



Over The Hill Track Club  
Athletes of all ages setting the pace!  
www.othtc.org

JAN 2007

January 2006

#### The Presidents Corner

Greetings friends and fellow track club members, I hope everyone had a wonderful holiday season and a joyous new year! This is quite a new perspective, as president, to be writing from and will take some getting used to, so *please* bear with me. First of all I want to sincerely thank Mr Paul Williams for his service as the club's president and wish him well. He did an outstanding job and I'm sure he will welcome all the new extra time that he will have to spend with his other interests, which he was trying to balance with the OTHTC. Thanks again Paul! Congratulations to Mr Vince Walls on accepting the position of Vice President and to all new and returning elected members.

First point of note for all members of the club, although I have never kept a high profile in club matters I encourage everyone to feel free to e-mail or call me ([chipluvs2run@aol.com](mailto:chipluvs2run@aol.com) or 216-322-2688) with any concerns, ideas, complaints, comments, suggestions, proposals, or what not and I'll immediately work toward getting it heard by the appropriate people and hopefully get it acted upon. Just let me know and I'll see what I can do. That's what I'm here for

Although some OTHTC members might not know me by name, you'll likely recognize me when we meet face to face. I do manage to participate in a number of races a year From the 100m dash to the Half Marathon, so if you thing you recognize me at a race, please take a moment to come up and introduce yourself as a proud member of the OTHTC. Albeit trying to avoid something like a personal ad, here's a brief bio I'm 43 years old, have been running since the age of 12, ran track and cross country for John Marshall High School and Baldwin Wallace College, currently work for the Daimler Chrysler Corp. I am married to a wonderful woman and have 1 son and 1 daughter, ages 16 and 11 (both runners). The OTHTC has a strong reputation as a dedicated, well-organized club and I will do my best to keep it as such.

I would like to state my goal as president for the OTHTC. To grow the membership interest and participation in the club. Along with all of the elected members of the OTHTC board and active members, we will try to structure the club to cater to as many people as possible. With the arrival of some new officers, the OTHTC embraced change, Change is inevitable; change is good. What kind of a running club would we have if we couldn't invigorate its membership with different blood every now and then? Note that some of the Officer roles and responsibilities have been eliminated, clarified and or consolidated to help us be more efficient. Our website is currently being revamped and should better portray our group by our webmasters, Ms. Linda Carty and Mr Eric Thiem.

Remember, each and every member, regardless of how active they are with the club, should feel free to contact me on any matter. Here's to a healthy, happy, and safe New Year! See you at the races. Happy Holidays!

Best regards,

Spencer 'Chip' Johnson

**RESULTS**

Louisiana Senior Games

L.S.U. Baton Rouge, LA  
October 6-7, 2006

Top 3 places qualify for National Senior Games in 2007

Paul Williams (M71)

50m—1st—8 148s  
100m—2nd—15.138s  
200m—2nd—34 48s

Norman Thomas

400m—2nd—1:07.968  
800m—3rd—2:43 54  
1500m—4th—6 00 05

\* \* \* \*

2006 Club Awards

MVP—John Means

Outstanding Track—Lawrence Finley

Outstanding Field—Bernice Holland

Service Awards—Jewel Williams

Dorothy Wilson

Dick Turner

Hall of Fame Inductees— Dick Turner

Joe Chadbourne

Jack Greenwald

John Means

\* \* \* \*

2006-2007 Indoor Schedule—Open Meets

January 06—Aura Flyers Invitational

8:30 AM—Aura, IL.

January 12—Back Squirrel Classic

5:30 AM—Kent, Ohio

January 13—Black Squirrel Classic

8:30 Am—Kent, Ohio

January 20—Kent State Mini-Meet

January 21—Slippery Rock

February 02—Akron Open

5:00 PM—Akron, Ohio

February 03—Akron Open

9:00 AM—Akron, Ohio

February 04—Kent State Mini-Meet

Slippery Rock

February 04—Doug Raymond Inv

9:00 AM—Kent, Ohio

February 17—Tune Up Meet

9:00 AM—Kent, Ohio

February 17—Ohio USATF Meet

Ada, OH

February 18—Sportsplex Masters Championships

Landover, MD

February 23-25—USATF Indoor

National Championships—Boston M.A.

