





# NATIONAL MASTERS NEWS



The official world and U.S. publication for masters track & field, long distance running and racewalking

## Masters Age Records

### New Indoor Age-Group Records Compiled

In this issue are the new world and U.S. five-year indoor age-group track and field records for men and women. The world marks are those compiled and approved by the Records Committee of World Masters Athletics (WMA).

The U.S. records are those compiled and approved, as of December 4, 2005, by the Masters Track and Field Records Subcommittee of USA Track & Field (USATF).

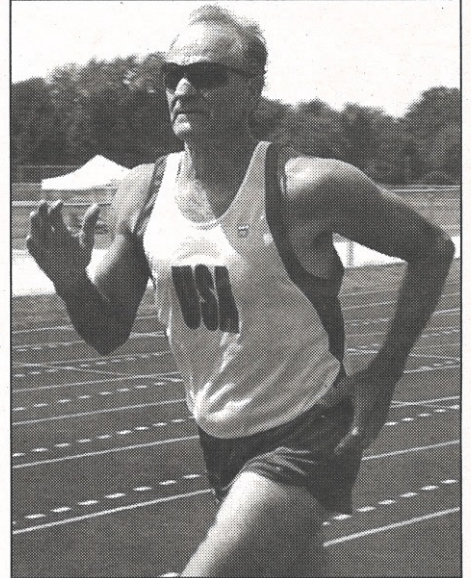
No hand times recorded after May 1, 1994 (world) or Jan. 1, 1991 (USA) for races of 400 meters or less are considered for five-year age-group records.

However, hand times achieved prior to those dates will continue to be included in the lists until broken by a superior time.

The official USATF record form is printed on this page.

U.S. athletes and officials should use this form when applying for a U.S. or world record. Non-U.S. athletes should use the WMA record form published in the WMA Handbook.

It will also be printed in the April 2006 NMN along with the new list of outdoor records. □



Emil Pawlik, M65, 2005 Gleukos Masters Athlete of the Year, set indoor records in the 60mH and pentathlon.

#### APPLICATION FOR TRACK RECORD

Mail to: Sandy Pashkin, 2888 Elysium Ave., Eugene, OR 97401

1. **Description of Record:** World \_\_\_\_\_ American \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ age group\* \_\_\_\_\_  
 \*application must be accompanied by copy of birth certificate or passport

Event: \_\_\_\_\_ Indoor \_\_\_\_\_ Outdoor \_\_\_\_\_

Competition Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time of Day: \_\_\_\_\_

Facility Name: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ USA

Record Claimed (time) \_\_\_\_\_

Printed Full Name and age of Competitor \_\_\_\_\_

Competitor's City, State and Club \_\_\_\_\_

Relay members in their running order: \_\_\_\_\_

2. **Starter's Certificate:** I certify I was the Starter and that the start of this race was in accordance with USATF Rules.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

3. **Automatic Timing Certificate:** A fully automatic timing device was used; manufactured by: \_\_\_\_\_

As Chief Photo Finish Judge, I certify the time recorded was \_\_\_\_\_, and this was the official time.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

4. **Wind Gauge Certificate:** I, as the Wind Gauge Operator, certify the force of the following wind as: \_\_\_\_\_ m/s

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

5. **Surveyor:** I certify that the facilities used were in conformity with IAAF or appropriate Rules. The maximum allowance for inclination did not exceed 1:1000 laterally and 1:1000 in the running direction. There was a 5cm raised border on the inner edge of the track and the length of one lap was:

\_\_\_\_\_ meters \_\_\_\_\_ centimeters, or \_\_\_\_\_ yards \_\_\_\_\_ feet \_\_\_\_\_ inches.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert# \_\_\_\_\_

6. **Hand Timing Certificate:** I, the undersigned official timekeeper for this event, do certify that the time set opposite my signature was the exact time recorded by my watch, and that the watch used by me has been certified and approved by my National Federation.

Time: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert. #: \_\_\_\_\_

Time: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert. #: \_\_\_\_\_

Time: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert. #: \_\_\_\_\_

I, as Chief Timekeeper or Referee, confirm the above Timekeepers exhibited their watches to me and that the times were as stated.

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert. #: \_\_\_\_\_

7. **Guarantee by Referee:** I certify that all information recorded on this form is accurate, that the Officials conducting the event was duly qualified and that all WMA or USATF Rules of Competition were complied with.

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

The height of the hurdles were: \_\_\_\_\_

The following must be enclosed with this application for World and American Records:

1. The printed program for the competition
2. The complete results of the event
3. A printed Photo Finish photograph

#### APPLICATION FOR FIELD RECORD

Mail to: Sandy Pashkin, 2888 Elysium Ave., Eugene, OR 97401

1. **Description of Record:** World \_\_\_\_\_ American \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ age group\* \_\_\_\_\_  
 \*application must be accompanied by copy of birth certificate or passport

Event: \_\_\_\_\_ Indoor \_\_\_\_\_ Outdoor \_\_\_\_\_

Meet Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time of Day: \_\_\_\_\_

Facility Name: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ USA

Record Claimed (distance or height) \_\_\_\_\_ (metric)

Printed Full Name and age of Competitor \_\_\_\_\_

Competitor's City, State and Club \_\_\_\_\_

2. **Field Judge Certificate:** We certify that the measurement stated opposite our respective signatures is exact as measured in accordance with USATF or WMA Rules. We also certify that the circle, sector and/or runway is in compliance with WMA or USATF appropriate specifications.

Mark: \_\_\_\_\_ m Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

Mark: \_\_\_\_\_ m Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

Mark: \_\_\_\_\_ m Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

3. **Implement Certification:** I certify that I weighted and measured the implement used for the claimed record in accordance with WMA or USATF Rules and the implement conforms exactly to WMA Rules.

The weight of the implement is: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

4. **Wind Gauge Certificate:** I, as the Wind Gauge Operator, certify the force of the following wind as: +/- \_\_\_\_\_ m/s

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

5. **Guarantee by Referee:** I certify that all information recorded on this form is accurate, that the Officials conducting the event was duly qualified and that all WMA or USATF Rules of Competition were complied with.

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ USATF Cert # \_\_\_\_\_

The following must be enclosed with this application for World and American Records:

- The printed program for the competition.
- The complete results of the event as well as a copy of the field event sheet.

# World Track & Field Indoor Age-Group Records

Approved by the Records Committee of World Masters Athletics (WMA)

## Men's World Indoor Records

Age Group	Mark	Name	Country/Age	Meet Date
<b>60m</b>				
M 35	6.51	Linford Christie	GBR 37	01/03/97
M 40	6.81	Troy Douglas	NED 40	09/02/03
M 45	7.02	Stan Whitley	USA 45	23/03/91
M 50	7.20	Bill Collins	USA 51	23/03/02
M 55	7.51	Manfred Koch	GER 55	08/02/03
M 60	7.72	Paul Edens	USA 62	29/02/04
M 65	7.8	Cecil Paul	CAN 66	08/03/86
M 70	8.22	Bruno Kimmel	GER 70	12/03/04
M 75	8.67	Melvin Larsen	USA 75	25/03/00
M 80	8.88	Melvin Larsen	USA 80	05/03/05
M 85	9.78	Guiseppe Marabotti	ITA 85	10/03/01
M 90	11.50	Vittorio Colo	ITA 92	10-10-03
M 95	16.96	Everett Hosack	USA 95	01/03/97
M100	27.29	Everett Hosack	USA 100	23/03/02
<b>200m</b>				
M 35	20.59	Doug Turner	GBR 35	17/07/02
M 40	21.94	Enrico Saraceni	ITA 40	13/02/05
M 45	22.57	Bill Collins	USA 48	14/02/99
M 50	22.99	Bill Collins	USA 51	30/03/02
M 55	24.09	Stephen Robbins	USA 55	15/02/98
M 60	25.10	Larry Colbert	USA 61	29/03/98
M 65	25.60	Guido Mueller	GER 65	08/02/04
M 70	27.40	Allan Meddings	GBR 70	01/03/98
M 75	29.11	Willi Selzer	GER 75	09/03/03
M 80	32.49	Gote Lindblat	SWE 80	10/03/04
M 85	34.42	Ugo Sansonetti	ITA 85	10/03/04
M 90	41.47	Friederich E Mahlo	GER 90	09/03/03
M 95	66.78	Everett Hosack	USA 95	06/04/97
<b>400m</b>				
M 35	47.95	Eric Roeske	NED 35	24/02/96
M 40	49.14	Elvis Forde	BAR 40	18/02/00
M 45	49.89	Fred Sowerby	USA 45	29/01/94
M 50	52.72	Harold Morioka	CAN 52	25/02/95
M 55	53.20	Alston Brown	JAM 55	21/03/04
M 60	53.20	Charles Allie	USA 56	21/03/04
M 65	55.62	Harold Morioka	CAN 60	29/03/03
M 70	56.63	Guido Mueller	GER 65	02/08/04
M 75	61.31	Earl Fee	CAN 70	27/03/99
M 80	66.28	Earl Fee	CAN 75	27/03/04
M 85	75.58	Roderick Parker	USA 80	27/03/99
M 90	85.14	Roderick Parker	USA 85	27/03/04
M 95	151.26	Friederich E Mahlo	GER 90	09/03/03
<b>800m</b>				
M 35	1:49.79	Johnny Gray	USA 35	19/03/96
M 40	1:48.81	Johnny Gray	USA 40	02/03/01
M 45	1:56.29	Anselm LeBourne	USA 45	20/03/05
M 50	1:59.99	Steve Gallegos	USA 50	13/03/05
M 55	2:08.15	Reginald Phipps	GBR 56	17/01/99
M 60	2:14.42	Harold Morioka	CAN 60	30/03/03
M 65	2:16.80	Earl Fee	CAN 65	27/03/94
M 70	2:20.45	Earl Fee	CAN 70	28/03/99
M 75	2:32.47	Earl Fee	CAN 75	28/03/04
M 80	3:08.88	Rune Bergman	SWE 80	13/03/05
M 85	3:30.95	Holger Joseffson	SWE 85	07/02/04
M 90	5:01.44	Max Springer	USA 90	28/03/04
<b>1500m</b>				
M 35	3:37.40	Marcus O'Sullivan	IRL 35	02/02/97
M 40	3:45.3	Eamonn Coghlan	IRL 40	26/02/93
M 45	4:03.69	John Potts	GBR 45	09/03/90
M 50	4:12.67	David Wilcock	GBR 50	21/02/04
M 55	4:27.01	John Potts	GBR 55	14/02/00
M 60	4:37.80	Maurice Morrell	GBR 61	20/03/94
M 65	4:47.11	Earl Fee	CAN 65	26/03/94
M 70	5:13.1	James Todd	GBR 70	07/03/92
M 75	5:37.28	Rune Bergman	SWE 75	12/03/00
M 80	6:19.34	Ernie Warwick	GBR 80	02/03/96
M 85	7:18.32	Holger Joseffson	SWE 85	08/02/04
M 90	14:29.4	Mikko Salonen	FIN 90	07/02/88

<b>Mile</b>				
M 40	3:58.13	Eamonn Coghlan	IRL 41	20/02/94
M 45	4:21.90	Albin Swenson	USA 46	26/02/93
M 50	4:26.75	Nolan Shaheed	USA 51	02/03/01
M 55	4:49.33	Alston Brown	JAM 55	27/03/04
M 60	5:01.76	Dan Conway	USA 60	27/03/98
M 65	5:13.3	Earl Fee	CAN 67	23/03/96
M 70	5:32.4	Scotty Carter	USA 70	15/03/87
M 75	5:41.95	Earl Fee	USA 75	26/03/03
M 80	6:48.02	John Keston	USA 80	12/03/05
M 85	8:33.11	Vincent Malizia	USA 85	25/03/00
M 90	11:23.67	Max Springer	USA 91	12/03/05
<b>3000m</b>				
M 35	7:40.68	Dieter Baumann	GER 36	03/02/02
M 40	8:09.13	Marcus O'Sullivan	IRL 40	26/02/02
M 45	8:36.64	Klaus Goldammer	GER 46	24/01/99
M 50	8:49.37	Nigel Gates	GBR 50	14/03/04
M 55	8:58.7	Gunther Hasselmann	GER 55	14/12/80
M 60	9:43.88	Andrew Brown	GBR 61	20/03/94
M 65	10:11.60	Ed Whitlock	CAN 65	09/03/96
M 70	10:56.69	Enrique Moreno	ESP 70	06/03/03
M 75	12:12.72	James Todd	GBR 75	28/02/97
M 80	13:30.77	John Keston	USA 80	11/03/05
M 85	16:41.3	Marti Laiho	FIN 85	10/02/95
M 90	23:12.34	Frank Levine	USA 90	11/03/05
<b>60mH</b>				
M 35	7.40	Colin Jackson	GBR 35	02/03/02
M 40	7.96	Karl Smith	USA 40	25/03/00
M 45	8.36	Colin Williams	USA 48	03/02/02
M 50	8.47	Walt Butler	USA 51	20/03/93
M 55	8.63	Courtland Gray	USA 55	14/02/99
M 60	8.85	Courtland Gray	USA 60	10/03/04
M 65	9.60	Guido Mueller	GER 65	10/03/04
M 70	9.89	James Stookey	USA 70	25/03/00
M 75	10.09	Melvin Larsen	USA 76	19/01/01
M 80	11.10	Melvin Larsen	USA 80	12/03/05
M 85	14.21	Ugo Sansonetti	ITA 85	13/03/04
M 90	1:50.06	Friederich E Mahlo	GER 90	06/03/03
<b>High Jump</b>				
M 35	2.27	Cristian Popescu	ROM 35	22/02/98
M 40	2.10	Dwight Stones	USA 40	25/03/94
M 45	1.93	Bruce McBarnette	USA 45	29/03/03
M 50	2.00	Thomas Zacharas	GER 50	02/03/97
M 55	1.81	Asko Pesonen	FIN 56	18/03/00
M 60	1.73	Asko Pesonen	FIN 60	06/02/04
M 65	1.62	Jim Gilchrist	USA 65	19/03/93
M 70	1.62	Horst Mandl	AUT 65	11/03/01
M 75	1.49	Nils-Bertiv Nevrup	SWE 70	12/01/97
M 80	1.27	Esko Kolhonen	FIN 75	01/04/89
M 85	1.27	Esko Kolhonen	FIN 81	19/03/95
M 90	1.27	Emmerich Zensch	AUT 81	11/03/01
M 95	1.18	Walter Hess	GER 81	10/03/04
M 95	1.18	Emmerich Zensch	AUT 85	12/03/05
M 90	1.06	Leland McPhee	USA 91	12/03/05
M 95	0.86	Everett Hosack	USA 95	02/03/97
<b>Pole Vault</b>				
M 35	5.70	Rodion Gataulain	RUS 35	23/02/01
M 40	5.18	Earl Bell	USA 40	26/08/95
M 45	4.78	Gary Hunter	USA 45	24/03/01
M 50	4.63	Wolfgang Ritte	GER 51	28/02/04
M 55	4.10	Matti Kilpelainen	USA 57	15/02/03
M 60	3.91	Dale Lance	USA 60	27/03/98
M 65	3.42	Jerry Donley	USA 65	25/02/95
M 70	3.20	Robert Brown	GBR 70	15/02/03
M 75	2.82	Carol Johnston	USA 76	19/03/88
M 80	2.75	William K. Bell	USA 80	22/03/02
M 85	1.90	Ahiti Pajunen	FIN 85	19/03/95
M 90	1.60	Ahiti Pajunen	FIN 90	06/02/00
<b>Long Jump</b>				
M 35	7.91	Reijo Toivonen	FIN 35	03/01/72
M 40	7.52	Barrington Williams	GBR 40	02/03/96
M 45	6.97	Reiner Wenk	GER 45	03/12/05
M 50	6.50	Pertti Ahomaki	FIN 51	23/03/97
M 55	6.34	Stig Backlund	FIN 55	19/03/95
M 60	5.80	Stig Backlund	FIN 60	13/11/99
M 65	5.31	Melvin Larsen	USA 66	13/01/91
M 65	5.31	Dick Richards	USA 66	25/02/01
M 70	5.07	Wolfgang K Reuter	GER 73	07/03/03

M 75	4.41	Heikki Simola	FIN 75	07/03/87
M 80	4.01	Edwin Lukens	USA 80	23/03/02
M 85	3.40	Guiseppe Marabotti	ITA 85	09/03/01
M 85	3.40	Ugo Sansonetti	ITA 85	10/03/04
M 90	3.15	Max Springer	USA 90	26/03/04
<b>Triple Jump</b>				
M 35	17.44	Jonathan Edwards	GBR 36	21/02/03
M 40	16.08	Ray Kimble	USA 40	0-2-94
M 45	14.82	Milan Tiff	USA 46	26/02/95
M 50	13.72	Stig Backlund	FIN 50	04/03/90
M 55	13.35	Stig Backlund	FIN 55	18/03/95
M 60	12.53	Stig Backlund	FIN 60	13/11/99
M 65	10.92	Amelio Compri	ITA 65	03/03/90
M 70	10.54	Vladimir Popov	RUS 70	08/03/03
M 75	9.40	Heikki Simola	FIN 75	08/03/87
M 80	8.65	Ede Lukens	USA 81	30/03/03
M 85	7.32	Aata Lehtimaki	FIN 85	12/03/05
M 90	6.52	Vittorio Colo	ITA 91	08/03/03
<b>Shot Put (35-49: 16#; 50-59: 6kg; 60-69: 5kg; 70+:(4kg)</b>				
M 35	20.85	Mark Procter	GBR 35	28/01/98
M 40	20.07	Brian Oldfield	USA 40	17/01/86
M 45	20.40	Ivan Ivancic	YUG 45	20/02/83
M 50	16.65	Ron Summers	USA 50	27/03/04
M 55	15.74	Joe Keshmiri	USA 56	25/02/95
M 60	16.83	Reino Nokelainen	FIN 60	0-0-81
M 65	15.28	Voitto Elo	FIN 67	0-0-82
M 70	15.16	Gerald Vaughn	USA 70	04/12/05
M 75	13.02	Erik Eriksson	FIN 77	09/03/01
M 80	11.80	Erik Eriksson	FIN 80	15/02/04
M 85	9.68	Ross Carter	USA 85	26/03/99
M 90	7.10	Mario Riboni	ITA 90	10/03/04
M 95	4.06	Everett Hosack	USA 97	26/03/99
M100	3.52	Everett Hosack	USA 100	23/03/02
<b>3000m Racewalk</b>				
M 35	11:09.40	Robert Korzeniowski	POL 35	31/01/04
M 40	12:25.80	Bengt Bengtsson	SWE 42	12/03/04
M 45	12:21.55	Frantisek Parys	CZE 45	06/03/99
M 50	12:34.9	Donald Denoon	USA 50	04/02/94
M 55	13:09.0	Donald Denoon	USA 55	13/02/99
M 60	13:57.9	Aaro Nokela	FIN 61	30/03/96
M 65	15:28.8	Toivo Tuomela	FIN 66	07/02/96
M 70	16:07.46	Jack Bray	USA 70	30/03/03
M 75	17:02.20	Toivo Tuomela	FIN 75	12/03/05
M 80	17:41.4	James Grimwade	GBR 80	20/03/93
M 85	22:29.58	Bill Patterson	USA 85	25/03/01

## Women's World Indoor Records

<b>60m</b>				
M 35	7.01	Merlene Ottey	JAM 38	21/02/99
M 40	7.17	Merlene Ottey	SLO 42	07/03/03
M 45	8.02	Phil Raschker	USA 48	25/02/95
M 50	8.05	Phil Raschker	USA 50	01/03/97
M 55	8.53	Ingrid Meier	GER 57	12/03/04
M 60	8.91	Kathy Jager	USA 60	15/02/04
M 65	9.29	Gertrude Reichert	GER 65	12/03/04
M 70	10.12	Joan Ogden	GBR 70	28/02/98
M 75	10.89	Ingrid Lorenz	GER 75	10/03/01
M 80	11.52	Mary Bowermaster	USA 81	

