



Over The Hill Track Club

Athletes of all ages setting the pace!

www.othtc.org

Volume 4, Issue 3

March-April 2005

President's Message...

It is with regret that I must announce the passing of Rex Harvey's mother and Diane Friedman's husband. Our OTHTC family's thoughts and prayers go with you.

Important OTHTC News

The club will sponsor four meets this year. The 2005 USA National Masters Decathlon and Heptathlon Meet is 7/2 - 7/3 at Mayfield HS. The Northcoast Cleveland Classic is 7/23 at Mayfield HS. The Norm Bower Throwing Meet is 9/17 at Kent State. The OTHTC Cross Country Meet is 9/25 at University School. We need volunteers to help officiate!!!!

Other Important News

5/14: NE Senior Olympics at Mineral Ridge HS / Youngstown, OH
5/15: Central Ohio Senior Olympics at Bexley HS / Columbus, OH.
5/16: Tri-County Senior Olympics at University of Akron.
6/7-6/12: Hall of Fame Senior Olympics at Malone College.
6/7-6/16: National Senior Games at Carnegie Mellon in Pitts. PA.

USATF Indoor National Championships

Congratulations to Ben James for winning two Gold Medals in the 200 and 400 meter dashes. Barry Kline won the Gold Medal in the High Jump and 4th in the 60 meter hurdles. Frank Makozy won the Bronze Medal in the Pentathlon 12th in the 60 meter dash.

USATF Outdoor National Championships

USATF Outdoor National Meet will be August 4-6, 2005, Honolulu, Hawaii. Average hotel costs will be \$200-\$300 per night on the beach, \$100 per night off the beach.

World Masters Athletics Championships

August 22- September 3, 2005 in San Sebastian, Spain

2005 OTHTC Yearly Memberships

Individuals-\$20; Families-\$30. Let's Join NOW!!!

2005 Top 25 USA Indoor Rankings: STEVEN BUNN 55m, 6.62, 1st; BEN JAMES 200m, 23.27, 1st; BEN JAMES 400m, 52.53, 1st; Frank Makozy, Pent. 2597pts, 3rd; GEORGIA JOHNSON 55m, 11.44, 3rd; BARRY KLINE HJ, 1.45m, 3rd; DOROTHY WILSON SP, 4.47, 3rd; MONICA THORNTON SP, 6.83m, 3rd; HILARY GOERGE SP, 13.75m, 4th; HILARY GEORGE WT, 14.90m, 4th; GEORGIA JOHNSON 55m, 1:00.58, 5th; SPENCER JOHNSON 55m, 7.0h, 5th HT; STEVE HEISKELL 55m, 7.2h, 5th HT; STEVE HEISKELL 200m, 25.9h, 5th HT; GEORGIA JOHNSON WT, 4.87m, 6th; SPENCER JOHNSON LJ, 5.75m, 7th; LAWRENCE FINLEY 200m, 26.9h, 7th HT; RODNEY WILSON 55m, 7.60, 8th & 7.3h 8th HT; BARRY KLINE 60H, 12.68, 9th; LAWRENCE FINLEY 55m, 7.98, 17th.

Joanne Siegel's 2004 results. She rollerblades and does Karate Oberlin Indoor Track -2/14: 3200m-13:58, 1600m-6:38, 400m-1:20, 800m-3:08, 200m-36.59, 4 x 400m-1:25; all 1st places. Boston Marathon - 4/19: 4:28.00. OTHTC Track Meet @ Cleveland Hts. - 6/19: 5000m- 23:10-1st. A Most Excellent Run-Shaker Hts - 6/27: 10k-Broken into two parts. She walked/jogged with my young son through his first 5k: 38 minutes, and we were almost last. When he finished, she sprinted the second 5k and did it in a 22:47, passing up dozens of runners, final time of 1:01.21. Masters Swim Meet-Cleveland State Univ. -7/10: 1500m-24:54, 800m-13:17, 100m-1:26, 50m-0:39; all 1st places. Key Bank Triathlon-Cleveland - 7/25: 1500m swim, 24 mile bike, 10k run-2:54:00-4th. United States Masters Swimmers Open Water 2-mile Swim-Edgewater Beach, Lakewood, Ohio, 7/31: 54:00-1st. River Run Half Marathon-Berea, Ohio: Sept. 12, 2004-1:46:00-5th. Columbus Marathon-Columbus, Ohio- 10/17: 3:46:00-9th in her division (re-qualified for the Boston Marathon).

