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**Southern  
California  
Association USATF**

**Masters Indoor  
Championships . . . Outdoors**

**February 25, 2007**

**Santa Ana College, Santa Ana**

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Division	Place	Name	Time	Wind
<b>60</b>				
<b>Men</b>				
<b>30-34</b>				
	1	Terrance Spann	7.29	1.7
<b>35-39</b>				
	1	Hugo Estrada	7.63	1.7
	2	Steve Metz	7.78	1.7
<b>40-44</b>				
	1	Andre Freeman	7.35	1.2
	2	Frank Strong	7.43	1.2
	3	Johnny Speed	7.59	1.2
<b>45-49</b>				
	1	Rodney Johnson	8.17	1.2
	2	Mahmoud Niromaud	8.29	1.2
<b>50-54</b>				
	1	Paul Shires *	8.37	0.1
	2	Ken Stone *	8.87	0.1
	3	Andrew Hecker	8.96	0.1
<b>55-59</b>				
	1	Patrick Lyons	8.18	0.1
<b>60-64</b>				

	<b>1</b>	<b>Tomlinson Rauscher</b>	<b>8.75</b>	<b>0.5</b>
	<b>2</b>	<b>Theo Viltz</b>	<b>8.86</b>	<b>0.5</b>
	<b>3</b>	<b>Dan Girling</b>	<b>9.57</b>	<b>0.5</b>
	<b>4</b>	<b>Willie Roberson</b>	<b>9.59</b>	<b>0.5</b>
	<b>5</b>	<b>Ronald Stork</b>	<b>11.45</b>	<b>0.5</b>
<b>65-69</b>				
	<b>1</b>	<b>Lee Gillespie</b>	<b>8.95</b>	<b>0.5</b>
<b>70-74</b>				
	<b>1</b>	<b>Roger Tsuda</b>	<b>8.92</b>	<b>1.6</b>
	<b>2</b>	<b>Samuel Flory</b>	<b>9.57</b>	<b>1.6</b>
<b>75-79</b>				
	<b>1</b>	<b>Jim Selby *</b>	<b>10.48</b>	<b>1.6</b>
<b>85-89</b>				
	<b>1</b>	<b>Tom Patsalis</b>	<b>11.67</b>	<b>1.6</b>
<b>Women</b>				
<b>45-49</b>				
	<b>1</b>	<b>Elaine Iba</b>	<b>8.71</b>	<b>NWI</b>
	<b>2</b>	<b>Susan Quintana</b>	<b>10.88</b>	<b>NWI</b>
<b>50-54</b>				
	<b>1</b>	<b>Rita Hanscom *</b>	<b>8.76</b>	<b>NWI</b>
	<b>2</b>	<b>Debbie Selby *</b>	<b>10.06</b>	<b>NWI</b>
	<b>3</b>	<b>Christine Stone *</b>	<b>12.94</b>	<b>NWI</b>
<b>55-59</b>				
	<b>1</b>	<b>Brenda Matthews</b>	<b>8.71</b>	<b>NWI</b>
<b>60-64</b>				
	<b>1</b>	<b>Nadine O'Connor *</b>	<b>8.89</b>	<b>NWI</b>
<b>100-Exhibition</b>				
<b>Men</b>				
<b>65-69</b>				
	<b>1</b>	<b>Felton Turnage *</b>	<b>11.9h</b>	<b>NWI</b>
<b>45-49</b>				
	<b>1</b>	<b>Rodney Johnson</b>	<b>12.8h</b>	<b>NWI</b>
<b>50-54</b>				
	<b>1</b>	<b>Andrew Hecker</b>	<b>13.8h</b>	<b>NWI</b>
<b>65-69</b>				
	<b>1</b>	<b>Lee Gillespie</b>	<b>14.2h</b>	<b>NWI</b>
<b>70-74</b>				
	<b>1</b>	<b>Roger Tsuda</b>	<b>14.82</b>	<b>NWI</b>

