President’s Message...
Hello, there are so many to thank, so I will state, “Thank you ALL, club members, for your support with officiating, working registration, and planning with the 23rd Annual North Coast Invitational!!” We would not be successful if YOU were not there to assist. Thanks to the weather gods who kept the day sunny and dry, despite flooding rains everywhere. Seventy-five athletes from six states competed, and a meet relay record was broken. Results are attached.

*** If you are competing in the Silver Anniversary 25th Cleveland Track Classic on July 3rd at Cleveland Heights HS, we will also need you for registration and officiating (when you are not competing). The Cleveland Track Classic is pre-registration only. The deadline for entry is Wednesday June 30, 2004.

Upcoming summer meets include: Lake Metroparks Seniors (Kirtland HS) 6/5, Hall of Fame Seniors (Malone College) 6/12, Grand Ledge (MI) mini-meets 6/16, Lake Erie USATF (Cleveland Heights HS) 6/19, USATF Michigan 6/19, Ontario Masters Championships 6/19, Three Rivers USATF (Slippery Rock) 6/27, Ohio Senior Olympics (Akron) 7/12-13, Dayton Masters 7/17. The Outdoor Nationals will be held in Decatur, IL, August 5 – 8, 2004. The North and Central American and Caribbean Championships will be held August 27 – 29, 2004 in Dorado, Puerto Rico. Entry forms and information to five of these meets are enclosed.

Congrats: Susan Stephenson who won three USA Indoor National Titles. She won Gold in the Long Jump, Triple Jump, and Pentathlon. She also won two Bronzes in the 60m Hurdles and 400m Dash. Other national achievements include Ben James’s Silver in the 400m, Barry Kline’s Silver in the High Jump and 4th in the 60m Hurdles, Chip Johnson’s Bronze in the Long Jump, and Bob Walters’s 6th in the 60m Dash.

Notables: Ben James ran on the winning 4x400m relay at the Penn Relays. Monica Thornton competed in her first international meet – Ontario Masters Indoors and won the Shot-Put and Long Jump. John Means won the 55m, 200m, and 400m Dashes at the Harrison Cultural Meet in Oberlin, OH. Essie Kea performed extremely well at the USATF Southeast Regionals in North Carolina in the 100m, 200m dashes, and the High Jump.

Help: Coach Claude Holland is looking for officials for the World Youth Track and Field Championships which is to be held at John Carroll University, at the end of July and beginning of August.

There are team members who have not renewed their annual memberships. Yearly membership is $20 for individuals and $30 for families. Yearly Reimbursements for Regional, National, WMA North and Central American and Caribbean, and / or WMA World Championships will be distributed once only ($25 per year). Please contact Jeff Gerson.

Forward your meet results: maniccial@ameritech.net www.othtc.org, or e-mail thorntonm@michigan.gov, wilsonr6@michigan.gov.

Welcome to all New Club Members. Call your age-group coordinators; let them know that you’re here!!!
**Please Plan on attending and officiating the 2004 Cleveland Track Classic (25th year) Silver Anniversary!!!**

**************************************************

*We wish Derek Gainey and Jeff Gerson to be well.*

**************************************************

Send your meet results to Larry Maniccia at maniccia@ameritech.net so they can be published on the www.othtc.org website!

**************************************************

**Membership Drive Program**

Any current member that signs up three new club members will have their membership dues reimbursed. (NOTE: A current member is fully paid for the year, and a new member excludes former club members from the past three years.)

**E-Mail**

Be sure to send your e-mail to Larry Maniccia via maniccia@ameritech.net or www.othtc.org

**********************************************

**SECOND SOLE NEWS:** Jeff Fisher and Clark Turner, Lyndhurst; 5114 Mayfield Road (44124), 440-449-8508

As a club member, you regularly get 15% discount on all items. 20% discount on all Nike Zoom products.

**********************************************

**RESULTS:**

Debbie Yurth-Thomas (W40): Harrison Cultural, 55m - 1st
Monica Thornton (W40): Harrison Cultural LJ - 1st, SP - 1st
Susan Stephenson (W40): Harrison Cultural, HJ - 1st, Ohio USATF, LJ - 1st, HJ - 1st, 400m - 1st
Essie Kea (W65): Harrison Cultural, SP - 1st
Dorothy Wilson (W75): Harrison Cultural, SP - 1st
Derek Gainey (M35): Slippery Rock, 55m - 2nd
Steve Bunn (M35): Ohio USATF, 55m - 1st
Bob Walters (M35): Slippery Rock All Comers, 55m - 1st, Harrison Cultural, 55m - 1st
Chip Johnson (M40): Ohio USATF, LJ - 1st
Ben James (M45): Syracuse All Comers, 55m - 1st
Lawrence Finley (M45): Harrison Cult., 55m - 1st, OH USATF, 55m - 1st
Frank Makozy (M45): Slippery Rock All Comers, PV - 1st
Bob Thomas (M45): Harrison Cultural, 800m - 1st, 1500m - 1st
Rodney Wilson (M45): USATF Michigan, 55m - 3rd, Slippery Rock PA All Comers, 55m - 1st, Harrison Cultural, 55m - 2nd, Ohio USATF, 55m - 3rd, Ontario Masters Indoors, 60m - 3rd, USATF Minnesota, 60m - 3rd, USATF Maine, 55m - 1st

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**Officers**

President: Rodney Wilson
VP Programs: Essie Kea
VP Publicity: Bob Walters
VP Communications - web: Larry Maniccia
VP Communications – news: Monica Thornton
Secretary: Rex Harvey
Treasurer: Jeff Gerson
Historian and Records: Lawrence Finley

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**Coordinators**

<table>
<thead>
<tr>
<th>Category</th>
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<tr>
<td>Women (all)</td>
<td>Essie Kea</td>
<td>216.383.1511</td>
</tr>
<tr>
<td>Men (open)</td>
<td>Larry Maniccia</td>
<td>440.237.6714</td>
</tr>
<tr>
<td>Men 30-39</td>
<td>Bob Walters</td>
<td>440.526.5635</td>
</tr>
<tr>
<td>Men 40-49</td>
<td>Bob Thomas</td>
<td>440.899.3599</td>
</tr>
<tr>
<td>Men 50-59</td>
<td>Jeff Gerson</td>
<td>440.473.0636</td>
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<tr>
<td>Men 60-69</td>
<td>Grover Coats</td>
<td>216.464.3865</td>
</tr>
<tr>
<td>Men 70+</td>
<td>Everett Poe</td>
<td>216.991.8524</td>
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<td>Seniors</td>
<td>Chuck Wiedman</td>
<td>440.838.8362</td>
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<td>Weight Events</td>
<td>John Sloan</td>
<td>330.877.9197</td>
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<td>Multi Events</td>
<td>Rex Harvey</td>
<td>440.954.8122</td>
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<td>Out-of-State</td>
<td>Lawrence Finley</td>
<td>859.236.2042</td>
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<td></td>
<td>Rodney Wilson</td>
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<td>517.241.4007 (w)</td>
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<td>Race Walking</td>
<td>Joyce Prohaska</td>
<td>216.521.7966</td>
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<td>Gunter Sprockhoff</td>
<td>440.582.0144</td>
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<td>T/F Consultant</td>
<td>Paul Williams</td>
<td>440.605.1811</td>
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<tr>
<td></td>
<td>Norman Thomas</td>
<td>330.425.8219</td>
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THE CLEVELAND TRACK CLASSIC

Saturday, July 3rd, 2004
USATF Sanctioned, USATF rules apply.
Pre-registration only – deadline 6/30/2004. NO ON-SITE REGISTRATIONS.

