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 USATF West Region Masters Championships
 Occidental College, Eagle Rock, CA
 Results

Women 100 Meter Dash

Name	Age	Team	Finals
Section 1 Wind: 0.9			
1 Rita Hanscom	W53	unattached	13.85
2 Nadine O'Connor	W65	unattached	14.35
3 Brenda Matthews	W58	So. Calif. S	14.56
4 Jeanne Bowman	W54	So. Calif. S	15.14
5 Debbie Selby	W50	unattached	16.48
6 Patricia Willis	W71	Walkers Club	23.06
Section 2 Wind: 0.9			
1 Dena Birade	W35	unattached	12.40
2 Rachel Guest	W32	unattached	12.90
3 Renee Jones	W30	unattached	13.40
4 Heidi Nardoni	W40	Oxnard Stars	13.77
5 Sylvia Hoss	W49	unattached	15.90
6 Susan Quintana	W48	unattached	18.29

Men 100 Meter Dash

Name	Age	Team	Finals
Section 1 Wind: 1.1			
1 Roger Tsuda	M71	So. Calif. S	14.58
2 Jim Selby	M79	unattached	16.63
3 Francis Kishi	M76	So. Calif. S	17.79
4 Tom Patsalis	M85	So Cal Track	20.96
Section 2 Wind: -0.4			
1 Doug Smith	M67	So. Calif. S	13.24
2 Lee Gillespie	M67	So. Calif. S	14.28
3 Bill Knocke	M67	unattached	14.52
Section 3 Wind: -0.8			
1 Stan Whitley	M61	So. Calif. S	12.43
2 Henry Randolph	M64	unattached	13.52
3 Tomlinson Rauscher	M61	unattached	14.25
4 Willie Roberaon	M63	So. Calif. S	14.84
5 Ronnie Muranaka	M63	So. Calif. S	14.91
6 Lance Pierce	M62	unattached	14.96
7 Dan Girling	M62	So. Calif. S	15.65
Section 4 Wind: 1.2			
1 Ernie Stucki	M57	So. Calif. S	12.92
2 Stephen Kloch	M55	So Cal Track	13.20
Section 5 Wind: -0.6			
1 Greg Pizza	M53	Speedwest Tr	12.36
2 Karig McKloskey	M52	unattached	12.60
3 Richard Massey	M50	unattached	12.77
4 Chip Crowl	M52	unattached	12.86
5 James Booze	M52	unattached	13.58
6 Rob Duncanson	M52	KM3D Athletic	13.85
Section 6 Wind: 0.4			
1 Michael Sullivan	M46	unattached	11.49
2 Frank Strong	M45	unattached	11.60
3 Tommy Baker	M45	unattached	12.13
4 Joseph Patridge	M49	unattached	12.50
5 Michael Rubino	M47	unattached	12.86
6 Rodney Johnson	M48	So. Calif. S	13.17
7 Kevin Cvengros	M46	unattached	13.44
Section 7 Wind: 2.0			
1 Terrance Spann	M33	unattached	11.53
2 Johnny Speed	M43	Oxnard Stars	11.71
3 James Smith	M41	Arizona Flam	12.17
4 John Sawamura	M37	unattached	12.46
5 Richard Cadogan	M42	So Cal Track	12.78

Women 200 Meter Dash

Name	Age	Team	Finals
Section 1 Wind: 1.1			
1 Rita Hanscom	W53	unattached	28.45

2	Nadine O'Connor	W65 unattached	29.38
3	Jeanne Bowman	W54 So. Calif. S	31.23
4	Brenda Matthews	W58 So. Calif. S	31.49
5	Denise Janneck	W53 So Cal Track	33.40
6	Debbie Selby	W50 unattached	35.28
7	Jeanne Daprano	W70 Atlanta Trac	37.50
8	Christine Stone	W52 unattached	46.43

