



Over The Hill Track Club

Athletes of all ages setting the pace!

www.othtc.org

July 2006

President's Message

This is the Month of July, it arrived very quickly for some of us and not soon enough for others. The schedule reflects four (4) meets for this month. Dayton the 15th, Canadian Nationals the 21st thru the 23rd, Ohio State Senior Games the 22nd and the Cleveland Classic, Over the Hill's Summer Meet also the 22nd.

For Over the Hill members who are entered in the meets other than Dayton, Good Luck. For Over the Hill members who are entered in the Cleveland Classic, we look forward to your participation.

For Over the Hill members who are not competing in other meets or will not compete in the Cleveland Classic, we need your help. There are a multitude of tasks that can be performed in short order with added hands.

The meet will not last all day with added assistance and willing members. This is a call for all hands available to promote at least the one summer meet we have each year.

The meet is near the end of the month, which allows members time to prepare themselves for whatever tasks they can or will assist. The member participation will be indicative of the clubs continuation of the Classic.

After the Classic there are twelve (12) days until the National Masters Meet in North Carolina. This should be a great send off for those of us competing in that competition.

This is primarily the message for this month. I look forward to a great turn out of competitors and members.

This is a Chinese saying I heard some time back. If the meaning is incorrect someone call me on it.

The saying is "Ding How" which means "Lets Go"

* * * *

Welcome to our newest club members: Tom Jenkins and Morgan Jenkins

* * * *
Reminder: Charlotte entries are due on July 7th
Cleveland Track Classic entries are due on July 17th

---Please get your entries in on time---

* * * *

Those members who are going to Charlotte and are willing to run relays should contact their age-group coordinators or Jeff Gerson. Hotel information was in the June Newsletter. Any questions, call Jeff Gerson at 440-473-0636.

RESULTS

Norman Thomas (M 55)

Toledo Sports Classic

St. Francis H.S.—July 10

200M—32.03—2nd

800M—2:55—1st

Jim Lay Invitational

Univ. of N Carolina at Charlotte—July 16

400M—69.88—1st

Memorial Mile

Boardman, OH—May 29

MILE— 7:48—non-scoring heat

Cathi Gerson—W 56

Run for the Hills 10K

Willoughby Hills—June 25

10K— 56:55—2nd

Lake Erie Assn. USATF Championships

June 17th—Mayfield Village, OH

100 METER DASH

M 55—Jeff Gerson—17.8—1st

M 60—John Biacofsky—15.1—1st

M 65—Barry Kline—16.2—1st

M 85—John Means—17.2—1st

W 50—Terri Liscynesky—17.2—1st

W 60—Angela Biacofsky—20.7—1st

200 METER DASH

M 50—Roman Liscynsky—30.6—1st
 M 55—Jeff Gerson—37.3—1st
 M 60—John Biacofsky—31.8—1st
 M 65—John Sloan—33.1—1st
 M 85—John Means—36.6—1st

400 METER DASH

M 55—Jeff Gerson—1:23.9—1st

800 METER RUN

M 50—Roman Liscynsky—2:40.2—2nd

1500 METER RUN

M 65—Jon Bixler—6:04.9—1st

3000 METER RACEWALK

W 55—Joyce Prohaska—18:15.6—1st

300 METER HURDLES

M 60—Woody Coddington—1:15.0—1st
 M 65—Barry Kline—1:05.5—1st

LONG JUMP

M 60—Woody Coddington—10'10 1/4" - 1st
 M 65—John Sloan—12' 1 1/2" - 1st

TRIPLE JUMP

M 60—Woody Coddington—20'3" - 1st
 M 70—Chuck Wiedman—17'5" - 1st

HIGH JUMP

M 55—Irvin Taylor—4'6" - 1st
 —Jeff Gerson—3'0" - 2nd
 M 65—Barry Kline—4'10" - 1st
 M 70—Chuck Wiedman—3'8" - 1st