Order of Events: Field events start at 8:30  Track events start at 9:30
Women followed by men / Oldest to Youngest

Field event athletes are requested to bring their own implements, as the meet does not supply them.

PLACE: Cleveland Heights High School, 13263 Cedar Rd, (Corner of Cedar & Lee), Cleveland Heights, Ohio. Parking lot entrance is located on Washington Boulevard behind the school.

ENTRY FEES: $5 per event, $10 per relay. Make checks payable to OVER THE HILL TRACK CLUB. Entry fees must accompany entry forms. Pre-registration is required. No refunds!!

MAIL TO: OVER THE HILL TRACK CLUB
Attn: Dr. Rodney C. Wilson
4031 West Jolly Road, Apt. 31
Lansing MI, 48911

DIVISIONS: USATF age brackets.
ORDER OF EVENTS: 9:30am 3000m  8:30 am - Hammer (18 and up)
 Short Hurdles
 4 x 100m Relay
 800m
 100m
 3000m race walk
 60m
 300m Hurdles
 400m
 1500m
 200m
 Sprint Medley Relay
(100-100-200-400)

AWARDS: Medals for 1st-2nd-3rd
CONTACTS: Jeff Gerson 440-473-0636 Rex Harvey 440-954-8122
Norman Thomas 330-425-8219 Dr. Rodney Wilson 517-646-8742

NEXT MEET: Cross Country Classic

NAME __________________________________________ AGE __________ B’DAY __________ SEX: __________
ADDRESS _____________________________________ CITY __________________________ STATE ______ ZIP _______
PHONE: (______) ___________________ CLUB AFFILIATION ________________________________

EVENTS

In consideration of your acceptance of this entry form, I hereby for myself, my heirs, executors, and assigns, waive any and all claims for damages, which I might have against the USATF, Lake Erie Assoc, USATF, Over the Hill Track Club, and the Cleveland Heights School District, their agents, representatives or assigns, for any and all damages or injuries suffered by me at said meet. I also certify that I am healthy and sufficiently trained to complete in this meet.

SIGNATURE (By athlete or coach /parent for minor athlete): __________________________
GRAND LEDGE SUMMER RECREATION TRACK & FIELD
SCHEDULE 2004
(Conducted in Grand Ledge)

Practices and meets start promptly at 6:15 p.m. running events start at 7:00. Ribbon meet awards will be
given to places 1-5 in the following male and female divisions; grades are as of SPRING 2004.
Grades: (K - 2nd) (3rd- 4th) (5th- 6th) (7th- 8th) (9th-12th) Adults ages (18 -29) (30 - 39) ( 40 +)

Monday practices and Wednesday meets are open to the citizens of Grand Ledge and the public in general.
Residents of the city of Grand Ledge must pay a one-time participation fee of $25.00, Non-resident’s fee is
$35.00. Fees cover the entire cost of the program, including the Wednesday July 21st medal meet, of which
all other athletes will pay a separate entry fee.

The Track facilities are located at Grand Ledge, Beagle Middle School. To get there, take W. Saginaw
to Jenne St. turn right then go ½ mile to South St, turn left (west), and follow South St to school on the left.

If wearing spikes, please use 1/8” or shorter spikes. Longer spikes damage the track surface and will not be
allowed. If you have any questions, please call. Jeff Crowe 1-517-627-9076 or crowe387@yahoo.com

Practice sessions on Mondays 6:15 - 8:00 p.m.: 6/14, 6/21, 6/28, 7/12, 7/19, 7/26

June 16: Track Meet, 6:15 p.m.: Long Jump, High Jump, Pole Vault**, Discus, Shot Put; 3200 m. Run, 55 dash, 400 dash, Parent & Athlete1 lap walk, 800m. Relay, Prediction Mile, 100 Dash, 1600 relay.

June 23: Ribbon Track Meet, 6:15 p.m.: Long Jump, High Jump, Pole Vault**, Discus, Shot Put; 3200 m run, (55,100 & 110 Hurdles), 70 Dash, Cross Country Mile, 400 m. Relay, 400 Dash, 3200 m. Relay

June 30: Track Meet, 6:15 p.m.: Long Jump, High Jump, Pose Vault**, Discus, Shot Put; 3200m Run, 200m Dash, Prediction Mile, 70 dash, (200 & 300 Hurdles), 800 Run, 100 m. Dash, 1600 m. Relay

July 7: Ribbon Track Meet, 6:15 p.m.: Long Jump, High Jump, Pole Vault**, Discus, Shot Put; 3000m Run, 200 Dash, (55,100 & 110 Hurdles), Prediction Mile, 100 Dash, 800 m. Run, (200 & 300 Hurdles), 1600 m. Relay

July 14: Track Meet, 6:15 p.m.: Long Jump, High Jump, Pole Vault**, Discus, Shot Put; RELAY NIGHT Distance Medley Relay (800/400/1200/1600), 800 m. Relay, Parent & Athlete1 lap walk, Comet Relay (200/100/100/400), 3200 m. Relay, 400 m. Relay, 1600 m. Relay

July 21: (Wednesday) 31st ANNUAL SUMMER RECREATION TRACK & FIELD MEDAL MEET. Field events will start at 6:15 p.m., running events will begin at 7:00 p.m., all events are timed finals. Medals will be awarded to the top 3 in each event and top 2 in relay events. There will be eight divisions of competition for both male and female. grades are as of SPRING 2004.
Grades: (K-2nd) (3rd-4th) (5th-6th) (7th-8th) (9th-12th) Adults ages (18 -29) (30 - 39) ( 40 +)
Entry fee will be $7.00 for early entries; entries received after July 14 will be $10.00. Fee will cover
the cost of 4 events which is the maximum allowed, including relays.
For more info contact: Jeff Crowe at 1-517-627-9076 or e-mail crowe387@yahoo.com

July 28: Ribbon Track Meet, 6:15 p.m.: Long Jump, High Jump, Pole Vault**, Discus, Shot Put; 1500 m. Run, 55, 100 & 110 Hurdles, 70 Dash, 1600 m. Relay, Parent & Athlete 1 lap walk, Cross Country Mile, 100 m Dash, 400 m. Dash, 800 m. Relay

(**Pole Vault will be conducted only if qualified officials are available)
2004 New Balance USATF Michigan
Open and Masters
Outdoor Track & Field Championships
(including a special High School division)
Calvin College, Grand Rapids
Saturday, June 19, 2004 at 12 p.m.