Section 2 Wind: 0.7

1	Caren Ware	W45 Athena Track	30.71
2	Susan Quintana	W48 unattached	36.60

Section 3 Wind: 1.4

1	Dena Birade	W35 unattached	25.59
2	Rachel Guest	W32 unattached	26.31
3	Renee Jones	W30 unattached	27.72

Men 200 Meter Dash

Name	Age Team	Finals
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Section 1 Wind: 2.1

1	Roger Tsuda	M71 So. Calif. S	30.11
2	Jesse Carrington	M71 So Cal Track	30.20
3	Jim Selby	M79 unattached	35.14
4	Francis Kishi	M76 So. Calif. S	40.79

Section 2 Wind: -0.9

1	Doug Smith	M67 So. Calif. S	27.70
2	Lee Gillespie	M67 So. Calif. S	29.56
3	Bill Knocke	M67 unattached	30.55

Section 3 Wind: 1.6

1	Stan Whitley	M61 So. Calif. S	25.50
2	Henry Randolph	M64 unattached	28.12
3	Tomlinson Rauscher	M61 unattached	29.12
4	Willie Roberaon	M63 So. Calif. S	29.55
5	Dan Girling	M62 So. Calif. S	32.30

Section 4 Wind: 1.4

1	Stephen Kloch	M55 So Cal Track	26.01
2	Ernie Stucki	M57 So. Calif. S	26.75
3	Kevin Christensen	M56 unattached	27.58

Section 5 Wind: 0.3

1	Greg Pizza	M53 Speedwest Tr	25.08
2	Karig McKloskey	M52 unattached	25.33
3	David Hockersmith	M51 So Cal Track	25.50
4	Rob Duncanson	M52 KM3D Athletic	26.48
5	Rudy LLavanes	M51 Track West	26.56
6	Stephen Jennings	M52 unattached	27.00
--	Richard Massey	M50 unattached	DNF

Section 6 Wind: 1.8

1	Michael Sullivan	M46 unattached	22.77
2	James Chinn	M48 Speedwest Tr	23.82
3	Rodney Johnson	M48 So. Calif. S	26.73

Section 7 Wind: 1.2

1	Johnny Speed	M43 Oxnard Stars	23.55
2	James Smith	M41 Arizona Flam	24.98
3	Robert Herscu	M43 unattached	25.66

Women 400 Meter Dash

Name	Age Team	Finals
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Section 1

1	Jeanne Bowman	W54 So. Calif. S	73.34
2	Pat Contreras	W49 So Cal Track	73.99
3	Jeanne Daprano	W70 Atlanta Trac	78.64
4	Debbie Selby	W50 unattached	1:31.19
5	Sumi Onodera-Leonard	W79 So Cal Track	2:00.02

Men 400 Meter Dash

Name	Age Team	Finals
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1	Larry Barnum	M63 unattached	58.59
2	Dennis Duffy	M64 Golden West	62.84
3	James Hammond	M61 unattached	71.42
4	Jim Selby	M79 unattached	1:23.77

Section 2

1	Kevin Christensen	M56 unattached	59.50
2	Bill Fitzpatrick	M56 unattached	59.60

3	Stephen Kloch	M55	So Cal Track	61.25
Section 3				
1	Rob Duncanson	M52	KM3D Athletic	58.26
2	William Ward	M50	So Cal Track	59.31
3	Mark Lynch	M52	unattached	60.40
4	Ed Italo	M53	unattached	60.60
5	Paul Shires	M54	unattached	62.44
Section 4				
1	Rudy LLavanes	M51	Track West	60.37
2	James Booze	M52	unattached	60.58
3	Stevie Kleinstuber	M50	San Diego Tr	71.80
Section 5				
1	Vaughan Kastor	M42	unattached	51.06
2	Michael Sullivan	M46	unattached	51.41
3	Richard Cadogan	M42	So Cal Track	55.33
4	Robert Herscu	M43	unattached	56.30
5	BaoKim Coleman	M40	Future Track	57.81
Section 6				
1	Malachi Davis	M28	unattached	46.60
2	Terrance Spann	M33	unattached	49.86
3	Lynwood Robinson	M37	So Cal Track	55.70
4	John Sawamura	M37	unattached	57.35