March 2—Mason-Dixon Games

Louisville, KY

March 23-25—USATF National Masters Indoor

Championships Boston, MA

March 25—Raleigh Relays

Raleigh, N C

April 13-16—Sea Ray Relays

Knoxville, Tenn.

19—Kansas Relays

April 26-29—Penn, Relays

April 27-28—B W Invitational

Berea, Ohio

May 04-05—Campbell/Wright Open

Akron, Ohio

June 20-24—USATF Jr. and Open

National Track & Field Championships

\* \* \* \*

Outdoor Schedule

April 26-29—Penn Relays

May 4-5 Akron Open

June 9-10—National Masters Decathlon/Heptathlon

Birmingham, AL

June 16—Cleveland Track Classic (tentative)

August 2-5—National Masters Championships

Orono, ME

\* \* \* \*

Thank You to Our Early 2007 Renewals:

John Biacofsky

Angela Biacofsky

Linda Carty

Brian Chulik

Woody Coddington

Fil Conte

Fred Hirsimaki

Jean Lalli

Terri Liscynesky

Roman Liscynesky

Lisa Mattox

John Means

Joyce Prohaska

Norman THOMAS

Allen RAY

Send Newsletter info to:

Jeff Gerson

5091 Hickory Drive

Lyndhurst, OH 44124

**JANUARY 27 - OBERLIN**

## **Officers**

<b>President</b>	Chip Johnson
<b>VP Programs</b>	Vince Walls
<b>VP Banquet</b>	Bernice Holland
<b>Secretary</b>	Norman Thomas
<b>Treasurer</b>	Jeff Gerson
<b>Newsletter</b>	Jeff Gerson 5091 Hickory Dr Lyndhurst, OH 44124
<b>Webmasters</b>	Erik Thiem Linda Carty (216-368-4904)

## **Coordinators**

<b>Road Racing</b>	Joanne Siegel 216.397.0260
<b>Relays (Women)</b>	Lisa Mattox 216-281-1630
<b>Relays (Men)</b>	Chip Johnson 216-382-8250
<b>Race Walking</b>	Joyce Prohaska 216 521 7966
<b>Youth Coach</b>	Chip Johnson 216-382-8250
<b>T/F Consultant</b>	Paul Williams 440 605 1811 Norman Thomas 330 425.8219
<b>Indoor Practice</b>	Linda Carty 216-368-4904
<b>Outdoor Practice</b>	Jeff Gerson 440-473-0636
<b>T/F Consultant</b>	Paul Williams 440 605 1811 Norman Thomas 330 425 8219

\* \* \* \*

NOTES (Minutes): Annual Meeting, December 16, 2006

Members Present

Jeff & Cathi Gerson  
Spencer (Chip) Johnson  
Vince Walls  
Paul Williams  
Bernice Holland  
Norman Thomas  
Linda Carty  
Joanne Siegel  
Lisa Maddox

Treasurers Report - \$9K in the coffers

Convention Report - Sites for USATF National Meets have been chosen

Indoor 2007 - Boston	Outdoor 2007 - Orono
Indoor 2008 - Boston	Outdoor 2008 - Spokane
	Outdoor 2009 - Orlando

Tentative Schedule

INDOOR: SRU, KENT, et al  
March 2, Mason-Dixon Games (Louisville)  
Feb. 17 - Ohio Northern, Feb. 18 - Maryland (Landover)

Outdoor: May 4-5 S.E.Masters Duke U.  
June 9 Indiana Masters (Indianapolis)  
June 16 Cleveland Classic (??)  
July 21 Midwest Regional (Illinois)  
June 3 Ontario Masters  
Aug. 2-5 USATF Nat. Masters (Orono, ME)  
Sept. W.M.A. (Riccione, Italy)

New slate (2007) of officers elected:

