



## Southern California Indoor Meet . . . Outdoors

Sunday, February 20, 2011

Mater Dei High School, Santa Ana

60m Heat 1

2.5M/S

[Race Photo](#)

Age Group

Southern California Indoor

1	Ashlynn	Baltimore	F	35	8.22	1
2	Rita	Hanscom	F	56	8.73	1
3	Brenda	Mathews	F	61	8.94	1
4	Linda	Cohn	F	45	9.40	2
5	Caren	Ware	F	48	9.68	2
6	Kathy	Bergen	F	71	9.90	1
7	Freddie	Braxton	F	60	11.85	2



## 60m Heat 2

1.5M/S [Race Photo](#)

1	April	Jace	F 36	8.54	1
2	Leonora	Brown	F 52	9.57	1
3	Lillie	Ponder	F 50	9.97	2
4	Marsha	Jackson	F 49	10.55	1
5	Jo Ann	Frampton	F 52	11.10	3
6	Sarah	Shaw	F 8	12.31	1
7	Jennifer	Jones	F 50	13.48	4

## Southern California Indoor



## 60m Heat 3

1.6M/S [Race Photo](#)

1	Brenda	Mathews	F 61	9.10	1
2	Barry	Green	M 65	9.25	1
3	Dan	Girling	M 66	10.67	2
4	Ray	Fitzhugh	M 76	11.17	1
5	Frank	Kishi	M 79	11.59	2

## Southern California Indoor



## 60m Heat 4

1.8M/S [Race Photo](#)

1	Bill	FitzPatrick	M 60	8.62	1
2	Rob	Farber	M 64	9.15	2
3	Michael	Washington	M 63	9.23	3
4	Ed	Rose	M 62	9.48	4
5	Dan	Girling	M 66	10.43	

## Southern California Indoor



## 60m Heat 5

1.2M/S [Race Photo](#)

1	Damien Leake	M 58	7.84	1
2	Larry Isler	M 59	8.37	2
3	Steve Kloch	M 58	8.47	3
4	Joe Ruggless	M 57	8.48	4
5	Pete Ellis	M 53	9.33	1
6	Joe de la Puente	M 54	9.40	2
7	Dan Girling	M 66	10.68	

## Southern California Indoor



## 60m Heat 6

1.3M/S [Race Photo](#)

1	Fred Simmons	M 46	7.60	1
2	Rob Spence	M 45	7.99	2
3	Renato Brito	M 46	8.36	3
4	Gary McCullough	M 48	8.36	4
5	Joe Ols	M 47	8.57	5

## Southern California Indoor



## 60m Heat 7

1.4M/S [Race Photo](#)

1	Dedrick Joseph	M 41	7.36	1
2	Lyric Ginsberg	M 42	9.22	2
3	Marc Williams	M 41	9.29	3

## Southern California Indoor



## 100m Heat 1

0.3M/S [Race Photo](#)

1	Renato Brito	M 46	13.50	1
2	Steve Kloch	M 58	13.65	1

3	Glen	Reid	M 53	14.29	1
4	Joe	Ruggless	M 57	DNF	
100m Heat 2					
2.6M/S		<a href="#">Race Photo</a>			
1	Gregg	Mimm	M 62	14.16	1
2	Michael	Washington	M 63	14.77	2
3	Frank	Kishi	M 79	19.09	1
4	Freddie	Braxton	F 60	19.48	1

200m Heat 1					
1.0M/S		<a href="#">Race Photo</a>			
1	Rita	Hanscom	F 55	29.69	1
2	Jeanne	Bowman	F 58	33.05	2
3	Linda	Cohn	F 58	34.19	3
4	Ray	Fitzhugh	M 76	40.30	1
5	Freddie	Braxton	F 60	42.27	1
6	Frank	Kishi	M 79	43.14	2

200m Heat 2					
3.4M/S		<a href="#">Race Photo</a>			
1	April	Jace	F 36	28.47	1
2	Siri	Krisjansson	F 37	28.88	2
3	Lillie	Ponder	F 50	33.28	1
4	Caren	Ware	F 48	33.93	1
5	Leonora	Brown	F 52	34.25	2
6	Marsha	Jackson	F 49	39.87	2

## Southern California Indoor



## Southern California Indoor



200m Heat 3  
2.4M/S[Race Photo](#)

1	Joe	Ruggless	M 57	27.58	1
2	Steve	Kloch	M 58	27.75	2
3	Bill	Cheadle	M 57	28.58	3
4	Greg	Mimm	M 62	29.15	1
5	Michael	Washington	M 63	30.04	2