Women 1 Mile Run

Name	Age	Team	Finals
Section 1			
1	Carmel Papworth-Barnum	W41 Golden West	5:17.91
2	Lisa Davis	W42 Track West	5:37.32
3	Pat Contreras	W49 So Cal Track	5:56.75
4	Debbie Lee	W50 So Cal Track	6:02.98
5	Denise Janneck	W53 So Cal Track	6:23.01
6	Christine Long	W48 So Cal Track	7:31.87

Men 1 Mile Run

Name	Age	Team	Finals
1	Nolan Shaheed	M58 So Cal Track	4:45.90
2	Aaron Goodall	M37 So Cal Track	4:48.63
3	Neil Young	M44 unattached	4:59.05
4	Tom Bernhard	M56 New Balance Exce	4:59.59
5	Frank Condon	M65 Golden West	5:12.21
6	Reid Harter	M56 Asics Aggie RC	5:19.56
7	Frederick Lindsley	M62 So Cal Track	5:22.77
8	Gary Hall	M60 Golden West	5:26.67
9	Russell Stockard	M60 Future Track	5:51.18
10	James Hammond	M61 unattached	6:28.17
11	Jim Selby	M79 unattached	7:51.66

Women 800 Meter Run

Name	Age	Team	Finals
1	Amanda Nowakowski	W43 Future Track	2:41.57
2	Sinead Foran	W43 unattached	2:44.32
3	Debbie Lee	W50 So Cal Track	2:45.95
4	Denise Janneck	W53 So Cal Track	2:55.45
5	Jeanne Daprano	W70 Atlanta Trac	3:07.69
6	Sumi Onodera-Leonard	W79 So Cal Track	4:55.92

Men 800 Meter Run

Name	Age	Team	Finals
1	Larry Barnum	M63 unattached	2:18.13
2	Gary Hall	M60 Golden West	2:24.85
3	Frederick Lindsley	M62 So Cal Track	2:26.64
4	Russell Stockard	M60 Future Track	2:31.42
5	Dennis Duffy	M64 Golden West	2:35.10
6	Jerry Hackett	M67 unattached	2:37.02
7	James Hammond	M61 unattached	2:53.25
8	Jim Selby	M79 unattached	3:18.84
9	Louis Simms	M74 Trojan Maste	4:03.51
Section 2			
1	Terry Howell	M51 unattached	2:09.14

2 Nolan Shaheed	M58	So Cal Track	2:09.25
3 Rob Duncanson	M52	KM3D Athletic	2:16.05
4 William Ward	M50	So Cal Track	2:17.96
5 Tom Bernhard	M56	New Balance Exce	2:19.98
6 Gary Shapiro	M56	Cal Coast TC	2:23.85
7 Patrick Pittman	M55	unattached	2:49.57

Section 3

1 Vaughan Kastor	M42	unattached	2:03.34
2 Matt Bogdanowicz	M38	Pacific Stri	2:05.00
3 Damian Jelks	M33	Track West	2:10.44
4 Richard Cadogan	M42	So Cal Track	2:13.55
5 Tim Hickok	M42	Team Runners	2:26.14

Women 1500 Meter Run

Name	Age	Team	Finals
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Section 1

1 Carmel Papworth-Barnum	W41	Golden West	4:56.63
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Men 1500 Meter Run

Name	Age	Team	Finals
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1 Aaron Goodall	M37	So Cal Track	4:27.92
2 Mark Sarno	M45	JH Cohn Racing	4:40.19
3 Richard Walker	M53	unattached	4:44.42
4 Oliver Gallego	M45	Elite Health TC	4:47.85
5 Reid Harter	M56	Asics Aggie RC	4:55.74
6 Frederick Lindsley	M62	So Cal Track	5:01.66
7 Russell Stockard	M60	Future Track	5:12.38
8 Jeffrey Ridgway	M50	San Diego Tr	5:59.01
9 James Hammond	M61	unattached	6:16.72
10 Louis Simms	M74	Trojan Maste	8:45.23