POLE VAULT

M 65—John Sloan—8'4" - 1st
 M 70—Chuck Wiedman—6'3" - 1st

SHOT PUT

M 70—Chuck Wiedman—9.52m—1st
 M 75—Rudy Bredenbeck—9.70m—1st

DISCUS

M 65—John Sloan—31.40—1st
 —Abe Sheinker—19.32—2nd
 M 75—Rudy Bredenbeck—29.67—1st

JAVELIN

M 55—Jeff Gerson—21.68—2nd
 M 65—John Sloan—32.87—1st
 M 75—Rudy Bredenbeck—24.79—1st

Schedule Additions

July 15—Dayton Masters, Dayton, OH

July 21-23—Canadian Nationals, New Brunswick, CAN

July 22—Cleveland Classic, Mayfield, OH

July 29—Ohio State Sr. Games, Akron/Youngstown, OH

Aug 3-6—National Masters, Charlotte, NC

Aug 24-27—NCCWMA, Guatemala City, GUAT

July 22nd—Cleveland Track Classic
 Mayfield High School

Aug 3-6th—USATF National Masters T & F Championships, Charlotte, NC

Sep—Tentative

Sept. 16th—Norm Bower Memorial Weight Pentathlon, Kent State

Sept. 24th—OTH Cross-Country Meet
 University School

Oct 1—Kentucky Sr., Lexington, KY

Oct 11-12—Huntsman Sr., St. George, UT

Send Newsletter info to:

Jeff Gerson
 5091 Hickory Drive
 Lyndhurst, OH 44124

Officers

President	Paul Williams
VP Publicity	Cathi Gerson
VP Programs (Banquet)	Bernice Holland
VP Website	Erik Thiem
VP Newsletter	TBA
Secretary	Rex Harvey
Treasurer	Jeff Gerson
Historian and Records	Lawrence Finley

Coordinators

Women (all)	Bernice Holland
Men (open)	TBA
Men 30-39	Spencer Johnson
Men 40-49	Vince Walls 216-233-8771
Men 50-59	Jeff Gerson
	440.473.0636

Men 60-69	Grover Coats	216 464.3865
Men 70+	Everett Poe	216 991.8524
Weight Events	John Sloan	330 877.9197
Multi Events	Rex Harvey	440.954.8122
Out-of-State	Lawrence Finley	859.236.2042
	Rodney Wilson	517.646.8742(h)
		517.241.4007(w)
Race Walking	Joyce Prohaska	216.521.7966
Road Racing	Joanne Siegel	216.397.0260
T/F Consultant	Paul Williams	440 605.1811
	Norman Thomas	330 425.8219

**DIRECTIONS TO MICROTEL & UNCC TRACK
CHARLOTTE, N.C.**

From Charlotte—Douglas Airport or I 77:

Take I 85 North to exit 45A (W.T. Harris Blvd)

Bear to right on Harris to McCullough

Go right on McCullough 1 mile to Microtel (behind Bob Evans)

From Microtel to the track:

Exit parking lot by Bob Evans to Tryon St.

Go right on Tryon St. to W.T. Harris

Go right on Harris to University Blvd (down ramp under Harris is not clearly marked)

Go left on University Blvd to Cameron

Go Left on Cameron 1 mile to the track (on left side)

Most of the parking is on the right side of Cameron

* * *

Please Note!

The following meets have PRE-ENTRIES ONLY!
Please make sure that you get your entries in on time!

USATF Nationals
Deadline: July 7th

Cleveland Track Classic
Deadline: July 15th

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www.othtc.org



Over The Hill Track Club

THE NORTHCOAST CLEVELAND TRACK CLASSIC

Saturday, July 22nd, 2006

USATF Sanctioned, USATF rules apply.

*****Pre-Registration Only - Deadline 7/15/2006. NO ON-SITE REGISTRATIONS*****

Order of Events: Field events start at 9:00-----Track events start at 10:00
Women followed by men-----Oldest to Youngest

Field event athletes are requested to bring their own implements, as the meet does not supply them.