# USA Track & Field Indoor Age-Group Records

Approved by the Records Committee of USA Track & Field as of December 4, 2005

## Men's U.S. Indoor Records

60 Meters		Name	State	Age	Date
35-39	6.98	Mitchell	NY	36	3/28/1998
40-44	6.97	Eddie Hart	CA	40	3/24/1990
45-49	7.02	Stan Whitley	CA	45	3/23/1991
50-54	7.23	Bill Collins	TX	50	3/24/2001
55-59	7.53	Hugo Hartenstein	CO	55	3/24/1990
60-64	7.72	Paul Edens	OR	62	2/29/2004
65-69	8.05	Harold Tolson	CA	65	3/29/2003
70-74	8.41	Harry Brown	IL	70	3/25/2000
75-79	8.67	Melvin Larsen	IA	75	3/25/2000
80-84	9.27	Melvin Larsen	IA	80	3/12/2005
85-89	9.81	Roderick Parker	AK	86	3/12/2005
90-94	11.84	Ted Hatlen	CA	90	3/24/2001
100-104	27.29	Everett Hosack	OH	100	3/23/2002

200 Meters		Name	State	Age	Date
35-39	22.04	Mitchell	NY	36	3/29/1998
40-44	22.19	Bill Collins	TX	44	2/26/1995
45-49	22.57	Bill Collins	TX	48	2/14/1999
50-54	22.99	Bill Collins	TX	52	3/30/2003
55-59	24.09	Stephen Robbins	CA	55	2/15/1998
60-64	25.10	Larry Colbert	MD	61	3/29/1998
65-69	26.20	Larry Colbert	MD	65	3/24/2002
70-74	27.75	Harry Brown	IL	70	3/26/2000
75-79	29.57	Melvin Larsen	IA	75	3/26/2000
80-84	31.86	Melvin Larsen	IA	81	3/13/2005
85-89	35.17	Roderick Parker	AR	86	3/13/2005
90-94	48.24	Max Springer	TN	91	3/13/2005
95-99	66.78	Everett Hosack	OH	95	4/6/1997
100-104	2:22.81	Everett Hosack	OH	100	3/16/2002

400 Meters		Name	State	Age	Date
35-39	48.58	Mitchell	NY	36	3/28/1998
40-44	49.62	Ray Blackwell	DE	42	3/24/2001
45-49	49.89	Fred Sowerby	NV	45	1/29/1994
50-54	52.78	Bill Collins	TX	50	3/24/2001
55-59	53.20	Charles Allie	NY	56	3/21/2004
60-64	55.91	Donald Neidig	NM	60	3/12/2005
65-69	59.35	Larry Colbert	MD	65	3/23/2002
70-74	63.71	Harry Brown	IL	70	3/25/2000
75-79	69.10	Harry Brown	IL	75	3/12/2005
80-84	75.58	Roderick Parker	AR	80	3/27/1999
85-89	85.14	Roderick Parker	AK	85	3/27/2004
90-94	1:57.00	Max Springer	TN	90	3/27/2004

800 Meters		Name	State	Age	Date
35-39	1:49.79	Johnny Gray	CA	35	2/19/1996
40-44	1:54.68	Anselm LeBourne	NJ	40	2/12/2000
45-49	1:56.29	Anselm LeBourne	NJ	45	3/20/2005
50-54	2:02.88	Nolan Shaheed	CA	51	3/25/2001
55-59	1:59.99	Steve Gallegos	CO	50	3/13/2005
60-64	2:08.9	Ken Baker	NJ	55	3/22/1992
65-69	2:14.75	Sidney Howard	NJ	60	2/26/1999
70-74	2:19.4	Sidney Howard	NJ	65	2/26/2004
75-79	2:34:10	James Sutton	PA	70	2/22/2002
80-84	2:50.79	Jim Selby	CA	75	3/28/2004
85-89	3:13.39	Roderick Parker	AR	80	3/28/1999
90-94	3:46.96	Vincent Malizia	CA	85	3/26/2000
95-99	5:01.44	Max Springer	TN	90	3/28/2004

1500 Meters		Name	State	Age	Date
40-44	3:56.7	Ken Popejoy	IL	40	3/16/1991
45-49	4:04.80	Ken Sparks	OH	45	3/24/1990
50-54	4:15.64	Albin Swenson	CT	51	3/15/1998
55-59	4:28.5	Victor Heckler	IL	55	3/15/1998
60-64	4:43.75	James Sutton	PA	61	3/7/1993
65-69	4:45.36	Sidney Howard	NJ	65	3/6/2004
70-74	5:27.4	Austin Newman	NJ	70	3/23/1986
75-79	6:01.6	Austin Newman	NJ	75	2/24/1991
80-84	6:35.4	Austin Newman	NJ	80	2/11/1996
85-89	8:16.73	Vincent Malizia	CA	85	2/6/2000
90-94	14:34.2	Herb Kirk	MT	91	1/11/1987

Mile		Name	State	Age	Date
35-39	4:37.53	Christopher Yorges	OR	39	3/12/2005
40-44	4:11.00	Bill Stewart	MI	40	1/22/1983
45-49	4:21.90	Albin Swenson	CT	46	2/26/1993
50-54	4:26.75	Nolan Shaheed	CA	52	3/2/2002
55-59	4:50.22	Victor Heckler	IL	56	2/19/1998
60-64	5:01.76	Dan Conway	MN	60	3/27/1999
65-69	5:23.05	Sidney Howard	NJ	65	3/27/2004
70-74	5:32.4	Carter Carter	MA	70	3/15/1987
75-79	6:27.16	John Hosner	VA	75	2/26/2000
80-84	6:48.02	John Keston	OR	80	3/12/2005
85-89	8:33.11	Vincent Malizia	CA	85	3/25/2000
90-94	11:23.67	Max Springer	TN	91	3/12/2005

3000 Meters		Name	State	Age	Date
40-44	8:20.96	Brian Pope	MS	42	1/28/2005
45-49	8:39.74	Craig Fram	NH	45	1/18/2005
50-54	8:54.73	Nolan Shaheed	CA	51	3/23/2001
55-59	9:30.09	Nolan Shaheed	CA	55	3/11/2005
60-64	10:01.96	Dan Conway	MN	60	3/26/1999
65-69	10:50.40	Paul Heitzman	KS	67	3/27/1998
70-74	11:09.53	Lloyd Slocum	ME	70	3/28/2003
75-79	13:10.84	Alfred Funk	MT	78	3/21/1993
80-84	13:30.77	John Keston	OR	80	3/11/2005
85-89	18:54.49	Dudley Healy	NJ	85	3/24/2000
90-94	23:12.34	Frank Levine	PA	90	3/11/2005

60m Hurdles		Name	State	Age	Date
35-39	7.56	Greg Foster	NJ	35	3/4/1994
40-44	7.96	Karl Smith	MD	40	3/25/2000
45-49	8.36	Colin Williams	48	2/3/2002	
50-54	8.47	Walt Butler	CA	51	3/20/1993
55-59	8.63	Courtland Gray	LA	55	2/14/1999
60-64	8.85	Courtland Gray	TX	60	3/13/2004
65-69	9.69	Emil Pawlik	MS	66	3/11/2005
70-74	9.89	James Stookey	MD	70	3/25/2000
75-79	10.09	Melvin Larsen	IA	76	1/19/2001
80-84	11.10	Melvin Larsen	IA	80	3/12/2005
85-89	18.26	Alfred Guidet	CA	85	3/29/2003

## High Jump

35-39	2.14	Jim Barrineau	VA	37	3/21/1993
40-44	2.06	Jim Barrineau	VA	40	3/30/1996
45-49	1.93	Bruce McBarnette	VA	45	3/29/2003
50-54	1.85	John Hartfield	TX	51	3/29/1996
55-59	1.71	John Brown	MO	56	1/11/1986
60-64	1.65	Jim Gilchrist	FL	62	3/24/1990
65-69	1.62	Jim Gilchrist	FL	65	3/19/1993
70-74	1.38	Billy Simmons	OH	70	4/11/1999
75-79	1.34	Bill Wambach	WI	75	3/24/2001
80-84	1.22	Wesley Ward	IN	82	2/15/1992
85-89	1.07	Leland McPhie	CA	88	3/23/2002
90-94	1.06	Leland McPhie	CA	91	3/12/2005
95-99	0.86	Everett Hosack	OH	95	3/2/1997

## Pole Vault

35-39	5.08	Gary Hunter	IN	36	4/4/1992
40-44	5.18	Earl Bell	AR	40	8/26/1995
45-49	4.78	Gary Hunter	IN	45	3/24/2001
50-54	4.32	Vincent Struble	NC	51	3/23/2002
55-59	4.10	Matti Kilpelainen	MI	57	2/15/2003
60-64	3.91	Lance Dale	OK	60	3/27/1998
65-69	3.42	Jerry Donley	CO	65	2/25/1995
70-74	3.15	Burr Morcom	PA	71	1/8/1993
75-79	2.82	Carol Johnston	CA	76	3/19/1988
80-84	2.75	William Bell	AR	80	3/22/2002
85-89	1.67	A.E. Pitcher	IN	86	3/19/1988
90-94	1.82	Donald Pellmann	CA	90	9/4/2005

## Long Jump

35-39	5.86	Todd Anderson	WA	37	3/11/2005
40-44	7.03	Stan Whitley	CA	40	2/22/1986
45-49	6.62	Stan Whitley	CA	45	3/23/1991
50-54	6.31	Shirley Davison	CA	50	3/29/1980
55-59	5.87	Boo Morcom	PA	55	3/13/1977
60-64	5.58	Dick Richards	CA	62	3/22/1997
65-69	5.31	Melvin Larsen	IA	66	1/13/1991
70-74	5.05	Dick Richards	CA	66	2/25/2001
75-79	4.31	Melvin Larsen	IA	70	2/25/1995
80-84	4.01	Melvin Lukens	NY	75	3/25/2000
85-89	3.10	Clarence Trahan	CA	85	3/25/2000
90-94	3.15	Max Springer	TN	90	3/27/2004

## Triple Jump

35-39	15.05	Gregory Foster	NJ	39	3/25/2001
40-44	16.08	Ray Kimble	CA	40	3/12/1988
45-49	14.82	Milan Tiff	CA	46	2/26/1995
50-54	12.38	Dave Jackson	CA	51	3/27/1983
55-59	11.37	Frank Struna	MT	58	1/28/2000
60-64	11.06	Edwin Lukens	NY	63	3/24/1985
65-69	10.86	Tom Patsalis	CA	66	3/29/1987
70-74	9.97	Edwin Lukens	NY	70	3/19/1993
75-79	9.38	Edwin Lukens	NY	75	3/21/1997
80-84	8.65	Edwin Lukens	NY	81	3/30/2003
85-89	6.59	Ralph Maxwell	TX	85	3/13/2005
90-94	5.52	Leland McPhie	CA	90	3/13/2005

## Shot Put (35-49: 16#; 50-59: 6kg; 60-69: 5kg; 70+-4kg)

35-39	14.48	John Kuemmerlin	CO	35	3/12/2005
40-44	20.07	Brian Oldfield	IL	40	1/17/1986
45-49	16.43	Robert Otrando	MA	45	1/11/2002
50-54	16.65	Ron Summers	IL	51	3/27/2004
55-59	15.74	Joe Keshmiri	NV	56	2/25/1995
60-64	15.77	Joe Keshmiri	NV	60	3/28/1998
65-69	14.17	Gerald Vaughn	NC	69	2/20/2005
70-74	13.55	Arnie Gaynor	CA	71	3/26/1999
75-79	15.16p	Gerald Vaughn	NC	70	12/4/2005
80-84	14.91p	Gerald Vaughn	NC	70	2/11/2005
85-89	12.30	Carter Carter	OR	76	3/24/1990
90-94	11.45	Ross Carter	OR	80	2/25/1995
95-99	9.68	Ross Carter	OR	85	3/26/1999
100-104	6.91	Leland McPhie	CA	90	3/11/2005
100-104	3.66	Everett Hosack	OH	100	3/16/2002

## Weight Throw (35-49: 35#; 50-59: 25#; 60-69: 20#; 70-79: 16#; 80+-12#)

35-39	23.86	Lance Deal	OR	38	1/22/2000
40-44	22.52	Ed Burke	CA	43	1/8/1984
45-49	19.58	Harold Connolly	CA	45	1/8/1977
50-54	20.31	Jim Wetenhall	OH	50	3/11/2005
55-59	19.70	Tom Gage	MT	58	3/23/2002
60-64	22.82	Tom Gage	MT	60	3/26/2004
65-69	16.79	Richard Hotchkiss	CA	66	3/12/2005
70-74	19.64	Bob Ward	TX	71	3/12/2005
75-79	12.88	James Crawford	CT	77	1/11/2002
80-84	13.91	Robert Horsley	WA	80	3/22/2002
85-89	10.14	David Schlothauer	MA	85	3/28/2003
90-94	7.63	Leland McPhie	CA	90	3/12/2005
100-104	5.10	Everett Hosack	OH	100	3/22/2002

## Superweight (35-69: 56#; 70-79: 35#; 80+- 25#)

35-39	12.76	Ken Jansson	KS	38	3/31/1
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**High Jump**

35-39	1.70	Anne Jennings	MA	36	3/26/2000
40-44	1.55	Kimberly Harrell	TN	40	3/26/2000
45-49	1.58	Phil Raschker	GA	48	2/25/1995
50-54	1.53	Phil Raschker	GA	50	3/23/1997
55-59	1.46	Phil Raschker	GA	56	3/28/2003
60-64	1.30	Kathy Bergen	CA	63	1/12/2003
60-64	1.30	Linda Douglass	TX	60	3/12/2005
65-69	1.28	Evelyn Wright	VA	65	3/28/2003
70-74	1.16	Christel Donley	CO	70	3/11/2005
75-79	1.12	Leonore McDaniels	VA	75	3/30/2003
80-84	0.92	Margaret Hinton	TX	81	3/30/2003

**Pole Vault**

40-44	2.60	Donna Schultz	OR	41	2/20/1999
45-49	3.31	Phil Raschker	GA	49	3/17/1996
50-54	3.06	Phil Raschker	GA	53	3/24/2000
55-59	2.76	Phil Raschker	GA	58	3/12/2005
60-64	3.00	Nadine O'Connor	CA	63	3/12/2005
65-69	2.24	Becky Sisley	OR	65	2/13/2005
70-74	2.09	Leonore McDaniels	VA	70	4/5/1998
75-79	1.80	Leonore McDaniels	VA	76	3/26/2004
80-84	1.20	Margaret Hinton	TX	80	3/22/2002

**Long Jump**

35-39	6.16	Willye White	IL	36	3/3/1975
40-44	5.61	Phil Raschker	GA	40	3/28/1987
45-49	5.75	Phil Raschker	GA	47	3/5/1994
50-54	5.00	Phil Raschker	GA	50	3/1/1997
55-59	4.79	Phil Raschker	GA	55	3/22/2002
60-64	3.92	Barbara Cleveland	FL	60	3/25/2000
65-69	3.87	Audrey Lary	MD	65	3/29/2003
70-74	3.60	Audrey Lary	MD	70	3/12/2005
75-79	3.10	Mary Holland	MI	76	3/25/2000
80-84	2.49	Mary Bowermaster	OH	82	3/25/2000

**Triple Jump**

35-39	11.07	Regina Richardson	NC	39	3/28/2004
40-44	11.80	Regina Richardson	NC	40	1/29/2005
45-49	10.82	Phil Raschker	GA	45	3/19/1993
50-54	10.49	Phil Raschker	GA	50	3/21/1997
55-59	9.33	Phil Raschker	GA	55	3/24/2002
60-64	8.18	Evelyn Wright	MD	62	3/24/2000
65-69	8.12	Lary MD	65	2/13/2000	
70-74	7.90	Audrey MD	70	3/13/2005	
75-79	6.47	Leonore VA	75	3/30/2003	
80-84	5.15	Margaret Hinton	TX	80	3/24/2002

**Shot Put (35-49: 4kg; 50+: 3kg)**

35-39	12.91	Oneithe Lewis	NY	39	2/13/2000
40-44	14.68	Oneithe Lewis	NY	42	2/7/2003
45-49	10.91	Joan Stratton	CA	45	1/12/1997
50-54	12.66	Joanne Grissom	IN	51	3/25/1990
55-59	11.88	Joanne Grissom	IN	55	2/5/1994
60-64	11.16	Joanne Grissom	IN	61	1/23/2000
65-69	9.17	Mary Roman	CT	65	2/11/2001
70-74	7.87	Christel Donley	CO	70	1/29/2005
75-79	6.89	Valien CA	75	3/24/2001	
80-84	6.30	Mary Bowermaster	OH	82	3/25/2000
85-89	4.47	Betty Jarvis	NC	85	3/24/2001

**Weight Throw (35-49: 20#; 50-59: 16#; 60+: 12#)**

35-39	13.63	Oneithe Lewis	NY	39	3/24/2000
40-44	17.12	Oneithe Lewis	NY	42	3/28/2003
45-49	12.17	Joan Stratton	CA	45	2/16/1997
50-54	15.42	Vanessa Hilliard	FL	54	3/30/1996
55-59	14.99	Vanessa Hilliard	FL	55	3/21/1997
60-64	14.04	Carol Young	MI	62	3/22/2002
65-69	13.54	Carol Young	GA	65	2/13/2005
70-74	10.15	Audrey Lary	MD	70	3/11/2005
75-79	7.94	Lillian Snaden	SC	75	2/13/2005
80-84	6.45	Margaret Hinton	TX	80	3/22/2002
85-89	7.82	Betty Jarvis	NC	88	3/26/2004

**Superweight (35-49: 35#; 50-79: 25#; 80+: 20#)**

35-39	8.11	Sarah Boslaugh	NY	39	3/31/1996
40-44	10.79	Oneithe Lewis	NY	42	3/30/2003
45-49	7.42	Joan Stratton	CA	45	3/23/1997
50-54	11.42	Vanessa Hilliard	FL	53	3/31/1995
55-59	11.21	Vanessa Hilliard	FL	55	3/23/1997
60-64	8.13	Carol Young	MI	61	3/25/2001
65-69	7.68	Carol Young	GA	65	2/13/2005
70-74	6.02	Audrey Lary	MD	70	3/13/2005
75-79	4.85	Lillian Snaden	SC	75	2/13/2005
80-84	4.08 25#	Margaret Hinton	TX	81	3/30/2003

**Pentathlon**

40-44	3146	Irene Thompson	NY	44	3/26/1999
45-49	4001	Phil Raschker	GA	49	3/29/1996
50-54	4153	Phil Raschker	GA	53	3/28/2000
55-59	4822	Phil Raschker	GA	56	3/28/2003
60-64	3353	Christel Miller	CA	61	3/29/1996
65-69	3556	Barbara Jordan	VT	68	3/26/2004
70-74	4103	Christel Donley	CO	70	3/11/2005
75-79	3860	Johnnye Valien	CA	75	3/23/2001

**3000m Racewalk (as of Dec. 20, 2005)**

35-39	12:36.76	Joanne Dow	New York	2/29/04
40-44	13:09.62	Joanne Dow	Boston, MA	2/27/05
45-49	14:37.86	Maryanne Torrellas	Boston, MA	3/28/04
50-54	15:04.35	Gayle Johnson	Parkside, WI	2/10/01
55-59	16:22.41	Gayle Johnson	Columbia, MO	2/21/04
60-65	17:15.24	Elton Richardson	New York, NY	2/20/00
65-69	17:46.25	Ruth Eberle	Carbondale, IL	2/8/97
70-74	19:08.86	Shirley Dockstader	Boston, MA	3/30/03
75-79	20:50.00	Kate Marrs	Boston, MA	3/28/04
85-89	27:11.02	Fan Benno-Caris	Boston, MA	3/28/04