President - Chip Johnson	Coordinators
Newsletter - Jeff Gerson	Road Racing - Joanne Siegel
Vice Pres. - Vince Walls	Relay (Women) - Lisa Maddox
(Programs)	Relay (Men) - Chip Johnson
Vice Pres. - Bernice Holland	Racewalk contact - Joyce Prohaska
(Banquet)	Youth contact - Chip Johnson
Webmasters - Erik Thiem	T/F Consultants - Paul Williams
Linda Carty	Norman Thomas
Secretary - Norman Thomas	Indoor Practice - Linda Carty
Treasurer - Jeff Gerson	Outdoor Practice - Jeff Gerson

**SLIPPERY ROCK UNIVERSITY  
INDOOR ALL-COMER MEETS  
SUNDAY JANUARY 21<sup>st</sup> AND FEBRUARY 4<sup>th</sup>, 2007**

**ALL TRACK AND FIELD ATHLETES WELCOME**

**AGE GROUPS MALE AND FEMALE:**

1ST GRADE AND UNDER   GRADES 2,3,4   GRADES 5,6   GRADES 7,8   HIGH SCHOOL  
OPEN   MASTERS 30-39, 40-49, 50-59, 60-69

**REGISTRATION:** 9:30am on the day of the meet. Registration at Morrow Field House

**COST:**        \$10.00 for up to 3 events. \$5.00 for each additional event.

**AWARDS:**    First, Second, and Third place for each event and each age group

**FACILITY:**   SRU's Morrow Field House, 200m Rubberized Track (**No Spikes!!!!**)  
SRU will provide starting blocks, must provide your own shots

**MEET SCHEDULE**

\*\*\*\*\*NO SPIKES PERMITTED\*\*\*\*\*

**FIELD EVENTS:** (Age groups may compete together)

<b>10:00am</b>	Long Jump	open pit - all jumpers
	Shot Put	all males first
	High Jump	all females first
	Pole Vault	all females first

**TRACK EVENTS:** all track events are on a rolling time schedule, girls followed by boys

Age groups may compete together

<b>10:30am</b>	Two Mile
	800m
<b>11:15am</b>	Mile
	55m hurdles, finals if needed
	55m dash, finals if needed
	400m
	200m
	4x200m Relay

**Slippery Rock will host it's annual "Learn By Doing Clinic" on Sunday February 18<sup>TH</sup>**  
**FOR MORE INFORMATION CALL: 724-738-2798 OR E-MAIL: [john.papa@sru.edu](mailto:john.papa@sru.edu)**



HOME OF THE GOLDEN FLASHES

# TRACK & FIELD

Basketball (M): W 79-69 vs. IPFW - Men's I

SPORTS ATHLETIC DEPT. STUDENT-ATHLETE SERVICES BLUE &amp; GOLD/VARSITY "K" TICKETS MULTIMEDIA RECRUITS CAMPS

Search

Track &amp; Field News Coaches Roster Schedule/Results Statistics Collegiate Meet Info High School Meet Info

**IMPORTANT - PLEASE NOTE THAT WE ARE USING THE SAME ENTRY AND PAYMENT PROCEDURE FOR OUR 2007 HIGH SCHOOL OPEN INDOOR MEETS AS LAST YEAR. ALL ENTRIES WILL BE DONE ON-LINE AT [www.directathletics.com](http://www.directathletics.com). THERE WILL BE NO LATE REGISTRATION OR "WALK UP" REGISTRATION AFTER THE ENTRY DEADLINES. READ ALL OF THE FOLLOWING INFORMATION CAREFULLY!**

**Meet:** Open, non-scoring OAT/CCC sanctioned indoor track & field competition

**Time:** Running events will begin PROMPTLY at 9:30am, field events at 10 00am

**Timing:** Fully automatic FinishLynx system.

**Location:** Kent State University Field House, Summit Street & Route 261, Kent, Ohio \$8.8 million state-of-the-art facility, contains a six lane 292 meter track complex with nine lane straightaway, separate long jump, high jump, pole vault and throwing areas

**Entries:** All entries will be done on-line at [www.directathletics.com](http://www.directathletics.com). Please visit the Direct Athletics website at your earliest convenience in order to familiarize yourself with how the entry process works

**\*\*Note:** Entries will be honored on a first-come, first-serve basis

**Kent State reserves the right to close entries for any and all events based on pre-registration applications and facility limitations**

