President's Message...

It is with regret that I must announce the passing of Rex Harvey's mother and Diane Friedman's husband. Our OTHTC family's thoughts and prayers go with you.

Important OTHTC News

The club will sponsor four meets this year. The 2005 USA National Masters Decathlon and Heptathlon Meet is 7/2 - 7/3 at Mayfield HS. The Northcoast Cleveland Classic is 7/23 at Mayfield HS. The Norm Bower Throwing Meet is 9/17 at Kent State. The OTHTC Cross Country Meet is 9/25 at University School. We need volunteers to help officiate!!!!

Other Important News

5/14: NE Senior Olympics at Mineral Ridge HS / Youngstown, OH
5/15: Central Ohio Senior Olympics at Bexley HS / Columbus, OH.
5/16: Tri-County Senior Olympics at University of Akron.
6/7-6/12: Hall of Fame Senior Olympics at Malone College.
6/7-6/16: National Senior Games at Carnegie Mellon in Pitts. PA.

USATF Indoor National Championships

Congratulations to Ben James for winning two Gold Medals in the 200 and 400 meter dashes. Barry Kline won the Gold Medal in the High Jump and 4th in the 60 meter hurdles. Frank Makoy won the Bronze Medal in the Pentathlon 12th in the 60 meter dash.

USATF Outdoor National Championships

USATF Outdoor National Meet will be August 4-6, 2005, Honolulu, Hawaii. Average hotel costs will be $200-$300 per night on the beach, $100 per night off the beach.

World Masters Athletics Championships

August 22 - September 3, 2005 in San Sebastian, Spain

2005 OTHTC Yearly Memberships

Individuals-$20; Families-$30. Let's Join NOW!!!

2005 Top 25 USA Indoor Rankings:

- STEVEN BUNN 55m, 6.62, 1st
- BEN JAMES 200m, 23.27, 1st
- BEN JAMES 400m, 52.53, 1st
- Frank Makoy, Pent. 2597pts, 3rd
- GEORGIA JOHNSON 55m, 11.44, 3rd
- BARRY KLINE HJ, 1.45m, 3rd
- DOROTHY WILSON SP, 4.47, 3rd
- MONICA THORNTON SP, 6.83m, 3rd
- HILARY GOERGE SP, 13.75m, 4th
- HILARY GEORGE WT, 14.90m, 4th
- GEORGIA JOHNSON 55m, 1:00.58, 5th
- SPENCER JOHNSON 70m, 5th
- STEVE HEISKELL 200m, 26.9h, 7th
- LAWRENCE FINLEY 200m, 26.9h, 7th
- RODNEY WILSON 55m, 7.60, 8th
- J. GEORGE WT, 14.90m, 4th
- GEORGIA JOHNSON 55m, 1:00.58, 5th
- STEVE HEISKELL 200m, 26.9h, 7th
- LAWRENCE FINLEY 55m, 7.98, 17th

Joanne Siegel's 2004 results. She rollerblades and does Karate Oberlin Indoor Track - 2/14: 3200m-13:58, 1600m-6:38, 400m-1:20, 800m-3:08, 200m-36:59, 4 x 400m-1:25; all 1st places.

Boston Marathon - 4/19: 4:28:00, OTHTC Track Meet @ Cleveland Hts.- 6/19: 5000m- 23:10-1st. A Most Excellent Run- Shaker Hts- 6/27: 10k-Broken into two parts. She walked/jogged with my young son through his first 5k: 38 minutes, and we were almost last. When he finished, she sprinted the second 5k and did it in a 22:47, passing up dozens of runners, final time of 1:01:21. Masters Swim Meet-Cleveland State Univ.-7/10: 1500m-24:54, 800m-13:17, 100m-1:26, 50m-0:39; all 1st places. Key Bank Triathlon-Cleveland- 7/25: 1500m swim, 24 mile bike, 10k run-2:54:00-4th. United States Masters Swimmers Open Water 2-mile Swim-Edgewater Beach, Lakewood, Ohio, 7/31: 54:00-1st. River Run Half Marathon-Berea, Ohio: Sept. 12, 2004: 1:46:00-5th. Columbus Marathon-Columbus, Ohio- 10/17: 3:46:00-9th in her division (re-qualified for the Boston Marathon).

Please Plan on attending and competing during the Outdoor Season.

Great Team Spirit!!