**Men's World Indoor Relay Records**

<b>4x200</b>				
M35-39	1:31.71	Möller-Ullrich-Lachmann-Schröder	GER	14/03/04
M40-49	1:31.4	Schiro-Gonera-Crain-Blackwell	USA	17/03/01
M50-59	1:36.8	Schiro/Blake/Pierce/Gonera	USA	22/03/03
M60-69	1:45.24	Restle-Scheidt-Gro-Schmitt	GER	14/03/04
M70-79	1:58.71	Rieger/Maier/Konopka/Reuter	GER	14/03/04
M80-89	2:26.29	Marabutti-Colo-Sansonetti-Sobrero	ITA	11/03/01
<b>4x400</b>				
M40-49	3:30.83	Berry/Chinn/Jones/Brown	USA	13/03/05
M50-59	3:40.21	Schiro-Blake-Pierce-Gonera	USA	08/03/03
M60-69	4:25.55	Byrd-Irwin-Berstein-Haviland	USA	04/03/01
M70-79	5:35.93	Melville/Lehmkuhl/Brown/Brown	USA	13/03/05
<b>4x800</b>				
M40-49	8:07.6	Dalton-Serafini-Nearman-Lebourne	USA	01/04/00
M50-59	8:32.95	Clingan/Robinson/Shaheed/Gallegos	USA	12/03/05
M60-69	9:58.0	Aneshansley-Hammer-Goluskin-Howard	USA	17/03/02

**Men's U.S. Indoor Relay Records**

<b>4x400</b>									
40-49	3:33.3	NYP	Syracuse	NY	3/29/1980	Gaton	Small	Shane	O'Neal
40-49	3:30.83	USA	Nampa	ID	3/13/2005	Berry	Chinn	Jones	Brown
50-59	3:47.32	NYP	Columbus	OH	4/5/1992	Small	Rizzo	Shane	Burrell
50-59	3:40.21	USA	New York	NY	3/8/2003	Schiro	Blake	Pierce	Gonera
60-69	4:14.76	SC	Nampa	ID	3/13/2005	Condon	Darlington	Cohen	Barnum
70-79	5:42.97	MWM	Boston	MA	3/28/2004	Larsen	Melville	Lehmkuhl	Brown
70-79	5:35.93	USA	Nampa	ID	3/13/2005	Melville	Lehmkuhl	Brown	Brown
<b>4x800</b>									
30-39	8:11.58	FIBO	Boston	MA	3/27/2004	Nash	Wensel	VanCleve	Yorges
40-49	8:15.29	WVTC	Baton Rouge	LA	3/19/1988	Mason	Thomas	Franklin	Barnett
40-49	8:07.6	USA	New York	NY	4/1/2000	Dalton	Serafini	Nearman	Lebourne
50-59	9:20.1	SAC	New York	NY	3/14/1999	Nolan	Brockwell	Sepkowski	Kuhi
50-59	8:32.95	USA	Nampa	ID	3/12/2005	Clingan	Robinson	Shaheed	Gallegos
60-69	9:58.0	CPTC	New York	NY	3/17/2002	Aneshansley	Hammer	Goluskin	Howard

**Women's World Indoor Relay Records**

<b>4x200</b>				
W35-39	1:44.23	Klumpfinger-Forster-Koegst-Noack	GER	14/03/04
W40-49	1:44.34	Moritz-Heidrich-Grissom-Göring	GER	14/03/04
W50-59	1:56.93	Parsons-Lewington-Priestman-Marley	GBR	11/03/01
W60-69	2:17.18	?????	GBR	09/03/03
W70-79	2:51.15	Kreiskott-Kreuzwieser-Schumacher-Franzen	GER	14/03/04
<b>4x400</b>				
W35-39	6:21.80	Iba-Selby-Chou-Bergen	USA	26/03/00
W40-49	04:31.15	Shook/Woo/Brown/Zakerski	USA	13/03/05
W50-59	4:43.27	Martin/Warren/Pinto/Stewback	USA	28/03/04
W60-69	5:16.99	Michelson/Ingalls/Daprano/Tasker-Rothenberg	USA	28/03/04
<b>4x800</b>				
W35-39	10:01.9	Mannen-Miloski-Pearsall-Martin	USA	22/03/03
W40-49	10:15.98	McCaffrey, Yaworski, Richardson, Dixon	CAN	18/01/03
W50-59	11:38.14	Michelson-Trotto-SmithHanna-Martin	USA	23/03/02
W60-69	13:42.73	Harada/Parsi/Wright/Reed	USA	27/03/04

**Women's U.S. Indoor Relay Records**

<b>4x400</b>									
30-39	6:21.80	CTC	Boston	MA	3/26/2000	Iba	Selby	Chou	Bergen
40-49	4:31.15	USA	Nampa	ID	3/13/2005	Shook	Woo	Brown	Zakerski
40-49	4:33.14	BTC	New York	NY	3/22/2003	Anderson	McKeough	Senn	Stamm
50-59	5:14.23	LAC	Boston	MA	3/26/2000	Riodan	Cappetta	Reed	Gustafson
50-59	4:43.27	USA	Boston	MA	3/28/2004	Martin	Warren	Pinto	Steinback
60-69	6:35.43	LAC	Boston	MA	3/25/2001	Johnson	Hayes	Harada	Burguess
60-69	5:16.99	USA	Boston	MA	3/28/2004	Michelson	Ingalls	Daprano	Tasker Rothenberg
<b>4x1600</b>									
30-39	10:23.6	CPTC	New York	NY	2/27/2003	Mannen	Miloski	Pearsall	Creamer
30-39	10:01.9	USA	New York	NY	3/22/2003	Mannen	Miloski	Pearsall	Martin
40-49	10:16.7	CPTC	New York	NY	3/22/2003	Adams	Creamer	Krogstad	Borkowski
50-59	12:49.94	LAC	Boston	MA	3/24/2001	Reed	Igoe	Wright	Bullerjahn
50-59	11:38.14	USA	Boston	MA	3/23/2002	Michelson	Trotto	SmithHanna	Martin
60-69	13:42.73	LAC	Boston	MA	3/27/2004	Harada	Parsi	Wright	Reed

BTC = Bohemia TC; CPT = Central Park TC; CTC = California TC; LAC = Liberty AC; MWM = Midwest Masters; NYP = New York Pioneer Club; SAC = Shore AC; SC = SoCal; WVTC = West Valley TC

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# Masters Scene

## NATIONAL

• The remaining meets in the 2006 Visa Championship Series are Feb. 3, Millrose Games, NYC; Feb. 10, Tyson Invitational, Fayetteville, AR; Feb. 24-25, USA Indoor Championships, Boston; April 27-29, USA vs. the World/Penn Relays, Philadelphia; May 20, Adidas Track Classic, Carson, CA; May 27, Payton Jordan US Open, Palo Alto, CA; June 3, Nike Prefontaine Classic, Eugene, OR; June 10, Reebok Grand Prix, NYC; and June 22-25, USA Outdoor Championships. For details, go to [www.visachampionshipseries.com](http://www.visachampionshipseries.com).

## EAST

• **Leslie Chaplin-Swann**, who recently became a US citizen, broke W45 national records for the 800 with a 2:22.37 and 1500 with a 4:53.62 in the MAC Holiday Classic at NYC's Armory Indoor Center, Dec. 30. The present records are 2:23.33 for the 800, by **Dee Dee Grafius**, February 1996, and 5:05.36 for the 1500, by **Marge Belisle**, March 2004. **Alisa Harvey**, W40, had two potential US record performances, running a 2:11.04 800 and 4:41:34 1500. **Oneithea Lewis**, 45, winner of the Women's Outstanding Single Performance by the USATF Masters T&F Committee for her WR weight pentathlon score of 5521 hit the 13.17/44-11.75 mark with the 4kg shot. The US W45 record is 10.91/35-9.5 by **Joan Stratton**, January 1997.

• **Gerald Vaughn** set an M70 indoor WR for the 4kg SP with a 15.16/49-9 at a meet in Clemson, SC, on Dec. 4. The present record for the 4kg is 14.64/48-1/2 by **Tauno Kivi** in 1999. Vaughn, who turned 70 on Nov. 17, 2005, holds the M65 indoor US shot put record (5kg) at 14.01, set in February 2001.

• **Ben Reynolds**, M40, Chatham, NJ, in 55:08, and **Janice Morra**, W45, Piermont, NJ, in 67:22, won the USATF-NJ 10 Mile Masters Championships, West Windsor, Dec. 11. Reynolds, 41, was top male performer with an age-graded 83.9%, with **Ken Rolek**, 44, Easton, NJ, second with an 82.0% 57:41. **Bill Hagman**, 62, Morris Plains, NJ, with an 81.8% 67:18, was third. Top W40+ was **Morra**, 47, at 80.8%, with **Imme Dyson**, 69, Princeton, NJ, second with an 80.5% 85:33.

• **Guillermo Fuentes**, 40, Fresh Meadows, NY, in 17:14, and **Susan Murray**, 42, Hauppauge, NY, in 20:08, were first masters in the 1000-finisher Ho Ho Ho Holiday 5K, Bethpage, NY, Dec. 17. Division winners included **Paul Mascali**, 53, Manhasset, NY, 17:30, and **Patricia Cataldo**, 67, Islip Terrace, NY, 26:20. Profits from the Carter, DeLuca, Farrell, & Schmidt-sponsored race went to the Maurer Foundation for Breast Health Education and the Tender Loving Care Foundation for premature infants.

• **Pete Bottomley**, 44, Cape Elizabeth, ME, 21:42, and **Kimberley Bonsey**, 42, Falmouth, ME, 27:24, devoured the masters fields for firsts in the Thanksgiving Day 4 Mile, Portland, ME. **Art Warren**, 70, Camden, ME, took the M70 in 30:16. **Polly Kenniston**, 68, Scarborough, ME, won the W65 division with a 36:57.

• **Rick Clelan**, 42, Elkton, MD, 17:54, and **Anne Chaffin**, 43, Landenberg, PA, 22:48, stormed to masters wins in the Michelle's Big Red 5K, Wilmington, DE, Dec. 17. Division winners included **Bill Butler**, 73, West Chester, PA, 23:31, and **Sharon Lachall**, 58, West Chester, PA, 24:41.

• **Jorge Fernandez**, 42, 33:33, and **Olena Plastinina**, 42, 38:04, led masters to the finish, NYRR Joe Kleinerman 10K, Central Park, NYC, Dec. 11. **George Hirsch**, 71, 47:07, and **Genette Bedard**, 72, 53:00, were tops in the 70-74 races. A week later in the NYRR Hot Chocolate 15K, Central Park, Dec. 17, Fernandez was first M40+ (51:46). **Kathy Martin**, 54, took the

W40+ race (59:46). **Toshiko d'Elia**, 75, finished with a strong 91:02.

## SOUTHEAST

• **Joey Warner**, 42, Mobile, AL, was third overall in 1:18:37, Holiday Half-Marathon, Point Clear, AL, Dec. 10. **David Jeffrey**, 63, Semmes, AL, finished eighth overall (1:26:55). **Melanie Baker**, 43, Pensacola, FL, was first W40+ (95:13). In the 8K, **Peter Finnorn**, 45, Mobile, AL, 37:27, and **Donna White**, 48, Mobile, with a second-female 38:41, were top masters. **Bradley Byrne**, 50, Fairhope, AL, was among the top masters (37:46).

• **Bryan Smith**, 43, with a second-place 1:28:45, and **Terrey Perrault**, 41, in 2:07:19, were masters firsts, 30th Larry Fuselier 25K State Championships, New Orleans, Dec. 11. **Gregg Spyridon**, 53, was first M50+ (1:54:34). In the adjunct 10K, masters winners both took a third-overall, **Peter Weatherhead**, 54, 39:20, and **Donna Vrobel**, 40, 45:30. **Yvonne Thomas**, 62, won the W60 race in 49:53. **Derrick Lee**, 51, was the M50 winner in 41:10.

• **George Altieri**, 48, Clermont, FL, with a second-place 80:26, and **Elisabeth Diamond**, 46, Bell, FL, in 1:41:59, paced the masters in the 22nd annual DeLeon Springs, FL, Half-Marathon, Jan. 1. **Dave Dunn**, 51, Daytona Beach, FL, was the M50 winner in 87:44. In the adjunct 5K, **Ceal Walker**, 43, Cocoa Beach, FL, won the women's race in 20:26. **Virgil Williams**, 50, Palm Coast, FL, was second male in 19:09. **Deal Riley**, 64, New Smyrna Beach, FL, won the M60 title (21:57).

## MIDWEST

• **Ann Heaslett**, W40, in 5:10.39, was first woman overall, HUFF 50K, Muncie, IN, Dec. 17, while **Chuck Schlemmer**, M45, was second overall in 4:18:19.

• **Mike Egle**, 43, romped to a first overall 28:45 in the Rudolph Rumble 8K, Chicago, Dec. 11. **Ken Jaqmin**, 60, Chicago, finished in 35:57. **Ann Farlee**, 47, Chicago, was first W40+ (42:37).

• **J. D. Pepper**, 42, Leslie, MI, 29:09, and **Liz Hendershot**, 40, Ortonville, MI, 37:00, motored to masters firsts in the Resolution 8K, Flint, MI, Dec. 31. **James Carlton**, 63, Walled Lake, MI, 31:37, and **Maggy Zidar**, 55, Pontiac, MI, were notable division winners.

• **Kevin Hanson**, 45, Sterling Heights, MI, in 17:39, and **Kathleen Moss**, 40, Chesterfield, MI, in 22:49, had resounding masters wins, Jingle Bell 5K, New Baltimore, MI, Dec. 11. **James Carlton**, 62, White Lake, MI, 18:57, and **Maggy Zidar**, 55, Pontiac, MI, chimed in with division wins.

• **Rex Harvey**, WMA Vice-President Stadia, was featured on the front page of the Cleveland Plain Dealer's Business section, Dec. 27, 2005. The article, titled "The inspiration of imagination," with the sub-heading "Parker Hannifin engineer never runs out of ideas," focuses on Harvey's involvement with the invention of macrolamination and his penchant for "front-end innovation." Harvey, a long-time Cleveland-area resident and combined-events athlete, is also a member of the USATF Masters T&F Executive Committee and still holds the M45 WR for the decathlon (7502), set in 1991.

## SOUTHWEST

• **David Wray**, 42, Edmond, OK, 31:11, and **Kathy Barkay**, 49, Bethany, OK, 39:10, delivered masters firsts in the Run for Your Life 8K, OKC, Jan. 1. **Ron Kuykendall**, 60, Bethany, OK, in 36:29, and **Kathy Moffitt**, 68, OKC, in 50:19, took age-group firsts.

• **Fan Benno-Caris**, Dallas, TX, 2005 W85 Outstanding RWer of the Year, writes, "I was walking fast when I stepped on a broken curb. My shoe stayed in the break, and I was thrown forward, resulting in a broken left arm (I'm left handed) and a broke femur in four places. Even with pins and plates in

my leg, I was walking with a cane in five weeks. Now, at eight weeks, I am walking with a cane and am going to do a one-mile race next week. The doctors were amazed. They said it was because of the condition I was in when it happened. Now I can really talk to people of any age and tell them it's never too late to start moving."

## WEST

• **David Olds**, M40, bagged two wins in the Venice Christmas Runs 10K & 5K, Los Angeles, Dec. 1, with masters firsts in both races with a 33:02 and 16:01. **Jose Ortiz**, M40, was second M40+ (16:03) in the 5K. **Linda Webster**, W40, was the first 40+ in the 10K (41:12). **Lisa Davis**, W40, took the 5K W40+ contest (18:26). **Lee Boca**, M60, 40:44, and **Bob Koch**, 78, 53:22, were among the 10K winners.

• Masters in their 50s stood out in the High Desert 30K, Ridgecrest, CA, Dec. 4, when **Linda Janelli**, 50, was first female in 2:33:18, and **Larry Emerson**, 51, second male in 2:24:19. **Anthony Teske**, 62, won the M60-69 race with a 2:45:16. In the 50K/SCA Championships, **Tom Nielsen**, 46, took the fifth spot in 3:51:13, and **Elaina McMahon**, 48, was second female, with a 4:32:51. **Bill Kissell**, 52, won his division with a 3:59:26.

## NORTHWEST

• **John Bitzer**, 44, NYC, in 46:23, and **Susan Korol**, 41, Snoqualmie, WA, in 49:10, rang in masters wins in the 12Ks of Christmas, Kirkland, WA, Dec. 18. **Ross Wheeler**, 50, Seattle, WA, won the M50 race (50:16). **Judy Fisher**, 62, Seattle, was the first runner 60+, with a 60:20. **Gregg Waters**, 45, Seattle, in 19:15, and **May Cheng**, 40, Seattle, in 23:07, both took second spots overall in the 5K.

• **Jerry Hammitt**, 46, Pleasant Hill, OR, 29:40, and **Karen Louise White**, 42, Eugene, OR, 33:43, chimed in with masters firsts, Jingle Bells 8K, in Eugene, Dec. 10. **Ed Spinney**, 52, of Eugene, was second M40+ (29:51). In the 5K, **John Bowden**, 47, of Eugene, 20:34, and **Marilyn Nippold**, 54, of Eugene, with a third-female 22:27, were masters winners. **Hollis Gunter**, 61, of Eugene, was second M40+ (23:47).

• **Pat Wagner**, 44, Eugene, OR, with a fourth-place 17:33, and **Karen Louise White**, with a second-female 21:23, took masters firsts in the Run on One 5K, in Eugene, Jan. 1. **Jana Rygas**, 51, of Eugene, was second W40+ (23:55). **Larry Williams**, 69, Springfield, OR, won the M65 race (23:31).

## CANADA

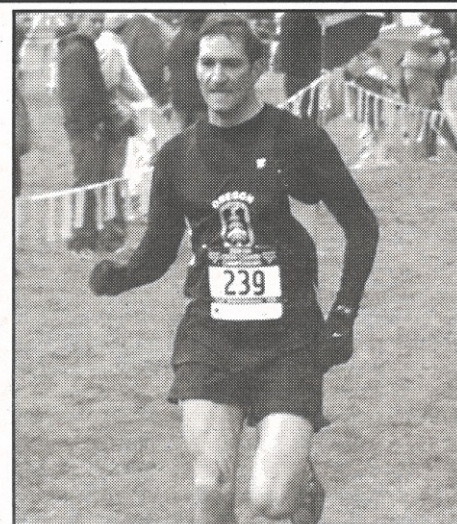
• **Emil Mueller** opened his indoor season with an M70 Canadian record 17.63/57-10 1/4 in the 16# weight in the Montreal Open, Dec. 10.

## INTERNATIONAL

• The entries were just partly registered as of Jan. 13, but so far more than 2000 athletes have entered the 2nd annual WMA World Indoor Championships, Linz, Austria, March 15-20. Leading is Germany, 650 with more expected, Austria is second at 432, and the others: Great Britain 260, France 153, USA 85 (plus more entries coming), Spain 83, Belgium 61, and Finland 52.

## OBITUARIES

• **Bob Boal**, a retired North Carolina St. U. economics professor, died Dec. 18 at Duke Health Raleigh Hospital. He was 93. He began competing in masters track & field in his late fifties and competed until he was 90. Born the same year that **Jim Thorpe** won the decathlon in the 1912 Stockholm Olympics, Boal became a decathlon champion when he was 85. His M85 decathlon record still stands, and his other records include various national, state and meet marks in running and hurdling. But what he most coveted was setting an example: Boal, who was 5-7 and weighed 125 pounds, learned to pole vault at age 70. He decided to get back into shape when he read **Ken Cooper's Aerobics**, when he was 56. He took up jogging before traveling to San Diego to welcome his son back home from Vietnam. While there, he saw his first masters track meet and brought the idea back to



JERRY WOJCIK

Pat Wagner, M40, in the 2005 Winter National 8K XC. The 2006 National 8K XC will be held in New York City's Van Cortlandt Park, Feb. 18.