**Entry Deadlines:** Entries for all meets will close on the Tuesday preceding the meet. Please see schedule below

Meet Date	Entry Deadline
January 20th	January 16th, 8 00 pm
February 4th	January 31st, 8 00 pm
March 3rd (Girls)	February 28th, 8:00 pm
March 4th (Boys)	February 28th, 8 00 pm

**Entry Fees:** \$4 per event, per athlete. Limit 4 individual events, no charge for relays if athlete is entered in individual events. **TEAM RATES:** 1-20 athletes \$100/per girl's and boy's teams each, 21 athletes or more \$130/per girl's and boy's teams each

- TEAMS pay in the traditional manner by bringing a check, made payable to Kent State University Athletics, or cash the day of the competition.
- INDIVIDUALS will now have the option to pay online with a credit card at the time of entry or pay with cash or check as described above. If you choose to pay by credit card, please be aware there will be a minimum \$1.50 processing/transaction fee assessed to your payment

All registration must take place on-line at [www.directathletics.com](http://www.directathletics.com).

**Late Registration:** NO LATE REGISTRATION or WALK-UP REGISTRATION!

**Make checks payable to:** Kent State Athletics/Track and Field

**Internet Entry Lists:** Final entry lists will be posted on our website ([www.kentstatesports.com](http://www.kentstatesports.com)) on the Thursday before the meet. Please check to make sure your athletes are entered correctly. If there are mistakes or scratches, please email the meet manager Keith Whitman [kwhitman@kent.edu](mailto:kwhitman@kent.edu) or call (330) 204-7063 to correct them before the day of the meet (you will be still charged for these entered, scratched athletes)

**800/1600/3200 Entries:** You may ONLY enter an athlete in TWO of the three possible distance events

**Medical Forms/Hold Harmless and Release forms:** EACH participant needs to have BOTH of these Kent State issued forms completed with parent and/or guardian signatures. Without these forms they will be unable to participate in the meet. Coaches, please make copies of the forms for your athletes. Bring these with you to each meet. DO NOT FAX!!! Forms are available on-line at [www.kentstatesports.com](http://www.kentstatesports.com)

**Seeding:** Running events will be seeded based on entry times. Please be realistic with your entry marks. Athletes entered without a seed time will be placed in a slow heat or be assigned a lane at the meet manager's discretion.

**Field Events:** The pole vault will be seeded into sections. All other field

events will be seeded and put in flights.

**Spikes:** NEW FOR 2006-2007 SEASON - 1/4" PYRAMID SPIKES ARE PERMITTED FOR ALL EVENTS - NO OTHER SPIKES WILL BE PERMITTED. An official will be checking all spikes prior to the event. Athletes having the wrong spikes will be disqualified from the event. If you have any questions please inquire prior to the start of the meet.

**Starting Blocks:** Will be available at the athletes' choice in the 55m hurdles, 55m dash, 200m dash and 400m dash.

**Throwing Implements:** ONLY Kent State shots will be allowed for competition

**Automatic Timing:** Each athlete will receive Finish Lynx fully-automatic timing to the hundredth of a second in each race they run.

**Refunds:** No refunds for any event scratches the day of the meet. You are paying for your final entries as of the entry deadline. The last day to scratch is the entry deadline on Tuesday prior to the meet. Any scratches after the deadline will result in forfeiture of refund. No switching or adding events the day of the meet.

**Results:** We will have complete results available on our website ([www.kentstatesports.com](http://www.kentstatesports.com)) and [www.directathletics.com](http://www.directathletics.com) the day after the meet.

**Sign-In:** Sign-in (paying fees and handling forms) will begin at 8:00 am and continue through 11:00am. There will be no signing in after 11:00am. Running events will begin promptly at 9:30 am.

**Check-In for events:** Running events will check in and pick up hip numbers in the bullpen on the infield behind the bleachers. Field events check in at the event site.

**Warm-Up periods for field events:** General warm up 30 minutes prior to start of event. Between flights will be a 10 minute warm up period.