Erik's Theim's 2004 results, age 10. Oberlin Indoor Track Meet-2/14: 3200m-17:28-1st, 1600m-8:14-1st, 800m-4:04-2nd, 400m-1:29-3rd, 200m- 0:40.8, 50m-10.14-5th, 4x200m relay- 3rd. Ruffing Race- 5/15: 2 miles-15:52-1st. A Most Excellent Run-Shaker Hts. - 6/27: Erik's first 5k-38:35-4th. Shaker Sharks Swim Meet vs. Beachwood-7/21: 25yd free, 25yd back, 25yd breast, and 200yd free relay. Swim Meet at Mayfield-9/1: 100m free, 50m back, and 50m free. Mayfield Hts. Triathlon- 8/22-26:04-3rd- swim, bike, run.

In This Issue

- OTHTC Membership Form
- Northcoast Cleveland Classic & HOF Senior Olympics
- USATF Minnesota
- USATF National Decathlon / Heptathlon
- Ontario Masters Outdoor

Please Plan on attending and competing during the Outdoor Season.

Great Team Spirit!!!

We wish Jeff Gerson, Gunter Sprockhoff, Joseph Chadbourne, Jack Greenwald and Susan Stephenson prayers to get well.

Send your **meet results** to Larry Maniccia at maniccial@ameritech.net so they can be published on the www.othtc.org website!

Membership Drive Program

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.)

E-Mail

Be sure to send your e-mail to Larry Maniccia via maniccial@ameritech.net or www.othtc.org

SECOND SOLE NEWS: Jeff Fisher and Clark Turner, Lyndhurst; 5114 Mayfield Road (44124), 440-449-8508.

As a club member, you regularly get 15% discount on all items. 20% discount on all Nike Zoom products.

RESULTS: Send your meet results to: maniccial@ameritech.net or www.othtc.org or thorntonm@michigan.gov or wilsonr6@michigan.gov.

Congratulations: Slippery Rock University Indoor All-Comers Meet: Derek Gainey 55m, 1st; Frank Makozy PV, 1st, 55m 4th; Monica Thornton SP, 1st; Dorothy Wilson, SP, 1st; John Sloan SP, PV, 400m, all 1st.

Ohio USATF Indoors: Monica Thornton SP, 1st; Spencer Johnson LJ, 1st, 55m 2nd; Hilary Goerge WT, SP, all 1st; Fred Hirsimaki HJ, LJ, TJ, all 1st; Steve Hieskell 55m, 200m, all 1st; Lawrence Finley 200m, 2nd, 55m, 4th.

Officers

President	Rodney Wilson
VP Programs & Publicity	Essie Kea
VP Publicity	Bernice Holland
VP Communications - web	Larry Maniccia
VP Communications – news	Monica Thornton
Secretary	Rex Harvey
Treasurer	Jeff Gerson
Historian and Records	Lawrence Finley

Coordinators

Women (all)	Essie Kea	216.383.1511
Men (open)	Larry Maniccia	440.237.6714
Men 30-39	Bob Walters	440.526.5635
Men 40-49	Bob Thomas	440.899.3599
Men 50-59	Jeff Gerson	440.473.0636
Men 60-69	Grover Coats	216.464.3865
Men 70+	Everett Poe	216.991.8524
Seniors	Chuck Wiedman	440.838.8362
Weight Events	John Sloan	330.877.9197
Multi Events	Rex Harvey	440.954.8122
Out-of-State	Lawrence Finley	859.236.2042
	Rodney Wilson	517.646.8742 (h)
		517.241.4007 (w)
Race Walking	Joyce Prohaska	216.521.7966
	Gunter Sprockhoff	440.582.0144
Road Racing	Joanne Siegel	216.397.0260
T/F Consultant	Paul Williams	440.605.1811
	Norman Thomas	330.425.8219



MAIL-IN MEMBERSHIP FORM

For the year ending: 12/31/____ Membership status: ____ New ____ Renewal

Membership Type: ____ Individual (\$20) ____ Family (\$30)

Circle events that you would be interested in: SP-sprints MD-middle distance
LD-long distance XC-cross country DH-decathlon/heptathlon RE-relays JU-jumps
HD-hurdles TR-throws WP-weight pentathlon PV-pole vault RW-race walk

Name: _____ Birth date: ____/____/____

Address: _____ Apt. No.: _____

City: _____ State: _____ Zip: _____

Home phone: () _____ Business phone: () _____

Sex: ____ Age: ____ Best days and hours to contact: _____

Family Memberships: Relationship _____

(Complete a form for each family member who is an occupant in your residence.)

