President's Message...

This month's newsletter will be very, very light. I have always been about promoting people and not events, and this newsletter is no exception.

My heart is extremely heavy because within the last fifteen days the Over The Hill Track Club Family has lost two very important members. It is with regret that I must announce the passing of former National Masters Race-walk Champion Gunter Sprockhoff on Friday, October 14, 2005. He was 80 years old.

Gunter spoke to me two weeks prior to his death and he expressed how much he loved helping and volunteering with the club's functioning in meets as well as competing in race walking and track and field. He was our men's race-walk coordinator. He loved the camaraderie of the members of our club. He was one of the finest gentlemen that I have ever met. Gunter will be missed and will continue to live in our hearts and minds forever.

It is also with regret that I must announce the passing of former National and World Masters Track and Field Champion Essie Kea, our Vice President of Programs and women's track and field coordinator, on Saturday, October 29, 2005. She was 68 years old. Essie was one of the early pioneers in our club and in the sport in general. She was soft spoken but a very fierce competitor who loved to fly. People saw her speed on the track but she loved to soar through the air in the high jump and long jump. She successfully participated in many sports but her favorite was basketball. Essie organized many awards banquets, assisted in hosting OTHTC athletic 'get togethers' when we were out of town, administered many track and field events and administered many duties within the club. Believe it or not, Essie was an accomplished singer pianist and played at many church functions. As in the case with Gunter, Essie will be missed and she will continue to live in our hearts and minds forever.

OTHTC Remembrances:

It is important to note that since late 2002 that we have lost eight (8) members and associates within our OTHTC family. Our hearts and minds should continue to hold our predecessors close and dear. They are Alfonzo Wilson, Patrice Thomas, Linda (Jack) Greenwald, Everett Hosack, Diane Friedman's husband, Anna (Rex) Harvey, Gunter Sprockhoff, and Essie Kea.

Upcoming Events:

Lake Erie USATF Open and Cross Country Meet: 11/12/05.

OTHTC Recognition Awards Banquet: Sunday, November 20: 10:30 am. Wellington's Restaurant, 783 Alpha Drive, 440.442.0055; $20.00 per person. Let's honor Gunter and Essie!!! Please send your payment to Jeff Gerson or you can pay at the door, but please let Jeff know that you will attend.

Memberships and Important OTHTC News:

Please continue to renew your membership. Send membership payment to Jeff Gerson. Individuals: $20; Families: $30.
Please Plan on attending and competing during the Outdoor Season.

Great Team Spirit!!!

*****************************************************************

We wish Joseph Chadbourne, Jack Greenwald, and Susan Stephenson to get well soon.

*****************************************************************

Send your meet results to Larry Maniccia at maniccial@ameritech.net so they can be published on the www.othtc.org website!

*****************************************************************

Membership Drive Program

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.)

E-Mail

Be sure to send your e-mail to Larry Maniccia via maniccial@ameritech.net or www.othtc.org

*****************************************************************

SECOND SOLE NEWS: Jeff Fisher and Clark Turner, Lyndhurst; 5114 Mayfield Road (44124), 440-449-8508.

As a club member, you regularly get 15% discount on all items. 20% discount on all Nike Zoom products.

*****************************************************************

RESULTS: Send your meet results to: maniccial@ameritech.net or www.othtc.org or thorntonn@michigan.gov or wilsonr6@michigan.gov.

Thank you to all of you who sent your best 2005 results to me.

I need to compile them for the OTHTC Awards Banquet on Sunday November 20, 2005 at Wellington’s Restaurant.

Officers

President          Rodney Wilson
VP Programs & Publicity    Essie Kea
VP Publicity              Bernice Holland
VP Communications - web  Larry Maniccia
VP Communications – news Monica Thornton
Secretary             Rex Harvey
Treasurer              Jeff Gerson
Historian and Records    Lawrence Finley

Coordinators

Women (all)   Essie Kea  216.383.1511
Men (open)    Larry Maniccia 440.237.6714
Men 30-39     Bob Walters 440.526.5635
Men 40-49     Bob Thomas 440.899.3599
Men 50-59     Jeff Gerson 440.473.0636
Men 60-69     Grover Coats 216.464.3865
Men 70+       Everett Poe 216.991.8524
Seniors      Chuck Wiedman 440.838.8362
Weight Events John Sloan 330.877.9197
Multi Events Rex Harvey 440.954.8122
Out-of-State  Lawrence Finley 859.236.2042
Race Walking Joyce Prohaska 216.521.7966
Road Racing  Joanne Siegel 216.397.0260
T/F Consultant Paul Williams 440.605.1811
                                      Norman Thomas 330.425.8219
I have fought a good fight, I have finished my course, 
I have kept the faith. 
II Timothy 4:7

THANK YOU
The Kea Family has witnessed many, many acts of kindness shown to 
us during our preparation for the celebration of Essie's life. God truly 
blessed Essie to have so very many friends who were willing to make 
sacrifices in various ways to show how much they care. Please keep 
our family in your prayers, and continue to celebrate Essie's life by 
remembering how special she was.