North Carolina and founded the Southeastern U.S. Masters T&F Meet, now in its 36th year. His daughter, **Marjie Boal**, told the Raleigh News & Observer that her father pushed the masters competition as a way of motivating older people to stay fit. "That definitely was what he was about," she said. "Not the winning, but the doing."

— from USATF

• **James Benson Vernon**, Covina, CA, better known as "Jim" and for his pre-bent pole by masters athletes, passed away on Oct. 31 at age 88. He was born Dec. 28, 1916, in Waterville, KS. After a year of studying medicine, to honor his father, he followed his passion — engineering — earning a mechanical engineering degree from the U. of Iowa, and a masters degree from Cal Tech. In 1946, he went west to work on a prototype helicopter, and in 1948 joined the USC faculty as an associate professor of engineering. He was very involved with his family, serving as Big Chief Crazy Horse in the Indian Guides, and played an active role for his children's swim team. He resumed pole vaulting in his 50s and founded the Trojan Masters TC with USC coach, **Vern Wolf**. **Jerry Donley**, fellow pole vaulter, said of Vernon, "He was loving, gentle, caring, and very competitive. His 'crooked poles' drew notice, admiration and criticism. One unknown fact, he and his wife, Mary, a real supporter of masters activities, raised an alligator, baby to full-size, in their backyard."

• **Armando U. Ricciardi** died of natural causes on Dec. 14 in Reno, NV. He was 86. Known by his fellow masters athletes as "Ric," he was a popular combined-events competitor in the decathlon, pentathlon and weight pentathlon and several time national age-group champion. A resident of Reno for 58 years, he was born Nov. 18, 1919, in Providence, RI. Through academic and athletic scholarships, he graduated from Brown U. in 1941, where he was the captain of the t&f team and a member of the boxing team. In 1947, he and his wife, **Therese**, settled in Reno, after they traveled extensively through the state while he awaited acceptance to USC Orthodontic Graduate School. When accepted, he moved his family to Southern California. Upon graduation in 1951, he returned to Reno to begin his orthodontic practice, which he maintained for 30 years there and in Incline Village, NV. He became the first board certified orthodontist in Northern Nevada. After retirement at age 64, he took up masters t&f, in which he participated until several years before his death. **Joan Stratton**, a thrower who had competed with Ricciardi in many meets, said of him, "He loved pole vaulting and recalled when he was invited to compete against Olympian and world record holder **Cornelius Warmerdam** when Ric was in high school. His enthusiasm for all of track and field will be missed."

## CORRECTION

• **Dave Nelsen** should have been listed as the winner (12.30) of the M50 100 in the Texas State Senior Games results in the December issue. □

## RECIPIENTS OF ALL-AMERICAN AWARDS

M30-34	Okinyi Ayungo	TJ	13.83	9/3/05	M50-55	Don Keller	HJ	5-3	9/10/05	M70-74	James Koch	SP	14.04	7/10/05
M35-39	Nick Damalas Craig Godwin	LJ 5000	6.45 15:27.31	7/24/05 4/9/05	M55-59	Richard Sobel Michael Wiggins	HJ 5K RW 10K RW	1.51 25:41 54:18	8/5/05 8/5/05 8/7/05	M75-79	Robert Leishear	WP	2726	7/28/05
M40-44	Ted Poulos	3K SC 3000	11:39.17 9:54.89	8/5/05 9/4/05	M60-64	John Darlington	800	2:28.47	9/17/05	W45-49	Cynthia Morrison Elizabeth Rudy	WT 1500	8.51 5:37.92	12/10/05 7/23/05
M45-49	James Kerman Dave Neumann Bryan Stewart	SP 200 400 SP WP	46-3 24.66 55.85 13.71 3223	5/14/05 12/24/05 12/31/05 3/12/05 6/25/05	M65-69	Richard Imperiale Don Isett Thom Weddle	TJ LJ HJ 3000 Mile	8.70 4.55 4-8 11:26.99 5:43.72	7/16/05 5/14/05 9/10/05 3/11/05 1/8/05	W50-54	Arlene Lewis	3000	12:11.21	7/27/05
										W55-59	Jeanne Ratzloff Linda Wells	3000 5K	14:10.2 24:50	9/3-4/05 1/1/06

### U.S. MASTERS ALL-AMERICAN STANDARDS

Event	FOR MEN													
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	90-94
55	6.8	6.9	7.1	7.2	7.4	7.9	8.1	8.4	8.9	9.4	10.4	11.8	13.5	
60	7.4	7.55	7.7	7.85	8.05	8.5	9.0	9.25	9.5	10.0	11.2	12.8	14.8	
100	11.0	11.3	11.5	11.9	12.2	12.6	13.2	13.8	14.6	16.0	18.0	23.0		
200	22.4	23.2	23.8	24.6	25.5	27.0	27.9	29.5	32.0	35.0	40.2	52.0		
400	51.5	52.5	53.8	56.0	57.5	62.0	65.0	69.0	75.0	88.0	98.0	120.0		
800	2:02	2:04	2:06	2:11	2:16	2:25	2:35	2:45	3:06	3:35	3:55	4:30		
1500	4:20	4:22	4:24	4:35	4:45	5:10	5:20	5:45	6:30	7:20	8:10	9:20		
Mile	4:40	4:40	4:50	5:00	5:10	5:30	6:00	6:15	6:55	8:20	8:45	10:15		
3000	9:25	9:40	10:00	10:25	10:45	11:15	11:50	12:45	13:40	15:50	19:10	23:00	26:00	
5000	15:45	16:00	16:15	16:45	17:30	18:25	19:30	21:00	23:30	26:00	29:00	32:30		
10000	32:30	32:50	33:30	36:00	38:00	39:00	40:30	44:00	48:30	54:30	61:15	68:30		
55H	8.6	8.7	9.0	9.5	10.0	10.3	10.6	10.9	11.2	11.6	12.5			
60H	9.0	9.3	9.4	9.8	10.3	10.6	10.9	11.1	11.4	12.0	13.6			
110H	15.4	16.5	17.8	18.8										
100H					18.0	19.0	20.0	21.0						
80H									18.0	21.0	25.0	30.0		
400H	58.0	60.0	62.0	64.0	68.0	71.0								
300H					48.0	51.0	55.0	60.0	67.0	75.0	85.0	95.0		
3K-SC	10:10	10:30	11:45	12:40	13:30	14:00								
2K-SC							9:30	10:30	12:00	14:00	16:30	19:30		
HJ	1.90	1.85	1.76	1.68	1.60	1.50	1.45	1.38	1.25	1.15	1.00	0.80		
PV	4.40	4.10	3.95	3.70	3.55	3.05	2.70	2.40	2.30	2.00	1.80	1.30		
LJ	14-5/4	13-5/4	12-11/4	12-1/4	11-7/4	10-0	8-10/4	7-10/4	7-6/4	6-6/4	5-10/4	4-3/4		
TJ	6.50	6.10	5.85	5.60	5.40	4.90	4.50	4.20	3.80	3.35	2.85	2.20		
Shot	21-4	20-7/4	19-2/4	18-4/4	17-8/4	16-7/4	14-9	13-9/4	12-5/4	10-11/4	9-4/4	7-2/4		
Discus	13:20	12:60	11:50	10:80	10:40	9:50	8:90	8:20	6:96	6:50	5:94	5:51		
Hammer	47:24	44:20	40:00	39:00	39:00	36:00	32:00	32:00	30:00	25:00	20:00	17:07		
Javelin	62:00	56:00	48:76	47:00	43:00	41:00	39:00	35:00	31:00	24:00	19:00	14:02		
35#Wt.	15:00	14:00	13:00	12:00	10:00	9:00			6:00	5:00				
Weight	15:00	14:00	13:25	12:50	14:25	13:25	14:00	13:25	13:50	11:75	10:00	8:75	6:00	
Sup.Wt.	9.50	9.00	8.50	8.00	6:00	5:50	5:00	4:50	3:50	3:00	2:50	2:00		
56#	31-2	29-6/4	27-10/4	26-3	19-8/4	18-1/4	16-4/4	14-9	11-5/4	9-10	8-2/4	6-6/4		
Pent.	2800	2600	2600	2600	2600	2600	2600	2600	2600	2400	2200	2000		
Decath.	5500	5250	5250	5000	5200	5000	4500	5000	4800	4200	3000	2500		
Wt. Pent.	2800	2700	2800	3000	3000	3000	3000	3000	2600	2700	3000	3000		

- Notes: 1) 100 standards are for automatic time; use standard conversion for hand time.  
 2) Short hurdles: 30-49: 39"; 50-59: 36"; 60-69: 33"; 70-79: 30"; 80+: 27"  
 3) Long hurdles: 30-49: 36"; 50-59: 33"; 60-69: 30"; 70+: 27"  
 4) Shot put: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70-79: 4k 80+: 3k  
 5) Discus throw: 30-49: 2kg; 50-59: 1.5kg; 60+: 1.0kg;  
 6) Hammer: 30-49: 7.26k (16#); 50-59: 6k; 60-69: 5k; 70-79: 4k 80+: 3k  
 7) Javelin: 30-49: 800g; 50-59: 700g; 60-69: 600g; 70-79: 500g 80+: 400g  
 8) Weight: 30-49: 35# 50-59: 25# 60-69: 20# 70-79: 16# 80+: 12#  
 9) Superweight: 30-69: 56# 70-79: 35# 80+: 25#  
 10) Pen/Dec/Wt.Pen: 30-39 IAAF pts.; 40+ WMA factoring.  
 11) Metric heights and distances are the standard; feet and inches listed for convenience.

### U.S. MASTERS ALL-AMERICAN STANDARDS

Event	FOR WOMEN													
	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	90-94
55	8.0	8.20	8.50	8.80	9.10	9.40	9.80	10.30	10.80	11.50	12.30	13.40	14.80	
60	8.60	8.80	9.10	9.50	9.90	10.20	10.60	11.10	11.70	12.40	13.40	14.40	15.90	
100	13.8	14.1	14.4	15.0	15.5	16.4	16.8	18.6	19.8	22.0	25.0			
200	28.0	28.8	30.0	31.6	33.0	35.0	37.0	39.0	42.0	48.0	52.0			
400	63.5	65.5	68.0	70.0	78.6	80.0	83.0	84.0	86.0	98.0	104.0			
800	2:33	2:35	2:40	2:46	2:54	3:10	3:20	3:36	3:56	4:30	5:40			
1500	5:10	5:20	5:30	5:40	6:00	6:20	6:45	7:30	8:00	8:50	10:10			
Mile	5:40	5:50	6:10	6:30	6:50	7:00	7:40	8:10	8:50	9:40	10:45			
3000	11:30	11:50	12:00	12:30	14:00	14:30	15:00	16:00	18:30	20:00	23:00			
5000	19:45	20:15	21:00	22:00	23:30	24:50	26:00	28:00	30:00	34:00	36:00			
10000	41:30	42:40	44:00	48:00	50:00	52:00	56:00	60:00	66:00	76:00	85:00			
100H	17.2	18.2												
80H			15.0	15.8	16.5	17.6	18.7	20.2	22.2	25.0	28.0			
400H	75.0	79.0	84.0	88.0										
300H					66.0	72.0	79.0	87.0	96.0	110.0	120.0			
2K-SC	8:20	8:35	9:00	9:30	10:00	10:25	11:00	11:55	12:50					
HJ	1.40	1.35	1.27	1.22	1.12	1.07	1.02	0.97	0.92	0.89	0.84			
PV	4-7	4-5	4-2	4-0	3-8	3-6	3-4	3-2/4	3-0/4	2-11	2-9			
LJ	2.70	2.40	2.10	1.80	1.50	1.20	1.10	1.00	0.90	0.80	0.70			
TJ	8-10/4	7-10/4	6-10/4	5-10/4	4-11	3-11/4	3-7/4	3-3/4	2-11/4	2-7/4	2-3/4			
Shot	4.60	4.42	4.04	3.81	3.40	3.20	3.10	2.60	2.30	2.10	1.50			
Javelin	15-1	14-6	13-3	12-6	11-1/4	10-6	10-2	8-6/4	7-6/4	6-10/4	4-11			
Discus	9.50	9.09	8.43	7.49	7.01	6.40	6.20	6.00	5.50	4.50	3.89			
Hammer	31-2	29-10	27-8	24-7	23-0	21-0	20-4/4	19-8/4	18-1/4	14-9	12-9			
Weight	10.30	9.32	8.51	8.40	8.00	7.77	7.50	6.60	6.00	5.20	4.30			
Sup.Wt.	33-9/4	30-7	27-11	27-6/4	26-3	25-6	24-7/4	21-8	19-8/4	17-7/4	14-1/4			
Wt.Pent.	2600	2500	2500	2500	2800	2600	2600	2500	2400	2300				

- Notes: 1) 100 standards are for automatic time; use standard conversion for hand time.  
 2) Short hurdles: 30-39: 33"; 40-59: 30"; 60+: 27"  
 Long hurdles: 30-59: 30"; 60+: 27"  
 3) Shot put: 30-49: 4k; 50+: 3k  
 4) Javelin: 30-49: 600g; 50-59: 500g; 60+: 400g  
 5) Hammer: 30-49: 4k; 50+: 3k  
 6) Weight: 30-49: 20#; 50-59: 16#; 60+: 12#  
 7) Superweight: 30-49: 35#; 50-79: 25# 80+: 20#  
 8) Metric heights and distances are the standard; feet and inches listed for convenience.

## APPLICATION FOR AN ALL-AMERICAN CERTIFICATE/PATCH

NAME \_\_\_\_\_ AGE-GROUP \_\_\_\_\_

ADDRESS \_\_\_\_\_ SEX: M \_\_\_\_\_ F \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

MEET \_\_\_\_\_ DATE OF MEET \_\_\_\_\_

MEET SITE \_\_\_\_\_

EVENT \_\_\_\_\_ MARK \_\_\_\_\_

HURDLE HEIGHT \_\_\_\_\_ WEIGHT OF IMPLEMENT \_\_\_\_\_

CERTIFICATE       PATCH       PATCH TAG

- If you have equaled or bettered the standard of excellence, please fill out this application, completely.
- A copy of your results or a note stating in which issue your results appeared MUST accompany this application.
- Please send \$10 for a certificate, \$10 for a patch, and \$10 for a patch tag showing event and year. The cost for both a certificate and patch ordered at the same time is \$15.
- Send to: All-American, National Masters News, P.O. Box 50098, Eugene OR 97405.
- A 3-color, 8" by 10" certificate, suitable for framing, and/or a 3-color, 3" by 4" patch will be mailed to you within six weeks. Allow eight weeks for a patch tag.

### U.S. MASTERS ALL-AMERICAN STANDARDS OF EXCELLENCE FOR RACEWALKERS

Event	WOMEN													
	1.5K	Mile	3K	5K	8K	10K	15K	20K	25K	30K	40K	50K		
W30	7:13	7:47	14:50	25:38	42:04	52:43	1:21:56	1:52:06	2:24:43	2:59:15	4:08:45	5:37:30		
W35	7:22	8:03	15:18	26:27	43:11	53:56	1:23:29	1:53:32	2:26:51	3:01:53	4:12:21	5:42:23		
W40	7:37	8:21	15:53	27:26	44:47	55:56	1:26:37	1:58:06	2:32:33	3:08:56	4:22:13	5:55:48		
W45	8:03	8:41	16:32	28:33	46:35	58:10	1:30:08	2:03:00	2:38:56	3:17:00	4:33:31	6:11:25		
W50	8:25	9:05	17:15	29:49	48:36	1:00:41	1:34:08	2:08:30	2:46:11	3:26:08	4:46:23	6:29:09		
W55	8:55	9:31	18:05	31:14	50:54	1:03:33	1:38:40	2:14:48	2:54:26	3:36:33	5:01:03	6:49:24		
W60	9:17	10:01	19:01	32:51	53:32	1:06:50								

**TRACK & FIELD RESULTS**

Please send results to: National Masters News, P.O. Box 50098, Eugene, OR 97405; e-mail: natmanews@aol.com. To keep information current, we generally do not publish results more than 3 months old. Results typed and measuring 2-1/4" wide in metric in our format receive preference. Deadline is the 10th of the month prior to issue date.

**EAST**

**MAC Indoor Opener  
New Balance T&F Center  
NYC; Dec. 11**

<b>400m</b>	
M40 Tony Ringgold	58.63
M50 John Brooks	59.86
Don Hodge	1:06.67
M70 John Gleason	1:13.96
Tom Talbott	1:32.93
<b>800m</b>	
M40 Gerard Pearlberg	2:04.64
David Bynoe	2:11.13
Dave Zurheide	2:24.64
Thomas Schaefer	2:36.93
M50 Anthony Baker	2:45.40
John Saarmann	2:44.12
<b>1500m</b>	
M40 Jim Juliano	4:46:17
M50 Anton Brown	4:35:17
S Schallenkamp	4:46:60
Steve Perks	5:09.68
Harry Lichenstein	5:48:73
M60 Salin Talie	5:17:44
John Kuhl	6:06:88
Blaine Lawson	6:21.88
<b>3000m</b>	
M40 Mike Potter	11:30.27
Salih Talib	12:07.55
<b>60m Hurdles</b>	
M50 Jim Brown	9.88
<b>High Jump</b>	
M30 Kimiko Nakatake	1.56
Joe Kakuta	1.37
M50 Dave Friedman	1.22
Gerard Dunnes	1.22
M60 Gerard Counihan	1.42
<b>Pole Vault</b>	
M50 Gerard Dunne	10-0
Don Severn	10-0
M60 Jeff Tindell	10-0
<b>Long Jump</b>	
M40 Ralph Kleppan	4.17
Joe Williams	3.25
W40 Dawn Best	4.09
<b>Triple Jump</b>	
M40 Rick Acker	11.62
M50 Gerard Dunne	8.05
Dave Friedman	7.25
<b>Shot Put</b>	
M40 Glenn Ciripompa	8.88
M50 Sal Aoamo	10.78
Rich Dunphy	9.48
M60 Marty Eisner	12.00
Ed Joyce	9.70
Carl Lewis	8.79
W60 Roslyn Katz	7.30
W70 Anne Cirulnick	6.79
<b>Weight Throw</b>	
M60 Ed Joyce	9.52
W60 Roslyn Katz	9.59
W70 Anne Cirulnick	6.68

**Syracuse Chargers Indoor Meet  
Syracuse, NY; Dec. 11**

<b>55m</b>	
M30 Dave Eaton	6.6
M40 Bill Morrow	8.0
M65 Tom Fondy	8.2
M75 Ed Cox	8.9
W50 Irene Thompson	8.0
<b>800m</b>	
M40 Michael Boni	2:21.6
M45 Tim Ingall	2:25.8
M50 David Bowen	2:26.1
Peter Hardwick	2:27.7
Tom Daly	2:38.6
Larry Brooks	2:56.5
M55 Bob Nicholson	3:02.3
M60 Al Stagl	3:34.8
M65 Kermit Cadrette	3:20.2
Tom Fondy	3:21.2
Don Baum	3:58.2
<b>1500m</b>	
M30 Javier Martinez	4:23.7
M40 Michael Boni	4:44.0
John Stiner	4:47.4
M45 Tim Ingall	4:49.7
Dave Miller	5:12.9
M50 Peter Hardwick	4:50.9
David Bowen	4:57.0
James Cody	5:35.9
Larry Brooks	5:42.4
M55 Bob Nicholson	9:17.0
M60 Paul Stelmaszyk	6:38.9
Al Stagl	7:17.7