PLACE: Mayfield High School, 6116 Wilson Mills Road, Mayfield Village, Ohio.
The school is 1/2 mile west of I-271 and the Wilson Mills Road exit (Exit #36)

ENTRY FEES: \$5 per event, \$10 per relay.
Make checks payable to **OVER THE HILL TRACK CLUB**.
Entry fees must accompany entry forms. Pre-registration is required. No refunds!!

MAIL TO: **OVER THE HILL TRACK CLUB**
Attn: Rex Harvey
6744 Connecticut Colony Circle
Mentor, OH 44060

DIVISIONS: USATF age brackets.

ORDER OF EVENTS:	10:00 am	3000m	9:00 am	Hammer (18and up)
		Short Hurdles		
		4 X 100m Relay		
		800m		Shot Put
		100m		High Jump
		3000m Race Walk		Pole Vault
		60m		Long Jump
		300m Hurdles		
		400m		Triple Jump
		1500m		Discus (14 and up)
		200m		Javelin
		Sprint Medley Relay (100-100-200-400)		

AWARDS: Medals for 1st-2nd-3rd.

CONTACTS:	Jeff Gerson	440-473-0636	Paul Williams	440-605-1811
	Norman Thomas	330-425-8219	Rex Harvey	440-954-8122

ENTRY FORM _____

NAME: _____ AGE: _____ B'DAY _____ SEX: _____

ADDRESS: _____ CITY _____ STATE _____ ZIP _____

PHONE: (_____) _____ CLUB AFFILIATION: _____

EVENTS: _____

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages, which I might have against the USATF, Lake Erie Assoc. USATF, Over the hill Track Club, and the Mayfield Heights School District, their agents, representatives or assigns, for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to complete in this meet.

SIGNATURE: (By athlete or coach /parent for minor athlete): _____



USA TRACK & FIELD

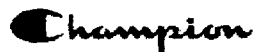
See It. Feel It. Experience It.

USA MASTERS TRACK & FIELD CHAMPIONSHIPS
CHARLOTTE, NC



2006 USA Masters Outdoor Track & Field Championships
Schedule & Results
Athlete Information
Entry Information
Status of Entries

Masters Champs. Home



Schedule of Events

subject to change; last updated 5/11/06

Thursday, August 3, 2006

7:00 a.m.	W50-99	5000m	final
8:15	W30-49	5000m	final
8:40	M60-99	5000m	final
9:00	W60-99	Discus Throw	final
	M30-49	Javelin Throw	final
	M50-99	Shot Put	final
	W30-59	Hammer Throw	final
	M30-49	Pole Vault	final
9:15	M50-59	5000m	final
9:35	M30-49	5000m	final
10:15	W30-99	100m Hurdles	pentathlon
10:30	W60-99	800m	1st round
	M60-99	Long Jump	pentathlon
10:40	W50-59	800m	1st round
11:00	W30-49	800m	1st round
11:20	M70-99	800m	1st round
11:30	M60-69	800m	1st round
	M50-59	Long Jump	pentathlon
11:40	M50-59	800m	1st round
11:50	M40-49	800m	1st round
12:00 p.m.	M30-39	800m	1st round
12:30	M30-49	Long Jump	pentathlon
12:45	W60-99	400m	1st round
12:50	W50-59	400m	1st round
1:00	W40-49	400m	1st round
1:10	W30-39	400m	1st round
1:20	M70-99	400m	1st round
1:25	M65-69	400m	1st round
1:30	M60-64	400m	1st round
1:40	M55-59	400m	1st round
1:50	M50-59	400m	1st round
2:00	M45-49	400m	1st round
2:10	M40-44	400m	1st round
2:20	M35-39	400m	1st round
2:30	M30-34	400m	1st round