In Celebration
Of

ESSIE L. KEA

September 22, 1937 October 29, 2005

Friday, November 4, 2005

SECOND BAPTIST CHURCH
690 South Main Street
Akron, OH 44311

Reverend Dr. I. T. Bradley - Officiating
Essie Lutisha Kea was born in Akron, Ohio on September 22, 1937, the middle child of the late Elizabeth Williams Kea and the late Arthur Ray Kea. She attended Akron Public Schools. Essie graduated from Buchtel High School in 1956 where she was a member of the orchestra and marching band. She played the trumpet, violin, drums, and of course, the piano.

In 1972, Essie received her Associate in Science degree from Cuyahoga Community College (Cleveland) and became a Registered Nurse. She was employed with the Cleveland Clinic for more than 40 years.

Essie was a life long member of Second Baptist Church. She was baptized at an early age by the Reverend Stanley E. Lynton. She was a faithful member of the church and a devout and committed Christian. In her life and work Essie had a personal ministry of visiting the sick and shut-in and would frequently drive others to church services at Second Baptist. In later years, Essie blessed others with her musical talent by playing the piano at two Cleveland churches, The Church of the Master and more recently at New Israel Baptist Church.

Until her illness curtailed her activity Essie was preparing to take part in the USA Masters 2005 Outdoor Track and Field Championships in Honolulu, Hawaii at the beginning of August of this year. She was highly competitive and exhibited her athletic skills in many different events including the 50, 100, and 220 yard dashes; the 55, 100, and 200 meter sprints; the one-mile relay, the high jump, the long jump, the shot put and even the pole vault! She was a member and officer of Cleveland’s Over The Hill Track Club. She was also a member of the Cleveland Masters Track Club and Detroit’s Motor City Striders.

Essie made her transition from this life on Saturday, October 29, 2005. She leaves behind to celebrate her life her beloved brother, Ray Arthur Kea, of Riverside CA; sister, Eva Marie Kea, of Detroit, MI; as well as loving nieces, nephews, cousins and many, many dear friends.

ORDER OF SERVICE

<table>
<thead>
<tr>
<th>Event</th>
<th>Person/Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prelude</td>
<td>Mrs. Mary Kate Nelson</td>
</tr>
<tr>
<td>Scripture Reading</td>
<td>Ms. Sarah Woods</td>
</tr>
<tr>
<td>Prayer</td>
<td>Reverend Dr. I. T. Bradley</td>
</tr>
<tr>
<td>Selection</td>
<td>Precious Lord</td>
</tr>
<tr>
<td>Obituary</td>
<td>Ms. Bethann Scruggs</td>
</tr>
<tr>
<td>Resolutions &amp; Acknowledgments</td>
<td>Ms. Bethann Scruggs</td>
</tr>
<tr>
<td>Remembering Essie</td>
<td>Over The Hill Track Club</td>
</tr>
<tr>
<td></td>
<td>Reverend Rena Hunter</td>
</tr>
<tr>
<td></td>
<td>Reverend &amp; Mrs. Raymond Walker</td>
</tr>
<tr>
<td></td>
<td>Charlotte Kea</td>
</tr>
<tr>
<td>Selection</td>
<td>Sit At His Feet</td>
</tr>
<tr>
<td>Eulogy</td>
<td>Reverend Dr. I. T. Bradley</td>
</tr>
<tr>
<td>Recessional</td>
<td>Stewart &amp; Calhoun Funeral Home</td>
</tr>
<tr>
<td>Entombment</td>
<td>Rose Hill Burial Park &amp; Mausoleum</td>
</tr>
</tbody>
</table>

Dinner will be served for the family and out of town guests following entombment at the Second Baptist Church Royal Allen Jones Fellowship Hall.
Over The Hill Track Club
3661 Langton Road
Cleveland Heights, OH 44121

Rex Harvey
6744 Connecticut Colony Circle
Mentor, OH 44060