M65 Kermit Cadrette	6:14.6
<b>High Jump</b>	
M50 Tom Daly	4-8
<b>Long Jump</b>	
M30 Dave Eaton	21-1
M50 Rick Cansullo	14-7
M65 Don Baum	8-10
W50 Irene Thompson	14-0
<b>Shot Put</b>	
M40 Bill Morrow	8.87
M45 Mark Palmer	11.18
Mike Kinsella	10.01
<b>Weight Throw</b>	
M45 Mack Palmer	13.30
M55 Pat Lynn	13.26
M65 Gary Crawford	12.79

**Philadelphia Masters  
Indoor Meet, Haverford  
College, Dec. 11**

<b>60m</b>	
M35 Gerald Jones	7.5
M40 Gerald Crocker	7.6
John Ranalli	8.8
M45 Lovell Butler	7.4
Tony Fulton Sr	7.4
Steve Barlage	7.9
M50 Gary Leigh	8.0
Gary Arend	8.2
Kenneth Crawford Sr	8.5
M55 Bruce Campelia	9.0
M60 Fred Edelstrin	9.0
M75 Joe Granahan	10.9
W30 Jill Cypress Turner	8.1
<b>200m</b>	
M30 Henry Myers	26.5
M35 Gerald Jones	27.1
M40 Gerald Crocker	25.5
M50 Ed Price	28.2
Gary Leigh	28.7
John Maniglia	29.1
M60 Bob Fuhrman	32.0
W60 Barbara Leighton	37.9
<b>400m</b>	
M50 Russ Patton	1:00.6
M60 Bob Buhman	1:15.7
M85 George Blyn	3:31.0
W40 Lorraine Jasper	1:09.5
W60 Barbara Leighton	1:26.5
<b>800m</b>	
M40 Bob Rimkis	2:23.9
John Mooney Sr	2:29.4
M45 Chuck Shields	2:10.8
Pat Good	2:28.2
M50 Russ Patton	2:27.4
John Fulton	2:36.8
Dennis Mellish	2:42.1
M60 Rich Myers	2:41.2
Art Brown	2:58.9
M85 George Blyn	7:45.9
W40 Lorraine Jasper	2:37.9
W50 T Mullis-Dubow	3:33.2
<b>Mile</b>	
M30 Mike Padilla	4:34.1
Kyle Lanier	4:40.9
Neill Clark	4:49.8
M35 Joe Turchetti	5:54.3
Paul Sorrentino	5:55.4
M40 Gene Tung	4:48.1
Bob Rimkis	5:11.4
John Mooney Sr	5:29.9
M45 Chuck Shields	4:43.3
Pat Good	5:37.4
M50 Terry Permar	5:06.9
Nicodemo Ricci	6:42.8
M55 Dennis Mellish	5:50.7
Fred Dedrick	6:00.6
Richard Brown	6:21.7
M60 Rich Myers	5:37.3
Art Brown	6:19.4
M65 James Durkin	6:58.3
M85 George Blyn	15:46.2
W40 Lorraine Jasper	5:37.8
W50 T Mullis-Dubow	7:23.9
<b>3000m</b>	
M30 Kareem Lanier	9:19.4
Chris Carroll	10:45.8
M40 John Mooney Sr	13:25.6
M45 Chuck Shields	9:42.2
M50 Maurice Pointer	10:16.1
Joel Hoffsmith	10:17.2
Joe Kern	11:29.1
M55 Seth Bertmann	11:08.0
W50 T Mullis-Dubow	14:56.9
<b>Short Hurdles</b>	
M35 Rafael Suarez	10.2
M50 Jim Broun	9.4
<b>High Jump</b>	
M30 Geoff Shute	1.77
John Bocci	1.72
M60 Fred Riley	1.17

<b>Long Jump</b>	
M30 Geoff Shute	5.88
M40 Steve Barlage	4.70
M45 Lovell Butler	5.43
M50 Kenneth Crawford Sr	4.54
<b>Triple Jump</b>	
M30 Geoff Shute	11.60
M50 Krzysztof Kot	9.87
W30 Jill Cypress Turner	10.20
<b>Shot Put</b>	
M40 Edwin Lopez	11.46
M45 Jeff Woodward	9.33
Terence Moody	7.21
M50 Jay McKeen	14.86
John Mattel	12.59
Nick Helfrich	9.61
M70 Gerald Vaughn	14.91
W40 Heather Scanlon	9.09
<b>Mile RW</b>	
M45 Larry Schiller	8:08.9
M60 Joel Dubow	10:15.4
M70 William May	8:24.9
M75 Ed Gawinski	11:33.1

**MAC Holiday Classic  
New Balance T&F Center  
NYC; Dec. 30**

<b>60m</b>	
M30 Johny Pittman	8.26
Jason Schmidt	7.58
M40 Tony Fulton	7.46
Keith Davis	7.57
Phil Bujalski	8.02
Dwayne Nemore Sr	8.75
Leon Winder	8.04
M50 Ty Lewis	8.22
Kenrick Smith	8.27
Rockdale Hudson	8.31
M60 Roosevelt Weavey	9.22
<b>200m</b>	
M30 Jason Schmidt	23.91
M40 Howard Lindsay	23.61
Charles Weeks	23.91
Tony Ringgold	25.18
Ronald Davy	27.83
Ed Price	28.41
Charles Shirk	30.36
M50 Ty Lewis	26.64
M60 Ron Johnson	26.43
<b>400m</b>	
M30 Robert Thomas	50.22
M40 David Bynoe	53.64
M60 Lovett	53.94
Keith Davis	54.35
William Marshall	57.06
Rick Pujalski	58.33
M60 John Kuhl	1:14.77
W50 Linda Piff	1:16.51
Wendi Glassman	1:24.10
<b>800m</b>	
M40 Dave Zurheide	2:30.74
Thomas Schaefer	2:44.50
M50 Tony Plaster	2:21.19
Anthony Baker	2:37.48
M60 Jonathan Teterly	2:38.50
John Saarmann	2:46.52
W40 Alisa Harvey	2:11.04
W45 L Chaplin-Swann AR	2:22.37
(Dee Dee Grafius/2:23.33/1996)	
<b>1500m</b>	
M40 Martin Fitzgerald	4:32.17
Ralph Sangaricq	5:42.08
M50 Joe Bolster	5:15.58
W40 Alisa Harvey	4:41.34
W45 L Chaplin-Swann AR	4:53.62
(Marge Bellisle/5:03.36/2004)	
<b>3000m</b>	
M40 Alfonso Polonia	9:18.44
Francis Burdett	9:25.79
Stuart Calderwood	9:51.22
Rich Angello	10:45.37
Mike Potter	11:25.54
M50 Steve Schallenkum	10:27.41
W40 Margot Sheehan	13:17.83
<b>High Jump</b>	
M30 Karl Hawke	1.82
Kevin McCleave	1.62
M40 Charles Shirk	1.32
M50 David Friedman	1.27
M60 Gerald Counihan	1.37
W50 Gloria Nash	0.97
<b>Pole Vault</b>	
M50 Donald Severn	3.30
Gerard Dunne	3.00
M60 Gerald Couniken	3.15
<b>Long Jump</b>	
M30 Chuck Lumio	6.33
Kevin McCleave	5.59
M40 Tamba Kurtequee	5.98
Charles Weekes	5.57
M50 Ty Lewis	5.10
David Friedman	3.43
W50 Gloria Nash	2.40
<b>Triple Jump</b>	
M30 Chuck Lumio	6.33
Kevin McCleave	5.59
M40 Tamba Kurtequee	12.92
Rick Acker	11.42
M50 Gerard Dunne	8.35
David Feldman	7.22
W50 Gloria Nash	4.28

<b>Shot Put</b>	
M40 Glenn Ciripompa	8.36
M50 Charles Roll	13.18
Joitn Maltot	12.46
Dennis Hanson	12.25
George Castelli	10.65
Rich Dunphy	9.10
M70 Pete Barker	10.26
W40 Oneitha Lewis	13.17
W60 Roslyn Katz	6.90
<b>Weight Throw</b>	
W40 Oneitha Lewis	15.97
W60 Roslyn Katz	9.91

**Upstate Holiday Classic/  
USATF Niagara Indoor  
Championships  
Rochester, NY; Dec. 31**

<b>55m</b>	
M30 Keith Booker	6.62
Dave Eaton	6.96
M35 Otto Reinhardt	7.64
<b>200m</b>	
M30 David Jackson	24.70
M40 Keith Scott	28.03
Glenn Laderer	31.30
<b>400m</b>	
M35 Jeff Naylor	58.87
Otto Reinhardt	59.18
M40 Keith Scott	65.31
Mark Assini	68.39
W40 Gail Geiger	70.29
W45 Marilyn Zygo	74.84
W55 Carolyn SmithHannah	72.42
<b>800m</b>	
M40 Jerry Mangan	2:24.41
M45 Tim Ingall	2:26.85
Jay Ferrimani	2:39.67
M60 Herb Engman	2:42.66
Harry Luke	2:53.73
<b>1500m</b>	
M35 Jeff Naylor	4:45.96
M60 Herm Engman	5:31.45
<b>3000m</b>	
M30 Matt Tyler	10:22.09
M45 Gary Moore	9:41.25
Tim Ingall	10:26.92
Dan Sackett	11:09.39
M50 Tim McMullen	10:25.20
Peter Hogan	12:03.94
M55 Ralph Josephson	12:24.49
W45 Marie White	13:26.37
<b>55mH</b>	
M30 Keith Booker	7.74
<b>4x400 Relay</b>	
Genesee Valley Harriers	4:41.82
<b>Masters Women</b>	
<b>High Jump</b>	
M30 Thomas Boyber	5-3
<b>Pole Vault</b>	
M55 Tom Rauscher	10-6
<b>Long Jump</b>	
M30 Dave Eaton	6.37
Thomas Boyber	5.58
<b>Shot Put</b>	
W30 Dean Lichterman	9.93
<b>Weight Throw</b>	
M35 Jay Kovaleski	13.52
<b>3000 Racewalk</b>	
M40 Mike Rohl	16:35.74
W45 Sherri Stage	17:30.38

**Dartmouth Relays  
Hanover, NH; Jan. 6**

<b>60m</b>	
M40 Rohan Stuart	7.65
Michel St Pierre	7.70
Jeffrey Morrison	8.28
M45 Michael Travers	8.09
Stuart Lord	8.50
M50 James Broun	8.21
Tucker Taft	8.26
Richard Clark	8.54
M55 Rick Parker	8.12
Lee Hess	8.24
Dennis Newton	8.26
Darryl Decker	8.32
Tom Cunningham	8.42
M60 Roger Pierce	8.20
Paul Gansle	8.93
Gary Snyder	9.19
M65 Dick Camp	8.70
M70 Dennis Melanson	8.71
Bill Wright	9.28
John Poley	9.29
Deke Conklin	9.84
Frank Brako	11.36
M80 George Steinmeyer	13.79
W35 Laura Barre	8.43
W50 Gail Johns-Rees	9.51
W55 Hillen von Maltzahn	9.50
W70 Mary Roman	11.64
<b>200m</b>	
M40 Rohan Stuart	25.05
Michael St Pierre	25.22
Jeffrey Morrison	28.73
M45 Gino Caro	29.86
M50 Charles Kelley	27.11
Tucker Taft	27.15

Roy Currier	27.91
M55 Rick Parker	27.47
Lee Hess	27.84
M60 Roger Pierce	26.66
Paul Gansle	29.77
Gary Snyder	31.72
Robert Chinchillo	32.89
M65 Dick Camp	29.42
Richard Croak	32.02
M70 John Poley	32.39
Frank Brako	42.32
M85 Bob Matteson	

M50 Frank Helmick	11:26.6
Jim Darr	12:33.5
David Gayer	13:04.3
M55 Jay Jacob Wind	13:30.2
W30 Tonya Dodge	10:45.2
W45 Y Anderson-Smith	16:45.6
<b>1600m RW</b>	
M50 Peter Blank	10:08.0
M80 Charles Boyle	11:15.0
3000m RW	
M60 Michael Schwed	20:06.0
M65 Sheldon Contract	21:01.0

**SOUTHEAST**

**Florida Senior Games State Championships The Villages; Dec. 3-11**

<b>100m</b>	
M50 Bo Longshore	12.45
M55 Bill Tharpe	12.84
M60 Ted Kalaidi	13.44
M65 Raymond Lebowitz	14.52
M70 John Hurd	15.09
M75 Gordon Albury	16.50
M80 Ryan Beighley	25.44
M85 Seymour Duckman	19.82
W50 Jocelyn Lowther	15.18
W55 Shirley Jones	17.68
W60 Rosemary Uzzi	19.51
W65 Madeline Cazel	17.91
W75 Ethel Lehmann	17.93
<b>200m</b>	
M50 Bo Longshore	25.52
M55 Bill Tharpe	27.13
M60 Wayne Hansen	29.01
M65 Raymond Leibowitz	30.82
M70 John Hurd	32.01
M75 Gordon Albury	35.34
M80 Tom McDonald	47.10
M85 Seymour Duckman	43.57
W50 Jocelyn Lowther	32.34
W55 Susan Hill	39.25
W60 Rosemary Uzzi	42.60
W65 Madeline Cazel	38.34
<b>400m</b>	
M50 Fred Hendrix	1:04.35
M55 Bill Tharpe	1:03.72
M60 Lionel Bonck	1:06.85
M65 Frank Porcelli	1:20.24
M70 David Kaufmann	1:18.00
M75 Norman Meeker	1:24.86
M80 Tom McDonald	1:47.04
W50 Jocelyn Lowther	1:18.11
W55 Alice Kelly	1:26.97
W60 Carolyn Zelonis	1:30.94
W65 Madeline Cazel	1:33.06
W75 Ethel Lehmann	1:35.19
<b>800m</b>	
M50 Patrick Casey	2:27.84
M55 Kurt Stelzner	2:42.88
M60 John Shenk	2:36.60
M65 Frank Brume	2:42.76
M70 Herman Lofton	3:17.63
M75 Norman Meeker	3:25.53
M80 Tom McDonald	3:57.19
M85 Charles Futrell	6:29.29
W50 Jocelyn Lowther	3:08.41
W55 Alice Kelly	3:17.43
W60 Carolyn Zelonis	3:31.59
W65 Madeline Cazel	4:15.41
<b>1500m</b>	
M50 Patrick Casey	5:18.50
M55 Kurt Stelzner	5:55.90
M60 Wilson Strouse	6:26.48
M65 Frank Brume	5:54.46
M70 Donald Pratt	6:35.57
M75 Robert Williams	7:54.90
M80 Tom McDonald	8:14.05
M85 Charles Futrell	13:09.21
W50 Cindy Miller	6:44.13
W55 Alice Kelly	7:25.69
W60 Carolyn Zelonis	7:25.69
W65 Mikki Eddlemon	8:22.64
<b>High Jump</b>	
M50 Dan Pierce	1.60
M55 Lloyd Long	1.21
M65 Chuck Tosch	1.32
M70 Richard Lowery	1.37
M75 Larry Fleischman	1.21
M80 Gilbert Calcagno	1.01
M85 Seymour Duckman	1.01
W55 Susan Hill	1.01
W65 Madeline Cazel	0.96
W75 Ethel Lehmann	1.01
<b>Long Jump</b>	
M50 Bob Simons	4.82
M55 Tom Day	4.29
M60 Ted Kaladi	5.09
M65 Raymond Lebowitz	4.15
M70 Alan Raynor	3.69
M75 Norm Taylor	3.20
M80 Gilbert Calcagno	2.34
M85 Howard Hall	2.73
W55 Lorraine Travis	3.07
W60 Vana Reddy	2.31
W65 Madeline Cazel	3.00
W70 Alice Terrill	1.70
W75 Ethel Lehmann	2.67
<b>Shot Put</b>	

M50 Mark Ford	10.99
M55 Harry Lowe	10.75
M60 Richard Mitken	11.88
M65 Gary Winters	12.26
M70 Rudolph Houg	12.36
M75 Dean Davis	8.26
M80 John Gamble	8.57
M85 Seymour Duckman	6.52
W55 Neva Weisskopf	7.79
W60 Marie Panza	6.48
W65 Madeline Cazel	6.99
W75 Rosalie Lombard	4.53
<b>Discus</b>	
M50 George Robinson	31.85
M55 Robert Hume	43.40
M60 James Corcoran	37.51
M65 Gary Winters	35.94
M70 Rudolph Houg	41.45
M75 James McGillen	21.79
M80 John Gamble	27.50
M85 Seymour Duckman	17.47
W50 Neva Weisskopf	21.92
W60 Marie Panza	18.33
W65 Madeline Cazel	23.41
W75 Ethel Lehmann	48.01
<b>Javelin</b>	
M50 Matt McGillen	37.18
M55 Jim Ulrich	45.54
M60 John Rogerson	33.88
M65 Tom Harasti	36.67
M70 Frank Skvarek	35.96
M75 Larry Fleischmann	22.75
M80 John Gamble	20.16
M85 Howard Hall	18.94
W55 Shirley Jones	16.91
W60 Marie Panza	15.84
W65 Madeline Cazel	26.82
W75 Ethel Lehmann	23.31
<b>5K RW</b>	
M55 Tom Day	44.49
M60 James Corbeil	29.58
M65 Paul Cole	32.50
M70 Jack Rademaker	34.36
M75 Gus Ormrod	33.32
M80 Harold Covit	43.36
W50 Sandra DeNoon	32:57
W55 Marguerite Muller	36:34
W60 Sandra Hulst	33:26
W65 Carole Sampsell	38:29
W70 Joan Toole	37:28
W75 Jeri McDonald	45:21
W80 Bess Grimm	42:25
<b>8K Road Race</b>	
M50 Vincent Fisk	20:48
M60 David Ohnsman	19:52
M65 Frank Brume	21:40
M70 Don Magyari	24:14
M80 Tom McDonald	27:53
M85 Charles Futrell	45:32
W50 Marilee Elias	30:01
W55 Alice Kelly	25:23
W60 Cheryl Klinzing	25:17
W65 Lynne Lauck	27:48
W70 Marilyn Walters	30:05

**SOUTHWEST**

**Louisiana Lightning TC Weight Pentathlon St. Amant, LA; Dec. 10**

<b>Shot Put</b>	
M40 Scott Danbert	9.67
M45 Jose Ortiz	10.36
M50 Robert Holtz	11.26
M55 Kenneth Edward	8.35
M75 Luis Velez	6.05
<b>Discus</b>	
M40 Scott Danberg	29.57
M45 Jose Ortiz	27.25
M50 Robert Holtz	32.30
M55 Kenneth Edward	22.20
M70 Encarnacio Aponte	16.36
<b>Hammer</b>	
M50 Robert Holtz	39.30
M75 Luis Velez	24.03
<b>Javelin</b>	
M45 Jesus Virell	44.42
Jose Ortiz	43.60
M70 Encarnacio Aponte	15.06
M75 Sid Kiwitt	28.12
M50 Robert Holtz	39.46
<b>Weight Throw</b>	
M50 Robert Holtz	15.27
M75 Luis Velez	7.68
W45 Cindy Morrison	8.51

**NTC Throws Meet National Training Center Clermont, FL; Dec. 10**

<b>Shot Put</b>	
M40 Scott Danbert	9.67
M45 Jose Ortiz	10.36
M50 Robert Holtz	11.26
M55 Kenneth Edward	8.35
M75 Luis Velez	6.05
<b>Discus</b>	
M40 Scott Danberg	29.57
M45 Jose Ortiz	27.25
M50 Robert Holtz	32.30
M55 Kenneth Edward	22.20
M70 Encarnacio Aponte	16.36
<b>Hammer</b>	
M50 Robert Holtz	39.30
M75 Luis Velez	24.03
<b>Javelin</b>	
M45 Jesus Virell	44.42
Jose Ortiz	43.60
M70 Encarnacio Aponte	15.06
M75 Sid Kiwitt	28.12
M50 Robert Holtz	39.46
<b>Weight Throw</b>	
M50 Robert Holtz	15.27
M75 Luis Velez	7.68
W45 Cindy Morrison	8.51