Hosted by: West Shore Athletic Club & Gazelle Sports

PRE-ENTRIES:
$12 for the first event; $5 for each thereafter; $20 per relay.
Deadline: Postmarked by Tuesday, June 15, 2004

CHECKS PAYABLE TO: AMG

MAIL ENTRIES TO:
West Shore Athletic Club
PO Box 303
Grand Haven, MI 49417

POST ENTRIES:
$15/$7; $24 per relay

AGE GROUPS:
High school competition from 14-18,
OPEN competition from 16 years of age,
MASTERS competition in 5-year age groups starting at 30-34
through 80-84+ as needed

AWARDS:
Medals to top 3 Michigan and top three Non-Michigan athletes
in each age group of each event (THREE MEDALS MAXIMUM)

INFORMATION: (616) 844-1768 or WestShoreAC@yahoo.com

<table>
<thead>
<tr>
<th><strong>ENTRY FEE</strong></th>
<th>$_________</th>
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<tr>
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<tr>
<td>(Circle one)</td>
<td>XL</td>
</tr>
<tr>
<td>(Additional shirts @ $10 ea.)</td>
<td>$_________</td>
</tr>
<tr>
<td>TOTAL ENCLOSED</td>
<td>$_________</td>
</tr>
</tbody>
</table>

Mail to: West Shore AC, PO Box 303, Grand Haven, MI 49417

| 1. event/seeds time | 2. event/seeds time | 3. event/seeds time | 4. event/seeds time | 5. event/seeds time | 6. event/seeds time |

| □ | □ |

LAST NAME________ FIRST NAME________

STREET ADDRESS (w/Apt. No)________ 2004 USAF Number (required)________

CITY________ State________ Zip________

Area Code________ Phone________

RELEASE: IN CONSIDERATION FOR MY BEING ACCEPTED, I, INTENDING TO BE LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND DISCHARGE ANY AND ALL RIGHTS, CLAIMS AND DAMAGES WHICH I HAVE OR WHICH MAY ACCRUE TO ME AGAINST USA TRACK & FIELD, THE MICHIGAN ASSOCIATION OF THE USATF, CALVIN COLLEGE, THE WEST SHORE ATHLETIC CLUB, NEW BALANCE, GAZELLE SPORTS, THEIR AGENTS AND REPRESENTATIVES, FOR ALL DAMAGES WHICH MAY BE SUSTAINED AND SUFFERED BY ME IN CONNECTION WITH THE ENTRY IN AND ARISING OUT OF MY TRAVEL TO, PARTICIPATION IN AND RETURN FROM THIS TRACK & FIELD MEET.

SIGNATURE OF ATHLETE________

IF UNDER 18, PARENT’S SIGNATURE________ DATE________
2004 New Balance USATF Michigan Open and Masters Outdoor Track & Field Championships (including a special High School division) Calvin College, Grand Rapids Saturday, June 19, 2004 at 12 p.m.

INFORMATION: (616) 844-1768 or WestShoreAC@yahoo.com

✓ All athletes must be members of USA Track & Field to participate.
✓ USATF Cards will be available at the meet on the day of the event starting at 10:30.
✓ You can become a member of USATF in advance via the internet at: www.usatf.org/membership/application (if you get your card online, please bring the receipt issued by USATF)
✓ You can also download a membership application and mail it in if you prefer.

PLEASE MAKE SURE TO BRING IDENTIFICATION

MEET NOTES:
Pyramid spikes only (1/4" or less)
Hurdle heights and implement weights according to the USATF and USATF Masters rules.
Most events will be contested older to younger, women first.
Age groups will be combined in some events if entries warrant.
Vault and High Jump will start at a low height and move upward with all groups combined. The bar will NOT be lowered after event begins.
In any event you miss your call, you forfeit that start or that attempt.
There will be two divisions for each event: 1) Michigan athletes; 2) Non-Michigan athletes.
Medals will be awarded in both divisions, but there will be mixed seeding of the two divisions.
High school athletes will run USATF distances, but may use High School approved throwing implements.

DIRECTIONS TO CALVIN COLLEGE:
From Gerald R. Ford International Airport (— 13 mi) 44th Street west out of the airport to Broadmoor Avenue. Turn right going north on Broadmoor about 3 miles (6 traffic lights) to Burton Street. Broadmoor turns into the East Beltline. Calvin is on the northwest corner of the East Beltline and Burton Street.
From Lansing (— 63 mi) I-96 west to the 28th Street exit (Exit 43a) West on 28th Street about 3 miles to the East Beltline. Right on the East Beltline and go north about a mile to Burton Street. Calvin College is on the northwest corner of the East Beltline and Burton Street.
From Muskegon (— 42 mi) I-96 east to the East Beltline exit (Exit 38). Right at the traffic light and go south on the East Beltline about 3 miles (4 traffic lights). The entrance to the campus is on the west side of the East Beltline, past Lake Drive (the fourth traffic light).
From Holland (— 30 mi) I-196 east to the East Beltline exit (Exit 38). This exit is soon after I-196 merges onto I-96. At the top of the ramp take a right and go south on the East Beltline about 3 miles (4 traffic lights). The entrance to the campus is on the west side of the East Beltline, past Lake Drive (the fourth traffic light).
From Kalamazoo (— 51 mi) US131 North to the Burton Street exit (Exit 82). Go east on Burton Street about 4 miles to just before the East Beltline (10 traffic lights from the Expressway). Calvin College entrance sign on your left.
33rd Annual

Ontario Masters

Outdoor Track & Field Championships

York University, Toronto

Saturday/Sunday, 19-20 June 2004

No qualifying standards for entry

Men and Women 5 Year Age Groups 30-34 to 90+

Awards; OMTFA Championship medals to the first three in each age group 30-34 to 90+

All competitors must beat a competitor or meet the posted OMTFA medal standards to be eligible for awards.

Results; Complete results will be posted on each day of the meet.

Medals will not be presented until the results are posted.

Facilities; 400m - 8 lane rubberized tartan track and jump approaches and Javelin runway.

Cement throwing circles.

Directions; South side of Steeles Ave., between Keele and Jane. York University Campus.

There may be a fee for parking.

Hosted by: Ontario Masters Track and Field Association

Americans and other visitors to Canada are welcome and eligible for medals.

Entry Deadline; Entries must be received by Wednesday, June 16th.

NO RACE DAY ENTRIES - No Email entries. Please do not send by courier/post requiring a signature.