We wish Jeff Gerson, Gunter Sprockhoff, Joseph Chadbourne, Jack Greenwald and Susan Stephenson prayers to get well.

Send your meet results to Larry Maniccia at maniccia@ameritech.net so they can be published on the www.othtc.org website!

Membership Drive Program

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.)

E-Mail

Be sure to send your e-mail to Larry Maniccia via maniccia@ameritech.net or www.othtc.org

SECOND SOLE NEWS: Jeff Fisher and Clark Turner, Lyndhurst; 5114 Mayfield Road (44124), 440-449-8508.

As a club member, you regularly get 15% discount on all items. 20% discount on all Nike Zoom products.

RESULTS: Send your meet results to: maniccia@ameritech.net or www.othtc.org or thomtonm@michigan.gov or wilsonr6@michigan.gov.

Congratulations: Slippery Rock University Indoor All-Comers Meet: Derek Gainey 55m, 1st; Frank Makozy PV, 1st, 55m 4th; Monica Thornton SP, 1st; Dorothy Wilson, SP, 1st; John Sloan SP, PV, 400m, all 1st.

Ohio USATF Indoors: Monica Thornton SP, 1st; Spencer Johnson LJ, 1st, 55m 2nd; Hilary Goerge WT, SP, all 1st; Fred Hirsimaki HJ, LJ, TJ, all 1st; Steve Hieskell 55m, 200m, all 1st, Lawrence Finley 200m, 2nd, 55m, 4th.

Officers

President: Rodney Wilson
VP Programs & Publicity: Essie Kea
VP Publicity: Bernice Holland
VP Communications - web: Larry Maniccia
VP Communications – news: Monica Thornton
Secretary: Rex Harvey
Treasurer: Jeff Gerson
Historian and Records: Lawrence Finley

Coordinators

Women (all): Essie Kea 216.383.1511
Men (open): Larry Maniccia 440.237.6714
Men 30-39: Bob Walters 440.526.5635
Men 40-49: Bob Thomas 440.899.3599
Men 50-59: Jeff Gerson 440.473.0636
Men 60-69: Grover Coats 216.464.3865
Men 70+: Everett Poe 216.991.8524
Seniors: Chuck Wiedman 440.838.8362
Weight Events: John Sloan 330.877.9197
Multi Events: Rex Harvey 440.954.8122
Out-of-State: Lawrence Finley 859.236.2042
Rodney Wilson 517.646.8742 (h)
517.241.4007 (w)
Race Walking: Joyce Prohaska 216.521.7966
Gunter Sprockhoff 440.582.0144
Road Racing: Joanne Siegel 216.397.0260
T/F Consultant: Paul Williams 440.605.1811
Norman Thomas 330.425.8219
MAIL-IN MEMBERSHIP FORM

For the year ending: 12/31/____  Membership status: ___New ___Renewal

Membership Type: ___ Individual ($20) ___ Family ($30)

Circle events that you would be interested in: SP-sprints  MD-middle distance
LD-long distance  XC-cross country  DH-decathlon/heptathlon  RE-relays  JU-jumps
HD-hurdles  TR-throws  WP-weight pentathlon  PV-pole vault  RW-race walk

Name: ___________________________________________ Birth date: ___/___/____

Address:_______________________________________ Apt. No.: _______________

City: ________________________ State: __________________ Zip: _______________

Home phone: ( )___________________ Business phone: ( )___________________

Sex: _____ Age: _____ Best days and hours to contact: _______________________

Family Memberships: Relationship ___________________________________________

(Complete a form for each family member who is an occupant in your residence.)

Favorite competitions / distances: ____________________________________________

Occupation and brief biographical sketch: ______________________________________

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________

(Complete on back, please)
Please indicate the activities and committees in which you will participate. Participation in these areas is critical to the success of our club.

**Activities:** ___ Track and Field ___ Road Racing ___ Race Walking ___ Other (specify) ____________________________

**Committees:** ___ Newsletter ___ Awards ___ Officiating ___ Membership ___ Scheduling ___ Publicity ___ Sponsorship ___ Equipment ___ Other (specify) ____________________________

Each club member is required to work at least one meet or event per year.

