

2011 USATF West Region Masters T&F Champs
Long Beach City College
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

W30 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
Finals					
1 Natasha Mayers	W32 unattached	11.79	1.4	11.79 88.97%	2

W35 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 April Jace	W37 Elite Health	13.76	1.4	13.63 77.03%	2

W45 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Alyson Ford	W46 Elite Health	15.95	1.4	14.24 73.67%	2
2 Marsha Jackson	W49 Elite Health	16.64	1.4	14.39 72.90%	2

W50 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Linda Hillebrand	W54 unattached	15.64	1.1	12.85 81.65%	
2 Lillie Ponder	W50 Elite Health	16.07	1.1	13.75 76.35%	
-- Veronica Amarasekara	W50 Cheetahs Int	DNF	1.1		

W55 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Michele Freeman	W56 unattached	16.13	1.1	12.99 80.78%	

W60 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Brenda Matthews	W61 SC Striders	14.60	1.1	11.21 93.63%	
2 Freddie Braxton	W61 Trojan Masters T.C.	19.19	1.1	14.73 71.24%	

M30 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Aaron Smith	M30 unattached	11.76	1.0	11.76 83.25%	8

M35 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Marcellus Willis	M39 Trojan Masters T.C.	12.53	1.0	12.05 81.25%	8

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M40 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Diedrick Joseph	M41 Elite Health	11.83	1.5	11.22 87.32%	7
2 Glen Reyes	M41 unattached	12.15	1.5	11.52 85.02%	7
3 Joe Blackman	M40 unattached	12.27	1.5	11.72 83.62%	7

M45 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Cornell Stephenson	M48 unattached	11.75	2.1	10.62 92.17%	6
2 Kevin Biggers	M49 Trojan Masters T.C.	12.18	2.1	10.94 89.49%	6
3 Robert Foster	M49 So Cal Track Club	12.48	2.1	11.21 87.34%	6
4 Renato Brito	M46 unattached	13.37	2.1	12.25 79.96%	6
5 Donald Schwartz	M47 SC Striders	19.62	2.1	17.86 54.84%	6
-- Johnny Speed	M47 Pacific Coas	DQ	1.0		8 Per C

M50 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Willie Gault	M50 unattached	11.32	0.6	10.10 97.00%	5
2 Eugene Byrne	M53 Pacific Coas	12.17	0.6	10.65 91.95%	5

M55 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Damien Leake	M58 SC Striders	12.19	0.6	10.33 94.75%	4
2 Robert Richardson	M58 SC Striders	12.70	0.6	10.77 90.94%	4
3 Stephen Jennings	M56 unattached	13.57	0.6	11.65 84.08%	4
4 Joe Ruggless	M57 unattached	14.01	0.6	11.95 81.94%	4

M60 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Steve Melendez	M62 SC Striders	13.96	1.6	11.55 84.81%	3
2 Michael Washington	M63 Trojan Masters T.C.	14.70	1.6	12.08 81.02%	3

M65 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 James Cameron	M65 unattached	15.12	1.2	12.28 79.76%	2
2 Robert Bivins	M66 Trojan Masters T.C.	15.36	1.2	12.40 78.97%	2
3 Ronald Stock	M68 unattached	19.77	1.2	15.77 62.11%	2

M70 100 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Karl Thorpe	M72 unattached	14.88	2.2	11.46 85.48%	
2 Steve Ryan	M70 unattached	16.17	2.2	12.75 76.81%	
3 John Carr	M72 unattached	17.91	2.2	13.79 71.02%	

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M80 100 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading
1 Francis Kishi	M80 SC Striders	18.01	2.2	12.42 78.85%

W35 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 April Jace	W37 Elite Health	28.76	-0.1	28.23 75.63%	2
2 Tallmon Staci	W35 unattached	30.51	-0.1	30.51 69.94%	2

W40 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Vanessa Juarez	W41 unattached	27.63	-0.1	25.76 82.84%	2
2 Kimberly Logan	W41 Elite Health	32.86	-0.1	30.64 69.66%	2

W45 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Marsha Jackson	W49 Elite Health	37.36	-0.1	31.69 67.34%	2

W50 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 Linda Hillebrand	W54 unattached	32.64	NWI	26.21 81.43%
2 Lillie Ponder	W50 Elite Health	33.23	NWI	27.86 76.62%
3 Dancoise Clayborn	W51 unattached	33.84	NWI	28.07 76.03%

W55 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 Jeanne Bowman	W58 SC Striders	32.63	NWI	25.13 84.92%

W60 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading
1 Freddie Braxton	W61 Trojan Masters T.C.	41.36	NWI	30.89 69.10%

