

CLUB WEST MASTERS' 29TH TRACK & FIELD MEET**OCTOBER 5, 2002, PAULEY TRACK, UNIVERSITY OF CALIFORNIA AT SANTA BARBARA****55M**

M19	Rashad Hargrove	6.60	
M25	Joe Criner	6.73	
M40	Richard J. Novelli	7.22	
	Eugene Anton	7.59	
M45	Dray Hargrove	6.97	
	James Bonilla	7.25	
	Jack Cramer	7.54	
	Rob Duncanson	7.62	
	Ernie Snodgrass		7.70
	Murray Mead	8.51	
M50	Lionel Johnson	7.25	
	Larry Lettieri	7.42	
	Lewis Baskerville	7.78	
M55	Lance Pierce	8.22	
M60	Fred Dillemath	8.29	
M65	Roger Tsuda	8.11	
	Richard D. Novelli	8.83	
	Ray Archibald	11.54	
M70	Don Cheek	8.35	
	Sam Flory	8.60	
	Paul Bambrook	8.68	
	Barney Phillips	9.15	
	Jim Selby	9.33	
M90	Ted Hatlen	12.17	
W40	Joy Margerum	7.74	
	Mary Miller	8.62	
W45	Debbie Selby	9.54	
	Christine Stone	11.58	
W55	Lynn Naftel	8.52	
	Lorraine Tucker		8.91
	Marilou Cramer	9.76	
W60	Kathy Bergen	8.56	
W65	Fei-Mei Chou	11.58	

100M

M19	Rashad Hargrove	10.95	
M25	Joe Criner	11.19	
M40	Richard J. Novelli	12.48	
	Michael Shea	12.85	
M45	Marty Krulee	11.40	
	Dray Hargrove	11.83	
	James Bonilla	12.56	
	Robert Zahn	12.60	
	Ernie Snodgrass		13.31
	Jack Cramer	13.68	
M50	Lionel Johnson	12.18	
	Larry Lettieri	12.67	
	Lewis Baskerville	13.40	
M55	Dan Girling	14.70	
	Bob Callori	16.66	

100M (continued)

M60	Tony Craddock	13.97	
	Fred Dillemath	15.08	
M65	Roger Tsuda	13.96	
	Richard D. Novelli	15.46	
M70	Don Cheek	14.44	
	Paul Bambrook	15.03	
	Sam Flory	15.15	

	Frank Kishi	16.20
	Barney Phillips	16.20
	Jim Selby	16.70
	Vernon Dolphin	20.60
	Joseph Welch	20.80
W40	Joy Margerum	13.28
	Mary Miller	14.99
W45	Debbie Selby	16.72
	Christine Stone	20.12
W50	Lynn Naftel	14.81
W60	Kathy Bergen	15.77
	Marilou Cramer	16.90
W65	Fei-Mei Chou	20.14

200M

M25	Joe Criner	22.76
M35	Willy Rossow	25.91
M40	Michael Shea	25.93
	Eugene Anton	27.24
	Fred Kluth	28.20
M45	Marty Krulee	23.37
	Dray Hargrove	24.03
	Koko Calvin	25.95
M45	Ernie Snodgrass	27.07
	Rick Thoman	27.26
M50	Lionel Johnson	25.57
M55	Larry Barnum	26.66
	Dan Girling	30.93
M60	Tony Craddock	29.61
M65	Roger Tsuda	28.81
	Ray Archibald	42.86
M70	Don Cheek	30.96
	Jim Selby	33.90
	Frank Kishi	34.83
W45	Debbie Selby	36.94
W55	Lynn Naftel	30.58
W65	Fei-Mei Chou	44.04

400M

M30	Ronald Colton	57.41
	Todd Darras	1.01.59
M35	Willy Rossow	56.49
M40	Fred Kluth	1.02.20
M45	Dray Hargrove	53.16
	Michael Allen	56.08
	Rick Thoman	59.91
	Ernie Snodgrass	1.06.5 (Manual time)
M50	Parker White	1.02.14
400M (continued)		
M55	Larry Barnum	57.95
	Dan Girling	1.16.55
M60	Don McMillan	1.01.94
M65	Ray Archibald	1.36.33
M70	Don Cheek	1.08.42
	Jim Selby	1.18.00
W45	Debbie Selby	1.28.73
W55	Lynn Naftel	1.10.23
W65	Fei-Mei Chou	1.44.92

800M

M30	Ronald Colton	2.20.41
M35	John Sprague	2.02.54
M45	Steve Wulf	2.05.17

	Dave Albo	2.10.51
M50	Wayne Douglas	2.32.58
M55	Larry Barnum	2.15.97
M60	Don McMillan	2.24.04
	Jeremy Lys	2.37.54
M65	Ray Archibald	3.41.91
M70	Jim Selby	2.58.19
	Vernon Dolphin	4.13.71
W45	Tracey Cox	3.01.70
W60	Marie Michelson	2.48.59