To join our club, print and complete this form and mail with a check or money order payable to "Over The Hill Track Club" to:

Jeff Gerson  
5091 Hickory Drive  
Lyndhurst, OH 44124

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

Athletes Signature: _______________________________ Date: __/__/___

Parent or Guardian Signature: _______________________________  
(Required if athlete is under age 18)
Minnesota Open & Masters Outdoor Track & Field Championships
June 12, 2005

Where: The nine-lane Sika Bram polyurethane track at the National Sports Center in suburban Minneapolis. The NSC's 6,000-seat outdoor stadium is located at 1700 105th Avenue N.E. in Blaine, Minnesota. Take I-35W north to US 10 West. Exit at Hwy 65 and proceed north to 101st St NE. Take a right and head for the stadium. Please park on the south side.

Schedule: Order of running events: 5,000m race walk (9:00 a.m.), 5,000m run, high hurdles (10:10 a.m.), 1500m, 100m, 400m, 800m, 300/400m hurdles, 200m, 4X100, 4X400. Finish Lynx timing. Field events start at 9:30 a.m.: high jump, pole vault, long jump, triple jump (after LJ), discus, shot put (after DT), and javelin (after SP). Schedule will be based on entries received by Tuesday, June 7; events may not be conducted if no entries are received by then. To confirm the schedule call (651) 777-4954 after June 7.

Entry Fee: $8 first event, $4 for each additional event if postmarked by June 4. Late entries $15 first event and $5 for each additional event, pending availability of lanes.

Eligibility: Men and women 19 years of age and older. All competitors must be registered with USA Track & Field or have competed for a collegiate team in 2005. To register with USATF, simply add $20 to your entry fee. Your registration will then be valid through Dec. 31. For Minnesota athletes it includes a subscription to Minnesota Running & Track thru Dec. 2005.

Awards: Competition will be in five-year age groups for men and women starting at age 30, plus Open divisions. Medals to the top three finishers in each age group.

Registration: Complete the form below and send with the entry fee to USA Track & Field Championships, 5429 Wooddale Ave., Edina, MN 55424, postmarked by Saturday, June 4.

---

ENTRY FORM Mail with fee to USA Track & Field Championships, 5429 Wooddale Ave., Edina, MN 55424 by SATURDAY, JUNE 4.

Last name ______________ First name ______________
Age on June 12 ___________ Sex M/F _____________ Birth date ______________

Street address (include apartment number and/or suite) ______________
City ______________ State ______________ Zip/postal code ______________

2005 USA Track number (if none, and not current collegiate athlete, enclose an extra $20) ______________
Area code ______________ Telephone ______________

Team/club name ______________

Number of events entered ______

Basic fee $8

$4 X number of events after first $_____

Membership fee (if necessary) $20

* After June 4

Additional events $5 each

Total enclosed $_____

---

Events entered (1) ______ (2) ______ (3) ______ (4) ______ (5) ______ (6) ______

Seed performances ______

Knowing that participating in track and field is a potentially hazardous activity, I enter the meet certifying that I am medically able and properly trained. I also assume any and all other risks associated with participating in this event. These events including but not limited to falls and contact with other participants.

Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, the National Sports Center, meet officials, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of, my participation in this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to USA Track & Field, the National Sports Center, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)

---

In this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to USA Track & Field, the National Sports Center, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

I understand that entry fees are not refundable.

I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)
34th Annual
Ontario Masters
Outdoor Track & Field Championships
Toronto Track & Field Centre, York University
Saturday June 25th, 2005
Featuring the OMTFA Weight Pentathlon Championships

Awards; OMTFA Championship medals to the first three in each age group 30-34 to 90+
All competitors must beat a competitor or meet the posted OMTFA medal standards to be eligible for awards.

Results; Complete results will be posted.
Medals will not be presented until the results are posted.

Facilities; 400m - 8 lane rubberized tartan track and jump approaches and Javelin runway.
Cement throwing circles. Adjustable Steeple barriers.

Directions; West of Keele St., turn south from Steeles Ave.
East on Steeles from the 400. NorthWest entrance to York.
York University Campus. There may be a fee for parking.

Hosted by; The Ontario Masters Track and Field Association
Americans and other visitors to Canada are most welcome and eligible for medals.