Friday, August 4, 2006

7:00 a.m.	W30-99	5000m Race Walk	final
8:00	M60-99	5000m Race Walk	final
	M75-94	Long Jump (west pit)	final
	M70	Long Jump (east pit)	final
	W70-99	Shot Put (west ring)	final
	W60-69	Shot Put (east ring)	final
	W30-59	Discus Throw	final
9:00	M30-59	5000m Race Walk	final
	M70-99	Pole Vault	final
	M70-99	Hammer Throw	final
9:30	W30-99	80/100m Hurdles	1st round
	M60-99	80/100m Hurdles	1st round
	W60-99	Long Jump (east pit)	final
	M65-69	Long Jump (west pit)	final
10:00	M30-59	100/110m Hurdles	1st round
	M60-69	Javelin Throw	final
10:15	W70-99	100m	1st round
10:20	W65-69	100m	1st round
10:25	W60-64	100m	1st round
10:30	W55-59	100m	1st round
10:35	W50-54	100m	1st round
10:40	W45-49	100m	1st round
10:45	W40-44	100m	1st round
	W50-59	Long Jump (west pit)	final
10:50	W30-39	100m	1st round
11:00	M75-99	100m	1st round
	M60	Long Jump (east pit)	final
	M30-49	Hammer Throw	final
11:05	M70-74	100m	1st round
11:10	M65-69	100m	1st round
11:15	M60-64	100m	1st round
11:20	M55-59	100m	1st round
11:25	M50-54	100m	1st round
11:35	M45-49	100m	1st round
11:50	M40-44	100m	1st round
12:00	M35-39	100m	1st round
p.m.			
	M50-59	Javelin Throw	final
12:05	M30-34	100m	1st round
12:15	W30-49	Long Jump (east pit)	final
12:30	M50-59	Long Jump (west pit)	final
	W30-99	Pole Vault	final
12:45	W30-99	2000m Steeplechase	final
1:00	M60-99	2000m Steeplechase	final
1:15	M50-59	3000m Steeplechase	final
1:30	M30-49	3000m Steeplechase	final
1:45	W70-99	400m	final
1:55	W60-69	400m	final

2:00	M50-69	High Jump	final
2:05	W55-59	400m	final
2:15	W50-54	400m	final
2:25	W45-49	400m	final
2:30	M40-49	Long Jump (east pit)	final
2:30	M30-39	Long Jump (west pit)	final
2:35	W40-44	400m	final
2:45	W35-39	400m	final
2:50	W30-34	400m	final
2:55	M80-94	400m	final
3:00	M75-79	400m	final
3:05	M70-74	400m	final
3:10	M65-69	400m	final
3:15	M60-64	400m	final
3:20	M55-59	400m	final
3:25	M50-54	400m	final
3:30	M45-49	400m	final
3:35	M40-44	400m	final
3:40	M35-39	400m	final
3:45	M30-34	400m	final
4:00	W60-99	80m Hurdles (27")	final
4:05	M80-99	80m Hurdles (27")	final
4:15	W50-59	80m Hurdles (30")	final
4:20	M75-79	80m Hurdles (30")	final
4:25	M70-74	80m Hurdles (30")	final
4:35	W40-49	80m Hurdles (30")	final
4:45	M65-69	100m Hurdles (33")	final
4:50	M60-64	100m Hurdles (33")	final
4:55	W30-39	100m Hurdles (33")	final
5:00	M55-59	100m Hurdles (36")	final
5:05	M50-54	100m Hurdles (36")	final
5:15	M45-49	110m Hurdles (39")	final
5:20	M40-44	110m Hurdles (39")	final
5:30	M30-39	110m Hurdles (39")	final

Saturday August 5, 2006

7:00 a.m.	W30-99	10,000m	final
8:00	M50-99	10,000m	final
	W30-59	Shot Put	final
	W60-99	Javelin Throw	final
	M30-49	Discus Throw	final
	W30-99	High Jump	final
	M60-69	Pole Vault	final
9:00	M30-49	10,000m	final
	M60-69	Hammer Throw	final
10:00	M30-69	100m	2nd round - if necessary
	M70-99	Javelin Throw	final
10:30	M60-69	300m Hurdles (30")	1st round