Trent Lane (6k)	4.83
<b>Discus</b>	
M50 Jeff Baty	38.86
M60 Vince Breaux	39.89
Richard Stagg	36.33
M65 Don North	31.72
M70 Milton Brady	24.14
M75 Jack Haller	20.14
M80 Robert Dew	9.59
M95 Trent Lane	13.45
Trent Lane (1.5k)	11.50
<b>Hammer</b>	
M50 Jeff Baty	39.66
M60 Vince Breaux	34.47
M65 Don North	26.55
M70 Milton Brady	24.87
M75 Jack Haller	17.75
M80 Robert Dew	11.99
M95 Trent Lane	13.75
Trent Lane (5k)	12.25
Trent Lane (6k)	9.38
<b>Javelin</b>	
M50 Jeff Baty	30.35
M60 Vince Breaux	39.78
M65 Don North	32.92
M70 Milton Brady	19.77
M75 Jack Haller	20.20
M80 Robert Dew	7.53
M95 Trent Lane	14.70
Trent Lane (500g)	16.00
Trent Lane (600g)	14.87
Trent Lane (700g)	13.85
Trent Lane (800g)	13.79
<b>Weight</b>	
M50 Jeff Baty	14.16
M60 Vince Breaux	14.90
M65 Don North	9.99
M75 Jack Haller	6.08
M80 Robert Dew	6.25
M95 Trent Lane (12 lb)	6.88
Trent Lane (20 lb)	4.80
Trent Lane (25 lb)	4.43
<b>Superweight</b>	
M50 Jeff Baty (35 lb)	10.32
Jeff Baty (56 lb)	6.56
Jeff Baty (98 lb)	3.14
Jeff Baty (200 lb)	1.26
M60 Vince Breaux (35 lb)	9.99
Vince Breaux (56 lb)	5.72
Vince Breaux (98 lb)	3.88
Vince Breaux (200 lb)	1.66
M75 Jack Haller (35 lb)	3.98
Jack Haller (56 lb)	2.58
Jack Haller (98 lb)	1.32
Jack Haller (200 lb)	0.29
M95 Trent Lane (35 lb)	3.39
Trent Lane (56 lb)	2.15
Trent Lane (98 lb)	1.18
Trent Lane (200 lb)	0.29
<b>Weight Pentathlon</b>	
M50 Jeff Baty	3126
M60 Vince Breaux	3774
M65 Don North	3180
M70 Milton Brady	2586
M75 Jack Haller	2359
M80 Robert Dew	1425
M95 Trent Lane	5436

**WEST**

**Sprint Pentathlon Honolulu; Nov. 27**

<b>60m/100/200/300/400</b>	
Phillip Oyape	46
8.2/12.8/26.5/46.0/67.5	
Allen Ng	57
9.4/14.7/31.1/49.0/87.4	
Jack Karbens	64
9.3/14.8/31.4/49.4/74.0	
Britta Staub	53
11.8/18.5/37.9/60.2/83.5	

**LONG DISTANCE RUNNING**

**EAST**

**Pittsylvania XC Challenge Pittsburgh, PA; Nov. 12**

<b>6K</b>	
M35 Dan Holland	20:52
Dave Wilt	21:00
Randy Wilson	24:39
M40 Steve Garand	22:54
Jim Kaufman	24:25
M. Malgodi	25:28
M45 Jim Humphrey	24:36
Joe Alter	25:08
Jim McCarthy	25:43
M50 L. Zelkowitz	23:16
Dave Sobal	23:49
Bill Kanarek	23:55
M55 Dave Bowser	25:36
Bill Stroup	26:53
M60 T. Sheridan	37:49
M70 John Harwick	38:38

W35 W. DePiere	24:49
Lori Thomas	27:54
L. Falenski	30:27
W40 L. Patarini	27:09
Tina McQuade	39:41
W45 D. Hudak	31:22
W50 D. Kelly	39:41
Janice Boyko	40:20

**Thanksgiving Day 4 Mile Portland, ME; Nov. 24**

<b>Overall</b>	
Kirby Davis	20:45
Kristin Barry	24:31
M35 T J Hesler	23:51
M40 Peter Bottomley	21:42
Randy MacNeill	22:41
M45 Ken Botting	22:57
Floyd Lavery	23:27
M50 Dick Graves	24:31
Rob Spaulding	24:32
M55 Bill Reilly	26:01
M60 Philip Pierce	30:26
M65 Jerry Levasseur	31:45
M70 Art Warren	30:16
M80+Carlton Mendell	50:11
W35 Susannah Beck	25:35
W40 Kimberley Bonsey	27:24
Regan Hornney	28:10
W45 Jeanne Hackett	28:06
Sarah MacColl	29:43
W50 Deb Sawyer	31:13
W55 Nancy Miller	33:02
W60 Beth Branson	39:37
W65 Polly Kenniston	36:57

**Gar Williams Half-Marathon Alexandria, VA; Dec. 3**

<b>Overall</b>	
Garth Terry 26	1:14:54
Jessie Sackett 26	1:27:59
M40 Ted Poulos	1:19:37
M45 Robert Johnson	1:24:41
M50 Steve Ward	1:18:30
M55 Jay Wind	1:38:37
M60 Pat Griffith	1:27:03
W40 Charlene Staats	1:50:08
W45 Bev Black	1:34:44
W50 Betty Blank	1:35:59
W55 Alice Franks	1:44:09
W60 Helene Price	1:55:18
W65 Tami Graf	2:14:23

**USATF-NJ 10 Mile Championships, West Windsor; Dec. 11**

<b>Overall</b>	
Scott DeFilippis	52:07
Suzanne Huelster	62:40
M40 Ben Reynolds	55:08
Ken Rolek	57:41
Brian Crowley	57:44
Michael Los	59:16
Mark Lorello	59:42
M45 Peter Allen	58:19
Jose Guzman	1:00:00
Jeremy Stratton	1:01:42
Kevin Higgins	1:02:01
John Kane	1:02:46
M50 Charlie Slaughter	1:05:06
Thomas Fitzgerald	1:05:33
Lucio Gardona	1:05:43
Gary Peters	1:05:52
Richard Henderson	1:06:14
M55 Roger Price	1:05:18
Christopher Lehman	1:06:35
Bill Bosmann	1:07:43
Mitch Monchinski	1:08:26
M60 Bill Hagman	1:07:18
Doug Brown	1:07:29
Antonio Cruz	1:07:45
M65 Pat Cosgrove	1:11:34
James Leitz	1:13:12
John Leonard	1:19:18
M70 David Burke	1:29:39
Raymond Reddick	2:25:19
M75 Bill Welsh	2:48:33
Bill O'Brien	2:48:52
W40 Julie Corbin	1:08:27
Kathy Rucker	1:09:34
Lisa Wilhelm	1:10:25
Sally Simeone	1:12:47
Kris O'Grady	1:13:50
W45 Janice Morra	1:07:22
Jennifer Wheeldon	1:15:01
Jennifer Jones	1:21:45
Rene Rovtar	1:23:51
Martha Rose	1:25:02
W50 Jane Parks	1:15:38
Lynne Mortimer	1:18:34
Vera Stek	1:32:09
Denise Hinkle	1:33:25
Margaret McHale	1:33:59
W55 Betty Shonts	1:19:30
Christine Ange	1:27:07
Cande Olsen	1:30:04
W60 Eileen Holzman	1:26:58
Patricia O'Hanlon	1:28:30

Jane Van Eeuwen	2:05:23
W65 Dorothy Little	1:24:55
Imme Dyson	1:25:33
Doris Hafemann	1:52:37
W70 Shirley Pettijohn	2:20:26
Diane Stone	2:33:01
W75 Toshiko d'Elia	1:34:53
Patricia Tummey	2:43:30

**NYRR Joe Kleinerman 10K, Central Park, NYC Dec. 11**

<b>Overall</b>	
Alene Reta 23	30:02
Alemtsehay Misganaw 25	34:38
M40 Jorge Fernandez	33:33
M45 Alan Ruben	34:38
M50 Steve Calidonna	34:42
M55 Joseph Porcaro	39:05
M60 Douglas Escher	41:08
M65 Sidney Howard	45:45
M70 George Hirsch	47:07
M75 Kenneth Jones	55:17
M80 Leonard Scheer	1:23:48
W40 Glenna Platinina	38:04
W45 Barbara Gubbins	39:33
W50 Marie Wickham	42:34
W55 Judith Tripp	48:55
W60 Marilyn Greeley Walsh	47:50
W65 Sandra Krystal	55:13
W70 Ginette Bedard	5



Emily Strong	6:48.4
W60-69 S Burkinshaw	7:29.8
Julie Lockhart	7:35.0
Isobel Parke	8:51.6

**NYRR Fred Lebow Classic 8K Central Park, NYC; Jan. 8**

**Overall**

Matt Downin 28	26:01
Anne Kugler 37	28:02
M40 Antonio Martinez	27:35
M45 Oliver Knowlton	29:10
M50 Julian Alvarez	31:02
M55 Adolf Lawrowski	31:43
M60 John Samsel	32:12
M65 Pat Cosgrove	34:37
M70 Alfred Finger	36:25
M75 Kenneth Jones	43:59
M80 Sab Koide	52:55
M90 James Serafino 96	50:52
W40 Stephanie Hodge	30:53
W45 J Chodnicki-Stemm	32:15
W50 Chihiro Yamauchi	34:30
W55 Judith Tripp	39:14
W60 Mary Nathan	39:18
W65 Edith Jones	43:14
W70 Ginette Bedard	39:43
W75 Toshiko D'Elia	47:41

**SOUTHEAST**  
**St. Jude Memphis Marathon/Half-Marathon Memphis, TN; Dec. 3**

**Marathon Overall**

Kassahun Kabisozz 22	2:16:48
Jenny DeWeese 27	2:49:11
M40 Gilbert Rutto	2:34:44
John Noblin	2:52:06
John Geiger	2:53:01
M45 Seth Denenberg	3:01:20
Richard Leiboult	3:10:10
Tim Pemberton	3:11:15
M50 Thomas Gaudette	2:59:44
Rob Sargent	3:17:23
Alberto Velasco	3:17:56
M55 Bill Grether	3:07:00
Dean Christensen	3:16:21
Rene Morales	3:19:35
M60 Terry Connell	3:24:40
Ron Duff	3:30:32
Kenneth Williams	3:34:57
M65 George Gowell	3:56:24
Neil Hall	4:05:37
Marv Bradley	4:15:09
M70 Roy Dagneau	3:48:39
Roger Wiley	4:54:47
Kent Mitchell	4:55:46
M75 Bob Dolphin	5:25:34
W40 Heidi Gotway	3:18:16
Elizabeth Durant	3:20:08
Carolyn Koszalka	3:20:33
W45 Becky Lowrance	3:20:44
Carol Wright	3:20:22
Brenda Walton	3:36:44
W50 Dona Lee Andrew	3:39:28
Bernita Lovelace	3:49:39
Lise Patterson	3:54:07
W55 Susan Diggins	4:14:47
Paulette Brockinton	4:24:07
Jill Cutting	4:24:57
W60 Joan Scarlata	4:14:08
Kathy Ryan	4:32:23
Therese Jochum	5:05:40
W65 Carolyn Mitchell	6:00:23

**Half-Marathon Overall**

Paul Ngeny 27	1:04:43
Alemtehay Misganem 25	1:18:32
M40 Paul Aufdemberge	1:07:40
Brian Pope	1:13:09
John Piggott	1:14:03
M45 Greg Cauller	1:15:21
Karl Lenser	1:18:34
Kurt Lenser	1:23:28
M50 Jimmy Brigrance	1:22:59
Al Guevara	1:27:23
Larry Graham	1:18:23
M55 David Williams	1:23:47
Randy Taylor	1:29:11
Donald Williams	1:36:44
M60 Charles Sepko	1:38:04
Bobby Bomer	1:42:24
James Wright	1:44:51
M65 William Springer	1:40:26
Don Potter	1:43:48
Jim Kee	1:53:01
M70 Oscar Cook	1:51:31
Vernon Lange	2:16:07
Frank Ray	2:42:20
M75 Bob Hager	2:42:18
Bob Beger	2:58:51
W40 Deborah Torneden	1:22:23
Zofia Wiciorkowska	1:25:55
Terri Cassel	1:27:51
W45 Margo Braud	1:29:37
Donna Smith	1:39:08

Kathleen Johnston 1	3:20
W50 Jennie Fields	1:34:54
Ann Eller	1:38:55
Judy Bauer	1:52:41
W55 Kathy Matthews	1:42:54
Ruth Wassinger	1:50:42
Debbie Stiles	1:56:20
W60 Marie Threadgill	1:47:57
Martha Young	1:58:51
Judy Bomer	1:58:55
W65 Jane Cox	2:59:09
Ann Modugno	3:10:46
Phyllis McCormack	3:11:16
W70 Joan Ingle	2:57:55
Angela Velazquez	4:11:15

**Marathon of the Palm Beaches/Half-Marathon West Palm Beach, FL Dec. 4**

**Marathon Overall**

Simon Sawe 31	2:18:30
Tatiana Helovol 36	2:44:32
M40 Robert Klenk	3:04:16
Roy Ramos	3:08:24
James Dean	3:20:29
M45 John O'Connell	2:58:17
Frederick Dorsey	3:06:37
Learie Lezama	3:14:12
M50 Russell Wogan	3:02:30
Dan Fuoco	3:22:13
Michael Weintraub	3:30:33
M55 Ray Eck	3:29:34
Arthur Sarakas	3:40:40
Arthur Castellano	3:41:36
M60 Selino DeOliveria	3:37:57
Greg Chaconas	4:06:33
Raymond Kent	4:11:55
M65 Beniot Vasquez	4:09:36
Claudio Krickler	4:17:51
Dale Ruth	4:28:37
M70 Charles Powell	4:25:50
Peter Butler	5:31:31
Donald Taylor	5:32:06
W40 K Bruce-Bumbul	3:21:59
Stacy O'Connell	3:23:11
Victoria du Roure	3:30:24
W45 Cynthia Washam	3:31:39
Sarah van Leeuwen	3:48:25
Lisette Hilton	3:51:08
W50 J Farnung-Krause	3:44:03
Carol Hassell	3:50:06
Pamela Richardson	4:06:53
W55 Joy Hampton	3:37:38
Louise Heineck	4:25:29
Janet Casterton	4:30:36

**Half-Marathon Overall**

Samuel Ndereba 28	1:04:46
Tatyana Hladyr 30	1:13:03
M40 Joel Cardoso	1:19:14
Thomas Redmond	1:21:06
Eduardo Viera	1:25:00
M45 Phillip Walkins	1:17:35
Colin Ansine	1:18:54
Harrie Olsthoorn	1:20:18
M50 Mike Kodya	1:24:30
Tom Perona	1:26:38
Fernando Torres	1:26:50
M55 Robert Evera	1:29:54
Sal Barbera	1:34:44
Lou Battaglia	1:35:02
M60 Jerry Rosa	1:26:48
Robert Hendrick	1:28:50
Wayne Boynton	1:39:19
M65 Guy Ealey	1:38:52
Anthony Orofino	1:51:15
Wayne Layman	1:55:59
M70 Fitzroy Mark	1:58:46
Anthony Fabi	2:14:20
Ira Brotman	2:35:32
W40 Linda Cooper	1:33:53
Gaye Gould	1:35:02
Fiona Bilodeau	1:35:09
W45 Deborah Wells	1:41:29
Debbie Darr	1:41:34
Donna McVan	1:42:23
W50 Pamela Geronemus	1:40:08
Carol Virga	1:47:57
Linda Dickens	1:48:34
W55 Sandra Dulin	1:42:22
Dottie Foster	1:53:01
Polly McFadden	1:53:51
W60 Kay Chernoff	1:54:50
Alicia Kelley	2:08:11
Dora Beasley	2:13:09
W65 Mimi Oliveira	2:02:44
Marguerite Befumo	2:05:02
W70 Betty Beveridge	3:32:23
Mary Ganem	3:39:38

**Carpet Capital 10-Miler Dalton, GA; Dec. 10**

**Overall**

Michael Green 29	51:59.8
Kim Feather 36	1:03:50.1
M40 Louis Magee	1:04:27.8
Terry Jones	1:11:26.5

Derek Hooper	1:17:13.5
M45 Dirk Reaume	1:03:14.3
Dan McCormick	1:09:19.3
Jim Moore	1:21:01.6
M50 Kevin Kelly	1:06:11.7
Ken Howcroft	1:14:12.7
Joe Fulton	1:21:26.2
M55 Wes Wessely	1:03:54.1
Joe Lenahan	1:10:33.7
Hoyt Brown	1:15:23.3
M60 Larry Lascdy	1:21:18.3
Leslie Busch	1:55:51.0
Jim Hogan	2:02:36.0
M70 Clarence Hartley	1:31:09.7
W40 Christina Evans	1:06:38.4
Belinda Young	1:14:20.4
Katharine Trapp	1:16:29.5
W45 Lynn Pinyerd	1:10:20.5
Brenda McGovern	1:23:10.7
Lea Ann Pool	1:39:01.4
W50 Elaine Geiger	1:39:42.8
Kathy Bell	1:43:22.8
Jacqueline Childers	1:44:06.7
W55 Marlene Atwood	1:25:02.9
Sue Ann Brown	1:32:30.1
Linda Lamm	1:34:38.2
W60 Loretta Gascoigne	1:54:01.0
Linda Zeeman	2:09:43.0
W65 Patricia Coveny	2:16:43.0

**29th Annual Rocket City Marathon Huntsville, AL; Dec. 10**

**Overall**

Sammy Nyamongo 30	2:23:54
Jessica Bliss 26	2:51:09

**Masters Winners**

George Dewitt 47	2:41:12
Lisa Veneziano 41	3:05:51
M40 Dewayne Satterfield	2:45:25
Todd Hamby	2:48:15
Joe Bowman	2:52:27
Andrew Jacobs	2:53:12
Mark Ledyard	2:55:22
Tim Lee	2:55:28
Marty Clarke	2:59:42
Keith Reynolds	3:01:19
M45 Larry Gutierrez	2:54:37
Michael Newberry	2:56:06
Jim Hoer	2:57:21
Wally Dunn	3:09:49
Mark Harbarger	3:10:09
Bill Meece	3:11:26
Felton Wright	3:12:25
M50 Rick Ventura	2:53:35
Bill Evans	3:03:17
Kevin Moats	3:06:09
Benji Durden	3:08:34
Giulio Pesca	3:09:22
Barry Eye	3:10:00
M55 Sherman Stanford	3:04:20
Ed Valentine	3:11:37
Daniel Barnhart	3:18:14
Gary Julin	3:23:44
Wayne Heckler	3:28:46
Dick Franklin	3:35:42
M60 Ken Brewer	3:15:27
Doug Everett	3:27:12
Bruce LaBudde	3:30:00
D Thomas	3:35:37
M65 Thomas Mayfield	3:23:47
Jerry Harris	3:46:34
Rodney Johnson	4:08:13
Bud Wiseman	4:20:27
M70 Bill Chubb	4:46:44
Charlie Gregory	5:04:34
Gordon Woodcock	5:05:12
W40 Barbara Holcomb	3:10:09
Sue Bozgoz	3:16:16
Kay Evans	3:19:01
Amy Barrow	3:25:20
Leigh Sisson	3:25:25
W45 Amy Barrow	3:25:20
Challis Gamble	3:27:03
Barbara Saunders	3:32:18
Jennie Rountree	3:41:43
Cheryl Backstrom	3:42:17
W50 Sally Evenden	3:48:53
Sandy Huill	3:58:22
Donna Younger	4:03:13
Michelle Lybarger	4:11:51
W55 Sharron Patch	3:56:38
Carolyn Mather	4:00:25
Linda Lazar	4:18:40
Autumn Perry	4:53:04
W60 Nancy Murphy	4:57:45
W65 Anne Park	4:23:33