Entry Deadline; Entries must be received by Wednesday, June 23rd.
NO RACE DAY ENTRIES - No Email entries.
Make cheque payable to the OMTFA. (Memberships payable to CMAA on a separate cheque please)

Mail to; Doug Smith
58 Newmarket Avenue
Toronto, Ont. M4C 1V9
416-699-5818 (10am-10pm) douglasj.smith@sympatico.ca
Sorry - absolutely no phone or EMail entries accepted

Accommodations

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Comfort Inn</td>
<td>66 Norfinch Dr. (400 and Finch area)</td>
<td>416-736-4700</td>
</tr>
<tr>
<td>Travelodge Toronto North</td>
<td>50 Norfinch Dr. (400 and Finch area)</td>
<td>416-663-9500</td>
</tr>
<tr>
<td>Holiday Inn Express North York</td>
<td>30 Norfinch Dr. (400 and Finch area)</td>
<td>416-665-3500</td>
</tr>
<tr>
<td>Super-8 Motel</td>
<td>3400 Steeles Ave West (400 and Steeles)</td>
<td>905-760-2120</td>
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<tr>
<td>Ramada Inn</td>
<td>1677 Wilson Av. (401 and 400)</td>
<td>416-249-8171</td>
</tr>
<tr>
<td>Howard Johnsons</td>
<td>North York 2737 Keele St. (at 401)</td>
<td>416-636-4656</td>
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</table>
Schedule of Events - Subject To Change
Please check the Web Site for updates on the schedule;
www3.sympatico.ca/ontario.masters

<table>
<thead>
<tr>
<th>Time</th>
<th>Track</th>
<th>Jumps</th>
<th>Throws</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30</td>
<td>5000mRW</td>
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<td></td>
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<tr>
<td>9:00</td>
<td></td>
<td>High Jump</td>
<td></td>
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<tr>
<td>9:30</td>
<td>5000m</td>
<td>Pole Vault</td>
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<tr>
<td>10:00</td>
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<tr>
<td>10:30</td>
<td>100m</td>
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<tr>
<td>11:30</td>
<td>800m</td>
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<td>12:00</td>
<td>Lunch</td>
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<td>12:30</td>
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<tr>
<td>1:00</td>
<td>110mH</td>
<td>Triple Jump</td>
<td>Javelin</td>
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<tr>
<td>1:30</td>
<td>200m</td>
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<td>2:00</td>
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<tr>
<td>2:30</td>
<td>1500m</td>
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<tr>
<td>3:30</td>
<td>400m</td>
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<tr>
<td>4:00</td>
<td>Steeplechase</td>
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<td>Weight</td>
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<tr>
<td>4:30</td>
<td>4X100m Relay</td>
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<td>4:30</td>
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Notes:
- Women's sections first, followed by Men's heats. Oldest to youngest.
- All track events except the 100m and 200m are timed section finals.
- Weights of implements and hurdle heights may not be to current WMA standards.
- If a competitor has two conflicting events, they must inform the field judge that they will be competing in the track event.
- The Jury Of Appeal will hold the final authority in any appeal or dispute.
- When numbers justify, throws and jumps will take place in flights.

Photos from past meets at http://www.imagestation.com/member/?name=douglasjsmith

<table>
<thead>
<tr>
<th>Oldest Meet Records</th>
</tr>
</thead>
<tbody>
<tr>
<td>Event</td>
</tr>
<tr>
<td>SP</td>
</tr>
<tr>
<td>Hammer</td>
</tr>
<tr>
<td>5000mRW</td>
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<tr>
<td>Steeple</td>
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<tr>
<td>HJ</td>
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<tr>
<td>TJ</td>
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<tr>
<td>Hammer</td>
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<tr>
<td>5000m</td>
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</tbody>
</table>

Weight Pentathlon*
Entrants get three throws in each event.
If an athlete enters an individual event as well eg; the Shot Put; they get 6 throws - only the first 3 count towards the Pentathlon. All 6 count in the individual event.
The entry fee would be $25 + $10 (one additional event) = $35.