Women 5000 Meter Run

Name	Age	Team	Finals
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1 Lisa Davis	W42	Track West	21:04.98
2 Kelly Buell	W33	So Cal Track	22:55.99
3 Christine Long	W48	So Cal Track	26:16.55

Men 5000 Meter Run

Name	Age	Team	Finals
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1 Neil Young	M44	unattached	17:12.59
2 Oliver Gallego	M45	Elite Health TC	17:38.42
3 Perry Forrester	M54	Team Runners	17:50.96
4 Sylvester Coons	M33	Pacific Stri	18:15.07
5 Gary Hall	M60	Golden West	19:37.68
6 Roy Adams	M57	unattached	20:58.96
7 Don Truex	M70	Santa Barbar	23:27.99
8 Gordon McClenathen	M73	Club West	24:45.75
9 Louis Simms	M74	Trojan Maste	34:05.10

Men 10000 Meter Run

Name	Age	Team	Finals
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1 Sylvester Coons	M33	Pacific Stri	37:20.40
2 George Hallanan	M60	San Luis Dis	43:27.40
3 Bob Koch	M80	unattached	56:34.70

Women 5000 Meter Race Walk

Name	Age	Team	Finals
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1 Carol Bertino	W60	Easy Striders	31:18.38
2 Shirley Capps	W71	Southern Cal	35:59.32
3 Anelise Smith	W69	unattached	38:46.67
4 Grace Moremen	W76	unattached	42:36.06
5 Patricia Willis	W71	Walkers Club	43:57.69

Men 5000 Meter Race Walk

Name	Age	Team	Finals
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Name	Age	Team	Finals
1 Richard Campbell	M61	Easy Striders	28:23.10
2 James Kurtzman	M45	So Cal Track	30:05.43
3 Carl Acosta	M73	Walkers Club	33:05.34
4 Art Morrow	M43	unattached	33:45.87
5 William Moremen	M79	Southern Cal	33:57.36

Women Short Hurdles 80 meter

Name	Age	Team	Finals
Section 1 Wind: -0.4			
1 Veronica Amarasekara	W46	So Cal Track	13.20
2 Heidi Nardoni	W40	Oxnard Stars	13.66

Men Short Hurdles 100 meter

Name	Age	Team	Finals
Section 1 Wind: 1.1			
1 Thaddeus Wilson	M56	Oxnard Stars	15.77
2 Mahmoud Niroumand	M50	So Cal Track	16.23
3 Chip Crowl	M52	unattached	17.87
4 Stevie Kleinstuber	M50	San Diego Tr	20.27

Men Short Hurdles 110 meter

Name	Age	Team	Finals
Section 1 Wind: 2.1			
1 Jonathan Akers	M35	Atlanta Trac	16.21
2 James Smith	M41	Arizona Flam	17.37
3 Jeffery Davison	M49	So Cal Track	21.02

Women Long Hurdles 300 meter

Name	Age	Team	Finals
Section 1			
1 Tina Bowman	W54	Beach Track	58.99

Men Long Hurdles 300 meter

Name	Age	Team	Finals
1 Tomlinson Rauscher	M61	unattached	53.12
2 Jesse Carrington	M71	So Cal Track	54.93
3 Jim Selby	M79	unattached	76.17

Women Long Hurdles 400 meter

Name	Age	Team	Finals
1 Aprili Hinckson	W31	unattached	65.56
2 Caren Ware	W45	Athena Track	76.36

Men Long Hurdles 400 meter

Name	Age	Team	Finals
1 Thaddeus Wilson	M56	Oxnard Stars	66.15
2 Willie Wright	M59	unattached	70.80
3 Kevin Christensen	M56	unattached	71.47
4 Stevie Kleinstuber	M50	San Diego Tr	79.76
Section 2			
1 Laurent Birade	M40	unattached	57.38
2 James Smith	M41	Arizona Flam	62.93
3 Jonathan Akers	M35	Atlanta Trac	63.03