**PLEASE BE PATIENT WITH THE OFFICIALS AND MEET MANAGERS. THERE ARE MANY ENTRIES RESULTING IN MULTIPLE HEATS. PLEASE LISTEN FOR THE CALLS FOR EACH RACE AND BE ON TIME WHEN CHECKING IN PRIOR TO YOUR EVENT. THIS WILL HELP TO KEEP THE MEET MOVING ALONG AS QUICKLY AS POSSIBLE. YOUR COOPERATION IS GREATLY APPRECIATED. ALSO, IF YOU ARE GOING TO SCRATCH FROM AN EVENT AT THE MEET, PLEASE LET THE CLERK OF THE COURSE KNOW SO THAT WE MAY CONDENSE HEATS WHENEVER POSSIBLE.**

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# KENT STATE UNIVERSITY SPORTS CAMPS

## PARTICIPANT MEDICAL CARE FORM

PLEASE PRINT

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_ MIDDLE INITIAL \_\_\_\_\_

Check if participant has: \_\_\_\_\_ Heart Trouble \_\_\_\_\_ Diabetes \_\_\_\_\_ Epilepsy Other: \_\_\_\_\_

Known Allergies: \_\_\_\_\_

Is participant taking medicine under a physician's directions? Yes No If Yes, List Medication(s) \_\_\_\_\_

Medical Insurance Company \_\_\_\_\_

Group Number \_\_\_\_\_ Identification Number \_\_\_\_\_

Home Telephone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

### PARENT/GUARDIAN STATEMENT OF PERMISSION (IF PARTICIPANT IS UNDER 18):

My son/daughter has permission to attend and participate in the Kent State University \_\_\_\_\_ Camp. As parent or guardian, I authorize the Camp Staff, in the event of injury or illness, to administer emergency care and to arrange for any emergency medical transportation to the nearest Health Care Facility deemed appropriate. I understand that every effort will be made to contact the parent or guardian prior to any involved treatment.

I grant permission to a qualified physician and other medical personnel to furnish medical care, using the above guidelines, while my son/daughter is attending the Kent State University \_\_\_\_\_ Camp.

As a parent or guardian, I also agree that I or my insurance carrier will bear the financial responsibility for any medical treatments administered under the above guidelines, which might be over the insured level of the camp plan.

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
DATE

### PARTICIPANT STATEMENT OF PERMISSION (IF PARTICIPANT IS 18 OR OLDER):

I authorize the Camp Staff, in the event of injury or illness, to administer emergency care and to arrange for any emergency medical transportation to the nearest Health Care Facility deemed appropriate. I understand that every effort will be made to contact the emergency contact listed on this form prior to any involved treatment.

I grant permission to a qualified physician and other medical personnel to furnish medical care, using the above guidelines, while I am attending the Kent State University \_\_\_\_\_ Camp.

I also agree that I or my insurance carrier will bear the financial responsibility for any medical treatments administered under the above guidelines, which might be over the insured level of the camp plan.

\_\_\_\_\_  
SIGNATURE OF PARTICIPANT

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
DATE



**KENT STATE UNIVERSITY  
HOLD HARMLESS AGREEMENT AND RELEASE**

I, \_\_\_\_\_ the undersigned, am the parent or legal guardian with the authority to execute this Agreement and Release on behalf of \_\_\_\_\_, who makes the following declarations: I am registered to participate in the following activity: \_\_\_\_\_, offered by the Department of Intercollegiate Athletics, Kent State University. The activity will take place on \_\_\_\_\_ at Kent State University.

I understand and recognize that I am responsible for my own well-being and the well-being of the other participants. I declare that I recognize that it is in my best interest, as well as that of the other participants, to follow the suggestions, guidelines, and/or rules of the activity(ies) supervisors, and/or coordinators and that my participation in this activity is entirely voluntary or is at the direction or request of persons or entities not associated with KSU

I fully understand and appreciate the potential dangers, hazards and/or risks, directly and/or indirectly inherent in participating in this activity, which could also include the loss of life, serious loss of limb, or loss of property. Also, I understand that the consumption of alcohol and/or use of drugs is strictly prohibited and could result in my dismissal from further participation in the activity.

I understand that any University personnel or agents also participating in this activity are not necessarily medically trained to care for any physical or medical problems that may occur during this activity. I further understand that the University does not carry medical or liability insurance for me while I am participating in this activity. By placing my signature below, I acknowledge to the University that I have adequate medical and hospitalization insurance for any injuries that I may incur as a result of participating in this activity.