Make cheque payable to the OMTFA. (Memberships payable to CMAA on a separate cheque please)

Mail to: Doug Smith 58 Newmarket Avenue, Toronto, Ont. M4C 1V9

416-699-5818 (10am-10pm) Inquiries to Doug Smith@

Absolutely no phone or Email entries accepted

Accommodations:

Holiday Inn Express: 30 Norfinch Drive, North York, 416-665-3500

Travelodge, Toronto, North: 50 Norfinch Drive, North York, 416-663-9500

http://www3.sympatico.ca/ontario.masters/entryod01.htm 05/28/2004
Journey's End: 66 Norfinch Drive, North York, 416-736-4700
Super 8 Motel: 3400 Steeles Ave., North York, 905-760-2120
# Tentative Schedule of Events - Subject To Change

## Saturday, 19 June

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08:30</td>
<td>10,000m, Hammer Weight Throw (right after the Hammer)</td>
</tr>
<tr>
<td>09:30</td>
<td>High Jump</td>
</tr>
<tr>
<td>10:30</td>
<td>Don Farquharson Memorial Steeplechase</td>
</tr>
<tr>
<td>11:00</td>
<td>100m</td>
</tr>
<tr>
<td>12:00</td>
<td>Javelin</td>
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<tr>
<td>12:30</td>
<td>Lunch Break</td>
</tr>
<tr>
<td>01:30</td>
<td>Sprint Hurdles, Long Jump (there will be awards for the winning relay teams)</td>
</tr>
<tr>
<td>02:00</td>
<td>1500m</td>
</tr>
<tr>
<td>03:00</td>
<td>400m</td>
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<td>03:30</td>
<td>4 X 100m Relay (no fee)</td>
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## Sunday, 20 June

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<tr>
<td>08:30</td>
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<tr>
<td>09:30</td>
<td>300/400m Hurdles</td>
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<tr>
<td>10:00</td>
<td>5000m, Pole Vault</td>
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<tr>
<td>11:00</td>
<td>Discus, Triple Jump</td>
</tr>
<tr>
<td>11:30</td>
<td>200m</td>
</tr>
<tr>
<td>12:00</td>
<td>800m</td>
</tr>
<tr>
<td>12:30</td>
<td>4X200m Relay (No Fee)</td>
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**Notes:**
- Athletes must declare their intent to compete at Registration at least 30min prior to their event.
- Women’s sections first, followed by Men’s heats.
- Older sections will precede younger sections.
- All track events except the 100m and 200m are timed section finals.
- Weights of implements and hurdle heights may not be to current WMA standards.
- If a competitor has two conflicting events, they must inform the field judge that they will be competing in the track event.
- The Jury Of Appeal will hold the final authority in any appeal or dispute.
- When numbers justify, throws and jumps will take place in flights.

Photos from past meets at... [Doug's photos](http://www3.sympatico.ca/ontario.masters/entryod02.htm)
2004 Ontario Masters Outdoor Track & Field Championships
Entry form (please print)

Name ____________________________  Age (June 19th) _____ M  _ F  _

Last  First

Address ____________________________  Birth (dd/mm/yr) __________

Phone ____________________________

Citizenship ____________________________  CMAA / USAT&F # __________

Email Address ____________________________

Please indicate seed times

100m _______  5000m Walk _______  High Jump

200m _______  Sprint Hurdles _______  Pole Vault

400m _______  Low Hurdles _______  Javelin

800m _______  Steeplechase* _______  Discus

*adjustable barriers

1500m _______  Shot Put

5000m _______  Long Jump  _______  Hammer

10,000m _______  Triple Jump _______  Weight Throw

Entry Fees
First event @ $15.00......_1_ X $15.00 = $15.00_ ($10 US)

Each additional event...... _____ X $10.00 = _______ ($8 US)

Non Member fee (non CMAA or USAT&F) add $15.00 _______ ($10 US)

Cheque payable to the OMTFA  No refunds.  Total* _______

* $10.00 fee if insufficient funds are mailed - payable at Registration.

In consideration of the acceptance of my entry to this OMTFA event, I hereby release and hold free the
Meet Director, the Ontario Masters Track and Field Association, the City of Toronto, York University,
all meet officials, and anyone appointed by them from all responsibility for loss or damage to me or
anyone accompanying me, or any of our equipment.

Print Name ____________________________  Signature ____________________________ Date ______

http://www3.sympatico.ca/ontario.masters/entryod03.htm  05/28/2004
Por favor llene un formulario de inscripción por cada atleta o acompañante. El atleta debe firmar el relevo de responsabilidad correspondiente. Please fill one entry form for each athlete or accompanying person. The athlete must sign the disclaimer form.

**INFORMACION REQUERIDA / REQUIRED INFORMATION**

Por favor escriba en letra de imprenta / Please print clearly

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<tr>
<th>País / Country</th>
<th>Código Postal / Zip Code</th>
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<tr>
<th>Teléfono Residencial / Home Phone</th>
<th>Teléfono del Trabajo / Office</th>
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<tr>
<th>Fax</th>
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<tr>
<th>Apellido en Pasaporte / Last Name on Passport</th>
<th>Nombre en Pasaporte / First Name on Passport</th>
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**COSTO DE INSCRIPCION / ENTRY FEES IN U$S**

<table>
<thead>
<tr>
<th>Evento / Event</th>
<th>Precio / Price</th>
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<tr>
<td>Primer Evento / First Event</td>
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<tr>
<td>Eventos Adicionales / Additional Events</td>
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<tr>
<td>Pentatlón / Pentathlon</td>
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<tr>
<td>Pentatlón de Fuerza / Weight Pentathlon</td>
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<tr>
<td>Libro de Resultados / Results Book</td>
<td>X15.00</td>
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<tr>
<td>Actividad Social / Salsa Party</td>
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<tr>
<td>Cargo / Demora / Late Fee</td>
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<td><strong>TOTAL</strong></td>
<td><strong>70.00</strong></td>
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Las inscripciones y el pago en giro bancario o giro postal deben ser en Dólares. Enviarse al Comité Organizador 2004, P.O. Box 482, Dorado, PR 00646-0482.

All entries and payment, either by bank draft or money order in US Dollars to: 2004 Organizing Committee, P.O. Box 482, Dorado, PR 00646-0482.

Favor de enviar el formulario de inscripción y su pago al Comité Organizador – 2004 P.O. Box 482, Dorado, Puerto Rico 00646-0482. La fecha de cierre para las inscripciones es el 13 de agosto de 2004.