	M50-59	Pole Vault	final
10:45	M50-59	400m Hurdles (33")	1st round
11:00	M30-49	400m Hurdles (36")	1st round
	M50-59	Discus Throw	final
11:20	W75-99	100m	final
11:25	W70-74	100m	final
11:30	W65-69	100m	final
11:35	W60-64	100m	final
11:40	W55-59	100m	final
11:45	W50-54	100m	final
11:50	W45-49	100m	final
11:55	W40-44	100m	final
12:00	W35-39	100m	final
		p.m.	
12:05	W30-34	100m	final
12:45	M85-99	100m	final
12:50	M80-84	100m	final
12:55	M75-79	100m	final
1:00	M70-74	100m	final
	W70-99	High Jump	final
	M70-99	High Jump	final
1:05	M65-69	100m	final
1:10	M60-64	100m	final
1:15	M55-59	100m	final
1:20	M50-54	100m	final
1:25	M45-49	100m	final
1:30	M40-44	100m	final
1:35	M35-39	100m	final
1:40	M30-34	100m	final
1:50	W70-89	800m	final
2:00	W55-69	800m	final
2:10	W50-54	800m	final
2:15	W45-49	800m	final
2:20	W40-44	800m	final
2:25	W30-39	800m	final
2:30	M75-99	800m	final
2:35	M70-74	800m	final
2:40	M65-69	800m	final
2:45	M60-64	800m	final
2:50	M55-59	800m	final
2:55	M50-54	800m	final
3:00	M45-49	800m	final
3:05	M40-44	800m	final
3:10	M35-39	800m	final
3:15	M30-34	800m	final
3:25	W65-69	200m	1st round
3:30	W60-64	200m	1st round
3:35	W55-59	200m	1st round
3:40	W50-54	200m	1st round
3:45	W45-49	200m	1st round

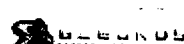
3:50	W40-44	200m	1st round
3:55	W35-39	200m	1st round
4:00	W30-34	200m	1st round
4:05	M70-79	200m	1st round
4:10	M65-69	200m	1st round
4:15	M60-64	200m	1st round
4:25	M55-59	200m	1st round
4:35	M50-54	200m	1st round
4:45	M45-49	200m	1st round
5:00	M40-44	200m	1st round
5:15	M35-39	200m	1st round
5:30	M30-34	200m	1st round

Sunday August 6, 2006

7:00 a.m.	W30-99	10,000m Race Walk - Road	final
	M30-99	10,000m Race Walk - Road	final
8:00	M30-49	Shot Put	final
	W30-59	Javelin Throw	final
	M70-99	Discus Throw	final
	W60-99	Hammer Throw	final
	M75-99	Triple Jump (east pit)	final
	M70-74	Triple Jump (west pit)	final
	W60-99	1500m	final
8:10	W50-59	1500m	final
8:20	W30-49	1500m	final
8:30	M75-99	1500m	final
8:40	M65-74	1500m	final
8:50	M60-64	1500m	final
9:00	M55-59	1500m	final
	M30-49	High Jump	final
9:10	M50-54	1500m	final
9:20	M45-49	1500m	final
9:30	M40-44	1500m	final
	W60-99	Triple Jump (west pit)	final
	M65-69	Triple Jump (east pit)	final
9:40	M30-39	1500m	final
9:55	W60-99	300m Hurdles (27")	final
10:00	M60-69	Discus Throw	final
	M50-59	Hammer Throw	final
	M80-99	300m Hurdles (27")	final
10:05	M75-79	300m Hurdles (27")	final
10:10	M70-74	300m Hurdles (27")	final
10:25	W50-59	300m Hurdles (30")	final
10:30	M65-69	300m Hurdles (30")	final
10:35	M60-64	300m Hurdles (30")	final
10:50	W30-49	400m Hurdles (30")	final
10:55	M55-59	400m Hurdles (33")	final
11:00	M50-54	400m Hurdles (33")	final