Men 2000 Meter Steeplechase

Name	Age	Team	Finals
Section 1			
1 Don Truex	M70	Santa Barbar	10:18.55
2 Gordon McClenathen	M73	Club West	10:21.28

3 Jim Selby M79 unattached 11:50.03

Men 3000 Meter Steeplechase

Name	Age	Team	Finals
1 Barry Givens	M33	So Cal Track	12:25.53
2 Perry Forrester	M54	Team Runners	12:34.37
3 Paul Baumhoefner	M55	San Diego Tr	13:11.37
4 Douglas Doi	M44	unattached	14:47.65

Men 4x100 Meter Relay

Team	Finals
1 So. Calif. Striders T.C. 'A'	52.88
1) Lee Gillespie 67	
2) Doug Smith 67	
3) Willie Roberaon 63	
4) Stan Whitley 61	
2 So. Calif. Striders T.C. 'B'	64.13
1) Dan Girling 62	
2) Donald Leis 75	

Women High Jump

Name	Age	Team	Finals
Flight 1			
1 Rita Hanscom	W53	unattached	1.31m 4-03.50
2 Karen Vaughn	W49	unattached	1.16m 3-09.50
3 Johnnye Valien	W81	So. Calif. S	0.84m 2-09.00

Men High Jump

Name	Age	Team	Finals
1 Peter Hlavin	M49	unattached	1.72m 5-07.75
2 Keith Nelson	M52	So Cal Track	1.67m 5-05.75
3 Charlie Rader	M59	Highlanders	1.62m 5-03.75
3 Donald Watson	M52	unattached	1.62m 5-03.75
5 Keith Johnson	M53	unattached	1.57m 5-01.75
5 Dolf Berle	M44	Trojan Maste	1.57m 5-01.75
5 Henry Watson	M48	unattached	1.57m 5-01.75
8 Mahmoud Niroumand	M50	So Cal Track	1.52m 4-11.75
9 Stevie Kleinstuber	M50	San Diego Tr	1.42m 4-07.75
10 Dave Perry	M68	Highlanders	1.41m 4-07.50
10 John Burns	M66	unattached	1.41m 4-07.50
12 Kevin Christensen	M56	unattached	1.32m 4-04.00
13 Patrick Pittman	M55	unattached	1.22m 4-00.00
14 Hal Smith	M71	unattached	1.11m 3-07.75
15 Donald Leis	M75	So. Calif. S	1.06m 3-05.75
16 Leland McPhie	M93	unattached	0.96m 3-01.75
-- Thomas VanZandt	M45	Beach Track	NH

Women Pole Vault

Name	Age	Team	Finals
1 Rita Hanscom	W53	unattached	2.90m 9-06.25

Men Pole Vault

Name	Age	Team	Finals
1 Dolf Berle	M44	Trojan Maste	4.00m 13-01.50
2 Gregory Charles	M46	unattached	3.65m 11-11.75
2 Murray Mead	M53	No Limit Spo	3.65m 11-11.75
4 Steve Morris	M58	Club West	3.50m 11-05.75
5 Tomlinson Rauscher	M61	unattached	J3.35m 10-11.75
5 Arthur Parry	M61	unattached	3.35m 10-11.75
7 Mardon Connelly	M65	unattached	3.05m 10-00.00
8 Stuart Hancock	M54	Pole Pilots	2.75m 9-00.25
9 Arthur Ribbel	M65	North Coast	2.60m 8-06.25
-- Wayne Lambert	M61	unattached	NH

Women Long Jump

Name	Age	Team	Finals	Wind
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1	Veronica Amarasekara	W46	So Cal Track	4.89m	NWI	16-00.50
2	Donna Gatz	W45	unattached	4.09m	NWI	13-05.00
3	Brenda Matthews	W58	So. Calif. S	3.86m	NWI	12-08.00