Please send entry form and payment to Organizing Committee P.O. Box 482, Dorado, Puerto Rico 00646-0482. Closing date for entries Friday, August 13, 2004.
## EVENTOS SELECCIONADOS / EVENTS SELECTED FOR COMPETITION

<table>
<thead>
<tr>
<th>EVENTO / EVENT</th>
<th>NOMBRE DEL EVENTO / NAME OF THE EVENT</th>
<th>GRUPO DE EDAD (MUJERES) / AGE GROUP (WOMEN)</th>
<th>GRUPO DE EDAD (HOMBRES) / AGE GROUP (MALE)</th>
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<tbody>
<tr>
<td>100 Metros / 100 Meters</td>
<td>100 Metros / 100 Meters</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>200 Metros / 200 Meters</td>
<td>200 Metros / 200 Meters</td>
<td>30-59 años / years</td>
<td>30-59 años / years</td>
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<tr>
<td>400 Metros / 400 Meters</td>
<td>400 Metros / 400 Meters</td>
<td>40-59 años / years</td>
<td>40-59 años / years</td>
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<td>800 Metros / 800 Meters</td>
<td>800 Metros / 800 Meters</td>
<td>35-59 años / years</td>
<td>35-59 años / years</td>
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<tr>
<td>1,500 Metros / 1,500 Meters Run</td>
<td>1,500 Metros / 1,500 Meters Run</td>
<td>50+ años / years</td>
<td>50+ años / years</td>
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<tr>
<td>5,000 Metros / 5,000 Meters</td>
<td>5,000 Metros / 5,000 Meters</td>
<td>30-59 años / years</td>
<td>30-59 años / years</td>
</tr>
<tr>
<td>2,000 Metros Obstáculos/2,000 Meters Steeplechase</td>
<td>2,000 Metros Obstáculos/2,000 Meters Steeplechase</td>
<td>40-59 años / years</td>
<td>40-59 años / years</td>
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<td>30-59 años / years</td>
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<tr>
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<td>80 Metros con Vallas / 80 Meters Hurdles</td>
<td>30-59 años / years</td>
<td>30-59 años / years</td>
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<tr>
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<td>100 Metros con Vallas / 100 Meters Hurdles</td>
<td>50+ años / years</td>
<td>50+ años / years</td>
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<tr>
<td>110 Metros con Vallas / 110 Meters Hurdles</td>
<td>110 Metros con Vallas / 110 Meters Hurdles</td>
<td>40+ años / years</td>
<td>40+ años / years</td>
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<tr>
<td>300 Metros con Vallas / 300 Meters Hurdles</td>
<td>300 Metros con Vallas / 300 Meters Hurdles</td>
<td>60+ años / years</td>
<td>60+ años / years</td>
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<tr>
<td>400 Metros con Vallas / 400 Meters Hurdles</td>
<td>400 Metros con Vallas / 400 Meters Hurdles</td>
<td>30-59 años / years</td>
<td>30-59 años / years</td>
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<tr>
<td>5,000 Metros Marcha / 5,000 Meters</td>
<td>5,000 Metros Marcha / 5,000 Meters</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>10,000 Metros Marcha / 10,000 Road Racewalk</td>
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<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>8K Campo Traviesa / 8K Cross Country</td>
<td>8K Campo Traviesa / 8K Cross Country</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>1/2 Maratón / 1/2 Marathon</td>
<td>1/2 Maratón / 1/2 Marathon</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>Salto Alto / High Jump</td>
<td>Salto Alto / High Jump</td>
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<tr>
<td>Salto Largo / Long Jump</td>
<td>Salto Largo / Long Jump</td>
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<td>Todas las Edades / All Ages</td>
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<tr>
<td>Triple Salto / Triple Jump</td>
<td>Triple Salto / Triple Jump</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>Pertiza / Pole Vault</td>
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<td>Todas las Edades / All Ages</td>
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<tr>
<td>Pesa / Shot Put</td>
<td>Pesa / Shot Put</td>
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<td>Todas las Edades / All Ages</td>
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<tr>
<td>Disco / Discus Throw</td>
<td>Disco / Discus Throw</td>
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<td>Todas las Edades / All Ages</td>
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<tr>
<td>Jabalina / Javelin Throw</td>
<td>Jabalina / Javelin Throw</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>Martillo / Hammer Throw</td>
<td>Martillo / Hammer Throw</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>Pentalo / Pentathlon</td>
<td>Pentalo / Pentathlon</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
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<tr>
<td>Pentalo De Fuerza / Weight Pentathlon</td>
<td>Pentalo De Fuerza / Weight Pentathlon</td>
<td>Todas las Edades / All Ages</td>
<td>Todas las Edades / All Ages</td>
</tr>
</tbody>
</table>

### RENUNCIAS DE RESPONSABILIDAD / DISCLAIMER

Rebelas hecho firmar para poder participar en el Campeonato/Walker must be signed in order to participate in the Championships.

Declaro que tengo buena salud y que estoy preparado para participar en el Campeonato. Refer to the WMA, NCCMA, Municipio de Dorado, Gobierno de Puerto Rico, Puerto Rico Masters Association, Inc. Co-Organizer del Campeonato Regional de Atletismo Master de 2004 y a todos los auspiciadores de este evento de toda responsabilidad por cualquier lesión, pérdida o daño a mí persona o mi propiedad que pueda ocurrir en el curso de la participación en el Campeonato Regional de Atletismo Master de 2004.

I hereby declare that I am in good health and that I am properly conditioned to participate in the Championships. I absolutely release WMA, NCCMA, Municipality of Dorado, Commonwealth of Puerto Rico, Puerto Rico Masters Association, Inc. Organizing Committee of the 2004 Regional Masters Athletics Championships and all sponsors of any responsibility for any injury, loss or damage to myself or my property which may result in the course of participation in the 2004 Regional Masters Athletics Championships.

Firma del Atleta / Athlete's Signature

Fecha / Date
23rd Annual North Coast Invitational Championships: May 16, 2004
Host: Over The Hill Track Club

W29&U 60 Meter Dash

1. Hannum, Jackie  W17 Unattached  8.88
2. Erby, Brittainy   W13 Unattached  9.12
3. Gaines, Breanna  W10 Unattached  10.11
4. Neloms, Cidney   W9 Unattached   10.17
5. Johnson, Brianna W9 Unattached   10.31
6. Neumore, Kendall W9 Unattached   10.92
7. Gaines, Taylor   W8 Unattached   12.15
8. Jackson, Aryana  W7 Rebels      12.43
9. Meeker, Madison  W5 Unattached   12.98

M29&U 60 Meter Dash

1. Harrell, Anthony M17 Unattached  7.47
2. Mathis, Dwayne    M25 Unattached  8.13
3. Coleman, Tyler   M11 Unattached  9.70
4. Walters, Kyle     M12 Othtc      9.81
5. Range, Devon     M10 Unattached  10.31
6. Coleman, Seab    M12 Unattached  10.75
7. Buffington, Andre M11 Unattached  14.39
8. Jones, Keshun    M4 Unattached   14.77
9. Williams, Quentin M4 Unattached  15.05