M35 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Geoffrey Pittman	M38 unattached	24.03	1.0	22.64 85.35%	8
2 Irving Grant	M39 unattached	24.99	1.0	23.36 82.71%	8
3 Marcellus Willis	M39 Trojan Masters T.C.	25.58	1.0	23.91 80.81%	8

2011 USATF West Region Masters T&F Champs
Long Beach City College
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M40 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Diedrick Joseph	M41 Elite Health	23.76	2.3	21.88 88.34%	7
2 Joe Blackman	M40 unattached	24.74	2.3	22.95 84.20%	7
3 John Garratt	M44 Track Club L.A.	25.29	2.3	22.77 84.86%	7

M45 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Johnny Speed	M47 Pacific Coas	23.35	1.1	20.57 93.92%	6
2 Cornell Stephenson	M48 unattached	23.91	1.1	20.91 92.39%	6
3 Robert Foster	M49 So Cal Track Club	26.26	1.1	22.80 84.73%	6
4 Renato Brito	M46 unattached	28.31	1.1	25.12 76.93%	6

M50 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Michael Sullivan	M50 unattached	23.83	0.9	20.54 94.08%	5
2 Eugene Byrne	M53 Pacific Coas	24.20	0.9	20.44 94.55%	5
3 James Chinn	M52 Sprint Force	25.15	0.9	21.38 90.38%	5

M55 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Robert Richardson	M58 SC Striders	25.80	2.2	21.06 91.78%	4
2 Joe Ruggless	M57 unattached	28.60	2.2	23.50 82.24%	4

M60 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Steve Melendez	M62 SC Striders	28.81	1.0	22.90 84.38%	3
2 Michael Washington	M63 Trojan Masters T.C.	30.52	1.0	24.10 80.18%	3

M65 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Robert Bivins	M66 Trojan Masters T.C.	32.60	1.1	25.21 76.66%	2
2 Ronald Stock	M68 unattached	44.91	1.1	34.18 56.54%	2
-- Nathan Ashberry	M67 SC Striders	DNF	1.1		2

M70 200 Meter Dash

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Karl Thorpe	M72 unattached	31.93	+0.0	23.20 83.31%	
2 Steve Ryan	M70 unattached	34.98	+0.0	26.20 73.76%	
3 John Carr	M72 unattached	40.26	+0.0	29.25 66.07%	

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M80 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading
1 Francis Kishi	M80 SC Striders	40.79	+0.0	25.93 74.53%

W40 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Vanessa Juarez	W41 unattached	60.82	54.57 87.22%

W55 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Jeanne Bowman	W58 SC Striders	76.86	58.40 81.51%

W60 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Freddie Braxton	W61 Trojan Masters T.C.	1:36.73	71.56 66.53%

M35 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
1 Geoffrey Pittman	M38 unattached	54.51	51.74 83.47%	2
2 Marcellus Willis	M39 Trojan Masters T.C.	58.39	55.01 78.51%	2

M40 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
1 Rafer Weaver	M42 So Cal Track Club	52.63	48.52 89.00%	2
2 John Garratt	M44 Track Club L.A.	57.92	52.64 82.03%	2
3 BaoKim Coleman	M44 Trojan Masters T.C.	58.24	52.93 81.58%	2

M45 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
1 Johnny Speed	M47 Pacific Coas	52.70	46.91 92.05%	2

M50 400 Meter Dash

Name	Age Team	Finals	Age-Grading	H#
1 Michael Sullivan	M50 unattached	54.01	47.09 91.71%	2
2 George Shackelford	M50 unattached	55.06	48.01 89.96%	2
3 James Chinn	M52 Sprint Force	56.80	48.88 88.36%	2

2011 USATF West Region Masters T&F Champs
Long Beach City College
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M55 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Rob Duncanson	M55 unattached	61.26	51.67 83.58%
2 Mike Tipping	M58 So Cal Track Club	67.53	55.87 77.28%

M60 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Michael Washington	M63 Trojan Masters T.C.	69.18	55.46 77.87%

M65 400 Meter Dash

Name	Age Team	Finals	Age-Grading
1 Catarino Gonzalez	M69 unattached	72.13	53.66 80.48%

W50 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Debbie Lee	W54 So Cal Track Club	2:51.95	2:25.61 77.80%

M35 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Barry Givens	M37 So Cal Track Club	2:09.86	2:07.07 79.57%

M40 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Rafer Weaver	M42 So Cal Track Club	2:04.12	1:55.87 87.26%
2 Mark Steuer	M44 unattached	2:10.10	1:59.25 84.79%
3 Sean Fader	M42 BSK/Running	2:11.08	2:02.37 82.63%
4 Robert Gates	M42 So Cal Track Club	2:13.10	2:04.25 81.37%
5 BaoKim Coleman	M44 Trojan Masters T.C.	2:41.38	2:27.93 68.35%

