 8.37m 8.33m FOUL		

M30 Shot Put

Name	Age Team	Finals
1 Nick Garcia	M34 Unattached	17.48m 57-04.25
17.48m 17.23m 17.01m 17.11m FOUL 17.01m		
2 Mike Rainis	M34 So Cal Track	14.98m 49-01.75
14.58m 14.69m 14.71m 14.69m 14.96m 14.98m		

M40 Shot Put

Name	Age Team	Finals
1 Diedrick Joseph	M43 Elite Health	9.15m 30-00.25
9.15m PASS PASS PASS PASS PASS		

M45 Shot Put

Name	Age Team	Finals
1 Greg Retzer	M48 So Cal Track	8.81m 28-11.00
7.43m 8.81m PASS PASS PASS PASS		
2 Alan Sheehy	M47 Unattached	8.26m 27-01.25
FOUL 8.26m PASS PASS PASS PASS		

M50 Shot Put

Name	Age Team	Finals
1 Chris Boomhower	M53 Unattached	13.82m 45-04.25
13.07m 13.51m 13.41m 13.82m FOUL FOUL		
2 Jeff Crothers	M54 AZ Desert Th	9.28m 30-05.50
9.28m 9.24m FOUL PASS PASS PASS		

M55 Shot Put

Name	Age Team	Finals
1 Greg Holden	M55 Unattached	13.16m 43-02.25
12.76m 12.71m FOUL 12.13m FOUL 13.16m		

2	Wayne Tweddell	M58 Unattached	10.58m	34-08.50
	9.95m FOUL 10.11m 10.21m 10.58m FOUL			
3	Chip Crowl	M58 So Cal Track	9.34m	30-07.75
	9.25m 9.34m FOUL 9.20m FOUL FOUL			

M60 Shot Put

Name	Age Team	Finals
1 Quenton Torbert	M61 Unattached	15.82m 51-11.00
	15.43m FOUL 15.82m 15.43m 14.63m 15.46m	
2 Gerald Althouse	M60 Unattached	11.86m 38-11.00
	10.89m 11.40m 11.86m 11.30m 11.55m FOUL	
3 Richard Watson	M60 AZ Desert Th	10.02m 32-10.50
	9.22m 9.74m 9.50m 9.57m 9.89m 10.02m	

M65 Shot Put

Name	Age Team	Finals
1 William Harvey	M67 Unattached	12.82m 42-00.75
	FOUL 12.73m 12.64m 12.82m 12.70m 12.72m	

M70 Shot Put

Name	Age Team	Finals
1 Ken Hurlbert	M73 Unattached	12.23m 40-01.50
	11.97m 11.83m 12.23m FOUL 11.87m 11.73m	
2 Harold Sheakley	M72 Unattached	9.47m 31-01.00
	FOUL 8.83m 8.53m 9.28m 9.34m 9.47m	

M75 Shot Put

Name	Age Team	Finals
1 Joe Durrenberger	M78 Unattached	9.15m 30-00.25
	9.02m 8.93m FOUL 9.15m FOUL FOUL	

M80 Shot Put

Name	Age Team	Finals
1 Wayne Sabin	M80 Oregon Track	10.33m 33-10.75
	9.43m 10.33m 9.53m 9.71m 9.62m 9.89m	

W35 Discus Throw

Name	Age Team	Finals
1 Adreana Cano	W38 Unattached	27.04m 88-08
	FOUL 27.04m 23.84m FOUL 25.28m FOUL	

W50 Discus Throw

Name	Age Team	Finals
1 Shaaron Sellars	W50 Atlanta Trac	18.59m 61-00
	15.49m 15.59m 17.13m 14.68m 18.59m 17.65m	

W60 Discus Throw

Name	Age Team	Finals
1 Linda Cohn	W60 SC Striders	24.43m 80-02
	20.65m 23.67m 24.43m FOUL 21.59m 22.59m	
2 Joan Stratton	W61 Unattached	23.59m 77-05
	22.76m 23.37m FOUL FOUL FOUL 23.59m	

W65 Discus Throw

Name	Age Team	Finals
1 Annelies Steekelenburg	W65 SC Striders	18.74m 61-06
	18.74m 17.63m 15.87m	

W70 Discus Throw

```

=====
Name                Age Team                Finals
=====
1 Kathy Bergen      W73 SC Striders        15.63m    51-03
  14.86m FOUL  15.63m
    
```

M45 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 Greg Retzer      M48 So Cal Track        29.00m    95-02
  25.63m 28.44m FOUL FOUL 29.00m FOUL
    
```

M50 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 Bruce Cramer    M52 So Cal Track        30.33m    99-06
  29.54m FOUL 30.33m 24.25m FOUL 28.52m
    
```

M55 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 James Barry     M55 Unattached         33.43m    109-08
  30.56m 33.43m 28.98m 27.25m 28.26m 32.25m
2 David McLawhorn M58 So Cal Track        27.14m    89-00
  27.14m 26.62m 25.09m 25.97m 25.91m 25.20m
    