NOW, THEREFORE, in consideration for being allowed to participate in this activity, I agree to hold the supervisor(s) and coordinator(s) of this activity, Kent State University, its Board of Trustees, agents, officers, and employees, and student volunteers harmless for any and all direct, indirect, special or consequential damages, or costs, legal and otherwise, which I may incur as a result of my participation in this activity(ies), even if due to the negligence of Kent State University or any person serving in the above-identified capacities.

I have read the above terms of this Agreement/Release, and I understand and voluntarily agree to the terms and Conditions. This Agreement/Release shall be binding upon the heirs, administrators, executors, and assigns of the undersigned.

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Participant Address

\_\_\_\_\_  
Witness Address

\_\_\_\_\_  
Date

As a parent/guardian of the above-named minor, I have read the above terms of this Agreement, and I understand and agree to the terms and conditions stated herein. This Agreement/Release shall be binding upon the heirs, administrators, executors, and assigns of the undersigned I further agree to indemnify Kent State University, its agents, officers and employees against any action brought against KSU by the above-named Participant, including but not limited to an action brought by him or her upon reaching the age of majority. I warrant that I am authorized to execute this Agreement and Release on behalf of the above-named minor.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Address (City, State, Zip)



PRINCE GEORGE'S  
**SPORTS & LEARNING  
COMPLEX**  
8001 Sheriff Road  
Landover, Maryland 20785  
301-583-2400  
TTY 301-583-2483



# SPORTSPLEX MASTERS INDOOR CHAMPIONSHIP

February 18, 2007

Start Time: Field Events – 9:00 am Track Events – 9:30 am

## EVENTS

60 meter hurdle (T if necessary)	800 meter dash	Long jump
60 meter dash (T if necessary)	60 meter hurdle (F)	Triple jump
3000 meter run	60 meter dash (F)	High jump
400 meter dash	4 x 200 meter relay	Shot put
1 mile run	4 x 400 meter relay	Pole vault
200 meter dash		Weight toss

## ENTRY FEES

SPECTATORS: \$5.00 RELAY FEE: \$30.00

COMPETITOR'S ENTRY FEE: 1<sup>st</sup> EVENT \$20.00 / \$10.00 EACH ADDITIONAL EVENT

***SPORTSPLEX SPECIAL: \$35 FOR 4 EVENTS (entries w/payment received by 2/14/07)***

Fee must accompany entry form. Entries received after February 14, 2007, will be assessed a \$35.00 late fee. Payment must be made in the form of a certified check or money order made payable to: M-NCPPC.

For more information, please call (301) 583-2660.

## VENUE SPECIFICATIONS

6-lane, 200-meter oval track, on Martin's poured rubber surface . 1/4 inch spike ONLY.

No food or drinks on track surface

### DIRECTIONS

**From 495:** Take Landover Rd. exit 17b-Landover Road. Once off ramp, proceed to far left lane. At first stoplight, turn left onto Brightseat Rd. Proceed straight through the traffic signal onto Redskins Rd.; follow signs to Sportsplex Auxiliary Parking Lot "D". Park to rear of the lot, Complex is a 150-yard walk from the lots.

**From Sheriff Rd:** Follow Sheriff Rd. toward FedEx Field, pass the Sportsplex entrance. Stay in right hand lane. Take a right turn before the light at Sheriff and Brightseat Rd. intersection onto Redskin Rd.; follow signs to Sportsplex Auxiliary Parking Lot "D". Park to rear of the lot, Complex is a 150-yard walk from the lots.

**This is a USATF sanctioned meet: USATF membership required.**

**A membership number may be purchased on site.**

# ***SPORTSPLEX MASTERS MEET***

## **Registration Form**

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Events:        \$20 for 1<sup>st</sup> Event / \$10 for each additional Event  
                  \$35 for first 4 Events (for entries received before 2/14/07)

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_ 6. \_\_\_\_\_

Total Fee: \_\_\_\_\_ Direct questions to: (301) 583-2660

Mail: **Prince George's Sports & Learning Complex (M-NCPPC)**  
**8001 Sheriff Road**  
**Landover, MD 20785**  
**Attn: Sportsplex Masters Meet**

All participants in these events must sign this waiver of liability prior to competing. There will be no exceptions.