M30 60 Meter Dash

1. Maniccia, Larry  M31 Othtc     8.58

M35 60 Meter Dash

1. Bunn, Steve      M39 Othtc     7.64

M40 60 Meter Dash

1. Walters, Bob     M40 Othtc     7.53

M45 60 Meter Dash

1. Brosius, Darwin  M47 Unattached 8.13
2. Finley, Lawrence M45 Othtc     8.35

M60 60 Meter Dash

1. Butts, Tim       M61 Unattached 8.35

M75 60 Meter Dash

1. Shaw, Dean       M76 Unattached 9.74
2. Poe, Everett     M75 Othtc     11.25

M80 60 Meter Dash

1. Means, John      M84 Othtc     10.57

W29&U 100 Meter Dash

1. Erby, Brittainy  W13 Unattached 14.56
2. Johnson, Brianna W9 Unattached  16.30
3. Neloms, Cidney   W9 Unattached  16.64
4. Gaines, Breanna  W10 Unattached 16.85
5. Gaines, Taylor   W8 Unattached  19.85
6. Jackson, Aryana  W7 Rebels     19.97
7. Meeker, Madison  W5 Unattached  22.19
# Lake Erie Association Outdoor Championships - 7/26/2003

**USATF**  
Cleveland Heights HS, Cleveland Heights, Ohio  
Results - Entire Meet

## M29&U 100 Meter Dash
1. Harrell, Anthony  
   - M17 Unattached  
   - 11.87
2. Jones, Anthony  
   - M17 Unattached  
   - 12.06
3. Timeto, Tony  
   - M19 Unattached  
   - 12.67
4. Machado, Raamses  
   - M16 Unattached  
   - 13.61
5. Coleman, Seab  
   - M12 Unattached  
   - 15.26
6. Buffington, Andre  
   - M11 Unattached  
   - 16.01
7. Range, Devon  
   - M10 Unattached  
   - 23.02
8. Jones, Keshun  
   - M4 Unattached  
   - 24.57

## M35 100 Meter Dash
1. Meeker, Rod  
   - M37 Unattached  
   - 12.57

## M40 100 Meter Dash
1. Johnson, Chip  
   - M40 Orthc  
   - 13.33
2. Gamblin, Tony  
   - M44 Unattached  
   - 14.03

## M45 100 Meter Dash
1. Brosius, Darwin  
   - M47 Unattached  
   - 13.06
2. Finley, Lawrence  
   - M45 Orthc  
   - 13.08

## M60 100 Meter Dash
1. Butts, Tim  
   - M61 Unattached  
   - 13.41

## M75 100 Meter Dash
1. Shaw, Dean  
   - M76 Unattached  
   - 15.42
2. Poe, Everett  
   - M75 Orthc  
   - 18.62

## M80 100 Meter Dash
1. Means, John  
   - M84 Orthc  
   - 17.04

## W29&U 200 Meter Dash
1. Krabbe, Alicia  
   - W27 Unattached  
   - 29.87
2. Erby, Brittainy  
   - W13 Unattached  
   - 31.13
3. Gaines, Breauna  
   - W10 Unattached  
   - 35.43
4. Neumore, Kendall  
   - W9 Unattached  
   - 39.34
5. Jackson, Ayana  
   - W7 Rebels  
   - 44.84

## W35 200 Meter Dash
1. Carty, Linda  
   - W37 Team Ohio  
   - 28.14

## M29&U 200 Meter Dash
1. Jones, Anthony  
   - M17 Unattached  
   - 24.77
2. Mathis, Dwayne  
   - M25 Unattached  
   - 27.06
3. Machado, Raamses  
   - M16 Unattached  
   - 28.11
4. Range, Devon  
   - M10 Unattached  
   - 35.99
5. Williams, Quentin  
   - M4 Unattached  
   - 1:06.41

## M35 200 Meter Dash
1. Meeker, Rod  
   - M37 Unattached  
   - 27.66

## M40 200 Meter Dash
1. Johnson, Chip  
   - M40 Orthc  
   - 25.88

## M45 200 Meter Dash
1. Hawkins, Walter  
   - M49 Orthc  
   - 28.07
2. Brosius, Darwin  
   - M47 Unattached  
   - 33.11
### Lake Erie Association Outdoor Championships - 7/26/2003
**USATF**
*Cleveland Heights HS, Cleveland Heights, Ohio*
**Results - Entire Meet**

<table>
<thead>
<tr>
<th>Event</th>
<th>Place</th>
<th>Name</th>
<th>Age</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td><strong>M60 200 Meter Dash</strong></td>
<td>1</td>
<td>Butts, Tim</td>
<td></td>
<td>28.48</td>
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<tr>
<td><strong>M75 200 Meter Dash</strong></td>
<td>1</td>
<td>Shaw, Dean</td>
<td></td>
<td>33.47</td>
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<tr>
<td><strong>M80 200 Meter Dash</strong></td>
<td>1</td>
<td>Means, John</td>
<td></td>
<td>37.45</td>
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<tr>
<td><strong>W29&amp;U 400 Meter Dash</strong></td>
<td>1</td>
<td>Neloms, Cidney</td>
<td>W9</td>
<td>1:32.19</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>Jackson, Aryana</td>
<td>W7</td>
<td>1:41.61</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>Gaines, Breanna</td>
<td>W10</td>
<td>2:52.78</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Krabbe, Alicia</td>
<td>W27</td>
<td>NT</td>
</tr>
<tr>
<td><strong>M29&amp;U 400 Meter Dash</strong></td>
<td>1</td>
<td>Blackmon, John</td>
<td>M14</td>
<td>59.80</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>Timeto, Tony</td>
<td>M19</td>
<td>1:03.43</td>
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<tr>
<td><strong>M35 400 Meter Dash</strong></td>
<td>1</td>
<td>Erby, Sam</td>
<td>M39</td>
<td>1:05.60</td>
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<tr>
<td></td>
<td>2</td>
<td>Kleis, Chris</td>
<td>M35</td>
<td>1:23.92</td>
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<tr>
<td></td>
<td>3</td>
<td>Meeker, Rod</td>
<td>M37</td>
<td>1:45.42</td>
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<tr>
<td><strong>M40 400 Meter Dash</strong></td>
<td>1</td>
<td>Johnson, Chip</td>
<td>M40</td>
<td>1:00.05</td>
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<tr>
<td></td>
<td>2</td>
<td>Pillin, Phillip</td>
<td>M42</td>
<td>1:16.31</td>
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<tr>
<td><strong>M45 400 Meter Dash</strong></td>
<td>1</td>
<td>James, Ben</td>
<td>M47</td>
<td>53.78</td>
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<tr>
<td></td>
<td>2</td>
<td>Hawkins, Walter</td>
<td>M49</td>
<td>1:01.47</td>
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<tr>
<td><strong>M50 400 Meter Dash</strong></td>
<td>1</td>
<td>Glisic, Bernie</td>
<td>M52</td>
<td>1:12.89</td>
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<tr>
<td><strong>M55 400 Meter Dash</strong></td>
<td>1</td>
<td>Javor, Ken</td>
<td>M55</td>
<td>1:04.24</td>
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<tr>
<td><strong>W29&amp;U 800 Meter Run</strong></td>
<td>1</td>
<td>Panescu, Priera</td>
<td>W13</td>
<td>3:15.02</td>
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<tr>
<td><strong>M29&amp;U 800 Meter Run</strong></td>
<td>1</td>
<td>Blackmon, John</td>
<td>M14</td>
<td>2:25.34</td>
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<tr>
<td></td>
<td>2</td>
<td>Hill, Charles</td>
<td>M13</td>
<td>2:58.66</td>
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<tr>
<td></td>
<td>3</td>
<td>Range, Devon</td>
<td>M10</td>
<td>3:04.85</td>
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<tr>
<td><strong>M30 800 Meter Run</strong></td>
<td>1</td>
<td>Tapp, Jerry</td>
<td>M31</td>
<td>2:38.58</td>
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<tr>
<td><strong>M40 800 Meter Run</strong></td>
<td>1</td>
<td>Pillin, Phillip</td>
<td>M42</td>
<td>2:48.87</td>
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<tr>
<td></td>
<td>2</td>
<td>Boerio, Anthony</td>
<td>M43</td>
<td>3:09.03</td>
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<tr>
<td><strong>M45 800 Meter Run</strong></td>
<td>1</td>
<td>Thomas, Bob</td>
<td>M48</td>
<td>2:16.89</td>
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<tr>
<td></td>
<td>2</td>
<td>Woods, Charles</td>
<td>M47</td>
<td>3:55.35</td>
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### Lake Erie Association Outdoor Championships - 7/26/2003