Favorite competitions / distances: _____

Occupation and brief biographical sketch: _____

(Complete on back, please)

Please indicate the activities and committees in which you will participate. Participation in these areas is critical to the success of our club.

Activities: ☐ Track and Field ☐ Road Racing ☐ Race Walking ☐ Other
(specify) _____

Committees: ☐ Newsletter ☐ Awards ☐ Officiating ☐ Membership
 ☐ Scheduling ☐ Publicity ☐ Sponsorship ☐ Equipment ☐ Other
(specify) _____

Each club member is required to work at least one meet or event per year.

To join our club, print and complete this form and mail with a check or money order payable to "Over The Hill Track Club" to:

Jeff Gerson
5091 Hickory Drive
Lyndhurst, OH 44124

In consideration of my being accepted, I am in good health, have trained sufficiently intending to compete and be legally bound, do hereby for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for which I may have or which may hereafter occur to me against "Over The Hill Track Club", their officers, agents, representatives, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with my association with, entry in, or arising out of my traveling to, participating in and returning from any and all meets, events, and associated "Over The Hill Track Club" functions.

Athletes Signature: _____ Date: ____/____/____

Parent or Guardian Signature: _____
(Required if athlete is under age 18)



USA Track & Field
MINNESOTA ASSOCIATION

Minnesota Open & Masters Outdoor Track & Field Championships June 12, 2005

- Where:** The nine-lane Sika Bram polyurethane track at the National Sports Center in suburban Minneapolis. The NSC's 6,000-seat outdoor stadium is located at 1700 105th Avenue N.E. in Blaine, Minnesota. Take I35W north to US 10 West. Exit at Hwy 65 and proceed north to 101st St NE. Take a right and head for the stadium. Please park on the south side.
- Schedule:** **Order of running events:** 5,000m race walk (9:00 a.m.), 5,000m run, high hurdles (10:10 a.m.), 1500m, 100m, 400m, 800m, 300/400m hurdles, 200m, 4X100, 4X400. Finish Lynx timing. **Field events** start at 9:30 a.m.: high jump, pole vault, long jump, triple jump (after LJ), discus, shot put (after DT), and javelin (after SP). **Schedule will be based on entries received by Tuesday, June 7; events may not be conducted if no entries are received by then.** To confirm the schedule call (651) 777-4954 after June 7.
- Entry Fee:** \$8 first event, \$4 for each additional event if postmarked by June 4. **Late entries \$15 first event and \$5 for each additional event, pending availability of lanes.**
- Eligibility:** Men and women 19 years of age and older. All competitors must be registered with USA Track & Field or have competed for a collegiate team in 2005. To register with USATF, simply add \$20 to your entry fee. Your registration will then be valid through Dec. 31. For Minnesota athletes it includes a subscription to *Minnesota Running & Track* thru Dec. 2005.
- Awards:** Competition will be in five-year age groups for men and women starting at age 30, plus Open divisions. **Medals to the top three finishers in each age group.**
- Registration:** Complete the form below and send with the entry fee to **USATF OPEN & MASTERS CHAMPIONSHIPS, 5429 Wooddale Ave., Edina, MN 55424, postmarked by Saturday, June 4.**

ENTRY FORM Mail with fee to USATF Outdoor Championships, 5429 Wooddale Ave., Edina, MN 55424 by **SATURDAY, JUNE 4.**