M45 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Mike Dietz	M47 So Cal Track Club	2:11.94	1:57.77 85.86%
2 Allen Smith	M48 unattached	2:18.94	2:02.94 82.24%
3 Mark Sarno	M49 BSK/Running	2:25.82	2:07.90 79.06%
4 Oliver Gallego	M49 Elite Health	2:29.29	2:10.95 77.22%

M50 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Brian Nelson	M53 So Cal Track Club	2:18.42	1:57.37 86.15%
2 Chuck Douglas	M50 So Cal Track Club	2:27.32	2:08.07 78.95%

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M55 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Rob Duncanson	M55 unattached	2:18.20	1:55.21 87.76%
2 Gary Shapiro	M59 unattached	2:30.45	2:01.48 83.24%

M60 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Paul Pearson	M60 So Cal Track Club	2:26.66	1:57.45 86.09%

M35 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Barry Givens	M37 So Cal Track Club	4:28.50	4:19.86 79.27%

M40 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Sean Fader	M42 BSK/Running	4:32.62	4:11.12 82.04%
2 Juan Ramirez	M40 unattached	4:35.04	4:18.18 79.79%
3 Darren Cox	M41 So Cal Track Club	4:41.28	4:21.57 78.76%
4 Jeff Cate	M43 unattached	4:49.58	4:24.19 77.98%

M45 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Mark Sarno	M49 BSK/Running	4:48.97	4:09.30 82.63%
2 Michael Wixted	M48 So Cal Track Club	4:49.86	4:12.39 81.62%
3 Allen Smith	M48 unattached	4:51.94	4:14.20 81.04%
4 Oliver Gallego	M49 Elite Health	4:58.18	4:17.24 80.08%

M50 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Brian Nelson	M53 So Cal Track Club	4:35.81	3:49.67 89.70%
2 William Fain	M54 unattached	4:51.02	4:00.21 85.76%
3 Chuck Douglas	M50 So Cal Track Club	5:06.33	4:21.83 78.68%

W50 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Debbie Lee	W54 So Cal Track Club	5:38.37	4:29.89 86.14%
2 Yayoi Liu	W54 Cal Coast Tr	5:46.02	4:35.99 84.23%
3 Dancoise Clayborn	W51 unattached	5:53.62	4:53.40 79.23%

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Long Beach City College
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M60 1500 Meter Run

Name	Age Team	Finals	Age-Grading
1 Paul Pearson	M60 So Cal Track Club	4:51.26	3:48.50 90.16%

M35 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Leonard Diaz	M36 unattached	17:44.39	17:15.55 73.10%

M40 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Juan Ramirez	M40 unattached	16:44.06	15:48.94 79.77%
2 Gerard Deegan	M43 A Runner's C	18:28.76	17:04.50 73.89%
3 Robert Davis	M41 unattached	19:28.46	18:16.02 69.07%

M45 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Oliver Gallego	M49 Elite Health	18:11.12	16:02.05 78.69%
2 Jose Vara	M45 unattached	19:17.14	17:32.89 71.90%

M50 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Steve Brumwell	M53 So Cal Track Club	17:47.22	15:10.98 83.10%

W50 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Dancoise Clayborn	W51 unattached	22:12.71	18:54.41 76.22%

M55 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Perry Forrester	M58 So Cal Track Club	18:47.48	15:22.73 82.04%

M60 5000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Nolan Shaheed	M61 So Cal Track Club	17:24.08	13:52.35 90.95%

W45 10000 Meter Run

Name	Age Team	Finals	Age-Grading
1 Rosalva Bonilla	W48 unattached	40:38.36	36:32.58 82.14%

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M80 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Gunnar Linde	M82 Santa Monica	53:23.59	31:06.10 84.67%

M70 80 Short Hurdles 80 meter

Name	Age Team	Finals	Wind	Age-Grading
1 John Dobroth	M70 So Cal Track Club	14.89	1.2	14.80 87.24%
2 Fred Niedermeyer	M71 SC Striders	14.95	1.2	14.71 87.76%

M50 100 Short Hurdles 100 meter

Name	Age Team	Finals	Wind	Age-Grading
1 Willie Gault	M50 unattached	14.76	0.9	14.39 89.77%
2 Luis Huarcaya	M52 unattached	16.35	0.9	15.51 83.30%
3 Gregory Charles	M50 So Cal Track Club	19.02	0.9	18.54 69.66%