**USATF**

Cleveland Heights HS, Cleveland Heights, Ohio

Results - Entire Meet

<table>
<thead>
<tr>
<th>Event</th>
<th>Age Group</th>
<th>First Place</th>
<th>Time</th>
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<tbody>
<tr>
<td><strong>M50 800 Meter Run</strong></td>
<td>50</td>
<td>Liscynesky, Roman</td>
<td>2:42.48</td>
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<tr>
<td><strong>M55 800 Meter Run</strong></td>
<td>55</td>
<td>Gerson, Jeff</td>
<td>3:29.25</td>
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<tr>
<td><strong>M29&amp;U 1500 Meter Run</strong></td>
<td>29</td>
<td>Range, Devon</td>
<td>6:31.39</td>
</tr>
<tr>
<td></td>
<td>Unattached</td>
<td>Shaffer, Kyle</td>
<td>6:36.53</td>
</tr>
<tr>
<td><strong>M30 1500 Meter Run</strong></td>
<td>30</td>
<td>Tapp, Jerry</td>
<td>5:34.19</td>
</tr>
<tr>
<td><strong>M45 1500 Meter Run</strong></td>
<td>45</td>
<td>Thomas, Bob</td>
<td>4:49.39</td>
</tr>
<tr>
<td></td>
<td>Unattached</td>
<td>Woods, Charles</td>
<td>6:41.99</td>
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<tr>
<td><strong>M55 1500 Meter Run</strong></td>
<td>55</td>
<td>Nehus, Harry</td>
<td>4:54.68</td>
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<tr>
<td><strong>M30 3000 Meter Run</strong></td>
<td>30</td>
<td>Tapp, Jerry</td>
<td>12:23.2h</td>
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<tr>
<td><strong>M40 3000 Meter Run</strong></td>
<td>40</td>
<td>Boerio, Anthony</td>
<td>13:50.3h</td>
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<tr>
<td><strong>M45 3000 Meter Run</strong></td>
<td>45</td>
<td>Woods, Charles</td>
<td>14:17.5h</td>
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<tr>
<td><strong>M65 3000 Meter Run</strong></td>
<td>65</td>
<td>Bixler, John</td>
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<tr>
<td><strong>M29&amp;U 3000 Meter Race Walk</strong></td>
<td>29</td>
<td>Shaffer, Kyle</td>
<td>21:59.20</td>
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<tr>
<td><strong>W50 3000 Meter Race Walk</strong></td>
<td>50</td>
<td>Prohaska, Joyce</td>
<td>18:33.50</td>
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<tr>
<td></td>
<td>Unattached</td>
<td>White, Libby</td>
<td>19:21.90</td>
</tr>
<tr>
<td><strong>W14-29 100 Meter Hurdles</strong></td>
<td>14-29</td>
<td>Hannum, Jackie</td>
<td>17:6h</td>
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<tr>
<td><strong>M30 800 Sprint Medley</strong></td>
<td>30</td>
<td>Othtc B</td>
<td>2:13.07</td>
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<td></td>
<td></td>
<td>1) Johnson, Chip 40</td>
<td></td>
</tr>
<tr>
<td></td>
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<td>2) Erby, Sam 39</td>
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<td>3) Hawkins, Walter 49</td>
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<td><strong>M40 800 Sprint Medley</strong></td>
<td>40</td>
<td>Othtc A</td>
<td>1:52.50</td>
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<td></td>
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<td>1) Walters, Bob 40</td>
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</tr>
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<td></td>
<td></td>
<td>2) Wilson, Rodney 45</td>
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<tr>
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<td>3) Finley, Lawrence 45</td>
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</tr>
<tr>
<td></td>
<td></td>
<td>4) Thomas, Bob 48</td>
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</tr>
<tr>
<td>(<strong>New Meet Record</strong>); <strong>Old Record</strong> - 1.56 79)</td>
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<tr>
<td><strong>W30 High Jump</strong></td>
<td>30</td>
<td>Taylor, Willetta</td>
<td>4:04.00</td>
</tr>
<tr>
<td><strong>M29&amp;U High Jump</strong></td>
<td>29</td>
<td>Timeto, Tony</td>
<td>5:11.25</td>
</tr>
</tbody>
</table>
## Lake Erie Association Outdoor Championships - 7/26/2003

**USATF**
Cleveland Heights HS, Cleveland Heights, Ohio
Results - Entire Meet

### M40 High Jump
1. Timoch, James (M40 Unattached) - 4-04.00

### M70 High Jump
1. Wiedman, Chuck (M71 Unattached) - 3-06.00

### M75 High Jump
1. Roudebush, George (M79 Unattached) - 3-06.00

### W14-29 Pole Vault
1. Hannum, Jackie (W17 Unattached) - 6-00.00

### M29&U Pole Vault
1. Sparks, Ronondo (M17 Unattached) - 9-06.00

### M60 Pole Vault
1. Sloan, John (M64 Unattached) - 6-00 00

### M70 Pole Vault
1. Wiedman, Chuck (M71 Othtc) - 7-00 00

### M75 Pole Vault
1. Poe, Everett (M75 Unattached) - 5-02.00

### W29&U Long Jump
1. Hannum, Jackie (W17 Unattached) - 13-03 00
2. Gaines, Breanna (W10 Unattached) - 10-05.50
3. Neumore, Kendall (W9 Unattached) - 7-10.50
4. Neloms, Cyndey (W9 Unattached) - 7-07.50
5. Panescu, Priera (W13 Unattached) - 7-05.50
6. Gaines, Taylor (W8 Unattached) - 5-01.00