Last name		First name		Age on June 12	Sex M/F	Birth date Mo Day Year		
_____		_____		_____	_____	_____		
Street address (include apartment number and/or c/o) _____								
City				State	Zip/postal code			
_____				_____	_____			
2005 USATF number (if none, and not current collegiate athlete, enclose an extra \$20)								
_____				Area code	Telephone			
_____				_____	_____			
Team/club name _____								
<div style="border: 1px solid black; padding: 5px; width: fit-content;">• After June 4 Basic Fee is \$15, additional events \$5 each</div>								
<div style="border: 1px solid black; padding: 5px; width: fit-content;">Number of events entered _____ Basic fee \$8 \$4 X number of events after first +\$ _____ (if necessary) Membership fee +\$ _____ (\$20) Total enclosed \$ _____</div>								
Events entered (1) _____ (2) _____ (3) _____ (4) _____ (5) _____ (6) _____								
Seed performances _____								

Knowing that participating in track and field is a potentially hazardous activity, I enter the meet certifying that I am medically able and properly trained. I also assume any and all other risks associated with participating in this event/these events including but not limited to falls and contact with other participants.

Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, the National Sports Center, meet officials, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of, my participation

in this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to USA Track & Field, the National Sports Center, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose.

I understand that entry fees are not refundable.

I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)



34th Annual

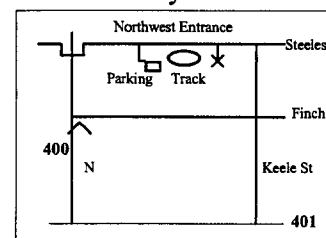
Ontario Masters Outdoor Track & Field Championships

Toronto Track & Field Centre, York University

Saturday June 25th, 2005

Featuring the OMTFA Weight Pentathlon Championships

- Awards; OMTFA Championship medals to the first three in each age group 30-34 to 90+
All competitors must beat a competitor or meet the posted OMTFA medal standards to be eligible for awards.
- Results; Complete results will be posted.
Medals will not be presented until the results are posted.
- Facilities; 400m - 8 lane rubberized tartan track and jump approaches and Javelin runway.
Cement throwing circles. Adjustable Steeple barriers.
- Directions; West of Keele St., turn south from Steeles Ave.
East on Steeles from the 400. NorthWest entrance to York.
York University Campus. There may be a fee for parking.
- Hosted by; The Ontario Masters Track and Field Association
Americans and other visitors to Canada are most welcome and eligible for medals.



Entry Deadline; Entries must be received by Wednesday, June 23rd.

NO RACE DAY ENTRIES - No Email entries. Please do not send by courier/post requiring a signature.
Make cheque payable to the OMTFA. (Memberships payable to CMAA on a separate cheque please)

Mail to; Doug Smith
58 Newmarket Avenue
Toronto, Ont. M4C 1V9
416-699-5818 (10am-10pm) douglasj.smith@sympatico.ca
Sorry - absolutely no phone or EMAIL entries accepted

No qualifying standards for entry

Accommodations

Comfort Inn
66 Norfinch Dr. (400 and Finch area) 416-736-4700

Travelodge Toronto North
50 Norfinch Dr. (400 and Finch area) 416-663-9500

Holiday Inn Express North York
30 Norfinch Dr. (400 and Finch area) 416-665-3500

Super-8 Motel
3400 Steeles Ave West (400 and Steeles) 905-760-2120

Ramada Inn
1677 Wilson Av. (401 and 400) 416-249-8171

Howard Johnsons
North York 2737 Keele St. (at 401) 416-636-4656

Schedule of Events - Subject To Change

Please check the Web Site for updates on the schedule;

www3.sympatico.ca/ontario.masters

	Track	Jumps	Throws*
8:30	5000mRW		Hammer
9:00		High Jump	
9:30	5000m	Pole Vault	
10:00			Shot Put
10:30	100m		
11:30	800m	Long Jump	
12:00	Lunch		Discus
12:30			
1:00	110mH		
1:30	200m		
2:00		Triple Jump	Javelin
2:30	1500m		
3:30	400m		
4:00	Steeplechase		Weight
4:30	4X100m Relay		
	10,000m		

Oldest Meet Records

SP	M40	Len Olson	12.61	73
Hammer	M40	Len Olson	40.58	73
5000mRW	M50	Alex Oakley	23:33.2	76
Steeple	M50	Roland Anspach	11:42.2	77
HJ	M60	Ian Hume	1.48	77
TJ	M40	Vlado Kostic	12.44	78
Hammer	M55	Gus Giagnogloy	41.36	78
5000m	M50	Art Taylor	16:48.9	78