M55 100 Short Hurdles 100 meter

Name	Age Team	Finals	Wind	Age-Grading
-- James Mccraney	M56 unattached	DNF	0.9	

M45 110 Short Hurdles 110 meter

Name	Age Team	Finals	Wind	Age-Grading
1 Henry Andrade	M49 Andrade's At	16.17	1.6	14.36 89.92%
2 Donald Schwartz	M47 SC Striders	20.70	1.6	18.68 69.13%

M60 300 Long Hurdles 300 meter

Name	Age Team	Finals	Age-Grading
1 Bill Fitzpatrick	M60 unattached	71.82	79.41 58.91%

M30 400 Long Hurdles 400 meter

Name	Age Team	Finals	Age-Grading
1 Makio Haywood	M32 unattached	56.45	56.25 83.17%

M55 400 Long Hurdles 400 meter

Name	Age Team	Finals	Age-Grading
1 Andrew Hecker	M56 unattached	1:20.14	63.64 73.52%

M40 3000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 Darren Cox	M41 So Cal Track Club	10:55.64	9:54.60 79.66%

2011 USATF West Region Masters T&F Champs

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M50 3000 Meter Steeplechase

Name	Age Team	Finals	Age-Grading
1 David Cook	M54 So Cal Track Club	11:42.88	9:28.78 83.27%

W40 High Jump

Name	Age Team	Finals	Age-Grading
1 Lisa Riech	W41 unattached	1.50m	4-11.00 1.66m 79.79%
1.30 1.35 1.40 1.45 1.50 1.55			
P O O O XXO XXX			

W45 High Jump

Name	Age Team	Finals	Age-Grading
1 Julie De Marco	W48 unattached	1.40m	4-07.00 1.70m 81.40%
1.30 1.35 1.40 1.45			
O XO O XXX			

M35 High Jump

Name	Age Team	Finals	Age-Grading
1 Joshua Scott	M35 unattached	1.88m	6-02.00 1.98m 81.03%
1.70 1.78 1.83 1.88			
O O O XXO			

M45 High Jump

Name	Age Team	Finals	Age-Grading
1 Donald Schwartz	M47 SC Striders	1.63m	5-04.25 1.93m 79.13%
1.20 1.25 1.50 1.58 1.63 1.67			
P P XXO XO XXO X			

M55 High Jump

Name	Age Team	Finals	Age-Grading
1 Don Weeks	M55 unattached	1.63m	5-04.25 2.11m 86.24%
1.50 1.58 1.63 1.67			
O O O XXX			
2 Mike Tipping	M58 So Cal Track Club	1.20m	3-11.25 1.60m 65.57%
1.20 1.25			
O XXX			

M60 High Jump

Name	Age Team	Finals	Age-Grading
1 Charlie Rader	M63 So Cal Track Club	1.45m	4-09.00 2.06m 84.30%
1.40 1.45 1.50			
XXO XO XXX			

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M70 High Jump**

Name	Age Team	Finals	Age-Grading
1 John Dobroth 1.40 1.45 1.50 1.53 O O O XXX	M70 So Cal Track Club	1.50m 4-11.00	2.34m 95.54%

W45 Pole Vault

Name	Age Team	Finals	Age-Grading
1 Alison Regan 2.60 2.70 2.80 2.90 O O O XXX	W45 Lucky Strike	2.80m 9-02.25	3.61m 70.18%

M50 Pole Vault

Name	Age Team	Finals	Age-Grading
1 Gregory Charles 1.85 2.00 2.15 3.05 3.20 3.35 3.50 3.51 3.65 3.66 3.81 P O P O O O P O P XO XXX	M50 So Cal Track Club	3.66m 12-00.00	4.62m 75.31%

M55 Pole Vault

Name	Age Team	Finals	Age-Grading
1 Murray Mead 1.85 2.00 2.15 3.05 3.20 3.35 3.50 3.65 P P P P P O P XXX	M57 unattached	3.35m 10-11.75	4.71m 76.83%
2 Mike Tipping 1.85 2.00 2.15 XO XO XXX	M58 So Cal Track Club	2.00m 6-06.75	2.85m 46.62%

M65 Pole Vault

Name	Age Team	Finals	Age-Grading
1 Arthur Parry 3.51 3.66 3.81 XO O XXX	M65 unattached	3.66m 12-00.00	5.90m 96.32%

W50 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Veronica Amarasekara 4.66m(NWI) 4.58m(NWI) 4.73m(NWI) 4.57m(NWI) PASS	W50 Cheetahs Int	4.73m	NWI 15-06.25	5.94m 78.96%

M30 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Justin Holman 3.88m(NWI) 4.73m(NWI) 4.96m(NWI) 4.74m(NWI) 4.92m(NWI) FOUL	M31 unattached	4.96m	NWI 16-03.25	5.00m 55.98%