200

Men  
30-34

<b>35-39</b>	<b>1</b>	<b>Terrance Spann</b>	<b>23.18</b>	<b>2.4</b>
	<b>1</b>	<b>Hugo Estrada</b>	<b>24.06</b>	<b>2.4</b>
	<b>2</b>	<b>Marcus Santi</b>	<b>25.03</b>	<b>2.4</b>
<b>40-44</b>	<b>3</b>	<b>Steve Metz</b>	<b>25.15</b>	<b>2.4</b>
	<b>1</b>	<b>Andre Freeman</b>	<b>23.38</b>	<b>1.9</b>
	<b>2</b>	<b>Felton Turnage *</b>	<b>24.57</b>	<b>1.9</b>
<b>45-49</b>	<b>3</b>	<b>Johnny Speed</b>	<b>24.62</b>	<b>1.9</b>
	<b>4</b>	<b>Christopher Shultz</b>	<b>28.60</b>	<b>1.9</b>
	<b>1</b>	<b>James Chinn *</b>	<b>24.27</b>	<b>1.9</b>
<b>50-54</b>	<b>2</b>	<b>Rodney Johnson</b>	<b>26.39</b>	<b>1.9</b>
	<b>1</b>	<b>Greg Pizza *</b>	<b>25.76</b>	<b>2.1</b>

	<b>2</b>	<b>Paul Shires *</b>	<b>27.04</b>	<b>2.1</b>
	<b>3</b>	<b>Ken Stone *</b>	<b>30.42</b>	<b>2.1</b>
<b>60-64</b>	<b>1</b>	<b>Willie Roberson</b>	<b>31.09</b>	<b>2.1</b>

<b>65-69</b>	<b>2</b>	<b>Dan Girling</b>	<b>33.11</b>	<b>2.1</b>
<b>70-74</b>	<b>1</b>	<b>Lee Gillespie</b>	<b>29.61</b>	<b>2.1</b>
<b>75-79</b>	<b>1</b>	<b>Roger Tsuda</b>	<b>30.27</b>	<b>2.1</b>
<b>Women</b>	<b>1</b>	<b>Jim Selby *</b>	<b>36.03</b>	<b>2.1</b>
<b>50-54</b>	<b>1</b>	<b>Rita Hanscom *</b>	<b>29.26</b>	<b>1.2</b>
	<b>2</b>	<b>Jeanne Bowman</b>	<b>31.41</b>	<b>1.2</b>
	<b>3</b>	<b>Debbie Selby *</b>	<b>36.20</b>	<b>1.2</b>
<b>55-59</b>	<b>1</b>	<b>Brenda Matthews</b>	<b>30.94</b>	<b>1.2</b>
<b>400</b>				
<b>Men</b>				
<b>30-34</b>	<b>1</b>	<b>Terrance Spann</b>	<b>50.86</b>	
<b>35-39</b>	<b>1</b>	<b>Marcus Santi</b>	<b>55.06</b>	
<b>45-49</b>	<b>1</b>	<b>James Chinn *</b>	<b>55.85</b>	
<b>50-54</b>	<b>1</b>	<b>Ed Italo</b>	<b>1:01.90</b>	
	<b>2</b>	<b>Paul Shires *</b>	<b>1:02.94</b>	
<b>70-74</b>	<b>1</b>	<b>James Becket</b>	<b>1:20.12</b>	
	<b>2</b>	<b>Sam Flory</b>	<b>1:25.09</b>	
<b>75-79</b>	<b>1</b>	<b>Jim Selby</b>	<b>1:22.11</b>	
<b>800</b>				
<b>Men</b>				
<b>35-39</b>	<b>1</b>	<b>Marcus Santi</b>	<b>2:16.70</b>	
<b>45-49</b>	<b>1</b>	<b>Dave Cook</b>	<b>2:30.35</b>	
<b>75-79</b>	<b>1</b>	<b>Jim Selby</b>	<b>3:56.60</b>	
<b>Mile</b>				
<b>Men</b>				
<b>40-44</b>	<b>1</b>	<b>Tyrus Deminter</b>	<b>5:33.15</b>	
<b>45-49</b>	<b>1</b>	<b>David Cook</b>	<b>5:09.98</b>	
<b>50-54</b>				