Weight Pentathlon*

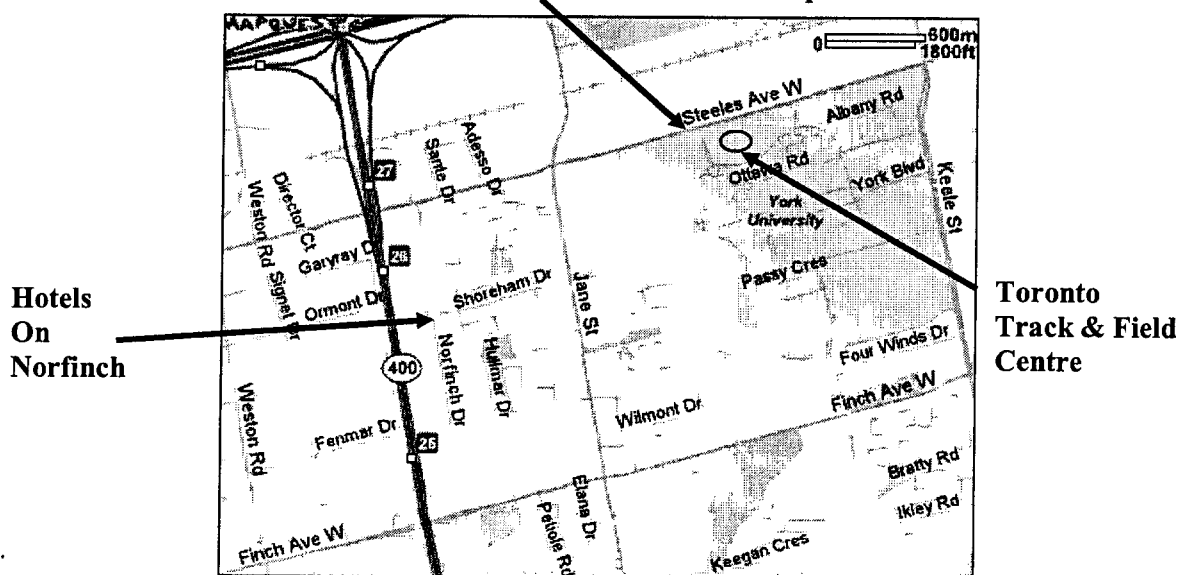
Entrants get three throws in each event.
If an athlete enters an individual event as well
eg; the Shot Put;
they get 6 throws - only the first 3 count
towards the Pentathlon. All 6 count in the
individual event.
The entry fee would be \$25 + \$10 (one
additional event) = \$35.

Notes;

- Women's sections first, followed by Men's heats. Oldest to youngest.
- All track events except the 100m and 200m are timed section finals.
- Weights of implements and hurdle heights may not be to current WMA standards.
- If a competitor has two conflicting events, they must inform the field judge that they will be competing in the track event.
- The Jury Of Appeal will hold the final authority in any appeal or dispute.
- When numbers justify, throws and jumps will take place in flights.

Photos from past meets at <http://www.imagestation.com/member/?name=douglasjsmith>

NorthWest Entrance to Keele Campus at York U.



2005 Ontario Masters Outdoor Track & Field Championships

(please print)

Name _____ Age (June 25th) _____ M ___ F ___
First Last
Address _____ Birth (dd/mm/yr) _____
_____ Phone _____
Citizenship _____ CMAA / USAT&F # _____
Email Address _____
Club _____

Please check events entered and show seed times;

<i>Please indicate seed times</i>	_____ 10,000m _____	_____ Pole Vault
_____ 100m _____	_____ 5000m Walk _____	_____ Javelin
_____ 200m _____	_____ Sprint Hurdles _____	_____ Discus
_____ 400m _____	_____ Steeplechase _____	_____ Shot Put
_____ 800m _____	_____ Long Jump _____	_____ Hammer
_____ 1500m _____	_____ Triple Jump _____	_____ Weight Throw
_____ 5000m _____	_____ High Jump _____	_____ Weight Pentathlon (\$25)

Entry Fees; First event @ \$15.00..... 1 X \$15.00 = _____ (\$12 US)
Each additional event .. _____ X \$10.00 = _____ (\$8 US)
Weight Pentathlon (counts as the first event) _____ X \$25.00 = _____ (\$20 US)
Non Member fee (non CMAA or USAT&F) add \$15.00 _____ (\$12 US)
Cheque payable to the OMTFA Sorry, no refunds. Total* _____
* \$10.00 fee if insufficient funds are mailed - payable at Registration.