### W30 Long Jump
1. Taylor, Willetta (W34 Unattached) - 11-10 00

### M29&U Long Jump
1. Hannum, Kevin (M15 Unattached) - 16-01 00
2. Coleman, Seab (M12 Unattached) - 11-06.50
3. Coleman, Tyler (M11 Unattached) - 8-11 00
4. Buffington, Andre (M11 Unattached) - 5-04.50
5. Jones, Keshun (M4 Unattached) - 2-07 00

### M40 Long Jump
1. Johnson, Chip (M40 Unattached) - 17-06.50
2. Gamblin, Tony (M44 Unattached) - 13-08.50
--- Timoch, James (M40 Unattached) - ND

### W29&U Shot Put
1. Hill, Amy (W18 Unattached) - 37-11.00
2. Shaffer, Tori (W16 Unattached) - 24-05.50
3. Panescu, Priera (W13 Unattached) - 24-00.50
4. Panescu, Julia (W16 Unattached) - 22-06.00
5. Krabbe, Alicia (W27 Unattached) - 22-02.00
6. Gaines, Taylor (W8 Unattached) - 15-06.50
7. Neumore, Kendall (W9 Unattached) - 12-05.00
## Lake Erie Association Outdoor Championships - 7/26/2003

### Results - Entire Meet

#### W55 Shot Put
1. Hartzler, Mary  
   - W55 Unattached  
   - 34-07.00

#### W60 Shot Put
1. Szanto, Erika  
   - W60 Othtc  
   - 28-00.00

#### M29&U Shot Put
1. Machado, Raamses  
   - M16 Unattached  
   - 41-02.50
2. Hannum, Kevin  
   - M15 Unattached  
   - 30-07.25
3. Hill, Charles  
   - M13 Unattached  
   - 29-03.25
4. Neumore, Tanner  
   - M12 Maple Leaf Tr  
   - 28-04.50
5. Buffington, Andre  
   - M11 Unattached  
   - 21-08.50

#### M40 Shot Put
1. Timoch, James  
   - M40 Unattached  
   - 27-10.25

#### M60 Shot Put
1. Sloan, John  
   - M64 Othtc  
   - 30-05.00

#### M70 Shot Put
1. Wiedman, Chuck  
   - M71 Othtc  
   - 30-11.00
2. Johnson, Clarence  
   - M73 Unattached  
   - 28-11.00

#### M75 Shot Put
1. Roudebush, George  
   - M79 Unattached  
   - 18-07.00

#### W29&U Discus Throw
1. Hill, Amy  
   - W18 Unattached  
   - 127-05.50
2. Shaffer, Tori  
   - W16 Unattached  
   - 71-06

#### W55 Discus Throw
1. Hartzler, Mary  
   - W55 Unattached  
   - 92-06

#### W60 Discus Throw
1. Szanto, Erika  
   - W60 Othtc  
   - 73-08

#### M29&U Discus Throw
1. Hannum, Kevin  
   - M15 Unattached  
   - 128-03
2. Machado, Raamses  
   - M16 Unattached  
   - 125-06
3. Neumore, Tanner  
   - M12 Maple Leaf Tr  
   - 73-08.50
4. Hill, Charles  
   - M13 Unattached  
   - 69-00

#### M40 Discus Throw
1. Boerio, Anthony  
   - M43 Othtc  
   - 65-02

#### M60 Discus Throw
1. Sloan, John  
   - M64 Othtc  
   - 101-08.50

#### M65 Discus Throw
1. Reitz, Robert  
   - M69 Unattached  
   - 99-06

#### M75 Discus Throw
1. Roudebush, George  
   - M79 Unattached  
   - 63-03.50

#### W14-29 Hammer Throw
1. Riehm, Ashley  
   - W18 Unattached  
   - 115-08
<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Age</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>W55 Hammer Throw</strong></td>
<td>Hartzler, Mary</td>
<td>W55 Unattached</td>
<td>116-06.50</td>
</tr>
<tr>
<td><strong>W60 Hammer Throw</strong></td>
<td>Szanto, Erika</td>
<td>W60 Othtc</td>
<td>80-08</td>
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<tr>
<td><strong>M60 Hammer Throw</strong></td>
<td>Sloan, John</td>
<td>M64 Othtc</td>
<td>82-10</td>
</tr>
<tr>
<td><strong>M70 Hammer Throw</strong></td>
<td>Wiedman, Chuck</td>
<td>M71 Othtc</td>
<td>79-08</td>
</tr>
<tr>
<td><strong>W14-29 Javelin Throw</strong></td>
<td>Hannum, Jackie</td>
<td>W17 Unattached</td>
<td>97-09</td>
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<tr>
<td></td>
<td>Panescu, Julia</td>
<td>W16 Unattached</td>
<td>66-08</td>
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<tr>
<td><strong>W55 Javelin Throw</strong></td>
<td>Hartzler, Mary</td>
<td>W55 Unattached</td>
<td>85-04</td>
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<tr>
<td><strong>W60 Javelin Throw</strong></td>
<td>Szanto, Erika</td>
<td>W60 Othtc</td>
<td>57-08</td>
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<tr>
<td><strong>M29&amp;U Javelin Throw</strong></td>
<td>Boerio, Nick</td>
<td>M17 Unified-n-Flig</td>
<td>158-00</td>
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<tr>
<td></td>
<td>Machado, Raamses</td>
<td>M16 Unattached</td>
<td>105-08</td>
</tr>
<tr>
<td></td>
<td>Hannum, Kevin</td>
<td>M15 Unattached</td>
<td>103-07</td>
</tr>
<tr>
<td><strong>M40 Javelin Throw</strong></td>
<td>Timoch, James</td>
<td>M40 Unattached</td>
<td>88-06</td>
</tr>
<tr>
<td><em>(M40 Javelin Throw)</em></td>
<td>Boerio, Anthony</td>
<td>M43 Othtc</td>
<td>66-00</td>
</tr>
<tr>
<td><strong>M55 Javelin Throw</strong></td>
<td>Gerson, Jeff</td>
<td>M56 Othtc</td>
<td>70-00</td>
</tr>
<tr>
<td><strong>M60 Javelin Throw</strong></td>
<td>Sloan, John</td>
<td>M64 Othtc</td>
<td>101-05</td>
</tr>
<tr>
<td><strong>M70 Javelin Throw</strong></td>
<td>Wiedman, Chuck</td>
<td>M71 Othtc</td>
<td>66-11</td>
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<tr>
<td><strong>M75 Javelin Throw</strong></td>
<td>Roudebush, George</td>
<td>M79 Unattached</td>
<td>51-10</td>
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