NorthWest Entrance to Keele Campus at York U.
Hotels On Norfinch
Toronto Track & Field Centre
**2005 Ontario Masters Outdoor Track & Field Championships**

(please print)

Name ____________________________ Age (June 25th) _____ M __ F __

First

Last

Address ____________________________ Birth (dd/mm/yr) ________________

______________________________ Phone ____________________________

Citizenship ______________________ CMAA / USAT&F # ________________

Email Address ____________________________

Club ____________________________________________

Please check events entered and show seed times;

<table>
<thead>
<tr>
<th>Event</th>
<th>Seed Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
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<tr>
<td>200m</td>
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<td>400m</td>
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<td>800m</td>
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<td>1500m</td>
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<tr>
<td>5000m</td>
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<tr>
<td>10,000m</td>
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<td>5000m Walk</td>
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<tr>
<td>5000m Walk</td>
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<tr>
<td>Steeplechase</td>
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<td>Steeplechase</td>
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<td>Pole Vault</td>
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<td>Pole Vault</td>
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<td>Javelin</td>
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<td>Javelin</td>
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<td>Discus</td>
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<td>Discus</td>
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<td>Shot Put</td>
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<td>Shot Put</td>
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<td>Hammer</td>
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<td>Hammer</td>
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<tr>
<td>Weight Throw</td>
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<tr>
<td>Weight Throw</td>
<td>_</td>
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<tr>
<td>Weight Pentathlon</td>
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<tr>
<td>Weight Pentathlon</td>
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</tbody>
</table>

Entry Fees; First event @ $15.00.......  
Each additional event __X $10.00 = _______ ($12 US)  
Weight Pentathlon (counts as the first event) __X $25.00 = _______ ($20 US)  
Non Member fee (non CMAA or USAT&F) add $15.00 _______ ($12 US)  
Cheque payable to the OMTFA Sorry, no refunds. Total* _______

* $10.00 fee if insufficient funds are mailed - payable at Registration.

In consideration of the acceptance of my entry to this OMTFA event, I hereby release and hold free the Meet Director, the Ontario Masters Track and Field Association, the City of Toronto, York University, all meet officials, and anyone appointed by them from all responsibility for loss or damage to me or anyone accompanying me, or any of our equipment.

Print Name ____________________________ Signature ____________________________ Date ______

Mail to: Doug Smith  
58 Newmarket Avenue  
Toronto, Ont.  
M4C 1V9
Thank you for your interest in the ‘IT'S ABOUT TIME RUNNING CLUB’! Please be sure to check our website or call starting every Monday of the week for changes, cancellations, or further details.

TUESDAYS
(Starting mid-March)
6:30pm meet at Second Sole
Track workouts
Run up to Brush's Track
Coach provided
Various level groups

WEDNESDAYS
6:30pm meet at Second Sole
Group runs
3 miles — 7 miles
Various level groups

SATURDAYS
8:15am meet at Second Sole
Group runs
30-45 minutes
Various level groups

SUNDAYS
8:30am meet at
North Chagrin Reservation,
Strawberry Pond picnic area parking lot
Longer, slower, trail, group runs
5 miles — 10 miles
Various level groups

- No membership fees
- Casual atmosphere
- All levels welcome
- Seasonal track workouts
- Seminars
- Call Kate, Clark, Eddie, Jeff or e-mail us at Kate@secondsoleohio.com with questions

5114 Mayfield Road, Lyndhurst, OH 44124
(440) 449-8508, www.secondsoleohio.com

2/28/2005
Over The Hill Track Club
www.othtc.org

Presents

THE NORTHCOAST CLEVELAND TRACK CLASSIC

Saturday, July 23rd, 2005

USATF Sanctioned, USATF rules apply.

***Pre-Registration Only – Deadline 7/16/2005. NO ON-SITE REGISTRATIONS***

Order of Events:

Field events start at 9:00 — Track events start at 10:00
Women followed by men — Oldest to Youngest

Field event athletes are requested to bring their own implements, as the meet does not supply them.

PLACE:

Mayfield Heights High School, 6116 Wilson Mills Road, Mayfield Village, Ohio.
The school is ½ mile west of I-271 and the Wilson Mills Road Exit (Exit #36).

ENTRY FEES:

$5 per event, $10 per relay.
Make checks payable to OVER THE HILL TRACK CLUB.
Entry fees must accompany entry forms. Pre-registration is required. No refunds!!

MAIL TO:

OVER THE HILL TRACK CLUB
Attn: Dr. Rodney C. Wilson
4031 West Jolly Road, Apt. 31
Lansing MI, 48911

DIVISIONS:

USATF age brackets.