```

M60 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 Gerald Althouse M60 Unattached         37.29m    122-04
  FOUL 35.47m 34.93m 35.88m 37.29m FOUL
    
```

M65 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 William Harvey  M67 Unattached         40.82m    133-11
  38.48m FOUL FOUL FOUL 40.82m 39.03m
    
```

M70 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 David Merkowitz M71 Unattached         35.46m    116-04
  35.46m FOUL
    
```

M80 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
1 Wayne Sabin     M80 Oregon Track        27.53m    90-04
  27.12m 27.39m 27.53m 26.71m 25.62m 25.93m
    
```

M85 Discus Throw

```

=====
M30-64 7:00am
M65+ 9:00am
Name                Age Team                Finals
=====
    
```

1 Walter Atcheson M86 SC Striders 14.66m 48-01
14.66m 12.05m FOUL 13.86m 14.51m FOUL

W35 Hammer Throw

=====
Name Age Team Finals
=====
1 Adreana Cano W38 Unattached 32.41m 106-04
28.46m 31.75m FOUL FOUL 31.72m 32.41m

W60 Hammer Throw

=====
Name Age Team Finals
=====
1 Joan Stratton W61 Unattached 32.13m 105-05
FOUL 30.60m 32.02m 32.13m 30.59m 29.80m

M45 Hammer Throw

=====
Name Age Team Finals
=====
1 Greg Retzer M48 So Cal Track 42.19m 138-05
34.99m 39.37m 39.86m FOUL 42.19m FOUL

M50 Hammer Throw

=====
Name Age Team Finals
=====
1 Jeff Crothers M54 AZ Desert Th 38.25m 125-06
34.12m 37.64m 38.25m 36.84m 37.22m 37.65m

M55 Hammer Throw

=====
Name Age Team Finals
=====
1 John Edmonston M59 AZ Desert Th 36.01m 118-02
FOUL FOUL FOUL 34.89m 36.01m FOUL

M60 Hammer Throw

=====
Name Age Team Finals
=====
1 Thomas Meyer M61 Unattached 45.63m 149-08
44.91m FOUL FOUL 45.63m 43.71m FOUL
2 Richard Watson M60 AZ Desert Th 39.28m 128-10
36.01m 36.16m 39.28m 36.97m 39.18m FOUL

M80 Hammer Throw

=====
Name Age Team Finals
=====
1 Wayne Sabin M80 Oregon Track 30.63m 100-06
29.12m 29.11m 30.63m 30.54m 28.06m FOUL

W35 Javelin Throw

=====
Name Age Team Finals
=====
1 Adreana Cano W38 Unattached 29.45m 96-07
21.73m 28.17m 26.46m 26.86m 26.60m 29.45m

W50 Javelin Throw

=====
Name Age Team Finals
=====
1 Shaaron Sellars W50 Atlanta Trac 21.80m 71-06
17.15m 21.10m 21.80m FOUL 20.11m FOUL

W60 Javelin Throw

=====
Name Age Team Finals
=====
1 Linda Cohn W60 SC Striders 37.57m 123-03
37.57m 37.02m 36.55m 34.93m 33.00m 35.35m
2 Joan Stratton W61 Unattached 18.19m 59-08
18.19m 16.99m

W70 Javelin Throw

```

=====
Name                               Age Team                               Finals
=====
1 Kathy Bergen                      W73 SC Striders                      18.93m    62-01
   FOUL 17.88m 17.75m FOUL 18.93m 18.63m

```

M45 Javelin Throw

```

=====
M60+ 9:30am
M30-59 11:45am
Name                               Age Team                               Finals
=====
1 Art Morrow                       M48 So Cal Track                     23.43m    76-10
   FOUL 20.95m 23.43m 21.20m 21.72m 22.62m
2 Greg Retzer                       M48 So Cal Track                     21.83m    71-07
   21.83m 21.36m 21.77m FOUL FOUL FOUL

```

M50 Javelin Throw

```

=====
M60+ 9:30am
M30-59 11:45am
Name                               Age Team                               Finals
=====
1 Michael Shea                     M53 Unattached                       41.71m    136-10
   41.71m 41.51m 38.35m FOUL FOUL FOUL
2 Bruce Cramer                     M52 So Cal Track                     36.73m    120-06
   31.24m 36.73m 28.40m 31.03m FOUL 32.24m

```

M55 Javelin Throw

```

=====
M60+ 9:30am
M30-59 11:45am
Name                               Age Team                               Finals
=====
1 Mahmoud Niroumand                M56 So Cal Track                     43.40m    142-05
   43.19m 43.40m 41.03m FOUL 40.38m 41.59m
2 Greg Holden                      M55 Unattached                       38.70m    127-00
   35.90m FOUL 35.92m FOUL 38.70m FOUL
3 James Barry                      M55 Unattached                       38.34m    125-09
   33.28m FOUL 35.40m FOUL 38.34m 34.39m
4 David McLawhorn                  M58 So Cal Track                     23.59m    77-05
   22.09m FOUL FOUL FOUL 23.59m FOUL

```

M60 Javelin Throw