1500M

M40	Carl Maravilla	4.41.07
M45	Dave Albo	4.32.15
M60	Jeremy Lys	5.39.04
M65	Charles Kirby	5.55.42
M70	Jim Selby	6.45.07

1 Mile

M65	Ray Archibald	8.03.28
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2,000M SteepleChase

M60	Blaine Lawson	9.08.5
M65	Don Truex	8.49.2
	Gordon McClenathen	9.24.8
	Ray Archibald	11.21.7
M70	Jim Selby	10.16.2

5,000M

M60	Gary Reddaway	20.46.88
	Louis Nicotra	28.18.44
M65	John Brennand	20.37.51
	Dale Headley	22.34.20

80M Hurdles

W40	Joy Margerum	12.36
W55	Lynn Naftel	15.47

100M Hurdles

M60	Fred Dillemath	21.79
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110M Hurdles

M35	Drew Monaghan	16.15
M40	Eugene Anton	16.98
M45	Robert Zahn	16.79
	Brian Mutert	19.90
	Rob Duncanson	21.00

300M Hurdles

M60	Terry Rowan	53.36
	Fred Dillemath	1.00.98
W55	Lynn Naftel	58.43

400M Hurdles

M35	Drew Monaghan	1.01.72
M45	Brian Mutert	1.05.29
	Andrew Hecker	1.12.79
W40	Joy Margerum	1.13.68

1500M Walk

M65	Ray Archibald	12.06.7
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3000M Walk

W35	Karen Duncanson	22.20.80
W55	Christy Dillemoth	22.26.98

400M Relay

M40-49 San Francisco T&F Club

Allen Eggman	
Fred Kluth	
Brian Mutert	
Rick Thoman	51.92

High Jump

M40	Victor Berezovski	1.74	5-8 ½
	Allen Eggman	1.62	5-4
M45	Brian Mutert	1.57	5-2
	Rob Duncanson	1.37	4-6
M55	Roberto Pozzi	1.52	5-0
	Joe Cantrell	1.37	4-6
M60	John Burns	1.57	5-2
	John Dobroth	1.52	5-0
	Bert Bergen	1.37	4-6
	Fred Dillemoth	1.17	3-10
M65	Hal Smith	1.37	4-6
M70	Paul Bambrook	1.17	3-10
	Barney Phillips	1.07	3-6
W45	Karen Vaughn	1.32	4-4
W60	Kathy Bergen	1.27	4-2
W65	Christel Donley	1.12	3-8
	Fei-Mei Chou	0.91	3-0

Long Jump

M60	Terry Rowan	4.09	13-5
	Fred Dillemoth	4.00	13-1 ½
	Larry Jones	3.96	12-11 ¾
	Dave Thorenson	3.88	12-8 ¾
Long Jump (continued)			
M65	Roger Tsuda	4.52	14-10
M70	Paul Bambrook	3.98	13-0 ¾
	Jerry Donley	3.68	12-0 ¾
	Barney Phillips	2.88	9-5 ¼
W40	Joy Margerum	4.89	16-0 ½
W55	Lorraine Tucker	3.75	12-3 ½
W65	Fei-Mei Chou	2.51	8-2 ¾

Triple Jump

M50	Angel Cachinero	10.59	34-9
	Scott Wolfe	9.63	31-7 ¼
M60	Terry Rowan	8.93	29-3 ¾
M70	Paul Bambrook	8.11	26-7 ¼
W65	Fei-Mei Chou	5.37	17-7 ½

Pole Vault

M45	Murray Mead	4.11	13-6
	Mike Hogan	3.96	13-0
	Rob Duncanson	2.74	9-0
M55	Steve Morris	3.66	12-0
	Joel Whitfield	2.29	7-6
M60	Gary Miller	3.05	10-0
	Larry Jones	2.74	9-0
	Fred Dillemoth	2.13	7-0
M65	Ed Oleata	3.18	10-5 ¼
	Hal Smith	2.13	7-0
W45	Rita Hanscom	2.29	7-6
W60	Nadine O'Connor	2.44	8-0