ORDER OF EVENTS:

10:00 am 3000m Short Hurdles 9:00 am - Hammer (18 and up)
4 x 100m Relay Shot Put
800m High Jump
100m Pole Vault
300m race walk Long Jump
60m 300m Hurdles
100m Triple Jump
300m Hurdles Discus (14 and up)
400m 200m Javelin
1500m Sprint Medley Relay
60m (100-100-200-400)

AWARDS:

Medals for 1st-2nd-3rd

CONTACTS:

Jeff Gerson 440-473-0636 Rex Harvey 440-954-8122
Rex Harvey 440-473-0636 Dr. Rodney Wilson 517-646-8742

NEXT MEETS:

1.) Norm Bower Throwing Meet; 2.) OTHTC Cross Country Classic

NAME:_________________________________________AGE:__________B’DAY________SEX:__________

ADDRESS:____________________________________CITY___________________________STATE___________ZIP________

PHONE:______________________CLUB AFFILIATION:____________________________

EVENTS:_____________________

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages, which I might have
against USATF, Lake Erie Association USATF, Over The Hill Track Club, and the Mayfield Heights School District, their agents, representatives or assigns, for any
and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to complete in this meet.

SIGNATURE: (By athlete or coach /parent for minor athlete):__________________________

USATF NATIONAL MASTERS DECATHLON & HEPTATHLON CHAMPIONSHIPS
July 2-3, 2005
Mayfield High School, 6116 Wilson Mills Rd. Mayfield Village, Ohio (1/2 mile west of 1-271 - exit #36)

Sponsored by: Over The Hill Track Club, Lake Erie Association USATF, Second Sole, & Mayfield High School Track Team

Dear Official,

The Lake Erie Association is pleased to be the host for the 2005 USATF National Masters Decathlon/Heptathlon Championships. This prestigious event will be held at Mayfield High School in Mayfield Village. This meet usually attracts some of the best Masters Athletes in the World and will have 40 to 50 men and 10 to 20 women of all ages from 30 to 85. As you know, it is not often that you get to add a National Championship to your officiating resume without leaving Cleveland. We plan to showcase Northeastern Ohio as an area capable of hosting major Track & Field Events. We would appreciate if you could volunteer your specialized services for one or both days. If you are willing to officiate, please return the bottom of this form by May 1st. We will make official's selection and assignments by June 1st.

Mail to: Jeff Gerson
5091 Hickory Drive
Lyndhurst, OH 44124

Thank you,
Jeff Gerson
Registration Chair, Lake Erie Association, USATF

USATF sanctioned. WMA & USATF scoring and rules regarding implements and hurdles.
Starting time both days will be 8:30 a.m. Older age groups will begin first.

For more information contact: Jeff Gerson - 440-473-0636 or
Rex Harvey - 440 954-8122 (w) 440-339-5688 (mobile)

Hotel information: Holiday Inn (meet headquarters) - 780 Beta Drive (1/4 mile east of 1-271 exit #36) 440-461-9200 Rates - $99.00 per night w/breakfast (double beds), Baymont Inn - 1421 Golden Gate Blvd. (exit #35 - 1-271) 440-442-8400 Rates - $85.00 per night w/breakfast (double beds)

RATES ARE ONLY GUARANTEED UNTIL JUNE 1. Say you are with USATF Heptathlon.

Rental Cars: To get a discount with Enterprise, call 1-800-rent-a-car or go to enterprise.com. Use account # 39E0900. If asked first 3 letters are GRE.

OFFICIAL'S REGISTRATION FORM

NAME _______________________________ Official's Number if Registered __________

I will officiate: Saturday 2Jul05 _____ Sunday 3Jul05 _____

I prefer (circle please) Saturday: Men; 100m, Long Jump, Shotput, High Jump, 400m
Women; Hurdles, High Jump, Shotput, 200m
or no preference Sunday: Men; Hurdles, Discus, Pole Vault, Javelin, 1500m
Women; Long Jump, Javelin, 800m

ADDRESS _______________________________ City___________ ST____ ZIP________

PHONE _______________________________ E-Mail_________________________


Competitive Games for women and men 50 years and older!

WE THANK OUR TERRIFIC SPONSORS

The Hall of Fame Regional Senior Olympic Games June 7 - 12, 2004 SPONSORS

MALONE COLLEGE

Doctors Hospital, WHBC Radio, Ewing Chevrolet, Mercy Medical Center,
The City of Canton, The Rotary Club of Canton,
Consolidated Communications, Inc., Senior Forum, The Area Agency on Aging 10B

Without these wonderful sponsors we could not hold the Games.

