



## Southern California Indoor Meet . . . Outdoors

Sunday, March 8, 2009

### Mater Dei High School, Santa Ana

60m Heat 1	0.5 M/S	<a href="#">Race Photo</a>					Age Group Place
1	Colleen	Barney	F	42	8.92		1
2	Kathy	Bergen	F	69	9.18		1
3	Karl	Thorpe	M	70	9.38		1
4	John	Carr	M	70	10.10		2
5	Lawan	Sincharoen	F	60	12.80		1
60m Heat 2	0.2 M/S	<a href="#">Race Photo</a>					
1	Barry	Green	M	63	9.25		1
2	Michael C.	Washington	M	61	9.25		2
3	Dan	Girling	M	64	9.59		3
4	Ron	Stock	M	66	9.62		1
5	Ron	Muranaka	M	65	9.62		2
6	Fred	Niedermeyer	M	68	9.96		3
7	Kim	Pehrman	M	69	10.08		4
60m Heat 3	0.0 M/S	<a href="#">Race Photo</a>					
1	Damien	Leake	M	56	7.81		1
2	Thad	Wilson	M	58	8.00		2
3	Bill	Courtney	M	58	8.87		3

	4	Phillip	Billings	M	77	10.95	1
	5	Marcello	LaCroix	M	57	11.76	4
60m Heat 4		0.3M/S	<a href="#">Race Photo</a>				
	1	Chris	Wells-Anders	M	25	7.47	1
	2	B.J.	Duhon	M	50	7.82	1
	3	Reggie	Stover	M	54	8.18	2
	4	Mark	Davis	M	53	8.27	3
	5	Art	Morrow	M	44	8.57	1
	6	Andrew	Hecker	M	54	8.91	4
	7	Ken	Stone	M	54	9.14	5
100m Heat 1		1.9M/S	<a href="#">Race Photo</a>				
	1	Bill	Courtney	M	58	14.63	2
	2	Michael C.	Washington	M	61	14.92	1
	3	Ron	Muranaka	M	65	15.56	1
	4	John	Carr	M	70	16.32	1
	5	Phillip	Billings	M	77	18.55	1
	6	Freddie	Braxton	F	59	20.05	1
100m Heat 2		0.8M/S	<a href="#">Race Photo</a>				
	1	Chris	Wells-Anders	M	25	11.70	1
	2	Mark	Davis	M	53	12.80	1
	3	Reggie	Stover	M	54	12.97	2
	4	Steve	Melendez	M	59	13.96	1
	5	Jeff	Davison	M	51	14.27	3
	6	Andrew	Hecker	M	54	14.74	4
200m Heat 1		1.2M/S	<a href="#">Race Photo</a>				
	1	Karl	Thorpe	M	70	32.47	1
	2	John	Carr	M	70	35.14	2
	3	Kim	Pehrman	M	69	35.56	1
	4	Phillip	Billings	M	77	40.91	1
	5	Freddie	Braxton	F	59	42.83	1
200m Heat 2		0.9M/S	<a href="#">Race Photo</a>				
	1	Rita	Hanscom	F	54	28.97	1
	2	Michael C.	Washington	M	61	30.4	1
	3	Barry	Green	M	63	30.75	2
	4	Ken	Stone	M	54	30.81	4
200m Heat 3		0.3M/S	<a href="#">Race Photo</a>				
	1	Felton	Turnage	M	43	24.43	1
	2	Damien	Leake	M	56	25.68	1
	3	Mark	Davis	M	53	25.83	1
	4	Joseph	Patridge	M	51	25.9	2
	5	Art	Morrow	M	44	30.21	1
	6	Jeff	Davison	M	51	30.21	3
400m Heat 1			<a href="#">Race Photo</a>				
	1	Felton	Turnage	M	43	56.88	1