Men Long Jump

Name	Age	Team	Finals	Wind
1	Allen Eggman	M46 unattached	5.39m	NWI 17-08.25
2	Thaddeus Wilson	M56 Oxnard Stars	5.38m	NWI 17-08.00
3	Joseph Patridge	M49 unattached	5.21m	NWI 17-01.25
4	Mahmoud Niroumand	M50 So Cal Track	5.17m	NWI 16-11.50
5	John Kuechle	M55 unattached	5.16m	NWI 16-11.25
6	Roger Alan	M47 unattached	4.84m	NWI 15-10.50
7	Carl Flowers	M60 So Cal Track	4.72m	NWI 15-06.00
8	Stuart Hancock	M54 Pole Pilots	4.69m	NWI 15-04.75
9	Paul Shires	M54 unattached	4.63m	NWI 15-02.25
10	Chip Crowl	M52 unattached	4.58m	NWI 15-00.50
11	Arthur Parry	M61 unattached	4.57m	NWI 15-00.00
12	Rob Duncanson	M52 KM3D Athletic	4.55m	NWI 14-11.25
13	Kevin Christensen	M56 unattached	4.25m	NWI 13-11.50
14	Roger Tsuda	M71 So. Calif. S	4.18m	NWI 13-08.75
14	Patrick Pittman	M55 unattached	4.18m	NWI 13-08.75
16	Larry Manzano	M41 unattached	4.17m	NWI 13-08.25
17	Tom Patsalis	M85 So Cal Track	2.60m	NWI 8-06.50

Women Triple Jump

Name	Age	Team	Finals	Wind
1	Linda Cohn	W54 So. Calif. S	8.88m	NWI 29-01.75
2	Johnnye Valien	W81 So. Calif. S	4.44m	NWI 14-07.00

Men Triple Jump

Name	Age	Team	Finals	Wind
1	Mahmoud Niroumand	M50 So Cal Track	11.40m	NWI 37-05.00
2	Milan Tiff	M59 So Cal Track	11.14m	NWI 36-06.75
3	Derek Boosey	M65 unattached	10.30m	NWI 33-09.50
4	Donald Watson	M52 unattached	10.25m	NWI 33-07.50
5	Larry Manzano	M41 unattached	7.79m	NWI 25-06.75
6	Donald Leis	M75 So. Calif. S	6.64m	NWI 21-09.50
7	Tom Patsalis	M85 So Cal Track	6.40m	NWI 21-00.00

Women Shot Put

Name	Age	Team	Finals
1	Linda Cohn	W54 So. Calif. S	9.49m 31-01.75
2	Brenda Matthews	W58 So. Calif. S	8.58m 28-01.75
3	Karen Vaughn	W49 unattached	7.89m 25-10.75
4	Lorraine Tucker	W60 So. Calif. S	7.77m 25-06.00
5	Jeanne Bowman	W54 So. Calif. S	7.46m 24-05.75
6	Hattie Perry	W64 Highlanders	6.01m 19-08.75
7	Christine Stone	W52 unattached	5.50m 18-00.50

Men Shot Put

Name	Age	Team	Finals
1	Bradley Slinkard	M50 unattached	15.60m 51-02.25
2	Mark Landa	M34 unattached	15.22m 49-11.25
3	James Loosbrock	M60 unattached	13.80m 45-03.50
4	Hal Smith	M71 unattached	13.52m 44-04.25
5	Theagenis Abatzoglou	M60 unattached	12.60m 41-04.25
6	Gary Schmidt	M54 unattached	12.42m 40-09.00
7	Tim Muller	M57 unattached	12.34m 40-06.00
8	Arnie Gaynor	M79 So. Calif. S	12.11m 39-08.75
8	Gerald Althouse	M55 unattached	12.11m 39-08.75
10	Ivan Zubar	M43 unattached	12.02m 39-05.25
11	Jamal Keshmiri	M36 unattached	11.70m 38-04.75
12	Leonard Rosen	M73 Twilight Thr	11.58m 38-00.00
13	John Ryer	M39 unattached	11.54m 37-10.50
14	David Bickel	M41 unattached	11.48m 37-08.00
14	Wayne Tweddell	M52 unattached	11.48m 37-08.00
16	Troy Nelson	M36 So Cal Track	10.46m 34-04.00