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M40 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Glen Reyes	M41 unattached	5.88m	NWI 19-03.50	6.60m 73.87%
5.15m(NWI) 5.32m(NWI) 5.77m(NWI) 5.88m(NWI)				
2 Joe Blackman	M40 unattached	5.56m	NWI 18-03.00	6.17m 69.07%
5.56m(NWI) 5.36m(NWI) 5.06m(NWI) 5.30m(NWI) 5.25m(NWI) 4.85m(NWI)				

M45 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 LaVell Davenport	M49 unattached	5.08m	NWI 16-08.00	6.29m 70.36%
FOUL FOUL FOUL FOUL 5.08m(NWI) FOUL				
2 Donald Schwartz	M47 SC Striders	4.96m	NWI 16-03.25	5.99m 66.94%
4.62m(NWI) 4.96m(NWI) 4.61m(NWI) PASS PASS PASS				
3 Art Morrow	M46 So Cal Track Club	3.78m	NWI 12-05.00	4.51m 50.40%
3.03m(NWI) 3.54m(NWI) 3.63m(NWI) 3.78m(NWI) PASS PASS				

M55 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Rick Censullo	M58 So Cal Track Club	4.45m	NWI 14-07.25	6.22m 69.64%
4.35m(NWI) 4.45m(NWI) FOUL 4.28m(NWI) FOUL FOUL				

M60 Long Jump

Name	Age Team	Finals	Wind	Age-Grading
1 John Tomaschke	M61 So Cal Track Club	4.79m	NWI 15-08.75	7.00m 78.27%
4.22m(NWI) 4.79m(NWI) 4.62m(NWI) 4.36m(NWI) 4.75m(NWI) 4.42m(NWI)				
2 Carl Flowers	M64 So Cal Track Club	4.59m	NWI 15-00.75	7.03m 78.60%
4.59m(NWI) 4.49m(NWI) FOUL 4.45m(NWI) 4.47m(NWI) FOUL				

M30 Triple Jump After LJ

Name	Age Team	Finals	Wind	Age-Grading
1 Justin Holman	M31 unattached	10.36m	NWI 34-00.00	10.38m 56.80%
FOUL 9.59m(NWI) 9.74m(NWI) 9.74m(NWI) 10.36m(NWI) FOUL				

M40 Triple Jump After LJ

Name	Age Team	Finals	Wind	Age-Grading
1 Randall Clement	M40 unattached	10.20m	NWI 33-05.75	10.93m 59.79%
9.92m(NWI) 9.91m(NWI) 10.20m(NWI) 9.78m(NWI) 9.94m(NWI) FOUL				

M45 Triple Jump After LJ

Name	Age Team	Finals	Wind	Age-Grading
1 Art Morrow	M46 So Cal Track Club	7.13m	NWI 23-04.75	8.22m 44.96%
7.13m(NWI) PASS PASS PASS PASS PASS				

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Results - Age Grading: 1 Yr Indiv & 5 yr Multi

....M45 Triple Jump After LJ

-- LaVell Davenport M49 unattached FOUL
 FOUL FOUL FOUL FOUL FOUL FOUL

M55 Triple Jump After LJ

Name	Age Team	Finals	Wind	Age-Grading
1 Robert Richardson	M58 SC Striders	9.97m	NWI 32-08.50	13.55m 74.13%
9.97m(NWI) 9.95m(NWI)				

M60 Triple Jump After LJ

Name	Age Team	Finals	Wind	Age-Grading
1 Carl Flowers	M64 So Cal Track Club	9.50m	NWI 31-02.00	14.18m 77.55%
8.91m(NWI) 9.36m(NWI) 9.50m(NWI) 8.43m(NWI) 9.32m(NWI) 9.42m(NWI)				
2 John Tomaschke	M61 So Cal Track Club	9.09m	NWI 29-10.00	12.93m 70.74%
FOUL FOUL FOUL 9.09m(NWI) FOUL 8.44m(NWI)				

W35 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Julie Levesque	W39 unattached	8.84m	29-00.00 10.13m 44.80%
8.60m 8.65m 8.76m 8.35m 8.70m 8.84m			

W50 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Linn Dunton	W54 SC Striders	10.40m	34-01.50 15.50m 68.51%
10.25m 10.02m 10.40m 9.64m 9.93m 9.83m			

W55 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Linda Cohn	W58 SC Striders	10.19m	33-05.25 16.41m 72.53%
10.19m 10.00m 9.84m 9.39m 9.63m FOUL			
2 Joan Stratton	W59 unattached	9.16m	30-00.75 15.05m 66.52%
8.62m 9.16m 8.88m 8.41m FOUL 8.98m			

M30 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Nicholas Garcia	M32 unattached	16.97m	55-08.25 16.97m 73.40%
16.58m FOUL FOUL 16.78m 16.97m 16.52m			