In consideration of the acceptance of my entry to this OMTFA event, I hereby release and hold free the Meet Director, the Ontario Masters Track and Field Association, the City of Toronto, York University, all meet officials, and anyone appointed by them from all responsibility for loss or damage to me or anyone accompanying me, or any of our equipment.

Print Name _____ Signature _____ Date _____

Mail to;	Doug Smith 58 Newmarket Avenue Toronto, Ont. M4C 1V9
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LYNDHURST - EASTSIDE

SECOND SOLE

Athletic Footwear

'IT'S ABOUT TIME RUNNING CLUB'

BE SURE TO CHECK OUR WEBSITE OR CALL STARTING EVERY MONDAY
OF THE WEEK FOR CHANGES, CANCELLATIONS, OR FURTHER DETAILS

TUESDAYS

(Starting mid-March)

6:30pm meet at Second Sole

Track workouts

Run up to Brush's Track

Coach provided

Various level groups

WEDNESDAYS

6:30pm meet at Second Sole

Group runs

3 miles — 7 miles

Various level groups

SATURDAYS

8:15am meet at Second Sole

Group runs

30-45 minutes

Various level groups

SUNDAYS

8:30am meet at

North Chagrin Reservation,

Strawberry Pond picnic area parking lot

Longer, slower, trail, group runs

5 miles — 10 miles

Various level groups

- No membership fees
- Casual atmosphere
- All levels welcome
- Seasonal track workouts
- Seminars
- Call Kate, Clark, Eddie, Jeff or e-mail us at
Kate@secondsoleohio.com with questions

5114 Mayfield Road, Lyndhurst, OH 44124
(440) 449-8508, www.secondsoleohio.com

2/28/2005



www.othtc.org

Presents

THE NORTHCOAST CLEVELAND TRACK CLASSIC

Saturday, July 23rd, 2005

USATF Sanctioned, USATF rules apply.

******Pre-Registration Only – Deadline 7/16/2005. NO ON-SITE REGISTRATIONS******

Order of Events: Field events start at 9:00————Track events start at 10:00
Women followed by men————Oldest to Youngest

Field event athletes are requested to bring their own implements, as the meet does not supply them.

PLACE: Mayfield Heights High School, 6116 Wilson Mills Road, Mayfield Village, Ohio.
The school is ½ mile west of I-271 and the Wilson Mills Road Exit (Exit #36).

ENTRY FEES: \$5 per event, \$10 per relay.
Make checks payable to **OVER THE HILL TRACK CLUB**.
Entry fees must accompany entry forms. Pre-registration is required. No refunds!!

MAIL TO: **OVER THE HILL TRACK CLUB**
Attn: Dr. Rodney C. Wilson
4031 West Jolly Road, Apt. 31
Lansing MI, 48911

DIVISIONS: USATF age brackets.

ORDER OF EVENTS:	10:00am 3000m	9:00 am - Hammer (18 and up)
	Short Hurdles	
	4 x 100m Relay	
	800m	Shot Put
	100m	High Jump
	3000m race walk	Pole Vault
	60m	Long Jump
	300m Hurdles	
	400m	Triple Jump
	1500m	Discus (14 and up)
	200m	Javelin
	Sprint Medley Relay (100-100-200-400)	

AWARDS: Medals for 1st-2nd-3rd

CONTACTS:	Jeff Gerson	440-473-0636	Rex Harvey	440-954-8122
	Norman Thomas	330-425-8219	Dr. Rodney Wilson	517-646-8742

NEXT MEETS: 1.) Norm Bower Throwing Meet; 2.) OTHTC Cross Country Classic

NAME: _____ AGE: _____ B'DAY _____ SEX: _____

ADDRESS: _____ CITY _____ STATE _____ ZIP _____

PHONE: (____) _____ CLUB AFFILIATION: _____

EVENTS: _____

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages, which I might have against USATF, Lake Erie Association USATF, Over The Hill Track Club, and the Mayfield Heights School District, their agents, representatives or assigns, for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to complete in this meet.