Shot Put

M40	James Barry	11.00	36-1 ¼
	Allen Eggman	9.06	29-83/4
M45	James Kerman	14.08	46-2 ½
	Rob Duncanson	8.36	27-5 ¼
	Rick Thoman	7.57	24-10
M50	Michael Shiaras	15.46	50-8 ¾
	Mike Deller	12.60	41-4 ¼
	Angelo Rinaldi	12.42	40-9
M60	Jack Kuhns	11.42	37-5 ¾
	Richard Noble	11.17	36-7 ¾
	Ken Lott	10.26	33-8
	Dave Nuttall	10.10	33-1 ¾
M65	Hal Smith	14.22	46-8
	Jim Hart	9.79	32-1 ½
	Don Alexander	7.58	24-10 ½
M70	Arnie Gaynor	12.84	42-1 ½
	Tom Allison	11.11	36-5 ½
	Barney Phillips	7.97	26-1 ¾
M90	Ted Hatlen	7.19	23-7 ¼ New WR 91yrs Age Group 4kg
W45	Karen Vaughn	8.92	29-3 ¼
W50	Annelies Steekelenburg	8.17	26-9 ¾
W55	Lorraine Tucker	9.06	29-8 ¾
	Kathryn Noble	6.48	21-3 ¼
W65	Christel Donley	7.60	24-11 ¼
M65	Hal Smith	11.04	36-2 ¾ New WR 67yrs Age Group 16lbs

Discus

M40	James Barry	34.58	113-5
M50	Mike Deller	43.34	142-2
M60	Lloyd Higgins	54.10	177-6
	John Burns	43.28	142-0
	Dave Nuttall	38.61	126-8
	Jack Kuhns	33.93	111-4
	Richard Noble	29.48	96-9
M65	Hal Smith	46.57	152-9
	Bob Ward	45.31	148-8
	Frank Carl	38.68	126-11
	Jim Hart	34.79	114-1
	Don Alexander	26.35	86-5
M70	Arnie Gaynor	36.02	118-2
	Tom Allison	33.88	111-2
W50	Nancy Oliveira	24.52	80-5 ½
W55	Lorraine Tucker	26.13	85-8
	Annelies Steekelenburg	20.45	67-1 ¼
W60	Kathy Bergen	17.27	56-8
W65	Fei-Mei Chou	15.04	49-4 ¼

Javelin

M35	David Dibley	36.02	118-2
M40	Eugene Anton	35.97	118-0
	Fred Kluth	28.97	95-0
M45	Rob Duncanson	35.29	115-9
	Vern McGarry	34.85	114-4
M50	Scott Wolfe	35.50	116-6
M60	John Burns	49.84	163-6
	Larry Stuart	49.49	162-4
	Gary Reddaway	44.99	147-7
	Steve Wordell	41.30	135-6
	Dave Nuttall	36.92	121-1
	Robin Paulsen	34.20	112-2
	Ken Lott	32.89	107-11
	Jack Kuhns	31.37	102-11

	Fred Dillemoth	28.84	94-7
	Rich Noble	28.70	94-2
M65	Hal Smith	36.86	120-11
	Bob Ward	35.59	116-9
	Don Alexander	26.97	88-6
M70	Tom Allison	30.78	101-0
M75	Ed Chynoweth	25.62	84-1
M90	Ted Hatlen	14.50	47-7
W45	Karen Vaughn	21.02	68-11 ¾
W50	Nancy Oliveira	22.74	74-7 ¼
	Annelies Steekelenburg	20.86	68-5 ¼
W55	Lorraine Tucker	24.65	80-10 ½
W60	Kathy Bergen	25.87	84-10
W65	Christel Donley	22.28	73-1 ¼

Hammer

M35	David Dibley	28.84	94-7
M50	Thomas Meyer	44.27	145-3
M60	Dave Nuttall	33.98	111-6
	Jack Kuhns	33.35	109-5
Hammer (continued)			
M65	Bob Ward	47.29	155-2
	Bob Humphreys	44.40	145-8
	Stewart Thomson	39.20	128-7
	Frank Carl	34.74	114-0
	Jim Hart	28.71	94-2
	Don Alexander	17.01	55-10
M70	Tom Allison	31.31	102-8

GEORGE ADAMS HI-POINT TRACK: DON CHEEK (72) 20pts Clovis, CA

VERNON CHEADLE HI-POINT FIELD: HAL SMITH (67) 18pts Tarzana, CA

JIMMIE WHITNEY HI-POINT TRACK & FIELD: PAUL BAMBROOK (73) 14pts Bakersfield, CA

PANE E VINO TROPHY FOR OUTSTANDING WOMAN ATHLETE: FEI-MEI CHOU (67) Sunnysvale, CA

HUBBEL HERMAN TROPHY FOR BEST HAMMER THROWER 70+: TOM ALLISON (72) Eugene OR

PAUL SPANGLER AWARD FOR BEST PERFORMANCE BY ATHLETE 80+: TED HATLEN (91) Montecito, CA

RAY WILLIAMS MEMORIAL FOR BEST 5K RUNNER OVER 60YRS: JOHN BRENNAND (67) Santa Barbara, CA

NICK CARTER TROPHY FOR BEST AGE-GRADED 1500M RUNNER: DAVE ALBO (46) Boulder, CO

For any further information, please contact BEVERLEY LEWIS (805) 969-5852 or GORDON McCLENATHEN (805) 964-3005.