M35 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Arvil Hampton	M39 So Cal Track Club	12.29m	40-04.00 12.55m 54.31%
FOUL 11.89m 12.29m FOUL 12.23m FOUL			

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M45 Shot Put After Discus**

Name	Age Team	Finals	Age-Grading
1 Greg Retzer	M46 So Cal Track Club	9.35m 30-08.25	10.62m 45.95%
8.74m FOUL 8.66m 8.70m 9.35m PASS			

M50 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Greg Holden	M53 unattached	12.21m 40-00.75	14.89m 64.43%
11.81m 12.21m FOUL FOUL 12.09m 12.21m			

M55 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Wayne Tweddell	M56 unattached	11.21m 36-09.50	14.60m 63.15%
10.57m FOUL FOUL 11.09m 11.21m FOUL			

M60 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Michael Shiaras	M60 unattached	14.68m 48-02.00	18.64m 80.66%
14.05m 14.68m 13.90m 14.29m FOUL 14.62m			
2 Theagenis Abatzoglou	M64 unattached	11.44m 37-06.50	16.32m 70.57%
10.44m 11.44m 11.31m FOUL 11.35m 11.23m			
3 David Mishalof	M63 unattached	10.98m 36-00.25	15.19m 65.75%
10.29m 10.98m 10.56m FOUL 10.21m 10.19m			
4 Robert Richardson	M63 unattached	10.29m 33-09.25	14.24m 61.62%
9.83m 10.19m 10.29m 10.13m 10.19m FOUL			
-- Robert Sheets	M61 unattached	FOUL	
FOUL PASS PASS PASS PASS PASS			

M70 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Kim Pearman	M71 unattached	8.59m 28-02.25	11.49m 49.71%
7.40m 7.93m 8.47m 8.18m 8.59m 0.35m			
2 William Burkle	M71 SC Striders	8.13m 26-08.25	10.87m 47.05%
8.13m 7.67m FOUL 7.99m FOUL 7.89m			

M75 Shot Put After Discus

Name	Age Team	Finals	Age-Grading
1 Joe Durrenberger	M76 unattached	10.41m 34-02.00	16.16m 69.91%
9.72m 10.10m 9.63m FOUL 9.51m 10.41m			
2 Marvin Ginsburg	M75 unattached	9.82m 32-02.75	14.77m 63.89%
9.74m 9.34m 9.38m 0.80m 9.79m 9.82m			
3 Alan Rosen	M75 unattached	8.39m 27-06.50	12.62m 54.59%
8.39m FOUL 8.30m 8.37m FOUL FOUL			

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****W50 Discus Throw After Hammer**

Name	Age Team	Finals	Age-Grading
1 Linn Dunton	W54 SC Striders	28.34m	93-00 39.87m 51.92%
27.00m 26.44m FOUL	26.12m 28.34m 27.16m		

W55 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Linda Cohn	W58 SC Striders	24.73m	81-02 37.71m 49.11%
22.66m 24.11m 24.73m FOUL	23.91m 24.00m		
2 Joan Stratton	W59 unattached	23.04m	75-07 35.89m 46.73%
21.66m 21.62m FOUL	21.90m 23.04m 23.00m		

M30 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Asniel Triana	M32 unattached	39.67m	130-02 39.67m 53.55%
36.20m 37.49m 39.67m FOUL	37.34m FOUL		

M35 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Arvil Hampton	M39 So Cal Track Club	34.09m	111-10 34.09m 46.02%
FOUL 31.10m FOUL	34.06m FOUL 34.09m		

M45 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Greg Retzer	M46 So Cal Track Club	33.39m	109-06 35.73m 48.23%
29.01m 32.09m 33.39m	32.83m 30.66m FOUL		

M50 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Greg Holden	M53 unattached	36.48m	119-08 38.55m 52.04%
36.48m 32.08m FOUL	32.71m FOUL FOUL		
2 James Barry	M53 unattached	28.45m	93-04 30.06m 40.58%
21.06m 28.45m 26.68m	26.63m 27.00m FOUL		

M55 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Wayne Tweddell	M56 unattached	33.73m	110-08 37.97m 51.27%
31.58m 29.69m 33.73m	31.93m FOUL FOUL		

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M60 Discus Throw After Hammer**

Name	Age Team	Finals	Age-Grading
1 Larry Hart 40.46m FOUL 42.09m 42.75m 43.83m 39.51m	M64 unattached	43.83m	143-09 53.62m 72.39%
2 Robert Morris FOUL 36.24m 38.17m FOUL 40.13m 36.38m	M61 unattached	40.13m	131-08 46.01m 62.12%
3 Theagenis Abatzoglou 36.75m FOUL FOUL 35.82m FOUL 35.41m	M64 unattached	36.75m	120-07 44.96m 60.69%
4 Robert Richardson 35.55m FOUL 32.75m 32.56m FOUL FOUL	M63 unattached	35.55m	116-08 42.54m 57.43%
5 Robert Sheets FOUL 22.61m 24.37m 24.17m PASS PASS	M61 unattached	24.37m	79-11 27.94m 37.72%