SIGNATURE: (By athlete or coach /parent for minor athlete): _____



TRACK & FIELD

See It. Feel It. Experience It.

USATF NATIONAL MASTERS DECATHLON & HEPTATHLON CHAMPIONSHIPS

July 2-3, 2005

Mayfield High School, 6116 Wilson Mills Rd. Mayfield Village, Ohio (1/2 mile west of I-271 - exit #36)

Sponsored by: Over The Hill Track Club, Lake Erie Association USATF,
Second Sole, & Mayfield High School Track Team

Dear Official,

The Lake Erie Association is pleased to be the host for the 2005 USATF National Masters Decathlon/Heptathlon Championships. This prestigious event will be held at Mayfield High School in Mayfield Village. This meet usually attracts some of the best Masters Athletes in the World and will have 40 to 50 men and 10 to 20 women of all ages from 30 to 85. As you know, it is not often that you get to add a National Championship to your officiating resume without leaving Cleveland. We plan to showcase Northeastern Ohio as an area capable of hosting major Track & Field Events. We would appreciate if you could volunteer your specialized services for one or both days. If you are willing to officiate, please return the bottom of this form by May 1st. We will make official's selection and assignments by June 1st.

Mail to: Jeff Gerson
5091 Hickory Drive
Lyndhurst, OH 44124

Thank you,

Jeff Gerson

Registration Chair, Lake Erie Association, USATF

USATF sanctioned. WMA & USATF scoring and rules regarding implements and hurdles.

Starting time both days will be 8:30 a. m. Older age groups will begin first.

For more information contact: Jeff Gerson - 440-473-0636 or
Rex Harvey - 440 954-8122 (w) 440- 339-5688 (mobile)

Hotel information: Holiday Inn (meet headquarters) - 780 Beta Drive (1/4 mile east of I-271 exit #36) 440-461-9200 Rates - \$99.00 per night w/breakfast (double beds), Baymont Inn - 1421 Golden Gate Blvd. (exit #35 - I-271) 440-442-8400 Rates - \$85.00 per night w/breakfast (double beds)

RATES ARE ONLY GUARANTEED UNTIL JUNE 1. Say you are with USATF Heptathlon.

Rental Cars: To get a discount with Enterprise, call 1-800-rent-a-car or go to enterprise. com. Use account # 39E0900. If asked, first 3 letters are GRE.

OFFICIAL'S REGISTRATION FORM

NAME _____ Official's Number if Registered _____

I will officiate: Saturday 2Jul05 _____ Sunday 3Jul05 _____

I prefer (circle please) Saturday: Men; 100m, Long Jump, Shotput, High Jump, 400m
Women; Hurdles, High Jump, Shotput, 200m
or no preference Sunday: Men; Hurdles, Discus, Pole Vault, Javelin, 1500m
Women; Long Jump, Javelin, 800m

ADDRESS _____ City _____ ST _____ ZIP _____

PHONE _____ E-Mail _____



**Hall
of
Fame**
Regional Senior Olympics

TORCH

By: Virginia R. Neutzling, Director

330-497-2323

January 2005

Competitive Games for women and men 50 years and older!

WE THANK OUR TERRIFIC SPONSORS

The Hall of Fame Regional Senior Olympic Games June 7 - 12, 2004 SPONSORS

MALONE COLLEGE

Doctors Hospital, WHBC Radio, Ewing Chevrolet, Mercy Medical Center,
The City of Canton, The Rotary Club of Canton,
Consolidated Communications, Inc., Senior Forum, The Area Agency on Aging 10B

Without these wonderful sponsors we could not hold the Games.

THANK YOU!!!



SITE SPONSORS

I hope the change in time for the Games in 2005 to July will work for each of you, (see schedule on back). I am so pleased that each of our site sponsors has agreed to meet this change in schedule.

We owe them a BIG thank you for accommodating us.



FINANCIAL SPONSORS

Another BIG thank you needs to go to our financial sponsors. Our games are quite a bit different from many as I run these out of my home and we do not have an organization that supports us as part of their organizational design. This means that the continuing financial support to pay for printing, postage, medals, refreshments, etc., etc., (just the basics to be able to put these games on) is absolutely essential to the continuance of our games.