**Jacksonville Marathon & Half-Marathon Jacksonville, FL; Dec. 18**

**Marathon Overall**

Henry Ongechi, 33	2:27:35
Jessica Kennedy, 28	2:55:48

**Masters Winners**

John Metzgar, 43	2:39:29
Sue Abrahamson, 42	3:09:39
M35 Christian Primas	2:45:59

Michael Haney	2:49:12
Randy Zabukovec	2:55:46
Jim Julian	2:59:51
Daniel McCarthy	3:01:45
John Stein	3:01:58
M40 John Metzgar	2:39:29
Sean McCormack	2:45:21
Mark Sullivan	2:53:43
Joe McQuade	3:08:22
Brian Debraccio	3:08:21
Steven Johnson	3:08:57
M45 S Mark Courtney	2:54:10
Steve Devlin	2:56:55
Peter Cooper	3:04:18
Charles Moseley	3:05:26
Bill Dunn	3:07:18
Ken Klomp	3:15:05
M50 Craig Harrington	3:00:06
Bob Kovell	3:11:33
Bruce Wundrack	3:12:55
Dana Peters	3:15:55
Ron Krochak	3:23:26
M. Montgomery	3:24:28
M55 Bruce Holmes	3:16:00
Jeffrey Hawkins	3:20:49
Bill Bickley	3:23:02
Ernie Chatman	3:32:46
M60 Ferris Fox	3:54:54
Frank Frazier	3:55:15
Rosaire Gagne	3:56:39
John Gillis	3:58:30
M65 Robert Pope	3:20:35
Andrew Kotulski	3:50:58
Eugene Ottersbach	4:09:11
Chuck Van Duzee	4:18:49
M70 Tom Ray	3:52:57
Robert Moffitt	4:37:49
Emery Jewell Jr.	4:42:37
Dick Green	5:00:42
W35 Sharon Hathaway	3:04:02
Denise Metzgar	3:17:17
Jennifer Davis	3:20:43
Terri Rejimbai	3:23:32
Dianne Brennan	3:30:50
Sheila Sullivan	3:35:16
W40 Sue Abrahamson	3:09:39
Kathryn McAllister	3:12:09
K. Bruce-Bumbul	3:16:41
Denise Fairbanks	3:21:20
Laura Williams	3:30:30
Cheri Weiss	3:32:37
W45 Janet Omalley	3:27:08
Donna Logan	3:32:23
Kim Streit	3:36:38
Connie Boyajan	3:38:09
C. Matthes-Loy	3:38:40
Elisabeth Diamond	3:43:23
W50 Kit Doughney	3:43:22
Margaret Setinsek	3:56:33
Loretta Haycook	3:59:31
Kc Padget	4:15:15
W55 Deborah Long	4:46:03
Christine Merriam	5:11:02
Sharon Tucker	5:31:12
W60 Jane Hutchinson	3:27:38
Ginger Herring	4:24:38
Sandra Baker	4:40:03
W65 Virginia Farneman	5:41:33
Nell Rodgers	6:44:15

**DeLeon Springs Half-Marathon & 5K, DeLeon Springs, FL; Jan. 1**

**Overall**

Stephen Murphy 29	78:36
Bea-Marie Altieri 38	84:09
M35 Jayson Ness	92:20
M40 Bernard Borbely	86:25
Rick Paine 44	94:13
Federico Vazquez	99:27
M45 George Altieri	80:26
Clarence High	96:38
Greg Aker	97:23
M50 Dave Dunn	87:44
Charlie Glaze	97:33
James Mayer	1:40:57
M55 John Keefe	1:43:43
Danny Rudd	1:47:13

Sandy Freund	24:59
Elizabeth Gross	25:27
W50 Joan McDonald	24:07
Barbara Sherman	25:28
Kathy Malishevski	25:46
W55 Maggy Zidar	23:09
Amy Warkenten	28:34
Karen Donaldson	29:45
W60 Veronica Coleman	29:14
Colleen Chandler	29:18
W65 Ellen Nitz	25:04
+Chris Armstrong	34:41
W70+Cathy Swanson	30:14

**Muncie Ten  
Muncie, IN; Dec. 11**

<b>Overall</b>	
Zach Ruble 23	57:11
Turena Lane 30	1:06:48
M40 Chris Long	1:14:42
Jim Odgen	1:15:54
M45 Gene Burton	1:33:32
M50 Greg Wilson	1:14:09
Jon Fischer	1:30:04
M55 Monte Hitchcock	1:13:34
M60 Lambert Deckers	1:26:52
M70 Lee Dye	1:26:54

**HUFF 50K Trail Run  
Huntington, IN; Dec. 17**

<b>Overall</b>	
Brendon Moody, 24	3:55:49
Ann Heaslett, 42	5:10:39
M35 Steve Baugh	4:37:46
M40 Mike Henry	4:44:29
M45 Chuck Schlemmer	4:18:19
M50 Mike Alexander	5:15:10
M55 Doug Soliz	5:25:22
M60 David Hughes	7:14:59
M65 Bud Stiffler	8:01:53
M70 Eugene Bruckert	8:59:56
W35 Michelle Didion	5:24:10
W40 Ann Heaslett	5:10:39
W45 Nancy Kleinrock	5:33:15
W50 Janet Cole	6:38:17

**Resolution Run 8K  
Flint, MI; Dec. 31**

<b>Overall</b>	
Ryan Desgrange 26	24:59
Melanie Schultz 22	29:14
<b>Masters Winners</b>	
J D Pepper 42	29:09
Liz Hendershot 40	37:00
M35 Thomas Preiss	27:31
M40 J D Pepper	29:09
John Niven	29:23
Gary Brimmer	29:41
M45 Davi Wolbert	30:03
Larry Gutierrez	30:47
Mark Dedow	32:54
M50 Jos Kerr	34:52
Gary Hanafee	36:29
Dave Patterson	36:33
M55 Victor Barkoski	32:50
William Hart	37:28
Rick Warner	38:39
M60 James Carlton	31:37
Tom Wascha	36:43
Norman Hart	38:28
M65 George Gawthrop	36:03
Bill Keller	36:53
Richard Wallen	36:59
M70 Jim Eldridge	41:49
W35 M. Lauderbaugh	32:33
W40 L Hendershot	37:00
Ruth Lara	37:13
Claire Dedow	37:47
W45 Marit JanseSchultz	37:34
Sandra Carlson	41:19
Annette Robb	42:36
W50 Jane Sanders	38:30
Eva Sanmartini	43:47
W55 Maggy Zidar	37:58
Janeen Dvorak	41:23
W60 Shirley Torrance	45:53
Joan Wascha	49:23
W65 Ellen Nitz	42:09
Cathy Detman	46:39
W70 Chris Swanson	50:54

**SOUTHWEST**

**The Half Half-Marathon  
Dallas, TX; Nov. 6**

<b>Overall</b>	
Paul Ngeny, 26	1:04:37
Linet Chepkurui 17	1:16:22
<b>Masters Winners</b>	
William Moore, 44	1:11:56
Margo Braud, 47	1:30:41
M35 Dave Matlack	1:14:45
Ernesto Caballero	1:14:49
Jose Castro	1:18:04
Ezequiel Rocha	1:19:17

Brian Schmidt	1:20:08
Shihui Mang	1:23:37
M40 William Moore	1:11:56
Greg Pace	1:19:14
Brad Krugler	1:21:12
Jeff Garber	1:21:49
Gary Anderson	1:22:01
Chuck Weidner	1:22:22
M45 Victor Salinas	1:24:26
Juan Castulo	1:25:30
Bob Scully	1:25:34
Dave Emerson	1:27:28
William Ibrahim	1:28:24
David Prodonovich	1:28:27
M50 Louie Romero Jr.	1:25:38
Bud Wilder	1:28:22
Ernesto Ozuna	1:29:53
Gus Kirby	1:30:58
Wally Manaugh	1:31:17
Al Guevara	1:31:55
M55 David Holmes	1:27:42
Mike Fields	1:31:06
Jose Robledo	1:36:27
David Cromer	1:38:00
Ralph Phillips	1:39:45
Keith Wilmot	1:39:50
M60 Richard West	1:40:37
Thomas Beitinger	1:42:04
Eddie Patton	1:42:26
Steve Priestler	1:46:33
Ken Pipkin	1:49:17
Alan Davis	1:49:50
M65 Benjamin Mathews	1:41:06
Bill Blackburn	1:41:39
Jim Sampson	1:44:13
M70 Dick Doores	2:14:52
Dewey Fambry	2:22:47
Gasper Abene	2:25:11
W35 Jo Barton	1:25:22
Tonya Miller	1:27:44
Julie Platt	1:31:14
Cindy Connolly	1:34:08
Sally Moino	1:37:54
Angela Eusery	1:39:52
W40 Tina Skinner	1:38:19
Christine Mueller	1:38:24
Jungwon Ko	1:38:26
Kelly Hucklebridge	1:38:48
Gail Kaiser	1:40:03
Carolyn Tovar	1:41:00
W45 Margo Braud	1:30:41
Sharon Urquhart	1:39:28
Mary D'Toole	1:40:20
Shelley Gluck	1:41:09
Christie Ramin	1:42:45
Patty Smith	1:45:19
W50 Linda Kelly	1:41:44
Sunao Saito	1:43:50
Kim Dennis	1:44:31
Diane Shomper	1:44:55
Ann Strawn	1:47:08
Dnese Fly	1:48:40
W55 Kathy Redfern	1:49:09
Norma Cousin	1:57:56
Ann Pennington	2:01:23
Sidney Reif	2:08:27
Bonnie McElearney	2:08:38
Susan Davidoff	2:10:00
W60 Barbara Sucher	2:11:27
Sharon Criswell	2:23:47
Louine Eisenbeck	2:46:28
W65 Joanne Barnes	2:34:46
D'Ann Riemer	3:08:39
Carol Lawrence	3:30:23
W70 Betty Forsvall	3:17:22
W75 Jan Richards	2:55:40

**Sunmart Texas Trail 50K  
& 50M Endurance Runs  
Huntsville, TX; Dec. 10**

<b>50K Overall</b>	
Wendy Terris, 36	3:51:46.0
Ulrich Steidl, 33	3:07:47.2
M40 Jim Harrington	3:28:59.5
Mike Wasson	3:48:46.2
W Henderson	3:49:46.7
Gary Brimmer	3:55:58.3
Francisco Garza	3:59:30.5
Adam Jackson	4:20:29.4
Randy Miller	4:29:41.4
David MacAulay	4:38:31.3
M45 Kent Muhlbauer	3:54:38.6
Tim Twietmeyer	4:06:41.0
Ramiro Munoz	4:17:06.0
D Williamson	4:18:31.7
Pat Stephens	4:23:14.1
Peter Vail	4:23:55.2
M50 Clent Mericle	4:02:11.0
Larry Hall	4:08:13.9
Jay Hendrickson	4:11:24.9

Tommy Elde	4:32:11.5
Alan Hayes	4:33:42.9
Craig Jackson	4:56:22.5
M55 Raymond Bell	4:17:46.9
David Cole	4:59:20.0
Kenneth Royster	5:11:58.2
Paul Cooley	5:16:50.5
Edward Taylor	5:44:34.1
C Wilson	5:45:59.9
M60 Jimmie Jones	4:50:31.7
Ed Kopiak	5:49:19.0
Peter Evans	5:57:29.1
Eugene Curnow	6:04:58.5
Armando Ramos	6:10:40.1
M65 Larry Lindeen	5:09:59.2
Jim Romero	5:26:02.4
Adrian Wolford	6:29:32.0
Lee Miksch	6:33:40.7
M70 C Sabatine	6:29:26.6
Ray Boytym	6:59:31.1
W40 Dianna Shervey	4:38:00.1
Melissa Hurta	4:47:10.5
Jennifer Eble	4:58:11.5
Desiree Nowlin	5:01:02.4
Jean Perez	5:04:44.4
Mari Jo Hecker	5:07:05.2
W45 Suzy Seeley	4:35:59.4
Roswitha Carter	5:04:22.7
Bernie Steffek	5:28:02.5
Maria Hermon	5:32:36.7
Patti Muck	5:33:38.3
Marina Herrman	5:36:52.9
W50 Eva Luckey	5:01:08.4
Claire Secker	5:23:46.0
Charlene Janiak	5:35:23.4
Leslie Hale	5:35:35.6
Carole Uttecht	5:46:01.4
W55 Reenie Smith	5:56:14.1
Sue Yates	6:01:20.4
Dee Maynard	6:15:53.3
Patricia Totten	6:15:54.4
Dolores Manhoff	6:18:01.8
W60 Mary Dose	6:22:34.3
Mary Martinez	7:04:57.5
Ellen Vitro	7:34:15.4
Mary Ramirez	8:03:59.4
W65 C Shipman	10:21:14.1
W70 Vonda Adorno	8:37:59.4
<b>50 Mile Overall</b>	
Nikki Kimball, 34	6:55:59.2
Phil Kochik, 27	5:46:57.1
M40 Robert King	7:27:12.9
Tim Neckar	7:41:43.5
William Bosking	7:50:25.7
M45 Mark Hendrson	6:48:06.2
Eric Bindner	7:08:55.5
Yiannis Kourous	7:21:45.6
Peter Vrolijk	7:22:11.2
M50 Bill Patience	7:11:05.0
Les Ellsworth	8:21:52.4
Paul Schmidt	8:28:29.2
M55 Dave Minier	7:33:10.3
Blair Zimmerman	8:35:03.1
Ed Dodd	8:38:52.2
M60 Tom Bunk	8:10:12.5
John Rodee	8:58:07.0
John Hargrove	9:52:22.0
M65 T Kourounis	9:57:46.0
Don Winkley	10:32:33.6
Leo Lavender	12:34:00.2
M70 William Hollihan	11:36:07.4
W40 Connie Gardner	7:11:00.2
Marlene Hall	7:37:39.0
Chris Gibbons	7:48:59.0
Kim Martin	8:12:37.0
Candi Ashley	9:02:20.1
J O'Brien-Nolen	9:10:30.2
W45 Susan Rouse	8:35:12.0
Lisa Conover	9:25:09.6
Beth Simpson	9:38:05.2
W50 Kathy Pidcock	8:58:44.5
C Flaherty	9:39:51.9
Elise Harrington	10:39:46.8
W55 Patricia Emigh	11:35:00.8
W60 Lorraine Bunk	10:32:21.5

**Larry Fuselier 25K State  
Championships & 10K  
New Orleans, LA; Dec. 11**

<b>25K Overall</b>	
Brendan Minihan Jr 30	1:28:10
Leigh Ann Drye 35	1:56:00
Allison Moll 28	1:56:00
M40 Bryan Smith	1:28:45
Bill Plunkett	1:41:13
Pablo Labadie	1:49:58
M45 Tim Phillips	1:44:59
Graham Boyce	1:49:53
Randall Thompson	1:59:14
M50 Gregg Spyridon	1:54:34
Don Hauber	2:00:12
Jeff Gohd	2:01:12
M55 Richard Snow	2:02:31
Denis McCrea	2:09:47
M60 Larry Schlueter	2:06:23

M65 Bill Jennings	2:33:35
W40 Terrey Perrault	2:07:19
Tina Zellner	2:09:45
W45 Lisa Sirgo	2:44:00
W50 Lisa Williamson	2:28:02
W55 Tillie Clark	2:24:54
Marcela Salazar	2:32:00
<b>10K Overall</b>	
Nolan Thompson 20	37:27
Stephy Leyoub 32	44:20
M40 Scott Hoxie	42:25
Nick Congemi	57:58
M45 J J Waguespack	43:02
David Regan	50:19
M50 Peter Weatherhead	39:20
Derrick Lee	41:10
Barry Creppel	45:06
M55 J Roger Brown	42:43
Rick Gremillion	51:30
M60 Hank Deblonde	49:25
Ron Williams	61:00
M65 John Rincon	56:10
Earl Allebone	70:01
W40 Donna Vrobel	45:30
Lisa Holiman	54:06
W45 Sue Rice	56:50
Pat Edmiston	60:41
W50 S Jacques	57:20
Marcia Finkelstein	58:53
W55 Sally Dufour	63:50
W60 Yvonne Thomas	49:53

**Houstonian Lite 30K  
Sugar Land, TX; Dec. 11**

<b>Overall</b>	
Luis Armentaros 33	1:45:18
Heidy Lozano 42	2:04:48
M40 Francisco Perez	1:50:47
Agapito Gaytan	1:58:27
Matthew Nicol	1:58:57
M45 Rich Fredrich	1:54:29
Kevin Regis	1:57:06
Richard Peoples	1:58:19
M50 Joe Melanson	1:53:41
Steve Brammer	1:59:07
Scott Bounds	2:06:08
M55 Ted Traynor	2:04:44
Ty Schmalz	2:06:26
Ben Harvie	2:06:54
M60 Kenneth Ruane	2:13:49
Ignacio Ybarra Jr	2:21:02
Bill Boffum	2:32:07
M65 Don Brenner	2:25:29
Dick Esselborn	2:25:47
David Hinkley	3:16:48
M70 Orville Kremmer	2:54:59
Jim Healy	3:19:43
W40 Heidy Lozano	2:04:48
Caroline Charness	2:08:21
Jackie Connelly	2:20:40
W45 Suzanne Day	2:09:32
Pam Meaux	2:22:10
Sue Ann Bacheller	2:27:53
W50 Yung Collins	2:30:36
Patti Sears	2:42:51
Bonnie Blissom	2:46:46
W55 Karen Bowler	2:20:19
Alice Keelin	2:44:40
Susan Middleton	2:55:23
W60 Sandy Shehy	3:41:01
M Montgomery	4:09:55
W65 Ursula Spilger	2:58:02

**Run for Your Life 8K  
Oklahoma City; Jan. 1**

<b>Overall</b>	
Jack Tracy 24	28:38
Kelly Rice 27	34:02
M35 Jorge Rangel	30:44
M40 David Wray	31:11
Pascal Demeyer	35:19
Mark Busick	35:52
M45 David Pisdello	35:19
Donnie Harris	36:04
James Butler	37:05
M50 Phil Townley	35:34
Mike Wendle	35:59
D C Mundene	36:17
M55 Bill London	36:22
Wm Hickman	42:55
M60 Ron Kuykendall	36:29
Franklin Willis	41:03
Jon Hulsey	42:05
M65 Jim Tabor	40:43
Bob Bish	45:57
M70 Don Smith	56:16
Michael Laing	56:20
M80+Lowell Green	55:59
Jack Recor	59:59
W35 Kristin Kilpatrick	39:37
W40 Mary Mikkelson	42:46
Tamara McDaniel	42:47
Charri White	42:58
W45 Kathy Barkay	39:10
Jane Pace	40:44
Mary Hammer	40:50
W50 Marie Brashears	41:15
Joanne Jackson	43:04
W55 Trudy Calloway	43:52