M65 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 David Merkwowitz FOUL FOUL 30.61m FOUL 31.99m FOUL	M69 unattached	31.99m	104-11 44.05m 59.46%

M70 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 William Burkle 22.70m 22.15m 21.49m FOUL 22.54m FOUL	M71 SC Striders	22.70m	74-06 32.91m 44.43%
2 Kim Pearman 18.85m 18.34m 19.75m 16.36m 20.23m 17.99m	M71 unattached	20.23m	66-04 29.33m 39.60%

M75 Discus Throw After Hammer

Name	Age Team	Finals	Age-Grading
1 Alan Rosen 28.82m 28.88m 30.63m 30.00m 29.59m 28.82m	M75 unattached	30.63m	100-06 49.67m 67.05%
2 Marvin Ginsburg 21.46m 23.69m 21.81m FOUL 24.13m FOUL	M75 unattached	24.13m	79-02 39.13m 52.82%

W50 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Linn Dunton 31.71m FOUL FOUL 32.83m 32.82m 34.40m	W54 SC Striders	34.40m	112-10 46.36m 60.21%

W55 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Joan Stratton FOUL 30.46m 30.84m 30.09m 31.78m 32.24m	W59 unattached	32.24m	105-09 48.12m 62.50%
2 Linda Cohn 19.89m 16.71m 18.61m 20.36m 0.04m 19.04m	W58 SC Striders	20.36m	66-09 29.75m 38.64%

2011 USATF West Region Masters T&F Champs
Long Beach City College
Results - Age Grading: 1 Yr Indiv & 5 yr Multi

M35 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Arvil Hampton	M39 So Cal Track Club	38.03m 124-09	40.41m 46.60%
38.03m FOUL 37.00m 35.22m FOUL 35.51m			

M45 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Greg Retzer	M46 So Cal Track Club	44.96m 147-06	54.31m 62.62%
41.13m 43.30m 43.03m 43.44m FOUL 44.96m			
2 Steve Hill	M49 unattached	29.28m 96-01	37.60m 43.35%
26.33m FOUL FOUL 25.64m 28.08m 29.28m			

M50 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Jeff Crothers	M52 AZ Desert Throwers	41.63m 136-07	50.60m 58.34%
41.63m 40.73m FOUL 40.99m 40.76m PASS			

M60 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 Larry Hart	M64 unattached	46.61m 152-11	72.04m 83.07%
44.33m 42.09m 42.09m 46.61m FOUL 43.65m			
2 Robert Sheets	M61 unattached	19.90m 65-03	28.62m 33.00%
FOUL 19.90m 19.31m 17.30m 17.83m FOUL			

M70 Hammer Throw

Name	Age Team	Finals	Age-Grading
1 William Burkle	M71 SC Striders	20.78m 68-02	34.44m 39.72%
20.78m FOUL 20.27m 20.40m FOUL FOUL			
2 Kim Pearman	M71 unattached	18.79m 61-08	31.15m 35.91%
FOUL FOUL 18.61m 18.45m 18.79m 18.29m			

W50 Javelin Throw After SuperW

Name	Age Team	Finals	Age-Grading
1 Linn Dunton	W54 SC Striders	30.40m 99-09	45.75m 62.68%
30.02m 30.40m 29.08m 28.89m PASS PASS			

W55 Javelin Throw After SuperW

Name	Age Team	Finals	Age-Grading
1 Linda Cohn	W58 SC Striders	37.03m 121-06	62.14m 85.13%
34.91m FOUL 37.03m FOUL FOUL 33.68m			
2 Tina Bowman	W58 unattached	26.35m 86-05	44.22m 60.57%
25.73m 25.54m 25.92m 26.35m 25.82m 26.21m			

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M45 Javelin Throw After SuperW**

Name	Age Team	Finals	Age-Grading Points
1 Lance Followell FOUL 30.48m	M49 unattached	30.48m	100-00 40.29m 40.92%
2 Greg Retzer 25.26m FOUL 26.03m	M46 So Cal Track Club	26.18m	85-11 32.73m 33.24%
3 Steve Hill 23.65m FOUL 23.38m	M49 unattached	26.17m	85-10 34.59m 35.13%