I agree to waive and release any and all claims I may have against all sponsors, officials, assistants and employees of this meet including Prince George's County, Prince George's Sports & Learning Complex, Maryland-National Capital Park and Planning Commission, Glenarden Track Club and USA Track and Field, for any damages or injuries I may suffer in route to or as a result of my participation in this meet. I affirm that my physical condition and fitness are adequate for me to participate safely, in this meet. I agree to release my name and photo for publicity purposes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

The Prince George's Sports & Learning Complex is a facility of the M-NCPPC, Department of Parks and Recreation. The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Please contact the facility at least two weeks in advance of the program start date to request accommodations (i.e. sign language interpreters, support staff, etc.).

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# 47<sup>th</sup> ANNUAL MASON – DIXON GAMES MASTERS & OPEN INDOOR CHAMPIONSHIPS

Broadbent Arena – Louisville, Kentucky

Friday, March 2, 2007

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**RUN ON THE SAME BOARDS THAT WILMA RUDOLPH, BILLY OLSON, RENALDO NEHEMIAH, RALPH BOSTON, STEVE SCOTT COMPETED ON.**

ENTRIES. Entrants must be a 2007 member of USA Track & Field. Go to [www.usatf.org](http://www.usatf.org) to become a member of USA Track & Field on-line

ENTRY FEES: \$20 per person by February 15. \$30 entry fee by Feb.28. \$40 entry fee after Feb 28 or on site.  
Please Do Not Send Cash: Make checks for entry fees to. Mason-Dixon Athletic Club

ENTRIES. In events that are normally outdoor races you are to list the appropriate outdoor time.  
(55-100 meter dash, 55 hurdles-100m/110m high hurdles)

Divisions. Open, Masters & Sub-Masters- 10 year age groups Open (29 & under), 30-39, 40-49, 50-59, 60-69, 70+

MEET HEADQUARTERS. The 2007 meet hotel will be Executive West across from the Fairgrounds  
Phone number (502) 367-2251  
Mention the Mason-Dixon Games room rate.

ENTRY DEADLINE. \$20 fee by February 15. \$30 entry fee by Feb, 28. \$40 entry fee after Feb 28 or on site. (ENTRY & ENTRY FEE MUST BE RECEIVED BY THE ABOVE DATES.)

**PERTINENT INFORMATION WILL BE POSTED ON THE  
KTCCCA WEBSITE [www.ktccca.org](http://www.ktccca.org)**

## Track Events: (Tentative)

5 00 55 m Hurdles Masters-Open  
5 10 55 m Dash Masters-Open  
5 15 55 m Dash Middle School Girls/Boys  
Rolling Schedule after this  
Masters-Open Women's Mile  
Masters-Open Men's Mile  
Middle School Girls/Boys 1500  
Masters-Open 400 Women/Men  
Middle School 400 Girls/Boys  
Masters-Open 800 Women/Men  
Middle School Girls/Boys 800  
Middle School Girls/Boys 4x200 Relay  
Masters-Open 200 m Dash  
Masters-Open 3000 m Run  
3000 m Racewalk  
1500 m Racewalk

## Field Events

5 15 Middle School Girls/Boys Long Jump  
5 15 Middle School Boys Shot Put followed by girls shot put  
6 30 Masters-Open High Jump (men followed by women)  
6 30 Masters-Open Pole Vault (women followed by men)  
7 30 Master-Open Triple Jump (women followed by men)  
7 30 Master-Open Long Jump (men followed by women)  
7 30 Master Open Shot Put (women followed by men)

**Each athlete receives 3 throws/jumps with three throws/jumps finals for top four athletes in each age group.**

# Mason-Dixon Games



**MASON-DIXON ATHLETIC CLUB**

Masters & Open Division  
Presented by Mason-Dixon Athletic Club and  
Kentucky Association of USA Track and Field