## Southern California Indoor

200m Heat 4  
2.0M/S[Race Photo](#)

1	Dedrick	Joseph	M 41	24.13	1
2	Philip	Hill	M 54	26.65	1
3	Renato	Brito	M 46	27.56	1
4	Gary	McCullough	M 48	27.90	2
5	Glen	Reid	M 53	29.27	2
6	Lyric	Ginsberg	M 42	31.18	2
7	Marc	Williams	M 41	32.22	3

## Southern California Indoor



## 400m

[Race Photo](#)

1	Robert	Gates	M 42	57.01	1
2	Hal	Phillips	M 54	58.88	1
3	BaoKim	Coleman	M 43	1:02.06	2
4	Bill	Cheadle	M 57	1:04.27	1
5	Michael	Washington	M 63	1:08.85	1
6	Jeanne	Bowman	F 58	1:18.53	1
7	Freddie	Braxton	F 60	1:39.65	1
	Glen	Reid	M 53	DNF	

## Southern California Indoor



## 800m

[Race Photo](#)

1	Barry	Givens	M 37	2:10.74	1
2	Sean	Fadne	M 41	2:10.97	1

3	Siri Kristijansson	F 37 2:31.89	1
800m Pentathlon			
	Caren Ware	F 48 3:17.35	1
600m			
<a href="#">Race Photo</a>			
1	Rick Muth	M 61 2:03.79	1
1000m			
<a href="#">Race Photo</a>			
1	Jarrold Kennelly	M 40 3:23.59	1
2	Joe Ols	M 47 3:33.91	1
3	Mike Tipping	M 58 3:47.68	1
Mile			
<a href="#">Race Photo</a>			
1	Barry Givens	M 37 4:45.35	1
2	Mark Hulme	M 49 4:58.33	1
3	Steve Brumwell	M 52 5:05.80	1
4	Leonel Baca	M 37 5:08.16	2
5	William Fain	M 54 5:19.25	2
6	Michael Hulme	M 14 5:24.06	1
7	David Hulme	M 12 5:39.58	1
8	Debbie Lee	F 54 6:08.52	1
9	Kelly Hulme	F 13 6:11.03	1
10	Casey Hulme	M 10 6:41.63	1
11	Gunnar Linde	M 82 7:27.37	1
12	Jon Barkman	M 72 8:08.24	1
3000m			
<a href="#">Race Photo</a>			
1	Juan Ramirez	M 39 9:31.94	1
2	Sydney Gidobuday	M 14 9:35.10	1
3	Leonel Baca	M 32 10:15.96	1
4	Oliver Gallegos	M 49 10:24.15	1
5	Mark Cleary	M 52 10:49.94	1
6	Jarred Kennelly	M 40 11:15.69	1
7	Rosalva Bonilla	F 48 11:22.63	1
8	Enrique Rodriguez	M 51 12:33.20	2
9	Debbie Lee	F 54 12:39.68	1
10	Laura T.	F 42 13:08.45	1

## Southern California Indoor

## 60m Hurdles

1.3M/S

[Race Photo](#)

1	Derek	Pye	M 43	8.22	1
2	Rob	Spence	M 45	9.00	1
3	Caren	Ware	F 48	12.41	1
4	Joe	de la Puente	M 54	14.08	1
5	Herb	Southern	M 53	DNF	



## 60m Hurdles Pent

1.2M/S

[Race Photo](#)

1	Joe	Ols	M 47	10.56	1
2	Rita	Hanscom	M 55	10.57	1
3	Caren	Ware	F 48	12.38	1
3	Mike	Tipping	M 58	12.72	1

## 300m Hurdles

[Race Photo](#)

1	Bill	FitzPatrick	M 60	53.70	1
2	Andrew	Hecker	M 56	DNF	

## Long Jump

Ashlynn	Baltimore	F 19	5.63	+1.1	1
Donald	Watson	M 55	5.19	+0.8	1
L.	Tee	M 41	4.99	NWI (4.77 +0.0)	1
Greg	Mimm	M 62	4.85	NWI	1
Damien	Leake	M 58	4.79	+1.7	1
Rob	Spence	M 45	4.55	+0.5	1
Joe	Ols	M 47	4.44	+1.0	2
Rick	Censullo	M 58	4.34	+1.5	2
Rita	Hanscom	F 56	4.23	+2.1 (4.22+1.4)	1
Mike	Tipping	M 58	4.15	+1.0	3
Linda	Cohn	F 58	4.00	NWI	2
Rob	Farber	M 64	3.96	NWI	2
Ed	Rose	M 62	3.80	+0.1	2
Caren	Ware	F 48	3.64	+0.5	2
Ray	Fitzhugh	M 76	3.16	+0.1	1
Sarah	Sneider	F 61	2.47	+2.9 (2.41 +2.0)	1

