The President's Corner

Hellooooo, Track and Field family. Happy Holidays to all of you and your relations. This is the season of giving, what can you share? Please keep the less fortunate in our minds, hearts, and prayers.

I personally want to thank all of you for attending this year's banquet. It is safe to say that I was overwhelmed with the turnout. The food was good, everyone looked great and the atmosphere was electric! Hmmm, a room full of team members with a common goal, track & field...conversing, exchanging ideas and fellowshipping. An interesting concept I think is great. Once again, thanks to everyone that had a hand in putting the banquet on and those that supported it. It is an annual event, so I look forward to see you all next year!

Speaking of next year...It is about time to get your dues in, so don't wait, please renew today!

NEW!!! Track Club Uniforms Available... See Jeff Gerson

Mark your calendars!
We will have our next team meeting on December 15th at my home at 1pm.
My address is 23604 Cedar Rd. Beachwood Oh. On the corner of Cedar and Lyndway streets. Just down the street from both Legacy Village and Beachwood Mall. Between the main roads of South Green and Richmond.

Keep in mind, 2008 USA Masters Outdoor Track & Field Championships will be held March 28-30, 2008 Reggie Lewis Track & Athletic Center– Boston, Mass. The Penn Relays, which is usually held in April. Be advised, anyone interested in competing on a relay should inform the Relay Coordinators in March. The 2008 USA Masters Outdoor Track & Field Championships will be held August 7-10 at Spokane Falls Community College in Spokane, Washington. Preparations for the 2008 Cleveland Track Classic are in the works. We are looking for ideas and suggestions; please share them with any club officer. Please support our events!!!

Run Fast! Chip Johnson

As the OTHTC 2007 President, I would like to thank each and every one of you my fellow team members, for the opportunity to serve as your President this year. It was both a rewarding and very intriguing experience. I look forward to spending the future with you, my team members. “This is our team, what will we do with it?”

Thank you to the following members for their 2008 renewals: John Biacofsky, Angela Biacofsky, Rudy Bredenbeck, Grover Coats, Jack Greenwald, Rex Harvey, Fred Hirsimaki, Dick Mann, Donna Mann, John Means, Patsy Orosz, Joyce Prohaska, John Sloan, Gerald Stewart, Dorothy Wilson, Rodney Wilson, and Roman Liscyneský.

Welcome to our newest members: John A. Biacofsky, a sprinter from Willoughby, and Penny Ward, a sprinter from Lansing, MI.
RESULTS

John Sloan
USATF Three Rivers Championships
June 26– Slippery Rock
PV– 1st
TJ– 1st
Jav– 1st
200– 1st

Ohio Senior Olympics
July 29th– Dayton
Jav– 1st
TJ– 1st
PV– 1st
Dis– 2nd
400–3rd
LJ– 3rd

SCHEDULE

- Dec 15– Club Meeting
- Jan 29– Slippery Rock Open
- Feb 3– Slippery Rock Open
- Feb 9– Masters & Youth– Proviso West, IL
- Feb 16th– Ohio USATF– Ohio Northern, Ada, OH
- March 1– Mason-Dixon Games– Louisville, KY
- March 8– Michigan USATF– Eastern Michigan
- March 9– Midwest Region Meet– Carthage, WI
- June 7– Indiana USATF– Indianapolis
- June 14– Indiana Sr. Games– Carmel
- July 12– Ohio USATF
- July 19– Michigan Masters

Send Newsletter info to:
Jeff Gerson
5091 Hickory Drive
Lyndhurst, OH 44124

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West Side
Coordinator
Bob Thomas 440.899.3599
Race Results, Joanne Siegel, 2007, for OTHTC

**Boston Marathon**
April 16, 2007
18th marathon, 7th in Boston
4:17:56

**Two Mile Open Water Swim**
July 28, 2007
Edgewater Beach
2nd in division

**Cleveland Triathlon**
August 5, 2007
Downtown Cleveland
2nd in division- 2:48:22
Swim .9 mile: 1st in division, 4th overall women-23:42
Bike 25.5 miles: 3rd in division-1:31:16
Run 6.2 miles: 1st in division-47:25