	W50-59	Triple Jump (east pit)	final
	M60-64	Triple Jump (west pit)	final
11:10	M45-49	400m Hurdles (36")	final
11:15	M40-44	400m Hurdles (36")	final
11:20	M35-39	400m Hurdles (36")	final
11:25	M30-34	400m Hurdles (36")	final
12:00	W75-99	200m	final
p.m.			
12:05	W70-74	200m	final
12:10	W65-69	200m	final
12:15	W60-64	200m	final
12:20	W55-59	200m	final
12:25	W50-54	200m	final
12:30	W45-49	200m	final
12:35	W40-44	200m	final
12:40	W35-39	200m	final
12:45	W30-34	200m	final
12:50	M85-99	200m	final
12:55	M80-84	200m	final
1:00	M75-79	200m	final
	W30-49	Triple Jump (east pit)	final
	M50-59	Triple Jump (west pit)	final
1:05	M70-74	200m	final
1:10	M65-69	200m	final
1:15	M60-64	200m	final
1:20	M55-59	200m	final
1:25	M50-54	200m	final
1:30	M45-49	200m	final
1:35	M40-44	200m	final
1:40	M35-39	200m	final
1:45	M30-34	200m	final
2:15	W30-99	4x100m Relay	final
2:30	M40-49	Triple Jump (east pit)	final
	M30-39	Triple Jump (west pit)	final
2:35	M30-99	4x100m Relay	final
2:55	W30-99	4x800m Relay	final
3:20	M30-99	4x800m Relay	final
3:45	W30-99	4x400m Relay	final
4:05	M30-99	4x400m Relay	final

USATF
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USA TRACK & FIELD
See It. Feel It. Experience It.

2006 USA Masters Outdoor Track & Field Championships

- Schedule & Results
- Athlete Information
- Entry Information
- Status of Entries

Masters Champs. Home

Entry Information

You must be a 2006 USATF member to enter the Championships. If you do not have a 2006 membership, please complete a membership application first. You must also meet the eligibility requirements.

Important Documents

- Eligibility requirements
- Membership application

Entry Status

To check the status of your entry visit the [Status of Entries page](#) (statuses are updated hourly). ALL received entries (both online and paper) are posted on the Status of Entries page.

Athletes will not be considered to be entered into the meet until ALL required documents have been received. Athletes missing required documents will be listed as "info needed" on the Status of Entries page of the USATF website until all such documents are received.

Entry Fees and Deadlines

<u>Date Received</u>	<u>Individual Events</u>	<u>Combined Event</u>	<u>Relay</u>
on-time: on or before 7/7/06 at 11:59 p.m. PT	1st event: \$35+\$10* 2nd event: \$20 3rd event: \$15 each add'l: \$10	\$35+\$10*	--
late: on or before 7/14/06 at 11:59 p.m. PT	above fees plus \$50 per athlete		--
on-site	--	--	\$TBD

* The entry fee for the first event includes the required National Masters Track & Field Committee surcharge of \$10 per athlete. Combined events do NOT count as the first event.

All fees are non-transferable and non-refundable. No entry will be considered completed unless it is accompanied by full payment of fees and all required documents (see below).

Meet pins (\$3 each), tickets for the Carolina BBQ/Entertainment (\$22 each), and on-campus meal plans (\$57 or \$88) may be purchased during the entry process.

Entry Forms

- Online individual entry
 - You may also update your mark(s) and affiliation before the close of entries
- Online club batch entry
- Printable individual entry (PDF)

Online entries must be paid for by credit card (Visa) or electronic funds transfer ("electronic check"). Paper entries must be paid for by check or money order. Please make checks payable to "Charlotte Championships."

Other Required Documents

- Verification of Age (a copy of your birth certificate or passport)
 - If entering online: athletes entering online must fax or mail a copy of their proof-of-age document--with their membership number written on it--to the USATF National Office:

Fax: 317-261-0481 -- attention: Masters Championships
Address: USA Masters Championships, One RCA Dome, Suite 140, Indianapolis, IN 46225
 - If entering by paper: athletes entering by mail must attach a copy of their proof-of-age document to the entry form.