## Triple Jump

Greg	Mimm	M 62	10.14	NWI (9.89 +1.1)	1
Caren	Ware	F 48	7.68	+2.9	1

Ed	Rose	M 62	7.32 +0.8	2
Ray	Fitzhugh	M 76	6.42 NWI	1
Joe	Ols	M 47	9.17 +2.3 (8.86 +1.6)	1
Linda	Cohn	F 57	8.65 +1.7	1

## High Jump

Donald	Watson	M 55	1.65	1
Joe	Ols	M 47	1.59	1
Dave	Perry	M 71	1.45	1
Caren	Ware	F 48	1.30	1
Joe	de la Puente	M 54	1.30	1
Mike	Tipping	M 58	1.27	2
Bert	Bergen	M 73	1.25	2
Kathy	Bergen	F 71	1.20	1
Ray	Fitzhugh	M 76	1.20	1
Karen	Vaughn	F 53	1.15	1

## Pole Vault

Tim	McIntyre	M 50	3.96	1
Rita	Hanscom	F 56	2.74	1
Joe	Ols	M 47	2.30	1
Ed	Rose	M 62	2.14	1
Ray	Fitzhugh	M 76	2.14	1

## Weight Throw

Tom	Meyer	M 59	17.10	1
Greg	Retzer	M 46	13.93	1
Troy A.	Nelson	M 39	11.01	1
Hal	Sheaky	M 70	8.56	1
Linda	Cohn	F 58	8.39	1
Linn	Dunton	F 54	8.33	1
Trinidad	Nelson	F 41	6.82	1

## Shot Put

Greg	Holden	M 52	12.06	1
Troy A.	Nelson	M 39	10.78	1
Linn	Dunton	F 54	10.26	1
Linda	Cohn	F 58	10.24	1
Denis	Bawler	M 66	10.18	1
Hal	Sheaky	M 70	10.12	1
Joe	Ols	M 47	10.06	1
Greg	Retzer	M 46	9.39	1
Karen	Vaughn	F 53	8.62	2
Alan	Rosen	M 75	8.04	1



Mike	Tipping	M 58	7.79	1
Jo	de la Puente	M 54	7.39	2
Trinidad	Nelson	F 41	6.92	1
Caren	Ware	F 48	6.67	1
Hattie	Perry	F 67	5.65	1
L.	Tee	F 41	NM	

## Discus

Jeff	Brown	M 54	38.30	1
Harry	Kohaut	M 58	37.80	1
Greg	Holden	M 52	33.88	2
Greg	Retzer	M 46	33.56	1
Troy A.	Nelson	M 39	31.94	1
Alan	Rosen	M 75	29.46	1
James	Barry 2.0Kg	M 50	29.31	3
Dennis	Baker	M 66	27.18	1
Linn	Dunton	F 54	26.89	1
Hal	Sheakley	M 70	25.27	1
Linda	Cohn	F 58	24.32	1
Karen	Vaughn	F 53	16.60	2
Trinidad	Nelson	F 41	15.90	1

## Heptathlon

	60	LJ	SP	HJ	60H	PV	1000	Total
Joe Ols M47	8.57	4.44	10.06	1.59	10.56	2.30	3:33.91	
	7.96	5.12	12.10	1.75	9.66	2.64	3:15.65	
Points	571	405	612	585	566	273	519	3572

## Pentathlon (men)

	60H	LJ	SP	HJ	1000	Total
Joe Ols M47	10.56	4.44	10.06	1.59	3:33.91	
	9.66	5.12	12.10	1.75	3:15.65	
Points	607	405	612	585	519	2728
Mike Tipping M58	12.72	4.15	7.79	1.27	3:47.68	
	11.01	5.44	9.89	1.55	3:10.44	
Points	366	469	479	426	566	2306

## Pentathlon (women)

	60H	HJ	SP	LJ	800	Total
Caren Ware W48	12.41	1.30	6.67	3.67	3:17.39	
	11.10	1.50	7.96	4.32	3:00.05	
Points	520	621	397	384	365	2287
Rita Hancom M56	10.57	NM	NM	4.23	NM	
	8.75	NM	NM	5.67	NM	
Points	963	0	0	750	0	1713