17	Jerry Harwood	M68	So Cal Track	10.09m	33-01.25
18	Ernie Smith	M74	unattached	9.66m	31-08.50
19	William Weinstock	M60	unattached	9.54m	31-03.75
20	Robert Eldridge	M72	unattached	8.85m	29-00.50
21	Alan Rosen	M71	unattached	8.80m	28-10.50
22	Rodney Johnson	M48	So. Calif. S	8.47m	27-09.50
23	Leland McPhie	M93	unattached	6.80m	22-03.75

Women Discus Throw

Name	Age	Team	Finals
1	Linda Cohn	W54 So. Calif. S	26.09m 85-07
2	Lorraine Tucker	W60 So. Calif. S	21.28m 69-10
3	Brenda Matthews	W58 So. Calif. S	21.18m 69-06
4	Jeanne Bowman	W54 So. Calif. S	19.40m 63-08
5	Christine Stone	W52 unattached	12.62m 41-05
6	Johnnye Valien	W81 So. Calif. S	11.06m 36-03

Men Discus Throw

Name	Age	Team	Finals
1	Ralph Fruguglietti	M52 So Cal Track	57.65m 189-02
2	Mark Landa	M34 unattached	49.65m 162-11
3	Tim Muller	M57 unattached	45.80m 150-03
4	Richard Comber	M55 San Diego Tr	44.94m 147-05
5	Jamal Keshmiri	M36 unattached	41.11m 134-10
6	Wayne Tweddell	M52 unattached	40.22m 131-11
7	Theagenis Abatzoglou	M60 unattached	39.93m 131-00
8	Gary Schmidt	M54 unattached	38.57m 126-06
9	Gerald Althouse	M55 unattached	37.72m 123-09
10	John Burns	M66 unattached	37.17m 121-11
11	Arnie Gaynor	M79 So. Calif. S	35.58m 116-09
12	John Ryer	M39 unattached	35.51m 116-06
13	Jerry Harwood	M68 So Cal Track	35.21m 115-06
14	David Bickel	M41 unattached	34.94m 114-07
15	Hal Smith	M71 unattached	33.26m 109-01
16	Dolf Berle	M44 Trojan Maste	32.85m 107-09
17	Leonard Rosen	M73 Twilight Thr	31.77m 104-03
18	Alan Rosen	M71 unattached	31.76m 104-02
19	Troy Nelson	M36 So Cal Track	31.64m 103-10
20	James Barry	M49 unattached	30.65m 100-07
21	Rob Duncanson	M52 KM3D Athletic	28.88m 94-09
22	Robert Eldridge	M72 unattached	22.78m 74-09
23	Leland McPhie	M93 unattached	13.23m 43-05

Men Hammer Throw

Name	Age	Team	Finals
1	Mark Landa	M34 unattached	55.22m 181-02
2	Michael Ostrom	M42 unattached	47.45m 155-08
3	Thomas Meyer	M55 So Cal Track	45.60m 149-07
4	John Ryer	M39 unattached	44.41m 145-08
5	David Bickel	M41 unattached	43.10m 141-05
6	Mark Robinson	M51 unattached	39.64m 130-01
7	Douglas Parsons	M46 So Cal Track	38.71m 127-00
8	Richard Watson	M54 unattached	37.86m 124-02
8	Gary Schmidt	M54 unattached	37.86m 124-02
10	Hal Smith	M71 unattached	36.76m 120-07
11	Troy Nelson	M36 So Cal Track	36.47m 119-08
12	Doug Tomlinson	M75 So. Calif. S	35.89m 117-09
13	Tim Muller	M57 unattached	34.97m 114-09
14	Jerry Harwood	M68 So Cal Track	31.19m 102-04