M50 Javelin Throw After SuperW

Name	Age Team	Finals	Age-Grading Points
1 John Hansen 46.51m 47.89m 48.35m	M53 unattached	49.63m	162-10 67.10m 68.14%
2 James Barry 36.01m FOUL FOUL 35.00m	M53 unattached	36.88m	121-00 49.86m 50.64%
3 Greg Holden 33.20m	M53 unattached	33.20m	108-11 44.89m 45.59%

M60 Javelin Throw After SuperW

Name	Age Team	Finals	Age-Grading Points
1 Ron Rook 31.60m 30.42m 31.38m	M62 Trojan Masters T.C.	31.60m	103-08 48.78m 49.54%
2 Robert Sheets FOUL 20.85m FOUL FOUL	M61 unattached	20.85m	68-05 31.51m 32.00%

M70 Javelin Throw After SuperW

Name	Age Team	Finals	Age-Grading Points
1 Kim Pearman 16.65m 16.79m 16.67m	M71 unattached	17.18m	56-04 30.80m 31.28%

W50 Weight Throw After Shot

Name	Age Team	Finals	Age-Grading Points
1 Linn Dunton FOUL FOUL 9.40m	W54 SC Striders	10.24m	33-07.25 13.66m 57.92%

W55 Weight Throw After Shot

Name	Age Team	Finals	Age-Grading Points
1 Joan Stratton FOUL 9.74m 9.75m	W59 unattached	10.00m	32-09.75 14.73m 62.42%
2 Linda Cohn 8.59m 7.88m 6.01m	W58 SC Striders	8.59m	28-02.25 12.39m 52.54%

2011 USATF West Region Masters T&F Champs**Long Beach City College****Results - Age Grading: 1 Yr Indiv & 5 yr Multi****M35 Weight Throw After Shot**

Name	Age Team	Finals	Age-Grading
1 Arvil Hampton	M39 So Cal Track Club	11.06m 36-03.50	11.94m 46.18%
FOUL FOUL FOUL 11.06m FOUL FOUL			

M45 Weight Throw After Shot

Name	Age Team	Finals	Age-Grading
1 Greg Retzer	M46 So Cal Track Club	14.24m 46-08.75	16.95m 65.56%
12.76m 13.40m 13.20m FOUL 13.60m 14.24m			

M50 Weight Throw After Shot

Name	Age Team	Finals	Age-Grading
1 Jeff Crothers	M52 AZ Desert Throwers	14.86m 48-09.00	17.08m 66.07%
13.45m 13.72m 13.71m 14.13m FOUL 14.86m			

M60 Weight Throw After Shot

Name	Age Team	Finals	Age-Grading
1 Larry Hart	M64 unattached	15.75m 51-08.25	19.45m 75.21%
14.20m 14.99m 15.51m 15.75m 0.04m 15.50m			
2 Robert Sheets	M61 unattached	7.18m 23-06.75	8.34m 32.26%
6.65m 7.18m PASS PASS PASS PASS			

M70 Weight Throw After Shot

Name	Age Team	Finals	Age-Grading
1 Kim Pearman	M71 unattached	9.35m 30-08.25	12.40m 47.97%
7.45m 8.54m 9.30m 9.22m 9.35m FOUL			
2 William Burkle	M71 SC Striders	8.17m 26-09.75	10.83m 41.92%
6.34m 8.00m FOUL 7.57m 7.60m 8.17m			

M45 Super Weight After Weight

Name	Age Team	Finals	Age-Grading
1 Greg Retzer	M46 So Cal Track Club	9.55m 31-04.00	
FOUL 9.55m 8.95m 8.52m 9.03m 8.63m			

M50 Super Weight After Weight

Name	Age Team	Finals	Age-Grading
1 Jeff Crothers	M52 AZ Desert Throwers	7.94m 26-00.75	
7.60m FOUL 7.94m FOUL FOUL 7.35m			

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M70 Super Weight After Weight

Name	Age Team	Finals	Age-Grading
1 William Burkle 4.58m 4.99m 5.11m 5.14m FOUL 5.05m	M71 SC Striders	5.14m	16-10.50
2 Kim Pearman FOUL 4.19m 4.58m 4.62m 4.61m 4.65m	M71 unattached	4.65m	15-03.25

M45 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Art Morrow	M46 So Cal Track Club	32:10.46	29:07.84 61.65%

W55 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Wendy Clark	W58 unattached	35:41.60	29:13.33 67.70%

M65 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Richard Campbell	M65 So Cal Track Club	29:13.05	22:12.32 80.88%

W65 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 Jolene Steigerwalt	W67 So Cal Track Club	34:41.10	25:25.24 77.82%

M70 5000 Meter Race Walk

Name	Age Team	Finals	Age-Grading
1 C Gary Steck	M72 unattached	33:40.77	23:32.93 76.27%