**Broadbent Arena, KFEC**  
**Louisville, Kentucky**  
Friday March 2

**Entry Fee: \$20 per person by February 15. \$30 entry fee by Feb 28. \$40 entry fee after Feb. 28 or on site.**

**2007 USATF Membership is required (www.usatf.org)**

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## **Entry Form-Mason Dixon Games Masters/Open Division**

Name \_\_\_\_\_ Age March 2, 2007 \_\_\_\_\_ Date of Birth: \_\_\_\_\_ M \_\_\_ F \_\_\_

Address: \_\_\_\_\_ Email \_\_\_\_\_

USATF 2007 Membership Number: \_\_\_\_\_ (Required) Phone \_\_\_\_\_

Check event	Performance for seeding	Check event	Performance for seeding	Phone _____
___ High Jump	_____	___ Shot Put	_____	___ 1500M Racewalk(Youth) _____

___ Long Jump	_____	___ Pole Vault	_____	___ Triple Jump	_____
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___ 3000M Racewalk	_____	___ 55 M Hurdles	_____
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___ 55M	_____	___ Mile Run	_____
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___ 200 M	_____	___ 800M	_____
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___ 400M	_____	___ 3000M	_____
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### **LIABILITY STATEMENT & SIGNATURE NEEDED.**

**WAIVER.** I understand that competing in a track/field meet can be a potentially dangerous activity I verify that I am physically fit and have trained for this competition I assume all risks associated with running this event including, but not limited to falls, contact with other participants, all risks being known and appreciated by me Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf, waive and release Mason Dixon Athletic Club, USATF Kentucky, Kentucky Fair & Exposition Center, and Kentucky Track & Cross Country Coaches Association and all sponsors and officials from all claims of any kind arising out of my participation in the above track meet. I grant full permission to use photos/records of these events. I grant permission for emergency medical treatment by competent medical personnel on the indicated date. List allergies and current medications, if any:

Signature \_\_\_\_\_

(Parent Signature if 18 & Under)

Emergency Phone# \_\_\_\_\_ / \_\_\_\_\_ Date \_\_\_\_\_

Mail entry form and applicable fee to:  
Mason Dixon Games,  
319 Erin Way, Frankfort, KY 40601  
For more information call (502) 875-2904  
Email fmiklavcic@aol.com

- About us**
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**MAIL-IN MEMBERSHIP FORM**

For the year ending: 12/31/\_\_\_\_ Membership status: \_\_\_ New \_\_\_ Renewal

Membership Type: \_\_\_ Individual (\$20) \_\_\_ Family (\$30)

Circle events that you would be interested in: SP-sprints MD-middle distance

LD-long distance XC-cross country DH-decathlon/heptathlon RE-relays JU-jump

HD-hurdles TR-throws WP-weight pentathlon PV-pole vault RW-race walk

Name: \_\_\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_

Address: \_\_\_\_\_ Apt. No.: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: ( ) \_\_\_\_\_ Bus. phone: ( ) \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Best days and hours to contact: \_\_\_\_\_

Family Memberships: Relationship \_\_\_\_\_

(Complete a form for each family member who are occupants in your residence.)

Favorite competitions / distances: \_\_\_\_\_

Occupation and brief biographical sketch:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please indicate the activities and committees in which you will participate. Participation these areas is critical to the success of our club.

Activities: \_\_\_ Track and Field \_\_\_ Road Racing \_\_\_ Racewalking  
\_\_\_ Other (specify) \_\_\_\_\_

Committees: \_\_\_ Newsletter \_\_\_ Awards \_\_\_ Officiating \_\_\_ Membership  
\_\_\_ Scheduling \_\_\_ Publicity \_\_\_ Sponsorship \_\_\_ Equipment  
\_\_\_ Other (specify) \_\_\_\_\_

Each club member is required to work at least one meet or event per year.

To join our club, print and complete this form and mail with a check or money order paya "Over The Hill Track Club" to:

Jeff Gerson  
5091 Hickory Drive

Lyndhurst, OH 44124

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do h myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may ha may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for a damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

Athletes Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

(Required if athlete is under age 18)

**Over The Hill TC**  
5091 Hickory Drive  
Lyndhurst, OH 44124



**Rex Harvey**  
6744 Connecticut Colony Cr.  
Mentor, OH 44060

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