Women Javelin Throw

Name	Age	Team	Finals
1	Linda Cohn	W54 So. Calif. S	37.31m 122-05
2	Caren Ware	W45 Athena Track	25.60m 84-00
3	Tina Bowman	W54 Beach Track	25.59m 83-11

Men Javelin Throw

Name	Age	Team	Finals
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1	Jason Bender	M45	So Cal Track	56.07m	183-11
2	Mark Landa	M34	unattached	49.14m	161-03
3	John Hansen	M49	unattached	47.87m	157-01
4	Bob Powers	M58	unattached	46.31m	151-11
5	John Schneider	M62	unattached	43.31m	142-01
6	John Burns	M66	unattached	42.80m	140-05
7	Mahmoud Niroumand	M50	So Cal Track	42.69m	140-01
8	Mike Tipping	M54	So Cal Track	41.30m	135-06
9	William Weinstock	M60	unattached	39.69m	130-02
10	Richard Watson	M54	unattached	39.23m	128-08
11	Gerald Prnjak	M58	unattached	38.72m	127-00
12	Robert Morris	M57	unattached	37.65m	123-06
12	Charlie Mendoza	M49	unattached	37.65m	123-06
14	James Barry	M49	unattached	37.33m	122-06
15	Troy Nelson	M36	So Cal Track	36.55m	119-11
16	Juris Terauds	M70	unattached	35.14m	115-03
17	Ron Rook	M58	Trojan Maste	33.71m	110-07
18	Edward Martin	M74	unattached	33.38m	109-06
19	Kevin Christensen	M56	unattached	33.22m	109-00
20	Buster Quist	M71	Arizona Flam	33.10m	108-07
21	Gary Schmidt	M54	unattached	33.09m	108-07
22	David Bickel	M41	unattached	32.28m	105-11
23	Allan Trefry	M78	unattached	28.10m	92-02
24	Doug Tomlinson	M75	So. Calif. S	27.92m	91-07
25	Art Morrow	M43	unattached	27.30m	89-07
26	Ernie Smith	M74	unattached	22.37m	73-05

Men Weight Throw

Name	Age	Team	Finals
1	Mark Landa	M34 unattached	17.84m 58-06.50
2	Thomas Meyer	M55 So Cal Track	16.53m 54-02.75
3	Douglas Parsons	M46 So Cal Track	15.04m 49-04.25
4	Hal Smith	M71 unattached	14.88m 48-10.00
5	John Ryer	M39 unattached	14.53m 47-08.00
6	Doug Tomlinson	M75 So. Calif. S	14.23m 46-08.25
7	Mark Robinson	M51 unattached	14.16m 46-05.50
8	David Bickel	M41 unattached	13.98m 45-10.50
9	Tim Muller	M57 unattached	13.27m 43-06.50
10	Gary Schmidt	M54 unattached	13.05m 42-09.75
11	Richard Watson	M54 unattached	12.83m 42-01.25
12	Troy Nelson	M36 So Cal Track	11.59m 38-00.25
13	Jerry Harwood	M68 So Cal Track	11.43m 37-06.00

Men Super Weight

Name	Age	Team	Finals
1	Mark Landa	M34 unattached	12.08m 39-07.75
2	Douglas Parsons	M46 So Cal Track	9.42m 30-11.00
3	John Ryer	M39 unattached	9.03m 29-07.50
4	David Bickel	M41 unattached	8.64m 28-04.25
5	Doug Tomlinson	M75 So. Calif. S	8.35m 27-04.75
6	Thomas Meyer	M55 So Cal Track	6.70m 21-11.75
7	Tim Muller	M57 unattached	6.57m 21-06.75
7	Richard Watson	M54 unattached	6.57m 21-06.75
9	Jerry Harwood	M68 So Cal Track	6.55m 21-06.00
10	Gary Schmidt	M54 unattached	5.74m 18-10.00