FOURTEENTH
ANNUAL HALL OF FAME REGIONAL SENIOR OLYMPICS
2005 SCHEDULE OF EVENTS

MONDAY, JULY 11

7:30 AM	WELCOMING BREAKFAST	MALONE COLLEGE 515 25TH STREET, N.W. CANTON
8:00 AM	OPENING CEREMONIES	MALONE COLLEGE 515 25TH STREET, N.W. CANTON
9:00 AM & 12N	CYCLING - 5K TIME TRIAL & 40 K ROAD RACE	MARLINGTON HIGH SCHOOL, ALLIANCE
10:00 AM	GOLF	MEADOWLAKE GOLF CLUB 1211 39TH STREET NE CANTON
10:00 AM	TENNIS SINGLES	HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
	BASKETBALL 3-ON-3	CANCELLED FOR THIS YEAR ONLY

TUESDAY, JULY 12

8:00 AM	10 K ROAD RUN	MARY METZGER PARK, NICKELPLATE STREET, LOUISVILLE
10:00 AM	BOWLING SINGLES	77 COLONIAL LANES 5445 WHIPPLE AVENUE, N.W. N. CANTON
10:00 AM	TENNIS DOUBLES	HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON

WEDNESDAY, JULY 13

9:00 AM & 12N	CYCLING - 10K TIME TRIAL & 20 K ROAD RACE	MARLINGTON HIGH SCHOOL, ALLIANCE
10:00 AM	BOWLING DBLS & MIXED	77 COLONIAL LANES 5445 WHIPPLE AVENUE, N.W. N. CANTON
10:00 AM	TENNIS MX DOUBLES	HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
	BADMINTON	CANCELLED FOR THIS YEAR ONLY

THURSDAY, JULY 14

8:00 AM	5 K ROAD RUN	MARY METZGER PARK, NICKELPLATE STREET, LOUISVILLE
10:00 AM	HORSESHOES	CANTON HORSESHOE CLUB 2920 RICHMOND AVENUE, N.E. CANTON
1:00 PM	RACQUETBALL	HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
12:00 N	WOMEN'S TABLE TENNIS	YWCA 231 6TH STREET, N.E. CANTON
1:00 PM	MEN'S TABLE TENNIS	YWCA 231 6TH STREET, N.E. CANTON

FRIDAY, JULY 15

8:00 AM	TRIATHLETE EVENT	HALL OF FAME FITNESS CENTER 2700 ROBERTS AVENUE, N.W. CANTON
9:00 AM	ARCHERY	THE HUNTER'S OUTLET 1317 WATERLOO ROAD SUFFIELD
10:00 AM	SHUFFLEBOARD	WEIS PARK 2600 HARVARD AVENUE, N.W. CANTON
1:30 PM	SWIMMING	PERRY HIGH SCHOOL, 13TH STREET, S.W. MASSILLON

SATURDAY, JULY 16

ALL EVENTS AT MALONE COLLEGE

7:00 AM ORDER OF ~~TRACK~~ EVENTS: 5,000 METER RACE WALK; 100 METER RUN; 1,500 METER RUN; 400 METER RUN; 1,500 METER RACE WALK; 200 METER RUN; 800 METER RUN; 1,500 METER ENID CLINE WALK.

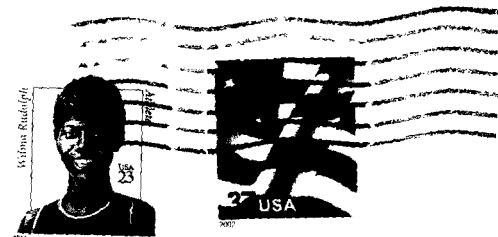
8:00 AM FIELD EVENTS WILL BEGIN CONCURRENTLY WITH TRACK EVENTS.
PLEASE NOTE: TRACK EVENTS WILL HAVE PRECEDENCE OVER FIELD EVENTS.
TRACK EVENTS WILL NOT BE RERUN IF YOU MISS YOUR CALL.

6:00 PM CELEBRATION BANQUET MALONE COLLEGE 515 25TH STREET, N.W. CANTON

HAVE A HEALTHY AND SAFE NEW YEAR

SEE YOU IN JULY!


Over The Hill Track Club
3661 Langton Road
Cleveland Heights, OH 44121



Rex Harvey
6744 Connecticut Colony Circle
Mentor, OH 44060