USATF also recommends athletes bring a copy of their proof-of-age document to packet pick-up as a back-up measure--a proof-of-age document is required prior to receiving competitor packets.

Athletes will not be considered to be entered into the meet until ALL required documents have been received. Athletes missing required documents will be listed as "info needed" on the Status of Entries page of the USATF website until all such documents are received.

Entry Process

- Online is the preferred method of entry.
- A 2006 USATF membership is required to enter online (please join online if you are not a member).
- To enter the Championships, you will be required to provide your 2006 USATF membership number and password (click here to retrieve your password if you don't know it).
- For entries close to the deadlines: although we will make every reasonable effort, we cannot guarantee responses to requests for passwords. *Please do not wait until the last minute to enter!*
- To enter online without an entry mark, put "NT" or "NM" (without the quotes) in the Mark box during the entry process.
- A Help Line is available for those athletes who need assistance with the entry process. For assistance, call the USATF National Office at 317-713-4675 during normal business hours, 8:30 a.m. - 5:00 p.m. ET Monday-Friday.
- After completing your entry online, please fax a copy of your birth certificate or the information page of your passport--with your membership number written on it--to the USATF National Office at 317-261-0481.

Mailing Address



2006 USA MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

August 3-6, 2006 at Belk Field, Charlotte, NC
University of North Carolina at Charlotte, Presented by Carolinas Track and Field Club



First Name	M.I.	Last Name
Street Address (Apartment/Building/Unit)		
City	State	Zip Code
		Phone (Including area code)
Email		2006 USATF # (Required)
DOB (Mo/Day/Year)	Age (as of 8/3/06)	Gender (M/F)
		Citizenship
Hometown Media		USATF Club Number

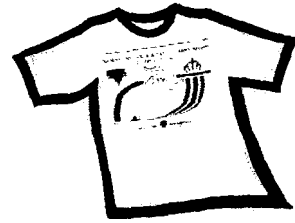
[] I have a disability for which I am requesting an accommodation. (Documentation must be submitted by June 26, 2006)

Events	Best Performance (As of 2005/2006)	Fee	Total
1.		\$35	
2.		\$20	
3.		\$15	
4.		\$10	
5.		\$10	
6.		\$10	
Pentathlon (\$35, regardless of other events entered)		\$35	
USAF Masters Committee Fee (Mandatory)		\$10	\$10
Surcharge for entries after July 7, 2006		\$50	
Championship Supporter for Official's Fund (Optional)		\$15	
Meet Pins		\$3	
Carolina BBQ/Entertainment # _____ Adults @ \$20 each / # _____ Youth (under 13) @ \$15 each			
On Campus Meals (circle your choice) Plan A (\$55) Plan B (\$85)			
Total Amount			

A commemorative Champion T-shirt will be given to each competitor. Please indicate your size.

S
 M
 L
 XL
 XXL

(Shirts will be available at packet pick-up.)



Payments for entry fees, meal plan, meet pins and dinner tickets must accompany your entry form.

To pay by check or money order, enclose full payment (made out to **Charlotte Championships**) and mail to:
USA Masters Champs - Charlotte
1104 Bellegrove Pl., Charlotte, NC 28270

WAIVER/RELEASE I hereby declare that I am in good health and am properly conditioned for the competitions, and that I am of the stated age on this application. I absolutely relieve USA Track & Field, Inc., Carolinas Track & Field Club, UNC Charlotte and all other affiliates associated with the organizing of this event of any responsibility for any loss or damage to me or my property which I may sustain in the course of (or in connection with) the 2006 USA Masters Outdoor Championships. I also do verify that I am a member of USA Track & Field for the year 2006. By entering this competition, I grant USA Track & Field, Inc. a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information, in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the sport of Athletics. In no event, however, will such usage constitute an endorsement of any product or service without my specific written consent.

Signature _____

Date _____

Over The Hill TC
5091 Hickory Drive
Lyndhurst, OH 44124

Rex Harvey
6744 Connecticut Colony Cr.
Mentor, OH 44060

44060+4470-44 C055