**Greater Cleveland Half-Iron Triathlon**
August 12, 2007
Mentor, Ohio
2nd in division- 6:03:18
Swim 1+ miles: 1st in division- 30min.
Bike 55miles: 3rd in division- 3:29
Run half marathon(13.1m.): 1st in division- 1:54

**River Run Half Marathon**
Rocky River, Ohio
September 9, 2007
3rd in division/approx. 40
1:47:28

**Columbus Marathon**
October 21, 2007
19th marathon, qualified for for 8th Boston
11th in division out of 148
3:45:45
Anna Isabella, Cathi Gerson, Sophie Gerson, and Lawrence Finley coming to the finish line at the OTTC Cross-Country Race.
SLIPPERY ROCK UNIVERSITY
INDOOR ALL-COMER MEETS
SUNDAY JANUARY 20TH AND FEBRUARY 3RD, 2008

ALL TRACK AND FIELD ATHLETES WELCOME

AGE GROUPS MALE AND FEMALE:
1ST GRADE AND UNDER  GRADES 2,3,4  GRADES 5,6  GRADES 7,8  HIGH SCHOOL
OPEN  MASTERS 30-39, 40-49, 50-59, 60-69

REGISTRATION: 9:30am on the day of the meet. Registration at Morrow Field House

COST:  $10.00 for up to 3 events. $5.00 for each additional event.

AWARDS:  First, Second, and Third place for each event and each age group

FACILITY:  SRU’s Morrow Field House, 200m Rubberized Track (No Spikes!!!!!!)
SRU will provide starting blocks, must provide your own shots

MEET SCHEDULE

********NO SPIKES PERMITTED********

FIELD EVENTS: (Age groups may compete together)
10:00am  Long Jump  open pit - all jumpers
          Shot Put  all males first
          High Jump  all females first
          Pole Vault  all females first

TRACK EVENTS: all track events are on a rolling time schedule, girls followed by boys
Age groups may compete together

10:30am  3000m
         800m
11:15am  55m hurdles, finals if needed
         55m dash, finals if needed
         400m
         200m
         1600m
         4x200m Relay

Slippery Rock will host it’s annual “Learn By Doing Track and Field Clinic” on Sunday
February 17TH
FOR MORE INFORMATION CALL: 724-738-2798 OR E-MAIL: john.papa@sru.edu
MEMBERSHIP FORM

For the year ending: 12/31/______  Membership status: ______ New ______ Renew

Membership Type: ______ Individual ($20) ______ Family ($30)

Circle events that you would be interested in: SP-sprints  MD-middle distance  
LD-long distance  XC-cross country  DH-decathlon/heptathlon  RE-relays  JU-jump  
HD-hurdles  TR-throws  WP-weight pentathlon  PV-pole vault  RW-race

Name: ____________________________  Birthdate: / / 

Address: ____________________________  Apt. No.: __________________

City ____________________________  State: __________________  Zip: __________

Home phone: ( _____)  Cell. phone: ( _____)

Sex: ______  Age: ______  Best days and hours to contact: __________________

Email address: __________________

Family Memberships: Relationship

(Complete a form for each family member who are occupants in your residence.)

Favorite competitions / distances: ________________________  __________________________________

Please indicate the activities and committees in which you will participate. Participation in these areas is critical to the success of our club.

Activities: ______ Track and Field  ______ Road Racing  ______ Racewalking

Other (specify) __________________________

Committees: ______ Newsletter  ______ Awards  ______ Officiating  ______ Membership

______ Scheduling  ______ Publicity  ______ Sponsorship  ______ Equipment

______ Other (specify) __________________________

Each club member is required to work at least one meet and event per year

To join our club, print and complete this form and mail with check payable to "Over The Hill Track Club" to

Over the Hill Track Club
5091 Hickory Drive
Lyndhurst, Ohio 44124

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or whith may hereafter occur to me against Over The Hill Track Club^, their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

Athletes Signature: ____________________________  Date: / / 

Parent or Guardian Signature: ____________________________

(Required if athlete is under age 18)
Over The Hill TC
5091 Hickory Drive
Lyndhurst, OH 44124

Rex Harvey
6744 Connecticut Colony Cr.
Mentor, OH 44060