<b>55-59</b>	<b>1</b>	<b>Steve Lassegard</b>	<b>5:34.43</b>	
<b>60-64</b>	<b>1</b>	<b>Gary Shapiro</b>	<b>5:44.57</b>	
	<b>1</b>	<b>John Dischinger</b>	<b>5:58.30</b>	
<b>3000</b>				
<b>Men</b>				
<b>45-49</b>				
<b>Open</b>	<b>1</b>	<b>Jerasim Torres</b>		
		<b>Art Noguelon</b>	<b>DNF</b>	
<b>Women</b>				
<b>40-44</b>	<b>1</b>	<b>Rosalva Bonilla</b>	<b>10:53.17</b>	
<b>60 Hurdles</b>				
<b>Men</b>				
<b>45-49</b>	<b>1</b>	<b>Mahmoud Niromand</b>	<b>10.76</b>	<b>NWI</b>
<b>50-54</b>	<b>1</b>	<b>Andrew Hecker</b>	<b>11.15</b>	<b>NWI</b>
<b>60-64</b>	<b>1</b>	<b>Tomlinson Rauscher</b>	<b>11.78</b>	<b>NWI</b>
		<b>Theo Viltz</b>	<b>DNF</b>	<b>NWI</b>
<b>5000 Racewalk</b>				
<b>Men</b>				
<b>Open</b>	<b>1</b>	<b>Paul Greive</b>	<b>27:27</b>	
<b>40-44</b>	<b>1</b>	<b>Joe Nieroski</b>	<b>24:17</b>	
<b>60-64</b>	<b>1</b>	<b>Rick Campbell</b>	<b>28:54</b>	
	<b>2</b>	<b>Ellis Jones</b>	<b>34:55</b>	
<b>65-69</b>	<b>1</b>	<b>Wayne Wurzburger</b>	<b>32:17</b>	
<b>80-84</b>	<b>1</b>	<b>Soula Thomas</b>	<b>43:06</b>	
<b>Women</b>				
<b>55-59</b>	<b>1</b>	<b>Sylvia Ellis</b>	<b>31:11</b>	
	<b>2</b>	<b>Carol Bertino</b>	<b>31:58</b>	
<b>60-64</b>				

**1 Donna Cunningham 30:04**

**10000 Racewalk**

**Men**

**35-39**

**1 Phillip Dunn 45:47**

**40-44**

**65-69**

**1 Pat Bivona 1:07:50**

**2 Bob Nyman 1:08:56**

**70-74**

**1 Arvid Rolle 1:15:06**

**80-84**

**Women**

**65-69**

**1 Analise Smith 1:18:49**

**70-74**

**1 Shirley Capps 1:17:53**

**Shot**

**Put**

**Men**

**Open**

**1 Kyle Grosky 13.53 44'5**

**40-44**

**1 Christopher Shultz 9.75 32'0**

**45-49**

**1 Mahmoud Niramoud 9.32 30'7**

**2 Rodney Johnson 8.78 28'10**

**50-54**

**1 Gerald Althouse 12.10 39'8 1/2**

**2 James Fraser 9.16 30'1"**

**70-74**

**1 Ernie Smith 8.94 29'4**

**75-79**

**1 Arnie Gaynor 12.39 40'8**

**Women**

**80-84**

**1 Johnnye Valien 5.71 18'9"**

**Discus Exhibition**

**Men**

**Open**

**1 Kyle Grosky 41.07 134'9**

**2 Mark Horist 32.41 106'4**

**40-44**

<b>1</b>	<b>Christopher Shultz</b>	<b>30.07</b>	<b>98'8</b>
<b>2</b>	<b>Logan Culp</b>	<b>29.10</b>	<b>95'6</b>

**50-54**

<b>1</b>	<b>Gerald Althouse</b>	<b>37.69</b>	<b>123'8</b>
<b>2</b>	<b>James Fraser</b>	<b>35.48</b>	<b>116'5"</b>

**75-79**

<b>1</b>	<b>Arnie Gaynor</b>	<b>37.03</b>	<b>121'6"</b>
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**Javelin Exhibition****Men****Open**

<b>1</b>	<b>Mark Horist</b>	<b>33.40</b>	<b>109'7</b>
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**40-44**

<b>1</b>	<b>Christopher Shultz</b>	<b>30.30</b>	<b>99'5</b>
<b>2</b>	<b>Logan Culp</b>		<b>NM</b>

**45-49**

<b>1</b>	<b>Mahmoud Niramoud</b>	<b>40.08</b>	<b>131'6</b>
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**55-59**

<b>1</b>	<b>Ron Rook</b>	<b>37.97</b>	<b>124'7</b>
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**70-74**

<b>1</b>	<b>Ernie Smith</b>	<b>37.03</b>	<b>121'6"</b>
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**Weight****Throw****Open**

<b>1</b>	<b>Kyle Gorsky</b>	<b>13.04</b>	<b>42'9 1/2"</b>
<b>2</b>	<b>M. G.</b>	<b>9.11</b>	<b>29'11</b>