Linda Kessinger	48:06
W60 Sherri Rector	60:43
W65 Kathy Moffitt	50:19

**Texas Marathon  
Kingwood, TX; Jan. 6**

<b>Overall</b>	
Chuck Engle, 34	2:52:44
Kimberly Simmons, 44	3:29:27
M35 Robert Lopez	3:57:37
M40 Tim Cooley	3:38:39
M45 Roane Thorpe	3:40:43
M50 Peter Birkhead	3:58:30
M55 Tom Detore	3:57:55
M60 Tom Fetterman	4:07:26
M65 Bill Rex	5:44:00
M70 Milton Taylor	5:34:11
W35 Tina King	4:11:28
W40 Kimberly Simmons	3:29:27
W45 Cyndie Keene	3:45:41
W50 Yung Collins	3:49:38
W55 Gloria Mahoney	6:02:57

**WEST**

**Helen Klein Ultra Distance  
50 Mile, 50K & 30K  
Granite Bay, CA; Nov. 5**

<b>50 Mile Overall</b>	
Michael Buchanan, 32	5:45:39
Kami Semick, 39	6:13:33
M35 Scott Dunlap	7:06:17
M40 Glen Redpath	5:56:15
M45 Ralph Richardson	8:03:02
M50 Joseph Swenson	6:47:33
M55 Tim Rollins	9:20:17
M60 Gene Weddle	9:11:10
M65	

W40 Linda Webster	41:12
Claudia Campos	42:20
Rickao Takei	43:08
W45 Leslie Oliver	43:12
Marianne Fullove	44:09
Helen Cox	46:31
W50 Lindsay Folsom	44:11
Toshiko Kieley	50:32
Cheri Ackermann	53:45
W55 Yoko Eichel	48:15
Linda Swartz	52:04
Loretta Bronk	52:13
W60 Penny Tyree	50:56
Judy Gilbert	53:33
Fran Smith	53:36
W65 Marilyn Clark	58:08
Barbara Blinderman	74:37
Ellen Frost	87:03

**5K**

**Overall**

Kevin Koeper, 27	15:06
Iryna Vashchuk, 23	16:52
M40 David Olds	16:01
Jose Ortiz	16:03
Ken Rickerman	18:40
M45 Jeff Snyder	17:52
Jose Quimbiulco	17:54
M50 Hugo Velazquez	18:49
Donald McMillan	18:51
Jeff Press	19:45
M55 Russell Stockard	19:46
Carlos Torthona	22:41
Adolfo Caruso	22:53
M60 Ron Hasegawa	25:34
Ed Tennis	25:46
Hugh Saueranman	26:04
M65 John Spivack	24:38
Ron Hecker	25:40
Lee Klein	26:16
M70 John Harper	24:31
Pete Newman	24:51
Gordon Gilliam	26:06
M75 Gunner Linde	26:01
Willie Baptiste	42:27
Joseph Curtis	54:37
W40 Lisa Davis	18:26
Annie Seawright	18:53
Nancy MacDonald	19:20
W45 Keena Carstensen	19:11
Lydia Salinas	21:08
Jeannie Thompson	23:34
W50 Georgette Gantner	25:06
Ludmila Bojman	25:14
Virginia Reyes	25:15
W55 Kathryn Balogun	23:43
Jeannie Cheung	25:04
Dyan Newberry	27:13
W60 Sharon Diemert	26:01
Lynn Walton	33:24
Glenda Gano	36:47
W65 Juanita Gonzalez	28:34
Helen Georggreion	32:05
Bette Wildish	32:10
W70 Gudrun Naschak	36:43
June MacArthur	47:34
Jackie Silver	51:49
W75 Ruth Cole	38:21

**Orange County Marathon/Half-Marathon Irvine, CA; Jan. 8**

**Marathon**

**Overall**

Albert Kiplagat 34	2:24:22
Magdalena Boulet 32	2:50:41
M40 Robert Leonardo	2:49:42
Mauro Santos	2:55:32
Jerry Prendergast	2:57:00
M45 Chris Clark	2:46:12
Ron Paquette	3:07:36
Andrew Bass	3:08:12
M50 Craig Bronstein	3:06:23
Richard Bouton	3:17:30
John Smith	3:23:02
M55 Mike Castaldi	3:14:12
Oscar Fricke	3:18:25
Jim Bechtold	3:26:24
M60 Robert Bulster	3:35:14
Dean Bachmeier	3:37:13
Douglas Carne	3:52:17
M65 Gamma Chavez	3:49:12
Juan Sobenes	3:56:37
Philo Short	4:11:10
M70 Jerry Jefferson	4:22:30
John Creel	4:29:50
Allen Warren	4:45:36
M75 Jong Sung Kim	5:17:52
M80 Edgar Driver	5:23:11
Sid Jones	6:59:21

W40 Nellie Toner	3:18:57
Nina Ames	3:26:37
Mari Russell	3:32:00
W45 Lorraine Rossberg	3:32:56
Patty Peck	3:38:54
Lisa Campbell	3:39:28
W50 Shawn Tittelfitz	3:59:17
Youngsook Kwon	4:18:09
Toni Miller	4:24:42
W55 Deborah Fischbeck	4:24:42
Ann Lister	4:27:59
Vidya Dixit	4:32:20
W60 Carrie Slayback	4:23:21
Julia Dunphy	4:50:46
Grace Hanover	4:53:24
W65 Mary Dugan	5:04:12
Vikki Richardson	6:24:10
Evelyn Tapla	7:24:07
W70 Virginia Lespron	5:52:14
Kathleen Callaway	6:19:19

**Half-Marathon**

**Overall**

Carlos Carballo 23	1:07:31
Kathy Kobrine 39	1:23:16
M40 Kevin Broady	1:11:11
Jose Ortiz	1:12:11
Tereso Yanez	1:12:28
M45 Jeff Wong	1:21:15
Steve Schumacher	1:26:48
Peter Eggertsen	1:26:55
M50 Fred Arapmayiek	1:21:17
Brendan Gallaher	1:22:02
Carroll Pope	1:23:02
M55 Pete Boisineau	1:34:23
Donald Ocana	1:39:43
Rob Russell	1:40:44
M60 Hans Unger	1:47:03
Ian Malcolm	1:47:25
Michael Casagrande	1:50:03
M65 Don Watson	1:41:40
Tom Prendergast	1:57:06
Jon Barkman	1:57:38
M70 Joseph Bruney	2:10:31
Edward Salkin	2:12:29
William Chavez	2:15:56
M75 Richard Hochschild	2:09:59
M80 Robert Kay	2:33:38
Emelio Melilli	3:14:25
James Joy	3:50:11
W40 Marilyn Broady	1:29:23
Kathleen Evans	1:35:02
Sue Zihlmann	1:37:39
W45 Talya Nevo-Hacohen	1:36:43
Kathryn Gushue	1:36:44
Wendy Davies	1:39:03
W50 Elaine Rutkowski	1:41:28
Edys Gauger	1:42:46
Jane Gainer	1:46:14
W55 Myung Kim	1:42:27
Jeanie Leitner	1:46:44
Victoria Murphy	1:59:25
W60 Jane Dawson	2:19:28
Micheline Rojas	2:25:37
Judith Passy	2:25:39
W65 Marilyn Clark	2:05:18
Dorothy Strand	2:42:17
Joane Thomas	3:27:26
W70 Jeanne Fisher	3:29:03
Jill Andre	4:29:04
W75 Dorothy Joy	3:45:05
Stella Ungar	4:37:41

**NORTHWEST**

**Winter Sun 10K Moab, UT; Dec. 3**

**Overall**

Bernie Boetcher	33:36
Emily Williams	41:04
M40 Erik Packard	33:48
M50 Art Rohr	41:04
M60 Robert Aby	43:58
M70+Carl Tenpas	59:06
W40 Sharon Duncan	44:19
W50 Lynn Alford	49:28
W60 Barbie Hartshorn	57:24

**Jingle Bells 5K & 8K Eugene, OR; Dec. 10**

**5K**

**Overall**

ZachSchneiderLynch 15	17:53
Heike McNeil 31	19:19
M40 David Yabusaki	28:36
M45 John Bowden	20:34
M50 Randy McLaws	23:58
M55 Tom Endersby	23:53
M60 Hollis Gunter	23:47
M75 Craig McMicken	31:07

W40 Darci Christian	23:51
W45 KathyMalekzadeh	27:15
W50 Marilyn Nippold	22:27
<b>8K</b>	
<b>Overall</b>	
Steve Laurie 25	24:30
Christina Doherty	28:14
M40 Marc Lyda	36:58
M45 Jerry Hammitt	29:40
M50 Ed Spinney	29:51
M55 Bob Hawkins	35:08
M60 Philip Dean	38:03
M65 Larry Williams	37:25
M70 Art Dietz	45:32
W40 Karen Louise White	33:43
W45 Kathy Ward	34:49
W50 Sandy Itzkovitz	40:43
W65 Jane Dods	47:42

**Club Northwest Resolution 5K Seattle, WA; Jan. 1**

**Overall**

Jose Garcia, 36	15:33
Sally Bergesen, 37	18:12
<b>M30-39</b>	
Jose Garcia, 36	15:33
Quoc Tran, 36	17:14
Scott Jurek, 32	17:37
Philip Grang, 33	18:40
Jeff Phillips, 35	18:41
Brendan Hyland, 38	18:42
<b>M40-49</b>	
Henry Wigglesworth, 47	17:05
Teal Hallstrand, 40	17:35
Lane Loland, 47	18:07
John Bitzer, 44	18:31
Pete Snell, 42	19:08
Robert Clark, 41	19:43
<b>M50-59</b>	
Jim McGill, 57	20:55
Eric Donaldson, 50	21:07
G Koski, 52	21:12
Randy Elde, 56	21:12
George Gullufsen, 52	22:17
Pat Winnenberg, 52	22:36
<b>M60-69</b>	
Dan Chasan, 62	22:29
Lee Parker, 69	24:19
Paul Thorndike, 63	24:21
Don Limuti, 60	24:50
Bob Holmstrom, 60	24:52
Rich Menzel, 62	26:23
<b>M70+</b>	
Robert Campbell, 70	33:37
Hugh MacMahon, 71	33:46
John Charles Payne, 70	42:10
<b>W30-39</b>	
Sally Bergesen, 37	18:12
Angela Mysliwiec, 35	23:21
Alexandra McCafferty, 38	24:36
Leah Jurek, 30	25:01
Linda Eckholm, 38	25:16
Janice Cagnolatti, 36	25:28
<b>W40-49</b>	
Colleen Newby, 40	21:50
Jacqueline Vanallen, 42	21:52
Wendy Jones, 48	23:24
F Carmichael, 46	24:23
Margaret Diddams, 44	24:23
Stacie Strong, 42	24:25
<b>W50-59</b>	
Aundrea Taplin, 55	25:13
Tristan Holmberg, 53	26:24
Dawn Brew, 51	26:34
Nurith St. Pierre, 54	27:01
Dee Knapp, 51	28:19
Kathryn Moen, 52	28:20
<b>W60-69</b>	
Judy Fisher, 62	24:18
Judy Groombridge, 66	32:51
Dianne Parkin, 61	32:52
Tyish Torpey, 61	35:18
F Popstosanovic, 65	38:57
Janet Travis, 60	40:50
<b>W70+</b>	
Wilma Parker, 72	29:27

**Run on One 5K Eugene, OR; Jan. 1**

**Overall**

Ryan Bak 25	14:57
Natalie Provost 21	19:26
M35 Ken Hoffman	20:30
M40 Pat Wagner	17:33
M45 Jerry Hammitt	18:23
M50 Ed Spinney	18:21
M55 Richard Maher	23:14

M60 Philip Dean	23:51
M65 Larry Williams	23:31
M70+Bill McChesney 77	27:57
W35 Jennifer Brennan	22:20
W40 KarenLouise White	21:23
W45 Jean Cordova	26:50
W50 Jana Rygas	23:55
W55 Kathy Anderson	29:28
W60 Christine Rush	34:59
W70+Jane Dods 70	29:34

**INTERNATIONAL**

**WMA World 100K Championships, Bariloche, Argentina; Dec. 11**

**M35**

Mark Godale USA	08:28:10
JA Morales ARG	08:39:42
Roque Perez ARG	09:07:19
Dardo Segurola URU	10:01:40
Martinez S ARG	10:47:09

**M40**

Jorge Rivero ARG	08:51:30
A Olivera URU	09:47:02
G A Sivori ARG	10:32:05
J A Uruzuna ARG	10:39:10
V D Moran CHI	11:13:33

**M45**

J A Echenique ARG	12:00:00
L A Sabogal COL	12:18:05
J M Gramajo ARG	13:31:33
Craig Robertson USA	13:56:45
R L Bustamante CHI	14:23:13

**M50**

Victor Biassi URU	10:36:05
Chris Frost USA	11:57:14
A R Agüero ARG	12:44:42
Ramón Arguello ARG	13:13:31
E Gonzalez ARG	13:47:04

**M55**

Roy Pirrung USA	09:09:07
Les Michalak CAN	09:25:55
Alberto Erguiz URU	10:38:33
R H Herrera ARG	10:55:47
J M Mendy ARG	13:41:37

**W35**

Katy Cotton USA	13:06:18
Laura Balestra ARG	13:41:58
<b>W40</b>	
A McIntosh USA	09:22:49
Cecilia Villacura ARG	13:03:20

**W45**

Tania Pacev USA	10:00:08
<b>W50</b>	
AM SabidoGalera ESP	13:57:50
<b>W55</b>	
Dee Dee Grafius USA	11:25:46

**RACEWALKING**

**Gran Prix #3 5K Central Park, NYC Dec. 11**

**Overall**

Leo Romero 22	24:47
Dana Vered 17	28:11
M30 Jussi Koski	25:21
M40 Bruce Logan	26:25
Alan Sangeap	32:51
M50 Vlado Haluska	26:36
David Lee	30:49
John Gersh	30:50
M60 Seth Kaminsky	40:47
M70 Daniel Pina	35:48
William Stein	38:20
Cervin Robinson	38:48
W30 Elanna Osdoby	30:46
W40 Maria Ferraro	32:31
Ora Kurland	34:01
W50 Luanne Pennesi	30:43
Elyse Mallin	33:23
Ruth Gersh	34:04
Barbara Shimasaki	34:12
Avery Ross	39:25
W60 Carolyn Brady	41:10

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MIKE POLANSKY

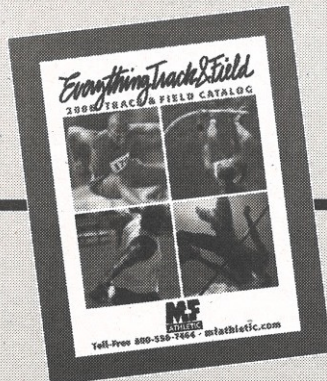
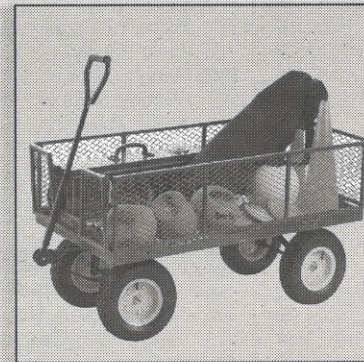
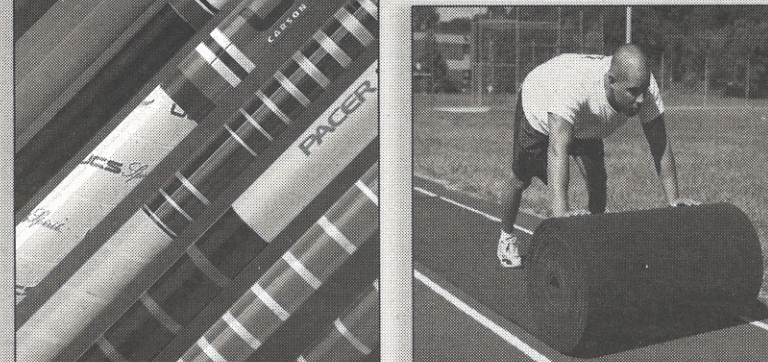
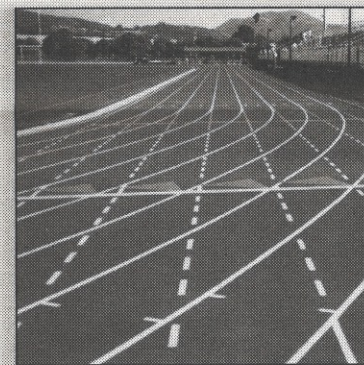
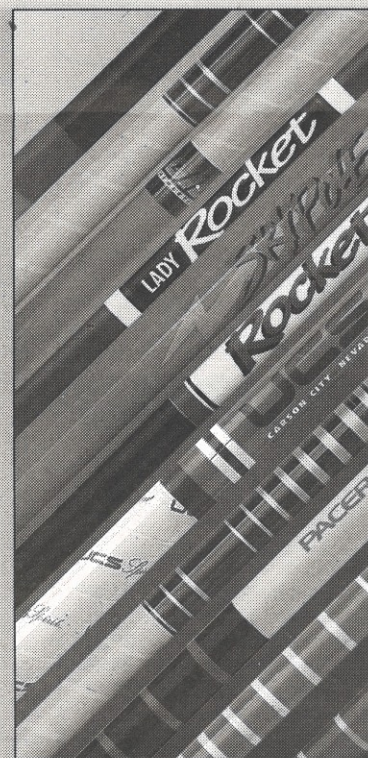
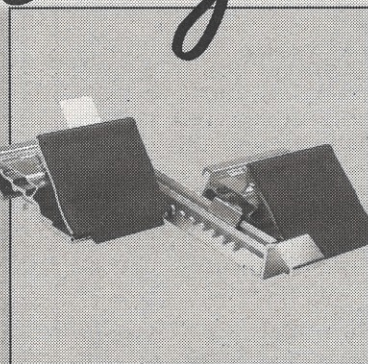
The first three W60 finishers (l to r): Betty Horstmann (22:25); Sarah Pettinato (27:43); and Helma Clavin (28:13), with Ray Farrell, a partner with title sponsor Carter, DeLuca, Farrell & Schmidt of the Ho Ho Ho Holiday 5K, Bethpage, N.Y., Dec. 17.

**ATHLETES WHO ENTER A NEW DIVISION THIS MONTH - FEBRUARY 2006**

ATHLETE NAME (RESIDENCE)	BIRTH DATE	AGE GROUP
ROBERT WEIR(US)	2- 4-61	45-49
JOY UPSHAW-MARGERUM(KAMUELA,HI)	2-24-61	45-49
DIMITRIOS KATTIS(GRE)	2- 5-56	50-54
ELMA BRONKHORST(RSA)	2- 7-56	50-54
NADJA IZVEKOVA(URS)	2-14-56	50-54
SUE NORTON(BOULDER,CO)	2-25-56	50-54
GARY HUNTER(FORT WAYNE,IN)	2-26-56	50-54
ANNIE BELLANGER(FRA)	2- 7-51	55-59
DENNIS BROWN(JAMAICA,NY)	2-16-51	55-59
BEATRICE WALDNIS(SUI)	2- 1-46	60-64
GERALD LANDZETTLE(AUT)	2- 8-46	60-64
MARLENE SIMMONDS(GBR)	2-15-46	60-64
ANGELLA HEARN(GBR-NEW YORK CITY,NY)	2-15-46	60-64
KJEL-ERIK STAHL(SWE)	2-17-46	60-64
MAGGIE GOVENDER(GBR)	2-17-46	60-64
HERB JOHNSON(LA)	2-18-46	60-64
PAMELA CALVERT(MANCHESTER,MD)	2-18-46	60-64
PERTTI AHOMAKI(FIN)	2-26-46	60-64
TOMOKO KANARI(JPN)	2- 3-41	65-69
SINIKA TOROPAINEN(FIN)	2- 3-41	65-69
DOROTHY BROWNE(AUS)	2- 6-41	65-69
INGRID SCHATTNER(GER)	2- 9-41	65-69
FRANK STRUNA(MISSOULA,MT)	2-12-41	65-69
MARGUERITA GIROUARD(FRA)	2-21-41	

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