THANK YOU!!!

SITE SPONSORS

I hope the change in time for the Games in 2005 to July will work for each of you, (see schedule on back). I am so pleased that each of our site sponsors has agreed to meet this change in schedule.

We owe them a BIG thank you for accommodating us.

FINANCIAL SPONSORS

Another BIG thank you needs to go to our financial sponsors. Our games are quite a bit different from many as I run these out of my home and we do not have an organization that supports us as part of their organizational design. This means that the continuing financial support to pay for printing, postage, medals, refreshments, etc., etc., (just the basics to be able to put these games on) is absolutely essential to the continuance of our games.
# Fourteenth Annual Hall of Fame Regional Senior Olympics
## 2005 Schedule of Events

### Monday, July 11
- **7:30 AM** Welcoming Breakfast  
  MALONE COLLEGE 515 25TH STREET, N.W. CANTON
- **8:00 AM** Opening Ceremonies  
  MALONE COLLEGE 515 25TH STREET, N.W. CANTON
- **9:00 AM & 12N** Cycling - 5K Time Trial & 40 K Road Race  
  MARLINGTON HIGH SCHOOL, ALLIANCE
- **10:00 AM** Golf  
  MEADOWLAKE GOLF CLUB 1211 39TH STREET NE CANTON
- **10:00 AM** Tennis Singles  
  HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
  CANCELLED FOR THIS YEAR ONLY

### Tuesday, July 12
- **8:00 AM**  
  10 K Road Run  
  MARY METZGER PARK, NICKELPLATE STREET, LOUISVILLE
- **10:00 AM** Bowling Singles  
  77 COLONIAL LANES 5445 WHIPPLE AVENUE, N.W. N. CANTON
- **10:00 AM** Tennis Doubles  
  HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON

### Wednesday, July 13
- **9:00 AM & 12N** Cycling - 10K Time Trial & 20 K Road Race  
  MARLINGTON HIGH SCHOOL, ALLIANCE
- **10:00 AM** Bowling DBLS & MIXED  
  77 COLONIAL LANES 5445 WHIPPLE AVENUE, N.W. N. CANTON
- **10:00 AM** Tennis MX Doubles  
  HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
  CANCELLED FOR THIS YEAR ONLY
- **10:00 AM** Badminton  

### Thursday, July 14
- **8:00 AM**  
  5 K Road Run  
  MARY METZGER PARK, NICKELPLATE STREET, LOUISVILLE
- **10:00 AM** Horseshoes  
  CANTON HORSESHOE CLUB 2920 RICHMOND AVENUE, N.E. CANTON
- **1:00 PM** Racquetball  
  HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
- **12:00 N** Women's Table Tennis  
  YWCA 231 6TH STREET, N.E. CANTON
- **1:00 PM** Men's Table Tennis  
  YWCA 231 6TH STREET, N.E. CANTON

### Friday, July 15
- **8:00 AM** Triathlete Event  
  HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
- **9:00 AM** Archery  
  THE HUNTER'S OUTLET 1317 WATERLOO ROAD SUFFIELD
- **10:00 AM** Shuffleboard  
  WEIS PARK 2600 HARVARD AVENUE, N.W. CANTON
- **1:30 PM** Swimming  
  PERRY HIGH SCHOOL, 13TH STREET, S.W. MASSILLON

### Saturday, July 16

<table>
<thead>
<tr>
<th>Time</th>
<th>Events</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td>Order of Track Events: 5,000 Meter Race Walk; 100 Meter Run; 1,500 Meter Run; 400 Meter Run; 1,500 Meter Enid Cline Walk.</td>
<td>HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON</td>
</tr>
<tr>
<td>8:00 AM</td>
<td>Field Events will begin concurrently with track events. Track events will have precedence over field events. Track events will not be rerun if you miss your call.</td>
<td>PERRY HIGH SCHOOL, 13TH STREET, S.W. MASSILLON</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Celebration Banquet</td>
<td>MALONE COLLEGE 515 25TH STREET, N.W. CANTON</td>
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**Have a Healthy and Safe New Year**

**See you in July!**
Over The Hill Track Club
3661 Langton Road
Cleveland Heights, OH 44121

Rex Harvey
6744 Connecticut Colony Circle
Mentor, OH 44060