	2	Bill	Fitzpatrick	M	58	1:03.22	1
	3	Dennis	Baker	M	65	1:23.76	1
	4	Freddie	Braxton	F	59	1:44.11	1
600 yards			<a href="#">Race Photo</a>				
	1	Marcello	LaCroix	M	57	2:05.77	
800m			<a href="#">Race Photo</a>				
	1	Jon	Colletti	M	35	2:06.72	1
	2	Robert C.	Gates	M	40	2:10.43	1
	3	Juan	Ramirez	M	38	2:11.99	2
	4	John	Araujo	M	51	2:20.43	1
	5	Angelo	DeCollibus	M	51	2:25.82	2
	6	Gary	Shapiro	M	57	2:32.66	1
	7	Rick	Muth	M	59	2:57.55	2
Mile			<a href="#">Race Photo</a>				
	1	Juan	Ramirez	M	38	4:48.50	1
	2	Matt	Armbruster	M	45	4:55.96	1
	3	Rob	Duncanson	M	53	5:02.99	1
	4	John	Araujo	M	51	5:09.10	2
	5	Angelo	DeCollibus	M	51	5:19.52	3
	6	Jeff	Salzman	M	57	5:34.56	1
	7	Tom	Dilday	M	70	6:55.16	1
	8	Gunnar	Linde	M	80	7:17.40	1
3000m			<a href="#">Race Photo</a>				
	1	Juan	Ramirez	M	38	9:48.41	1
	2	Matt	Armbruster	M	45	10:09.70	1
	3	Mario	Alcala	M	22	10:18.81	1
	4	John	Araujo	M	51	10:20.62	1
	5	Jon	Colletti	M	35	10:27.03	2
60m Hurdles			<a href="#">Race Photo</a>				
	1.6 M/S						
	1	Fred	Niedermeyer	M	68	12.06	1
	2	John	Carr	M	70	13.20	1
60m Hurdles Heat 2			<a href="#">Race Photo</a>				
	1.4 M/S						
	1	B.J.	Duhon	M	50	8.64	1
	2	Thad	Wilson	M	58	9.20	1
	3	Jeff	Davison	M	51	11.43	2
	4	Andrew	Hecker	M	54	12.27	3
300m Hurdles			<a href="#">Race Photo</a>				
	1	Andrew	Hecker	M	54	53.58	1
	2	Rita	Hanscom	F	54	55.24	1
	3	Jeff	Davison	M	51	55.30	2
	4	John	Carr	M	70	1:15.5	1
	5	Marcello	LaCroix	M	57	1:31.11	1

## Long Jump

Annelies	Steekelenberg	F	60	3.61	1
Sarah	Sneider	F	64	2.29	2
Kirk	Bentz	M	54	5.14	1
Thad	Wilson	M	58	5.01	1
Art	Morrow	M	44	4.27	1

## Triple Jump

Kirk	Bentz	M	54	10.19	1
Art	Morrow	M	44	8.47	1

## High Jump

Annelies	Steekelenberg	F	60	1.35	1
Rita	Hanscom	F	54	1.3	1
Kathy	Bergen	F	69	1.2	1
Karen	Vaughn	F	51	1.15	1
Don	Watson	M	54	1.6	1
Don	Weeks	M	54	1.6	2
Ed	Baskauskas	M	58	1.55	1
James	Goodreau	M	63	1.45	1
Bert	Bergen	M	71	1.35	1
Gary	Wuest	M	63	1.35	2
Art	Morrow	M	44	1.2	1

## Pole Vault

Rita	Hanscom	F	54	2.75	1
Kirk	Bentz	M	54	4.01	1
Doug	McFetters	M	76	2.3	1

## Weight Throw

Arnie	Gaynor	M	81	13.94 AR	1
Troy A.	Nelson	M	37	11.58	1
Brian	Meus	M	31	10.45	1
Marcello	LaCroix	M	57 ND		

## Shot Put

Karen	Vaughn	F	51	8.73	1
Tiffany	Rector	F	37	8.66	1
Judy	Morrow	F	10	5.57	1
Christine	Stone	F	54	4.87	1
Mike	Rains	M	30	15.84	1
Arnie	Gaynor	M	81	13.42	1
Troy A.	Nelson	M	37	10.97	1
Gary	Wuest	M	63	10.94	1
Dennis	Baker	M	65	9.8	1
James	Fraser	M	56	9.43	1
Ernie	Smith	M	75	8.79	1
Jeff	Davison	M	51	8.61	2
Marcello	LaCroix	M	57	6.27	2

Discus		Brian Meux	M	31 ND			
	Tiffany	Rector	F	37	24.34		1
	Jeff	Brown	M	52	38.04		1
	Brian	Meux	M	31	37.56		1
	Arnie	Gaynor	M	81	34.92		1
	James	Fraser	M	56	32.99		1
	James	Barry	M	49	32.56		1
	Gary	Wuest	M	63	33.05		1
	Troy A.	Nelson	M	37	30.93		1
	Dennis	Baker	M	65	30.23		1
Pentathlon		60H	LJ	SP	HJ	1000	Total
	Marcello LaCroix M57	23.79	2.82	6.27	1.05	4:11.41	
		19.78	3.89	8.35	1.39	3:24.40	
	Points	0	188	387	310	445	1330