**45-49**

<b>1</b>	<b>Doug Parsons</b>	<b>15.29</b>	<b>50'2"</b>
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**Long Jump****Men****Open**

<b>1</b>	<b>Matt Primous</b>	<b>6.52</b>	<b>21'5"</b>
<b>2</b>	<b>Mark Horist</b>	<b>5.48</b>	<b>18'0"</b>

**40-44**

<b>1</b>	<b>Logan Culp</b>	<b>4.80</b>	<b>15'9"</b>
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**45-49**

<b>1</b>	<b>Mahmoud Niromaoud</b>	<b>5.25</b>	<b>17'3"</b>
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**50-54**

<b>1</b>	<b>Paul Shires *</b>	<b>4.75</b>	<b>15'7"</b>
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**70-74**



<b>85-89</b>	<b>1</b>	<b>Roger Tsuda</b>	<b>4.01</b>	<b>13'2"</b>
<b>Women</b>	<b>1</b>	<b>Tom Patsalis</b>	<b>2.66</b>	<b>8'9"</b>
<b>45-49</b>	<b>1</b>	<b>Elaine Iba</b>	<b>4.06</b>	<b>13'4"</b>
<b>Triple Jump</b>				
<b>40-44</b>	<b>1</b>	<b>Lavelle Davenport</b>	<b>11.35</b>	<b>37'3"</b>
	<b>2</b>	<b>Logan Culp</b>	<b>9.85</b>	<b>32'4"</b>
<b>45-49</b>	<b>1</b>	<b>Mahmoud Niromaud</b>	<b>10.58</b>	<b>34'8 3/4"</b>
<b>50-54</b>	<b>1</b>	<b>Paul Shires *</b>	<b>9.24</b>	<b>30'4"</b>
<b>85-89</b>	<b>1</b>	<b>Tom Patsalis (best with legal wind +1.1)</b>	<b>6.62 6.55</b>	<b>21'9" 21'5 3/4"</b>
<b>High Jump</b>				
<b>Men</b>				
<b>Open</b>	<b>1</b>	<b>Matt Primous</b>	<b>1.98</b>	<b>6'6"</b>
	<b>2</b>	<b>Mark Horist</b>	<b>1.62</b>	<b>5'4"</b>
<b>40-44</b>	<b>1</b>	<b>Ron Lee</b>	<b>1.72</b>	<b>5'8"</b>
	<b>2</b>	<b>Christopher Shultz</b>	<b>1.52</b>	<b>5'0"</b>
<b>45-49</b>	<b>1</b>	<b>Mahmoud Niromaud</b>	<b>1.52</b>	<b>5'0"</b>
<b>50-54</b>	<b>1</b>	<b>Don Weeks</b>	<b>1.63</b>	<b>5'4"</b>
	<b>2</b>	<b>Ken Stone *</b>	<b>1.37</b>	<b>4'6"</b>
<b>60-64</b>	<b>1</b>	<b>James Goodreau</b>	<b>1.52</b>	<b>5'0"</b>
<b>Women</b>				
<b>55-59</b>	<b>1</b>	<b>Annelies Steeklenburg</b>	<b>1.37</b>	<b>4'6"</b>
<b>Pole Vault</b>				
<b>Men</b>				
<b>Open</b>				

<b>45-49</b>	<b>1</b>	<b>Mark Horist</b>	<b>3.20</b>	<b>10'6"</b>
<b>50-54</b>	<b>1</b>	<b>Bernie Miller *</b>	<b>4.11</b>	<b>13'6"</b>
	<b>1</b>	<b>Charles Brown</b>	<b>4.41</b>	<b>14'5"</b>
	<b>2</b>	<b>Murray Mead</b>	<b>3.96</b>	<b>13'0"</b>
<b>55-59</b>				
<b>60-64</b>	<b>1</b>	<b>Steve Morris</b>	<b>3.35</b>	<b>11'0</b>
	<b>1</b>	<b>Tomlinson Rauscher</b>	<b>3.04</b>	<b>10'0"</b>
		<b>Wayne Lambert</b>		<b>NH</b>
<b>Women</b>				
<b>50-54</b>				
<b>60-64</b>	<b>1</b>	<b>Rita Hanscom</b>	<b>2.74</b>	<b>9'0"</b>
	<b>1</b>	<b>Nadine O'Connor*</b>	<b>2.89</b>	<b>9'6"</b>