```

=====
M60+ 9:30am
M30-59 11:45am
Name                               Age Team                               Finals
=====
1 Robert Morris                    M63 Unattached                       37.85m    124-02
   35.23m 35.90m 35.07m 34.55m 34.57m 37.85m
2 Richard Watson                   M60 AZ Desert Th                     36.45m    119-07
   34.88m 35.40m FOUL FOUL 35.58m 36.45m
3 Ron Rook                          M64 Trojan Maste                     31.63m    103-09
   FOUL 30.89m 30.40m 31.63m FOUL 31.48m

```

M80 Javelin Throw

```

=====
M60+ 9:30am
M30-59 11:45am
Name                               Age Team                               Finals
=====
1 Wayne Sabin                      M80 Oregon Track                     20.18m    66-02
   19.41m FOUL FOUL 19.35m FOUL 20.18m

```

W35 Weight Throw

```

=====
Name                               Age Team                               Finals
=====
1 Adreana Cano                    W38 Unattached                       10.37m    34-00.25
   10.37m 9.88m FOUL 9.53m FOUL FOUL

```

W60 Weight Throw

```

=====
Name                               Age Team                               Finals
=====

```

1 Joan Stratton W61 Unattached 11.85m 38-10.50
FOUL 11.85m 11.57m 11.63m 10.13m 11.33m

M45 Weight Throw

=====
Name Age Team Finals
=====
1 Greg Retzer M48 So Cal Track 13.38m 43-10.75
11.57m 12.39m 12.81m 13.38m

M50 Weight Throw

=====
Name Age Team Finals
=====
1 Jeff Crothers M54 AZ Desert Th 13.22m 43-04.50
13.22m 13.12m 13.08m 12.83m 12.97m FOUL

M55 Weight Throw

=====
Name Age Team Finals
=====
1 John Edmonston M59 AZ Desert Th 12.61m 41-04.50
11.68m 12.14m 12.17m FOUL 12.61m FOUL

M60 Weight Throw

=====
Name Age Team Finals
=====
1 Thomas Meyer M61 Unattached 17.65m 57-11.00
16.49m 16.93m 17.65m FOUL 16.61m 17.14m

M75 Weight Throw

=====
Name Age Team Finals
=====
1 Joe Durrenberger M78 Unattached 7.48m 24-06.50
7.48m 7.18m 6.57m 6.17m

M80 Weight Throw

=====
Name Age Team Finals
=====
1 Wayne Sabin M80 Oregon Track 14.36m 47-01.50
13.74m FOUL 12.33m 14.16m 14.36m

W35 Super Weight

=====
Follows Weight Throw
Name Age Team Finals
=====
1 Adreana Cano W38 Unattached 6.69m 21-11.50
FOUL FOUL 4.17m FOUL 6.69m 5.28m

W60 Super Weight

=====
Follows Weight Throw
Name Age Team Finals
=====
1 Joan Stratton W61 Unattached 8.26m 27-01.25
7.06m 8.26m 7.29m

M45 Super Weight

=====
Follows Weight Throw
Name Age Team Finals
=====
1 Greg Retzer M48 So Cal Track 8.29m 27-02.50
FOUL 7.71m 8.07m 8.29m 8.17m 7.92m

M50 Super Weight

=====
Follows Weight Throw
Name Age Team Finals
=====
1 Jeff Crothers M54 AZ Desert Th 6.79m 22-03.50
6.02m FOUL 6.79m 6.49m 6.49m 6.65m

M75 Super Weight

```

=====
Follows Weight Throw
Name                Age Team                Finals
=====
1 Joe Durrenberger  M78 Unattached          4.14m   13-07.00
4.14m

```

M80 Super Weight

```

=====
Follows Weight Throw
Name                Age Team                Finals
=====
1 Wayne Sabin      M80 Oregon Track       9.33m   30-07.50
8.44m FOUL  9.33m  8.62m FOUL  6.96m

```

W55 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Paula Rasmussen  W58 So Cal Track       34:53.11

```

W60 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Wendy Clark      W60 Unattached         33:31.37
2 Susan Cottey     W60 Unattached         35:29.95

```

M45 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Art Morrow      M48 So Cal Track       32:41.25

```

M55 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Charles Tucker Brugh M57 So Cal Track       27:55.41

```

M60 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Hank Klein       M60 Unattached         36:23.10

```

M65 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Richard Campbell M67 So Cal Track       30:14.91
2 Paul Lawson      M66 Unattached         39:02.35

```

M70 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Wayne Wurzburger Sr M71 So Cal Track       33:41.42

```

M75 5000 M Race Walk

```

=====
Name                Age Team                Finals
=====
1 Carlos Acosta    M79 So Cal Track       35:25.69

```